

Cpl Frieda Van Putten, Base Imaging Services Esquimalt

It was a proud day for the Canadian Navy, citizens of Victoria and Canadians across Canada on May 4, as Rear Admiral Tyrone Pile led his sailors, soldiers and airforce men and women on a Freedom of the City Parade through downtown Victoria. Freedom of the City is one of the most prized honours a community can bestow upon a military unit. It signifies the respect, affection and esteem held for the unit by the city. See the full story and photos on pages 9-12.





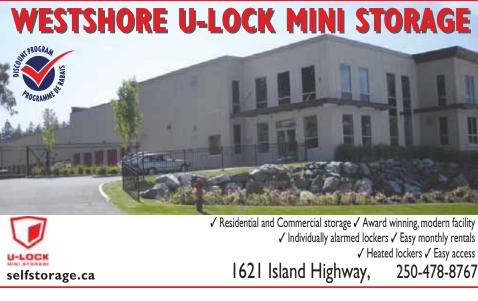


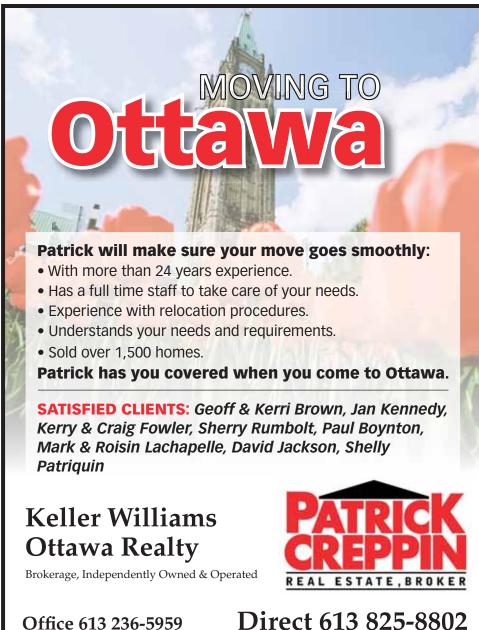


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Have you heard? The navy rocks!

Shelley Lipke Staff writer

It only happens once every 100 years, so let's make it rock.

That was the consensus when RAdm Tyrone Pile and Capt(N) Richard Harrison of the Canadian Naval Centennial committee met to discuss the best way to unite the local military community and navies from across the globe in celebration.

"The Navy Rocks" concert, Saturday, June 12, fit the bill.

Planning for the tribute concert began months ago with a call out to Canadian artists who would like to honour the navy family and legacy. It didn't take long to secure three of Canada's most popular bands.

The Navy Rocks concert features headliners Sam Roberts and 54-40, with special guest Matt Mays to open the show.

Doors open at 6 p.m. at the Save-on-Foods Memorial Centre with the show kicking off at 7 p.m.

"Being a resident of Victoria, I'm happy to be involved in the excitement around The

Navy Rocks weekend," said lead singer, songwriter and guitar player Neil Osborne of 54-40. "It should be a vibrant atmosphere around the city and playing in front of an energized crowd will be a lot of fun. I'm also looking forward to hanging with Sam Roberts again."

Dave Molinari, Personnel Support Programs Manager. has been at the heart of the planning since the beginning. We were looking for bands that were supportive of the navy and Canadian Forces and eager to be involved in the event. The agent we worked with connected us to three popular artists for our Naval Centennial event, and we're excited to present Sam Roberts, 54-40, and Matt Mays as their special guest to the military community."

Each military member or DND civilian employee can purchase up to 12 concert tickets using a special "Priority Purchase Code" released internally on April 30. The top secret code should not be released to the public; however, members and employees are permitted to secure seats for

their friends and family to attend the celebration. "It's a community affair. Protecting this code, and acting as an ambassador to include others, ensures seats are available to celebrate among those who support the Canadian Forces," says Molinari.

The normal going rate for a concert of this calibre is well above the \$31.50 or \$42 (based on seat selection) ticket cost for The Navy Rocks. The reduced price is made possible through the support of base funding, corporate sponsors, and our generous entertainers.

In a pre-launch contest, 100 tickets went fast through the Lookout; a limited quantity of tickets have also been given to select deserving sailors, visiting sailors and VIPs, says Molinari. Remaining tickets are selling fast and Molinari anticipates a sold out show. "People shouldn't wait until the last minute, as they may not get a ticket and will miss out on the concert of the century," he says.

Tickets can be purchased at www.selectyourtickets. com; or by calling 250-220-





LOOKOUT • 3 May 10, 2010



DND employees used large black fenders to lift the badly damaged Silver Harvester before Queen's Harbour Masters boats pulled it to Y jetty for deconstruction.

DND a good maritime neighbour

Shelley Lipke Staff writer

The windy weather during Easter Weekend swaved, rocked and rolled the 45-foot ex-fishing vessel Silver Harvester in Esquimalt harbour to the point of no return.

