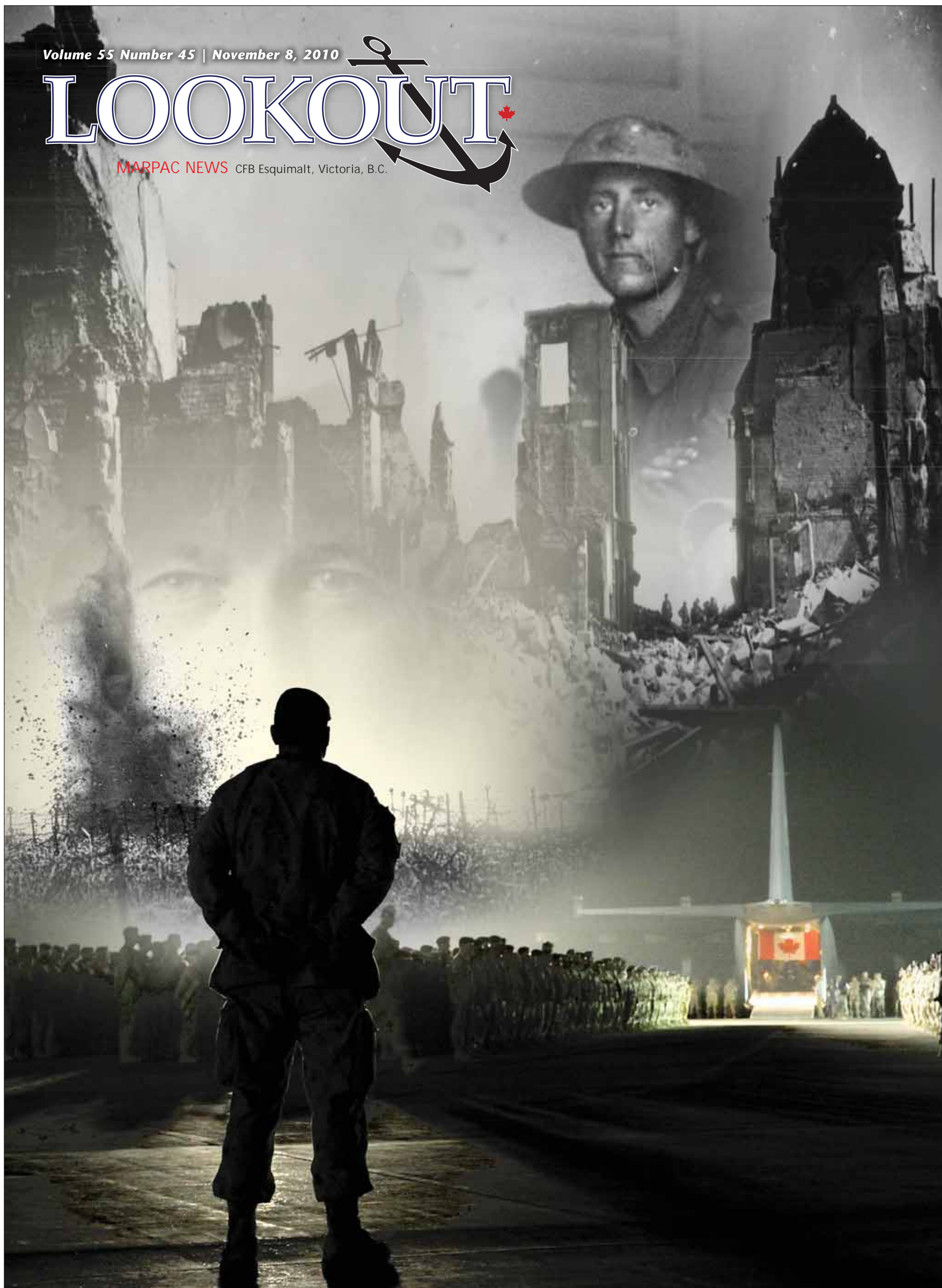


Volume 55 Number 45 | November 8, 2010

# LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C.





## FROM OUR LEADERS: REMEMBERING ALL WHO SERVE, PAST AND PRESENT



**RAdm Nigel Greenwood**  
Commander MARPAC

Those of us who serve in uniform, and have represented Canada at a distance, know that the peaceful society we enjoy in Canada today is only a dream to people who live in countries torn apart by violence.

This peace is possible only because it has been protected by the efforts and sacrifices of generations of Canadians serving in both times of war and peace.

Last May 4<sup>th</sup> as we prepared to celebrate Freedom of the City in Victoria and Halifax, the elements of the theme of this Naval Centennial year, to "Commemorate the Past, Celebrate Today, and Commit to the Future" came together in

poignant reality.

That morning we learned of the death of Petty Officer Second Class Craig Blake in Afghanistan. This will be a very changed Remembrance Day for his family and friends as it will for many others.

Not since the Korean War have Canadians paid attention to their war dead. The practice of repatriation of our fallen is a relatively new endeavour.

It is in stark contrast to the twentieth century practice that informed survivors of their loss by telegram; and the deceased were buried where they fell or at sea. Today, the expression of public grief along what has come to be known as "The highway of Heroes" between Trenton and Toronto, Ontario is an echo of the shared sorrow of all Canadians.

Remembrance Day allows us all to reflect on the sacrifice of more than 125,000 Canadians whose names are forever inscribed in the seven Books of Remembrance in the Parliament Hill Peace Tower.

Remembering our past on Remembrance Day serves to preserve our future. We often take our peaceful society for granted. Our attendance at Remembrance Day services demonstrates that we do not take for granted the sacrifice of those that helped create it.



**Capt(N) Craig Baines**  
Base Commander

As Nov. 11 approaches and we prepare for our annual Remembrance Week activities, there is much to reflect upon in this, the year of Canada's Naval Centennial.

Foremost amongst these is the outpouring of enthusiasm and support from Canadians across this country as we celebrated this important milestone. None would deny that this flows from a reputation built early in our history and enhanced through the service and sacrifices of successive generations.

We owe a debt to those who have served before us. However, as the passing of

"Jack" Babcock, Canada's last known Veteran of the First World War reminded us this summer, the living connection to our veterans continues to diminish with time.

As highlighted by the 65th anniversary of the end of the Second World War this year, we must value those veterans that remain and honour our time with them that remains.

Over the past 12 months over 100 formation sailors, soldiers, airmen and women have served in overseas operations. Most deployed to Afghanistan, joining approximately 130 regional Reserve Force personnel in that mission. Others served in remote regions across the globe in places like Sierra Leone, Haiti, Sudan, Kosovo and Bahrain.

Since Remembrance Day last, 19 CF members have been killed in Afghanistan. That mission has forced us to rethink our traditional definition of veteran. Just as we seek to honour the sacrifices of past generations, so too must we recognize the service of today's Canadian Forces personnel and its impact on those who have paid the ultimate cost or suffered injury and their families and loved ones.

As in past years, the Defence

Team will be supporting Remembrance Day activities throughout the region.

Approximately 60 CF personnel will respond to requests by local elementary and secondary schools, as well as senior care facilities to attend and participate in local ceremonies. On Nov. 11, at 10 separate locations across southern Vancouver Island, CF members will be participating in official wreath laying ceremonies from Sooke to Oak Bay, from the Legislature to Lantzville. These are important opportunities for us both to connect with the people of our host communities and to honour all CF members, past and present, who have answered our nation's call to service.

I invite and encourage all Canadians to find their own way to mark this important day, to remember the sacrifices of those who have served in the cause of peace and freedom around the world and to help repay our collective debt through the simple act of remembrance.

For ideas and information on commemorating Remembrance day visit the Veteran's Affairs Canada website [www.vac-acc.ca](http://www.vac-acc.ca)

# The Royal Canadian Legion & The Canadian Forces



[www.Legion.ca](http://www.Legion.ca)

## CFB Esquimalt Fire Rescue Calendar 2011

**YOU'RE INVITED TO THE LAUNCH PARTY**

Canadian Forces Base Esquimalt Fire Rescue Department is launching its 2011 calendar of "Everyday Heroes." Be one of the first to **get your copy for \$10** and have it **signed by the firefighters** featured on the pages of the calendar! All proceeds go the United Way.

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# Lest we forget

## Cenotaph Ceremonies

More than 1,000 sailors, soldiers, air force personnel and cadets will participate in 10 Remembrance Day ceremonies throughout Greater Victoria and southern Vancouver Island on Thursday, Nov. 11.

Most of our ships are near home this Remembrance Day; however, the crews from the Orca class training tenders will take a break from their navigation training to participate in

Remembrance Day parades and ceremonies in Ladysmith and Salt Spring Island. Training Tenders Orca and Raven will be in Ganges Harbour, and Caribou and Renaud will be in Ladysmith. Maritime Coastal Defence Vessels *HMC Ships Nanaimo* and *Brandon* will be at sea.

The Government of Canada has established the week of Nov. 5 to the 11th as Veteran's Week to recognize

and honour those who have served Canada in times of conflict and peace, and to keep the memory of their achievements and sacrifices alive for all Canadians.

This year's theme is "How will you Remember?" Veterans Affairs Canada is encouraging Canadians to take the remembrance challenge - to make remembrance more than something you feel, make it something you do.

9:45 a.m.

**Veterans' Cemetery - 1190 Colville Road**

Lieutenant-Colonel Christopher Linford, Commanding Officer, Canadian Forces Health Services Centre (Pacific)

10 a.m.

**Cobble Hill - Cobble Hill Community Hall** followed by ceremony at the cenotaph at Liberation Park (behind the community hall)

Major Joel Anderson, Commanding Officer, 741 Communications Squadron

10:55 a.m.

**Oak Bay - War Memorial, Uplands Park**

Colonel Carl Wohlgemuth, Director of Operations, 1 Canadian Air Division Headquarters Detachment Esquimalt

**Victoria - Legislature Building**

Rear-Admiral Nigel Greenwood, Commander, Maritime Forces Pacific/Joint Task Force (Pacific)

**Esquimalt - Memorial Park Cenotaph** at 1229 Esquimalt Road

Captain(N) Craig Baines, Base Commander, Canadian Forces Base Esquimalt

**West Shore Communities - Veterans Memorial Park** located at the intersection of Goldstream Avenue and Veterans Memorial Parkway (Millstream)

Commodore Peter Ellis, Commander, Canadian Fleet Pacific

**Sidney - Town Hall at 2440 Sidney Avenue**

Lieutenant-Colonel Peter Allan, Commanding Officer, 443 Maritime Helicopter Squadron

**Saanich - Municipal Hall at 770 Vernon Avenue**

Major Barry Walker, Commanding Officer, 11 Field Ambulance (Victoria)

**Sooke - Sooke Branch of the Royal Canadian Legion** at 6726 Eustace Road

Captain(N) Paul Dempsey, Commander, Maritime Operations Group Four

**Lantzville - Lantzville Branch of the Royal Canadian Legion** at 7225 Lantzville Road

Lieutenant-Colonel Michael Woolley, Base Information Services Officer, Canadian Forces Base Esquimalt

## Remember to say thanks

When you think of Canada's multicultural society and all the freedoms and opportunities that we experience on a daily basis, devoting a few minutes of silence on Remembrance Day to think of our troops is an important and meaningful gesture. Our soldiers and veterans sacrificed their time, personal comforts, and in many cases their lives so we could enjoy ours. Here are some other ways that you can show gratitude:

**Wear a poppy.** From the last Friday in October to Nov. 11, pin a poppy on the left lapel of your garment or as close to the heart as possible. This will publicly remind you of our soldiers' sacrifices and will encourage others to do the same.

**Write to soldiers.** Send a letter or card to express your appreciation. Mailing addresses are listed on the Department of National Defence website. You can also post a message to troops on the site's message board.

