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LOOKOUT

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Shelley Lipke, Lookout

In April, more than 200 Fleet Maintenance Facility employees gathered around HMCS Victoria, days before it sailed out into the harbour, to mark the end of the submarine's extended docking work period. See pages 9-11 for more stories on submarine activities.

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New Zealand divers dip into local expertise

Shelley Lipke
Staff writer

Preparations to host the Rugby World Cup in September have propelled the New Zealand Navy to send two clearance divers to Victoria to learn from a seasoned Canadian Forces team.

Fresh off the 2010 Winter Olympics, where they kept the harbours safe from sabotage, divers from Fleet Diving Unit (Pacific) are sharing techniques and lessons learned with Leading Diver Josh Kauika and CPO1 Mark Simpkins. The two New Zealanders, both Maori, are here as part of a six week Canadian/New Zealand Clearance Diver Exchange Program. They are two of only 20 clearance divers in their navy of 2,000.

"We will be responsible for all the underwater security, much like what the Canadian divers did for the Olympics," says CPO1 Mark Simpkins. "It's huge, and we have never worked on something like this before. We will have divers taking care of the security during this event. Being here allows us to compare notes and ensure we are all singing off the same song sheet."

Training ramped up quickly during Exercise Trident Fury, where they suited up with the clearance diver mine countermeasure team.

"We dove the Canadian clearance diver re-breathers and practiced mine search, recovery, and render safe procedures," says CPO1 Mark Simpkins.

In New Zealand, the divers typically exercise with neighbours Singapore, Malaysia, Indonesia and Australia in the warm waters of the South Pacific. The cold waters around Victoria were an adjustment.

"This is our first exchange



Shelley Lipke, Lookout

CPO1 Mark Simpkins and Leading Diver Josh Kauika, both from Auckland, New Zealand, have integrated with Fleet Diving Unit (Pacific) for a six-week Canada-New Zealand diver exchange.

to Canada and the first time being integrated into the Canadian dive team," says CPO1 Simpkins. "One key difference is this unit is on its own. Our compound is integrated with the navy unit, so it's hard to get an identity. Here at FDU(P), they build a strong culture and identity as they are a unit by

themselves. We hope that we can integrate the things we see here back home in New Zealand."

Fleet Diving Unit (Pacific's) MS Dan Larche and Fleet Diving Unit (Atlantic's) LS Gabriel Mercier are currently on the Canadian/New Zealand clearance diver exchange program in

Auckland, NZ.

"I think it's an excellent opportunity for Canada, and particularly the clearance divers, to practice interoperability with New Zealand," says FDU(P) Commanding Officer LCdr Robert Klein. "We have almost the same tactics, techniques and procedures and we use similar rebreathers to do mine clearance, but because some of their standard operating procedures differ from ours it gives us an opportunity to take a look at what they do, and vice versa."

The Canada/New Zealand Clearance Diver Exchange Program was first established in the 1990s, but was made official recently with a memorandum of understanding agreement between the two navies to host this program annually for up to 42 days.

Our compound is integrated with the navy unit, so it's hard to get an identity. Here at FDU(P), they build a strong culture and identity as they are a unit by themselves. We hope that we can integrate the things we see here back home.

-CPO1 Mark Simpkins
New Zealand Diver

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Kyla Pawlyshyn, Contributor

New leader takes command of HMCS Oriole

Above, middle: LCdr Erik James, outgoing commanding officer; Cdr James Sprang, reviewing officer; and LCdr Jeff Kibble, incoming commanding officer, signed the paperwork for HMCS Oriole's change of command before invited guests were welcomed on board, and LCdr James was rowed to shore.



Shelley Lipke, Lookout



Cpl Charles A. Stephen, MARPAC Imaging Services

Right: Reviewing officer, Commander Jim Sprang, is piped on board HMCS Oriole.



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WHAT SAY YOU

Similarity to the past hopefully means a different result in Canucks' current run for the Stanley Cup

Ben Green
Staff writer

It is 17 years to the day.

May 24, 1994, Greg Adams shovels a loose puck past the Maple Leafs' Felix Potvin only moments into the second overtime of game five of the Western Conference final; Vancouver's old Pacific Coliseum erupts. Fireworks explode, towels are waving, the Canucks are going to the Stanley Cup finals.

I was five years old that night.

I don't remember where I was or what team was emblazoned on the pint-sized hockey stick I clutched, but I do remember Trevor Linden.

I'm sure there are hockey gurus and die-hard Canucks fans that can tell you the team line-ups, the pep talks spoken between periods, and what Adams had to eat before the game, but I remember Linden. The iconic grin of the young Canucks captain, a mixture of excitement and disbelief, reflected the millions of similar expressions illuminated by TV screens all across the country.

Vancouver spent the better part of the next two decades being consistently consistent, always a bridesmaid, never a bride. Going down in flames in the first or second round of the playoffs seemed to be inevitable. Linden, Bure, McLean, all but whispers in the rafters, kept alive through firsthand recounts of "The Save" or Bure's magical game seven overtime winner against Calgary.

I'm 22 now. I've long traded my childhood hockey stick for an awesome new, manly one. Vancouver's jerseys are different and so are the names on the back, but the city's quest for another '94 run has remained an annual disappointment.

