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Canadian Expeditionary Force Command (CEFCOM) Commander, Lieutenant General Stuart Beare speaks with HMCS Vancouver crew members during a port visit on the Greek Island of Crete.

Photo by Cpl Brandon O'Connell, MARPAC Imaging Services

NEWS 2



Band baton has been passed

COMMUNITY 4



People Talk: What historical event would you want to see?

FEATURE 8-9



Vancouver's work in the box

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New note for Naden Band: change of leadership + retirement

Ben Green
Staff Writer

For the first time in seven years, CFB Esquimalt's Naden Band will be guided through their sets by someone other than Lt(N) Robert Byrne.

In a ceremony last Monday, the band bid adieu to their former commanding officer and passed the baton to SLt Matthew Clark, who makes his way to the West Coast from CFB Borden.

As retirement beckons for Lt(N) Byrne, SLt Clark looks to transition into his new role without disrupting the group of talented musicians he's now inherited.

"It's early days yet," he says. "The band is extremely fine; the band is a cornerstone of this community."

English born, SLt Clark moved to Ontario with his family as a child in 1977. It was here he began cultivating his passion for music from his first mentor – his father.

"I was born into a Salvation Army family," he says. "My father was an extremely accomplished euphonium player (a small, tenor tuba); he was very, very good. Between certain hours every evening I could hear him playing in the basement."

Emulating his father, SLt Clark trained on the euphonium throughout his childhood, eventually joining the Army Reserves in 1994 to play with the Band of the Ceremonial Guard in Ottawa. A few years later, while completing the last year of his Bachelor of Music degree at the

University of Toronto, an opportunity arose that he couldn't pass up. A friend mentioned a euphonium position with the Royal Canadian Artillery Band in Edmonton had opened up and suggested he audition. With his father a proponent of the philosophy "make a life out of what you love", SLt Clark auditioned, earned the position, and dropped out of university.

"I don't see music as a job, as a vocation, I see it as a calling," he says.

For a dozen years he rose through the army ranks, finding himself posted to the Music Training Cadre at CFB Borden as a Lieutenant (Army Music Officer) in 2009. Here his role was to conduct and train primary reserve musicians from across Canada and supervise the development of all the Music Training Cadre instructors.

Last Christmas he received a phone call inviting him to Victoria to see the Naden Band perform their holiday concerts. He knew his name was in the mix to replace Lt(N) Byrne the following year, and after seeing the band perform he wanted the position more than ever.

With there being only six Regular Forces bands in the entire military, SLt Clark says it's an honour being in charge of perhaps the most traditional military band in the country. He's excited to work with a group of hugely talented and well trained musicians, many of whom hold Masters degrees from institutions such as Juilliard in New York.



Photo by Cpl Malcolm Byers, MARPAC Naden Band

Left: Lt(N) Rob Byrne, RAdm Nigel Greenwood, and SLt Matthew Clark sign the change of command certificates for the Naden Band of Maritime Forces Pacific. Lt(N) Byrne relinquished command of the band to SLt Clark during a ceremony at the Naden Drill Deck Oct. 3. RAdm Greenwood, Commander Maritime Forces Pacific, officiated as reviewing officer.

"I'm going to take the time to learn, get a sense of it," he says. "I'm just going to go with my personality and go with it. I'll maintain the status quo with my flare added to it a bit."

The near future is going to be busy for SLt Clark and the band. In November, they'll be playing at the B.C. Lions' Salute to the Vets in Vancouver, and he'll personally be receiving a promotion to Lieutenant (Navy). The band will then prepare for the hectic holiday season

with an array of concerts in Victoria and Vancouver.

As for the sailor leaving the stage for the last time, Lt(N) Byrne says after years of performing he's looking forward to some prolonged decompression to kick off his retirement (he jests this may include some travelling, minus the band of course). However, he's fully confident the band he spent seven years and 38 days leading is in safe hands.

"[I have] a lot of mixed emotions, lots of memories,"

he says. "But I'm happy with SLt Clark's vision for the band, he's very, very competent."

Lt(N) Byrne says the opportunity to end his career at its pinnacle is something he'll cherish long into retirement.

"To lead the Naden Band of Maritime Forces Pacific for the past seven years has been a great privilege and a highlight of my 30 years in the Canadian Forces," he says. "I am particularly proud to have been part

of the Canadian Naval Centennial celebration. The support we have received in Victoria and throughout Western Canada has been phenomenal."

This year, upon learning he was transferring to Victoria and the Royal Canadian Navy as the Naden Band's 20th Director of Music, SLt Clark got in touch with some faculty from the University of Toronto and decided to complete his Bachelors degree before moving west – 17 years after he started.

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HMCS Ottawa homecoming Thursday

Mike Hillian
Contributor

HMCS Ottawa is returning home after four and a half months on an operating and goodwill tour in the Asia Pacific region. Ottawa visited several nations to strengthen ties, enhance interoperability and develop its operational capability.

The frigate returns home after 130 days away, 100 of them at sea. After a few days at Fleet Week in San Francisco, the ship will dock at CFB Esquimalt Oct. 13, where families and friends will eagerly await their loved ones.

Ottawa and crew of 235 personnel left Esquimalt June 6 for the biennial WestPloy deployment. As the ship's Commanding Officer, Cdr Jon Allsopp notes, the deployment was a huge success.

"It is with great pleasure that I am able to report the ship and her company have successfully completed our mission and exceeded expectations in the process," said Cdr Allsopp. "Ottawa proudly carried the Canadian flag throughout the Pacific region this summer while operating with our allies and furthering Canada's diplomatic interests abroad."

From July 11 to 26, Ottawa joined American and Australian military personnel for Operation Talisman Sabre 2011 off the northeast coast of Australia. The exercise allowed army, navy and air force personnel to improve interoperability on a variety of missions including conventional conflict, peacekeeping and humanitarian

assistance efforts. After Talisman Sabre, Ottawa conducted diplomatic port visits and naval exercises with numerous Asia Pacific nations including Singapore, Japan and South Korea. Highlights included visiting an orphanage in Busan, South Korea, and raising more than \$7,000 for victims of the 2011 Tohoku earthquake in Japan.

As the deployment ends, Cdr Allsopp is grateful for the efforts of his crew.

