





paula.whitehorn@mollymaid.ca







CFB Esquimalt received the first of three new firetrucks designed and engineered to last the next 25 years.

Photo by Shelley Lipke, Lookout

# Fire fighting truck enhances response

Shawn O'Hara Staff Writer

CFB Esquimalt Fire Department recently received a custom-built 2012 Class A Pump Fire Truck, one of three trucks being purchased over the next two years to replace CFB Esquimalt's aging fleet of fire fighting apparatus.

The truck was designed specifically for CFB Esquimalt firefighters, with the unique situations found in fighting fires on a naval base in mind.

The truck sports a smaller water tank and a side-mounted control panel that makes the vehicle lighter and shorter over all, and allows it to travel across jetties safely. Increased hose storage and a pumping volume of 2,000 gallons a minute enhances the mobility and power needed to respond to fires aboard ships and the large buildings found within CFB Esquimalt.

Safety was also a focus in the design.

The cab of the truck can withstand a roll over, protecting the controls as well as fire fighters. There are also systems in place that ensure seatbelts are fastened and doors closed.

Tom Mehmel of Fort Garry Fire Trucks says the design specifications are intended to make the jobs of CFB Esquimalt's Fire Department easier and most importantly safer.

"The most important thing is protecting the fire fighters," says Mehmel. "This isn't a backyard creation. The safety systems that are in place are there to protect the lives of the fire fighters and the general public on the way to a call."

Rick LeQuesne, Deputy Fire Chief at the CFB Esquimalt Fire Department, reviewed the truck design, and offered suggestions based on what CFB Esquimalt's fire fighters need to do their jobs. He says one of the main strengths of the vehicle is its versatility and adaptability.

"The vehicle has a large pumping capacity that allows it to supply water for fire fighting from an above-ground water main fed by the Firebrand, which would draw water from the harbor in the event that a natural disaster disables municipal water systems," explains LeQuesne. "Fire apparatus has evolved significantly over my career and the fire apparatus our fire fighters respond to calls on today really bears no resemblance to the fire apparatus I started responding to calls on as a volunteer firefighter 36 years ago. We now have foam injection systems, computer aided pump control panels, remote control scene lighting, and safe and secure seating for the firefighters responding to calls, a far cry from the days of standing on the tailgate while responding to calls. These new fire apparatus are a source of pride for the firefighters and the community we serve - CFB Esquimalt."



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## People Talk

Lookout asked this question:

Do you think there should be censorship in place for content available on the internet?



I think that there should be censorship for the super extreme stuff, but people should be able to see what's going on in the world. You can't cover up everything and pretend that the world is a nice place.

**AB Brandon Morton** 



That's tough, because when is it too much censorship? When does it start infringing on your right to freedom of speech? Who would do the censoring? I think that allowing that kind of thing to happen would lead to a restriction of the information people should be allowed to see.

**Gordon McKinney** 



I think there should be censorship for the destructive stuff. I don't think everyone needs to know how to make a bomb, but for the vulgar stuff, I think that everyone is going to be exposed to that eventually, so there's not really much you can do.

LS Bryan Ogle



I think it could be a good and bad thing. Good, because it could help people keep tabs on their private information, but it could be a bad thing because everyone has a right to free speech, and a right to freedom of information.

which was lost in October 1942 in the Gulf of St Lawrence. His 20. Russell Henry McConnell, who was a member of HMCS Raccoon

19. He intercepted the ball during the 1978 Gator bowl, and Ohio

Lt(N) Cher Dignan

Augusta National Golf Club, in Augusta, Georgia

Bryant Reeves of the Vancouver Grizzlies

remains were washed up on Anticosti Island.

State coach Woody Hayes assaulted him.



I think there should more restrictions in place for parental control. There is a lot of bad stuff out there, and every parent should have the right to decide that their child should see.