It is 17 years to the day. The May 24, 2011, game is dripping with similarities to that spring night all those years ago, Western Conference final, game

five, second overtime.

This is the farthest the team has reached in the playoffs since leaving Madison Square Garden in 1994, one win shy of hockey's Holy Grail.

As Kevin Bieksa wills his self-described "duck" of a shot into the San Jose net, confetti falls, players and fans embrace, and a weight the size of the Rockies is lifted from the city. And while anyone inside Vancouver's locker room will tell you the job isn't complete, the relief of living up to expectations 17 years in the making is pasted on the toothless grin of every Canuck.

Amid the jubilation, as Henrik Sedin retraces the skates of Linden to accept the conference trophy, my uncontrollable smile is exactly as it was 17 years ago to the day.

For a moment, I feel like I'm five years old again, watching the Canucks, white-knuckling my mini hockey stick.

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Military police aid undercover drug bust

Shelley Lipke
Staff writer

Five military police officers posed as drug addicts earlier this month in the troubled 900 block of Pandora Street to help Victoria Police nab the city's most notorious drug dealers.

The undercover sting operation, called Cinco de Mayo, had the Military Police (MP) purchasing small quantities of cocaine, crack cocaine, marijuana and heroin from drug dealers over a four-day period. By the end, 27 people were charged with possession,

trafficking narcotics and other offences. This was the first time Victoria Police requested the assistance of the MPs to help with an investigation.

"When it comes to using undercover officers Victoria Police has a variety in their pool; however, they are constantly being used," says Capt John Gilchrist, officer in charge of the National Drug Enforcement. "In order to help their pool from becoming exhausted, they asked us if we could supply some of our undercover officers."

The undercover military police members were flown in from

across Canada.

"They are specially trained to do this work, yet the lay of the land can be challenging," says Capt Gilchrist. "In some cases the undercover officers were going into streets and side roads they hadn't seen before."

The National Drug Enforcement Team is a branch within the National Investigation Service. It is spread across Canada and mandated to investigate serious drug offences such as drug trafficking.

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Golf tournament fundraiser helps children

Shelley Lipke
Staff writer

The 13th annual Dave Barber Golf Tournament is not only an opportunity to practice your drive, chip and putt, but also a way to support sick children using the paediatric ward of the Victoria General Hospital.

The tournament is held by friends and colleagues of MS Dave Barber, a radar technician and cook who died of cancer in 1998 while serving in HMCS Regina.

"Dave was a horrible golfer, but a real fun guy," says organizer PO2 Tracy Tkachuk.

"But he loved kids and loved helping kids out, so a group of friends wanted to honour his memory and thought this was a good way to do this."

Money raised through the tournament is used to buy items on the hospital wish list, such as TVs, books, game systems and toys. Most of the larger items are fitted with a plaque with Barber's name on it.

Local businesses donate items such as Victoria Rebel seasons tickets, gift baskets, fishing charters and other prizes to be raffled off.

"Last year we raised about \$4,000 and over the years we

have raised over \$26,000 for the kids," says PO2 Tkachuk.

The June 13 tournament is held at Metchosin Golf and Country Club. The tournament is open to anyone wanting to play nine holes, have dinner and win prizes.

"My son has been ill his whole life, and in and out of hospital for eight years," says MS Quinton Combdon, Close in Weapon System (CIWS) instructor at Fleet School. "He has gastro intestinal issues and is at the hospital, some years for three or four months at a time. He's gotten a lot of use out of the equipment that has

been donated."

Theresa Low, spokesperson for the Victoria General Hospital Child Life Department said, "The Child Life Department is very grateful for the support from this tournament and we look forward to working with the organizers each year to discuss the needs and wishes of the paediatric areas of Victoria General Hospital. We wish to thank all the members who have been involved in organizing the golf tournament over the years."

To register for the tournament contact PO2 Tkachuk at tracy.tkachuk@forces.gc.ca.

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CISM volleyball team heads to Brazil

Ben Green
Staff writer

While Rio de Janeiro screams samba, beaches, and fun in the sun, it's going to be all business for the CISM men's volleyball team as they head to carnival-country for the 5th CISM Military World Games (WMG).

The volleyball team will be joined in Brazil by other CISM (Conseil International du Sport Militaire) athletes from across the globe for the games on July 10-25.

"Every four years all the sports come together," says Lt(N) Mike St. Pierre, a Clearance Diving Officer from Fleet Diving Unit (Pacific) and a five-year veteran of the volleyball team. "Brazil is going to be using it as a trial run for the Olympics they're hosting (2016)."

The Esquimalt-based diver is the only sailor on the 12-man squad, a list that had to be cut down from their regular roster of about 24 players. The squad only has the opportunity to come together and train as a team once or twice a year, and was selected on a combination of who was available to go, who was fit, and who had been playing well in their recent tournaments and training camps.

Lt(N) St. Pierre says Canada's geography and operational priorities make training as a group much more difficult than perhaps some of the smaller nations they'll be competing against.

"That's the tough thing, we're such a large country, and we're sailors first, volleyball players second," he



Above: Canada's 2011 CISM volleyball team stops for a photo at their recent training camp. Lt(N) Mike St. Pierre (top row, second from left), a clearance diver from Fleet Diving Unit (Pacific), is the only navy member participating on the team.

