

Volume 55 Number 34 | August 23, 2010

**MARPAC NEWS** CFB Esquimalt, Victoria, B.C.

# LOOKOUT



Year of the  
Canadian Naval  
Centennial



## Change at the top

Penny Rogers, Lookout

RAdm Nigel Greenwood makes his first speech as the new leader of Maritime Forces Pacific/Joint Task Force Pacific. He said he is happy to be back on the West Coast and is looking forward to building on the relationships RAdm Tyrone Pile created within the local community. Read more on pages 2 and 3.



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### NEWS

7

*Motorcycle Ride for Dad  
ends at CFB Esquimalt*



### NEWS

8-9

*Navy intercepts migrant  
ship*



### NEWS

14-15

*Navy 10K draws nearly  
500 participants*



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Photos by Penny Rogers, Lookout

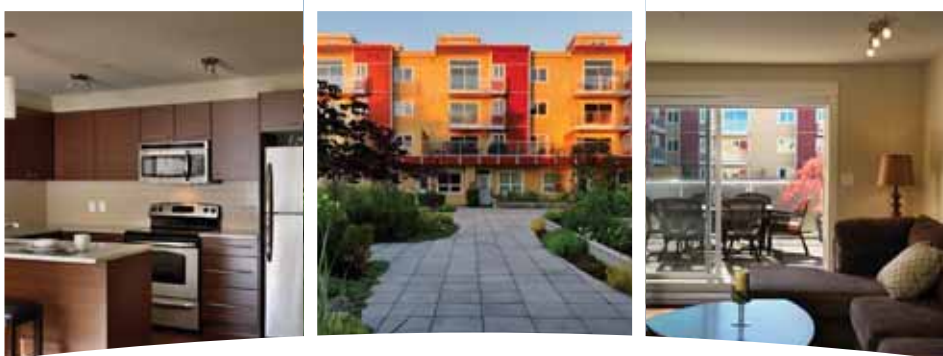
**Above:** Outgoing Commander MARPAC/JTFP RAdm Tyrone Pile, Chief of Maritime Staff VAdm Dean McFadden, Commander Canada Command LGen Walter Semianiw and incoming Commander MARPAC/JTFP RAdm Nigel Greenwood sign the change of command certificates.

**Top left:** Esquimalt Band Spiritual Advisor Mary Anne Thomas presents an eagle feather wrapped in a cloth decorated with Aboriginal designs to RAdm Tyrone Pile thanking him for building a strong relationship between the navy and local First Nations.

**Bottom left:** Outgoing and incoming commanders offer each other congratulations on the newest chapter in each of their lives.

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# RAdm Pile bids farewell to navy life

**Shelley Lipke**  
Staff writer

Dressed in naval whites last Thursday, RAdm Tyrone Pile took his first steps toward civilian life as he walked into the Wardroom to celebrate his retirement from 35 years of distinguished service in the Canadian Navy.

"It feels a bit strange," he admitted. "I can't imagine getting up in the morning and not shaving and getting dressed in my uniform. This has been my life for 35 years."

For the past three of those years, he's been the west coast's senior military officer as Commander of Maritime Forces Pacific (MARPAF) and Joint Task Force Pacific (JTTF), which has given him a wealth of memories and stories.

As he prepared to hand over the reigns to long time friend and colleague RAdm Nigel Greenwood he reflected on the many unforgettable moments he's had as admiral.

"A lot happened in three years. Looking back, the most immediate highlights for me involved the people in the Formation and the many activities we encountered," he said.

The Canadian Naval Centennial, Operation Podium, Navy Day, The Homecoming Statue dedication and the International Fleet Review remain front and centre as RAdm Pile's fondest memories.

"It was an exciting time to be admiral. We can all be proud of the performance of our Canadian athletes during the Olympics, and of the sailors, soldiers, airmen and airwomen who contributed to that. It took us years of preparation to work towards that."

Seeing 250,000 people crowd the streets of downtown Vancouver, the energy surrounding the Olympic events and then Sidney Crosby's gold medal winning goal in the men's hockey final were treasured moments in history that RAdm Pile won't forget.

"Then after all that hard work it was unique and gratifying to celebrate our Canadian Naval Centennial," he said.

"Providing leadership and direction to the Formation, the ships' company and all the integral units that make up MARPAF and JTTF is a great responsibility," he said. "But if the truth be known my job was made very easy. In all the operations we've conducted, whether dealing with piracy, drugs, migrants, day to day sovereignty or working with our allies, I have received such tremen-

dous leadership that work, for me sometimes, was like pushing a button and saying go.

"I'm extremely proud of the accomplishments the men and women have achieved over the past few years and I tip my hat to them," he said.

Looking to the future, RAdm Pile sees a strong fleet embracing change. "This is a very exciting time to be in the navy. We are laying the foundations for a capable, modern, globally deployable navy. HMCS Victoria is nearly ready for an exciting phase of submarine operations and will be an important part of the future, and the hard work that went into this should be recognized. Our navy is about to undergo the most significant period since the building of the St. Laurent Class ships in the 1950s. The future is so bright I feel I'm leaving on a high," he said.

Along with the responsibilities of being admiral has come the privilege of living in a historic residence in dockyard. RAdm Pile and his wife Debra enjoyed this, but they especially enjoyed sharing it with others. "Living in this beautiful historic heritage home, we feel a part of the Formation. Mrs. Pile and I have made a great effort to get as many people in the house over the years to share a part of our great family with the Formation," he said.

RAdm Pile said several thousand people ranging from elite guests such as the Governor General of Canada, Prince Charles and Camilla, foreign ministers and ambassadors to the rank and file working in dockyard have toured through the house.

Over the next few weeks, RAdm Pile and his wife will begin packing the many things they have accumulated in the residence, but they won't stray too far. The Pile family will move to their home in Metchosin, which they have owned for 20 years.

"My wife was born and raised here and both of my children as well. We had to split our time between Halifax, Ottawa and Victoria during my service, but this has always been home base."

As he prepares to leave CFB Esquimalt, RAdm Pile says he is thankful for the people who have guided him on his journey. "I've had tremendous mentorship and guidance from many. Long time friend Honourary Capt(N) Cedric Steel and I met when I was commanding officer of Regina and he has accused me of being responsible for his relationship with the navy. His Honour Lieutenant

Next for RAdm Pile is a bit of R & R.



Penny Rogers, Lookout  
RAdm Pile leaves the ceremony with his wife Debra ready to begin his new life as a civilian.

