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FEATURE 7

Youth spells his way onto national television



SHIP NEWS 8

HMCS Protecteur starts United Way with a splat



NEWS 10

Teams needed for fire prevention challenge



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Saluting the CF



Cpl Frieda VanPutten, Base Imaging Services Esquimalt

Above: Lt(N) Mike St-Pierre poses with the B.C. Lions football team mascot, Leo, during a pre-game warm up session at B.C. Place. The Lions played their rivals the Saskatchewan Roughriders on Sept. 13 and won the game 27 to 18. The crew of HMCS Vancouver stopped over to watch the game during a week-long training sail around the Gulf Islands from September 12 to 19.

Left: Members of the Naden Band of Maritime Forces Pacific prepare to play the national anthem at the B.C. Place before the game.

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Air Force memorial honours all

Shelley Lipke
Staff writer

The Lieutenant Governor of British Columbia unveiled a commemorative cairn in Pioneer Square next to Christ Church Cathedral Sept. 14 to hundreds of veterans, air cadets and civilian spectators.

LtGov Steven Point and Barbara Lane, widow of LGen Reg Lane, unveiled the monument together. More than 30 members of the Lane family flew in from all areas of Canada for this special dedication. Reg Lane served in more than 90 missions, and Lane's widow played a large role as a donor and organizer to erect the cairn in the park.

The monument honours all who served in aviation supporting Canadian and Allied Forces in two World Wars, Korea, the Cold War, peace operations and training in the continuing struggle for the common cause of world peace.

Following the cairn unveiling, the parade of veterans, current serving CF members and air cadets, led by 443 Maritime Helicopter Squadron Pipes and Drums, moved into Christ Church Cathedral for a memorial church service.

Years earlier, Reg Lane was an altar boy at the church and the cairn dedicated by his family sits only metres from the Cathedral.



Above: LtGov Steven Point shakes hands with retired veterans before speaking to the crowd of 300 that attended the cairn dedication ceremony and memorial service held at Christ Church Cathedral Sept. 14. The cairn was dedicated to all who served and fell in battle since the First World War.
Left: LtGov Point accepts a wreath from local air cadets to place at the new cairn in Pioneer Park.



Recreation ~ Fall 2008 Activities

CLASSES FOR ADULTS				
Adult Hockey Development	Fri • Sept 26 - Dec 12	4:30-5:30	\$60 military	@ Wurtele arena
Bellydancing	Wed • Oct 1-Nov 19	7-8 pm	\$75 military	@ CPAC
Hatha Yoga	Tues • Sept 23-Oct 14	6:30-7:45 pm	\$30 military	@ CPAC
Social Ballroom Dance	Fri • Oct 3-24	7:30-9pm	\$45 military	@ CPAC
Kickboxing NEW	Thurs • Sept 25-Oct 30	5:30-6:30 pm	\$42 military	@ NAC
Fitness 101 NEW	Tues/Thurs • Sept 23-Oct 30	4:30-5:30 pm	\$54 military	@ NAC
SCUBA Dive Certification Course	Mon • Sept. 29	6:30-8:30	\$400 military	@ NAC pool
CLASSES FOR YOUTH				
Youth Activity Centre Drop in	Fri/Sat • Sept 5-Dec 13	5:30-10 pm	FREE military	@ YAC
First Aid for Teens	Sat • Sept 27	8:30 am- 4 pm	FREE military	@ WP Bldg 1075
Babysitter Training	Sun • Sep 28	9am-3pm	\$40 military	@ CPAC
CLASSES FOR KIDS				
Pizza, Pop and Movie	Fri • Sept 26	5-7 pm	\$1/pizza slice/pop	@ CPAC
Kids in the Kitchen	Wed • Oct 8-29	5-6:30 pm	\$35 military	@CPAC
Home Alone	Sun • Oct 5	1-4:30 pm	\$35 military	@YAC



Mary Ellen Green, Lookout

John Schleihauf (left), project manager for the Joint Task Force Games Head Quarters renovation project, cuts the ribbon with RAdm Tyrone Pile, Commander Maritime Forces Pacific / Joint Task Force Pacific, at the building's grand opening Sept. 15 in dockyard.

Base Construction works their magic

Mary Ellen Green
Staff writer

A team from Base Construction Engineering (BCE) has taken a building in dockyard previously slated for demolition and turned it into a state-of-the-art facility for Joint Task Force Games (JTFG) staff.

Building D50 is no longer a ramshackle structure. New exterior siding has livened up the outside, while inside CE staff has laid flooring, added modern fixtures and a fresh coat

of paint throughout. Plus, Base Information Services executed numerous communications upgrades.

The building was officially opened for business Monday, Sept. 15 by RAdm Tyrone Pile, Commander of both Joint Task Force Pacific and JTFG. He, along with John Schleihauf, Project Manager from BCE, clipped the customary ribbon across the front door.

LCol Jon Burbee, BCE Officer, said, although the building was ill-suited to significant renovation as it is

at the end of its life cycle, it was the best option available within the time required.

JTFG staff was eager to move in. Their former home was building 1092 in Work Point, which had outgrown the expanding staff, currently at 71.

"The big thing is we're all together in the same place," said Col David Barr, Chief of Staff for JTFG. "We're also pleased to be inside dockyard because we rely heavily on the resources in this area."

JTFG is an extension of

Joint Task Force Pacific and was established by Canada Command to plan and conduct security operations (Operation Podium) in support of the RCMP for the Vancouver 2010 Olympics and Paralympics.

"We have a busy 18 months ahead of us, and we're glad we're here. All the hard work from the many people involved in this project is something we in JTFG are very grateful for, and is also something that all involved should be very proud of," said Col Barr.

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WHAT SAY YOU

Becoming Ironman, sailor pushes limits

AB Kirsten Arensen
HMCS Winnipeg

Taking on the challenge of an Ironman may sound like a crazy feat. After all, what kind of person would voluntarily subject themselves to a 3.8-kilometre swim, a 180-km bike ride followed by a 42.2-km run?

A few years ago I had just kicked the cigarette habit and running even 10 km seemed like an extraordinary accomplishment. But soon that led to sprint triathlons, then half marathons, then a half Ironman and finally a full marathon.

It just wasn't enough though. I had to find out if I had the mental and physical tenacity to become an Ironman.

To participate in Ironman Canada you have to sign up a year in advance, giving you 12 months to learn the true meaning of commitment and exercise discipline.

Heather Whittall, a seasoned triathlete from the Base Orderly Room Release Section told me, "You can't cram for Ironman" and she was right.

It's about building a strong foundation of aerobic endurance, and as the months went by I was committed to 20 or more hours a week of swimming, biking and running. Weekends became fully occupied with an early morning swim at Thetis Lake, followed by a five to seven-hour bike ride up and over the Malahat, followed by a legs-feel-like-lead-weights transition run.

Most evenings I sought horizontal refuge on my couch.

When you train for an Ironman, you never actually "do" the whole thing because it would take too long for the body to



2,200 triathletes between the ages of 18 and 78 stand in the waters of Okanagan Lake in Penticton, B.C. minutes before the start of the 2008 Ironman Canada on Aug. 24.

recover. So on race day, many come to the start line wondering, "Do I have what it takes to finish?"

As the swim portion (aka the human blender) led into the bike leg (six hours and two mountains later), which then progressed to the final marathon (aka the survival stage), physical and mental fatigue set in. All I could think about was crossing that finish line and seeing my family.

As the end drew near, I began to realize the hard work and sacrifice had paid off and I came across the line in 12:17:04, exhausted but ecstatic. It was the best feeling ever.

My training mates, Lt(N) Josee Proulx, from HMCS Winnipeg, and LS Mark Ritchie, from Base Information Services, also had a

spectacular day, and they too earned the right to call themselves Ironman.

