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Volume 58 Number 23 | June 10, 2013

# LOOKOUT

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## Fanfare for new firehall

Photos by Cpl Blaine Sewell, MARPAC Imaging Services

**Above:** CFB Esquimalt firefighters march to the official opening of their new fire hall June 7.  
**Right:** Defence Minister Kerry-Lynne Findlay rings the bell three times to announce the official opening of the building.  
Take a tour inside the new fire hall on pages 9-11.

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## New commander

# for Yellowknife

Cpl Charles A. Stephen, MARPAC Imaging Services

**Left to right:** Incoming Commanding Officer, LCdr Brad Henderson; Reviewing Officer, Commander Lorne Carruth; and outgoing Commanding Officer, LCdr Cory Gleason, sign the change of command certificates during a ceremony held aboard HMCS Yellowknife May 30.

## Correction

In our last issue #22, June 3, 2013, there were two errors in our back page story, "First responders honoured":

- Richard Boileau was a CPO2 not a CPO1.
- Richard Parker received the Gold Lifesaving Award because he put his own life at risk during the rescue attempt.

## The Esquimalt MFRC Board of Directors is Seeking Applicants

The Esquimalt Military Family Resource Centre (MFRC) is a non-profit, charitable organization registered with the BC Societies Act. The MFRC has an active, involved and energetic volunteer Board of Directors whose vision and ideas guide the day-to-day operations of the MFRC through the Executive Director.

The Board is accepting applications from interested military family members for Director's positions that will complement the skills of current board members. The Board is seeking committed, accountable, community-minded people with experience in the following areas: law, policy, finance, fundraising, human resources, community relations, or organizational operations. This volunteer opportunity is a terrific way to learn new skills and make a difference in the CFB Esquimalt military community.

### Learn more:

- Website: [www.esquimaltmfrc.com/about-us/joining-the-board.php](http://www.esquimaltmfrc.com/about-us/joining-the-board.php)
- Attend an Info Session on Tuesday June 18th from 7-8pm. Register by calling: 250-363-3080
- Email the Board Development Committee at: [bodemfrc@gmail.com](mailto:bodemfrc@gmail.com)

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# Head of navy imparts final thoughts

**Shelley Lipke**  
Staff Writer

Last week, VAdm Paul Maddison made a special week-long trip to Victoria, a sort of finale tour to his tenure as Commander of the Royal Canadian Navy.

In two weeks, he will retire, ending a 30-year naval career.

However, before he officially hangs up his uniform, he wanted to visit his naval community and share a few key messages.

At CFB Esquimalt, this included a series of town halls.

"As Commander I have visited Quebec, Halifax and about nine or 10 Naval Reserve Divisions across the country, but I saved the best one for last," he told the Chiefs and Petty Officers gathered at the Pacific Fleet Club. "It's been almost two years since I've been here, and a lot has happened in that time. Today I want to talk about the four principal themes that shape the Canadian Navy: purpose, platform, people and pride."

With the full attention of everyone in the room, he went on to explain those themes.

Purpose, he says, is protecting the seaways, and ensuring the safe travel of goods.

"Our economy floats on salt water," he explained. "... Most Canadians can't imagine what we do at sea, but if we explain it to them, they understand we have ships for a reason."

He also reminded his sailors of the need to thwart the travel of illegal goods, something the Royal Canadian Navy is actively engaged in through various operations, such as *HMCS Toronto's* work in the Arabian Sea, and *HMCS Regina* and *HMCS Ottawa's* drug busts earlier in the year.

"That is why, as Canadians, we need to have a navy ready to fight if we need to.



Cpl Sandy Stephen, Contributor

**Vadm Paul Maddison, Commander of the Royal Canadian Navy, arrives on board HMCS Calgary as part of his week-long tour.**

It is our purpose. The future fleet is going to grow and everything we do has a purpose in the navy."

To have a platform to work from you need a fleet, he added.

"Frigates will be the backbone and the bridge to the future," he said citing the Halifax Class Modernization/Frigate Life Extension program.

Included in the future platform will be new ships.

"Arctic patrol ships will begin being built in 2015, which is an exciting new capability for us.

"The destroyers are approaching the end of their

life after 45 years, and will be replaced by Joint Support Ships that are ready for construction in 2017, at the same time as the Canadian Coast Guard's new polar-class icebreaker."

He also discussed the final stage of *HMCS Protecteur's* life. Once it goes into refit the clock will count down on its final five years.

Recruiting the best people for naval jobs is always in the thoughts of senior staff, he said, as is the refit schedule of warships, and management of sailors and billets. But the days of a separate navy are gone, and the mind-set now is one navy.

"We are driving away from the navy being known as [separate entities] in Quebec, Halifax, Ottawa and Esquimalt, and are focusing on being one navy. The idea is to look at our processes and align them in a coherent way. I have the confidence we can deliver with our future fleet and it's about delivering this together as one navy."

His final message was about navy pride.

"Pride is what gets us through the tough times. I think there will be some tough times in the next few years and I realize it's not just a job that we do - it's nation building. In 2010, the naval centennial was a huge event, and we as senior leaders were forced to look at who we are, what we are and what we stand for. We all found ourselves standing in front of Canada and in the public eye. We saw our connection with Canada. Pride is at the heart of this and it is our beliefs that make us proud as Canadians and as a navy."

***Our economy floats on salt water... Most Canadians can't imagine what we do at sea, but if we explain it to them, they understand we have ships for a reason.***

VAdm Maddison  
Commander Royal Canadian Navy

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## People Talk

Lookout asked this question:

*If a crystal ball could tell you one thing about your future what would you want to know and why?*



I'd want to know the day that I die. That way I'd be able to make plans before it happened.

**Sgt David Windsor**



I'd like to know when the navy's new ships come out.

**LS Ryan Medal**



I'd like to know if I'm going to die early. If I am, there's no point in saving up for retirement, but if I'll live until I'm 90 I should probably put some money away and buy a house.

