

SHIP NEWS Living the high life of a ship's technician



NEWS Venture to welcome civilian instructors

8





Editorial & Opinion......4 In Focus16 Classifieds......18-19



HMCS Protecteur sailed from CFB Esquimalt last Tuesday for a three-month deployment to the western Pacific Ocean. During this time, the ship will represent Canada at the Chinese International Fleet Review and replenish coalition ships at sea.



Formation Family Fun Day June 27, 2009 Watch Lookout for details.









HMCS Winnipeg crosses the Indian Ocean to join Standing NATO Maritime Group 1 (SNMG1) vessels for counter-piracy operations off the coast of Somalia. Winnipeg is the fifth Canadian warship to join the SNMG1, which represents a multi-national maritime force capable of conducting missions across a broad spectrum of operations anywhere around the world.



Cpl Dave Redecopp, an aviation system technician, prepares a replacement engine for the CH 124 Sea King helicopter on board Winnipeg.



LS Randy Melancon cycles live rounds through the Close-in Weapon System in order to replace them with dummy rounds for maintenance following a live fire exercise.



LS Sherry Newhouse assists with a refueling at sea between Winnipeg and USNS Tippecanoe.



Executive Officer LCdr Timothy Kerr pauses for a photo while Winnipeg heads for its mission off the coast of Somalia.

COMMUNITY: NEW DAYCARE OPENS



Cutting through the red tape: RAdm Tyrone Pile, Commander Maritime Forces Pacific, helps Leanne Kopp, chairperson of the Military Family Resource Centre (MFRC) board of directors, and Base Commander, Capt(N) Marcel Hallé offically open the new MFRC daycare located on Lampson Street in Esquimalt. Also housed in the building are the Base Language Training Centre and 2010 Naval Centennial offices.

Ex-sailor guilty of cocaine trafficking

Mary Ellen Green Staff writer

The Standing Court Marital of Christopher Ellis wrapped up last weekend with the Ex-Ordinary Seaman sentenced to nine months imprisonment to be served at the Canadian Forces Service Prison and Detention Barracks in Edmonton.

Ellis was convicted on four charges in the court marital, which began Monday, March 23, and finished with sentencing Saturday, March 28.

He was convicted on two charges of cocaine trafficking, contrary to Section 130 of the National Defence Act, pursuant to Section 5(1) of the Controlled Drugs and Substances Act, and two charges of Conduct to the Prejudice of Good Oder and

Eric Coching 250-217-2326

Discipline, contrary to Section 129 of the National Defence Act for cocaine use.

On June 20, and again on June 22, 2007, Ellis, with the help of OS Matthew Lee, sold cocaine to an undercover operator from the CF National Investigation Service (CFNIS).

OS Lee set up the drug transaction between ex-OS Ellis and an undercover operator of the CFNIS who was acting as a naval reservist from Halifax. Both sailors were on the undercover operator's list of persons of interest in cocaine trafficking.

The undercover operator approached OS Lee in Nelles Block and asked him if he knew where he could buy cocaine. OS Lee said he would check with some friends and get back to him.

A few days later, the undercover operator approached OS Lee again at the Pacific Fleet Club, and this time a transaction was set up.

Ex-OS Ellis brought the cocaine to the undercover operator's room at Nelles Block later that evening, and again two days later.

In February, OS Lee was convicted on one count of cocaine trafficking, contrary to Section 130 if the National Defence Act, pursuant to Section 5(1) of the Controlled Drugs and Substances Act. He was sentenced to five months imprisonment for his role in the drug trafficking operation. He was released from custody pending appeal.

Ex-OS Ellis has also been released from custody pending appeal.



Convenient location

across from Home Depot below Costco

rates and options!



40 MINUTES BY FERRY FROM SWARTZ BAY WWW.POETSCOVE.COM • 888.512.7638

Offered from March I to April 4, 2009. Not valid with any other promotion. Based on availablity.





WHO WE ARE

MANAGING EDITOR

250-363-3372 Melissa Atkinson melissa.atkinson@forces.gc.ca

STAFF WRITERS

Mary Ellen Green 250-363-3672 maryellen.green@forces.gc.ca Shelley Lipke 250-363-3130

shelley.lipke@forces.gc.ca PRODUCTION

Carmel Ecker

250-363-8033 Shelley Fox

ADMINISTRATIVE ASSISTANT

250-363-3014 Kate King kate.king@forces.gc.ca

ACCOUNTS

Kerri Wave 250-363-3127 kerri.waye@forces.gc.ca

SALES REPRESENTATIVES

250-363-3133 Ivan Groth ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602 joshua.buck@forces.gc.ca

250-220-5934 James Whitehead sales.lookout@shaw.ca

EDITORIAL ADVISOR 250-363-4371 Capt Darin Gunnette

Published each Monday, under the authority of Capt(N) Marcel Hallé, Base Commander. Le LOOKOUT est publié tous les lundi, sous l'égide du Capt(N) Marcel Hallé, Commandant de la Base

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in CFA0 57.5. Views and opinions expressed are not necessarily those

of the Department of National Defence Le Rédacteur se réserve le droit de modifier. de condenser ou de rejeter les articles. photographies, ou annonces plublicitaires pour adhérer à l'OAFC57.5. Les opinions et annonces exprimées dans le journal ne réflètent pas nécéssairement le point de vue du MDN.



Circulation - 4,500 One year subscription - \$35.31 Six month subscription - \$17.66

Three month subscription - \$11.77 A Division of Personnel Support Programs CFB Esquimalt, PO Box 17000 Stn. Forces,

Victoria, BC V9A 7N2 E-mail: frontoffice@lookoutnewspaper.com

Web: www.lookoutnewspaper.com Fax: 363-3015 Canadian Mail Product Sales Agreement 40063331



Fast, furious and adventurous films

W. Andrew Powell The GATE

The action returns to the street this week as Vin Diesel and Paul Walker reprise their roles for Fast & Furious. Also opening, the comedy Adventureland follows a young college grad working at an amusement park for the summer; plus Amy Adams and Emily Blunt star in the dramedy, Sunshine Cleaning.