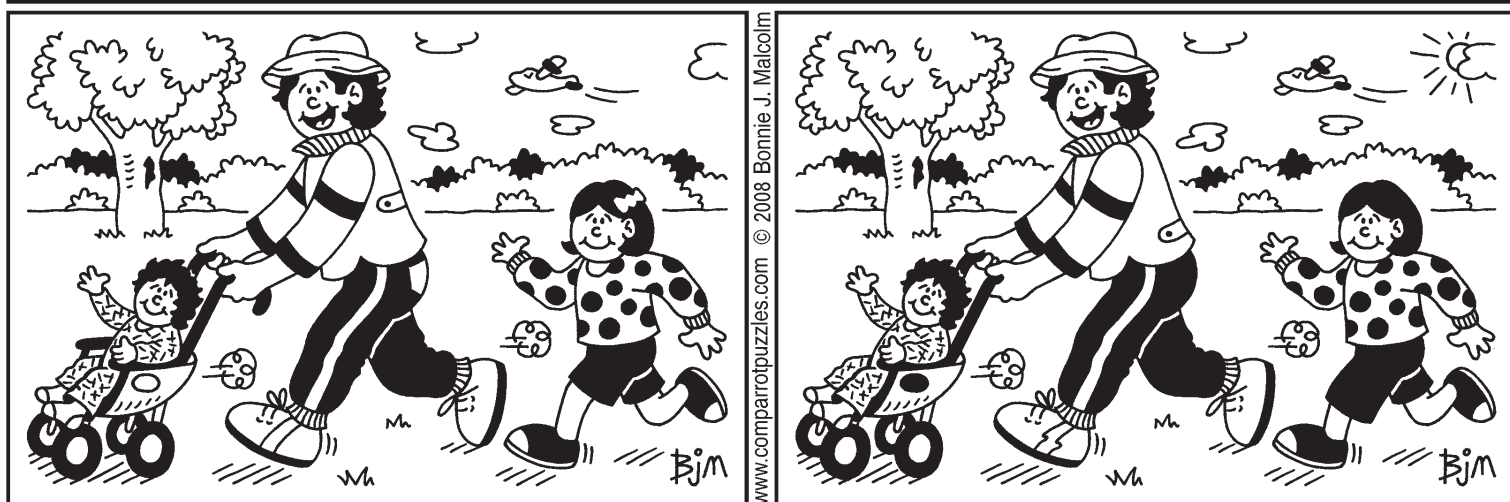
Ironman Canada gave me the pleasure of competing with 2,200 athletes in the amazing community of Penticton, where over 4,000 volunteers and thousands of people lined the streets to help and cheer us on.

I am most grateful to my family for their support, to my home unit, Winnipeg and to my current unit, Canadian Forces Fleet School Communications Training Centre for supporting my request to attend this event, and lastly to my training partners, Mark and Josee, for making the Malahat rides seem less lonely.

For anyone considering an Ironman challenge, remember this: Believe you can succeed, and anything is possible!

ComParrot
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Arm on stroller is missing. 2. Bow in girl's hair is missing. 3. Handle on stroller is missing. 4. Pocket on man's pants is missing. 5. Extra leaves on tree. 6. Label on stroller is colored in. 7. Button on man's shirt has moved. 8. Bush in background has moved. 9. Sun appears from behind cloud. 10. Stripe on shoe is different. 11. Girl's shorts are longer. 12. Cloud is upside down.

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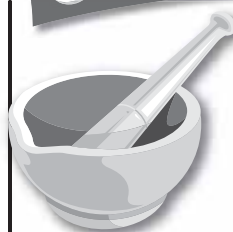


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FILM *friday*

Knightly dazzles audiences as "The Dutchess"

W. Andrew Powell
The GATE

Hot off the Toronto International Film Festival, there are two more films coming to theatres from the annual event.

The Duchess has Keira Knightly in another period drama, while Ricky Gervais stars in the comedy *Ghost Town*. Also opening this week, Samuel L. Jackson stars in the thriller *Lakeview Terrace*, the animated film *Igor* gets the young ones ready for Halloween, and for a dose of juvenile comedy, *My Best Friend's Girl* also debuts.

The Duchess

Keira Knightly is clearly a talented actress, appearing in a number of roles that have cemented her on the A-list. But as I've said before, I'm getting tired of seeing her in the usual period dramas. From *Pirates of the Caribbean* and *Atonement*, to *King Arthur* and *Pride and Prejudice*, Knightly is the go-to girl when it comes to costume dramas, which is starting to make her a one-trick pony in my books.

In *The Duchess*, Knightly takes on the real-life role of the infamous Georgiana, the 18th century Duchess of Devonshire. Co-starring Ralph Fiennes as the Duke of Devonshire, the story follows the Duchess along a bumpy road of gambling and intrigue that surrounded both her political and personal lives.

Acting as a fashion icon for the era, and a darling of the common people, the Duchess was equally reviled for her extravagant lifestyle, and admired for her spirit.

Lakeview Terrace

If Keira Knightly has a problem accepting too many period dramas, then Samuel L. Jackson is surely a sucker for racially-motivated roles that push everyone's buttons (look no further than *Die Hard: With a Vengeance* for proof of that).

Starring alongside Patrick Wilson and Kerry Washington as the newlywed couple, Jackson plays Los Angeles cop Abel

Turner, a stern protector with a boulder-sized chip on his shoulder. Trying to teach them what it means to be a good neighbour, Abel's intrusions into Chris and Lisa's life quickly becomes a threat to their lives. But how do you report problems with a police officer?

In reality, it's probably pretty easy for your average citizen to handle a rogue cop, but in a movie like this, brains go out the window and reality takes a backseat to silly violence.

Also coming out this week...

Ghost Town

British comedian Ricky Gervais stars in this off-kilter comedy as Bertram, a rude, disrespectful man who nearly dies, but is amazingly resuscitated. Bertram's troubles only get worse as he discovers the near-death experience has given him the ability, or curse, to see ghosts lurking everywhere in his town.

Greg Kinnear and Téa Leoni also star in the film, with Kinnear playing an annoying spirit who wants to keep his wife, Leoni, from getting remarried.

Igor

In this animated monster film, John Cusack plays a wannabe evil scientist born into the role of the classic hunchback assistant. Much like Heath Ledger in *A Knight's Tale*, Igor gets his break when his master dies just before a big event. But as he works on his big breakthrough, bigger problems mean that he and his friends will have to fight to save themselves from a much greater evil.

Featuring a huge list of celebrity voices, including Steve Buscemi, John Cleese, Jennifer Coolidge, Molly Shannon and Christian Slater, the film looks like a safe bet for families who want to get into the Halloween spirit a little early.

My Best Friend's Girl

In *My Best Friend's Girl*, Dane Cook, and Jason Biggs play friends trying to win over the beautiful Alexis, played by Kate Hudson. As Tank, Cook is a bad-date-for-hire who helps men get back their ex-girlfriends. When Dustin



Copyright: (c) 2008 Paramount Vantage.

Hayley Atwell plays Elizabeth 'Bess' Foster and Keira Knightley plays Georgiana, the Duchess of Devonshire in "The Dutchess."

(Biggs), asks Tank to help him out, things get obviously complicated when Tank wants to keep her for himself.

As the description suggests, the film

appears to simply be a rip off a numerous films (like its antithesis, *Hitch*) and is just the latest forgettable comedy by both Hudson and Biggs.



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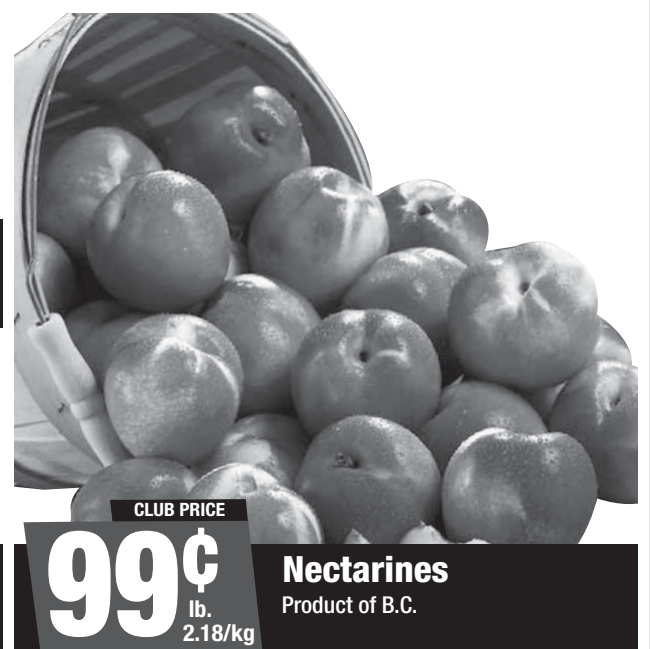
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thimble
account
bracelet
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How many words can you spell in 40 seconds?

