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High readiness work

Sgt Blair Mehan, HMCS Calgary
LS Mark Pyza prepares to install radar absorbant padding on the missile deck of HMCS Calgary. The frigate, along with HMCS Protecteur, have completed their tasking with CTF 150 on Operation Athena, and are now in the process of heading home. See more photos on page 5, and a story from Protecteur on page 10.



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Lucky eight soared with the Snowbirds

Shelley Lipke
Staff writer

With only two metres between wingspans, flying up to a gravitational force of 5, and performing loops, tight turns and formations, it was a topsy-turvy flight for eight Canadian Forces passengers who flew with the Snowbirds on Sept. 20.

Department heads on base and at Fleet Maintenance Facility Cape Breton nominated six of the eight passengers; the other two were selected for their contributions to United Way for the one-hour flight in a Snowbird.

Their adventure began at 443 Maritime Helicopter Squadron with a safety briefing and direction on how to use the ejection seat, parachute and life saving equipment.

"We spent about an hour in the classroom learning how to properly assemble the kit, how to eject at 10,000 feet and below, and we had to simulate the ground procedure emergency exit," said PO2 Ghislain Marchand, who was as giddy as a 12-year old at Disney Land.

"Before we started flying they asked us who has a strong stomach," recalls PO2 Marchand.

He and another CF member bravely put up their hands. This qualified the two to "go solo", meaning their Tudor planes would break away from the formation to scope out areas ahead, which meant a more gut-wrenching flight.

After passing a medical fitness test, the group emerged from their training dressed in wool flight suits, ready to shake hands with their pilots

and climb inside their jets.

One by one they were strapped into the ejection seat with a harness holding their head and neck in place. Both pilot and passenger had a joystick and foot pedals, and some passengers snapped photos of each other as they started down the runway in unison.

Cpl Krista McKeough, a mechanic at TEME (Base Maintenance), described the take off and landing as being smoother than a commercial jet, but said once in the air the gravitational force (G force) took over and nausea set in.

"It's like a roller coaster ride you can't get off," she said. "The first 34 seconds were fun, but then it was not as much fun. I was literally pinned, and I couldn't move my body. I don't know how the pilot was steering."

Below, Cpl McKeough's father watched as her Tutor took to the sky.

"I brought my dad with me. His father was in the air force and my brother got his wings before he could drive. This was a family bragging right, so I couldn't turn this down," she said.

The flight plan had them going to Tofino, but at about 500 feet clouds moved in, so the lead pilot redirected them to Sooke hills.

"I felt like I was in the movie Pearl Harbor, when the Japanese are coming in through the mountains. It was like that," says PO2 Marchand. "We were going through the mountains doing crazy stuff. That's when I nearly threw up."

He tried to reach his sick bag but was strapped in so tight he couldn't move. Taking pictures seemed the best way to take his mind off

the nausea.

Cpl McKeough experienced a similar flight. No stranger to adrenaline rush, as she previously served in Afghanistan flying in C-130 Hercules and various helicopters, she found the jet ride tough to handle.

"I was right behind the lead squadron pilot to get the least amount of turbulence," she said.

Even then, it was a wild ride.

"I didn't know they would go into loops. We also did some contour flying and people were doing barrel rolls," re-counts Cpl McKeough.

The group also performed diamond, arrow, wing-tip-to-wing-tip and single-wide formations.

"I felt like I was in Top Gun. I could see no less than four or five planes in my window all the time," she said.

Two planes landed early due to sickness. The others flew back over 443 MH Squadron to perform a final formation for watching spectators.

"I only did this because my dad was watching for the show's finale," said Cpl McKeough, who was tired and a bit sore from the G force.

Both CF members were left with a deep appreciation for jet pilots and their ability to fly and perform in spite of the G force.

Upon landing, PO2 Marchand says he didn't see many of the other passengers, but those he did see were walking funny, had big eyes and were trying to gather their composure.

"It was all good and I would probably do it again. But for now, it's one thing less on my 'Bucket List'," said PO2 Marchand.



Photo by Shelley Lipke, Lookout

Above: The Snowbirds air show on Sunday, Sept. 21 at Clover Point attracted hundreds of people. With low sweeping passes and precision formations, the planes wowed spectators as they flew over the Strait of Juan de Fuca.



PO2 Ghislain Marchand sits beside Snowbird pilot Capt Mark Laverdiere from Ontario whose nickname is "Happy."



Crowds gathered on Dallas Road to watch the spectacular air show.

Photo by MS Emil Edwards



Cpl Krista McKeough poses by a Snowbird Tudor jet before taking to the air. Cpl McKeough was one of eight Canadian Forces members hand-picked to fly with the Snowbirds on a one-hour flight on Saturday, Sept. 20.