Fast & Furious

Vin Diesel's films generally have what I would call a onenote feel about them. As an action-junkie, I don't know if I'd call that a bad thing, but it's certainly marked his career. Now, following a string of less-thanhit movies (like the atrocious Babylon A.D.), Diesel returns to his roots with a sequel to his biggest box office hit, The Fast and the Furious.

Stepping back into the fold of this action franchise, Diesel stars once more as ex-con Dominic Toretto, with original co-star Paul Walker as agent Brian O'Conner. This time out though, the duo are forced into a pact to work together in a move to take out a shared enemy. Of course, that means getting behind the wheel one more time.

Calling this a sequel might be a little misleading though. The truth is, if we open up our dictionaries, Fast & Furious is actually what you would call an "interquel," set in between the second and third films. A meaningless fact that only clarifies how convoluted the series has gotten to pump out yet another film.

Directed by Justin Lin, the filmmaker responsible for making the poorly-rated, box office hit, Tokyo Drift, it seems impossible to hope for much more than the usual this time out. Once



It's a bit of teen fun in Adventureland with Jesse Eisenberg, Bill Hader, Ryan Reynolds, and Kristen Wiig.

again, that means big stunts, and great visuals, with a lame story, and no common sense.

Adventureland

Pardon my enthusiasm, but even in my thirties I still have a soft spot for funny teen comedies. The truly hilarious ones are pretty uncommon, but look no further than director Greg Mottola's Superbad for a great example of a teen comedy with laughs, and heart.

For Mottola's latest film, which he also wrote, we take a trip back to the summer of 1987. James, played by Jesse Eisenberg, is a fresh college grad hoping to escape to Europe for the summer, but when he realizes he's short on cash, his parents tell him that it's time to get a job.

When no one will hire him, James ends up working at an amusement park, populated by a range of weirdoes and losers. On the bright side, James might just have a shot at the sweet Em, played by Kristen Stewart, as he works for next to nothing, and tries to keep the hecklers at bay.

Co-starring Ryan Reynolds, Kristen Wiig, Bill Hader, and Martin Starr, Adventureland looks like a lot of fun, and has a strong collection of reviews stacking up in its favour.

Sunshine Cleaning

The Sundance Film Festival has a reputation for highlighting clever, witty films that tend to lean towards a dramatic independent style. A couple of great examples would have to be The Squid and the Whale, the documentary Super Size Me, and American Splendor.

With that in mind, Sunshine Cleaning is an interesting new

release that debuted at Sundance last year, and stars the wonderful Amy Adams and Emily Blunt as two sisters trying to expand their cleaning business.

In this witty dramedy, Adams plays a single mother who runs a household cleaning business, but starts working with her sister when the man she's sleeping with suggests she try her hand at crime-scene cleaning. While the grim task tests their patience, and their resolve, the sisters also have to come to terms with sad memories brought to mind by their line of work.

Reviewers have generally praised the film, although many note a few issues with the story and mood.

Arriving April 10: *Observe and Report* Hannah Montana The Movie Dragonball: Evolution



Hear a story, Share a laugh, Sing a song...

The Veterans Health Centre at The Lodge at Broadmead needs volunteers to socialize with elderly veterans on:

• Wednesday afternoons • Thursday mornings or afternoons

- Friday mornings, afternoons or evenings
- Saturday & Sunday mornings

For information contact Kelly Sprackett Coordinator of Volunteer Services at 658-3205 or Kelly.Sprackett@broadmeadcare.com

Technicians scramble aloft in Singapore

MS Richard DuBois HMCS Winnipeg

Being a member of the Combat Systems Engineering (CSE) Department has its ups and downs.

It was definitely an "up" day when the NETech Tactical section took advantage of a fuel stop in Singapore to conduct maintenance on *HMCS Winnipeg's* RADAR and electronic warfare system 80 feet up the ship's main mast.

The CSE department's job is to ensure the ship's combat systems remain in tiptop shape. This doesn't just mean fixing things when they break, it also means conducting preventative maintenance in an effort to reduce the frequency of those breakdowns.

Part of the challenge is finding opportunities to perform maintenance. Most of the systems are in use at sea and the capabilities they provide to operations are too valuable to relinquish. Additionally, due to the unstable nature of a ship at sea, work is often difficult or unsafe to do while sailing, particularly for parts of the equipment on the weather decks and masts. As a result, we take every opportunity alongside to ensure that we get aloft to inspect, maintain and repair all mechanical parts.

We perform what maintenance we can at sea but when that's not possible, it can be a double edged sword. On rare occasions we have to stay behind to make critical repairs in foreign port while others go ashore. However, other times we get to do our own technical repair work while others are storing ship or landing gash (garbage) and getting the ship ready for a port visit.

During *Winnipeg's* recent eight-hour fuel stop in Singapore the CSE department resembled an Indy car pit crew. Each of the four sections of the department, Tactical (RADAR), Acoustic (SONAR), Communications, and Weapons Techs (gunners) busied themselves in teams on their own specific equipment.

The tactical techs were up the mast in two teams, one replacing an antenna for the Canadian Electronic Warfare



Photo courtesy of HMCS Winnipeg PO2 Kirk Kendall performs maintenance up high on HMCS Winnipeg's

System (CANEWS), another performing a grease routine on the Sea Giraffe, the ship's medium-range surface search RADAR. The gunners were busy performing maintenance on the Close In Weapons System (CIWS).

main mast.

The Acoustic techs assisted with the install of the new LRAD hailing system, and the Comm Techs were repairing several of the SHINCOM (telephone) terminals on the upper decks. A lot of work got done in a very short time while alongside Singapore.

It's not all work, though, and it's important to take a few minutes to enjoy the spectacular views from 80 feet up, particularly for junior personnel aloft for the first time. You can tell it's something unique when the Public Affairs Officer shows up with his camera. On days like this, it can be hard to believe we get paid to do this.





WINATRIP TO TO BARCELONA! "YOU DON'T KNOW JACK"





JOCKEY

认 EAST COAST NEWS: SAILOR REWARDED

Navy diver awarded Star of Courage

Darlene Blakeley Contributor

When PO2 Jim Leith was called to the Admiral's office in Halifax, he wracked his brains to figure out what he'd done wrong. "I must be in the ka-ka," he muttered to himself, "but I don't remember doing anything." When he arrived, there were several people gathered in the Admiral's office, all of them smiling.