Governor Steven Point has opened my eyes to many things and especially to the importance of the Aboriginal culture of our nation. He's given me the opportunity to see our country through a different and important lens. Honourary Capt(N) Lyle Knott has helped make the navy visible in the city of Vancouver and I'd like to thank him for that, and I also get tremendous support from Honourary Capt(N) Bill Wilson out of Calgary. The honorary captains are allowed to speak freely about anything and I really appreciate their guidance, mentorship and recommendations."

His wife Debra has played perhaps the most important role in his career, he said. "I credit my wife with so much, and I know I speak for every member of the Canadian Forces who dons the uniform that their partner plays a huge role in supporting their work and sometimes taking on a greater burden of raising children when one is deployed and filling in all the gaps when you couldn't be there. Debra has really been a pillar of strength for me. She has enjoyed living in the Admiral's House immensely and one of the reasons I've enjoyed my three years here is because she has enjoyed it so much. It's been a really happy time for our family and I'll be thanking her for her support all the way through our travels."

Next for RAdm Pile is a bit of R & R.

"My wife and I will take

some time to travel. We will hit the road and head out on a voyage of discovery, no agenda, and no timelines. This is travel without a plan. We just want to soak it all up."

With son Byron studying in China and daughter Hayley beginning a student work abroad program, the retired admiral, his wife and dogs Rosie and Sailor will hop into a campervan to explore North America through rowing, hiking and camping.

RAdm Pile has no concerns about the future of CFB Esquimalt as he hands command over to RAdm Nigel Greenwood.

"It's time to pass the torch to a new face, new leadership and new energy and I'm delighted it's a personal friend and colleague," said RAdm Pile. "We were classmates at Royal Roads Military College in 1975 and also turned over as flag lieutenants when he relieved me in 1984 when I was flag lieutenant to RAdm Gordon Edwards and he was flag lieutenant for RAdm Robert Yanow."

In his departure, RAdm Pile sends a message to the Formation: "I have felt tremendously privileged and honoured to be your Formation Commander for the past few years and am extremely proud of all of our accomplishments. You are part of a very strong team and have made my job as admiral very easy and enjoyable."

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## WHAT SAY YOU

### People Talk

Lookout asked this question:

*What is the most important thing you will take away with you from the Raven Aboriginal Youth Employment Program?*



Definitely all the friends. It's been really good. You spend six weeks making the greatest friends ever and it's going to be hard to see them go. We'll keep in touch through Facebook and a bunch of us are planning on meeting up again a few months from now in Edmonton. Yeah, definitely the friends.

**Garaline Tom, 16,  
Nanaimo**



I'll remember the camaraderie, just like with any sport, great teamwork. It was just lots of fun getting to know everybody from all over the country. It was really individual for the first week and a half and then after that we got a lot closer.

**Dillon Brodowich-Humchitt, 17, Vancouver**



Memories. Memories, for sure. I'll take those with me wherever I go. I'll take away the memories of all of these guys, what we did, how we stuck together, how we coped together. When we got here we were all individuals but as you can see now we are all the greatest friends. One full team. All the experiences are once in a lifetime for some of us.

**Dustin Gordon-Ruben,  
17, Paulatuk NWT**



I think the most important thing was friendship because I met a lot of great people here that I probably will never forget. And it was amazing sharing different experiences and it's going to be so hard leaving. I'm a Facebook girl so we'll all keep in touch that way.

**Kayla Ahenakew-Wegner,  
17, Saskatoon SK**



I am a lot more confident in myself now and am less shy. I became one of the loudest guys on the course after a while and I enjoyed the course a lot. I received the Male Top Shot award from the range. I'm now possibly thinking about joining the artillery or maybe becoming a sniper if I could because I enjoyed the range a lot.

**Chase Odjick, 20  
Kiti Ganzibi, Quebec**

## FILM *friday*

# Consequences, funny stereotypes and magic

**W. Andrew Powell**  
The GATE

### The Switch

Best friends may not fall in love all that often in the real world, but it's something that happens a lot in the movies.

In *The Switch* those friends are Wally and Kassie, played by Jason Bateman and Jennifer Aniston. Kassie is a 40-year-old with no husband and nothing on the horizon, so she comes up with the big idea of having a baby on her own with the help of some donated sperm from a young, handsome man. Things get a little weird though when Wally gets drunk at her apartment during a big party, and ends up switching the sperm sample with his own. Too bad he was too drunk to remember it the next day though.

Jump ahead seven years and Kassie has just moved back to the

city and is reconnecting with Wally when he finally remembers what he did all those years ago, and now he's face-to-face with Kassie's son, who looks and acts a lot like him.

Roger Moore of the *Orlando Sentinel* called *The Switch*, "The best Jennifer Aniston movie in ages," but based on the sheer number of reviews, the film is mediocre at best.

RottenTomatoes.com rates the film at just 49 percent fresh, but as Moore goes on to say in his review, the film is also "a star vehicle for Jason Bateman. And Aniston's work opposite the screen's premiere funnyman shows her at her most engaged and pitch perfect."

### The Infidel

In the offbeat, funny and irreverent comedy *The Infidel*, Omid Dja stars as Mahmud Nasir, the owner of a cab company who may not be the most devout Muslim, but he takes pride in his religion and family. That is, until he discovers that

he's adopted and is actually Jewish.

On top of that, Mahmud is trying to impress his son, who is about to get married to the daughter of one of the most well-known Muslim clerics in the world, particularly because the cleric has outraged people of all faiths.

Mahmud has to decide how much he wants to know about his heritage so he can meet the man he believes is his birth father, and that leads to exploring all those well-known stereotypes about Jewish men, and Muslim men, all while Mahmud's wife wonders if her husband is actually coming out of the closet.

*The Infidel* is a hilarious, often off-the-wall comedy, and it explores all the usual stereotypes with glee, and a lot of charm. Dja is the perfect actor for this role, and plays the part of the confused Mahmud with wit and chutzpa. He carries the film admirably, but the

entire cast is noteworthy, including co-star Richard Schiff who plays Mahmud's Jewish teacher, Lenny.

### Nanny McPhee Returns

Emma Thompson returns to the role of the wondrous and bewitching Nanny McPhee, who has to take charge of a group of kids who are sent to a farm during wartime.

The kids have driven their family crazy as their mother deals with the chaos of trying to keep their farm running. That's where Nanny McPhee enters to save the day and teach the kids some lessons while showing them a touch of magic.

