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Cpl Rick Ayer, Formation Imaging Services, Halifax Prince William, The Duke of Cambridge, sits in the cockpit of a CH-124 Sea King prior to takeoff from Dalvay by the Sea, Prince Edward Island, during a Waterbird Emergency Landing Procedure training exercise on Dalvay Lake. See more photos from the Royal visit on page 6.

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# VANCOUVER READY TO GO



Penny Rogers, Lookout

On July 10, HMCS Vancouver pulled away from Esquimalt harbour bound for the Mediterranean Sea and the shores off Libya. The ship will replace HMCS Charlottetown, which has been on patrol with NATO forces since early spring. Clockwise from top left:

- A Channel gets a last minute interview with MS Joyce Farmer, the ship's exchange manager. She keeps the messes supplied with pop, spirits and "junk food."
- A Fleet Maintenance Facility Cape Breton employee guides the crane as it lowers a pallet of supplies onto Vancouver's flight deck.
- MCpl Thomas Chester cooks up a snack in the ship's galley. Should an emergency happen, he and all the cooks aboard ship trade their aprons for medical kits. As casualty clearers, they are trained as first responders with emergency first aid and CPR.

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Penny Rogers, Lookout

HMCS Vancouver takes on supplies as the crew prepares for their six-month deployment to Libya to relieve HMCS Charlottetown on Operation Mobile.

# HMCS Vancouver off to Mediterranean

**Penny Rogers**  
Staff writer

Activity aboard *HMCS Vancouver* last week was what you might expect as their July 10 departure date quickly approached.

Cranes dropped pallet after pallet of supplies onto the fo'c'sle sending crewmembers scrambling to find room for the provisions, and Fleet Maintenance Facility workers migrated on and off the ship wrapping up last minute jobs.

On Sunday, *Vancouver* and an embarked Sea King left for Libya to replace *HMCS Charlottetown*, which has been on patrol with NATO forces in the Mediterranean Sea and off the coast of Libya since early spring.

The deployment is part of Operation Mobile, Canada's contribution to NATO's arms embargo and no-fly zone enforcement in Libya. The ship will sail to the Mediterranean where it will begin its six-month deployment.

### Boarding Party Preparation

The crew has been preparing mentally and physically because of the high threat of recent uprisings in Libya. This includes the ship's boarding party, a secondary duty for some sailors.

Lt(N) Scott Meagher's primary job is ship's

Command and Control Information Systems Officer. A team of 15 people work under him in the communications room, handling all the communications and IT assets on board ship. His secondary role is that of naval boarding party officer.

"I have a 20-person team specifically trained to board vessels for cargo inspections, to collect information or to pass information on to other vessels that are in the area. We come on board, have a look and then make a decision on what further needs to be inspected and how we are going to proceed," explained Lt(N) Meagher before the ship sailed.

The boarding party is also trained in hand-to-hand combat, repelling, the use of tools, detaining personnel and the proper ways to speak to people in order to deter a situation from escalating.

To get the team acclimatized for the hot temperatures of the Mediterranean, training en route will involve donning all their gear and adding up to 80 pounds of additional weight.

### Satiating Appetites

MCpl Thomas Chester is and one of six cooks aboard *Vancouver*. Daily, galley staff serve 1,000 meals, providing three choices at five sittings a day.

Getting ready for a long deployment means stocking up on some must-have foods.

"We brought 120 cases of Canadian bacon on board because you can't get Canadian bacon over in the Mediterranean and everybody knows Canada has the best bacon in the world. So we bring as much as we can," said MCpl Chester.

Aside from keeping the crew well fed, the cooks also have secondary duties.

"We are all casualty clearers," explained MCpl Chester. "Whenever we go to emergency stations or rescue stations, all the cooks have to close up in case there are casualties. We are the first responders. We are all first-responder trained, emergency first aid trained and CPR trained."

### Dive duty

Making his second trip to the Mediterranean in less than three years is MS Matt Gariepy, a Towed Array Sonar Supervisor in the Operations Room.

MS Gariepy took part in 2008's Operation Altair aboard *HMCS Calgary* in a deployment that saw them circumnavigate the globe.

Training for the current deployment has been cru-

cial to the sonar operators aboard *Vancouver*.

"As we all know from the news, mines are a threat out there right now, so that is definitely something we've been focusing on a lot - mine transiting. As sonar specialists, we are responsible for using our sonars and sensors on board to help detect these explosives," said MS Gariepy.

MS Gariepy has yet another role to play aboard ship - that of a ship's team diver.

"We do a lot of search and rescue training, helicopter drops and rescues from the water with the air crew, and just last night we tested our mine removal system where we were able to remove small mines off the side of the ship."

He, like so many of the ship's crew, is excited to be making the trip and showing Canada's flag on the other side of the world.

"We do a lot of intense training, but when we get into our operational theatre that's when the real stuff happens," said MS Gariepy. "We always train, but when we get there it's a pretty serious job and everybody's head is in the same space. We all know what's required of us out there."

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# matters of OPINION

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## People Talk

Lookout asked this question:

*What are you looking forward to the most about the last Harry Potter movie coming out?*



I'm looking forward to it being done. I've been reading the books and watching the movies for 12 years.