**Donate in honour of a soldier.** Just as the Canadian Forces aim to bring peace and security to countries in need, consider doing your part to help those around the world who are suffering. Charities like Christian Children's Fund of Canada offer a gift catalogue where you can purchase items such as fruit trees or insecticide treated bed nets in honour of one of Canada's heroes. You can also personalize a card and mail your thanks to a Canadian Forces member. Visit [www.ccfcanada.ca/GiftCatalogue](http://www.ccfcanada.ca/GiftCatalogue).

[www.newscanada.com](http://www.newscanada.com)

### CURRENT CANADIAN FORCES MISSIONS

Canadian Forces personnel currently serve in over 15 operations around the globe:

- Op Athena (Afghanistan)
- Op Calumet (Egypt)
- Op Crocodile (Democratic Republic of Congo)
- Op Foundation (Tampa, Fla.)
- Op Gladius (Golan Heights)
- Op Hamlet (Haiti)
- Op Jade (Middle East)
- Op Kobold (Kosovo)
- Op Proteus (Jerusalem)
- Op Safari (Sudan)
- Op Saiph (North Arabian Sea-Persian Gulf / Horn of Africa)
- Op Saturn (Darfur)
- Op Sculpture (Sierra Leone)
- Op Snowgoose (Cyprus)



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# matters of OPINION

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## WHAT SAY YOU

# Dad's Dieppe – a son's journey of discovery

**Lt(N) (Ret'd) Allan Waddy**  
Contributor

My father, Gunner Robert Vincent Waddy, died six years ago on July 1, 2004. He was 83, and had survived the horrific Dieppe raid of Aug. 19, 1942.

I remember hearing him talk about the failed raid and his incarceration at various prison camps. His stories always piqued my curiosity and sometimes brought tears to my eyes, but it was not until after he died that I made the decision to see Dieppe for myself.

On June 13, 2005, after spending some time with my mother's family in Copthorne, West Sussex, England, I caught the ferry from Dover to Calais, France, and then boarded a train. The trip took several hours, and involved making a connection through Paris, and so it was after midnight on the 14th when I arrived at the picturesque port city. I was tired, and it was raining, but I decided to walk from the station to the beach where I sat down on the wet rocks in front of the crashing waves.

Dad had told me he had been captured not far from Dieppe, at a tiny place called Puys. For me, it felt strange, sitting there on the beach and looking out at the water rushing in. I tried to imagine what it must have been like for the soldiers coming ashore amid the deadly machine-gun fire.

It was close to 2 a.m. when I decided to find a hotel. I hadn't bothered to book ahead, and so the task of finding a room was next to impossible.

The front desk clerk at one of the hotels near the beach shrugged her shoulders, and then asked why I was in Dieppe. She looked to be about the same age as my daughter of 33. I explained to the young lady why I was there and was suddenly amazed to see the expression on her face change. She told me she had a friend who might be able to put me up.

Within an hour a young man arrived and invited me to stay at



Library and Archives Canada / C-014160

**Bodies of Canadian soldiers lie among a damaged landing craft and Churchill tanks of the Calgary Regiment following Operation Jubilee.**

his small, but comfortable apartment. The suite overlooked the back alleys of the inner harbour, and I noticed that the walls were covered in brochures and literature—all about the raid.

The next day I learned that the young man's name was Alain, the French version of my name. He explained that his father had been in the resistance after France fell to German troops. He said his father lived in Dieppe, and lived in the town during the raid. He then asked if I'd like to meet him.

I met Jean Caillet at a restaurant that same day and right away was impressed by his joie de vivre. He was immensely charming, wore English tweeds, a coloured vest and a beige beret. He was gracefully animated, spoke with his hands and kissed me on both cheeks. Everyone around him greeted him with profound dignity and respect.

Following the raid, Jean escaped to England and joined the Royal Air Force. During lunch he spoke fondly of the RAF and also shared his memories of the raid and some of his clandestine experiences with the

resistance. After we had finished eating, he treated me to a tour of the beaches. At Puys Beach—to the east of Dieppe—my spirit soared with mixed emotion. I looked up at the 200-foot cliffs, not more than 150 feet from the beachhead, which was at high tide. On both sides of the sheer cliffs, German bunkers were still visible.

I sank to my knees and—with the wind and rain on my face—looked up and down the beach and then out to sea. The beach was covered with large, egg-sized rocks. Jean explained that at high tide, the landing craft had not been able to obtain a purchase on the beach. I felt desolate and full of anguish as I tried to envision the beach as it was back then—and my father. The connection I felt at that precise moment with Dad was beyond words. I have never in my life felt such an overwhelming sense of gratitude, recognition and loss. I only wished I could have experienced it with him.

For the first time in my life, I totally understood my father.

He was only 21 when he jumped off the landing craft into

the water. Loaded with gear, he swam to the beach in the midst of murderous machine-gun fire. He watched many of his buddies die. How he survived is beyond my imagination, but he did make it in, and then—along with some others—managed to scale to the top of the cliff.

His experience as a PoW began later that day.

After gathering some sand from between the rocks, I took one last look at my surroundings. From there, Jean and I travelled to the Dieppe Canadian War Cemetery, and then on to a museum where I was able to convey that I wanted my father's unit—the 16th Light Anti-Aircraft Battery—inscribed on the wall with other regiments.

I was so overwhelmed by my experience at Dieppe that I decided to visit other Canadian war cemeteries in France, Belgium and the Netherlands before heading back to England.

A few weeks after my return, I went back to Dieppe; this time with my mother. At Puys, we paid our respects to Gunner Robert Vincent Waddy. For Mom, the journey brought a semblance of closure to a 60-year marriage.

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# Canadian Navy heroes recognized in Senate Chamber

**Darlene Blakeley**  
Contributor

Six navy heroes chosen to represent the work of Canadian sailors - LCdr Luc Tremblay, Lt (N) Nicole Robichaud, PO1 Alexander MacNeish, MS Trent Nurse, LS Shawn Poirier and LS Russell Brown - were recognized in the Senate Chamber of Canada Oct. 19 as part of Navy Appreciation Days on Parliament Hill organized by the Navy League of Canada (NLC).

At a reception that evening, Parliamentarians and sailors from the National Capital Region, along with Minister of National Defence Peter Mackay, NLC President Dominic Richard, and Chief of the Maritime Staff Vice-Admiral Dean McFadden, also recognized the sailors.

"They may not be quite comfortable with the term hero," VAdm McFadden said, "but they would allow that their careers have all been marked by excellence. It is only because each of these men and women know that there are many others with whom they serve who rise to these challenges along with them that they are somewhat

uncomfortable with the term hero used to single them out. They are self effacing, not only because this seems characteristic of Canadians, but because they don't see what they do being so different from shipmates."

VAdm McFadden described each of the sailors:

**LCdr Tremblay**, a Naval Reserve officer and commanding officer of the coastal defence vessel *HMCS Kingston*. Before taking up his command appointment, Luc deployed for seven months to Haiti, where he laboured tirelessly to make a difference for the Haitian people as chief of staff coordinator for UN mission Minustah. A citizen sailor making a difference in the world.

**Lt(N) Robichaud**, a Regular Force naval officer and ship's navigator with our officer training centre in Victoria, *HMCS Venture*. Nicole was awarded a Chief of Defence Staff Commendation for exceptional leadership and skill as an officer of the watch in *HMCS Winnipeg*, while the ship was deployed to the Persian Gulf last year. Over the course of a difficult and lengthy night-time interdiction,

she successfully maintained a tactically dominant position on a wildly manoeuvring armed pirate vessel that was attempting to escape from the ship, permitting *Winnipeg* to eventually board the vessel. Just doing her job, but on a dirty night with an awfully big ship answering to her orders and no room for error.

**PO 1 MacNeish**, a clearance diver from the Fleet Diving Unit (Pacific). In 2008, Alex deployed to Kandahar as an advanced forensics investigator, where the evidence he accumulated on Taliban improvised explosive devices and knowledge he gained of their tactics, techniques and procedures helped to save the lives of Canadian soldiers in our mission in Afghanistan.

**LS Poirier**, a Regular Force supply technician from *HMCS Athabaskan*. Shawn received a commendation for his outstanding work as a member of the ship's boarding party during relief operations in Haiti, and specifically for his role in providing security to a temporary Canadian medical facility that was established there by the CF.

**MS Nurse**, a bos'n from



photo by Doug Thomas

Six navy heroes were recognized in the Senate Chamber of Canada on Oct. 19. From left in the front row: LS Russell Brown, Lt(N) Nicole Robichaud and LS Shawn Poirier, Back row, from left: MS Trent Nurse, LCdr Luc Tremblay and PO1 Alexander MacNeish.

*HMCS Halifax*. During Op Hestia, he was specifically chosen due to his skill, experience and demonstrated leadership to lead the first boat into Jacmel. Trent played a key role in establishing the landing procedures that were needed to overcome the difficult swell and unique conditions of Jacmel

Bay and thereafter to supervise the safe and efficient operation of this vital ship-to-shore link for the remainder of the operation.

**LS Brown**, a naval reservist and port inspection diver from *HMCS Chippawa* in Winnipeg. Russell holds the CF record for most dive-time north of the Arctic Circle.

That would be heroic enough but, in his civilian life he's a member of the Canadian Amphibious Search Team, a volunteer organization that searches for and recovers drowning victims. There is not much more that needs to be said - another citizen sailor making a difference in Canada.

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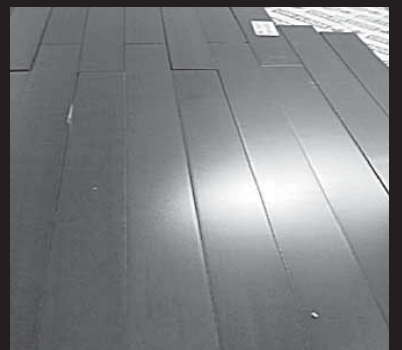
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# Injured veterans and their families have new employment opportunity

**Ben Green**  
Staff Writer

Last Monday, the Department of National Defence (DND), the Canadian Forces (CF), and The Commissionaires launched a new program that provides employment opportunities to veterans who have been injured in the line of duty.

The Return to Work Memorandum of Understanding was signed in Ottawa on Nov. 1.

Through the program, Commissionaires provide employment opportunities tailored specifically to veterans and their skill set. The program also applies to spouses of deceased service members and Reserve personnel.

"This new initiative will provide our men and women in uniform recovering from injuries another avenue to ensure a smooth transition back to active military service or civilian life," said Peter MacKay, Minister of National Defence.

CEO of Commissionaires Victoria, The Islands, and Yukon, Stan Verran says even though Commissionaires

has been providing similar opportunities to veterans since 1925, the Return to Work program strengthens the ties with DND and the CF to assist veterans during all phases of recovery, rehabilitation, and reintegration.

"This formalization of the relationship between DND and Commissionaires means more military personnel will learn about this opportunity," he adds,

Verran says the program offers a sense of security for their future.

"They will know that there will always be a place for them. We all know how tough employment can be for anyone, and if you are a vet with an injury, the future can seem even more uncertain. We are proud to work with military personnel, we are familiar with the issues they face and trust that they will feel at home here."

The Commissionaires is a private, non-for-profit, national federation of 17 independent divisions dedicated to serving veterans. They offer a large variety of services that translate into many employment opportunities for their 20,000 members.

## Standing strong and true for a cause

This past September several artists took to the recording studio during Canadian Country Music Week for a good cause - to donate their time and voices for the benefit single "Standing Strong and True (For Tomorrow)."

The song, the brain child of Barry Stecyk (HevyD's Kettle Korn), Fabian Dawson (Postmedia Network Inc.), the Department of National Defence, EMI Music Canada, Open Road Recordings and CMT Canada, is a tribute to fallen Canadian soldiers and their families.

All proceeds from the single will go to the "Military Families Fund" and "Boomer's Legacy."