The film has received great reviews from critics, with Keith Uhlich of *Time Out New York* writing, "This is children's entertainment on the structural level of Roald Dahl and George Miller's great *Babe: Pig in the City*, even if the visuals rarely rise above polished and proficient."

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Photos by Joe Beaupre, Contributor

Navy Dragon Anchors' first place finish in both heats on the first race day with some of the fastest times of the day, helped put the team in contention for the top division medals on Sunday.

# DRAGON ANCHORS STAY COOL IN THE HEAT

**Bruce Johnson**  
Contributor

"So, what did you do last weekend?"

Many may have gardened, walked the dog, went swimming or did something else relaxing. For most of us it included the caveat "...and tried to keep cool."

Yes, it was a hot weekend, but for members of the Navy Dragon Anchors dragon boat team, it was a bit longer and hotter than usual.

Our weekend started on Friday morning beside the Inner Harbour, assembling nearly 90 military modular tents. The effort was to build the "Paddlers' Village," a refuge for participating teams in the Canada Dry Victoria Dragon Boat Festival. The beauty of the inner harbour belied the hot, dusty, dry conditions as temperatures hovered near 30 degrees and those lofty ocean breezes seemed too few and far between. By mid-afternoon, the village was complete and our thirsty crew stopped to take in the harbour views from the newly constructed beverage garden, another important part of the festival.

Race day began early in the morning on Aug. 14. As is typical, it was a busy day for all of the teams as well as festival organizers and volunteers. The normally spacious and quiet Wharf Street

pier was magically transformed into a furious beehive of paddlers, volunteers and onlookers, at times seemingly packed shoulder to shoulder. This normally sedate area was awash with the sights and sounds of more than 2,000 participants plus several thousand spectators.

In among the organised chaos, concessions and vendors offered a tantalizing array of local and international cuisine, the mouth-watering smells wafting over the crowds. Temperatures were high even before the first race began. Athletes and spectators were constantly reminded to keep hydrated and seek shade when possible.

Throughout the morning and into the afternoon, each of the 82 teams met their competition. Each team was pitted against four others in a battle for the best placements and fastest times. Despite the heat of the day, the mood in the marshalling area was festive, generally filled with good-natured banter between rivals. Some teams joked or sang team chants, others stood quietly and tried to focus on their next race, but everyone enjoyed themselves.

The navy team once again distinguished itself as the only team to march and sing to and from the boats. Giant crowds gladly parted for the team, offering words of encouragement and cheers for the defending cham-

pions of the festival.

The first race heats of the day began to unfold over the 500 metre race course. Although races generally lasted less than two-and-a-half minutes, each heat was challenged by changing water conditions, harbour and air traffic and the occasional Coho Ferry run, sometimes leaving teams onboard the dragon boats for thirty minutes or more as temperatures climbed.

The navy faced some tough competition in both races on

*That first place win guaranteed the navy a solid place in the final Platinum race and a shot at the gold medal.*

Saturday. The outcome of each race was difficult to predict and no one was completely certain until results were officially posted.

The team's first place finish in both heats, along with some of the fastest times of the day, helped put them in contention for the top division medals on Sunday.

Sunday's weather would also prove to be a challenge for many teams as the temperature once again reached 30 degrees before noon, especially over the asphalt parking lot in the Paddler's Village.

Competition between teams became more serious as closer matched teams were pitted against each other for placement in the semi-finals. The morning race, the navy team's third of the weekend, had them racing against old rivals and new challengers in what would be their most dramatic race of the weekend.

The crew was in direct competition with the Gorging Dragons, a local team well known as serious competitors and medallists in world class competitions. Three other teams, all with great race times, rounded out the pack.

In one of the closest heats of the weekend, for the first time in the team's ten-year history, Navy Dragon Anchors edged out the Gorging Dragons by a mere two one hundredths of a second to take the win.

That first place win guaranteed the navy a solid place in the final Platinum race and a shot at the gold medal.

As the tension built throughout the afternoon, the team waited for the final race of the day. As each of the five finalists moved into their assigned lanes, "game

faces" were on. The only relief for jitters and nerves came with the starter's horn.

A brief moment for some, a lifetime for others, all five boats blasted across the finish line two minutes later. As with all races, there can be only one winner and that honour went to Vancouver's Dragon Hearts Magnum.

Gorging Dragons finished second, Dragon Hearts Ultimate, one of Magnum's sister teams, took third, while Navy Dragon Anchors and Xtreme Reach rounded out the pack at fourth and fifth places.

With the excitement of the races still fresh in everyone's mind, the competitors made their way to the medal ceremonies after hugs and handshakes were exchanged.

As the festival ceremonies concluded, the Paddler's Village, buzzing with activity only two hours earlier, began to empty out, leaving the skeleton shapes of modular tents behind. Within three hours it was a ghost town, the odd folding chair or other lost item left behind as a testament to a weekend of hard wins and harder losses.

It was a long, hot weekend and one for the record books – at least for the Navy Dragon Anchors and local weathermen. Next stop: Portland, Oregon.

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CPO2 Nelson Lemieux is promoted by Cdr Guy Bolduc, Commanding Officer Maritime Forces Pacific/ Joint Task Force Pacific Headquarters, with help from Lt(N) Eric Pongs.

**INBRIEF**

**General mess meeting at Pacific Fleet Club**

The Pacific Fleet Club will hold a general mess meeting in the upper lounge on Sept. 23 at 10:30 a.m.

The agenda consists of general committee updates, voting on mess dues and potential constitutional changes. A new chairperson for the advertising committee and member welfare chairs will also be elected during the meeting. Please send all nominations to the President of the Mess Committee, MS Harrison. Any other items for the agenda must be sent via email to MS Harrison at Base Administration prior to Sept. 16 for inclusion in the meeting.

An enforced minimum standard for AGMs will be put in place so as to ensure acceptable attendance and appropriate representation by unit. Twenty per cent of each unit's junior ranks or one individual of junior ranks (including equivalent ranks), whichever is greater, shall attend Pacific Fleet Club AGMs. There will be a normal role for members to sign upon arrival.

**Flight Engineers' Reunion**

Greenwood, NS, will be the venue this Sept. 16-19 for the 2010 Flight Engineers Reunion.

Registration begins at noon on Sept. 16 at the VP International Land Based Maritime Patrol Aviation Centre at the Main Gate of CFB Greenwood (1 Ward Road). Registration continues on Sept. 17 from noon-4 p.m. at the same location.