"None of this would have been possible without the hard work and dedication from the crew, and the sacrifices both they and their families have made. I consider this to be the highlight of my command tour, and feel proud and privileged to have had the opportunity to work with such a fine ship's company."

Consolidating dockyard - two phases left

Ben Green
Staff Writer

For the past 15 years, the five-phase C4360 Shop Consolidation Project has been steadily developing a modern dockyard. The ever-growing footprint of the new, consolidated ship repair zone is currently in phase four, with the final construction period expected to start in the spring of 2013.

When the ribbon is finally cut, more than 50 buildings will have closed, many deconstructed to make way for the newer facility, and Fleet Maintenance Facility Cape Breton (FMF CB) employees moved to one of three high-tech facilities: D250, D252, and the Calibration Centre.

The expectation, once completed, is an efficient, linear workflow of material and production, vastly improving the ship repair service to the fleet.

"To this point, the synergy

in the workforce has been prevented because of real estate," says Larry Olsen, facilities transition coordinator for the project.

As the clock ticks down on the construction project, the widely spread out workforce of various shops will be a thing of the past, as will the "shop-centric" ideology.

Three main facilities will house five work centres: metal fabrication, light mechanical, heavy mechanical, combat, and independent (various shops that use similar materials and skill sets). This will generate a more cohesive work force in a progressive environment with contemporary tools at their fingertips.

The current construction phase continues the additions to D250: a space for the cleaning and electroplating; a waste water treatment facility; the CANTASS (Canadian Towed Array Sonar System) facility structure; the outside riggers

work cell; and the paint and labour work cell.

"We've renewed momentum," says Richard Summers, FMF CB operations manager. "We were held up a bit from cost issues, but we're now well into phase four and phase five should follow shortly after it finishes."

The West Bay enclosure of D250 (the side closest to dry dock) will receive a second and third deck extension for office space. These will eventually become engineering offices.

The existing fire hall and electroplating shop will be torn down at some point in phase four. The sites will be landscaped and may feature a commemoration to all shore-based workers on base.

The final phase, which is expected to take five years, will see continued infrastructures added to D250 and D252, and more buildings inside dockyard deconstructed and remedi-

ated. This phase will also see a large outfitting push of building shells that were erected in phase three and four.

Phase five carries with it specific plans to shape the identity of FMF CB for the coming future. A new front entrance to D250 is being established beside the current cafeteria. Plans for the entrance include a signifying artefact, perhaps an anchor or mast, along with two historic windows that were saved from dockyard's 1900s coal shed. Security will be more stringent, with much of the area fenced off and access to the facility only through controlled points, adds Olsen.

Upon project's completion, D250 will have major infrastructure expansion and D252 will triple its current size. Together, the new FMF CB facilities will cover approximately 400,000 square feet - roughly the size of four NFL football fields.

Reserve sailor appearing on "Family Jewels"

Ben Green
Staff Writer

This Tuesday, one of HMCS Malahat's reserve sailors could be making his TV debut on sets around the world alongside legendary KISS bass player Gene Simmons. Hopefully surviving the editor's table, Lt(N) Lee Taal might make an appearance in an episode of A&E's hit series Gene Simmons Family Jewels.

Lt(N) Taal was invited with his wife to partake in the shooting of an episode after Simmons gave a few spots on his show to military members during a charity fundraiser in Vancouver a few months ago.

Although he can't talk about the content of his visit, Lt(N) Taal says they shared a great dinner with Simmons and his wife, Canadian-born Shannon Tweed, and spent a day with them at their luxurious mansion in California.

Lt(N) Taal says he was impressed by how savvy Simmons was and didn't realize how many projects the rocker has on the go.

"This guy is in charge of major corporations, on top of these other things on the side [the KISS brand, the TV show]," he says. "He's completely business."



Shannon Tweed nibbles Lt(N) Lee Taal's face.

While cameras were filming during much of their visit, Lt(N) Taal is unsure if any of their conversations will get airtime. Like everyone else, he'll just have to wait to see.

Season seven of the reality series kicked off last week. Lt(N) Taal's potential episode will air Oct. 11 at 9/8C.

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WHAT SAY YOU

BPSO Bits & Bytes: Fitting in, person-job fit

**LCdr Kathryn Hodgson
BPSO**

It can be tremendously awkward and uncomfortable when you don't feel like you fit in. It's like showing up at a "Tarts and Vicars" party in a bunny suit only to discover that the host forgot to tell you they had changed the theme to "plain old garden party." Fortunately, events like those are generally one-off occurrences and the discomfort eventually fades away.

Imagine, however, if the feeling of awkwardness and discomfort didn't fade away and instead you felt it every single day at work. In that somehow, no matter how good you are at your job, you just don't feel like you "fit" in your work environment.

As a Personnel Selection Officer (PSO), I have interviewed many CF members who have wanted to change their occupations, and as part of the interview we have always discussed the "person-job" fit aspect of changing occupations.

Some members have presented with a very clear picture of their suitability in a specific occupation or work environment. Others have arrived in my office with the sole goal of scrambling out of the occupation they are in and diving into doing "something; please, anything other than what I'm currently doing."

While compassionate to that latter plight, our responsibility as PSOs is to ensure we assist members in finding the right job-fit for them personally

within the confines of service requirements. This means that in addition to the availability of a desired occupation, we must look at two main factors when determining a recommendation for an occupation change: (1) Does the member meet the minimum eligibility criteria for the desired occupation and the in-service selection program and, (2) How suitable is the member for the desired occupation. That is, how well will they fit into their desired job and its associated work environment.

For example, the Armoured Corps might need crewman, and a qualified boatswain will definitely have the skills to do that job, but if that same boatswain suffers from motion sickness and doesn't work well in confined spaces, then recom-

mending the boatswain for a transfer to crewman would be quite the failure on my part in assessing the boatswain's person-job fit.

We at the BPSO office don't want to fail you or the CF. We want to do our best to set you up for success in your career.

So if you're thinking about an occupation change but aren't certain of your suitability for other occupations, come in for a career counselling appointment and we'll ensure we provide you with all the necessary information for you to make sound and realistic career change requests.

Please call us at (250) 363-4091 to set up your career counselling appointment.