The "Military Families Fund" is an organization that provides immediate assistance to military families in need, including covering costs of specialized medical care and rehabilitation.

"Boomer's Legacy" is a

private charity, which specializes in helping deployed soldiers aid others in need. This includes buying medications for a clinic or providing a school with supplies for students. The foundation was created in honour of Corporal Andrew "Boomer" Eykelenboom, who was killed by a suicide bomber in Afghanistan in 2006.

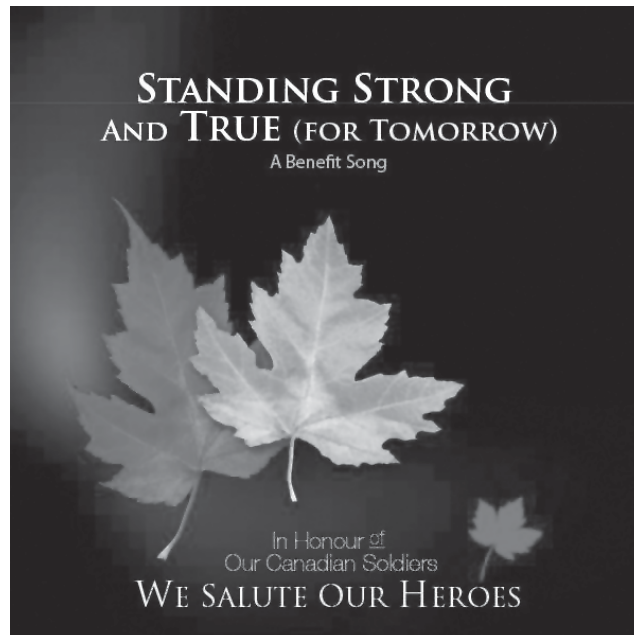
"Standing Strong and True (For Tomorrow)" was written by Ron Irving, Lynda McKillip and Tom McKillip, and brings together some of Country music's finest talents. Artists featured on the song (in alphabetical order):

Aaron Pritchett  
AJ Woodworth  
Alex J Robinson  
Beverley Mahood  
Chad Brownlee  
Chris Thorsteinson  
(of Doc Walker)  
Crystal Shawanda  
Dean Brody  
Diane Chase  
Emerson Drive  
Hey Romeo  
Jake Mathews

Jamie Warren  
Jason Blaine  
Jason McNabb (of Marshal Reign)  
Jaydee Bixby  
Jessie Farrell  
Jo Hikk  
Michelle Wright  
One More Girl  
Ridley Bent  
Sean Hogan

Stacey McKittrick  
Tara Oram  
Terri Clark  
The Heartbroken  
The Higgins  
Victoria Banks

The single and video are available to purchase digitally [www.emimusic.ca](http://www.emimusic.ca), [www.cmt.ca](http://www.cmt.ca) or [wesaluteourheroes.ca](http://wesaluteourheroes.ca)

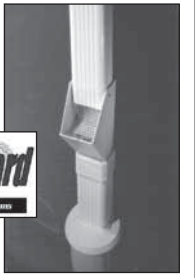
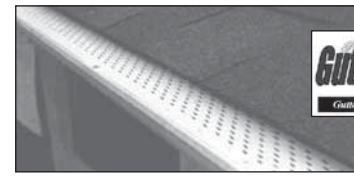


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# St. Paul's Church future is uncertain

**Ben Green**  
Staff Writer

The worn wooden floors of St. Paul's Anglican Church in Esquimalt creak from bearing the weight of men, women, and children for over 145 years. Its pews, original with a deep chestnut patina, bear the reflection of multiple stain-glass windows. In the corner, like a sleeping giant, is the floor-to-ceiling pipe organ waiting for skilled hands to bring about musical life.

There's history here. You can see it, feel it, and sense it.

While this church has been a symbol of resilience in the community, remaining untouched for generations, the local Anglican Diocese is suffering. Parishioners are declining, the Diocese is losing money, and churches are closing.

With the Anglican Diocese in Victoria hitting hard times, the decision has been made to close down all but one church within the Selkirk Region. The selling or leasing of these properties will bring in much-needed revenue.

St. Saviour, St. Martin in the Fields, St. Columba, and All Saints will close, but St. Paul's will remain open to the entire Anglican congregation in the region. However, the Parish will lose its historical name.

"St. Paul's is going to be disestablished and then re-established with a different parish name," said RAdm (Ret'd) W.A. Hughes, for-

mer Rear-Admiral at CFB Esquimalt and member of St. Paul's congregation.

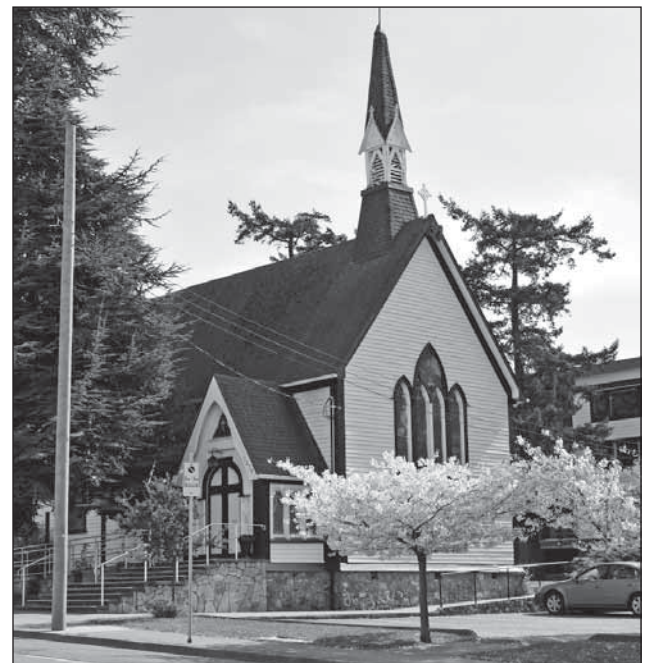
With fairness in mind, The Right Reverend James A.J. Cowan, Bishop of the Anglican Diocese of B.C., has decided to create a new, cohesive community from the congregations of all five churches. St. Paul's will close in mid November and re-open in the spring for possible renovations and alterations to the interior. All services until Ash Wednesday (March 9, 2011) will be held in the "activities hall" next to the church.

A transformation team from the Diocese has been created to smooth the transition. They're working with the congregations to deal with emotional and practical issues such as the merging of artefacts.

Parishioners had until Nov. 7 to cast their name nominations for the new parish. Bishop Cowan will review the top five suggestions and release the chosen name on Nov. 21 at a service in the Cathedral downtown.

However, it's the closing of their church and the rumblings of changes to the historic building that has RAdm (Ret'd) Hughes and other St. Paul's parishioners upset.

"We have had conversation after conversation with the Diocese, and meeting after meeting trying to find out exactly what the plan is," says RAdm (Ret'd) Hughes. "So much is verbal, and hasn't been written down. The



confusion is terrible."

With no clear response to the possible changes, the retired Admiral sent a letter to the Primate of the Anglican Church of Canada in Toronto asking for clarity. He has heard nothing back yet.

Parishioners are concerned with the legacy loss of St. Paul's in the community. St. Paul's was originally a naval church built in Dockyard in 1866. Due to land considerations and reverberation damage to the building from ships' guns, the building was taken apart in 1904 and moved to its present location.

Original woodwork throughout the building and priceless commemorative plaques for those who died at sea decorates the walls. To the church's parishioners, these items

are irreplaceable; they are the history of St. Paul's.

People are also concerned about things they've bought and given to the church.

One such item is the new stain-glass window that commemorates the Canadian Naval Centennial. Funded by donations from people all over the world, the window depicts naval signs, ship insignias, groups, and ranks who have served this country for the past 100 years.

This upcoming change has left many parishioners questioning the future of their place of worship. Deeply embedded in the naval roots of Esquimalt, the congregation of St. Paul's is praying the change includes a century of history.

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# Centennial gifts for vets

**Darlene Blakeley**  
Contributor

They sat at tables, some in wheelchairs, some with rows of medals pinned to their blazers, some gripping naval ball caps – all of them focussed on the admiral who leads today's navy.

More than 40 naval veterans and their families at the Perley and Rideau Veterans' Health Centre in Ottawa gathered Oct. 15 to listen to Vice-Admiral Dean McFadden and to receive gifts marking the navy's 100th birthday.

"I wish to acknowledge the debt the nation still owes you," said VAdm McFadden. "I wish also to assure you that it is your accomplishments in both peace and war that continue to inspire us to excel today."

He added that while things may change over the years, it is the navy institution that endures. "It's what binds us together across the generations and holds us to a higher purpose of commitment: to shipmates, to service, to nation and to the values that we not only espouse but for which we stand, for which we are prepared to risk our life and limb, and for which we are prepared to fight."

VAdm McFadden introduced his flag lieutenant, Lt (N) Jolene Lisi, who was the above-water warfare officer in HMCS Winnipeg during a recent counter-piracy mission overseas. She presented a naval centennial flag and copies of the centennial book to retired VAdm Ralph Hennessy,

who resides at the Perley and Rideau, and who was awarded the Distinguished Service Cross for his part in the sinking of a German submarine during the Second World War.

"This is the navy's story, admiral," said VAdm McFadden. "You helped to write it, as did many others here today, not as an author, but rather through deeds and decisions made over remarkable naval careers. Please accept it from those who serve today, and who, like Lt(N) Lisi, will write the chapters of the next book, and on whose behalf it is presented with our deepest thanks."

VAdm Hennessy will assist in the safekeeping of the centennial gifts at the Perley and Rideau for future naval veterans.



photo by MCpl Serge Tremblay

Lt(N) Jolene Lisi and retired VAdm Ralph Hennessy take a look at the navy centennial book.