**A/Slt Laura Nash**



I'd like to know when I'm getting my next promotion. Everyone likes getting promoted, and everyone likes more money.

**LS Erik Stirler**



I'd like to know what I'm going to look like when I'm old. That way I can decide if I want to die now or later.

**Alif Abdella**

## NEWS Nuggets

### Esquimalt Centennial Banner on Display in Library

Esquimalt's rich history will be on display for the next month at the Esquimalt Branch of the Greater Victoria Public Library.

Esquimalt Centennial Heritage Banner was installed in the library entrance way. The banner was developed as part of the 2012 centennial celebrations by local artist David Sudbury with support from Council and the Township's Heritage Advisory Committee. It features 10 selected heritage sites highlighted with photographs on a large scale aerial photograph of the Township.

### Joint Support Ship design selected

The Government of Canada announced June 5 that a design for the Joint Support Ships has been selected as part of the National Shipbuilding Procurement Strategy.

The selection of the Joint Support Ship design was conducted through a transparent assessment process, involving multiple government departments and third party advisors. The search was based on three criteria: operational capability, affordability, and the cost and schedule risks associated with building the ship.

The process was monitored by audit firm KPMG, as an independent third-party. First Marine International, a recognized firm of shipbuilding experts, provided ship construction costing expertise. The Joint Support Ships, which will be built by workers at Vancouver Shipyards Co. Ltd, will supply deployed Naval Task Groups with fuel, ammunition, spare parts,

food and water. They will also provide a home base for maintenance and operation of helicopters, a limited sealift capability, and support to forces deployed ashore.

### Minister MacKay salutes the 94th class

Peter MacKay, Minister of National Defence and Chancellor of the Royal Military College of Canada, presented more than 300 graduating students with their Bachelor's, Master's and Doctorate degrees at the College in Kingston May 16. The graduates included commissioned officers, civilians and officer cadets and naval cadets who were commissioned as officers in the Canadian Armed Forces (CAF) the next day. Minister MacKay called on the Class of 2013 to apply what they have learned at the Royal Military College of Canada as future leaders for Canada and the CAF.

### Winnipeg vet runs

A Winnipeg-based war vet who fought in Afghanistan has completed a lengthy run to raise money for cancer research. Cpl Jean-Francois Dion ran 85 kilometres — the equivalent of two marathons, beginning at Southport near Portage La Prairie just after midnight. The runs included parts of both the Royal Canadian Air Force Run and Manitoba's Highway of Heroes. Dion finished Sunday at the 17 Wing Whytefold gate in about 10 hours. Money raised from the run will go to the Canadian Cancer Society and the Canadian Forces' Soldier On program.

### Contract Supports Space Assets

Kerry-Lynne D. Findlay, Q.C., Associate Minister of National Defence and Member

of Parliament for Delta – Richmond East, recently announced the awarding of an \$11.4 million contract to MacDonald, Dettwiler and Associates Ltd. for in-service support to the Unclassified Remote-sensing Situational Awareness (URSA) capability of the Joint Space Support Project. The Unclassified Remote-sensing Situational Awareness will allow commanders to download satellite imagery of local terrain during operations. For domestic operations, Unclassified Remote-sensing Situational Awareness images may be used in a variety of ways, including in support of disaster relief, security, or to assist other government organizations, like Public Safety Canada, in acquiring access to timely information derived from space.

### MGen Milner assumes new role

MGen Dean Milner took command of the Canadian Contribution to the Training Mission – Afghanistan during a change of command ceremony last week at Camp Phoenix. MGen Milner assumed command from MGen Jim Ferron, who completed a year-long tour commanding the Canadian Armed Forces mission in Afghanistan. Like his predecessor, MGen Milner will also hold the position of Deputy Commander for Operations of the NATO Training Mission in Afghanistan. MGen Milner is assuming command at a critical point for Canadian operations in Afghanistan. This summer the final rotation of personnel for Operation Attention will arrive in Afghanistan. During this rotation, the Canadian Armed Forces will begin a gradual draw-down of personnel.



## Final chance to register in the Navy Run

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Military: \$20 • DND Civilians & Dependents: \$30 • Public: \$40 • Kids Fun Run: \$5

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# Venture change of command

**Left:** Venture, The Naval Training Officer Centre's incoming Commanding Officer Cdr Jason Boyd; parade reviewing officer Cmdre J.F. Newton, Director General Naval Personnel; and outgoing Commanding Officer, Cdr Bradley Peats sign change of command certificates.

**Bottom left:** Cdr Bradley Peats is rowed ashore by members of his former command team following the school's Change of Command.

**Below:** Cdr Jason Boyd inspects the parade prior to accepting command of the school.

Photos by MCpl Chris Ward, MARPAC Imaging Services



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**VICTORIA CRIME STOPPERS** **CRIME OF THE WEEK**

## SEXUAL ASSAULT

A sexual assault took place during an event known as the "Rock Fest" held at the Pacific Fleet Club located at CFB Esquimalt. A young lady was sexually assaulted by an unidentified male between 11:00 pm, October 3, 2009 and 1:00 am, October 4, 2009.

The male may have had an accomplice. The young lady was picked up and carried down a flight of stairs to an empty room located on the lower floor of the club where she was sexually assaulted.

The male is described as 30 years old, well built, approximately 5'10" tall, with short dark hair. He was wearing a dark coloured t-shirt with an alcohol brand symbol on the front, possibly "Jack Daniels".

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# Divers return from mine exercise

**Shawn O'Hara**  
Staff Writer  
**LS Musgrave**  
FDU(P)

Seven clearance divers from Maritime Forces Pacific have just returned from the Kingdom of Bahrain, where they dove in the warm, clear Persian Gulf during the 2013 International Mine Countermeasures Exercise (IMCM).

The annual gathering of 41 nations and more than 6,500 participants took place May 3-30 to address tactics and practices for maintaining freedom of navigation and open sea lines of communications from the threat of sea mines.

Fleet Diving Unit Pacific's (FDU (P)) team was the Canadian dive component for the exercise, joining nine other dive teams that specialize in explosive ordnance disposal.

