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Airborne surveillance

Cpl Dany Veillette, Marlant HQ

Cpl Gabriel Auclair, MCpl Todd Beaudoin, Maj Carol Dupuis and Capt William Reyno of 443 Maritime Helicopter Squadron prepare to fly their Sea King for a surveillance mission. The Sea King is embarked on HMCS Ville de Quebec, which is currently deployed to the Somalia region for the next few weeks to conduct naval escorts of World Food Program ships carrying life-saving supplies to the area. The Canadian Government is acting on a request from the United Nations World Food Program and International Maritime Organization.

Local Sea King detachment helps protect supply ships from piracy

Mary Ellen Green
Staff writer

Over the last month, *HMCS Ville de Quebec* has escorted World Food Programme (WFP) ships ferrying much-needed food and aid from Mombasa, Kenya, to Mogadishu, Somalia.

So far, the presence of a Canadian war-

ship at sea has been enough to thwart acts of piracy against these vessels.

But it hasn't been all sea power.

Ville de Quebec's Sea King, dubbed *Avalanche* and crewed and maintained by personnel from 443 Maritime Helicopter Squadron, has been hunting for suspicious vessels from the air – an early warning on possible incoming threats.

"This becomes critical the closer we get to the coast of Somalia," says Maj Carol Dupuis, air officer.

The ship's commanding officer, Cdr Chris Dickinson adds the helicopter is key to bringing the vessels safely into port.

"Without her, this mission would certainly be a lot less comfortable given the

potential threats around," he says.

Ville de Quebec and its embarked Sea King were initially deployed for Standing NATO Maritime Group One (SNMG1), a squadron consisting of destroyers and frigates from alliance nations training to enhance their ability to be a NATO response force.

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Airborne surveillance keeps ships safe

From page 1

In August, the ship was tasked with the escort duty at the urging from the World Food Programme and International Maritime Organization. Merchant ships refused to make the dangerous trip to Somalia ports without an escort.

"The last escort had been conducted in June and the result was millions of people ashore were starving. There was a true sense of accomplishment knowing we had opened the supply line up again for the WFP as we arrived off Mogadishu," says Cdr Dickinson.

The Sea King crew are well trained to spot vessels with shady intent.

"On this mission we know those cargo vessels are a prime target for pirates and terrorist groups. In some ways it is easier since we know what we are looking for," says Maj Dupuis. "My technicians and aircrews are very professional at what they do. This and the importance of the mission make dangerous waters not



MCpl Kevin Paul, DND

A Canadian Forces CH 124 Sea King helicopter from HMCS Ville de Québec patrols the air as the food relief vessel Zang Za San Chang Nyon Ho nears Mogadishu, Somalia.

so dangerous."

More than 2.4 million Somalis rely on WFP shipments, but the flow of aid has been impeded by the presence of pirates. According to the International Maritime Bureau, there have been attacks on 24 vessels in

2008; none have been WFP ships.

"This mission is exceptional because we see the results of our work regularly at the end of every escort into Somalia. As a ship goes alongside we know the food on board will soon be feeding hungry mouth

ashore, and that is a feeling that makes you proud to be wearing naval combats," says Cdr Dickinson.

Ville de Quebec will return to SNMG1 at the end of September after their six-week tasking is finished. They will return home at the end of December.

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Leigh Gagnon practises family law, real estate law, and in the area of wills and estates.

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ENVIRONMENTAL STEWARDSHIP: DND CLEANS UP FORMER SHIPYARD SITE

Digging up the past: old shipyard site of new clean-up project

Carmel Ecker
Staff writer

The usually calm waters in-between dockyard and Y jetty will be disrupted next month with the sight and sound of heavy equipment digging up contaminated soil from the former Yarrows property.

DND is clearing the area of pollutants created by the former Yarrows shipyard's 100 years of shipbuilding.

Before a backhoe can begin scooping the soil, a horseshoe-shaped cement barrier will be constructed to keep the seawater at bay.

Two years ago, DND monitoring wells detected the pollution. Formation Safety and Environment staff then made plan to remove about 32,000 cubic metres of contaminated soil. The cost is about \$6 million, which will be paid by the Federal Contaminated Sites Action Program administered by Treasury Board.

Decaying scrap metal and fuel residue that has saturated the soil must be removed to ensure the health of Esquimalt Harbour, says Duane Freeman, Yarrows Remediation Project manager. There is concern the tidal influx of water is shifting contaminants at the site, he says.

"Our main concern is whether the contamination is moving into the harbour and eventually to other



DND Photo

The Yarrows Ltd. shipyard operated for nearly 100 years before shutting down in 1994.

parts of Constance Cove," he says.