LS Lindsey Rochat

18. Shaquille O'Neal

16. Patrick Roy

11. Parkinsons.

Roger Bannister

15. Tom 'terrific' Seaver

13. Negro League Team

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Quarterback

10. Deion Sanders

Lou Gehrig

14. Daytona International Speedway.

# ports Trivia

#### **Bill Sheridan**

Contributor

- What is hitting for the cycle?
- How did former Bruin player and LA King scout Ace Bailey 2.
- Where is the Little League World Series held?
- 4. What is the name of the Habs Mascot?
- 5. Who was the quarterback on *The Longest Yard?*
- Who was on the KLM line? 6.
- What basketball player was nicknamed Big Country?
- Where is the Masters golf tournament held?
- Who was the Iron Horse?
- 10. Who was the first athlete to participate in both a World Series and a Superbowl?
- 11. What disorder did Muhammad Ali develop in his retirement vears?
- 12. What position player can win the Davey O'Brien Award?
- 13. Who were the Kansas City Monarchs?
- 14. What is found at 1801 West International Speedway Blvd?
- What three time Cy Young Award winner wore number 41 for the Mets?
- 16. Winning Nothing Else is a book about which NHL goalie?
- 17. Who broke the four minute mile?
- 18. What NBA star released a rap song called Whats up Doc?
- 19. What was Charlie Bauman of the Clemson Tigers known for?
- 20. Who turned down a career with the Rangers to join the Royal Canadian Navy?

#### Sports Trivia answers

- Viad Krutov, Sergei Makarov and Igor Lrionov
  - Paul Crewe
  - Youppi, former Expos mascot
    - South Williamsport, Pa. .ξ
- United Airlines Flight 175 (South Tower, World Trade Center) Home run, triple, double and single
- Here's How It Works:

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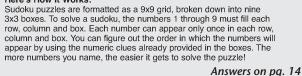
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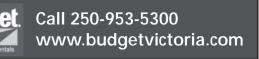


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# Military nurse joins international Mercy mission

Shawn O'Hara Staff Writer

Canadian Forces nurse Lt Iphigenia Morales is getting the training opportunity of a lifetime.

She's currently on board the Amercian naval hospital ship USNS Mercy working as a staff nurse.

The noncombatant ship is part of the UN Pacific Partnership 12, a humanitarian and civic assistance mission to Indonesia, the Philippines, Vietnam and Cambodia.

It left on a four-and-a-half month humanitarian journey May 3 from San Diego, and is crewed by 70 civil service mariners working for Military Sealift Command, who operate and navigate the ship while navy planners and medical personnel plan and execute the mission.

Japanese landing ship tank Oosumi, carrying a complete medical team, helicopters and representatives from Japanese volunteer organizations, will join Mercy during its stops in the Philippines and Vietnam.

The 28-year-old nurse from Canadian Forces Health Services (Pacific) has joined the Medical Surgery Ward, helping prepare and assist pre- and post-surgery patients.

Upon hearing of the ship's arrival, people begin lining up on the jetty in the wee hours of the morning waiting to be ferried to the ship.

The civil service mariners operate two 33-foot utility boats to transport patients and mission personnel between ship's anchorage and shore. Mercy is too large to pull pier side at any of the mission stops. The operation of these small boats, which carry more than twice as many passengers as Mercy's two embarked helicopters, greatly increase the number of people who will benefit from the mission.

"Lines of more than 500 patients begin forming at three in the morning, waiting for the clinic to open, and yet the people remain positive and excited to interact with us," says Lt Morales.

In Sangihe, Indonesia, she was part of a Medical Civic Action Program for six days, working alongside local healthcare authorities to provide education and healthcare assistance to the community. They met with more than 1,900 patients who remained

excited to meet them regardless of the long wait

"It reminded me that something as simple as a friendly face and some health information can have such a huge impact. I'll carry that with me forever," she says. "The strength and resiliency of the people that I've encountered has been incredible. I've met people that remain strong and cheerful no matter their life circumstances."

Through this experience, coupled with her military work, Lt Morales says she has witnessed the uniform strength and skill of nurses around the world.

"My belief in the universal value of nursing has been reinforced. I see nurses from a variety of backgrounds and countries come together to provide skilled, professional care in a variety of environments. Strong leadership skills, extensive knowledge, and the ability to assess patients despite language and cultural barriers have allowed the nursing staff to provide excellent patient care in an ever-changing environment."

The assistance the Mercy team provides is important, but Lt Morales says the message it provides is just as vital.