Right: Lt(N) St. Pierre (14) spikes the ball through a block during a recent match.



says. "For us, it's a lot of individualized training to be fit to play. But when you're surrounded by the high calibre of people we have at the Dive Unit, you're always trying to keep up," he says with a chuckle.

To make sure he's ready for Rio he's implemented a regiment of cross-fit, plyometrics, Olympic weightlifting, and time on the court.

He even had the opportunity to train with potential rivals recently, the U.S. CISM team, while on the Explosive Ordnance Disposal course in Florida.

Like all CISM athletes, Lt(N) St. Pierre realizes his participation in the games wouldn't be possible without the complete support he's received from his chain of command.

"My chain of command has been outstanding," he says. "The career manager, the CO, and my colleagues have been extremely supportive in trying to balance work with the WMG. Even the PSP staff have gone out of their way to open up gym time and purchase specialized equipment. When you're getting backing like this it makes it much easier to focus on training."

The team met in Ottawa this past weekend for their final training camp before their July departure. The camp saw the team combine with the Canadian men's national team for workouts. A nice surprise for Lt(N) St. Pierre as his brother, a professional volleyball player in France, came home to participate in the weekend - the

first meeting for the two in over a year.

As the games inch ever closer and the competitive juices begin to pump through Lt(N) St. Pierre, he realizes there's a bigger significance to the games than hoisting a trophy.

"One it's competition, but on the other hand it's also fostering relationships with these other countries."

In Rio, the team has been drawn in Group B against Iran, Finland, India, China, and Germany. Other CISM sports at the games include basketball, soccer, boxing, fencing, track and field, equestrian, shooting, and parachuting. So far, around 6,700 athletes from across the world have confirmed their participation.

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Jamie Webb, Contributor

LS Adam Carnegie, a watchkeeper at the Joint Operations Centre, hauls down the Naval Board flag at Duntze Head on completion of the board's deliberations. The flag is flown to signify the gathering of the navy's senior leadership, including the Chief of the Maritime Staff (CMS), Acting CMS, Formation and Fleet Commanders, and Commodores from naval headquarters in Ottawa, ON. The Naval Board of Canada was first created in January 1942 as an advisory body to the Minister for Naval Services. Its flag, approved in 1943 and based on that of the British admiralty, bears a fouled anchor (cable entangling the anchor) on a field of crimson over blue divided diagonally from the top hoist to the lower fly.



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Big return with NPF credit card

Ben Green
Staff writer

With the fourth and final quarter cheques for Bank of Montreal's Corporate Credit Card (BMO CCC) rebate program deposited into accounts recently, bases across the country are finding out that it really does save to spend.

BMO's CCC, similar to the Public Acquisition Card, is used by individuals who have a Non-Public Property (NPP) budget. For the past two years, at a rate of 1.36 per cent of every dollar spent, BMO has been giving rebates to these NPP entities based on the volume of purchases made on their cards.

Every quarter, Director General Personnel and Family Support Services (DGPFS) is issued rebate cheques that are then passed on to the NPP entities that used their card. Amount of money spent are kept track of through their card number.

With rebates based off of frequency of use, DGPFS will be encouraging greater use of the card to NPP entities, says Sarah Myrer, Special Advisor to the Chief Financial Officer at DGPFS. This may include a project being launched whereby DGPFS will endorse the maximum use of the corporate credit card for NPP purchases (with few exceptions). Also under

the project, NPP entity managers will be able to approve all card expenses to their appropriate account through BMO details Online® web application.

There are a number of regulations that accompany the card (no personal use, transaction limits, etcetera) and should be read thoroughly by interested NPP entities. This, as well as more general information about the card, can be found at www.cfpsa.com.

The total BMO CCC rebate for 2009 and 2010 from all Canadian Forces bases tallied \$271,676.25. CFB Esquimalt's 2009 and 2010 rebate totalled \$8,773.56.



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Corner Brook begins new life on the West Coast

Crew says good-bye to submarine commander

Gerry Pash
NPAO

There's nothing more memorable than diving a submarine with Prime Minister Stephen Harper standing next to you on the bridge.

When LCdr Alex Kooiman sifts through his three years as *HMCS Corner Brook's* captain, this moment surfaces as tops.

Joining him and the Prime Minister in the submarine were Minister of National Defence, Peter McKay; the Chief of the Defence Staff, General Walt Natynczyk; and Chief of the Maritime Staff, Vice Admiral Dean McFadden.

It was LCdr Kooiman's first operation since taking command in July 2009, and a unique one at that. He and his crew sailed to Canada's Arctic region on Operation Nanook. Greeting them at Frobisher Bay were Canada's senior military staff.

"We dove the boat with them aboard," recalls LCdr Kooiman. "It was a unique experience to have the leaders of the nation and the Canadian Forces on board."

The submarine commander has dozens more unique *Corner Brook* experiences in his cache of yarns, including last Thursday when he relinquished command of the submarine to LCdr Paul Sutherland, ending 700 days in charge.

One third of those days were spent at sea guiding *Corner Brook* through several first-of-class experiences: serving as a target for exercise torpedo firings, undergoing a precise fuel consumption trial to provide detailed data on the range and endurance of the Victoria Class boats, and sailing on both sides of the continent with International Task Groups for exercises and operations, such as Operation Carribe, aimed at interdicting the flow of illicit drugs from Central and South America.

