

Volume 55 Number 12 | March 22, 2010

LOOKOUT



MARPAC NEWS CFB Esquimalt, Victoria, B.C.

Year of the Canadian Naval Centennial



Shelley Lipke, Lookout

It was a picture perfect day for rescue training last Thursday. As the Sea King hovered over Albert Head, AB Terri McManus, in red, was hoisted from the ground by WO Nevil Schultz. In the helicopter Capt Mike Houston operated the winch that hauled the two up. AB McManus was one of several sailors who volunteered to assist the air crew from 443 Maritime Helicopter Squadron with training to keep them proficient when called to help in rescue missions.



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CF assists in large drug bust



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Sealing Victoria, sub work continues



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Local medic carries paralympic torch



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Royal Roads University embraces Project Hero

Shelley Lipke
Staff writer

Royal Roads University is showing its support for children of Canadian Forces members killed on active duty since 2002, the start of Canada's involvement in Afghanistan, by offering a scholarship to help them obtain an undergraduate degree.

The former military college fully supports Project Hero, which covers tuition for two years. Students must be under the age of 26 and be Canadian citizens or permanent residents.

"Signing up for Project Hero is an example of how much we value the heritage and our ongoing relationships with the Forces," said Shelley Langille, Director of Military and College Relations.

The scholarship program has been available since January and about

Signing up for Project Hero is an example of how much we value the heritage and our ongoing relationships with the Forces.

-Shelley Langille
Director of Military and College Relations

40 universities across the country have embraced hosting this program.

Ontario businessman and Honorary Lieutenant Colonel Kevin Reed and General (Ret'd) Rick Hillier started this initiative last September and brought it to fruition.

"The sign up from universities across the country has been outstanding," Langille said.

This program will be in place until Dec 31, 2015, and then it will be reviewed for renewal.

Langille works on strengthening relations with DND, the military and Royal Roads University.

"Royal Roads University has a long history with the military, having been a military college before becoming a university in 1995. Since then we have had senior officers and members of the military and DND attend programs such as disaster emergency management, conflict analysis and management, human security and peace building, leadership and business degrees that complement the roles and responsibilities of uniform and civilian members."

To find out more about Project Hero or RRU programs call Shelley Langille at 250-419-7740 ext 2225.

Hurry, homecoming statue bricks sale ends March 31

CNC

Construction is underway on Wharf Street to install the "Homecoming Statue" that will honour the Centennial of the Canadian Navy. The bronze statue by local sculptor Nathan Scott represents the bond between the Greater Victoria community and every sailor who served at the naval Dockyard in Esquimalt.

Located on Victoria's Inner Harbour on a spectacular site provided by the Provincial Capital Commission, the statue will be dedicated by His Honour, Steven Point, Lt.-Gov. of B.C. in a ceremony at noon on May 4, the Naval Centennial Day.

"The local community has embraced this project," says retired Rear Admiral Ken Summers, co-chair with Honorary

Captain(N) Cedric Steele.

"To date hundreds of paving bricks have been inscribed and are ready to be placed on the plaza surrounding the statue. Many bricks remember family, friends and colleagues; others acknowledge individual and corporate donors and supporters."

Orders for bricks will be taken by telephone or through the website www.homecomingstatue.com until March 31.

The bricks celebrate the public's gratitude for the tens of thousands of Canadians who answered both the call of their country and of the sea through the first century of Canada's naval service. The statue represents the special moment in the life of sailors when they return from the sea to be re-united with their family.

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Sonja Cermak, RCMP

Representatives from the agencies involved in the recent drug bust stand by the 1,001 kilogram stack of cocaine at a press conference on March 15. Left to right: Capt Victor Gronmyr of the Canadian Coast Guard; Capt(N) Les Falloon, Assistant Chief of Staff Operations (J3); Superintendent Brian Cantera of the Federal Drug Enforcement Branch; RCMP Superintendent Tom Jones of the Federal Border Integrity Program; RCMP Honourable Kash Heed, Solicitor General of BC Staff Sergeant; Dave Goddard, Media Relations Officer for Federal Drug Enforcement Branch; and RCMP Chief Superintendent Bob Harriman, Deputy Criminal Operations Officer for Federal RCMP in B.C.

