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Volume 58 Number 24 | June 17, 2013

# LOOKOUT

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## Keeping the ships seaworthy

Charles Wood from the diesel shop at Fleet Maintenance Facility Cape Breton installs rings on a piston for HMCS Regina's propulsion diesel engine.

Photo by Shelley Lipke, Lookout

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## HMCS Edmonton gets a new leader



**Top:** LCdr Gregory Bunghardt (right) relinquishes command of HMCS Edmonton to LCdr Blair Brown (left). Capt(N) Martin Teft, Commander Maritime Operations Group (centre), presided over the change of command and the signing ceremony.



**Below:** Capt(N) Teft presents LCdr Brown with a welcome gift.

photos by MCpl Angela Abbey, MARPAC Imaging Services

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The King family lace up their runners in preparation for the Navy Run. This family will run together in the 10K portion as a gift to mom for Mother's Day. Seen here are Kalliana King, Koltin King, PO1 Mike King, and Cathy King holding her Mother's Day card.

## Navy Run for Mother's Day

**Shelley Lipke**  
Staff Writer

When military spouse Cathy King saw the June 23 Navy Run on a Facebook post, she thought it would be a great opportunity to involve her whole family in an active day.

She suggested her Mother's Day gift be running the race as a family of four, and the family agreed.

"We have been trying to get on a health-

ier track," she said. "I thought we could have some fun and lead by example."

Both children are very active at school, but PO1 Mike King says they've been preparing on the country roads around Cowichan.

"I am hoping it's the first of many things like this that we can take part in together," he says.

It will be a busy day for the family. Following the run they'll head to Cowichan to take part in the Big Bike Ride.

## Celebrate Aboriginal Day

For the 2013 National Aboriginal Day, the Formation will celebrate the theme "Expressions of Honour" on Thursday, June 20, 11 a.m. to 1 p.m.

Special guests include Aboriginal veterans, CF senior leadership, local Chiefs, members of the Victoria Native Friendship Centre, Metis Nation of B.C., and a keynote

address from A/SLt Nicole Shingoose.

Come enjoy an artisan marketplace supported by the local Aboriginal community, Aboriginal drumming, and dancing demonstrations from various groups.

National Aboriginal Day coincides with the summer solstice and many Aboriginal groups mark this day as a time to celebrate their heri-

tage. Setting aside a day for Aboriginal peoples is part of the wider recognition of Aboriginal peoples' important place within the fabric of Canada and their ongoing contributions.

The annual event celebrates the unique heritage, diverse cultures, and outstanding achievements of the nation's Aboriginal peoples.

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# matters of OPINION

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## People Talk

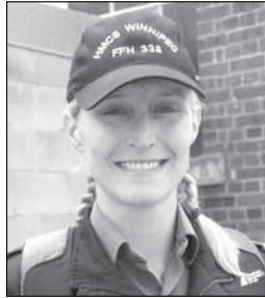
Lookout asked this question:

*What do you like most about your life and why?*



My wife and kids, because they're a constant source of love and support and I care about them more than anything.

Lt(N) Jarrod Campbell



I'm happy that I'm posted on the same coast as my boyfriend. We get to spend a lot of time outdoors together because the weather is so beautiful.

SLt Emily Anglin



I actually love going to sea. There's something about the environment and the isolation I just really enjoy.

MS Joshua Reardon



I love living in Victoria. I'm from Toronto and if it wasn't for the navy I wouldn't live in this beautiful place.

LS Malisa Ogunniya



I'm happy to be doing something rewarding in both my civilian and military life. Training the young sailors of the future and the Beavers and Scouts I take care of in my free time.

PO1 Stanelly Budden

## SPORTS trivia

by PO1 Bill Sheridan  
Contributor

How were these people affiliated with the sports world?

1. Albert Henry George Grey
2. Rosie Ruiz
3. Russ Jackson
4. Paul Henderson
5. Vasily Alekseyev
6. Mickey Mantle
7. Frederick Wellington Taylor
8. Jeff Gillooly
9. Bart Starr
10. Edson Arantes do Nascimento
11. Steve Cauthen
12. Katarina Witt
13. Bill Buckner
14. Giacobbe Lamotta
15. Louis Bob Piccolo
16. Ogie Oglesby
17. Nadia Comaneci
18. Bob Cousy
19. Clarence Campbell
20. Kenesaw Mountain Landis

