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Sea training heats up

Mary Ellen Green, Lookout

HMCS Winnipeg comes alongside A Jetty engulfed in smoke and fog as the crew wraps up a training period at sea with a fire exercise. As the ship entered Esquimalt Harbour, the crew began fighting a simulated fire using the same smoke-making equipment used by the motion picture and nightclub industries. Winnipeg's crew has been undergoing intensive training period that will bring the ship to a state of high readiness for an upcoming Task Group Exercise.

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Come test ride a Harley 	Lifetime of service rewarding 	CF Women's soccer reaches national status 	Car Story 4 In Focus 6 Classifieds..... 14-15

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FIRE PREVENTION WEEK: TEAMS TEST FIREFIGHTING ABILITIES

Teams test skills during firefighter challenge



Photos by Shelley Lipke, Lookout

Above: Dave Cleugh carries a charged fire hose after being tagged by his brother Steve. It was one of the tasks participants in the Fire Prevention Combat Challenge had to perform. Individuals, men's and women's teams, and mixed teams competed in the fun skill-testing event as part of Fire Prevention Week.

Below: Al Sutherland moves a 36 inch tire by pounding it with a mallet during the first stage of the combat challenge.



Shelley Lipke
Staff writer

Twenty-five participants pounded, dragged and lugged various pieces of firefighting equipment around the Naden Drill Shed during the Fire Prevention Combat Challenge last Tuesday as part of Fire Prevention Week.

Twenty men and five women competed in the challenge, organized by Fire Inspector Mike McLean.

It involved a six-stage relay sending participants scurrying up and down a ladder, moving a 36 inch tire by pounding it

with a mallet, dragging fire hoses, carrying fire hoses and lugging a 100-pound dummy across the floor.

Individuals, men's and women's teams, and mixed teams competed in the event to win prizes by showing their firefighting capabilities.

The results were tallied and all participants received a plaque at a barbecue held outside the fire hall on Oct. 8.

Top times went to:

- Men's team: Cpl Robert Alan and Cpl Andrew Nolan, 58.36 seconds

- Individual: Damon Sanders,

1 minute 6.7 seconds

- Women's team: Mary Ellen Green and Carmel Ecker, 1 minute 44 seconds

- Mixed team: Kelly Binette and Alan Sutherland, 1 minute 16.6 seconds

"I was impressed how competitive people were and thought everyone had a lot of fun at the event," said McLean who set up the event to raise awareness for fire prevention. This year's fire prevention theme was preventing house fires. Safety flyers were also handed out to employees as they entered the base on their way to work.



Above Left: Mary Ellen Green drags a dummy across the floor, the final obstacle, before ringing the bell to signal her finish.

Above Right: Cpl François Cordeau carries a firehose.



Fire wardens earn praise for dedication to fire safety

Shelley Lipke
Staff writer

Peter Hornsey and Michael Jodoin's dedication to their volunteer fire warden positions earned them each a fire warden of the year award that was presented by Cdr Tim Howard at the Fire Prevention Week barbecue on Oct. 8.

"It's important to recognize the people who volunteer for this position," said Chief Fire Inspector Daniel Turcotte.

Hornsey has been a fire warden in the tool and dye shop and machine shop buildings for 20 years. "I do this job because I enjoy it and I like to keep people safe," said Hornsey who is responsible for planning

evacuation routes, taking fire extinguishers to Rocky Point annually for a check up and ensuring that the extinguishers are kept in good working order.

"He's very devoted to his job and has never missed a month. He always cares about fire safety on his floors," said Turcotte. Hornsey works at dockyard as a sweeper for the buildings he is a fire warden in and said he never expected to receive a reward for volunteering.

Michael Jodoin is an account clerk for Blue Cross and a volunteer fire warden for the Pacific. For the past two years he's been coordinating four fire evacuations per year. Jodoin said each evacu-



Shelley Lipke, Lookout

Cdr Tim Howard, Commanding Officer of Port Operations and Emergency Services Branch, presents Michael Jodoin a fire warden of the year award for his service for the past two years in this voluntary position at formation Health Services Centre Pacific.

ation takes around two minutes. He pulls the fire



Shelley Lipke, Lookout

Cdr Howard presents Peter Hornsey a fire warden of the year award for his service for the past 20 years at the tool and dye, and machine shops at Fleet Maintenance Facility.

the building and then returns inside with firefighters to make sure no one was left inside. "I like

doing the job and I like feeling that the people in my building are safe," said Jodoin.

Harley Davidson wants CF to test their metal

Shelley Lipke
Staff writer

Ever dreamed of cruising down the street on a shiny new Harley Davidson motorcycle?

Military members will get their chance to live the dream at Test Our Metal – an event exclusively for Canadian Forces members to demo 2008 model Harley Davidsons.

The distinctive rumble of 22 brand new Harleys will resound throughout the streets of Esquimalt on Oct. 25.

Any CF member or family member with a motorcycle license, DOT approved helmet, proper footwear and riding apparel can participate in the demo rides.

Brand new Buell and Harley Davidson softtail, street glide, ultra classic, and crossbone models will be ready to test ride. The event will be set up in the parking lot outside the Naden gate, across from CANEX, from 11 a.m. to 5 p.m.

Since June, this event has been held at bases across Canada including Borden, Valcartier, Gagetown, Petewawa, Shilo, Edmonton and Halifax. Originally, Harley Davidson approached CANEX headquarters in Ottawa with the idea and aside from one event in Valcartier being rained out, it's been a success.

"It's Harley Davidson's way to say thank you to the troops," says Sara Johnson, store manager of CFB Esquimalt CANEX and organizer of the event.



Photo courtesy of CANEX

The Test Our Metal event in Gagetown allowed CF members with motorcycle licenses to demo 22 Harley Davidson's. Harley Davidson will bring this event to the eighth and final Canadian Forces base at CFB Esquimalt on Oct 25 as a way of thanking the troops.

"I think it's going to be a fun experience for everybody. Word is already out and people are coming into CANEX excited about it. It's something we've never done before, so I'm looking forward to it."

Groups of riders will be teamed up with an outrider at the front and back of the group to take to the streets for a 15 to 20 minute designated route, between 12 and 20 kilometers.

