



Good-bye





2013



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LOOKOUT

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Sending Regina to sea seaworthy

Shawn O'Hara
Staff Writer

It will be a point of pride for Fleet Maintenance Facility (FMF) Cape Breton when *HMCS Regina* leaves its homeport for international waters this week.

Throughout the warship are the results of more than 27,000 hours of hard work preparing the ship for Operation Artemis, a major deployment to the Arabian Sea to participate in maritime security and counter-terrorism operations.

"It is no small task preparing a ship for deployment," says Lt(N) Mohamed Gudal, Deputy Program Manager for FMF. "It takes the combined efforts of many of our shops to get a ship technically ready, and it's usually done under a very tight schedule. It's the kind of work we pride ourselves on."

The FMF team prepared *Regina* for its operation during the ship's Short Work Period from Oct. 21 to Nov. 29, 2013; 135 jobs were completed.

These jobs ran the gamut of mission fits, new system installations, communications fits, system upgrades, diesel generator repairs and upgrades, and inspections and certifications.

"Our ability to work together and provide all facets of a job together is our greatest strength," says Lt(N) Gudal.

One of the largest jobs was the upgrades

to *Regina's* diesel generators. These generators provide power to the ship's system and are integral for its operation.

"We conducted work on *Regina's* diesel generators that implemented product improvements to ensure enhanced reliability for the generators," says John Yardley, Work Centre Supervisor of the Diesel Shop at FMF. "Necessary materials were obtained, and in partnership with industry, the required work was carried out."

The Diesel Shop partnered with Wartsila Canada, a Finnish corporation that manufactures and maintains combustion engines. They split up work on the generators between the two teams.

"It was a great partnership and we're very happy with the work we both did," he says.

This work was just one piece of the overall ship preparations. Lt(N) Gudal says FMF thrives on the challenge and its employees pride themselves on meeting their schedule.

"To be able to get this mammoth amount of work done in this amount of time is definitely a point of pride," he says. "When we stick to the schedule and get our work done we know we're rising to the challenge and providing the crew with the best ship possible. It feels good."

Regina, its crew and an embarked Sea King helicopter and air crew left Esquimalt Jan. 6 for an eight month deployment. They are replacing *HMCS Toronto*.

Colouring Contest Winner!



Shawn O'Hara, Lookout Personnel Support Programs Recreation Sports Day Colouring Contest winner Justin Verrier, 6, stands with brother Samuel, 7, and mother Sonia Chabot as he displays his winning art. Justin won ski passes for four to Mount Washington.

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Christine Duggleby reads an Imagination Library book to daughter Ellorie and son Conall at the Colwood Activity Centre.

Imagination Library: don't miss out on registering your child for free books

Jon Chabun
MFRC

Since its start in August 2010, military families at CFB Esquimalt have signed up 329 newborns for the MFRC's Imagination Library.

PO1 Jeremy Duggleby and his wife Christine's son Conall has received over two dozen books from this program through the first two years of his life.

"We know that reading is important," says Christine, who describes her family as already having a love for reading. "A book is a gateway to imagination."

Conall is not the only child enjoying the books in the Duggleby house. His four-year-old sister Ellorie enjoys the monthly treat as well, often paraphrasing the stories to her younger sibling.

"My kids love feeling they are getting something special in the mail each month," says Christine. "For them to have a new book is fantastic. It gives them a glimpse into a new world. It opens them to new authors and stories we might not gravitate towards."

She believes the books available

through the Imagination Library act as "springboards" for growth in each of her children. She says it "helps facilitate dialogue" with their children and aids in their problem solving. It also spurs their curiosity. When they read the children a story of how Spot went to the library, they want to go to the library and check out more books featuring Spot.

Andrea Callaghan also sees the benefits of the program for her family.

"We love the Imagination Library," she says. "My oldest daughter associates receiving a book in the mail to reading with her father. This is great when he is home, but when he is away she stacks the books and looks forward to reading them with him when he gets back. She loves it."

"I have to admit that receiving the books helps keep me in line when it comes to reading to the girls," says Callaghan. "It's easy to get caught up in the day-to-day and lose sight of the importance of reading to your kids - the books are a great reminder."

The Imagination Library provides children a free, high-quality age-appropriate book each month from birth to

the age of five.

"It is important to read regularly with small children to help with their development," says Linda Scott, program manager at the MFRC. "It's a fantastic family activity. The kids learn new skills and it sets them up for success in dealing with the stresses of the military lifestyle."

Families with babies born to serving regular force members and class B/C reservists at CFB Esquimalt are eligible to register. Families can register after the baby is born by showing military identification and the baby's health card or birth certificate at the Esquimalt MFRC of babies born in 2013 have until Jan. 31, 2014, to register.

An initial donation from the "The Homecoming" statue committee in 2010 made this program possible. Future donations ensure that the program can continue to run in future years.

If you are interested in supporting programs like the Imagination Library, please call the MFRC at 250-363-2640 or donate online at www.esquimaltmfrc.com.

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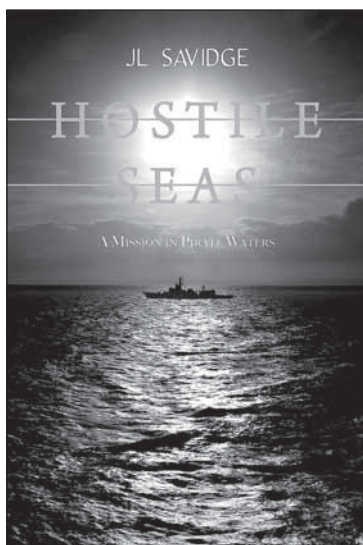
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BOOK Review Hostile Seas: A Mission in Pirate Waters



Lt(N) Melissa Fudge
HMCS Queen Charlotte

Hostile Seas: A Mission in Pirate Waters, written by LCdr Jennifer Savidge, Naval Reserve

Intelligence Officer, is a personal, creative, and descriptive account of life onboard *HMCS Ville de Québec* during its deployment to the Indian Ocean at a time of escalating piracy in 2008.