- ANSWERS
1. He donated the Grey Cup
  2. She was declared the winner in the female category at the 1980 Boston Marathon but was later disqualified as someone saw her on a bus during the race.
  3. The greatest Canadian born quarterback and the only one to pass for over 20,000 in the CFL.
  4. NHL player remembered more for three game winning goals in summit series and series winning goal against the Soviets in 1972.
  5. Soviet weightlifter 72 & 76 Gold Medal and world champ, 1970-77
  6. NY Yankee home run hitter
  7. He was nicknamed Cyclone and is in the Hockey Hall Of Fame.
  8. While married to Tonya Harding he conspired with Shawn Eckhardt and Shane Stant to physically assault Nancy Kerrigan at a practice session during the 1994 U.S. Figure Skating Championships
  9. Packer QB won first-two NFL-AFL Championships later called Superbowl
  10. Also known as Pelé; arguable the greatest soccer player of all time.
  11. At 18 won the triple Crown riding Affirmed in 1978. Last horse & jockey to win.
  12. East German figure skater who won two Olympic gold medals, 1984 and 88
  13. Fielding error caused Red Sox to lose 86 World Series.
  14. World champion boxer known as the Ragging Bull & Middleweight Champ 1949-51.
  15. Brian Piccolo, Bears player passed away from testicular cancer in 1970, spawning a movie called Brian's Song.
  16. Played for Syracuse Bulldogs against the Chiefs in the movie Slapshot.
  17. First to win perfect 10 score in gymnastics
  18. Six time NBA champion who spoke French the first five years of his life.
  19. NHL president 1946 to 77, who as WWII broke out he enlisted in the Canadian Forces and rose to the rank of lieutenant colonel. At the end of the war he served with the No. 1 Canadian War Graves Investigation Unit.
  20. Commissioner of baseball from 1920 to 1944, famous for banning the eight players from the 1918 Black Sox scandal from ever playing major league baseball again.

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## Correction

Last week's issue of the *Lookout* included the incorrect title for Kerry-Lynne Findlay (New firehall opens, pages 1 and 11). She is the Associate Minister of National Defence. We apologize for the error.

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# Queen accepts legal branch appointment

DND

Her Majesty Queen Elizabeth II, Queen of Canada, has graciously consented to serve as the first Colonel-in-Chief of the Canadian Armed Forces' Legal Branch.

The announcement of this appointment comes on the day following the 60th anniversary of Her Majesty's coronation as Queen in Westminster Abby.

The appointment is a highly symbolic reflection of The Queen's coronation oath that included an oath "to cause Law and Justice, in Mercy, to be executed in all judgements" throughout her reign. In essence, the acceptance of the appointment by Her Majesty is a mark of tremendous honour for the Canadian Armed Forces (CAF) and, equally, a reaffirmation of loyalty and duty to The Queen on the part of the CAF.

"Sixty years ago, Her Majesty took an oath to effect law and justice in all her duties; an oath she has carried out faithfully and to the admiration of all Canadians," said the Peter MacKay, Minister of National Defence. "Her Majesty's acceptance of the appointment as the Canadian Armed Forces Legal Branch's Colonel-in-Chief position reinforces the historic and warm rela-

tionships that Canadian Armed Forces units, organizations, and members enjoy with members of the Royal family."

In 1911, Canada's first Judge Advocate General was appointed. Supported by a small cadre of officers, Major-General Henry

Smith held that appointment throughout most of the First World War. In 1918, the Legal Branch was officially established.

"The acceptance of this Royal Appointment by Her Majesty is a crowning milestone in the Legal Branch's long and distinguished history of providing professional legal services to the Governor General, the Minister of National Defence, the Department of National Defence and the Canadian Armed Forces, in matters relating to military law," said Capt (N) Genevieve Bernatchez, Branch Advisor.

Her Majesty the Queen is Colonel-in-Chief of 11 other regiments, branches and units of the Canadian Armed Forces dating back to 1952 - the year of her accession to the Throne.

The position of Colonel-in-Chief is a Royal Appointment - an honorary title normally reserved for the Sovereign and Members of the Canadian Royal Family.

Although its origins can be traced back to the British Army, the appointment of Royal Colonels-in-Chief has been an integral and proud aspect of the life of numerous Canadian regiments, branches and units for over a century. The Colonel-in Chief is the guardian of history and traditions and serves to promote ethos, identity and pride in service.



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# Buccaneer Days Parade

Representing the CFB Esquimalt Base Commander, Cdr Jonathan Allsop, Base Information Services Officer, receives a march past salute from volunteers of the Lt Gen Ashton Armoury Museum during the Buccaneer Days parade in Esquimalt on June 8.



Jeannie Ward, an employee with the Esquimalt Military Family Resource Centre, and her daughter Audrina watch as members of the Canadian Armed Forces march by.

MCpl Chris Ward, MARPAC Imaging Services

## Reserve army showcased at parade

**Sgt Les Gardner**  
39 Service Battalion PA

It was not just school bands and fancy cars parade-goers watched during the Victoria Day parade. They also took in 11 Service Company soldiers forming back into ack ack formation from box formation as they drove past the 150th Victoria Day

Parade Reviewing Stand.

Being near the front of the parade meant it was a great opportunity for the public to see the unit's vehicles.

Through coordination with CFB Esquimalt, MCpl Dan Marcil and 2Lt Tyler Baldwin organized the details in 11 Service Company's participation at this year's Victoria Day Parade. Fifteen other soldiers from 11 Service

Company also participated.

Unit members remained at the legislative buildings after the parade and talked to visitors - some local and others sightseers from the United States and elsewhere.

Vehicles and soldiers remained on display for three hours after the parade before heading back to Ashton Armoury.

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photo by Sgt Ken Matheson

**Above:** A Sea King helicopter is serviced at sea aboard HMCS Algonquin in 1987.

**Below:** A soldier from the Prince Edward Island Regiment exits a Sea King helicopter in 2002 in the CFB Galetown, NB, training area.