Once it drifted off its anchor and ran aground on rocks near View Royal, the owner tried to free the boat during high tides for several days, but when the situation looked grim, Queens Harbour Masters (QHM) and Department of National Defence (DND) stepped up to help.

The boat began leaking fluids that could have been environmentally hazardous, and Base Commander Capt(N) Marcel Hallé was concerned for public and environmental safety, and he also wanted to be a good neighbour and help.

"DND had no legislative requirement to take this on, but it was near a public access, so with permission from the Receiver of Wrecks and the owner, DND's involvement began," said Doug Kimmett, Auxiliary Fleet Manager.

First divers from Fleet Diving Unit (FDU) Pacific conducted an underwater survey and set lines under the hull. A boom was put in place to prevent environmental hazards from spreading through Esquimalt Harbour, and then four Queens Harbour Masters boats placed large black floating fenders under the hull of the vessel to form a cradle. At high tide they were able to pull it off the rocks.

"Once it was afloat in the harbour we realized it was too badly damaged to do any further recovery, so it was pulled across the harbour to Y jetty," said Kimmett.

Here Base Construction Engineering (BCE), Transportation Electrical Mechanical Engineering (TEME) and Special Purpose Vehicles (SPV) all got involved.

TEME pulled the vessel ashore and the Canadian Forces Auxiliary Vessel environmental protection officer oversaw the entire disposal from start to finish.

An excavator ripped at the



An excavator tore the wooden boat into pieces to recycle and dispose of it. All that remained were the engine and keel.

wooden boat, dismantling it piece by piece, until only the keel and engine were left, disposing and recycling the parts.

"The most challenging part of this was the coordination of all the DND assets and getting everybody logistically in line to get this accomplished," said Ken Cawley from the environment protection side of QHM.

It could have cost the owner over \$60-100,000 to get the boat off the rocks and dispose of it.

"He was very thankful for our help as he didn't have the money," said Cawley.

The salvage took DND about eight days, and was a good opportunity for the departments to work together and use equipment they don't use often. It allowed the various organizations to practice in a controlled environment what they may have to do in emergency situations.



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Appreciation letter to CANFLTPAC families

In this the 100th anniversary of the Navy I want to express my sincere gratitude and warmest well wishes to all the families of our sailors, soldiers, airmen and air women who serve in Canadian Fleet Pacific. As has been correctly highlighted in the Family Covenant which was unveiled in 2008 (copy attached), families play a vital role in enabling operational effectiveness for the Canadian Forces, and we must continue to recognize and honour this commitment and support as being fundamental to our success. There is no doubt that the resilience of families and the sacrifices that they make provide the critical foundation for the work that sailors, the navy and indeed the CF must do to achieve the missions assigned by the Canadian Government.

I trust that all members of Canadian Fleet Pacific and their families are well aware of the special activities that will be conducted throughout this special anniversary year for the navy. Certainly the most significant local event was the Freedom of the City parade that many of you attended on 4 May 2010. It was a tremendous Navy Day in Victoria and I know many of you enjoyed the BBQ at the City Hall and the evening events in the Messes. June will be highlighted by the International Fleet Review, 9 - 14 June, and will include a Navy Parade of Nations downtown in the morning, followed by an evening fireworks on the 11th; the Fleet Review and Air Show on the morning of the 12th; "The Navy Rocks" concert on the evening of the 12th; and sporting events on the 13th. In July and August there will be a Canada Day celebration in Vancouver with significant Navy participation, the Victoria Symphony Splash "Salute to the Navy" on 1 Aug, the Formation Family Fun Day on 14 Aug, and the CNC Navy 10K on 15 Aug. For those looking for a fun family outing to the PNE in Vancouver, there will be a Naval Centennial Tattoo on 4 Sep on the Labour Day weekend. On 28 Oct there will be the all-ranks MARPAC CNC Ball. I encourage you to participate in many of these special events and to take a moment to chek out the web site for the Naval Centennial celebrations www.navy.forces.gc.ca/marpac/ - to see what other activities have been planned.

I had hoped to include a special Fleet-wide Family Fun Day in the summer in order to recognize the positive contributions made by the Navy families, and to allow our families an opportunity to learn about and participate in their navy. Unfortunately, with the number of events already being planned and the operational commitments of the Fleet for the remainder of the year, it was not practicable to plan for such an event. Nevertheless, I have asked each Fleet ship/unit to ensure that they include a special day to recognize their respective families, be it a day sail or an alongside activity.

