

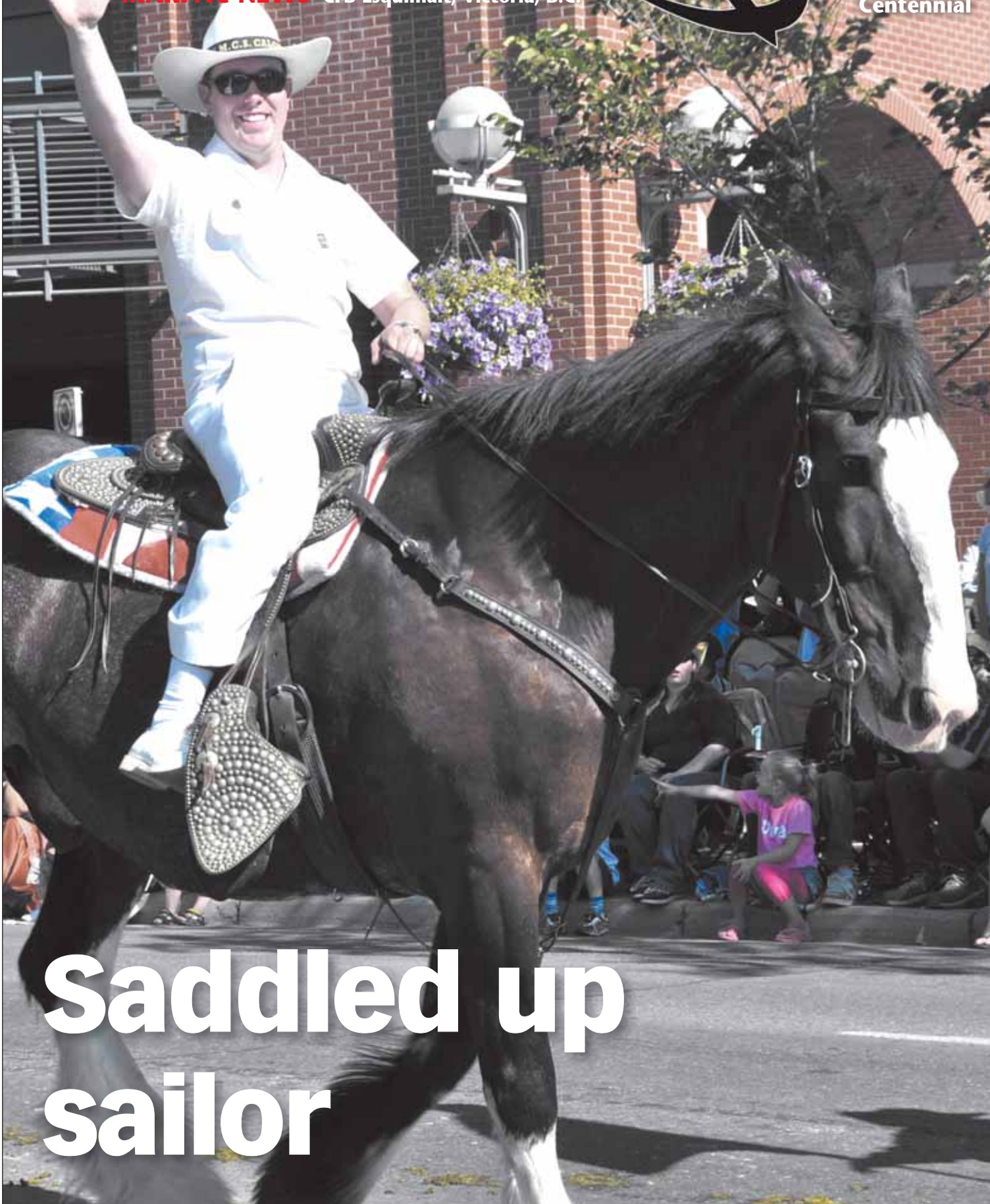
Volume 55 Number 29 | July 19, 2010

LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C.



Year of the Canadian Naval Centennial



Saddled up sailor

2Lt Trevor Reid, DND

PO2 Jarrett Taylor, a Naval Electronics Technician with Fleet Maintenance Facility Cape Breton, waves to the crowd as he rides in the 2010 Calgary Stampede Parade. PO2 Taylor served on board HMCS Calgary in 2005.

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NEWS 2



SPORTS 5



FEATURE 13



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NAVY HONoured WITH *Salish Sea* CANOE

Lieutenant-Governor Steven Point presents red cedar canoe to navy

Penny Rogers
Staff writer

The ancestral lands of the Songhees were a place of celebration July 15 when hundreds of people gathered to witness the presentation of a red cedar canoe to the Canadian Navy by B.C.'s Lieutenant-Governor, Steven Point.

"As you know the navy has sailed the sea for a hundred years, but Coast Salish peoples have sailed it for thousands of years. So we're giving the canoe to them to recognize their recent admission to the club," said LGov Point, bringing a gale of laughter and cheers from the crowd.

The 4.7-metre canoe was carved three years ago by the Lieutenant-Governor's brother, Mark Point, for their father's memorial ceremony. It was then moved to Victoria and transformed into an ocean-going canoe by LGov Point and his nephew, Keith. That process took close to two months to complete.