**Pamela Kelly,**  
Executive Clerk to the  
Base Commander



So far I've been really impressed by how well the movies reflect the books, so I'm looking forward to seeing how everything is wrapped up.

**Sara Helmecci,**  
Base Public Affairs



I want to know, will he (Harry Potter) save the world? Will they kill him off and make him a martyr/hero? I'm wondering how she'll end the series.

**Aidan Neill,**  
BHRPPO



I'm looking forward to just seeing the movie. I've got a wide range [of movie preferences], anything from science fiction to family cartoons and everything in between.

**Steve Milne,**  
Business Manager



I'm a fan; I've read all the books. I'm not looking forward to it being over, I don't want it to end.

**MCpl Valerie Bryan,**  
Base Chief's Clerk

## WHAT SAY WE

# Where do I start if I want to create a will?

Dear Jessie,

I am interested in creating a will, but I find the legal jargon difficult to understand, and I want to feel confident and well informed before I make any decisions. Could you please give me any basic information I need to know before I speak with a lawyer?

-Anonymous

Dear Anonymous

Planning your will doesn't have to be confusing or intimidating. The most important aspect to understand is that there are two main types of wills in Canada: a Last Will and Testament and a Living Will.

The Last Will and Testament specifies what should happen after you die, such as naming guardians for your children and providing exact instructions on how you want your assets and personal property to be distributed to your loved ones. You will need to decide on a representative who will carry out the instructions of your will, who is known as an executor. If you are married, your spouse typically assumes this role. It is important to remember that a Last Will only comes into effect after you die, and deals mostly with property and assets.

In contrast, a Living Will has nothing to do with property, but instead assigns power of attorney to a person of your choice for health care decisions. A Living Will allows you to dictate your wishes for life support should you ever become incapacitated with no reasonable expectations for recovery. You can also include information such as

***The Last Will and Testament specifies what should happen after you die, such as naming guardians for your children and providing exact instructions on how you want your assets and personal property to be distributed to your loved ones.***

whether you would like to donate organs, or if you would like to be cremated. A Living Will only goes into effect after a doctor decides you have no chance for recovery and certifies that you have a terminal illness or are permanently unconscious.

Unfortunately, wills generally need to go through probate court to determine the validity of the document and these proceedings can be time consuming and costly.

It can also be easy to confuse a living trust with a Last Will. The main difference between the two is that a trust lets you transfer assets to beneficiaries while you're still alive, while a will only transfers your assets after you die. Also, unlike a will, a living trust is not usually subject to probate

court.

A revocable living trust is the most common type of trust in estate planning. With this type of trust you can change or revoke the terms of the trust at any time you're alive. The trust instructs trustees how to distribute your assets to beneficiaries while you're alive, after death, or if you've become incapable. Both you and your spouse can be trustees and manage the trust's assets.

At the time of death, assets held in the name of a revocable living trust pass directly to the beneficiaries named in the trust agreement and stay outside the probate process, which allows beneficiaries immediate access to the assets.

Living trusts can also be irrevocable, however these are less common. With this type of trust, assets are no longer yours and typically you can't make changes without the beneficiary's consent.

It is always recommended that you work with a lawyer to ensure your will is tailored to your needs. Contact an EAP referral agent, or the EAP office for help finding legal assistance and further information on estate planning.

*Dear Jessie is an informal anonymous EAP column. You can write a question and address it to, "Dear Jessie, Building D29 room 107, PO Box 17000 Stn Forces, Victoria BC V9A 7N2" You can sign the letter from anonymous. In all circumstances Jessie in EAP respects confidentiality. Answers are not intended as legal advice and are for guidance purposes only.*

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# ROYAL VISIT



Sgt Luc Taillon, Canadian Forces Combat Camera



MCpl Marc-Andre Gaudreault, Canadian Forces Combat Camera



Cpl Rick Ayer, Formation Imaging Services, Halifax



MCpl Dan Pop, Canadian Forces Army News

Canadian Forces personnel supported the Royals' Canadian tour from June 30 – July 8, providing logistical and ceremonial support in Ottawa, Montreal, Quebec, Prince Edward Island, Yellowknife and Calgary.

- Clockwise from top left:
- The Duke and Duchess of Cambridge lay a wreath at the National War Memorial in Ottawa, ON, as part of their first official event on Canadian soil.
  - Canadian Rangers give gifts to the Royal couple at Blachford Lake Lodge, in Yellowknife, Northwest Territories, on July 5.
  - Cdr Réal Brisson, Commander of HMCS Montréal, thanks the Duke and Duchess of Cambridge for visiting the ship.
  - Prince William stops to chat with a member of the Canadian Forces Guard of Honour upon his arrival in Ottawa, ON, on June 30.



COMMUNITY NEWS: BRUSH WITH FAME

# Sailor to appear on Gene Simmons "Family Jewels"

**Penny Rogers**  
Staff writer

Fast legs and dreams of the limelight have won two military members a moment of fame on *Gene Simmons Family Jewels*.