PO2 Leith was told he had just been awarded the Star of Courage, a Canadian decoration for acts of conspicuous courage in circumstances of great peril.

The official announcement came from the Governor General's office on March 16, and the actual medal will be handed out in a ceremony at Government House later this spring.

A clearance diver at Fleet Diving Unit (Atlantic) with 22 years of service, PO2 Leith was on his first six-month combat mission in Afghanistan in the fall of 2006. Serving alongside members of 2 Combat Engineer Regiment, part of his job included clearing the supply routes every morning. During one such mission in the Pashmul district, the Bison armoured vehicle he was riding in hit an improvised explosive device (IED) and was thrown over nine metres.

Since PO2 Leith had jokingly been told by an Army colleague that "you break it, you buy it", his first thought was that he now owed about \$1.75 million for the Bison. However, as he climbed from the hatch of the shattered vehicle his concern turned to his buddy, Cpl Jim Lightle, who had been blown from the back-end of the Bison and was suffering from a compound leg fracture.

Two U.S. medics quickly took control of the situation, and to PO2 Leith's amazement, had the



PO2 Jim Leith served in Afghanistan in 2006. His brave actions to disarm an improvised explosive device found on the roadside earned him a medal.

injured diver loaded into a Black Hawk helicopter and en route to the nearest hospital in record time. He later learned it had taken just 19 minutes to transport Cpl Lightle from the battlefield to the operating theatre.

But that was just the beginning. As PO2 Leith began a post-blast investigation of the site, he came across a second, unexploded IED. He alerted others in the area to the danger. After clearing everyone back 100 metres. PO2 Leith crawled on his belly towards the IED, with nothing more than a bayonet. All of his specialized equipment had been destroyed in the Bison. Carefully, over the course

of about an hour, he managed to disassemble the components of the IED, rendering it safe.

"These IEDs are technically not very sophisticated," he says. "I felt I was competent enough to disable it. A good dose of fear keeps you sharp."

PO2 Leith also knew that if he didn't disable the IED this time, the enemy would be back with a similar device. "If we can get these IEDs and take them apart we can collect evidence for the next time," he explains.

The other soldiers formed a distant, yet protective barrier around PO2 Leith as he worked, because the enemy "doesn't like us messing with their handiwork." PO2 Leith is humble about the act of courage that earned him one of Canada's highest awards for bravery. "I was just doing my job. That's what I'm supposed to be doing over there."

"These IEDs are technically not very sophisticated. I felt I was competent enough to disable it. A good dose of fear keeps you sharp."

-PO2 Jim Leith

SPORTS INBRIE

Women's Slo-Pitch

Personnel Support Programs is holding registration and tryouts for the women's slo-pitch team, for players and assistant coaches, from 4 to 6 p.m. at the Colville Field April 20-23. For more information contact Coach, PO2 Chrissy Wruck, at 363-7249 or 363-7246, or PSP Sports Coordinator, Danielle Sutherland, at 363-4068.

Call for Military Soccer Officials

PSP and the CF sports program are looking for military members interested in becoming soccer officials, or who are currently soccer officials but not taking part in military sports programs. For those who participate in the CF programs, it is possible to receive financial assistance with registration and course fees. You may have the opportunity to travel within your region to participate at the Regional Championship, outside your region for the National Championship, or once qualified, outside the country for international events.

Contact Danielle Sutherland, Sports Coordinator, at 250-363-4068.



Like Weekender

Wear?





ESQUIMALT-METCHOSIN COMMUNITY OFFICE

10am – 4pm, Mon. – Thurs. and by appointment

A5 – 100 Aldersmith Place, Victoria (in Nelson Square, north of Admirals Walk on Admirals Road)

250 479-8326 Maurine.Karagianis.MLA@leg.bc.ca **www.maurinekaragianis.ca**

Base Taxi Service

for Naden, Dockyard & WorkPoint Operates 7:30am to 3pm

Monday to Friday.

Try to use Base Rounders before calling the Base Taxi to reduce wait times.

Available for military-related appoinrments or meetings on base only.





Heather Banzet

10040 Galaran Road, Sidney, BC Phone: 250-655-1119 Toll free: 1-888-272-8888

Taxi Dispatch

363-2384

Contact me today to arrange open-ended financing with monthly payments as low as \$175. Business Manager, sidneybusoffice@arbutusrv.ca



Let me help you and your family find the recreational vehicle that suits your lifestyle. RV Sales Consultant, Arbutus's overall top salesperson of 2008 sidneysales@arbutusrv.ca

Ken Carstensen



SERVING THOSE WHO SERVE The Royal Canadian Legion Service Bureau Network

Representation Services >Advocacy >Benevolent Assistance

The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit **www.legion.ca/ServiceBureau**.



ORUM



A/SLt Penny Trusty, Contributor

A/SLt Tanya Meldrum practices being a ship Navigating Officer in one of the bridge simulators located at the Naval Officer Training Centre Venture. These state-of-the-art simulators are used to train Maritime Surface and Subsurface Officers (MARS) in skills required to sail warships at sea.

Civilians to instruct officers

A/SLt Penny Trusty Contributor

A comprehensive review of teaching has led the Naval Officer Training Centre (NOTC) Venture to hire civilian instructors this spring to train its naval officers.

Hiring instructors from outside the military is a new step in the school's everadvancing training program. "The new phase will help keep the quality of instruction at its very best, and maintain our reputation as a first-class teaching facility," said Cdr Kelly Larkin, Commanding Officer of NOTC Venture. "It will also allow us to keep pace with

uniformed personnel." Civilian instructors will augment the cadre of mili-

the times, but it does not

mean there will be any less

tary instructors, who will continue to conduct all the practical training in the simulators and at sea.

Increased tempo of deployments and operations has meant innovative solutions had to be developed to provide the staff for NOTC, and although NOTC has been able to meet its mandate the lack of continuity is not helpful to staff or students.

Civilian instructors will be used as subject matter experts to enhance current training programs and reduce the cost to the fleet in covering personnel shortages at NOTC.

"The civilian instructor positions will bring a level of stability to the instructor cadre at NOTC that has not been experienced in recent years," explains LCdr Simon Brown, NOTC Executive Officer. "They will complement rather than replace the Course Training Officers."

