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Esquimalt shoreline gets swept clean

Shawn O'Hara Staff Writer

With garbage tongs and plastic bags in hand a small but enthusiastic team took to the task of cleaning the shore of CFB Esquimalt during this year's Great Canadian Shore Cleanup.

The team of military and civilian volunteers scoured Esquimalt Harbour and the surrounding shoreline for debris and detritus.

"We had a smaller turnout this year, but it didn't affect what we were trying to do," says Lyle Fairley, Environment for the Queen's Harbour Master and team leader for the Great Canadian Shore Cleanup. "Last year was the first so we were cleaning up years and years worth of garbage and scrap. This year is more like an annual touch up."

The Great Canadian Shore Cleanup is a nationwide event in which teams across the country collect, sort, and weigh the gathered waste, garbage and scrap to see who can collect the heaviest load.

Last year saw over 3,000lbs of materials collected by volunteers, a number Fairley is confident won't be exceeded this year-which he says is a

"For one, we didn't have any boats to dredge up this year. We're hoping we can get some weight collected for the event, but to be honest no garbage is good garbage.'

The Cleanup draws volunteers from all parts of the base. LS Sarah Davill is a student at the Canadian Forces Fleet School Esquimalt (CFFSE) Communications School, and says the Cleanup struck her as a way to do some good and get out of the office.

"For a lot of us the harbour is our home as well as our workplace," she says. "It's important we do what we can to keep our home clean."

LS Davill says she was surprised by the amount of garbage collected.

"I'm not sure what I expected, but there's was a lot of stuff I never thought we'd find," she says. "It was mostly the scrap metal and wood. It's hard to say where some of this stuff came



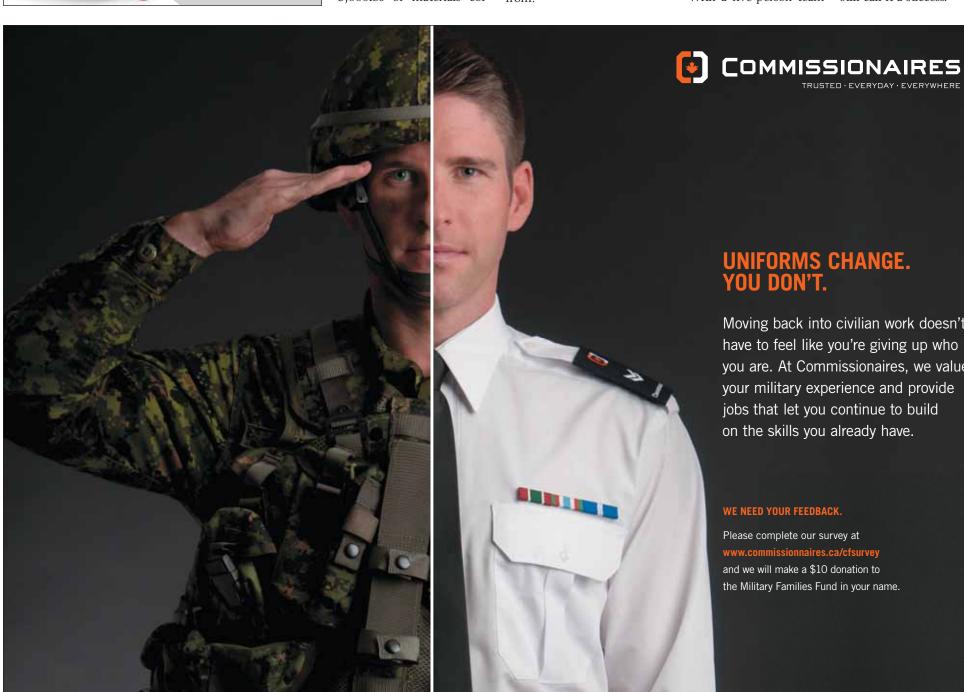
Shawn O'Hara, Lookout

OS Kelsey Smith and LS Sarah Davill scour a dockyard boat launch as part of the 2013 Great Canadian Shore Cleanup.

This year's team collected 548lbs of material, including 352lbs of scrap metal, 64lbs of scrap wood, and 100lbs of garbage.

"With a five-person team

that's not a bad load at all," says Fairley. "It was also nice to see the jetties were surprisingly clean. Overall it was a smaller event but I'd still call it a success."



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Left: Pte Adrien Radhuber (red) and SLt Tommy Liu (blue) square off in the sumo ring at the Fleet Maintenance Facility's Government of Canada Workplace Charitable Campaign kick-off barbecue.

Below: GCWCC volunteer PO1 Dori Aubin sells 50/50 tickets as part of the unit's fund raising activities.