Next week: Easing the transition from military to civilian life

People Talk

Lookout asked:

Question... "If you could personally witness one event in history, what would it be and why?"



"I would like to go back to the era of Pink Floyd and Led Zeppelin and The Doors, when Jim Morrison was alive, so that I could see them perform live."

**OS Katherine Sardinha,
Base Accommodations**



"I would like to go back to the time of Jesus to watch as he talked and walked among the people. I'd like to see if he's real."

**Heather Williams, PSP
Health Promotion
Manager**



"I would like to have met Terry Fox because he's been an inspiration to all Canadians and because cancer runs in my family."

**OS Cullen MacDonald,
Fleet School**



"I would like to go back to 1967, the year the Toronto Maple Leafs won the Stanley Cup, because I would like to see my favourite team win, because I don't know if they ever will again."

**OS Nathan Conrad,
Fleet School**



"My father was also in the military and I'd like to go back to the time when he swore me in on my first day. It's a great memory. I joined the navy so I could follow in his footsteps and protect our country."

**Lt(N) Mike Klein, Basic
Submarine Course**



"It's not a happy memory but I'd like to go back to September 11, 2001. I was on strike with the Public Service Alliance and we were picketing here at Naden. After the first plane hit, they asked us to take our picket down as a sign of respect and we spent

the day working side by side with the military. It was a proud moment and made me realize how something like this could happen anywhere at anytime."

**Bruce Hannam,
Naden Gym**

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WHAT SAY YOU

Finding moments to be thankful

Hugh Kruzal
Contributor

Every time there is a military parade I find there is a natural reflective moment. Sometimes it is fleeting and other times very sustained. They sometimes happen mid-step, while driving, or in the middle of lunch.

Recently, I attended a ceremony at Christ Church Cathedral along with cadets from 89 Pacific Air Squadron. The Battle of Britain was being remembered both in the service and outside later at the commemorative cairn.

The playing of the bugle in the crisp air and the diminished numbers of veterans gave me pause. Are we forgetting as the years pass our long ago and recent soldiers' sacrifice? Have we lost what once made the fall season special?

I believe it is alive and well, and in the hearts of many.

We are now on the cusp of several celebrations that are both real and symbolic. It is the end of the summer bounty, and soon another time of remembrance. In asking people about this season, and for their stories, I was surprised to find happy and sad; perhaps not sad, but melancholic. That is only natural. It is a season that balances between the two extremes, the declining hours of sunshine and the arrival of mixed,

muddled and wet weather.

As I sat in the pews, stood by Pioneer Square, or held on tight as *HMCS Regina* did power turns during the Governor General's visit, I thought about all those who have had dreams and made sacrifices. I thought of all those currently deployed. I wondered about my wife and all her ship-mates in *HMCS Vancouver*. The officiant at Christ Church offered up a prayer to all those currently in uniform and to the families who have loved ones away. I know I silently said one also. I was not alone.

A military spouse was kind enough to send me these thoughts of Thanksgiving:

"I am thankful for a healthy happy family, I'm thankful that my brother is still alive and uninjured in Afghanistan. I am thankful that my husband is safe while helping the people of Libya. I am thankful that I have a dog to keep me busy and entertained while I am going through this deployment."

Round the tables at Vancouver Family Network dinners, or at the coffee and information evenings, I listen to the words of strong women. It is tough to do it alone. But all have a sense that things are being done because they must.

For those with men or women away make a place for them at the table, light a candle, say a prayer. Pause, reflect, celebrate.

Sailor remembers Ottawa 1

SLt Jackie Geiger
HMCS Ottawa

On Sept. 13, 1942, 500 nautical miles east of St. John's, Newfoundland, the first HMCS Ottawa was torpedoed. Less than 30 minutes later, unable to maneuver, it was hit a second time. This time the torpedo broke it in half, sinking the ship. Only 65 survivors were rescued from the freezing Atlantic waters, 114 souls were lost.

I can't speak for everyone on board, but looking around the flight deck of *HMCS Ottawa* (number four) the morning of Sept. 13, 2011, I could feel the mood had changed. It had been 69 years since the aforementioned had devastated the first ship to be commissioned as HMCS Ottawa. Now three ships later, generations of sailors between, there we were in Pearl Harbor gathered on the flight deck to pay our respects to our naval forefathers. The Commanding Officer, Cdr Jon Allsopp, began the ceremony with a quotation from a survivor:

"Everything happened so quickly. At 2305, came the first torpedo, followed at 2320 by the second. The latter exploded in number 2 boiler room, located between the 2 funnels, wreaking havoc and breaking the ship's back....

underneath the wreckage could be heard groans from a few victims who were in great distress...there were grim dramas being played out..."

His speech was followed by a two minute moment of silence to pay respect to the tragedy.

During that time my mind started to wander. *Ottawa* has now been sailing on WestPloy 2011 for four months. The ship and her now well cohered crew have seen everything from the mystic tropical mountains of American Samoa, to the sparkling city skyline of Tokyo, Japan, at night. We've seen what it looks like for the sun to set in the middle of nowhere with nothing but the ocean all around us. We've felt that romantic notion of what it is to sail and represent our country.

Very soon we will find ourselves back in home port and with our loved ones, something many of the crew members of the first *Ottawa* never lived to experience.

Their mission had been a mission of war and ultimate sacrifice against a formidable enemy. Our mission has been a mission of training and building international ties with foreign allies. Our mission would not have been possible without sacrifices like the ones faced

by the crew of the first *Ottawa*.

As the ceremony continued, a prayer was said, the side was piped and everyone watched as water was committed to the sea from the ship's bell. The ceremony was no longer than 20 minutes but the Commanding Officer's words left a powerful message resonating with the crew.

"On your way out of harbour this morning take note of the Arizona and the Missouri. The Arizona, also sunk by enemy action in World War Two, lies in stark contrast on the seabed beside the Missouri.

The Missouri is a floating monument and symbol that we must continue to represent and fight for our values, that we must always battle through to victory, not permit set backs to stop us, and never allow tyranny to reign.

That we must persevere and honor the memories of those who have fallen, that we now carry on the traditions and memories of our brothers-in-arms, that we can never let their sacrifices be taken in vein, or overlooked. As the Missouri is to the Arizona, so *Ottawa 4* is, and must always be, to *Ottawa 1*.

