

LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C.

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Your opinion counts



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Shop keeps water and fuel flowing



COMMUNITY 14
Admirable tunes



Novice driver

Ben Green, Lookout
Sarah Maltby from Oak Bay High School takes the wheel under the guidance of PO1 Geoffrey Letwin, engineer on board PCT Cougar. Receiving coordinates and speed changes from the Officer of the Watch, each student was given a chance to steer the vessel during an afternoon sail with HMCS Malahat's Sailor for a Week program.

Local high school students get a taste of life at sea

Ben Green
Staff writer

It wasn't your average spring break for 14 high school students from across Victoria as they participated in *HMCS Malahat's* "Sailor for a Week" program. Similar to the "Sailor for a Day" program that runs in units across the country, the week-long program allowed interested

youth to test the waters of sailor life. Volunteering part of their vacation, the students arrived at Victoria's naval reserve division on March 21 for five days of hands-on experience. The students ranged in age and navy know-how, and all seemed enthusiastic about the unique opportunities ahead. The small entourage was chap-

eroned for the week by PO2 Fiona Borland, PO2 Nyle St. Michel, and LS Danijela Brkovic. The three reserve sailors patiently facilitated any questions or concerns the students had and tried to give them an understanding of what life in the navy is really like. First, the students spent an afternoon in RHIBs (rigid hull inflatable boats), buzzing around

Malahat's inner harbour seeing how the patrol crafts manoeuvre. That was followed by a morning at CFB Esquimalt's Naden pool where the students learned sea survival. Placing the group in large, 20-person life rafts, navy personnel taught them how to enter and exit the rafts correctly, as well as escape a capsized situation.

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LGen Charles Bouchard has taken over leadership of NATO operations in Libya.

Canadian takes the reins for Libyan operations

Ben Green
Staff writer

With the U.S. decreasing their role in the North African conflict, NATO has handed leadership of Libyan operations over to LGen Charles Bouchard.

Hailing from Chicoutimi, QC, LGen Bouchard has previously been serving as the Deputy Commander of NORAD (North American Aerospace Defence Command), the joint U.S.-Canada continental air defence pact.

His main task, as of now, is to enforce the "no-fly"

zone and arms embargo put on Col Gaddafi and his regime. LGen Bouchard will have a variety of naval and air resources from a host of countries to aid in this mission.

Joining the CF in 1974 and graduating as a helicopter pilot two years later, LGen Bouchard became known as a tactical helicopter specialist. Training on CH136 Kiowas, AH-15 Cobras, CH135 Twin Hueys, and CH146 Griffon helicopters, he served in a number of helicopter squadrons across Canada and even at Ft. Hood U.S.

Army base in Texas. He's held a number of high ranking positions around the world including the commander of 444 Tactical Helicopter Squadron in Lahr, Germany.

His resume is as lengthy as it is distinguished, which is why he's received much support from those in the international community upon his new appointment.

Canadian military involvement in the Libyan conflict consists of the deployment of HMCS *Charlottetown*, seven CF-18 Hornets, and two CP-140 Aurora patrol planes.

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Sailors for a Week experience a spring break unlike any other

From page 1

Next, the students made their way down to Dockyard where they were given full stem-to-stern tours of the frigate *HMCS Vancouver* and the submarine *HMCS Victoria*. After that it was off to Naval Officer's Training Centre (NOTC) where the group learned how to rappel down a 15-foot and a 35-foot tower.

Friday, March 25, was the last day of the program and culminated in an afternoon at sea on board *PCT Cougar*, an Orca-class vessel. Under the watchful eye of Officer in Charge LCdr Michael Lawless, the students were put to work on the ship as it moved through the coastal waters.

With the students each taking turns, they were given the opportunity to help with the lines upon departure and arrival, act as bridge lookouts, and even steer the ship. Working closely with Orca certified engineer PO1 Geoffrey Letwin, the students sat nervously behind the ship's wheel as NCdt Pamela Hogan relayed coordinates, speeds, and directions.

It was a busy afternoon for NCdt Hogan as she was also investigating any hazards the student lookouts spotted with their binoculars. Thankfully, besides a few crab traps and the occasional pleasure craft, nothing too seri-



Ben Green, Lookout

Part of the group stands on the ship's foc's'le as it accelerates into open waters.

ous crossed *Cougar's* path. Perhaps the most sinister of the day were a few "fowl aircraft carriers", a bunch of seagulls sitting on a bobbing log.

"It's pretty awesome," said Stephen Forsyth from Victoria High School, taking a moment from his duties as *Cougar's* portside lookout. "I like how it [the week's program] gives you a different perspective on things. My favourite part would be the RHIB rides and the tour of *HMCS Vancouver*."

As the ship pulled back in and

docked at *Malahat*, each student received a certificate indicating their completion of the course and a job well done.

"I'm confident participants experienced a spring break unlike any other," said Cdr Steven Pokotylo, Commanding Officer of *HMCS Malahat*. "Regardless of whether they decide on a career with Canada's Naval Reserve or walk away, they have a clear idea about what it is like to walk in the shoes of a Naval Reservist."



Ben Green, Lookout

Travis Webb, from Edward Milne Community School, acts as *Cougar's* starboard lookout during the afternoon sail.

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WHAT SAY YOU

Voting tests the worthiness of our citizenship

Gerald Pash
Contributor

A country can be likened to a club, a sports team, a family, or a school. When things go well everyone cheers with pride. When things go bad, or a member of our "national club" steps out of line everyone shares in the shame.

Yet, Canada is seen as jewel amongst the world's nations. Thousands of people in other countries toil to come to Canada to work or study. Others take more drastic measures relying on smugglers or other creative means to reach our shores. Could it be that these folk see something in Canada that we who were born here take for granted and accept as a birthright?