Canadian Commodore Bob Davidson handed over the command of Combined Task Force (CTF) 150 on Monday Sept. 15 in a ceremony held on board the Canadian command ship HMCS Iroquois while in port in the Middle East. U.S. Vice Admiral William E. Gortney, Commander of Combined Maritime Forces, congratulated the incoming commander, Commodore Per Bigum Christensen, for undertaking the task and wished Commodore Davidson and his sailors all the best after a job well done.

CHARITABLE CAUSE: BUSINESS AND BASE TEAM UP

Sweet treat to honour the fleet

Mary Ellen Green
Staff writer

Rogers' Chocolates is paying homage to the Canadian Navy by placing the former HMCS Rainbow's image on a commemorative box of chocolates.

And to sweeten the tribute, \$1 from each box sold will be donated to the Maritime Forces Pacific Sports and Awards program, managed by Personnel Support Programs (PSP).

PSP's Sponsorship Coordinator, Marlene McLean approached the chocolatier with the idea of creating a naval keepsake, and the company was quick to sign on to the project.

"Working with the navy was a perfect fit for them because both are institutions with strong Canadian traditions, and they have both been in the community for a long time," she said.

The first Rogers' chocolates were made in 1885 by Charles Rogers in the back of his grocery shop in Victoria. Twenty-five years later, HMCS Rainbow sailed into Esquimalt Harbour.

Inside the rectangular keepsake tin is an array of

chocolate treats, and historical information about Rainbow and the Canadian Navy. Museum curator Debbie Towell, assistant curator Joseph Lenarcik, and administrative assistant Clare Sugrue were instrumental in putting together the historical facts for the insert, and assisting McLean in finding the perfect image. The image of the former cruiser was lifted from an old recruiting poster found at the Museum.

"It's not only a fund-raiser; it puts the navy out into the community by providing historical information about Rainbow and the navy, and allows the public a chance to support our troops by making a simple purchase," McLean said.

The commemorative Rainbow tin is available for purchase at Rogers' Chocolate stores, the Naval and Military Museum gift shop, and through McLean.

As part of PSP's commitment to support the Government of Canada Workplace Charity Campaign (GCWCC), McLean has volunteered to coordinate a pre-order holiday chocolate sale. When the DND community pre-orders through her, Rogers'



Chocolates will donate 15 per cent of each sale to the CFB Esquimalt's GCWCC/United Way campaign.

Rogers' Chocolates also offers a 10 per cent military discount on all products,

including the Rainbow commemorative tin.

For more information and Rogers' Chocolates catalogues, contact Marlene McLean at 363-5648 or McLean.mz@forces.gc.ca.

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Published each Monday, under the authority of Capt(N) Marcel Hallé, Base Commander.

Le LOOKOUT est publié tous les lundis, sous l'égide du Capt(N) Marcel Hallé, Commandant de la Base.

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in CFAO 57.5. Views and opinions expressed are not necessarily those of the Department of National Defence.

Le Rédacteur se réserve le droit de modifier, de condenser ou de rejeter les articles, photographies, ou annonces publicitaires pour adhérer à l'OAF57.5. Les opinions et annonces exprimées dans le journal ne reflètent pas nécessairement le point de vue du MDN.



Circulation - 4,500

One year subscription - \$35.³¹

Six month subscription - \$17.⁶⁶

Three month subscription - \$11.⁷⁷

A Division of Personnel Support Programs
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Canadian Mail Product Sales Agreement 40063331



By Bill Sherk The Old Car Detective

Heather Cardle reads my column in the *Brantford Expositor*. She has three good reasons for remembering her first car:

"Long ago when I was young, my mom's best friend buzzed around in a beige 1962 Volkswagen Beetle. My mom never drove so her friend would come over and pick us all up. My mom would sit in the front passenger seat and us kids would bicker about who would sit in the 'boot' (behind the rear seat).

"Us two girls being the eldest would usually get first crack at it and in we'd climb. Today I can't imagine being tiny enough to fit in such a tight spot, let alone two of us.

"We went all over Toronto in those days, and eventually Mom's friend sold that cute little Bug. A few years later, my uncle, aunt, and cousin visited and lo and behold they drove up in the same Volkswagen! The very same Bug we'd been in when we were younger had been sold to my uncle.

"My brother and I would beg him to take us to their house for a sleepover with my cousin.

He'd load us all in the car and 'round and 'round the block he'd drive us. Then he'd wheel the little thing up our driveway and drop us back at home with no sleepover.

