

LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C.

SELECT
MORTGAGE CORP.

www.anneflynn.ca



Anne Flynn
Mortgage Broker
250-516-5262



CASH BACK!!
on Mortgage closing!
\$100 cash per \$100,000
mortgage amount.

ARE YOU POSTED?
Get pre-approved
now. Why rent when
you can buy.

Call Anne Today!!
250-516-5262



Re-assembly line

It takes a delicate touch to reassemble parts of a hot water heating system after cleaning. Skilled steam fitter Don Thompson, Base Construction Engineering, is very adept at handling the intricate pieces.

Shelley Lipke, Lookout

NEWS 3

*Firefighters help
fulfill a dream for
one of their own*



NEWS 16

*Lunch and learn
marks Holocaust
Memorial Day*



Editorial & Opinion.....	4
Bravo Zulu	13
Classifieds.....	14-15

Canex CFB Esquimalt

NEW AND IMPROVED

NO INTEREST CREDIT PLAN

CONVENIENT
12 Month Plan
24 Month Plan
36 Month Plan

NO MONEY DOWN NOT EVEN THE TAXES!

* On approved credit on the Canex No Interest Credit Plan. See brochure for details.

Veterans House Cleaning

- VAC health identification cards accepted
- Bonded & Insured

Call today for a
FREE ESTIMATE

www.merrymaids.com

250-598-6243

merry maids
Relax. It's Done.®

Confidential **Military** Home Evaluations
- Quick, over the net, ready in days!

www.CanadianMilitaryRelocation.com



ALEX BURNS
& ASSOCIATES

Relocation **specialist** for Esquimalt DND

Cell: (250) 882-3335
Toll Free: (800) 663-2121
Web: www.AlexBurns.ca

RE/MAX® Camosun Real Estate

Explore your options

Map your future

*Bring cash for a
tasty lunch
from Montana's*

*Pulled Pork or Chicken Philly
Cheese with your choice of
beans or coleslaw and a drink
\$10*

Presented by:



Base Personnel Selection



**Over 100
booths!**

attend the

MARPAC EXPO

WEDNESDAY, FEBRUARY 2, 11am-4pm

Naden Athletic Centre - Lower gym

plus Military Discount Vendors, food and prizes

Firefighters help one of their own

Shelley Lipke
Staff writer

Within six hours of learning one of their own had been diagnosed with terminal cancer, base firefighters pulled together to help him tick a wish off his bucket list.

In two days, the firefighting community in Esquimalt, Langford and NanOOSE raised enough cash to send Dave Hill, his wife and children to Hawaii to see a volcano up close and the island landscape from a helicopter.

Hotel chains Westin and Sheraton also donated rooms for the Hill family's Jan. 2 vacation.

"I'm totally blown away by the generosity and kindness of everyone involved," said the 54-year-old dockyard firefighter. "My family had a great time together in Hawaii and we will cherish these memories. Thanks to everyone who made this happen."

Hill was diagnosed with terminal lung and esophageal cancer on Nov. 19 after a routine visit to his doctor to check out a persistent cough. A chest x-ray, CT scan and a specialist appointment followed, and by the time the doctors were ready to report their findings Hill had a suspicion it was serious.

"I was fully prepared to hear it was cancer," he recalls. "I went into that specialist appointment with the expectation that I had lung cancer even though I had



Photo courtesy of Dave Hill

Dave Hill (second from left) with his daughter Courtenay, wife Jody, and son David at the Black Sand beach on the south coast of Hawaii.

never smoked. My attitude was if it was lung cancer it could be beaten. I wasn't worried about radiation or chemo."

He wasn't expecting to hear the cancer was in both lungs and the esophagus, in the advanced stages.

"I asked the proverbial question of how long I had left and the doctor wasn't sure, but he told me the cancer was aggressive," said Hill. "When I told my wife it was stunned silence and we both knew we had to fight it the best we could."

Going into each platoon to tell them of his diagnosis was extremely challenging and left a mix of shock and disbelief among base fire-

fighters who have worked closely with Hill, some for more than 22 years.

Firefighter JP Condon recently honoured Hill with a decal that features a red ribbon, the initials D.H. and Hill's badge number 130. Fire fighters will place the decal on their helmet in a show of support for Hill's battle with cancer.

Firefighter Jim Beaton made t-shirts with Hill's badge number and the CFB Esquimalt logo.

"So many people have come together for me and my family and I'm very grateful for all they have done," says Hill. "When I was first diagnosed I hoped somebody would wake me

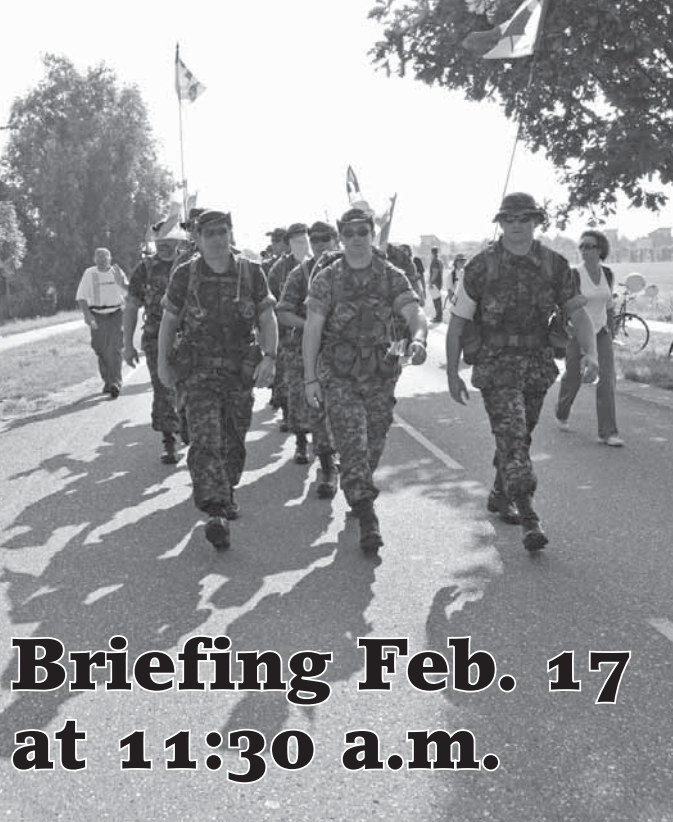
up from this bad dream. I am trying to keep my sense of humour and I have come up with a few jokes about it. Now I've accepted it, but I still want to stay around as long as I can."

Hill begins chemo treatments later this month and says that physically he is starting to notice a change in his health even though it's subtle at this stage.

His philosophy is to live each day to the fullest and enjoy life with his family and friends.

"I'm trying to keep the worry and anxiety down. I want to enjoy whatever time I have left and I'm going to have as much fun as I can."

Calling all Marchers



**Briefing Feb. 17
at 11:30 a.m.**

The Nijmegen International March will take place in the Netherlands July 19-22.

A Maritime Forces Pacific contingent of 11 military volunteers will be assembled to reflect a diversity of units, ranks, trades, environments and gender.

Teams must complete the four-day 160-km (4 x 40 km) march in CADPAT carrying a minimum rucksack load of 10 kg.

Interested volunteers, both regular and reserve force, are encouraged to attend an information brief at 11:30 a.m., Feb. 17 in the Engineering Theatre at CFFS(E), building N92. Team training will start Feb. 28.

For further information contact CPO2 Kris Koblun at 363-4355.

DON'T DRINK & DRIVE.

Thinking of purchasing or refinancing?

3 Year Variable

as low as 2.20%*

Prime minus .80%

LAWLESS & BROWN
MORTGAGE TEAM

250-656-0855 • 1-866-656-0858
lawlessbrown.com

*OAC. Some conditions apply.

Krista

MORTGAGE
DEPOT

Sherri

New Skin

Laser
Tattoo
Removal



**10% military
discount**

1910 Store St
www.newskinlr.com
250-882-6521

Beat the Winter Blues!
Vancouver Departures / All-inclusive Hotels

★★★★ Puerto Vallarta	from \$699
★★★★ Varadero	from \$899
★★★★ Cancun	from \$1049
★★★★ Jamaica	from \$1099



Pricing is per person in CAD, based on double. Subject to availability.

250-953-6640
BaseTravel@Geo.ca

UNIGLOBE
Geo Travel

In the CANEX Building off Admirals Road

JB Group

Auto Parts Plus.

TRADE SHOW 2011

A must attend event

Thursday, March 24, 2011 • 1pm - 9pm
Pearkes Recreation Centre, 3100 Tillicum Rd

- Food & Beverage
- Door Prizes
- Over 50 Exhibitors
- Trade Show Pricing
- Equipment Displays
- Performance Displays
- Paint & Body Displays

Grand Prize!
Flat screen TV
surround sound
system.