Military instrumental in drug bust

Shelley Lipke
Staff writer

The Canadian Forces played a key role in the March 6 drug bust of sailboat Huntress in Port Hardy. By tipping off the RCMP of suspected illegal activity, RCMP were able to arrest the drug runners and seize 1,001 kilograms of cocaine - worth hundreds of millions of dollars on the street.

This is one of the largest drug busts in British Columbia history.

"I am very proud of the staff of the Regional Joint Operations Centre whose sharp instincts were central to the success of the RCMP investigation," said Capt (N) Les Falloon, Assistant Chief of Staff Operations (J3). "This operation is typical of what your Canadian Forces does, day in and day out."

It began on the evening of

March 5 when a Canadian Forces contracted sovereignty patrol flight soaring high above Northern Vancouver Island spotted a 50-foot double mast sailing vessel.

"In accordance with normal procedure they hailed the vessel, calling by voice radio asking for the sailboat's identity, its port of registration and last port of call," explained Capt (N) Falloon. "The vessel identified itself as Huntress, but the other responses were unsatisfactory because they were inconsistent or unanswered."

Something didn't seem right, so the air crew called the suspicious behaviour into the Regional Joint Operations Centre (RJOC) for further investigation.

"On a typical day, the RJOC is tracking about a thousand ships in the Pacific Ocean approaches to Canada. Most of those ships are going about their

lawful business. A few are not," said Capt(N) Falloon.

Seven additional CF members were called into the RJOC at Dockyard's D100 to further analyze this vessel. It turned out the ship was coming from Panama and bound for Port Hardy.

"These factors proved to be the triggers that got the RCMP involved and led to this drug bust," said Capt(N) Falloon.

CF members at the RJOC contacted the RCMP through the interagency Marine Security Operations Centre, which is co-located within the same building.

Once the RCMP took over the investigation, they asked CF air surveillance to maintain radar contact and report their findings.


Early the next morning as Huntress sailed into Port Hardy, RCMP met and arrested two individuals. Both have now been formally charged with pos-

session for the purpose of trafficking.

Thirty seven duffel bags of drugs were recovered. Each contained kilogram-sized packets wrapped in plastic and sealed with gun tape.

"All Canadians can be proud of the team work and professionalism of all the agencies involved: the crews of the surveillance aircraft, the staff in the RJOC and our security partners in the MSOC," said Capt(N) Falloon.

Not unlike the incident last October when the illegal migrant vessel Ocean Lady was detected and intercepted, these are examples of how the Canadian Forces work together with our federal security partners. "Your Canadian Forces is on watch everyday for Canadians, continuously monitoring developments across North America as part of the Canada First Defence Strategy," he added.



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WHAT SAY WE

Bounty Hunter banks on star power to draw crowd

W. Andrew Powell
The GATE

New this weekend in theatres: Jude Law stars in the futuristic action adventure, *Repo Men*; Gerard Butler and Jennifer Aniston buddy up for the romantic comedy, *The Bounty Hunter*; plus a look at the kid-friendly comedy *Diary of a Wimpy Kid*, and the IMAX film *Hubble 3D*.

Repo Men

The question has to be asked: is Jude Law an acceptable action star? He's a likeable actor, he has appeared in dozens of great films, and obviously he has a way with the ladies, but these things do not an action hero make. What's worse is that he's chosen a questionably impressive action movie to test out his butt-kicking abilities; a film that frankly looks like it's more laugh-worthy than thrill-inducing.

Set in a futuristic world where a company known as The Union creates expensive replacement organs, Law plays Remy, an organ repo man who hunts down people who haven't paid their medical bills, taking back the property of his employers no matter what.

Cue the ironic twist when, much to his surprise, Remy

suffers a heart attack on the job and the company puts him under the knife and gives him their latest high-tech product, which Remy definitely can't afford. Forced to go on the run, The Union adds another twist by sending his former partner Jake, played by Forest Whitaker, to hunt the former agent down and take back his perfect, fake heart.

While I never thought I'd say this, it's become obvious that futuristic storylines are simply the easiest setting for directors who want to do wild and crazy things, but don't have the ingenuity to come up with a plausible plot.

