

LOOKOUT



MARPAC NEWS CFB Esquimalt, Victoria, B.C.
Year of the Canadian Naval Centennial



A booming success

Penny Rogers, Lookout

More than 90 cyclists honoured the memory of Cpl Andrew "Boomer" Eykelboom by making the 260 kilometre trip from Comox to Victoria on June 18 and 19. The ride raised more than \$50,000 for The Boomer's Legacy Foundation, which was formed by his mother, Maureen Eykelboom (top left). The ride took two days and ended on the lawn of the B.C. Legislature in Victoria. Read the story on page 2.



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Fundraising booms for bike ride

Penny Rogers
Staff writer

Pennants displaying the faces and names of all the Canadian soldiers who lost their lives in Afghanistan could be seen attached to the 90 bikes participating in this year's Boomer's Legacy Bike Ride.

Following close behind the flashing lights of their police escort, the riders left 19 Wing Comox on June 18 and headed first to the gravesite of Cpl Andrew Eykelenboom - "Boomer" to those who knew him best - where they received an official send-off from the Courtenay-Comox community that the young soldier called home.

From there they cycled south to the Brigadier D.R. Sargent Armoury and the Canadian Legion Branch 256 in Nanaimo, where they would spend the night and rest up for the remainder of the 250 km ride that would end on the lawn of the B.C. Legislature in Victoria on June 19.

The idea for Boomer's Ride came from CWO Todd McGowan who was Cpl Eykelenboom's Company Sergeant-Major at 1 Field Ambulance in Afghanistan.

Cpl Eykelenboom, a medic with 1 Field Ambulance, was killed by a suicide bomber in the village of Spin Boldak on Aug. 11, 2006. He was a few days away from returning home.

It was at the funeral in Comox where CWO McGowan first met the Eykelenboom family and a year later, Cpl Eykelenboom's mother, Maureen, called CWO McGowan inviting him to the first fundraising dinner she had organized in memory of her son.



Penny Rogers, Lookout

Rear Admiral Tyrone Pile presents Maureen Eykelenboom with the Memorial Scroll and Bar, which accompanies the Memorial Cross she received after the death of her son, Cpl Andrew Eykelenboom.

"I had just been posted to Victoria a few days before and quickly decided to help by cycling solo from Victoria to Comox to raise some funds," CWO McGowan said. "I had only four days to do it, but I raised \$3,500 and presented the cheque to Maureen at that dinner." That night Boomer's Ride was born.

Now into its fourth year, the ride has raised approximately \$100,000 for The Boomer's Legacy Foundation. More than half of that total was raised this year.

The funds raised on the ride, combined with those from other Boomer's Legacy Foundation events, are used to honour Cpl Eykelenboom's memory by doing what the young medic loved to do: lend a hand where he could to those living in the valleys and villages of Afghanistan.

More than \$300,000 has

been sent to Afghanistan so far and has been used for grass roots projects including 36 life saving or life altering children's surgeries, buying supplies and books for schools in rural areas, building a water well for a small village and buying goats and sheep for farmers who have lost them due to Improvised Explosive Devices.

During his seven months in Afghanistan in 2005, CWO McGowan saw the need for this kind of assistance firsthand.

"I did spend a great deal of time on patrol and in the villages around us. The Afghan people are overwhelmingly friendly for the most part and always received us politely, serving us tea, despite our military presence in their nation," he recalled. "The level of poverty is extreme, yet they are a proud, friendly and generous people. It's amazing."

Amazing also is the way the Boomer's Ride has grown in such a short time, from CWO McGowan's solo ride in 2007 to over 90 riders in 2010.

This year's ride was a mix of military members and civilians that included some special participants. Alongside Commander Maritime Forces Pacific RAdm Tyrone Pile and Base Commander Capt(N) Marcel Hallé rode Cpl Eykelenboom's mother Maureen and his brother, Steven, who flew in from Alberta. Coming from Medicine Hat were the parents and brother of Sapper Stephen Stock, killed in 2008 by a roadside bomb, and Pte Jackie Girouard from Trenton,

ON, who joined the Canadian Forces after her husband, CWO Robert Girouard, was killed in 2006.

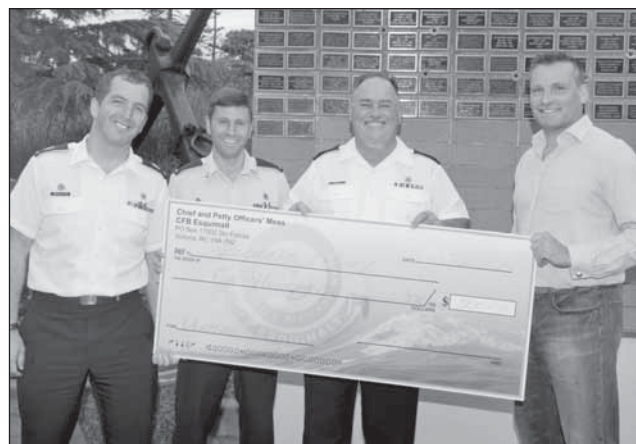
There were also eight riders from Cpl Eykelenboom's former unit, 1 Field Ambulance in Edmonton, Jack Knox from the Times-Colonist newspaper and Ed Bain of The Q morning radio show.

