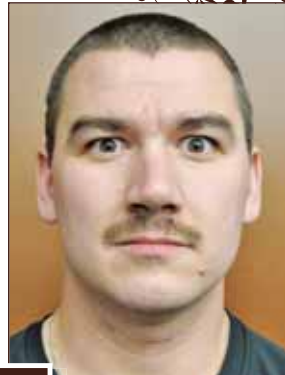
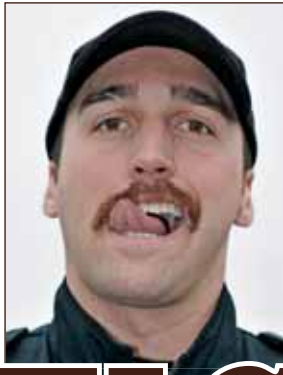


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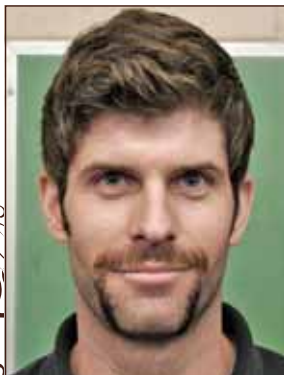
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Lookout salutes the Defence Team's visible man-ifestation of male solidarity throughout November. The Movember campaign raises awareness and funds to fight prostate cancer. See more on page 10.



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Unexpected loss

Cpl Charles A. Stephen, MARPAC Imaging Services The Bearer Party carries SLt Dean Burrows' remains past a Guard of Honour and into the chapel at Our Lady Star of the Sea Chapel in Belmont Park. Family, friends, and Canadian Forces members gathered in Colwood to bid a final farewell to the sailor on Dec. 1. Following the service, SLt Burrows was put to rest in Hatley Park Cemetary.

Officer dies suddenly while on course

SLt Dean Burrows of Middleton, Nova Scotia, died unexpectedly Nov. 20 while attending a career course at Camp Borden, Ontario. Dean served in Esquimalt since 1984, achieving the rank of Petty Officer First Class

as a Marine Engineering Artificer prior to completing a Bachelor of Commerce degree with Royal Roads University and commissioning as a Logistics (Sea) Officer. Dean is survived by his loving wife Kathleen (Spooner), children Alicia

and Christopher, parents Merton and Myrna Burrows, brother Scott, sisters Charlene, Lisa and Terry as well as grandparents Stuart and Gladys McCann of Windsor, Nova Scotia. "Dean will be dearly missed by family and

friends. His sense of humour in particular was a source of strength for those close to him when facing life's challenges," said wife Kathy. Donations to the Heart and Stroke Foundation are appreciated as expressions of sympathy.

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New fire hall breaks ground

Shelley Lipke
Staff writer

Last Friday Base Commander Capt(N) Craig Baines met with Minister of State for Sport and Member of Parliament for Saanich-Gulf Islands Gary Lunn, and President of Preview Builders International Randy Regier for a ceremonial ground breaking at the site of the future CFB Esquimalt Fire Hall and Emergency Operations Centre.



Shelley Lipke, Lookout

Above: President of Preview Builders International Randy Regier, Minister of State for Sport Gary Lunn and Base Commander Capt(N) Craig Baines load up shovels of dirt for the ceremonial sod turning at the site of CFB Esquimalt's new fire hall and emergency operations centre.

Below: Minister of State for Sport Gary Lunn operates the excavator with assistance from Jeff Wright of Draycor Construction.

At the Esquimalt Road and Sturdee Street location, with shovels in hand they got down to the task of the ceremonial sod turning.

Capt(N) Baines said, "It's great to see this project underway to support ourselves and the community. The ability to have an emergency operations centre in a post earthquake environment is a real asset."

Minister Lunn was also excited and jumped on board of the excavating machine for a photo op. "The current fire hall is spread across multiple buildings and this new facility will address this shortfall and replace the existing, small and antiquated fire hall."

The \$18.5 million contract for the new fire hall and emergency centre was awarded Oct. 4 to Preview Buildings International Inc. of Chilliwack, B.C. Significant economic benefits and employment opportunities for the region are expected with approximately 100 direct employment opportunities.



The infrastructure project was first announced by the Minister of National Defence on Sept. 8, 2010.

The new facility has been designed to be operationally sound in the event of an earthquake, will include five drive-through bays for emergency vehicles and provide additional space for training activities.

A second contract for the follow-up phase which involves the demolition of the old fire hall and environmental remediation of the site within the Dockyard will be awarded at a later date.

The new fire hall is scheduled to be open in early 2012.

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No skates? No worries!