In response to the high piracy threat, *Ville de Québec* was re-tasked from its original NATO mission in the Mediterranean (Operation Active Endeavour) to escort numerous cargo ships carrying food aid on behalf of the UN World Food Program to Mogadishu, Somalia.

LCdr Savidge also imparts a distinctive and personal account of Somali piracy, examining the ongoing state of social, political and economic unrest that enables piracy to thrive in the waters around the Horn of Africa.

In her book, LCdr Savidge provides accounts of ship rituals, customs and traditions that

are widely known but seldom printed for general consumption. Through various passages of witty and honest depictions of the daily shipboard routine, she illustrates the importance of camaraderie on board the ship, as well as the need for self-expression and a sense of purpose.

Although the book is predominantly a non-fiction memoir, LCdr Savidge incorporates a short fictional story of a Somali pirate named Abdi. Through the descriptive story line of the Abdi character, the author offers an alternate view of piracy as a profession. After 20 years of intermittent civil war and years of famine, piracy seems like a tangible solution to escape poverty.

LCdr Savidge writes, "the reality of modern-day piracy contradicts notorious historical figures

or their fictional counterparts seen in Hollywood movies... these are young Somali men, mostly uneducated teenagers equipped with dangerous AK-47s and rocket-propelled grenades driven by opportunity and greed."

Overall, *Hostile Seas* is entertaining, educational, and engaging in its exploration of life at sea and Somali piracy. LCdr Savidge provides an honest account of her personal perspective and experiences onboard the naval frigate, *HMCS Ville de Québec*.

Hostile Seas: A Mission in Pirate Waters is available for sale in most Chapters and independent bookstores, as well as for online order at Amazon.ca and Indigo.ca. The author's profits from royalties will be donated to VIDEA's (videa.ca) Orphan and Vulnerable Children Education Fund.

SPORTS trivia by PO1 Bill Sheridan Contributor

- Who is credited with being the first NHL coach to pull his goalie for an extra skater?
- Pierre Turgeon and Stephane Matteau represented Canada in 1982 for what international tournament?
- What tennis star was nicknamed Ivan the Terrible?
- Which former player holds the NBA record for most rebounds?
- Who wrote "The Way of The Fight"?
- Where did the Memphis Southmen originate?
- Who penned the song "Big League"?
- Who scored the lowest PGA one day score ever?
- Whose sweater was the first to be retired by the NJ Devils?
- Who has scored the most World Cup goals?
- Who was the only Rookie of the Year with the USFL?
- Aerials, Moguls and Ski Cross are what type of skiing?
- Who is the all-time winningest coach for the NY Rangers?
- What stadium's home plate is encased in glass in the building built in its location?
- In what sport would you find a non-playing position called secretary?
- Who owned a rink in Los Angeles and created a resurfacing machine?
- What was the name of the coach in the Bad News Bears movies?
- What tournament has the Sweet Sixteen, Elite Eight and the Final Four?
- What in baseball scoring is an E5?
- Who is quoted as saying "Sport has the power to change the world. It has the power to unite people in a language they understand. Sport can create hope where once there was only despair. It is more powerful than governments in breaking down racial barriers. It laughs in the face of all types of discrimination"?

1. Frank Boucher of the Rangers as he pulled Dave Kerr.
2. Little League World Series, Team from Rouyn, Quebec
3. Ivan Lendl
4. Wilt Chamberlain.
5. Georges St Pierre
6. Toronto, in 1974, the Liberals under Pierre Elliott Trudeau threatened to pass a Canadian Football Act to prevent the World Football League from creating an expansion franchise in Toronto. The bill was never passed, but the league backed off and Memphis got a team.
7. Tom Cochran
8. It was done six times, but the first was Al Geiberger, they shot 59.
9. Scott Stevens
10. Ronaldo has scored fifteen goals.
11. Jim Kelly, quarterback, later with the Bills
12. Freestyle Skiing
13. Emile "The Cat" Francis
14. Forbes Field in Pittsburgh
15. Water Polo, the secretary must maintain the record of the game, goals, fouls, and time outs.
16. Frank J. Zamboni
17. Morris Buttermaker
18. NCAA Men's Basketball Championships
19. An error to the third baseman.
20. Nelson Mandela.

Tragic death

DND

Lt(N) Andrew F. Webster, a member serving in *HMCS Toronto*, was found dead while off-duty during a scheduled port visit in Victoria, the capital city of the Seychelles, on Jan. 2, 2014. He was found dead in his hotel room at 12:15 p.m. local Seychelles time.

The circumstances surrounding his death are unknown at this time although enemy action has been ruled out and foul play is not suspected. The Seychelles authorities are currently investigating the death and are in regular contact with the Canadian Military Police.

"I am deeply saddened by the death of Lieutenant (Navy) Andrew Webster, which occurred while he was deployed overseas, during a port visit in the Seychelles. Our thoughts and prayers are with the member's family, friends and colleagues," said Gen Tom Lawson, Chief of the Defence Staff.

HMCS Toronto, based out of CFB Halifax, has been serving in the Arabian Sea providing maritime security as part of Operation Artemis.

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Two soldiers make it to 100 most powerful women list

Jane Houser
Canadian Army Public Affairs

Twenty years after she joined the Canadian Army, people still ask Maj Eleanor Taylor why she chose the infantry.

"Why wouldn't you choose the infantry?" she replies.