Corner Brook arrived in Victoria a few weeks ago, after a 74 day, 9,000 nautical mile transit from Halifax to Victoria. The transit through tropical wat-



Cpl Brandon O'Connell, MARPAC Imaging Services

Above: Incoming Commanding Officer of *HMCS Corner Brook*, LCdr Paul Sutherland (left); Canadian Fleet Pacific Commander, Cmdr Peter Ellis (centre); and *Corner Brook's* outgoing Commanding Officer, LCdr Alex Kooiman (right), sign the official change of command certificates. *Corner Brook's* change of command ceremony was held at the submarine support building D-85 on May 19. **Below:** CPO2 Jeff Rideout, Coxswain of *HMCS Corner Brook*, presents outgoing Commander LCdr Kooiman with a gift during the Change of Command Ceremony.

ers confirmed the air conditioning changes that have greatly improved the habitability of the boats. The modifications were made as a result of the lessons learned when *Victoria* made the trip in 2003.

During its sail up the Pacific Coast of North America, *Corner Brook* joined the U.S. Navy in exercise Maple Fury. Ships, submarines and aircraft located and tracked the boat to test the U.S. Navy's Anti-Submarine Warfare (ASW) procedures and command and control. The commander of the U.S. Navy's 3rd Fleet welcomed the opportunity to train with a modern diesel submarine.

"As the (United States) navy works to hone perishable ASW skills, allied units such as *Corner Brook* become increasingly important to the war-fighting readiness of our Strike Groups and ASW forces,"

said navy Capt C.J. Kalb, Chief of Staff, Commander, Anti-Submarine Warfare Force, U.S. 3rd Fleet.

He added that *Corner Brook* is a great asset for Canada and a welcome addition to the Pacific. "We

look forward to working with her and other Maritime Forces Pacific units in as many exercises as possible in the future."

With *Corner Brook's* change of command now complete, LCdr Kooiman

is now turning his attention to attending the United Kingdom's Joint Command Staff College at Shrivenham, England. Upon returning to Canada, he expects to be posted to a submarine operations

staff position.

LCdr Paul Sutherland now has the watch for *Corner Brook*. The submarine has commenced personnel training to help ensure *Victoria* is ready for its operational phase.

It was a unique experience to have the leaders of the nation and the Canadian Forces on board.

-LCdr Alex Kooiman
HMCS Corner Brook's Former Commanding Officer



Number 53 takes command of HMCS Corner Brook

**Ben Green and
Kyla Pawlyshyn**
Staff writer, Contributor

Perched on the corner of LCdr Paul Sutherland's desk in the submarine shore office is a plaque embossed with the phrase: "O God, thy sea is so great and my boat is so small."

That sentiment is fitting for the Canadian Navy's newest submarine captain.

Last week, he took command of *HMCS Corner Brook* from LCdr Alex Kooiman, becoming the 53rd submarine commanding officer in Canada's naval history.

He earned that post after recently completing the Norwegian Navy's gruelling Perisher Course, or Submarine Command Course.

"I'm chomping at the bit to sail by myself," he says. "I just want to go out and be a CO and drive a submarine," he says.

Three decades of service have led him to *Corner Brook's* bridge. Having joined the Regular Force from the Naval Reserves in 1991, he trained as a sensor weapons officer above water before making the dive to submariner in 1999.

For the next decade he worked in submarines on either coast, eventually progressing to Executive Officer. To achieve the ultimate posting as Commanding Officer, the only command-qualified position on submarines, he had to complete the Perisher course, an emotionally and physically intensive course designed to bend, and at times break, prospective submarine captains.

"It's called Perisher for a reason. Guys go to Perisher and perish all the time," says LCdr Sutherland.

The failure rate of the Norwegian Perisher is 60 per cent; last year no one passed.

On Jan. 1, LCdr Sutherland was in Bergen, Norway, with four Norwegians and one other Canadian, all facing 14 weeks of intensive training and testing.

The course has two sections, a safety phase and a tactical phase. Students spent the first five weeks in dry land trainers before departing for two weeks at sea in an Ula-class submarine provided by the Norwegians. LCdr Sutherland describes them as much smaller than the Victoria-class, built for the small coastal fjords surrounding the Scandinavian nation.

The submarine maintained periscope depth as the students worked on attacking and evading manoeuvres. At the end of two weeks, they were back in the classroom, followed by another two weeks of inshore operations. This time they worked with Special Forces, gathered information/intelligence, and practiced pick up and drop offs, all the while trying to evade detection from the Norwegian Coast Guard and Navy.



Ben Green, Lookout

Above: LCdr Paul Sutherland sits in the captain's chair in HMCS Corner Brook's control room. In mid-April, he returned from Norway as a graduate of the Norwegian Perisher course, a highly selective submarine command course that all prospective submarine commanding officers must pass. At a 60 per cent fail rate, the course rigorously tests submarine officers in all facets of underwater warfare over phases in the classroom and under the water.

Right: LCdr Sutherland (right) speaks with some of his crew on board *Corner Brook* as regular maintenance is carried out at CFB Esquimalt's C Jetty.



I'm chomping at the bit to sail by myself. I just want to go out and be a CO and drive a submarine.

-LCdr Paul Sutherland
CO, HMCS Corner Brook

Stress and sleepless nights were common to all the students.