"We were so disappointed that my cousin let the air out of the tires so they'd all have to stay over at our house! My cousin only got away with that once.

"I obtained my driver's license at age 16 and had some money saved up to buy my first set of wheels. My dad had a friend who had a Volkswagen for sale and he brought it home for me to look at. I waited in the driveway, when down the street then up the driveway came a little beige Volkswagen - yep, it was the same car. It was still on the road! I think I paid \$500 for it and had to replace all four fenders.

"I drove that little car everywhere. When I played hockey, I had myself, three team-mates, and all our hockey equipment jammed into that little car. In the winter, the gas heater blew and the shifter froze. We had to push start it many times that winter.

"Near the end of its life, I had to put my foot over the rust hole on the floor on the driver's side whenever I drove through a puddle so it wouldn't squirt water all over my face. And



Above is a Volkswagen Beetle photo used in a sales brochure. In recent years, the Bug has undergone a facelift.

that's my story!"

As a thank you, if your story is published in this column, you will receive a copy of Bill Sherk's book "60 Years Behind the Wheel: The Cars We Drove

in Canada 1900-1960." To share your stories or photos e-mail billtsherk@sympatico.ca or write Bill Sherk, 33 Oak St. E., P.O. Box 10012, Leamington, ON N8H 2C3.



Master Seaman Morris Wadge was fitted with his new rank insignia after being promoted to Petty Officer 2nd Class by Cdr James Vasey, Maritime Operations Group Four Commander and Lt(N) Bernie Perron, officer in charge of the Interim Remote Minehunting and Disposal System on Sept.19.

ComParrot Can you spot 12 differences between these pictures?
by Bonnie J. Malcolm

www.comparrotpuzzles.com © 2008 Bonnie J. Malcolm

Solution: 1. Boy's hand appears from behind teddy bear. 2. Tie on curtain is longer. 3. Pig's tail is hidden. 4. Leaf on plant is colored in. 5. Stripe on toy train is colored in. 6. Bush outside window has moved. 7. Cloud has moved. 8. Fin on fish is reversed. 9. Pull chain on table lamp is longer. 10. Tail on toy mouse is longer. 11. Door on toy castle is larger. 12. Base of table is different.

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LIFE AT SEA: WORKING IN A NAVY SHIP

HMCS Calgary on the job



Above: LS Jay Clark emerges from the bilges after conducting repairs to the auxiliary seawater circulation pump.

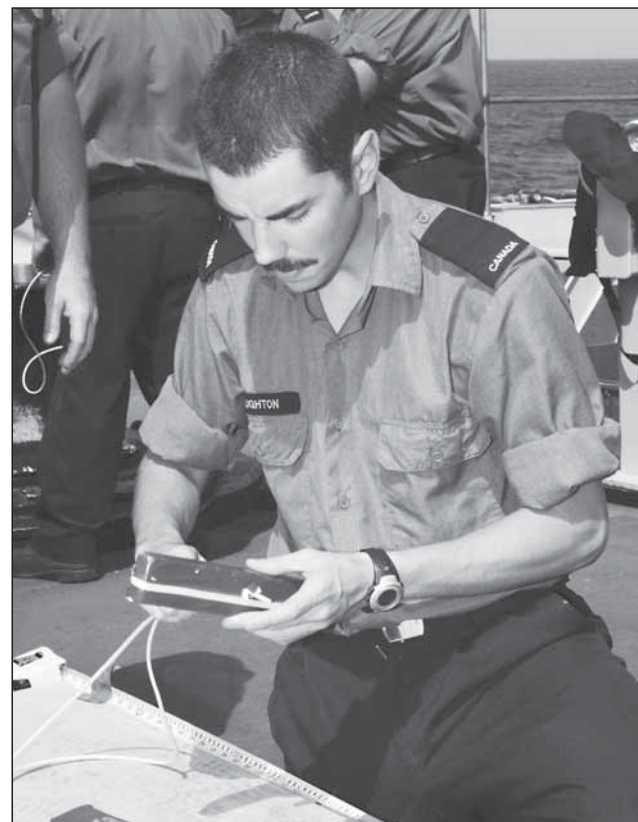
Top right: OS James Houghton prepares charges of C-4 explosive during a demolition exercise.

Bottom right: Firefighter MCpl Mario Bernier listens to a debrief after a fire exercise.

Bottom middle: Cpl Ian Beaudoin and MCpl Paul Hosegrove conduct maintenance on the Sea King helicopter.

Bottom left: Cook AB Rusty Golbourn serves dinner to AB Lindsay Cook.

All photos by Sgt Blair Mehan, HMCS Calgary



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IN BRIEF

Victoria: Home of Canada's Worst Handyman?

