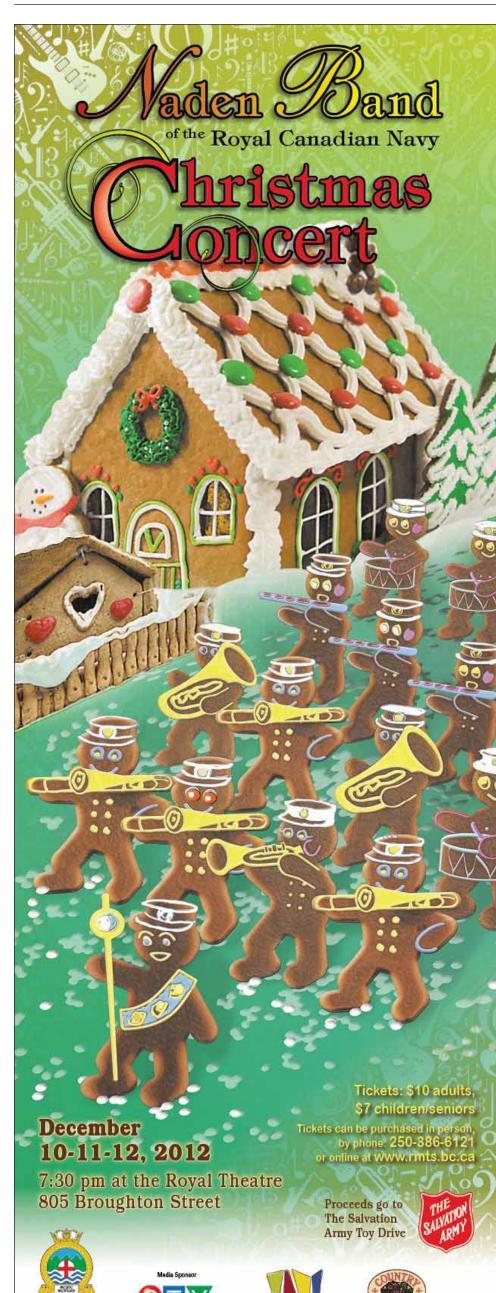


Shawn O'Hara, Lookout

With evaluation forms at the ready, LS David Magnotta, OS Gareth McDonnell, LS Marc-Andre Belisle, and LS Aubrey Hutchins prepare to taste test a hot cup of broth at Nelles Block Galley. The four were part of a group of sailors who volunteered to trial and evaluate new soup recipes. See the full story on page 2.





November 19, 2012



LS David Magnotta fills out a questionnaire regarding his opinions on the new healthy choice soup options.

# A hot bowl of healthy choices

Shawn O'Hara Staff Writer

Rarely are tasking orders this delicious.

On Nov. 14, 15, and 16, 150 lucky service men and women tested new healthy soup recipes devised by the office of the Director of Food Services (D Food Services).

The new recipes are modified versions of the old recipes that have been brought in line with nutritional standards.

"The standards for healthy choices are very particular. You have to have very specific amounts of fat, sodium, fibre, and vitamins," says Lt(N) Lynda Hinch, Base Food Services Officer. "CF personnel are going to be the ones eating the soup, so it only made sense for them to test it."

As a result of the modifications, the recipes had to CF personnel are going to be the ones eating the soup, so it only made sense for them to test it. Lt(N) Lynda Hinch

Base Food Services Officer

be tested for their viability of production and quality, Lt(N) Hinch says.

The recipes were tested by CF personnel in groups of 50 over a three day period. The soups were tested for temperature, taste, smell, portion, and overall satisfaction. After tasting each stock and soup choice, testers filled out a survey, giving pleted the findings will be sent to and evaluated by D Food Service headquarters. Once the results have been codified and deemed that the recipe is appropriate and viable, it will be added to the database of healthy recipes used by the CF.

"We're committed to creating an environment that encourages CF members to enhance their health and wellbeing," says Lt(N) Hinch. "If we're going to do this, it's important that we have a menu with appropriate choices and criteria."

In the end, retooling the soup recipes is one step on the road to maintaining the health and wellness of the Canadian Forces.