At the end of their journey, this year's group stretched their weary legs on the lawn of the legislature and listened as RAdm Pile made a surprise presentation to Maureen Eykelenboom. In a touching speech, he presented her with the Memorial Scroll and Bar that accompanies the Memorial Cross she received after the death of her son.

RAdm Pile read the brief inscription on the Scroll: "He whom this scroll commemorates was numbered among those who, at the call of their country, served in Her Majesty's Canadian Forces and, following the path of duty, passed out of the sight of humanity, giving up their lives in the service of Canada. Let those who come after see to it that his name be not forgotten."

Cpl Eykelenboom's life may have ended in Afghanistan, but his memory will live on both in that country and at home thanks to his family and friends and the foundation that bears his name.

For more information on The Boomer's Legacy Foundation, go to www.boomerslegacy.ca.



Penny Rogers, Lookout

CPO1 Glenn Bell, President of the mess committee for the Chief and Petty Officers' Mess, presents a check for \$500 from the mess to Boomer's Legacy Foundation riders CPO2 Mike Vincelette, WO Dan Flynn and CWO Todd McGowan. This year's ride took place on June 18 and 19 with 90 riders making their way from Comox to Victoria.



Fill 'er up

Penny Rogers, Lookout

Gas is flowing once again at the Belmont Park CANEX after the completion of a three month renovation. To celebrate the new underground tanks and pumps, a community ribbon and cake cutting was held on June 23.

Inset: Acting Base Commander, LCol Jon Burbee (right) stopped by to cut the ribbon, with help from (left to right) CANEX's Paula Carter, Nalin Fulsiram, CANEX's National Manager, Convenience Operation from Ottawa, and Iris Shiplack.

Naden Band member wins national contest

Shelley Lipke
Staff writer

Some people shine when the pressure is on, and after writing an award-winning piece of music in one day, LS Robert Johnson can say he's one of them.

Upon learning of the YouTube Fanfare Competition a day before the deadline, the Naden Band's tenor trombone player drew on his years of training and the help of his bandmates to quickly write and record the winning entry.

The contest, sponsored by Soundstreams Canada and Luminato, invites young emerging composers under age 35 to give their best shot at composing a short piece of music.

"I had to do it all in one day, so it was a bit of a whirlwind," said LS Johnson. "I couldn't have got this done in time without help from PO1 Mike Broadly, PO2 Greg Sly, PO2 John Ellis, PO2 Matt McCrady, PO2 Shawn Wright, PO2 Annie Claverie, and PO2 Ross MacDonald, who helped me in the recording."

Fanfare music was traditionally written for royalty. "Back in the day when the king would enter the room the trumpets would sound the fanfare that the king was coming, so the piece had to reflect accordingly," explains LS Johnson.

Majestic Fanfare in EB Major starts softly, but builds to a fitting crescendo.

"The piece begins with the lower instruments starting with a subdued theme which gradually builds to the heralding trumpets announcing the arrival of the king," he says. "It then finishes with a resounding insistence on the tonic chord indicating that his majesty has arrived and the day's events may proceed."

While composing this I did think back to a lot of music we play with the band and music I've heard at various symphonies I've played and films I've seen and drew upon my knowledge as a brass player."

After the judges assessed all the entries, LS Johnson learned his piece had made it into the top three.

Then it was up to the public voters to decide. Out of the finalists LS Johnston received 682 votes to take first place.

"I was very excited and surprised when I heard I won. This is one of the first pieces I've ever written and I was thrilled at getting some positive feedback, which was very encouraging," he said.

From June 12 to 14 he was flown to Toronto with complimentary hotel and show tickets to see performances in the annual Luminato Festival. He also had access



LS Robert Johnson stands beside a Luminato Fanfare banner, which sports his name as the winner of this year's competition. The Naden Band member's composition was voted the best out of three finalists.

the artist's lounge and met with artist John Malkovich.

"My piece was officially premiered before the festival, and the quintet of Toronto musicians performed it several times a day wherever the fanfare mascot goes within the city. "I know the Naden Band

is going to be performing it on occasion. I'm hoping it's a step in the right direction for me doing some regular composing for the band," he said.

LS Johnson's winning piece can be viewed on www.soundstreams.ca or www.luminato.ca/fanfare.

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People Talk

On June 22, during the graduation ceremony for John Stubbs School Grade 6 students who took the Drug Awareness Resistance Education program, Lookout asked, "What will you remember most from this course?"



I learned all the bad stuff about drugs and to never do them. Drugs are very dangerous and they can kill you. I know how tempting they can be and I want to avoid them and the peer pressure that makes people do them. I will hang out with non-users instead. I want to thank Officer Frenchy (Sgt Lamont French) for teaching our classes. He was funny and taught us lots.

Cheyenne



I will not take drugs. I want to stay healthy and live a long life and be proud of myself. Marijuana has lots of poison in it. We also watched a lot of education about drinking and it was shocking because we want less people to drink so they don't get hurt but at the same time there is lots of advertising everywhere about alcohol. I think it's bad.