DND photo

# CANADA'S SEA KING M *Golden Jubilee*

BY TIM DUNNE

*This article originally appeared in the spring issue of Airforce Magazine, published by the Air Force Association of Canada. It is reprinted with permission.*

There have been few aircraft in Canada's aviation history that have provided such enduring and noteworthy service as the CH-124 Sea King maritime helicopter.

This year, plans are underway to celebrate the Sea King's Golden Jubilee to commemorate its 50 years of service to Canada and Canadians at home and around the world.

The Royal Canadian Navy ordered 41 CH-124 Sea Kings, originally designated CHSS-2, from Sikorsky Aircraft and the first Canadian Sea King arrived at Shearwater, N.S., on Aug. 1, 1963.

Based on the Sea King anti-submarine helicopter designed for the United States Navy (USN), the Canadian Sea King differed from the USN version through the addition of unique Canadian mission avionics, helicopter hauldown and rapid securing device fitments, a strengthened main undercarriage and an automatic tail pylon folding system. Sikorsky's plant in Connecticut manufactured the first four aircraft and the remaining 37 helicopters were assembled in Longueuil, Que., by United Aircraft of Canada Limited, a subsidiary of Sikorsky's parent company.

## COLD WAR OPERATIONAL SERVICE

Operationally, the Sea King first served in Helicopter Anti-submarine Squadron 50 (HS 50) until it split into Helicopter Anti-submarine Squadrons 423 and 443 (HS 423, HS 443) in September 1974. In January 1995, HS 423 and HS 443 were re-designated Maritime Helicopter (MH) Squadrons to more accurately reflect their maritime surveillance and interdiction roles that encompassed much more than simply anti-submarine warfare. 423, 443 and 406 Maritime Operational Training Squadrons were initially all based at 12 Wing Shearwater, N.S., until 443 Squadron moved to Patricia Bay, B.C., in 1989 to support naval operations on the West Coast.

The Sea King has operated from the aircraft carrier Her Majesty's Canadian Ship Bonaventure, the three operational support ships, the seven converted St. Laurent class destroyer-escorts and the two Annapolis class

helicopter-carrying destroyers (DDH), which were the first destroyer-escorts designed from the keel up to carry the large Sea King. The four DDH 280 Iroquois class destroyers carried two Sea Kings each, and today, despite her advancing age, the Sea King continues to complement the capabilities of our Navy's 12 Halifax class frigates.

## DDH CONCEPT

A unique feature of Canadian Sea King operations has been the marriage of a modern twin-turbine helicopter, capable of day-night, all-weather operations with a destroyer-escort sized ship – the 'DDH concept'. This capability is achieved through the Canadian developed helicopter hauldown and rapid securing device, colloquially known as the 'Beartrap', which allows the routine operation of a medium-sized helicopter from a small warship. The Canadian 'DDH concept' transformed naval operations during the last half of the twentieth century by expanding the ships' search area and extending its lethal range. Navies around the world, including those of the United States, Japan and Australia, have adopted this concept and it is considered to be one of Canada's significant contributions to naval operations as well as establishing Canada as a leader in the field of shipborne helicopter operations.

## POST COLD WAR OPERATIONAL SERVICE

Until the end of the Cold War in 1989, the Sea King was primarily used to extend the anti-submarine capabilities of the ships in which they were embarked. During the first Persian Gulf War in 1990-91, extensively modified Sea Kings proved to be incredibly flexible, filling a myriad of new roles to extend the effectiveness of Canada's Naval Task Group. Since 1990, the Sea King has played a leading role in most of Canada's overseas operations.

The Sea King 50th anniversary committee. In early 2011, a number of former Sea King-related personnel established the Sea King 50th anniversary committee under the leadership of Colonels (ret'd) John Cody and Alan Blair, both former commanders of 12 Wing Shearwater. The purpose of the committee is to plan and co-ordinate commemorative events and projects for the Sea King's 50th anniversary and to



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# NAVAL MARITIME HELICOPTER Jubilee Celebrations



support to the Shearwater Aviation Museum's efforts to acquire a CH-124 Sea King helicopter and related exhibits for display in the museum.

The Sea King 50th Anniversary Association (SK50) is a non-profit organization, registered in Nova Scotia, to promote awareness of the CH-124 Sea King helicopter and its contributions to Canadian military aviation history.

The Sea King 50 kick off, held Nov. 12, 2011, at the Shearwater Aviation Museum, announced the planned celebratory events and the unveiling of the first Sea King 50 commemorative products. Guest speakers included Brigadier-General (ret'd) Colin Curleigh, Col (ret'd) John Cody and Col Ian Lightbody, commander of 12 Wing.

## JUBILEE CELEBRATIONS

The Sea King Golden Jubilee actually kicked off in 2012. A Sea King historical conference was convened at 12 Wing Shearwater June 19-20, 2012. This is an annual event in which the subject and location of the conference is designated by the Canadian Forces Aerospace Warfare Centre in Trenton, ON. The papers that were submitted to this conference will form part of the written history of this venerable aircraft.

The Sea King Golden Jubilee will then combine activities on Wednesday, July 31, 2013, and Thursday, Aug. 1, with the quadrennial Sea King maintainers reunion, which will run from noon Friday, Aug. 2 until noon Sunday, Aug. 4, 2013.