"Part of our job is to keep ourselves healthy," says Lt(N) Hinch. "We do that every day in any way we can and our diet should reflect that. After all a healthy force is a fit force."

Once the testing is com-

# MARPAC town hall

their opinions on each new

menu item.

The Commander Maritime Forces Pacific (MARPAC), RAdm Bill Truelove. will conduct his fall formation town halls in order to inform the DND defence team on current and future events impacting MARPAC and the Royal Canadian Navy at large.

The location and timings for the town halls for specific groups are as follows:

• Nov. 27 10:30 a.m to noon - all command teams, location D100 Ops briefing room

Nov. 27 2:40 to 4 p.m. - civilian members of the DND workforce, location Pacific Fleet Club
Nov. 28 8:30 to 10 a.m. - Chiefs and Petty

Officers, location Pacific Fleet Club • Nov. 28 10:30 a.m to noon - Master Seaman

and below, location Pacific Fleet Club • Nov. 28 1:30 to 3 p.m. - officers, senior civil-

• Nov. 28 1:50 to 5 p.m. - officers, senior civilian managers and union representatives, location Pacific Fleet Club

Questions may be directed to the Formation CPO, CPO1 Helston, 250-363-2799.



**RAdm Bill Truelove** 

## **CANADA GETS ITS OWN MILITARY ACTION FIGURES**

**Shelley Lipke** Staff Writer

The American G.I. Joe series now has a Canadian counterpart: Heroes Force<sup>TM</sup> - Canadian Forces Action Figures.

Three soldiers - two in CADPAT and one in Arctic Camo, plus one navy figurine, each sold in their own box with viewing pane, were conceptualized and created by MCpl Shannon Thibodeau.

A desire to honour his brothers and sisters-atarms evolved from three tours – two in Afghanistan and one in Europe, and one long ride home from Afghanistan in 2004 accompanying two fallen brothers.

These figures are not just a toy, he says. "They are my gift for remembrance of all present and past military members."

The idea of a Canadian military toy took hold when his son asked him why G.I. Joes don't look like him.

He turned to friend and graphic designer John Sperry to develop illustrations of himself, which the action figures are modeled after.

Product development company Think Drink Inc. embraced the idea. Owner Scott Watson comes from a long line of military members and liked the idea of honour-



ing Canadian Forces members.

Scott ambitiously set the wheels in motion in both North America and in China to bring the product to market," says MCpl Thibodeau.

After many modifications, a year of work, and countless pre-production samples, Heroes Force<sup>TM</sup> was ready to go to production in 2011.

The first production run was limited to 6,000 pieces.

'When my first edition arrived last November, I received an email from a nine-year-old boy. He asked me how he can get three army figures for himself and two of his little brothers.

MCpl Shannon Thibodeau has created the Canadian version of the American G.I. Joes action figure.

He said, 'My father was killed in Afghanistan in 2009 and we are having a birthday party for him and I would like to get them for then.' I made sure he had them," says MCpl Thibodeau, an Aircraft Structures (ACS) Metal fabricator Instructor from CFSATE, 16 Wing Borden, ON.

One dollar from every sale goes



he presented the first cheque of \$6,600.

"Making money with this is not my goal," he says. "This is for those who lost a father, mother, son, daughter, friend, or family member serving this country."

Heroes Force<sup>™</sup> action figures are for sale at CANEX locations across Canada, or order online at



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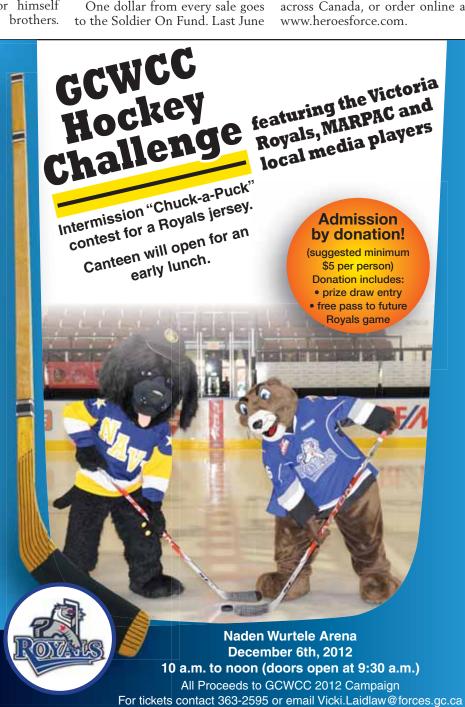
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brent.w.wilson@rbc.com