"If you're going to fail the course it's because you're unsafe at something," he says. "You don't have to be a tactical guru, but if you're unsafe you're finished."

In the final three weeks, students joined Joint Warriors, a tactical exercise off the coast of Scotland, where they implemented all their knowledge.

On April 17, three and a half months after they started, four of the six students were captains – the other two had been released along the way.

The graduates were treated to a tradition in the submariner community, a Perisher breakfast with submarine senior staff from around the world.

"I had this grin on my face, it was pretty much there all weekend," recalls LCdr Sutherland. "They said 'you're by yourself now, you've earned that right, be safe and look after yourself'."

The relationships forged over the gruelling months in Norway will be lasting he adds.

"I have some really good friends in the Norwegian Navy now. I can pick up the phone and call anytime," he says. "They're friends I'm going to have for the rest of my life."

He adds the course not only brings an understanding of how our allies operate their submarines, but opens dialogue between nations.

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CREWS TAKE ON HMCS CORNER BROOK during Trident Fury



IN SUB DETECTION EXERCISE

Ben Green, Lookout

Ben Green
Staff writer

A cool breeze sweeps through *HMCS Winnipeg's* open bridge wing door as a flurry of commotion whips through the crew.

Gazing across the horizon off the starboard side, a late afternoon sun illuminates a distant mound protruding from the water's surface – a submarine.

About three kilometres away, *HMCS Corner Brook* has surfaced amidst the Trident Fury convoy after a gruelling journey that saw it depart Halifax, make its way through the Panama Canal, and rendezvous on the West Coast. As part of today's CASEX, combine anti-submarine exercise, *Corner Brook* is offering crews of participating warships their first opportunity to see this Canadian submarine at sea.

"This is a basic familiarization exercise," says LCdr Clive Butler, *Winnipeg's* Executive Officer, from his chair on the bridge. "You work your way up to different sub aspects, everybody gets together to have a look. We bring up our lookouts and upper deck watchkeepers so they can familiarize the visual appearance of the sub."

Known as a "shop window", the exercise brings the submarine within 1,000 yards of the warships to demonstrate a variety of submerging and surfacing manoeuvres, so crews can see what different parts look like sticking through the surface of the water.

"That visual is so important since most subs are still spotted visually," says LCdr Butler. "This is so they know what to look for."

With *Corner Brook* off its portside, *Winnipeg's* bridge crew packs onto

the bridge wing for a closer view. Armed with binoculars and cameras, the crew chatters excitedly at the now fully surfaced submarine.

The CASEX takes *Corner Brook* through a variety of demonstrations. For periods of about five minutes it dives under the surface and shows off various parts such as its attack periscope, search periscope, radar mast, snorkel mast, and communication mast. It also transmits its periscope radar and echo sonar, so crews become familiar with those capabilities. Finally, *Corner Brook* fires off a green grenade (to simulate a torpedo fire), a red flare (to signal an emergency on board), and white smoke (to signal its position) for more crew familiarization.

Winnipeg's leadership stresses why these specific exercises are vital for a complete naval presence. "Submarines have

Above: As *HMCS Corner Brook* submerges, *HMCS Vancouver* passes by behind it during Exercise Trident Fury 2011.

Below: Lt(N) Nick Kovaloff peers through *HMCS Winnipeg's* portside binoculars as the submarine *HMCS Corner Brook* prepares to submerge.



Ben Green, Lookout

always been an important part of a functional maritime arsenal," says LCdr Butler. "We do place an importance on

underwater warfare."

With cameras flashing and videos recording, one *Winnipeg* crew member jokes what the real

intrigue about the submarine is.

"It's the surfacing that's impressive, not the sinking – we can do that."

Ordinary Seaman first at MARPAC to earn submarine dolphins

Lt(N) Matt Taccogna
HMCS Victoria

History was made April 7 when OS Dan Puxty became the first Maritime Forces Pacific Ordinary Seaman to earn Submarine Dolphins on a Victoria-class submarine.

The young sailor enrolled in the CF in November 2008. After completing his QL3 a year later, he proceeded on his Basic Submarine Qualification before being posted to Victoria in June 2010.

Once here, OS Puxty started working on his Dolphin qualification package and helping out within the electrical section. While working in *Victoria*, he walked the lengthy internal systems on board the submarine

in order to gain the in-depth knowledge required for his Dolphins On Job Performance Requirements package.

To gain at sea experience, OS Puxty joined *HMCS Corner Brook* on March 20 in Panama during the submarine's transit to Victoria.

OS Puxty described the experience of qualifying onboard *Corner Brook* as being "lots of studying and lots of hard work."

His most memorable experience was getting to drive the boat while deep.

"Not everyone can say they

got to drive around a submarine, under water and effectively blind," says OS Puxty.

Once he completed his requisite sea time and Dolphins On Job Performance Requirements package, he challenged the Dolphin Board. The board is best described as an oral assessment where the candidate is asked to describe different parts of the submarine from memory, in vast detail, and then respond to an emergency on board as if they were actually

there. The process is interactive, imaginative, and intense, and it demands a degree of confidence that makes one proud to wear the Dolphins on their uniform.

Anyone interested in considering a career in submarines should drop by the Submarine Support Facility, building D-85.