Few Canadians who are alive today would know or remember that until 1947, Canada was a nation without citizens. "Canadians" were British subjects

living in Canada. Depending upon their country of origin or if they were of aboriginal ancestry, some did not even enjoy that status. Yet, Canada was the first Commonwealth country to create its own citizenship separate from Great Britain.

In a democratic country such as Canada, the right to vote is the priceless gift of citizenship. In the last general election (October 2008) only 58.5 per cent of eligible voters cast their ballots. It was the lowest percentage turnout since Confederation. That compared to 64.1 per cent in November 2000, 60.9 per cent in June 2004, and 64.7 per cent in January 2006. The largest turnout was in April 1963, almost 50 years ago when 79.2 per cent of eligible voters went to the polls.

Only Canadian citizens may vote. It generally takes five to six years for an immigrant to become eligible to become a

Canadian citizen. After gaining permanent resident status, meeting the resident requirement (living here for 1,095 days of the past four years) learning the language, passing the Canadian citizenship exam, new Canadians are eventually invited to appear before a Citizenship judge to take the Oath of Citizenship: "I swear (or affirm) That I will be faithful, and bear true allegiance to Her Majesty Queen Elizabeth the Second, Queen of Canada, Her Heirs, and Successors. And that I will faithfully observe the laws of Canada and fulfill my duties as a Canadian Citizen."

The only thing that changes for a new Canadian upon becoming a citizen is that they may vote, run for office, serve on a jury, be issued a passport, and be eligible for occupations requiring citizenship. Whether we are born or adopted members of the Canadian family, it is clear that very little is asked of

us in return for all that we receive.

Our way of government does not compel everyone to vote, but democracy may fall into disrepute if those who enjoy its rights and privileges fail to exercise them.

Being a member of a club, family, school, or a citizen of a nation necessarily comes with duties and responsibilities. Duty and responsibility are quite different one from the other. Responsibilities are usually laid out as terms of reference or job description. Duty on the other hand, is more often than not doing the right thing – even if it is an optional duty – such as voting.

Good citizenship includes membership. As citizens we are not only individuals, we are members of the Canadian family. Being a good citizen, or becoming a good citizen upon coming here from elsewhere, is more than just being on the tax roles. Citizens do not just watch the parade and then comment on how much better the show might be. Above all, the citizen is not a hanger-on. That is what makes voting so very important.

Voting means that individually, we support our governing institutions regardless of what name or party we place our "X" against. Voting demonstrates that we have set apart some time and put forth an effort to help make our government, the Government of Canada better, because we have voted. The greater the turnout of voters adds, the greater legitimacy to the elected government and its platform.

Canada exists in terms of each separate citizen of Canada. Every person's contribution benefits the nation. Voting day is not Olympic hockey night, the Grey or the Stanley Cups; but on May 2 Canada can be united in the simple act of casting a ballot. Every Canadian has the opportunity to test the worthiness of their citizenship, and if May 2 is not convenient, there are advance polls on April 22, 23 and 25. There is even free transportation if required.

Thank you for your patience

I would like to take a moment to thank you all for your patience over the past three weeks during the Naden Athletic Centre shutdown, as Base Construction Engineering and Personnel Support Programs (PSP) worked on getting the gym floors restored and up to their former glory.

The floors were in dire need of planned maintenance. There were areas on the upper gym floor where there were no varnish left. Consequently, the floors were extremely slippery, causing major safety concerns for our users. These two surfaces see a high traffic flow daily and it is essential that we properly maintain for future use. As a result, each floor was sanded, re-painted, varnished and buffed.

The Upper Gym floor was completed with three coats of varnish, and new lines painted. 20 MSR Shuttle run lines and floor hockey goal creases were added.

The Lower Gym was scheduled for a light sand, so as not to remove any existing lines, and a one-coat finish. Upon inspection, the project team noticed a second coat of varnish was needed. This will make the floor look a little better and more durable over the next several years.

Once the floors were done, the equipment in the hallways was put back in the appropriate locations, then the cleaners washed and waxed the floors. It was a big project with strict timelines, but it went like clock-work and the gym reopened as scheduled.

I would also like to thank the project team for their outstanding efforts. In particular, I would like

to thank LCol Darlene Quinn, Base Construction Engineering Officer (BCEO), and her staff for completing this much needed maintenance on time and to a high quality.

Furthermore, I want to thank my PSP team who had to work from various locations: the sports office worked out of CPAC; all of the fitness staff were relocated to the Dockyard Gym and delivered on-site programs/classes; the kiosk staff worked out of Nelles and CPAC during the day and then at the Dockyard Gym in the evening; the Facility's Coordinator and Sports Stores staff worked out of the arena; and Health Promotions, PSP Headquarters and Sponsorship worked out of several different locations on an ongoing basis over this timeframe. You displayed such resilience as you continued to provide all the services and programs to our clients. I could not thank you enough for your teamwork, determination, and excellent flexibility.

We are all delighted that is long-awaited project has been completed. In the next few years, planned maintenance will be scheduled through BCE as we want to keep the gym floors in good repair.

Please stop by the gym and see how fantastic they are, and use it as an opportunity to take in a class or a program and enjoy the Naden Athletic Centre with all its facilities.

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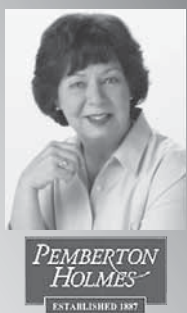
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WHAT SAY WE

Soldier's action nothing less than expected

Ben Green
Staff writer

Last Thursday, media from coast to coast picked up on a human interest story of sorts that took place right in our own backyard.

Scrambling to put the finishing touches on my stories for the week, I was called by *Lookout's* editor, Melissa Atkinson, about a story that had been developing from the morning.

A Military Police Officer from CFB Esquimalt, MCpl Carol Bastien, was flying off for a tour in Afghanistan. In the early morning hours as he and his wife Cpl Karine Rondeau Lavaute packed his bags they noticed a fire on a neighbour's back balcony.