Once the canoe had been re-shaped, master-carver and KwaGulth Hereditary Chief, Tony Hunt, took over.

"Tony did the beautiful painting that you see. This is an original Tony Hunt, three-dimensional, limited-edition print. There's only one," said LGov Point.

At a ceremony earlier in the day the canoe was renamed Salish Sea.

In his address to the crowd, LGov Point said the presentation was also in honour of Rear-Admiral Tyrone Pile, who is retiring this fall. Currently in the mid-Pacific on the Rim of the Pacific exercise, the Admiral could not be present to

accept the gift, so accepting on his behalf was Chief of Staff, Capt(N) Alex Rueben.

"For 100 years our sailors have shared this harbour with the Esquimalt and Songhees Nations. Throughout this time we have been neighbours, friends, and in some cases, family," said Capt(N) Rueben. "This canoe will be kept in a place of honour and will serve as an enduring legacy to commemorate our past, celebrate today and remind us of our commitment to the future of these waters and our nation. On behalf of all the men and women of the navy, I thank you for this honour."

With that, a group of Canadian Forces Aboriginal men and women picked up the canoe and followed Coast Salish drummers and dancers as they led the way to the beach so the canoe could be launched for the first time.

Following a cedar blessing on the shoreline, OS Trudee Lynn-Paul and MS Vern Point (the cousin of LGov Point) climbed into the canoe and pushed off into the calm waters for a short inaugural journey in front of the gathered crowd.

"It was really special because Trudee is North Island and I am Coast Salish, so it felt really good to be there as the first paddlers on the Salish Sea in the Lieutenant-Governor's canoe," said MS Point.

According to Capt(N) Rueben, the navy is still searching for that perfect location to display the canoe. "My thought is that we certainly don't want it tucked away somewhere; we want it in a very visible spot where everybody coming in each and every day can see it."



Top: MS Vern Point and OS Trudee Lynn-Paul were the first to test the canoe.

Right: Coast Salish drummers lead the ceremony to the Songhees waterfront to launch the canoe.

Bottom right: The canoe receives a cedar blessing before being launched.

Bottom left: Lieutenant-Governor Steven Point gave an heartfelt speech welcoming the Canadian Navy to Coast Salish waters.



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INTERNATIONAL NEWS: RIMPAC UPDATE

Calgary involved in New Orleans sinking

SLt Michael Cormie
HMCS Calgary

Somewhere in waters off the Hawaiian Islands, more than 30 naval ships from seven allied nations are participating in Rim of the Pacific (RIMPAC) 2010, the world's largest multinational maritime exercise, June 23 - Aug 1.

There was a quiet energy building on board *HMCS Calgary*. While the crew could not see their target, the sailors were enthusiastic to test the capability of their weapons.

Somewhere over the horizon was New Orleans, a decommissioned Iwo-Jima class amphibious assault ship that served the U.S. Navy from 1968 to 1997. The hulk was the target for *Calgary* and seven other warships from Australia, France, Japan and the United States during the SINKEX portion of RIMPAC. It would also be the bull's eye of aircraft-launched Harpoons and munitions delivered from B-52 bombers.

LS Al Moffett, Naval Electronic Sensors Operator, felt the excitement and tension throughout the operations room.

"We don't get to do this a lot," said LS Moffett, referring to the firing of two Harpoon missiles from the frigate.

When *Calgary* finally closed the hulk to help finish it off with gunfire, even the bright afternoon sunlight could not mask the devastating effects of the weapons on the old warship. With internal fires raging, the smoking hulk was listing further and further to starboard.

Under the constant barrage of gunfire from the line of ships assembled to shoot their gun systems, New Orleans slowly succumbed, capsized and slipped beneath the waves in the early evening.

Firing on a real ship validates the training a ship's company goes through, as it demonstrates the true combat capabilities of a ship.

"It was a rare opportunity to have everybody on the team involved," said PO1 Lloyd Boutilier, one of the Above Water Warfare Directors on board. He felt the extensive preparations and rehearsals were the greatest challenge associated with the shoot, but in the end he felt an "uncommon emotional payoff" when the missiles were finally fired.

Canada has participated in every RIMPAC exercise since the first in 1971. Designed to improve interoperability among countries with an interest in the Rim of the Pacific, this year's exercise involves 34 ships, five submarines, more than 100 aircraft.



ABPH Evan Murphy, US Navy

The former USS New Orleans (LPH-11) sustains heavy damage during a surface engagement as ships from various nations take turns at target practice. Ships crews used Harpoon missiles, laser guided bombs and finally a barrage of naval gun fire to sink the vessel.



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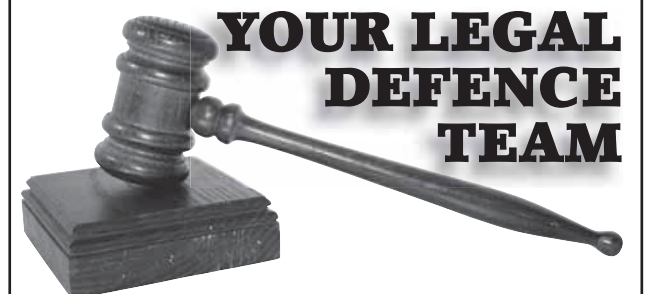
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Published each Monday, under the authority of Capt(N) Craig Baines, Base Commander.