That complaint aside, whatever you say about Law's career, or any of the film's other co-stars, *Repo Men* simply looks terrible because it takes the script for granted and has a brain-dead concept that should only be attempted by talented B-movie directors who are willing to be a little witty with the subject matter.

The Bounty Hunter

From the director who previously brought us *Hitch*, *Fool's Gold*, and *Sweet Home Alabama*, Andy Tennant's *The Bounty Hunter* is a zany romantic comedy that stars Gerard Butler as Milo, a (surprise)



Photo courtesy of Columbia Pictures Industries Inc.

Jennifer Aniston and Gerard Butler star in *The Bounty Hunter*, a far-fetched story that relies on the pair's star power to bring in movie-goers.

bounty hunter who picked up the enviable job of tracking down his ex-wife and taking her to jail. With Jennifer Aniston playing Nicole, Milo's ex, the duo will play chase across the city as a murder cover-up explodes around them, leading a number of thugs to their trail.

Far-fetched, silly, and predictably offbeat, *The Bounty Hunter* is getting a lot of buzz primarily for two reasons: its two stars. The film is simply coasting on the obvious eye candy, and the general star power of Butler and Aniston, while the trailers focus on the film's hijinks, rather than the actual plot.

Lots of people are obviously going to line up at theatres to catch Butler and Aniston in a film together, but it's hard to imagine that the film will prove satisfying.

Diary of a Wimpy Kid

Based on Jeff Kinney's acclaimed novel, *Diary of a Wimpy Kid* is the story of Greg, played by Zachary Gordon, a young kid trying to survive those early, formative years in your average middle school.

Surrounded by morons, set upon by bullies, and avoiding wedgies and swirlies at every turn, Greg dreams of the day when he'll be famous and universally liked, but until then he will just have to try to follow

all those unspoken school-yard rules, and make a few friends.

Following Greg's "journal," a title he insists upon, rather than the less impressive "diary," the film is a coming-of-age story that has March Break weekend written all over it. With its unique kid appeal, and obvious charm, *Diary of a Wimpy Kid* is a great bet for parents looking for a weekend activity.

Hubble 3D

Lastly, the most exciting film opening in theatres this weekend, at least in my mind, is definitely the geekiest.

Narrated by Leonardo DiCaprio, director Toni Myers captured the intense work that went into repairing and upgrading the famous Hubble Space Telescope, which orbits the planet some 350 miles above the Earth's surface.

Presented in both 3D and 2D, depending on the theatre you visit, the film takes a stunning look at what went into each step of reaching the telescope, repairing it, and then providing dramatic footage showcasing some of the most amazing visuals captured by the telescope over the last 19-plus years.

Considering the science content, *Hubble* is certainly geared more toward film goers who want to learn something, as much as they want to be dazzled by visuals.

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Cornerbrook's work a model for Victoria

Shelley Lipke
Staff writer

In the final months of *HMCS Victoria's* Extended Docking Work Period (EDWP), Fleet Maintenance Facility Cape Breton (FMF CB) workers are receiving help from a field service representative who worked on *HMCS Cornerbrook*.

Mike Kust of Wartsila Defence Ltd arrived on base March 15 to join employees from the Machine Shop, NDT, Crane Services, Riggers and mechanical fitters to oversee the installation of *Victoria's* stern seal, which is fitted to the propeller shaft where it exits the boat.

"This is the first time FMF CB has undertaken a stern seal install on a Victoria Class submarine," said Ron Braithwaite, acting mechanical boat manager.

Victoria Shipyards originally held the contract for the submarine shaft work, but when it ran out in January the responsibility was passed to FMF trades workers.

The stern seal keeps water from leaking into the boat's motor room and is the primary seal to keep the pressure out of the submarine.

"This work is difficult because everything needs to fit properly and there are specific tolerances and clearances that must be met," said Kust. "It can also be a challenge to work in the tight cramped spaces within the sub."

Kust has supervised installs all over the world as the Virginia-based company he works for provides prop shafts to most of the world's navy surface ships and submarines.

For the past several weeks a crew of eight FMF workers in two shifts prepared the submarine for his arrival.