Shawn O'Hara, Lookout





Fun and food highlight FMF GCWCC kickoff

Shawn O'Hara Staff Writer

The Fleet Maintenance Facility (FMF) Cape Breton kicked off their portion of the Government of Canadian Workplace Charitable Campaign (GCWCC) during an event Sept. 25 by the dry dock.

"FMF provides a large portion of support to this campaign," said Capt(N) Chris Earl, Commanding Officer of FMF. "We know how important it is to give back to our community, and we look forward to giving this year all we've got."

Volunteers took donations and sold 50/50 tickets, all to contribute to the GCWCC and its support of the United Way and Healthpartner organizations.

The event itself is part of CFB Esquimalt's larger fundraising campaign. The fundraising goal of \$700,000 was announced Sept. 19 and is one Capt(N) Earl believes his unit can help achieve.

"In the past FMF has really raised the bar in terms of donations, volunteers, and good work," he says. "I know you can be depended on to roll up your sleeves when it's time to give back."

Capt(N) Earl also spoke on the prevalence of GCWCC funded programs in the community, and the work they do for military members and their families.



"You don't have to go far to see the GCWCC helping people," he said. "Whether it's Big Brothers, Big Sisters, the Canadian Diabetes Association, or the Single Parent Resource Centre, they're out there every day supporting the community."

As the event wrapped up Capt(N)

Earl expressed his gratitude and pride for the unit he took command of only two months prior.

"You are a group of incredibly giving, caring individuals," he said. "I know if we all work together and do our best we can make this the best year for the GCWCC yet."



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Maurine Karagianis MLA, Esquimalt – Royal Roads



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mattersofopinion

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People Talk

Lookout asked this question to HMCS Ottawa's ship's company two weeks ago: Why are day sails important for both the public and navy?



It is a great opportunity to meet community members that one wouldn't get to usually meet, and to show the public what the navy does.

PO2 Ed Morris



A great way [for the public] to see what we do in terms of daily life, which they don't often get to see.

Lt Chris Brierly

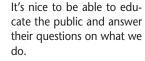


To bring the community together with the navy. We need the support of the community whenever we need to persuade politicians of the needs of the men and women in uniform.

HCapt(N) Cedric Steele



Most of the people who come on board don't know much about the navy, so for them to talk to a sailor and go through the motions with us can provide some knowledge to the community.



SLt Chantal Woolley

ic Steele OS Stewart Carmichae

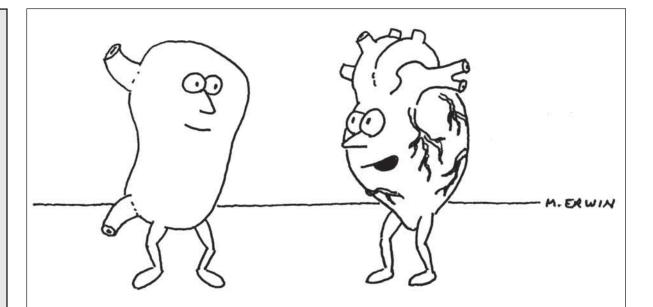
Kayak Club AGM

The Pacific Fleet Kayak Club Annual General Meeting will be held at 4 p.m., Oct. 26 in our clubhouse.

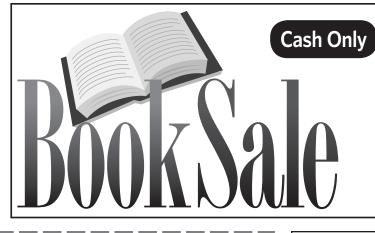
Vote for new executive positions:

- President
- Vice President
- Senior Instructor
- Treasurer
- Secretary
- Kayak Maintainer Volunteer positions (non executive):
- Event Coordinator
- Training Coordinator Please forward agenda items and nominations to the President, Douglas Bell, by email to: Douglas.Bell@forces.gc.ca or through any other executive mem-

Weather permitting, there will be a Club Paddle from 9 a.m. to 3 p.m., from the clubhouse. Bring lunch, water and a change of clothes.



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GCWCC INCENTIVES

Make a payroll deduction to GCWCC this year and you could win!

PRINCE OF WHALES WHALE WATCHING TRIP FOR TWO (approx value \$220)

Submit your GCWCC-UW gift form (any amount) to your unit campaign representative by Nov. 6 and you will be entered into this draw.

ROUND TRIP FOR TWO BETWEEN VICTORIA AND SEATTLE ON THE CLIPPER (approx value \$300)

Submit your GCWCC-UW gift form (any amount) to your unit campaign representative by Nov. 13 and you will be entered.

Entries from Nov. 6 will remain in the draw as well.

ONE NIGHT ACCOMMODATION FOR TWO AT THE CHATEAU VICTORIA (approx value \$200)

Submit your GCWCC-UW gift form (any amount) to your unit campaign representative by Nov. 20 and you will be entered into this draw.