Le LOOKOUT est publié tous les lundi, sous l'égide du Capt(N) Craig Baines, Commandant de la Base.

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in CFAO 57.5. Views and opinions expressed are not necessarily those of the Department of National Defence.

Le Rédacteur se réserve le droit de modifier, de condenser ou de rejeter les articles, photographies, ou annonces publicitaires pour adhérer à l'OAFCS 57.5. Les opinions et annonces exprimées dans le journal ne reflètent pas nécessairement le point de vue du MDN.



Circulation - 4,500

One year subscription - \$37.³⁶

Six month subscription - \$18.⁸⁴

Three month subscription - \$12.⁵⁶

A Division of Personnel Support Programs
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RIMPAC coalition operation a true rainbow

LCdr Nathalie Garcia
MARPAO PAO

Standing at the waterfront in Pearl Harbor as ships from Australia, Japan, and the U.S. slip by, the multinational nature of the Rim of the Pacific (RIMPAC) exercise is hard to miss. However, walk on to the watch floor at the Pacific Warfare Centre on Ford Island, Hawaii, and combined operations are taken to a whole other level.

Row after row of personnel from every participating nation man the many staff positions necessary to make a coalition operation "tick."

As Deputy Current Operations, Lieutenant Commander Edgardo Acevedo of the Chilean Navy sits next to Canadian and U.S. officers, as well as a Peruvian and a Thai officer, who are maintaining the current operation picture.

"This has been an exceptional experience both from a professional and personal level," says LCdr Acevedo. "This gives me the unique opportunity to learn how theory becomes reality."

Members of each participat-

ing nation were involved in every phase of the planning and execution of the biennial maritime exercise with the goals of improving operational readiness and strengthening regional partnerships. For many, the experience is a first. Add to this complexity of working through cultural and language barriers, and the learning curve can be great.

"It's been a challenge to develop the skills to interpret the different points of view and different visions of the same problem and pull the team together towards a common goal," LCdr Acevedo. "But that's exactly why we train for combined operations," he quips.

LCdr Jason Tittley, a Canadian assigned to 3rd Fleet, is also a member of the current operation cell. He has participated in the last four RIMPAC exercises, starting when he volunteered in 2004 to be the liaison officer of the Chilean ship Lynch.

"I've gone from being on board ship to the long-term planning to shore-based execution," he says,

Ultimately, it's all about rela-



LCdr Nathalie Garcia, CFB Esquimalt NPAO

Left to right: LCdr Edgardo Acevedo, a Chilean Surface Warfare Officer, LCdr Felicia Butala, a United States Coast Guard watchkeeper, Cdr Weerachai Churalam, a Thai Surface Warfare Officer, Lt Joe Ceschini, a United States Submariner, Cdr Anotonio Vilodoso, a Peruvian Surface Warfare Officer, and Canadians Lt Catherine Sands, a Canadian shipborn Air controller and LCdr Jason Tittley, a Surface Warfare Officer represent a sampling of the multinational team that is supporting Rim of the Pacific Exercise.

tionship building both country to country, and, perhaps more importantly, person to person.

"The relationships I establish here will make things easier

when we meet again in future operations or exercises," says LCdr Tittley.

RIMPAC 2010 runs until Aug 1.

SPORTS trivia

by PO2 Bill Sheridan
Contributor

Title

QUESTIONS?

1. What is the Little League World Series (LLWS)?
2. Where is it held?
3. Who was the first winner?
4. Who was the first international winner?
5. The US has won the most World Series, what country is second?
6. Which 500 goal scorer in the NHL once appeared in the LLWS?
7. What is the closest a Canadian team has come to winning?
8. What is the weight if the Major League baseball?
9. What is the length of a baseball bat?
10. What is a tag out?
11. What are the two legal pitching types?
12. When is the only time a pitcher is allowed to bring his hand close to his mouth?
13. Which commissioner in baseball banned the Eight White Sox players?
14. What numbers are retired by the Montreal Expos?
15. Who hit the longest home run in The Big O?
16. Who was the only Expo to pitch a perfect game?

16. Dennis Martinez (the spot)
15. Willie Stargell, estimated to be 535 ft. (a yellow seat now marks the spot)
14. 8, 10, 30 and 42
13. Kearsaw Mountain Landis
12. Only in cold temperature to blow warm breath on his hand.
11. Windup and the set positions in it.
10. When the runner is touched by the ball or a glove with the ball
9. No more than 42 inches
8. Five to five and a quarter ounces
7. Pierre Turgeon
6. Taiwan has won 17, to USA's 32.
5. A team from Monterey Mexico. (at the time the league was only in Pa. and NJ)
4. 1947 Williamsport Pa. (at the time the league was only in Pa. and NJ)
3. 1947 Williamsport Pa. (at the time the league was only in Pa. and NJ)
2. South Williamsport Pa. (at the time the league was only in Pa. and NJ)
1. Top 16 teams ages 11-13 from around the world

ANSWERS

SUDOKU PUZZLE

7		4		8		6	3
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	7						2
6	4		3		1		
		3	5		4		
	6		1			9	8
		8	9				

ANSWERS ON PAGE 19

Level: Advanced

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Tritons battle Comox for regional title on home turf

Penny Rogers
Staff writer

This year's Regional Slo-Pitch softball games were played under the scorching sun at the Colville ball diamond, and after battling it out with 19 Wing Comox, both Triton teams earned the chance to represent the Pacific Region at the Nationals this September in CFB Borden.