Shelley Lipke, Lookout

Mechanical fitter Brian Doucet measures the clearance between mating seal parts on *HMCS Victoria's* propeller shaft seal assembly while Mike Kust, the field service representative from Wartsila Defence Ltd., oversees his work. Kust will be at Fleet Maintenance Facility Cape Breton for 10 days helping trades workers install this critical part, which keeps water from flowing into the submarine's engine room while submerged.

"We took a series of measurements on the shaft line, main motor and thrust block because these readings will help with alignment of the install," said Braithwaite.

Trades workers also machined the stern seal housings and repaired the rope guard mounting flange that will keep ropes, fishnets and debris from getting tangled around the propeller shaft.

Upon his arrival to Dockyard, Kust was impressed with the prep work done.

"I think they are extremely capable and did a professional job," he said. "They have made sure everything was prepped properly and they have taken the time to get the job done right. I've worked with machinists all over the world and often, this is not the case," he said.

For 10 days he'll help with the install - to ensure

the seal is built to original equipment manufacture specifications and to meet warranty requirements.

Mechanical fitter Brian Doucet has been working closely with Kust since his arrival last Monday, and sees a lot of value in the field service representative being on site to supervise the install.

"As a mechanical fitter I've never done shaft line work, so working with the engineers and the field service rep is new to me and keeps the work challenging. It's also provided me with a great learning opportunity."

Doucet says it's the size and scope of the project that makes the work interesting.

"It's absolutely necessary that the field service rep is here because of the importance of a stern seal in an underwater craft. Having the vendor come supervise the installation

is really part of the operation, both from a fiscal and safety standpoint."

Victoria is the second submarine to be fitted with a new stern seal after *Cornerbrook*. The need for this new part stemmed from corrosion on both ships. Eventually this part will be on all four Canadian Victoria Class submarines.

After *Victoria* leaves its EDWB, work will begin at Victoria Shipyards in July on *HMCS Chicoutimi*.

"We are not sure what role we will play in their EDWP, but with our personnel and our skill set we are confident to take on any work and challenges that will come our way," said Braithwaite.

"The people working on the boat are excited and happy to be on the team. It's like they are forging a path to the new way ahead and the future," he said.

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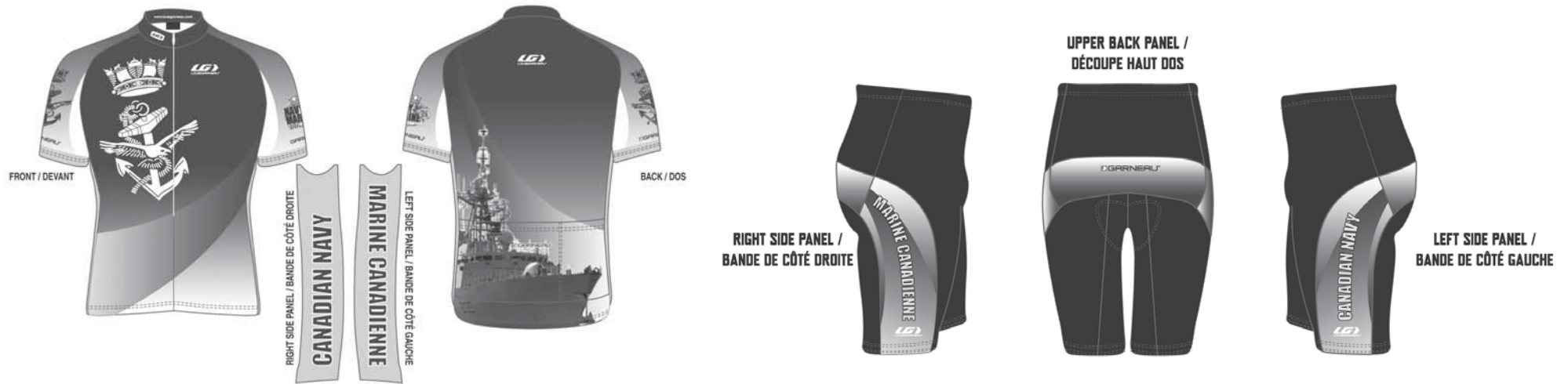
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Shelley Lipke, Lookout

MS Patrick Beaupre, a submarine support worker, stands outside HMCS Victoria's shore office. It was a long road but he's finally a submariner once again.