Apparently, a cigarette had been discarded in a dry planter out back and the tree began to burn. Running over to the house, the two tried waking the residents while putting out the flames that had now reached around five feet.

In a comic twist only worthy of a heroic act, the residents of the home awoke to the ruckus and called police reporting a break-in at their address.

But MCpl Bastien had a plane to catch; there was no time for explanations.

They'd saved the home and put out the flames, so he and his wife jumped in their car and headed to the airport in an attempt to still make his flight (which he did). It was only when authorities showed up at the house the

residents realized it wasn't a break-in at all.

If the military couple thought their mysterious act as good Samaritans would stay just that, they were mistaken. By Thursday afternoon CFB Esquimalt's Public Affairs Office and the West Shore RCMP were inundated with calls from local media. By Friday, it had spread like... well, wildfire.

The media ate it up. From *The Province* in Vancouver to Toronto-based *Globe and Mail*, the couple's act had reached every major paper and blogs before MCpl Bastien even touched down in Afghanistan.

I almost felt bad calling his wife that afternoon for some extra details, knowing another reporter was next on the line. She was more than accommodating though; an inflection of surprise about

their whirlwind popularity.

I've never met MCpl Bastien. From all accounts he's a model soldier and an even better husband and father. Those who know him best weren't surprised in the least when they heard about his story. Some chalked it up to his 18 years in the uniform, his instincts that kicked in, while others to just the type of guy he is.

"Hero" is a label many in the Forces are uncomfortable wearing. Some readers had given him that title on the grounds he's going overseas to fight, others because he saved his neighbours lives. Being a modest Canadian he probably would've given credit to the fire for being so cooperative to put out. But he shouldn't. In a world now where recognition and fame can come to anyone with a webcam and access

to YouTube, its refreshing to see someone who has earned it. We live in a 24-hour news cycle where breaking news is often just a new sentence or a new quote added into a three day old story. It really isn't everyday that fresh news comes across the wire that leaves readers with a smile and a nod of appreciation.

MCpl Bastien's fame has probably flickered out long before his 15 minutes; it's probably safe to say there'll be no book deals or interviews with Peter Mansbridge. But I hope his wife has passed on to him the attention his deed has garnered.

In a world that seems to be spiralling out of control, his 200 words of sacrifice left readers across the country with a better understanding of the mentality our serving men and women possess. And he should be proud about that.

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UPSTAIRS



CISM soccer team in town for training camp

Ben Green, Lookout

The Canadian Forces Men's CISM (Conseil International du Sport Militaire) soccer team was in Victoria at the end of March for a West Coast training camp. The March 18-29 camp saw the team set up base at City Centre Park Field in Langford where they held morning and afternoon training sessions. The team, comprised of military personnel from all facets of the Forces (Air Force, Army, and Navy), also competed in a number of exhibition games against local talent. Exhibition games against the University of Victoria team and the Mariners in Ladysmith gave the squad a chance to shake off any rust and work on unit cohesiveness.

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Senior promotions and appointments

The following promotions and appointments for Canadian Forces senior officers will take place in 2011:

- MGen T.J. Lawson will be promoted to Lt.-Gen. and appointed Deputy Commander NORAD in Colorado Springs, Colorado, replacing LGen J.M. Duval, who will be retiring
- RAdm P.A. Maddison will be promoted to Vice-Admiral and appointed Chief of the Maritime Staff at National Defence Headquarters (NDHQ), in Ottawa, replacing Vice-Admiral P.D. McFadden, who will be retiring
- MGen G.R. Thibault will be promoted to LGen and appointed Chairman of the Inter-American Defense Board, in Washington D.C.
- MGen J.A.J.Y. Blondin will be appointed Assistant Chief of the Air Staff at NDHQ, in Ottawa, replacing MGen T.J. Lawson
- RAdm R.A. Davidson will be appointed Director Policy and Plans at NATO Headquarters in Brussels, Belgium;
- MGen P.J. Forgues will be appointed Commander Canadian Defence Academy, in Kingston, replacing MGen J.P.Y.D. Gosselin, who will be retiring
- MGen J.A.J. Parent will be appointed Commander 1 Canadian Air Division, in Winnipeg, replacing MGen J.A.J.Y. Blondin
- MGen I.C. Poulter will be appointed Chief of Programme at NDHQ, in Ottawa, replacing MGen J.M.M. Hainse, whose next appointment will be announced at a later date
- BGen J.G.J.C. Collin will be promoted MGen and appointed Deputy Commander Canada Command, in Ottawa, replacing BGen J.A.G. Champagne, who will be retiring
- BGen J.R. Ferron will be promoted to MGen and appointed Commander 1 Canadian Division, in Kingston
- BGen E.N. Matern will be promoted to MGen and appointed Deputy Commander Canadian Expeditionary Force Command, in Ottawa, replacing MGen J.A.J. Parent
- Cmdre M.A.G. Norman will be promoted to RAdm and appointed Assistant Chief of the Maritime Staff at NDHQ, in Ottawa, replacing RAdm P.A. Maddison;
- BGen J.H. Vance will be promoted to MGen and appointed Director of Staff -Strategic Joint Staff at NDHQ, in Ottawa, replacing RAdm R.A. Davidson
- BGen J.Y.R.A. Viens will be promoted to MGen and appointed NORAD J3, in Colorado Springs, replacing MGen P.J. Forgues
- BGen C.T. Whitecross will be promoted to MGen and appointed Chief of Staff

Assistant Deputy Minister (Infrastructure and Environment) at NDHQ, in Ottawa, replacing MGen D.J.R.S. Benjamin, who will be retiring