The torch has been passed to us, let us hold it high, and lest we forget."

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New face to be unveiled at downtown recruiting centre

Dawn Bennett
Staff Writer

Canadian Forces Recruiting Centres are being updated with a contemporary look and common colour scheme to better showcase the CF, and improve the experience for potential recruits.

Vancouver's recruiting centre was the first to be re-vamped in 2008 and is now the prototype for other centres across Canada.

Work started on the Victoria office in June with a scheduled completion of Nov. 4.

"This upgrade is all about branding and making things more open and inviting for applicants," says Lt(N) David Utzinger, Detachment Commander. "Our facility has been here for nine years, so it definitely needed a face lift. With the new signature concept we will have a common colour scheme that matches with the forces.ca web site, making the branding and messaging consistent across Canada."

The original recruitment office at 827 Fort Street was 650 square metres, but has expanded by 150 square metres to allow for a larger reception area and increased facilities for applicant processing.

The first two phases of the construction are done, giving staff offices to continue their work until the project is complete.

When the doors open fully at the beginning of November greeting people will be a modern reception area with a "nomadic wall" - a large display complete with an electronic media screen that can be removed for trade shows and educational fairs.

Civilians interested in a career with the Canadian Forces will be ushered into a modern facility that includes four interview rooms for discussions with military career counsellors, an examination room for medicals, and a computer lab for aptitude testing.

"I'm really looking forward to working in the new modern facilities," says Lt(N) Utzinger. "Now that we're co-located with medical testing, we can completely process someone from the minute they walk in the door to enrolment."

The new space will include an enrolment room for families to gather and celebrate when a recruit has been officially accepted into the military. After signing the final paperwork, the new recruit takes part in a swearing in ceremony. The enrollee is given a certificate and an opportunity for a photo by family and friends.

"The new facility will offer an authentic, professional and modern day setting that will positively reflect the image of the Canadian Forces as an employer of choice," says Lt(N) Utzinger. "Recruitment, training, and retention are key priorities for the Canadian Forces and are at the heart of the government's Canada First defence plan, which sets out a long term plan to grow the military."

The new signature concept was designed by Canadian Forces Public Relations in Hull, Quebec. The new look will make the best use of available technologies to create a dynamic and interactive experience for recruits who seek face-to-face interactions with CF recruiters.



Lt(N) David Utzinger, Detachment Commander of the Victoria Recruiting Centre, in front of The Nomadic Wall, used by recruiters for travelling road shows, at the Victoria Recruiting Centre.

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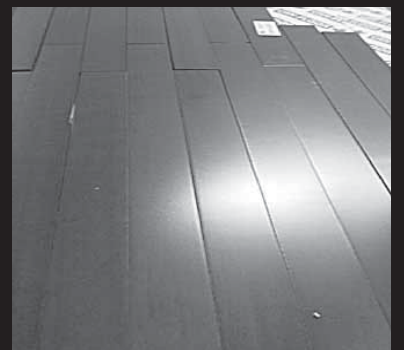
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Modernizing the frigates, HMCS Winnipeg next in queue

Ben Green
Staff Writer

One by one, frigates of the Royal Canadian Navy are entering a mid-life refit (MLR) under the Halifax-Class Modernization (HCM) project. Twelve frigates will be upgraded on both coasts to bridge the gap until the new multi-ship combatants are built and sea-ready.

Next in line for the Pacific Fleet is *HMCS Winnipeg*, which follows *HMCS Calgary* in upgrading its combat systems, control systems, and various other capabilities.

"The purpose is to make these boats relevant for the next 20 to 25 years," says Steve Bell, *Winnipeg's* HCM/FELEX project manager.

Winnipeg started its 38-month refit period in September. The work is being separated into three phases: a pre-MLR phase, an MLR phase, and a post-MLR phase.

Working in conjunction with Fleet Maintenance Facility Cape Breton (FMF CB) to complete the refits will be a variety of external hands including Lockheed Martin and Seaspan (Victoria Shipyard).

Bell says a partnership between all players is a must to meet each frigate's deadline.

"A lot of cooperation and coordination needs to be done on an ongoing basis," he says.

"It's definitely a combined industry partnership amongst all stakeholders," adds LCdr Skip Vander Byl, DCOS HCM senior staff officer engineering. "That's where the

coordination and integration happens."

The pre-MLR phase sees much of the work completed by the ship's crew and FMF CB. This seven-month phase started in September as a de-store program was initiated. All stores on board – fuel, gas, oil, food, spare parts – have to be removed by the crew and sent to shore facilities. FMF CB will also conduct corrective and preventative maintenance on board and remove any old equipment.

The MLR phase is where the majority of work will be done. Lockheed Martin, which won the prime contract from DND, has contracted Victoria Shipyard to install the frigate's combat systems. This includes radars, sensors, and command and control systems. As part of this upgrade, the ship will receive software improvements, a new mast for the radars and sensors, and an upgraded combat management system - the main control that integrates all systems together.

Also in this phase, more than 50 smaller capability changes will be installed on the ship. These range from systems to aid ship safety, habitability, to ship control.

The final post-MLR phase will see *Winnipeg* undergo harbour and at-sea performance trials. During these trials, the new systems will be tested for operability and allow the crew time to reintegrate to the ship and its new equipment.

"The upgrades we're receiving are very flexible and powerful in what they can do," says LCdr Vander Byl. "From a technical perspective, it brings us up to current



technologies and buys us another 25 years if needed."

Traditional maintenance will also be completed on the frigates, mostly by Victoria Shipyard, during the main MLR phase. This will see typical hull maintenance, engineering overhaul of equipment such as fixing mounts on the engines, and cleaning and coating all tanks on board.

Bell says HCM's biggest challenge for FMF CB is obtaining a work balance between MLR projects while maintaining a viable

navy for Commander RCN.

"For us the challenge is maintaining an operational fleet and supporting the program at the same time," he adds.

After their mid-life refits, the frigates will continue to receive additional regular docking work periods every five to six years until they're decommissioned. These maintenance periods will be mostly to progress major repairs and overhauls, such as hull systems and propellers, and to implement further capability upgrades.