But it wasn't an easy victory over Comox.

On Thursday July 8, CFB Esquimalt men's and women's teams were defeated by 19 Wing Comox in their first game; the men by a score of 21-16 and the women by a score of 19-10.

"Although we had a slow start with a loss against Comox, we managed to keep our spirits up and make some minor changes to the lineup for the Friday game," said PO2 Chrissy Wruck, captain for the women's team.

Friday's games saw the Triton women win 25-20 and Triton men win 17-14.

"With all our skills coming together and everyone feeling more confident in their positions we were ecstatic with our first win," she said.

With the series tied at one a piece, both teams moved to the deciding game on Saturday.

"It was a great display of talent and enthusiasm that took us to victory," said PO2 Wruck.

Both Triton teams kept 19 Wing Comox to single digits on Saturday with the men posting a final score of 12-2 and the women 11-5.

"Having lost to Comox in the first game on Friday the Esquimalt Tritons demonstrated heart, tenacity and an outstanding sense of team play to win back-to-back games on Friday and Saturday and take home the Regional championship," said men's team captain PO1 Ken McEvoy. He praised pitcher Kelly McLaughlin who, he said, displayed amazing poise in games two and three.

"By allowing Comox to hit, it made it possible for our players to show their skill and defensive abilities," said PO1 McEvoy. "It was some of the best defense I've seen and we were errorless in the final on Saturday."

The Triton men's team will take a well-deserved break before continuing play with the Victoria League, and the women's team will continue with their regular Tuesday and Thursday practices, plus will throw in a tournament in Duncan later this summer to help ready them for Borden.

"I think we have a really good chance at Nationals," said PO2 Wruck. "I have been there three times, once as a pickup from Comox and the other two with Esquimalt. The calibre of ball is extremely high. With a win in 2005, I know what it takes to be successful at Nationals and we have an amazingly strong team. I think if we get out there with a positive attitude and lots of team spirit we will be very successful."



Triton Men's Slo-pitch team hosted 19 Wing Comox in this year's regional tournament. The first game saw Comox defeat the Tritons 21-16 but the team rebounded in the second game winning 17-14. The championship game was an easy defeat for the Tritons as they trounced Comox by a score of 12-2. The women's tournament mirrored the men's with the Tritons losing their first game 10-19, but bouncing back to take the second game (25-20) and the final (11-5). Both Tritons teams move on to Nationals being held Sept. 11-15 in Borden, ON.

Photos by Penny Rogers, Lookout



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Naval Officer Training Centre Executive Officer LCdr Simon Brown swears in the participants for this year's Raven Aboriginal Youth Employment Program.

Penny Rogers, Lookout

Raven recruits ready to train

Penny Rogers
Staff writer

Sixty-three eager men and women from across Canada were welcomed to the Naval Officer Training Centre Venture by Executive Officer, LCdr Simon Brown on July 13.

The group, ranging in age from 16 to 25, assembled in Victoria for the start of the seventh Raven Aboriginal Youth Employment Program. The program promotes self-confidence, self-discipline, and teamwork and it gives participants a glimpse into career possibilities, both as a civilian with the Department of National Defence or with the Canadian Forces.

"The course isn't always going to be easy," LCdr Brown told the group, all dressed in black tee shirts inscribed with the program's name and three symbols representing the three groups present: Inuit, Métis and First Nations.

"It's going to be very challenging. At times you will be incredibly tired and you will probably be a little bit frustrated, but overall you are going to learn a huge amount, both about yourself and about your new friends."

To start the program, Elders from various First Nations and Aboriginal groups gathered participants in Nanoose Bay for a Culture Camp. Here the Elders imparted spiritual components unique to their culture, including story telling, ances-

tral knowledge, spiritual cleansing and meditation. This four-day camp helps the youth transition to the second phase: military training.

Led by experienced instructors who have taught both Reserve Force and Regular Force officers their basic training, the Raven participants will learn skills such as operating a service rifle, performing drills, administering first aid, and maintaining a safe working environment.

According to PO2 Sylvain Sheehy, a Raven instructor and liaison for the Culture Camp, the basic training portion of the program will keep the participants busy.

"About mid way through the course they will start having days off, but they have to deserve it. Until then, they will be working seven days a week."

Hard work is one thing 19-year-old Reid Charles Finley from La Ronge,

SK, is prepared for. "I have a cousin in the military and I heard of the program through him and through my school. The thing I'm looking forward to the most is the hardship - the being away from home and the physical training like running, endurance and cardio. All the good stuff!"

Hilary Hood is an 18-year-old Métis youth from Beauval, SK. She isn't sure if a career in the military is something she will pursue just yet, but she is excited about the six-week program. "I'm looking forward to the camping mostly. A friend of mine came last year and said it was a really good experience, so I thought I'd try it out too."