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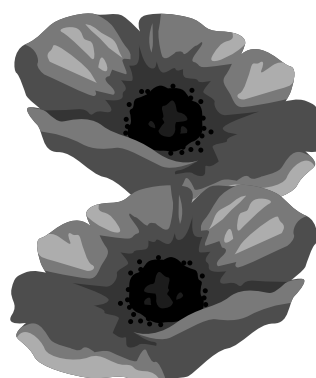
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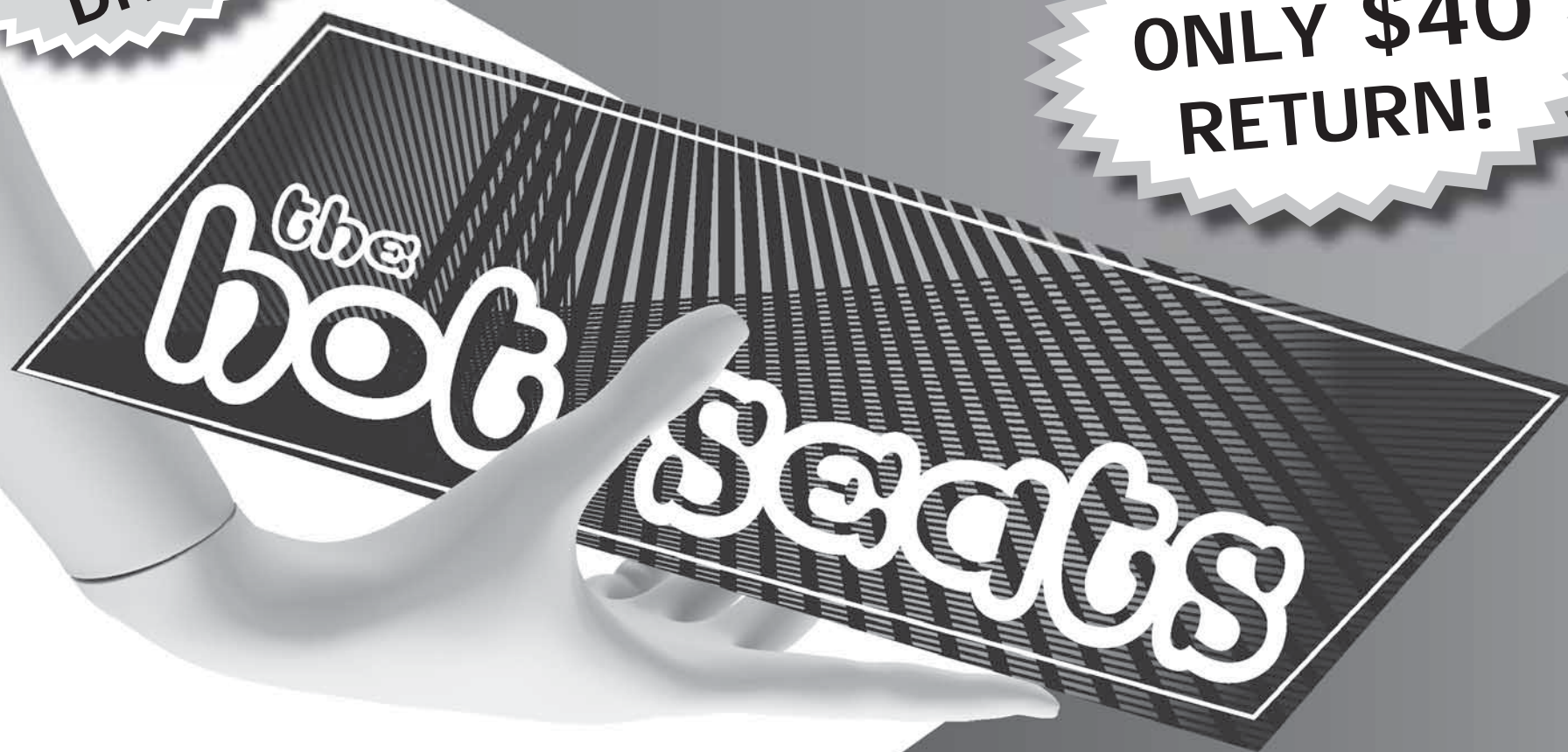
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Victor Flett served over 30 years in the navy including a tour in the Korean War on board HMCS Crusader. Flett (right) poses for a picture with his friends Lloyd Adams (centre) (deceased), and Ian Henry (left) in Japan, 1954.

## Honour our veterans at every turn

**Ben Green**  
Staff writer

To enlist was an easy decision for Victor Flett, a member of the Cree Nation.

The path to the recruiting office was well worn by his ancestry. Add to this the recent break up with his sweetheart Esther, he was eager to leave the small rural town of Selkirk, Manitoba.

As fate would have it, just before his departure west, Esther discovered he was leaving and had to have him back.

Six decades later, he reflects on that moment in time with a grin and an introspective pause; 50 years of marriage, three children, six grandchildren, and one great-grandchild later, joining the navy on a broken heart was perhaps the best decision he ever made.

The navy on the West Coast was his

destination, which would lead him to the destroyer HMCS Crusader, and eventually 10 months service in the Korean War.

After the war, he returned to Victoria where he remained in the navy for 30 more years, retiring as a Petty Officer First Class in 1984.

This year, in celebration of the navy's 100<sup>th</sup> anniversary, the retired sailor drummed up centennial interest in his hometown. A large percentage of Selkirk's population has military service, serving in the First or Second World Wars, or the Korean War.

In September, the mayor and city officials joined veterans, enlisted members, and the community for a parade of flags, the singing of "O Canada", and honouring their ship namesake, a Llewellyn Class Minesweeper commissioned in 1944. With the HMS Selkirk already in use with the British

Navy, HMCS Daerwood was named on the town's behalf (Lord Selkirk, who the town is originally named after, also went by Baron Daer).

As Remembrance Day nears, Flett, a few years into his eighth decade, reflects on those who have braved military service. In 1917 his grandfather was killed in one of our nation's most storied battles – Vimy Ridge. His father, uncle, and two brothers all served in the Second World War with the Army and Air Force respectively.

"The number of veterans is rapidly dwindling and it's important to everyone in our country, especially the youth, to be aware of what the veterans did for our country and to carry it on," said Flett.

He's especially proud of his hometown for honouring their veterans and the navy.

"That was an important and successful thing that they did," he says.

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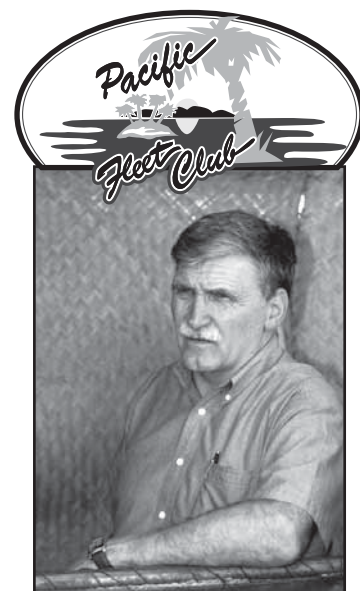
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**Shelley Lipke**  
Staff Writer

A new documentary featuring the lives of three female soldiers serving in Afghanistan will air on Knowledge Network in time for Remembrance Day.

*Sisters in Arms* makes its television debut Nov. 9 at 9 p.m.; it's about three Canadian women who have chosen military professions with combat roles on the battle front.

It's a powerful look at the daily challenges and struggles of patrol medic Cpl Tamar Freeman, infantry soldier Cpl Katie Hodges, and combat engineer MCpl Kimberley Ashton during their seven-month tours of duty.

"People in the military, their spouses and families, as well as those interested in women's studies on a practical and academic level would enjoy this film," said writer, producer and director Beth Freeman of Vancouver.

Freeman was inspired to create this film when her sister, the medic in the film, was deployed to Afghanistan.

"When Tamar first joined

the military, my family and I didn't take it too seriously but when she told me she was being deployed to Afghanistan I was shocked. I never expected her to be sent somewhere so dangerous. Once she left, I cried every day worrying about her well being."

The sisters met in Vietnam for a three week visit and toyed with the idea of making a documentary of Canadian women serving in combat roles.

After tracking down two other women who were about to be deployed, the filming began.

"We asked the women to record their experiences and daily life in video diaries while we filmed interviews with family and friends back home," said Freeman. "For me, the interviewing process was very therapeutic, but it also made me realize that many people were very surprised to hear about women serving in frontline combat."

On Oct. 14 for Women's history month at CFB Esquimalt, Freeman was invited to the base to show a small group of military

women this film.

"Two women who watched it came up to me afterwards and shared their stories. The women were married to soldiers and Kimberly's story about the unique relationship pressures experienced by military couples is what resonated with them."

During a video diary, MCpl Ashton talks about the difficulties of leaving her three children behind, about losing her section commander to a roadside bomb, and about the difficulties of reintegrating into Canadian society after a deployment ends.

Infantry soldier Cpl Hodges is hooked on the adrenaline of being on the front line and can't wait to go back on another deployment. "Most of the guys in my unit can bench press more than I can, but maybe I can shoot better than they can."

After Cpl Freeman returned to Canada, she was awarded a humanitarian award for the work she did. In the film she said, "Part of our fight over in Afghanistan and the progress that we're making, women are able to

vote. Girls can go to school. I hope that we're giving them the stability that we promised them, and I believe we are. It's just a struggle."

Working with children who were caught in the crossfire was especially hard for the medic.

"We had a lot of casualties, a lot of children that had been caught in the crossfire when explosives went off. Five-, six-, seven-year-olds, with really, really horrendous injuries from blasts and flying debris. We don't have the language to console them, to comfort them. They're in such pain, and they just don't understand what's happening. Their mother and father aren't there. They've often been flown in from wherever the incident has occurred...it's definitely been challenging working with the kids."

Of the 13,000 combat soldiers in the Canadian Forces 250 are women.

"My hope for this film is that it stimulates dialogue amongst the military and encourages women in the military to share their stories," said Freeman.

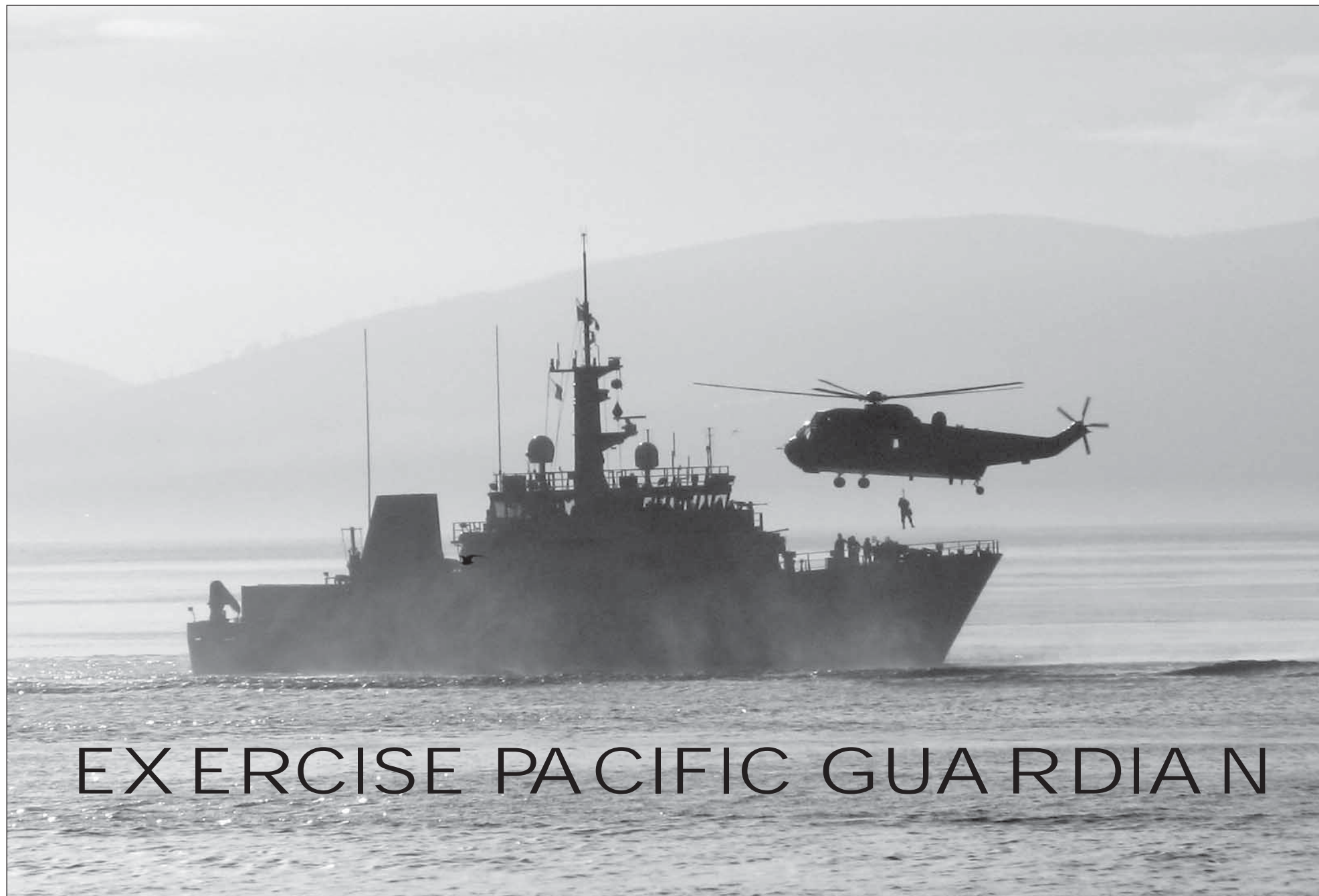


**Above:** Cpl Katie Hodges scans her surroundings while on patrol in Afghanistan.

**Left:** Cpl Tamar Freeman poses outside an Afghan bunker.

The two women are part a documentary that explores Canadian Forces service women on the frontline.