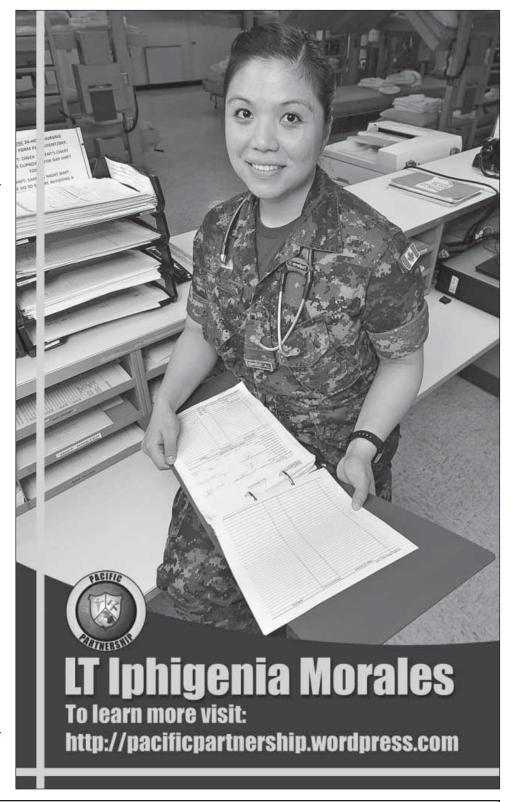
"Healthcare has no boundaries; this operation is designed to strengthen bi-lateral relationships with other countries, which is crucial to maintaining regional security and stability. But the true hallmark of Pacific Partnership is to ensure host nations are equipped with sustainable programs that help them prepare for and support emergency relief efforts as we work together toward a broader goal of maintaining a stable and secure Pacific region," she says.

The journey to Asia-Pacific is especially meaningful for Lt Morales because she was born in Balanga, Bataan in the Philippines. At age six her family immigrated to Canada.

Her journey in Mercy ends at the U.S. naval base in Subic Bay, Philippines. Her hometown is 55 km away and she plans to spend some leave at the family home where her two uncles live.

Thirty Canadian military personnel have joined the Mercy mission this year, divided into two teams with each covering half of the deployment.

For more information on the mission visit www.pacificpartnership.wordpress.com.



# Now that's refreshing!







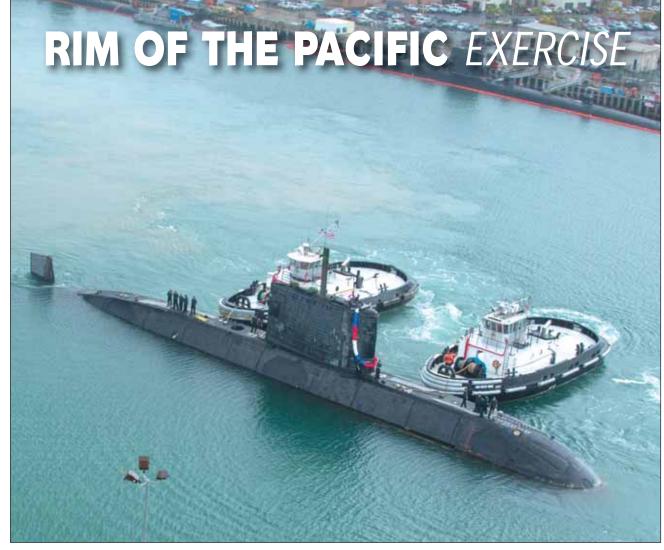
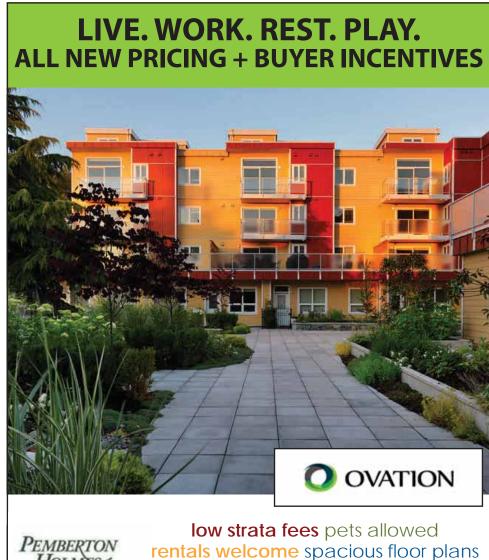