"Divers are usually the last resort in an underwater situation," says CPO2 Robert DeProy, Operations Chief at FDU (P). "There is a lot of technology used in mine hunting, but when it comes to identifying threats nothing beats a pair of human eyes."

Divers were posted aboard USS Scout, a United States Navy Avenger-class Mine Hunter, and were on hand to investigate possible mines and strange formations picked up by the ship's sonar.

"It was a really great experience. Diving in Bahrain is way different than diving here," said Lt(N) Demetris Mousouliotis, FDU (P) team leader for the exercise. "The water is so warm and so clear that we were diving in a fraction of the equipment we use in our home waters. The team loved it."

In the cold Pacific waters clearance divers wear heat retaining suits, but the warm waters of the Persian Gulf demanded different attire.

"We dove wearing thin Neoprene diving suits," said CPO2 DeProy. "They



U.S. Navy Photo by Lt. Cmdr. T. Scot Cregan

**Front Row:** Clearance divers from Fleet Dive Unit (Pacific) participating in International Mine Countermeasures Exercise (IMCMEX) 13 on the flight deck of USS Ponce, an Austin-class amphibious transport dock, on Sunday, May 12. The Canadian dive team, specializing in Explosive Ordnance Disposal, joined USS Scout, an Avenger-class mine countermeasures ship, to support the neutralization of simulated ordnance during IMCMEX.

**Back row:** The Canadian Underwater Mine Countermeasures Command Team.

helped regulate the heat, and they'll also protect against the jellyfish that are prevalent in the area."

The team brought tools of their trade, including Canadian Clearance Diving Apparatus, a semi-closed circuit rebreather that is quiet and has a very low magnetic signature, which allows divers to safely approach mines at a depth of 42 metres. They also used the Canadian-developed Shark marine navigator to get to the sea mines, and to maintain their position underwater by using a combination of GPS and forward facing visual sonar.

"Our training is an ongoing process," said CPO2 DeProy. "The sonar equipment is especially complex, so if we're not always practicing we can lose that edge."

Although the use of mines was banned by the 1997 signing of the Ottawa Treaty, existing mines still pose a significant risk to the international community.

"There are a lot of mines left over from past conflicts and disposing of those mines is a huge issue around the world," says CPO2 DeProy.

"What the IMCMEX aims to do is let countries around the world trade exercises and strategies to keep our water as safe as possible."

Despite the challenges associated with shipping technical and specialized equipment across the globe, Lt(N) Mousouliotis says the event was a success, giving divers a chance to test their skills in foreign waters.

"This is a part of the world that divers may be deployed to, so it's great to get the experience now," he says. "We had the opportunity to dive in variable water conditions, with different amounts of equipment, and in high heat conditions. These are all things we may need to know in the future."

### Other Canadian participants

Cdr Paul MacNeill was one of the two Underwater Mine Countermeasures Commanders (UMCMC) and was embarked in USS Ponce. His multi-national UMCM Headquarters had seven people: three RCN watch officers plus liaison officers from France, Germany, Thailand and

the U.S. Cdr MacNeill and his team had command and control of the underwater mine countermeasures assets – Unmanned Underwater Vehicle and Explosive Ordnance Disposal dive teams tasked to locate and neutralize exercise underwater ordnance in the South Arabian Gulf. Also in USS Ponce was a Public Affairs Officer and an Intelligence Officer, who provided public affairs and intelligence support to the Capt Glenn Allen of the United States Navy (USN), the Commander of the MCM-focussed Task Group 522, and his staff.

Canada's contribution also extended off USS Ponce with two operational planning officers ashore with the International Maritime Exercise Force (IMEF) HQ in Bahrain.

IMCMEX 2013 was hosted by U.S. Naval Forces Central Command/U.S. 5th Fleet and included participants from Australia, Belgium, Canada, Estonia, France, Germany, Netherlands, Norway, Qatar, Saudi Arabia, and the United Kingdom.



# Think before you post

Social media has become entrenched in the lives of nearly everyone, including your boss. When you feel like ranting about things at work, remember that your posts might reach further than you planned.

**CP01 Shawn Taylor**  
Base Chief

Social media is generally understood to be the virtual communities and networks that allow interaction among people to create, share and exchange information and ideas online; it includes, but is not limited to programs such as Facebook, Twitter, LinkedIn or even blogs.

Social networking and internet services have become a common form of communication, both in the workplace and in our private lives.

Social media's popularity stems from its ability to quickly reach many people on a global scale. The significant differences between social media and traditional forms of communication are the reach, frequency and immediacy of the communication. Social media can be used in positive ways, such as when the Commander of the Royal Canadian Navy (RCN) uses Twitter to pass on the navy's strategic message.

However, social media is not always associated with positive outcomes.

Many government agencies and corporations have implemented social media policies as a result of inappropriate comments being posted by their employees. There are many reports of social media being used by employees to criticize their employers and many reports about the retribution taken by employers, which has included disciplinary and administrative action against those employees including, in some cases, termination of employment.

The Canadian Armed Forces (CAF), including the Royal Canadian Navy (RCN), allows the use of social media. However, the inappropriate use of social media can have serious ramifications for the CAF; it can erode public trust, cause serious breaches of security and destroy team cohesion.

Administrative and/or disciplinary action can and will be taken for unprofessional behaviour, conduct or comments that are associated with improper use. Therefore, it is important to understand the policies, rules,

regulations and standards of conduct that apply to what an individual in the CAF can post on social media sites, including sites such as Facebook and Twitter.

The CAF policies (see the references below) provide guidance to ensure all members comply with current regulations, while at the same time allowing members to use social media. To help understand what appropriate or inappropriate content is, according to the references, the following "Dos and Don'ts" summary has been developed. Bear in mind, the list is not exhaustive and common sense must also be used.

While this article provides a basic outline of the CAF policies and regulations concerning proper use of social media, it is not intended to duplicate the information contained in the references listed below. It is each individual's responsibility to read the references and understand the CAF's policy on the use of social media.