Six civilian instructors will be hired to balance teaching within the naval military staff, with one senior instructor to oversee their activities. The senior instructor will report directly to the MARS Section Head and the chain of command. In addition, a three-person civilian Training Support Team will be hired to support e-Learning.

This part of the school's new training program involves revamping training support systems such as e-Learning, e-Testing and Electronic Training Record Management. In addition a Project Manager will be hired to design, develop and implement a number of training delivery and support management systems.



Mary Ellen Green, Lookout

PO2 Debbie Chamberlain and LCdr Glen Thomas of Canadian Fleet Pacific accept a United Way Gold Award from RAdm Tyrone Pile, Commander Maritime Forces Pacific.



Mary Ellen Green, Lookout Base Logistics United Way representative Capt Erin Kay accepts a Spirit Award from RAdm Pile.



Canadian Forces Fleet School's United Way representative PO2 Yannick Gagne accepts his unit's Spirit Award from RAdm Pile.



LCol Jon Burbee, on behalf of Base Construction Engineering, receives a United Way Spirit Award from RAdm Pile.





You're Welcome on the West Shore Prices From \$289,900

- Beautiful & Spacious
- Most homes over 1100 sq. ft.
- Steel & concrete building
- 9' Ceilings *Low-E energy efficient windows
- Gorgeous Kitchens *Granite countertops
- Hardwood Floors *Spa-like ensuites
 No Surprise Prising
- No Surprise Pricing



Any offering shall be made in conjunction with delivery of a Disclosure Statement.



www.soarecontracting.com в



Borrow up to \$3,000

```
EasyFinancial
Services
```

No credit report refused

For as low as \$214,900

Net GST included





Shelley Lipke, Lookout

Naval Electronic Sensor Operators on board HMCS Calgary stand with the Lockheed Martin Electronic Warfare Fleet Intercept Award. By conducting more intercepts (recording radar signals) than any other Canadian frigate or submarine, they won this annual award.

Calgary wins award for data collecting

Shelley Lipke Staff writer

A lengthy deployment, dedication and teamwork has paid off for the crew of HMCS Calgary who set the benchmark by winning the fleet intercept award and collecting more radar data than all the other CF ships and submarines combined.

Since 2002, The Lockheed Martin Electronic Warfare Fleet Intercept award is presented annually to the Canadian frigate or submarine who collects the most electronic intercepts (or recorded radar signals).

"This year HMCS Calgary submitted approximately 500 intercepts, which bined for two years running," said LCdr Peter Duke, Commanding Officer of Naval Electronic Warfare Centre Ottawa. "I give credit to the NESOP (Naval Electronic Sensor Operator) team, the bridge and the techs."

exceeded every ship com-

"During our six-and-a half month deployment we had a friendly competition between individuals and port and starboard watches to see who could get the most intercepts of best quality and accuracy," said PO1 Mike Barker, sensor weapons controller. "At the beginning of our long deployment this competition peaked the interest of all operators, and

allowed them to gain more experience as well."

As the frigate sailed the waters surrounding the Persian Gulf during Task Force Afghanistan and Operation Altair, it had an opportunity to collect radar data on many vessels, aircraft and land-based platforms as it was the sole vessel within the task group performing this duty.

"At sea we use radar, bridge personnel and electronic warfare signals to track, identify and report the platforms that we come in contact with," said PO1 Barker.

All Canadian frigates and submarines are equipped with equipment needed to perform these intercepts and the data collected by this equipment is used to help build a maritime picture.

"Each time a signal is detected, the naval electronic sensor operators must



Once a radar signal is recognized from one type of vessel, the operators will be able to identify a similar signal more easily in the future.

"It's important to collect accurate signals because we use them for future operations," he said.

Aside from the number of intercepts, accuracy also plays a key role in determining the recipient of this award. The information collected by the operators is sent to the Naval Electronic Warfare Centre in Ottawa where it is analyzed for accuracy.

"Ninety two per cent of the signals that we submitted this year were accepted as accurate signals," said PO1 Barker. "This shows that the work we put forward yielded a good success rate."

The number of intercepts we've had this year has built a lot of confidence in our personnel, he said. "If we can identify both friendly ships as well as threats then we can make appropriate tactical decisions at sea."



Now Available SHOW_SUITE OCCUPANCY MAY 09

- 9' 14' ceilings
- stainless appliances
- in suite laundry

Weekdays 9-5pm • Weekends 12-4pm 107 - 847 Goldstream Ave. Kahl Reality behind Tim Horton's

Jason Khal 250-391-8484











Photos by Shelley Lipke, Lookout

Above and top right: When an instructor at Fleet Diving Unit calls "awkward," dive students run for the water, donning their wetsuits and fins within two minutes. The students must drop what they're doing, even if they are in the middle of a class, to go for a short swim in the chilly waters of Esquimalt Harbour. The exercise teaches them to be ready anytime.

Right: PO1 Rob DeProy and CPO1 Walter Dubeau stand beside a two man recompression chamber. The portable chamber is used to remove nitrogen from the blood of divers who are feeling the effects of nitrogen poisoning, (also called the bends). If a diver is in need of this treatment, the chamber can be flown in by helicopter.

Bottom right: LS Geoffrey Backman receives oxygen through an oral nasal mask inside the main recompression chamber during a training exercise. One of five recompression chambers at the unit, this large chamber is used to treat injured divers, and to train divers to operate, drive and supervise the recompression.

Below: Dive students carry an empty crate to one of the dive tenders to fill with extra equipment when they go diving.









🛴 COMMUNITY: GET OUT AND ABOUT

Volunteer opportunities up for grabs for museum enthusiasts

Shelley Lipke Staff writer

The Maritime Museum of B.C. has relied heavily on the voluntary work of naval devotees and history buffs since its inception in 1955, and is now looking to further expand its volunteer base.

Setting up and cataloguing exhibits, conducting group tours and networking with the visitors are some of the tasks that staff at the Bastion Square museum need help with.

"Most volunteers are retired and they are here because they share a deep love for maritime culture and life at sea," said 70-yearold Mike Harrison.

For the past 15 years, Harrison has been coming to the museum twice a week for four hours.