The area was first used for industrial purposes by the B.C. Marine Railway Co. in 1893. British shipyard tycoon Sir Alfred Yarrow bought the land in 1914 and began Yarrows Ltd. Shipyard, which built 22 Canadian naval ships and many civilian vessels.

It operated until 1994 when the municipality of Esquimalt took two acres in lieu of back taxes. The other 12 acres were sold to DND.

The contaminants that remain likely accumulated over the lifespan of the

shipyard, says Freeman.

"Environment wasn't really a concern," he says of shipbuilding prior to 1970. "They spilled stuff, dumped stuff - that's how it was dealt with."

Over the next few weeks, Formation Safety and Environment will move items stored on the adjacent land to make room for the remediation project. Long term storage items are being moved to a newly fenced compound between Bewdley Avenue and Munro Street in Work Point. Port Operation Emergency Services Branch's pollution control equipment will be

stored at Colwood's Yew Point, where the unit has access to a boat ramp.

Parking lot B will serve as a storage area while the removed soil is tested - a five-day process for each sample - to determine where to ship it for proper disposal.

"As soil comes out, we can't send it right off. We have to test it to find out what kind of contaminants are in it," explains Freeman. "That determines where it goes for disposal."

If everything stays on schedule, the project should be completed by March 5, 2009.

CPAC hosts 3rd Annual West Coast Welcome

Alexander Jones
Staff writer

The Military Family Resource Centre (MFRC) is gearing up for its third annual "West Coast Welcome" celebration on Sept. 13, and organizers are inviting all military families, including those recently posted to CFB Esquimalt, to come out to the Colwood Pacific Activity Centre (CPAC) to share in a morning of free breakfast, information, and entertainment.

Cognizant of the fact that a posting to a new province and city can have a disorienting effect on family life, the MFRC established the West Coast Welcome event in 2006 to raise awareness of the Centre and its mandate to provide support to families.

The event kicks off at 9:30 a.m. with a pancake breakfast.

Information booths highlighting MFRC and Personnel Support Programs will be set up, as will public information tables detailing some of Victoria's community services.

"We hope to have information available for families interested in learning more about organizations in Victoria, transit services, schools and educational programs, and the like," elaborates Daryl Barnhart, Communications and Marketing Coordinator for MFRC.

Door prizes will be drawn, including dinner for two at the Fairmont Empress Hotel. Children can play in the bouncy castle, on a rock climbing wall, and enjoy local entertainer Charlotte Diamond.

Diamond is a Richmond-born, Juno-award winning children's singer that has received commercial and

critical acclaim internationally both for her tri-lingual songwriting skills and charity works with organizations such as UNICEF.

This year's event promises to be larger and more in-depth than its previous two incarnations, thanks in part to the positive feedback from participants. The event also received a financial boost from the Support the Troops fund, allowing organizers to plan the event around a larger budget.

"This event has really increased in scale from the previous West Coast Welcome events," says Gaynor Jackson, MFRC

executive director. "Yet we still have the same focus in mind: newly-posted CF members, single or otherwise, and their families."

The Esquimalt MFRC was established in 1988, and is celebrating its 20th anniversary this year. The MFRC was instituted nationally in 1991, and currently has 42 locations across the country.

For more information on the MFRC, CPAC, and the West Coast Welcome, visit the Military Family Resource Centre's website at www.esquimaltmfrc.com, or call their 24-hour information number at (250) 363-2640.

There will be a shuttle bus taking people to the West Coast Welcome on Sept 13. The shuttle bus will pick up at Work Point Town Hall at 9 a.m., CPO's Mess at 9:10 a.m. and Nelles Block at 9:20 a.m. and take all the participants to CPAC to enjoy a yummy pancake breakfast and fun activities. At 11:30 a.m. the bus will return everyone to their pick up locations.