Sailor profile: MS Patrick Beaupre

PO2 Jacob Underwood
Contributor

As the era of Oberon class submarines wound down, and each submarine was decommissioned one by one, MS Patrick Beaupre, like many submariners at the time, returned to the surface fleet.

But he knew it was only a matter of time before he would return to submarines.

The beginning of his enduring love of submarines began in 1995 when he was awarded his first set of "Dolphins" while in HMCS Onondaga.

He sailed as a naval acoustic operator until a refit in 1996. The boat was then pared down to a skeleton crew and LS Beaupre was farmed out to the surface fleet. He heard scuttlebutt about a shortage on the West Coast, and though reluctant to leave submarines behind, he volunteered to fill a shortage in HMCS Huron.

He hoped to become one of the first crews for the new Victoria Class submarines, but unfortunately his trade remained in high demand and the request was denied. He was posted to Canadian Forces Fleet School (Esquimalt) as a QL3 instructor, and sadly watched his opportunity to go to England for the new boats slip beneath the surface.

A posting to Canadian Forces Leadership and Recruit School Saint Jean was found to be positive and challenging, such that when he was to return to his trade, he wanted to continue learning. He remustered to Naval Electronic Tech-Acoustic, graduated from his QL3 and requested submarines. To his chagrin, it was denied, because now he was not QL5 qualified,

and he was posted to HMCS Regina. After his QL5 in 2008, the tenacious MS Beaupre once again staffed a request to return to the submarine community.

The reply came in the form of a posting message... to HMCS Algonquin.

Like a dog with a bone, he continued to staff requests and was finally rewarded with a Basic Submarine Qualification (BSQ) course loading message. Now the props were turning in the right direction. He graduated from his BSQ and was able to return to his beloved submarines.

"It was like I had never left," he said.

After months of equipment training and working on his BSQ package, MS Beaupre passed his "Dolphin Board" on Feb. 19, 2010. In order to highlight the fact that he was being awarded his "Dolphin qualification" for the second time, and may be one of the last to do so, the Commanding Officer of HMCS Corner Brook ensured that he was presented with a set of the "new" Dolphins. The "new" submariner dolphins have a black background where the older style had green.

"It was even sweeter the second time around, and I couldn't stop smiling that day," said MS Beaupre.

He is currently posted to Submarine Support; close enough to his goal of being core crew in HMCS Victoria that he can almost smell the diesel. He can be found spinning dits and working in D85, the same building as Victoria's crew. MS Beaupre is once again enjoying the camaraderie of the submarine community and has been welcomed with open arms, after all "once a submariner, always a submariner."




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- On Tuesday, April 6, 2010, petition sheets for the initiative to end the harmonized sales tax (HST) will be issued to the proponent, William Vander Zalm.
- The proponent has 90 days to collect signatures from at least 10% of the registered voters in each of the province's 85 electoral districts. The petition must be returned to the Chief Electoral Officer by Monday, July 5, 2010.
- To sign an initiative petition, a person must be a registered voter on April 6, 2010 and must only sign the petition for the electoral district in which they are currently registered.
- An individual may only sign an initiative petition once.
- Only registered canvassers may collect signatures.
- Initiative advertising may only be conducted by the proponent or a registered advertising sponsor.



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EAST COAST NEWS: ATHABASKAN RETURNS FROM HAITI



Cpl Rick Ayer, Formation Imaging Services Halifax

Friends and family of crew members in HMCS Athabaskan board the ship to welcome their loved ones home following the ship's two-month deployment to Haiti. Athabaskan was part of Canadian Task Group 301.1, the Canadian Navy component of Operation Hestia, which also included HMCS Halifax and a Sea King helicopter air detachment. Operation Hestia is the Canadian Forces response to the destructive earthquake that struck Haiti on Jan. 12.

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People Talk

Lookout asked crew members in HMCS Vancouver this question:

If you could create your own Naval Centennial initiative what would it be?