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By Sculptor Nathan Scott

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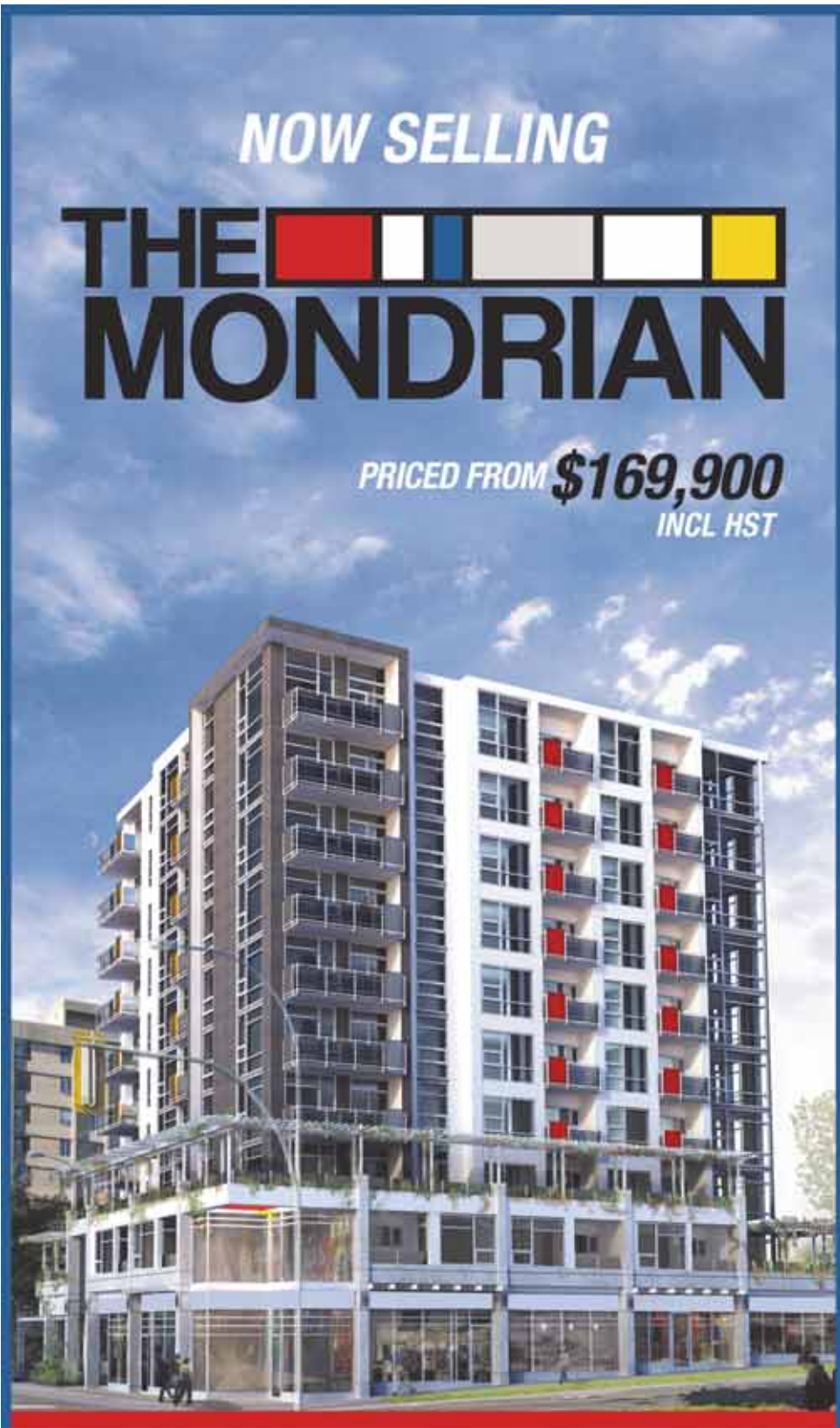
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HMCS VANCOUVER

Lt(N) Meryl Sponder
HMCS Vancouver

It was a hot, sunny day off the coast of Libya, not unlike most days here; so, this day may have seemed unremarkable.

Yet on Sept. 1, 28 members of *HMCS Vancouver* changed trades. Gone were the Naval Electronic Technicians (NET) and Naval Weapons Technicians (NWT), and in their place stood 25 Weapons Engineering Technicians (W Eng Techs) and three Weapons Engineering Managers.

Unlike back home in Esquimalt and Halifax, there were no ceremonies to celebrate the new trade or mourn

the passing of an era. Aboard *Vancouver*, it was business as usual.

On July 10, when *Vancouver* sailed from Esquimalt, the sailors in the Combat Systems Engineering (CSE) department took on their new designations to see how the new organization would fare in an operational theatre. Through nine days of mission work-ups and a five-week transit, the department ironed out the wrinkles and, through 14 versions of the watch-and-station bill, came out with a battle-ready organization.

CPO2 Yalden-Thomson, CSE Chief, is supportive of the move to the W Eng Tech Occupation.

"The W Eng Tech amalgamation formalizes a pattern that has been evolving over the past few years. Technicians from different MOCs [military occupations] have been working together more frequently, and this deployment is no exception. It is common to see a Fire Control technician working with a Communications Technician to fault-find equipment."

He points out that the cross-training done by the junior W Eng Techs will create more well-rounded technicians, and the increased focus on "On-the-Job" training will result in stronger support to the ship's fighting organization.



HMCS *Vancouver's* Sea King helicopter conducts air surveillance operations off the coast of Libya.

HMCS Vancouver's Sea King gets

MCpl Terrance Chenard,
HMCS Vancouver Air Det

Somewhere off the coast of Libya, the sun begins to break the morning sky, casting its glow off the mirror of the Mediterranean Sea.

The Air department of *HMCS Vancouver* and its embarked CH-124 Sea King helicopter prepare for another day in support of Operation Mobile, Canada's contribution to Operation Unified Protector; the United Nations authorized NATO led mission enforcing an arms embargo and no-fly zone in Libya.