Get registered!
(Please print)

Early Bird Registration Prize!
Register by March 1 and you could win
a stainless steel barbecue valued at \$750

Company name: _____

Attendee name: _____

Phone: _____

Email: _____

Please give the completed form to your sales rep.

matters of OPINION

FILM *friday*

“The Way Back” a testament to survival

W. Andrew Powell
The GATE

New this week at a theatre near you: Jim Sturgess, Colin Farrell and Ed Harris star in the survival drama, *The Way Back*; and *The Company Men* has Ben Affleck, Tommy Lee Jones, and Kevin Costner as three men who face life after downsizing.

The Way Back

Six-time Academy-Award nominated director Peter Weir is a prolific filmmaker by Hollywood's standards, but it's been almost seven years since he released *Master and Commander: The Far Side of the World*, and that was five years after he directed his previous film, *The Truman Show*.

Once again, as with the rest of Weir's long filmmaking career, *The Way Back* is a dramatically different film and story from anything he has directed before.

Inspired by Slavomir Rawicz's autobiographical book, *The Long Walk: The True Story of a Trek to Freedom*, which details his internment and escape from a Soviet Union labor camp, the film is a survival story that follows a group

of prisoners on the run from the Siberian Gulag where they were held and the long trek that took them across thousands of miles to their ultimate freedom.

During the course of their agonizing trip, the group of prisoners, played in the film by Jim Sturgess, Ed Harris, Colin Farrell, Saoirse Ronan, and Mark Strong, among others, have to face the absolute extremes in nature, in addition to soldiers, land mines, starvation, and dehydration.

Thanks to research by Weir and producer Keith Clarke, the film is a powerful drama that is a moving testament to humanity's drive to survive at any cost. On top of strong performances by the cast, *The Way Back* also features a stellar team behind the scenes including Academy Award winning cinematographer Russell Boyd, film editor Lee Smith, and a number of other talents who previously worked with Weir.

The Company Men

In a film that truly reflects the age we live in, Ben Affleck, Tommy Lee Jones, and Kevin Costner star as three men who lived and worked in the lap of



“The Way Back” tells the survival story of an escape from a Soviet Union labour camp.

luxury, until they were suddenly downsized as the global economy took a nose dive.

Between the three men, who all defined themselves by their jobs, they will essentially have to reshape their lives to find out what's important to them, and what they can do to fill the void, whether it's up to their previous standards or not.

Written and directed by ER's

John Wells, the film has been earning solid reviews from critics, who are giving it just a little less praise than this week's other big new film, *The Way Back*.

As Rex Reed at the New York Observer wrote, “*The Company Men* does a piercing job of making you feel the dehumanizing effects that losing a job can have on grown men, but it's more truthful and devastating than that.”

WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372
melissa.atkinson@forces.gc.ca

STAFF WRITER

Shelley Lipke 250-363-3130
shelley.lipke@forces.gc.ca

Ben Green 250-363-3672
ben.green@forces.gc.ca

PRODUCTION

Carmel Ecker 250-363-8033
production@lookoutnewspaper.com

Shelley Fox 250-363-8033
projects@lookoutnewspaper.com

ADMINISTRATIVE ASSISTANT

Kate King 250-363-3014
kate.king@forces.gc.ca

ACCOUNTS

Raquel Tirado 250-363-3127

SALES REPRESENTATIVES

Ivan Groth 250-363-3133
ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602
joshua.buck@forces.gc.ca

EDITORIAL ADVISOR

Lt(N) Michael McWhinnie 250-363-4006

Published each Monday, under the authority of Capt(N) Craig Baines, Base Commander.

Le LOOKOUT est publié tous les lundi, sous l'égide du Capt(N) Craig Baines, Commandant de la Base.

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in CFAO 57.5. Views and opinions expressed are not necessarily those of the Department of National Defence.

Le Rédacteur se réserve le droit de modifier, de condenser ou de rejeter les articles, photographies, ou annonces publicitaires pour adhérer à l'OAFCS 57.5. Les opinions et annonces exprimées dans le journal ne reflètent pas nécessairement le point de vue du MDN.

LOOKOUT
NEWSPAPER

Circulation - 4,500

One year subscription - \$37.³⁶

Six month subscription - \$18.⁸⁴

Three month subscription - \$12.⁵⁶

A Division of Personnel Support Programs
CFB Esquimalt, PO Box 17000 Stn. Forces,
Victoria, BC V9A 7N2

E-mail: frontoffice@lookoutnewspaper.com

Web: www.lookoutnewspaper.com

Fax: 250-363-3015

Canadian Mail Product Sales Agreement 40063331



SPORTS *trivia* by PO2 Bill Sheridan Contributor

All sorts sports

QUESTIONS?

1. Who scored the first goal for the LA Kings in 1967?
2. Willis Hudlin was a pitcher in the 20's, what is his claim to fame?
3. Which college did Michael Jordan go to?
4. Who has rushed for the most yards in one game in the NFL?
5. Who has rushed for the most yards in one game in the CFL?
6. What was Tin Cup's score on the last hole in the US Open?
7. Tessie is a fight song for which baseball team?
8. Where are the 2012 Olympic Summer Games?
9. Who has the most WTA match wins?
10. What is the regulation weight for a golf ball?
11. Ronaldo has scored the most goals in the World Cup, how many?
12. Which two baseball teams moved from NY to California in 1958?
13. What is the Kenesaw Mountain Landis Memorial Baseball Award for?
14. What player has hit a major league HR in the most different ballparks?
15. Who wrote a book called The Final Call; Hockey Stories from a legend in Stripes?
16. What NHL team has gone the longest without winning a Cup?
17. What was Gary Smith's nickname?
18. What is the single season home run record for minor league ball?



- ANSWERS
1. Brian Kilrea
 2. Gave up Babe Ruth's 500 home run.
 3. University of North Carolina Tarheels
 4. Adrian Peterson 296
 5. Ron Stewart 287
 6. Twelve
 7. Boston Red Sox
 8. London, England
 9. Martina Navratilova
 10. 1.6 ounces
 11. 15
 12. Giants and Dodgers
 13. MVP
 14. Sammy Sosa 45
 15. Kerry Fraser
 16. Rangers went 54 years, Blackhawks went 49 and Leafs.
 17. Suitcase, for the number of times he changed teams
 18. 72 by Joe Bauman of the Roswell Rockets of the Longhorn League in 1954

Triumph
“Thank a Hero”
\$350 to \$750 off best price!

SAVAGE CYCLES

in Langford across from Steve Drane
250-475-8885 • www.savagecycles.ca

SELECT MORTGAGE CORP.

Need to Refinance? Looking to Purchase?...Don't Delay

New government Max. refinancing being reduced to 85% loan to value rules **March 18th!** AND amortizations are being reduced to 30 years.

www.mortgagesbylori.com • lori.lenaghan@vericoselect.com

VERICO
Each VERICO broker is an independent owner operator

Lori Lenaghan
MORTGAGE CONSULTANT
C. 250-888-8036

CANEX finance plan • Military Discount of 10% with some restrictions

Scuba Stu's
Underwater Adventures

- Sales & Service on all equipment
- Full range of PADI courses

Trainer for the Base Scuba Club

2078 Ludlow Road,
Sooke, BC Canada V9Z 0E6
scubastu.com

Phone: 1- 250-642-7507
Fax: 1-250-642-7509
Email: info@scubastu.com



Christmas in Kandahar

Lookout asked deployed soldier, Bdr Charles Paquet, 19, of the Canadian Scottish Regiment, about his experiences serving in Afghanistan over the holiday season.

Is this your first deployment?

Yes, this is my first deployment.

How long have you been deployed?

I've been here for a month and 10 days.

What is your current role in Afghanistan?

I'm currently attached and deployed with the 1st Battalion of the Royal 22^{ème} Régiment. I am a member of the Tactical Air Control Party (TACP) as a system operator my primary job is to control all tactical air assets. We work in the Battle Group Area of Operations in support of troops on the ground.

What was the atmosphere like for Christmas?

Although there was a lack of decorations and the atmosphere wasn't really all there compared to a Christmas back home, the care packages sent from my family, and the letters from school kids made a big difference.

My family sent me a Montreal Canadiens Fleece blanket, and a whole bunch of goodies (chocolates, candy canes etc...). The letters from

the kids were from a sixth grade class from L'École Victor Brodeur, which is the school I graduated from in 2009, and it is the only fully French school in Victoria. The kids all wrote to me and made handmade Christmas cards. That made me very happy since I had something to put on my wall beside my bed.

That evening we had a very mediocre and plain turkey dinner, but all that mattered was that The Vandoo Battle Group (the common name given by the Anglophones for the Royal 22nd Regiment) were all eating that same dry turkey and instant mashed potatoes altogether for Christmas. You could also see soldiers and officers walking around the base with Santa hats on.

What did you miss about not being home for Christmas?

I missed my Mom's awesome cooking and my friends.

Where exactly did you celebrate it?

Kandahar Air Field. I went down to Canada House to meet and have pictures taken with Gen Natynczyk, Don Cherry and Peter MacKay.

They all said that they were all very proud of us, and that it was a pleasure for them to be here with us for Christmas. They cracked a few jokes, and

welcomed us to take pictures with them.

Gen Natynczyk asked me where I was from after taking my picture with him.

Describe what Canada House is like?

