Volume 53 Number 46 | November 17, 2008





POLIGE





Mary Ellen Green, Lookout

Top and right: Base Commander, Capt(N) Marcel Hallé, was placed in handcuffs last week by MP SLt Bill Danielsen and put in a makeshift jail. The "arrest" was all part of the Jail and Bail fundraising event on Nov. 12. More than \$2,008 was raised.

Above: (left to right) MWO Necole Belanger, MS Trevor Whitney, PO2 Patrick Sullivan, LCdr Lucie Tremblay and Capt(N) Hallé wait for their release from the Naden Drill Shed jail.







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8

Editorial & Opinion..4 Film Friday.....5 Bravo Zulu.....12 Classifieds.....14-15



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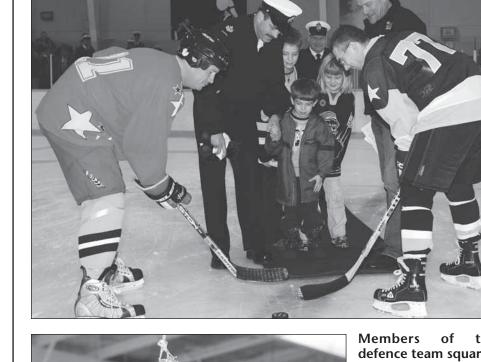
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2 · LOOKOUT



Mary Ellen Green, Lookout Base Commander Capt(N) Marcel Hallé adjusts the Government of Canada Charitable Workplace Campaign (GCWCC)/United Way thermometer inside the Naden gate to 50 per cent. GCWCC Campaign Coordinator, Lt(N) Peggy Kulmala, is eager to see the base reach its goal of \$690,000.





Members of the defence team squared off against local media in the second annual Media Hockey Challenge at Wurtele Arena Nov. 6. The Maritime Forces Pacific team came out

victorious.

Above: Jonathan Gingras, son of PO2 Andre Gingras, and his family had the honour of dropping the puck before the game.

Left: Maj Paul Acton, Formation Chaplain, holds up the coveted game trophy.

> Cpl Chris Ward, Base Imaging Esquimalt



Above left: Cdr Tom Percy serves fresh pancakes to Lt(N) Peggy Kulmala at the New Wave Cafe in Dockyard during the Maritime Forces Pacific/Joint Task Force Pacific Headquarters Pancake Breakfast Nov. 6.

Top right: Cdr Randy Caspick adjusts his hairnet with guidance from a Café employee, Joanne. *Bottom Right:* Cdr Robert Lewis-Manning presents PO2 Stephen Elliott with the MARPAC mid-campaign incentive prize, a tool belt donated by House of Tools, which was drawn at the pancake breakfast.

Damage Control School lights up

Mary Ellen Green Staff writer

On a cool night just before Halloween, Damage Control Training Facility Galiano invited friends and family to visit their workspace, and to watch it go up in flames.

The facility is part of Fleet School and is used to train sailors in the art of fire and flood fighting.

Spectators watched as flames climbed over the helicopter fire-fighting simulator located behind the facility, specially lit to show the realism of the training equipment. The red flames licking upward against a black backdrop added an ominous ingredient.

The third annual Night Burn was a chance for instructors, fire fighters and students at "DC School" to show off their skills in the flood tank, the fire burn rooms and the helicopter fire simulator. Staff tour guides lead spectators through each section of the school.

It wasn't all show. Six QL5 hull technician students tried their hands at night fire fighting.

"Fighting fire at night really gives the students a different perspective of helo crash because it looks different; however, fire behaviour doesn't change at night time," said POI Yves Ouellet, senior fire instructor at the school.

Visitors also brought a nonperishable donation for the food bank.

"We got about three oversized shopping carts full of food," PO1 Ouellet said. "We really hope to increase the amount of visitors and the amount of donated food for next year."

Fighting fire at night really gives the students a different perspective.

- PO1 Yves Ouellet Senior Fire Instructor









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<i>Left:</i> PO2 Nicolai Gapotchenko shows			
a group of visitors what the school's mock casualties look like during the Night Burn tour.	SANDS FUNERAL CHAPEL Cremation & Reception Centre		
Below: OL-5 Hull	"A tradition of trust serving CFB Esquimalt since 1912"		
Technicians and their fire-fighting	Sensitive to your needs		
instructors show the crowd what it's	VICTORIA - 388-5155 COLWOOD - 478-3821		
like to fight a heli- copter fire at night.	NANAIMO - 753-2032		
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12. Leaf in front of man is

9. Tuft of grass has moved.

8. Leaf beside man's leg has

6. Pocket on shirt is coloured

5. Leaf on branch beside

4. Tiger's tooth is hidden.

3. Pocket on man's shorts is

2. Stripe on tiger's leg is

1. Extra split in palm leaf.

10. Tiger's tail is longer.

Z. Leaf on palm tree is

.13. Map is larger.

different.