"Trojan 51" is the call sign for *Vancouver's* CH-124 Sea King helicopter from 443 Squadron. Named for the large wooden horse that allowed the Greeks to enter the city of Troy and end the Trojan War, this "horse" has a prototype system known as ASP, or Augmented Surface Plot, to refine the helo's radar returns and allow the tracking of small contacts

such as fishing boats, which are plentiful in the Mediterranean Sea.

"We are very proud of what this airframe brings to the mission," says Maj Don Phillip, *Vancouver's* Air Officer. "Having ASP allows us to build an excellent Recognized Maritime Picture (RMP) that not only benefits the operations of the ship, but also provides detailed situational awareness for our NATO partners."

Vancouver's helo is also equipped with the latest version of the Self Defense Suite (SDS), a system that detects incoming threats such as missiles with electro-optic sensors and dispenses flares to increase survivability. The ASP system, combined with the SDS, makes Trojan 51 the most technologically advanced Sea King to ever deploy.

Flying operations on board *Vancouver* commence long before the aircraft leaves the flight deck. The maintenance section of the Air Department is always working

hard to

to respond. Once employed, it extends the horizon radar coverage and also acts as a party warden (VOI).

"There's a helicopter Command and Control the flexibility of opening spaces whenever

Vancouver's protect flow that need a crucial mission

DUVER AT SEA IN THE MEDITERRANEAN

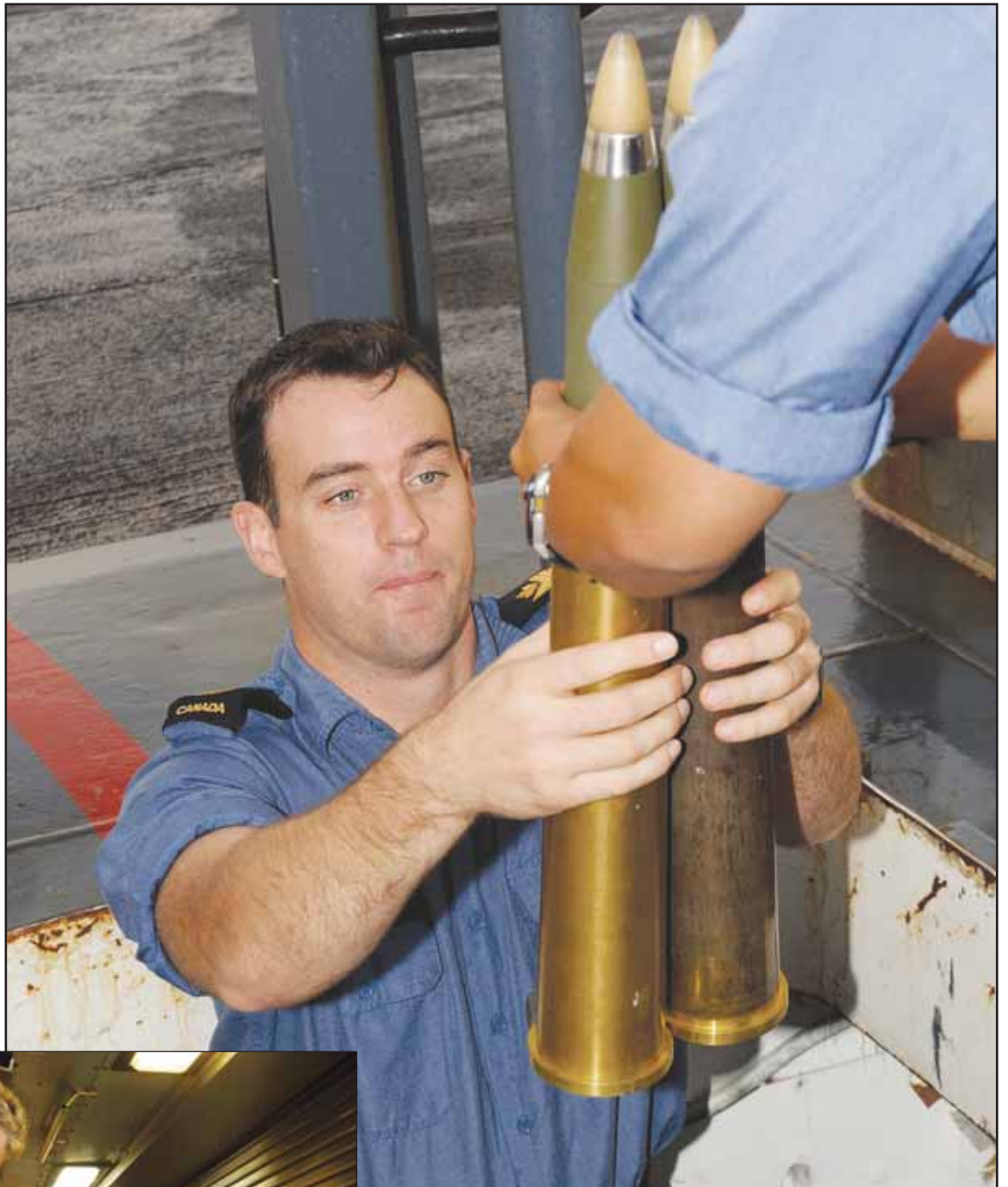
Vancouver's Weapons Engineering Technicians and Managers look forward to the positive change this new occupation will bring to the Royal Canadian Navy and are proud of their ground breaking accomplishment and the contributions they make as *HMCS Vancouver* continues her mission to protect civilians, enforce the arms embargo and ensure legitimate traffic flows to and from Libya during Operation Mobile.

Weapons Engineering Technician (Sonar), PO2 Jason Campbell receives 57mm ammunition during an ammunition download on *HMCS Vancouver*. The ship's weapons are made safe on board before entering the port of Souda on the Island of Crete, Greece, during Operation Mobile.

Under authority of the United Nations Security Resolution 1973 *HMCS Vancouver* together with Canada's NATO partners is enforcing an arms embargo and taking actions to protect civilians in Libya as part of Operation Unified Protector.

HMCS Vancouver's presence demonstrates Canada's willingness and ability to assist in North Africa by creating a sustained maritime presence in the region while providing a range of readily deployable capabilities to the Government of Canada.