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matters of OPINION

BOOK Review

River Class Destroyers of the RCN

LCdr (ret'd) Doug Thomas
Trident Newspaper

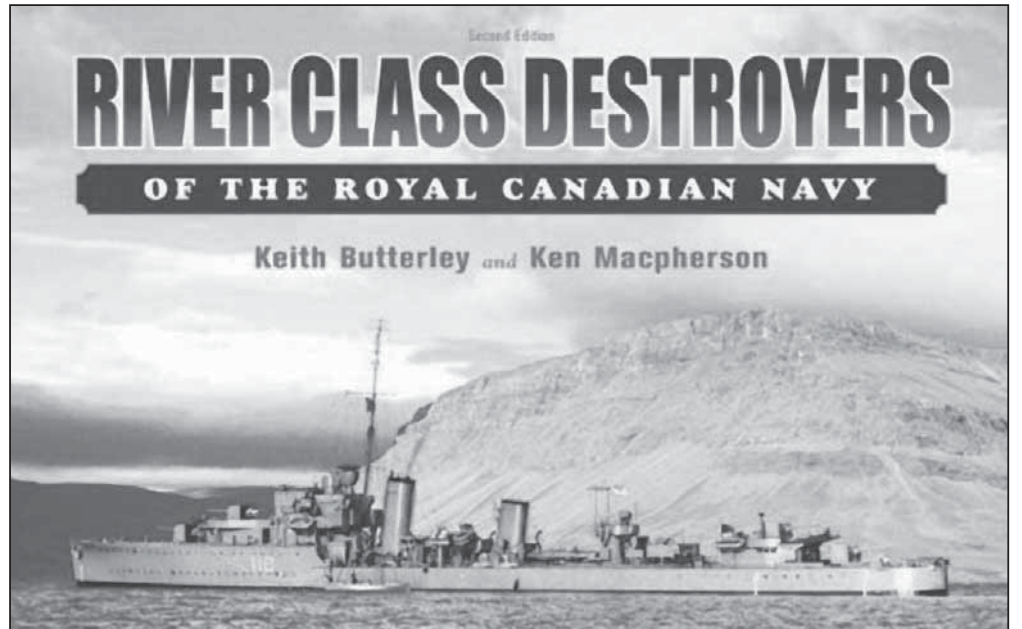
The River Class destroyers were the pride of the Canadian Navy during the 1930s and throughout most of the Second World War, with a total of 14 units.

Four of the ships were lost: HMC Ships Fraser, Margaree, Ottawa (I), Skeena; and Saguenay was so badly damaged that she completed the war as a stationary training ship. Margaree, transferred from the Royal Navy as a replacement for Fraser, served less than two months in the RCN and went down with heavy loss of life: even more tragically, much of her ship's company was made up of Fraser's survivors.

This is a second edition of a book first published in 1985, and makes good use of a portion of MacPherson's extensive collection of warship photographs. This is much more than a reprint of the first edition: the preface by MacPherson is repeated, but there is a new preface by Butterley and a fine colour cover depicting Restigouche (I). It incorporates a number of new features that will please those who have the original book, and it should certainly appeal to first-time readers and model makers.

The foreword is by VAdm (ret'd) Ralph Hennessey, who served four years in Assiniboine (I). He took a special interest in this volume, and helped to resolve questions arising during its preparation.

Some of the same illustrations are used again, but there also many new ones. The



format is to dedicate a chapter to each ship during its career, with a range of photos tracing major alterations to their appearance throughout the war. Typically, these destroyers lost part of their main gun and torpedo armament in order to add radar, HF/DF, additional anti-aircraft and anti-submarine weapons.

A new feature is to highlight significant events, such as Saguenay Torpedoed or Fraser, the First River Lost and operational history details have been updated as additional records have become available. Another new feature is Voices, for example Capt Edward Madgwick's description of the sinking of the

Italian submarine Faa Di Bruno from his book Tribal Captain.

The authors have added excellent pictures of weapons, including a 4.7" gun mounting, 20 mm Oerlikon, Depth Charge Projectors and a 21" torpedo firing.

My only quibble with this book is the poor quality of the reproductions of the ships' plans or general arrangement drawings, which were not in the 1985 edition.

This is an improvement over the original excellent volume and I have no hesitation in recommending it to those interested in Canadian naval history.

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FILM *friday*

Bangkok Dangerous, a fizzling bomb

W. Andrew Powell
The GATE

Opening this week across Canada, Nick Cage plays Joe, the mopey hit man who tries to figure out his life in *Bangkok Dangerous*.

Bangkok Dangerous

While Nicolas Cage's career is far from sputtering, I'm starting to feel a little sorry for the actor and sometimes producer.

As a star of schlocky popcorn films, pulpy dramas, and sometimes strange comedies, Cage has had a fine career, but it's starting to seem a little tired as the bad films pile up on his résumé. Take a look at his roles in *Next*, *National Treasure: Book of Secrets*, or *The Wicker Man* and you can't help but wonder why some of his characters are not only boring, but they're also rip offs of other characters he has already played.

For his new film by directors Oxide Pang and Danny Pang, Cage plays Joe, an assassin travelling through Thailand on his latest job. Initially planning to hire a street tough to help him, and then kill him off when he's done with him, Joe unexpectedly becomes a mentor for the young Kong, played by Shahkrit Yamnarm. The usually tough-skinned killer also falls into a relationship with a local girl,

and of course that's precisely when Surat, the man he has come to kill, starts making trouble for our hit man.