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# mattersofOPINION

by PO2 Bill Sheridan

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Canadian Mail Product Sales Agreement 40063331





## QUESTIONS?

- 1. Who has scored the most points in the NBA playoffs?
- 2 What is a 'rub' in NASCAR?
- 3. Which Caribbean island sent a
- bobsled team to the winter Olympics?
- 4. How long is the Kentucky Derby?
- 5. Which ball diamond has a waterfall?
- 6. What's a hobber in horseshoes?
- 7. Where would you find Peskys pole?
- 8. How many members in a NASCAR pit crew?
- 9. Which team sold Babe Ruth to the Yankees?
- 10. What was originally used as baskets when the game was invented?
- 11. What is at 24 Willy Mays Plaza?
- 12. Who portrays Ty Webb, an exceptional golfer and the free-spirited playboy son of one of Bushwood's co-founders in Caddyshack?
- 13. Who was the first manager to win 800 games in two leagues?
- 14. What sport was known as Sphaira to the Greeks and Ollis to the Romans?
- 15. In 1843 Guys Hospital was known to be the first club for which sport?
- 16. What player has played for the most NHL teams at 12?
- 17. How many triple crown winners of baseball have made it to the World Series?
- 18. Which sport has a skip as the team leader? 19. President Benjamin Harrison was the first to
- attend what sports game while in office?
- 20. How many 20 win seasons did Fergie Jenkins have?

## Watch Base videos now! Visit lookoutnewspaper.com

- Take a tour of the new Base Fire Hall and Emergency Response Centre.
- HMCS Calgary is the first of 12 Canadian
- Frigates to complete HMC/FELEX mid-life refit. · See exclusive footage of the Second World War
- in honour of Remembrance Day.

 The Canadian Scottish Regiment (Princess Mary's) celebrates its centennial with a weekend full of events, parades and fanfare.

Visit lookoutnewspaper.com to see these videos and more under the video achieve section.

If you have an idea that would make a great base video contact Shelley Lipke, Shelley.lipke@forces.gc.ca, or call 250-363-3130.





## **Dependants driving** course available

There will be a Defensive Driving Course held at TEME Transport, 1365 Work Point for dependants of the military community.

Time: Tuesday and Wednesday Dec. 4-5, 6-7:30 p.m.

Location: 1365 WP TEME Transport safety classroom. Open to both military and civilian employee's dependants.

There is seating for 25 people. First come first served. Seats fill quickly.

Please call safety at 250-363-0922 to book a seat for your dependants.

# **GCWCC** Book sale

Come support the GCWCC-United Way Campaign and purchase some used books.

Also for sale are DVDs, magazines and comics. • BOR Front Desk, Bldg

N30, 1st Floor. • 8 a.m. to 4 p.m. everyday from Nov. 2- Dec. 12.

Every item purchased is an automatic entry into a draw to win a \$25 Serious Coffee gift card.

#### Fleet Diving Unit raffle

Full Open Water Dive Course (value \$450) with a PADI certification upon successful completion. Donated by Ogden Point Dive Centre.

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## Draw will take place Dec. 4.

## **Imaging Services** photographic talents

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Mon to Fri, 1400 to 1550 and Saturdays 0830 to 1200. MARPAC Imaging Services studio, Dockyard Building 25

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Minimum donation of \$20 per person, cash only, paid at time of photo session.

The digital copy of your photos will be emailed to you one week after the session.

## Correction

In Issue 46 of the Lookout Newspaper it was reported that PO1 Gordon Canning was found guilty of 130 NDA: possession and 129 NDA: conduct to the prejudice of good order and discipline and ordered the pay a \$2,500 fine.

The charge of 130 NDA: possession was withdrawn, and as such the fine was paid only for the charge of 129 NDA: conduct to the prejudice of good order and discipline.

The Lookout apologizes for any inconvenience.