.b9vom

. coloured in.

tiger is missing.

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Salty Dips

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认 what say we

More tales of life at sea

Bruce Hayes Salty Dip Committee

Salty Dips Volume 9 entitled "Carry On" has just been received from the printers and is now available for sale.

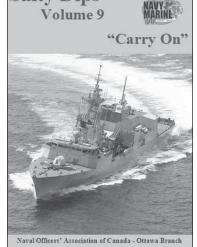
This edition is available in hard cover, \$25, and soft cover, \$15.

While the size of this volume conforms to that of previous volumes, this edition comes with a new cover of a Canadian Patrol Frigate coming out of a tight turn.

There are 31 marvellous Salty Dips, mostly covering Korea forward and a few from earlier days that the editors felt had to be told.

An excellent Prologue Part 1 describes the early and challenging days of the Royal Canadian Navy, and Prologue Part 11 deals with the unification of the Canadian military and the evolution of the Canadian Forces as they stand today.

This volume has been enhanced by the use of 192 photographs and graphics. Footnotes have been extensively increased to explain the acronyms so commonly found



in military jargon, and to elaborate on details if required in the Dip.

A complete description of the Salty Dips project can be found on the Naval Officers' Association of Canada Ottawa Branch website, www.noac.ottawa.on.ca along with an order form for the various volumes of Salty Dips.

If you have any connection with the navy or the sea, you just have to read *Salty Dips*.



Wayne Parker of LaSalle, ON, enjoys reading this column in the *LaSalle Post*. He also enjoys driving a piece of family history:

"In November of 1992, I purchased a 1930 Model A Ford tudor sedan. The car had been sitting in a farmer's barn since 1953 and was in great need of a restoration. What made this car so very special to me and my family was the fact that it had been purchased new in the spring of 1930 by my Great Uncle Archie Wood of Goring, ON, (a small hamlet in Grey County about 20 miles from Owen Sound). He bought the car from York Motors in Markdale for \$780.

"My dad, Harvey Parker, was seven years old at the time and spent many happy hours riding in the back seat of that Ford as they travelled the roads of Grey County. He told me of the Saturday night trips to Markdale when Uncle Archie would buy him an ice cream cone and he would eat it as he sat on the running board.

"Uncle Archie sold the car in 1951 to Ivan McCausland for \$150. Ivan drove it another two years, then parked it in his barn and

Back in the family after 41 years

-

"I'LL TAKE FIVE OF WHATEVER'S EASIEST

TO REGURGITATE.

Comparroi

there it sat for the next 39 years.

"Dad was so thrilled when I told him that I had been able to purchase the car and planned on restoring it to its original stock condition.

"It was a frame-off restoration. The speedometer still worked and showed about 59,000 miles. Since there were only two owners before me in the life of the car, I believe that mileage to be accurate.

"The engine and transmission were completely rebuilt, as well as steering, electrical, brakes, and suspension components. The car was repainted its original factory colour, 'Andalusite Blue.' Generations of mice had feasted on the upholstery so that was also replaced with original type brown material. New wide whitewall tires completed the restoration. I have driven the car extensively and it continues to prove itself as a reliable and dependable vehicle.

and dependable vehicle. "In 1996, I drove the car from Windsor to Meaford, ON, and took Ivan McCausland for

a ride. He was thrilled to see it restored. "My dad is now 85 years old. He still rides



Wayne Parker's 1930 Model A Ford

in my Model A every chance he gets. It has been 78 years since he first rode in the car. I think it must be the ultimate time machine for my dad. It is a link to his past and all the memories of his aunt and uncle and their many happy times together."

Do you have any car stories or photos to share with our readers? Email: bill@carstory. com or write Bill Sherk, 33 Oak St. E., P.O. Box 10012, Leamington, ON N8H 2C3.



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FILM friday

Craig's Bond packs a 007 punch

Haggis, who so ingeniously removed

the non-essential elements from Bond

last time out, and rewrote the agent's

The Boy in the Striped Pyjamas If Bond's latest antics don't quite

with a few disclaimers.

thrill you, a gripping new drama also opens this week, but it certainly comes

John Boyne's famous novel, The Boy

in the Striped Pajamas, is the terrible

story of a German boy who befriends a

Jewish boy within a Nazi concentration

camp. Asa Butterfield plays Bruno, the

son of a high-ranking soldier who real-

izes he is confused by how the Nazis

are treating people within the camp.