Entries from Nov. 6 & 13 will remain in the draw as well.

DR. DRE HD HEADPHONES (approx value \$230)

Submits a gift form of \$150 or more to your 2013 GCWCC-UW campaign unit representative by Nov. 27 and you will be entered.

HOME OFFICE CHAIR (mid-back synchro-seat tilt w/tension control and lumbar support) (approx value \$761)

Become a Leader! Submit a gift form at the Leadership level (\$500 or more) to your 2013 GCWCC-UW campaign unit representative by Nov. 27 and you will be entered in this draw.

UNIT REPRESENTATIVES:

Submit your unit's qualifying names directly to Vicki Laidlaw by the day after EACH deadline (Nov. 7, 14, 21, 28).

Draws will happen close of business day each Friday following the deadline.

For more information, contact Vicki Laidlaw, Campaign Coordinator, (250) 363-2595. What can you make

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Deadline for entry Nov. 18, 2013



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BARRISTERS AND SOLICITORS

Butt out in DND vehicles

Shawn O'Hara Staff Writer

When it comes to smoking in Department of National Defence (DND) vehicles, Military Police are urging drivers and passengers to butt

MCpl Jodi Woolridge, Community Relations for the Military Police, says according to DND Driver Policies the issue is pretty cut and dry.

"It's a one line thing. 'Drivers and passengers are not permitted to smoke in DND vehicles'," he says. "It doesn't come up too often, but it's still needs to be remembered."

While there are no rules against smoking while inside personal vehicles on DND property, it is prohibited in all DND owned vehicles at all times.

Aside from the health risks and possible distractions associated with smoking while driving, MCpl Woolridge says in some cases it is a safety hazard as well.

"A lot of it is common sense," he says. "For instance, if you're driving a fuel tanker you probably shouldn't be smoking. Too much can go wrong, no matter how unlikely it may seem."

While MPs enforce the bylaws on base, anybody can report a driver smoking in a DND vehicle to the respective unit's chain of command. MCpl Woolridge says individual punishments are left up to the unit.

"We'll write up the report, but for discipline it comes down to the violator's leadership," he says. "It can be anything from a fine to the revoking of driving privileges."

While the law comprises a fairly small part of the Driver Policies, MCpl Woolridge says it is just as important.

"Especially in an organization which is founded on discipline, it's important to remember to follow the rules," he says.

Health survey - did you do it?

The Health and Lifestyle Information Survey is the only population health survey of Canadian Armed Forces (CAF) personnel. The results assist in identifying priority areas for interventions aimed at sustaining a healthy and readily deployable force. It is completed anonymously, and looks not to describe individual behaviours but rather behavioural trends within the CAF.

Historically speaking, the junior non-commissioned member demographic has not been well represented in the survey due to a very low rate of response. It is understood that training and workload have had an impact, but this year, in the wake of 10 years of combat operations, it is vital that the numbers of respondents increase. Junior non-commissioned officers may require tailored physical and mental health care programs, so these responses are critical in ensuring a valid and effective process.

The survey will be administered in three cycles over the coming year beginning in time to respond; we are counting on you.

September. Approximately 4,300 Regular Force personnel and 4,000 Reserve Force personnel will be randomly selected to complete the survey by mail. An additional 2,200 Regular Force personnel will receive an electronic version to evaluate the utility of using this survey mode in the future.

- Are you a junior non-commissioned member? Do you want to have a measurable impact on policies and programs within the CAF? If you are selected, please take the time and do the survey.
- Are you a supervisor with a team of junior non-commissioned members working for you? Please, grant your subordinates the time to complete the survey. There are few tools which have such a direct and measurable impact on the quality of life on the men and women of the Canadian Armed Forces than the Health and Lifestyle Information

We are looking for you. Please take the

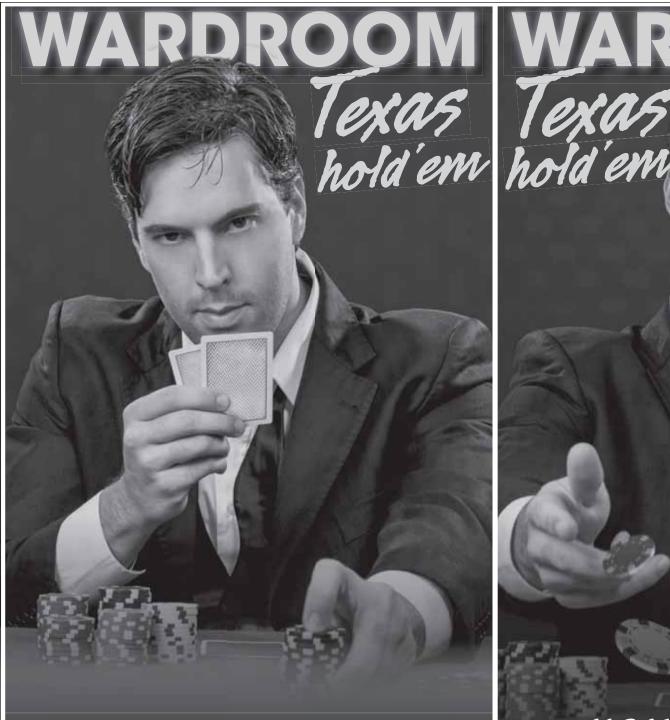
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- Contributed \$2,000,000 to a national homeless Veterans program; and
- Provided \$13,000,000 to Veterans and their families in need through the Poppy Fund.