Producers of Discovery Channel's hit show Canada's Worst Handyman are coming to Victoria in search of candidates for their fourth season.

Proper Television, the company behind the series for Discovery Channel, is accepting nominations for Victoria handymen and women in need of real skills and tool training. Each and every nomination is given full consideration in an effort to find the very worst handy folk in the country.

Why Victoria?

In the first season Victoria's Jeannie MacCulloch was on the show with her neighbour Lawrence as one of only five candidates trying to avoid the dubious title of Canada's Worst Handyman. Based on her creative tool tactics, producers believe there may be more Jeannie's in the area and are looking for

nominations from the Island.

In November, a team from Proper Television will be in the area to meet with those who make the grade.

And who exactly makes the grade? - Husbands and wives, brothers and sisters, neighbours and friends who are destroying their homes one mishap after another. Those that make the final cut will be invited to the purpose-built Handyman Rehabilitation Centre.

Those chosen will be flown to the Ontario training centre to tackle the ins and outs of home improvement, plumbing, electrical, drywall, flooring and much more.

Canada's Worst Handyman is being filmed this January. But space at the rehabilitation centre is limited. To nominate the bad handyman in your life, email handyman@proper television.com or

call 1-866-598-2591.

Survey participants needed

The Collaborative Performance and Learning Section at Defence Research and Development Canada - Toronto, in collaboration with the NATO Task Group on Team Effectiveness, have been working to support commanders in assessing and improving the performance of their command or staff teams.

They have developed a Command Team Effectiveness instrument that enables commanders and team members to rate their teams' effectiveness on factors such as teamwork and task work. The instrument is based on an analysis of the literature and practical command experiences.

They are now attempting to validate the instrument by applying it in a multi-national survey.

For the English version

of the survey go to www.rto.nato.int/hfmtg127.asp and follow the instructions for filling out the survey. By doing so you will make your experiences and perspectives available to the NATO command community. The average time required to complete the CTEF survey is approximately 35 minutes.

The online French survey is www.rto.nato.int/hfmtg127fr.asp

Director Personnel Applied Research authorizes the administration of this survey within DND/CF in accordance with CANFORGEN 145/02 ADMHRMIL 079 UNCLASS 131028Z DEC 02. Authorization number: 578/07.

If you require certification of authenticity or have questions about this research project, then contact Dr. J.V. Baranski, from Defence Research & Development Canada joe.baranski@drdc-rddc.gc.ca.

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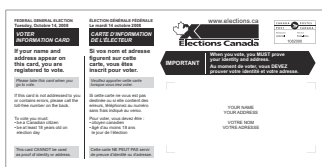
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On Tuesday, October 14, vote.

A federal general election is taking place on October 14, 2008.

Did you receive this card?



Keep the voter information card you received by mail from Elections Canada. It tells you where and when to vote. You'll get through the voting process more quickly if you have it with you.

If you haven't received it, or if you found an error in your name or address, please phone your local Elections Canada office. You'll find the number at www.elections.ca by clicking on "Voter Information Service".

Where and when to vote?

Advance voting

You can vote before election day. Advance voting will be held Friday, October 3, Saturday, October 4 and Monday, October 6, from noon to 8:00 p.m. Locations of advance polling stations appear on the back of the voter information card.

You can vote by mail or at your local Elections Canada office using the special ballot if you make the request by 6:00 p.m. on Tuesday, October 7.

To download the registration form, go to www.elections.ca and click on "I'm Mailing My Vote!", or call Elections Canada to obtain the form and information.

Do you know the new identification rules to vote?

When you vote, you must prove your identity and address.

For the list of acceptable pieces of identification authorized by the Chief Electoral Officer of Canada, please see the pamphlet you received by mail from Elections Canada or visit www.elections.ca and click on "Voter Identification at the Polls".

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Pirate's treasure recovered

Mary Ellen Green, Lookout
 May Leong, Human Resources Officer at Civilian Human Resources Service Centre (Pacific), holds the door for Base Commander, Capt(N) Marcel Hallé and Keith Campbell from Fleet Maintenance Facility Cape Breton, as they present her with a new LCD flat panel TV. Leong won the TV at the walk-the-plank event during the GCWCC/United Way kick-off event held Sept.11 at C2 Jetty.

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↓ VOLUNTEER WEEK: FOR A GOOD CAUSE

Rewards for rounding charitable offenders

Mary Ellen Green
 Staff writer

Is there someone in your office who always takes the last cup of coffee and never makes more? Or maybe you have a boss who's committed the crime of not bringing doughnuts to staff meetings?