Issac



I was surprised by how many companies use commercial billboards to advertise for alcohol and cigarettes. I think it's kind of gross because there is millions of dollars spent on this and it's bad. I think D.A.R.E. is a great program and I hope it will go on forever.

Maaiké



It's important to keep your body healthy and to be yourself and don't try to be someone you're not. I learned about inhalants that they affect your brain and kill your brain cells. We learned that if you don't feel comfortable and know it's not right you should say no.

Abbey



I learned how to say no and why to say no. Drugs can kill you and it's important that you don't take drugs and don't pressure the people around you into taking them. If you do them your friends might think it's cool and then they might do them and you are the one to blame. Alcohol is bad too because of drinking and driving and car crashes.

Jamie



Most of all I learned how to stand up for myself. I'm usually a shy person and I learned how to be stronger and how to make better decisions. It taught me to be strong and get away from situations without being scared, and to be strong instead. I think D.A.R.E. is a great program for young people to learn about drugs and how to take a stand against them.

Calista

FILM *friday*

Cruise's latest doesn't live up to the hype

Andrew Powell
The GATE

Knight and Day is a make or break movie for Tom Cruise. After years of ridicule, and less than spectacular results at the box office, the industry is quietly watching to see what happens when the former A-lister's latest film opens in theatres.

Leading up to the film's release though, *Knight And Day* looked like an uncommonly smart move for Cruise. The role seems to poke a lot of fun at his previous films, like the *Mission: Impossible* franchise, and yet it still looks like a fun action film that could make Cruise a big star once again.

Cruise plays Roy, a secret agent on the run from the government and trying to evade another agent, played by Peter Sarsgaard. The operation to bring Roy in gets complicated, however, after Roy meets June, played by Cameron Diaz, and

drags her into his world of explosions, violence, and non-stop action while the government hunts for the duo around the globe.

Based on the critical response, the problem is that *Knight and Day* just does not live up to the hype, or provide enough of a solid stage for the actors.

Grown Ups

The disaster of the week, maybe even of the entire year, is director Dennis Dugan's *Grown Ups*, starring Adam Sandler, Kevin James, Chris Rock, Rob Schneider and David Spade as a group of friends who reunite as adults when their childhood basketball coach passes away.

Dragging along their kids and wives, the group reconvenes at a lake house that they knew in their youth, and they try to reclaim all the lost years.

Reviews for the film have been universally negative, and mostly suggest that *Grown Ups* is simply not very funny, or entertaining.

WHAT SAY YOU

A thank you for port security

I would like to acknowledge all the men and women (guys and gals) that did the Port Security these past few months.

My son has been involved in this since Feb. 2 and I'm very proud of him. He was also out there when all the navy ships were here to help us celebrate the 100 years since the navy has been in Victoria.

Once again I "Thank you," all who were involved in this celebration.

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Mother of LS Daniel Aguilar

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Sailor gets a lesson in Japanese Culture

Shelley Lipke
Staff writer

When A/SLt Penny Trusty learned she would be escorting an elite group of Japanese delegates for the International Fleet Review, she felt a mix of excitement and nervousness at the opportunity.

Acting as a VIP escort for Chief of Staff Admiral Akohoshi, the Japanese Ambassador to Canada, his wife, the First Secretary, three captains and one of their spouses would be a lesson in culture and diplomacy. As a Canadian sailor representing her country and the navy, this was an important role.

"I was a little nervous at first because I didn't know exactly what to expect," she said. "I wanted to make sure the military delegates and their spouses would feel comfortable, welcome and at home."

Wanting to put her best foot forward, she polished her boots to a spotless shine, pressed every last wrinkle out of her uniform and studied the schedules of her guests.

"My job was to chauffeur them to the airport, the hotel and in between the events that were happening in and around the city and to make sure that if anything was needed they would be looked after. When I met my delegation I was delighted to

escort them. They were so kind and respectful."

She was referred to as Penny-san, a polite form of address, and was invited on board JS Atago, one of the two Japanese ships attending the Fleet Review.

"I was so impressed with the Japanese customs of cleanliness on board," said A/SLt Trusty. "They are so meticulous, organized and clean that you could eat off the floor. I wanted to ensure that I reciprocated this same hospitality."

A/SLt Trusty was the driver and escort for the staff car, while PO2 Bill Blore took this role in the accompanying mini van.

"We had a secret stash of cleaning supplies in the car," said A/SLt Trusty. "PO2 Blore made the cleaning fun and would show up in the morning with a coffee and bottle of Windex in hand. It was like a WalMart in our glove boxes. We had boot polish, lint brushes, Windex and other cleaning supplies in there and prayed no one would open the glove box for fear everything would fall out. After we dropped them at their destinations we would wait until they were out of sight and then the works would come out. We'd shine the inside and outside of the car, polish our boots and clean everything in sight," she said.

Admiral Akohoshi said he was stunned by the beauty of Victoria. "What surprised me

the most was the endless stream of float planes each day, which began flying in the early morning," he said. "It's a beautiful city, and I thought it had a lot in common with Japan."

But at the same time, the odd cultural surprise met the delegates, who laughed as a group of naked bike riders cycled past them during their visit.