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surface firings, nine helo hoists. All this happened in some of the worst weather of the season.

"Pacific Guardian 2-10 was both an exercise to improve operational efficiency and a method for assessing the latest group of Coastal Operations Officer Candidates," said Cdr Jim Sprang, Commander Coastal Division. "It offered a unique opportunity to engage the ships' teams to the fullest extend, while at the same time developing a new set of Operations Officers. It also helped develop pride and esprit de corps within the coastal patrol vessel community that is critical to success."

As the exercise draws to an end, the coastal operations students are walking with a new air of confidence having faced and succeeded executing the vast majority of coastal missions properly.





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# New Cadet Corps opens for First Nations youth

**Shelley Lipke**  
Staff Writer

Lt(Ret'd) Allan Waddy was destined to be a military man.

With a family tree detailing military involvement dating back to the Battle of Hastings in 1066, the 64-year-old veteran says it was inevitable.

What began as navy, turned into army, and then he spent years in an array of professions that included corrections officer, zone manager Provincial Emergency Program, ministerial assistant, private investigator and professional writer.

Of the many jobs he's held in his industrious 29-year career with the federal and provincial governments, he says the work involving First Nations people is closest to his heart.

On Sept. 15, that work blossomed into something remarkable: the first cadet corps in B.C. for First Nations youth.

Located in the Cowichan Valley where Waddy grew up, the 2924 Kowutun Royal Canadian Army Cadet Corps now has 40 young First Nations cadets.

"This is the first in B.C. and the second of its kind in Canada," said Lt(Ret'd) Waddy, who was instrumental in setting up both corps. "I'm very excited about this milestone. This will have a great impact on the Cowichan tribes and provide these cadets with a wealth of opportunity."

In particular, the Corps encourages First Nations youth to preserve and practice their native culture while they follow the mandate of the army cadet program.

"The Corps takes into consideration the forefather's tribal language and culturally incorporates the CF training through nature, drums, canoes, headdress and other aspects of their tribe.

Commanding Officer of the Corps, Capt Evelyne Lacey and Cowichan tribe chief Lidia H'Witsum are both very excited about this."

In less than a year, Lt(Ret'd) Waddy was able to bring his idea to fruition, and he used his previous experience setting up the first corps in Ontario along with local connections with community and government to fast track it.

Back in 1981, he was stationed in Canadian Forces School of Intelligence and Security as a senior administrator and instructor when he was tasked to start the first "All Indian Cadet Corps in Canada", as it was referred to then. It was on Christian Island in the Georgian Bay area.

"This island is a mile and a half off the coast and crime was rampant. The 240 kids on the island had limited resources available to them, and the idea was the Military Police would work with the Ontario Provincial Police and sponsor the cadet corps to teach the children to develop leadership, citizenship and healthy lifestyles," explains Lt(Ret'd) Waddy. "Setting it up and

being involved in this was an incredible experience. There were three reserve native officers on the island and we trained them to take over the corps. The concept was the cadets would provide a role model for the younger children. As a result of the corps being formed the Canadian Forces were able to pick up some of the cadets who either joined the forces or became cadet instructors. It was a very successful venture."

It was this experience that he modeled to form the corps in Cowichan Valley.

"During the First Poppy Ceremony of 2009 last October, I had the occasion to share with LGov Steven Point my desire to start a First Nations cadet corps in the Cowichan Valley. He was very supportive of this idea."

Because Lt (Ret'd) Waddy is president of Cowichan branch 53 Royal Canadian Legion and has many connections with the community and government, he was able to move this project along quickly.

A year later he returned to Government House for the 2010 First Poppy Ceremony and showed photos of the newly formed corps to LGov Point, who asked to attend the grand opening ceremony.

Aside from his dedication in setting up the cadet corps, Lt (Ret'd) Waddy is the research and development writer for the Tommy Prince movie currently being filmed in Duncan. The movie follows the life and achievements of First Nations Sgt Tommy Prince who served with the Devil's Brigade during the Second World War and in Korea. He was the most decorated Aboriginal in Canada with 10 medals. First Nations Winnipeg native Adam Beach is playing the role of Tommy.

***During the First Poppy Ceremony of 2009 last October, I had the occasion to share with LGov Steven Point my desire to start a First Nations cadet corps in the Cowichan Valley. He was very supportive of this idea.***

-Lt (Ret'd) Allan Waddy

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This new offer applies to all classes of VIA service, including economy, business and sleeper. The 25 per cent discount off the best available fare has no route or date restrictions. The Forces' members and veterans who qualify may be accompanied by up to five additional family members. These family members will be eligible for the discount provided they travel on the same trains, dates and in the same classes as the Forces' members or veterans. Proper identification will be required to be eligible for this offer; some conditions may apply.

**How to book online**  
[www.viarail.ca/en/canadian-forces](http://www.viarail.ca/en/canadian-forces) then click on *How to buy*  
 Log in to your profile or create one prior to booking.

Book your one-way or round trip ticket in your preferred class and fare.

On the "Passenger Information" screen, select "Other Special Discounts" as the Discount Type, and enter "12070" as the Discount Code. No serial number is required.

The price of the ticket will be adjusted automatically if the trip meets all of the conditions of this fare plan.

**How to book by telephone or at a VIA station:**

Advise the VIA agent that you wish to use discount code "12070" prior to the agent booking your travel.



Corporal Rick Ayer, Formation Imaging Services, Halifax, Nova Scotia.

Left to right: Royal Canadian Legion members Peter Melkert and Vern Westhaver, Minister of National Defence, Peter MacKay and Claude Bennett, from Royal Canadian Mint unveil the 2010 25-cent poppy circulation coin at Canadian Forces Base Halifax, Juno Tower, Wardroom.

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# WARS of the past

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## South African War (Boer War) 1899 - 1902

On Oct. 11, 1899, after 50 years of conflict, war broke out in South Africa between the British Imperialists and the Boers, descendants of Dutch Protestant farmers. The British Imperialists wanted South Africa unified under British rule, while the Boers wanted to remain independent. With the discovery of gold and diamonds in the Boer colony of Transvaal, tensions grew between the Boers and the English newcomers. These tensions soon erupted into all out war and the second Boer War commenced (the first Boer War occurred in 1880-1881).

Canada was divided over whether or not to participate. In the end, Canada agreed to provide volunteers, equipment and transportation to South Africa. Britain was responsible for paying the troops and returning them to Canada at the end of their service.

Over the course of the three-year war, over 7,000 Canadians, including 12 women nurses, served in South Africa. Of this number, 267 were killed and are listed in the Books of Remembrance.

The Boer War marked the first occasion in which large contingents of Canadian troops served abroad.

## First World War 1914 - 1918

The First World War – also called the Great War and the War to End All Wars – is often said to have transformed Canada from a colony to a nation.

On Sunday, June 28, 1914, Archduke Franz Ferdinand, heir to the Austro-Hungarian throne, was shot and killed by a Serbian nationalist during a visit to Sarajevo, Bosnia.

Although few in Canada expected the assassination to lead to any kind of hostility, beneath the surface, the tensions in Europe were boiling. The great European powers formed up against each other in two alliances – The Triple Alliance (Germany, Austria-Hungary and Italy) and the Triple Entente (France, Russia and Great Britain). One by one the great European powers were drawn into the conflict. At midnight, August 4, 1914, Britain entered the fray. As Britain controlled our foreign affairs at the time, Canada was at war the minute Britain declared one.

Between 1914 and 1918, more than 650,000 Canadians and Newfoundlanders fought to protect the peace and freedom we enjoy today. Of those, more than 68,000 gave their lives and another 170,000 were wounded.

PA-034157

General Gamelin with General A.G.L. McNaughton behind, marches down the ranks of the French Canadians of the Royal 22e Régiment at Guillemont barracks. 28 Mar. 1940



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## Second World War 1939 - 1945

The seeds of the Second World War were sown in the aftermath of the First World War. A large section of German territory was transferred to Poland after the First World War, territory Hitler's Nazis wanted back. The Second World War began at dawn on September 1, 1939, with the invasion of Poland – German troops from the west and Soviet troops from the east. Trapped between the two advancing armies, Poland surrendered.

Britain and France honoured their pledge to Poland and declared war on Germany on September 3. Although not automatically committed by Britain's declaration of war as in 1914, there was little doubt that Canada would quickly follow. On September 7 Parliament met in special session; on September 9 it approved support to Britain and France; on September 10 King George VI announced that Canada had declared war.

For a young nation it was a remarkable achievement. Serving in the Canadian Army,

Royal Canadian Navy, Royal Canadian Air Force, Merchant Marine and with other Allied Forces, thousands of young Canadians fought from 1939 to 1945 on the battlefronts of the world. They were there to defend the United Kingdom when it appeared that Nazi invasion was imminent. They fought in the unsuccessful attempt to defend Hong Kong against the Japanese. At Dieppe they bore the brunt of a daring, but fateful raid against the enemy-controlled coast of France. Above all they played their part in two great campaigns: they fought for twenty months in Italy, and were in the front lines when the Allies returned to Continental Europe on D-Day in 1944.

More than one million Canadians and Newfoundlanders served in the Second World War. Of these more than 45,000 gave their lives, and another 55,000 were wounded. Countless others shared the suffering and hardship of war.

## Korean War 1950 – 1953

In 1950, just five years after the end of the Second World War, an international crisis suddenly erupted in the Korean peninsula.

At the end of the Second World War, Japan's empire was dismantled and the Soviet Union occupied North Korea while the Americans moved into South Korea. The Soviets and the Americans eventually left, but not until a communist govern-

ment had been established in the North and a democratic government in the South.

Tensions between the two Koreas grew to a climax and, on June 25, 1950, the military forces of North Korea crossed the 38th Parallel into South Korea, marking the beginning of hostilities which raged on for another three years.

Countries around the world responded to the crisis through the fledgling United Nations, created just five years earlier to ensure peace and stability around the globe.

Early in July 1951, cease-fire negotiations began. However, there would be two more years of fighting before the signing of the Armistice at Panmunjom on July 27, 1953. The uneasy truce which followed has left Korea a divided country to this day.

The Korean War is often referred to as Canada's Forgotten War because it was a limited conflict that gained neither the full attention nor the complete efforts of the nation. Yet Canada's military contribution to the UN effort in Korea was larger in proportion to its population than most other UN participants. Approximately 25,540 Canadians served in the army and navy in Korea. Of those, 1,245 were wounded, and the names of 516 Canadian war dead are inscribed in the Korean War Book of Remembrance located in the Peace Tower in Ottawa.



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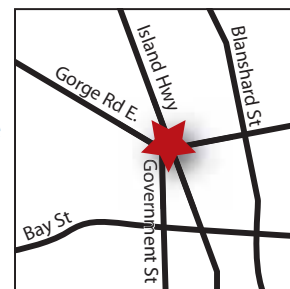
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photo by Shelley Lipke

The Cock of the Walk trophy was presented to last year's winning team HMCS Regina. With 29 points in total and four first place wins out of 11 sports, Regina sailors happily accepted the trophy and bragging rights. Second place was HMCS Calgary (26 points) and HMCS Winnipeg (25 points). Collecting the trophy was Cpl Janne Kelcey, SLt John Gray, SLt Cher Dignan, Cmdre Peter Ellis, Regina Mascot MS Mark Laughland, LCdr Matt Bowen and Cpl Mathieu Lortie.

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Service at Cenotaph  
Sooke Legion Branch 54  
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Meet between 5:30-5:45 PM  
Tribute begins at 6:00 PM  
Pizza & Drinks for Youth in Auditorium  
following the Service

### Cenotaph Service November 11

10:15 AM Parade forms up at Evergreen Plaza  
10:35 AM (approx) March off  
11:00 AM - Service at the Cenotaph  
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**We Will Remember Them**  
airs commercial-free on  
CBC-TV, Nov. 11.