Plans include a parade and a fly-past in honour of the Sea King, a meet-and-greet in 12 Wing's new hangar, a memorial service to honour those who paid the ultimate price flying the Sea King in service to the nation, and a laying up of a Sea King into the Shearwater Aviation Museum.

The full schedule of events is as follows:

- Wednesday, July 31 4-7 p.m. meet and greet, (Shearwater flight line)
- Thursday, Aug. 1 10 a.m.-12 p.m. parade, fly past, memorial service, (flight line)
- Thursday, Aug. 1 Laying up of a Sea King into the Shearwater Aviation Museum (These events will be open to the public)
- Thursday, Aug. 1 5:30-6:45 p.m. reception, World Trade and Convention Centre
- Thursday Aug. 1 7-10 p.m. plated dinner:

guest speaker: Sergei Sikorsky

The Quadrennial Sea King maintainers' reunion will run from noon Friday, Aug. 2, 2013 until noon Sunday, Aug. 4, 2013. Members of this committee also serve on the Sea King 50 committee to ensure there are no overlaps.

Other planned activities include:

A history of the Sea King in Canadian service is being prepared The Royal Canadian Mint has been requested to produce a circulation coin to commemorate this historical occasion

Likewise, Canada Post will be requested to issue a first day cover to honour the Sea King

Sea King 50-related memorabilia (challenge coins, flight suit patches and zappers) are currently available for sale at the Shearwater Air Museum.

Accommodation packages have been arranged with several local hotels and this information is currently on our website and Facebook pages at [www.seaking50.ca](http://www.seaking50.ca).

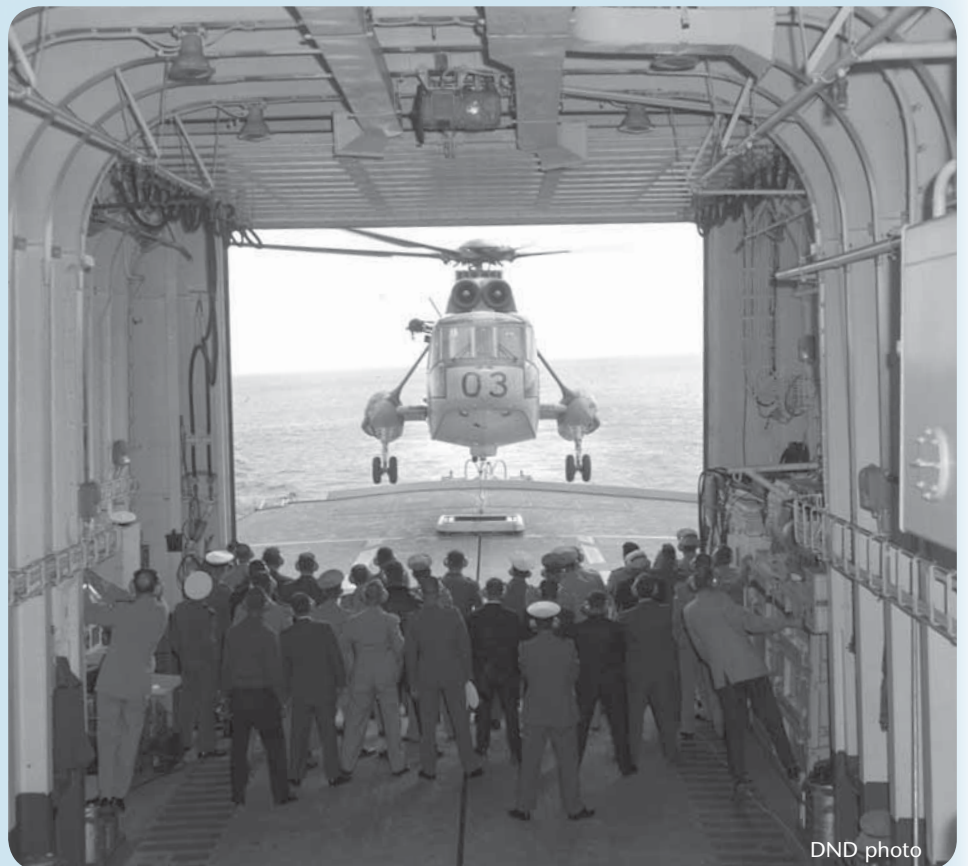
## CONCLUSION

Those who have supported, maintained and flown the Canadian Armed Forces Sea King have made a tremendous contribution to Canada's military aviation. They pioneered the combination of a medium-sized helicopter with a destroyer-escort, a concept which has had profound influence on the employment of maritime helicopters around the world.

Throughout the long years of the Cold War, the Canadian Sea King stood ready to conduct anti-submarine operations in conjunction with the Canadian Navy, principally in the North Atlantic. Following the end of the Cold War, the Sea King displayed its flexibility by taking on expanded roles in maritime security operations around the world.

In addition to its combat roles, the Sea King has played an important role in support roles such as humanitarian and disaster relief in Canada as well as overseas and as well, has conducted many daring rescues at sea.