"Sometimes I talk to visitors and act as security, work in the library answering research questions, or give group tours," said Harrison. Generally, we like to ask people what their interests are and this helps us find the right job at the museum that they'll enjoy."

Like many volunteers, Harrison has been associated with ships his whole life. As a naval architect, he worked for the National Search Council in the United Kingdom and then



Megan O'Connor and Mike Harrison, volunteers at the Maritime Museum of B.C. in Bastion Square, pose for a photo at the Tilikum exhibit.

later for the Canadian Coast Guard.

"We have retired coast guards, captains, naval architects, tugboat captains, and marine pilots who volunteer their time here," said Harrison. "We even have, a serving navy officer, LCdr Angus Fedoruk, who volunteers as much as he can when he's not away at sea.



We are a close group and I've made a great bunch of friends and we often travel together and visit other museums in the area."

Each year the museum attracts thousands of visitors, and with events such as the Tall Ships Festival, volunteers learn a lot simply from chatting with the visitors, said Harrison. 'Some people come to Victoria specifically to see the museum. We have a lot of retired merchant marines who come to see historical artifacts," he said.

The museum currently has 40 volunteers ranging in age from students to retirees. Some even sit on the board of directors, and help organize special events and fundraisers.

For 21-year-old Megan O'Connor, volunteering is preparing her for museum studies at the University of Toronto. "I'm just finishing up my undergrad degree as a fourth year anthropolworking with the collections managers at the museum to learn how to handle, catalogue and exhibit objects," she said. "This is helping me establish what kind of job I will have in the future. It's a great learning environment for any student who is looking to go into heritage or cultural management."

O'Connor has many roles at the museum. She helps sell tickets, works in the

gift shop and at the front desk, and she admits that she loves the variety that volunteering gives her.

"Every day is different, and I find it especially interesting working with historical and cultural objects because I like to uncover the mystery of what the object actually is and the history that lies behind it," she said.

Because volunteers will interact most with the public, the collections manager will gather all the volunteers around an exhibit to explain it to them, said O'Connor. This way the volunteers pass on the knowledge to the visitors. "We are always learning, which is what I find so fascinating about the museum."

In the summer a lot of exchange students volunteer, but during the rest of the year it's mostly retirees that run the show. "It's a great opportunity for retired veterans to keep ogy student and have been their connection with the sea and bring in valuable resources, knowledge and background," said Harrison.

From early explorers and pirates, to the history of shipbuilding and shipwrecks to whaling and fishing, there are as many featured exhibits as individual opportunities to get involved. To register as a volunteer or for further information go to www. mmbc.bc.ca.

Unique ceremony marks citizenship

Mary Ellen Green Staff writer

To bring attention to the International Day for the Elimination of Racial Discrimination, Thursday, March 26, the Maritime Forces Pacific Visible Minority Advisory Group (MVMAG) hosted the first-ever citizenship ceremony at CFB Esquimalt.

Thirty candidates from 14 countries took the oath of citizenship in the Rainbow Room at the Chiefs and Petty Officers' Mess, amongst friends, relatives and curious DND onlookers.

The ceremony was hosted by PO2 Thandi Pilkey, Military Co-Chair of MVMAG, and attended by RAdm Tyrone Pile, Commander Maritime Forces Pacific, and Thomas Kwan, Director of Operations for Citizenship and Immigration Canada on Vancouver Island.

"It is fitting that the theme of this ceremony is Remembering the Past and Improving the Future and that today is

the International Day for the Elimination of Racial Discrimination," said RAdm Pile. "As new Canadian citizens we do not ask you to give up your culture, your religion or your language. We encourage you remain proud of your roots and bring all that is positive with you and to work together with us to continue to build this nation. Furthermore my organization has lots of opportunities for you."

Member of the Order of Canada, Barbara Brink was the presiding officer, assisted by Citizenship Officer Elisabeth Klak.

The Naden Band was on hand to provide music for the ceremony, accompanied by world-class vocalist, Ken Lavigne singing the National Anthem in both French and English.

"This is an excellent show of support for new immigrants. Our role in MVMAG is to create a barrier-free workplace where everyone is welcome. We need to be representative of the community we work in," said PO2 Pilkey.



Mary Ellen Green, Lookout RAdm Tyrone Pile greets a new Canadian citizen following an oath-taking ceremony on base.

CFSA SAILING RACE RESULTS

Series Race B7 March 29, 2009

Div 1 1. White Wave, Jon Richardson; 2. Feisty,
Pauline and Ed Haines; 3. Limbo, Paul Jensen
Div 2 1. Hilda Harris, John Pirquet; 2. Circles, Will
Nesling; 3. Pitoraq, Graham Heath.

Div 3 1. Canada Goose, David Deeks; 2. Dee Jay, Patrick Contant; 3. Dreamer, Neil Porter.

Series Race B8 March 29, 2009

Div 1 1. White Wave, Jon Richardson; 2. Presto, Rodger Brady; 3. Compromise, Glen Shippam.
Div 2 1. Hilda Harris, John Pirquet; 2. Circles, Will Nesling; 3. Pitoraq, Graham Heath.
Div 3 1. Canada Goose, David Deeks; 2. Dee Jay, Patrick Contant; 3. Dreamer, Neil Porter.

Custom Milling	
10%	Lumber Sales
10% MILITARY DISCOUNT CALL FOR DETAILS	Cedar & Fir • Appearance grade timbers • Finished lumber products • Decking & Siding • 4 Side Planer Services • Custom Profiles • Custom Profiles • Custom Profiles
Kevin Wenstob Ph: 250-642-1313 Fax: 250-642-1413	Wenstob Timber Resources Ltd.
info@wenstobtimber	resources.com 2050 Idlemore Road, Sooke



Benefits of Metal Roofing



327 Harbour Rd. 382-5154 • www.irwinvi.com

Cost Effective Pays for itself the day it's installed. Long life span with low maintenance.

Attractive Wide range of colours, clean lines and hidden fasteners.

Durable Raised seams assist in quick drainage, preventing water

damage. Interlocking Profile Designed as a water barrier. Fire-proof, moss & mildew resistant.

> RWIN NDUSTRIES LTD.