Photos by: Corporal (Cpl) Brandon O'Connell, MARPAC Imaging Services, Esquimalt



ast of Libya.

the job done

ensure the aircraft is always ready and whenever called upon. airborne, the helicopter can be used in a multitude of tasks, whether it is to search the radar range of the ship over the horizon or identifies and classifies contacts already held. The helo can also act as "top cover" for a naval boarding party while they board a Vessel of Interest.

There is no doubt our embarked helicopter is a force multiplier," says Commander Bradley Peats, *Vancouver's* Commanding Officer. "It gives the ship the capability to quickly respond to developments and gives us 'eyes on' wherever we need it."

Vancouver will continue her mission to protect civilians, ensure legitimate traffic in and out of Libya, and ensure humanitarian aid reaches those in need. The *Trojan 51* will continue to play a vital role in supporting this important



MCpl Tom Chester prepares roast beef for the 255 member crew of *HMCS Vancouver*. MCpl Chester is a cook working out of the ship's galley.



LS Brendan Gibson, a Boatswain, conducts a practice 9mm pistol shoot in the Mediterranean Sea.

Blood donors needed

Over the next six weeks, Canadian Blood Services will need more than 900 additional donors in B.C.

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NEWS Nuggets

Court Martial results

On Sept. 29, Pte Vilca Cevallos was tried at CFB Esquimalt with Charge 1: S. 125 NDA, wilfully made a false statement in a document made by him that was required for an official purpose. Pte Cevallos was found guilty and fined \$750.

Don't throw out

The beginning of the month saw a new provincial-wide recycling program come into effect. Called "Unplugged", the program looks to recycle 120 different types of small appliances (from electric toothbrushes to microwaves) at over 100 depots throughout B.C. For more information visit www.unpluggedrecycling.ca or call the Recycling Council of B.C. at 1-800-667-4321.

Out with the old

The Federal government has decided to buy more than 10,000 new rifles for the Canadian Rangers and Arctic Militia to replace the Lee-Enfield Mk4 – a gun used since 1947. The Defence Department and the Rangers have agreed the new cartridge will be .308 Winchester (replacing Lee-Enfield's .303 British cartridge), but the actual gun has not been decided upon. The first of the new guns should be delivered by late 2013, early 2014.

GCWCC prizes to be won

- Round trip for two between Victoria and Seattle on the Clipper (\$250 value) – submit GCWCC-United Way gift form to unit campaign representative by Nov. 9 and you will be entered.
- B.C. Lions tickets and two ferry

passes (\$220 value) – submit GCWCC-United Way gift form to unit campaign representative by Nov. 16 and you will be entered.

- One night for two at the Hotel Grand Pacific (\$180 value) – submit GCWCC-United Way gift form to unit campaign representative by Nov. 23 and you will be entered.

- Return trip between Victoria and Vancouver for one with Harbour Air (\$260 value) – Anyone who submits a GCWCC-United Way gift form of \$150 or more to unit representative by Nov. 30 will be entered.

- Accommodation for two for two nights at the Marriott (\$415 value) – Anyone who submits a GCWCC-United Way gift form at the Leadership level, \$500 or more, to unit representative by Nov. 30 will be entered.

*All units' qualifying names must be submitted to Vicki Laidlaw (250-363-2595) by the day after the deadline (Thursdays). Draws will happen the next day (Fridays).

100th anniversary

Oct. 1 marked 100 years since the appointment of Canada's first Judge Advocate General. Col Henry Smith was appointed on Oct. 1, 1911, and held the position of JAG throughout the First World War, retiring in 1918. Currently, 153 regular force and 65 reserve force military lawyers work for the JAG providing legal advice to commanders and their staff throughout the country and around the world.

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Women in History Month

Engaging speaker on base

David Lin
Contributor

Come celebrate Women in History Month Oct. 13 at the Chief and Petty Officers Mess from 11 a.m. to noon.

The theme is The Sky is Not the Limit: Women in Leadership with Maj Deanna Brasseur as the keynote speaker.

In 1981, Major Brasseur was one of three women in the Canadian Forces to earn her pilots wings, and is a Member of the Order of Canada. With a long history of advocating for women in DND, Major Brasseur led the National Defence Advisory Group for Women at the national level.

In 2007, she was inducted into the Women in Aviation, International Pioneer Hall of Fame.

"Major Dee Brasseur is a motivational speaker and travels the world telling about her own experience," says Brenda Kipot, civilian co-chair of the MARPAC Defence Women's Advisory Group for Women (DWAO). "Her ability to teach us on how to unlock our potential is a wonderful resource for our employees, both women and men."

There will be presentation booths from PSP Health, EAP, Base Museum, Base Library, and Defence Advisory Groups as well. Supervisor approval is required. Please call (250) 363-1083 to RSVP.

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Photo by Dawn Bennett, Lookout

Above: LCdr Clive Butler, Executive Officer of HMCS Winnipeg, bravely volunteers for the dunk tank. At three balls for \$5, the crew were more than eager to oblige.

Winnipeg gets sporty

Right: LS Alex Bork calls out Lt(N) Brian Michalchuk on his unorthodox style in the potato sack race.