Now's your chance to see justice served. The Kidney Foundation of Canada, B.C. branch are offering the opportunity to have a boss or co-worker "arrested" for these workplace crimes at their 17th annual Round Up for Research campaign to be held at Tillicum Centre, Oct. 8 and 9.

Offenders will be rounded up and brought to holding cells, where they will stand before a judge who will set bail in the form of a projected fund raising total.

The delinquent will be remanded into custody, where they will have to earn their release by soliciting contributions from their colleagues, family and friends.

When the wrongdoer reaches their target, they will be released for good behaviour.

Military spouse Alison

Davies is organizing this year's fundraising event.

Davies, who's married to PO2 Dave Davies, a naval communicator at Fleet School, says she would like to see some healthy rivalry among the community on base.

She's also looking for volunteers to help bring the "charitable offenders" to justice.

"I'm looking for a posse of volunteers, possibly a team of people who are used to working together to go out and arrest people, read the charges against them and bring them to stand before the judge at Tillicum Centre," Davies said.

She is also looking for paddy wagons—two vans with drivers to help round up "criminals" over the two-day event.

Davies hopes to issue 40 round-up warrants, and has set the fund raising goal in the Victoria area at \$21,000.

She reminds those interested in participating or nominating a colleague to either set it up with that person in advance, or be respectful of their time.

"Try to make sure the offender will enjoy that kind



The 17th annual Kidney Foundation Round Up for Research is happening Oct. 7 and 8 at Tillicum Centre. Organizers are looking for "Charitable Offenders" to arrest.

of surprise," she said.

When the Kidney Foundation called asking for her help, she couldn't say no to a cause she holds close to her heart.

Davies' best friend and former band-mate Charlie died of complications from lupus last year. She often accompanied him to dialysis, playing her guitar and singing to him while he lay in a hospital bed at the Royal Jubilee Hospital.

He needed three four-hour sessions each week just to stay alive. Dialysis is not a cure, but if kidney disease is detected early, a treatment plan including dialysis can

slow down the progression of the disease.

"When the kidneys shut down, the patient starts to lose the ability to do the things they love to do. Dialysis takes away their energy, their zest for life, and their ability to do things we take for granted every day."

For more information about the Kidney Foundation, visit their website at www.kidney.bc.ca. The link for the Round Up for Research is at the bottom-left of the page.

To get involved in the Round Up for Research, call Alison Davies at (250) 294-9886 or email davnali@shaw.ca.

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Bless your pets

Mary Ellen Green
Staff writer



There's been a long tradition of animals in the Canadian Navy, with dogs, cats, monkeys and even a bear filling the role of companion and mascot on many Canadian ships, offering creature comforts to their crews.

To honour pets of all kinds, CFB Esquimalt's Lady Star of the Sea Roman Catholic Chapel is offering a Blessing of Pets, to be celebrated on the feast day of St Francis of Assisi.

St Francis of Assisi was an Italian monk known for his connection to nature. He was canonized in July 1228 and named Patron Saint of the environment and animals.

He is often depicted with animals or in natural environments.

Members of the CFB Esquimalt community and their pets of all shapes and sizes are invited to the Belmont Park Chapel to receive a blessing from God.

Padre Lt(N) Lara Bowditch says the Blessing of Pets is an old ceremony from the Middle Ages. "It has faded over time, but has taken a revival in certain areas of the country," she said.

This is the second year for the non-denominational event, which was organized by CFB Esquimalt's Roman Catholic and Protestant communities.

"I'm sure we all would agree the bond between a person and his or her pet is like no other relationship. The annual Blessing of Pets honours and celebrates that bond of friendship," Padre Bowditch said.

To have your pet blessed, bring them in a cage or on a lead to The Lady Star of the Sea Roman Catholic Chapel, located at 595 Galliano Crescent, Belmont Park, Sunday, Oct 5 at 2 p.m.

Treats will be served to all, including pets, after the service. Everyone is welcome.

For more information, contact Formation Chaplain Secretary, Claire Wilsher at 250-363-4030.



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Days at sea draw to a close for HMCS Protecteur

Lt(N) Jim Smith
HMCS Protecteur

The month of August is now a fading memory for the crew of HMCS *Protecteur*. The arrival of September marked the end of *Protecteur's* deployment as a part of Combined Task Group (CTF) 150, the multinational naval coalition that operates from outside the Persian Gulf through the Arabian Sea.

In the final weeks on station in the North Arabian Sea, *Protecteur* has more than proven its worth as a versatile Auxiliary Oiler Replenishment (AOR) ship.