Eleven-year-old Matthew Connelly of Victoria can rattle off 23 words in that time – one every 1.74 seconds, all spelled correctly.

And that speedy spelling has won him one of 12 spots on the new Halifax Film series, “Canada’s Super Spellers,” which will be filmed during the week of Oct. 6 to 11 at Acadia University in Wolfville, NS, and aired on CBC in the new year.

Connelly earned his place in the national competition during the speed round of the show’s B.C. regional competition, held in North Vancouver on Sept. 11.

During the first round, Matthew and a girl from Vancouver appeared evenly matched, correctly spelling the entire word list and forcing the judges to compile another.

“It made for great TV,” says LCdr Shawn Connelly, Matthew’s father.

Matthew demonstrated quick thinking during the speed round and finished two more words than his opponent before the clock ran out.

“I knew it was going to be close, very close,” says the pre-teen.

It was a nail-biting end to months of testing and screening as TV crews scoured the country for Canada’s best spellers aged

12 and under.

Matthew’s mother Katy, who works at Willows School, discovered the contest at work and encouraged her son to take the online challenge at www.superspellers.ca.

After qualifying, he went to Vancouver in April for an on-camera interview and another spelling test before being asked to take part in the regional competition.

Matthew was one of four youth selected from the hundreds of B.C. applicants for the chance to be named Canada’s Super Speller, and take home a \$20,000 RESP courtesy of EGGS (the Canadian Egg Marketing Agency), a laptop computer from Acadia University and a trophy designed by Nova Scotia-born artist Valerie Stone.

The 12 finalists have received clothing and luggage for the trip as prizes for their accomplishments thus far.

Each competitor and at least one family member will spend a week in Wolfville, NS, at Acadia University where the final spelling bee will take place.

Matthew’s spelling success is nothing new. He’s taken part in local school spelling bees for the past four years, following in the footsteps of his older brother Jeffrey.

And like his brother, he’s made it to the CanSpell

(B.C.) regional competition, held in Victoria, for the past three years and placed seventh out of 60 this year, his best finish yet.

He attributes his interest and success in spelling to his love of reading.

“When most kids pick up the controller for their video games, I go pick up a book,” he says.

He’s been reading chapter books since Kindergarten, with the help of his parents for the bigger words.

Now, his parents test his spelling by reading word lists to him for about half an hour a day. He spends another half hour training with a computer program that dictates words and times how fast he recites the words back using voice recognition software. (Unfortunately, standard spelling bee training won’t assure his success on the stage in Nova Scotia.

Super Speller creative producer Jed MacKay says Matthew and his peers will face “spelling-based challenges” throughout the final five rounds of competition.

In addition to standard spelling and speed spelling, the finals will include a word-scramble portion in which competitors must unscramble letters to make a word.

“Michael Donovan, one of the founders of Halifax Film, had the idea to do a different kind of spell-

ing show for kids that wouldn’t concentrate so much on memorization, which is what other ones do,” MacKay says.

The competition’s word lists have been vetted by a panel of national educators and will not include little-used words, such as appoggiatura, found in the final rounds of spelling bees put on by such organizations as CanSpell and Scripps.

Although words will increase in difficulty with each round of competition, they will be words a well-read 12-year-old might know and understand.

“This is the sort of thing that encourages kids to spell and learn,” says MacKay. “When a person asks if there’s a study list, I say, ‘Just read.’”

Also contradicting the traditional spelling bee format, competitors won’t be knocked out as soon as they spell a word incorrectly. They will get points for correct answers and at the end of each round the bottom two scorers will say good-bye to the show.

Interspersed throughout the show will be glimpses into the lives of each competitor, who come from different regions in Canada.

“We’re going to show the lives of each of these kids. The rest of the country will see what it’s like to be a 12-year-old living in Whitehorse or Newfoundland or Victoria,”



Carmel Ecker, Lookout

Above: Matthew Connelly and his father LCdr Shawn Connelly spent an hour showing a TV crew around HMCS Nanaimo as part of the biographical information that will air on Canada’s Super Speller.

Top: Connelly shows cinematographer Gordon Miller the controls for the 40mm Bofors Gun on Nanaimo.

says MacKay. “Kids who are good spellers are not just word nerds. They have interesting lives.”

A film crew was in Victoria last week to film aspects of Matthew’s life including a visit to his father’s ship, HMCS Nanaimo, his school and his neighbourhood.

As an active drama club member and a participant in Kaleidoscope Theatre Production’s Actor and Camera program, Matthew says he feels right at home in front of the camera lens.

The series will appear in six one-hour episodes; however CBC hasn’t set a date for it airing yet.

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The dos and don'ts at election time

As the Oct. 14 election date draws near, members of the military need to keep in mind the importance of being seen as neutral.

The rule is spelled out in the Queen's Regulations and Orders, 19.36 Disclosure of Information and Opinion, and 19.44 Political Activities and Candidature for Office.

"A CF member must be seen by the public to be neutral in political preference," says Cdr Mary-Ellen Clark, Elections Liaison Officer for the province of B.C, including Vancouver Island and Queen Charlotte Islands, and Commanding Officer of Maritime Forces Pacific/JTFP Headquarters.

For those living in Residential Housing Units (RHU), placing a political placard on the lawn is not allowed. Canvassing in the RHU area on behalf of a political candidate is also not allowed by any member of the family living in RHUs.

"It would be seen that that home is not neutral," says Cdr Clark. "It's all about perception."

However, keeping in mind security and privacy, a commanding officer can permit political canvassing and the distribution of political advertising to single quarters and RHUs by non-CF members and their families, says Cdr Clark.

While there will be CF polling stations on base and on major warships to accommodate the Special

Voting Rules, political candidates cannot enter these polling stations during voting. They can, however, send a representative to be a silent non-canvassing observer of the voting process.

Special voting rules and other voting processes

Special voting rules allow military members an opportunity to vote, no matter where they're stationed, in their designated electoral district, which they indicated on their Statement of Ordinary Residence, usually upon enrolment. The advanced special voting period allows Elections Canada sufficient time to collate those votes.

A deputy returning officer is appointed by the Commanding Officer of a ship or unit, and charged with the physical security of the polling station and process. They receive Election Canada documentation and advertising posters that explain the voting process.

It's not political advertising, says Cdr Clark, but information on how to vote and the right to vote.

Based on the following conditions, a member is able to vote at a civilian voting place where their elector resides if:

- The elector completed a SOR (Statement of Ordinary Residence);
- The elector actually resides in the same electoral district reflected on his or her SOR;

• The elector name is included on the National Register of Electors or the elector provides satisfactory proof of identity and residence, takes the prescribed oath and is accompanied by an elector whose name appears on the list of electors for the same polling division and who vouches for him or her oath in the prescribed form; and

• The elector has not voted under the serving voting rules (SVR) at a service voting place, note that all conditions listed above must be met in order to be eligible to vote at a civilian voting place.

If a military member expects to be absent from their unit during the advance special voting period, they should have their leave pass or travel claim annotated by their home unit indicating their electoral district. By showing this, they can then vote at a military polling station in the city they are visiting.

The Commanding Officer must provide sufficient time off to allow military and civilian members time to attend a polling station of their choice.

Dates and times for CF polling stations for CFB Esquimalt area will be forthcoming and will be broadly advertised by various means in order to provide every CF member who is eligible to vote the opportunity to exercise his/her right as part of the democratic process.

Protecteur raises thousands for United Way

Penny Rogers
Staff writer

It's not every day you see a commanding officer of a Canadian naval ship covered in whipped cream. But that's just what happened on Sept. 7 on board HMCS *Protecteur* while en route to Chennai, India.

Commander Sean Cantelon stood bravely before his ship's company and took one for the team – square in the face – to kick off the supply ship's Government of Canada Workplace Charity/United Way Campaign.

In one hour they raised a remarkable \$8,300.

Festivities began with a pancake breakfast held in the dispersal area.

After filling the bellies of the ship's company, the bidding began on three prizes plus the thrill of tossing a dozen whipped cream pies in the faces of fellow shipmates, said Sgt Joe deBalinhard, the United Way representative on board.

First prize was an evening in the senior officer's cabin that included dinner and a movie with the commanding officer. Frenzied bidding ended with AB McIntosh dishing out \$1,000 for the privilege. He didn't waste time cashing in his prize; two nights later he and four friends had an "excellent"

dinner with Commander Cantelon.