Looking for adventure outside the town limits of Antigonish, Nova Scotia, Maj Taylor's career in the army has taken her to Kosovo, Bosnia, and in 2010 to Afghanistan where she was the first woman to command a Canadian infantry company in combat.

Most recently, however, it's taken her to Toronto where she and LCol Krista Brodie were named to Canada's Most Powerful Women: Top 100 list, compiled each year by the Women's Executive Network.

"Having been nominated is an example of the army's commitment to championing its leaders," says LCol Brodie, a logistics officer currently serving as the Chief of Staff of the Canadian Materiel Support Group. "I joined the army because I wanted to serve our nation in a meaningful way and the army has offered countless opportunities to contribute to Canadian society and to help others around the world."

With 25 years of service in the army,

LCol Brodie has qualified as a Military Freefall Parachutist, deployed to Croatia, Bosnia and Afghanistan, and was the first woman to command 1 Service Battalion.

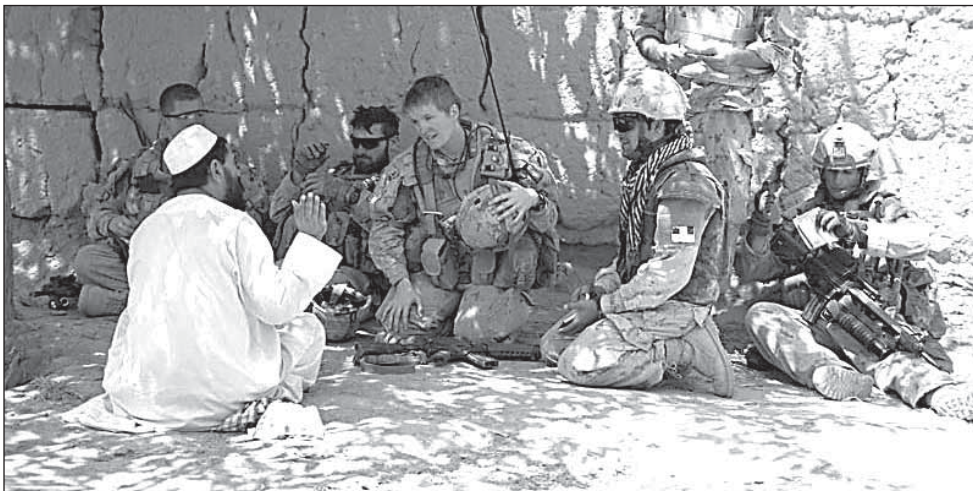
The Women's Executive Network exists to inspire smart women to lead, and the annual Top 100 awards are given to celebrate the professional achievements of strong female leaders across the country from a diversity of backgrounds and fields.

Nominated in the "Public Sector" and "Trailblazers and Trendsetters" categories respectively, LCol Brodie and Maj Taylor have been recognized not only for the unique roles they occupy as female leaders, but for their influence and contributions within the Canadian Army.

"To be singled out seems strange because none of us can do our jobs on our own. We are more powerful together," says Maj Taylor. "However, our nomination for this award is another example of the army fostering its leaders and for that I am grateful."

"Army culture conditions us to be humble warriors," says LCol Brodie, "but being recognized like this reminds us of our collective obligation to use our influence to create opportunities for others and to develop the next generation of leaders."

"Anything is possible," Maj Taylor agrees. "Just live and lead with conviction."



Major Eleanor Taylor (centre) speaks with a local village leader in Afghanistan in 2010.



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Celebrating 40 Years

HMCS Algonquin

Above: Current crew members of HMCS Algonquin pose for a group photo on the quarterdeck Nov. 8, to commemorate the 40th anniversary of the ship.

Right: LCdr William Barlow (left), Executive Officer of HMCS Algonquin, shares a laugh with Cdr Ryan Tettamanti (centre), Commanding Officer, and CPO1 Norman Cawthra, Coxswain, during the ceremonial cake cutting held in the ship's hangar.



Photos by LS Ogle Henry, MARPAC Imaging



Historical photographs adorned a table in HMCS Algonquin's hangar during the celebration.

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Photo by SLt Kord Rainczak

HMCS CALGARY: AT SEA PREPARING FOR READINESS STATUS




Photo by SLt Kord Rainczak



Top: OS Tommy-Lee Patenaude fires rounds into the Hammerhead target.
Above: Calgary's 57mm gun fires off the port side using its bridge oriented Gun Laying Unit.
Left: LS Matt French loads the Multi Ammunition Soft-kill System (MASS) launcher.
Below left: Recently NOPQ qualified Bridge Watch Keeper Lt(N) Ben Roberts makes a passing arrangement with an American aircraft carrier.
Below right: AB Joe Tong works out on the flight deck against an idyllic backdrop.






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Operation Renaissance - around the world in four days, Globemaster style

Capt Jennifer Faubert
PAO

How many nautical miles does it take to fly around the world?

The answer is roughly 21,500, a feat that two CC-177 Globemaster III aircraft and seven crews flew approximately every two days, delivering supplies, equipment and personnel to the Philippines in support of Operation Renaissance, the most recent Disaster Assistance Response Team (DART) deployment.

According to Lieutenant-Colonel Jean Maisonneuve, commanding officer of 429 Transport Squadron, located at 8 Wing Trenton, Ontario, there were seven crews prepositioned along the route – or air bridge – to ensure there was no disruption in flying time for the constant flow of aircraft.

“I mentioned to my fellow Bisons at the start of this operation on Nov. 11 that this would be one for the history books and I firmly believe it is. I’m very proud to be the commanding officer of such a fine unit,” said LCol Maisonneuve.

“My guys did an unbelievable job. It

is a milestone for the [Globemaster] and one of most significant airlifts in Canadian Armed Forces history.”