Military families can access free skate rentals by showing their ID at the Archie Browning Arena between 1-2pm, the day of the event. Santa encourages all children to wear a helmet while on the ice. HO HO hope to see you there! For more info call, 250-363-1009

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People Talk

Lookout asked this question:

In line with the winter weather we received recently, what is your favourite childhood memory of the snowy conditions that accompany this time of year?



Probably snowboarding, trying to I guess. I grew up in Fredericton, New Brunswick so every now and again it's something we'd go try.

OS Nick Vautour



I would have to say tobogganing. I grew up in St. John's. Nothing better than missing school and sliding, St. John's is built on hills. Sliding, street hockey, all that good stuff in the winter.

Steve Lawrence



Prior to the military, my friends and I would get home from school and throw snowballs at the city buses.

Cpl Wes Brown



Definitely the Blizzard of 1996. We stayed at home, played in the snow and built an igloo.

Ben Stebbins



I grew up in the prairies, Saskatchewan. My favourite childhood memory was walking to school in the dark, before the sun came up, and feeling the crispness of the -30 degree [Celsius] air and the crunch of the snow under your feet.

Dorion Dellabough

SPORTS trivia

by PO2 Bill Sheridan
Contributor

Hockey

1. Whose paternal grandfather was an Original member of the RCMP?
2. What colour uniforms were the kings before Gretzky arrived?
3. What assembled the NY Rangers, but was fired before the season started in 1926?
4. Who is the mascot for the Blue Jackets?
5. Who is the last Minnesota North Star still playing in the NHL?
6. What was Irene Castle's contribution to the Blackhawks?
7. Who was the Wild's first draft pick after they came into existence?
8. What gambling game was used to decide who would get the first pick between Vancouver and Buffalo?
9. What was the Monday Night Miracle?
10. Which hockey man introduced the idea of expansion in 1963?
11. What was the second choice after Flames when the Atlanta NHL team was named in 1972?
12. Where is the "Lightning Capital of North America"?
13. Andrew Brunette was the first to do this for the Nashville Predators?
14. What is the only team to win a Cup in the first year after relocation?
15. What is the Copper Kilometer?
16. What division are the Dallas Stars in?
17. What happened to the Oakland Seals?

- ANSWERS
1. Don Cherry
 2. Gold and Purple (Forum Blue)
 3. Conn Smythe
 4. Stinger
 5. Mike Modano
 6. She designed the Logo, she was the owners wife.
 7. Marian Gaborik
 8. Roulette
 9. 1986 Semi final St Louis/Calgary where Doug Wickenhiser scored an overtime goal after being down by three with twelve minutes to play...St Louis Blues folklore.
 10. William Jennings
 11. Thrashers, actually is the state bird of Georgia.
 12. Tampa, Thus the nickname
 13. Score a goal
 14. Colorado Avalanche
 15. Name given by media for a part of Edmonton which attracted many fans during the Oilers 2006 Stanley Cup run.
 16. Pacific with Phoenix, LA, Anaheim and San Jose
 17. They were part of the six team expansion in 1967. Initially named California Seals, then Oakland Seals, then California Golden Seals. They moved to Cleveland to become the Barons and then merged with Minnesota North Stars, who later moved to Dallas and became the Stars.

Got a story idea? We'd love to hear it.

Email it to melissa.atkinson@forces.gc.ca

Correction

In the Nov. 29, Issue 48 story *Channelling the inner child for charity*, the story incorrectly stated Albert Head is operated by Regional Cadet Instructor School

(Pacific). In fact, Albert Head is part of POESB's Base Operation, and administered by Range Control. RCIS (P) is one of three units that are quartered at the property.

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CF officers among the 100 most powerful women in Canada

Two senior Canadian Forces (CF) officers were recognized among the top 100 most powerful women in Canada by The Women's Executive Network (TM) on Nov. 29.

Brigadier-General Hilary Jaeger, Director General Reserves and Cadets, from Ottawa, ON, received an award under the Cisco Public Sector Leader category, while Cdr Josee Kurtz, Commanding Officer of HMCS Halifax, from Halifax, NS, received the Xstrata Nickel Trailblazers & Trendsetters Award.

"I am so proud of the accomplishments of these two outstanding officers," said Gen Walt Natynczyk, Chief of the Defence Staff. "This award is a real testament to their leadership and commitment to the Canadian Forces."

The history of Canadian service women is an important part of the CF national military heritage and their achievements contribute to the full and equal inclusion of women

I am so proud of the accomplishments of these two outstanding officers. This award is a real testament to their leadership and commitment to the Canadian Forces.