ATTENTION: Satellite/Cable Viewers

Watch Shepherd's Chapel - G6 Transponder 16 (24hrs) Also on small dish networks, KVOS TV 5am-6am Weekdays www.shepherdschapel.com



EXECUTIVE PROGRAMS

Two-Day Course INTRODUCTION TO PROJECT MANAGEMENT

April 29 & 30, 2009 - Westin Bear Mountain Golf Resort

Discover essential tools for new project managers and team members to deliver successful projects on time, on budget and in scope. Covers the complete project lifecycle, from initial project proposal and definition, through project implementation, and finally the often neglected project completion phase. Ideal for:

- = new managers and project managers
- = those undertaking unique projects
- = corporate department heads
- senior executives with business planning responsibilities
- = systems, manufacturing and operations personnel
- = engineering professionals

Kenny Chesney

Steve Miller Band

Paul Brandt • Pam Tillis

George Canyon Jo Dee Messina

Johnny Reid Emerson Drive Crystal Shawanda ..and more!

ticketmaster.ca

or 1.888.7.MERRIT

COUPON

Answer:

Name:

tainfest.co

Global

= technology and research managers

Course tuition of \$1095 (& GST) includes meals and refreshments, course materials, and useful templates.

Registration details here: http://www.business.uvic.ca/executive Call UVic Executive Programs at 250-472-4446 today!

17th ANNUAL

Ierritt, BC

July 9-12, 2009

Greater access to Public Service jobs

The Public Service Commission (PSC) has taken a phased-in approach to implementing a national area of selection (NAOS) policy, which applies to public service positions being staffed externally.

This policy does not apply to positions being staffed internally.

The intent is to provide greater access for Canadians to job opportunities in the public service and to encourage enhanced diversity.

The policy started in 2001 for jobs open to the public at the executive (senior) level.

In April 2006, officer-level jobs open to the public and located in the National Capital Region became subject to the NAOS. A national area of selection was then applied across the country to officer-level jobs in April 2007.

Effective Dec. 31, 2008, the PSC implemented the expansion of NAOS for all positions across Canada. This requires that all positions (both indeterminate and term over six months) being staffed on an external basis (i.e. open to the general public) must be advertised nationally to all Canadians.

For Canadians, this expansion means that they can apply for and will be considered for jobs within the fed-



1155 Resort Drive, Parksville

Vancouver Island

RESERVATIONS 1-800-663-7373 WWW.TIGH-NA-MARA.COM

eral public service regardless of where they live. This will result in greater access to persons who reflect the myriad of backgrounds, skills and professions needed to support our operations.

For some positions, especially entry-level, this may mean significant increases in the volume of applications and additional workload demands for both managers and HR service providers.

In order to manage this change, a National Area of Selection Framework has been developed with a view to keeping the number of similar selection processes to a minimum and eliminating duplication of work.

Based on an analysis of SIP information, Service Centres that identify a need to staff positions of the same groups and levels, partner to run one recruitment process to fill all positions.

Managers who have positions being staffed in these occupations will be expected to support these national selection processes, if no local pools currently exist, by drawing candidates from these inventories/pools for further assessment of "right fit."

They will work with their local Human Resource Officer (HRO) as usual. Managers may also be asked to participate in future selection processes where there may be a viable partnership with other managers who have similar needs. Current employees who

of applicants. To assist any employee who may not have access to a computer, the Civilian Human Resources Service Centre has set up two computer work stations in the foyer of Building 54

Naden. A staff member is available to assist if necessary. To assist candidates in applying for subsequent selection processes the Learning and Career Centre will be arranging for briefing sessions. The details of these sessions will be issued shortly.

If you have any questions regarding this new policy and its impact on current or future staffing strategies at your unit, please contact vour Human Resources Officer.

F.A. (Ted) Dobie Director **Civilian Human Resource** Service Centre (Pacific)

Helping

You

Is What

(250) 477-5353 110-4460 Chatterton Way 1-800-461-5353 coastcapital@royallepage.ca

DOWNTOWN

(250) 384-7663 1075 Pandora Avenue 1-866-806-0982 rlpvictoria@royallepage.ca

OAK BAY

(250) 592-4422 1933 Oak Bay Avenue 1-800-263-4753 victoriabc@royallepage.ca WEST SHORE

ROYAL LEPAGE

Coast Capital Realty

INDEPENDENTLY OWNED AND OPERATED

(250) 474-4800 501-1913 Sooke Road 1-866-806-0981 westshorerlp@shaw.ca

SOOKE

(250) 642-6361 6739 West Coast Road 1-800-461-5353 coastcapital@royallepage.ca

may be interested in apply-

ing for other positions are

strongly encouraged to mon-

itor the www.jobs.gc.ca web

site. It is important to note

that the notices are originat-

ing from various locations on behalf of all work sites

across DND, and that they

are often posted for a short

period only. Candidates must

be careful when complet-

ing their on-line application

that they specify the work

location(s) for which they

Candidates must also be

aware that we are accept-

ing only on-line applications.

This is necessary to permit

the electronic screening

want to be considered.

We Do

Answer this question: What was the debut album of The Steve Miller Band? Phone:

2 full event (4 day) tickets

& 1 reserved camping site.

The Province

A Prize Pack Worth \$720

One entry per person per week. Drop off at 1522 Esquimalt Rd, mail to Lookout, CFB Esqumalt, PO BOX 17000 StnForces, Victoria, BC, V9A 7N2, or email frontoffice@lookoutnewspaper.com



Upcoming Birthday? New Baby? Place an announcement in the Lookout Classifieds with a graphic. Call 363-3014 for details or to book.

• Qualify over the phone

• No credit checks

• Guaranteed approvals

250-384-1001

FINANCIALFOCUS Before you fill out your tax return...

Pierre Goulet SISIP Financial Services

Now that the RRSP season is behind us, Canadians turn their attention to income tax time. The deadline for filing your 2008 tax return is April 30, 2009. Depending on your situation, non-refundable tax credits can help reduce your tax base. Here are a few simple tips you should keep in mind. Charitable donations

Those of you who make donations to your favourite charity will get a tax credit when these are claimed on your tax return. Keep in mind that the federal credit is 15 per cent on the first \$200 and 29 per cent on amounts above \$200. In addition, there are corresponding provincial credits based on your province's tax rates.