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**SM3W2RA** 

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16. Mike Sillinger

12. Rugby

gaseball-on June 6th

Mantle and Cabrera

17. Four, Yaz, Robinson,

call it soccer.

13. Sparky Anderson

JZ. Chevy Chase

Francisco

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Peach Baskets

Еепмау рагк

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when it is ready to pass A car rubs another car

# ABDITION FORCES PACIFIC ABDITION Open to all members of the Defence Team

December 4 11 a.m. – 2 p.m. Naden Upper Gym

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## **LS Elijah Fraser** HMCS Saskatoon

The date: Aug. 19, 1942.

The sappers of the Royal Canadian Engineers on board Landing Craft Tanks (LCT) 163 donned earphones as the crews of tanks "Bob", "Bert", and "Bill" began warming up their massive engines.

The three MK III Churchill tanks in the hold of the landing craft comprised 6 Troop, B Squadron.

That morning, Operation Jubilee on the beaches of Dieppe would be the Canadian Army's first entry into the Second World War. The Calgary Tank Regiment would become the first Canadian tank regiment to engage in combat, and it would mark the first time the Churchill tank saw action.

As the beach came into view at 0530 hrs, the sun had already begun to rise and the smoke screen cleared. Towering cliffs flanked the beach along which ran a sea wall to the partially demolished Casino that jutted out. The buildings that fronted the promenade above the seawall formed a fortress. The German artillery, anti-tank batteries, mortars, and machine gun nests directed their fury on the beach and incoming landing craft.

As LCT 163 made its approach a shell found its mark and the engine room burst into flames. Overcome by the smoke, the helmsman collapsed and the ship veered to port. Two more helmsmen would be killed before, on its fourth attempt, using another sunken LCT for cover it was able to land the tanks.



The RCE tank "Bert" (pictured here in August 1942) earned the dubious distinction as one of the most photographed tanks of the Second World War. Pictures were used in both German and Allied propaganda and appeared in Life magazine.

Once on the beach, Bert's gunner, Trooper Stewart realized his turret was not traversing. The experimental waterproofing had not adequately blown with the cordite charges. Co-driver Trooper Dunsmore ventured out into the hail of bullets to cut away the waterproofing with a machete.

Of the 29 tanks that attempted to land, only 16 made it off the beach. Undeterred by the chert rocks that bellied down and broke the tracks of other tanks, 6 Troop proceeded down the beach to where the seawall was at its lowest point near the Casino, and roared onto the promenade.

Using their Bessa machine guns and six pound guns, the tanks destroyed gun emplacements in and around the Casino, on the promenade, and the buildings and cliffs above. Seven foot tall concrete road blocks prevented the tanks from advancing further into the town.

Few of the sappers, who were to destroy the barriers with their 60 pound packs of explosives, had survived the first few minutes after landing, let alone made it across the beach, barbed wire, and promenade. With no high explosive ammunition, the tanks' armour piercing rounds ricocheted off the concrete.

Tank crews would later describe the concentrated fire of the anti-tank batteries and Stuka dive bombers as causing the walls of the tanks to glow red from the shells stressing the armour, and of the stifling heat and smell of the melting paint.

As Bert manoeuvred to avoid an anti-tank ditch, a direct hit blew the left track off. From its position, Bert's crew continued to provide covering fire for 20 Royal Hamilton Light Infantry who crossed from the Casino into the town. Bill moved alongside Bert and after some difficulty removing the waterproofing from the tanks side hatch, three members of Bert's crew crammed into Bill. Bob then moved alongside to receive the remaining two.

At 1100 hrs the tanks were recalled to the beach to lay smoke screens and provide covering fire for the soldiers attempting to board the few returning landing craft. As the Germans mercilessly rained down fire on the soldiers, there was little the tank crews could do. Those that ventured out of the tanks to aid their comrades quickly became casualties themselves, and there was little cover to be found.

Of the 6,000 who deployed only 2,078 would return to England that day, 850 of whom never landed. In a just a few short hours 3,367 Canadians were killed, wounded, or captured in what would be Canada's worst defeat. Those that survived, including the majority of the tank crews, would spend the remaining years of the war as prisoners.

# Faces of The Legion Image: state stat





# Winnipeg crew paints the forward path

*HMCS Winnipeg* regularly participates in volunteer work, whether it is at home or abroad.