References: A QR&O 19.14 (Improper Comments)

B. QR&O 19.36 (Disclosure of Information or Opinion)

C. DAOD 7023-1 (Defence Ethics Program)

D. DAOD 6002-7 (Internal Use of Social Media Technologies)

Reference D, DAOD 6002-7, promulgates the policy on the Internal Use of Social Media Technologies and dictates how individuals may use social media. References A through C explain an individual's responsibilities under the Queen's Regulations and Orders (QR&O) regarding the right to divulge personal opinions, and the rules pertaining to the disclosure of information. These references are orders. They are based on the National Defence Act (NDA). Keep in mind that contravention of these orders, whether on or off duty, may result in administrative and/or disciplinary action.

## CAUTION

### SOCIAL MEDIA CAN BE HAZARDOUS TO YOUR CAREER

#### Do

- Be aware that you are personally responsible for the content you post on social networking sites. Remember that what you post will be public for a long time – protect your privacy. Be aware that you are responsible for not only the content that you post, but also the content of your friends' posts in which you are "tagged." This can include photos and comments that may present you or any associated activities in a negative context.
- Ensure that your profile and the content you post reflect positively on your professional role in the CAF and the RCN.
- Be aware that your actions, posts or comments can reflect on the image of the CAF and the RCN.
- Maintain confidentiality. Do not post protected or classified information about the CAF or the RCN.
- Be respectful of your chain of command, your supervisors, your peers and your subordinates.
- Ensure your profile and related content is consistent with how you wish to present yourself to your superiors, colleagues and the public.
- Avoid comments or topics that may be considered objectionable or inflammatory to the CAF and the RCN.

#### Don't

- Make disparaging comments or remarks, or criticize your chain of command, your supervisors, your peers or your subordinates.
- Use or make ethnic slurs, profanity, personal insults or engage in any conduct that would not be acceptable in the workplace.
- Write anything that might reflect discredit on the CAF, the RCN or any of its members.
- Write anything that might discourage others or make them dissatisfied with their conditions or their employment.
- Disclose any protected or classified information (including location, destination or route of travel unit/ship). Do not post photos of classified spaces.
- Disclose any military information or your views on any military subject.
- Provide your opinions on any military issue that is under consideration by superiors or political authorities.
- Take part in online discussions relating to orders, regulations or instructions issued by your superiors.

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# HMCS Ottawa welcomes new captain



Photos by Cpl Blaine Sewell, MARPAC Imaging Services

Cdr S.M. Van Will departs HMCS Ottawa and is rowed ashore by his former staff during the Change of Command Ceremony for HMCS Ottawa.  
***Inset:*** HMCS Ottawa's crew shouts "Hip-Hip-Woo-Hoo!" to their former commanding officer as he is rowed ashore.



**Left:** Cmdre Scott Bishop (centre), Commander Canadian Fleet Pacific and Reviewing Officer for HMCS Ottawa's Change of Command ceremony, oversees the signing of the Command Certificates. He's flanked by outgoing Commanding Officer Cdr S.M. Van Will (left) and incoming Commanding Officer Cdr Julien Barnard.



**Right:** Outgoing Commanding Officer Cdr Van Will (left) receives the ship's pennant from his former crew.



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# New Fire Hall opens

The new fire hall and emergency response centre opened June 7. This four-floor state-of-the-art building is 44,000 square metres, and would serve as a command platform after an earthquake or natural disaster.



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Shelley Lipke, Lookout



Shelley Lipke, Lookout

# Fire fighters warm

**Shelley Lipke**  
Staff Writer

It was a small parade, but one filled with pride as 30 fire fighters marched last Friday from their old fire hall in dockyard to their new digs on Esquimalt Road.

As they strutted up to the massive candy-apple-red building, with Rick LeQesne leading the way, RAdm Bill Truelove, VAdm Paul Maddison and Associate Minister of National Defence, Kerry-Lynne D. Findlay were there to greet them.

The special march was part of the grand opening celebrations of the new Fire Hall and Emergency Operations Centre.

The ringing of the fire bell three times by the Minister

signified the building was officially in service.

“Our government’s investment in critical infrastructure for our Canadian Armed Forces are helping to ensure our military and civilian personnel at CFB Esquimalt will have state-of-the-art equipment to assist them in carrying out their critical duties in the defence of Canada,” said Minister Findlay. “Investments like this in defence infrastructure are vital to ensure that members of can train and work together towards our defence objectives.”

The new fire hall is 4,438 square metres with two stories and five drive-through bays for emergency vehicles.

This project’s overall value is estimated at \$27.3 million, which includes all aspects of the project, such as studies, design, construction, administration, contingencies and taxes. “The staff are ecstatic with this state-of-the-art building,” said Fire Chief Steve Mullen. “We are able to consolidate all our equipment and personnel in one building now. The living space, storage and working space are a lot more spacious and there is more room to work.”

Aside from being the fire hall, the building will also serve as home for Base Operation and as a base command platform in the event of an emergency or natural disaster. It is structurally reinforced to be self sufficient in an earthquake up to nine on the Richter scale.

Two 10,000 litre tanks provide potable water in case services are interrupted, and a separate sewage system will dispose of black and grey water. “Emergency operations personnel could survive for a period of seven days or more without relying on being connected to community utilities,” said Mullen.

As part of a national fleet replacement, one of three new pumper trucks has arrived and is housed in the bays.

“Our workshop is 10 times the size of the previous one and we have conference rooms, classrooms and a large galley that can accommodate up to 15 firefighters,” said Mullen.

The alarm room has been upgraded from a telephone pager dispatch system to computer-aided dispatch coupled with GPS mapping. This allows firefighters to see a map of the building they are dispatched to and brief their crews while en route to the fire.

A new training tower allows firefighters to exercise skills such as rappelling, structural fire fighting and confined space rescue in close proximity to the fire station.