On meeting Shmuel, played by Jack

Scanlon, Bruno realizes he shouldn't be

playing with the boy, but decides that

he has to help him somehow. Rebuking

the image he has had of his father, who

he once believed was heroic, Bruno and

Schmuel make a plan that probably

Blending a child's perspective with

this terrible subject is of course a

tough choice, and one that won't play

out well for everyone. This is also a

film that blends wonderful moments

equally with the terrible truths of the

Holocaust.

can't succeed, but has to be tried.

whole style.

W. Andrew Powell The GATE

His name is Bond, James Bond, and he's back in *Quantum of Solace* with a fight to take down the man who killed the one woman he loved. Also opening this weekend, John Boyne novel, *The Boy in the Striped Pajamas* shows the friendship between two boys in the midst of the terrors of the Holocaust. Plus, in select markets, check out Jean-Claude Van Damme as himself in *JCVD*.

Quantum of Solace

Daniel Craig is back as possibly the toughest, angriest, and least-gadgetized James Bond ever, and this time, it's personal.

Following the events of *Casino Royale*, which acted as a reboot for the Bond franchise, Craig is the newly minted 007 agent with the usual penchant for fast cars and wild women. But this Bond has a rare affliction - namely, the love of a woman who was killed by an unknown group of bad guys. Now, in *Quantum of Solace*, Bond is out for blood and he's willing to do whatever it takes to get even with the people responsible for killing the only woman he cared about.

With a trail of money to follow, Bond has to hunt down the organization known as Quantum, led by the dastardly, downright evil, Dominic Greene (played by Mathieu Amalric). And while there are new women to be wooed, including the latest Bond babe, Olga Kurylenko as Camille, all that seems to matter is that Bond gets his revenge.

That, and prevent Dominic from taking over one of the largest sources of fresh water in the world.

Forgiving that last bit, the new Bond film sounds like an easy winner. Praise is high for nearly every aspect of the film, including Craig's craggy performance, the new villain, and the always blow-your-mind special stunts and special effects. Also, mounds of credit are due to Canadian screenwriter Paul



Daniel Craig is back as James Bond with Olga Kurylenko, who plays Camille, at his side.

JCVD

Last of all this week, for those of you in Toronto, Vancouver, or Montreal, you have to go check out my favorite film of the year.

JCVD stars real-life action hero Jean-Claude Van Damme as himself. Played with a miserable glee, Van Damme gets caught up in a hostage situation in his home town of Brussels, where a group of people are being held in a post office. Outside, the police try to work out a deal, but somehow think that Van Damme is actually behind it all.

While this may shock a lot of people, *JCVD* is a funny, enjoyable drama that gives equal time to Van Damme the star and Van Damme imagined as a real, aging actor who can't quite get the roles he wants any more. The gritty quality of the film stock is also mesmerizing, and adds to the incredible mood.

Coming soon to theatres • November 21: Bolt Twilight • November 26: Australia Four Christmases Transporter 3







1. Mail intended for Christmas delivery to Canadian Forces personnel serving overseas and using the Belleville address must arrive at Belleville by Nov. 24.

2. Mail posted at CFPOs overseas must arrive in Canada no later than the following dates to ensure delivery before Christmas a. Airmail - Dec. 5 b. Surface - Dec. 1 1. Afin d'assurer la livraison avant Noël du courrier destiné au personnel des FC déployé outre-mer et utilisant l'adresse de Belleville le courrier devra arriver à Belleville avant le Nov. 24.

2. Le courrier envoyé au BPFC outre-mer doit arrivé au Canada au plus tard aux dates indiquées ci-dessous afin de s'assurer la livraison avant Noël :
a. Par avion - Dec. 5
b. Envoie de surface - Dec. 1

SPORTS trívía by PO2 Bill Sheridan Contributor

NHL

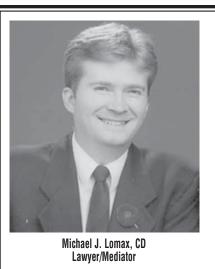
QUESTIONS?

- 1. Who was the President of the NHL form its inception in 1917 to 1943?
- 2. Who was Slats?
- 3. What announcer created words when describing hockey play by play?
- 4. Who was penalized "two minutes for looking so good" in a commercial?
- 5. Where did Marcel Dionne start his NHL career?
- 6. Who holds the record for the most shutouts in the NHL?
- 7. After Sawchuk and Brodeur, who has the most shutouts?
- 8. Where is the Neutral Zone?
- 9. What coach lost three straight Stanley Cup Finals?
- 10. What player can use a broken stick and not be penalized?11. What current team has gone the longest without winning the Cup?
- 12. What player holds the record for most games played as a Leaf?