(Bisons is the nickname for the squadron members, as the central image in their squadron’s badge is a bison’s head.)

The Globemaster flew nine chucks (or flights) in 19 days, hauling more than 860,000 pounds (more than 390 tonnes) of equipment, vehicles, food, medical and humanitarian supplies from government and non-governmental organizations. The average trip per aircraft was three days – with about 48 hours of flight time from Trenton into the DART’s logistic hub situated at Iloilo airport on the Panay Islands in the Philippines.

It was also a high-tempo month for Cpl Chris Blanchette, an avionics technician.

“I was lucky enough to launch the first aircraft out of Trenton and be part of the mission to fly out here,” he said. “The maintainers at home have been working really hard to make sure these jets turn and make it back home and here I am heading home on the last flight. Because of this hard work, the aircraft can boast a 100 per cent

serviceability rate.”

In addition to supporting Operation Renaissance, 429 Squadron is also continuing sustainment flights to Afghanistan and supporting other operations around the world.

Approximately 315 DART personnel were in the Philippines providing water purification and treatment, medical attention and facilitating humanitarian aid following the typhoon that hit the Philippines on Nov. 8, devastating the southern island.

Editor’s Note

As of Dec. 9 Task Force Philippines had:

- Made approximately 245,777 litres of purified water available for distribution
- Treated 5,038 medical patients
- Delivered approximately 81,255 pounds of food and 7,800 pounds of shelter and building materials on behalf of non-governmental organizations
- Delivered approximately 59,536 pounds of humanitarian assistance goods on behalf of local authorities
- Cleared 122 kilometres of roads
- Conducted 128 CH-146 Griffon sorties



MCpl Marc-Andre Gaudreault, Canadian Forces Combat Camera
A Royal Canadian Air Force CC-177 Globemaster aircraft sits on the tarmac of Iloilo city airport during Operation Renaissance on Nov. 17.

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Year's best images revealed

Jen Seipp
CFMWS

The 45th Annual Canadian Armed Forces Photography Contest wrapped up Nov. 29 with a formal awards ceremony at the Canadian War Museum in Ottawa. The winning images showcased an impressive variety of subjects, with photos of work and play, families and communities, nature and city life all sharing the spotlight.

The Canadian War Museum, which boasts its own significant collection of military photography, provided a fitting venue for this event. As an added bonus, each of the major award winners also received a private, after-hours tour of the museum.

This year, LGen Guy Thibault, Vice Chief of the Defence Staff, joined the contest as its new patron. In addition to overseeing the contest as a whole, in this role LGen Thibault also selected one stirring photo, Sgt Philip Kusche's "Leading the Way," to honour with the VCDS Award for the best image of military life.

"I chose this photo because it serves as a reminder that soldiers are people with fami-

lies, stories and lives outside of the CAF. These are the people we are supporting. This is the power of good photography: to make you stop and think," LGen Thibault remarked.

For CFB Esquimalt's AB Rommel Billanes, winner of Best in Show - Advanced and People's Choice Award, 2013 marked the third consecutive year that he created a winning portrait of his daughter. This year's image, "War Child", honours the experiences of children in war-torn countries.

To view the winning images visit www.cafphotocontest.ca.

Major Award Winners:

- Best in Show - Novice
Capt Henry Leung, "Dancers"
- Best in Show - Advanced
AB Rommel Billanes, "War Child"
- Photographer of the Year - Novice
Lt Scott Beeston
- Photographer of the Year - Advanced
LCol (Ret) Jean Lapointe
- People's Choice Award
AB Rommel Billanes, "War Child"
- VCDS Award
Sgt Philip Kusche, "Leading the Way"



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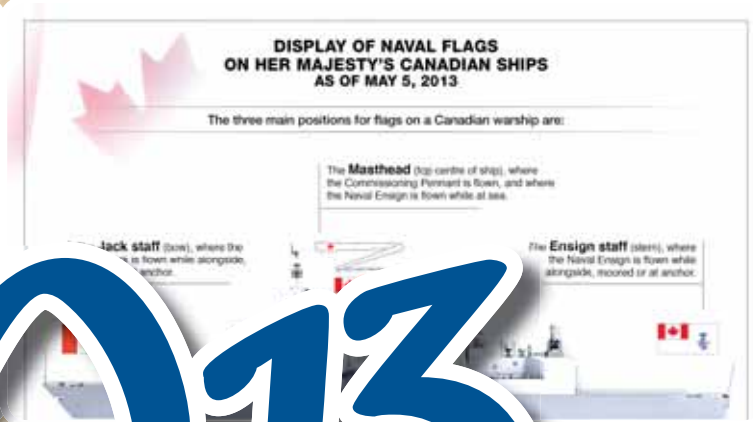
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2013 Year in

January

Lt(N) Bob Cookson was awarded the Order of Military Merit for his distinguished service. Cdr Tim Allen referred to the award as the "Stanley Cup of merit awards" as it is only awarded to about one in 1,000 service members.

HMCS Regina disrupted a drug exchange off the coast of Yemen Jan. 11 when it observed a large dhow transporting bales of probable narcotics to a small motorized skiff. Once detected, the dhow's crew tossed the bales into the ocean. None were recovered.

HMCS Toronto sailed to the Arabian Sea Region to relieve *HMCS Regina* during Operation Artemis, Canada's participation in maritime security and counter-terrorism in the Arabian Sea.

February

Lt(N) Bruno Snow, CFB Esquimalt's cuddliest officer, received a change of dress to reflect the reintegration of the Navy Executive Curl. The stuffed bear received a new hand tailored uniform from Mia's Tailor Shop after a local veteran noticed he was in improper dress.