-Gen Walt Natynczyk
Chief of the Defence Staff.

in our society and national institutions.

"Canada's Most Powerful Women: Top 100 Awards" is Canada's most recognizable award for the country's highest achieving female leaders in the private, public and not-for-profit sectors where women are selected for recognition by an independent advisory board.

Deux officiers des Forces canadiennes figurent parmi les cent femmes les plus influentes du Canada

Le lundi 29 novembre, deux officiers supérieurs

des Forces canadiennes (FC) ont été reconnues parmi les cent femmes les plus influentes du Canada par le Réseau des femmes exécutives (RFE)(MC).

En effet, le Brigadier-général Hilary Jaeger, directrice générale de la réserve et des cadets, originaire d'Ottawa (Ontario), a reçu le prix dans la catégorie Leaders du secteur public Cisco. Le Capitaine de frégate Josée Kurtz, commandante du Navire canadien de Sa Majesté Halifax, originaire d'Halifax (Nouvelle-Ecosse) a, quant à elle, décroché le prix dans la catégorie Pionnières

Xstrata Nickel.

"Je suis très fier de ce que ces deux officiers remarquables ont accompli, a déclaré le Général Walt Natynczyk, chef d'état-major de la Défense. Ces prix témoignent de leur leadership et de leur engagement au sein des Forces canadiennes."

L'histoire des femmes militaires au Canada constitue une partie importante du patrimoine militaire national des FC. C'est pourquoi leurs réalisations contribuent à l'intégration totale et équitable des femmes à la société et aux institutions nationales.

Les prix du Top 100 : Les Canadiennes les plus influentes sont les plus connus au Canada pour souligner les réalisations des femmes qui se sont avérées être des chefs de file dans les secteurs privé, public et sans but lucratif. Dans cette optique, les candidates sont sélectionnées par un comité consultatif indépendant.

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CFB Esquimalt sports winners

Shelley Lipke
Staff writer

Ottawa's elite National Gallery of Canada hosted the 22nd Annual Canadian Forces Sports Awards Ceremony on Nov. 6.

Representing the Maritime Command region was top female athlete LS Kirsten Arensen, top male athlete PO1 Howard Manderson, top official NCdt Kyle Steel and the Navy Masters Swim Team as the Maritime's top team.

All invited knew they would receive awards, but the crème de la crème came after dinner for one of the invited guests.

After what he describes as the most extravagant, phenomenal five course dinner imaginable, NCdt Steel was called into the spotlight for a second time that

evening.

"It dropped me on my head," said the former pro hockey official. "There are five regions in Canada and I found out that I had won the Overall Top Official award for all five regions," he said.

For the past two years he's been training the officiating staff for the Pacific Hockey Division. "I came from a former pro hockey environment and I know the Admiral is very enthusiastic about the hockey program here on base. It was nice to bring this back to the base. The awards ceremony was an amazing experience," he said.

Each year Maritime Command, Air Command, Land Force Command, Military Personnel Command and Vice Chief of the Defence Staff compete as the five command regions in Canada for top awards in sports.



MCpl Roy MacLellan, CFSU(O) Photo Services

NCdt Kyle Steel accepts the award for Top Overall Official from Cmdre John Newton and CPO1 Claude Laurendeau.



MCpl Roy MacLellan, CFSU(O) Photo Services

PO1 Howard Manderson accepts the award for top male athlete from Cmdre John Newton and CPO1 Claude Laurendeau.



MCpl Roy MacLellan, CFSU(O) Photo Services

LS Kirsten Arensen accepts the award for top female athlete from Cmdre John Newton and CPO1 Claude Laurendeau.



MCpl Roy MacLellan, CFSU(O) Photo Services

The Navy Master's Swim team took accept the top team award from Cmdre John Newton and CPO1 Claude Laurendeau.



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Inter-ship Grey Cup wager benefits charities

Ben Green
Staff writer

The Montreal Alouettes lived up to Bachman-Turner Overdrive's half-time performance by "Taking Care of Business" in the 98th Grey Cup last Sunday.

Braving the deep freeze that enveloped Edmonton's Commonwealth Stadium, the Alouettes defeated the Saskatchewan Roughriders 21-18.

With the win, Montreal not only retained bragging rights for a team and a city, but two naval warships.

HMCS Regina and Regina's Naval Reserve Division HMCS Queen challenged HMCS Montreal and Montreal's Naval Reserve Division HMCS Donnacona to put up \$250 to be donated to a charity in the winning city.

With Montreal taking the cup, \$1,000 has been donated to Hospital Sainte-Justine, a children's hospital.