In Gagetown the event saw 62 riders, the best turnout among the bases so far. The Eastern Canada Harley Davidson representative said it was by far the most well-mannered and best-behaved group in all the demos he'd worked and he looked forward to visiting the other bases across Canada.

Ed Gulliver, manager

of CANEX in Gagetown, said the Harley Davidson staff did a great job. "They showed up for a site visit the night before and planned the route they would be taking the next day. A couple of outriders from a local Harley Davidson bike club came to lead the riders." The CF members had such a good experience that about 50 per cent of them went out a second time to demo a different bike. Gulliver said Harley Davidson staff stayed later than they planned to try to accommodate the people who worked late. "A lot of the riders told Harley Davidson what kind of bike they currently rode and the staff suggested a bike that would be best suited for them to try out," said Gulliver. "Every bike was full for every ride and some

people even came earlier in the day to book a specific time they could come back to ride."

There will be a barbecue at the CFB Esquimalt event with proceeds donated to the Military Police Blind Children's Fund.

"Harley Davidson has been extremely supportive of the Canadian Forces community, and the response has been fantastic at the base level," said Ken Stilwell, manager of corporate programs at CANEX in Ottawa who has coordinated the event in conjunction with the eight bases. "CANEX looks forward to hosting future events with Harley Davidson, and it has been such a popular event that Harley Davidson has contacted us for doing this again next year."

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WHEN: Ongoing, Draw is Friday Oct. 31, NAC, 2pm
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CarStory

with Bill Sherk

www.carstory.com



By Bill Sherk
The Old Car Detective

Austin-Healey Sprites with distinctive protruding headlights were built in England from 1958 to 1961. In North America, they were nicknamed "Bug-Eye" and in England "Frog-Eye." A total of 48,999 were built.

Here is the story of two of them from Rod Smith, who reads this column in the Ottawa EMC:

"In 1970, my parents and their four youngest children moved overseas, leaving my elder brother and me in a rented apartment on Garden Road in Aylmer, Quebec. George was 19 and enjoying his first year of a teaching career and I was 18 and struggling to make it out of high school.

"Our father, who was with the Department of External Affairs, kindly agreed not to leave us home alone without wheels, so together we searched for something cheap and serviceable. When we stumbled upon a white 1959 Bug-Eye Sprite, common

sense flew out the window and all three of us were hooked. After some furious haggling, my father purchased this open-top gem for the grand price of \$140.

"It was in pretty good shape for a vehicle over 10 years old, so George and I polished it up to near showroom condition. Wearing the requisite leather driving gloves, with green Ivy caps snug on our heads and striped scarves whipping in the wind, we drove around our national capital waving gloriously to the drivers of other British sports cars.

"A few months later, our 'baby' started groaning like a wounded animal and a local mechanic informed us that the engine was shot. Worse than that, he told us that replacement parts were unavailable and that unless we found another Sprite with a serviceable engine to transplant into ours, our glory days were over.

"Relatively penniless, we finally found a chap in Touraine, Quebec, who had another '59 Sprite in working order. We haggled and haggled but this young chap was

A tale of two Austin-Healey Sprites in Quebec



A graphic of an Austin-Healey Sprite from a sales brochure.

firm and would not sell his car at any price (could you blame him?).

"However, he said he would be happy to look at ours and possibly buy it for spare parts. When he opened the door of our car and exclaimed with glee: 'It has a floor!' - George and I knew we had a buyer. His Sprite was rusty and had pieces of plywood riveted in place to keep the seats from falling through to the pavement.

"George and I said good-bye to our Sprite for \$75 and put that

money toward a battleship grey 1960 Chevrolet Biscayne two-door hardtop - but that's another story!"

As a thank you, if your story is published in this column, you will receive a copy of Bill Sherk's book, "60 Years Behind the Wheel: The Cars We Drove in Canada 1900-1960." To share your stories or photos, e-mail billtsherks@sympatico.ca or write Bill Sherk, 33 Oak St. E., P.O. Box 10012, Leamington, ON N8H 2C3.

ComParrot

by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Man's shoelace loop is hidden. 2. Stripe on man's hat is missing. 3. Foam appears beside mug. 4. Door on clock is colored in. 5. Part of feather in hat is colored in. 6. Musical note has moved. 7. Fold in tablecloth has moved. 8. Leaves beside stool have moved. 9. Lady's vest is shorter. 10. Time has changed. 11. Bratwurst is shorter. 12. Front of man's vest is different.

Correction

The cutline for last week's front page image incorrectly identified PO1 Gilles LeBlanc as PO2 Graeme LeBlanc. We apologise for the error.

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Protecteur crowns winner of biggest loser contest

PO2 Todd Hinks
HMCS Protecteur



PO2 Todd Hinks, HMCS Protecteur

With the weigh-ins complete as *HMCS Protecteur* makes its way back home, the 17 personnel who stuck it out for the ship's Biggest Loser competition shed a whopping 111.25 kilograms.

The initial group of 20 personnel participating in the challenge dropped 39.85 kg by their first weight-loss check. At the final weigh-in, the 17 remaining personnel registered a total weight-loss of 111.25 kg (244.75 pounds), having spent 640 hours in the gym over 140 days.

The final weigh-in took place on Oct. 1 while the ship was in Yokosuka, Japan.

The contest ran over 20 weeks while *Protecteur* took part in Operation Altair, Roto 4, in the Persian Gulf. With the heat and sweating and some working out, the winner of *Protecteur's* Biggest Loser competition is CPO2 Murry Lambert who lost 13.5 kg which came out to 12.79 per cent of his total body weight.

He won two nights accommodation for two in

a spa bungalow studio at Tigh na Mara and a Grotto Day Pass for Two, which includes access to the mineral pool and relaxation lounges at the Grotto Spa. He also won a heart rate monitor and a family membership to the base gym.

LS Melinda Urquhart came in at a close second having lost 12.44 per cent of her body weight, earning her a family membership to the base gym, a heart rate monitor, an MP3 player and two TreeGO passes donated by WildPlay

Element Parks.

Also close to the leader, shedding 12.26 per cent of his body weight was PO2 Shane Moodycliffe in third. His efforts earned him a movie pass to Cineplex Theatres and a stop watch.