I would send the navy out to visit 100 towns in Canada. In each town we'd visit schools, parade and meet and greet the people. I think it would be good to have cultural exchanges. To me the Centennial is a unique opportunity that will never happen again in my life, and I'm happy to be a part of it.

MS Jeremy Cuvelier



I'd bring back the daily tot if I could. I think it was a good tradition that we've lost.

LS Justin Trupp



I'd design a coin with the Naval Centennial logo on one side and the cameo of the HMCS Rainbow and a Canadian Patrol Frigate sailing side by side. I think in 20 or 100 years from now it would be the fourth generation fleet. I think it would be interesting for generations from now to see where the navy was at.

LS Andrew Clark



I geocache and I was thinking of doing a Naval Centennial geocoin. We have some Canadian Forces geocoins, but there is a restriction that only serving or military members could have them because it has the CF logo on it. These coins end up all over the world. It would be nice for the Naval Centennial as it could be tracked everywhere it goes. One of my coins is bouncing all over Europe right now.

PO2 Randy Muttitt



I'd like to see a real link with the naval veterans. I would try to get as many of the namesake veterans out to ships for the Fleet Review. There are still some around and I think this would be a worthwhile endeavour, and I would include anyone that served in a ship. I find we are getting further and further away from the lessons of our past. As we progress with technology it's easy to forget where our strengths come from and in many respects we are not far away from the next fleet.

Cdr Robert Lewis-Manning



I submitted a request to pass CRAH55 so I could stay in uniform for our 100th anniversary. I did have a CNC submission for a Trans Canada cycle to bring the sailors to the people, but due to budget restraints that has been taken off the plate. We are now looking at cycling for the Centennial sometime in May and we will get 100 cyclists for 100 kilometres and visit war memorials in Oak Bay, Vancouver, Sidney, Brentwood, Saanich and Langford all in one day. The cyclists want to do this and this is how we are celebrating on the West Coast.

CPO2 Chris Carnall

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IN BRIEF

Sailors visit Broadmead

Lt(N) Jim Smith
HMCS Protecteur

Sailors and veterans united earlier this month at The Lodge at Broadmead for a day of sharing.

On March 4, HMCS Protecteur's Commanding Officer, Cdr Stan Bates; Coxswain, CPO1 Jim Missinne; and Naval Communicator, LS Elyzabeth Morin Fortin were given a tour of the seniors lodge.

Executive Director of the Broadmead Care Foundation, Evelyn Stewart, led the tour that showcased the work of the Broadmead Care Society. The non-profit society works in partnership with the Vancouver Island Health Authority and Veterans Affairs Canada to meet the health care needs of veterans and other seniors.

The Lodge holds a special place in the heart of every sailor who calls Protecteur home because it is there that Protecteur's first Commanding Officer, Capt(N) Peter Hinton called home before he died in 2008.

A highlight of the tour was meeting the residents,

many of whom have made significant contributions to our nation. As the tour made its way down the halls, past the crafts room, and through the redecorated lunch room, sailors passed photos, keepsakes, and medals in large "memory boxes" at the entrance to some rooms. They celebrated the rich and vast lives many residents have enjoyed. There were countless pictures from the Second World War, of men standing by their aircraft, of women in their nursing uniforms, and medals reminding all of the sacrifices they made.

As the tour came to an end the group made their way into a common area. It was here Cdr Bates, CPO1 Missinne, and LS Morin-Fortin, on behalf of the entire ship's crew, presented the Broadmead Care Foundation a cheque in the amount of \$1,000. The funds will help with the ongoing renovations throughout the lodge and are a part of the Broadmead Care Foundation's ongoing campaign to raise \$630,000 in support of continuing renovations.

Roaring new year

SLt Harrison Nuguyn
HMCS Protecteur

For most people, the gorgeous Sunday spring morning of Feb. 27 was a relaxing day. However, on that day there was a palatable buzz in Victoria's historic Chinatown.

The Gates of Harmonious Interest were blocked off to traffic, red decorations adorned the streets, loud festive music filled the air and people gathered to celebrate the Chinese New Year.

In keeping with tradition the parade included a performance by the Chinese Lion Dancers. This year, I, along with other performers from the Hung Fut Kung Fu Club, took part in the festivities.