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Contact The Royal Canadian Legion Service Bureau if you need assistance. We're at your local branch or call us toll free – 1-877-534-4666.





Find out more at legion.ca or call 1-877-534-4666



Air force unveils new badge

Joanna Calder RCAF

Following the national Battle of Britain ceremony, held in Ottawa on Sept. 15, Lieutenant-General Yvan Blondin unveiled the Royal Canadian Air Force's new badge before a crowd of veterans, RCAF personnel and guests.

Two cadets from 742 "National Capital" Air Cadet Squadron, located in Ottawa – Flight Corporal William Lambert, 14, and Leading Air Cadet Anne-Florence Lambert, 12 – assisted him.

The brother and sister knew they were participating in a significant and historic event.

It was "amazing", said FCpl Lambert. LAC Lambert agreed, saying, "I was very proud."

"While we are the youngest of the three services," said LGen Blondin in a message to RCAF personnel earlier this year, we have a unique military history, proud traditions, powerful symbols and a strong sense of community. Now is the time for us to build upon our heritage, to strengthen the unique identity of the modern RCAF and to better understand our history.'

The design of the new badge recalls the preunification badge design and shows an eagle flying with its wings outstretched. It replaces the Air Command badge that came into being following the unification of the Canadian Forces in 1968 and that displayed an eagle rising from a Canadian astral crown. "The new RCAF badge mixes pride in the past with contemporary spirit," continued LGen Blondin. "The eagle flying solo in all environments is a reflection of the confident, experienced, resilient, agile and integrated RCAF."

The Royal Canadian Air Force retains the Air Command motto: Sic Itur Ad Astra ("such is the pathway to the stars). This is, in fact, the Air Force's very first motto, adopted when the Canadian Air Force was formed in 1920. Sic Itur Ad Astra was replaced by Per Ardua Ad Astra ("through adversity to the stars"), the motto of the Royal Air Force, when the Royal Canadian Air Force came into being in 1924.

Since the ascension of Queen Elizabeth II in 1953, all Canadian Armed Forces badges have displayed the St. Edward's Crown (or Queen's Crown), rather than the Tudor Crown (or King's Crown) that was used during the reigns of her father and grandfather

Read more about the new badge's design and genesis in the fact sheet on the new Royal Canadian Air Force badge at www. rcaf-arc.forces.gc.ca.

The bird depicted on the badge has been the subject of much debate over the years, with some insisting it is an albatross and others maintaining that the bird is an eagle. Though the origins of this debate are murky, that has never stopped a heated argument! To set the record straight (again): it is an eagle.



The new RCAF badge, approved by Governor General David Johnston earlier this year, displays a golden eagle flying with wings outstretched.

September 30, 2013

Military enjoys national golf tours courtesy CFMWS

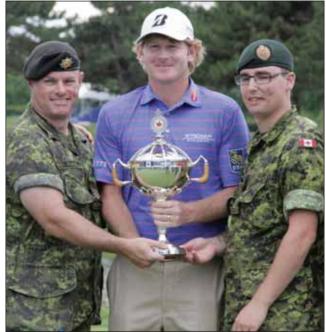
Christine Meyer CFMWS

Golf and the military instill numerous shared values and characteristics, such as integrity, honor, respect, discipline, and fortitude.

It's no wonder a strong and exciting partnership has developed between the Canadian Forces Morale and Welfare Services' (CFMWS) CF Appreciation Program, PGA Tour Canada and Golf Canada.

Thanks to this new partnership, Canadian Armed Forces (CAF) members, veterans and their families enjoyed complimentary access to all PGA Tour Canada stops this summer, as well as the RBC Canadian Open and the CN Women's Canadian Open. Each stop included Military Appreciation Day celebrations that featured CAF members as flag orderlies at designated holes honouring CAF members.

PGA Tour Canada also conducted golf clinics across country for all active military personnel, which gave our troops a chance to learn the game or improve their skills from some of



2013 RBC Canadian Open Champion Brandt Snedeker with CAF members MCpl Chris Farrish and Cpl William Werth.

the Tour's best players.