As a result of having three submarines stationed on the West Coast, the first Basic Submarine Qualification (BSQ) course will be conducted at Canadian Forces Naval Engineering School this fall. By conducting the BSQ more regularly out west, new submariners will minimize their time away on training in Halifax, and can take advantage of training on an operational submarine in Esquimalt Harbour.





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IN BRIEF

Teens perform classic "Three Musketeers"

Dueling with swords on Fisgard Street is not how one expects to find Victoria teens on a rainy Friday afternoon in May.

Some retro form of gang warfare? No, its Kate Rubin Theatre Studios Advanced Performance Group preparing for their upcoming production.

Kate Rubin has a reputation for engaging her students, aged 15-18, in the unexpected. What do they have in store for this year's audience? Nothing less than the swashbuckling adventures of Alexandre Dumas' "Three Musketeers."

Seventy-five-year-old Esquimalt fencing instructor Nan Sang Ho has taken on the task of preparing the group for the swordplay the

script demands.

Victorians will have the opportunity to experience the adventures of D'Artagnan and his fellow musketeers from June 1-5 at Intrepid Theatres Metro Studio on 1411 Quadra Street. Leap into the seventeenth century and watch the musketeers, their shining rapiers flashing, out-manoeuvre the Cardinal and Milady to defend king, queen and La Belle France.

- Preview Evening Show: June 1, 8 p.m.
- Matinees: June 2 and 3, 12:30 p.m.
- Evening Shows: June 2, 3 and 4, 8 p.m.
- Closing Matinee: Sunday June 5, 2 p.m.

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HST REFERENDUM

JUNE 13 - JULY 22, 2011

Elections BC is administering the 2011 HST Referendum. To vote in the referendum, you should know the following:

- an HST Referendum Voting Package will be mailed to each registered voter beginning June 13 through to June 24, 2011.



- voters who do not receive an HST Referendum Voting Package may request a package until midnight (local time), July 8, 2011. Call **1-800-661-8683** (toll-free).

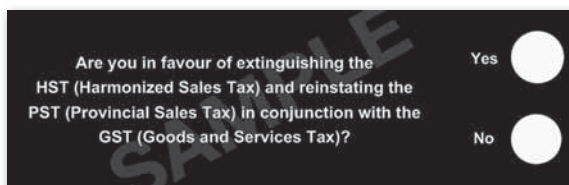
- voting packages will include a ballot and instructions on how to vote and return your ballot package.

- you can vote if you are:
 - a Canadian citizen
 - 18 years of age or older on July 22, 2011
 - registered as a voter in British Columbia, and
 - not disqualified by the *Election Act* or any other enactment from voting or be otherwise disqualified by law

- ballot packages must be received by Elections BC, a Service BC Centre or an Elections BC Collection Centre before 4:30 p.m., Friday, July 22, 2011. Locations are listed on the Elections BC website at www.elections.bc.ca or call **1-800-661-8683** (toll-free).

- HST Referendum Voting Packages are provided in English. Translations of the materials will be available on the Elections BC website at www.elections.bc.ca.

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A SHOT IN THE DARK

The first Canadian ship to come under direct fire since the Korean War, HMCS Charlottetown shows it's ready to respond.



Cpl Chris Ringius, Combat Camera
Executive Officer, LCdr Matthew Coates (left); coxswain, CPO1 Alistair Skinner (right); and meteorologist technician, MCpl Melany Pilon, at action stations during an attack May 12 in the Mediterranean Sea.

Lt(N) Michael McWhinnie
HMCS Charlottetown

A voice penetrates the darkness on the bridge of *HMCS Charlottetown*. "Incoming fire bearing green one-five-zero!" The starboard lookout raises the alarm loudly and quickly, with no hint of panic. The report marks the first time the Canadian Navy has come under direct hostile fire since the Korean War, and it immediately draws the ship's commanding officer, Cdr Craig Skjerpen, and the weapons direction officer onto the bridge wing. Out of the impenetrable darkness, brilliant evenly-spaced points of lights snake their way towards the ship. The salvos are punctu-

ated by large bursts of flame that flash then disappear. "Open fire!" barks Cdr Skjerpen, ordering the heavy machine gun crew to target the source of hostile fire. Close by a 50-calibre gun thunders in response. A short while earlier the ship had been quiet. Half the crew slept as the operation's team worked through the early morning of Thursday, May 12. "Around 2 a.m. we became aware of several small craft hugging the coastline and heading towards Misrata," said the on-watch Operations Room officer, Lt(N) Adrian Armitage. "We analyzed a number of factors, assessed that the boats posed a threat to the port, and recommended that

the ship come to action stations." The Canadian frigate sounded the alarm and brought its crew to the highest degree of readiness. It manoeuvred in concert with the destroyer HMS Liverpool and a French warship to block the advance of the small boats. Prevented from attaining their objective, and with the French firing warning shots, the small boats abandoned their attack and retreated. "We were able to detect support vehicles that paralleled the boats along the road following the shore," said Lt(N) Armitage. "As they stopped to extract their teams, they were provided covering fire from artillery and anti-aircraft canon."

I am reassured by their calm and professional performance. It is obvious to me that morale is high and everyone appreciates the connection between their efforts and achieving the operation's goals of protecting the civilian population in Libya.