One candidate already considering a military career post-Raven is 20-year-old Nunavut resident Alex Arnatsiaq. "I'm looking forward to the whole thing. I used to be a cadet when I was younger and that's probably what led me here."

LCdr Brown knows the hard work will pay off for the group of 63.

"It is difficult, but nothing worth doing is not difficult," he said. "You'll get a real sense of achievement when you get to the end of the training course and you can say that you've completed it. And I can assure you that when you go home you will be taking home not only new skills, but also new knowledge of your own culture and other cultures, not just the CF, and you will also have an air of confidence about you that you might not have right now."

I can assure you that when you go home you will be taking home not only new skills, but also new knowledge of your own culture and other cultures.

-LCdr Simon Brown
Commander, NOTC Venture

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DIVERSITY: *is it an operational imperative?*

Maj L. Vaillancourt
Contributor

According to Gen Walter Natynczyk, Chief of the Defence Staff, "diversity is an operational imperative." But the connection between diversity and success in operations is anything but obvious.

Consider this: if we recognize and value diversity in policy and in practice, job-seekers in every corner of Canada's diverse mosaic will be more inclined to apply. A larger labour pool from which to recruit gives us access to a greater share of the talent in today's increasingly competitive job market.

If our policies and practices encourage them to stay, we face lower attrition, which strengthens operational effectiveness.

Studies show that organizations that welcome and value diversity are more productive and team-oriented. Unit cohesion, esprit-de-corps and mission success all play a pivotal role in making the CF a modern, effective and forward-looking organization.

Diversity often offers an operational advantage. In earthquake-ravaged Haiti, the ethnic, cultural and gender diversity of deployed CF personnel and the ability of some to speak local dialects is thought to have contributed significantly to mission success.

What is diversity?

According to the 1998 publication entitled *Diversity Councils That Work*, diversity is "the full utilization of all human resource potential. It is understanding and



DND photo

Fluent in Creole, Sgt Viviane Jean-Baptiste translated for Haitian earthquake victims who visited the Disaster Assistance Response Team's medical clinic, helping medical personnel to diagnose and treat their illnesses and injuries.

valuing differences while mobilizing similarities to effectively achieve a common objective or goal."

Diversity is not legislated, nor is it restricted to certain groups. Race, colour and sex are visible aspects of diversity. Religion, sexual orientation, educational background, and family history are a few less obvious sides of diversity.

What is employment equity?

Employment equity (EE) is a proactive employment strategy that helps employers build a workforce reflective of all qualified candidates in the labour pool.

The EE Act mandates the CF to progress toward a workforce representative of the Canadian population, in part by setting goals and implementing strategies to recruit

and retain people in four designated groups: women, Aboriginal peoples, members of visible minorities, and persons with disabilities.

The CF does not lower standards to increase diversity or to reach EE goals. The CF's principle of universality of service requires Regular and Reserve Force personnel to meet minimum operational standards of physical fitness, employ-

ability and deployability, and merit remains the cornerstone of the CF's promotion policies.

What is my role?

Welcome diversity. Cultivate a work environment where diverse perspectives are recognized and dignity, respect and fairness are valued.

Accommodate differences. Allow personnel from diverse backgrounds to preserve cultural, spiritual and religious practices in the workplace when doing so will not cause undue hardship (i.e. health, safety, costs, etc.). Be flexible when considering requests to accommodate unique dietary, dress, medical, or worship needs.

Self-Identify. Completion of the first section of the CF/DND self-identification form is mandatory. By choosing to self-identify in the second section, you help the CF determine, by rank and occupation, the levels of representation in the four designated groups. An accurate picture helps the CF to identify, and then remove, barriers to employment, training and promotion.

Many of us completed this form during the 2001 self-identification census or at basic training since 2006. However, you are welcome to re-submit the form if you want to provide more precise information or if your situation has changed, in the area of disability for example. The form is available on the DHRD intranet site (hr.ottawa-hull.mil.ca/dhrd/) under "Employment Equity".

For more information, email us at "+NDHQ DHRD Ottawa" in Outlook.

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2Lt Trevor Reid, MARPAC Public Affairs

CPO2 Pierre Cayer, Drum Major of Maritime Forces Pacific's Naden Band, stands at attention while members of the Lord Strathcona's Horse (Royal Canadians) Mounted Troop ride past during the presentation of the TD Cup at Spruce Meadows on July 10. The Naden Band was in Calgary to support Op Connection events during the 2010 Calgary Stampede.

Band plays a winning note

2Lt Trevor Reid
MARPAC PA

"It's always great showing the naval uniform in Alberta," says Lt(N) Robert Byrne, Music Director of Maritime Forces Pacific's Naden Band, as he watches a horse and rider leap over a jump at the Spruce Meadows Equestrian Centre's International Ring. "Even though this is predominantly an army town, people always love to see the navy whites."

A day after leading naval personnel in the Calgary Stampede Parade, the band took part in the "North American" Horse Jumping tournament on July 10. Since the inaugural presentation of the Queen Elizabeth II Cup in 1990, the tournament has acknowledged contributions not only of Canadian Forces members, but also their families.