Canada House is a place where people come to enjoy movies, read, play pool, ping pong, play video games etc. There are hardwood floors, leather couches, a theatre on the second floor, and most Canadian activities are held there.

What was this experience like?

Honestly, apart from the day off, the Santa hats and the VIP visits, it felt like any other day here in Afghanistan since we have a job to do. I was up bright and early the next morning resuming my daily work.

How was this different or unique to what your Christmas would be like

at home?

It was definitely different in the way that I was away from my family and friends. But in a way it was nice to be with a French Canadian Regiment here for Christmas.

I was born and raised in Québec city and it reminded me a bit of home. And very unique given it was 19 degrees that day, and we had a few rocket attacks that night but minutes later we went on with our Christmas celebrations.

The rocket attacks didn't affect us very much,

but hearing them, and as part of our drills, we had to get on the ground and seek a nearby bunker. This reminded us that we were in a war zone and not at home celebrating Christmas. After we resumed the celebrations, me and my friend had a coffee and chatted while having a cigar. Like I said we had a busy day of work the next day (26th).

Also one thing to add would be that on Christmas Eve we were all thinking of Cpl Steve Martin who died earlier that month, I personally

did not know him, but I was with friends that knew him. That night on Christmas Eve I'm pretty sure everyone was thinking about him and his family.

When do you return to Canada?

It'll be around July 15, 2011.

What's the first thing you'll do when you return?

I'll have beer and wings with my awesome friends from the Canadian Scottish Regiment back in Victoria.



A FULL SERVICE AUTO REPAIR FACILITY

TRACKSIDE

AUTO SERVICE LTD.

- ✓ Induction & Fuel Injection Service
- ✓ Out of Province Inspection
- ✓ Diesel Fuel Service
- ✓ Brake service
- ✓ Oil service
- ✓ Electrical
- ✓ Exhaust
- ✓ Tires

Ask about BG Protection Plan*
Where Dependability and Trust are a Priority...

784 Fairview Rd. • 250-383-5509

Winner of the
"2010 BEST SERVICE AWARD"
from Esquimalt
Chamber of Commerce

BBB

B.C. GOVERNMENT
DESIGNATED
INSPECTION
FACILITY

Castrol

HANKOOK

WALKER

* under 80,000 km



Military Special

15% Off

To all military & DND personnel



BayleysBrewHaHa.com

Proudly serving beer and wine lovers in:
Langford • Kelowna • West Kelowna • Osoyoos • Penticton

Come see our BREW experts at our new Langford store
128-1047 Langford Parkway
778.430.5786 • Langford@BayleysBrewHaHa.com

Everything for the Wine and Beer making enthusiast!





Join our pages

www.lookoutnewspaper.com

ARBUTUS
RV & MARINE SALES LTD.

Phone: 250-655-1119
Toll free: 1-888-272-8888

Let me help you and your family find the recreational vehicle that suits your lifestyle.

- Ken Carstensen, RV Sales Consultant - Arbutus's overall top salesperson for 6 years - sidneysales@arbutusrv.ca

Contact me today to arrange open-ended bi-weekly payments on this RV as low as \$99.

- Heather Banzet, Business Manager
sidneybusoffice@arbutusrv.ca

Gerald O'Toole
Sales Manager

Plus 1 week free stay at Pedder Bay RV & Marina

Tango Twist
21 UDBH
Payments as low as \$99



MICHAEL LOMAX CD
Lawyer/Mediator

Dealing with Separation or Divorce?
As a highly experienced Family Mediator I can help you and your spouse:

- Avoid Court
- Reduce Conflict
- Protect Your Children's Interests
- Reach a Separation Agreement

Michael J. Lomax, CD
Lawyer/Mediator

Call 250-385-5523 to
arrange a free consultation.

 DISCOUNT PROGRAM
PROGRAMME DE RABAIS

Milton, Johnson, Lawyers
202-895 Fort St, Victoria, BC



Cmdre David Craig (left) takes command of the Naval Reserve as he signs the change of command papers alongside VAdm Dean McFadden, Commander Maritime Command (centre), and outgoing Naval Reserve Commanding Officer, Cmdre Jennifer Bennett.

New Naval Reserve leader

SLt Tammy Audet
Contributor

Last week Commodore David Craig took command of the Naval Reserve, leading the way into the second century of the Canadian Navy.

Guests, family, friends and military personnel of all ranks filled the Pointe-à-Carcy Naval Complex in Québec City to bid farewell to the outgoing Commander Naval Reserve, Cmdre Jennifer Bennett, and welcome her successor, Cmdre Craig.

The change of command ceremony, which was overseen by the Commander Maritime Command, Vice-Admiral Dean McFadden, was one steeped in naval tradition associated with the transfer of command.

"I am here to attest that the navy as a whole could not have succeeded this year, or at any point in Cmdre Bennett's command, without the tremendous contributions of the men and women

she led in our Naval Reserve," said VAdm McFadden to the crowd.

Cmdre Bennett took command of the Naval Reserve in December 2007. As the first female to command a navy formation in Canada, she remains a role model and an inspiration to women across the country.

As Cmdre Bennett addressed the room during the ceremony, it was clear it was with absolute heart-

As the first female to command a navy formation in Canada, Cmdre Bennett remains a role model and an inspiration to women across the country.

felt emotion that she must say good bye. She expressed kind words of gratitude for all the support she has felt from both members of the military and her family during the three years leading the Naval Reserve.

Cmdre Craig joined the Naval Reserve as a Naval Cadet in 1974 at HMCS Discovery in Vancouver, B.C. What followed was 37 years of training, appointments and vast experience, including service in Naval Reserve Divisions HMC Ships Discovery, Carleton (Ottawa), Chippawa (Winnipeg) and Malahat (Victoria), which he commanded in the mid-1990s.

"To be given the opportunity to take command of this Formation is truly the fulfilment of my reserve career and one of the proudest moments of my life," said Cmdre Craig. "I am very much humbled and challenged to have been selected as your next Commodore."

Wake up in the morning

103.1

JACKfm

playing what we want

with the JACKFM Morning Show on 103.1 JACKFM



New leader for HMCS Calgary

Cpl Charles A. Stephen, MARPAC Imaging Services

SLt Aaron Hawkins PAO HMCS Calgary

Braving chilling temperatures, in front of family, friends, colleagues and members of the ship's company, Cdr Paul Francoeur assumed command of HMCS Calgary on Jan. 20.

With Cmdre Peter Ellis, Commander Canadian Fleet Pacific, presiding over the ceremony on the flight deck, Cdr Francoeur took the watch from LCdr Sylvain Belair. Originally from Moose Jaw, SK, Cdr Francoeur most recently

served as the Executive Officer of Sea Training Pacific, and prior to that was the Executive Officer in HMCS Regina.

After LCdr Belair, Cmdre Ellis and Cdr Francoeur each addressed the crowd, both incoming and outgoing commanding officers then joined Cmdre Ellis in signing the change of command certificates. Members of the ship's company then joined family and friends in enjoying a fine array of culinary creations courtesy of Calgary's galley staff, and as is customary, Cdr

Francoeur then officially "cut the cake" in celebration of the occasion.

As the ship intensifies its preparations for entry into dry-dock in June, Cdr Francoeur will give Calgary a firm foot forward with respect to the ongoing requirements of the HCM FELEX modernization program.

LCdr Sylvain Belair will assume his familiar position as Calgary's Executive Officer, and his experience as commanding officer will ensure that the command team transitions effortlessly

from one leader to the next, regardless of the challenges awaiting Calgary in the coming months.

Above: (Left to Right) LCdr Sylvain Belair, Cmdre Peter Ellis, Commander Canadian Fleet Pacific, and Cdr Paul Francoeur sign the change of command certificates on HMCS Calgary's flight deck during the ship's Change of Command ceremony.



Above: Cmdre Peter Ellis, Commander Canadian Fleet Pacific, presents HMCS Calgary's new Commanding Officer Cdr Paul Francoeur with a commemorative plaque.

Below: Outgoing Commanding Officer, LCdr Sylvain Belair, receives a parting gift from Cmdre Peter Ellis.



TAKE ANOTHER LOOK AT COMMISSIONAIRES.

And find a whole new career.

At Commissionaires we value the experience you've gained serving in the Canadian Forces. Maybe you already know that many of our commissionaires in the field, as well as our business leaders, are veterans of the Canadian military or RCMP. But have you heard that we also offer diverse employment opportunities and competitive pay? We'll help you keep the familiar respect and camaraderie of donning a uniform. We're Canada's largest security provider, and we can offer you many possibilities that may surprise you.

Rethink Commissionaires.
Call us first to start your second career.

To find out more, visit us online at www.commissionaires.ca/cf

 **COMMISSIONAIRES**
TRUSTED • EVERYDAY • EVERYWHERE

SECURITY – GUARDING – CONSULTING – FINGERPRINTING & ID – TRAINING – ENFORCEMENT



Looking to Buy or Sell Real Estate?