I know that it is due to the willingness of the military families to adapt to the unique nature of military life that provides the strength for military men and women to continue to serve. I also fully understand that there must be a balance between the competing demands of military service and family obligations in order to reduce the stresses of military life. I will continue to do what I can to ensure that there is a realistic balance and partner-



ship created to reduce these stresses as much as possible, and to work with the MFRC to ensure effective programmes and family services are available to enhance military life. I ask that each of you participate in these programmes and special activities, particularly during this 100th anniversary year, and that you will also provide suggestions and ideas for improvement.

This is a special year for the navy, for each member of CANFLTPAC and for their families. It is a time to celebrate one hundred years of service to Canada and to facilitate the strengthening of that unique bond between families and the Navy. Again, my thanks and best wishes goes out to all of you for your service, support and commitment to your loved ones who serve this great country.

> Cmdre M. F. R. Lloyd Commander, CANFLTPAC

Editor's note: Letters were sent to all families in both official languages

Cash found during Navy Day

A waitress at the Irish Times Pub found a large amount of money that was inadvertently dropped by a member in uniform (inside the pub, between 1200-1330 hrs). It is a substantial amount, but it had a sticky note attached to it. The owner should have a really good idea what is on the sticky note and the amount/ denominate of the money.

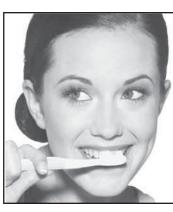
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May 10, 2010 LOOKOUT • 5

WHAT SAY YOU

A moment of reflection on service

Mark Southam Contributor

During my commute to the office on the morning of May 4 - Navy Day - in my vehicle with Veterans plates, I passed many young and not so young men and women in uniform preparing to depart for the Freedom of the City Parade, to be held in downtown Victoria in honour of the Naval Centennial.

At 7 a.m., after parking and ambling to my office in Fleet School, I sat at my desk and glanced up the wall in front of me and reflected on 30-plus years of military and civil service with DND. On that wall are several reminders.

There is my Certificate of Service presented on completion of my 20 year naval career, next to which hangs a certificate dated January 2005, and signed by the then Prime Minister of Canada Paul Martin, honouring 25 years of service to the Government of Canada.

Mounted below them is a large photograph of the HMCS Huron on its transit across the North Atlantic on her way to the Persian Gulf War. I had the honour to be a member of the ship's company, and served aboard during the many months deployed in the Persian Gulf conflict.

On either side of this photograph are other items that hold much meaning to me: two photographs of the honours I had received during my naval career, the decorations which include the Gulf and Kuwait War Medal, The Commemorative Medal for the 125th Anniversary of the Confederation of Canada, and the Canadian Forces Decoration (CD), as well as a photo of the medal presented by the State of Kuwait to those who served in theatre during the Iraq - Kuwait conflict.



Mark Southam stands amid the memorabilia of his 20-year military career and his subsequent years in the civil service.

There are many other items about my office that represent many memorable moments of a three-decade

I have been asked by many people why I display all these and several other memorable items in my office. My answer is simple; I believe that all the young service men and women who pass through my office daily will see that commitment is rewarded and we should all be proud of our service to Canada.

On this day, Navy Day, I understood that a balance was required to ensure support and maintain the operations of the base set by Command; my logical mind understood the decision had to be made to achieve that goal. However I felt in my heart a sorrow,

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for the invitation to participate in the days festivities was so limited, it is difficult to explain but nonetheless

Of course this only my simple story, and I am sure that many others will have their own, such as those other retired military, now civilian staff, or the clerk down the hall that for 25 years raised her children while her partner was away at sea serving his country.

Regrettably, I suppose by the time we have provided sufficient service to our country we will not be available to accept the invitation to the next Centennial Navy Day celebra-

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19 Wing Commander reluctantly gives up prestigious "Base Commander Trophy"

Lt(N) Dave Dallin NOTC

While 13,000 runners took to the streets of Victoria for the Times Colonist 10K Race, a different breed of athletes took to the slopes, trails, single-track, lakes, pavement and oceans, competing in the 28th annual Snow to Surf Adventure Race in Comox Valley on April 25.

Of the 177 teams entered in the race, 15 of them were in the military category, and seven were from the Victoria area.

The race kicked off with a downhill ski from the top of Mount Washington, and finished with a canoe paddle to Comox Marina. The race involved eight unique and challenging legs, each of which required specific skill sets to complete. The legs ranged from downhill skiing, cross country skiing, downhill running, and cross country running to mountain biking, kayaking, road cycling, and finally canoeing.

In the past races, the 19 Wing Comox Commander's trophy, which goes to the top military team, has been practically "owned" by the Search and Rescue (SAR) Technicians based out of 442 Squadron in Comox. However the captain of the Victoria-based "Joint Patrol", Lt(N) Mark Cunningham, vowed this year things would be different.

"We knew very well that CFB Comoxbased athletes almost always won this race," admits Lt(N) Cunningham. "But we had a feeling this year that the outcome would not be as predictable."