This is the third year a "wager" of this kind has taken place between Canadian naval ships. In 2007, Regina and Queen challenged HMCS Winnipeg and Chippawa when the Roughriders squared off against the Blue Bombers for the title. And it was only last year when they challenged Montreal and Donnacona for the first time as the Roughriders and Alouettes battled it out for the 2009 title. Unfortunately for



Ben Green, Lookout

LS Loren Olsen of HMCS Regina hides himself slightly as he helps raise the Montreal Alouettes flag that will fly on the ship for the next seven days.

Saskatchewan, recent years have wielded the same result.

Prior to this year's game, it was also agreed the losing frigate, Regina, would fly the Grey Cup champion's flag for one week, while the Commanding Officer of the losing Naval Reserve Division, Queen, wear an Alouette jersey on a subsequent training night.



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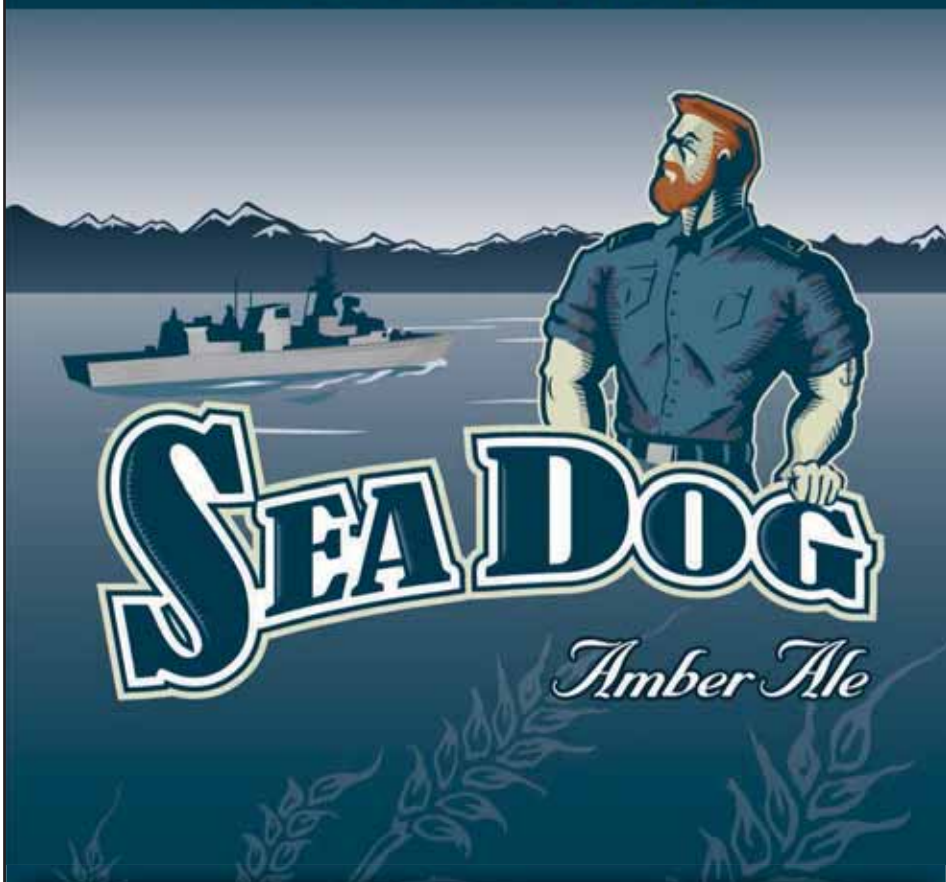
JUST A DROP



Ben Green, Lookout

On Nov. 30, Nelles Block played host to the Seniors' Yuletide Luncheon. Seniors from all over the community came by the bus load to enjoy a turkey feast graciously served by men and women in uniform. Cdr Doug MacKeen, with help from Bridgett Tritt of the Kiwanis Pavilion of Victoria, pours the key ingredient into the plum pudding sauce as the meal gets underway.

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IN BRIEF

Parental leave period extended

The amount of time a deployed member has to use his or her parental leave has been amended.

Previously members had only 52 weeks to use their parental leave, but this has now been extended to 104 weeks.

This change will allow deployed members whose jobs are an imperative military requirement, a greater opportunity to use their parental leave and spend time with their newborn.

Parental leave entitles parents to 364 days (119 for maternity and 245 for parental, which can be split or shared between both parents.)

Shaun Ferri, the Maternity and Parental Advisor at CFB Esquimalt, stated, "It's fantastic to see policy amended and improved to support the troops and give them additional opportunity to take parental."