After two smaller prizes were auctioned off, with PO1 Jamie Lone snagging one for \$600 and Cpl Lonny Swanson the other for \$550, serious bidding began on the 12 creamy white delectable delights.

The pies were won and tossed as follows:

Commander Yves Germain, the Executive Officer, paid \$300 to lob one into the stoic face of Commander Cantelon.

Lt(N) Wetmore and Lt(N) Gillespie combined forces, pooling \$550 for the fun of tossing one at the Coxswain, CPO1 Ron Mierau.

Lt(N) Turner shelled out \$600 to hit Commander Yves Germain between the eyes.

As turnabout is fair play, Lt(N) Turner was then covered in whipped cream for the cost of \$500 paid by PO2 Hartley.

Next, CPO2 Lambert needed cleaning up after being hit by Cpl Turcotte for the sum of \$600.

LCdr Harwood tossed one at Lt(N) Langevin for \$400 then found himself on the receiving end when CPO2 Williams paid \$350 for the same privilege.

OS Chaulk won the next bid for \$300 for a pie directed at CPO2 Martin.



Cpl Pier-Adam Turcotte, Base Imaging Esquimalt
Commander Cantelon cleans up after getting the first pie in the face at the United Way fundraiser on board HMCS *Protecteur*. A dozen pies were auctioned off helping to raise \$8,300 in one hour.

Another team was formed when LS Kreiz and SLt Marasco paid \$500 to jointly toss one at Lt(N) Chen.

Even the ship's Padre, Captain Steve Heemskerk, couldn't avoid the inevitable. Lt(N) Marshal doled out \$500 for the honor of this pie.

OS Chaulk wore the eleventh pie in his face, with PO1 Lone happily paying \$400 to sling it.

The final pie was not just a team effort, it was a department effort. Determined to win the right to toss the remaining pile of cream at Lt(N) Signh, the Combat System Engineering department banded together with LS Jordan pitching in \$500,

LS LeBlond \$150 and CPO2 Rogers \$500 for a whopping total of \$1,150.

"It was for a great cause and fun was had by everyone," said CPO1 Mierau. "I can't believe the money we raised in that one hour."

Sgt deBalinhard and the assistant United Way representative, MCpl Green, have several other fundraising events planned during *Protecteur's* remaining time at sea. The Stoker's Open Golf tournament will take place somewhere between Malaysia and Japan. It is a putting contest where participants make their own clubs. Casino Night is scheduled for Sept. 16, plus the duo have already started collecting cans.

Honorary Captains help shipmate navigate the base

Mary Ellen Green
Staff writer

Like all sailors new to the navy, navigating CFB Esquimalt and learning about the many units and ships can be overwhelming.

For Lyall Knott, a civilian freshly appointed as Honorary Captain (Navy), it can seem even more daunting.

To help him discover his new naval home, Maritime Forces Pacific held an Honorary Captain Symposium Sept 15-17. HCapt(N) Knott attended, along with colleagues HCapt(N) Cedric Steele from Victoria and HCapt(N) Bill Wilson from Calgary.

The trio toured one the fleet's newest vessel, PCT Wolf, delved into *HMCS Victoria*, daysailed in *HMCS Ottawa*, learned about the Joint Rescue Coordination Centre, and were briefed on CF participation in the 2010 Olympics in Vancouver, and the upcoming Naval Centennial celebrations.

RAdm Pile and his wife also had them over for dinner at the Admiral's residence in dockyard.

"I'm starting to get a feel for CFB Esquimalt and the people who live and work here, and I

have my two colleagues to take me by the hand and show me the way," said HCapt(N) Knott.

HCapt(N) Knott was bestowed the honorary captaincy of Canadian Fleet Pacific in a ceremony July 1 in the Captain's cabin of *HMCS Winnipeg*. His association with the military runs deep; his father served in the American Navy as a flight surgeon during two wars.

He went into law, graduating with a Bachelor of Commerce in 1971 and a Bachelor of Law in 1972, both from the University of British Columbia, and has been very active in the Vancouver community, where he now resides.

He credits Darcy Rezac, Managing Director of the Vancouver Board of Trade and former Honorary Captain (Navy), with introducing him to the idea of filling the position of conduit between the Canadian naval and civilian communities.

"I've always been into helping the navy," he said. "I have the ability to open doors in Vancouver and develop a plan to carry on where Darcy Rezac left off."

HCapt(N) Cedric Steele agrees.

"The biggest connection with HCapt(N) Knott is that he is

recognized in his community, and when he wears the uniform, people ask about the navy and want to know more about what he does," he said.

HCapt(N) Steele was appointed to the prestigious role in May 1997, and said, "It's the best thing I've ever done, and I'll stay as long as I'm useful."

He is an active member in the Victoria community, and president and founder of Cedric Steele & Associates Ltd, a commercial real estate company. HCapt(N) Steele has been involved in the Canadian Forces Liaison Council since 1994, where he promotes closer ties between the military and the business community.

"It is confusing to the public that military people move every two or three years. Honorary Captains offer continuity for the civilian world, especially HCapt(N) Wilson," HCapt(N) Steele said.

HCapt(N) Bill Wilson of Calgary had a 37-year career with the Canadian Navy, sailing with the Canadian Naval Volunteer Reserve for the duration of the Second World War.

HCapt(N) Wilson said he is often contacted by media outlets



MCpl Dan Mallette, Base Imaging Services Esquimalt
Honorary Captains (N) Wilson, Steele and Knott aboard Orca vessel Wolf at "A" Jetty in Esquimalt Harbour.

in search of information or contacts. "They know that either I can provide the information they are looking for or put them in touch with someone who can."

Appointed Honorary Captain in 1992, he has since been a driving force behind bringing naval history to the Calgary community as a founding member of the Naval Museum of Alberta Society. He received the 2008 Sir Arthur Currie Award in May for his work.

The Naval Museum of Alberta

has moved its collection to The Military Museums, the second largest tri-service military museum in Canada.

Many aspects of the Naval Museum of Alberta inside Military Museums is run by volunteers, with out which HCapt(N) Wilson says the museum would not exist.

"We have 300 members of the museum society, ranging from veterans to former sea cadets. It's a community and we all contribute," he said.

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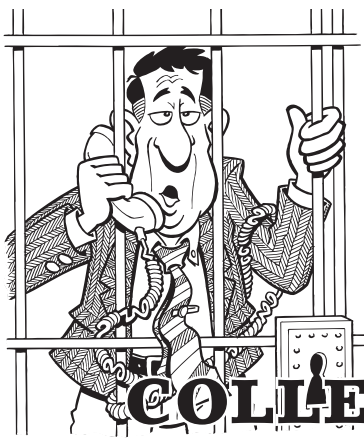
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RoundUp for Research, in support of the Kidney Foundation of Canada, is coming to Tillicum Centre on October 8th & 9th and this year it has a virtual twist. In advance of this event, offending participants will be remanded in virtual jail where they will be "locked up" in a cyber cell on their computer, earning their release through bail contributions made by friends, family members and colleagues who donate on line.

Individuals will be able to view the jailbirds by logging onto www.kidney.bc.ca and watching their progress.

To make sure a **RoundUp warrant** is issued for the arrest of your boss or co-worker, please **contact Alison Davies** at (250) 294-9986 or email davnali@shaw.ca.

Teams needed for fiery challenge

Mary Ellen Green
Staff writer

CFB Esquimalt's Fire Prevention Bureau wants everyone in the DND community to "get fired up" for Fire Prevention Week.

To light a fire of excitement, they've organized a Fire Prevention Combat Challenge, and are now looking for participants to test their firefighting skills in a fun relay challenge, featuring ladder climbing, hose carrying and casualty dragging.

Prizes and bragging rights will be awarded to the best male, female, and mixed teams. There will also be prizes for the fastest individual male and female.

Fire Inspector Michael McLean said the Combat Challenge gives the Fire Prevention Bureau a chance to bring awareness to both Fire Prevention Week and the hard work by CFB Esquimalt's firefighters and fire inspectors.

"We want to give everyone in the community a chance to see what we do and try their hand at some firefighting drills. It's not going to be difficult, but it will be a lot of fun," he said.

The events will get underway at 11:30 a.m., Tuesday

Oct. 7 at the Naden Drill Shed. It will only take a maximum of 15 minutes out of your day.