- BGen P.J. Atkinson will be appointed Chief of Staff - Vice Chief of Defence Staff at NDHQ, in Ottawa, replacing BGen J.G.J.C. Barabe, who will be retiring;
- BGen R.D. Foster will be appointed Chief of Staff Canada Command, in Ottawa, replacing BGen J.G.J.C. Collin
- BGen M.J. Hood will be appointed Deputy Director General International Security Policy at NDHQ, in Ottawa, replacing BGen D.W. Thompson
- BGen S.J. Kummel will be appointed Director General Air Force Development at NDHQ, in Qttawa, replacing BGen M.J. Hood
- BGen C.A. Lamarre will be appointed Commander Joint Task Force Afghanistan, replacing Acting BGen D.J. Milner
- BGen P.R. Matte will be appointed J5 Director Strategic Plans in Shape HQ, in Mons Casteau, Belgium, replacing BGen J.P.J. St-Amand
- BGen D.G. Neasmith will be appointed Chief of Staff Assistant Deputy Minister (Information Management) at NDHQ, in Ottawa, replacing MGen G.R. Thibault
- BGen R.R. Pitre will be appointed Director General Integrated Force Development - Space at NDHQ, in Ottawa, replacing BGen P.R. Matte
- BGen J.P.J. St-Amand will be appointed Deputy Commander Force Generation 1 Canadian Air Division, in Winnipeg, replacing BGen R.D. Foster
- BGen J.G.E. Tremblay will be appointed Commandant Royal Military College of Canada, in Kingston, replacing Cmdre W.S. Truelove
- Cmdre W.S. Truelove will be appointed Chief of Staff (Operations) Canadian Expeditionary Force Command, in Ottawa, replacing BGen E.N. Matern
- Acting BGen F.G. Bigelow will be appointed Director General Personnel and Family Support Services at NDHQ, in Ottawa
- Col J.C. Chapman will be promoted to BGen and appointed Deputy Commander Land Force Central Area, in Toronto, replacing BGen J.G. Milne
- Capt(Navy) J.P.G. Couturier will be promoted to Cmdre and appointed Deputy Combined and Joint 5 Central Command HQ, in Tampa Bay, Florida, replacing BGen J.R. Ferron
- Col M.P. Galvin will be promoted to BGen and appointed Commander 2 Canadian Air Division, in Winnipeg, replacing BGen R.R. Pitre

See Senior on page 20

Victoria townships participate in worldwide Earth Hour

Ben Green
Staff writer

Last Saturday, residents and businesses all over the city shed light on energy consumption by turning off their lights as they participated in Earth Hour 2011.

From 8:30-9:30 p.m. local time on March 26, Victorians cut the power and joined over a billion people from more than 130 countries doing the same thing. Organized by the World Wildlife Fund (WWF) four years ago in Sydney, Australia, the event has since grown into a global sustainability movement.

“Earth Hour is an opportunity for individuals to recognize that energy conservation at home or at work can be easy, and sometimes small actions can add up to significant energy savings,” says Marlene Lagoa, Sustainability Coordinator for the Township of Esquimalt.

Esquimalt was looking to set an example this year by switching off lights, staff computers, monitors, printers, heating, and air conditioning systems in Municipal Hall, the foyer lights of the Esquimalt Recreation Centre, and the interior and exterior lights at the Public Works Yard and Parks Nursery.

The goal was to improve upon their electrical consumption decrease of 1.3 per cent from Earth Hour 2010. Participating in the event is just part of Esquimalt’s aggressive community-wide greenhouse reduction plan. By 2020 they hope to reduce their emissions by 38 per cent and by 2050 83 per cent (based on 2007 consumption levels).

“Turning off the lights is a visible form of participation during Earth Hour, but that doesn’t exclude governments, businesses, and individuals from taking additional actions to conserve energy,” says

Lagoa. “[This can include] turning off all televisions, radios, computers, and enjoying a no-cook meal or an evening walk.”

With B.C. Hydro a big supporter of Earth Hour, the organization tracked the energy usage of all the local communities during the hour. This year’s event saw British Columbians save 117 megawatt hours of electricity – the equivalent of turning off 7.8 million 15 watt compact fluorescent light bulbs (almost doubling the 64 megawatt hours saved in last year’s event).

Provincially, Pitt Meadows topped all other communities with a consumption decrease of 5.7 per cent during the hour. Esquimalt tied for 19th in B.C. with a decrease of 2.25 per cent, an improvement from last year’s figure. Colwood saw a 2.7 per cent decrease, View Royal 2.55 per cent, and Sooke had a 1.95 per cent decrease.

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Remembering, one brick at a time

Jon Chabun
MFRC

Do you want to celebrate your military career? Do you want to pay tribute to a family member's military service? Do you want to honour a friend's life and service? The Esquimalt Military Family Resource Centre (MFRC) has just the opportunity: a commemorative brick that will be on display at "The Homecoming" statue plaza.

Deadline day to receive orders is Thursday April 21 for those wanting to have it laid in time for May 1, Battle of Atlantic Sunday.

The MFRC took over selling bricks as a fundraiser in the fall of 2010 from the Homecoming Statue Committee. The plan is to lay the bricks twice a year in advance of Remembrance Day and the Battle of the Atlantic Sunday.

The site is home to "The Homecoming" statue that depicts a sailor returning home to his family.

Commemorative bricks surround the statue site and pay tribute to military service. The site will unveil a new statue to honour veterans on May 1.

There are two kinds of bricks for sale. A small brick can accommodate three lines of text and costs \$200. A larger brick can accommodate four lines of text and is available for \$350. A partial charitable tax receipt is available with each purchase.

Funds raised from brick sales will help fund certain programs and services at the Esquimalt MFRC. The MFRC is the only local non-profit organization that provides programs and services for military members and their families.

To order your brick go the www.esquimaltmfrc.com and click on fundraising. A downloadable form is available that can be filled out and dropped off at any MFRC location. Call 250-363-2640 (toll free: 1-800-353-3329) to make an order by phone or for more information.