He set out to build an elite team that would give the SAR Techs a real run for their money. Recruiting only the highest calibre in their field, he filled out the team with Lt(N) Cunningham as the downhill skier, 2Lt Jeff White as the cross country skier, Sgt Marie-Claude Magnan as the downhill (road) runner, Lt(N) Blake Poirier as the cross country runner,

et pour demain!



"Joint Patrol" from Joint Task Force Pacific snatched the 19 Wing Comox Commander's trophy from Comox's SAR Tech team in the 28th annual Snow to Surf Adventure Race held in the Comox Valley. Back row: Lt(N) Dave Dallin, Capt Matt Barley. Seated L to R: Lt(N) Blake Poirier, Lt(N) Mark Cunningham (team captain), Lt(N) Pat Simard, Sgt Marie-Claude Magnan, 2Lt Jeff White, Capt(N) Gilles Couturier, Col David Barr.

Capt Matt Barlee as the mountain biker, Lt(N) Pat Simard as the kayaker, Lt(N) David Dallin as the road cyclist, and canoeists Capt(N) Gilles Couturier and Col Dave Barr (also known as "Radisson et Groselliers").

The race was extremely close all day. In the punishing downhill run leg, Sgt Magnan overtook her SAR Tech counterpart and finished one minute ahead of him. Over the next two hours, the "Joint Patrol" held a two-minute margin over the SAR Techs, and then it came down to the final leg, the canoeists – also the most "mature" of team members. In the course of their five-kilometre paddle, they not only held their visibly younger SAR Tech rivals at bay, but roundly paddled away from them.

In the end, the "Joint Patrol's" winning

time was four hours and one minute, some 12 minutes ahead of the SAR Techs and only 25 minutes off the overall winning time. It was an extremely satisfying performance, one in which all the team members dug extremely deep, and fused together those typical military qualities of teamwork, sacrifice, and esprit de corps.

All the military teams who participated in this prestigious race known locally as the "S2S" completed the race in times ranging from 4 hours 1 min to 6 hours 6 min and with overall placing ranging from 7th to 174th. The teams were the representative of all elements of the Forces.

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LOOKOUT • 7 May 10, 2010



HMCS Winnipeg's Times Colonist 10K team stands in front of the Legislature buildings after beating out other military units to win the title "Best of the West" in the new military category.

Winnipeg claims title "Best in the West" after TC 10K

Shelley Lipke Staff writer

When Times Colonist 10K organizers created a military category for the April 25 run, many sailors, soldiers and air men and women signed on and laced up.

In HMCS Winnipeg, several sailors added to the challenge by creating a "Best of the West" competition among the ships.

By the time the run was over, and the times tabulated, Winnipeg had won its own competition.

When the start gun blasted and more than 10,000 runners began thundering along the ocean-side course, 23 of Winnipeg's crew were among them, including Winnipeg's Commanding Officer and Executive Officer. Team captain and triathlete LS Kirsten Arensen ran at a swift pace leaving several of her teammates behind from the start.

"The times for the first five runners on each team would count toward the team's time," she said. "I wanted to be one of the five runners."

It was so busy that people lost their teammates and the run became an individual challenge with competitors striving to achieve their best times.

At the finish line, it was Cpl Andy Murphy who was the first Winnipeg member across at a lightning speed of 38 minutes, followed by Executive Officer LCdr Chris Moore and A/SLt Kevin

LCdr Moore threw it out to the other Executive Officers that the team with the best time would reclaim this title and the challenge was on.

LS Kirsten Arensen

"I was the fastest female in the military category and came in at 41 minutes in fourth place," said LS Arensen. Just behind her was SLt Colin Dudeck.

"Our average time with the top five runners was 40:08, which meant we won the challenge," she

The idea for the contest came from a piece of Canadian naval history.

Saskatchewan held the ship motto Best in the West, but it was decommissioned years

"LCdr Moore threw it out to the other Executive Officers that the team with the best time would reclaim this title and the challenge was on," said LS Arensen.

Winnipeg lived up to their motto - "One With the Strength of Many."

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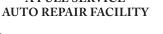
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INFOCUS



MCpl Roy MacLellan, DND

John Baird (left), Minister of Transport, Infrastructure and Communities; CPO2 Cheryl Bush, Staff Officer Canadian Naval Centennial; and VAdm Dean McFadden, Chief of the Maritime Staff, unveil a set of two commemorative stamps celebrating the Canadian Navy's 100th anniversary at the Canadian War Museum in Ottawa May 3. The stamps depict the past and present of Canada's naval service, featuring one of Canada's first warships, HMCS Niobe, and a modern frigate, HMCS Halifax. To purchase the Canadian Naval Centennial stamps, visit Canada Post's on-line store or a postal outlet.



The Q 100.3 Rockline on the Road with Ryan Awram hosted lunch for Fleet Maintenance Facility's Engineering and Technical Library staff on April 30 behind building D49. They provided Subway sandwiches and broadcasted live from the event.