The actor who energized roles and turned his acerbic style into cash has seen better days, and when his films make boatloads of cash, as was the case with *National Treasure 2*, it's hard to understand how he manages it.

Look at his box office tendencies though and you'll notice a depressing trend: Cage's films routinely only earn a fraction more than their budgets at the box office, or else they're big flops.

Since *Bangkok Dangerous* is supposed to be budgeted at a mere \$40 million though, it's quite possible Cage could come out on top this time, especially since the film is the only one opening across Canada this week. More than likely though, this will be another bomb at the box office, which I can only hope will snap Cage out of his multi-picture funk.

Other films worth checking out...

Since there are no other new films opening this week, your best bet is to either start surfing for news from the Toronto International Film Festival, which kicks off this week, or go check out a movie already in theatres.



Nicolas Cage plays an assassin travelling through Thailand in the action movie "Bangkok Dangerous."

Traitor

Actor Don Cheadle and writer/director Jeffrey Nachmanoff offer this week's one and only ray of sunshine with the super spy thriller *Traitor*.

Cheadle stars as U.S. Special Operations officer Samir Horn, a man who emerges at every turn when something bad has just happened. With no other leads on a series of worldwide crimes, FBI agent Roy Clayton, played by Guy Pearce, tries to track Horn down and discover the truth about what is going on. Jeff Daniels co-stars as a CIA contractor who has a number of connections to the unfolding events.

Babylon A.D.

Vin Diesel cashes in on his tough guy attitude with another throw-away action movie that will likely arrive on DVD before

you can say "bad movie." Don't get me wrong, I'm a huge Vin Diesel fan, but I'll admit that he's been in some pretty bad movies, and *Babylon A.D.* just happens to be the latest in a long list.

Set in a the not-too-distant future, *Babylon A.D.* has Diesel playing Toorop, a mercenary who is charged with bringing a woman named Aurora (Mélanie Thierry) to New York City. But, of course, she is not all that she appears and has special abilities that may give the future of mankind some hope after surviving an epic global war.

While the premise sounds at least somewhat intriguing, the trailer was the first thing that suggested this was going to be a bomb of a film, made all too clear when Diesel flatly says that he learns a lot the day he dies.

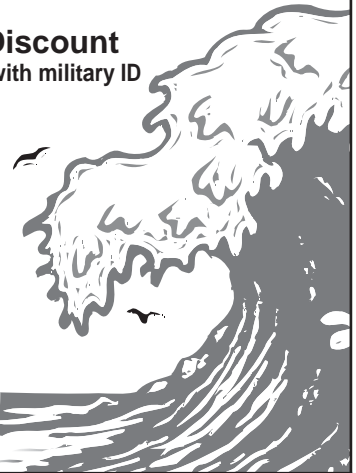
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CF assists U.S. with hurricane relief

Canada Command

Canada, in response to a request from the United States, deployed more aircraft to Florida last week to assist with search and rescue efforts in the wake of Hurricane Gustav.

Two CC-130 Hercules aircraft deployed from 14 Wing, Greenwood, N.S. and 17 Wing, Winnipeg, to provide assistance with the next phase of hurricane relief efforts. The two planes were sent to the United States under the provisions of the Civil Assistance Plan as part of Operation Unify, the official designation for the Canadian Forces mission.

The CF also deployed a CC-177 Globemaster aircraft on Aug. 31 to assist with the evacuation in advance of the hurricane. That aircraft completed its mission but remains on standby at 8 Wing Trenton, ON., to provide further assistance, should it be requested.

"One of Canada Command's primary roles is providing civil and humanitarian aid in times of disaster," said Vice-Admiral Dean McFadden, Commander of Canada Command and former commander of the



Staff Sgt Shawn Weismiller, U.S. Air Force

Canadian Air Force medical technician Kate Ryan helps an evacuee of Hurricane Gustav to board a plane at Lake Front Airport in New Orleans on Aug. 31. The U.S. Federal Emergency Management Agency and The Department of Defense chartered the flight to transport citizens to areas outside the hurricane's path.

Canadian Task Group that deployed to the U.S. Gulf Coast in 2005 to assist with Hurricane Katrina relief efforts.

"The Civil Assistance Plan has proven itself to be an excellent mechanism to facilitate our ability to support those in need, as agreed upon by our respective governments," he added.

Canada Command is the Canadian Forces formation responsible for the conduct of all Canadian military routine and contingency domestic operations in North America. Canada Command is working closely with its U.S. counterpart, Northern Command as part of a whole of government approach to ensure appro-

priate support to the United States.

The Civil Assistance Plan, signed on Feb. 14, 2008, is a bilateral Canada-United States plan that facilitates military-to-military cooperation in support of a civil emergency in either country, once agreement for assistance is reached between the two governments.