The collective talent and experience of the Sea King community, along with its can-do attitude, has provided mission-capable aircraft when and where they were needed. All who have enjoyed the pleasure of serving with this unique and distinguished helicopter are proud to pay tribute to such a Canadian icon on its Golden Jubilee.



DND photo

**Above:** Government visitors from the U.S. and Canada watch a Sea King helicopter being "hailed down" aboard HMCS Assiniboine in 1964.

**Below:** And HS-50 Squadron Sea King helicopter is loaded on board HMCS Cape Scott upon completion of Exercise Maple Spring in 1967.



DND photo

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# Flight engineer hits 10,000 flight hours

**WO George Jamieson**  
Contributor

There is always much fanfare when a new flight engineer receives his or her wings and, years ago, there was always a big deal as older flight engineers hit certain milestones: 1,000, 2,500, 5,000 or one year in the air (8,760 hours).

Very few flight engineers back then - and even fewer now - achieve the incredible marker of 10,000 hours (one year, one month, three weeks and 14 hours) of flight time.

Master Warrant Officer Karl Derhak of 404 Long Range Patrol and Training Squadron at 14 Wing Greenwood, N.S., is one of these special people.

MWO Derhak began the flying portion of his career as a young, eager flight engineer on the CH-124 Sea King helicopter in 1980. After logging 1,266.7 hours with 406 Maritime Operational Training Squadron, 12 Wing Shearwater, N.S., he moved on to the CP-140 Aurora and started flying with 415 Maritime Patrol Squadron, which is no longer in service at 14 Wing in May 1985. Over the next 13 years,



MCpl Rory Wilson, Royal Canadian Air Force  
**MWO Karl Derhak, a 39-year veteran of the Royal Canadian Air Force, shows off his 10,000 hour patch during a Crew Operational Readiness Exercise flight off the coast of Nova Scotia.**

he amassed an amazing 5,538.1 hours on the Aurora.

Newly-promoted to master warrant officer and anxious to accept a new challenge, he trans-

ferred to the CH-146 Griffon helicopter and flew another 431 hours. He was transferred back to the Aurora, this time with 405 Long Range Patrol Squadron at 14

Wing, continuing from there to 404 Squadron until his retirement from the Regular Force.

After a few short months, MWO Derhak came back as a reserve member and continues to fly and instruct new flight engineer students at 404 Squadron.

As of April 19, he had flown 2,765 hours to bring his total up to 10,000.8 hours.

During the milestone flight, Captain Mary Cameron-Kelly, a colleague and 404 Squadron pilot instructor, presented MWO Derhak with a special patch that the flight engineers section had made for the occasion.

Many of his friends and co-workers met MWO Derhak and his crew on the ramp at the end of the flight, offering congratulations and helping him celebrate his great achievement.

When asked if this was the end, he quickly responded "no!"

"I only have 1,696.9 hours to go to get 10,000 hours on the Aurora!"

MWO Karl Derhak has now spent one year, one month, three weeks and 14 hours in the air - a 10,000-hour milestone few flight engineers achieve in their careers.

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# Ottawa sailor squashes national challengers

**Shawn O'Hara**  
Staff Writer

Not all sport competitions take place on a field, rink, or pitch.

Some take place in a closed room, where the panting of players is drowned out only by rally of rackets and the smack of a ball.

This little known competitive sport is one of many played by elite Canadian Armed Forces (CAF) athletes. One such player is LS Kyle Weatherby, who recently won the Canadian Armed Forces Squash Nationals in the Under 30 division at CFB Borden, going up against the best CAF players across the country in team and singles events.

"It was a great experience," says LS Weatherby, a radar technician in *HMCS Ottawa*. "I love the game, so putting my skills to the test against nationally skilled squash players was an excellent opportunity."

LS Weatherby got into the fast-paced game while visiting his father in Halifax during a course in 2008.

"He used to play a lot, and when I came to see him he got me playing too. I played a few people on the east coast and when I came back here I just kept playing and playing."

*You have to be very fit, physically and mentally. The only way to excel is to be at the top of your game in all aspects. It's a real challenge.*

-LS Kyle Weatherby

He stuck with the game out of a love for its fast paced, quick thinking nature.

"You have to be very fit, physically and mentally," he says. "The only way to excel is to be at the top of your game in all aspects. It's a real challenge."

The only way to improve one's skill at squash is to play the game, he says. His training regimen before nationals had him playing nearly every day, as well as running whenever possible.

"Fitness is important because in squash you're running around so much, you have to be able to push yourself for the whole match. Tactics and skill are important, but if you're tired and worn out, it's very difficult to win."

The CAF Squash Nationals, held May 4 to 10, saw five regions

(Pacific, Atlantic, Prairie, Ontario, and Quebec) send their best nine players to compete against each other. The two main categories were Team, which tally the wins for a region's players, and Individual, which had players competing within their age groups.

LS Weatherby took home the top spot for the Under 30 category.

"It was a really tough go," he says. "There was always that uncertainty of whether or not I'd win, but I think that helped me improve my game in the long run."

The last match really tested his mettle, pitting him against an opponent he played earlier in the competition.

"I'd only lost one match during the team event, and it was to the player I faced in the final," he says. "When he beat me the first time I focused on what I did wrong in that match, and trained during the tournament to overcome that weakness."