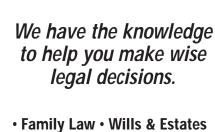


lines. 9. Scotty Bowman 10. Only the Goalie.

- in the 20's) 8. Area between the blue 1994
- record this season. 7. George Hainsworth (Habs
- but Martin Brodeur is close behind and might break the
- 6. Terry Sawchuk has 103, but Wartin Brodour is closo
 - 4. Maurice Rocket Richard
 5. Detroit Red Wings
 - 3. Danny Gallivan
 - Z. Glen Sather
 - Frank Calder



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Hand crafted boat up for raffle

Mary Ellen Green Staff writer

Apprentices from the Joiners Shipwright Shop are donating the fruits of their labour to charity by offering up a hand-crafted boat for raffle in support of the Government of Ĉanada Workplace Charitable Campaign/United Way.

With help from apprentices in the Riggers, Sheet Metal and Boiler Maker shops, the shipwrights were able to build a wooden-hulled "pram" using traditional lofting techniques.

It is the first time Fleet Maintenance Facility Cape Breton's apprentices were taught this time-honoured technique, which allows the builder to make precise full-size paper patterns of the boat's hull. The pram was lofted in sections by teams of two in a lofting area set up in shop in D141.

"What started as apprentice training has blossomed into a charitable gift," said journeyman apprentice councillor, Rick Rainsford, who supervised the construction. "They would be hard-pressed to learn these skills elsewhere."

Third-year apprentice Miro Bartol said the experience of working alongside apprentices from other trades allowed him to understand the work from another perspective.

"It was great because we will be working alongside them throughout our careers," Bartol said. "It's awesome to do something like this and give it back to the community."

The pram's hull was built from marine-grade plywood and the two flat transoms are mahogany.

Fourth-year apprentice Allison Verley said learning the skill set is imperative as the older generation in the work force retires and moves on. "We are going to need these skills down the road," she said.

Beside the use of a band saw and a jig saw, the entire boat was built using hand tools. Bartol and Verley also hand-crafted the oars. The painter apprentices finished it off with a traditional colour scheme.

The Shipwrights shop is also contributing a cedar pirate chest to the raffle, made by journeymen and apprentices at shop 122.

"It teaches the apprentices joinery skills, which is fine furniture or cabinet making. Each year we make a few and donate them to various charities,' said Dan Deringer, FMF's charity officer.



Shipwright/joiner apprentices Allison Verley and Miro Bartol stand with the hull of a pram they built with other FMF apprentices.

framed Roberto А Luongo jersey was a private donation to the raffle.

D250. Tickets are \$2 each, three for \$5, or 10 for \$10 and are available until Nov.24. The first name The boat is on display in drawn will have the first

pick of prizes. To purchase tickets, contact Dan Deringer at (250) 363-2024 or deringer.dl@ forces.gc.ca.

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Victoria Remembers



A veteran and his companion look on during Remembrance Day ceremonies held at the Victoria Cenotaph in downtown Victoria.



Top: Lilian Kelly (right), Ex-Service Women's Branch 182, and other veterans on parade during Remembrance Day Service.

Bottom Left: Wreaths surround the Cenotaph and vigil at the Esquimalt Cenotaph. **Bottom right:** Samuel Pollard and his mother watch as the downtown Victoria Remembrance Day parade marches past.







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LOGISTIC WORLD: DELIVERING THE WAY AHEAD

Survey of services requires support

LCdr Randy Rogers Contributor

The Maritime Forces Pacific (MARPAC) Logistics community is comprised of civilian and military professionals working in many units, at sea and ashore. They provide support to both individual customers and units in Victoria, and to deployed ships across the globe.

Over the years the Logistics community has undergone many changes. It has endeavoured to maintain service amidst the challenges of defence reductions, trade amalgamations, outsourcing and re-engineering initiatives. Today's demographic reality and concurrent recruiting and attrition challenges, suggests that many logistics organizations became too lean and mean as a result of the initiatives of the 1990s. Some might say the pendulum of change swung too far. With the increased oper-

ational tempo, we are increasingly challenged to provide new levels of service support when many of our most experienced personnel have begun to retire.

To address these challenges, MARPAC has embarked on an organizational review of Logistics support across the Formation. The review seeks input from all logistics service providers, both military and civilian, in the form of a voluntary and anonymous online survey.

Focus groups will be held with representatives from organizations providing service support ashore, with the intent to identify areas to improve, and practical numerous customer units to seek their input as well on service support levels and identify concerns.