Comfortable physical training gear is a recommended for participants.

The following day, the Fire Prevention Bureau and the CFB Esquimalt Fire Hall will hold an open house and barbecue in front of the dockyard fire hall. Free food and fire prevention information will be available, including great stuff for children.

Prizes from the previous day's relay will be awarded at the barbecue.

Fire Prevention Week runs Oct. 5 to 11. This year's theme is "Prevent Home Fires."

McLean said when it comes to preventing fires in the home, the kitchen is one of the places to be careful.

"Keep a fire extinguisher close by, in or near the kitchen area, and when you have a pot on the stove, keep a tight fitting lid close by to smother any flare ups."

For more fire prevention tips, visit the fire hall's website at <http://esquimalt.mil.ca/POESB/Firehall>, and come to the open house Wednesday, Oct. 8.

To register for the Fire Prevention Combat Challenge, contact Michael



Mary Ellen Green, Lookout

Fire Inspector Michael McLean is inviting everyone in the CFB Esquimalt community to tackle the Fire Prevention Week Combat Challenge at the Naden Drill Shed Oct. 7.

McLean by office phone at 363-1538, by cell at 250-213-8250 or by email at McLean.MG@forces.gc.ca. He asks that potential participants register by Oct.

6 at the latest, so proper arrangements can be made for the event.

"We won't turn anyone away though; the more the merrier," he said.

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Navy gets new backpack

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CANEX has introduced a new product – a navy backpack, which is now available on both coasts and can be special-ordered from any CANEX in Canada.

The backpack is black and has a small navy logo at the top. It has reflective piping, a built-in laptop carrier and several pockets. It retails for \$39.99.

CPO1 Bob Cleroux, from Maritime Command, who spearheaded the campaign to get the backpack, says it makes it easier for sailors to ensure they have a backpack that meets the navy's criteria for wearing these items while in uniform.

"Sailors can still wear any brand of backpack as long as they are plain, dark in colour, and complementary to the uniform," says CPO1 Cleroux. "But this one gives them the chance to show the navy's colours."



CANEX's new navy backpack features reflective piping and a laptop carrier.



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3. Pitaraq, Graham Heath

Series Race E2, Sept. 14

Div 1

1. Pendragon, Maurice Voisin
2. Limbo, Paul Jensen
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- Preparing for a Selection Process: Oct. 16
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- Time Management: Dec. 1

For detailed course descriptions see the LCC website at:
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MCpl Kevin Paul,
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TV series boosts sailors' morale

Penny Rogers
Staff writer

"Forty kilometres from nowhere and way beyond normal."

The Chiefs and Petty Officers on board *HMCS Protecteur* have adopted this tag line from the award winning television series, *Corner Gas*.

The ship and the show have a lot in common. As the show's website explains, *Corner Gas* focuses on the life of Brent LeRoy, proprietor of a gas station that is the only stop for miles around and a hub of action on the Prairies. *Protecteur* quite often finds itself sailing out into the middle of nowhere to provide fuel and provisions to those in need.

The ship pulled away from its home port of Esquimalt in mid-April and one month later, somewhere in the Mediterranean Sea, the mess members assembled in the Chief and Petty Officers' mess to watch the show's first episode of the first season. It was a huge success and the popularity of *Dog River* and its fictitious residents exploded from there.

Since the May 14 gathering, a new ritual is helping pass what's left of the ship's 195-day deployment to the Arabian Sea for Roto 4 of Operation Altair. According to CPO2 Reg Rogers, "Every second Wednesday evening is now dedicated to watching a few *Corner Gas* episodes in the mess and the place is packed. The commanding officer even came down one night to watch, and our Padre joins us quite often."

CPO1 Ron Mierau, the coxswain on board, had plans to rename the mess

even before the ship set sail. When he asked for suggestions from the members, what came out was *Corner Gas* by a two-to-one margin. Now the door is graced with a sign bearing the new name, a "Ruby's" sign hangs in the cafeteria and an autographed poster, sent by the show's producers, holds a place of honour behind the bar.

According to WO Dan Poirier, the new tradition born on this deployment gives a sense of pride to the mess members and something for them to look forward to, "especially when your next port of call is 20 days away." He also believes that having a readily identifiable theme for the mess brings all the members

together.

In one of the first episodes of the first season, Brent LeRoy raves about the chili cheese dogs next door at Ruby's café. "The next week our senior cook, who we like to call Lacey after the owner of Ruby's café, fired up the hotdog machine and we all had chili cheese dogs," said WO Poirier.

"Nowadays, everyone has a tendency to be lost in the world of information technologies, downloading this and emailing that. Having *Corner Gas* every Wednesday brings the mess together to share a laugh or two with your mess mates and to have a chili cheese dog from the Ruby," he adds.

And this is exactly what Virginia Thompson, Brent Butt and David Storey, the producers of *Corner Gas*, love to hear.

Virginia Thompson took a few minutes from her busy schedule to pass along this message to *Protecteur*.

"We are honoured that you have named your lounge *Corner Gas*. Just watch the bean intake, okay! All joking aside, on behalf of all of us at *Corner Gas*, it is a joy to entertain you. Knowing that we can bring laughter to the Canadian troops is deeply gratifying for us. In fact, it's what we dream about as TV producers. Enjoy the show, enjoy the adventure, keep strong and safe and most of all – keep laughing."

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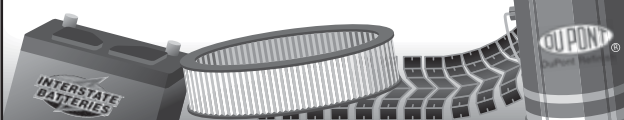


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IN BRIEF

Kettle watchers required for fundraising

The Salvation Army in Victoria is seeking volunteers to stand by red donation kettles this Christmas. Individuals, families, companies, or groups of any kind are wanted. No experience is necessary.

The red donation kettles will be out on streets and in shopping malls throughout Victoria from Nov. 20 to Dec. 24, 11 a.m. – 8 p.m., everyday but Sunday.

The kettles provide an opportunity for the public to support the underprivileged in the community.

The Salvation Army is seeking volunteers to stand by all 25 kettles. Kettle shifts are two hours or longer, for one or more days, as desired. A list of kettle locations is available upon request.

All money raised through this program is directed at helping families in need in Victoria during Christmas and throughout the winter months. Last winter, The Salvation Army assisted more than 1,200 families (involving 2,000+ children) in Victoria. The kettle campaign is The Salvation Army's most important

fundraiser of the year.

If you or your group would like to volunteer at a kettle, please contact Carol Barton by email at carol_barton@can.salvationarmy.org.

Mess Meeting

CFB Esquimalt Chiefs and Petty Officers' mess will hold the fall general mess meeting on Friday Oct. 3 at 10 a.m. Lunch will be provided for all participants on completion.

Any proposed agenda items shall be submitted no later than Friday, Sept. 26 to the mess secretary Sgt Kruzel: kruzel.z@forces.gc.ca.

Commanding officers are requested to encourage their personnel to attend.

Saint Francis Day Blessing of Pets

When fall arrives each year, you may have noticed something odd happening at your local church. A procession of animals, everything from dogs and cats to hamsters and horses - yes, horses - is led to churches around the country for a special service called the Blessing of Pets. The custom is long associated with St Francis of Assisi (Patron Saint to the Environment and Animals), whose feast day is celebrated on Oct. 4 each year.

The annual blessing of pets honours and celebrates the bond of friendship between owner and pet. The padres at Our Lady Star of the Sea Chapel, located at 595 Galliano Crescent, Belmont Park, invite everyone to have their pets blessed at 2 p.m. on Sunday, Oct. 5. This event is sponsored by the Catholic and Protestant communities

on Base. Everyone is welcome. They only ask that your pet is on a lead or in a cage. After the service, treats will be served to all.

Rum and Croq anyone?

So who really is the nastiest back-yard croquet player in Victoria?

Who has the most enemies?

Attention all menacing croquet players. Here's your chance to see who really can blast the opponent the furthest.

Seasmoke - Croq is hosting a 24-team backyard event, Oct. 4, entitled The Rum and Croq Classic. It's for amateurs, hackers and back-yard whackers. Deadline to register is Sept. 30.