-Cdr Craig Skjerpen
Commanding Officer, HMCS Charlottetown

On *Charlottetown's* starboard wing a handful of crew examined the flight of the incoming tracers as they slowly drew right and passed astern of their ship. A sweeping motion of fire betrayed the lack of precise aiming by regime forces. "Cease fire!" yelled Cdr Skjerpen, aware that return fire would only serve to provide an aiming point to the attackers. "The ships repositioned to re-establish a barrier in the direction to the port at a suitable standoff distance from shore," said Lt(N) Armitage. "Having successfully

deterred the attack, we resumed our patrols." The warships sustained neither damage nor injury to their crews. "*Charlottetown* is a modern technologically-advanced ship and the crew have trained well and hard to be prepared for the type of challenges we faced tonight," said Cdr Skjerpen. "I am reassured by their calm and professional performance. It is obvious to me that morale is high and everyone appreciates the connection between their efforts and achieving the operation's goals of protecting the civilian population in Libya."



Cpl Chris Ringius, Combat Camera
Lt(N) Adrian Armitage oversees the functioning of the ship's combat personnel during his watch as Operations Room officer.



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Left: Four-year-old Ribal Khodr holds a proud salute at one of the God's Acre gravesites after a Candlelight Tribute marking the 90th anniversary of the Royal Commonwealth Ex-services League, held on Thursday evening. **Right:** Pipers march in the colour party.

Penny Rogers, Lookout

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Educating the fleet and dispelling myths about family violence

Shelley Lipke
Staff writer

Family violence affects every community in Canada, including the military.

To educate military members about the issue, and provide ways to mitigate it, the Family Crisis Team held a presentation for HMCS Calgary at Work Point's Collier Theatre on May 6.

"We want to educate people about the myths and stereotypes," says Family Crisis Team Leader Lt(N) Lyn Kingsley. "When we present to units we educate them on what family violence is. A lot of people have misunderstandings about how to define it. Many people understand it as only physical violence and we dispel that myth and explain that domestic violence constitutes far more than just physical abuse."

The family crisis team is made up of base social workers, a civilian clinical social worker, and representatives from Military Family Resource Centre, Health Promotion, and Military Police.

"We also have a fantastic volunteer, a male CF member who has made use of our services in the past and is now speaking

to the Formation during our presentations," says Lt(N) Kingsley. "He talks about how getting help will not hurt your career, and that managing anger, addictions and talking to people at the family crisis team is a helpful process."

For Calgary's crew, Health Promotion Manager Krista Durand, and second in charge of the Family Crisis Team Tina Wagner-Kulak also spoke.

"Your obligations are to be familiar with domestic violence and move it up the chain to Military Police, social workers to help families, and to report all known and suspected abuse," said Wagner - Kulak to the group.

Calgary's crew watched videos on the many faces of domestic abuse. Sailors learned of signs and symptoms of domestic abuse and about emotional abuse, and they also learned of statistics such as more than 6,000 CF members experienced family violence between 1999 and 2004.

An open discussion followed the film presentation where sailors shared their thoughts and experiences.

Several sailors spoke of neighbours, community

members, and CF members they have known who were involved in domestic violence, and several involved women as the perpetrator.

"I think it's very important to host events like this," says Durand. "The crew seemed very interested in learning how to help fellow crew mem-

bers, and hopefully the more they can talk about the topic the more they can reduce the stigma."

Calgary's Executive Officer, LCdr Sylvain Belair addressed the ship's company at the end of the presentation.

"We are a slice of society. To think it doesn't happen to us is naive," he

says. "These resources are trained professionals and our first step is to listen. If somebody needs help, listen and if you don't know what to do seek guidance and help them use these resources."

If a Canadian Forces member suspects a colleague is involved in family violence, it is their obli-

gation to notify either the military or civilian police, and notify child welfare authorities if child abuse is suspected.

If commanding officers of base units are interested in having the Family Crisis Team make a presentation to their unit contact Wagner-Kulak at 250-363-4411.

WIN TICKETS!

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Name one of the top MMA athletes does Brazilian Jiu Jitsu phenom Robert Drysdale coaches?

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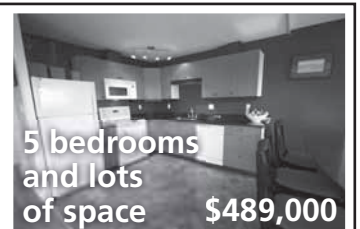
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O most beautiful flower of Mount Carmel, fruitful vine, splendor of heaven, blessed mother of the son of God, immaculate virgin, assist me in my necessity. O Star of the Sea, help me and show me that you are my mother, O, Holy Mary Mother of God, Queen of heaven and earth, I humbly beseech you from the bottom of my heart to help me in my necessity. (Make your request.) There are none that can withstand your power. "O Mary conceived without sin, pray for us who have recourse to you." (Three times.) "Holy Mary place this prayer in your hands." Say this prayer three consecutive days and then publish it and it will be granted you. JK

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Left: (Left to right) RAdm David Gardam, Commander Maritime Forces Atlantic; VAdm Dean McFadden, Chief of the Maritime Staff; Cmdre David Craig, Commander Naval Reserve; and RAdm Nigel Greenwood, Commander Maritime Forces Pacific, display the Maritime Command copy of the "Book of Remembrance" by Robert Cantin, during the Naval Board Meeting at CFB Esquimalt. Three copies of this historic record were donated to the navy and will be placed on each coast, as well as at Maritime Command.