The scope of this review includes all shore-based integral units associated with providing supply, traffic, transport, finance, administration, food and steward services. With the support of our logisticians, the chain of command, our human resources specialists and our union representatives, this review will seek to identify support challenges, understand current and nearfuture risks and impacts, as well as provide a realistic and locally achievable plan to optimize service delivery and compliance. It will also seek to mitigate the highest

risk areas.

Through consensus building and consultative research, this review aims to provide Commander MARPAC with a final report by March 31, 2009, to include options, recommendations and an implementation plan.

While there is no expectation of new military positions, a modest upward adjustment in the number of civilian logistics positions remains likely. Any changes in organizational structure are expected to be rolled out in the summer of 2009. For more information

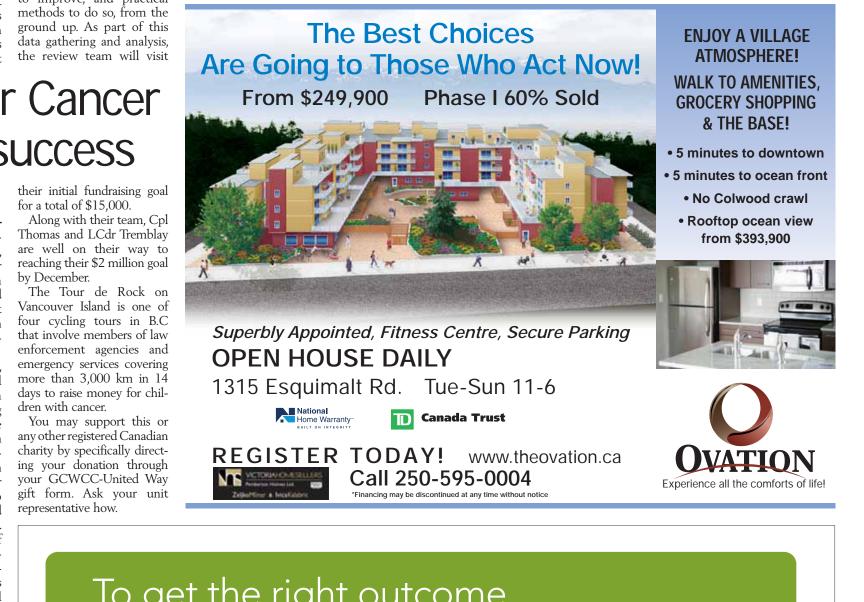
on this initiative, visit the MARPAC/J4Log website under the MARPAC Log Org Review.

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Cops for Cancer ride to success

Capt Paule Poulin Contributor

After visiting 29 communities and several dozen schools, with 4,000 kilometres under their cycling pedals, and with \$1.6 million dollars raised and counting, two West Coast Military Police members can be very proud of their fundraising efforts.

LCdr Lucie Tremblay, Naval Provost Marshal (Pacific), and Cpl Garth Thomas from 19 Wing Comox Military Police were part of a 21-member team from various police organizations that participated in the 11th Annual Vancouver Island Tour de Rock to help raise money for kids affected by cancer and their families. They completed 3,000 km of cycling during training, adding more than 1,000 km during the 14-day journey across the Island from Sept. 20 until Oct. 4.

The team members met with junior team riders along the way, cancer survivors between three and 17 vears old, which really brings home the meaning of this ambitious adventure.

"The experience shared with the team and those we touched along the way was simply life changing for me," said LCdr Tremblay.

Communities really supported the cause. The school LCdr Tremblay's two daughters attend. École Victor Brodeur, raised three times



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Staff writer

If you've been a victim of crime or trauma in Greater Victoria, you probably know about the Greater Victoria Police Victim Services (GVPVS)

However, most people in Victoria know little about its existence unless they've experienced a traumatizing event and been offered its services, according to GVPVS Executive Director Geraldine Glattstein.

GVPVS, a non-profit organization that has been around for 25 years, is one of 93 legislatively mandated victim services across British Columbia, put in place by the Victims of Crime Act. It is the only victim services society that represents more than one police agency.

They provide emotional and practical support to victims of crime or trauma in seven communities across the Greater Victoria area, including two RCMP detachments, four municipal police agencies in Saanich, Central Saanich, Oak Bay and Victoria, and the Military Police (MP) Detachment at CFB Esquimalt.

Capt John Atkinson, from CFB Esquimalt MP Detachment, volunteers on the GVPVS board of directors, made up of civilian volunteers and representatives from each police agency they serve.

"In the past, concern was always placed on the rights of the accused, and victims were just victims. Now victims can regain some control because GVPVS allows them into the judicial process," he says.

in a serious or traumatic situation, the door is open for people to access victim services.