Naval reservist Lt(N) Lee Taal and an infantryman were the first to the stage following Gene Simmons charity challenge at the March 2 Operation Western Front, a spring fundraiser with an Afghanistan military theme in Vancouver.

Simmons dangled a guest appearance on his show, with a \$10,000 donation from event organizers Warren M. Spitz and W. Brett Wilson, to the first military member to get to the stage. Wilson, of Dragon's Den fame, added another \$10,000 when it appeared to be a close call.

Lt(N) Taal, 38, and his wife Christie head to Los Angeles this August for the taping of a Season 6 episode in A&E's reality series that depicts the private life of the wealthy Kiss guitarist.

"I don't know what got into me but I just bolted for the stage," recalls Lt(N) Taal, the Training Officer at HMCS Malahat, and Director of Operations for Immediate Images Inc., one of Canada's leading providers of digital signage systems.

*I don't know what got into me but I just bolted for the stage.*

Lt(N) Lee Taal  
Training Officer at HMCS Malahat

In early March, the Vancouver Convention Centre was transformed into an Afghanistan Forward Operating Base by philanthropists Spitz and Wilson. The goal was to raise money for the True Patriot Love Foundation, and by the end of the evening more than \$1.5 million was collected in sponsorship and donations.

The guest list read like a who's who including the Minister of National Defence, Peter MacKay; Canada's Chief of the Defence Staff, General Walter Natynczyk; Gordon Campbell; and Lauren Harper.

Lt(N) Taal doesn't usually mingle with the likes of Peter MacKay and General Natynczyk, but when his brother-in-law's company bought a table at the fundraiser, he found himself invited.

"It was an incredibly swanky event, which I can only describe as Hollywood featuring the Canadian military. You could tell the military was the definite focus of the event and not an afterthought," says Lt(N) Taal.

During the evening, an auction was held with guests bidding on incredible packages such as a four-day golf trip to Scottsdale, Arizona, featuring private jet travel on a Citation XL/S jet and deluxe resort accommodations that went for \$20,000. Simmons offered one of the last items up for bid.

Friends and co-workers of Lt(N) Taal aren't surprised this opportunity presented itself. His wife worked as a make-up artist on film sets in Canada and Britain, including X-Men. He met Jason Priestley at a restaurant in Calgary and chatted to him about a movie idea he's been developing and, while having drinks at a bar in Las Vegas, he struck up a conversation with a couple, one who turned out to be Erin Brockovich.

"I'm not nervous, but I'll probably get nervous on the day. The reality is I know the exposure is fleeting," said Lt(N) Taal.

And, laughing, he adds, "I'm sure my wife will be giving me a hundred tips."

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Lisa Mackie, Patti Ryan, Lynda Lee and Celeine D'Amour of Team Buyers Beware, from Base Logistics, completed one of the challenges from the last Amazing Race.

## Prepare for anything in the Fun Day Amazing Race

**Lt(N) Hayley Mooney**  
Contributor

"You may get dirty, you may end up clean, and you may use people's strengths more than you think," says Hilary Hodge, coordinator of this year's Amazing Race, as she describes the mysterious challenges coming up during Formation Fun Day on Saturday, July 16 in the Naden portion of the base. Hodge may be tight-lipped, but she is definitely enthusiastic about the upcoming race. Registration for the Amazing Race is still being accepted. Form a team of four or register as an individual and be added to a team to tackle whatever crazy challenges the Personnel Support Programs staff has in store for you.

There are great prizes, including a grand prize of four passes to WildPlay Adventure Park worth \$650, as well as runner-up prizes for second and third place winners. There will even be a prize for the team with the most creative team spirit. "The activities are suitable for all age groups," says Hodge. "There will be activities that rely on coordination and a few that are mentally difficult" You don't have to be a knowledge buff either. "Some of the puzzles are related to the base, but you can find all the answers on the base in some form," explains Hodge. The winning team will be the one who completes the most challenges in the least amount of time. There are no shortcuts though. Cars,

bikes or any other mode of transportation other than foot are not permitted, nor are computers or other devices to answer questions. So competitors will have to move quickly and work together to conquer the challenges. So what is the secret to winning this exciting event? "Working well as a team," says Hodge, and then, after a pause for effect, "and expect the unexpected!" Registration for the Amazing Race has already started, but it's not too late to enter your team, or as an individual. For online registration, go to [www.esquimaltmfrc.com/formationfunday.php](http://www.esquimaltmfrc.com/formationfunday.php) or head to the information booths at Nelles galley and NOTC galley between 11 a.m. and 1 p.m. from July 11 to 15.

## MFRC's Pacific Women's Day tickets on sale soon

**Jon Chabun**  
MFRC

Tickets to the 2011 Pacific Women's Day go on sale Saturday, July 16 at Formation Fun Day. Women interested in registering can do so on site at the event booth by paying in cash or by credit card. Tickets go on sale at every MFRC location on Monday July 18 at 9 a.m. The annual MFRC women's conference is a chance for women in the military

community to make connections and take a day for themselves. Workshops this year include sessions on wine tasting, cake decorating, mixology, self leadership, geocaching and social media.