Great job to all who joined the weight loss challenge. I would also like to thank everyone who helped: MCpl Green, PO2 Parent, PO2 Bouillon and MWO Bidder. They were a great help in keeping the Biggest Loser competition going.

CPO2 Murry Lambert won HMCS Protecteur's Biggest Loser competition by shedding 12.79 per cent of his total body weight.

Stand against family violence

Cheryl MacKinnon
Formation Social Worker

Oct. 12 marks the first day of this year's CF Family Violence Prevention and Awareness campaign entitled "Take a Stand Against Family Violence." The national campaign seeks to raise awareness and to educate people on the dynamics of family violence.

Every CF base and wing commander has established a local Family Crisis Team comprising CF social work and medical officers, as well as chaplains, military police and health promotion and Military Family Resource Centre staff and volunteers.

The teams are often supplemented by civilian community experts in family violence and are mandated to ensure the safety of victims then provide assistance and support in a discreet and empathic manner with due regard to family privacy.

The goal of the Family Crisis Team (Pacific) is to ensure that all members of CF communities are aware of the following:

- How to identify family violence in their own life, or in the lives of others around them.
- How to report family violence when they experience it or suspect it.
- Know what services are available and how to access them.

Family Crisis Team (Pacific):

- Capt AM James, Chaplaincy 250-363-4030

- Lt(N) M Poeti, Chaplaincy 250-363-4030
- Gaynor Jackson, MFRC 250-363-2640
- Lt(N) J Atkinson, Military Police 250-363-4032
- Krista Terriault, Health Promotion 250-363-5680
- Terry Parsons, Social Work 250-363-4411
- Cheryl MacKinnon, Social Work [Acting Chair of FCT (P)] 250-363-4411
- Lt(N) Kingsley, FCT (P) Chair effective January 2009 250-363-4411
- PO1 Mitchell - Volunteer Speaker

All CF members and their families are encouraged to contact us at any time for information or crisis assistance. The following numbers are available 24 hours: 250-363-2640 or 1-800-353-3329 for outside Greater Victoria (MFRC).

The FCT (P) ensures that victims of family violence receive appropriate and timely services in a non-judgemental and nonthreatening manner, to facilitate healthy family functioning.

Chain of command will permit time for members involved in family violence to attend any recommended services.

Whenever possible the member will be supported in seeking support services without career prejudice.

All records pertaining to family violence issues are treated as sensitive and the member's privacy is protected as much as possible.



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INFOCUS



Eleven-year-old Travis McDonald from the Cowichan Valley Bulldogs Football Association was the top fundraiser for this year's Bulldogs Tackle Cancer headshave for Cops for Cancer. He raised \$1,300 for the cause. He is seen here shaving his father, PO1 Jeffery McDonald's head and handlebar mustache. The Cowichan Valley Bulldogs Football Association raised over \$10,000 for Cops for Cancer two years running. More than 60 players, fans, parents and coaches shaved their heads at the event held at McAdam Park in Duncan on Sept. 29.



Cpl April Morris receives a pancake breakfast from volunteer cooks Geoff Phipps, Cdr Steve Irwin, Maj Chris Buckham, Sue Issel and CPO1 Al Walker at the GCWCC/United Way pancake breakfast held at Transportation and Electrical Mechanical Engineering.



CF chaplains Lt(N) John Jolliffe, Lt(N) Lara Bowditch, Capt Maria Codina and Maj Paul Acton sit with some of the four-legged friends that were blessed at a pet blessing on Oct. 5 at Our Lady Star of the Sea Chapel in Belmont Park.

Victoria teen most outstanding army cadet in Canada

Cadet Master Warrant Officer Shawn Singh Claire from Royal Canadian Air Cadet Corps 2136 the Canadian Scottish Regiment (Princess Mary's) in Victoria was named Canada's most outstanding army cadet and the recipient of the 2008 General Walsh Memorial Sword.

The General Walsh Memorial Sword is the highest national prize for any Army Cadet. The award was created in 2004 by the Army Cadet League of Canada in partnership with Royal Canadian Legion, and named in honour of Lieutenant

General Geoffrey Walsh, who dedicated much of his time to the Army Cadet Program. Recipients of the award are chosen based on their performance as army cadets, community, involvement and academic standings.

Cadet Claire, 18, is an active member of his community, volunteering for many organizations such as his cadet corps, the Royal Canadian Legion, Easter Seals and a senior citizens' nursing home. This second-year University of Victoria business major has achieved excellence in all facets of the army cadet program includ-

ing music and physical fitness training and has been the recipient of the Lord Strathcona Cadet Medal and the 2006 Cadet Scholastic Award.

Outside the cadet program, Cadet Claire is an above average student, an accomplished track and field athlete and musician.

As the winner of the Walsh Sword, Cadet Claire will travel to Ottawa as the guest of the Royal Canadian Legion, to attend the Remembrance Day ceremony at the National War Memorial as part of the Vice-Regal party and will meet



both the Governor General and the Chief of the Defence Staff.

FREE MOVIE TICKETS

Lookout has **25 double passes** to give away to the **Wednesday, October 15, screening. 7pm at the Odeon**

Pick up your tickets at the Lookout office **Oct. 14 & 15th**

(1522 Esquimalt Road on Signal Hill)

Courtesy of **ALLIANCE ATLANTIS** Call 363-3014 for more info.



Halloween fun

Mary Ellen Green
Staff writer

As Halloween approaches, some parents are looking for a safe, dry and affordable alternative to sending their little ghouls and ghosts into the streets to trick-or-treat.

Look no further than the McPherson Playhouse and "The Great Big Boo!" an all-ages theatre production that is offering a discount to military families.

"The Great Big Boo!" offers high-energy dance, special effects, dynamic music and a post-show trick-or-treat with characters from the show.

The show features "Vinnie" the vampire who's afraid of the dark, a monster named "Frankie" who wears a silk robe and dreams of being a lounge singer and "Priscilla," a precocious princess whose tom-boy ways interfere with her royal etiquette. The show is narrated by Sammy Jo Scarecrow.

Children aged two to 12 dressed in their scariest costumes will enjoy the larger-than-life characters designed to make children laugh and dance says Ruth Knoop, communications manager

for show producer PRP Creative Entertainment.