Veterans Affairs Minister Steven Blaney announced 2013 as the Year of the Korean War Veteran, to recognize the 60th anniversary of the conflict. "It is our duty to pay tribute to the more than 26,000 Canadian men and women who came to the aid of South Koreans and the 516 Canadian's who gave their lives defending them," said Minister Blaney.

Former intelligence officer Jeffery Paul Delise was expelled from the Canadian Armed Forces after being convicted of espionage. Delise was sentenced to 20 years in prison for passing top secret information to Russia over a five year period, and had his commission revoked.

March

Mia Larson of Mia's Tailor Shop received the Queen's Diamond Jubilee Medal after nominations to reflect her service to CFB Esquimalt. Over 50 years, the now-retired seamstress stitched thousands of service members' uniforms and mounted hundreds of medals. "She's mounted so many medals we thought it would be nice if she was awarded one herself," said Donna Baird, a long-time employee.

HMCS Regina returned after eight months on Operation Artemis. While away the ship patrolled key shipping regions and more than six million square kilometres of international waters, returning home to crowds of ecstatic family and loved ones.

HMCS Toronto intercepted 500 kg of heroin while on patrol in the Indian Ocean March 29. *Toronto's* naval boarding party searched a suspect vessel while conducting maritime security operations and came upon the shipment worth an estimated \$100 million.

April

Chilean Admiral Edmundo Gonzales visited CFB Esquimalt for three days to foster relations between the Royal Canadian Navy. During his stay he visited Dockyard, the Fleet Maintenance Facility, took a trip in an Orca and visited *HMCS Victoria* and *HMCS Calgary*.

Seattle-based fishing trawler *American Dynasty* hit *HMCS Winnipeg* April 23, damaging both vessels. The cause of the crash is still under investigation, but no one was seriously injured.

HMCS Ottawa was awarded the J.J. Kinley Award for the crew's work off the coast of Costa Rica during Operation Caribe. During that time *Ottawa* was responsible for the interception of over \$29 million worth of cocaine and other illicit drugs.

May

Former Defence Minister Peter McKay unveiled a new Canadian Naval Ensign May 5. The new ensign, previously known as the Canadian Armed Forces Naval Jack, is now flown by Naval Reserve Divisions and other designated units.

A memorial was unveiled in Royal Oak Burial Park May 8 commemorating World War One hero LCdr Rowland Bourke. He saved 38 sailors from the sinking blockship HMS Brilliant, earning him the Distinguished Service Order. He was also awarded the French Legion of Honour and the Victoria Cross for saving three sailors from a sinking Royal Navy ship while his own ship sustained 55 hits.

HMCS Toronto had a big month for drugs busts, intercepting a total of 195 kg of cocaine, 617 kg of heroin and six tonnes of hashish over four separate searches. Former Minister of National Defence Peter McKay said of the busts, "Their continued success deters and denies terrorists the use of the maritime environment and contributes to safeguarding Canada and Canadians."

June

VAdm (Ret'd) Paul Maddison hauled down his signal after 35 years service to the Canadian Armed Forces (CAF). He was replaced by VAdm Mark Norman, who took command earlier that week.

The CH-124 Sea King helicopter was honoured following 50 years of service to Canada. The first 41 Sea Kings, originally designated CHSS-2, were ordered from Sikorsky Aircraft, the first of which arrived in Shearwater, Nova Scotia in 1963.

The CFB Esquimalt Fire Department celebrated the official opening of its new Fire Hall in early June. The new hall is 4,438 square metres with two stories and five drive-through bays for vehicles. "The staff is ecstatic," says Fire Chief Steve Mullen. "The living space, storage, and work space is more spacious so there's a lot more room to breathe."



July

Capt(N) Luc Cassivi took over the post of Base Commander from Cmdre Bob Auchterlonie, who moved into the position of Commander of Canadian Fleet Pacific (CANFLTPAC).

The Department of National Defence provided assistance in the form of personnel and aircraft to Albertans affected by severe flooding. Deploying to Southern Alberta, personnel surveyed damage, piled sandbags, and rescued civilians in need.

CFB Esquimalt Fire Fighters responded to a blazing inferno close to home as Esquimalt's iconic Tudor House Pub burned to the ground July 14. The fire tore through the 109-year-old structure, which had become a landmark for citizens and military personnel alike.

August

HMC Ships *Algonquin* and *Protecteur* had their Westploy trip cut short Aug. 30 when the ships collided during a towing exercise. *Protecteur's* bow plunged through the side of *Algonquin's* hangar, causing both ships to return to CFB Esquimalt for repairs.

HMCS *Ottawa* returned home from a two-month deployment to South American waters with Operation Caribe. Family and loved ones greeted the crew as they returned home after supporting counter-drug operations off the coast of South America.

The CFB Esquimalt Nijmegen March team returned from the annual Dutch trek with top honours. The team was awarded the Woodhouse Trophy, the top Canadian award for the march, which commemorates the liberation of Holland during World War Two.

September

The Royal Canadian Navy hosted military personnel from around the world during the 2013 Western Pacific Naval Symposium (WPNS) Senior Enlisted Working Group. During the WPNS, dignitaries from 24 nations discussed leadership and projects related to sailors at the non-commissioned level.

LGen Guy Thibault replaced VAdm (Ret'd) Bruce Donaldson as the Vice Chief of Defence Staff Sept. 11. VAdm Donaldson retired after 35 years in the CAF, passing on the position to LGen Thibault who serves as second in command of the Canadian Armed Forces and Commander of the VCDS Group.

The 2013 Government of Canada Charitable Workplace Campaign (GCWCC) kicked off, with CFB Esquimalt announcing a fundraising goal of \$700,000.

October

HMCS *Toronto* made yet another bust when it intercepted 180 kg of heroin off the Horn of Africa, bringing *Toronto's* total of narcotics intercepted up to 8.8 metric tonnes.