Photo by Dawn Bennett, Lookout



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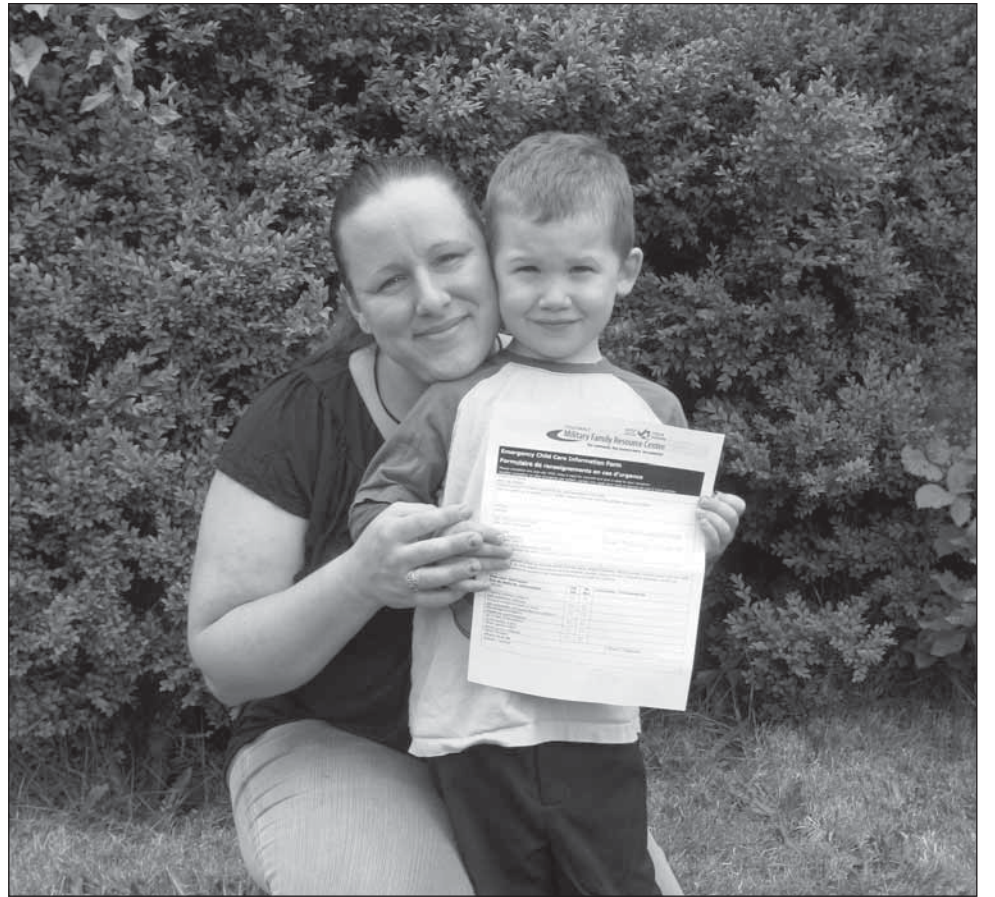
With a husband away at sea as a part of the navy, it didn't occur to Kristy Falconer that she might get the H1N1 flu and not be able to care for her two children.

Now, she uses the experience to encourage others to think about emergency child care.

"I remember the initial hours of my illness," said Falconer, who would have no recollection of the next two days. "I don't remember making the call for help. I have no memory of teaching my eight-year-old how to call 911 'just in case'. During the most severe part of my illness, I was unable to care for my children."

The first days of her illness flew by in a blur. In the early days, her best friend dropped off groceries at the door. Her eight year old and three year old ended up taking care of her for two days before getting sick themselves. In the daze of her battle with the flu, she was able to reach out for help from the Esquimalt Military Family Resource Centre (MFRC).

"I'm not sure what I would have done as I have no family in B.C. and did not have a support network in place for child care," said Falconer. The Military Family Resource Centre arranged an immunized emergency child care pro-



Kristy Falconer and son Decklon, proud supporters of the MFRC.

vider to take care of the family. They also helped to track down her husband and he returned 10 days after her illness began to take care of her daycare business.

Kristy is grateful for the assistance provided by the Esquimalt MFRC and would like military families to know that it is essential to have a plan in place "because there are times when people are unable to speak for themselves and they would want their

kids to go to someone they can trust."

Now, she has come full circle. After relying on emergency child care, Kristy is now an advocate for this important service in the greater community. After the family emergency, Kristy decided she would license her daycare business, open four permanent spaces and leave three spaces available for emergency child care. She is also encouraging others to offer emergency child care to

help all families in need.

The MFRC is the only local non-profit organization specifically dedicated to providing services to military families. Help support key services like emergency child care by contributing to the MFRC through the Government of Canada Workplace Charitable Campaign (GCWCC). On Section 4 of the pledge form, write Esquimalt Military Family Resource Centre and include the charitable number 138070578 RR0001.

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Colouring Contest for Kids

The Esquimalt Military Family Resource Centre (MFRC) and CFB Esquimalt Fire Rescue are having a colouring contest for kids aged 4 to 7 with a firefighter costume up for grabs. All you need to do is pick up a colouring sheet from any MFRC location and return the completed picture to the MFRC by Friday Oct. 14. A random draw determines the winner. For more information, call the MFRC at 250-363-2640 (toll free: 1-800-353-3329). Above: Lilly Climenhaga models the firefighter costume to be won in the colouring contest. boots not included.



Ryan Burles (far left) and Carol Livingstone (left) of the Rotary Club of Victoria presented the Esquimalt Military Family Resource Centre (MFRC) with a cheque for \$10,000 on Oct. 5 at the Wardroom. Executive Director Gaynor Jackson (right) and Capt (N) Craig Baines accepted the payment on behalf of the MFRC. The donation was made with proceeds from the sold out Last Night of the Proms concert in June at the Royal Theatre in Victoria.



Above: AB Boire (centre) is promoted to Leading Seaman by Cdr Tim Allan (left), Base Administration Officer, and Lt(N) Lynda Hinch, Base Foods Servicer officer. LS Boire is a member of Base Foods and currently works at Nelles Block Pacific Galley.



Tom Hunter is presented with his Red Seal Plumber Journeyman's Certification from Base Construction Engineering Officer (BCEO), LCol Darlene Quinn.



Pte(T) Ryan Maclean is presented his first chevron from LCol Quinn.



Mario Lima is presented his Red Seal Plumber Journeyman's Certification from LCol Quinn.

Left: Capt Darod Awil is presented his certification of completion on the Air Force Officers Development program from LCol Quinn.

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for caregivers, Contact the Alzheimer Resource Centre at 250-382-2052 for info and to register.

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3005 11 Svc Bn ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005army@cadets.net.



In loving memory of ordinary seaman Heidi Megan Clow
October 19, 1986 - October 4, 2009

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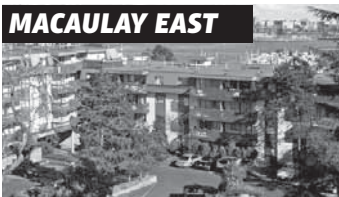
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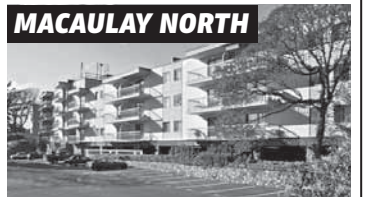
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