Canadians are more immediately connected to Remembrance Day than they have been in a generation. Since the start of the mission in Afghanistan, 152 Canadians have given their lives.

This Remembrance Day, Thursday, Nov. 11, those sacrifices will be honoured through the two-hour, commercial-free documentary, airing on CBC, at 8 p.m. (8:30 NT).

*We Will Remember Them* is a broadcast milepost in the story of Canada's war in Afghanistan. One-by-one, each fallen soldier is listed throughout the broadcast, this honour roll is paused to feature in-depth stories on 33 of these soldiers.

Filed with unprecedented access and the participation of families and friends of fallen soldiers from all across Canada, the documentary brings Canadians the stories of the human beings behind the statistics. Viewers will learn about who these people were, how they lived, and how they died.

While the stories are sad, they are also uplifting and inspirational. Some will make us proud. Others will make us angry. These are compelling stories, exploring the depths of the human condition when young lives are lost and how these deaths have changed the country.

Complementing the broadcast is a special interactive website [cbc.ca/wewillrememberthem](http://cbc.ca/wewillrememberthem), featuring a memorial wall with photos and family profiles of all the Canadian soldiers killed in Afghanistan, and a place for people to leave their messages, thanks and remembrances.

#### Women Who Have Served

The new documentary, *Canada Remembers: Women Who Have Served and Sacrificed* will air on VisionTV Nov. 11 at 10 p.m. ET. It will be followed at 11 p.m. ET by *Canada Remembers: Their Achievements and Sacrifices*.

During the Second World War, women served in non-

combat support roles in the Royal Navy as WRENS, the air force women's division, and in the Canadian Women's Army Corps. Many women also served near the frontlines as medical support.

The modern Canadian military has seen a relatively new development: women serving in combat as front-line soldiers. For the first time in Canadian history women have died in combat for their countries.

The documentary is hosted by former Lieutenant Governor of Saskatchewan, Dr. Lynda Haverstock.

Canada Remembers International Air Show in Saskatoon is the backdrop for *Canada Remembers: Their Achievements and Sacrifices*, which features veterans sharing their war experiences and emphasizes the need for peace. The documentary features several Afghanistan Veterans and interviews with parents of some of the fallen in that region.

#### NFB film Children of Soldiers

The National Film Board of Canada (NFB) is marking Remembrance Day with the release of a documentary that gives voice to a group that is often ignored: the children of parents serving in the Canadian Forces. Directed by Claire Corriveau and produced by the NFB, *Children of Soldiers* reveals the particular challenges faced by children who have a parent in the military.

This incisive portrait of the daily lives of children and teens from four military families reveals the particular circumstances of life at Canadian Forces Base Petawawa. Every day, each must come to grips with absence, an uncertain future and the looming perspective of death. In a world where giving expression to fear or grief is taboo, young and old alike try to find balance between loyalty to the troops and staying true to themselves. Shot over the course of an entire troop deployment to Afghanistan, this film lifts the veil on a reality shared by thousands of young Canadians.

The film is being presented simultaneously on several platforms on Nov. 11, where it can be streamed free in its entirety; on DVD and on the big screen in Edmonton as part of the Global Visions Film Festival.

#### Historic Army Newsreels Now Available To The Public

To commemorate the 65th anniversary of the end of the Second World War, The War Amps is making the complete set of The Canadian Army Newsreels available to the public for the first time, as part of its Military Heritage Series.

Featuring 20 hours of footage, this six DVD set contains 106 newsreels filmed and produced by the Canadian Army Film Unit.

The front-line cameramen were soldiers first and took guns into battle along with their 35 mm movie cameras to record the Canadian Infantry in action. Their heroic efforts enabled them to scoop the international press on the major events in Europe including the invasion of Sicily and the top story of the century – D-Day.

The newsreels also feature the daily routines of the soldiers behind the lines, life on the home front and historic footage of politicians and generals from the Allied and Axis countries. The newsreels were produced by the army for soldiers serving overseas. Some footage shot by the Film Unit was also shown in home front movie theatres.

A vignette telling the story of the Canadian Army Film Unit, and samples of the newsreels, can be viewed at [waramps.ca/military/canr.html](http://waramps.ca/military/canr.html) and on The War Amps YouTube channel at [youtube.com/warampsofcanada](http://youtube.com/warampsofcanada).

It is available to the public at a cost-recovery price of \$30 (including DVD guide) by calling toll-free 1-800-250-3030 or at [waramps.ca](http://waramps.ca).

Photos can be downloaded at [www.waramps.ca/newsroom/stock\\_photos/canr.html](http://www.waramps.ca/newsroom/stock_photos/canr.html).



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Program rules and regulations are subject to change without notice.



# THE GATHERING STORM: maritime insecurity & the Gulf of Guinea

**Dex Zucchi**  
Office of the Asia  
Pacific Advisor

While the ongoing naval campaign against piracy off the east coast of Somalia has captivated audiences across the globe, security conditions in Africa's Gulf of Guinea are rapidly deteriorating. With a coastline that stretches 1,900 miles from Ghana to Angola - the same distance between Nova Scotia and Florida - the Gulf of Guinea is afflicted by all forms of bad order at sea: violent maritime piracy, deadly seaborne terrorism, narcotics, weapons and human trafficking, poaching, and organized crime are enduring characteristics of this troubled inlet. Moreover, regional navies are woefully inadequate to patrol the lawless waters that insurgents, smugglers, and pirates sail with impunity.

This month's In Focus explores maritime insecurity in the Gulf of Guinea, as well as the possible implications of anarchy at sea for the region.

## Maritime Piracy

Like the dangerous Somali waters, maritime piracy is a key problem. In 2009, the International Maritime Organization (IMO) reported 28 attacks, and believes that at least another 30 went unreported. By January 2010, the Nigerian Navy was receiving between

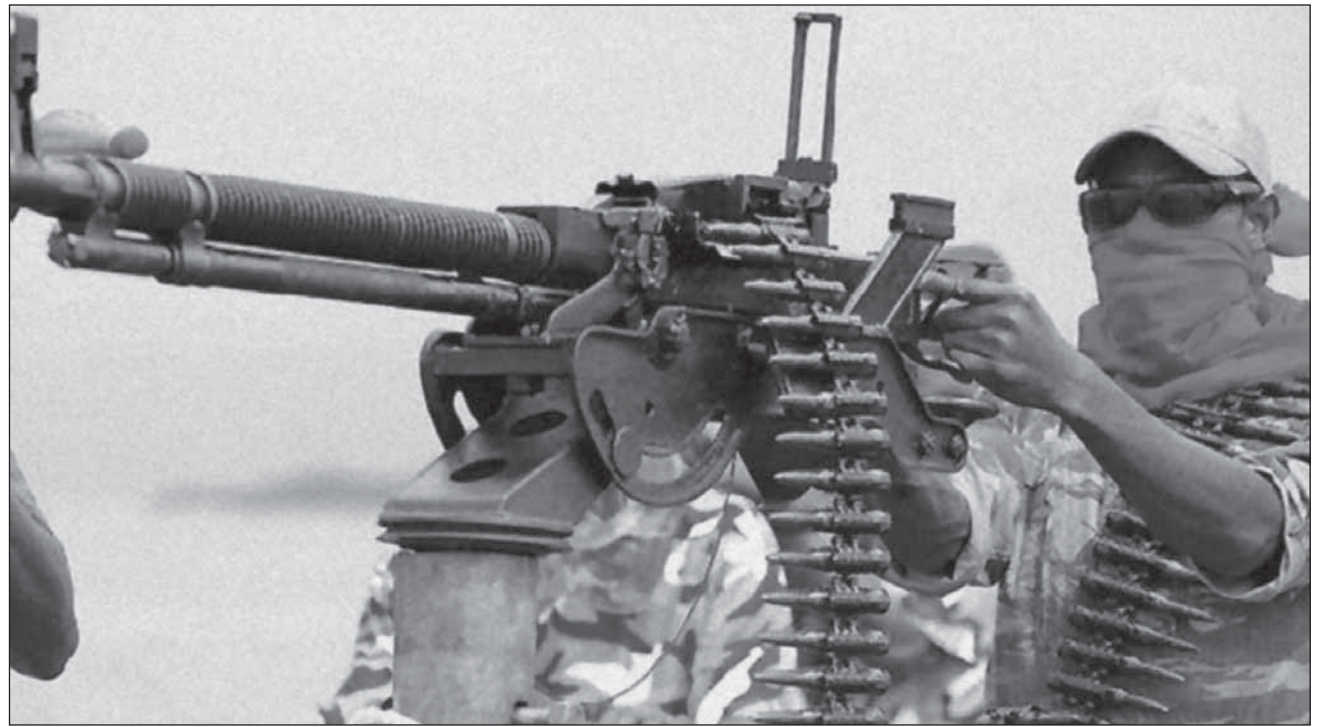
10 and 15 reports of piratical attacks each month. However, unlike the Gulf of Aden where pirates treat the crew well to guarantee ransom money, in the Gulf of Guinea pirates are much less restrained: in 2008, of the 40 attacks off the coast of Nigeria, all involved violence, kidnapping, injuries, and death.

For example, on the night of March 30, 2010, 10 pirates armed with Kalashnikov rifles boarded a Turkish-flagged freighter, and, after the crew resisted, the marauders stabbed the captain and wounded three other crew members.

Similarly, on Nov. 24, 2009, Nigerian pirates boarded the German-owned oil tanker MT Cancale Star and shot dead the Ukrainian first officer, wounded four other crew members, and held the remainder at gunpoint until the ship's vault was opened.

## Organized Crime

In addition to piracy, other forms of organized crime fuel maritime insecurity in the Gulf of Guinea. Illegal fishing by vessels from Asia and Europe in the Gulf nations' Exclusive Economic Zones cost these countries an estimated USD \$370 million in lost revenue annually. Furthermore, the illicit smuggling of narcotics and humans - especially children - is common. In 2007, for example, Spanish authorities seized



Getty Images

**A Movement for the Emancipation of the Niger Delta militant poses with a heavy machine gun at the militia's creek camp in the Niger Delta.**

20 tons of cocaine that had been traced to the Gulf of Guinea. In that same year, European authorities reported that 60 per cent of the cocaine in European markets (estimated at \$1.8 billion) passed through the Gulf of Guinea's waters.

Lastly, the theft of oil is a lucrative activity for criminal groups. Using a process known as "bunkering", whereby stolen barges drill into pipes and install a valve to steal oil, criminals sell on the black market an estimated \$3 billion in crude each year. Nigeria is particularly hard-hit by bunkering, which costs the country 100,000 barrels daily.

## Maritime Terrorism

Maritime terrorism is also a crucial security problem. Terrorism has become particularly pronounced after the founding in 2006 of the Movement for the Emancipation of the Niger Delta (MEND), a militant group waging a low-level insurgency in the impoverished Niger Delta region.

MEND launches bloody attacks against the govern-

ment and foreign oil companies from the province's 2,000 miles of navigable waterways: in February 2006, MEND rebels set a crude oil export tanker ablaze, exploded two oil pipelines, and abducted nine oil workers. MEND's most famous attack occurred in June 2008 when militants attacked Shell's \$3.6 billion oil platform in the Bonga oilfields, some 120 kilometres offshore, which shut down 10 per cent of Nigeria's oil production in one attack.

These events illustrate a political dimension to maritime insecurity whereby militant groups attack targets at sea to influence developments on land.

## Africa's Response: A state of Decline

Despite the prevalence of maritime insecurity, West African navies are in a general state of decline. Nigeria, which has a population of over 144 million, has a navy of only 8,000 sailors, one frigate, one corvette, and three fast attack craft.

Angola has an army of 100,000, but a navy of

only 890 with no seaworthy vessels. The Democratic Republic of Congo's navy is virtually non-existent, unable to monitor its 37-kilometre coastline and series of rivers.