But the show isn't just for little children, she adds. "Children over the age of 12 will love the music, the silly jokes throughout the show, and of course, the trick-or-treating. Adults love to see the smiles and laughter the show brings for their kids."

The musical is about 50 minutes long, after which children will have a chance to roam through the theatre gathering treats from the show's characters.

New to the show this year is the Boo Alley Bop, an interactive dance party with various Halloween characters. It takes place 15 minutes before the show and during the intermission.

There will be two shows at the McPherson Playhouse on Wednesday, Oct. 29 at 3:30 and 6:30 p.m.

To access the military discount, mention "Vinnie" when purchasing tickets to receive \$2 off the price of each ticket.

For more information, visit the website at www.thegreatbigboo.com.

Tickets are available online or by phone at (250) 386-6121.

Daycare spaces available



The Esquimalt MFRC currently has a limited number of daycare spots open at their Colwood location for children 3 to 5 years of age. This opportunity is limited to CF members.

Call soon to reserve. These spots fill up quickly.

For more information, please contact the MFRC's 24-Information Line at (250) 363-2640 or toll-free at 1-800-353-3329.



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Conference tackles world's maritime security issues

Office of the Asia-Pacific Advisor

Maritime Forces Pacific hosted its third biennial maritime security conference from Sept. 16 to 18 in Victoria. Presided over by Rear-Admiral Tyrone Pile, the conference, entitled "Maritime Security Challenges 2008: Building the Navies of the Future" was designed to bring together military analysts, academics and maritime shipping authorities from around the world to discuss responses to security issues emerging in the Asia-Pacific.

MARPAC welcomed participants from more than 15 countries with interests in the Asia Pacific region, including Australia, Chile, China, Denmark, India, Japan, Mexico, New Zealand, Pakistan, Singapore, South Africa, South Korea, the United Kingdom, the United States and Canada.

Many of the delegates and panelists agreed with Dr. Geoffrey Till from the UK Defence Academy that the ocean is critically important to our economies and livelihoods, as much of our food, fuel and many of our trade goods are transported by sea. This impor-

tance will only increase, as global trade and the diversification of the sources of these goods continues to expand, according to Dr. Till. As the oceans become more important, paradoxically, fewer resources are being directed to navies in states traditionally viewed as maritime powers: the United States Navy is decreasing in overall numbers and the Royal Navy is facing budgetary restraints unequalled since the 1930s. The navies of the West are in a state of flux while the "new" navies of the East are increasingly confident and well equipped. While the newest vessels in Western navies may be more capable than previous versions, fewer vessels mean they can be in fewer places at once.

Furthermore, despite our massive reliance on the sea, and the great leaps in naval technologies that allow us to monitor substantial maritime domains even in the more isolated corners of the globe, the oceans remain poorly governed, lawless expanses. Rear-Admiral M.H. Magelefa of the South African Navy described the Indian Ocean as "anarchy at sea," which in some ways bodes ill for an ocean that is poised to grow exponentially in importance.

This perception of lawlessness is not a pessimistic outlook. Rather it is a realistic assessment of the situation, and a great motivator for many of the developments we see taking place in the dynamic Asia-Pacific region. This interpretation is one of opportunity in the "empty" spaces of the ocean where newly empowered states can project power whereas, previously, they had little or no authority. This chance for growth is what is fuelling the transformation of regional navies into more sophisticated forces with a wider range of capabilities.

Robert Kaplan of The Atlantic Monthly described this critical growth in power in terms of the spread of influence of China and India, whose expansions—China vertically, and India horizontally—are due to be felt around the Bay of Bengal and the Arabian Sea, as the Indian Ocean becomes the strategic center of the 21st century. Several of our panelists expressed similar views, with many focusing on the ever increasing flows of energy from the Middle East and Africa to energy-thirsty Asia.

Dr. Dan Rosen, an expert on China, outlined the massive growth of the

Chinese economy which is heavily dependent on energy imports via ocean-going tankers. Accordingly, Beijing's ability to secure sea lanes will be vital to China's control of its economic destiny. This is one of the reasons why the Chinese Navy is undergoing a rapid expansion, and this growth, in turn, is fuelling navy-building programs in other Asian countries.

The increase in submarine production all over the region points to the increasing sophistication of Indo-Pacific navies. China is leading in developing subsurface capabilities and Russia is returning boats to service. South Korea, Japan, Singapore and India are launching credible forces, and there is renewed interest in greater submarine capability in Taiwan, Thailand and Indonesia. While submarines have a variety of capabilities, their traditional role has been to deny the use of ocean areas and to enforce blockades on enemy naval and merchant vessels alike; in a crisis situation, the increased number of submarines in the region could lead to situations in which the submarine threat brings shipping to a standstill.

While subsurface threats



RAdm Tyrone Pile, Commander Maritime Forces Pacific/Joint Task Force Pacific, addresses the crowd at the Maritime Security Challenges conference as Dr. Jim Boutillier looks on.

remain a concern, the most immediate challenge to maritime security in the past year has been the rapid rise in pirate attacks against merchant shipping in the Gulf of Aden. Attacks of this sort represent a major threat to a very busy shipping route, yet shipping authorities feel that navies have lost sight of their responsibility to protect merchant vessels. Giles Noakes, head of security at BIMCO, the world's largest private shipping organization, pointed out to delegates that fully laden ships in lawless seas are easy targets for pirates, and more ships mean more chances for hijackings and

robberies. Anarchy is not an acceptable state for the safety of vessels and economies.

Expanding maritime capabilities and the changing nature of the world economy are also affecting Canadians closer to home. Rising prices and warming temperatures have altered the economic considerations associated with Arctic oil exploration: prices above \$80 per barrel make infrastructure development in the north profitable, and ice-free sea lanes allow for safer transport of oil, according to Peter Noble of the oil firm, ConocoPhillips.

Continued on next page

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Oceans must be safe

From page 10

There was a consensus among the panelists in the Arctic plenary that increased Arctic opportunities were emerging, and strategic interests are certain to be at stake. Dr. Chen Liqi of the Chinese Arctic and Antarctic Administration admitted that Chinese scientific expeditions to the Arctic were also used to assess the prospects of energy extraction in the region. Dr. Rob Huebert of the University of Calgary pointed out that, while the Hans Island dispute between Canada and Denmark was somewhat comical, it was a harbinger of situations that might emerge in the future. As it stands, warming temperatures in the Arctic mean open water for longer periods of time, which, if not properly patrolled, will mean more uncontrolled waters close to Canadian shores.