Events include a meet and greet on Sept. 17, a round of golf, a wine tour, a

flight deck simulator tour and a banquet on Sept. 18, and a farewell brunch on Sept. 19.

The cut off date for registration is Sept. 10 and cheques and details of attendees should be made out to the Flight Engineers Reunion 2010 and mailed to: Spike Allen, 455 Tremont Mountain Road, RR6, Kingston, NS, B0P 1R0. Any enquiries should be directed to Al Belliveau at 1-902-765-2477 or 1-902-760-2477 or by email to [abelliveau@eastlink.ca](mailto:abelliveau@eastlink.ca).

**MyRecyclopedia celebrates official launch**

The Capital Regional District (CRD) has launched a new education and reference tool to encourage sustainable behaviour across the region.

MyRecyclopedia.ca, which was unveiled at the 2010 EcoStar Awards, contains a comprehensive online listing of household products and items—from aluminum to zinc—and includes the environmental story behind each item, recycling facility listings and tips on how to reduce and reuse in daily living.

MyRecyclopedia was developed to encourage sustainable practices and to reinforce the three R's of Reduce, Reuse and Recycle.

More than 27,000 tonnes of material were diverted from Hartland landfill in 2008. It is estimated that through other programs, such as community clean-ups and home composting, an additional 64,000 tonnes were also diverted.

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Darren Parsons, Contributor

The Vanguard Riders pause for a photo opportunity as the Ride for Dad passes through Petawawa.

# Charity ride celebrates success in Naden

**Shelley Lipke**  
Staff writer

The rumble of motorcycles will fill the air at CFB Esquimalt as a cross country charity ride makes its last stop here this Sunday. The local defence community is invited to celebrate the end of the month-long journey.

Hundreds of riders have helped celebrate the tenth anniversary of the Motorcycle Ride for Dad with a cross Canada adventure, starting in St. John's, NL, and stopping at nine bases along the way.

The long line of bikes will roll into Naden between 3 and 3:30 p.m. to mark the end of a successful fundraising ride that benefits prostate cancer research and the Military Families Fund.

Normally the ride is dedicated to raising funds and awareness solely for prostate cancer research, but this year organizers wanted to pay tribute to the Canadian Forces and thank them for the continued support they show each year.

"We decided to say thanks to the military for what they do everyday and the personal help that many of the Canadian Forces members have given us," said Motorcycle Ride for Dad President Garry Janz.

"We are encouraging members of the base to join us in celebrating our coast-to-coast journey. A good time will be had by all," he said.

The cross country riders will silence their engines in front of the Naden Drill Shed for the final set of speeches, presentations and some entertainment.

Up to 150 bikes are expected and Janz

will be making a presentation to Base Commander Capt(N) Craig Baines in front of media, fire fighters, police and local politicians.

Stopping at bases and wings across the country provided some memorable highlights, said Janz.

"On Trenton's base Retired General Rick Hillier, who founded the Military Families Fund, and the Chief of Defence Staff [Gen Walter Natyczyk] were there for the kick off before we rode the Highway of Heroes with 600 bikes. It was a very touching and memorable day," he said.

"Then we arrived at Borden and were paraded out of the camp in a police escort with more than 600 bikes and were greeted by 900 residents and members of the base cheering us on as we rode. It was emotional as well. That evening we were treated to a free concert by Glass Tiger. It was a great day, and no doubt a highlight of our cross Canada tour," said Janz.

"The military folks have been so helpful to us with volunteers and organization like the Canadian Army Veterans who are involved and take a leading role in the volunteer committees at many chapters. We are very thankful for their support," he said.

About 24 riders are taking part in the entire east to west journey and will have interesting stories to share at the wrap up ceremony at Naden.

People can donate online towards this charity ride by visiting the website: [www.ridefordadcanada.org](http://www.ridefordadcanada.org), by calling toll free 1-866-908-3058 or by texting their \$10 donation code "text4dad" to 30333.



Photo courtesy of Motorcycle Ride for Dad

A police escort with more than 600 bikes following were greeted by 900 civilian residents and local military members in Borden, ON.

## TIPS

The Military Police have a tips line 250-363-TIPS.

The tips line will be regularly monitored by Military Police. All calls will be kept entirely confidential and anonymous. Military Police urge you to make the call, it helps our community!

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# INTERCEPTION: the navy's role



photo courtesy of HMCS Whitehorse

## Winnipeg and Whitehorse crews ensure safe escort of vessel

**SLt Aaron Hawkins**  
Base Public Affairs

The week of Aug. 16 began very differently at CFB Esquimalt than the previous week ended. Cool seasonal breezes had broken a rare heat wave. The collection of national media journalists and federal representatives from Public Safety Canada (PSC), Canada Border Services Agency (CBSA) and the RCMP that converged on the base for the arrival of a migrant vessel had, like the ship's occupants, all moved on. Everything seemed as it was before, a blue and red cargo vessel at D Jetty the only enduring evidence of the recent flurry of activity.

Local Canadian Forces participation in the integrated interagency mission dubbed Operation Poseidon was coordinated by Canada Command, the organization responsible for the oversight of domestic operations and military support to Canadian civil and law enforcement authorities. Elements of Joint Task Force Pacific were assigned to support the operation with *HMCS Winnipeg* and its crew at the front of the action. The task force was reinforced by CP-140 Aurora Maritime Patrol Aircraft flights from 19 Wing Comox and *HMCS Whitehorse*, already at sea on search and rescue patrol.

"The crew was pre-briefed and preparations made in anticipation of the mission which, in lay terms, was to provide a platform to support the at sea operations of the navy's maritime security partners," said Cdr Richard Dowker, Commanding Officer of *Winnipeg*. Preparations included internal planning and the embarkation of significant quantities of humanitarian and medical stores and personnel from the RCMP, CBSA enforcement teams and a number of CF specialist occupations including legal and medical staff.

*Winnipeg* slipped from A Jetty and proceeded to sea at 4 p.m. on Aug. 10. The crew conducted helicopter training throughout the night prior to intercepting the MV

Sun Sea on Aug. 12.

"We exercised many all ship evolutions en route and came to boarding stations as a precaution just prior to our approach," said Cdr Dowker. "When we met the vessel the weather was good, which allowed approximately 150 of the Sun Sea's passengers to come above decks to witness that initial encounter with Canadian officials. *Whitehorse* initially took a lifeguard station astern of the Sun Sea and then led the vessel into the Strait of Juan de Fuca. The MV Sun Sea crew were compliant and an RCMP Emergency Response Team trained in maritime interdiction boarded and took control of the vessel just after 6 p.m."