"The PGA Tour has always been appreciative of the troops and we try to support Canadians who have dedicated themselves to serving their country in any way we can," said PGA Tour Canada President Jeff Monday. "Whether it's by enjoying a day at a PGA Tour Canada event or learn-

ing the game from some future PGA Tour stars and, we think it's important to recognize their efforts and contributions."

2013 The Canada National Men's and Women's Open Golf Championships welcomed thousands of the one million strong military community. They cheered as Brandt Snedeker won munity. the 2013 RBC Canadian Open by three strokes at Glen Abbey Golf Club in Oakville, Ontario. Spectators also had the pleasure to watch teenage golf phenom Lydia Ko make history by becoming the youngest and first to win two LPGA events at the Royal Mayfair in Edmonton, Alberta.

The PGA Tour has always been appreciative of the troops and we try to support Canadians who have dedicated themselves to serving their country in any way we can.

-Jeff Monday PGA Tour Canada President





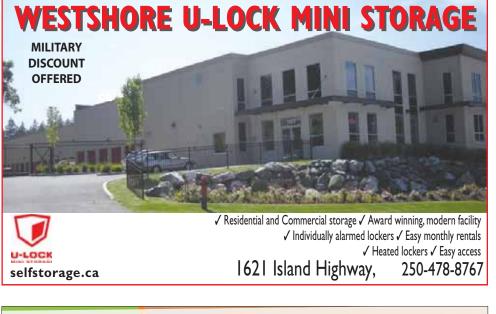
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Capt Jeff Manney CFMETR

A much appreciated appearance by the sun and a much anticipated appearance by the frigate *HMCS* Ottawa combined to smash attendance records at CFMETR's biennial Open House on Saturday, Sept. 21.

Morning fog and a gloomy forecast quickly yielded to one last day of summer weather as an estimated 2,300 people paid a visit to the Canadian Forces Maritime Experimental and Test Ranges (CFMETR) at Nanoose Bay. The participation dwarfs previous events at the small base, which have typically averaged no more than 1,500 visitors.

"It's an astonishing number, but with HMCS Ottawa here not really a surprise," said CFMETR Commanding Officer, Cdr Gerry Powell. "North of Esquimalt it's rare to get up close to a frigate, so I think people took advantage of this superb opportunity to tour a warship they often only see at a distance when the frigates are on our range."

As part of the festivities, Ottawa put on boarding party displays, contributed a rigid hull inflatable boat for rides around Nanoose harbour, and presented a cheque for \$1,176 to the Boomer's Legacy fund.

Other displays included a Cormorant helicopter from 19 Wing's 442 Squadron performing a search and rescue demonstration with the Coast Guard Life Boat Cape Cockburn, a Sea King helicopter from 443 MH Squadron on the ground open for tours, and a 105mm howitzer from 56 Battery 5th Royal Canadian Infantry, whose crew allowed three lucky ticket winners to each fire a blank round. The draw netted the GCWCC nearly

Fleet Diving Unit (Pacific) brought their usual "A" game,

North of Esquimalt it's rare to get up close to a frigate, so I think people took advantage of this superb opportunity.

-Cdr Gerry Powell CFMETR Commanding Officer staging a presentation that attracted a constant stream of visitors; crewmembers from *HMCS Victoria* wowed the crowd with a functioning Mark-48 heavyweight torpedo shape, and the Naden Band's Dixieland group brought smiles to the faces of anyone within earshot.

Displays by the RCMP Underwater Recovery Team, the Canadian Coast Guard, Royal Canadian Marine SAR, and the Regional District of Nanaimo brought depth to the day, demonstrating the cooperation that allows CFMETR, with a workforce of just 70 military and civilians, to punch well beyond its weight.

"That is one element we definitely wanted to show off," said Cdr Powell. "We aren't the size of a base like CFB Esquimalt, but we are well supported by them here at Nanoose Bay. We also rely heavily on the very close relationships we have nurtured with our regional partners. I'm confident the public took away from this day how well they are served by the various arms of government, and how unique and effective a facility they









WO R. Diwald accepts the Rotation Bar to the General Campaign Star - South-West Asia Medal from Capt(N) C.S. Earl, Commanding Officer of Fleet Maintenance Facility (FMF) Cape Breton.





Capt(N) C.S. Earl is presented a Certificate of Appreciation for his outstanding support to DGMEPM. Presented by CPO1 D. Bell, A/Unit Chief of Fleet Maintenance Facility Cape Breton.



H.G.F. CPO2 Young receives The Meritorious **Unit Commendation from** Chief of Naval Operations, Whidbey Island. His contribution to NOPDWI between July 7, 2008 and July 1, 2011 was critical to ensuring that Maritime Forces Pacific, USN Third Fleet and USN Seventh Fleet commanders were aware of all undersea activity in the Pacific. The award is presented by Capt(N) C.S. Earl, Commanding Officer of Fleet Maintenance Facility Cape Breton.