Photo by Jacek Szymanski DNPA, 2012 DND-MDN Canada

With a few friendly nudges from a pair of tugboats, HMCS Victoria enters port in Pearl Harbor, Hawaii, as a part of the Rim of the Pacific Exercise. Joining Victoria are Royal Canadian Navy HMC Ships Ottawa, Algonquin, Brandon, Saskatoon, and Yellowknife, as well as members of the Fleet Diving Unit (Pacific).



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# **Coalition trains for oil spill**

**Shawn O'Hara**Staff Writer

Off the coast of Metchosin, vessels from CFB Esquimalt, and the Canadian and U.S. Coast Guards gathered two weeks ago for a joint exercise in oil spill clean up.

The training is part of the Canada U.S. Pacific Task Force (CANUSPAC) to practice maneuvers and protocol should an oil spill threaten the waterways shared by Canada and the U.S., such as the Juan de Fuca Straight and the Salish Sea.

CANUSPAC is a coalition of agencies from both the United States and Canada, formed to provide a wide range of assets to draw upon in a spill situation.

The Canadian Forces was represented in the exercise by tugboat CFAV Glendyne, and YOM 252 barge. The crew of the barge practiced deploying the Current Buster 600 oil containment system that, when towed between two vessels, collects contaminated water in an inflatable container, allowing the crew to skim the oil off of the top.

Lyle Fairley, Branch Environment Officer for Port Operation and Emergency Services at CFB Esquimalt, says the exercise served multiple purposes.

"It gives us a chance to get on the water and use equipment that we don't use every day. It's been almost two years since we've used some of this equipment, and we've had employee turnover since then, so they've never seen it in use," says Fairley. "It also lets us work with other agencies. This is a bridge-building exercise and in case of a real emergency it's important that we all know how to work together. The more we work with each other, the more we learn."

During the exercise, a minor hiccup provided an on-the-job problem-solving exercise. The rope that attaches to the containment system got tangled.

"This is the reason that we come out here," says Fairley. "In a real life situation, you can never be sure what's going to happen. It's important that we learn to prepare to respond to complications in an effective way."



The Current Buster 600 Oil Containment System is deployed into the waters of Metchosin as part of the Canada U.S. Pacific Task Force, a coalition created to combat oil spills that threaten the shores of both the U.S. and Canada.

Photos by Shawn O'Hara, Lookout



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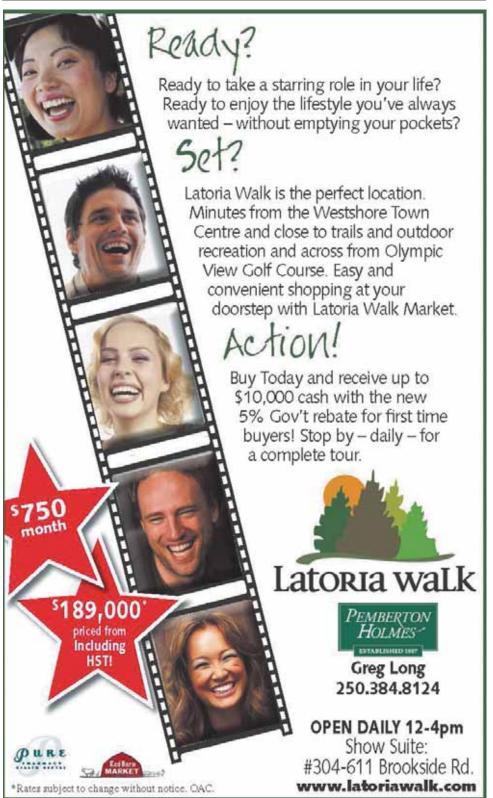
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# Maintaining equipment at sea

**AB Ryan Warnell** HMCS Charlottetown

Weapons for fighting, radar for detection and navigation, the horizonreference system that helps the Sea King helicopter land safely — all these systems are under the care of the Combat Systems Engineering (CSE) Department, which handles much of the crucial maintenance involved in keeping a ship combat-ready at sea.