May 10, 2010 LOOKOUT • 9



More than 2,700 military members marched through downtown Victoria passing by the Legislature buildings en route to Ship Point where "The Homecoming" Statue was unveiled.

Navy Day brings excitement to military and civilian

Penny Rogers Staff writer

Even before the Freedom of the City parade turned the streets of Victoria into a sea of marching sailors, soldiers, airmen and women, one couldn't help feel the pride building. Over 2,700 Maritime Forces Pacific members started filtering into the downtown core from every section of the city, in full dress uniform with shoes shined and medals displayed.

At first, the assembly area around Store and Pembroke Streets could have been mistaken for a social gathering with handshakes and laughter, but as the clock grew closer to the 9:30 a.m. start time, the crowd pulled apart and platoons began to form. Friends and colleagues helped each other re-adjust collars and ties and joked about who may or may not make it to the end of the route.

Then the Thunder Whistle blew, directing the platoons to fall in and Tyrone Pile took control Rear Admiral Moments later the Freedom of the City parade began.

As soon as the formation turned onto Douglas Street, the crowds were there, thousands strong, flags waving, cheering, many peering into the mass of men and women searching for family or friends. Others with no connection to the navy came out just to show their support and snap a few pictures.

The parade came to a halt at City Hall where RAdm Pile, sword held high, met with Chief Constable Jamie Graham, who challenged the unit on its identity. After elled to Wharf and Government Streets being recognized, the two then walked for the unveiling of the Homecoming Pile knocked three times before being was a mix of young and old, military, exwelcomed inside by Mayor Dean Fortin. military, cadets and civilian. Before the The Mayor and Councillors then lined up outside the entrance to City Hall and the Mayor read a proclamation declaring that Freedom of the City was granted.

Ceremony complete, RAdm Pile once again took his place at the head of the parade and the mass of black boots continued its march to Belleville Street, then up Government Street to Centennial Square where an appreciation barbeque was being hosted by the Downtown Victoria Business Association.

From here, the Naden Band of Maritime Forces Pacific, Guard and dignitaries trav-

to the door of City Hall where RAdm Statue. The large crowd that had gathered ceremony began, dozens searched the bricks that surround the statue looking for ones they had purchased or seeing if they recognized any names. After several emotional speeches by the dignitaries, including LGov Stephen Point, the crowd was graced with a song written by Ken Lavigne, accompanied by the Naden Band, called "I'm Coming Home."

Then the unveiling of the statue took place as a Sea King helicopter from 443 Maritime Helicopter Squadron Patricia Bay did a fly-past, ending the day's festivities in dramatic fashion.





NAVY DAY

Thousands of people, young and old, military and civilian, gathered in downtown Victoria to witness the navy exercise it's right to Freedom of the City.

Above: RAdm Tyrone Pile knocked three times on the door of City Hall and asked Mayor Dean Fortin for permission for freedom of the city.

Top centre: RAdm Pile leads the 2,700 sailors who marched through the streets of Victoria in a line that trailed 3.5 kilometres behind him.

Top right: Guests line up to view bricks at the site of the "Homecoming" statue on Wharf Street beside the visitor's centre.

Bottom right: Eighty-seven year old John Mason salutes along with all military members prior to the "Homecoming Statue" being unveiled.

Bottom centre: The Naden Band of Maritime Forces Pacific performs following the unveiling of the "Homecoming" status

Inset: Lieutenant Governor of B.C. and Honorary Captain(N) Steven Point gives a heartfelt speech to the crowd gathered at the unveiling of the "Homecoming Statue."

Below: Capt(N) Marcel Hallé, Base Commander, leads a contingent representing CFB Esquimalt during the parade.





May 10, 2010 LOOKOUT • 11







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People Talk

During the May 4 Navy Day celebration, Lookout asked onlookers:

"What do you think of Navy Days?



I've done the 75th anniversary and now I'm pleased that I'm doing the 100th anniversary. I think it instills pride in everybody, for the newer members, the young kids, especially for the city, they will see the camaraderie of the whole MARPAC community. I've been in now for 29 years and I haven't regretted one moment of it. I'd do it all over again.

CPO2 Tony Miller, MARPAC HQ



I think it's wonderful that I can be here on the navy's 100th anniversary and be part of this homecoming project. I've always loved the Inner Harbour and I've always loved the navy and their connection with the community; and here we've put it all together between the business community and the navy people. I think visitors and people from all over Canada are going to love this place. Once people saw the statue we were planning it hit a button. It really connected with so many people.

Brian Small, Homecoming Statue Committee



Today means a number of things to me. I'm ex-Royal Canadian Navy, so it's our 100th anniversary. And we wanted to see the parade because I've participated in Freedom of the City. I was in the fleet air arm, 880 Squadron at HMCS Shearwater; I was an aircraft mechanic. I spent some time on HMCS Bonaventure when the squadron went to sea, but that was a long time ago, from 1960 to 1964.