Croquet originated in the 14th century by French peasants who used wooden mallets to hit wooden balls through wickets made from willow branches. Croquet met with some setbacks in America, when in the 1890s, the game was condemned by the Boston clergy, who spoke against it because of its association with drinking, gambling, and licentious behaviour. A combination of chess and billiards, croquet was also removed from the Olympic Games because countries could not agree on the rules.

To get your spot contact Chris@seasmokepr.com, 250-480-1531

Volleyball action

The Formation Esquimalt women's volleyball is starting soon. Interested players should contact P02 Heidi Twellmann at 250-

363-5698 or by email at Twellmann.HF@forces.gc.ca.

First World War to cyber-space

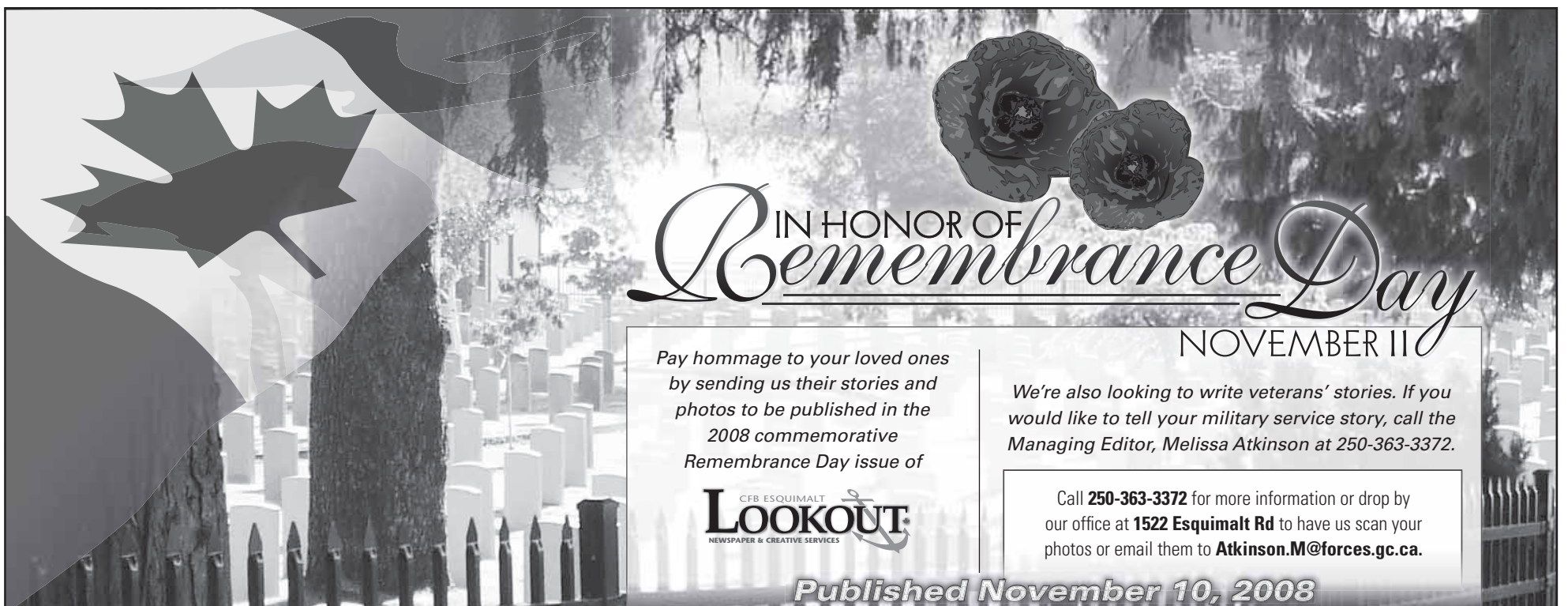
The Canadian War Museum has launched a new website, Canada and the First World War, which makes the history of Canada in the First World War accessible to Canadians across the country and around the world. This resource features artifacts, photographs, art, letters and diaries held by the Museum.

Canada and the First World War offers access to approximately 700 interpreted artifacts, and more than 6,800 additional images, many never before available to the public. The site does not require flash or high speed access, and features a zoom tool that allows for viewing detail at an enhanced level.

This web-based exhibition complements Trench Life: A Survival Guide, a Canadian War Museum exhibition that explores the culture of Canada's soldiers in the trenches, with an emphasis on how they used songs, poetry, theatre, rumours and superstitions to cope with and make sense of their war experience. Trench Life runs until April 2009, spanning the 90th Anniversary of the Armistice that ended the First World War.


Canada and the First World War is an online exhibition created by the Canadian War Museum in collaboration with the Canada Culture Online initiative of the Department of Canadian Heritage.

Begin your exploration by visiting: www.warmuseum.ca/firstworldwar.



IN HONOR OF
Remembrance Day
 NOVEMBER 11

Pay homage to your loved ones by sending us their stories and photos to be published in the 2008 commemorative Remembrance Day issue of



We're also looking to write veterans' stories. If you would like to tell your military service story, call the Managing Editor, Melissa Atkinson at 250-363-3372.

Call 250-363-3372 for more information or drop by our office at 1522 Esquimalt Rd to have us scan your photos or email them to Atkinson.M@forces.gc.ca.

Published November 10, 2008

INMEMORIAM

Remembering Lt(N) Cam Tkachuk

Lt(N) Bill Hawke
Contributor

Lt(N) Cameron Tkachuk
February 23, 1970 - August 31, 2008

After a brief but courageous battle with cancer, Lt(N) Cameron Tkachuk passed away peacefully at his family home in Hafford, SK.

Cameron was born and raised in Hafford, SK, and attended the University of Saskatchewan where he earned a degree in education. He taught high school in rural Saskatchewan for five years before joining the navy as a MARS officer in January 1999. Lt(N) Tkachuk served as a Bridge Watchkeeper, Naval Boarding Party Officer, Shipborne Air Controller and CCISO in HMCS Algonquin from 2000 to 2006, and as a Course Training Officer at Naval Officer Training Centre (NOTC) Venture, from 2006 until his untimely passing.

Cameron was a natural leader and a fierce competitor on the hockey rink, but a generous and easy-going friend off the ice who always had a smile and a joke. Enjoying a coffee on a patio, exploring a foreign port, or cheering on his beloved Roughriders, Cameron shared his life with old friends and new ones.

Cameron's success at balancing the commitment to his position, dedication to his family, and respect of his friends will always be his



Cpl Charles Barber, Combat Camera

Lt(N) Cameron Tkachuk in a 2002 photo on board HMCS Algonquin during Operation Apollo.

greatest achievement.

Cameron is survived by his parents, Don and Esther; brothers, Michael and Leslie (Christine); numerous uncles, aunts, cousins, friends, shipmates and colleagues who touched his life, allowing him to thoroughly enjoy his brief time with us. For that, Cameron was very grateful.

A celebration of Cameron's

life was held at Sept. 6 at St. Solange Roman Catholic Church in Hafford, SK.

In lieu of flowers, donations can be made in Cam's memory to the Canadian Cancer Society, for the continued research on stomach cancer.

Cameron has bequeathed funds for a memorial reception to be held in the NOTC Gunroom at a later date.

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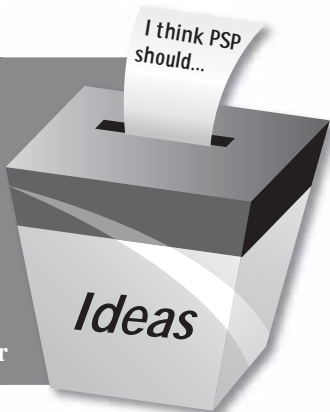
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Your suggestions are important in helping us meet the morale and welfare needs of the MARPAC Defence Team.

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- Fitness and Sports
- Recreation
- Sponsorship and Donations
- Lookout Newspaper



Please contact Dave Molinari, PSP Manager at 363-7061 or e-mail Molinari.DU@forces.gc.ca with your confidential input. Suggestion boxes are also available in the Naden Athletic Centre and Colwood Pacific Activity Centre.



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INFOCUS



Jim Fisher, Branch General Safety Officer, receives his 35-year long service award from the Commanding Officer of Port Operations and Emergency Services Branch Cdr Howard.



RAdm Tyrone Pile presents CPO2 Colwell with a Chief of the Defence Staff Commendation for his work with Joint Task Force Afghanistan.