One piece of kit aboard HMCS Charlottetown is all too familiar to the members of the CSE Department: the Mk 15 PHALÂNX 20-mm Close-In Weapon System, abbreviated "CIWS", known to most as the Sea Whiz.

The ship's last ditch defence mechanism, the CIWS is a radar-guided sixbarrelled Gatling-type gun system that fires bursts or continuously at either 3,000 or 4,500 rounds per minute. It is located on top of the ship's hangar to engage fastmoving close-range targets such as diving missiles and aircraft, and attacking gunboats.

If this powerful machine is to be ready to defend the ship, the CSE Department members must perform "the upload."

Whether it's five degrees in the middle of the

Atlantic Ocean in winter, or a scorching 35 degrees in the Mediterranean, this thing's got to be ready to go at all times," says LS Matthew Martin, a weapons technician serving in Charlottetown.

The call comes across the CSE "meet-me" net: "All on-watch CSE personnel muster CSE flats, CIWS upload." It takes two minutes for the required personnel to get into their jackets and leather-palmed gloves. Within 10 minutes, everyone is already beginning the task, with MS Kelly Spicer and LS Timothy Tyler preparing the ammunition in a compartment immediately under the gun mount, and the rest of the group at work on the hangar roof.

To ensure its complex internal systems are always booted up and ready for action, the CIWS is kept loaded. To ensure safety until the gun is prepared for action only, dummy rounds are left in the gun system's drum magazine and the feedway that supplies it with ammunition.

The upload is a cyclic process in which the dummy rounds are removed downloaded — and seamlessly replaced by live rounds. Ammunition boxes rigged on a cable running through a pulley carry live ammo up to the gun mount,

where LS Matthew Martin feeds it into the magazine.

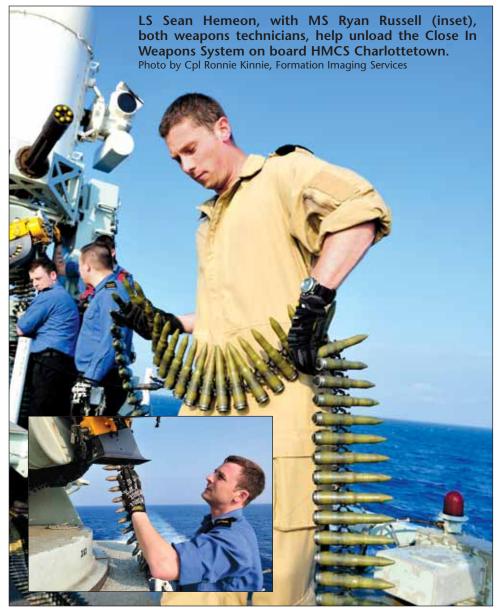
Meanwhile, the gun system ejects the belts of dummy ammunition and the technicians lay them out neatly on the hangar roof. Round after round spins through the weapon and, in almost no time at all, this magnificently destructive machine is ready for another stretch of sea time.

"We just know how it works," said LS Sean Hemeon, commenting on the speed of the process. "We know how important it is to get it done, so we get it done.

Finally, the Air Officer has to ensure nothing has been dropped during the CIWS upload that could damage the ship's CH-124 Sea King helicopter. Only after successful conclusion of his FOD rounds — that's an inspection for debris that might cause Foreign Object Damage — is the group finished with their task and free to climb down from the hangar roof.

Every piece of gear the CSE department maintains requires a keen sense of focus and determination to ensure proper operation.

HMĈS Charlottetown's CSE Department ensures the operational efficiency of the CIWS as part of their contribution to the ship's combat readiness.



July 9, 2012

# Brake pulls out all the stops for service

Shawn O'Hara Staff Writer

Tracy Brake is an easy person to talk to. Her voice and demeanor have the qualities of a favorite aunt - warm, happy, and witty. Talking to her, you get the impression of a confidence built through years of hard work, and that she's the kind of person that wants to help.

With shoulder length blonde hair framing a relaxed, always smiling face, Brake has a way of putting a person at ease. This quality, along with a lifelong love of computers, has helped her successfully troubleshoot for Base Information Services (BIS).