The Chinese Lion Dance has been performed in the eastern world for hundreds of years. It consists of two people dressed in a colourful and intricately constructed costume who perform acrobatic movements that mimic a lion. The dance is intended to ward off evil spirits and usher in a new year of prosperity and luck for all.

At 11 a.m. the lion dancers gathered in the Hung Fut Kung Fu Club. Very similar to how naval sailors prepare for an evolution, a brief was given, directions were passed, and roles were assigned. Performing a good lion dance is a team effort; each dancer must work in unison with their partner and the musicians must be on top of their game because the music represents the heart and emotions of the lion. Poor music leads to poor coordination and a bad performance.

The performance area on Fisgard Street was turned into a makeshift courtyard giving hundreds of spectators a perfect view of the performance about to begin. The club's Master addressed the crowd at the opening ceremony and the performance started. The sound of drums filled the air and could be heard all the way to Government Street as the lions came to life and awed the crowd. As the eight lions began to dance they were joined by two 40-foot dragons, artfully performed by students of the Chinese Public School.

As the dancers wound through the city they made stops at local merchants. It is tradition for shopkeepers to leave a head of lettuce along with some money in a red envelope (also known as lucky money) for the lion to feast on in exchange for lucky blessings in the New Year. After their feast, the lions made their way back to Chinatown and the dancers took a well deserved bow.

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The year of the Tiger has officially begun.

Victoria medic carries flame in Whistler relay

Capt Chris Poulton
Public Affairs Officer

When Cpl Stephanie Schneider, a reservist with 11 Field Ambulance in Victoria, volunteered for Operation Podium, she knew she would be providing medical support to the soldiers of Task Force Whistler at Camp MacGregor during the Vancouver 2010 Winter Olympic and Paralympic Games.

But her support role expanded when she was selected to be a torch bearer during the Whistler, B.C., portion of the first-ever Paralympic Torch relay in Canada.

"I was completely surprised by it," said Cpl Schneider of her nomination and selection to participate in the Whistler venue. "I don't know who nominated me, and it's still a mystery."

Whistler Village Square was the halfway point for the Paralympic Torch, winding its way through the community on its journey to Vancouver for the Opening Ceremonies held on March 12. For Cpl Schneider, carrying the torch into an embracing crowd cheering on the relay, with live performers dancing and singing on the Whistler Live stage, and everyone celebrating the spirit of the Paralympic Games, was an awe inspiring experience.

"You don't realize how big a deal it is until you see all the people enjoying the shows and getting all caught up in the energy," she said. "It brings people together in a really good way."

Cpl Schneider has worked



Capt Chris Poulton, PAO

Cpl Stephanie Schneider carries the Paralympic torch through Whistler Village Square.

as a care-giver for people with disabilities in independent living communities.

"I developed a huge amount of respect for what they did throughout adversity by participating in their day to day routines," she said about her clients' daily accomplishments. "These were the people I thought about while carrying the torch. It means a lot to me."

Six hundred torch bearers, including 12 members from the Canadian Forces Personnel

and Family Support Services Soldier On Program, carried the flame in locations across Canada.

"For me the Paralympics is about community and people coming together," added Cpl Schneider, and carrying the Paralympic Torch made the feeling of community that much closer for her.

Approximately 1,350 athletes and team officials from 44 countries are participating in the Vancouver 2010 Paralympic Winter Games.

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COMMUNITY NEWS: CENTENNIAL ART

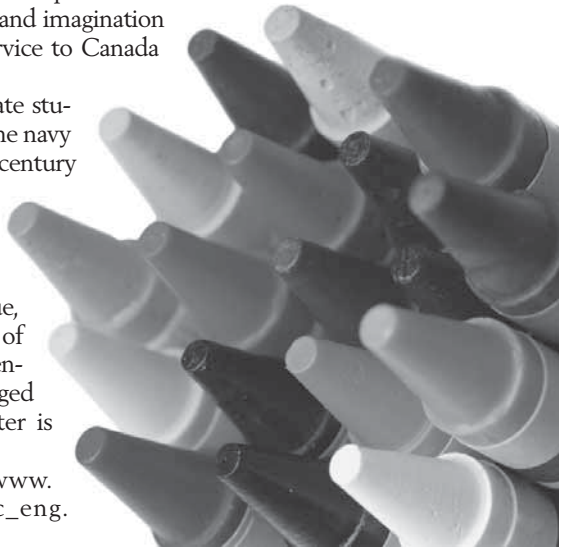
Sharpen those crayons for the youth poster contest

CNC

Our families support us throughout our service and to honour them the Canadian Naval Centennial has embarked upon a centennial poster contest that invites youth to express their creativity and imagination on what the Canadian Navy and its service to Canada over 100 years means to them.