Maj Allen receives his bar to the Canadian Forces Decoration from MARPAC/JTFP headquarters Executive Officer Maj Henry.



RAdm Tyrone Pile presents Sgt Condly with an Air Command Commendation for his work in a number of search and rescue events.



SLT Drapeau receives her new shoulder slip ons from MARPAC/JTFP headquarters Executive Officer Maj Henry (right) with the help of Cdr Randy Caspik.



LS Lavoie cuts Base Logistics' birthday cake as Capt(N) Trottier (ret'd), Cdr Caspik and A/SLT Leung look on.

Blog celebrates 40 years

SLT Laurene Drapeau Contributor

The Logistics Branch celebrated its 40th anniversary Thursday Sept. 11 at its annual logistics barbecue held at the Work Point Gunroom. More than 100 people attended.

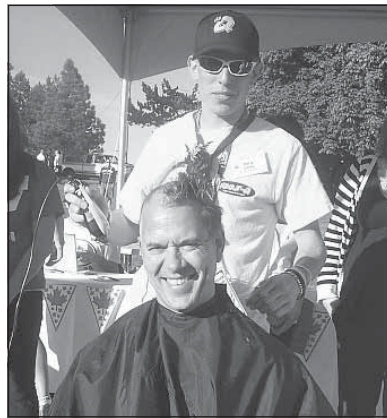
In addition to senior formation Logistics leaders and staff, special guests this year included retired officers:

Capt(N) Trottier (ret'd)
Cdr MacDonald (ret'd)
Cdr McGregor (ret'd)
Cdr Swain (ret'd)
LCdr Greer (ret'd)
LCdr Koch (ret'd)
LCdr Nelms (ret'd)
LCdr Schultz (ret'd)

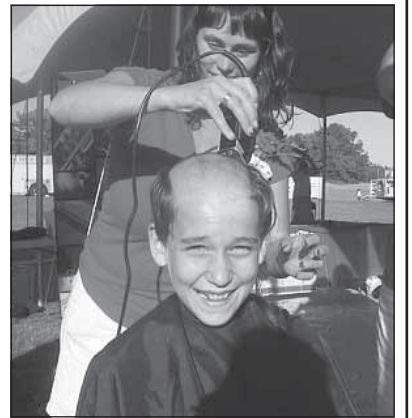
LCdr Watt (ret'd)
J. Baddon (ret'd)

The barbecue was coordinated by SLT Jason Stewart, one of 36 logistics trainees on this coast, and assisted by a small group of other trainees. Cdr Randy Caspik gave the opening speech, highlighting accomplishments over the past year and touching on what we have to look forward to in the future.

At the close of the afternoon, Capt(N) Trottier (ret'd) drew names for door prizes. Cpl McGregor and SLT Salter each won a gift basket filled with gourmet items – chocolate, coffee, tea, and a mug to enjoy them in.



Dave Molinari, Personnel Support Programs Manager, and his son Marc surrendered their locks after raising \$230 for the Terry Fox Head Shave. The pair would like to thank MS Shawn Preston of HMCS Winnipeg and LS Kelly Corbett of PSP, for helping organize and spearhead the Maritime Forces Pacific involvement and fundraising for the event.



A woman of distinction

Lt(N) Ann Beresford PAO, HMCS Quadra

For years, Cdr Pamela Audley has been hailed as a "first" in many ways.

In 1986, she was the first female to be awarded the Colonel Massey Sword, which is presented to the top officer of the Basic Officer Qualification Course.

She also has the distinction of being the first female to hold the positions of Chief Administrative Officer, Executive Officer, and, in 2005, the first female Commanding Officer of HMCS Quadra, located in the Comox Valley on a spit of DND land (Goose Spit) in Comox Harbour.

However, with the close of this summer comes the end of Commander Audley's four-year reign at Quadra, a Sea Cadet Summer Training Centre that works in conjunction with CFB Comox.

"It was flattering to have all the attention about being the 'first female', but to me it was never about that. In fact, I think at times it may have even

detracted from what the real point was: training Canada's youth."

Quadra has been training cadets during the summer months since 1952. Today, the centre teaches Sea Cadets from every region of Canada. Each summer, approximately 1,000 cadets pass through its gates to take part in many forms of instruction, which include marching, seamanship, sailing and band.

Commander Audley has collectively spent 28 years in connection with Canada's Cadet Program, starting as a 13-year-old sea cadet in Gold River to the culmination of her career as the Centre's Commanding Officer.

She remembers clearly her first summer at Quadra where the entire ship's company, in unison, fully a thousand voices or more, greeted the camp's Commanding Officer every day with a resounding, "Good Morning, Sir!"

She resolved that one day she too would be the Commanding Officer.

So what does one do once the dreams of youth are realized? "Dream bigger," says Cdr Audley.



Cdr Pamela Audley

As fall approaches, Cdr Audley is turning her full attention to her civilian career - Senior Correctional Officer First Class at Fraser Regional Correctional Center in Maple Ridge.

Her sight is set on advancing her career in senior management within Provincial Corrections, and she says modestly, "Perhaps someday to be a Warden."



HMCS Protecteur helps school in India



About 50 volunteers from HMCS Protecteur participated in an humanitarian project helping Servasev Vidhyalaya School in Manihottam, India. They painted, finished a cement fence around the school, dug holes for the foundation of a new building, and mounted a new wall for one of the teacher's rooms. WO Asselin, dental assistant on HMCS Protecteur, gave the children a special lesson on how to brush their teeth. More than \$8,000 as collected in differents events on board the ship to fund the charitable activities.

Photos by Cpl Pier-Adam Turcotte, Combat Camera





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ANNOUNCEMENTS

ARE YOU INTERESTED in providing emergency respite child care for military families? For information call 363-2640 or toll free 1-800-353-3329.

ISLAND EAGLES PATHFINDERS need your help to raise funds for a trip to the 2009 International Pathfinder Conference. Please drop off any refundable beverage containers at the corner of Lyall Street & Moresby Street - near the Chief's and Petty Officers Mess at CFB Esquimalt. Donations accepted ANY weekday in August or September. Email island-eagles@hotmail.com for information or questions.

Conquer your fear of public speaking at Toastmasters. Frightened speakers become confident speakers. Toastmasters can help! Visit www.victoriatoastmasters.com for details.

CONCERT FREE WITH admission to Hatley Park National Heritage Site. Hatley Park National Historic Site will present blues-folk musicians Willie Kuklis and the Disappointments and urban Celtic eclectics The Ecclestons Sunday, Sept. 21, 2 - 5 p.m. Free with regular garden admission (residents of Colwood receive free garden admission). This concert is part of the Victoria Heritage Festival organized by 11 of Victoria's heritage attractions and sponsored by Parks Canada to help celebrate B.C.'s 150th anniversary. For information call 250 391-2666 or e-mail info@hatleypark.ca

VOLUNTEERS NEEDED

VOLUNTEERS OF ALL ages are needed to assist individuals with disabilities to get out and be active this summer! By devoting as little as one hour per week, you have the opportunity to participate in an activity you enjoy while giving back to your community. For more info. or to volunteer please call Lindsay at 477-6314 ext 15 or email volunteers@rivotonline.org

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Sponsorship Coordinator

CFB Esquimalt • Full Time position

Under the direction of the Deputy PSP Manager, the Sponsorship Coordinator identifies and solicits sponsorship opportunities. He/She negotiates sponsorship agreements, develops and implements sponsorship programs and policies, and assists in the development of the sponsorship corporate strategy. The Sponsorship Coordinator develops and maintains activity budgets, and manages sponsorship accounts. She/He also provides training at local level for sponsorship and donation activities.

Qualifications

- Bachelor's degree in Business Administration, Commerce, Marketing, Sales, Advertising or a related field AND some years experience in sales and marketing or a related field
- OR
- College Diploma or Certificate in Business Administration, Commerce, Marketing, Sales Advertising or a related field AND several years experience in sales and marketing or a related field
- AND
- A valid Driver's License (British Columbia)

Language Requirement

- English essential, bilingualism (French/English) an asset.