This year's event returns to Royal Roads University's Hatley Castle on Saturday Nov. 19. For more details on the event, go to [www.esquimaltmfrc.com](http://www.esquimaltmfrc.com) or call 250-363-2640 (toll free 1-800-353-3329).







Cpl Chris Ringius, Formation Imaging Services, Halifax  
 Members of HMCS Charlottetown's boarding party search a vessel of interest's sea containers while off the coast of Libya during Operation Mobile. Charlottetown is working with Canada's NATO partners to enforce an arms embargo and take actions to protect civilians in Libya as part of Operation Unified Protector.

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# Formation Fun Day

## JOIN US FOR ANOTHER AMAZING DAY!

### Formation Fun Day Messages | Messages pour la Journée de la formation

#### From the Admiral

It is my pleasure to welcome you and your families to the fourth annual Formation Fun Day.

This event proudly celebrates our defence community here in Greater Victoria and their contributions to Canada.

This year we hope you will enjoy "A Day at the Races" and have a great day of fun with friends and family. Enjoy your day, you deserve it for the tremendous work you do throughout the year and for the sacrifices your families make for you to be able to make that contribution.

Congratulations and thank-you to the committee from the various branches of CFB Esquimalt, lodger units, the Esquimalt Military Family Resource Centre and Personnel Support Programs who have worked diligently for the last several months to organize this great event for the entire Defence Community.

**Rear Admiral Nigel Greenwood**  
Commander  
Maritime Forces Pacific  
Joint Task Force Pacific

Il me fait plaisir de vous accueillir ainsi que votre famille à notre 4<sup>e</sup> journée de la formation en fête.

Cet événement célèbre fièrement la contribution de la communauté de la Défense dans la région du Grand Victoria et au Canada. Cette année, nous espérons que vous apprécierez cette « journée aux courses » remplie d'amusement avec vos amis et votre famille. Profitez de votre journée, vous le méritez bien avec tout ce que vous avez accompli tout au long de l'année. Par la même occasion, j'aimerais souligner tous les sacrifices que vos familles font pour vous permettre de faire cette contribution.

Félicitation et merci aux comités des différentes divisions de la BFC Esquimalt, aux unités hébergées, au Centre de ressources pour les familles des militaires et au Programme de soutien du personnel qui ont travaillé durant les derniers mois afin de mettre sur pied ce grand événement à l'intention de toute la communauté de la Défense.

**Contre-amiral Nigel Greenwood**  
Commandant  
Forces Maritimes du Pacifique  
Force Opérationnelle Interarmées  
(Pacifique)

#### From the MFRC Executive Director

On behalf of the Board and staff of the MFRC, we want to welcome everyone to "A Day at the Races" Formation Fun Day.

Please join the rest of the defence community for a fun-filled day with your families. For the MFSP, this year marks the 20th year of a national program that provides support and services to military members and their families. We are thrilled that we can celebrate this milestone with all of you here! This promises to be a great day for all. Let us know what you think and how we might be able to improve for next year!!!

**Gaynor Jackson**  
MFRC Executive Director

Au nom du conseil et du personnel du CRFM, nous voudrions vous souhaiter la bienvenue à « Une journée aux courses » à l'occasion de la Journée de la formation 2011. Nous espérons encore une fois que vous vous joindrez à la BFC Naden avec le reste de la communauté de la défense afin de passer une journée remplie de plaisir avec vos familles. Cette année, le PSFM célèbre 20 ans de soutien et de services nationaux aux militaires et leurs familles. Nous sommes très excités de pouvoir célébrer cette journée spéciale avec vous tous! Cette journée s'annonce excellente. Faites-nous part de vos commentaires et de la façon dont nous pourrions nous améliorer pour l'année prochaine!

**Gaynor Jackson**  
Directrice administrative du CRFM

#### From the PSP Manager

On behalf of Personnel Support Programs (PSP) at CFB Esquimalt, it gives me great pleasure to welcome military and civilian members of Maritime Forces Pacific, your families and friends, and the host of volunteers to the 2011 Formation Fun Day. This event is in its fourth year, and it continues to develop and improve each year. As you know, summer in Victoria is a wonderful and beautiful time of year. Over the course of the day, I would encourage all of you to enjoy the day and take in as many of the activities as possible.

I would like to use this opportunity to thank the following sponsors for their support in subsidizing this event: the Bank of Montreal, Save on Foods, Funner Inflatables, WildPlay Element Parks, Uniglobe Geo Travel, Vancouver Island Brewery, Island Farms, Lookout and Pharmasave. Without their financial and in-kind support this event would not be possible.

I would also like to thank the organizing committee, led by senior staff from the Base Administration Branch, MFRC and within PSP, who have been very busy over the past several months working to ensure the event is a memorable one that recognizes and acknowledges the significant contributions that you have made throughout the year, and within the Formation. In particular, I want to thank the Chair, Steve Lawrence from the MFRC and Co-Chair, Jennifer Almeida from PSP for their significant contribution in planning, organizing and hosting Formation Fun Day 2011. The two of you have done an amazing job of bringing everyone together in organizing the layout of the site and collectively working hard to make a difference so, I am optimistic that you will take the time to attend this event and enjoy the various activities throughout the day.