Admiral Akohoshi marveled at the differences in the Fleet Reviews held in Canada and Japan. "The Fleet Review of the Japanese Maritime Self-Defence Force is held triennially and is not anchoring, but mobile. Both reviewing ships and receiving ships navigate in the opposite direction unlike that of the Canadian Navy," he said. "I'm really glad the Japanese ships participated in the International Fleet Review this year along with ships of each country. I felt greatly honoured to sit at the table with the Governor General on board *Algonquin*," he said.

A/SLt Trusty found it interesting to learn about the Japanese Navy and was fascinated to watch the Japanese sailors handle lines on the ship, communicating with whistles.

She wanted to make the wives feel as comfortable as the sailors and spent a lot of time with them. "At first I wondered how the language barrier would affect our conversation, but they all spoke English very well. I really



Penny Rogers, Lookout

A/SLt Penny Trusty, known as Penny-San to the Japanese delegates she escorted during the International Fleet Review, holds up the Chief of Staff coin and a pin. She sits in front of other coins, a lady's brooch and origami paper cranes given to her as a thank you gift.

loved hearing about the Japanese Navy, the trains in Japan and the kimonos that are passed down through the generations. It was an interesting lesson in culture."

While en route to the airport after their stay in Canada, from the driver's seat A/SLt Trusty heard a lot of rustling in the back seat, and when the car stopped she was presented with two origami paper cranes. "When the Admiral's wife handed them to me she apologized for them not being perfect. I

was surprised that someone could make something so meticulous in such a short time. It was quite remarkable. I was also given the Admiral and Captain's coin and a brooch the ladies wear, and in return gave them some maple fudge that was made in Victoria.

I'm glad I was chosen for this job and felt very honoured to have the opportunity," she said. "If I was ever asked to do something like this again, I would jump on it in a heartbeat."



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Golf tournament brings joy to hospital

Penny Rogers
Staff writer

A \$10,000 shopping spree at Harling's Jewellers to anyone landing a hole-in-one was enough to entice 60 golfers to the 12th Annual Dave Barber Golf Scramble at the Metchosin Golf and Country Club.

But the May 13 event was about more than just the prize draws and spending a great day on the links.

For the men and women of HMCS Regina, including more than 20 crewmembers who helped organize the event, it meant honouring the memory of one of their own.

MS Dave Barber lost his battle with cancer over 12 years ago, but every year since then his shipmates have ensured his memory lives on through the smiles and laughter of children.

Victoria General Hospital's (VGH) Pediatrics Ward has been the grateful recipient of the golf scramble's profits, which amounted to nearly \$4,000 this year and over \$25,000 since the event's inception.

"Gifts are not an expectation, but every year the men and women from HMCS Regina have come over and donated to us and not only do they donate, they phone us ahead of time to see what our wishes are," said Theresa Low, a Child Life Specialist who has been at VGH to see every one of the gift deliveries over the years.

Master Seamen James Roberson and Dave Blanchard had the fulfilling job of crossing items off the hospital's wish list this year. It took them two days to spend the funds and two overflowing dollies to get all the donations up to the fourth floor Acute Care Pediatrics Ward.

Donations this year included a wide assortment of toys and games, televisions, telephones, DVD



Penny Rogers, Lookout

There were smiles all around as donations from the Dave Barber Golf Scramble fundraiser were dropped off at Victoria General Hospital's Acute Care Pediatrics Ward. HMCS Regina crewmembers MS James Roberson and MS Dave Blanchard presented the donation to Child Life Specialists Theresa Low, Reyna Webb.

players, and MP3 and CD players. Perhaps the most welcomed gifts were the tiny, simple boxes of band-aids.

"Some of the choices we have for children is very limited in terms of their treatment, but the choice between a Barbie Band-Aid, a Transformer Band-Aid or a sparkly Band-Aid, those are decisions the children are able to make for themselves and it empowers them," explained Low.

As the gifts were being unloaded, curious staff members stopped by to catch a quick glimpse of the ever-growing, colorful pile of goods and everyone returned to their duties with a smile on his or her face.

"It's absolutely wonderful because most often we get items from donors who think of us at Christmas time, but this group of sailors, they think of us in the summer because it's a spring/summer golfing event and it's like Christmas all over for us. It's really incredible because every year we don't expect it, but

every year they still think of Dave Barber and they think of us," said Low.

MS Roberson explained it best when he said, "It's not very often in one's career that you feel you made a positive, tangible difference. I joined the military to give back to Canada, a country that has given so much to me. When we dropped off the items, I felt that I was truly giving back to my country by honoring the memory of Dave Barber, and in turn

helping Canada's most precious resource, our children. It was by far the highlight of my career."

What started with a fabulous day in May where golfers Bernie Hobden and Rick Blanchard shared top spot on the green, Darren Lemeix grabbed the longest drive title and Danny Gauvin managed to land his ball closest to the pin, ended with Christmas in June at a grateful VGH pediatrics ward.