With no big competitions on the horizon, LS Weatherby plans to continue playing the game he loves so much.

"I always just want to get a little bit better, and a little bit better than that," he says. "I'll just be playing and focusing on becoming as good as I can be."

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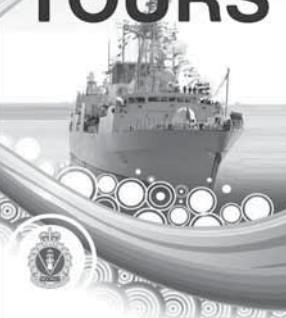
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# VICTORIA CRIME STOPPERS CRIME OF THE WEEK

## SEXUAL ASSAULT

A sexual assault took place during an event known as the "Rock Fest" held at the Pacific Fleet Club located at CFB Esquimalt. A young lady was sexually assaulted by an unidentified male between 11:00 pm, October 3, 2009 and 1:00 am, October 4, 2009.

The male may have had an accomplice. The young lady was picked up and carried down a flight of stairs to an empty room located on the lower floor of the club where she was sexually assaulted.

The male is described as 30 years old, well built, approximately 5'10" tall, with short dark hair. He was wearing a dark coloured t-shirt with an alcohol brand symbol on the front, possibly "Jack Daniels".

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## NEWS Nuggets

### Goodbye MERX, Hello Buyandsell.gc.ca

Buyandsell.gc.ca is now the authoritative source for federal government procurement information and solicitations.

On May 31, the Public Works and Government Services contract with Mediagrif for MERX™ expired and was replaced with the latest version of the Buyandsell.gc.ca website.

This procurement platform provides free, easy and anonymous access and requires no registration to download tender information. Its introduction has made the tendering process more transparent and easier for small and medium businesses to find opportunities.

The existing MERX accounts in National Defence will transition to GETS accounts for those employees already posting tenders and solicitations in accordance with their Delegated Contracting Authority.

The new website leverages the strengths of Buyandsell.gc.ca and

has more flexible search options. It allows businesses to search for opportunities using simple plain language search terms, narrow down search results to find opportunities of interest, save searches to include in emails, Tweets, or other social media, and use a third-party feed reader to follow any opportunity.

More information and the new site may be accessed on Buyandsell.gc.ca/tenders.

### Volunteers needed for the MS Bike Tour

Join the MS Hope Volunteer Team for the Cowichan Valley Grape Escape and help end MS. Fun positions available to suit all interests and schedules. Check out the available positions at [www.cowichanvalleygrapeescape.com](http://www.cowichanvalleygrapeescape.com) or contact Charmaine at 250-388-6496 ext. 245

### CF-18 Flyby at Grand Prix

Two Canadian Armed Forces CF-18 Hornet fighter aircraft marked

the start of the Grand Prix du Canada as they soared over the Gilles Villeneuve Circuit in Montreal on Sunday June 9.

### Army adopts new march

The Canadian Army has adopted a new official march entitled "The Great Little Army," that it feels not only better reflects the land force's size and character, but is more catchy.

Official marches are important touchstones of a military unit's identity, and are often played during special events and occasions such as military parades.

The army's old official march "Celer Paratus Callidus," which is Latin for "quick, clever and ready," was adopted in 1968 when the army was merged with the air force and navy, and renamed Land Force Command.

### Edmonton Garrison flies Pride flag

A rainbow-coloured Pride flag was raised at Canadian Forces Base Edmonton last week in a ceremony attended by senior officers and civilian members of the GLBT community.

Master Warrant Officer John McDougall made the request for the flag-raising through the military chain of command.

The Pride flag, a symbol for gay, lesbian, bisexual and transgendered people, was flown near the base headquarters building for one week to coincide with Edmonton's Pride festival.

## Results of standing court martial

On May 31, PO1 Baker was tried by standing court martial on two charges under the NDA:

A. Charge 1: section 125, wilfully or negligently makes a false entry in documents made by him that were required for official purposes.

B. Charge 2: section 129, any act, conduct, disorder to the prejudice of good order and discipline.

The accused pled guilty to both charges. The court sentenced the offender to a reprimand and a fine of \$1,000.

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# Celebrating family



The Patrol Craft Training Section (PCTS) hosted a family day sail and barbecue onboard PCT Renard, Moose and Grizzly June 1 for nearly 80 guests – all family and friends of PCTS members. The day sail was a way to say thank you to family and friends for their support. Guests were treated to a tour of Esquimalt Harbour, ship handling demonstrations, a nested anchorage, barbecue and zodiac rides.