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SHOP SPOTLIGHT: water, fuel, and environment shop

Ben Green
Staff writer

For the Water, Fuel and Environment (WFE) Shop at CFB Esquimalt, conducting business behind the scenes, or more appropriately, under the surface, is part of everyday life. The intricacies of their work reflect those of the endless pipelines and systems that stretch underground to the outer reaches of DND property.

A team of 16 people are responsible for operating and maintaining the oily wastewater treatment facility, fuelling system, water distribution system, swimming pools and sanitary sewer system. Their seemingly endless tasks are only outmatched by the variety of locations they're required to do them in.

Oily Wastewater Treatment

Known as DY243, the facility is located just up from Dockyard's B Jetty. DY243 is a familiar set of tanks, valves, and pipes that blends into the mechanical environment of dockyard. If the scenery isn't memorable the pungent smell of

hydrogen sulphide certainly is; it's sometimes a by-product of oily waste treatment. The odour brings a tear to the eye when within a five metre radius of the facility.

"We efficiently and effectively treat the oily bilge water from the fleet and provide a disposal method that meets regulatory requirements for both the liquid and solid phases of the waste produced," says Ron Barnhart, a WFE technician. "We provide an essential service to the Pacific Fleet that enables them to perform their mission when and where required."

Too toxic to simply dump in the harbour or pump untreated to sewer, the ships connect to this treatment facility, which separates the wastewater into its various components.

In the east tank of the facility, the wastewater is allowed to sit, which causes the free oil to rest on the surface. The oil is skimmed away and stored in holding tanks (to be used again at later dates) while the rest of the wastewater is transferred to the facility's west tank.

In the west tank air is

injected and continuously stirred in to force off any VOCs (volatile organic compounds). The wastewater is passed on to the roiling tank where more air is injected to keep the contaminants in suspension. From the roiling tank, the water passes through an electro coagulation cell that fires an electric current through it. The current causes coagulation and flocculation of the waste, which with the aid of a polymer, forms as a froth at the water's surface. The remaining water passes through a sand filter to remove fine particulates, and finally a carbon filter polishes off any residual VOCs. The water is disposed through the Capital Regional District (CRD) sewers.

The skimmed off froth is fed into a filter press that squeezes out excess water leaving a dry, cake-like sludge. The sludge is put into barrels and sent out for incineration.

Fuel Tank Inspection

The shop is responsible for testing and maintaining 90 fuel tanks located on DND property.

"We inspect all DND



Ben Green, Lookout

Ron Barnhart, Water, Fuel and Environment Technician, stands on top of one of the 6.85 million-litre fuel tanks overlooking Colwood Fuel Farm.

fuel tank systems that fall under CFB Esquimalt to ensure they comply with Environment Canada Regulations," says Barnhart. "By creating and maintaining a database of records for all fuel tank inspections, we ensure corrective actions and maintenance procedures are carried out."

Perhaps the most vital tanks are those in the

Colwood Fuel Farm, which is a secluded, fenced site across the harbour. This multi-million dollar facility houses the largest tanks, including three marine distillate tanks with a volume of 6.85 million litres each enough to fill 137,000 vehicles.

It's the shop's job to not only make sure the tanks are up to regulations, but to

assist in the receiving and refuelling of naval vessels at Colwood's F Jetty.

Water Distribution Centre

The shop maintains drinking water quality on base. Delivered via two mains from CRD, the water circulates to taps across the base through a network of pipes.

"We must maintain drinking water quality on base

JOSEPH KING, MD CLEARLY LASIK

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By Sculptor Nathan Scott



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Order your brick by **April 21** to have it added to the Homecoming Statue site by May.

Shop keeps it flowing

to ensure it meets Health Canada's Canadian Water Quality Guidelines," says Barnhart. "We ensure the health of all persons consuming drinking water at any DND location that falls under the auspices of CFB Esquimalt"

Each week, at various check points all over the base, 12 samples are taken and sent to an independent lab in Vancouver. The samples are used to test for HPC (heterotrophic plate count), TC (total coliforms), or E.coli. All three are bacterial problems and must be caught and dealt with immediately.

If the shop receives a "bad hit" from the lab, they re-sample and take corrective action which may include anything from flushing lines to shutting down the system as a precaution until testing is completed and the water is determined to be clean.

The shop is also responsible for the pool's water quality at Naden Athletic Centre and the Damage Control School in Colwood. By monitoring the half-dozen filters per pool and completing manual water checks twice a day, the shop ensures patrons of any DND recreational pool are enjoying the facilities in clean, disinfected water.

The pool water passes through a filter with an ultraviolet light that immediately kills all bacteria; small amounts of chlorine are still added by the shop as well. They must maintain a pH of 7.5 in the pools, using trace amounts of sodium bicarbonate and hydrochloric acid to adjust the acidity or alkalinity if needed.

Sanitary Sewer System

Perhaps the least enjoyable part of their work, the shop is responsible for all 42 sewage lift stations on DND property.

"We inspect, monitor, and maintain all sewage lift stations, DND treatment works, and adjoining infrastructure," says Barnhart. "We provide a basic service that is necessary for quality of life and personal health by preventing environmental contamination from untreated sewage and sewage overflows."

Part of their daily inspection is monitoring how long the pump at each station has been running for (to prevent a station from malfunctioning and cutting out). Each of these lift stations must undergo an annual inspection by the shop that includes dismantling it, washing it down, and checking parts for efficiency.

Hazmat Emergency Response Team (HERT)

As if their routines weren't busy enough, all members of WFE Shop are also members of HERT. As part of this unit, they're responsible for any land-based hazardous material emergency on base, most commonly fuel spills.

"We train to deal with a lot of hazardous chemicals in the hopes we never have to," says Barnhart.

The team is put through a variety of monthly exercises ranging from classroom briefs to dry runs, often donning HAZMAT suits. HERT members are on call 24/7, every day of the year.