\$1,000 cash back
to military personnel.
Call 250-661-7680 for details

Deborah Kline, MM

Real Estate Professional
150-805 Cloverdale Avenue, Victoria
Direct: (250) 661-7680
www.1stinVictoria.com
Email: deborah.kline@shaw.ca



PEMBERTON
HOLMES
ESTABLISHED 1887

We support our troops

\$500

Military Discount



Kia Motors
The power to surprise

GRAHAM KIA

2620 Government Street
250-360-1111
www.grahamkiavictoria.com

**The 2010 RRSP contribution
deadline is March 1, 2011!**

Don't miss out on maximizing your tax
deductions for 2010.

Call me today for a customized tax
efficient portfolio designed for YOU!



Professional Independent Advice

Investments, Insurance, Lending, Pensions

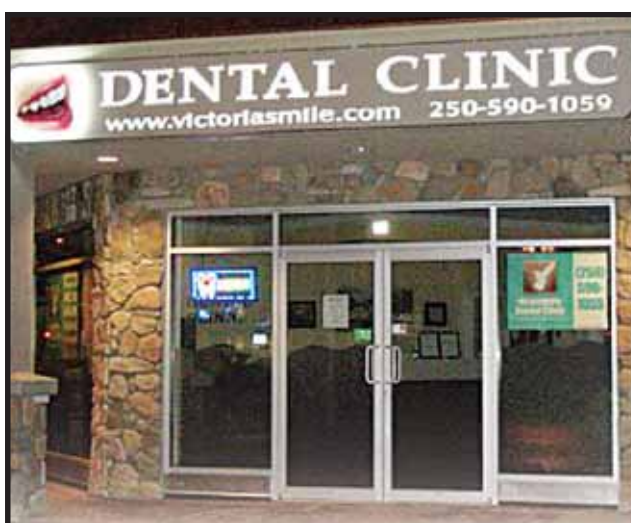
www.hatchmuir.com

**HATCH
& MUIR LLP**
CERTIFIED FINANCIAL PLANNERS
CHARTERED LIFE UNDERWRITERS

250-953-8552

Nick Woloszczuk
nick@hatchmuir.com

SERVICE BILINGUE



**5% SENIORS DENTAL
DISCOUNT TUESDAY**

Per visit. Please call for further details.

~ General Dentistry ~ Dental Hygiene

~ Available Payment Plan



250.590.1059

Suite 111 - 866 Goldstream Ave.

www.victoriasmile.com

EDITORIAL: FROM THE OFFICE OF THE ASIA-PACIFIC ADVISOR

The politics of rare earth minerals

Tanner Oscapella

Office of the Asia-Pacific
Advisor

Recently, China imposed an unofficial ban on shipments of rare earth minerals (REM) to Japan as part of a larger diplomatic dispute. The media attention caused by the ban created a number of misconceptions on what rare earth minerals are, and increased concern regarding Beijing's almost unopposed global control of rare earth minerals supplies.

Seventeen elements can be classified as rare earth minerals and are used in high technology products such as TVs, guided missiles, and hybrid car batteries. Additionally, they are absolutely necessary for wireless drones and other guided/wireless weaponry that Western nations increasingly rely on for superiority on the battlefield.

Rare earth minerals are not inherently rare, but rather, it is difficult to find sufficient concentrations to make mining operations economically viable. China has been the main supplier of large, cheap quantities of them for over 20 years. Many believe the recent technological revolution, with the Internet as its nerve centre, would not be possible without an abundance of low cost rare earth minerals.

In 1990, a single mine in Mountain Pass, California, supplied 40 per cent of world demand of rare earth minerals. Today, China controls upwards of 95 per cent of world supply. For over two decades, the Middle Kingdom positioned itself to control the rare earth minerals market with cheap labour and bank loan subsidies.

From the mid-1980s to early 2000s, China artificially deflated the cost of rare earth minerals, making it the first choice supplier of most technology companies. As rare earth minerals prices were driven down by Chinese mines, Western banks did not see enough profitability in further supporting their mining outside of China. As banks withdrew lending to would-be mining companies in countries such as Australia, Canada and the United States, corporations sitting on viable plots of rare earth minerals were forced to close.

Chinese state-controlled banks operate differently than their Western counterparts. Their primary goal is to promote domestic growth through economic stability and full employment, even if this means operating at a loss, and are supported by money from the central government. Thus, as Chinese rare earth minerals exports expanded, state-controlled banks subsidized mining operations so heavily that most analysts believe, until the early 2000s, little or no profit was made. Although low prices did not generate any return on investment for the Chinese banks, it drove down prices far enough that by the turn of the century, China controlled over 90 per cent of rare earth minerals exports. Even though China only possesses one-third of viable rare earth minerals deposits worldwide, Beijing's labour and economic practices assure Beijing almost complete control of global supply.

With the market cornered, China began to implement quotas in 2006. The government ensured quotas limited supply and kept prices artificially

***In 1990, a single mine
in Mountain Pass,
California, supplied
40 per cent of world
demand of rare earth
minerals. Today, China
controls upwards of 95
per cent of world supply.***

low, which constricted the rare earth minerals market but did not cause the usual increase in price due to demand. This left importing nations fighting for supplies without the ability to maintain domestic mines.

China's recent export ban of rare earth minerals against Japan was caused by a sovereignty dispute over the resource rich and strategically located Diaoyu (Chinese) / Senkaku (Japanese) Islands. The ban caused heavy delays and, in most incidents, ships full of rare earth minerals were simply barred from leaving Chinese ports. The Chinese government has denied that any trade ban took place and stated that it boosted customs inspections in an attempt to stop suspected smuggling. One analyst noted that Beijing's shadowy methods give the country plausible deniability and make such trade measures very hard, if not impossible, to retaliate against.

There are unconfirmed reports that as of November, China's rare earth minerals embargo against Japan has ended with Chinese officials ordering customs agents to speed up rare earth minerals export inspections. However, Japan is still troubled by its current economic overreliance on China. Japan produces many high-technology products that require rare earth minerals and currently imports nearly 50 per cent of Chinese REM exports. Japan fears that its technology companies may be up to 10,000 tonnes short of rare earth minerals this year due to China's quota system, which will hurt the already struggling Japanese econo-

my. Japan has recently assisted its major technology companies in securing new rare earth minerals supplies and co-developing new mining ventures, but such efforts will take at least a decade before they begin to compete with Chinese exports.

Despite China's current grip on the industry, many analysts believe that China will run out of rare earth minerals in the near future. Before reports stopped being made public by Beijing, figures showed that between 1996 and 2003, China had depleted its mines by 37 per cent. Although China's rare earth minerals trade ban against Japan is arguably being used as an economic weapon, the Middle Kingdom's efforts to reduce rare earth minerals supplies may be a legitimate attempt to prolong dying reserves. With the world's increasing use of wireless and other high tech devices, and Chinese rare earth minerals supplies declining, companies will soon be forced to look to more expensive mining operations in other countries to fill their needs.

With state assistance, Australian, Canadian and U.S. companies are planning on making various rare earth minerals mines operational by 2015. Molycorp, a Canadian company that owns the Mountain Pass mine, has plans to reopen and supply at least one-sixth of global rare earth minerals demand by mid-decade. Canadian companies Avalon Rare Metals and Great Western Mineral both have domestic and international developments that are planned to be online this decade. Although these plans were developed before the Japanese embargo, they have definitely gained support from Western policy makers and defence officials concerned with the current Chinese rare earth minerals monopoly.

China's willingness to ban rare earth minerals supplies to Japan over a diplomatic row provides a good warning to other developed nations. Technology dependent societies must look more closely about their supply of vital resources and pre-empt economic vulnerabilities by diversifying commodity sources.

The devil will be in the details as developed nations attempt to feed their societies' needs through trade expansion while ensuring their drive for growth does not make them susceptible to the whims of a single state.



source: Wikipedia.org

Yttrium, a common element in rare earth minerals.

DND launches Civilian Personnel Education Support Program

Mark Jeckway
LCC Learning Advisor

Going back to school is an expensive and time consuming endeavour; however, financial help is available for DND Public Service civilian employees.

The Civilian Personal Education Support Program (CPESP) allows DND civilian employees to receive financial assistance for up to 12 months while they complete post secondary education through full-time studies at a recognized Canadian educational institution. While in the program, employees are granted leave from work and awarded as allowance equivalent to 100 per cent of their salary.

CPESP is available to indeterminate employees who have been employed with DND for at least two years. Deadline for application to the program is March 16, 2011.

Over the past 11 years, the program has helped 149 employees prepare themselves and their organizations to meet DND service needs and future challenges. Specifically, CFB Esquimalt has had numerous successful applicants with different educational needs from around the base, including

graduate studies, computer studies, and engineering.

Each year DND selects at least five employees, one from each category: administrative support, operational, administrative and foreign services, technical, and scientific and professional. Additionally, financial support may be provided annually to an individual in each of the following employment equity groups: Aboriginal persons, persons with disabilities and members of visible minorities.

The selection committee meets in mid-May and is comprised of civilian and military representatives from DND management and unions, including a local representative from Esquimalt. Successful candidates are notified sometime in June about their good fortune and can begin planning for their academic year ahead.

With the March 16 deadline around the corner, those interested should review the website and the application requirements.