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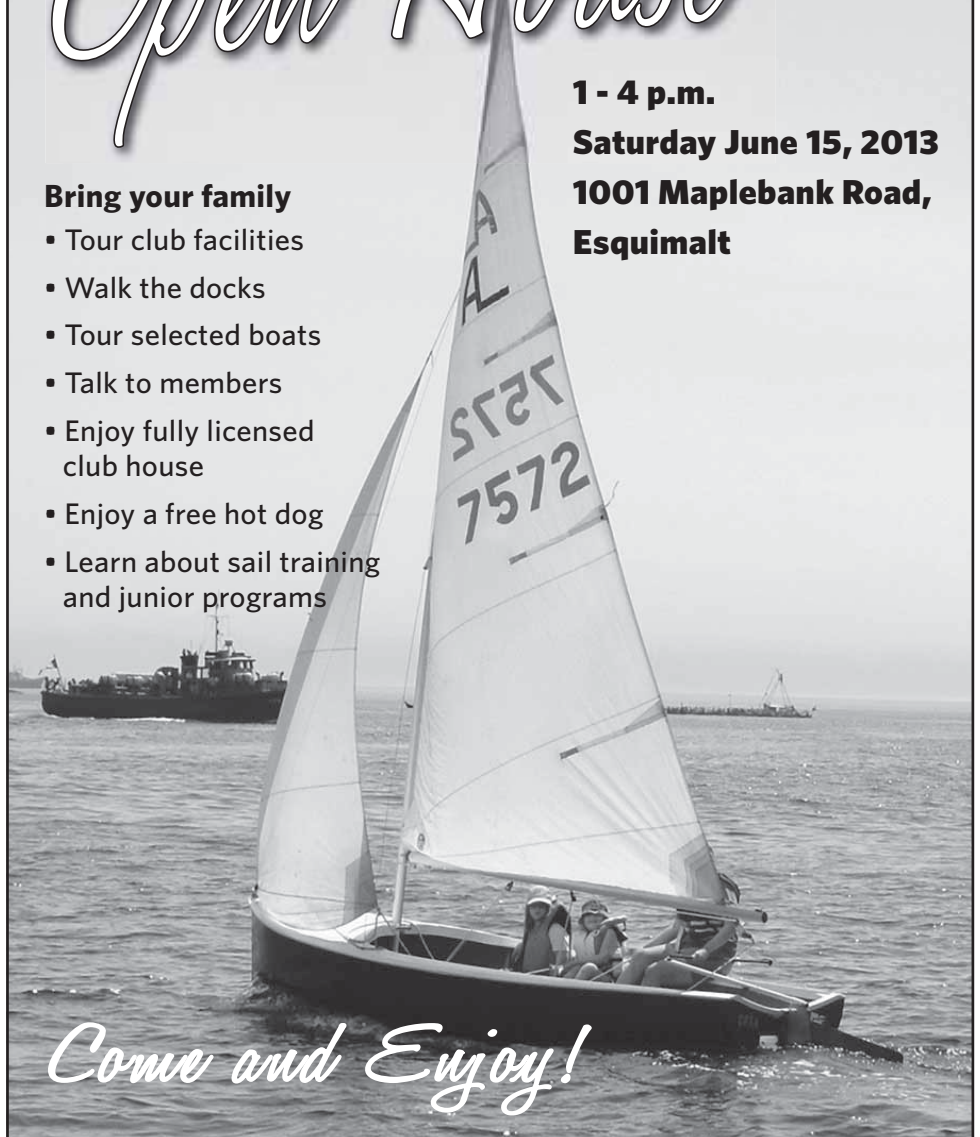
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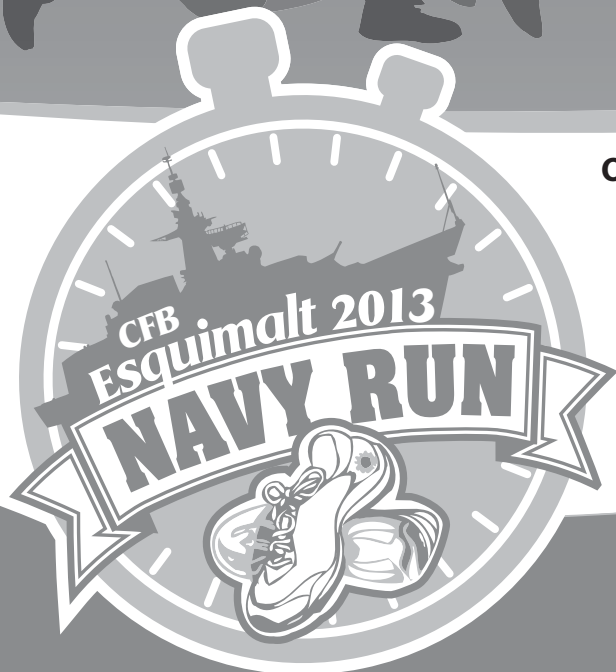
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# Bravo ZULU

## A second century of service

**2Lt Cameron Park**  
Unit Public Affairs Representative

With the skirl of bagpipes echoing from the walls, the audience gathered in the Bay Street Armoury bore witness to a change of command parade for the Canadian Scottish Regiment (Princess Mary's).

Lieutenant-Colonel David Awalt assumed command of the regiment May 11 from outgoing commanding officer Lieutenant-Colonel Eric Boucher.

With 22 years of service in both the regular and reserve components of the Canadian Armed Forces, LCol Awalt joins the regiment from his previous appointment as Assistant Chief of Staff at 39 Canadian Brigade Group.

"It's an honour to take over such a storied regiment. I am looking forward to working with all members of the regimental family as the regiment embarks on its second century of service," he said.

Outgoing commanding officer LCol Boucher reflected on the regiment and its operations during his appointment as commanding officer.