A replica of a Duncan totem pole was presented to HMS Duncan of the Royal Navy by Capt(N) Tim Tulloch, Naval Advisor for the Canadian Defence Liaison Staff London. The presentation was part of the final Type 45 destroyer commission by the RN.

PO2 Robyn Juras of the Naden Band of the Royal Canadian Navy had a quick march she composed chosen as the Princess Patricia's Canadian Light Infantry (PPCLI) Centennial Quick March. The piece, titled the *PPCLI Centennial March*, was performed at the regiment centennial celebration in Ottawa.

November

LS Amber Oldland of HMCS *Ottawa* was chosen to stand vigil for the RCN during the country's largest Remembrance Day Vigil in Ottawa. Each year four sentinels are chosen, one from each branch of the military and the Royal Canadian Mounted Police, to stand ceremonial vigil over the proceedings.

Two Explosive Ordnance Disposal (EOD) Technicians from FDU(P) took a trip to Port Renfrew, B.C., following the discovery of a crashed aircraft, possibly from World War Two. Alongside the wreckage the team found clothing from aircrew and a British Frag 20-lb Mrk III Bomb Tail Fin and its Arming Vein.

Disaster Assistance Response Team (DART) personnel from the CAF deployed to the Philippines to assist with relief efforts following super typhoon Haiyan, which took more than 5,000 lives.

December

HMCS *Chicoutimi* hit the water after nine years of repairs, following a fire in 2004. While the submarine won't be deploying until next year, the process marked a big step forward in the repairs and refurbishment of the vessel.

CFB Esquimalt Military Police (MP) officer Sgt Mike Oliver was voted Senior Non-Commissioned Member of the Year for his work in Afghanistan. From February to November in 2012 Sgt Oliver conducted Close Protections work, escorting and protecting visiting dignitaries, politicians, and military personnel.

RAdm Kim Duk-ki from the Korean Navy made a visit to CFB Esquimalt to signify the first Canada-Republic of Korea staff talks. During his visit RAdm Duk-ki visited FMF Cape Breton, got a tour of HMCS *Regina*, and spoke with sailors and staff across the base.



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Local sea cadets reach milestone

Lt(N) Jamie Webb
CO RCSCC Rainbow

Royal Canadian Sea Cadet Corps Rainbow recently turned 95 and celebrated with a special parade at Government House. The cadets were inspected by Lieutenant Governor Judith Guichon and Commander Maritime Forces Pacific Rear Admiral Bill Truelove.

The Lieutenant Governor presented the band with a Drum Major's mace and five silver bugles. In addition, 11 cadets received bronze and silver Duke of Edinburgh awards.

It has been 43 years since Rainbow last paraded at Government House.

95 years of training youth

Founded in 1918, Rainbow was originally called the "Boys Naval Brigade." Many of those first sea cadets went on to join the RCN Volunteer Reserve when it started up in 1923. In that same year, the name was officially changed to the "Sea Cadet Corps." Since the beginning, Sea Cadets have been supported by the Navy League of Canada, itself founded in 1895.

Early training was very hands on with lots of sailing, boat pulling, seamanship, camping, and of course parade-ground work.

The Sea Cadet program grew throughout the great depression and Second World War and spread across the country. In 1941, the RCN officially partnered with the Navy League to jointly support Sea Cadets, and in 1942 King George VI bestowed the honorific "Royal Canadian" to the Sea Cadet Corps and became their first Admiral.

After the war the old



Photo by K.E. Martin

RAdm. H.S. Rayner is seen here inspecting the Guard and pauses to speak to Guard Officer Lt. Hector Renton.

RN/RCN establishment at Comox was commissioned as HMCS Quadra in 1952. Since then, tens of thousands of cadets have spent summers training at Goose Spit in Comox Harbour.

Following unification in the late 1960's, Sea Cadet Officers were formally commissioned into the reserves as members of the Cadet Instructors List. It is now called the Cadet Instructors Cadre, and more than 7,000 officers run 1,150 Sea and Army Cadet Corps and Air Cadet Squadrons across Canada.

Since 1975, girls have been a part of the sea cadet program. Prior to that, a separate "Wrenette" corps existed. Today, boys and girls aged 12 to 18 have opportunities to learn skills such as sailing, first aid, music, seamanship, and leadership as well as participating in summer camps, HMC Ship deployments and international exchanges.

Since the beginning, Sea Cadets have been supported by the Navy League of Canada, itself founded in 1895.

Early training was very hands on with lots of sailing, boat pulling, seamanship, camping, and of course parade-ground work.

The cadet program is currently undergoing a resurgence with parents and cadets drawn to the structure, discipline, organization, and quality training.

Rainbow's Wednesday evening training takes place at Venture, the Naval Officers Training Centre at Work Point, and at Sea Cadet Corps in Sidney, Colwood and Sooke.

RCSCC Rainbow, at age 95, has a solid record of accomplishments. Rainbow sailors have competed nationally, and this year

two cadets will travel to Florida to represent Canada at the North American U19 Regatta.

Equally impressive are the cadets' skills in marksmanship, band, and seamanship. Above all, Sea Cadets is a fun place to learn life-long skills and build enduring friendships. As RAdm Truelove noted at the recent Government House ceremony, "It's cool to be in cadets."

For further information on RCSCC Rainbow visit www.victoriaseacadets.com

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Two CF-18 Hornets from 409 Squadron at 4 Wing Cold Lake, Alberta, take off for Canada from Solenzara Air Force Base in Corsica, France on Dec. 8 following Serpentex 2013.

Inset: Capt Josh Davidson (left) and Capt Matt Zelina (right) from the Canadian joint terminal attack controllers during a training mission in Corsica, France, on Dec. 2.