This year, 28 military families from across Alberta were invited to attend a special reception at Spruce Meadows during the competitions.

"This is a high point of our year," said PO2 Stephen MacDonald, bass drummer. "There's top level competition here that is fun to see and be a part of, even if you aren't into horse jumping." This was the Naden Band's fourth appearance at Spruce Meadows.

The band was responsible for rehearsing each of the 12 national anthems of the participants at this year's competition. The band played the national anthem of the winners of both the TD Cup and the Queen Elizabeth II Cup during the course of the day's competitions. This year the band played "O Canada" for Eric Lamaze, winner

of the Queen Elizabeth II Cup and the "Star Spangled Banner" for TD Cup winner Karl Cook.

Later on, the band played several songs in tribute to the fans, dignitaries and military families who attended the competition.

Members of The Lord Strathcona's Horse (Royal Canadians) armoured regiment performed a Foe de Joie as part of the day's celebrations in honour of the Canadian Forces. As the Chief of the Defence Staff General Walter Natynczyk took the salute, the day honouring the CF was culminated with the Parade of Nations which included The Royal Canadian Artillery Band, the Lord Strathcona's Mounted Troop, an honour guard and the Naden Band.

The band's next stop is the Edmonton Capital EX during the last week of July.

PSP weekly events update

Natalie Vincent
Personnel Support Programs

Fun Seekers PSP Summer Day Camps

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CPAC

August 9-11

9 a.m. - 4 p.m. \$125

Spaces are filling up quickly for all of our summer camps so be sure to register soon.

Aquatic Programming

• Noon Hour AquaJog at Naden Pool on Wed/Fri - Free

• Bronze Cross Aug 7-21 9 a.m. - 1 p.m. 5 classes for \$130;

Please note: Our Pool will be closed for maintenance Aug. 23 - Sept. 7.

Youth Centre

YAC Drop-in nights on Saturdays 7:30-10 p.m. - \$2



Sailors from HMCS Calgary present a cheque for \$8,000 to representatives of the Calgary Health Trust.

Sailors visit Calgary burn ward

2Lt Trevor Reid
MARPAC PA

Since its commissioning in 1995, the ship's company of *HMCS Calgary* has raised and donated money to a highly specialized burn ward at Foothills Medical Centre.

As part of the ship's namesake city visit during the Calgary Stampede, sailors presented a cheque for \$8,000 to the Calgary Health Trust on July 12.

Pat Nelson, CEO of

Calgary Health Trust, thanked the sailors for all their work over the years to raise over \$34,700 since 1995.

The ship's company raises money throughout the year with 50/50 draws, hot dog sales and the ever-popular "Cowboy Up" event where friends and ex-members of the ship come to Victoria to partake in a day-sail, barbeque, sports and a silent auction.

Dr. Duncan Nickerson, director of the burn unit,

explained the history and the new advances in burn care to the sailors. Nurses Anna Cruz and Judy Walker, manager of nursing services, took the sailors on a tour of the ward to show them some of the new equipment such as advanced monitors and beds that donation money helps fund. "We send our nurses on specialized burn treatment courses, if it wasn't for donations we would have a tough time," said Walker.

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Cpl Sue Howell, 19 Wing Comox

Cpl Karen Lindsay, an aviation technician with 14 Air Maintenance Squadron, loads a sonabou into a CP140 Aurora in preparation for a flight during Rim of the Pacific Exercise, which is taking place off the coast of Hawaii.