*Winnipeg's* Executive Officer LCdr Clive Butler led a prize crew aboard comprised of specialists in seamanship, navigation and engineering, plus a medical team.

"This was the first time at sea for several of our medical people," said LCol Christopher Linford, Commanding Officer of Canadian Forces Health Services Centre Pacific.

Eleven medical personnel including medical officers, nursing officers, medical technicians and a preventive medicine specialist were assigned the tasks of conducting initial medical assessments and determining if any significant health issues existed onboard.

"We were well prepared from a humanitarian perspective having brought emergency response supplies from Esquimalt, which were augmented for the paediatric and geriatric populations," said LCol Linford. "We don't regularly treat children or the elderly but many of our team had deployed to Afghanistan where they gained experience caring for both."

The interior conditions on the vessel were described as cramped due to the size of its hold and the number of people onboard. However, the vessel was in better shape than expected and was relatively clean and organized. The migrants were described as calm, compliant and in generally good spirits. *Winnipeg* provided water, rice and peas in



SLt Mark Fifield, Navy Public Affairs

**Top:** HMCS Winnipeg intercepted and prepared to escort the ship MV Sun Sea as it entered Canadian waters on Aug. 12.

**Above:** Lookouts on the bridge of HMCS Winnipeg monitor the crew and passengers of MV Sun Sea.

abundance for the 492 migrants.

*Winnipeg's* team oversaw seamanship, navigation and contact avoidance duties until MV Sun Sea was transferred to tug and pilot control at the entrance to Esquimalt Harbour in the early hours of Aug. 13.

"This was the best possible outcome: the migrants were compliant when encountered, and no one involved with the operation felt as if they were at risk," summarized Cdr Dowker. "I'm very proud of the way *Winnipeg* and *Whitehorse* supported our government partners. The crews did a tremendous job integrating and supporting the additional people and the RCMP showed themselves to be very professional and capable in the marine environment. I couldn't be more proud of everyone onboard."

In total the MV Sun Sea arrived with 380 men, 63 women and 49 children onboard

though CBSA officials caution the numbers may change during the ongoing process of confirming the age and identities of the migrants. RCMP officials declared there was no indication at this time of criminal intent in the death by illness of a 37-year-old Sri Lankan male three weeks earlier in international waters.

With the end of each journey another begins. At press time, the 492 migrants had been relocated to appropriate accommodations and detention facilities on the Lower Mainland and had completed initial examination portions of the review process.

The once crowded hold of the Sun Sea, now empty, sits in Colwood as a quiet reminder of the previous week's buzz of activity. Its only role now is to silently rise and fall with the harbour tides as the base resumes its usual cadence of activity.





MCpl Angela Abbey, MARPAC Imaging Services

To keep MV Sun Sea on a safe course as it entered Canadian waters, HMCS Whitehorse steamed ahead of the vessel to serve as a guide. Whitehorse was sent to assist HMCS Winnipeg and the RCMP boarding party during the intercept and subsequent boarding of the ship carrying nearly 500 Tamil migrants.

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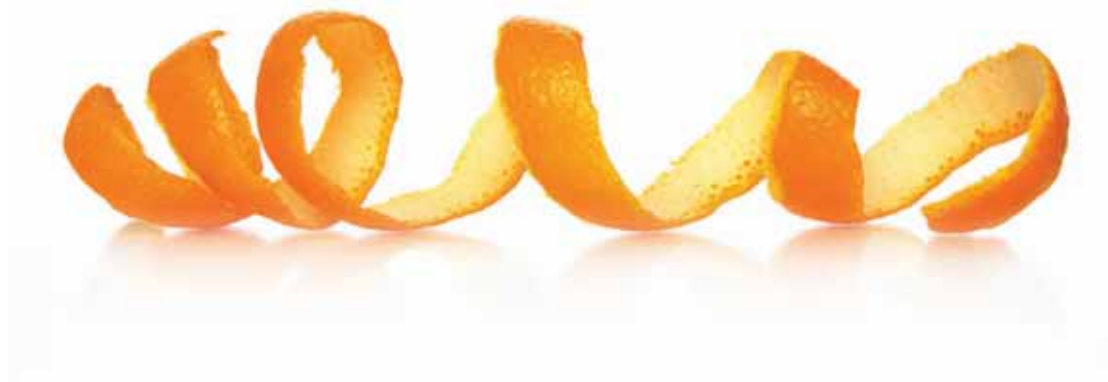
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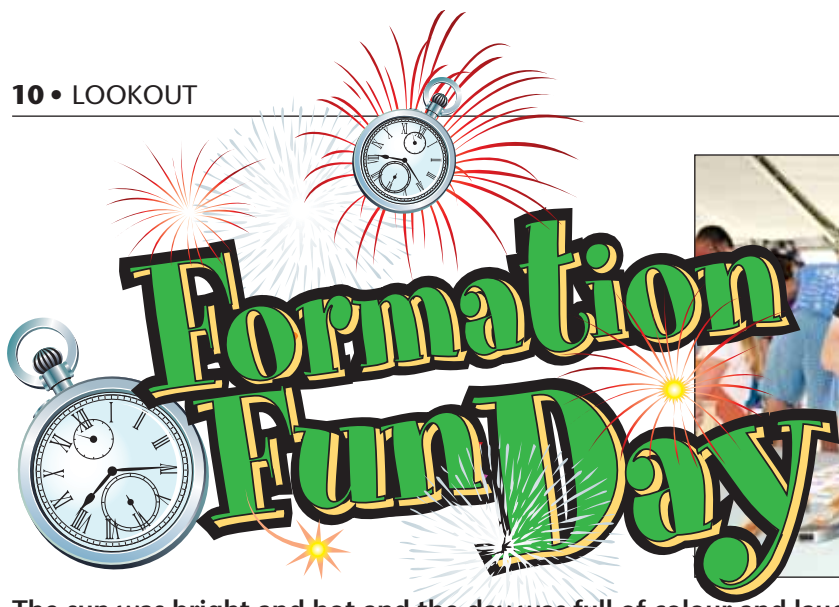
Did you know that 30% of the waste we send to Hartland landfill is organics? That's why we're proposing to enhance our curbside recycling program to include the collection of kitchen scraps – items like meat, bones, eggs, dairy, grains and soiled paper – to improve our region's sustainability by diverting up to 45,000 tonnes of material out of our landfill every year.