Kit Gough, Surrey, BC



We brought our cadets here from Oceanside/Parksville so they could experience the naval centennial. It's really important that they see what they could join one day, and it's a very rare opportunity that we get to witness something like this, so it's been a pleasure to see.

Midshipman Alison Bailey, NLCC Admiral Yanow Oceanside

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May 10, 2010 LOOKOUT • 13

You're invited: Ombudsman wants to hear from CF families

Jon Chabun MFRC

Families will get a rare opportunity on May 12 to speak with the Ombudsman for the Department of National Defence and the Canadian Forces. Pierre Daigle will meet with families this Wednesday

from 7:30 to 9 p.m. at the Colwood Pacific Activity Centre. This is a chance for family members to hear from Daigle and to ask questions.

The role of the ombudsman is to advocate on behalf of the men and women in the Canadian Forces. The ombudsman is an independent office that contributes to the continual improvement of the Canadian Forces and the Defence Community.

No prior registration required. For more information, contact the Military Family Resource Centre at 250-363-2640 (toll free 1-800-353-3329) or visit www.esquimaltmfrc.com.

Cadets prepare for their annual ceremonial review

89 (Pacific) Royal Canadian Air Cadet Squadron will hold the 67th Annual Ceremonial Review and Inspection at the Bay Street Armoury at 1:45 p.m., Sunday, May 16.

The Squadron was formed on Feb. 4, 1942, and has been parading regularly as an active participant in the Air Cadet program in Canada.

During the year, cadets

Royal attend at least one training event each week where they learn leadership and instructional skills, music skills, outdoor adventure and survival skills, marksmanship, airmanship and flying skills. The Air Cadet training program focuses on aviation subjects, familiarization, power flying and glider flying, with some cadets obtaining Transport cadets

private pilot licences.

During the Squadron's Annual Ceremonial Review, the cadets will present samples of the training year with parade, music, drill team and displays of activities.

89 Squadron will accept new applicants in early September, Monday and Thursday evenings. For more information please contact David Marryatt (250) 721-5071



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A love of flight, retirement not the end

Penny RogersStaff writer

"There's a line the commissionaires use in their advertising: there is no such thing as ex-military. I think that's well put. I don't think anyone really truly leaves it behind," said Major Don Fair, 443(MH) Squadron.

Last Friday, after 39 years of service to Canada and the Canadian Forces, Maj Fair put on his CF uniform for the last time.

With a career that began in 1966 as a reservist craftsmanprivate in St. Catharines, ON, the accomplishments have added up.

- He joined the regular force in 1968 and attended Royal Military College of Canada in Kingston, ON. He received a bachelor's degree in mechanical engineering and then went on to become a pilot and was later posted to 434 Tactical Fighter Squadron in Cold Lake, Alberta.
- In 1976 he spent two years on an exchange tour as an instructor on the F5 with 718 Squadron Royal Norwegian Air Force.
- Returning to Canada in 1979 and spending a brief period with 419 Squadron Cold Lake, Maj Fair left the CF for several years to work as a pilot for a logging company out of Prince Rupert, and then with CP Air Vancouver. But in 1984 he re-joined the reserves and found himself with 420 Squadron Summerside, and then VU33 Squadron Comox flying the Tracker, and finally, since 1990, flying Sea Kings with 443(MH)

Squadron Pat Bay.

With the Sea King's replacement, the Sikorsky CH-148 Cyclone, slated for use on the West Coast in 2013, Maj Fair admits he would have enjoyed seeing the changeover.

"Ideally I would have liked to be here for another three years to see that, but my birthday was out by a few years," he says. "But yeah, I'd have liked to have put the Sea Kings to bed."

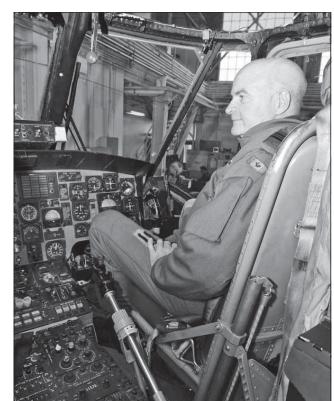
Sea King included, Maj Fair has logged close to 11,000 flying hours on a wide variety of aircraft including Chipmunk, Tutor, T-33, CF5, Beaver on floats, DC8, Boeing 737, Douglas A-26, DC-6, Grumman Avenger and Tracker.

With this kind of experience and passion for flying, he won't let retirement keep him grounded. For the past 25 summers he has worked for Abbotsford's Conair Group flying air tankers during the forest fire season.

"Retirement age in the service is 60 years old, which I'm approaching, but it's 65 generally in commercial aviation, so I can carry on with that a few years more, health allowing," says Maj Fair.