The application process involves a significant amount of work and time, including supplying reference letters, transcripts, learning plans and a rationale to show how completing your education will help you develop or improve

skills that will benefit DND and the federal public service.

If you require additional information on the program and want to download an application package please visit the website at <http://hr.ottawa-hull.mil.ca/CPESP-PAEPC>

The Learning and Career Centre will hold two information sessions on the CPESP. Even if you are not considering applying for this year's deadline, the information sessions can be extremely important to inform and prepare you for what the selection committee is looking for on the applications and how to plan your education and career aspirations accordingly.

Naden:

Jan. 26, 2011

10 – 11:30 a.m.

Learning and Career Centre, Bldg N136, Room 107

Dockyard:

Jan. 26, 2011

1 – 2:30 p.m.

D250 (FMF boardroom, 3rd floor)

Drop-in session, no registration is required.

For questions regarding the information sessions please call 363-7087.

**ADVERTISE
Online**

www.lookoutnewspaper.com



The
Martello

Seaside Living with an Urban Edge

BELIEVE IT OR NOT!!!

Prices Starting from
\$179,500

Including GST/HST

Some conditions apply regarding the HST

**30%
SOLD!**



**Open House
Sat & Sun
1-3pm**

➡ **The Martello**, a 41 unit condominium situated minutes from Saxe Point Park, steps to the ocean, the Naval Base and shopping. Ideal for those who lead an active lifestyle but do not want the hassle of upkeep. Your choice of colors, multiple floor plans, prices include net GST and HST. The Martello features include bike storage, in-suite laundry, granite kitchen countertops, storage unit & secure underground parking. Relax and take in the views from the 6800 square foot rooftop patio! ←

Completion scheduled for September 2010.

James Liu
250-477-5353

jamesliu@royallepage.ca

ROYAL LEPAGE
Coast Capital Realty

Debbie Henselin
250-384-8124

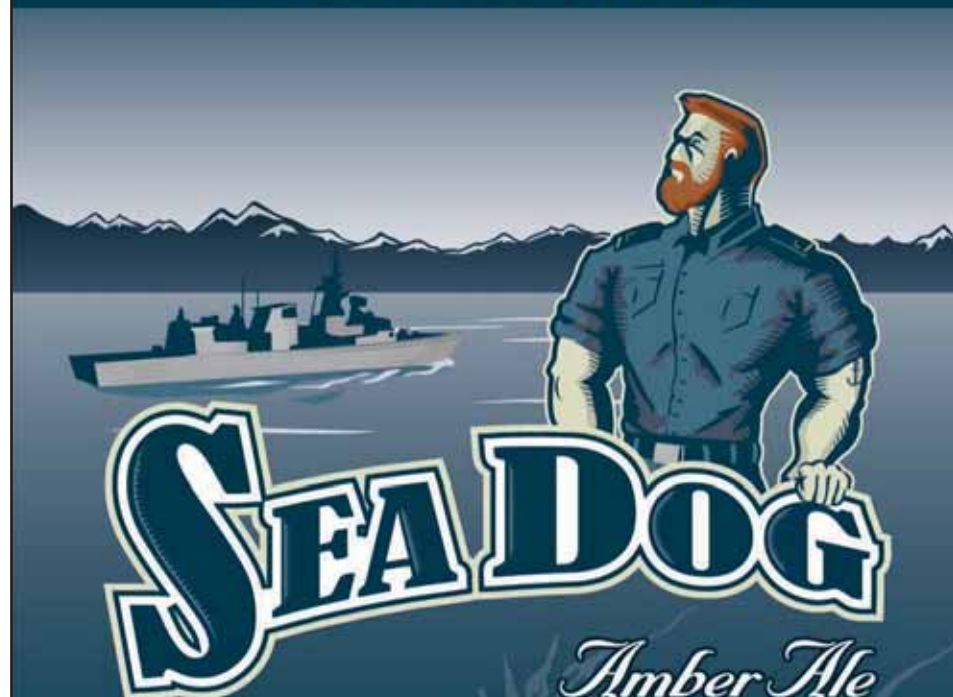
debbiesells@shaw.ca

**PEMBERTON
HOLMES**
ESTABLISHED 1887

1405 Esquimalt Road, Esquimalt, BC

www.themartello.ca

VANCOUVER ISLAND BREWERY



ON SALE AT FOUR MILE
LIQUOR STORE

fm

**Four Mile
Liquor Store**

**Now
offering
A MILITARY
DISCOUNT**

Four Mile

Admirals Walk Shopping Centre
250-479-0726 • Open 7 days/week

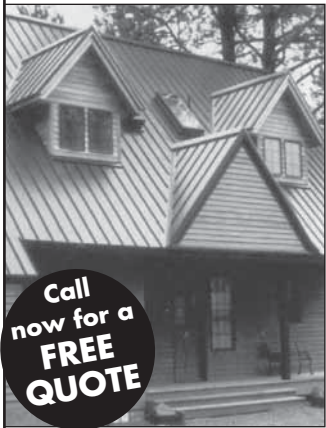
ATTENTION!
MILITARY PERSONNEL
 ASK US ABOUT OUR
\$1,000 INCENTIVE PROGRAM!

SteveDraneHarley.com

Steve Drane Harley-Davidson
 2940 Ed Nixon Terrace
 Victoria, BC
250-475-1345



Benefits of Metal Roofing



Call
now for a
**FREE
QUOTE**

Cost Effective

Pays for itself the day it's installed. Long life span with low maintenance.

Attractive

Wide range of colours, clean lines and hidden fasteners.

Durable

Raised seams assist in quick drainage, preventing water damage.

Interlocking Profile

Designed as a water barrier. Fire-proof, moss & mildew resistant.

327 Harbour Rd.
 382-5154 • www.irwinvi.com

IRWIN INDUSTRIES LTD.
 (1988)



Jason Wilmont of Base Construction Engineering changes a roll of vinyl printing material on the large format printer before printing a large banner for the Canadian Scottish Regiment at the Bay Street Armoury.

Shelley Lipke, Lookout

JOSEPH KING, MD CLEARLY LASIK

**WHEN YOU ARE SERVING IN OUR FORCES...
 GOOD VISION IS THE MOST IMPORTANT
 SAFETY TOOL YOU HAVE!**

Laser Vision Correction

Nearsightedness
 Farsightedness
 Astigmatism



**State of the Art technology
 including Blade-Free IntraLase,
 Advanced CustomVue and
 Iris Registration.**

Over 55,000 procedures
 and 10 years in British Columbia



FREE

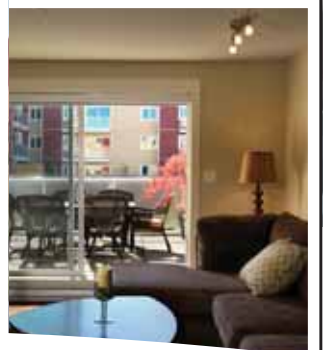
CONSULTS &
 EXAMS FOR
 LASIK & PRK

250.361.2141
 clearlylasik.com

100% LOCAL CARE • 201-3550 SAANICH RD, VICTORIA • \$0 DOWN 0% FINANCING

Walk to the Base

Your Little Piece of Paradise,
 Right at Home
 From Only \$235,900



Ovation

Presentation Centre Open Daily
 Wednesday to Sunday 1:30 to 4 PM

250-590-2710 TheOvation.ca 1315 Esquimalt Rd, Esquimalt, BC.

Explore your options at the MARPAC Expo

Join us at the MARPAC Expo on Wednesday, Feb. 2, from 11 a.m. to 4 p.m. at the Naden Athletic Centre (NAC), to explore your education and learning.

During this event, representatives from various institutions and organizations will be on hand to provide information and resources about the numerous education options and opportunities available through local and distance learning.

Feature organization – PSP Health Promotion

Strengthening the Forces Health Promotion Program will be on hand at the Expo to discuss the education and prevention programs they provide to military members, their spouses and DND employees in four health priority areas: (1) Addictions Free Living; (2) Injury Prevention and Physical Activity; (3) Nutritional and Weight Wellness; and (4) Social Wellness. These courses are delivered free of charge to Defence Team members who are looking to take control of their health and wellness and maximize their quality of life and self awareness.

- Basic Relationship Training
- Stress Take Charge
- Suicide Intervention
- Managing Angry Moments
- Nutrition 101
- Weight Wellness
- Top Fuel for Top Performance
- Butt Out (smoking cessation self-help formats)
- Injury Reduction Strategies

Units may also request Pro-D day briefings targeting specific issues/concerns around healthy living (stress, addictions etc.)

Health Promotion staff also work hard to influence and build a culture that supports and promotes healthy decision making in the four priority areas and works with leadership to make this happen.

More about Health Promotion courses

Stress Take Charge
This program helps participants manage their internal stress response more effectively. Participants are supported in their identification of the strategies they already use and those they will begin to implement in order to optimize their stress hardness.