“Before, we used to use the tower at Work Point, but this is much better. It can be used for scenarios like structural fire fighting and we have the ability to hook up the truck, flow water from the sprinkler heads, and smoke out the interior for training.”

Base firefighters work 24 hour shifts, and the new, comfortable dorm rooms are an exceptional home away from home says Mullen.

The fire hall will house 104 firefighters and base operations personnel. A tiered training program has prepared them to use the new alarms and communications system within the building.

“It is very satisfying for the guys. A lot of time and effort has gone into the planning, with consultation to what the firefighters wanted to see. I think it is a quantum leap forward,” he said.

As for the dockyard fire hall, it will eventually be deconstructed and the soil remediated.



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Shelley Lipke, Lookout



Shelley Lipke, Lookout

# up to their new building

*Investments like this in defence infrastructure are vital to ensure that members of can train and work together towards our defence objectives.*

-Kerry-Lynne Findlay  
Associate Minister of National Defence

**Opposite page**  
**Left:** A firefighter takes a practice run down the station's pole.

**Right:** In the control room, Normal Bryant and electrician Erik Jacobson monitor the dispatch screens.

**This page**  
**Top left, top right and middle right:** The new fire hall features a kitchen that can accommodate up to 15 people, the training room and overnight rooms.

**Above right:** VAdm Paul Maddison (left), Commander of the Royal Canadian Navy; Kerry-Lynne Findlay (centre), Minister of National Defence; and RAdm Bill Truelove (right), Commander Maritime Forces Pacific/Joint Task Force Pacific, greet the parade as firefighters march from their old building in dockyard to their new building.

**Bottom right:** Firefighters (left to right) Rob Minnick, Pat Curran, and Victor Devlin demonstrate rappelling techniques at the new fire hall's grand opening ceremony.



Cpl Blaine Sewell, MARPAC Imaging Services



Shelley Lipke, Lookout



Cpl Blaine Sewell, MARPAC Imaging Services



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Maritime Forces Pacific Chief of Staff, Capt(N) Mike Knippel cuts the cake with Michael Holt, Director of Civilian Human Resources, during last week's Formation Barbecue.

## HMCS Calgary cowboys up

**SLt Christian P.A. Walsh**  
HMCS Calgary

Two weeks ago *HMCS Calgary* crew saddled up for a little western fun.

On Friday, May 24 the crew hosted its annual Cowboy-Up party in honour of the 18th anniversary of their ship's commissioning.

Members of the ship's company and friends of Calgary alike turned up in their best western-themed attire to take part in this highly anticipated event.

This year, the Pacific Fleet Club played host, which turned out to be the perfect venue. As would be expected of this famed evening, there were numerous highlights:

- a mechanical bull was on station to challenge the cowboy/cowgirl skills of those brave enough to step up.

- LS Tardif was crowned Cowboy Up champion and received a beautiful Calgary Stampede belt buckle courtesy of the many friends of *HMCS Calgary* for his bull-riding prowess.

- The atmosphere was made complete by the live band, Montgomery County, who played boot-stomping country gold the entire night.

- A successful silent auction rounded out what turned out to be a hugely successful evening. As always, our friends in Victoria and the City of Calgary demonstrated their generosity by donating items to the auction, the proceeds of which were donated to the Calgary Burn Centre. In total, the auction raised more than \$2,250 for the Foothills Hospital Burn Unit, showcasing the ship's commitment to a long and prosperous relationship with her namesake city.



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# Modular designed DND homes underway

Courtesy of the Maple Leaf

The Canadian Forces Housing Agency (CFHA) is making every effort to ensure that its housing solutions are innovative, meet the needs of Canadian Armed Forces (CAF) members and their families and supports the Defence Team's commitment to improve the way it does business.

With the organization actively engaged in Defence Renewal, projects such as this provide the opportunity to change the way work is done for the better, while ensuring the best value possible is provided to Canadians, says Scott Stevenson, Assistant Deputy Minister (Infrastructure and Environment).

"More than ever before, innovation, value for money and increased efficiency are objectives that guide the provision of residential housing for military families and it shows that for CFHA, these things are always top of mind," explained Stevenson.

Keeping these objectives in mind, CFHA conducted an experiment to determine if modular homes would be an advantageous housing solution. During fiscal year 2011/12, CFHA built both a modular and conventional home at 8 Wing Trenton and compared how the two performed.

## Modular homes – How they stack up

A modular home is built off-site in a factory and then assembled in large pieces (or modules) on-site. Modular housing was an attractive option to CFHA because it allowed for greater scheduling control, more precise conformity to building code standards, and better quality assurance versus the conventional house building process.

The comparison revealed that the two houses ended up in a similar price range. CFHA also learned a valuable lesson about costing; the goal to build new quality houses that met housing requirements at a competitive price, completed in a quicker manner than the current method of procurement



The Canadian Forces Housing Agency found that modular homes exceeded their expectations for military housing. The construction time is shorter and they are among the most energy-efficient on the market.

was achieved, and these important lessons learned are being applied to future projects.

Also important to note is that the environmental rating for the modular home built was above CFHA standards for new constructions. Additionally, the house is among the most energy-efficient on the market. Most impressive of all, the construction time from start to finish, both on and off site, was only three months.

## What comes next?

While the modular home analysis is ongoing, the appearance of modular homes in DND's housing portfolio is promising. Danilo Botti, Acting Manager of CFHA's Capital Program Implementation elaborates on the Agency's future plans for modular housing.

"So far we have built one home in Trenton and two in Gaagetown. We have plans to build an additional six

by the end of this fiscal year in other locations such as Comox, Esquimalt and Halifax."

In addition, as part of DND's Medium-to-Heavy Lift Helicopter (MHLH) squadron improvement project, new housing and other infrastructure investments are also scheduled for CFB Petawawa. Of the 72 new housing units to be built in Petawawa, the first 26 of those will be modular homes and are scheduled to be completed by September 2013. The rest of the homes will be built over two phases and are planned to be a mixture of conventional, modular, and barrier-free access homes.