One thing he will miss at 443 is flying with the young

"When they fly with senior people they see different techniques," he explains. "If something just isn't working for them, one day they go up with a senior pilot and there is something a little different in the way he approaches it and something clicks and they say 'Now I see it. Now I've got it'. And that happens



Penny Rogers, Lookout

Major Don Fair sits in the pilot's seat of a Sea King one more time, saying good-bye to military life. He is retiring after more than 39 years of service in the Canadian Forces.

all the time."

Even on his last military flight, a SAREX (search and rescue exercise), Maj Fair taught at least three crewmembers something new. Preparing the scenario for the day's exercise, he planned an over land search for a large twin-engine military aircraft that had engine failure on take off and was forced to land in the trees a few miles from the Tofino airport.

"They had no idea there was an actual downed aircraft there that had crashed some-

time around World War Two. A Canso, a big flying boat, lost an engine at takeoff and the crew put it in the trees at the base of the hill. It's still visible if you know exactly where to look."

After working through the exercise, "lo and behold they were surprised to discover an actual downed aircraft at the end of the runway," Maj Fair said, with a chuckle.

To be able to do the SAREX over an actual aircraft crash site made this, his last CF exercise, more realistic. But it was more than just that.

"What I achieved on my last flight was a beautiful trip through the mountains to Tofino for one last time and one last look at that Canso. I enjoyed it immensely."





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May 10, 2010 LOOKOUT • 15



Cpl Rick Ayer, Formation Imaging Services, Halifax

Peter MacKay, Minister of National Defence, announces the reinstatement of the "Executive Curl" on naval officers' uniforms. He also unveiled the Sea Service Badge, a badge given to any Canadian Forces member who has more than 365 days at sea.

Changes coming for navy uniforms

Virginia Beaton Trident Newspaper

Just days before the Canadian Navy celebrated its 100^{th} birthday on May 4, 2010, the Honourable Peter MacKay, Minister National Defence, announced two significant changes to navy uniforms.

"To recognise the exceptional contributions of our navy, we are reinstating the Navy Executive Curl and introducing a Sea Service Insignia," stated MacKay.

He made the announcement in the Wardroom at CFB Halifax on May 2, Battle of the Atlantic Sunday. Noting that the announcement would be followed by the Battle of the Atlantic ceremony at the Sailors'rial in Point Pleasant Park, the MND observed that the Second World War and the Battle of the Atlantic were pivotal events for the navy.

"It was during this time that our navy acquired its sense of purpose - and into the present day.... What better time to show our appreciation than during the Navy's Centennial year?"

MacKay gave credit to Guy Lauzon, MP for Stormont-Dundas-South Glengarry, who in 2009 introduced a private member's motion in the House of Commons to reinstate the Navy Executive Curl.

"This motion received unanimous support from the House," noted MacKay.

The Executive Curl is a ring above a naval officer's gold lace or braid insignia. Its origins are believed to be in the Crimean War, when it was called Elliott's Eye in tribute to the heroic actions of a Capt Elliott.

The Executive Curl was part of a Canadian Naval officer's uniform from 1910 until the unification of Canada's military in 1968.

The second change regarding navy uniforms concerned the introduction of a Sea Service Insignia to recognize maritime service.

"The Sea Service Insignia is Canada's way of saying What better time to show our appreciation than during the Navy's **Centennial** year?

-Peter MacKay Minister of National Defence

thank you to all members of the Canadian Forces who have spent at least 365 days at sea, " MacKay said. He emphasized that all CF personnel are potentially eligible for this insignia. As an integrated military, the navy, army and air force work together to accomplish missions.

For Level 1 of the Sea Service Insignia, personnel must have 365 sea days; for Level 2, 1095 sea days; for Level 3, 1460 sea days

and for Level 4, 1825 sea

"It is a way to acknowledge the importance of naval operations," whether on a sovereignty patrol or on a deployment, according to MacKay.

RAdm Maddison thanked the MND for the announcement, saying "Thank you to you and to your government for expressing the will of Canadians to support our navy."



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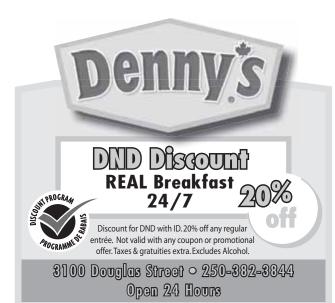
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Capt(N) Marcel Hallé, Base Commander, presented several awards and a promotion during Base Ceremonial Divisions held on the Naden Parade Square on April 22.

Photos by Pte Malcolm Byers, Base Imaging Services Esquimalt



Left: LS Travis Stansfield receives the Southwest Asia Service Medal.