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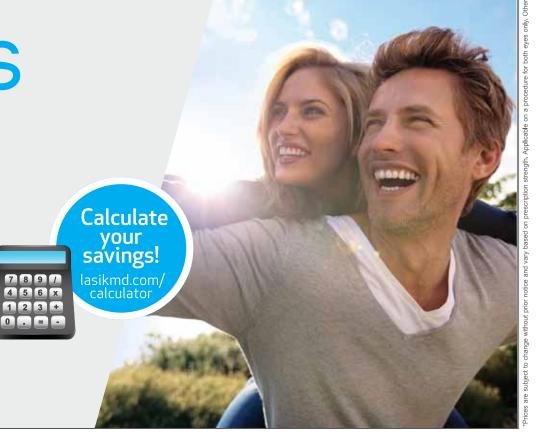
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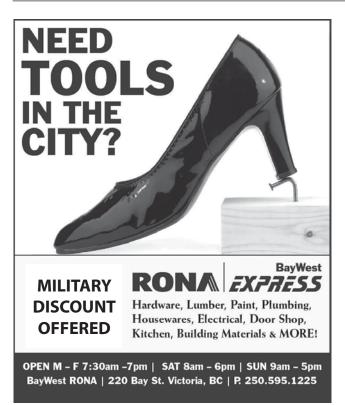
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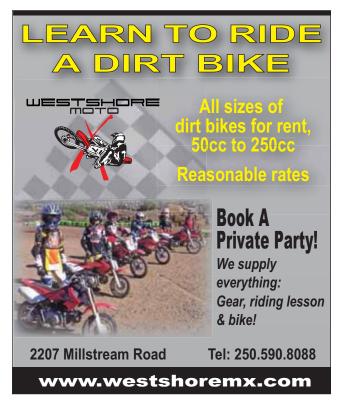


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The Military Police Unit Esquimalt would like wish Sqt Mike Oliver and the 2013 Tour de Rock team the best of luck on their two week journey across Vancouver Island. The trip will cover 1,000 kilometres on bicycles, stopping at several communities on the way to raise awareness and funding for pediatric cancer research. The ride kicked off on Sept. 22 in Port Alice and will finish in Esquimalt on Oct. 4. For those wishing to support this worthwhile cause, donations can be made by visiting www.copsforcancerbc.ca or through the Canadian Cancer Society website.

NON ATHLETIC SPORTS DAY!!

Albert Head • October 18 • 9 a.m. start • \$20 per person

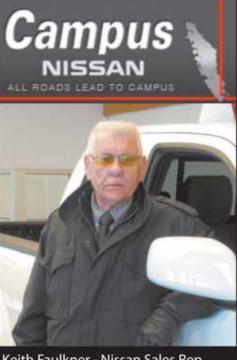
Activities include: Frisbee Golf **Hockey Shoot Turkey Shoot**

Wii Bowling Mini Golf Air Hockey **Foosball**

Ping Pong 50/50 Draw Non-Perishable Food Collection



Call/e-mail MS Denton to confirm attendance: 250-391-4103 NLT Oct. 15 Lunch: BBQ Steak or Chicken with all the fixings!



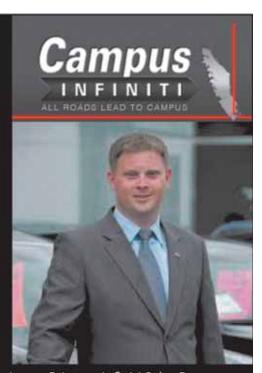
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PPCLI army cadets showcase their program to public

Capt Grant Whittla 2483 PPCLI RC(Army)CC

2483 Princess Patricia's Canadian Light Infantry, Royal Canadian Army Cadet Corps opened its doors to new recruits and their families, as well as Corps sponsors and donors on Tuesday, Sept 17 as they prepared for their 61st training year.

The Interactive Open House saw lots of community interest in the Army Cadet Program in Esquimalt, with the Corps cadets talking to possible new recruits (and their families) about the marksmanship program, band, orienteering, local, regional and national expeditions, as well as what the overall Canadian Cadet movement is all about. Cadets is about:

- teaching youth to become better citizens and leaders
- promoting physical fitnessinstilling an interest in the
- Canadian Armed Forces

Cadets is a non-profit,

Department of National Defence sponsored youth organization for people between 12 and 18 years of age.

The Canadian Cadet movement is always looking for new cadets and adults who are interested in becoming a Cadet Instructor Cadre Officer supporting this program. As well, there are no mandatory fees attached to being an Army Cadet, and these youth can earn high school credits for various aspects of the Cadet program.