In part, this is the result of the land-centric focus of the African governments, and many of these impoverished countries do not have the money and resources to construct the expensive, but much-needed, coast guards and coastal navies. Consequently, the navies that do exist are left to languish: today, 85 percent of military ships in the Gulf are at least 20 years old, making them highly prone to mechanical problems.

With regional navies lacking in capability, maritime insecurity in the Gulf of Guinea will likely grow in intensity, scale, and violence.

This is problematic since offshore oil, fishing, and commercial shipping to a large extent support these brittle African economies, and ongoing crime at sea now costs the Gulf of Guinea community \$2 billion a year in lost revenue. Consequently, whereas state

collapse in Somalia created anarchy at sea, the reverse is possible in Africa's west.

## Insecurity at Sea: The Gathering Storm

The complexity of maritime criminal activity in the Gulf of Guinea is matched by its importance, and unless law is brought to this crucial inlet, the storm of insecurity will continue to gather.

Afghanistan and Somalia illustrate the dangers that flow from the meeting points between crime and failed states. The cost of collapse in Nigeria, Africa's most populous nation and second only to South Africa in economic and military strength in the sub-Saharan region, and the rest of the Gulf's community would be staggering.

However, unlike tsunamis and hurricanes mustered by the natural elements, this storm of criminal activity can be tamed. It is up to African governments, their navies, and their coast guards, to retake control of their seas, lift the storm, and guide their people to peace, prosperity, and stability.

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# The upshot on the flu shot

**Captain Phil Prendergast,  
MD, MPH**

Acting Fleet Support Medical  
Officer

It's flu season again. Yes, it's that time of year when those dang medical people are out there, digging up business for their flu shot clinics.

Why are we doing this again, and what are we up to?

Below is some important information to you understand why we want you to get this vaccination.

## What is the flu shot?

The flu shot is a small (.5 cc) quantity of fluid that is injected, using a very small needle, into the muscle of your shoulder; it contains components of three different influenza viruses that will stimulate your immune system to make antibodies and protect your body from infection with the natural versions of these viruses.

These three different influenza viruses include a new strain of last year's pandemic H1N1 Influenza A virus, a new strain of the old H3N2 Influenza A virus (the one that was predominant before it was replaced by the H1N1 virus), and an Influenza B virus. If you get this vaccine, you are protected against most forms of influenza virus that will be present for this 2010/11 flu season.

Why do you have to get a new flu

shot each year?

Well the influenza virus is a very unique virus that continuously changes. It's what is called a "sloppy replicator", which means that often when it reproduces itself, it makes errors in duplicating its DNA. These errors are significant enough that, by the time the virus has gone from the northern hemisphere (flu season from October to March) to the southern hemisphere (flu season from April to September) and back again, it has changed significantly enough that the antibodies we made by being vaccinated in the previous flu season are no longer effective against it. So we must create a new vaccine containing components of the new strain(s) of virus that we expect to see in the new flu season.

Anyone who has a chronic health condition, such as heart or lung disease, diabetes, or compromised immunity needs to get a flu shot. For those of you who are otherwise healthy, it is still a good idea to get the flu shot.

And here are three good reasons:

- Late-breaking research has shown that getting the flu shot actually decreases your risk of suffering a first-time heart attack (in those 40 and older) by 19%.
- Immunizing workers against flu decreases overall absence due to illness during flu season.

- If we immunize 70% or more of a population of individuals, we can achieve "herd immunity" where the flu virus simply cannot transmit between non-immunized individuals because there is not enough exposure to ill people to support transmission.

## So what's the bad news?

Well, you might get some pain at the injection site. Also there is a possibility of allergic reaction (we screen out people with any risk of this). And there is a very rare risk of a neurologic disorder called Guillaine Barre Syndrome, but the risk of this disorder is actually higher in those who are infected with the natural influenza virus, so in reality the vaccine is protective against this.

**So the upshot is that the flu shot is good for you. So what's stopping you?**

Our marvellous Marjie Hanks is already in the throes of her travelling road show, so please stay tuned for notice of the next flu shot clinic nearest you. And for those of you in the fleet who have not yet been immunized, your friendly neighbourhood PA and Baby Doc are only too pleased to arrange for your little dose of health.

Any of our Esquimalt health care professionals would be happy to answer any questions you might have about the flu shot.



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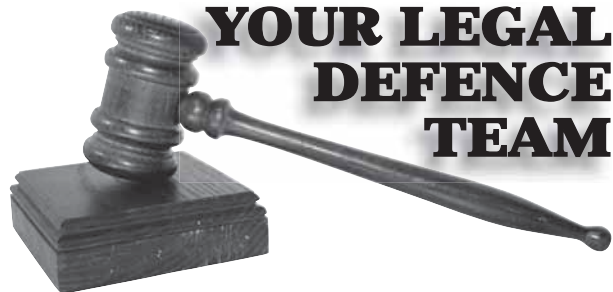
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## Panjwa'i District Afghanistan



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**Mel Hunt** BA (Hons), LLB Lieut Col (ret'd)**Leigh Gagnon** BEd, BA, LLB

**Mel Hunt** practises military law, criminal law, and personal injury law, and is a former member of the Judge Advocate General's Branch in The Canadian Forces.

**Leigh Gagnon** practises family law, real estate law, and in the area of wills and estates.

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photos by Cpl Shilo Adamson, Canadian Forces Combat Camera.

**Above:** WO John Green, Reconnaissance Squadron, 1st Battalion, The Royal Canadian Regiment Battle Group, scans the area for potential threats on Observation Point (OP) Cliff. In close cooperation with Afghan National Security Forces, 1st Battalion, The Royal Canadian Regiment Battle Group provides security by conducting counter-insurgency operations throughout Panjwa'i District located south-west of Kandahar City.

The Battle Group conducts partnered operations with the 2nd Kandak of the 1st Brigade, 205 Corps of the Afghan National Army, Afghan National Police and the Panjwa'i District Governor in order to advance governance, reconstruction and security in the area.

**Left:** Corporal Dave Malins (left), Corporal Corey Roberts and Lieutenant Andrew McCuish, soldiers from the Reconnaissance Squadron, 1st Battalion, The Royal Canadian Regiment Battle Group, conduct a patrol to determine the effectiveness of a recently constructed obstacle that aims to restrict insurgent freedom of movement in the area, develop further knowledge of the area and continue to build positive relations with the locals.



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# OP GLADIUS: A sword for peace

**Lesley Craig**  
The Maple Leaf

Between January and June of this year, UN Disengagement Observation Force (UNDOF) facilitated the transfer of 8,639 tonnes of apples out of the Golan Heights. It is not, perhaps, what one expects to hear of the blue berets serving in Syria.

Nevertheless, it speaks to the fragile calm that blankets the area. Major Chris Renahan returned recently from a year-long tour of duty on Operation Gladius, the two-person Canadian contribution to UNDOF.

As the military assistant to the commander of UNDOF, Maj Renahan gained a unique insight into the tensions that pervade the region, buried just under the thin veneer of peace that Gladius and UNDOF strive to maintain. In a tangle of ethnic, religious and political differences, the Golan Heights stretch between Israel and Syria, connecting Lebanon and Jordan to the north and south. An area of separation acts as demarcation between the Israeli-occupied Golan and the Syrian Golan.

Ranging along its length are military observation posts manned by UN troops, tasked with enforcing the ceasefire agreement of 1974.

On either side, the ceasefire agreement establishes areas of limitation in which a restricted number and type of Syrian or Israeli military personnel and equipment are permitted.

The agreement further states that the area of separation, roughly 80 kilometres long and ranging in width from one km in the south to eight in the north, must be

completely demilitarized.

As a result, the area of separation is under UN military control, although civil control belongs to Syria.

"I think I see that there is the potential for the two countries to resolve this and come to a solution. That being said, I think that both countries are right now satisfied with the status quo, so any significant progress would first require a big change in the local political relationship," says Maj Renahan.

It's very fertile land compared to the rest of Syria, so it's heavily used by farmers for both agriculture and animal farming. Along with apples, crops include grapes, blueberries and wheat. Grazing land is occupied by herds of cattle, goats and sheep.

"Syria is using that land more than it has in the past. They are repopulating the area and developing civil construction projects," says Maj Renahan. "The issue with that is the more Syrians there are in this area of separation, the more chances there are of unintentional violations of the line that defines the Syrian side from the Israeli-occupied side."

The lines that mark the area of separation are laid out in barrels. However, some of the barrels are several hundred metres apart, and it is not always easy to determine precisely where the line falls.

It is in these areas, where there is no obvious barrier to stop people from crossing the line, that misunderstandings can occur and these misunderstandings have the potential to escalate quickly.

"The Israeli Defence Forces are very concerned for their own safety and the safety of their soldiers, and rightly so," explains Maj Renahan. "The biggest concern is that

a farmer or a shepherd will encroach across this line, the Israelis will do what they feel they need to do to protect themselves or to enforce the legitimate ceasefire line, and it's those kinds of incidents that could quickly escalate, should somebody be detained or a shot is fired."

In situations such as these, UNDOF moves quickly to intervene and escort the Syrian civilians back to their side of the line. UNDOF is currently adding new barrels, as necessary, to clearly mark the respective lines on the ground and, hopefully, prevent future misunderstandings.

With 1,037 troops from Austria, Canada, Croatia, India, Japan and the Philippines, who are supported by 38 international and 105 local civilian staff, UNDOF is truly a multinational force.

As the only native English-speakers deployed to UNDOF, Maj Renahan and Lieutenant-Commander Scott Guild, who served as the senior staff officer for personnel, found themselves called upon frequently to write or edit a variety of documents, from operations orders to newsletter articles.

"The biggest daily challenge was working in such a multinational organization, where we were working with soldiers and people from different cultures, all with their own military procedures and background, and many who are working in an English-speaking mission for the first time," Maj Renahan says. "Communicating detailed tasks or information was a very big challenge, and it was important to make sure that you were really careful and thoughtful about what you were saying to make sure

there was no room for misunderstanding."

Their care paid off, helping to keep UNDOF running smoothly. Between January and June, UNDOF assisted the international committee of the Red Cross with the passage of 23 students and 14 civilians through the area of separation.

They also provided medical treatment to 85 civilians and continued work on operational mine clearance; landmines sown decades ago continue to pose a threat both to UNDOF personnel and local inhabitants.

UNDOF was established May 31, 1974, in the wake of the Yom Kippur War. CF involvement in the Golan began three days later, with Op Danaca. When Danaca ended in March 2006, Gladius began.

"I think I see that there is the potential for the two countries to resolve this and come to a solution," Maj Renahan says. "That being said, I think that both countries are right now satisfied with the status quo, so any significant progress would first require a big change in the local political relationship."

Originally, UNDOF was set up with a six-month mandate – a mandate that has been renewed biannually for the last 26 years.

The most recent report on UNDOF from the Secretary-General reveals that there have been no negotiations between Israel and Syria since peace talks, initiated by Turkey, were discontinued in December 2008.

The UN Security Council held its 6,352nd meeting June 30 in consideration of "The situation in the Middle East", and renewed UNDOF for a further six months.