The youth poster contest will stimulate students to gain a greater appreciation for the navy and its contributions to Canada during a century of service, with a focus on the past and present achievements, by developing an appreciation of the role the navy plays in a maritime nation like Canada. The contest is open to Navy League, Royal Canadian Sea Cadets, children of Canadian Forces members, and the dependants of National Defence employees aged five to 18. Deadline to submit a poster is April 5.

Entry form is available at www.navy.forces.gc.ca/centennial/3/3-c_eng.asp?category=121&title=241



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Bravo ZULU



Shelley Lipke, Lookout

A freshly framed picture of the winners of the Sailor of the Quarter and Sailor of the Year hangs in the Foyer of building D70, the home of Canadian Fleet Pacific command. LS Kiraly, MS Andre, LS Rownd and LS Virgin all received the Sailor of the Quarter award, while MS Shields received Sailor of the Year.



Cdr Guy Bolduc, Commanding Officer of Maritime Forces Pacific/Joint Task Forces Pacific Headquarters, recently presented commissioning scrolls to (from top):

- Lt Robert Anderson assisted by LCdr Wade Thornhill
- Capt Grant Whittla
- Lt(N) Doug Bowser
- Lt(N) Justin Raymond assisted by LCdr Wade Thornhill.

Photos courtesy Duncan Ayre, NPAO



Cdr Guy Bolduc presents the 15 Years of Service to the Government of Canada Award to Melanie Fugard.



Ian Hamelin, a Human Resource Consultant, receives a Base Commander's Recognition Award from Base Commander, Capt(N) Marcel Hallé. Hamelin was recognized for his dedication and commitment in contributing to numerous human resource undertakings related to CFB Esquimalt.



Military Police Officer LS Matthew Schlauch receives a Physical Fitness Award for Aerobic Excellence from Cdr Allan James, Commanding Officer of Port Operations and Emergency Services.

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OBITUARIES

HOWLETT, Michael Gerard, 49, CP01 M.M.M.C.D

It is with great sadness that we announce, the passing of Mike. Surrounded by his loving family, he left us peacefully with the same strength and determination with which he lived his life. He is survived by his loving wife Marina, and children Martin (Jen), Clayton (Meaghan), Sarah (Phil), Kirstie, mother Evelyn, father Ronald Joseph (predeceased), brothers Wayne (Joanne and Joshua), Ken (Marsha), father in-law Romeo Plante, sisters in-law, Rosalie (Chris), Delorie (Tom), Suzanne (Vic), Giselle (Gordon), brother in-law Norris (Claudette), grandchildren Preston and Stephanie, numerous nieces, nephews and friends.

Born in Stephenville, NL, Mike dedicated his life to his two loves his family and his Naval service. Mike's incredible selflessness, strength and determination underscored the way he lived. A true sailor and friend to all, Mike served his country well in more than half a dozen ships and shore establishments and most notably as Coxswain of HMCS Algonquin until August 2009.

A vigil Prayer service was held on March 18th at 7 p.m. at Our Lady of The Rosary Catholic Church. Funeral services were held on Mike's birthday, March 19, at Our Lady of The Rosary Catholic Church, Langford followed by a celebration of life at the Chiefs and Petty Officers mess.

In lieu of flowers, donations may be made to the Canadian Cancer Society for pancreatic cancer research. The family wishes to give special thanks to Fr. Mike Favero, Doctor Ellen J. Anderson, Nurse Michelle Atchison, Dr. Kate Diskin, Dr. Boylan, Rita Ward, neighbours, friends, shipmates and all those who provided so much love and support to Mike and his family.

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