Right: Capt(N) William Woodburn and Cmdre Patrick Finn, peruse the "Book of Remembrance."



Cpl Charles A. Stephen, MARPAC Imaging Services

Bravo
ZULU



HMCS Regina promotions

Top left: PO2 Kihn is promoted by Lt(N) Schneider (left) and CPO2 Tyacke (right).



Top right: MS Curtis is promoted by Ly(N) Wou (left) and PO1 Crawford (right).



Bottom right: AB Theodore is promoted by PO2 Piel (left) and SLt Lachapelle (right).



Bottom left: AB Tulloch is promoted by Lt(N) Crowder (left) and CPO2 Gracey (right).

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HMCS Regina promotions continued...



AB Zhang is promoted by (left to right) LCdr Bowen, Lt(N) Schneider and CPO2 Tyacke.



CPO2 Cumby is promoted by (left to right) LCdr Bowen, CPO2 Pollard, and Lt(N) Guo.



CPO2 Forgiarini is promoted by (left to right) LCdr Bowen, Lt(N) Schneider and CPO2 Tyacke.



PO1 Simister is promoted by (left to right) LCdr Bowen, Lt(N) LeFresne and PO1 Pearce.



PO2 Ironstand is promoted by Lt(N) LeFresne and PO1 Nevue.

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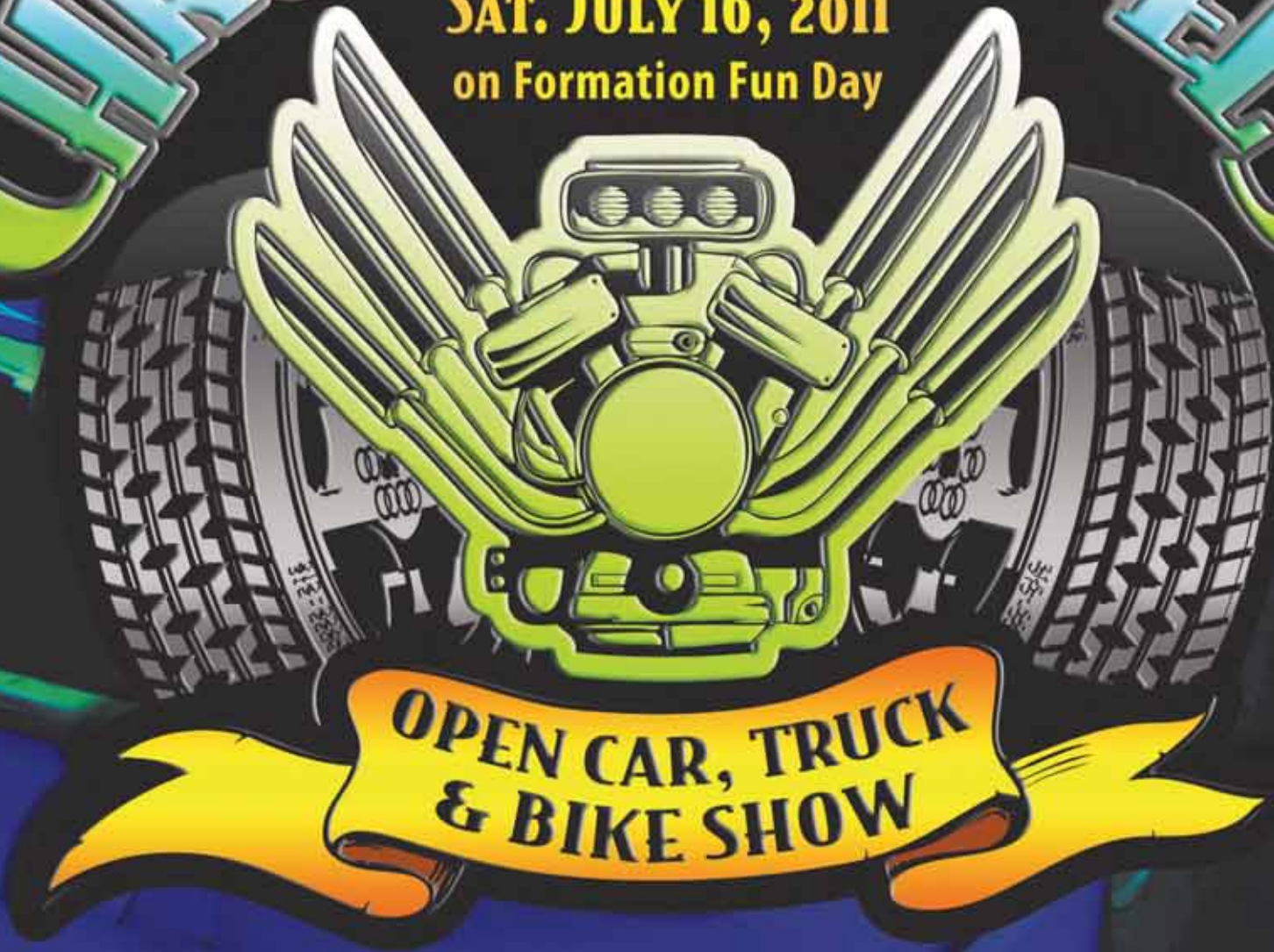
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