Nutrition 101
What you eat makes

a difference to how you feel on a day-to-day basis. Eating properly can help you maintain a healthy weight, increase and sustain your energy, increase your overall health, and reduce lifestyle diseases such as adult onset diabetes, heart disease, obesity and some cancers. One day workshop.

Butt Out

Butt Out is a CF smoking cessation program. It is designed to help you identify your personal reasons for smoking and help you develop and practice alternative coping strategies that are less harmful to you than smoking. Fifty percent of people who take Butt Out remain smoke-free a year later.

Weight Wellness

Weight Wellness takes a self-management approach to behaviour change and overall health. Throughout the program participants share experiences with each other and learn about eating habits, physical activity and other lifestyle factors that can contribute to achieving and maintaining a healthy weight.

Top Fuel for Top Performance

Learn the basics about what you need to put in your body to function optimally.

Note: Nutrition 101 pre-requisite.

Basic Relationship Training

BRT is a course for couples and singles who want to learn skills necessary to mitigate proven risk factors in long-term, committed relationships. Participants learn which factors are important to change and which skills are important to learn in order to maximize the likelihood of remaining in relation-

ship for the long haul.

Managing Angry Moments (MAM)

MAM teaches participants how to use their anger constructively. It is a course intended for everyone as we all feel anger at various times, but we don't always behave the way we would like to. Participants gain a better understanding of their relationship with anger and learn skills for changing their behaviour.

Suicide Intervention

A half-day workshop developed to help caregivers learn the basics of suicide first-aid. Participants learn how to conduct suicide risk assessments and develop a plan to intervene when a person is at risk.

For all your RV needs

Your full service RV centre

Rentals • Parts/Service • Sanitation • ICBC Repairs

Triangle RV Centre
trianglerv.com • 250-656-1122



How can you help your newspaper?

Advertising pays for your paper so please:

- Let our advertisers know you saw them in the Lookout
- Tell other businesses about your newspaper.



your newspaper...

LOOKOUT

lookoutnewspaper.com / forcesadvertising.com

Now Selling

WALFRED GREEN

come home to Walfred Green

185 New homes

Fee Simple (no Strata)

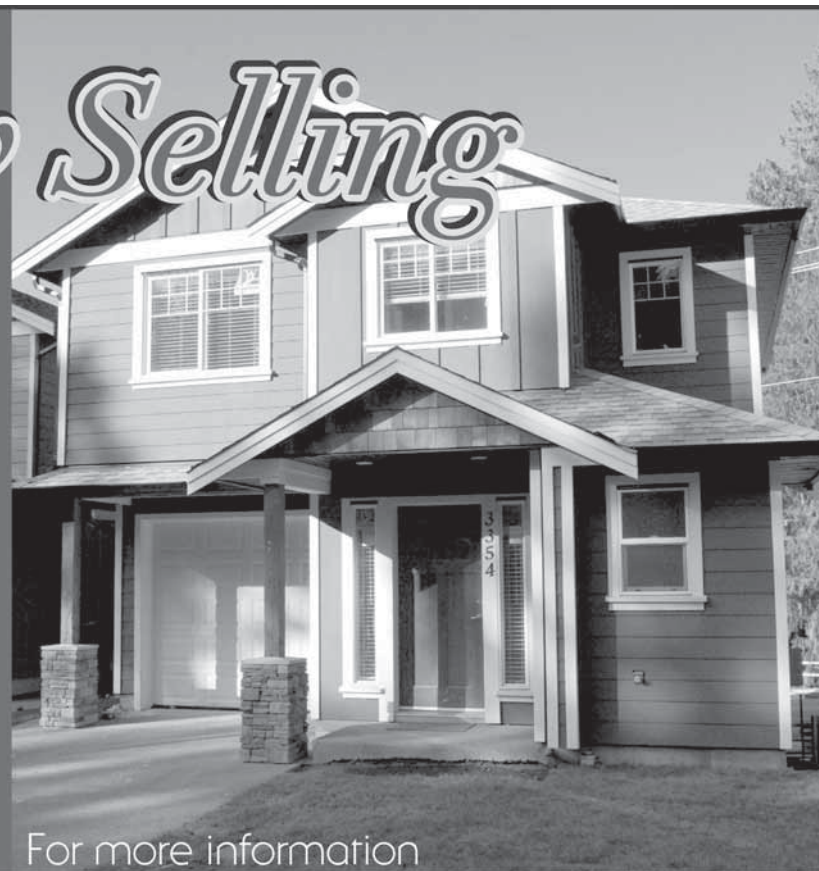
Prices from

\$409,900+ Net HST

Presented by

Pacific East

Developments Limited



For more information

www.HybridRealestate.ca

Ross Casey 250-888-2270



GALAXY MOTORS

Vancouver Island's Largest Independent Used Car Dealer

DOWNTOWN

2555 Government
250-381-1144
DL#28842

COLWOOD

1764 Island Hwy
250-391-5738
DL#30897

NANAIMO

4777 Island Hwy
250-729-7991
DL#30917

DUNCAN

7329 Trans Can Hwy
250-597-0424
DL#31033



Good Credit
Bad Credit
No Problem



Vancouver Island's Finance Experts

Apply Today, Drive Today
Apply Online

WWW.GALAXYMOTORS.NET



Fountain Tire
Home of the Tire Experts

Ask about our
Military Discount

CANEX Financing Available

Quality Tires • Low Prices
Complete Mechanical Repair
610 Herald St • 382-6184

GOODYEAR **DUNLOP**

Local woman looks south to honour Canada's heroes

Ben Green
Staff writer

When Tammy Chamberlain hears of another military member's death her world comes to a halt with two minutes of silence. As the wife of a submariner, she understands the commitment of military service.

Over the years she's felt a growing desire to pay tribute, in some form, to Canadian military members who have died on duty. In December, an idea discovered on YouTube became a reality.

After watching a video of artist Kaziah Hancock dip her brush into an array of paints and slowly bring to life the image of a fallen American soldier, Chamberlain knew she needed to connect with her.

Kaziah's Project Compassion began in 2004 when she heard on the radio the story of a fallen soldier from Utah, her home state, and was so moved she decided to paint a portrait for his family. Encouraged by friends, the artist officially launched her non-profit project that gives a free portrait to families of a fallen loved one. She now has a handful of artists working for her.

Chamberlain wrote to Kaziah and asked if Project Compassion would be willing to paint Lt(N)

Chris Saunders, a submariner who died seven years ago during a fire on board HMCS Chicoutimi.

To her surprise, not only did Kaziah agree to a portrait of Lt(N) Saunders, but said Project Compassion would be willing to do one for any Canadian soldier killed in action. Their first Canadian painting was Cpl Andrew Paul Grenon from Land Force Command Canada.

"The way they see it is there's no distinction between America and Canada - same heroes, same paintings," says Chamberlain, who is now the official Canadian liaison for Project Compassion.

"Right now my role is more research. I'm trying to get the next of kin's contact information [so we can offer this service]," she says.

Unfortunately, finding the contact information for spouses and next of kin is proving to be difficult.

She has found some, and sent them a package of information. If interested in a painting, they send her back a small write up on their deceased loved one and five high-quality photos.

"It gives the artist a look at their personality and they're able to put that into the painting," she says.

Chamberlain is also looking for compa-



Project Compassion

Project Compassion has five professional artists led by founder Kaziah Hancock. They take the painting requests on a purely volunteer basis. The organization has sponsorship that allows funding for materials such as paints, oils, brushes, and canvas. Having FedEx as a partner allows free shipping of the finished work to wherever the next of kin resides. The paintings come at absolutely no cost to the family or spouse and take about two months from request to delivery. Project Compassion also creates portraits of fallen police officers and firefighters. Since 2003, they have made more than 800 portraits.

For more information on Project Compassion, to view their gallery of previous paintings, or to donate, visit their Web site at www.heropaintings.com.

nies to sponsor Project Compassion to help pay for the paints and canvas.

Anyone interested in requesting a painting, or

that has contact information for next of kin who might, contact Tammy Chamberlain at 250-743-8739 or tamsbc@shaw.ca.

Go behind the scenes at Lookout

Check out Lookout writer Ben Green's blog and find out what we're working on.

<http://lookoutlife.wordpress.com/>

Now that's...



Kool
107.3
Today's Best Music

For all of Today's Best Music from Maroon 5, Fergie, Gwen Stefani & more. Victoria's new #1 choice. Make the switch today.

the
Jerry Bola
team

Real Estate, "It's What We Do"



A military spouse with personal experience.

PEMBERTON HOLMES Tara Niedoba
ESTABLISHED 1987

250-857-0178
tara@jerrybola.com

BCE employee recognition

LCol Darlene Quinn, Base Construction Engineering Officer, recently presented a number of awards and certificates to employees.



Doug Smith receives a certificate marking 35 years of service with the Department of National Defence.



Roger Kobierski receives certificates for the completion of his Electrical Apprenticeship and his Electrician Qualification.



Wendy Anderson receives the Base Construction Engineering (BCE) Commanding Officer's Award for her outstanding work and dedication that brought credit to the entire cleaning staff at Formation Health Services Centre and BCE.