Water, Fuel, and Environment Shop workers perform their tasks at the more isolated locations such as CFS Masset on the Haida Gwaii Islands (formerly the Queen Charlotte Islands), CF Aldergrove and Matsqui on the mainland, the 443 Maritime Helicopter Squadron, Heal's Range, Albert Head, Mary Hill, Rocky Point, Bentinck Island, Nanoose Bay, Winchelsea Island, HMCS Malahat, and Work Point.

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Before you fill out your tax return...

Pierre Goulet
SISIP Financial Services

Now that the RRSP season is behind us, Canadians turn their attention to the deadline for filing their 2010 income tax return; April 30th 2011. Depending on your situation, here are a number of non-refundable federal tax credits that can help reduce your tax base, minimizing the amount of income tax you are required to pay for the 2010 fiscal year:

First-time home buyers' tax credit

A temporary tax credit, for certain homebuyers who acquire a qualifying home after January 27, 2009.

Calculated by multiplying the lowest personal income tax rate for the year (15 per cent in 2010) by \$5,000, for 2010 the credit is \$750.

You will qualify for the HBTC if:

- you or your spouse or common-law partner acquired a qualifying home in 2010 and you did not live in another home owned by you or your spouse or common-law partner in the year of acquisition or in any of the four preceding years; or

- if you are a person with a disability or bought a home in 2010 for a related person with a disability; the home must be acquired to enable the person with a disability to live in a more accessible dwelling or in an

environment better suited to the personal needs and care of that person.

Pension Income Tax Credit

Some pension income may qualify for a federal and provincial/territorial pension income tax credit.

Can be transferred to a spouse or common-law partner if it is not fully used by the taxpayer.

If a taxpayer is under the age of 65 and receiving pension income eligible for the pension tax credit (qualified pension income) and splits their income with their spouse or common-law partner, the latter will also be eligible for the pension tax credit, regardless of age.

Pension income at age 65 can be converted from RRSPs to RRIFs or purchased as an annuity.

Spouse or Common-Law Partner Amount

If your spouse or common-law partner earned less than \$10,382, follow the calculation on line 303 of your return to see what amount you can claim.

If you were single, divorced, separated, or widowed you can claim a maximum amount of \$10,382 minus the income for any dependent. This amount is called the "Amount for an eligible dependent" and is found on schedule 5 of your return.

Tax Credit for Public Transit

To help cover the cost of

passes for buses, streetcars, subways, commuter trains and local ferries.

Can be claimed by the taxpayer, their spouse or common-law partner, or their children under age 19.

The pass must display: duration (one month at least or longer), date or period of validity, name of the issuing transit authority/organization, amount paid, identity of the rider (either by name or unique identifier).

Children's Fitness Tax Credit

Available to individuals for registration and membership costs of up to \$500 per child who is, under 16 years of age at the beginning of the taxation year, or under 18 for a child with a disability.

Calculated using the lowest tax rate (15 per cent for 2010) – maximum tax credit per child for 2010 is \$75.

For prescribed programs of physical activity which must contribute to cardio-respiratory endurance of the child and to one or more of the following: muscular strength, muscular endurance, flexibility, and balance.

Tuition and Education Amounts

Claim fees paid for post-secondary courses of \$100 or more for each educational institution; the institution must provide you with an official tax receipt or a form T2202A.

A portion of the education amounts can also be transferred from spouses

and children; complete the calculation on the back of your T2202A or schedule 11 in your income tax forms to find out what amount is eligible.

Medical Expenses: Transferable between spouses

Medical expenses can include amounts paid outside of Canada.

They must be more than 3 per cent of your net income or \$2,024, whichever is less.

The spouse with the lowest income should claim all expenses.

Claim the expenses of all immediate family members including parent, grandparent, brother, uncle, niece, who depended upon you for support during the tax year; the total of these expenses must be more than the lesser of \$2,024 or 3 per cent of the dependent's net income for the year up to a maximum of \$10,000.

Claim medical expenses paid in any 12-month period ending in 2010 that were not claimed in the previous year. The above mentioned credits and further explanations can be found in your General Income Tax and Benefit Guide 2010. Take the time to read the portions of the guide that apply to your claims and let a SISIP Financial Services (SISIP FS) financial planner assist you; professional advice can really pay off and prevent you from making a costly omission.

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GOODYEAR **DUNLOP**



Above: RAdm Nigel Greenwood joins the Cadet Honour Band for a song.

Below: Concert-goers enjoy the show.



Cadet Honour Band and an evening with the Admiral

Capt Kimberley Banaszekiewicz
National Youth Public Affairs

The Cadet Program is all about fun, challenge and friends. On Wednesday March 23, the McPherson Playhouse showcased all of this and more when the B.C. Regional Cadet Honour Band performed in Victoria.

Under the direction of Lt(N) Camil Bouchard, the Cadet Honour Band performed with RAdm Nigel Greenwood, Commander Joint Task Force Pacific and Commander Maritime Forces Pacific, on flute. The band was comprised of 50 of the top teenage musicians of the Royal Canadian Sea, Army and Air Cadets selected from across the province,

With only a few days to tune the instruments, practice and play as one, the band performed beautifully. Amazement, fun and excitement were witnessed by all in attendance.

The musicians ranged in age from 14 to 18 years old and played music stemming from the war era right up to modern day Hollywood. There was singing, dancing, clapping and applause.

With the majority of the cadets playing at a level equivalent to Grade five/six of the Royal Canadian Conservatory of Music, the band proved that the Cadet Program has something to offer any youth between the ages of 12 and 18.

As with all good things, the evening came to an end; however, the laughs, tears and pride still resonate. The B.C. Regional Cadet Honour Band, an evening with the Admiral, and the benefits of the Cadet Program were certainly evident.