During this mission, and from the time the ship slipped the gentle waters of Esquimalt harbour on the morning of April 13, it has sailed more than 35,000 nautical miles (equivalent to 65,000 kilometres), conducted over 50 replenishments at sea (RAS), delivered millions of litres of fuel and hundreds of pallets of general stores to both Canadian and allied warships. The ship has refuelled three

times in theatre, two of these while at sea during an evolution known as a consolidation RAS.

Earlier in August the crew was able to enjoy their final rest and maintenance period in the coastal city of Fujairah, United Arab Emirates. Once the port visit was complete, the ship redoubled her focus on the mission and soon after putting to sea, rendezvoused with HMCS *Iroquois* for a RAS, transferring 45 pallets of general stores and pumping nearly 220 cubic metres of fuel to her.

Protecteur then took up station patrolling well offshore of the Omani coast looking for suspicious vessels operating in the area.

The added challenge of the many recent acts of piracy in the Gulf of Aden (GoA), threatening the passage of merchant vessels, added a new dimension to the mission focus of *Protecteur* and CTF 150. Due to the requirement for greater protection and deterrence, coalition ships assigned to CTF 150 were tasked to establish a Maritime Security Patrol Area (MSPA) in the GoA.



Cpl Pierre-Adam Turcotte, Base Imaging

To keep morale high, *Protecteur* had a "build your own car" for drive-in movie night. Using lots of ingenuity and humor, the flight deck was filled with unique cars and passengers ready to watch *Gone in 60 Seconds* from a sheet hung in the dispersal area.

Very soon after taking up our patrol station in the Gulf of Aden, *Protecteur* located a suspicious dhow along with three small skiffs in close proximity. Immediately the boarding team was called to action for an approach operation to ascertain what activities these vessels were conducting.

After it became apparent they were fishermen engaged in legitimate activities, the boarding party returned having suc-

cessfully accomplished their inspection.

Protecteur later continued on to the small African country of Djibouti. This was not for an exotic port of call but rather a brief working stop to take on stores, and to embark U.S. Navy personnel, who would later be successfully transferred to their ships operating in the area.

The stop also afforded an opportunity to top up the ship's cargo tanks with fuel before making the

long transit home. The day began when there was just a hint of twilight spilling over the horizon and didn't end until the ship put to sea later in the early morning of the following day.

There was little time to rest and over the course of the following three days *Protecteur* RASed with ships from the Danish and American Navies and gave *Iroquois* her final supplies from a Canadian AOR during this mission.

During this high operational tempo, the ship's crew found a moment to celebrate her 39th birthday, commemorated with a celebratory cake cutting event. The ship's longest serving member, LS Harry Marshall, with more than 11 years on board and the ship's shortest serving member, OS Justin Fooks, had the honour of slicing the first pieces of cake. A special thank-you must go to MS Deborah Major, a cook in *Protecteur*, for designing and preparing such an exquisite cake.

Protecteur has now turned the corner to head east on the transit home to Esquimalt, so as to com-

plete its around-the-world trip.

Shortly before coming alongside in India, *Protecteur* met up with *Calgary* and together the two West Coast platforms completed their first port visit outside of the main CTF 150 area of operation in nearly three months. As for *Iroquois*, it continued as the flagship for CTF 150 and on Sept. 15, Commodore Bob Davidson handed over command to Danish Commodore Per Bigum Christensen, ending the Canadian tour in command of CTF 150.

Lastly, *Protecteur* has finished a very successful port visit in Malaysia during which a change of command was undertaken between the outgoing Commanding Officer, Commander Sean Cantelon, and the new Commanding Officer, Cdr Ian Wood.

Next, *Protecteur*, in company with *Calgary*, will continue with their international engagement roles with upcoming stops in Japan and Korea before returning home to Victoria towards the end of October.

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Div 2

1. Hilda Harris, John Pirquet; 2. Pitoraq, Graham Heath.

Results of Series Race E4, Sept. 21, 2008

Div 1

1. Feisty, Ed and Pauline Haines; 2. Luffin, Jack Stacey;
3. White Wave, Jon Richardson

Div 2

1. Hilda Harris, John Pirquet; 2. Pitoraq, Graham Heath.

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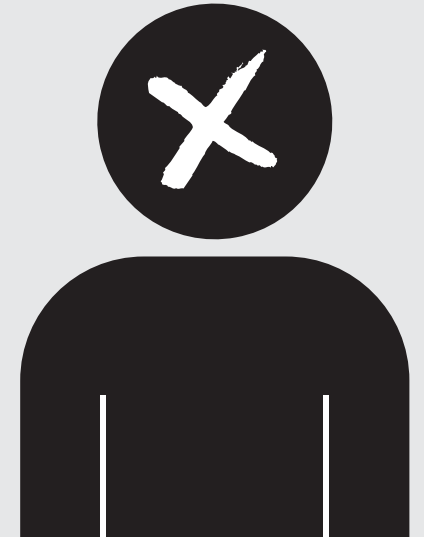
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A federal general election is taking place on October 14, 2008.