Grace Thornhill receives the Base Construction Engineering (BCE) Commanding Officer's Award for her outstanding work and dedication that brought credit to the entire cleaning staff at Formation Health Services Centre and BCE.

Bravo



Top: WO John Clairmont of Base Logistics receives his promotion to Master Warrant Officer from Cdr Ballantyne and CPO1 Bombay.

Top right: PO2 Dominic Lebel receives his new rank badges from Maj Jason Quilliam, Naval Provost Marshal (Pacific), (left) and Cdr Allan James, Commander of Queen's Harbour Master.

Bottom right: OS Sarah Marchand, the Admiral's Steward, is promoted to Able Seaman by RAdm Nigel Greenwood (left), Commander Maritime Forces Pacific/Joint Task Force Pacific, and Flag Lieutenant Lt(N) Chantal Desormeaux (right).



LOOKOUT Classifieds & Real Estate

RATES: MILITARY and DND PERSONNEL: 25 words \$7.84 • ALL OTHERS: 20 words \$8.96 • Each additional word 17¢ • GST Included • DEADLINE FOR CLASSIFIED Advertising: Thursday at 11a.m.

Call 363-3014 to book your display or word ad

ANNOUNCEMENTS

TREAT YOURSELF TO A VISIT FROM WELCOME WAGON! IT'S FREE. We are a community service whose aim is to bring you greetings, gifts, and information regarding the area you live in. Call Welcome Wagon 1-866-518-7287 and arrange a short visit. I look forward to bringing you my basket of goodies!

VIEW ROYAL READING CENTRE. Conveniently located at Admirals Walk Shopping Centre. We have books, audios, videos, & DVD's for all ages. Internet is also available. For hours of operation and other information please call 250-479-2723.

3005 11 Svc Bn ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005army@cadets.net.

HAULING

Father & Son

need work, we'll do the job the others won't. Trash hauled from \$5. Plus dump fee. No job too small. OAP rates
• Any weather
• Demolition
Refuse Sam
250-216-5865 or
250-475-0611
SAME DAY SERVICE

MOTORCYCLES

S G Power A.T.V. CENTER

Honda, Yamaha, Kawasaki
382-8291
730 Hillside Ave.

SERVICES OFFERED

DOG WALKING PET/ SITTING We'll take care of your pet when you can't. Serving Greater Victoria since 2006. www.cadbaydogwalk.com. 250-382-7131

VOLUNTEER

VOLUNTEERS OF ALL AGES are needed to assist individuals with disabilities to get out and be active this fall! For more information call the Leisure Assistant Coordinator at 250-477-6314 ext. 15 or volunteers@rivotline.org

STORAGE

SELF STORAGE RESIDENTIAL & COMMERCIAL

- 5'x5' - 20'x34' units
 - Lit and Fenced
 - 7 Day Computerized Access & Security System
- VERY COMPETITIVE RATES**

ARDEN'S SELF STORAGE
642-6363 (WEEKDAYS)
2059 IDLEMORE RD., SOOKE

MISC FOR SALE

NO SUGAR!



NO CARBS!

Best energy drink on the market.

You can't buy it in stores.

Shipped to your door, \$32/case of 12

Order online: amway.ca/shopiansway

ENTERTAINMENT

Amateur Poker Night



429 Lampson Street
Esquimalt
250.388.4353
www.englishinn.ca



Weekly on Wednesdays
5:30pm registration
Everyone Welcome



2 BDRM SUITE 1,100 SQFT MARCH 1 5 Minute Drive to Base. Washer/Dryer, Gas Fp, Parking One Vehicle Only. NS/No Pets \$1,200 Shared Utilities. 250-588-6871.

ROOM FOR RENT A very pleasant room for a mature responsible person. NS/NP Close to Base \$ 475 (Incl) 250-514-2725 250-216-9405.

COLWOOD NEXT TO ROYAL ROADS One Bedroom suite. New, fenced yard and off street parking. All inclusive \$ 850 7 minutes to Blueboat 250-514-1401 Anytime.

The Seagate

Apartments 707 Esquimalt Rd

Ocean front, Olympic mountain views, seawalk to downtown, spacious and clean.
Bachelor, 1, 2 & 3 bedrooms

Rent includes:

- Hot water
- Heat
- Secured parking
- Squash court
- Indoor pool/hot tub
- Fitness centre
- Games room

Building is wired for Shaw@home.

Reasonable rent in a very quiet building.

Call to view

383-1731

Lookout Classifieds Work.
363-3014

2000 Sqft 1920s CHARACTER HOME Near Highrock Park. Avail 1 March. 3 Bed 2 Bath Open concept character and modern design. Main: 2 bed LR, DR, Kit & Bath Hardwood floors. Lower: 1 Bed, bath, rec room, laundry and workshop NS \$2,100 + utilities Purr1000@hotmail.com.

LARGE 2 BDR + DEN GROUND Level suite at Colwood Lagoon. Ocean views, close to Blue Boat and Royal Roads. Separate Entrance. F/S, Pvt Laundry Full Bath, Fp, Heat/Hydro Water/garbage Recently Renovated \$1,250 Will consider Pet, No Smoking 250-483-5498.

Devon PROPERTIES LTD.

www.devonprop.com

LARGE SUITES

1180 Colville

2 bdrms from \$965. Avail. NOW & Feb. 1

1 bdrm \$750. Avail. Feb. 1

250-360-1983

855 Ellery

2 bdrm from \$925. Avail. NOW & Feb 1.

250-382-2157



PROPERTIES OWNED AND MANAGED BY EY PROPERTIES LTD.

250-361-3690

FREE Heat & Hot Water



MACAULAY EAST

948 Esquimalt Rd.
Bachelor, 1, 2 & 3 Bdrm
Manager 250-380-4663



MACAULAY NORTH

980 Wordsley St.
1 & 2 Bedroom
Manager 250-384-8932

To view these and other properties, visit
Toll Free 1-866-217-3612 • www.eyproperties.com

Walk to the Base!

New Condo Units for Rent

- 1 Bedrooms from \$895
- 2 Bedrooms from \$1300
- Includes parking, internet, hot water, on-site gym



OVATION

TheOvation.ca
250-519-1024

PACIFIC VILLAGE II 1445 CRAIGFLOWER ROAD

SPACIOUS 1, 2, 3 BEDROOM TOWNHOUSES

1 & 2 BEDROOM APARTMENTS

RENTALS CENTRALLY LOCATED

PARKING INCLUDED

FRIDGE/STOVE INCLUDED

ON MAIN BUS ROUTES

PETS: CATS ONLY

CLOSE TO SCHOOLS, ADMIRALS WALK,
GORGE & CFB ESQUIMALT

385-2250

REAL ESTATE • FOR RENT

Ask about our limited time
MOVE IN BONUS!

WATERFRONT LIVING

Visit our rental office: **215 Gorge Road E**

Short leases available.

1 Bedroom from \$813

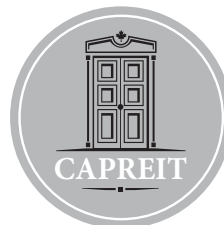
2 Bedrooms from \$1128

Close to Mayfair Shopping Centre.

Access to Gorge Waterway near Galloping Goose Trail.

Pet friendly community.

www.caprent.com • (250) 381-5084 • rentals@capreit.net



Tara Place, 1039 View Street
City and Ocean Views
Downtown Victoria
Spacious suites.

Special price for military



Bach starting from \$699

Close to all major transportation routes.

Close to Victoria core and Bay Centre mall.

Cat friendly community.

250-383-1833

rentals@capreit.net • www.caprent.com



**RENT and receive
NOW a move-in
BONUS!**

- Under new management, clean and affordable
- Close to restaurants, shopping, parks, schools and university
- Public transit to downtown are nearby

70-76 Dallas
2 bedrooms from \$1250

625 Constance
1 & 2 bedrooms from \$755

827 Selkirk
1 bedroom from \$725

3501 Savannah
1 & 2 bedrooms from \$890

250-381-5084 • rentals@capreit.net
www.caprent.com



FIND US ONLINE WWW.LOOKOUTNEWSPAPER.COM



LOOKOUT Classifieds & Real Estate

RATES: MILITARY and DND PERSONNEL: 25 words \$7.84 • ALL OTHERS: 20 words \$8.96 • Each additional word 17¢ • GST Included • DEADLINE FOR CLASSIFIED Advertising: Thursday at 11a.m.