The lawlessness of the sea, combined with increasing numbers of vessels requiring secure shipping lanes, means that few navies, if any, have the resources to project the power necessary to ensure security without assistance away from their own shores. The panel on Combined Task Force 150 highlighted the need for such joint operations to tackle illegal activities at sea. Commodore Tom Cunningham of the Royal Navy praised the work of CTF 150, but outlined the various difficulties involved in operating a force composed of different navies, with different rules of engagement and with sometimes unclear goals. Despite these difficulties, navies around the world have come to the conclusion that the solution to problems such as maritime piracy is cooperative and coordinated endeavours.

Part of this cooperation arises from dialogue, and the organizers of Maritime Security Challenges 2008 are pleased to have encouraged cooperative efforts. We recognize the complexity of the issues confronting a region as dynamic as the Asia Pacific, and expect that our work will help to increase understanding among those with interests in the theatre. We urge all our readers to remain alert for news of a similar conference in April 2010, and until then, invite you to visit our website to download video of our speakers' presentations: www.msc2008.ca.

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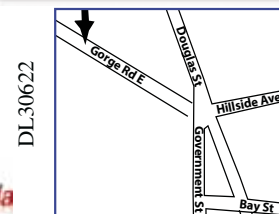
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Crash kills pilot and photographer

15 Wing Public Affairs

At about 12:37 pm on Oct. 9, a CT-114 Tutor aircraft from 431 (Air Demonstration) Squadron crashed 2.5 km northwest of the base during a formation photo flight.

Two Canadian Forces members from 15 Wing Moose Jaw died in the crash. The fallen airmen are Capt Bryan "Mav" Mitchell, 46, and Sgt Charles "Chuck" Senecal, 49.

"Our thoughts and prayers are with the families of Captain Mitchell and Sergeant Senecal," said Col Paul Keddy, Wing Commander of 15 Wing. "Captain Mitchell was extremely proud to be a member of the Snowbird Team and the Canadian Forces. It was truly a dream come true for him to have been selected by the Snowbirds to fly in the next show season. He was an inspiring instructor pilot and well-respected officer who had a passion for flying."

"Sergeant Senecal had a long and rewarding career as a photographer in the Canadian Forces with about 30 years of dedicated service. He was well known at 15 Wing as someone who could be counted on. His "joie de vivre" was contagious and made a difference in the lives of people around him."

The CT-114 Tutor was taking part in a formation photo flight. The formation being photographed included another CT-114 Tutor, a CT-155



Captain Bryan "Mav" Mitchell (left) and Sergeant Charles "Chuck" Senecal (right) were killed in a CT-114 Tutor crash Oct. 9.

Hawk and a CT-156 Harvard II. The aircraft that crashed was piloted by Capt Mitchell with Sgt Senecal on board. The aircraft was following the formation at the time of the accident.

15 Wing Flight Safety has already started preliminary work on the investigation. Investigative experts arrived at 15 Wing Friday to conduct the flight safety investigation. The team is comprised of a lead investigator, a flight surgeon, an escape system specialist, a human factors specialist and a pilot who has flown the aircraft type.

Investigators have begun collecting witness statements and have secured the area.

The Snowbirds show team is in San Francisco, CA. A decision has not yet been made as to whether or not they will continue with their planned performance this weekend.

"We are all deeply saddened at the loss of these great friends, amongst them an extraordinarily talented pilot from our home team back in Moose Jaw," said Maj Rob Mitchell, Commanding Officer, Canadian Forces Snowbirds. "They will be sorely missed."

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Reservist not ready to turn in his uniform

Mary Ellen Green
Staff writer

The tag line on Warrant Officer Ron Weeks' email signature is a quote from Reverend Oliver Wall, who, before his death in 1989, was a well-known leader in Nova Scotia's black community, described as a passionate defender of equality.

"Born with a call, if I can help somebody then my life shall not be in vain."

This sentiment ripples throughout WO Week's life. It's the foundation for many of his life choices, in particular, service to his country.

At 55, he's logged 38 years in the military.

Instead of getting out once the clock ran down on his 20 years, he opted to continue, even accepting jobs which required his approval to a voluntary reduction in rank in order to continue contributing to the Canadian Forces.

"The job was for a Warrant Officer, and yet I wanted to stay, I wanted to contribute, so I remitted my rank," says the supply and service support staff member for 74 Communications Group.

"My expertise and devotion are still at the MWO level; nothing's changed, so it doesn't make a heck of a lot of difference to me."

He believes it's not the uniform that makes the person; it's the pride within that daily uniform.

Some of WO Weeks' proudest moments wearing all forms of army green

have been in the company of royalty.

Not many CF members can look back over their career and say they've met the Queen Mother – four times – plus Prince Charles and other royal family members.

To his delight as a long service reservist, WO Weeks has had the honour, and considers each meeting and occasion with the royal family as a highlight of his military career.

In 1980, he was sent to England with his parent unit to be the Escort Colours Sergeant for the Toronto Scottish Regiment's Colour Party for the Queen Mum's 80th birthday celebration. At the reception, he was presented a commemorative crown coin from her royal highness in a reception line as a thank you.

Twelve years later, he was again presented to her at his home unit, the Toronto Scottish Regiment.

"It was really neat," says WO Weeks. "It was one of those special moments I will hold forever in my heart. To be presented to a great woman of history and for her to remember meeting me was a career highlight."

When the day comes to depart with dignity he plans to trade in his army green for clerical attire and take up residence, in congregational life and maybe as a chaplain on a cruise ship.

"I was on a cruise once and spoke with a chaplain who told me all the advantages of

cruise-line chaplainry, which I found to be very similar to military life. You can earn a living and see the world; it is a dream job for someone like me."

In his late 40s, WO Weeks completed a Certificate in Christian Studies at McMaster University Divinity College.