Naval fund available to those in need

The Royal Canadian Naval Benevolent Fund (RCNBF) helps to relieve the distress caused by illness, accident or other misfortunes by providing loans or grants to people who are in need of financial assistance. Those eligible for assistance include former members of the naval forces of Canada; serving and former members of the Canadian Forces

who served in Maritime Command since Feb. 1, 1968; the Merchant Navy war veterans, and dependants of any of the above.

In the past, the Fund has helped people buy such necessities as clothing and food, and pay for medical, dental, optical, surgical and prosthetic services. It also provides assistance for home repairs and funeral costs and to replace belongings destroyed by fire. In addition, a bursary program for dependant children attending college, university or a vocational institution may be available if other options such as government loans have been exhausted.

The Fund is maintained by donations from serving and ex-service personnel, civilian friends and naval organizations, as well as investments. Eligibility for a loan or grant through the Fund is determined on an individual basis.

For further information, visit www.rcnbf.ca or contact the Fund at: (613) 996-5087, 1-888-557-8777 or email: rcnbf@sympatico.ca

Canadian Navy welcomes new mascot

The Canadian Navy is proud to introduce Sonar, the new naval mascot. Sonar, who is based on a Newfoundland dog, was "recruited" into the navy in 2010 as part

Naming our mascot Sonar captures the proud history of the Canadian Navy and its role in anti-submarine warfare.

-VAdm Dean McFadden
Chief of the Maritime Staff

of the Canadian Navy's centennial celebrations. The name Sonar was chosen from a cross-Canada contest which encouraged youth to submit potential names. From the hundreds of names received, Vice-Admiral Dean McFadden, Chief of the Maritime Staff, chose the name Sonar.

"Naming our mascot Sonar captures the proud history of the Canadian Navy and its role in anti-submarine warfare," said VAdm McFadden. "And it being a Newfoundland dog, it denotes the characteristics we hold important: being ever vigilant, watchful, protective and loyal." Ship's mascots, especially dogs, have been part of navies since the first ships sailed from their home ports. Used for many purposes, including security and companionship for crews,

mascots are important members of any navy. Sonar will be used to help foster relationships with people across the country, acting as a proud ambassador for the Canadian Navy.

United Way six a-side soccer league – call for teams

A co-ed six-a-side soccer league kicks off at the Naden Athletic Centre this February.

Registration is now open at the Naden kiosk and must be completed by Jan. 21, 2011, to begin playing each Wednesday (7 to 9 p.m.) and Sun (5 to 7 p.m.) beginning Feb. 2, 2011.

The league will play until April 3, 2011.

Military/DND teams cost \$400 while non-DND teams are \$500, and each team must have a minimum of three female players with one female on the floor at all times.

Call the sports office at 250-363-4485 for any questions regarding this soccer league.

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NOVEMBER: SAILORS STEP UP FOR CHARITY

Mo Bros join forces in HMCS Brandon

MS Emil D.P. Edwards
HMCS Brandon

During the month of November, a passer-by might have performed a double-take at the proliferation of moustaches donned by the men of *HMCS Brandon's* ship's company. One might have wondered if the style that lost its appeal in the 1990s had made a comeback.

The real drive behind these handle-bars is awareness of a disease that one in six of these moustachioed men may face in their lifetime: prostate cancer.

November started in 2003 as a simple challenge to grow a moustache over the month of November

between friends in Melbourne, Australia. These "Mo Bros" soon realized the attention the moustaches drew could be applied to good use. In 2004, Movember hit the internet as a campaign to raise awareness of prostate cancer. Shortly thereafter, many countries, including Canada, were sporting a mo' (slang for moustache).

This year, LS Tamas Kallai led the charge for *Brandon* by proposing and organizing the event, which saw 15 willing upper lips rise to the challenge. Each contestant pledged a minimum of \$5 to be donated to the Prostate Center of Canada for a chance to grow an impressive moustache.

As November drew to a close, *Brandon's* Coxswain, CPO2 F. Madill

and PO2 D. Peat - who have sported moustaches all year-round - pledged \$5 for the opportunity to offer their judgement on what they believed to be "Best Mo." Midway through the challenge, a few female members of the ship's company requested the opportunity to participate by determining the "Ladies' Choice."

The final tally after all the pledges and donations were received totalled \$157. The winner of "Best Mo" was LS S. McRae, and "Ladies Choice" to LS C. Brandle. While November has passed, and many an upper lip feel's cooler, LS Kallai and his "Mo Bro's" believe the *Brandon* crew have done their part to raise awareness for a serious disease.



The Mo Bros of HMCS Brandon show off their moustaches for the judges at the end of Movember.