Call 363-3014 to book your display or word ad

REAL ESTATE • FOR RENT

BROWN BROS SINCE 1918
250-385-8771
\$650/\$695 - 801 Esquimalt Rd.
Bachelor available Jan. 1
Manager 250-216-5084

Esquimalt Park Terrace
2 Bedroom, \$845/mo
FREE: heat, hot water & parking
Near Plaza, Bus
Quiet & Clean
250-888-1212


COLWOOD-WESTSHORE 2 BDRM
Suite, ground-level. 1100 sqft. Lg. kitchen, f/s, small eating area, liv/din rm, pvt laundry, w/d, full bthrm, HW flrs, pvt. entrance, patio, space for kayak/ small boat, off street parking, NS/Small pet negotiable. Suitable for mature couple. Ref's req. Avail now, \$1,095/mo. inclusive. To view, call George Holmes 250-391-8484. george@kahlrealty.com



DROPPED PRICE

REAL ESTATE • FOR SALE

Attn: Buyers/Sellers
I am dedicated to selling your house or finding you that dream home you are searching for.
SellVictoriaRealestate.com
Brad Hall
CALL ME DIRECT
(778) 977-2320
RE/MAX®



NEW PRICE!
ONE LEVEL LIVING
Great one level home on landscaped lot offering spacious floor plan, living room with fire-place large dining room, eat in kitchen. 2 bed 2 bath, easy conversion of garage to family room or 3rd bedroom. Call Shelly direct to view 532 Normandy Rd 250-213-7444. MLS 283096
NOW \$519,900
CALL DIRECT 250-213-7444
Shelly Reed
I listen and I care!
For open house & photos:
www.shellyreed.com
Sutton GROUP
West Coast Realty



Need something designed and printed?

Lookout Creative Services can create for you pamphlets, posters, business cards, booklets, trading cards and much more.
We'll handle the printing too!
If it's creativity coupled with corporate knowledge of DND that you need, we're the graphic design team for you.

Call **250-363-3372** for more information.

*DND clientele only.



LOOKOUT




Remembering “Holocaust Memorial Day”

■ Lunch and Learn,
Base Library, Jan. 27

A/SLt Josh Brighton
Contributor

On Thursday, people in countries around the world will pause for Holocaust Memorial Day and pay their respects to the victims of history's most vicious genocide.

For University of Victoria graduate student and amateur documentary filmmaker Michael Moses Gains, the day has special meaning.

Gains will host a free “Lunch and Learn” on Thursday at the CFB Esquimalt Base Library building N12 at Naden.

The event, from 11:55 a.m. to 12:45 p.m., includes a 20-minute presentation about the terrors of the Holocaust in Eastern Europe and a screening of a short film. A question and answer period that addresses themes of complacency, hate speech and the media will follow Gains' presentation.

In his 2010 film “Jew Street-Zydu Gatte”, Gains tells the story of his family's destruction at the hands of the brutal Einsatzgruppen-SS during the Second World War. The eight-minute film was screened at the University of Victoria's 6th Annual “Sunscreen Student Film Festival” where it won “Best Story-Driven Film” and “Best Screen Story.”

The documentary explores one of the most violent events of the Holocaust that is often referred to as “The Forgotten Holocaust.” History tends to focus on the tragedies that took place at various concentration camps throughout Europe. Gains' documentary shifts that focus to how roaming killing squads

were dispersed throughout the Baltic States as the German Army continued its conquest of Europe.

The campaign authorized systematic genocide by the highest echelons of the German SS and killed two-million Eastern European Jews. Without consideration for age or gender the killing squads were ordered to be ruthless and unrelenting in their executions. The mass murders were indiscriminate. The victims were used as target practice by their executioners.

One of the unfortunate successes of this campaign was the use of propaganda. Relying on nationalist sentiments the German Army successfully spread its hate speech throughout the Baltic States. Gains addresses the dangers of spreading hate through media outlets and how remaining silent leads to tragedy.

Employment Equity Liaison Officer David Lau highlights the importance of these historical events for Canadian Forces members so that they never happen again.

“Knowing the history behind events like this educates people so that history doesn't repeat itself. These presentations let people know the story behind what happened, that society was responsible for them and that we will never let them happen again”

Lau also notes that because this is a lunch-time presentation, it's a great way to both fill an otherwise boring lunch and become better informed about how something like the Holocaust can be prevented from happening in the future.

Family Dental Care



Dr. Paul Henn

Suite 14 1153
Esquimalt Rd
Victoria, BC
V9A 3N7

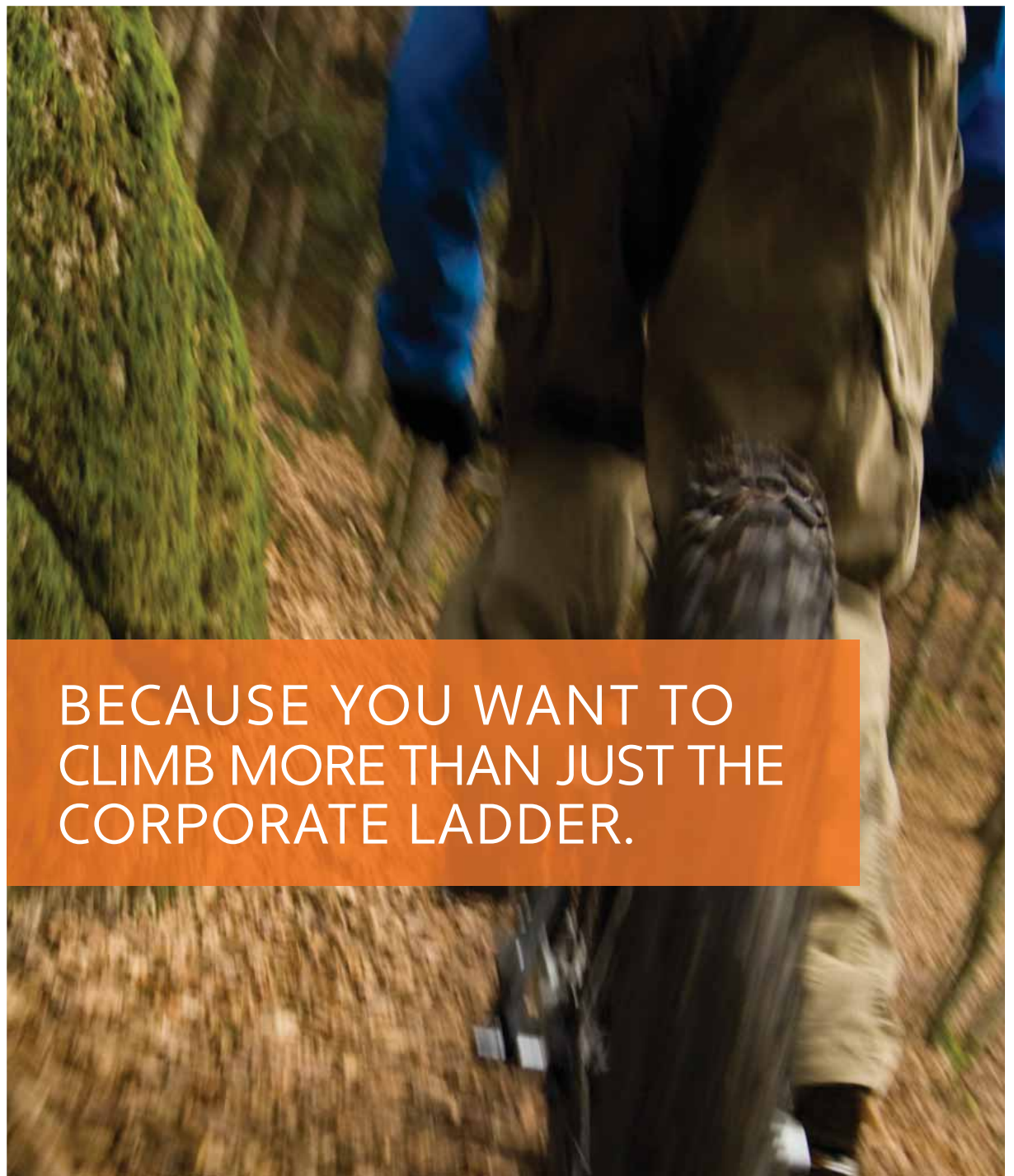
abacus
Dental Centre

New patients and
Emergencies welcome.
Check ups and
cleanings always available.

250-386-3044
www.abacusdentalcentre.ca

DISCOUNT PROGRAM
GET YOUR MILITARY DISCOUNTS
PROGRAMME DE RABAIS

Get a list of discounts across the country at
www.canexdiscounts.ca



BECAUSE YOU WANT TO
CLIMB MORE THAN JUST THE
CORPORATE LADDER.

1 & 2 bedroom hilltop view homes, coming soon.

Register now at coholiving.com or call 250.478.2646

Sleek coastal contemporary homes, overlooking acres of forest in the scenic West Shore community of View Royal. Just minutes from downtown Victoria and every recreational pursuit imaginable. Trade 4 wheels for 2 on the Galloping Goose Trail, reducing carbon emissions (and your waistline) by biking to work.

Get in on the move. Register now.

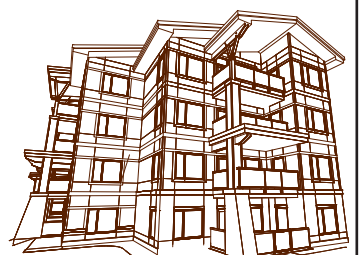
Starting from \$239,900

OMICRON

magnum

This is not an offering for sale. Any such offering can only be made by way of disclosure statement. E.&O.E.

coho
life is moving here



**10% off
any Truck
Rate**



Budget
Car and Truck Rentals

Call 250-953-5300
www.budgetvictoria.com