HMCS Regina would like to thank the following businesses who contributed to the Dave Barber Golf Scramble: Metchosin Golf and Country Club, Attree Avenue Walmart, Harling's Jewellers, 5th Street Bar and Grill, Country Grocer, Tudor House Pub & Liquor Store, Vancouver Island Brewing Co., Barb's Fish & Chips, John's Place, Spaghetti Factory, Shark Club, Island Outfitters, The Upper Deck Pub, Action Transmission, Lighthouse Cake Company, Broughten St Deli, Market on Millstream, Thrifty Foods Colwood, Payne's Marine Supply Group, Smoken Bones Cookshack, Royal Theatre, Ma Millers Pub and Liquor Store, Danihealth, La Belle Patate, Silver City Tillicum, Mary's Bleue Moon Café, Flowers On Top, The Wine Barrel, Front Runners, The Love Den, Canadian Tire Douglas St., The Red Brick Café, The Victoria Lavender Company, Salmon Kings Hockey Team, Cobbs Bread Millstream, Douglas Street WalMart, Future Shop Millstream, Nevada Bobs, Rona Bay Street, Abigail's Hotel, and the Lookout Newspaper.

Namesake Ceremony honours men of HMCS Esquimalt



Photos by Shelley Lipke, Lookout

Left: Esquimalt High school student Deborah Lokhorst sang "Oh Canada" accompanied by the Naden Band of Maritime Forces Pacific to start the namesake ceremony honouring HMCS Esquimalt at Esquimalt's Memorial Park. The ceremony paid tribute to the men who served on the ship, which sank in 1942.
Right: Esquimalt Chamber of Commerce President Dino Fiorin presented Base Commander Capt(N) Marcel Hallé with a painting of HMCS Saskatoon.

Local sailor honoured to have street named after great uncle

Penny Rogers
Staff writer

More and more communities across Canada are honouring their local war heroes with street naming ceremonies. One of the latest to do so is the Village at Griesbach in Edmonton, AB.

A former Canadian Forces Base, the site was purchased by Canada Lands Company (CLC) in 2003. The company demolished or renovated the 50 derelict buildings and 750 Permanent Married Quarters on site to create a housing development for 13,000 people.

To pay tribute to the military heritage of the property, CLC began renaming streets and parks after famous local military heroes and battles in which local military units participated.

One of the latest to be honoured posthumously was Andre Juchli, a Petty Officer motor mechanic who enlisted in the Royal Canadian Naval Volunteer Reserve in March 1943.

As a recently unveiled plaque in Griesbach explains, Juchli served as Chief Engineer aboard motor torpedo boats (MTB) and motor gunboats of the Royal Navy and the Royal Canadian Navy (RCN) and was involved in many deadly encounters with German U-boats in the English Channel, the North Sea and the Bay of Biscay.

He was one of the most highly decorated non-commissioned officers in the RCN during the Second World War.

But you won't find much more written about Juchli.

LS Chad Osborne, an Electronic Technician and Juchli's great nephew, explains why. "A lot of my great uncle's records



Kenn Juchli, Contributor

Hazel Juchli, a former Wren and widow of Andre Juchli, speaks to the crowd at the commemoration ceremony at Edmonton's Village at Griesbach.

were sealed and are still sealed. A lot of the stuff he did, I think it had to do with spy stuff and a lot of highly classified missions and they still need to be sealed for national defence reasons. I mean that just gives you a little taste that he was definitely in the thick of it all. And I'm sure the things he did during the war were monumental to how Canada is today."

Juchli was awarded the Distinguished Service Medal and Bar for Bravery in Action and was Mentioned in Dispatches in April, 1945 when his MTB was hit by a German incendiary shell. His quick action saved both the ship and its crew.

Juchli kept fighting after the war, but this time for a more personal cause.

"He always seemed to be about his buddies right to the end," said LS Osborne. "He was very

much, I believe, trying to get them the medical pensions they deserved. He was really active trying to sort that stuff out with the government, but I know he had a hard time with it because a lot of the stuff that he and his buddies were doing were classified so how can you prove injuries or things you deserve from the war when it's all classified. I know it was really frustrating to him."

But for more than 60 years after the Second World War ended, Juchli continued to battle for the rights of his fellow naval veterans.

Proud of his uncle's accomplishments in both his military and civilian life, LS Osborne remembers Juchli as "a powerful and respectful man. But also he seemed to me like a gentle giant - never mean, never loud. He really was quite the man."

IN BRIEF

Blue boat service offers new stop

Starting June 22, the blue boat service added an additional stop to the float at the Public Works Esquimalt Graving Dock.

This will be a trial for six weeks with the potential of being a regular stop during the FELEX program.

The 7 a.m., 7:10 a.m., 3:40 p.m. and 3:50 p.m. runs will stop at the Graving Dock if required.

Parking lot closures

During July 5 and 6 the following parking lots will be affected due to the change of command for the Base Commander:

- The Base Museum parking lot must be empty on both July 5 and 6.
- The parking lot between building N50 and the Naden Drill hall is to be empty July 6 from 8 a.m. to 1:30 p.m.
- The Wardroom guest parking is to be empty from noon to 1:30 p.m. on July 6.

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Strategy to guide navy's revitalization

Stephanie Brooks
Contributor

The Government of Canada has committed to investing tens of billions of dollars to renew its fleet of ships through a long-term strategy that will create jobs in high-tech industries throughout Canada, and provide much-needed ships for the Canadian Navy and the Canadian Coast Guard.