Finally, the contract awarded in Petawawa shows that this innovative way of procuring new quality construction housing is much cheaper than what was estimated under the original project, even cheaper than what was paid for the Trenton modular. This new method reduced the overall duration of the construction project by more than one year.

CFHA will continue to build on its vision to provide CAF members and their families with a portfolio of wide-ranging innovative housing solutions. The "outside-the-box" thinking behind modular homes did wonders to progress CFHA to this next level – as is evidence by these two-storey inside-the-box houses.

**More than ever before, innovation, value for money and increased efficiency are objectives that guide the provision of residential housing for military families and it shows that for CFHA, these things are always top of mind.**

-Scott Stevenson, Assistant Deputy Minister (Infrastructure and Environment)

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# Base Chief explains new Duty Watch in Naden

**A/SLt Ron MacDougall**  
BPAO Trainee

As of June 15 a new duty watch format will be introduced in Naden. The purpose of the change is to enhance basic physical security and to increase security awareness in the mindset of the Canadian Forces member - as optimal operational security begins with basic security.

In a recent conversation with CPO1 Shawn Taylor, CFB Esquimalt Base Chief Petty Officer, the reasons for the change and characteristics of the new format were discussed. **Describe the current Naden duty watch:**

Presently, the duty watch is comprised of nine members. The Officer of the Day (OOD) is responsible for rounds at Nelles and Bernays Blocks, general security and emergency contacts. The Petty Officer of the Day, working closely with the OOD, oversees the duty watch and does rounds in Nelles and Bernays Blocks. The

**New duty watch will have a stronger emphasis on proactive physical security at Naden.**

Master Seaman of the Day is responsible for six Nelles Block Sentries who provide security at Nelles Block, including identification checks, the completion of rounds and the upkeep of a visitor log book.

**What will the format of the new duty watch be?**

Increasing to 12 members, the new duty watch will have a stronger emphasis on proactive physical security at Naden. New is the Corporal of the Gangway, who will conduct vehicle and baggage checks at the Naden Gate in conjunction with the Military Police (MP) and the Commissionaires. The Petty Officer of the Day will maintain a presence during the checks by overseeing



A/SLt Ron MacDougall, BPAO Trainee

**Members of the Naden Duty Watch are briefed at the entrance of Nelles Block. With three additional members to the security team, safety and security will be at the fore of everyone's mind.**

the Corporal of the Gangway and communicating with the MPs. The six Nelles Block Sentries will now be functioning as the Naden Patrol Non-Commissioned Members with regular patrols of the Naden grounds, buildings and perimeter.

**Why is the duty watch being changed?**

It was observed that many of

the duties were not being effectively performed in the current format. In particular, the Nelles Block Sentry was essentially a "non position." Additionally, after 12 years of concentrating on deployments and operations, it is due time that a new duty structure be applied to meet current security demands and to ensure that security remains a top priority.

**Is there an increase in security threats?**

No, but there is a drop in our security culture and mindset. It must be made clear that security is everyone's responsibility. With measures such as identification cheques, access and vital point security, and baggage and vehicle checks, the importance of physical security will be heightened.

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# Another narcotics nab

HMCS *Toronto* has successfully disrupted another narcotics shipment in the Arabian Sea – making the tally five busts since March, with this last one being the largest catch this year.

During the search and inspection of a vessel by the ship's naval boarding team on May 30, *Toronto's* crew found approximately six tonnes of hashish. The narcotics were recovered without incident and will be destroyed.

"It is my great honour to congratulate the crew of *HMCS Toronto* on another successful interdiction operation in the Arabian Sea," said Peter MacKay, Minister of National Defence. "Their efforts represent Canada's continuing dedication toward ensuring a secure maritime environment for legitimate mariners in the region."

This marks the largest hashish seizure in Combined Maritime Forces history. Earlier this spring,

*Toronto* also seized one of the largest amounts of heroin on the seas. To date, *Toronto* has recovered about 7.3 tonnes of narcotics, representing hundreds of millions of dollars worth of drugs at street value.

On March 29, a massive narcotics shipment in the Indian Ocean was disrupted when the ship's naval boarding team recovered approximately 500 kilograms of heroin. In addition, the crew recovered 317 kilograms of heroin on May 6, 195 kilograms of heroin on May 10, and approximately 300 kilograms of heroin on May 23.

"*Toronto's* activities are part of a broader Combined Maritime Forces counter terrorism effort to provide maritime security and stability across her operating area in the Arabian Sea and Indian Ocean. Our common goal of maritime security and stability can only be achieved by continued cooperation

and information sharing between our allied forces," said Lieutenant-General Stuart Beare, Commander, Canadian Joint Operations Command. "By combining accurate intelligence, careful observation, and monitoring, with the experience developed by *Toronto's* crew over the course of her deployment, and with the knowledge and cooperation of our allies and partners, we are seeing great success. *Toronto* and our mission partners can be justifiably proud of what she has achieved."

Narcotics smuggling in the Arabian Sea and surrounding region is a recognized source of funding for terrorist organizations. Combined Maritime Forces and Combined Task Force 150 have been actively building links and working in close cooperation with local, regional, and international law enforcement agencies in the Middle East, enabling them to identify potential offenders at sea.

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## What do we do?

We hold hearings and write decisions for our two levels of redress: Review and Appeal. The Review hearing is your first and only chance to appear before decision-makers to speak about your case. The hearing is non-adversarial, which means no one argues against you.

If you are dissatisfied with your Review decision, you can request an Appeal hearing. This is another chance for you, through your representative, to submit new information and arguments in support of your case.

## What can we do for you?

If you are dissatisfied with a VAC decision on disability benefits, we can take a completely new look at your case. Our impartial decision-makers will make a full and fair examination of your file. They will: listen to your testimony; ask questions to better understand your case; and weigh all the evi-

dence (including any new information you provide). They will then write a decision with reasons for their ruling.