In order to meet our waste diversion goal of 60% by 2013, we are considering a region-wide curbside organics collection program. After all, kitchen scraps are a valuable resource with a much higher end use value than garbage. Curbside collection has already proven successful in other cities across North America, as well as in pilot programs locally in Oak Bay and View Royal.

**NEXT STEPS** We're committed to finding the best option for the region, and we'll need your input when we evaluate the social, environmental and financial implications of how we move forward. In the meantime, more information is available online at [www.crd.bc.ca/atthecurb](http://www.crd.bc.ca/atthecurb), by calling the CRD Hotline at **250.360.3030**, or by visiting our outreach team at upcoming community events around the region.

[www.crd.bc.ca/atthecurb](http://www.crd.bc.ca/atthecurb)





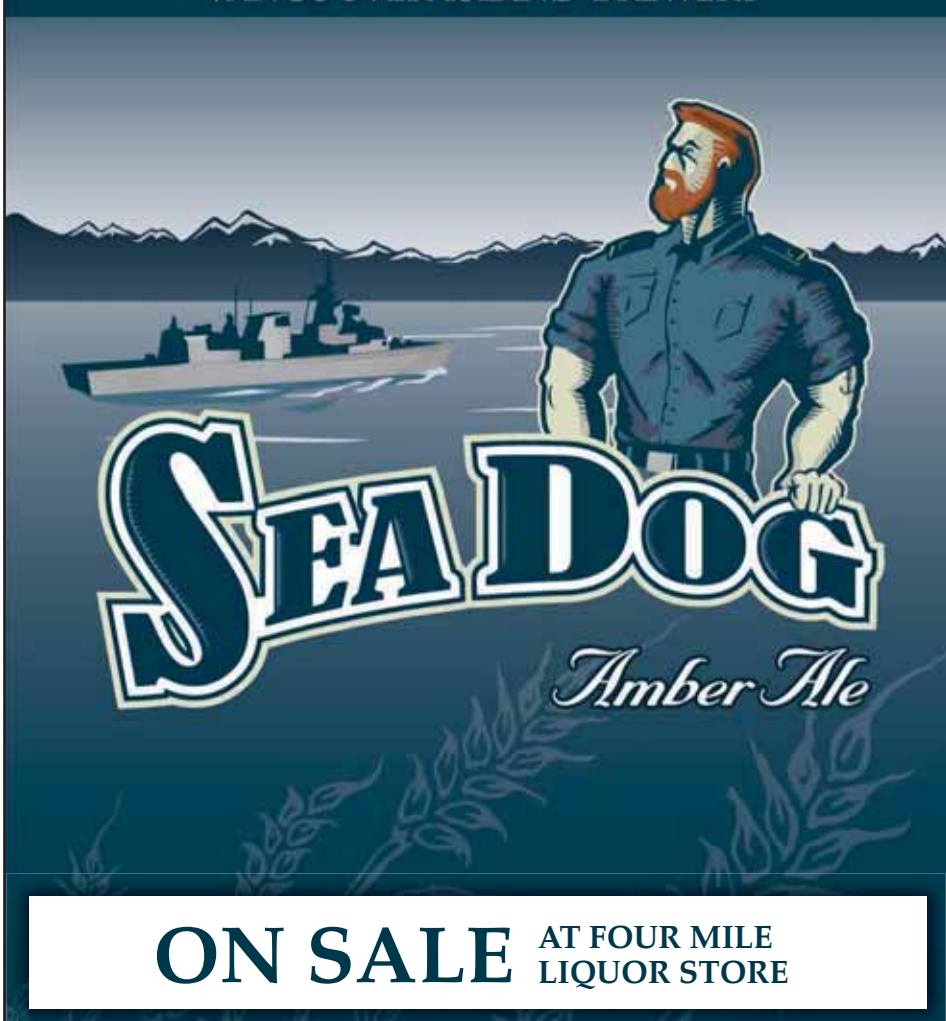
# Formation Fun Day



The sun was bright and hot and the day was full of colour and laughter. Formation Fun Day on Saturday, Aug. 14 brought families together to enjoy a fair-like atmosphere full of games, activities, music and prizes. There was something for everyone this year as the past was brought to life by military and historical re-enactors who provided entertainment based on fact. The creations entered in the KMS Tools Duct Tape Contest impressed the judges and Fun Day revellers. Thanks to everyone who made this day a bright spot in the lives of our military community!



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- Victoria – Esquimalt Military Re-enactors Association
- Vancouver Island Pirates
- Victoria Model Shipbuilding Society

**Thanks to the business’s who pitched in to make Formation Fun Day a success with their generous prize donations:**

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- Tigh-na-Mara Seaside Spa Resort
- Fairmont Empress
- Adrena Line zip line adventure tours
- Walmart
- Future Shop
- Tudor House Pub
- Panago Pizza
- Papa Murphy’s Pizza
- Sarpinos Pizza
- Baywest Rona
- Sony Style
- Uniglobe
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- Save-On-Foods
- Craigdarroch Castle
- Personell Support Group
- MFRC
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- Vancouver Island Brewery
- BMO
- Lions Club
- 3M



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**Duct Tape Contest Individual Entry**  
1st Place: 32 Gig iPod Touch - Julie Howe  
2nd Place: \$75 Adrenaline Pass Sharalynne Lyons

**Duct Tape Contest – Team Entry**  
1st Place: iPod Nano - Scott Gray  
1st Place: iPod Nano - Kyle Ezeckel  
2nd Place: \$50 Walmart Gift Certificate - Shayla Lyons  
2nd Place: \$50 Future Shop Certificate - Trinity Lyons

**Get Wild, Go Play – Minute To Win It!**  
First place: Ultimate Get Wild, Go Play Day! Four passes to the Nanaimo Monkido Tree Course, Canyon Zip and King Swing.  
Second place: “Victoria Get Wild, Go Play Day!”  
Four passes to Victoria Monkido Tree Course.

**Raffle Prizes**  
Wii - Amber Sarota  
Sandman (Richmond) two night stay - Shayla Lyons  
Sandman (Victoria) one night stay - Mc Gregor Family  
Dinner for two, Fairmont Empress - Lorne Ferguson  
Two large one topping pizzas, Papa Murphys - Charmaine Partington  
\$25 Sarpinos Gift Certificate - Yonique Naiteping  
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## Nanaimo shines at marine festival

Photo by PO2 Dupuy

LS Belley shows the cannon to curious visitors.