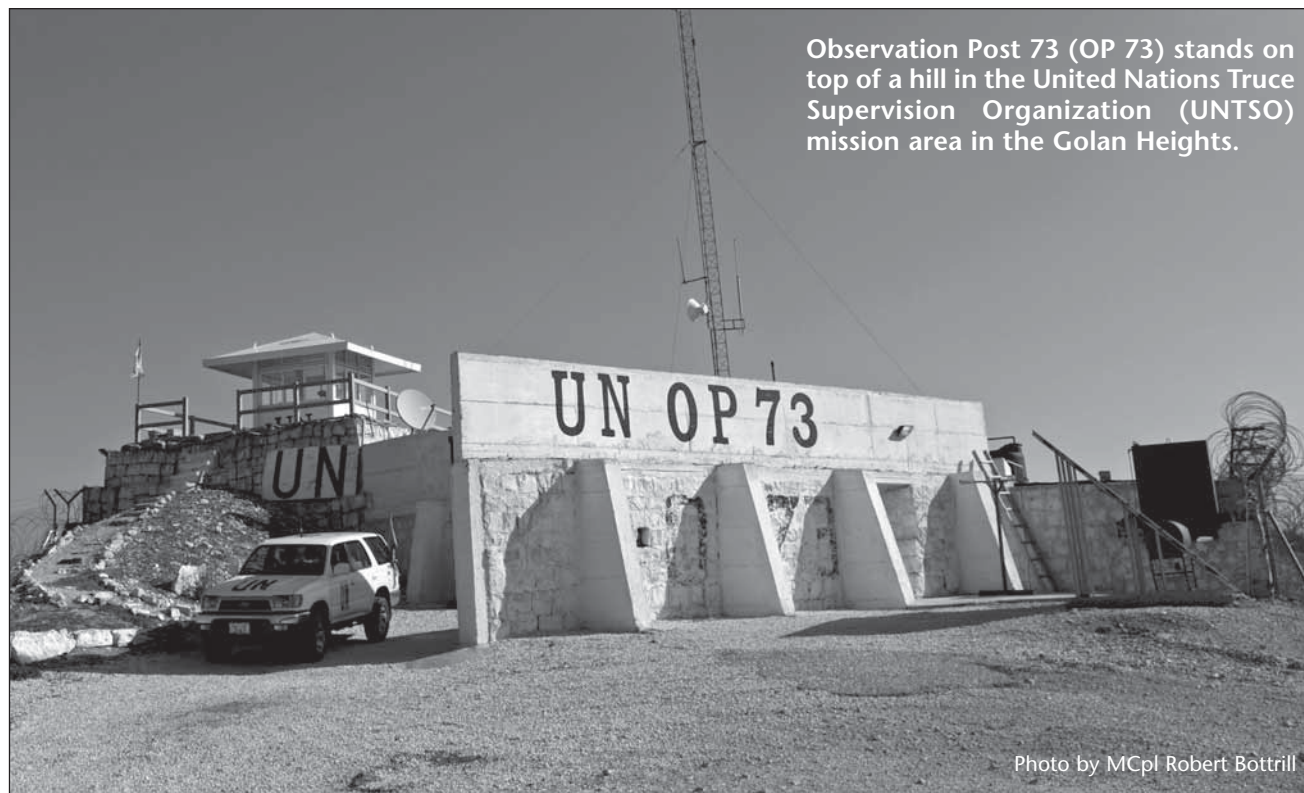


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Observation Post 73 (OP 73) stands on top of a hill in the United Nations Truce Supervision Organization (UNTSO) mission area in the Golan Heights.

Photo by MCpl Robert Bottrill

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**Top Left:** Capt(N) Alex Rueben, COS MARPAC/JTFP, presents Jamie Webb (N02VP) with his 25-year appreciation certificate.



**Top Right:** Capt(N) Rueben presents Rob Whitwell (J61-1) with a Bravo Zulu for his dedication and support to Operation Podium.



**Bottom Left:** MS Patrick Lefrancois from HMCS Regina is promoted to Master Seaman by LCdr Bowen (left) and PO2 Jensen (right).



**Bottom Right:** MS Joyce Barrett from Base Food receives the second clasp to her CD presented by Cdr Doug MacKeen, Base Administration Officer. She also received her Prime Minister's Scroll on her retirement from the CF for 32 years service, a shadow box identifying her many accomplishments over the years and a retirement certificate for her loyal and dedicated service to Food Services.



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# United by youth, divided by time: a reunion of sorts

**Ben Green**  
Staff Writer

As I navigate the halls of Broadmead Lodge, wheelchairs, walkers and sanitary hampers are obstacles in my path.

My shadow and that of my guide contrasts heavily with the glossy white floor as we make our way to one resident's room. He's agreed to meet and tell me his story of war and service to country.

The staff member, nondescript in street clothes, stops abruptly at a closed door; the placard reads William Ted Clayards.

She opens it to let me in.

With the elderly man is another staffer who makes the introductions; she hands me his war medals for review as she leaves.

I extend my hand in greeting, noting to myself squeeze gently. His grip takes me back; it's strong and firm, unexpected from a man than 60 years older than me.

I know nothing about

Ted. I arrived at the senior's residence a half-hour prior hoping to interview a veteran and capture one of the few war stories left to tell in person. Being unprepared has left me nervous and I fumble with my voice-recorder, notepad and pen.

Ted is wearing navy blue pants and a forest green sweater. The red poppy pinned over his left breast stands out against the dark backdrop of his shirt. His legs are crossed as he calmly waits for me to get organized.

The room is small and simple, and has a homely feel. There's a TV and a bed neatly made up. Beside the bed is a nightstand with a picture of a woman, his wife I assume, and a black and white photo of what looks to be his wedding day. I take a seat a foot or two across from him. The silence is awkward, but he seems unperturbed. I flip open my notebook and begin the interview.

His reluctance to reveal

suggests he's suspicious of my intentions. I assure him it's for a military publication; the next 20 minutes go by with relative ease.

As a reporter, I see myself as a cognitive archaeologist, gently picking away the recesses of memory for the juicy bits that make a great human interest piece.

Today, the excavation

**At 19 he was at war somewhere on the other side of the world, doing his part to rid the world of tyranny and oppression. What about me? At 19, I was safe and comfortable at university.**

is particularly tough as so much time has passed when Ted was a young man serving in the Second World War. In 1942, at the age of 19, he was in the first graduating class from the Royal Canadian Naval College at Royal Roads. He recalls being shipped to England, and eventually to Southeast Asia on board the destroyer HMS Queen Elizabeth.

He struggles to delve deeper into his memory, to grasp the details. The major parts of his story are there, but 70 years have passed. Eyes shut tightly and a withered hand rubs across his furled brow; his glasses slowly slide down to the tip of his nose, frustration is kept barely at bay.

A smile forms on his face, the first since I've been there.

"I met Frances Day, you know the actress," he says eagerly. I don't, but the sudden upbeat turn in his voice has me engaged.

He met her at the British

base in Cairo, Egypt. She was entertaining the troops and he and a small group were fortunate enough to travel back and see her flat in London. This memory has unleashed the blockage and he continues firing off stories. He talks of patrols in the Bay of Bengal, and of bombarding the Japanese positions in Burma (now Myanmar) and down off the coast of Singapore.

However, Ted's continuous reference to a base in Salon concerns me. I think of India and Myanmar, of Thailand and Singapore, but I have no idea the whereabouts of Salon; I'm discouraged now. Has it all been erroneous ramblings?

As I watch the old man through youthful eyes, shame washes over me. At 19 he was at war somewhere on the other side of the world, doing his part to rid the world of tyranny and oppression.

What about me? At 19, I was safe and comfortable

at university. Sacrifice was about sharing a pizza with my roommate.

This epiphany throws me off balance; all I can offer the man before me is my deepest thanks and respect. He scoffs and shakes his head, not quite grasping on a response. Finally, he says, "We were no different from today. We chased girls and raised some hell."

And there it is, common ground. Ted in the twilight of his life and me at the onset of mine, one looking back, the other ahead, and the link between us, his memories as a young man.

Back at home I reflect on Ted with appreciation and frustration. Even though his body is worn, his is soul alive, and I'm better for having met him.

And the frustration: where is Salon? An hour of research, and two TV timeouts later, I discover it's Ceylon, not Salon, and it's now Sri Lanka. I let out a sigh of exasperation. I should have just asked.



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# Filmmaker records war history

**Sergeant Todd Berry**  
Army News

When Allan Cameron's television career ended, he decided to pursue his passion for preserving veterans' experiences.

His interest in history grew out of listening to his parents and relatives talk about the Second World War experiences of his two uncles. Many years later, these childhood conversations helped prompt him to establish the Memories Recovered Project (MRP) in 2006.

"I decided that I wanted to pursue interviewing and documenting veterans for history and education," says Cameron.

What started as a personal project has since grown into a non-profit association with several volunteer coordinators, including veterans and Legion members based in Edmonton, Drayton Valley, High River, Sylvan Lake, Innisfail and Wetaskiwin.

From his home in Sylvan Lake, Alberta, Cameron travels across Canada armed with a video recorder and a compact camera.



photo by Sgt Todd Berry

**Veteran Sgt McCallum signs a book for Memories Recorded Project producer Allan Cameron.**

His documentation of the personal war memories, pictures and documents of Canadian veterans from the Korean and Second World Wars will prove invaluable for the long-term preservation of this history.

The passing this February of John Babcock, Canada's last known First World War veteran, was a sombre reminder to Cameron that, as time continues to

claim Canada's aging war veterans, the MRP must continue.

Notwithstanding the historical and educational significance of the MRP, Cameron feels that providing family members with insight into, and a keepsake of the veteran's contribution is equally important.

To achieve this, Cameron provides the family with an edited DVD of their loved one's interview. To date,

the personal memories of an estimated 300 veterans have been captured and will be donated to schools, museums, libraries and archives across Canada.

To help fund this project or contribute your overseas experience serving in the Canadian Air Force, Army, Navy or Merchant Marines during the Korean War or Second World War, please visit [www.themrp.org](http://www.themrp.org) for more information.

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## “RCN 100th Anniversary Ships Decanter”

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**T**his exceptionally beautiful, one-liter ceramic ship's decanter has been commissioned to commemorate the Royal Canadian Navy's 100th Anniversary. Fewer than 6,000 have been produced. A donation of \$5 from the sale of each decanter is being given to the Canadian Naval Memorial Trust, which maintains and operates the only surviving Corvette, HMCS SACKVILLE in Halifax. The mission of this non-profit trust is to maintain the 'Last Corvette' in her 1944 configuration as Canada's Naval Memorial to all those who served in the naval service.

This decanter has been hand cast from porcelain, and hand decorated using glass colored inks, not plastic, that have been permanently fired into the ceramic at temperatures approaching 1600° Fahrenheit. It will provide more than a lifetime of service without any degradation to those who appreciate fine and unusual objects.

Of special mention is the bottom of the decanter's base, on which most every RCN ship that was

commissioned over the past 100 years is listed in alphabetical order, more than 300 ships in all. If you served, your ship or ships should be on there.

All of the decanter's decorative elements are of historical significance. Encircling the neck are the 13 Provincial and Territorial Flags.

One of the main cameos on the shoulder depicts HMCS SACKVILLE (K181). Commissioned in 1941, she was one of more than 120 Corvettes built for the RCN during WW II. She saw heavy action from 1941 to 1944, and is the last surviving Corvette.

The adjacent cameo, to the right of SACKVILLE, salutes the Merchant Navy with a painting of the FORT WALLACE. She was one of the Fort Ships that carried vital supplies on perilous voyages to the Allies throughout the Second World War.

The third cameo, “READY, AYE READY” - the RCN's motto - is backed up by the White Ensign of World War II on the one side, and Canada's

national flag on the other.

The final cameo, composed of maple leaves and Leviathans, quotes Churchill on the importance of winning the Battle of the Atlantic. Here the RCN played a vital and major role in its victory at a very high cost of ships and men. If that battle had been lost, so might the war in Europe.

The blue ribbon surrounding the base lists the Seven Seas in Latin.



**Stopper Detail**

The top of the stopper (shown above), commemorates the RCN's 100th Anniversary, in gold leaf.

This Decanter is certainly a fitting tribute to all of those who served over the past 100 years in both the RCN and the Merchant Navy, and to those who still serve today in the cause of freedom.

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# Lest we forget.



In Flanders Fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch, be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields

— Lieutenant Colonel John McCrae