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Cdr Rod Hughes, Commanding Officer of the Regional Cadet Support Unit (Pacific), accepts a donation for \$1,100 from LCdr (Ret'd) Gerry Pash, Reserves and Cadets Director for the Naval Officers Association of Vancouver Island, and Capt(N) (Ret'd) Kevin Carle, the organizations vice president. The donation will support Canadian Yachting Association opportunities for Cadets that are not funded by DND.

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RAdm Nigel Greenwood presents the Sudan Operational Service Medal to LCol P. E. Fleet of Joint Task Force Pacific on March 24. The medal is for CF members who served with the African Union-led mission in Darfur from Sept. 15, 2004, to Dec 31, 2007. LCol Fleet was the Task Force Commander from November 2005 to June 2006.



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Relief needed for Japanese city with deep local ties

Ben Green
Staff writer

It was last month that a massive 9.0 earthquake and ensuing tsunami devastated northeast Japan leaving the island nation virtually paralyzed.

Amidst the countless towns ravished and ruined was Onagawa, nestled on Japan's most easterly peninsula. This particular town had deep roots with Esquimalt and the Canadian Forces due to the death of Lt Robert Hampton Gray, a Second World War Canadian Air Force pilot.

It's through that connection Canadian relief for the port city is being mustered locally.

Sixty-six years ago, on Aug. 9, in the twilight of the Second World War, a young naval pilot officer from Nelson, B.C., led an attack on a Japanese destroyer at Onagawa Bay. Flying low and facing a barrage of fire from shore batteries and ships alike, Lt Gray managed to hit and sink the destroyer as his heavily damaged Corsair crashed into the water below. He was the last Canadian killed in the war, earning the Victoria Cross for his valour and sacrifice.

In 1989, the then Canadian Defence Attaché to Tokyo, Capt(N) (Ret'd) Terry Milne, inquired about a possible monument to Lt Gray at Onagawa since neither his remains nor his aircraft were ever recovered. Japan had never accepted a memorial dedicated to a foreign soldier on their soil before, which is why it was an even bigger surprise when the people and prefecture of Onagawa accepted this request.

On Aug. 9, 44 years later to the day, a small ceremony took place in Sakiyama Park. On the sculpted, green slopes overlooking the exact position where Lt Gray entered the water, a monument was unveiled in his honour. Capt(N) (Ret'd) Milne, relatives of Lt Gray, surviving Canadian and Japanese soldiers from the battle, and a host of Japanese dignitaries



Above: The Lt Robert Hampton Gray memorial overlooking Onagawa Bay in Japan.

Right: Lt Gray was the last Canadian killed in the Second World War when his plane was shot down over Onagawa Bay. He received the Victoria Cross Posthumously.



were all on hand to finally give "Hammy" peace.

For now, Onagawa is gone. Of the approximately 12,000 residents, only half have been accounted for.

"I don't know how they're going to rebuild the town," says Capt(N) (Ret'd) Milne softly. "There was a tsunami there in the 1960s, they built breakwaters, but I don't know if anything will be foolproof for a tsunami that size. I just don't think they can rebuild in the same spot, I just don't know the answer to that."

In the years following Lt Gray's memorial, a close relationship between Canada and the town has developed including a visit to Onagawa Bay by HMCS Ottawa a few years ago. Onagawa and Esquimalt have been negotiating requests to be considered sister cities. Nelson, B.C., Lt Gray's hometown, currently does a student exchange with Onagawa and is in the process of setting up an official relief fund. Steveston, B.C., a town also

home to many fishers and cannery workers, recently raised \$75,000 in relief aid through their Rotary Club.

For the hospitality and graciousness of a town and people that Capt(N) (Ret'd) Milne experienced firsthand, he says now we must try and do the same.

"The town of Onagawa has done all it can and more for Canada," he says. "The veterans association [in Japan] agreed with the citizens to erect a monument to the enemy that killed 157 of the town's people. In Onagawa it's a time of terrible crisis, we have to do all we can for them."

Like Nelson, the township of Esquimalt is also in the process of setting up an official Onagawa fund for anyone wishing to donate. Until then, Capt(N) (Ret'd) Milne is creating a list of names that wish to be contacted when the fund is ready. Interested parties can contact him at terrymilne@shaw.ca and have their name added to the list.

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INBRIEF

Highway upgrade update

Construction will begin from View Royal's western border to Six Mile Road. This project will help make the Island Highway safer for pedestrians, cyclists and motorists.

The majority of the lane closures will be in the eastbound slow lane (towards Victoria). View Royal is allowing the following hours of work, Monday to Friday, which will avoid lane closures during the rush hours:

- In the eastbound (towards Victoria) direction 9 a.m. to 7 p.m.
- In the westbound (towards Colwood) direction 7 a.m. to 1 p.m.

Traffic advisory signs will be posted on applicable roadways and regularly updated information will be on a designated website for the project that can be accessed through www.viewroyal.ca or CHIP@viewroyal.ca.

Civilian employees involved in election

With news of the upcoming federal election, DND civilian employees are being reminded to seek approval from the Public Service Commission prior to seeking nomination or candidacy or when participating in political activities.

Employees may engage in any political activity as long as it does not impair, or is not perceived as impairing their ability to perform their duties in a politically impartial manner in accordance with the Public Service Employment Act; but all must seek approval first.

All requests should be submitted to Director General Labour Relations and Compensation (Canada) no later than 10 working days in advance of the required 30 days from the Public Service Commission. Employees who do not provide complete information or who submit late will face the risk of delay or refusal to grant permission.

Any questions should be directed to your civilian human resources centre and more information about this process can be found at the Public Service Commission website www.psc-cfp.gc.ca/plac-acpl/index-eng.htm.

CFB Esquimalt hockey success

Matt Carlson
PSP

The Sports Office at CFB Esquimalt was proud to send Old Timers', Women's and Men's hockey teams to both Regional and National Tournaments.