His life philosophy about helping people is amplified by the training received at the seminary, which includes intervention, crisis management, suicide prevention and treating post-traumatic stress disorder. He hopes to continue that mission even more once he retires from military service and completes his ordination.

"I'm so pleased to say that I've had a meeting with the Anglican Bishop of the Vancouver Island Diocese, Right Reverend James Cowan, and he has recently



Mary Ellen Green, Lookout

Reservist WO Ron Weeks holds up the commemorative crown presented to him by the Queen Mum. He has served 38 years in the Canadian Forces. He now works at the 74 Communications Squadron Headquarters.

supported my nomination to one day soon be considered for ordination."

WO Weeks is now working on his final goal at Vancouver School of Theology, for a two year plan of study before he fulfills his life ambition of becoming an ordained Anglican Priest and Parish

Minister.

For now, WO Weeks is happy coming to work each day - what he calls a "labour of love."

"The belief, when I was a young soldier, that my leaders saw my potential was enough to inspire me to stay with the military long term.

Now I look at others and I ask myself, 'What is their potential? What can I do to ensure they have the ability to provide?'"

And, for his remaining years in the military, WO Weeks will do his best to inspire others to choose service to country.

MP Det Esquimalt – Child Car Seat Safety Education

The CFB Esquimalt Military Police, in cooperation with the BCAA Traffic Safety Foundation will be conducting a Child Car Seat Safety Education Clinic.

- Naden Drill Shed, Bldg 75, in Naden
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Register by calling the BCAA Traffic Safety Foundation, toll free at 1-877-247-5551.



2008 Christmas Mailing Deadlines



1. Mail intended for Christmas delivery to Canadian Forces personnel serving overseas and using the Belleville address must arrive at Belleville by Nov. 24.

2. Mail posted at CFPOs overseas must arrive in Canada no later than the following dates to ensure delivery before Christmas:

- Airmail - Dec. 5
- Surface - Dec. 1

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CF SPORTS: WOMEN'S SOCCER GOES NATIONAL

CF women's soccer starts a new era

LS Raegan Elford
Contributor

Despite losing several team members to operational commitments, the Pacific Region women's soccer team managed to hold their own during the first Canadian Forces Women's Soccer Nationals Sept. 20 to 25.

A few inexperienced but ambitious women joined the team in the eleventh hour to fill out the roster so the team could compete in the event.

For some of the women, it was their first time playing a soccer game while others had been playing all of their lives. Although the group of women had only met a few days earlier, they would leave the competition feeling like a team.

The CF Women's Nationals took place in Ontario at CFB Borden in conjunction with the CF Men's Soccer Nationals. Teams representing the CF's five regions were present for the competition that culminated in an awards banquet honouring the athletes.

Capt Stephenie Dickert, an air navigator at 407 Squadron and a member of the Pacific Region team, discovered an attraction to the sport despite having no previous experience. "I never knew soccer could be so much fun," she said after her first game. "I'm definitely signing up for the team next year."

On and off the pitch, the women were always together, creating camaraderie they know will continue next season. "This experience opened the doors for us to train together," said Cpl

Angela Ayre, a clerk at 39 Canadian Brigade Group in Vancouver. "I look forward to us putting together a stronger team for next year."

Most of the competing regions were advantaged by years of development that led to the establishment of the CF Women's Nationals.

Even though the championship went to the Atlantic Region, many of the tournament organizers admitted they were impressed with the level of improvement they witnessed from the Pacific Team.

The team was awarded the Fair-play Trophy for their professionalism on the field.

For information about this and other military sport programs, visit the CF National Sports Program site: www.cfpsa.ca/en/psp/Sports/index.asp

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Front row: Sue-Ellen MacGowan, Angela Ayre, Leah Paterson

Photos by LS Raegan Elford

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Goalie Leah Paterson from Comox makes a save.



Sue-Ellen MacGowan dribbles the ball up the field.

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Chris Benesch

Cyclists to trial new route in dockyard

CFB Esquimalt's Formation Safety Committee is conducting a trial that allows cyclists to ride through the dockyard gates like vehicle traffic rather than dismounting and walking through the pedestrian entrance.

During the Formation Safety Committee meeting held on Feb. 19, the question was raised as to why cyclists are required to dismount and walk through the security checkpoint at dockyard when entering and leaving.

When this policy was instituted, the barriers at all access points did not have a non-skid coating, which resulted in a slippery surface that could have resulted in a cyclist falling. Since that time, the barriers have had a non-skid coating applied which has resolved this safety concern.

The Formation Safety Committee decided to conduct a trial in which traffic would be monitored to assess the effect of allowing cyclists to ride

through the access points when entering and leaving dockyard, proceeding over the barrier instead of around it. Cyclists are now allowed to enter and exit dockyard via the access gates in the same manner as motorized traffic. They are still required to present identification to the Commissionaires before proceeding across the barriers. However, if cyclists choose not to ride over the barriers, they must dismount and walk through the access gates in both directions as they have in the past.

In order to reduce delays at the check points, cyclists should have their identification ready to present to the Commissionaires. To assist with this, Formation Safety has purchased a limited number of ID card holders with lanyards, which will be made available to units based on the number of personnel who cycle to and from work. Unit General Safety Officers can contact Formation Safety

with ridership numbers to receive ID card holders.

Cyclists are reminded that the road is shared by all. They should ensure they are in the proper lane when approaching the access gates and not switch lanes at the last minute. Motorists, as always, should be vigilant and aware of cyclists in the main flow of traffic.

Once the trial period is complete, Formation Safety will provide a consolidated response to the Formation Safety Committee who will make recommendations to the Base Commander. Personnel are reminded that the remainder of Base Standing Order 2-306 applies and will be enforced.

Any concerns or questions regarding this initiative should be forwarded to their unit General Safety Officers or can be forwarded directly to CPO1 John MacLean, the Formation Ships Safety Coordinator, at MacLean.JT@forces.gc.ca.

CF needs speakers of more languages

The CF is currently experiencing a critical operational shortage of Arabic, Pashtu, Farsi and Dari speakers as well as the remaining dialects of the Middle East and North Africa.

The process to identify and record foreign language abilities was a poll of the CF population to identify personnel with skills in Middle Eastern and North African languages. This CANFORGEN again requests CF personnel, both regular and reserve force, with undocumented Arabic, Pashtu, Farsi, Dari, Middle Eastern and North African language abilities to provide information to their URS records sections and to the Canadian Forces Information Operations Group (CFIOG) headquarters.