Charitable donation receipts can be transferred to your spouse. The higher income earner should claim all donations if the province of residence has a provincial surtax and the higher income earner is subject to it. This way you will get the maximum credit against the income in the highest tax bracket. If surtaxes do not apply, either spouse can claim the donations.

Medical Expenses

Medical expenses are also transferable between spouses. Medical expenses can include amounts paid outside of Canada and they must be more than 3 per cent of your net income or \$1,962. whichever is less. Therefore, the spouse with the lowest income should claim all expenses.

You can claim the expenses of all immediate family members (child. spouse, parent, grandparent, brother, uncle, niece...) who depended upon you for support during the tax year. The total of these expenses must be more than the lesser of \$1,962 or 3 per cent of the dependent's net income for the year up to a maximum of \$10,000.

You can claim medical expenses paid in any 12-month period ending in 2008 that were not claimed in the previous vear.

Tuition and Education Amounts

You can claim fees paid for postsecondary courses. Each claim must be \$100 or more for each educational institution and the institution should provide you with an official tax receipt or a form T2202A. A portion of the education amounts can also be trans-

ferred from spouses and children. To find out what amount is eligible, complete the calculation on the back of your T2202A or schedule 11 in your income tax forms.

Spouse or Common-Law Partner

Amount If your spouse or common-law partner earned less than \$9,600 last year, follow the calculation on line 303 of your return to see what amount you can claim.

If you were single, divorced, separated, or widowed you can claim a maximum amount of \$9,600 minus the income for any dependent. This amount is called the "Amount for an eligible dependent" and is found on schedule 5 of your return. Age and Pension Credits

These amounts are based on your age and whether you are receiving a pension and can also be transferred to

your spouse. All of the above mentioned credits and further explanations are in your General Income Tax and Benefit Guide 2008. Take the time to read the portions of the guide that apply to your claims. It may save you money or prevent you from making a costly mistake.

TEME Seasonal Oil Change

April 17 • 7:30am-3pm • Bldg 1127 Workpoint

Oil change & 25 pt check: \$25 Second car: \$20 Tire change/balance \$20

Meal included: Pancake breakfast, eggs, toast 7-11am. Burgers 11am-3pm.

Car wash: \$6 (+ meal add \$4)



#204-941 Esquimalt Road **DROP YOUR SLIPS OFF TODAY.** April 30 Tax Deadline is **Fast Approaching** We are open year round to assist you.



filter. No parts will be provided by the TEME workshop. • OPI: MCpl Whyte, 363-0811



100% Victoria Owned • Military Family Operated • Generous Referral Program

OPEN ALL YEAR

TAYBERRY TERRACE 15 detached FREE HOLD homes in Langford's Happy Valley from \$399,900 incl net GST. Located just past Happy Valley School, only steps to transit and the Galloping Goose. No Strata Fees.

DOG REALLEADERS Contact Mike Hartshorne DFH Real Estate www.tayberryterrace.com 250 474 6003





INFOCUS



On March 10, Ken White, a Powell River, B.C. resident, received the Canadian Forces Search and Rescue Award of Achievement from 442 Search and Rescue Squadron based at CFB Comox. White has assisted the Joint Rescue Co-ordination Centre (JRCC) Victoria in many search and rescue cases over the past 30 years. He would often be the first one alerting the JRCC of Mayday calls in the northern Georgia Strait. White runs an operations centre from his home to assist the Joint Rescue Co-Ordination Centre in Victoria. He also assists the United States Coast Guard Rescue Co-ordination Centres in the Pacific Maritime search and rescue region, in which he if often the first person to alert them of mayday calls from a merchantman or fishing vessel in distress.



Logistics employees rise to the challenge

Irwin, and the Customer Assistance materiel stream at D210 Return hours of study on their own time Manager, LCdr Marc Blouin, recent- Stores. Other section activities and was a significant challenge for ly recognized the achievement of include providing on-shelf main- all involved. According to Rob the Base Logistics Technical Services Section (TSS). Five members of the TSS team earned their Quality Inspector certification from the internationally recognized American Society for Quality (ASQ), a guiding force in the development of quality management practice and its application in industry and government.

TSS staff provide incoming product verification and inspection services for Materiel processed through the Base Logistics main warehouse, as well as providing conditioning

Base Logistics Officer, Cdr Steve and sentencing services to the return a professional agency, required many tenance capability, logistics technical assistance to end-user units, Cataloguing of locally managed materiel, and training to end-user units in logistics technical areas. Modernizing section activities has been a primary focus of the section for the past four years and this recent achievement by Bill Anderson, Louise Cassidy, Rob Senkpiel, Ken Stotz, and Jordan Walsh marks an important milestone in the section's continual improvement activities.

Achieving this accreditation, from

Senkpiel, "We have some incredibly talented people in our section, and now that we've experienced the exam and the required study process first hand, we'll be able to assist our other inspectors in achieving their certification. As well - several of us will be pursuing Quality Technician and/or Quality Manager certifications in the coming months, and going through this process will stand us in good stead as we continue to move forward in support of Base Logistics."

Teacher newest naval member

Darlene Blakeley

Contributor

An educator and administrator from Thunder Bay, ON, has been named the navy's newest honorary captain.

Patricia Lang, currently president of Confederation College of Applied Arts and Technology, is a member of the business and academic communities in northwestern Ontario.

HCapt(N) Lang will be affiliated with the Directorate of Maritime Training and Education, whose mission is to provide sufficient, properly qualified personnel to conduct naval operations through recruiting attraction, training, professional development and education.

"The appointment of honorary captain is a privilege and I am indeed humbled by the honour," says HCapt(N) Lang.

Her willingness to become an honorary member of the navy was cemented last summer when she and LCdr John Bell, Commanding Officer of Thunder Bay's Naval Reserve Division, *HMCS Griffon*, visited the Naval Reserve Training Division at CFB Borden. HCapt(N) Lang came away from the visit with a strong appreciation for Canada's sailors and their devotion to duty.

"I had the opportunity to speak to new recruits who spoke very proudly and eloquently about serving Canada and about their learning in terms of ethics and teamwork," explains HCapt(N) Lang. "Their excitement was palpable and their loyalty admirable. This visit reinforced for me what a privilege it is to live in Canada and that if I ever had the opportunity to serve our country that it would be incumbent upon me to do so."