When a volunteer opportunity for the Mustard Seed arose Nov. 2, members from all departments rallied together, rolled up their sleeves and got to work.

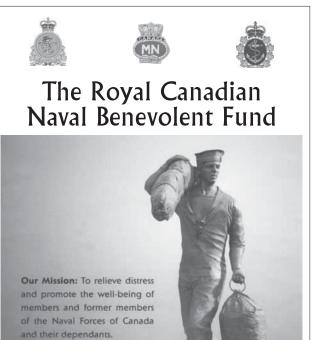
Displaying the team work native to the ship's crew, the work group picked up rollers and brushes and gave the Mustard Seed's common area a well-deserved painting.

The Mustard Seed pro-

vided the music, and one member of the ship's company provided coffee and doughnuts, making the day a bonding opportunity for the ship and strengthening its relationship to the community.

The Mustard Seed is a non-profit organization helping those in need, and restoring faith for Vancouver Island residents. Anyone wishing to contact the Mustard Seed for volunteering is recommended to email: contact@mustardseed.ca or 250-953-1575.





If you or your spouse have ever had Canadian naval service or served in the wartime Canadian Merchant Marine, and you are facing some difficulty in maintaining the necessities of life, we may be able to help.

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# Now that's refreshing!



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Contact Gail Greff, 363-1560, gail.greff@forces.gc.ca



# Scholarships assist children of fallen military personnel

## **Holly Bridges**

RCAF Public Affairs When members of the

Canadian Forces are killed in the line of duty, the surviving loved ones may worry about how they will continue to provide for the fallen member's children, especially when it comes to financing their post-secondary education.

Thanks to a scholarship specifically for children of fallen CF members, called the Canada Company Scholarship Fund, attaining a post-secondary education is within reach.

The Canada Company scholarship provides \$4,000 per year, for up to four years, to support the post-secondary education for children who qualify.

Children of Canadian Forces members who have died on duty while serving in an active role on a Canadian Forces mission, whether a member of the Regular Force or Reserve Force, since January 2002 are eligible to apply. The Canada Company Scholarship Fund will provide scholarship grants to children dating back to Jan. 1, 2002.

Managing director Peter Hart says the scholarship is open to children of all Canadian Forces members.

"Everything we do is targeted at Canadian Forces members across the country, be they army, navy, or air force," says Hart. "In recent years, many of the scholarships have been awarded to children of army members because that is where most of the losses have occurred; however, we want people to know the scholarship is open to children of all serving members, regardless of the colour of their uniform."

The deadline to apply for the Canada Company scholarship is ongoing. To learn more about the scholarships and how to apply, visit www.canada company.ca.

Canada Company scholarships have received leadership funding in the amount of \$1 million from CIBC. Additional financial support was secured from Paul Desmarais, Jr., Power Corporation; Peter Munk, founder and chairman of Barrick Gold Corporation; Jim Balsillie, RBH Inc.; The W. Garfield Weston Foundation; The TD Bank Financial Group, BMO Financial Group; Scotiabank; Standard Life; Laurentian Bank of Canada / B2B Bank (formerly B2B Trust) and AGF Management Limited.

Canada Company is calling on other members of the corporate community to contribute to this initiative.

Canada Company oversees the fund through an independent committee, along with members of the Canadian Forces, to ensure that bereaved children have the opportunity to receive this scholarship.

# Enter to WIN a custom collar for your pet.

TICKETS \$2 for one or \$5 for three available at the NAC Kiosk



All proceeds go to the GCWCC





Roxanne Priede, National Silver Cross Mother, places a wreath at the Tomb of Unknown Soldier and National War Memorial during the Remembrance Day ceremony in Ottawa.

# Silver Cross mother represents the pain of loss and pride in the fallen

#### DND

May 30, 2007, is a day Roxanne Priede will not forget.

That was the day her son Master Corporal Darrell Priede was killed in action in Afghanistan. The Chinook helicopter he was in crashed shortly after take off from a landing zone in Helmand

province after taking on enemy fire. At this year's Remembrance Day ceremony in Ottawa, Priede took part, as



MCpl Darrell Priede

she always does, to honour the memory of her son's service and the service of all fallen service members.