Personnel with demon-

strable language skills may be offered an opportunity for employment in support of current or future CF operations. Additional language proficiency training may be offered to those who demonstrate the ability to convert to different language dialects and postings of up to three years may be required to enable the CF to take advantage of these unique skills.

Arabic, Pashtu, Farsi, Dari, Somali, Middle Eastern or North African language skills are primarily sought but this request also applies to personnel functional in Nubian, Dinka, Ta bedawie, Nilotic, and Sudanic languages. If

available, language testing results are requested. Otherwise, CFIOG will coordinate with members' home units through their chain of command to arrange testing.

This poll is restricted to CF personnel, both regular and reserve force, who are new to the CF or who have not previously registered their language abilities in response to previous CANFORGENS. CF members are reminded to update their personnel record résumé to reflect secondary and additional language skills. This will enable the human resources management system (PeopleSoft) to capture

this information.

Units and career managers are requested to fully support this initiative as it provides direct support to CF operations. Candidates previously selected and employed in this endeavor had a positive impact on CF operations.

The following information is required on personnel with abilities in the languages listed above: Service number, rank, name and initials, moc, unit, language, test results (if available), citizenship, security clearance and POC. Please pass this onto CFIOGHQ, MWO S.L. Burr, phone (613) 945-3178 or CSN 849-3178.

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Vietnamese • Thai • Chinese

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50% OFF regular price

20 class punch card \$149*
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Saturday, October 18th

9am-2pm

Work Point Town Hall

Bldg 1079, Peters St.



Please bring your refundable containers.

Serious Coffee served to early birds by the JACKMOBILE.

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ANNOUNCEMENTS

FEDERAL SUPERANNUATES GENERAL meeting. Tuesday, October 14 at 10am. 411 Gorge Road East. # 292 Legion. There will be a speaker from the Memorial society. Call 477-6102 for more info.

ARE YOU INTERESTED in providing emergency respite child care for military families? For information call 363-2640 or toll free 1-800-353-3329.

COME SING WITH us for the joy of it! 2008/09 season: Handel, Vivaldi, Mozart. We're the Victoria Choral Society - dynamic, welcoming & worth the audition. Call Carol @ 250-391-0540.

AGM VICTORIA NAVY LEAGUE BRANCH. Archie Browning Center Esquimalt (Board Room). Meeting & Election. October 27th 7pm-9pm.

CONQUER YOUR FEAR of public speaking at toastmasters. Frightened speakers become confident speakers. Toastmasters can help! Visit www.victoriatoastmasters.com for details.

THE BOATER'S EXCHANGE GRAND RE-OPENING! Oct. 14th to 18th. 10-50% off all new products. October 18th door prizes and pirates. 2527 Bevan Ave., Sidney, BC. 250-655-3101

VOLUNTEERS NEEDED

VOLUNTEERS OF ALL ages are needed to assist individuals with disabilities to get out and be active this summer! By devoting as little as one hour per week, you have the opportunity to participate in an activity you enjoy while giving back to your community. For more info. or to volunteer please call Lindsay at 477-6314 ext 15 or email volunteers@rivonline.org

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SPACIOUS 1, 2, 3 BEDROOM TOWNHOUSES
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RENTALS CENTRALLY LOCATED
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Apartment
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Ocean front, Olympic mountain views, seawalk to downtown, spacious and clean.
Bachelor, 1, 2 & 3 bedrooms

Rent includes:

- Hot water
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- Secured parking
- Squash court
- Indoor pool/hot tub
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Building is wired for Shaw@home. Reasonable rent in a very quiet building.

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3BR/2BA 1350 SQ. FT. TOWNHOUSE in downtown Langford. This end unit has a brand new roof, garage, shed, fenced yard with custom patio, new F/S/DW & HW tank, alarm, fireplace, hardwood, tile, lots of storage, big master w/walk-in. A must see, won't last long. 350,000. 250-386-1535.

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Tranquil Setting on Park
 This 3 bdrm has an open floor plan on main, with natural lighting, quality maple cabinets, ceramic tile and hardwood flooring. Beautiful "Zebra" design home blending into picturesque Kinsmen Park across from Gorge Vale Golf Course. Excellent craftsmanship, quality and detail. Stainless steel appliances. Quiet 200 feet from road down common driveway. Virtual tour and floor plans available at JeffShorter.com. Great value at \$569,000! MLS 249932.


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 New to the market, great floor plan, large bright rooms, excellent location. Sunken living room with gas FP, sep. dining room, spacious kitchen. 3 bdrms up, plus extra room for home office or hobby room. Master has large walk-in closet and 4 pc ensuite. Walk to base. \$599,900. ML252606.
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BOOTCAMP
 12:05 to 12:50
 A front lead cardio, weights, and core class.
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Intersection Hockey League Schedule • Oct. 14 to 30

	1600	1730	1900	2030
Oct 14	NOTC vs Algonquin	BLOG vs FMF Outlaws	MOG4 vs BCEO	Fire Rescue vs FMF Boilers
Oct 15	BIS/Band vs FDU(P)	CFFS vs FMF Ice Age		
Oct 16	MOG4 vs CFFS	FMF A vs BADM	443 SQN vs BIS/BAND	NOTC vs FMF Boilers
Oct 19	BLOG vs FMF A	FMF Outlaws vs BADM	Fire Rescue vs Algonquin	
Oct 21	BIS/BAND vs MOG4	FMF Boilers vs 443 SQN	FDU(P) vs FMF Ice Age	BCEO vs CFFS
Oct 22	FMF Outlaws vs FMF A	BLOG vs BADM		
Oct 23	FMF Boilers vs Algonquin	BIS/BAND vs BCEO	443SQN vs FDU(P)	MOG4 vs FMF Ice Age
Oct 26	443SQN vs MOG4	BCEO vs FMF Ice Age	Algonquin vs CFFS	
Oct 28	FMF Ice Age vs CFFS	FDU(P) vs BIS/BAND	FMF A vs BLOG	Fire Rescue vs 443SQN
Oct 29	FMF Boilers vs Fire Rescue	FMF Outlaws vs BLOG		
Oct 30	BCEO vs MOG4	FMF A vs BIS/BAND	Algonquin vs FMF Boilers	BADM vs FDU(P)



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The Saturn Clearout.