MS Emil Edwards,
HMCS Brandon

Firefighters say good-bye to the mo



Shelley Lipke, Lookout

JP Condon (left) and Jim Grant (right) were among the CFB Esquimalt firefighters who participated in Movember and wrapped up the month-long fundraising event with a collective upper lip shearing on Dec. 2.

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Shelley Lipke, Lookout

The crew of HMCS Saskatoon sport mustaches in the final days of November. This year's fundraising for Prostate Cancer on the MCDV raised over \$300 for the cause.



LS Elijah Fraser



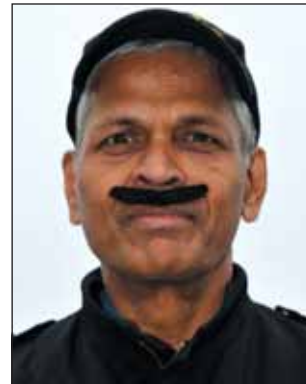
LS Robyn Young



LS Ana Soc



LS Simon Raworth



PO2 Nick Ingam



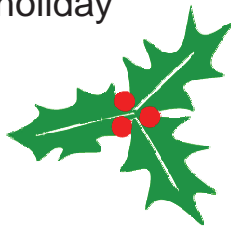
LCdr Patrick Montgomery

Dr. Keith Martin, MP Christmas Open House

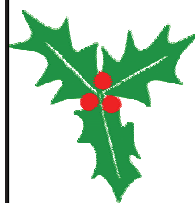


Please join my staff and me for an **Open House** to celebrate Christmas and the holiday season.

Friday, Dec. 10
12:00 - 3:00pm
666 Granderson Road
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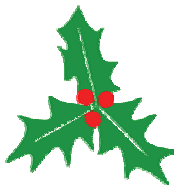


Please bring non-perishable food items for the Goldstream Food Bank or clean, good quality winter clothing for 'Our Place'



Everyone

Welcome

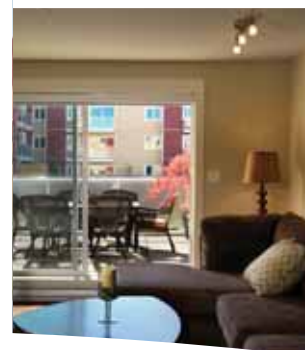


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PSP winter reminders

Ben Green
Staff writer

Santa's coming to town early

On Sunday, Dec. 19 from 2-4 p.m., Santa will be making one of his last pre-Christmas stops to have a skate-around with our DND community at the Wurtele Arena. Join him for fun filled games and activities on the ice while enjoying some free hot chocolate and Christmas goodies provided by his jolly elves. The canteen will also be open to purchase hot dogs and other snacks and beverages. Military families can access free skates rentals by showing their ID at the Archie Browning Arena



between 1-2 p.m., the day of the event. Santa encourages all children to wear a helmet while on the ice. HO-HO-hope to see you there!

New Year Equals New Opportunities

The Winter Activity Guide has arrived. Now is the time to register for your fitness and recreation programs in the New Year. There are a bunch of new programs scheduled for 2011 for adults, youths, and toddlers. There's something for everyone including yoga, spin class, Pilates, aqua fitness, swim lessons, self defence for families, mommy and me fitness, and much, much more. Hurry before classes fill up.

As always, don't hesitate to contact PSP at 250-363-1009 with any questions or concerns.

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Canadian Voices set to inspire

Shelley Lipke
Staff writer

Canadian Voices is a collection of personal, inspirational stories and photos from 70 well known Canadians.

As the book hits the shelves of Chapters, Wal-Mart and the world of cyberspace through Amazon.ca, it is also being sent to the troops in Afghanistan.

A shipment of 2,500 copies is in transit and should arrive before Christmas.

"These stories will be great reading for the Canadian Forces members," said Brad Barnes, who co-published this book along with spouse Diane Baker. "We hope the troops will enjoy this true gift from Canada. It's a feel good, uplifting, positive book."

The book asks well known Canadians the question: Who has caused you to be the person you are today and what has inspired you?

"These are personal stories from the heart, and these people have put a lot of thought into answering them," he says.

The book features Prime Minister Steven Harper, Celine Dion, Rick Hansen, Lloyd Robertson, Scott Niedermayer, Johnny Reid, David Suzuki and many others.


It retails for \$23.95 with \$3 of each book going to the Make-a-Wish Foundation of Canada.

"This children's charity grants kids with life threatening conditions or those who are terminally ill a wish they dream of like going to Disneyland or meeting a hockey star like Wayne Gretzky," said Barnes.

The story that sticks out most in the publisher's mind is the one of horse racing legend Ron Turcotte.