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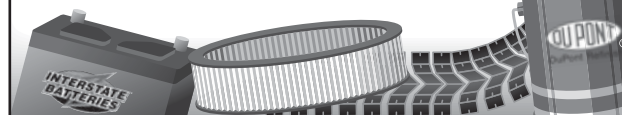
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Women veterans honour past service at Langford Memorial Park

Alexander Jones
Staff writer

Two plaques honouring the services of Canada's former service women are set to be unveiled in a special dedication ceremony at Langford's Veteran's Memorial Park.

The plaques being presented to the municipality for its memorial on Sept. 21 are donated by the Ex-Service Women's Legion and the Nursing Sisters. The two organizations have represented service women from the First and Second World Wars for more than 60 years.

The plaques will each honour the sacrifices and work of service women, and will stand as an immutable testament to the bravery and dedication of the thousands of young Canadians who heeded the call to arms and served in two world wars, Korea, and beyond.

The dedications will be

especially poignant for members of the Ex-Service Women's Legion, as this will be among the last of the ceremonies the Legion will attend. The Victoria Chapter, Branch 182, is disbanding after 63 years due to the declining number of surviving veterans.

"There's just too few of us to keep on holding meetings," explains Legion member Barbara Duncan. "It's harder for us to travel, and the dedication is something that all of us felt really strongly about."

The plaques will take their place alongside two other plaques that honour women who served in the Merchant Navy and Battle of Atlantic.

Joan Thomas, a Nursing Sister that served in the European theatre in the Second World War, says the dedication was overdue.

"We're not young ladies anymore," she says from her James Bay home. "There's not as many of us, and

this was a way for us to leave a legacy, a way for us to remember and to help other people remember our sisters."

Thomas was among hundreds of other young registered nurses to enlist when the war broke out.

"In order to be a war nurse, you already needed to be a licensed nurse," she explained. "The men were doing their part, and serving with them was just the right thing to do."

Thomas says the Nursing Sisters are still a tight-knit group, despite fewer numbers due to the passing of time.

"When we came back home, most of us wound up working together in civilian nurses jobs," she says.

"It's no coincidence we're called Sisters."

Scheduled for 1 p.m. Sept. 21, the plaque service will feature support from both CFB Esquimalt and the municipality of Langford.

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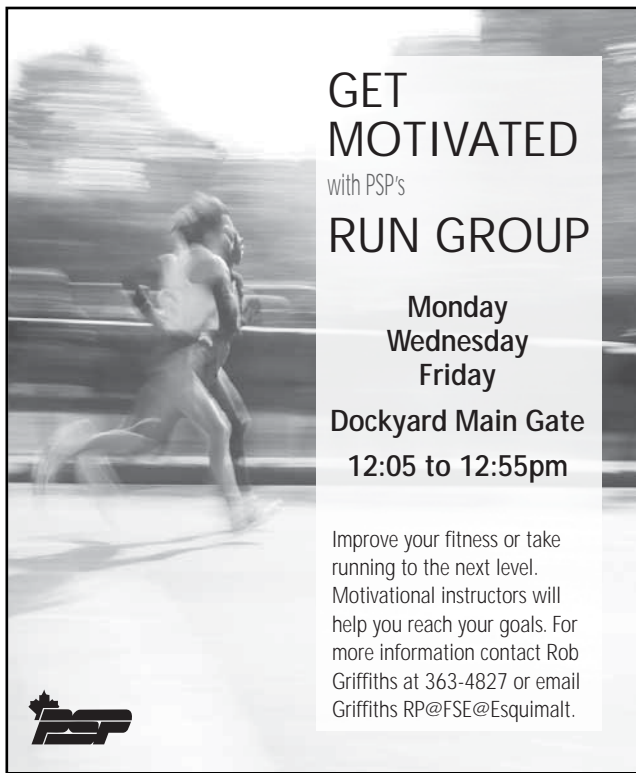
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HMCS Calgary: Sentinel of the seas

Derek Baldwin
Senior Reporter
XPRESS

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Shipping goods to and through Dubai is becoming increasingly risky for crews and shipping companies in the wake of a rash of piracy incidents in regional waters that might be widening.

Extremely valuable cargo ships transiting the region are being hijacked in a worsening trend in waters off the Arabian Peninsula, warn international authorities.

"Every few days, there's another attack and the numbers are going higher," Noel Choong, Head of the International Maritime Bureau's (IMB) piracy reporting centre, said in an interview from Kuala Lumpur.