Earlier this year HCapt(N) Lang gained some first-hand knowledge of the navy, sailing aboard the maritime coastal defence vessel *HMCS Whitehorse*, as well as visiting the Damage Control Division and Fleet Diving Unit Pacific.

"I was most impressed with the incredibly broad base of knowledge, skill and expertise of all the navy personnel," she says. "I think they invented the concept of 'multi-skilling' that is now becoming prevalent in business and industry."

She is a strong advocate for the navy and its technical education requirements, and her diverse background gives her unique access to key technical education and national leaders in business and government.

"Honorary Captains play a liaison role between the navy and communities, sectors or businesses, and in my case, I will act as a liaison between the navy and over 150 Canadian community colleges," she says.

She will also promote the new Non-Commissioned Member Subsidized Education Plan across Canada, sharing her knowledge and experience of student recruitment with the navy.

Market your business to the military community. *Call 250-363-3014 to find out about advertising opportunities.*



Westshore Return-it 858 Esquimalt Rd. (near base) 381-1482 OPEN Monday to Saturday 8:30am - 5pm, Sunday 10am - 4pm



CF athletes train with the best

Mary Ellen Green Staff writer

Ever wonder what it would be like to train like an Olympian?

Canadian Forces triathletes and runners from CFB Esquimalt found the answer to that at the United States Olympic Training Centre in Colorado Springs for the CF National Running and Triathlon Development camps.

Fifty athletes from across the CF converged on Colorado Springs Feb. 15-22 for a week of intense training with some of the world's top coaches, including Sharon Donnelly, former CF member, and Olympic triathlon champion.

"It was amazing and a great experience. Sharon Donnelly really helped us with the swimming aspect," said LCdr Lucie Tremblay, Naval Provost Marshal, who represented CFB Esquimalt's triathletes.

The Olympic Training Centre has a 50 metre, 10 lane pool with video analysis technology. Swimmers can watch their technique from all angles, including underwater, to critique and perfect their performance.

Twenty-five military triathletes will form the 2009 CISM Core Triathlon team for the upcoming season that include May's Armed Forces Triathlon in Point Mugu, California, and the CF National Championship in July.

World-renowned running coach, Bobby McGee, taught the running clinics for both running and triathlon. Running was always done outdoors, which was an unexpected challenge for the athletes, especially those from Esquimalt.

"It was cool and crisp during the day, and always sunny, but very, very dry. The dry conditions and the altitude (6,500 feet) has an impact on your breathing," LCdr Tremblay said.

For six days, athletes rose before 6 a.m. and worked until late evening, attending lectures and meetings, on top of exerting themselves to capacity during afternoon training sessions. Joint Task Force Games Information Manager, Lt(N) Blake Poirier attended the running development camp and said, "We ran over 100 km in those six days. I was running between 60 and 70 km per week on average before the camp, and now I'm doing between 70 and 80 km. You can't just produce endurance overnight; you have to gradually build it up. Having the opportunity to train full time for a week made me realize how much running I can actually fit into my schedule as long as I make time for it."

Lt(N) Poirier plans to compete in next year's running nationals in Ottawa in the Marathon event. His sights are also set on the CISM 5^{th} World Military Games in Rio De Janeiro in 2011.

Tons of savings. Literally



For reservations call 953-5300

Ask us about moving supplies.



-Choose from one of the largest truck fleets in Victoria -Always reliable and well maintained trucks -4 convenient locations across Victoria to serve you

-Special weekend rates -Corporate rates available -Constant commitment to the highest level of service

www.budgetvictoria.com





Call 363-3014 to book your display or word ad

ANNOUNCEMENTS

ANNUAL GREEK 7th EASTER BAKE SALE & SNACK BAR. April 4th, 5th between 10am and 4pm. Featuring numerous vummy, home-made Greek Easter desserts, pastries and freshly made Loukoumades. Souvlaki, Gyros, spanakotipta, and refreshments will be available at the snack bar. All proceeds will go towards support of the Victoria & Vancouver Island Greek Community Society. Everyone is welcome, no cost to attend! Location: Greek Community Centre, 4648 Elk Lake Drive (Next to Commonwealth Place) For more info call: 250-479-9391 or contact Mr. Michael Ikononou at michaelikonomou@shaw. са

CONQUER YOUR FEAR of public speaking at toastmasters. Frightened speak ers become confident Toastmasters speakers. can help! Visit www.victoriatoastmasters.com for details.

1108

TREAT YOURSELF TO A VISIT FROM WELCOME WAGON! IT'S FREE. We are a community service whose aim is to bring you greetings, gifts, and information regarding the area you live in. Call Connie at 250-380-9042 to arrange a short visit. I look forward to bringing you my basket of goodies

ARE YOU INTERESTED in providing emergency respite child care for military families? For information call 363-2640 or toll free 1-800-353-3329.

VOLUNTEERS NEEDED

REACH OUT TO YOUR COMMUNITY. Reach into Volunteer heart. your with us. Need Crisis and Information Line. www. needcrisis.bc.ca.

VOLUNTEERS OF ALL ages are needed to assist individuals with disabilities to get out and be active. By devoting as little as one hour per week, you have the opportunity to participate in an activity you enjoy while giving back to your community. For more into, or to volunteer, please call the Leisure Assistant Coordinator at 477-6314 ext 15 or email volunteers @rivonline.org.

VEHICLES FOR SALE

2008 YAMAHA VINO Scooter. (125cc). Great for hwy or city driving. Mint condition. Used only 3 months. 2,350 km, Comes open face helment w/ w/ flip up visor & riding gloves. \$3200 obo. Call Mike at 250-642-4349.

IDELMORE RD., SOOK





this time. If an item you want to borrow is out, call 363-4095 or email irwin.sl@forces.gc.ca to place a

hold.

The bell will be a standard 12 inch bell and will weigh roughly 90 pounds.





DND Civilian, RCMP Members, Permanent Full-Time & Part-Time MFRC employees are all eligible!



* On approved credit. See store for details.

Drop in to see us at CANEX CFB Esquimalt 250-363-4042