Brake has been with BIS in one capacity or another since 1996, with most of that time being in the Client Services Department. Since then, she's become an invaluable part of the team, working out of the Distributed Computing office in D199 at Dockyard as a Network Administrator. She's responsible for making sure the server systems run smoothly, and that access is available.

When the base's vitally important information network isn't working in tip-top shape, Brake is the one that gets the call.

"As network admins, we basically maintain the servers that allow personnel access to applications, store login information and accounts, deal with data storage and recovery, all that sort of stuff. We make sure everything keeps running."

Brake says helping DND clients is what puts the bounce in her step each morning as she sets off to work. "I'm very customer oriented, I always have been. I've always been motivated to provide the best possible customer experience. I've been on the other side of the phone; I know how bad it can be"

When dealing with CF clients, she draws on her 21 years of military service. "I come from military parents, and I joined the army reserves when I was 18. After college I thought, hey, this isn't a bad career, and I joined the regular service."

A career in IT was a natural choice given Brake's life-long predilection towards computers.

"I just love information technology," she says. "I love working with computers. I've always had a knack for troubleshooting them. At the time I didn't know I had that in me, but it always seemed that when we would choose computers to configure I would always choose the worst one. I'd keep notes on it, and work with it, and over time that's how I built my skill base. That's what built me."

She's also been the voice of the BIS voicemail service. A voice that became too familiar to those trying to get a hold of someone at BIS - in some cases, perhaps too familiar.

"One time this officer called," recounts Brake. "I picked up and said 'Base Information Services' and before I could finish he said 'Ah, don't tell me I've got that bleeping bleep bleep ladies' voice message again!' and I said 'No, this time you've got the real one.' He was so embarrassed; you should have heard the silence that followed."

This light-heartedness is one of her most endearing features. When it comes to the frustration that technical issues can bring, Brake is always ready with a quip or a jibe.

"I find that humour is the best way to deal with people. They call, and they're already stressed out, or they feel bad that they have to call all the time. I always tell them, if it wasn't for their problems we wouldn't have a job. Sometimes it helps if you can relieve some of that stress for them."

She is now looking forward to the new challenges that lay ahead as Network Administrator.



Photo by Shawn O'Hara, Lookout Base Information Services Network Administrator Tracy Blake has aided CF personnel with their technical issues for more than 15 years.

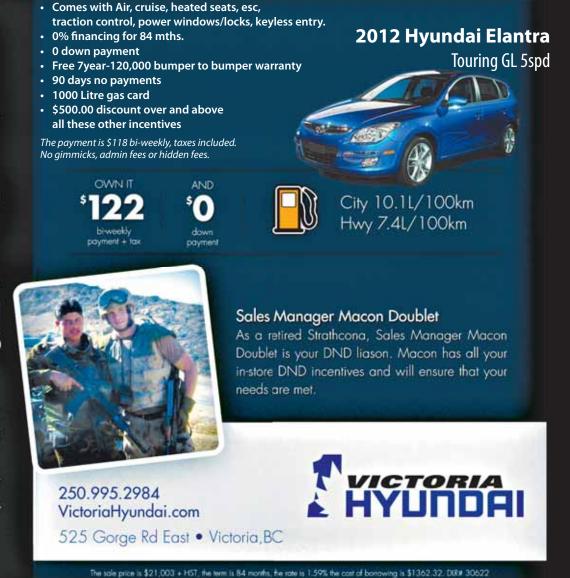
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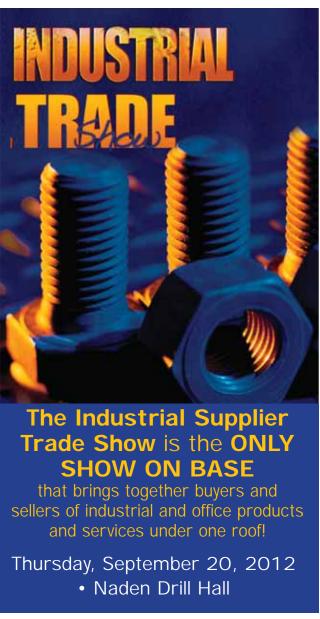


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# Pash appointed judge

Citizenship, Immigration and Multiculturalism Minister Jason Kenney announced Gerald W. Pash has been appointed as Citizenship Judge in British Columbia.