Today is your day...and I salute you! You are individually and collectively working hard and making a difference within the Formation. This day is a tribute to your significant contribution, so relax and have fun! Regardless of your age, there are events for everyone. Again, thanks for all you do. I wish you the most enjoyable of days.

**Dave Molinari**  
PSP Manager

Au nom du Programme de soutien du personnel (PSP) de la BFC d'Esquimalt, il me fait grand plaisir d'accueillir les militaires ainsi que les membres civils des Forces maritimes du Pacifique, vos familles et amis, et les bénévoles pour la Journée de la formation 2011. Cet événement en est à sa 4<sup>e</sup> édition et continue à se développer et à s'améliorer d'année en année. Comme vous le savez, l'été à Victoria est un merveilleux temps de l'année. Au cours de la journée, je vous encourage tous à profiter de cette journée et à participer au plus grand nombre d'activités possibles.

Je voudrais profiter de l'occasion pour remercier les commanditaires suivants pour leur appui lors de cet événement : la Banque de Montréal, Save on Foods, Funner Inflatables, WildPlay Element Parks, Uniglobe Geo Travel, Vancouver Island Brewery, Island Farms, Lookout et Pharmasave. Sans leur appui financier et en nature, cet événement ne serait pas possible.

Je tiens également à remercier le comité organisateur, dirigé par les cadres supérieurs du Service de l'administration de la base, le CRFM et le Programme de soutien du personnel, qui ont été extrêmement occupés au cours des derniers mois pour assurer que l'événement soit un moment inoubliable afin de reconnaître l'importante contribution que vous avez fait tout au long de l'année. Je tiens à remercier particulièrement le président, Steve Lawrence du CRFM et la co-présidente, Jennifer Almeida du Programme de soutien du personnel, pour leur significative contribution dans la planification et l'organisation de la Journée de la formation 2011. Vous avez fait un travail incroyable afin de réunir tout le monde pour l'organisation de l'aménagement du site et pour avoir travaillé de façon ardue pour faire une différence. Alors, je suis optimiste que vous prendrez le temps de participer à cet événement et profiter des différentes activités tout au long de la journée.

Aujourd'hui, c'est votre journée ... et je vous salue! Vous travaillez tous très fort, individuellement et collectivement, à faire une différence dans la formation. Cette journée est un hommage à votre significative contribution, alors détendez-vous et amusez-vous! Peu importe votre âge, il y a de tout pour tout le monde! Encore une fois, merci pour tout ce que vous faites. Je vous souhaite une journée des plus agréables.

**Dave Molinari**  
Responsable du Programme  
de soutien du personnel

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# Formation En Fête

**GENERAL PARKING** for Formation Fun Day will be at the following Lots:  
 1. Lang Cove  
 2. All available spaces around CFFSE bldg's N92 & N92A  
 3. Naden Main gate  
 4. CANEX  
 There will be shuttle bus service from CFFSE, Lang Cove & the intersection of Naden Way & Ontario Drive.

**OVERFLOW PARKING** will be available at:  
 1. Lot behind the Military Police Building (access site through Colville pedestrian gate)  
 2. Gravel Lot at top of Naden St. (access site through Colville pedestrian gate)  
 3. Gravel Lot at old Wardroom Site (access site through Colville pedestrian gate)  
 There will be parking attendants at the intersection of Naden Way & Ontario Drive to direct participants to the appropriate lot. The Sturdee pedestrian gate will also be open so local residents can access the site and catch the shuttle bus to the entrance of the event.

**Prize for the Most Creative Team Spirit**

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# THE AMAZING RACE

during Formation Fun Day

Assemble a winning team of 4 players.  
 Or register as an individual and get added to a team on race day.  
 Prepare for anything: trivia, physical activities, teamwork tests and more.  
 Race begins @ 1:00pm and ends at 2:30pm

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## AJAG: 1911-2011

# 100 years of military law

**Lt Carl Monk**  
Contributor

October marks the 100th anniversary of the appointment of the first Canadian Judge Advocate General (JAG), Colonel Henry Smith.

Prior to the creation of this post, the Canadian Government had no choice but to refer any military legal matters to Great Britain. British military law extends back 1,000 years with an official JAG in place since the year 1666.

The Canadian military law system has assumed many British terms such as court marshal, which is named after the British Earl of Marshal, who in 1551 took responsibility for the trial of military offences under Henry VIII (after the incumbent was beheaded).

In Canada, the post was created in 1911 by Minister of Defence Frederick (later Sir Frederick) Borden, who was frustrated at not having Canadian military legal expertise. The first JAG, Colonel Smith, was a militia army officer and lawyer who had risen through the ranks over the course of a 49-year career, seeing action in several conflicts. He held his position throughout the First World War, retiring in 1918 holding the rank of Major-General.

It was in this year that the Legal Branch was formally established, consisting of a legal department, an accounting branch, a personal effects branch, and a wills branch administering the grim business of military estates in the aftermath of the First World War.

One hundred years later, with the Laws of Armed Conflict accorded increasing importance by both political leaders and military commanders alike, the Branch has expanded accordingly.