Right: Maj Bernard Tremblay, a member of Base Information Services (BIS), receives a Base Commander's Commendation for his leadership while serving as Acting BIS Officer during a tumultuous period of change within the branch.





advancing multiple projects under individual. operational pressure.



Information Services, receives a Base Commander's Commendation for EngineeringreceivesaBaseCommander's EngineeringreceivesaBaseCommander's Commander's Commendation for his life-saving actions, responding to Commendation for his service as a mem- Commendation for service on Jan. 7 her work during Operation Podium, and providing first aid for a suicidal ber of the Defence Aboriginal Advisory when a gas line ruptured inside Colwood



Group and his efforts to better the lives 112. Hunter's actions eliminated the of aboriginal people.



Capt Annie Sheink, a member of Base MS Brad Wallman receives a Base Phil Peterson of Base Construction Tom Hunter of Base Construction possibility of an explosion.



Stan Knowles of Base Construction Allan Fleury of Base Logistics receives Michael Morrison of the Base Executive Vicki Ilkka of the Base Executive Enginnering receives a Base Commander's a Base Commander's Commendation Branch receives a Base Commander's Branch receives a Base Commander's Commendation for service on Jan. 7 for his dedication in spearheading Commendation for leadership, drive Commendation for work as the overall when a gas line ruptured inside Colwood the commemorative ceremony for the and dedication in leading the develop- Coordinator of the 2009 Government 112. Hunter's actions eliminated the past 25 years in remembrance of the ment of the CFB Esquimalt Strategic of Canada Workplace Charitable possibility of an explosion.



1945 sinking of HMCS Esquimalt.



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Janice Swan of the Base Comptroller Sarah Wedel of the Base Executive A/SLt Helen Williams of the Canadian AB Jacqueline Goquen of the Naval Branch receives a Base Commander's Branch receives a Base Commander's Forces Fleet School (Esquimalt) receives Officer Training Centre receives a Base Recognition Award for her commit- Recognition Award for her work a Base Commander's Recognition Commander's Recognition Award for ment to accuracy and clarity in the with numerous minicipalities in Award for her performance and dedi- her performance and dedication as a preparation of the CFB Esquimalt Saskatchewan and B.C., and her orga- cation as a Campaign Assitant dur- Campaign Assitant during the 2009 financial plan for 2010/2011.



nizational skills that ensured five suc- ing the 2009 Government of Canada Government of Canada Workplace cessful Canadian Naval Centennial Workplace Charitable Campaign / Charitable Campaign / United Way "Namesake Cities" visits.



United Way Campaign.



Campaign.



Jamison receives Campaign.



Commander's Recognition Award for Commander's Recognition Award for tion to Lieutenant (Navy). her performance and dedication as a her performance and dedication as a Loaned Representative during the 2009 Loaned Representative during the 2009 Government of Canada Workplace Government of Canada Workplace Charitable Campaign / United Way Charitable Campaign / United Way Campaign.



Base Lynn Gardner receives a Base SLt Robert Gilpin accepts his promo-



OS Jeremme Andrews of the Base Administration Branch receives the **Canadian Naval Centennial Certificate.** May 10, 2010 LOOKOUT • 17



James Salt is promoted to Commander by Capt(N) Paul Dempsey, Deputy Fleet Commander, with help from Cdr John Tremblay, Fleet Operations Officer.



MS Joel Laurin of J31 JOC receives his new shoulder slip-ons from Cdr Guy Bolduc, Commanding Officer of Maritime Forces Pacific/Joint Task Force Pacific Headquarters.



Lt(N) Mark Bartek receives his new shoulder boards from Capt(N) Martin Adamson.



MS David Lawson receives his Canadian Forces Decoration from Capt(N) Martin Adamson.



PO2 Barry Schultz receives the second clasp for his Canadian Forces Decoration from Capt(N) Martin Adamson.



Capt(N) Alex Rueben receives the second clasp for his Canadian Forces Decoration from RAdm Tyrone Pile.



CPO2 Gabriel Bourgeois receives the first clasp for his Canadian Forces Decoration from Capt(N) Martin Adamson.



Penny Rogers, Lookout d CPO1 Glenn Bell,

-AAINT CIT BY/TO

LCdr Amit Bagga receives the first clasp for his Canadian Forces Decoration from Capt(N) Martin Adamson.

RAdm Tyrone Pile, Commander Maritime Forces Pacific/Joint Task Force Pacific, and CPO1 Glenn Bell, President of the Mess Committee for the Chiefs and Petty Offers' Mess, cut cake in celebration of Navy Day.



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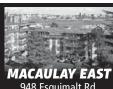
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Top left: Veterans and currently serving members parade on Government Street on May 2 to mark the losses during the Battle of the Atlantic.

Above: Veterans place a wreath at the base of the cenotaph on the provincial Legislature lawn.

Bottom left: Sailors remove their head dress for a prayer.

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