Photos by Master Seaman Steeve Picard



Air Force concludes Serpentex 2013

Capt Jill Lawrence
RCAF

The Royal Canadian Air Force wrapped up its participation in Serpentex 2013 with its last mission Dec. 6 from the Solenzara Air Force Base in Corsica, France.

The main group of personnel have redeployed to their home units.

“Each participant is going home with a better understanding of multi-national operations and increased expertise in their individual roles,” said Lieutenant-Colonel Luc Girouard, the air task force commander for Serpentex.

Serpentex is an annual, multi-national training event hosted by the French Air Force. Its primary goal is to train joint terminal attack controllers and fighter jets in close air support missions. These missions occur whenever ground troops are in close proximity to their targets and require

close integration between ground and air forces.

From Nov. 25 and Dec. 6, the Canadian joint terminal attack controllers conducted approximately 75 missions with fighters from Canada, France, Spain, and Italy and with other controllers from France, Belgium, Italy, Slovenia, Spain, the United States, and the United Kingdom.

“It was an excellent experience in integrated operations that tested our rules of engagement and collateral damage estimate processes in a more dynamic environment,” said Captain Neil Ryan, a member of the Canadian tactical air control party in the Serpentex tactical operations centre. “These were very realistic scenarios and it resulted in excellent training value for our [joint terminal attack controllers].”

To support this multi-national controllers’ training, the CF-18 Hornet detachment from 409

Tactical Fighter Squadron from 4 Wing Cold Lake, Alberta, typically flew four missions daily for a total of 52 missions throughout the exercise. Fifty one maintainers also gained valuable experience as they adapted to the challenges of maintaining a fleet of six jets overseas. It was a unique experience for even the senior technicians.

“I’ve been in the RCAF for 28 years and this is only my second deployment overseas,” said Warrant Officer Warren Platzer, crew chief of the maintainers. “This is an excellent opportunity, especially for our junior technicians, to bring a different level of knowledge and experience back to the squadron.”

A CP-140 Aurora from 405 Long Range Squadron, located at 14 Wing Greenwood, Nova Scotia, flew three missions from its base in Sigonella, Italy, to provide intelligence, surveillance and recon-

naissance support to allied forces.

A team in the deployed mission support centre collected full motion video from the Aurora, which was analyzed by experts to provide a clear picture of what was happening on the ground. The mission support centre was also able to link to near-real time sniper pod footage provided by the CF-18s.

It was the first time the centre had collected this type of footage from the jets, which was instrumental in supporting strike coordination and armed reconnaissance missions.

This collected footage was exploited by a team of imagery analysts who interpreted full-motion video and provided actionable intelligence in near-real time to exercise decision-makers. This intelligence included pattern of life, visual identification of targets and situation awareness of the operating environment.

2 Wing, from Bagotville, Quebec, provided command and control of all the Canadian detachments. The wing also deployed an operational support element to coordinate information flow between each detachment and higher headquarters, and a mission support element that provided all the logistical support to the air task force. Serpentex represented the first time that 2 Wing has carried out an exercise of this scale overseas with its air task force.

“One of the RCAF’s goals for Serpentex was to exercise its new expeditionary capability and command and control structure as a full air task force,” said Lieutenant-Colonel Girouard. “This was a very successful proof of concept for a newly-formalized construct, and we only look ahead at growing and improving this capability to support overseas, domestic or contingency deployments.”

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Canada's Philippines mission ends

DND

The Government of Canada announced Dec. 16 that the Disaster Assistance Response Team (DART) has completed its humanitarian assistance mission in the Philippines and is currently planning for redeployment to Canada.

The decision to depart was made in consultation with the Philippine government and the United Nations. Philippine authorities have expressed their gratitude to Canada, along with other nations, some of which have already commenced the hand over of relief efforts to the Philippine military, local government authorities and civilian aid organizations. The Government of the Philippines has also confirmed that their requirements for the relief phase have been met, and civilian partners and the local government are now positioned to attend to the remaining needs of the population. The mission is now one of long term reconstruction and it is one in which Canada will continue to play a role.

Task Force Philippines, the Canadian Armed Forces (CAF) contribution to

Government of Canada relief efforts in the Philippines following Typhoon Haiyan, included more than 315 CAF personnel with a range of specialities:

- Engineering to assist in clearing debris, opening roads, re-establishing electricity, remediating washouts and assessing structures such as bridges;
- Water purification to produce clean drinking water;
- Mobile medical teams to treat injuries and identify potential sites for assistance;
- Helicopter pilots and crew to extend the reach of personnel to isolated areas and provide reconnaissance and assistance as required;
- Air transport and maintenance crews;
- Logistics to support the delivery of humanitarian supplies and the daily operations of Task Force Philippines; and
- Liaison officers (CAF personnel of Filipino descent) to act as vital links between local authorities, international aid agencies and CAF members.

Over the course of their deployment, CAF personnel produced 493,346 litres of purified water available for distribu-

tion, treated 6,525 medical patients, cleared over 131 kilometres of roads and delivered 230,485 pounds of food and humanitarian assistance goods on behalf of non-governmental organizations and local authorities.

"Our DART personnel deployed to the Philippines to enable the delivery of humanitarian assistance and to work alongside Government of Canada partners, local authorities and other international organizations and agencies as they grew their capacity to provide medium to longer-term disaster recovery," said Lieutenant-General Stu Beare, Commander Canadian Joint Operations Command. "Conditions on the ground have improved and we are beginning to withdraw Canadian Armed Forces personnel and equipment from the region while the Government of the Philippines, Department of Foreign Affairs, Trade and Development, and non-governmental organizations carry on with reconstruction efforts."