"This was the highest operational tempo since the Second World War. At one point during my tenure as CO, more than half the unit had served on operations, either expeditionary or domestic operations."

This included 68 soldiers serving at least one tour in Afghanistan, with another 42 serving on domestic operations within Canada.

"I think that that reflects the true strength and the value of our regimental system, that it's not just the numbers going out the door and the bayonets that matter, but in fact the whole team, whether it be in uniform or outside of uniform."

Looking ahead to the challenges that the regiment will face during his command, LCol Awalt sees readiness as continuing to be a key element.

"The focus for the regiment will remain operational readiness. We will continue to augment expeditionary missions and will focus on supporting the 39 Territorial Battalion Group in domestic operations."

With the increased tempo of opera-



Photos courtesy of 2Lt Cameron Park

**Above:** LCol Eric Boucher (right) passes the regimental colour of The Canadian Scottish Regiment (Princess Mary's) to incoming Commanding Officer LCol David Awalt.

**Below:** (Left to right) LCol Boucher, Col Rob Roy MacKenzie, Commander 39 Canadian Brigade Group, and LCol Awalt formalize the change of command.

tions for The Canadian Scottish Regiment (Princess Mary's), LCol Awalt points to an increased awareness of the role reserve soldiers have taken on in recent years.

"I think the expectation for reservists has increased, because we have shown what we are capable of overseas and domestically at all levels. However, balancing our family, our

civilian employment or school, and our reserve commitment is a vital component in enabling reservists to respond when the Canadian Armed Forces requires us."

The Canadian Scottish Regiment (Princess Mary's) is one of the largest reserve units in Western Canada and the only infantry regiment on Vancouver Island.



MCpl Vincenzo Agius-Mantello (left) receives his new rank from MCpl by Cdr Tim Allan, Base Administration Officer.



Ordinary Seaman Pedrosa receives his promotion to Able Seaman from Base Commander, Capt(N) Bob Auchterlonie and Chief of Staff, Michael Morrison.



LS Wessel (right) receives her new rank from Cdr Allan.



LS Maclean receives her promotion from Cdr Tim Allan.

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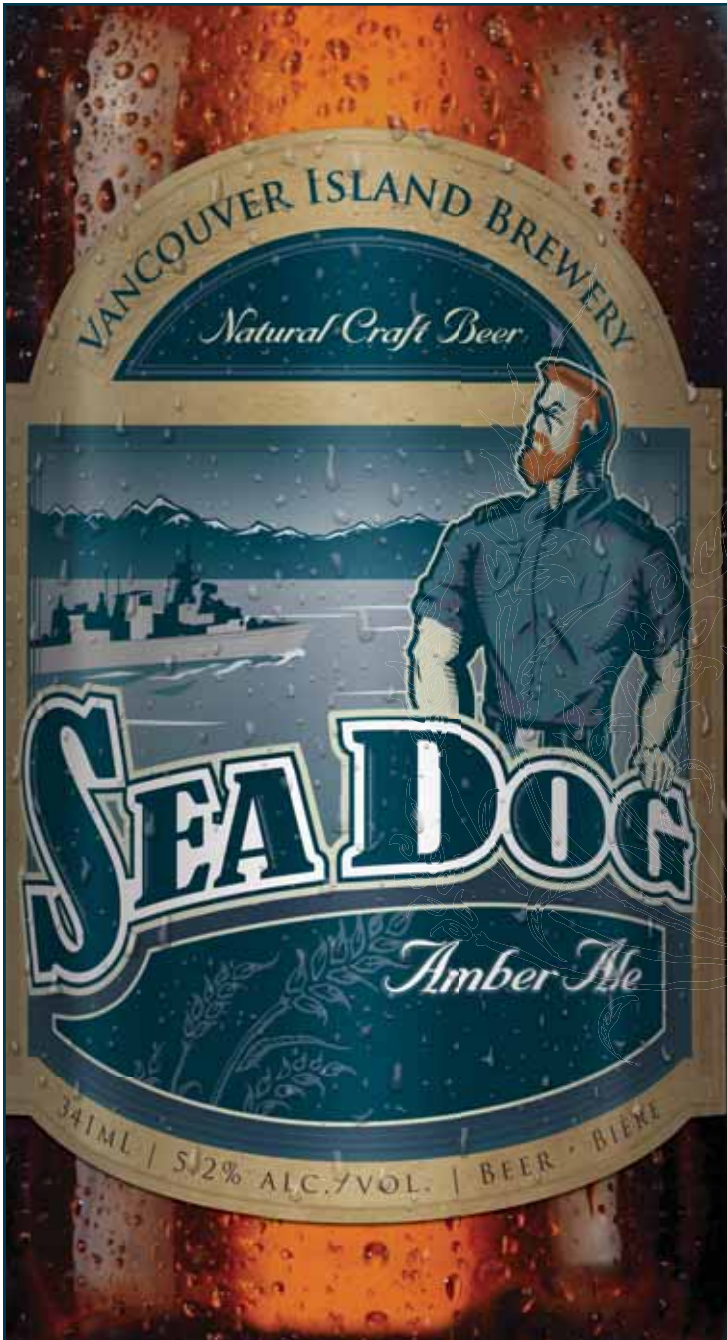
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