"He was a Triple Crown jockey who rode Secretariat and his story is about his love for horses. He actually fell out of an attic onto a horse and from that moment on it was hard to get him off. It talks about his success as a jockey and then about the riding accident that left him in a wheelchair. It's his attitude that I find so inspiring, and he is so positive about the prosperous life he maintains.

"I think people will enjoy reading this book and have a greater understanding of what inspired them and more insight into who they are," adds Barnes.



Most people, throughout their lives, have been inspired by a person, emotion or event. If you are open to be inspired, you will be. Inspiration often happens when we least expect it. Reading these great stories has inspired us in so many ways. A stranger, nature, family, pets, illness and adversity can propel us to a higher level of thought and action. The great Canadians in this book have opened their hearts to share their personal stories of inspiration with you. We hope you enjoy reading their stories as much as we enjoyed putting this book together.

Brad and Diane

"These stories compelled me to dig deeper and embrace the joy and the messiness of life. Every time I read one, my heart opens and I get in search of more marvelous moments and the people who create them."

Fanny Keller - Host, Shaw TV's Studio 4

"Written from the personal experience of well-known Canadians, their stories of inspiration will have a positive affect on us all."

Martha Cohen - Member Order of Canada, Philanthropist, Community Builder

Other great Canadians who have submitted stories for this book include:
7 Pherrins, Sam Costello, Sherry Mayo, Jill Shaw, Ron Turcotte, Johnny Reid, Geoff Molson, Lorna Sykes, Robert Bittman, Mike Reno, Shana Tash, Norman Kwong and Sen. Pamela Wallin amongst many others.

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Bateman always drawn to nature

People often ask me "How long have you been a naturalist and how long have you been an artist?" My answer is that I have always been an artist and a naturalist, however there is nothing special about that.

All little kids love doing art and are interested in nature. However, most normal human beings "grow up" around the age of 12 or 13, and give up the "little kid" stuff. That is when I got serious. From the age of 12 I went home from school and did art or I played in the ravine below our back yard in Toronto. I had my first bird list at the age of 12. The innocent charm of children's art seldom lasts past the age of 10, when art of the mind is replaced by art of the eye. It is then that young people become self critical and say "I can't draw." There is no reason why they should be artists, their talents may lie in hockey or dance or elsewhere. However, it is a great pity that an interest in nature is abandoned by the majority of adolescents. For all of human history young people have played around outdoors, but the last decade or so kids are spending their lifetime staring at electronic screens. The lack of outdoor activity is lead-

ing to an increase in obesity, attention deficit disorder, depression and substance abuse.

At the age of 80 I still think of myself as a 17 year old kid. I have a vivid memory of my 17th birthday, the 24th of May, 1947. My two buddies, Al and Don, and I hopped on our bikes and rode out in the country to the northwest of Toronto. We discovered a red-tailed hawk nest in a huge white pine in an undeveloped wood lot. It was a bit tricky and dangerous but we climbed up to the nest and discovered two small, white fuzzballs of babies. Disturbing a bird's nest is something we perhaps should not have done, and the parents were a bit unhappy. However, after a few moments we left them in peace. On that same day we also found a killdeer with a baby and I identified the song of the Blackburnian warbler. One of my most precious possessions is the page from my sketchbook with the drawings I did that day. It is a little time capsule of that precious day in May.

It is difficult for me to pick one inspiration. It truly would be a lifetime of countless precious moments with which nature has surprised me.

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HMCS Vancouver changes hands

Photos by Ed Dixon, MARPAC Imaging Services

Above: (Left to right) Cdr Bradley Peats, incoming Commanding Officer, Cmdre Peter Ellis, Commander Canadian Fleet Pacific, and Cdr Robert Lewis-Manning, outgoing Commanding Officer sign the Change of Command certificates on board HMCS Vancouver on Nov. 25.

Left: Cdr Robert Lewis-Manning climbs down the side of HMCS Vancouver to a Whaler waiting below to row him ashore on his final departure.

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OS the sailor of the quarter

The Canadian Fleet Pacific initiative to recognize a sailor for outstanding achievements has selected its third quarter sailor of the year. Commodore Peter Ellis approved the selection of OS Sonja Allison-Ryan, a NESOP from HMCS Ottawa.

Her Commanding Officer stated she has demonstrated excellence in her performance, achievements, and professionalism, and was a volunteer in her unit and in the community. OS Allison-Ryan's outstanding performance and dedication made her an outstanding choice as Sailor of the Quarter.

The award for the sailors of the quarter consists of a non-monetary prize (\$250) official portraits, and Lookout and hometown news articles. A coin was presented by the Fleet Commander to OS Allison-Ryan, which included a luncheon for the winner



and her family.