"We are not the 'victim of crime' services," said Glattstein. "Only three per cent of the clients we support are victims of crime. We deal with sudden death, suicide, motor vehicle accidents and even financial crimes."

GVPVS services include crisis intervention, confidential emotional support, practical assistance with navigating the criminal justice system and completing victim impact statements. They also offer referrals to over 50 community agencies.

"We try to ensure that every time we're involved in a traumatic incident we refer the victims to GVPVS. Some may decline the services; however, all victims are usually contacted the next day, or as soon as possible after an incident to ensure they don't slip through the cracks," Capt Atkinson said.

Glattstein adds that referring victims to GVPVS allows police to focus on the job at hand, without having to play both the good cop and bad cop roles.

We try to ensure that every time we're involved in a traumatic incident we refer the victims to GVPVS.

- Capt John Atkinson CFB Esquimalt Militay Police of the police agencies by being a liaison with the police, the courts and other agencies. Sometimes there are so many agencies involved the right hand doesn't know what the left hand is doing," she said.

Because GVPVS is a non-profit agency, they rely on fundraising and volunteers to function. It is also one of the local agencies supported by the United Way.

They have more than 35 volunteers and four paid employees, two of which are case coordinators funded by the Solicitor General.

"With more than 200 cases open, we could really use more employees," said Glattstein.

Eva Wilmot is a case coordinator with GVPVS, and she also provides training to volunteers.

"Anyone can be a volunteer," she said. "But what is really key here is a desire to give back to the community and to help people."

Wilmot wants military members thinking of joining to know they will work around deployments.

There are two volunteer training groups annually that run about eight weeks. Volunteers are asked to give a 200 hour commitment to GVPVS, working one shift per week and one pager shift per month.

You may support this or any other registered Canadian charity by specifically directing your donation through your GCWCC-United Way gift form. Ask your unit representative how.

Good luck Esquimalt athletes

The following personnel from CFB Esquimalt have been invited to the 20th Annual Canadian Forces Sports Award Ceremony on Nov. 22. The theme is CISM and Friendship Through Sport. • MCpl Sandy Bate (PSP) - CISM Golf

• Tom Campbell (PSP) -CISM Golf • Stephanie Dempsey (PSP) - Director Sports Recreation and Messes Recognition Award

• Maj Al Jensen (BCEO) - CISM Golf

 Capt Wayne O'Donnell (Colorado Springs) - CISM Golf

 Lt(N) Micheal St-Pierre (HMCS Vancouver) - CISM Volleyball

• PO2 Patrick Sullivan (NRCC) - Basketball Coach

• LCdr Lucie Tremblay (POESB) - CISM Triathlon Lt(N) Tony Zezza (JTFP) CIÌM Swimming

• Sgt Nyron Higgins (443 Squadron) - CISM Taekwondo

• Maj Elizabeth Vezina (JTFP - CISM Swimming)







Capt(N) Marcel Hallé, Base Commander for CFB Esquimalt, presented several awards to members of the Defence Team during Ceremonial Divisions at the Naden Drill Deck on Oct. 30.

Images by Pte Malcolm Byers, Base Imaging Esquimalt



Maj Christopher Buckham receives the first Clasp for the Canadian Forces Decoration for 22 years of service.



LS Robert MacDonald receives the LCdr Samer Sader receives the first Clasp for the Canadian Forces Decoration for 22 years of service.



Debbie Towell, Naval and Military Museum Curator, receives the Base Commander's Commendation in recognition of her support to museum volunteers, Base Administration and **Personnel Support Programs.**



PO1 Christopher Lockley receives the first Clasp for the Canadian Forces Decoration for 22 years of service.



Canadian Forces Decoration for 12 years of service.



MCpl Patrick Angers receives the Base Commander's Commendation in recognition of his immediate action and professionalism while assuming control of a vehicle accident scene.



Capt(N) Hallé presents LCdr Scott Guild with the First Clasp for the Canadian Forces Decoration for 22 years of service.



PO2 Michael Paterson receives the first Clasp for the Canadian Forces Decoration for 22 years of service.



SLt Susan Leitch receives the Canadian Forces Decoration for 12 years of service.



PO2 Darryl Dagneault receives the Base Commander's Commendation in recognition of his actions in rendering first aid to a gentleman in distress until the arrival of emergency services.



Cpl Drew Deics receives the first Clasp for the Canadian Forces Decoration for 22 years of service.



MS Stewart Seward receives the Canadian Forces Decoration for 12 years of service.



Cpl Dallas McKeough receives the Base Commander's Recognition Award for his action at the site of a vehicle accident, rendering assistance to the injured occupant and securing the accident scene until the arrival of the RCMP.