Old Timer's Hockey

The Old Timers marched their way to the regional tournament, applying their skills on the ice twice a week leading up to the competition. The team competed against other local Old Timer teams in the beginning of the season. As the season progressed, the team challenged themselves against other local Under 35-year-old teams that offered comparable skill to what would be against them at regionals. The team was a dedicated bunch that played fast, clean hockey.

Championship Results

Lost 3-1 to Prairies
Lost 7-1 to Ontario

Lost 7-1 to Atlantic
Lost 6-1 to Quebec

Men's Hockey

The Men's Tritons season started in August, playing 2010-2011 in the tough Victoria Hockey League in preparation for regionals. This is the most competitive league in the city and sites many high profile ex-junior and semi-pro players from throughout the island. The roster ran approximately three goalies and 24 players deep. It made for a good proving ground for the team. As the regional tournament approached the team began making representative team selections from those who had played in the league. After winning regionals using hard work and dedication, the team represented the Pacific proudly at the National Championships in Borden.

Championship Results

Lost 9-2 to Quebec
Won 3-2 to Prairies

Lost 10-3 to Ontario
Lost 7-1 to Pacific
Lost 8-1 to Atlantic

Women's Hockey

In preparation for the regional tournament, the Women's Hockey team's coaching staff focused first on individual skills rather than tactics. It was in game situations, that the team was able to find the best players for the job in both the power play and penalty kill. A big part of the team's success was the communication skills of both coaching staff and players. Team members forged great relationships and everybody shared the same philosophy in their preparation for the regional tournament. With hard work and dedication, the team represented the Pacific well.

Championship Results

Lost 3-2 to Quebec
Tied 1-1 to Prairies
Won 5-3 against Ontario
Lost 9-0 to Atlantic
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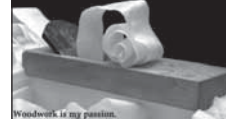
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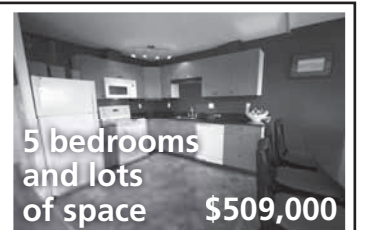
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Search and rescue technicians conduct a hoist from a CH-149 Cormorant helicopter to local fishing vessel, Roberts Sisters II, during 103 Squadron's search and rescue exercise in St. John's, Newfoundland and Labrador. Each year, 103 Search and Rescue Squadron, exercises to maintain and develop its search and rescue capabilities. In recent years, this exercise has primarily focused on a day and night boat hoisting scenarios. Saturation training is a proven method for providing aircrew with the consistency they need and at a pace commensurate with long-term success.

Senior promotions and appointments

From page 7

- BGen P.E.R.S. Hebert will be temporarily appointed Commander Land Force Quebec Area, in Montreal, replacing BGen J.R.A. Tremblay, who will be retiring. Upon his return from Afghanistan, Col. J.R. Giguere will be promoted to BGen (acting while so employed) and appointed Commander Land Force Quebec Area, in Montreal

- Acting BGen J.M. Lanthier will be promoted to BGen and his future appointment to 1 U.S. Corps, in Fort Lewis, Washington, remains unchanged

- Col G.D. Loos will be promoted to BGen (acting while so employed) and appointed Director General Cyber at NDHQ, in Ottawa

- Col M.A. Matheson will be promoted to BGen (acting while so employed) and appointed Director General Plans - Strategic Joint Staff at NDHQ, in Ottawa, replacing BGen S.J. Kummel

- Acting BGen, D.J. Milner will be appointed Deputy Commanding General III Corps, in Fort Hood, Texas, replacing BGen P.J. Atkinson

- Col. N. Naaman will be promoted to BGen and appointed Project Leader Military Personnel Management Capability Transformation at NDHQ,

in Ottawa;

- Acting Cmdre J.F. Newton will be promoted to Cmdre and remains as Director General Naval Personnel at NDHQ, in Ottawa

- Col. M.K. Overton will be promoted to BGen and appointed Director General Military Careers at NDHQ, in Ottawa, replacing BGen J.Y.R.A. Viens

- Acting BGen A.C. Patch will be promoted to BGen and remains as Director General Land Equipment Program Management at NDHQ, in Ottawa

- Col G.M. Reid will be promoted to BGen and appointed Air Reserve

- Advisor and Deputy Commander Support 1 Canadian Air Division, in Winnipeg, replacing BGen E.B. Thuen, who will be retiring

- Col J.B. Simms will be promoted to BGen and appointed Director General Land Capability Development at NDHQ, in Ottawa, replacing BGen

J.H. Vance

- Acting Cmdre D.L. Sing will be promoted to Cmdre and remains as Director General Maritime Force Development at NDHQ, in Ottawa

- Capt(Navy) E.M. Steele will be promoted to Cmdre and appointed Deputy Chief of Staff Assistant Deputy Minister (Materiel) at NDHQ, in Ottawa, replacing MGen I.C. Poulter

After distinguished service to the CF and Canada, the following senior officers will complete their careers and retire from the CF in 2011:

- LGen J.M. Duval
- VAdm P.D. McFadden
- MGen D.J.R.S. Benjamin

- MGen J.P.Y.D. Gosselin
- MGen A.G. Hines
- MGen D.C. Tabbernor (as previously announced on Feb. 7)

- BGen J.G.J.C. Barabe
- BGen J.A.G. Champagne

- BGen E.B. Thuen
- BGen J.R.A. Tremblay



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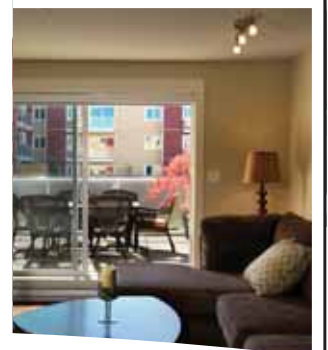
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