Pash works as a public affairs officer at the Maritime Forces Pacific Headquarters.

Citizenship judges are appointed for a three-year period and are responsible for making decisions with regard to citizenship applications, presiding over citizenship ceremonies and administering the oath of citizenship to new citizens.

#### Hiker evacuated from West Coast Trail

A hiker was airlifted to hospital from the West Coast Trail July 3 by members of 442 Transport and Rescue Squadron.

Parks Canada requested assistance in the evacuation of the hiker from the mouth of Walbran Creek, after rough water and cold weather on the ocean prevented evacuation by boat. Members of Parks Canada stabilized the patient until the helicopter's arrival.

Search and Rescue Technicians loaded the patient onto the waiting helicopter and flew to Victoria General Hospital where she was transferred in stable condition.

#### Sailors saddle up for 2012 Calgary Stampede

Sailors from HMCS Calgary are donning their Stetsons at the Calgary Stampede, taking place July 5 to 15. Calgary sailors will participate in the 10-day event as part of an annual namesake city visit, joined by crew from the submarine HMCS Chicoutimi and the Naden Band of Maritime Forces Pacific.

This year marks the 100th Anniversary of the "Greatest Outdoor Show on Earth", and officially kicks off when the Naden Band leads sailors in the Stampede Parade. On the Stampede grounds, the Navy contingent joins members from the Canadian Army and Royal Canadian Air Force at the Canadian Forces display. This year features Calgary's Naval Boarding Party and a Mark 48 torpedo displayed by *Chicoutimi's* submariners.

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### **RECYCLE**





Photo credit Lt(N) James E. Blatherwick HMCS Discovery

The Joint Task Force Pacific "Incident Reconnaissance Group" poses with the civilian team at the Southwest Provincial Regional Emergency Operations Centre in Surrey, B.C. Embedded with the civilian team, the 10 Canadian Forces members develop contingency plans should the Provincial Government request assistance from the Federal Government to respond to an emergency as a result of high water and potential flooding along the Fraser River. They are the vanguard component from Joint Task Force Pacific Headquarters located in Victoria, B.C., one of six regional commands that are responsible to Canada Command for domestic contingency operations.



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RAdm Bill Truelove, Commander MARPAC/JTFP, presents Millie Biffi with a Bravo Zulu award for her outstanding work as the Admiral's executive administrative assistant.



Cpl Colin McGregor is awarded the First Rotation Bar to his General Campaign Star - SouthWest Asia medal by Capt(N) Smith, Commanding Officer of FMF Cape Breton. Cpl McGregor earned this while on Operation Attention in Kabul, Afghanistan.



CPO2 Alden Darragh is promoted to CPO1 by Capt(N) Smith, Commanding Officer of FMF Cape Breton.



LCdr Masood receives his promotion to LCdr from Cdr Dowker, June 27 at CANFLTPAC HQ.



LCol Doug Slowski and LCol Richard Mudryk received the Cadet Instructor Cadre Life Time Achievement Award at Albert Head Air Cadet Summer Training Centre, near Victoria.

Left to Right is: Cdr William Bates, LCol Doug Slowski, LCol Richard Mudryk, and LCol Steve Deschamps.



LCdr Mike Stefanson receives the SWASM 1st Rotation Bar by Commanding Officer, Cdr Richard Dowker.



Photo by Cpl Michael Bastien, MARPAC Imaging Services Capt(N) Craig Baines with Cdr Tim Allan promote MWO Cate Gaudet to Chief Warrant Officer.

# RECOGNITION AWARDS

Base Commander Captain, (N) Craig Baines hosted a recognition award presentation prior to his departure at the Wardroom on June 26, 2012.

Photos by Cpl Michael Bastien, MARPAC Imaging Services



LCol Michael Woolley is commended for excellent leadership and dedication as the Commanding Officer of the Base Information Services (BIS) Branch. Despite personnel shortages and significant organizational change, he led his team to meet mission requirements and deliver a complex and expanding program.