2483 PPCLI RCACC parades Tuesday evenings from 6:20 to 9:10 p.m. in the Nixon Gym at Work Point Barracks, with its headquarters, administration and supply located at 455 Head Street in Esquimalt.

If your child is interested in joining, come down on any Tuesday evening and the Commanding Officer and Corps Staff will show you why this is the best youth program in Canada.

The Canadian Cadet movement is always looking for new cadets and adults who are interested in becoming a Cadet Instructor Cadre Officer.



Top: Cadet MCpl Quinn Patton displays aspects of the corps marksmanship program to possible new recruits and their families.

Left: Cadet Sgt Thomas Saikaley (right) speaks about the corps band program.

Right: Cadet MWO Austin Bowles (right) and Cadet Sgt Nick Steffan (left) talk about the cadet expedition program. MWO Bowles recently returned from an expedition on Haida Gwaii.









STRENGTH

MS Peter Reed, Underwater Imaging Dept FDU(A)

Fleet Diving Unit (Atlantic) presents the name changing and unveiling of the PO2 Craig Blake Memorial Park. FDU (A) Commanding Officer, LCdr Stephan Julien and past FDU (A) Commanding Officer, LCdr Roland Leyte unveil the PO2 Blake plaque on Sept. 21.

www.lookoutnewspaper.com

Experience

Canucks Day Trip Packages Sunday, November 17 vs Dallas 5pm Sunday, December 8 vs Colorado 5pm Sunday, January 26 vs Phoenix 5pm Sunday, March 23 vs Buffalo 5pm Sunday, April 13 vs Calgary 5pm

Package includes upper bowl ticket*, charter bus transportation to/from Vancouver & ferry. Bus departs CANEX at 9:45 am on game day and returns on 9pm ferry.

Packages starting at: Adults: \$195 + tax Children: \$150 + tax (13 years & younger)

To book, please contact: Shawn @ Be A Fan 250.920.5483 *ticket upgrade available at additional cost.

Nova Scotia community dedicates park to local hero

Capt Tyrone Grande Fleet Public Affairs

Family and friends of a fallen soldier gathered on the grassy field of Montebello Park on Saturday, Sept. 21. As the sun began to shine through the clouds, the emcee gathered everyone closer together to remember.

Petty Officer Second Class (PO2) Craig Blake was killed in Afghanistan by an improvised explosive device while serving his country on May 4, 2010. As a Clearance Diver at Fleet Diving Unity (Atlantic) for the Royal Canadian Navy in Halifax, Nova Scotia, PO2 Blake was trained and deployed as a highly specialized Explosive Ordnance Disposal profes-

Just over two weeks into his time overseas, his vehicle sustained an explosion on the way back to his base that killed him and severely wounded a fellow comrade and friend.

"PO2 Blake wasn't just a member of the Royal Canadian Navy. He was also an active member of his community participating as a local hockey coach and triathlete. He was also a loving father and husband to his wife and two sons," said Councillor Darren Fisher, District 6, at the ceremony to rename a park in PO2 Blake's honour.

The ceremony led by the Halifax Regional Municipality and PO2 Blake's wife, Priscilla, and two sons, Ty and Cain, officially renamed Montebello Park in Dartmouth to the Craig Blake Memorial Park. The occasion was well attended by much of the local community where PO2 Blake resided including city officials, Fleet Diving Unit (Atlantic), and members of PO2 Blake's former cycling club and the Dartmouth Whalers hockey team where he had volunteered as a coach.

"A navy doesn't stand alone without the support of its community," said Rear Admiral John Newton. Commander Maritime Forces Atlantic. "Ceremonies like this help us to remember the continued dedication of our sailors and members of our community like PO2 Blake who have made the ultimate sacrifice in service to Canadians. It is our communities who enable us to continue serving at home and abroad. Thank you so much for your support."

The ceremony concluded with PO2 Blake's friend and follow triathlete, Cory Tetford, singing a song for all to remember him by, followed by a Sea King flypast from 12 Wing Shearwater and a community barbecue.

Since the loss of PO2 Blake, the local community and Canadian Armed Forces have annually remembered him at the PO2 Craig Blake Memorial Fitness Challenge held each year in September by way of a mini-triathlon to help keep members in uniform healthy and prepared. The renaming of this park will now be a permanent dedication in PO2 Blake's memory for years to come.

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Military Police Unit (Esquimalt) conducted a Change of Command ceremony with Cdr Lucie Tremblay, Commander of the Naval Military Police Group, as the reviewing officer.

Photos by Corporal Brandon O'Connell, MARPAC Imaging Services



Outgoing Military Police Unit Commanding Officer, Maj Bernard St-Pierre (left) and incoming Commanding Officer, Maj Michael Lemire (right) sign the Change of Command certificates. Reviewing Officer Cdr Lucie Tremblay (centre) supervises the exchange during the Military Police Unit (Esquimalt) Change of Command ceremony at building N67 on Sept. 11.