To witness the high-seas conflict first-hand, XPRESS joined the crew aboard *HMCS Calgary*, a Canadian warship serving in the Gulf as part of Combined Task Force 150

– a multinational effort assigned to keep waters safe from terrorism, piracy, and arms and drug smuggling.

"In the past two months, there has been a spike in piracy activity," said Commander Kelly Larkin of *Calgary*. "We're still seeing them out there operating from mother ships that have been pirated already where companies that owned the ships have just given them up as losses."

A Japanese cargo ship was fired upon but evaded capture recently and four other commercial vessels from Japan, Germany, Iran and Malaysia were seized by gun-toting pirates off Somalia in a shipping lane that connects the Middle East and Asia to markets in the West.

According to latest figures, over 30 ships have been hijacked this year and in some instances were fired upon by rocket launchers. Since July 20, the IMB's piracy centre has recorded seven attacks in the region – a new record.

"These past few weeks, we've never seen so many hijackings," Choong said.



He feared the attacks might widen both in ferocity and number since pirate camps are growing bolder and are even better equipped. Hijacked ships are being used as mother ships from which smaller skiffs and inflatables are scrambled for short-range attacks.

"They are expanding their operations," said Choong. "What we might see next is that would-be pirates may join in and there might be a larger wave of pirates. The profit is good."

The IMB has identified

two fishing trawlers that are acting as mother ships and in the last few days has identified a third ship, a blue tug boat.

Alarming violence

The violence on the high seas is worrisome, said members of an international naval coalition, which is actively hunting highly-armed pirates round-the-clock to turn the tide through boarding efforts, air reconnaissance and robust patrols by naval vessels.

In June, *Calgary* received a distress call from a ship which was under heavy

small-arms fire in the Gulf of Aden by pirates in small fishing skiffs. The *Calgary's* Sea King helicopter crew was sent straight away. A German military frigate, Emden, also sent its military chopper.

Cdr Larkin said both helicopters arrived in time to thwart pirates from boarding the ship. The attackers fled.

Piracy attempts on a smaller scale are spreading to the Gulf of Oman, he said, and into the Arabian Gulf, placing smaller cargo ships – wooden dhows that transit between Dubai and Iran – in jeopardy. "The piracy manifests itself in the Arabian Gulf, west of the Strait of Hormuz as well," said Cdr Larkin.

Local mariners from Oman, Iran and the UAE "are being attacked by pirates and mugged, roughed-up, beaten and their items and money stolen".

The coalition isn't just fighting piracy but also drug smugglers who are moving drugs from Afghanistan through Pakistan and then shipping them "via the sea to other places. That's

why we have this coalition presence".

Making a difference

Crew members aboard *Calgary* believe their mere presence in the Gulf and waters beyond is making a difference.

CPO2 William Slater said, "Just by being here we might be shutting them down."

When boarding parties turn up nothing, crew members still make a difference by giving the crews of the inspected vessels care packages with food and fresh water.

"The packages can make a difference when they're at sea for five days," said CPO2 Slater.

CPO1 Troy McGregor is the senior cook on ship and believes that an army and navy travels on its stomach.

"A good meal can make a difference for those who are boarding and tracking dhows at night," said CPO1 McGregor.

LS Jason Gaede said after three months on this tour, "We're starting to learn the culture of the area and the things that don't fit into the pattern. That is key."

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Cpl Andrew Paul Grenon



Private Chadwick James Horn



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Recognition Program launched for atomic test veterans

National Defence

Peter MacKay, Minister of National Defence, and Greg Thompson, Minister of Veterans Affairs, announced last week the establishment of a program to recognize the service of "atomic veterans".

Canadian military veterans and civilian science and technology workers from the Department of National Defence who participated in nuclear weapons tests and the Chalk River decontamination efforts performed their duty under exceptional circumstances.

In recognition of their service to the nation, these Canadians will be eligible to apply for an ex-gratia payment of \$24,000.

"Prime Minister Stephen Harper and our government are committed to the care and well-being of our veterans and recognizes the service of all those who participated in nuclear weapons testing and in nuclear decontamination work," said MacKay.

From the end of the Second World War until the signing of the atmospheric test ban treaty in 1963, the United States and the United Kingdom conducted numerous above-ground nuclear weapons trials in the United States, Australia and in the South Pacific to develop and test nuclear weapons, and to train soldiers in dealing with the effects of these weapons.

In order to provide

training opportunities for Canadian military personnel in nuclear warfare and decontamination and to develop their expertise, the Canadian military sought to take part in these trials.

During the same period, Canadian military personnel were also deployed to assist with emergency decontamination efforts at the Chalk River nuclear plant following two major nuclear reactor accidents in 1952 and 1958.