New identification rules to vote!

WHEN YOU VOTE, YOU MUST PROVE YOUR IDENTITY AND ADDRESS.



YOU HAVE THREE OPTIONS:

Provide **one original piece of identification** issued by a government or government agency containing your photo, name and address.
e.g.: driver's licence

OR

Provide **two original pieces of identification** authorized by the Chief Electoral Officer of Canada. **Both pieces must contain your name and one must also contain your address.**
e.g.: health card and hydro bill

OR

Swear an oath and be vouched for by an elector who is on the list of electors in the same polling division and who has an acceptable piece or pieces of identification.
e.g.: a neighbour, your roommate

PIECES OF IDENTIFICATION AUTHORIZED BY THE CHIEF ELECTORAL OFFICER OF CANADA

IDENTITY CARDS

- Health Card
- Hospital Card
- Social Insurance Number Card
- Birth Certificate
- Driver's Licence
- Provincial/Territorial Identification Card
- Canadian Passport
- Certificate of Indian Status
- Certificate of Canadian Citizenship or Citizenship Card
- Credit/Debit Card with elector name
- Canadian Forces Identity Card
- Veterans Affairs Canada Health Card
- Employee Card issued by employer
- Old Age Security Identification Card
- Public Transportation Card
- Student ID Card
- Library Card
- Liquor Identification Card
- Canadian Blood Services/Héma-Québec Card
- Fishing Licence
- Wildlife Identification Card
- Hunting Licence
- Firearm Acquisition Card/Firearm Possession Card
- Outdoors Card and Licences
- Local Community Service Centre Card (CLSC)

ORIGINAL DOCUMENTS (containing name and address)

- Credit Card Statement
- Bank Statement
- Utility Bill (residential telephone, cable TV, public utilities commission, hydro, gas or water)
- Attestation of Residence issued by the responsible authority of an Indian band or reserve
- Local Property Tax Assessment
- School, College or University Report Card or Transcript
- Residential Lease, Residential Mortgage Statement or Agreement
- Canada Child Tax Benefit Statement
- Income Tax Assessment Notice
- Insurance Policy
- Government Cheque or Government Cheque Stub with elector name
- Statement of Employment Insurance Benefits Paid (T4E)
- Canada Pension Plan Statement of Contributions/Quebec Pension Plan Statement of Participation
- Statement of Old Age Security (T4A) or Statement of Canada Pension Plan Benefits (T4AP)
- Statement of Benefits from provincial workplace safety or insurance board
- Statement of Direct Deposit for provincial works or provincial disability support program
- Vehicle Ownership
- Vehicle Insurance
- Attestation of Residence issued by the responsible authorities (shelters, soup kitchens, student/senior residences, long-term care facilities)
- Letter from public curator

Note: The pieces of identification required under the *Canada Elections Act* are not the same as those for provincial or municipal elections.
The above information is also available in a number of heritage and Aboriginal languages on the Elections Canada Web site at www.elections.ca.

Federal Elections and CF members - "Can't I just vote at a civilian voting station on election day?"

A reminder to all CF Regular and Reserve Force members that the Special Voting Rules (SVR) period for military members is fast-approaching.

During the 2008 federal election, the specified dates are from Sept. 29 to Oct. 4.

"While some personnel are under the impression they can opt out and vote with their civilian counterparts on the civilian polling day on Oct. 14, this is not necessarily the case," says Cdr Mary-Ellen Clark, Liaison Officer for the province of B.C. "There are specific criteria which must be met for CF members to be eligible to vote at a civilian polling station.

First, Class A Reserve Force personnel who are not currently outside Canada on training or TD are subject to the civilian voting rules and therefore vote in their electoral district.

"The only option for Regular and Reserve Force personnel to be permitted to vote at a civilian polling station is if they meet all the criteria in accordance with Elections Canada statutes for the SVR.

"A CF elector may vote at a civilian voting place where the elector resides if four conditions are met: first; the CF elector has already completed a Statement of Ordinary Residence (SOR); second, the elector actually resides in the same electoral district as reflected on his or her SOR; third-

ly, the elector's name is included on the National Register of Electors or the elector provides satisfactory proof of identity and residence, takes the prescribed oath and is accompanied by an elector whose name appears on the list of electors for the same polling division and who vouches for him or her oath in the prescribed form; and finally, the elector has not voted under the SVR at a Service (CF) voting place.