### LS El Akkati HMCS Nanaimo

It was with great enthusiasm that *HMCS Nanaimo* returned home to its namesake city for a visit that was almost one year in the making to take part in the Nanaimo International Marine Festival from July 23-25.

For the crew, after a two week sail down to San Francisco in sea states that Commanding Officer LCdr Shawn Connelly characterised as "interesting," this weekend was not a chance to rest. No sooner had the order to double up all lines been given, preparations were under way in anticipation of Friday evening's formal reception. The galley and main flats were abuzz with activity as the crew carefully tended to even the smallest details.

*Nanaimo* has maintained a good relationship with its namesake city over the years, and more than 100 people attended the reception including members of the Friends of Nanaimo, city council as well as the organizing committees for the fireworks and the marine festival.

The following day, the crew welcomed guests who were anxious to tour the ship that bears their city's name. Once again, visitors came down in great numbers to discover what life is like onboard a Kingston Class Maritime Coastal Defence Vessel and listen to the enthusiastic explanations from the ship's tour guides.

Despite Sunday being the last day of this port visit, it was surely the most exciting. It was the moment of truth for *Nanaimo's* very own bath tub race boat, painted in the ship's colours and piloted by PO2 Mills and his support team. Confidence was high as the previous day's sea trials had been successful. At the stroke of 11 o'clock, the race began and 47 bath tubs departed for a 37-mile adventure across the waves of Nanaimo harbour. Unfortunately, after a few miles, our pilot had to concede defeat due to engine troubles.

A strong ability to swim and an equally strong sense of humour were required for entry in the race, as only 13 racers made it across the finish line.

Though the weekend was not very relaxing for the crew, the people of *Nanaimo* appreciated the ship's presence, allowing the relationship between the crew and the city to continue to flourish. Visitors were able to tour the ship and meet its motivated and proud crew, composed primarily of naval reservists from all over the country.

*Nanaimo* welcomed visitors once again the following weekend as part of Victoria's Symphony Splash, and then turned toward Seattle, WA, for Seattle Seafair. Receiving top billing for such events does not happen very often and is a point of pride onboard the ship. If success is measured in smiles, *Nanaimo* and its crew can claim mission accomplished.



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Photos by Lt Michelle Wilson, HMCS Quadra

The Ceremony of the Flags Band proudly marches with their new instruments.

# Parade celebrates musical donation

**Lt Michelle Wilson**  
HMCS Quadra

With an 11-gun salute and ceremonial piping party, HMCS Quadra cadets celebrated two significant donations to their unit.

As part of its commitment to the arts, the W. Garfield Weston Foundation donated \$24,000 worth of musical instruments to Quadra. These instruments will be used for training and allow Quadra to carry on a tradition of excellence in developing Canada's top sea cadet musicians.

The cadets were inspected by the Reviewing Party, members of the Weston Foundation, and representatives of Weston Group of Companies.

The Alumni Association donated new flags from each province and territory of Canada to replace the aging flags used during drill training and the Ceremony of the Flags. Messages bearing goodwill from the premiers and territorial commissioners were displayed in a case built by course cadets undergoing shipwright training.

"These donations to sea cadets and the youth of Canada are very significant," said Cdr Peter Kay, Quadra's Commanding Officer. "The

flags are a symbol of Canada, and the instruments are tools sea cadets will use to support leadership and citizenship in communities across Canada."

Guests, former officers, staff cadets and course cadets lined the bleachers for the parade honouring the contributions of the W. Garfield Weston Foundation and the Alumni Association of HMCS Quadra.

During the parade, a drum was ceremonially exchanged between a cadet and Col Lindsay, Baron of Craighall, which marked the official gifting of the musical instruments. The senior band drumline then piled their drums to form an altar, an act which dates back to the early 1700s. Padre Ben Yablonski presided over a dedication of the new cadet flags, bringing them into service for many years to come.

As a salute to both organizations, the cadets performed their final Ceremony of the Flags for 2010.

Quadra, located on the Goose Spit in Comox, B.C., is currently host to more than 800 cadets from across Canada undergoing two, three, six and eight week courses. The training centre has been in operation since 1954.



Photos by Lt Michelle Wilson

**Above:** The lead drummer of HMCS Quadra's Ceremony of the Flags Band exchanges his drum with Col Roger Lindsay, Baron of Craighall.

**Below:** HMCS Quadra's Padre Ben Yablonski dedicates the cadet unit's new flags.



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## MFRC Annual General Meeting

Wednesday September 1

7:30-8:30am

CFB Esquimalt Wardroom

All members of the CFB Esquimalt community are invited to attend.

The 2009/10 year will be discussed in detail.

For more information, contact the MFRC at 250-363-2640 (toll free 1-800-353-3329)

[www.esquimaltmfrc.com](http://www.esquimaltmfrc.com)



# Tremendous turnout for Navy 10K



Almost five hundred runners stepped up to the start line

Penny Rogers, Lookout



Shelley Lipke, Lookout



Penny Rogers, Lookout

Men's winner of the 10K:  
Pte Ryan MacKenzie, Victoria  
Time: 33:29



Penny Rogers, Lookout

Women's winner of the 10K:  
LS Kirsten Aarsen, Victoria  
Time: 42:43



Penny Rogers, Lookout

Men's winner of the 5K:  
Don Kattler, Victoria  
Time: 20:08



Penny Rogers, Lookout

Women's winner of the 5K:  
Madeline Gorchels, Corvallis  
Time: 24:17



Shelley Lipke, Lookout

And they're off! A total of 30 children participated in the SISIP 1K Kids Fun Run. They ran laps around the Naden Athletic Centre's beach volleyball courts to the cheers of their parents and spectators.

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# Race has best turnout to date

**Shelley Lipke**  
Staff writer

In the year of the Canadian Naval Centennial, the 4th annual Navy 10K run drew more than double the runners from last year.

Almost five hundred runners stepped up to the start line in the early morning heat on Aug. 15 to challenge their abilities.

"Each year the participation level is one that we wish to build on, and inviting the community to participate is also a morale booster for the sailors," said race organizer Kelly Binette. "This event also demonstrates the importance of fitness to today's navy."

Equipped with timing chips, water and enthusiasm, participants thundered through the streets of Esquimalt with each runner striving for their personal best.