Announced June 3 at CANSEC – the nation's largest annual defence and security exhibition – in the year of the navy's 100th anniversary, the National Shipbuilding Procurement Strategy (NSPS) guarantees a 30-year plan for the navy's renewal and puts Canada in an unprecedented position to revitalize its naval ships.

Defence Minister Peter MacKay, along with the ministers of Public Works and Government Services Canada (PWGSC) and the Department of Fisheries and Oceans, and the Minister of State

(Economic Development Agency of Canada for the Regions of Quebec), unveiled plans to build large ships in two of Canada's shipyards, thereby helping fulfil commitments made in the Canada First Defence Strategy.

With the NSPS serving as the framework, the federal government is planning to invest about \$35 billion over the next 30 years to acquire 28 large ships and more than 100 smaller ships for the Canadian Navy and Coast Guard.

"The NSPS is about undertaking major procurements in an effective way," said Minister of PWGSC Rona Ambrose. "It will allow for new naval vessels to be built in Canada by Canadians."

The announcement is a historic occasion for Canada and for the marine and shipbuilding industry because the strategy aims to eliminate previous cycles of boom and bust and create new jobs and regional benefits for Canadian shipyards and businesses.



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Photos by Penny Rogers, Lookout

Aboriginal Day honours youth

This year's theme for National Aboriginal Day was 'Honouring our Aboriginal Youth' and CFB Esquimalt's celebrations featured young CF Aboriginal members who shared their experiences about working in the military community.

Top: The Yellow Wolf Drummers from Saanich's Tsartlip First Nation performed throughout the ceremony.

Middle: Barney Edward holds up a dreamweaver created by Diana Sampson.

Bottom: Prior to the celebrations, RAdm Tyrone Pile, Commander Maritime Forces Pacific, presented LS Stanely Prince (Ret'd) with two medallions from the National Aboriginal Veterans Association: the Military Service Medallion and the Millennium Medallion, which marked the beginning of a new millennium and were given to Aboriginal veterans as appreciation for their commitment and service in the Canadian Forces.



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Barbecue celebrates a hard working formation



Sunny and warm, last Tuesday was a perfect day for this year's combined Formation Appreciation Barbecue and Environment Fair. There was a lot to keep people entertained with live music and booths from environmental organizations such as WildArc, Garry Oak Ecosystems Recovery Team and Gardens in Motion. A little World Cup fever spiced up the event with a six-nation World Cup volleyball tournament.

Clockwise from top left:

- Fred Webb and RAdm Pile, Commander Maritime Forces Pacific, cut the cake celebrating Webb's 50 years of Naval and DND service.
- Rolland Barrett kept the crowd entertained.
- Six nations competed in The World Cup of volleyball. Shop 114, representing Australia, beat out the competition.
- Steve Stark, the Base Fire Hall's Chief Training Officer and Steve Mullen, Base Fire Chief, take the heat as they flip burgers and keep a trained eye on the flames.
- Hundreds of employees enjoyed lunch with all the fixings.



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On June 22, in honour of the Canadian Naval Centennial the Canadian Forces Fleet School Esquimalt bell was rededicated in a presentation following divisions. Cdr David Cooper (Ret'd) (left), who presented the bell to the school on the 75th anniversary of the Canadian Navy, joined School Commandant Cdr Chris Hargreaves (right) for the ceremony.

Shelley Lipke, Lookout

Vancouver crew represents Pacific Fleet at Rose Festival

SLt Donovan Carmichael and SLt Sean Henderson
HMCS Vancouver

The Canadian Navy has been sending vessels to the Portland Rose Festival every year since 1924. Just a few weeks ago, the crew of *HMCS Vancouver* discovered that we would represent the Canadian Navy this year at the widely acclaimed festival from June 3-7.

Some of the crew had been to the Portland Rose Festival before, and soon word spread throughout the ship causing a great stir of excitement.

During the one and a half day sail to Portland, *Vancouver* exercised for a half day with *HMCS Protecteur*. During the exercise, the ships took part in Officer of the Watch maneuvers, replenishment at sea approaches, and a dry hook-up. These challenging, yet valuable experiences provided young officers the opportunity to practice ship handling skills and allowed the ship's company the opportunity to refine their seamanship skills.

Following the exercises with *Protecteur*, *Vancouver* continued its transit south toward Portland, and soon began the long, narrow, challenging transit through the Columbia and Willamette Rivers. Finally, after months of anticipation, June 3 arrived and *Vancouver* came alongside in Portland, Oregon, for four days.

The port visit began with a wardroom meet and greet for officers from *Vancouver*, the United States Navy and Coast Guard Ships. The Chiefs and Petty Officers attended a similar function for their mess. The organizers of these functions each

took time to thank the ships' crews for being a part of the festival and recognized the Canadian Naval Centennial.

Friday there was a golf tournament in which more than 50 members of *Vancouver's* crew participated, and one of the ship's teams tied for second place. Friday also saw the brows of all the ships in attendance open up to visitors for tours. During the next three days, *Vancouver* was visited by hundreds of excited individuals eager to learn about the ship and what roles the Canadian Navy plays in Canada and throughout the world.