PO2 Jean-Philipe Vincent is commended for caring when faced with the untimely death of a subordinate; PO2 Vincent went above and beyond to care for his coworkers. Also, he provided exceptional assistance to the surviving family members. He demonstrated tremendous leadership, dedication, loyalty and integrity. His example epitomizes the finest qualities of leadership associated with the Royal Canadian Navy.



LS Theodore Kwantes is commended because he is an extremely hard working and dedicated member. His calm approach to challenging situations and concern for others is second to none. This was particularly evident in his actions on the night of May 29, 2012, when his quick thinking and decisive action in extinguishing a fire ensured a potentially serious and costly situation was avoided.



Over the past 15 years Heather Whittall has dedicated countless hours to ensuring retiring CF members were released with great dignity and respect. Her expertise and work ethic led to her services being requested at NDHQ where she contributed significantly to the successful clean up of more than 1,000 release files.



Throughout his 27-year career, CPO1 Derek Ferguson has inspired and motivated his subordinates through unwavering dedication to the mission and to those who have served with him. He is a strong, compassionate leader who has consistently demonstrated loyalty and professionalism while devoting countless hours to charitable causes such as Habitat for Humanity, and the Government of Canada Workplace Charitable Campaign.



Meghan Cuthbert and Cliff Bauer are recognized for their planning and leadership contributing to the success of Formation Environment Week. They represented the Base with professionalism from the promotional kick-off to the culmination of the Environment Fair.



Kristina Ross received the recognition award because she quickly mastered the intricacies of managing a complex \$140 million budget and effectively applied financial control processes across eight Base units. Ross consistently demonstrated untiring work ethic, team spirit, and financial leadership in support of the Base Branches and gained the confidence of her superiors.



MARPAC Formation Coordinator of Official Languages, Emile Chartrand is commended for his development and implementation of a new online testing capability for language evaluation. This new evaluation process has allowed for a more effective and efficient method of testing resulting in quicker and more accurate evaluations.



David Melvin is recognized for exceptional dedication and determination after returning to the workplace following a serious four-year medical condition. His positive attitude and strong work ethic was instrumental in training new employees and improving morale and productivity in the Electrical Shop at CFB Esquimalt.



Mark Danyluk is recognized for exemplary dedication, excellence in asset management and exceptional leadership. His inspiration to those around him and his ability to bring out the best in his subordinates has resulted in exceeding the expectations that were set for him.



Jean Drysdayle is recognized for her work as a well-regarded subject matter expert in real property information systems. She is renowned locally and across DND for her commitment and abilities.



Bob Gilbey is recognized for exemplary service to Canada as the catalyst for HR renewal as Staffing Coordinator for BCE, as a mentor within the public service and as a leader of community youth sporting activities.



A member of the Public Service and of Base Foods section for more than 20 years, Ernest French is an extremely knowledgeable and experienced Supply Specialist. He has worked countless hours providing contract and procurement training to personnel and developing user requirements for SOAs, greatly enhancing the operational effectiveness of the organization.



Phil Melville is recognized for his continued professionalism, dedication and excellence in contract management, supporting the Base construction Engineering Infrastructure Maintenance and Repair Program.



Glenn Cooper is recognized for the dedicated support, knowledge, skill and expertise he provided to Base Operations Light Urban Search and Rescue Training. His motivation and commitment were critical to the success of the program.



Sarah Wedel is recognized for excellence and creativity in the design, implementation and communication of OUR BASE.



LCdr Sam Sader is recognized for his excellent work as Base Comptroller at CFB Esquimalt from 2011-2012. His leadership contributed significantly to the Base successfully delivering the largest program in its history.



Base Logistics Clothing Section received recognition for their exceptional hard work and dedication providing Services Second to None to the men and women of MARPAC, and Lodger units in the region.

**14** • LOOKOUT CLASSIFIEDS July 9, 2012



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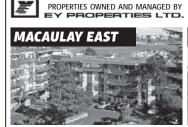
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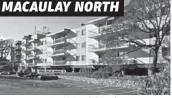
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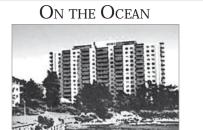
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