Sandra Resource Centre (MFRC), receives the Base Commander's Recognition Award for her commitment to the MFRC and to deployed members and their families.



Pinard, Military Family Tracy Beck, Military Family Resource Centre (MFRC), receives the Base Commander's Recognition Award for her outstanding commitment to the MFRC and to deployed members and their families.



MS Ryan Clifford accepts his new shoulder slip-ons.



AB Olsen accepts his new shoulder slip-ons.

It's everyone's responsibility to stop fraud in the workplace

Shelley Lipke Staff writer

Losses due to fraud and waste have been conservatively estimated to be \$9 per employee per day. Considering there are almost 6,000 personnel in Maritime Forces Pacific, that amounts to \$13.5 million annually. To help mitigate the problem, special training in fraud awareness has been set up.

Fraud and waste encompasses falsifying documents, manipulating work hours, theft of office supplies, excessive long distance phone calls and other dishonest many acts.

"A number of studies have shown that up to 80 per cent of all employees will commit fraud if the three components of the fraud triangle are in place: opportunity, pressure, and rationalization," said Jim Huzzey, Formation Internal Audit Officer (FIAO). "Ethics and fraud go hand in hand. Some people would never cheat in personal or work situations. while others wouldn't think twice."

calling home to check on a sick relative and spending two hours a day talking to your girlfriend or surfing the Internet, said Huzzey who has seen everything from people claiming for overtime hours they did not work to overcharging for services or products.

Kickbacks, bribery, conflict of interest, cheating, forgery, misrepresentation, inappropriate practices and profiteering from insider knowledge are other forms of fraud.

"Fraud is doing something that you know is wrong. We've seen cases where people are on sick leave and yet putting in for overtime at the same time. At some point someone is going to connect the dots here," said Huzzey. "If there are some red flags, we launch a full fledged audit."

In an effort to expose the severity of the problem and offer solutions, Huzzey has set up a fraud awareness workshop that he hosts up to 12 times a year.

"It's either a 45 or 90 minute workshop that deals with identifying fraud, looking at conditions leading to it, and involves talking about what fraud may have been perpetrated in different departments."

Ĥuzzey said his focus is to mitigate or eliminate fraud in the workplace by taking a hands-on approach and getting people talking about ethical dilemmas. At the end of the sessions people sometimes unveil certain things that are happening in their workplace, which acts as a tip.

Employees in all National Defence departments are required to attend an annual ethics session, and Huzzey's workshop is a tick-in-the box for this training with a fraud focus. He recommends all levels of the Formation take this program. To arrange for a session contact Mr. Huzzey by email or by phone at 363-4008.

"If you think something might be wrong, go through your chain of command, but if this isn't possible, contact the FIAO. Tips are a very important tool in an overall arsenal combating fraud," said Huzzey. "All of us are responsible for controlling fraud."



Duncan Ayre, Contributor Maritime Forces Pacific (MARPAC)/Joint Task Force Pacific (JTFP) Headquarters Executive Officer Maj Henry (right), promotes A/SLt Girard (centre) to Sub Lieutenant with the help of Lt(N) Prowett, MARPAC/JTFP Executive Officer.



Banner delivered to Air Force

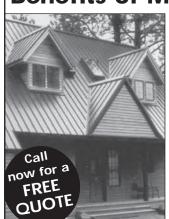
Lt Alexandre Cadieux 19 Wing Comox PA

Two weeks ago, 19 Wing Commander, Colonel Fred Bigelow visited members of 19 Mission Support Squadron (19 MSS) currently deployed at Camp Mirage.

Colonel Bigelow used that visit to present 19 MSS members with banners signed by Comox Valley communities during the Sept. 12 Red Friday Rally.

"Every time we get something from home, we are obviously very happy," said Major Jean-François Harvey, Officer Commanding 19 MSS. "We distributed the banners among the different sections of the Camp so they could display them in their buildings. These banners are with us every day."

The 65-member detachment has been deployed to Camp Mirage and Kandahar, Afghanistan since June 2008. The MSS will continue to deliver both close support and integral support to deployed air force operations in the areas of engineering, logistics, human resources, finances and communications until their return in December 2008.