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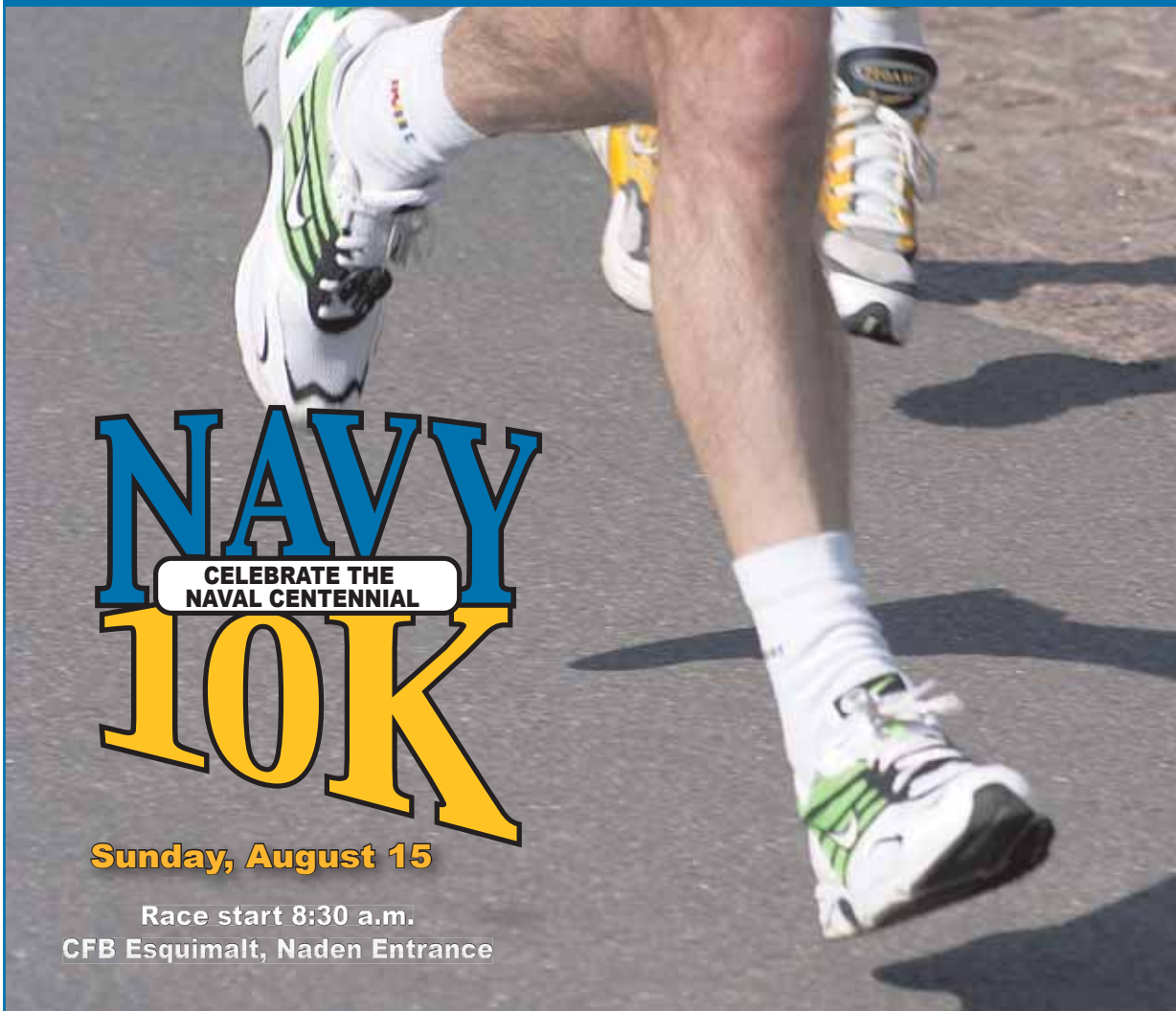
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Photographers reunite in August

Jean-François Néron MILFOTO

8 Wing Trenton will host the 11th Milfoto Reunion on Aug. 20, 21 and 22, 2010

This reunion of retired and serving military photographers is always well attended. Approximately 350 people are expected to take part in this event.

It was first hosted in Ottawa in the early 1960s and it was held there until 2000.

Since 1990, the Reunion has been held every five years in August or September. The move from the nation's capital to 8 Wing Trenton came due to the Wing's ability to accommodate large groups with the added bonus of holding all the events in one central location.

People from across Canada and the U.S. will gather once again to reminisce about the good old days.

The age groups vary

between 20 and 85. At this time, there are close to 200 members and spouses of deceased photographers already registered. Our oldest registered member so far is a Second World War photographer who graduated on the 1941 course.

Due to the small size of our occupation, at one time approximately 550 and now down to 240 personnel, your co-workers often became your family. Because many photo sections were small in size, activities often included the members' spouses and children, but do not be mistaken, large sections were exactly the same.

Most of us are still in contact with each other, if not always on a regular basis, we know that come Christmas time, a card and photo will be in the mail. To register, contact michel.roy2@forces.gc.ca or call 613-990-2305. For further information visit our website www.milfoto.ca

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People aren't the only blood donors

Penny Rogers
Staff writer

Meet Griffin, a playful, buoyant two-year-old Burmese Mountain Collie cross who helps save lives and loves doing it.

Griffin is a registered blood donor dog with the Central Victoria Veterinary Hospital (CVVH), the only animal blood bank on Vancouver Island.

"The blood donor program was established about 15 years ago," explains Melissa Scott, a Registered Animal Health Technician VTS ECC at the hospital. "Angela Kendell, one of our technicians at the time, went to a conference and she saw the need for our facility to have a blood donor program because we are focused on emergency and critical care here and a lot of that has to do with being able to give blood products."

After doing the initial research, Kendell went out and started recruiting donors. Initially all donors were pets of staff at the hospital, but after promoting the program at local dog walks and SPCA events, she started finding both dog and cat owners who were excited to sign up.

Griffin's owner, Leading Seaman Melinda Urquhart, signed up for the program as soon as she realized there was a need for donor dogs.

"He's a universal donor, which means he's got the blood type just like a person with O negative blood. Because of this he is a regular donor and he gets called on an emergency basis. He's given blood about four times so far," says LS Urquhart.

According to Scott, Griffin has the less common (DEA 1.1 negative) blood type and there is still a need for more of this type of canine donor. There is also a need for more cats in the program.

"We have about 25-30 dog donors and about 15 cat donors right now," says Scott. "At the moment we're doing okay for dogs with the DEA 1.1 positive blood type, which is the most common, but we are looking for dogs with 1.1 negative."

There are perks that come with being a donor, according to LS Urquhart.

"Griffin gets dog treats and dog food at discounted prices plus they give him toys pretty much every time he donates. Once a year he gets a goodie bag with gift certificates, more toys and Advantage flea treatments, so it's actually quite a good little scenario."

The process of giving blood is quite simple and, as Scott explains, the entire process can take anywhere from an hour to a couple of hours.