On Saturday night, *Vancouver* hosted a cocktail party on the flight deck on behalf of the Canadian Consulate for many American citizens with ties to Canada, U.S. Naval and Coast Guard Officers, and other distinguished guests. The weather on Saturday, the best of the visit, proved perfect for the cocktail reception and allowed everyone in attendance to enjoy the fabulous Portland city skyline while socializing on the ship's flight deck. The great efforts of the galley staff and stewards were highly appreciated by all attendees.

Finally, on the return home to Esquimalt, there was an opportunity for an exchange with USS Sampson, a United States Arleigh Burke class destroyer. Three sub-lieutenants from *Vancouver* sailed home on the USS Sampson while three Americans came to Canada aboard *Vancouver*.

Overall, it was a successful yet busy few days that reinforced the strong ties between Canada's Navy, the City of Portland and the U.S. Navy.

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Natalie Vincent
PSP

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Spaces are filling up quickly for all of our summer camps so be sure to register soon.

Aquatic Programming

New set of swimming lessons is starting July 12. Lessons end Aug. 30. No class Aug. 2. Prices vary.

Cardio Blast (pool program Wed/Fri from 4:30-5:30pm) at Naden Pool - 10 classes/\$40 - next lesson starting June 30.

Aquaboot Camp (pool program Tues/Thur from 6-7pm) at Naden Pool, 10 classes/\$40. Next lesson starting June 29.

Noon Hour Aquafit at Naden Pool on Tues/Thurs, free.

Noon Hour AquaJog at Naden Pool on Wed/Fri - Free.

Hawaiian Theme Swim June 26, 1-3pm

Bronze Medallion July 3-17, 9am-1pm, 5 classes for \$130.

Youth Centre

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Adult Programming

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Royal Navy brings tennis competition to Esquimalt

Shelley Lipke
Staff writer

In honour of the Canadian Naval Centennial, a stellar group of tennis players from the Royal Navy are flying from the United Kingdom to play tennis in Canada.

Every two years the Royal Navy Lawn Tennis Association goes on tour to reward the players and organizers for their hard work and this year they are challenging avid tennis players at CFB Esquimalt to step forward

for a friendly match.

"We always go to a country with a navy as one of the other prime reasons for the tour is to foster good relations with the host navy," says Cdr Sean Winkle of the Maritime Warfare School at HMS Collingwood in Fareham, UK.

"I felt Canada would be a good choice this year especially as it is your centennial year. It's particularly fitting that one of the world's oldest, and arguably most senior navies, pays its respects to one of our

closest allies."

Some of the Royal Navy players are at the Wimbledon level, but they are challenging the Department of National Defence population to a friendly match Aug. 28.

CFB Esquimalt doesn't have a tennis team, but interested players should contact Danielle Sutherland and sign up for the proposed matches, which will be held in Victoria.

Sutherland can be reached at 250-363-4068 or by email at Danielle.Sutherland@forces.gc.ca.

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Duncan Ayre, NPAO

Cmdre Ron Lloyd, Commander Canadian Fleet Pacific, receives his promotion to Rear-Admiral from RAdm Tyrone Pile, Commander Maritime Forces Pacific/Joint Task Force Pacific.



Duncan Ayre, NPAO

Capt(N) Martin Adamson, Commanding Officer Fleet Maintenance Facility Cape Breton, is promoted to Commodore by RAdm Tyrone Pile, Commander Maritime Forces Pacific/Joint Task Force Pacific, with help from Capt(N) Adamson's wife Margaret.



Military Police officer Sgt Patrick Angers receives his new rank from Cdr Allan James Commanding Officer of Port Operations and Emergency Services Branch as MWO Darryl Bean looks on.



Lt(N) Caroline Allan receives her new rank from Cdr Allan James, Commanding Officer of Port Operations and Emergency Services Branch (POESB) and CPO1 Lloyd-Walters Branch Chief Petty Officer for POESB.



Several cadets received awards as members of 2422 The Canadian Scottish Regiment (Princess Mary's) Royal Canadian Army Cadet Corps celebrated the 58th Anniversary of the corps at the annual ceremonial review on June 15.

Above: Cadet Cpl Michael Taylor receives a Dress and Department award from CWO Charles Middleton, RSM Canadian Scottish Regiment.

Right: Cadet MWO Edward Wu receives an 'ageing out mug' and gift from Commanding Officer Capt Brad McRobert upon retiring from the cadet program.



Cpl Owen W. Budge

LCol Christian Lalande, Commanding Officer of 442 Transport and Rescue Squadron, and new Honorary Colonel Stephen Millen sign the certificate to officially appoint Millen as an Honorary Colonel.



Cpl Frieda Van Putten, Base Imaging Services Esquimalt

With a pen stroke Cmdre Kelly Larkin (right) relinquished his command of the Naval Officer Training Centre Venture to Cdr Derek Moss (left) on June 23. Reviewing Officer Capt(N) Paul Dempsey (centre) oversaw the parade.



Cpl Roderick Hopp, Base Imaging Services Esquimalt

Cdr Stan Bates (right) signed over command of HMCS Protecteur to Cdr John Tremblay (left) on June 15 in the presence of Reviewing Officer Cmdre Ron Lloyd (centre), Commander Canadian Fleet Pacific.