Knowledge Requirements

- General business practices and theories
- Principles and practices for sponsorship and resource development
- Marketing and sales strategies
- Budget management
- Accounting and invoice administration

Experience Requirements

- Sponsorship and sales solicitation
- Initiatives such as promotion, event marketing, media and field marketing
- Market research
- Budget administration
- Developing sponsorship packages and contracts
- Project management
- Negotiating and managing contracts
- Writing business proposals
- Using software for word processing, spread sheets, presentations, databases, e-mail, and Internet browsing

Salary
\$40,130 - \$47,220 per annum

Submit a résumé plus three clippings and a cover letter no later than 4 p.m. Sept. 24, 2008:
By mail to NPF Human Resources Manager, PO Box 17000, Stn Forces, CFB Esquimalt, Victoria, BC, V9A 7N2
By fax to 250-363-5528 • By email to npfhresquimalt@cfpsa.com
Online at www.cfpsa.com.

Health Promotion Manager

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Under the direction of the Health Promotion Director, the Health Promotion Manager (HPM) will effectively and efficiently organize the local delivery of health promotion (HP) programs and implement initiatives for the Strengthening the Forces (STF) Program consistent with the direction and standards provided by the Strengthening the Forces, DCOS Force Health Protection, DGHS. The HPM acts as a resource person for HP activities on the Base/Wing/Unit and delivers HP programs, activities and initiatives in areas of addictions awareness and prevention, nutritional wellness, social wellness and injury prevention consistent with the direction and standards provided by DCOS Force Health Protection (STF), on behalf of DGHS.

Qualifications

- Masters degree in Health Promotion or a health related science discipline such as Nursing, Mental Health/Social Work, Nutrition, and Human Kinetics combined with some years experience in the delivery of community health or health promotion and prevention programs.
- OR
- Baccalaureate in Health Promotion or a health-related discipline (as stated above) combined with some years experience in community health or health promotion and prevention programs.

• Language requirement: English essential, bilingualism (French / English) an asset.

Skills Requirements

- Candidates must be able to demonstrate their ability to effectively apply interpersonal skills, to effectively apply organizational skills, to establish and maintain partnerships, to make sound decisions and set priorities, to be an effective group leader and be able to work independently and as part of a multidisciplinary team.
- Candidates are required to complete a written exam as part of the selection process.

Salary
\$ 57,120 - \$ 67,200 per annum.

Submit a résumé clearly outlining your ability to fulfill all position requirements to: NPF Human Resources Office, CFB Esquimalt, PO Box 17000, Stn. Forces, Victoria BC V9A 7N2 by fax: (250) 363-5528 by e-mail delisle.randall@cfpsa.com or apply online at www.cfpsa.com before 1600 hrs September 26, 2008.

Please note that only those candidates selected for further consideration will be contacted. If you have special needs and require accommodation measures for the selection process, please notify the NPF Human Resources Manager at that time.

Intersection Hockey Sept.7-Oct.9			
	4pm	5:30pm	7pm
Sept. 22	FDU(P) vs. BIS	FMF 1A vs. NOTC	
Sept. 23	BADM vs. CFFS	FMF Outlaws vs. FMF A	Algonquin vs. BLOG
Sept. 24	BCEO vs. MOG4	443 Sqn vs. FMF Boiler	FMF Outlaws vs. FD
Sept. 25	MOG4 vs. FMF 1A	BCEO vs. FDU(P)	
Sept. 28	FMF Boiler vs. BIS	CFFS vs. NOTC	FMF A vs. Algonquin
Sept. 29	BADM vs. BCEO	FD vs. FMF 1A	
Sept. 30	MOG4 vs. FDU(P)	443 Sqn vs. FD	FMF Outlaws vs. FMF Boiler
Oct. 1	NOTC vs. CFFS	BIS vs. FMF 1A	BLOG vs. 443 Sqn
Oct. 2	Algonquin vs. FMF A	FMF Outlaws vs. FDU(P)	
Oct. 5	BLOG vs. BADM	FMF A vs. FMF Boiler	BCEO vs. FD
Oct. 6	FD vs. MOG4	FMF Outlaws vs. 443 Sqn	
Oct. 7	FDU(P) vs. FMF 1A	CFFS vs. BIS	BCEO vs. NOTC
Oct. 8	Algonquin vs. MOG4	BLOG vs. CFFS	443 Sqn vs. NOTC
Oct. 9	BADM vs. FMF 1A	Algonquin vs. BIS	

everyday • Be Kind whenever possible. It is Always possible (Dalai Lama) • Stress is responsible for over 90 percent of chronic disease • The purpose of our lives is to be Happy • Share a smile, it's a Great Gift to another (Mother Teresa) • Love the Earth and Inhale our Ocean Air •

Live in the Moment, it will make you Happier • Spend some time Alone





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HWY - 6.1 L/100 KM (46 MPG)[°] CITY - 8.5 L/100 KM (33 MPG)[°]

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0%^Δ PURCHASE FINANCING FOR **60** MOS.

CASH PURCHASE PRICE STARTING AT \$28,190[†]
Excludes hybrid models



2008 Saturn VUE[®] XR model shown

2008 SATURN AURA XE

HWY - 6.5 L/100 KM (43 MPG)[°] CITY - 9.6 L/100 KM (29 MPG)[°]

0%^Δ PURCHASE FINANCING FOR **60** MOS.

CASH PURCHASE PRICE STARTING AT \$25,490[†]
Excludes hybrid models



2008 Saturn AURA[®] XR model shown

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HWY - 8.3 L/100 KM (34 MPG)[°] CITY - 13.0 L/100 KM (22 MPG)[°]

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*The 2008 vehicle's Powertrain components are covered by a limited Powertrain component warranty for up to 5 years or 160,000 km, whichever comes first. See Retailer for details and conditions on limited warranty and customer assistance/service features. ^ΔCoverage for up to 5 years or 160,000 km, whichever comes first. [†]Within the first 30 days or 2,500 km of delivery, whichever comes first. You should know this: [°]Cash purchase price is \$28,775 for a 2008 Saturn OUTLOOK XE FWD, includes a \$7,000 Canadian Retailer cash credit on all 2008 OUTLOOK models. Such credit is available only for cash purchase and by selecting finance or lease offers, consumers are foregoing such credit which will result in higher effective interest rates. ^Δ¹⁵ Freight (\$1,300/\$1,200/\$1,250/\$1,220) on a 2008 Saturn ASTRA 5-Door XE/2008 Saturn VUE XE/2008 Saturn AURA XE/2008 Saturn OUTLOOK XE included. Taxes, licence, insurance, registration, administration fees, fees associated with publication/filing at the movable property registry/PPSA, duties, and optional equipment extra. PDI included. Retailers are free to set individual prices. Retailer order or trade may be necessary. Offers apply as indicated to new 2008 Saturn ASTRA 5-Door XE with manual transmission, 2008 Saturn VUE XE, 2008 Saturn AURA XE or 2008 Saturn OUTLOOK XE models (excluding hybrid models) and apply to qualified retail and eligible fleet customers in the Ontario Marketing Association Area only. See your Retailer, visit saturncanada.com or call 1-888-4SATURN for conditions and details. ^Δ Financing on approved GMAC credit only. Down payment, trade or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example for a representative credit agreement: \$10,000 at 0% APR, the monthly payment is \$139/\$167 for 72/60 mos. Cost of borrowing is \$0. Total obligation is \$10,000. A monthly payment of \$218 is based on a finance purchase price of \$18,450 for the 2008 Saturn ASTRA 5-Door XE with manual transmission and includes a \$1,750 down payment (finance purchase price reflects \$1,000 manufacturer-to-retailer incentive, available only with GMAC financing). Financing offer applies to qualified retail and eligible fleet customers only and is not available on hybrid models. [°]Fuel efficiency data was determined using approved Transport Canada Test Methods. [†]With purchase or lease of virtually all 2008 new or demonstrator models delivered from Retailer stock between June 19, 2008 and September 30, 2008, and with payment of an additional \$0.01, customers receive a Preferred Price[™] gas savings card, redeemable for \$0.20 per litre savings on 2,500 L of motor fuel. The \$0.20 savings includes applicable taxes. Cards valid as of 72 hours after delivery. Cards valid only at participating Petro-Canada locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash. All 2008 Saturn vehicles are eligible. GM reserves the right to amend or terminate this offer and/or the program for any reason, in whole or in part, at any time without notice. [™] Trademark of Petro-Canada. Used under license. ©2008 Saturn Corporation. Saturn, its logos and vehicle names are trademarks or registered trademarks of Saturn Corporation. All Rights Reserved.