## How often does the Board rule favourably?

The Board rules favourably in about half of its Review decisions and one-third of its Appeal decisions. Last year alone, more than 2,100 individuals were awarded new or increased disability benefits by the Board.

## Free legal representation

The Government of Canada provides you with a lawyer—free of charge—to help you prepare your case and make arguments on your behalf. If you think you may want to bring your case to the Board, we suggest you contact the Bureau of Pensions Advocates for advice at 1-877-228-2250. You can also seek representation from the Legion's Service Bureau at 1-877-534-4666. Or, for more general support or information on disability benefits and services, you can visit your local Integrated Personnel Support Centre (IPSC).

## Learn more

We encourage you to visit our website where you will find lots of information about the appeal process. You can also read our Noteworthy Decisions to better understand how the Board decides cases.

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# Bravo ZULU

Commodore John Newton, Director General of Naval Personnel, presented awards in the Drill Shed during divisions held for Canadian Forces Fleet School Esquimalt on May 31.

Photos by LS Alex Croskery, MARPAC Imaging Services



PO1 Lapp receives his General Campaign Star.



MS Joyce receives his General Campaign Star.



Lt(N) Mitchell receives his Commander's Commendation.



CPO2 Manderson receives his Commander's Commendation.



MS A.S.J Marier receives his Commander's Commendation.



LS Kaattari receives his Commander's Commendation.



CPO2 Vallieres receives the second clasp to his Canadian Decoration, and the South West Asia Medal Rotation Bar.



CPO2 Vallieres receives a certificate of appreciation for his work on the 70th anniversary of the Dieppe Raid.



PO1 Mitchell receives his Operational Service Medal.



Lt(N) Kliem receives his Canadian Forces Decoration.



MS House receives his Canadian Forces Decoration.



Lt(N) Yates receives his Canadian Forces Decoration.



PO2 Castellani receives his South West Asia Service Medal Rotation Bar.



Lt(N) Greer receives his General Campaign Star.



# HMCS Ottawa crew honoured

The crew of HMCS Ottawa were presented the Operational Service Medal by LGen Stuart Beare, the Commander of Canadian Joint Operations Command; Cmdre Scott Bishop, Commander Canadian Fleet Pacific; and Rear Admiral Bill Truelove, Commander MARPAC; on the ship's flight deck May 31. Below are a few of the awards and medals handed out.

Images by Cpl Blaine Sewell, MARPAC Imaging Services  
Shawn O'Hara, Lookout



CPO2 Michel Lesperance receives his Operational Service Medal from LGen Stuart Beare.



AB Torin Lamas receives his Operational Service Medal from RAdm Bill Truelove.



Lt(N) Czekierda receives the Commander's Commendation.



MS Sanders is presented with a Commander's Commendation.



LS Major receives his Canadian Decoration from Base Commander, Capt(N) Bob Auchterlonie.



Patricia Cracknell receives the Base Commander's Commendation from Capt(N) Auchterlonie in the presence of her colleagues from Base Construction Engineering.

Send your Bravo Zulus to [melissa.atkinson@forces.gc.ca](mailto:melissa.atkinson@forces.gc.ca)

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### ANNOUNCEMENTS

**LIFERING ALCOHOL & DRUG ADDICTION SUPPORT GROUPS** has started new groups on Vancouver Island. Victoria, BC: Victoria Native Friendship Center on Thursday evenings 7:30pm @ 231 Regina Ave. Saanichton, BC: Tsawout First Nation on Thursday afternoon at 3pm at 7728 Tetaut Rd. Duncan, BC: 1 Kenneth Pl. on Friday evenings at 7pm. Nanaimo, BC: Vancouver Island Therapeutic Comm. on Sunday evening 7:15pm @ 10030 Thrid Street. General inquiries: Michael@LifeRingCanada.org

**CALLING UNDEREMPLOYED WOMEN!** Do you want to kick-start your career? Are you unsure of who you are and what you want to do with your life? Our free career mentoring program will connect you with a supportive mentor to explore career & education options, develop life skills, and cultivate valuable relationships. Contact Bridges for Women 250-385-7410 or www.bridgesforwomen.ca.

**CAREGIVING FOR SOMEONE with dementia?** The Alzheimer Society of B.C. has support groups for caregivers. Contact the Alzheimer Resource Centre at 250-382-2052 for info and to register.

**VIEW ROYAL READING CENTRE.** Conveniently located at Admirals Walk Shopping Centre. We have books, audios, videos, & DVD's for all ages. Internet is also available. For hours of operation and other information please call 250-479-2723.

3005 11 Svc Bn ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005army@cadets.net.

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### VOLUNTEER

**THE MARITIME MUSEUM** of BC in Victoria seeks volunteers for museum Visitor Reception and Admissions, Interpretation, and Gift Shop. 250.385.4222 ext. 101

**WOMAN MENTORS WANTED!** Are you a working woman in the community and would like to share your knowledge, skills, & experience with another woman. By being a career mentor you will support women in building self esteem and working towards achieving economic self sufficiency. Contact Bridges for Women 250-385-7410 or www.bridgesforwomen.ca

**SHARE YOUR RECREATIONAL INTERESTS** this fall by supporting a person with a disability to become more active! By donating only 1-2 hrs a week you have the opportunity to change someone's life while having a great time doing it. To get involved or for more info, please call Kim at 250-477-6314 ext. 15 or email volunteers@rivonline.org or visit http://www.rivonline.org/Volunteering.htm

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**3 BDRM HOUSE ACROSS THE STREET FROM Ocean** near Military Base. July 1st, sunroom, garage, fireplace, 5 appliances, 1600 sq ft. Excellent location close to schools & park. NS. Cat OR small dog under 20 lbs OK. References req. \$1650/mo Call: 250-383-8800.

**LARGE 1 BEDROOM WATERFRONT** Close to DND. Pet welcome, laundry, walk-in closets, patio, sunsets, lovely. July 1st. \$1245/mo + shared utilities. 250-857-4134.