A range of military members and civilian participants, the crowd quickly spread out as the leaders surged ahead in the battle for first place.

"The Navy 10K is an opportunity for the Greater Victoria community to run alongside the men and women serving in uniform and meet the people of their navy in a friendly and respectful competition," said Binette.

The five and 10 kilometre routes drew out walkers as well as runners, including people with dogs and baby strollers.

Don Kattler was the first to sprint across the finish line at 20:08 to take the title as the first 5K finisher. Madeline Gorchels followed closely behind with a time of 24:17 to win top female 5K finisher.

Last year's 10K winner, Pte Ryan McKenzie, defended his title this year with a time of 33:29.

Female Navy Athlete of the Year and

avid triathlete LS Kirsten Arensen followed with a time of 42:43 as the first female to cross the line.

The SISIP 1K Kids Fun Run had 30 children running laps around the Naden Athletic Centre's beach volleyball courts to the cheers and amusement of their parents and spectators.

Winners of bragging rights for fastest teams were the 10K runners from Fleet Diving Unit with a combined average time of 39:48, followed by *HMCS Winnipeg* at 42:21, while the CANEX team won the 5K best team with a combined average time of 55:42.

Following the race, medal presentations were awarded by RAdm Tyrone Pile, Commander Maritime Forces Pacific and Capt(N) Craig Baines, Base Commander.

The morning concluded with a fundraising barbecue in support the United Way of Greater Victoria.

Organizers would like to thank sponsors Canadian Naval Centennial, Save-on-Foods, Running Room, Base Public Affairs and local media for their support in making this year's race the most successful to date.



Penny Rogers, Lookout

**Race starter RAdm Tyrone Pile congratulates race organizer Kelly Binette on a successful event.**

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# Riders roll for a cause

**Penny Rogers**  
Staff writer

Participants in the second annual Military Police National Motorcycle Relay Ride rolled into Victoria Aug. 17 as part of the first leg of their cross-country trek to raise funds for the Military Police Fund for Blind Children and the Wounded Warrior Project, which supports severely injured military members.

The group had a number of stops to make including the B.C. Legislature and the Mile 0 marker in Beacon Hill Park for photo opportunities, and at Macauley Point in Esquimalt where they conducted a ceremonial "dipping of the tires" in the Pacific Ocean.

They rounded out the day with an informal meet and greet barbecue at Naden where riders from as far away as Ottawa, Toronto and Halifax got to know some of the local participants who would start off on the first leg of the journey with them. Also in attendance was "Corporal Stone," the MP Bear who recently returned from Kandahar, Afghanistan, where he helped kick off the fundraising campaign.

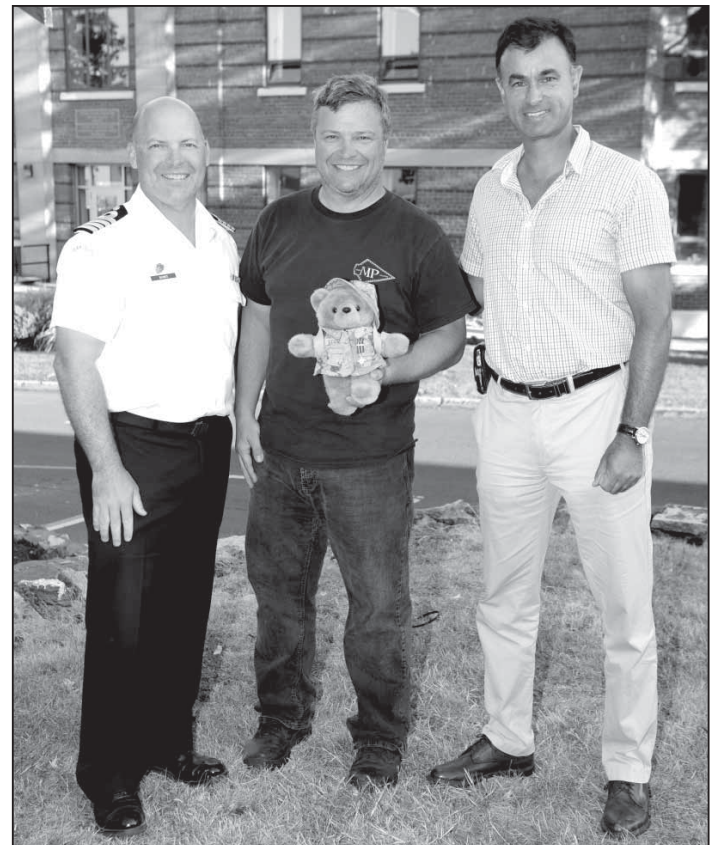
Base Commander, Capt(N) Craig Baines, and Member of Parliament Keith Martin also stopped by Naden to thank the riders for their efforts and to wish them well on their journey, which began in Comox and is expected to end in St. John's, NL, on Sept. 10.

For information visit [www.mpnmrr.ca](http://www.mpnmrr.ca).



Photos by Penny Rogers, Lookout

Participants and supporters of the second annual Military Police National Motorcycle Relay Ride made several stops in Victoria including Mile 0 during the first leg of the ride on Aug. 17.



**Far left:** Betty Calder from Halifax, NS, is seeing to it that Military Police Bear, Cpl Stone, gets safely from coast to coast. **Centre:** Military Police Officer Sgt Andy Tickenheinrich and Naval Provost Marshal Pacific Maj Jason Quilliam stand beside the newest addition to CFB Esquimalt's MP vehicle arsenal, the Spyder RT, which will be driven to Winnipeg by CPO2 Herb Fleury of Edmonton. **Right:** Base Commander Capt(N) Craig Baines, member of parliament Keith Martin and Sgt Lamont French welcome Cpl Stone, who recently returned from a fund-raising trip to Kandahar, Afghanistan.

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Photos by MCpl Chris Ward, MARPAC Imaging Services  
**Above:** The Colour Party marches down Esquimalt Road en route to the Esquimalt memorial Cenotaph.  
**Below:** The sun shines on a soldier standing guard at the Esquimalt Cenotaph.



## Remembering the end of a war

A ceremony was held on Aug. 14 at the Esquimalt Cenotaph to honour the 65th anniversary of the end of the Second World War. Participants included the air cadets and soldiers from CFB Esquimalt and various Second World War veterans.

**Above:** Capt(N) Craig Baines, Base Commander, receives a salute from the parade commander.

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