Canadian military participation at Chalk River drew on past expertise gained through participation in the nuclear weapons trials, and was viewed, in part, as a training opportunity for personnel to further augment this expertise.



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Illuminated by the blast, 17 observers from Canada and the United Kingdom watch an atomic detonation at the U.S.'s Nevada Test Site April 15, 1955. A commissioned report has identified approximately 700 former Canadian military personnel who participated in up to 29 U.S. and UK nuclear weapons trials between 1946 and 1963. They are eligible to apply for an ex-gratia payment of \$24,000.

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Kandahar school receives a year's worth of school supplies

Capt Amber Bineau
2 PPCLI Battle Group
Joint Task Force
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Canadian Forces soldiers and members of Kandahar City's Skills Generation presented a year's worth of school supplies to both students and their teachers at the Afghan National Army camp's Sayd Pacha School during a symbolic ceremony Aug. 26.

The school supplies were purchased with money donated by Canadian soldiers' families back home.

The project started after a few Canadian soldiers, responsible for training and mentoring the Afghan National Army at Camp Hero, began working with Mohammad Issa, the principal of Sayd Pacha School, and visiting the school regularly to spend time with the students.

"It was a great opportunity for people at home to feel like they are doing something tangible to support what their loved ones are doing here," said Major Jim Short, the chaplain of Task Force Kandahar's Operational Mentor and Liaison Team. "Apart from the things that make us very different, we all want the opportunity for our children to be educated."

To ensure the school supplies are evenly distributed throughout the school year, Canadian soldiers engaged the Afghan non-governmental organization Skills Generation and officially handed over the project.

Skills Generation's mandate is to help Kandahar schools receive adequate school supplies and textbooks for teachers and students by working closely with the Ministry of Education to improve Kandahar Province's school system.

"Skills Generation will help

to continue the donations from families to Afghans; school bags are being made by Skills Generation who hires women to sew the bags," said Luc Saint-Jean, who previously served with the Canadian Forces in Afghanistan as a Civil-Military-Cooperation operator and who now works for a Kandahar City business development company responsible for Skills Generation.

"School supplies will be put into the bags to be given to the school and a link put on the [web]site so they (families) have proof."

Major Short said the project began five months ago and has finally come to fruition after the hard work of a small, dedicated team of Canadian soldiers.

"Children are the future of this country," said Major Short. "And they want to learn...we all want the children to go to school."



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Capt Mike McBride, Operational Mentor and Liaison team Students at Sayd Pacha School focus on their Principal as he announces that their school has just received a year's worth of school supplies. The students will soon return to class after summer break.

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INDIVIDUALS & TEAMS NEEDED:
This year as part of Fire Prevention Week, CFB Esquimalt Fire Prevention Bureau is hosting a relay challenge.

**2 person Men's and Women's,
2 person Mixed and Individual events**

Dress in comfortable PT gear with running shoes or boots.
Guaranteed fun, encouragement and bragging rights.
Register by calling the Fire Prevention Bureau at 363-1538 or e-mail McLean MG@POESB@Esquimalt

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JOIN US AT ROYAL Roads University on Saturday September 13th for a fun-filled day with music, food, and prizes for the whole family, 2- and 4- legged! Register or get a team together and raise pledges for wildlife in need. Registration and pledge info online at spca.bc.ca/walk (select Victoria as location). Event in support of BC Wild ARC (Animal Rehabilitation Centre).

ARE YOU INTERESTED in providing emergency respite child care for military families? For information call 363-2640 or toll free 1-800-353-3329.

COME SING WITH us for the joy of it! 2008/09 season: Handel, Vivaldi, Mozart. We're the Victoria Choral Society - dynamic, welcoming & worth the audition. Call Carol @ 250-391-0540.

ISLAND EAGLES PATHFINDERS need your help to raise funds for a trip to the 2009 International Pathfinder Conference. Please drop off any refundable beverage containers at the corner of Lyall Street & Moresby Street -near the Chief's and Petty Officers Mess at CFB Esquimalt. Donations accepted ANY weekday in August or September. Email island-eagles@hotmail.com for information or questions.

VOLUNTEERS NEEDED

VOLUNTEERS OF ALL ages are needed to assist individuals with disabilities to get out and be active this summer! By devoting as little as one hour per week, you have the opportunity to participate in an activity you enjoy while giving back to your community. For more info. or to volunteer please call Lindsay at 477-6314 ext 15 or email volunteers@rivonline.org

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O most beautiful flower of Mount Carmel, fruitful vine, splendor of heaven, blessed mother of the son of God, immaculate virgin, assist me in my necessity. O Star of the Sea, help me and show me that you are my mother, O, Holy Mary Mother of God, Queen of heaven and earth, I humbly beseech you from the bottom of my heart to help me in my necessity. (Make your request.) There are none that can withstand your power. "O Mary conceived without sin, pray for us who have recourse to you." (Three times.) "Holy Mary place this prayer in your hands." Say this prayer three consecutive days and then publish it and it will be granted you. JK

INFOCUS

More from the Pacific National Exhibition



Lt Cynthia Larue, DND

At the naval display Cpl Wayne Hannah, from HMCS Algonquin, shows Jacob what it's like to be a CF firefighter.