**3BDRM 2BATH 1900 SQ FT HOME** in Victoria Available June 1. Wood burning FP 5 appliances. Tile & laminate flooring, new carpets & paint. Some lawn maintenance req. Large deck overlooking olympic mountains. 2 car garage. close to bus route & shopping. No pets. \$1800/mo Call 403-936-6179 in evening to arrange viewing.

**VICTORIA 2BDRM 1BATH 1000 SQ FT Non-furnished,** lower suite \$1150/mo Available June 1. rented by owner. Own entrance laminate floors Repainted, new carpets. 4 appliances. NS/ NP Some yard work. One car parking. w/ extra street parking if needed. View of Olympic Mountains from back deck. Call 403-936-6179 in evening to view.

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# Sailors bring smiles to children

**MS Emily Agopsowicz**  
HMCS Malahat

"Friend or Foe?" called a chorus of children's voices from a 15-metre boat displaying the unmistakable Jolly Roger flag.

The boatful of children slowly approached the 33-metre Orca class patrol vessel moored alongside Ship Point marina in Victoria's Inner Harbour.

At the reply, "Foe!" the children - many dressed in pirate regalia and armed with various water guns and cannons - unleashed their watery wrath until we, part-time sailors from Victoria and Vancouver, cheerfully conceded defeat.

As we dished out "treasures" to eagerly awaiting hands, our discomfort of being soaked to the core was instantly allayed by looks of pure joy on the faces of the children, many of whom have special needs.

The hijinks were a part of Variety - The Children's Charity's Boat for Hope on Saturday June 1. The annual day of fun, now in its ninth year, gives families with children who have special needs a day of respite from their everyday challenges.

Warren McNeil came to Boat for Hope with his four-year-old son Zachary, who has special needs and two-year-old daughter Olivia. This was the second year in a row they have attended.

"The highlight for the kids was

definitely getting to squirt the water cannons at the pirates," said McNeil. "For parents it's a chance to connect with other families of children who have different challenges - it gives you the feeling that you're not alone."

The "fun-raising" event drew more than 250 children and their families to HMCS Malahat where the adventure began. Upon arrival, they were greeted by Sonar, the Royal Canadian Navy's mascot, and part-time sailors from HMCS Malahat and HMCS Discovery before embarking on a boat for their on-water adventure.

Various local skippers and their crews from the community volunteered their time and vessels to serve as "pirate ships" for the children and their families. Embarking from HMCS Malahat, the boats set off to visit five different "Treasure Islands" within the Inner Harbour, one of which was a 33-metre Orca Class patrol vessel.

"Thanks to the generosity of HMCS Malahat's sailors, the skippers, and all of our wonderful volunteers, we were able to give families with children who have special needs an adventure they will never forget. Boat for Hope is a day of fun for children, many of whom have mobility challenges that could otherwise prevent them from enjoying a boating experience", said Bernice Scholten, Executive Director for Variety - The Children's Charity.

"It's also a day for the families to relax, knowing that their children are safe and secure with people who want to show their hearts and make sure everyone has a good time."

More than two dozen naval reservists came out to support the Boat for Hope, not counting those part-time sailors whose contribution came through their civilian work or volunteer work.

PO2 Brian Stennes of HMCS Malahat was in attendance disguised as one of many pirates, delighting the children with pirate lingo and antics. The pirates, representing the philanthropic-minded Vancouver Island Pirate Association, supplied a pirate-themed display of treasures to entertain the children as they waited in line for their turn to board a boat.

"You just see how happy the kids are and all I've had to do is dress up like a pirate and play the part," said PO2 Stennes, who has been a pirate with Boat for Hope for the last five years.

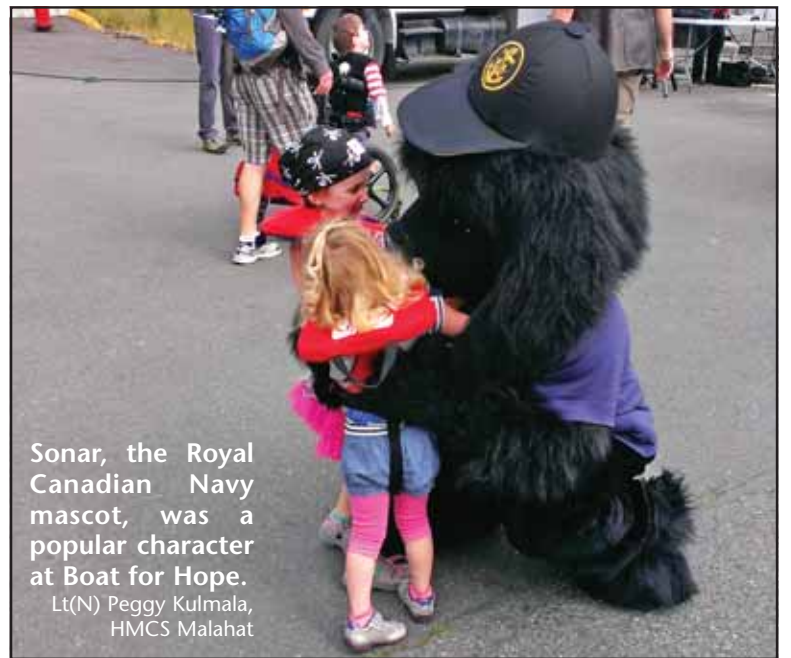
"The Royal Canadian Navy, through its Naval Reserve Units, plays an important role in supporting our communities, said Cmdre David Craig, Commander Naval Reserve. "Our sailors take great pride in serving our country and Boat for Hope is a great example of the involvement our sailors have here in Victoria."

HMCS Malahat has been supporting Boat for Hope since the event's inception in Victoria in 2005.



PO2 Al van Akker, HMCS Malahat

James, a newly minted pirate, with his mother, Lt(N) Kay van Akker of HMCS Malahat, during Variety - The Children's Charity's Boat for Hope.



Sonar, the Royal Canadian Navy mascot, was a popular character at Boat for Hope.  
Lt(N) Peggy Kulmala, HMCS Malahat



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