LOWEST PAYMENTS OF THE YEAR!

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2008 Saturn ASTRA® 5-door XR model shown

THE ALL-NEW EUROPEAN-BUILT 2008 SATURN ASTRA 5-DOOR XE

HWY - 6.1 L/100 KM (46 MPG)[°] CITY - 8.5 L/100 KM (33 MPG)[°]

OWN FOR ONLY **\$218*** PER MONTH **0%** PURCHASE FINANCING FOR **72** MOS.
CASH PURCHASE PRICE STARTING AT **'18,450'**



AJAC Award Winner, Best New Small Car



MOTORING 2008, Car of the Year

0%^Δ FOR **72** MOS.
ON SELECTED 2008 MODELS

PLUS SAVE 20¢ PER LITRE ON 2,500 LITRES*

2008 SATURN VUE XE

HWY - 7.5 L/100 KM (38 MPG)[°] CITY - 11.0 L/100 KM (26 MPG)[°]

OWN FOR ONLY **\$298*** PER MONTH **0%** PURCHASE FINANCING FOR **72** MOS.
CASH PURCHASE PRICE STARTING AT **'28,190'**
Excludes hybrid models



2008 Saturn VUE® XR model shown

2008 SATURN AURA XE

HWY - 6.5 L/100 KM (43 MPG)[°] CITY - 9.6 L/100 KM (29 MPG)[°] MPG[°]

OWN FOR ONLY **\$278*** PER MONTH **0%** PURCHASE FINANCING FOR **72** MOS.
CASH PURCHASE PRICE STARTING AT **'25,490'**
Excludes hybrid models



2008 Saturn AURA® XR model shown

2008 SATURN OUTLOOK XE

HWY - 8.3 L/100 KM (34 MPG)[°] CITY - 13.0 L/100 KM (22 MPG)[°]

NOW GET A **\$5,000** RETAILER CREDIT[†] ON THE CASH PURCHASE OF ALL 2008 OUTLOOK MODELS.
CASH PURCHASE PRICE STARTING AT **'30,755'**



2008 Saturn OUTLOOK® XR model shown

THE SATURN PROMISE
5-YEAR OR 160,000 KM POWERTRAIN COMPONENT LIMITED WARRANTY;^{*} COURTESY TRANSPORTATION AND ROADSIDE ASSISTANCE[†] NO-HASSLE EXPERIENCE | 30-DAY VEHICLE EXCHANGE[†]



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REWARD YOURSELF BY GIVING UP YOUR OLD CAR. Get \$750 off an eligible new Saturn vehicle when you send your old car to a better place. Visit carheaven.ca or visit your local Saturn Retailer for details.^{*}



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Rethink.



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The 2008 vehicle's Powertrain components are covered by a limited Powertrain component warranty for up to 5 years or 160,000 km, whichever comes first. See Retailer for details and conditions on limited warranty and customer assistance/service features. ^ΔCoverage for up to 5 years or 160,000 km, whichever comes first. [†]Within the first 30 days or 2,500 km of delivery, whichever comes first. You should know this: ^{*}Cash purchase price is \$30,755 for a 2008 Saturn OUTLOOK XE, includes a \$5,000 Canadian Retailer cash credit on all 2008 OUTLOOK models. Such credit is available only for cash purchase and by selecting finance offer, consumers are foregoing such credit which will result in higher effective interest rates. ^{**}Freight (\$1,300/\$1,200/\$1,250/\$1,220) on a 2008 Saturn ASTRA 5-Door XE/2008 Saturn VUE XE/2008 Saturn AURA XE/2008 Saturn OUTLOOK XE included. Air tax (\$100) if applicable, taxes, license, insurance, registration, administration fees, fees associated with publication/filing at the movable property registry/PPSA, duties, and optional equipment extra. PDI included. ^{***}Retailers are free to set individual prices. Retailer order or trade may be necessary. Offers apply as indicated to new 2008 Saturn ASTRA 5-Door XE, 2008 Saturn VUE XE, 2008 Saturn AURA XE and 2008 Saturn OUTLOOK XE models (excluding hybrid models) and apply to qualified retail and eligible fleet customers in the Ontario Marketing Association Area only. See your Retailer, visit saturncanada.com or call 1-888-4SATURN for conditions and details. ^{††}Financing on approved GMAC credit only. Down payment, trade or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example for a representative credit agreement: \$10,000 at 0% APR, the monthly payment is \$139 for 72mos. Cost of borrowing is \$0. Total obligation is \$10,000. Monthly payment of \$218/\$298/\$278 based on finance purchase price of \$17,450/\$25,690/\$23,490 for a 2008 Saturn ASTRA 5-Door XE/ 2008 Saturn VUE XE/ 2008 Saturn AURA XE with \$1,750/\$4,200/\$3,500 down payment (finance purchase price reflects \$1,000/\$2,500/\$2,000 manufacturer-to-retailer incentive, available only with GMAC financing). Financing offer applies to qualified retail and eligible fleet customers only and is not available on hybrid models. [°]Fuel efficiency data was determined using approved Transport Canada Test Methods. ^{†††}Donated vehicles must be licensed and insured for the previous consecutive 6-month period. For eligibility requirements, visit carheaven.ca. ^{††††}With purchase or lease of virtually all 2008 new or demonstrator models delivered from retailer stock between June 19, 2008 and September 30, 2008, and with payment of an additional \$0.01, customers receive a Preferred Price™ gas savings card, redeemable for \$0.20 per litre savings on 2,500 L of motor fuel. The \$0.20 savings includes applicable taxes. Cards valid as of 72 hours after delivery. Cards valid only at participating Petro-Canada locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash. All 2008 Saturn vehicles are eligible. GM reserves the right to amend or terminate this offer and/or the program for any reason in whole, or in part, at any time without notice. [™]Trademark of Petro-Canada. Used under license. ©2008 Saturn Corporation. Saturn, its logos and vehicle names are trademarks or registered trademarks of Saturn Corporation. All Rights Reserved.