Lt Cynthia Larue, DND

HMCS Algonquin's Commanding Officer Cdr Hugh Fitzpatrick surprises PO2 Pat Desjardins with his promotion during the PNE on Aug. 26.

The Canadian CISM Golf team took silver overall in the four round CISM World Military Golf Championship at Hylands Golf Course in Ottawa, ON, Aug. 17 to 23.

Left to right: CISM team manager Tom Campbell, Capt Wayne O'Donnell, CWO Tony Stuckless, Maj Paul Ridyard, MCpl Sandra Bate, Capt Chantale Belley, Maj Al Jensen, MBdr Tom Cameron, Capt Cameron Lowden, and CF Patron for CISM Golf MGen Daniel Gosselin.



Photo submitted

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2008 Saturn VUE™ XR
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¹The 2008 vehicle's Powertrain components are covered by a limited Powertrain component warranty for up to 5 years or 160,000 km, whichever comes first. See Retailer for details and conditions on limited warranty and customer assistance/service features. ²Coverage for up to 5 years or 160,000 km, whichever comes first. ³Within the first 30 days or 2,500 km of delivery, whichever comes first. You should know this: ⁴Cash purchase price is \$30,755 for a 2008 Saturn OUTLOOK XE, includes a \$5,000 Canadian Retailer cash credit on all 2008 OUTLOOK models. Such credit is available only for cash purchase and by selecting finance offer, consumers are foregoing such credit which will result in higher effective interest rates. ⁵Freight (\$1,300/\$1,200/\$1,250/\$1,220) on a 2008 Saturn ASTRA 5-Door XE/2008 Saturn VUE XE/2008 Saturn AURA XE/2008 Saturn OUTLOOK XE included. Air tax (\$100) if applicable, taxes, license, insurance, registration, administration fees, fees associated with publication/filing at the movable property registry/PPSA, duties, and optional equipment extra. PDI included. ⁶Retailers are free to set individual prices. Retailer order or trade may be necessary. Offers apply as indicated to new 2008 Saturn ASTRA 5-Door XE, 2008 Saturn VUE XE, 2008 Saturn AURA XE and 2008 Saturn OUTLOOK XE models (excluding hybrid models) and apply to qualified retail and eligible fleet customers in the Ontario Marketing Association Area only. See your Retailer, visit saturncanada.com or call 1-888-4SATURN for conditions and details. ⁷Financing on approved GMAC credit only. Down payment, trade or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example for a representative credit agreement: \$10,000 at 0% APR, the monthly payment is \$139 for 72mos. Cost of borrowing is \$0. Total obligation is \$10,000. Monthly payment of \$218/\$298/\$278 based on finance purchase price of \$17,450/\$25,690/\$23,490 for a 2008 Saturn ASTRA 5-Door XE/ 2008 Saturn VUE XE/ 2008 Saturn AURA XE with \$1,750/\$4,200/\$3,500 down payment (finance purchase price reflects \$1,000/\$2,500/\$2,000 manufacturer-to-retailer incentive, available only with GMAC financing). Financing offer applies to qualified retail and eligible fleet customers only and is not available on hybrid models. ⁸Fuel efficiency data was determined using approved Transport Canada Test Methods. ⁹Donated vehicles must be licensed and insured for the previous consecutive 6-month period. For eligibility requirements, visit carheaven.ca. ¹⁰With purchase or lease of virtually all 2008 new or demonstrator models delivered from retailer stock between June 19, 2008 and September 30, 2008, and with payment of an additional \$0.01, customers receive a Preferred Price™ gas savings card, redeemable for \$0.20 per litre savings on 2,500 L of motor fuel. The \$0.20 savings includes applicable taxes. Cards valid as of 72 hours after delivery. Cards valid only at participating Petro-Canada locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash. All 2008 Saturn vehicles are eligible. GM reserves the right to amend or terminate this offer and/or the program for any reason in whole, or in part, at any time without notice. ¹¹Trademark of Petro-Canada. Used under license. ©2008 Saturn Corporation. Saturn, its logos and vehicle names are trademarks or registered trademarks of Saturn Corporation. All Rights Reserved.