However, this time she participated as the National Silver Cross Mother.

The National Silver Cross Mother is chosen annually by The Royal Canadian Legion to represent the mothers of Canada at the National Remembrance Day Ceremony in Ottawa. As the Silver Cross Mother, she laid a wreath at the base of the National War Memorial on behalf of all mothers who have lost children in the military service of Canada. Priede travelled with her husband John from their home in Grand Forks, British Columbia, to take part in the ceremony.

"I can't quite say how much it means other than I am amazed to have been chosen," she said. "I hope I can represent the pain of loss - but also the pride in our fallen sons and daughters by the mothers who raised such dedicated individuals in their chosen profession."

Priede's son died along with five American soldiers and one British soldier. He was an image technician assigned to the NATO International Security Assistance Force deployed to assist the government of Afghanistan. He was 30 years old and the 56th Canadian soldier to be killed in Afghanistan.



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Draw December

# Victoria's only Victoria Cross holder honoured at grave site

A/SLt Ron MacDougall BPAO Trainee

This past Remembrance Day, a ceremony was held at the Royal Oak Burial Park in Saanich commemorating a little known holder of the Victoria Cross (VC), the Distinguished Service Order (DSO) and the French Ordre national de la Légion d'honneur - Commander Rowland R.L. Bourke.

Amidst the cold, windy, wet morning, military members, Bourke family members, and local media watched as a contingent from *HMCS Malahat* placed a Naval Reserve memorial wreath on Cdr Bourke's small grave marker.

Local historian MWO (Retired) Bart Armstrong addressed the crowd, explaining that the cemetery is planning on erecting a larger, more appropriate marker for Victoria's sole VC holder. They hope to reveal the new marker on May 10, 2013, the same day a newly refurbished monument in the city of Ostend, Belgium, will be unveiled to mark the 95th anniversary of the battle at that seaport.

Cdr Bourke received his medals for saving the lives of 41 servicemen during the 1918 spring raid on the Belgium port of Ostend, a key German U-boat base. In April 1918, the Royal Navy initiated a bold raid on the Belgian ports of Zeebrugge and Ostend, which were both heavily defended German U-boat pens. During the first raid on Ostend on April 23, 1918, Bourke volunteered his Motor Launch (ML); he then rescued 38 sailors while towing another crippled ML behind him. For these valiant actions, he received the DSO.

During a second raid on May 9-10, because of Bourke's relentless persistence, he managed to refit his vessel and find a new crew to again head into battle. While engaging the enemy's machine guns on both piers with Lewis guns, he searched for survivors, initially finding none, but then heard cries in the water. He re-entered the harbour, and saved Lieutenant Sir John



Alleyne and two ratings from the water. His motor launch was hit 55 times with two crewmembers being killed and others wounded.

On Aug. 28, 1918, the London Gazette wrote: "This episode displayed daring and skill of a very high order, and Lieutenant Bourke's bravery and perseverance undoubtedly saved the lives of Lieutenant Alleyne and two of the Vindictive's crew."

Bourke received the VC from King George and was also awarded the Ordre national de la Légion d'honneur by the French Government and was promoted to Lieutenant-Commander.

After the First World War, LCdr Bourke became a civilian clerk at HMC Dockyard in Esquimalt, but re-enlisted in 1941. He was instrumental in forming the "gumboot navy" of fishermen used to patrol the B.C. coast. He died in 1958 with full military honours. His former residence is a designated heri-

tage building at the corner of Lyall and Admiral Streets, now a bed and breakfast.

Bourke typically shied away the spotlight, and upon arrival back in Canada he asked his family not to contact the press about his achievements. His name is not included on the Government of Canada's Victoria Cross website, most likely because, although he was Canadian, he served for the English military and received his VC directly from the King of England.