Nominations for the fourth quarter are to be sub-

mitted to the Fleet Chief, CPO1 David Bliss no later than Dec. 10.

"Convoy" captures film award

Darlene Blakeley
Maple Leaf

The four-part documentary "Convoy" has won first prize in the historical category at the 21st Annual Military Film Festival in Bracciano, Italy.

Approximately 60 productions from over 35 countries were entered in this year's competition.

A partnership between the Canadian Navy, the Assistant Deputy Minister Public Affairs, Canwest Global, Channel 5 in the

United Kingdom, and two commercial production houses – Cream Productions of Toronto and Darlow Smithson of London, England – the series tells the epic story of the Battle of the Atlantic within an international context.

Charles Brown, the navy's Manager of Broadcast Media Production, was involved with the production at every stage and watched edited cuts at key stages of post-production to ensure accuracy.

"The production team that made 'Convoy' was very strong," he says. "It is an excellent example of how we can partner with commercial concerns to make compelling viewing about the service and show Canadians how the navy fits into our national life and the broader international context, both in historical and contemporary terms."

Using a powerful mix of re-creation, eyewitness testimony and computer animation, the series examines the key events of the war (from outbreak to D-Day) and explores the lives of the Allied sailors and German submariners who fought above and beneath the surface of the stormy Atlantic. Approximately 30 veterans of the Battle of the Atlantic were interviewed on camera, with dozens more contacted by phone.

The series can be streamed on-line at www.history.ca/ontv/titledetails.aspx?titleid=248473.



A production still from the four-part documentary "Convoy," which recently won first prize in the historical category at the 21st Annual Military Film Festival.

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Kerr takes command: Like father, like son

Ben Green
Staff writer

Being promoted to the rank of Commander and taking command of a warship is a milestone for any naval officer. Add the prestige that comes with taking over the fleet's flag ship, HMCS

Algonquin, it's an opportunity not lost on Cdr Tim Kerr.

Last week, he took command during the traditional change of command ceremony onboard the ship. Making the occasion especially rewarding was the presence of his father, Col (Ret'd) Alexander "Sandy" Kerr, who sat

in the audience.

The senior Kerr served in a past generation of *Algonquin* more than 30 years ago.

"He was a Sea King pilot, he joined the service in the 1960s when it was still naval aviation," explains Cdr Kerr. "He went through *Venture* when it was

in the Dockyard, went to Royal Roads Military College, and wore the navy uniform up until integration; when they did unify the forces they switched all pilots to the Air Force. Throughout his flying career, he served on many ships, including *Algonquin*, where he was the Sea King Detachment Commander."

Between the summers of 1978 and 1979, Col (Ret'd) Sandy Kerr, then a Major, deployed with *Algonquin* on tours off the coast of Norway with NATO forces, and exercises in the Caribbean. And while Cdr Kerr was only 10 or 11 at the time, he still remembers the stories told to him about the ship. Stories he's now reminded of as he takes command.

"He said it [*Algonquin*] was one of the best, if not the best, ship he served on. He said they had a great cast of characters and he has no doubt the cast of characters on the [current] *Algonquin* is going to be just as good."

For Cdr Kerr, taking over the captain's chair on the ship's bridge was an uncertainty a year ago.

In 2009, he was sent overseas to staff college at the U.K. Defence Academy in England. Just two months into the course, he suffered a serious injury – dislocating his hip and fracturing his pelvis – as a result of a training accident at a British Army Training Facility.

Healing quickly from such an injury and being able to finish his courses is largely due to the constant support of friends and family.

"My wife, Anne, not only had to immediately take care of me, but over the course of my rehabilitation she had to take up the extra burden with the kids, and made sure I got what I needed in order to finish my courses. My parents also flew over to the UK from PEI to help look after me. With all of the support I received I was able to get back on my feet and overcome many large obstacles. This experience really brought home to me how important it is for sailors to have that kind of support, both from our families at home and from our family onboard the ship."

He knows he's inherited a top-notch team.

"*Algonquin* has a very high level of readiness and an excellent ship's company," he said. "I'm excited and honoured to have the opportunity to work with men and women who share the same vision and values as I do, who look at life as an adventure and who always support each other."

With his father flying in from P.E.I. for the ceremony last Friday, Cdr Kerr was excited to share the beginning of this adventure with him.



Cpl Charles A. Stephen, MARPAC Imaging Services

Cdr Timothy Kerr addresses dignitaries, guests, and crew, after taking the watch as commanding officer of HMCS *Algonquin* on Nov. 26.



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