Today, there are approximately 151 Regular Force and 55 Reserve Force members advising the Chain of Command and the Minister of National Defence on increasingly complex matters pertaining to military law, both at home and abroad. Legal issues range from providing advice on disciplinary measures for infractions of the Code of Service Discipline, to providing

operational legal advice to Commanding Officers in the field and at sea. In fact, legal officers have found themselves increasingly deployed, providing advice on issues such as targeting, rules of engagement, and Law of the Sea.

At AJAG Pacific, for example, Major Warren Fensom just returned from a 10-month deployment in Afghanistan instructing the Afghan National Army, while Cdr Thomas Flavin recently returned from Task Force Libeccio, advising the Canadian Air Detachment participating in the enforcement of the no-fly zone in Libya.

***The Military Justice system is unique from other Canadian courts in that it needs to be swift, portable, and flexible in order to meet the operational needs of the CF.***

Besides operational advice, the Branch tends to matters of administrative law and military justice. Administrative law focuses on issues such as compensation and benefits for members, personnel matters, and pensions and service estates, while military justice matters relate to the unique enforcement of discipline.

The Military Justice system is unique from other Canadian courts in that it needs to be swift, portable, and flexible in order to meet the operational needs of the CF, while retaining fairness. The Code of Service Discipline itself is unique in that it "deploys" with the CF regardless of location, be it Afghanistan, or the Gulf of Aden.

As the Branch prepares to celebrate the appointment of Colonel Smith 100 years ago, it provides a moment to reflect back on a proud history of legal service, and the opportunity to provide independent, operationally focused, legal advice and services across the full spectrum of military law for years to come.



# HST REFERENDUM

Extended

JUNE 13 - AUGUST 5, 2011

To vote in the referendum, you should know the following:

Two key dates of the 2011 HST Referendum have been extended,

- the deadline to request a voting package is extended to midnight (local time) **July 22, 2011**. Call **1-800-661-8683** (toll-free).
- and, the close of voting is extended to **4:30 p.m. August 5, 2011**.
- an HST Referendum Voting Package will be mailed to each registered voter through July 7, 2011.



- voting packages will include a ballot and instructions on how to vote and return your ballot package.
- you can vote if you are:
  - a Canadian citizen
  - 18 years of age or older on July 22, 2011
  - registered as a voter in British Columbia
  - a resident of B.C. for at least six months before July 22, 2011
  - not disqualified by law from voting

- ballot packages must be received by Elections BC, a Service BC Centre or an Elections BC Collection Centre **before 4:30 p.m., Friday, August 5, 2011**. Locations are listed on the Elections BC website at [www.elections.bc.ca](http://www.elections.bc.ca) or call **1-800-661-8683** (toll-free).

- HST Referendum Voting Packages are provided in English. Translations of the materials are available on the Elections BC website at [www.elections.bc.ca](http://www.elections.bc.ca).

### Ballot

Are you in favour of extinguishing the HST (Harmonized Sales Tax) and reinstating the PST (Provincial Sales Tax) in conjunction with the GST (Goods and Services Tax)?

Yes

No

For more information, contact:



[www.elections.bc.ca](http://www.elections.bc.ca)  
**1-800-661-8683**  
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# Crossing the line: tradition plays out in HMCS Ottawa

**SLt Jackie Geiger**  
HMCS Ottawa

They say breakfast is the most important meal of the day, unless of course, your breakfast has been prepared by a "Shellback."

On Saturday, June 18, 137 "Tadpoles" in HMCS Ottawa discovered what this meant as they sailed across the Equator during their first "Crossing the Line."

**Along with being welcomed into the watery realm of the Ancient Order of the Deep, Shellbacks are tasked with preparing various festivities and events.**

The Crossing the Line Ceremony or "Sailor's Baptism" is one of the oldest naval traditions still carried out today. Every time a ship crosses the Equator, the Arctic Circle, the Antarctic Circle or the International Date Line, Shellbacks put Tadpoles through a day of challenging and very messy tasks.

The term Tadpole describes sail-

ors who have never crossed the line before and volunteer for the fun. Shellbacks are those who have crossed the line at least once during their career.

Once these tasks are complete, the 'Slimy' Tadpoles become 'Trusty' Shellbacks and receive a "Shellback Card" signed by Davey Jones himself, as proof they have earned this prestigious title.

Along with being welcomed into the watery realm of the Ancient Order of the Deep, Shellbacks are tasked with preparing various festivities and events and conducting the vitally important ceremony to receive Neptune Rex and his illustrious court.

For Ottawa's 137 tadpoles, this ceremony started with an inspection of the "Subbie Guard" (Sub-Lieutenants) and the Frog King (the Executive Officer) by the Shellbacks. With bed sheets as togas and pineapples as hats, deficiencies in appearance were quickly corrected to the melodic cries of "Unclean" by the Shellbacks. The next morning the tadpoles were gathered for the infamous tadpole breakfast, and on completion, mustered on the flight deck for the arrival of King Neptune's court.

"Make way for his most glorious Oceanic Majesty Neptune Rex, ruler of all who sail upon the sea!" announced a herald, as the crowd parted to greet the royal visitors.