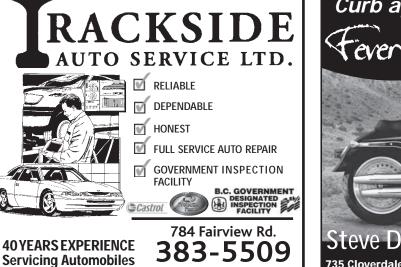
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VOLUNTEERS OF ALL ages are needed to assist individuals with disabilities to get out and be active this summer! By devoting as little as one hour per week, you have the opportunity to participate in an activity you enjoy while giving back to your community. For more info. or to volunteer please call Lindsay at 477-6314 ext 15 or email volunteers @rivonline.org





Krista

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PSP Job **Opportunities**

Recreation Leader

Casual position \$11.14 - 13.70/hr

This job entails facilitating birthday parties at the Colwood Pacific Activity Centre or the Naden Athletic Centre.

The facilitator plays and organizes games for the children and facilitates making crafts. We are currently looking for someone to work a regular shift on Saturdays 10:45 am to 3:45 pm. We are also looking for casual staff to work various shifts on the weekends.

Also available are casual hours at our youth activity centre to assist with supervising pre-teens and teens, Fridays 5:30 to 10pm and Saturdays 5:30 to 10pm.

Recreation Clerk

Casual position \$11.14 - 13.70/hr

This job entails working at the front desk at the Colwood Pacific Activity Centre, assisting customers, taking course registrations and taking care of the facility.

We are currently looking for someone to work on Thursday nights from 5 to 9 pm.

Lifeguard/Instructors

Casual part time positions \$12.69 - 15.82/hr

This job entails evening, weekend and day subbing at the Naden Athletic Centre military pool. Provide life guarding for a variety of military training exercises, length and leisure swim training, and during drop-in casual swims.

Being certified to teach the Red Cross swim program and it is an asset to have an Aquafit instructors certification.

Eligible candidates should submit a resume clearly outlining their ability to fulfill all position requirements by mail to: Randy Delisle NPF Human Resources Assistant, PO Box 17000, Stn Forces, CFB Esquimalt, Bldg N30, Victoria, BC V9A 7N2, by fax to (250)

363-5528 or by email to npfhresquimalt@cfpsa.com or apply online at www.cfpsa.com before 4 p.m. hrs on Nov. 21.



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HELP WANTED

Facilities Clerk Non-Public Funds, Personnel Support Programs

Permanent Part Time Position Under the supervision of the Facilities Supervisor, the Facilities Clerk is responsible for all front desk activities for the Naden Activity Centre including receiving and processing payments for recreation programs or facility use.

Qualifications:

• High school diploma AND several years experience in a related field OR

· An acceptable combination of education, training, and experience will also be considered AND

· Current CPR and Basic First Aid an asset

Language Requirement: English essential, bilingualism (French / English) an asset.

Knowledge Requirements

- · of recreation or community center facilities
- · of cash handling techniques
- customer service techniques
- of workplace health and safety practices
- **Experience Requirements**
- in general office administration
- in providing customer service
- in using software for word processing, spreadsheets, presentations, databases, e-mail, and Internet browsing
- in spreadsheet software such as membership/
- identification card makers an asset
- Wage: \$11.14/hr \$13.70/hr

Eligible candidates should submit a résumé before 4 p.m. on Nov. 21 by mail to: Randy Delisle NPF Human Resources Assistant, PO Box 17000, Stn Forces, CFB Esquimalt, Victoria, BC V9A 7N2, by fax at 250-363-5528, by e-mail to npfhresquimalt@cfpsa.com or online at www.cfpsa.com.

Youth Program Supervisor Non-Public Funds, Personnel Support Programs

Permanent Position (32.5 hours/week)

Under the supervision of the Recreation Coordinator, the Youth Program Supervisor, organizes, develops and delivers registered and drop-in recreation programs for military children.

Qualifications:

· College diploma or certificate in Recreation or a related field AND some years of experience in a related field.

OR

- AND • Current CPR and basic First Aid qualifications
- Valid driver's License.

Language Requirement: English essential, bilingualism (French / English) an asset

Knowledge Requirements

- · Youth recreation program development
- · Youth developmental needs and behavioral management
- Group dynamics and group facilitation
- Volunteer development Budget administration
- **Experience Requirements** working with youth
- youth leadership
- · providing customer service
- · personnel administration
- developing and implementing recreational activities recruiting volunteers
- maintaining partnerships
- applying policies, procedures and regulations
- · using software for word processing, spreadsheets, presentations, databases,

email and Internet browsing. Wage: \$13.80/hr - \$16.66/hr

Eligible candidates should submit a résumé before 4 p.m. on Nov. 21 by mail to: Randy Delisle NPF Human Resources Assistant, PO Box 17000, Stn Forces, CFB Esquimalt, Victoria, BC V9A 7N2, by fax at 250-363-5528, by e-mail to npfhresquimalt@cfpsa.com or online at www.cfpsa.com.

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