"Sometimes the dogs need a little bit of sedation to help calm them down and sometimes with the cats we have to give them an injectable anesthetic that knocks them out for about 10 minutes so that we have enough time to collect the blood. For both cats and dogs we take the collection from their jugular vein as it's the biggest vein and thus the easiest one to collect from."

The only issue with pet blood donations is the expiry rate. Blood can't be stored for long periods of time, so



Penny Rogers, Lookout

Griffin is a two-year-old Burmese Mountain Collie Cross who has been donating to the animal blood bank at the Central Victoria Veterinary Hospital for over a year.

when an emergency arises the phone could ring anytime asking for the animal to be brought into the hospital.

"A lot of owners are really good about that. There are even a few who we've had to call past midnight and they get up in their pajamas, bring their animals in, no questions asked. We've had owners that are really awesome about coming down. And they feel good about it," said Scott.

And so does Griffin.

"He loves going to the

vet," said LS Urquhart. "He gets excited in the truck as soon as we pull into the driveway at the hospital. He drags us to the door and once we open it he just goes on his own straight to the back room. He knows where he's going and he's happy to do it."

If anyone is interested in having their dog or cat become a donor, they can contact Scott at the Central Victoria Veterinary Hospital at 250-475-2495 for more information.

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Cpl Alex Noel, an aviation technician in HMCS Algonquin, hauls the fuelling hose toward the Sea King helicopter during a hot refuel. Cpl Noel is part of Algonquin's Air Detachment during Rim of the Pacific Exercise 2010.

RIMPAC is currently taking place off the coast of Hawaii until Aug. 1. The biennial, multinational maritime exercise is designed to improve interoperability and understanding between military forces from nations with an interest in the Pacific Rim.

Cpl Charles A. Stephen, CFB Esquimalt Imaging Services

Changing schools? Dependant Education Management can help

Jen Dalziel
MFS Information
Coordinator

It's posting season once again, and for Canadian Forces (CF) families moving with children, changing schools can bring many uncertainties.

Will the new school teach in the children's first language? Will the children be behind in their new classes and need tutoring? Will special education classes be available? Will high school students meet all the requirements for college or university?

Dependant Education Management (DEM) can help families find the answers. DEM manages the education, compensation and benefits programs for CF personnel's dependant children.

DEM provides information and assistance on changing schools within Canada and abroad. From moving tips and general advice to detailed checklists of necessary school documents, DEM strives to help parents stay on top of the education transition process.

"Overall, I think the vast majority of families handle the transition extremely well," says Don Ferguson, Director of DEM. "We are here to answer questions and provide assistance to make sure everything goes as smoothly as possible. 'We're always looking out

for military children to make sure they don't slip through the cracks."

For families moving out of country, DEM performs a mandatory screening process as well as further information on international schools. For families moving within Canada, DEM can help families apply for education allowances and benefits, give comprehensive information on schools in every province and territory, and provide screening information for special education options in isolated and semi-isolated postings.

With the right information and preparation, Ferguson says families rarely encounter unsolvable problems. Though the first big move can be especially stressful for families,

once over that initial hurdle it gets easier. Time and time again, Ferguson sees what a positive experience moving can be for families with children. He firmly believes that challenging children by placing them in unfamiliar situations leads to great personal growth.

"It's important that families celebrate the positive. Change brings new experiences, new learning and new challenges to master," he says. "Schools play an important role in helping students, especially new students, build resilience.

For more information about DEM visit www.cmp-cpm.forces.gc.ca/dem-epcg/ or email dependanteducationmanagement@forces.gc.ca.

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Canadian ships at RIMPAC

Left: LS Richard Gordon, a Naval Electronics Technician, stands guard on the flight deck of HMCS Calgary as the ship exits Pearl Harbor and proceeds to sea.

Right: MS Shawn Zweers, a Naval Weapons Technician in HMCS Algonquin, troubleshoots the Close-In Weapons System (CIWS).

Bottom: LS Sarbpreet Boparai, a Naval Combat Information Operator in HMCS Calgary, signals to the USNS Guadalupe as they finish up a Replenishment at Sea.

HMC Ships Calgary and Algonquin are currently participating in the Rim of Pacific Exercise (RIMPAC), a biennial, multinational maritime exercise held off the coast of Hawaii.



Cpl Charles A. Stephen, CFB Esquimalt Imaging Services



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Above: Capt(N) Les Falloon, Assistant Chief of Staff Operations for Commander Maritime Forces Pacific, (centre) signs the official Change of Command certificate to turn command of the Acoustic Data Analysis Centre (Pacific) from Maj J. Verville (right) to Maj T. Field (left) on July 8.

Right: Capt(N) Falloon presents Maj Verville with an Operation Podium Joint Task Forces Games Certificate of Participation.



Photos by Cpl Frieda Van Putten, CFB Esquimalt Imaging Services



PO2 Patrick Beaupre, a member of HMCS Victoria, is promoted by Adm James Stavridis, Supreme Allied Commander Europe (NATO), and Chief of the Defence Staff Gen Walter Natynczyk (right), on July 9 at the Calgary Stampede.

2Lt Jennifer Wright, 41CBG
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