With the Tadpoles mustered on the flight deck, the Captain awaits the arrival of King Neptune's Court.

With the arrival of Neptune and his mermaids, (one of whom bore a striking resemblance to Ottawa's own PO2 Woodrow) the last step towards becoming a tadpole commenced under the hot tropical sun.

Tadpoles kissed a fish, honoured King Neptune and his consorts, and

were finally "cleansed" in a tank of water, masterfully constructed by the Hull Tech Shellbacks of the ship's company.

The ceremony lasted approximately three hours and was followed up by a banyan, which is a barbecue on the flight deck. The festivities were a welcome break

from the everyday sea routine and helped build morale, cohesion and esprit de corps among the crew. After all was said and done, the tank was dismantled and the ship and her company carried on toward Pago Pago, American Samoa, and their first official port visit during WestPloy.

## HMCS Regina changes command



**Top:** Left to right: Cdr Chris Moore, incoming Commanding Officer of HMCS Regina; Cmdre Peter Ellis, Commander Canadian Fleet Pacific; and Cdr Art Wamback, outgoing commanding officer of Regina, sign change of command certificates during a ceremony aboard HMCS Regina on July 7.

**Right:** Cdr Wamback and Cdr Chris Moore congratulate each other before cutting the cake commemorating their change of command.



Cpl Charles A. Stephen, MARPAC Imaging Services

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This year's group of 10 Employment Equity Trades Orientation Program (EETOP) students toured HMCS Protecteur.

**Left:** OS Mike Benton, an engineer in Protecteur, explains some of the functions of the engine room.

**Below:** While in the Machinery Control Room, Katia Olsen flips through a manual.

Photos by Penny Rogers, Lookout

# New apprentices discover the trades

**Penny Rogers**  
Staff writer

Armed with new steel-toed boots, blue hard hats and infectious enthusiasm, 10 Employment Equity Trades Orientation Program (EETOP) apprentices will make the rounds through the dozen trade shops that inhabit the ever-expanding Fleet Maintenance Facility Cape Breton (FMF CB).

The program runs for the next nine weeks, giving young apprentices from varying ethnic backgrounds a chance to be mentored in shops that include boilermaker, welder, sheet metal, shipwright, painter, lagger rigger and electrical.

Currently working out of Communications Shop 151 as a co-op student, Hanlin Li is a graduate from the



2010 EETOP group.

"Last year I was in first year Electronics Engineering at Camosun, and I knew that one of the rotations for EETOP would be through the

electronics shop so I wanted to come and take a look at what they do and see if I'd be interested," said Hanlin.

Interested he was.

Now, after just completing his second year at Camosun, he noticed a DND job posting for a co-op student back at FMF's Communications Shop so he jumped at the chance.

According to Hanlin, taking the EETOP program last year helped him become familiar with FMF and allowed him to make connections in the electronics shop that aided his hiring.

Welcoming this year's group of apprentices was FMF CB's Commanding Officer, Capt(N) Donald Smith, who encouraged the group to learn, ask questions and glean from the knowledge of a very experienced group of employees.

"You are coming to FMF CB at a busy time during what is normally a quiet

season," said Capt(N) Smith, referring to HMCS Vancouver's deployment preparations to Libya.

One newcomer definitely excited to be part of EETOP is 25-year-old Cowichan Tribes member, Natasha Underwood. Her brother took part in the same program two years ago and is currently upgrading and completing his prerequisites for his Welding Level C in hopes of returning to FMF as an apprentice one day.

After a series of jobs including BC Ferries and McDonalds, Underwood returned to school to take Criminology, but later decided police work was not for her.

"I've always been interested in trades and working with my hands. I like welding and I was just interested in what other trades I might be able to get into here to become more knowledgeable about what I might want to do later on in life," said Underwood.

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# CANADA DAY WITH THE CANADIAN FORCES

The Canadian Forces celebrated Canada Day in style.

- *HMCS Charlottetown*, who has been in the Mediterranean Sea participating in Operation Mobile since early March, released a video of some of its crew showcasing their singing talents as they honoured the nation with a rendition of "O'Canada".

- The 5<sup>th</sup> B.C. Field Regiment, Royal Canadian Artillery fired the traditional 21-gun salute at Fort Rodd Hill while the Regiment band performed.

- *HMCS Edmonton* was berthed alongside Ship's Point at Victoria's Inner Harbour and was open to the public for tours.

- All ships of Canadian Fleet Pacific were dressed overall with signal flags from bow to stern and with the national flag at the mast-head.

- The Canadian Forces set up a "CF Zone" that included various dynamic and interactive displays and demonstrations at Vancouver's Canada Place.

- RAdm Nigel Greenwood attended a swearing-in ceremony for new Canadians.

- *HMCS Algonquin* was berthed alongside Canada Place.

- The 15<sup>th</sup> B.C. Field Regiment, Royal Canadian Artillery fired the traditional 21-gun salute at Stanley Park.

- *HMCS Whitehorse, Brandon, and Nanaimo* berthed alongside the Northland Cruise Terminal in Prince Rupert and were open for public tours July 2.

- *HMCS Ottawa* celebrated at sea in the South Pacific while continuing its three-month operational training and goodwill deployment to various ports in the Asia-Pacific region.