Cadets from RCSCC Undaunted, RCSCC Calgary and RCSCC Victoria, all based in Calgary, AB, came to CFB Esquimalt to experience a taste of navy life.

Prairie cadets try life at sea

NCdt Jessica Cameron
Contributer

A crew of Calgary Sea Cadets recently had the opportunity to spend some time on the water with a daysail in HMCS Calgary and a tour of several other vessels.

Members of three Calgary Sea Cadet Corps – RCSCC Undaunted, RCSCC Calgary, and RCSCC Victoria – braved 14 hours on a bus and headed out to CFB Esquimalt.

It was a jam-packed five days on the island, but it was a vacation and learning experience that will never be forgotten.

A key player in making this trip happen was PO2 Jacob Underwood, an electronic technician for HMCS Victoria, as he was able to set up tours of Victoria and of the dockyard.

“It was great having a group of youth out to tour the boat who are genuinely interested in how it works. It was a difficult time to arrange for the tours due to the large amount of work to be done onboard, but some of these youth may be the future of our navy and at the very least

they will return home and talk to their friends and family about what they had learned,” said PO2 Underwood.

Despite the work being done on Victoria, the tour gave the cadets a perspective of what it would be like to work on a submarine. “Some youth who were not comfortable with heights or small spaces fought their fears just so they could take the tour,” said PO2 Underwood.

The crew in Calgary also went over and above to give the cadets an experience of a lifetime during the day sail.

This was no ordinary day sail, as there were planes and helicopters flying overhead spraying everyone with water while showing the cadets how a man overboard drill is carried out. One helicopter dropped smoke signals into the water and Calgary went through them demonstrating hard turns, which was the highlight for many of the cadets as they tried to keep their balance on the tilting ship.

The cadets also saw how damage control is performed on a ship as they toured simulators at Damage Control School

Galiano. They saw how floods and fires are set up for training purposes by replicating areas on a ship.

Cadets also had a chance to tour the dockyard along with the Orcas, Maritime Coastal Defence Vessels, and frigates, which all had something unique and captivating for the cadets to experience.

“The best part of having the cadets come out is having youth who are part of a Naval Cadet Corps in a land-locked city, get to see what the navy is really about,” said PO2 Underwood.

An immense amount of planning went into this trip by the officers of the three cadet corps, but in the end everything was well worth it.

“The cadets are very lucky to have such dedicated officers and staff to organize such a wonderful opportunity for them. I hope they know how hard they worked to make sure this trip was the best it possibly could be,” said PO2 Underwood.

The bus trip home consisted of tired cadets and officers, but all were eager to get home to share their stories.

INMEMORIAM



Sgt James Patrick MacNeil of 2 Combat Engineer Regiment was killed after an improvised explosive device detonated during a foot patrol in Afghanistan on June 21.

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Afghan doctors learn from base health staff

Shelley Lipke
Staff writer

Two Afghan doctors visited CFB Esquimalt as part of an effort to learn how to improve their hospital at home and share their experiences trying to provide healthcare in a warzone.

Director of Mirwais Hospital in Kandahar, Dr. Mohammad Dawood, and Chief of Maxillofacial surgery, Dr. Mohammad Azim Zahid, met with staff at the Canadian Forces Health Services Pacific (CFHSvcC(P)) Clinic on June 17.

The pair received an inside look at Canadian Forces health care and had the opportunity to talk with Canadian soldiers who have been to Afghanistan.

"We are very proud to have these doctors here from Afghanistan," said LCol Chris Linford, Commanding Officer of CFHSvcC(P). "This helps the Canadian Forces to partner with and mentor the Afghan doctors and will help them work with their patients in theatre."

Since the CF deployed to Afghanistan in 2002, 20 members from CFB Esquimalt's clinic have deployed as medical technicians, laboratory technicians, doctors, nurses, social workers and pharmacists.

Some of these members were on hand to chat with the Afghan doctors and share information.

"Most Canadians don't know much about the

Afghan health system," said LCol Linford. "Having the doctors here helps us to highlight our mission, and learn more about the Afghan system while exchanging information and stories," he said.

The doctors arrived in Canada June 5 for a one month stay and have visited Vancouver and Victoria area hospitals and locals schools to talk to children about Afghanistan, the health care system and the social environment of living in a warzone. When they arrived at CFHSvcC(P) they toured the facility to see aspects of services such as x-ray, radiology, dentistry and physiotherapy.

"In Afghanistan the technology is not the best. We have to work with simple things to improve the quality of work. It's fantastic for me to get this experience and learn about the equipment and knowledge the Canadian Forces have," said Dr. Dawood. "I will take this information back home to improve our system at Mirwais Hospital."

After their tour at the clinic the doctors were escorted through HMCS *Protecteur* to see the sick bay on the ship and meet the medical staff on board.

The visit to Canada was sponsored by the University of British Columbia, Vancouver General Hospital, the Colwood Rotary Club and Langford Fire Rescue.

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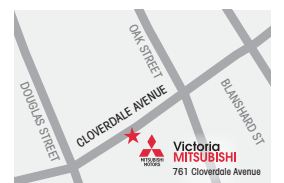


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