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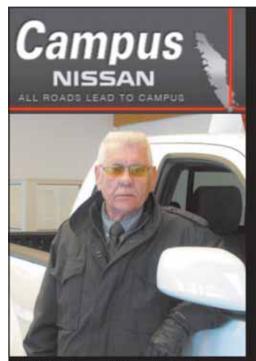
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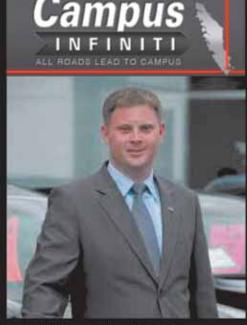
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- Knife and caseiPhone
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- Paddle

## Lawyers with a Canadian Forces Perspective



Mel Hunt, LCOL (Ret'd) Practicing Military Law for over 30 Years



## Dan Murphy RADM (Ret'd)

Contact Shone Langlois

Shone.Langlois@forces.

250-363-5032

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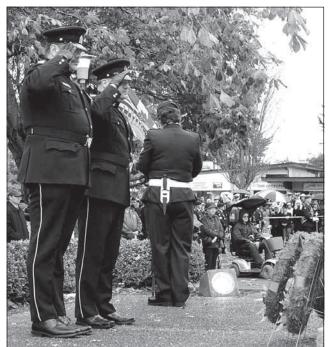
# **Remembering in Esquimalt**

The Remembrance Day service at the Esquimalt War Memorial honoured the men and women who served and continue to serve Canada.

**Above:** Maj Diane Kilby reports the parade to Canadian Forces Base Esquimalt Commander, Capt(N) Bob Auchertlonie at Memorial Park.

*Right:* Deputy Chief of Victoria Police, John Drucker pays respects after laying a wreath for the Victoria Police on the Cenotaph. *Below:* Veterans form

up on parade. Photos by Cpl A.W. Croskery, MARPAC Imaging Services







# **Remembering in Victoria DONTORINK & D**





Left: Lone Piper, Warrant Officer Kevin McIntyre, from the Canadian Scottish Regiment (Princess Mary's) pipes the Lament following the two minutes of silence dur-

ing the Remembrance Day Ceremony at the B.C. Legislature Cenotaph.

> Above: Parade Commander, Major Stephen Carius, leads the Vice Regal Salute upon the arrival of Judith Guichon, Lieutenant Governor of B.C.

> **Below:** Mai Stephen Carius leads the General Salute upon the arrival of Rear-Admiral William Truelove, Commander, Maritime Forces Pacific. photos by MCpl Angela Abbey,

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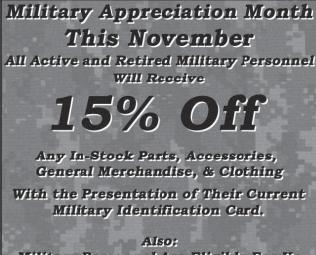
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Cpl Brandon O'Connell, MARPAC Imaging Services Incoming Commanding Officer, LCdr Chris Sherban (left); Commander Coastal Division Pacific, Cdr Lorne Carruth (centre); and outgoing Commanding Officer, LCdr Scott Crawshaw, sign the official change of command certificates during the Change of Command Ceremony for HMCS Yellowknife on Oct. 18.



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For more info about Remember the Power of Giving, contact Michelle Stratford, Event Specialist Vancouver Island, 250-405-4307 or michelle.stratford@blood.ca

Call 1 888 2 donate or www.blood.ca to make an appointment Facebook www.facebook.com/BCBlood or visit <u>www.blood.ca</u>

# **Awards and presentations at CFB Esquimalt**





PO1 Shanna Wilson receives a Blue Seal for Aerobic Excellence, representing more than 6,000 units of aerobic activity, from Cdr Alistair Harrigan.



Cadet Warrant Officer Nathan Deringer receives the Strathcona Medal, the second highest decoration of the Cadet Programme, from Honorary **Colonel Richard Talbot.** 



CPO2 Allen Hamilton, Chief Hull Technician at Sea Training Pacific, receives his Canadian Forces Decoration First Clasp from the Commander of Sea Training Pacific, Cdr Richard Dowker.



Service Medal for Operation Caribbe from Cdr II Diamond Jubilee Medal from Cdr Harrigan. Harrigan.



PO1 Doug Cartwright accepts his Operational CPO2 M.J. Chapleau receives the Queen Elizabeth

Cdr Tim Allan presents awards to military members and civilian employees during a ceremony at Nelles Block.



Service Medal.