"As long as CF members are Canadian citizens and have attained the age of 18 prior to or on Oct. 14, they are eligible to vote. Whether or not they can vote at a civilian polling station is clear according to Elections Canada's rules."

The history behind the SVR statute for the CF came into effect in 1917 when Canadian Forces' members were on active service overseas during the First World War and had no means of voting during the federal election. While some of the rules have changed over the years, in essence the statute remains the same, to provide all members of the CF the opportunity to vote, whether serving at home or abroad.

Cdr Clark says the emails and phone calls have been non-stop since the promulgation of the MARPACGEN (054/88) on the subject.

"We're receiving many calls specifically related to our HMC ships currently deployed, and

questions pertaining to Reserve Force personnel concerning their eligibility to vote at a civilian polling station, including Regular Force annuitants who are currently on full-time Reserve service. We've been able to clarify these matters for stakeholders in a few hours, so the turn-around time response from the Judge Advocate General's (JAG) office in NDHQ has been absolutely superb."

HMC ships currently on deployment will be managed through either the Canadian Expeditionary Force Command or Maritime Forces Pacific Liaison Officers, and Cdr Clark said all administrative arrangements are underway.

Cdr Clark has also clarified information about Reserve Force personnel who have never completed a SOR or who have done so in the past, but for one reason or another are not able to access that information from their home unit.

"Elections Canada allows us to administer the SOR form at the service polling stations during the SVR polling dates for both Regular Force and Reservists. While the SOR cannot be amended to reflect a change in the electoral district, Reservists who cannot obtain verification from their home unit about their SOR can complete a SOR in advance and bring it with them, or complete the form in front of the Deputy

Returns Officer (DRO) at their polling station."

Regular Force members who wish to amend their SOR can also complete a SOR at their polling station; however, it will only come into effect 14 days after the election.

Additionally, Regular Force annuitants currently on Class B or C service who have retired

recently will be required to complete the SOR form in advance or at the polling station. JAG confirmed that the former SOR from their Regular Force records are not considered to be current.

"Whatever it takes, my team is ready to assist all CF members to exercise their right to vote and we'll do whatever we can to make it happen," says Cdr Clark.

Deputy Returning Officers (DRO) have been assigned to CCFP HQ, each major warship, MOG 4, CFFSE, NOTC, CF H(Svcs) Pacific, 443 MH Sqn, POESB, BCE, BIS, BLOG CFMETR, 4 CFFG, 39 CBG, and Masset.

Those units whose Unit Records Support section is CFB Esquimalt may vote between Monday Sept. 29 and Thursday Oct. 2 from 10 a.m. to 3 p.m. daily.

"While the SVR dates are between Sept. 29 and Oct. 4, we must, by law, have three days of voting made available and three hours per day," says LCdr Sam Sader, the Senior DRO for Esquimalt. "We've opted to have the polling stations at Esquimalt open for four days to ensure every eligible military member has the opportunity given them."

Polling stations for Esquimalt will be set up at four locations:

the Wurtele Arena; Dockyard Gym Building D-22 on the second level, MOG 4 Logistics Support Building D-702 in Room 106, and at Work Point in the Collier Theatre Building 1094 in Room 006 (NOTC Library).

"A mobile polling station has been set up for those in unique circumstances, such as those who are hospitalized," said LCdr Sader. "All other units who hold their own personnel records such as major warships and the like will be responsible to set and publish their own dates and timings, as long as they follow the criteria for polling stations set by Elections Canada."

When asked what's occupying the bulk of his workload, LCdr Sader said he is finalizing the details for the DRO lists and the CF Elector's List, as well as ensuring designated polling stations have sufficient Elections material.

ISF Activities

End of Season Golf Tournament

Tuesday, Oct. 14 - Bear Mountain 10 a.m. Shotgun Start, Two Person Best Ball
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Youth Activity Centre
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Belly Dancing has been a celebration of femininity for thousands of years. This style of dance has become a blend of customs, costumes and styles. This course covers body conditioning exercises, proper posture, isolation technique for ribcage and lower body, simple undulations and basic traveling steps including a variety of hip pivots, snake arms and hip circles.
Colwood Pacific Activity Centre
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ANNOUNCEMENTS

FEDERAL SUPERANNUATES GENERAL meeting. Tuesday, October 14, at 10am. 411 Gorge Road East. # 292 Legion. There will be a speaker from the Memorial society. Call 477-6102 for more info.

AGM VICTORIA NAVY LEAGUE BRANCH. Archie Brownie Center Esquimalt (Board Room). Meeting & Election. October 27th 7pm-9pm

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