Cdr Lucie Tremblay and CPO1 Peter Godin presents Cpl Curtis Haney with a Naval Military Police Group Commendation.



Captain Pamela Harris presents Maj Victor Ethier with a departure gift on his retirement from the Military Police Unit.



Cdr Lucie Tremblay and CPO1 Peter Godin presents Cpl Belinda Crawford with a Naval Military Police Group Commendation.



MWO Daniel Menard presents Maj Victor Ethier with a departure gift on his retirement from the Military Police Unit.



Maj Bernard St-Pierre presents Maj Victor Ethier with a departure gift on his retirement from the Military Police Unit.



Cdr Lucie Tremblay and CPO1 Peter Godin presents Cpl Nezir Kajan with a Naval Military Police Group Commendation.



Capt Pamela Harris (left) and MWO Daniel Menard (right) present outgoing Military Police Unit Commanding Officer, Maj Bernard St-Pierre (centre) with a departing gift.



Cdr Lucie Tremblay presents Maj Victor Ethier with a certificate of service.



HMCS PROTECTEUR AWARDS PRESENTATION SEPTEMBER 17, 2013, CFB ESQUIMALT

Photos by Master Corporal Angela Abbey, MARPAC Imaging Services



Cdr Todd Bonnar, Commanding Officer of HMCS Protecteur, assisted by Lt(N) Jackie Geiger in the Edestrand in the promotion of Cpl Jesse Pallister. promotion of MS Derek Robbins.



Cdr Todd Bonnar is assisted by CPO2 Richard



Cdr Todd Bonnar presents Lt(N) Scott Cooper with the General Campaign Star.



Cdr Todd Bonnar, assisted by PO1 Kirk Mellor, promote LS Charles Davis.



Cdr Todd Bonnar is assisted by Lt(N) Jackie Geiger in the promotion of LS Chase Halyk.



Cdr Todd Bonnar presents OS Preston Ralph with the Operational Service Medal.



Cdr Todd Bonnar is assisted by SLt St-Louis and CPO2 Todd Taylor in the promotion of LS Kirk Ellis.



Cdr Todd Bonnar is assisted by Lt(N) Stephane Cdr Todd Bonnar presents AB Ryan Lasaga with the Beaudoin in the promotion of AB Benjamin Warrener.



Operational Service Medal.



Cdr Todd Bonnar is assisted by Lt(N) Stephane Beaudoin in the promotion of LS Chris Avison.



Cdr Todd Bonnar is assisted by Lt(N) Jackie Geiger in the promotion of AB Dale Munster.



Cdr Todd Bonnar presents OS Christopher James with the Operational Service Medal.



Cdr Todd Bonnar presents SLt Garrett Aitken with the Operational Service Medal.



Cdr Todd Bonnar presents MCpl Stephen McNeil with a Bravo Zulo coin.



Cdr Todd Bonnar presents LSAdam Flegel with the Sailor of the Month award for August.



Cdr Todd Bonnar presents MS William Moores with a Bravo Zulu coin.



Cdr Todd Bonnar presents Capt Brian Norwick with a Bravo Zulu coin.



Cdr Todd Bonnar presents PO1 Nels Jensen with a Citation/Unit Commendation on behalf of the United States Navy.



Cdr Todd Bonnar presents MS Casey Clarke with a Bravo Zulu coin.



Cdr Todd Bonnar's Bravo Zulu coin recipients pose for a photo.



Cdr Todd Bonnar presents OS Thomas Leblanc with the AOR Auxiliary Machinery Operator Certificate



Cdr Todd Bonnar presents AB Christopher Swain with a Bravo Zulu coin.



Cdr Todd Bonnar presents LS Virasak Phonpaseuth with the Sailor of the Month for the month of June.



Cdr Todd Bonnar presents OS Christopher Cale with the AOR Auxiliary Machinery Operator Certificate 1A.



Cdr Todd Bonnar presents LS Daniel Kleer with a Bravo Zulu coin.



Cdr Todd Bonnar presents LS Andrew Vincent with the Sailor of the Month for the month of July.



Cdr Todd Bonnar presents AB Owen McMillan with the AOR Auxiliary Machinery Operator Certificate

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CAREGIVING SHARE SOMEONE with dementia? The Alzheimer Society of B.C. has support groups for caregivers. Contact the Alzheimer Resource Centre at 250-382-2052 for info and to register. STV TUNA IS LOOKING

for CF/Ex-CF/DND civillian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please contact Sgt Steve Wright 902-427-4417 or steven.wright@ forces.gc.ca or check us out on facebook (STV Tuna) for more information.

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3005 11 Svc Bn ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005army@ cadets.net

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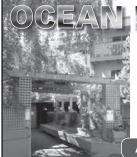
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