Cpl P. Laramee receives his Operational CPO2 J Rogerson receives his Canadian Darcy Johnston receives an NPF Greg Bosley receives an NPF Service Forces Decoration.



full years.



Service Award for having worked five Award for having worked five full years.



Award for having worked five full Service Award for having worked five Award for having worked five full Diamond Jubilee Medal. years.



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Cheryl Cooke receives an NPF Service Deborah Mimms receives an NPF Roz Dorge receives an NPF Service Sqt C. Balcombe receives the Queen's years.





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ADDICTION & DRUG SUPPORT GROUPS has started new groups on Vancouver Island. Victoria, BC: Victoria Native Friendship Center on Thursday evenings 7:30pm @ 231 Regina Ave. Saanichton, BC: Tsawout First Nation on Thursday afternoon at 3pm at 7728 Tetayut Rd. Duncan, BC: 1 Kenneth Pl. on Friday evenings at 7pm. Naniamo, BC: Vancouver Island Theraputic Comm. on Sunday evening 7:15pm @ 10030 Thrid Street. General Michael@ inquiries: LifeRingCanada.org.

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# Veteran returns to Canadian training ground, Moose Jaw

## Capt Susan Magill 15 Wing Public Affairs

In late September, a 95-year-old British pilot who earned his commission and Wings in Moose Jaw, Saskatchewan, was given the chance to revisit his wartime training ground at 15 Wing.

Stan Fielding lives in Chester, England, and earned his pilot's wings in Saskatchewan after training with the 32 SFTS from September until November of 1942 in both Moose Jaw and Caron. He later completed war flying operations in the Bay of Biscay, the Dutch harbours and the Norwegian fjords.

To commemorate the events leading up to the end of the war, the Big Lottery Fund in Britain set up the Heroes Return program, which funds British veterans to revisit the places where they served, and remember the sacrifices made by their fallen friends and comrades. This fund allows recipients the opportunity to return to the scene of their wartime activities, operations or training.

As a recipient of the Heroes Return, this spry war veteran and Rotary Member (for 44 years), chose to return to Moose Jaw on Sept. 25 to relive his wartime training memories. He visited Canada with his two daughters, Carole Garrett and Dianne Russell. Together they toured 15 Wing Moose Jaw after a warm welcome the day before by the Moose Jaw Rotary Club.

"His full rank was Flight Lieutenant (Flt Lt) Stanley James Fielding

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Ninety-five-year-old British Pilot Stan Fielding made a return visit to Moose Jaw, where he earned his commission and Wings in 1942.

when he left the RAF," said his daughter Dianne Russell. Flt Lt Fielding completed his 200 operational hours or roughly 50 flights and was then transferred to ferry command from coastal command, flying Spitfires to Italy for the campaign there.

Stan Fielding was in the police service in the Lancashire Constabulary before he joined the RAF. After the war he went back into the police service eventually becoming Chief Superintendent for the Greater Manchester area in Rochdale.

During his tour at 15 Wing Moose Jaw, Stan Fielding was hosted by a number of staff at the wing.

His daughter said, "The staff of 15 Wing were so welcoming, they came out to greet us, and explained the technological advances of the aircraft. They gave Dad the experience of flying and they listened with interest to his wartime experiences. It was a wonderful visit."

After their tour they met with a number of Wing members over lunch at the Officer's Mess. "There were many

highlights of the tour for us," explained his other daughter, Carole Garrett. "Particularly seeing him in the cockpit of the Harvard and Hawk aircraft, in the training modules of the ejection and flight simulators, and watching the aircraft from the control tower - but most of all the warm reception during our visit."

Since 2004, more than 50,000 people have made commemorative trips with funding from the British Big Lottery Fund Heroes Return program with grants totalling £24 million.

Stan Fielding's commemorative trip to 15 Wing Moose Jaw was a 70 year step back in time. "It was a wonderful visit," said Stan Fielding.

"I would like to express my sincere thanks to all the people who helped arrange my visit to 15 Wing. The Wing Commander Colonel Paul Goddard entertained my daughters and me so lavishly and with such interest in my past. I hope my resume of service helped some gain insight as to the problems of war. Happy landings to all."

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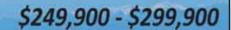
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