**Top left:** 2Lt Kurt Kwong and Cpl Richard Maybury of 442 Sqn, 19 Wing Comox, pose for photos with the Canada Day crowds at the CF-18 Cockpit Display near Canada Place.

**Top right:** Global BC traffic and weather reporter Wesla Wong wears an Explosive Ordnance Disposal suit while broadcasting live near Canada Place.

**Middle left:** OS Brian LeClair and AB Ron Humphrey of *HMCS Algonquin's* naval boarding party team demonstrate ASP Baton training techniques for the Canada Day crowds near Jack Poole Plaza.

**Middle right:** RAdm Nigel Greenwood, Commander of Maritime Forces Pacific, and Vancouver Mayor Gregor Robertson congratulate new Canadians just sworn-in at a citizenship ceremony held at Jack Poole Plaza.

**Bottom:** The Naden Band of Maritime Forces Pacific perform for the Canada Day crowd.

Photos by Lt(N) Mark Fifield, Navy Public Affairs



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## INBRIEF

# Regional soccer needs supportive fans

CFB Esquimalt is hosting the Regional Tournament for men's soccer from July 21-22. All games will be played at the Colville soccer field where our Tritons will face off against 19 Wing Comox to see who makes it to Nationals. Times for the matches are Thursday July 21 - 2:15 p.m., Friday July 22 10 a.m. and 3 p.m. Come out and support your local team by watching and cheering them on.

**Horseshoe Club**  
Victoria Horseshoe Club's

"Island Championship" is taking place July 16-17, 9 a.m. to 5 p.m. at Glanford Park (one block north of McKenzie). All levels of play - spectators welcome. For more information, call (250) 727-2543 or [www.victoriahorseshoeclub.com](http://www.victoriahorseshoeclub.com)

**Photography exhibit**  
For the month of July (until July 29th) visit the Esquimalt Library 1231 Esquimalt Rd. and view the Esquimalt Photography Club's exhibit. Photos are

on the wall near the computer stations.

### Naden Open Golf Tournament Results

The 17th Annual Naden Golf Tournament was held at Olympic View on June 23. The tournament was run as a two-person scramble. The Gross winners of the tournament consisted of:

- Damien McCabe and Robert Turnbull, 1st Place
- Steven Fisher and Murray Sotheran, 2nd Place
- Bruce Bevil and Doug Cahoon, 3rd Place

Net Winners:

- Kelley Ball and Kathy Thom, 1st
- Al MacDonald and Paul Bowman, 2nd
- Richard Dwyer and Rob Cook, 3rd

### Buskers Festival

The Victoria International Buskers Festival runs July 15 through 24th on five festival stages downtown. This is a free-to-attend family oriented event with busker tips appreciated following performances.

[www.victoriabuskers.com](http://www.victoriabuskers.com)



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HMCS Ottawa arrives in Sydney, Australia, Harbour on July 4.

Photo courtesy Chris Scattler

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UPSTAIRS



COMMUNITY NEWS: STEP INTO HISTORY

# Discover the base with a guided tour

**Georgina Nicoll**  
Contributor

At CFB Esquimalt, there is a story around every corner. Do you know how Dead Man's Island got its name? Or where you might encounter a resident ghost? What better way to find out than to take a free guided tour of the base this summer. Your guide will be happy to recount some colourful stories from Esquimalt's past.

Tours are open to the public, and are a great activity for families, school groups, and anyone wanting to learn about CFB Esquimalt. Even if you come to work here every day, you might just learn something new. The tour has something to offer for all audiences and age groups, from the military history buff to the Grade four student.

"The kids really enjoy getting a close look at the guns and warships, and the Duntze Head canons are always a crowd pleaser," says Amanda Bens, a tour guide at Dockyard. "Of course, getting a glimpse of the submarines is very



Tour guide Amanda Bens explains the history of the Admiral's House.

popular with everyone." While on tour, visitors can catch a behind-the-scenes glimpse of Canadian Navy and DND personnel at work on board ships and in the many workshops of the Fleet Maintenance Facility

Cape Breton. They can also take in the picturesque views of Fisgard Lighthouse and the dramatic peaks of the Olympic Mountains.

"Last year, our guides gave around 130 tours for more than 2,500 people" says Bens. "This summer we hope to have even more people come to see CFB Esquimalt, both local residents and tourists from out of town."

Walking tours of HMC Dockyard are offered every Saturday at 11 a.m. until Aug. 27. They start at the main gate and last

around two hours.

Bus tours are also available. These run on weekdays at 11 a.m. until Aug. 26. They begin at Museum Square at Naden, and last around an hour and a half.

If you have a group of 10 people or more, you can arrange a custom tour, Monday through Saturday. Group tours in French are also available upon request. Please note that there are no tours on Aug. 1.

For more information or to book a tour, visit [www.cfbesquimalt.ca](http://www.cfbesquimalt.ca) or call 250-363-2595.

**The kids really enjoy getting a close look at the guns and warships, and the Duntze Head canons are always a crowd pleaser.**

-Amanda Bens  
Base Tour Guide

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