The DART provided a unique, rapidly deployable capability that enabled the CAF to bridge the gap and provide emergency relief on Panay Island until local authori-

ties and international aid partners were able to focus on and coordinate recovery and reconstruction efforts. This multidisciplinary military organization was deployed to the Philippines via three CAF CC-177 Globemaster III aircraft that operated nearly continuously between Nov. 11 and 30. During the mission, the Globemasters transported approximately 750,000 pounds of payload to ensure the DART was able to respond appropriately to the crisis.

Initial reconnaissance elements of the DART were first deployed to the Philippines with the Interdepartmental Strategic Support Team (ISST) on Nov. 10, as part of Canada's Whole of Government response to the devastation caused by Typhoon Haiyan. Over the course of the next two weeks, DART personnel will return to Canada, with some equipment taking longer to return.

The DART is a multidisciplinary military organization designed to deploy on short notice anywhere in the world in response to situations ranging from natural disasters to complex humanitarian emergencies. It is one component of Canada's toolkit to respond to natural disasters abroad.



Above: Local citizens wrote "Thank You Canada" on the roof of their house to thank the Canadian Armed Forces for their contribution in the Philippines during Operation Renaissance in Roxas City, Philippines, on Dec. 12.

Below: MCpl Rick Stanutz (right) and Cpl Joel Majaralie (left) from 2 Combat Engineer Regiment, Petawawa, distribute Izzy dolls to local children.



Photos by MCpl Marc-Andre Gaudreault, Canadian Forces Combat Camera Lieutenant-Commander Brad Eason, doctor for the 2nd Field Ambulance, Petawawa, and Task Force surgeon for the Canadian Armed Forces Disaster Assistance Response Team (DART), uses an ultrasound scanner to diagnose a patient.



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Government approves Carling Campus project

**Richard B. Fadden
Deputy Minister &
General Tom Lawson
Chief of the
Defence Staff
DND**

The project to consolidate approximately 8,500 Defence Team members from across the National Capital Area has reached a major milestone with the government's formal approval of the first phase of the Carling Campus project.

This step confirms that the Carling Campus will serve as a new national headquarters facility for the Defence Team and allows work to begin to ensure the Campus' security and accommodations standards meet government requirements. This move will create cost-savings of more than \$750 million over 25 years.

The consolidation of thousands of National Capital Area-based Defence Team members to our new site is a complex process that will be conducted in three phases over the next five years. The first phase of migration is currently targeted to begin in late 2015. Over 3,000 members will move in this phase once initial building and site-work is complete. The following two migration phases will be further developed over the next year.

This move offers us an extraordinary and exciting opportunity to occupy a series of modern, interconnected buildings set in a beautiful natural setting. The bright and airy buildings present extensive collaborative working conditions, which will improve our communications when combined with innovative IT solutions, including some use of WiFi and widespread use of video-conferencing. In addition, this move provides an opportunity to review and change the way we work for the better.

Use of some downtown offices will continue and NDHQ operational elements will remain at 1600 Star Top

Road. Other facilities will continue to accommodate many members of the organization, including the Louis St. Laurent Building, a new building at 455 Boulevard de la Carrière, parts of the National Printing Bureau, and the Hôtel de Ville building in Gatineau.

As with any change, this move will have an impact on some people. Rest assured that consolidation activities will, to the greatest extent possible, minimize the effect on your quality of life and the important work that each of you do as part of the Defence Team.

As DND/CAF is one of the largest and most complex organizations in the federal government, this move will create efficiencies and improve effectiveness not only within the National Capital Area, but throughout National Defence organizations. This consolidation represents a new era for the Defence Team; it will invigorate and modernize the way we work. Consolidation will result in closer teamwork and improved teambuilding, which will better position Defence to take on challenges where continual innovation and adaptation to change will be more important than ever.

Throughout the consolidation, one of our main priorities will be keeping you informed. We invite you to visit the Defence Team site as more information will be made available in the coming weeks at <http://defenceteam-equipedeladefense.mil.ca/change-changement/objectif-objective/campus-complex-eng.asp>.

The Vice Chief of the Defence Staff will provide an initiating directive to guide all LIs on the migration plan and on the transformation aspects of the Carling Campus consolidation.

This is a very exciting time to be a member of the Defence Team and we thank you all in advance for your patience and support throughout the process.

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Chief of Military Personnel Newsletter

SISIP Financial Services has administered Long-Term Disability benefits for Canadian Armed Forces (CAF) members since 1969 through Manulife Financial, the Insurer.

The plan provides benefits for service-related injuries and illnesses for Regular Force members. The premiums for those benefits are paid in full by the Government of Canada.

Regular Force premiums for non-service-related injuries and illnesses that are also covered under the Long-Term Disability plan are co-funded by the Government of Canada (85 per cent) and CAF members (15 per cent).

Reserve Force premiums are 100 per cent paid by the Government of Canada. The Long-Term Disability income replacement benefit is equal to 75 per cent of salary at release, less applicable reductions.

Vocational Rehabilitation Program benefits are a sub-component of Long-Term Disability and, as such, all members who qualify for Long-Term Disability are eligible for the Vocational Rehabilitation Program.

More specifically, as a premium-based insurance program, once a

member has qualified for Long-Term Disability, it offers financial benefits including vocational rehabilitation to medically released members, or those who take voluntary release and who qualify as totally disabled.

All CAF members who are medically released qualify for Long-Term Disability support for up to 24 months post-release, or longer, depending on their condition. Members who are not medically released can apply for benefits and will qualify for Long-Term Disability if their illness or injury has incapacitated them to the degree that they cannot perform any and every duty of any substantially gainful occupation or employment, for which they are reasonably qualified by education, training or experience.

Where the need exists, the Vocational Rehabilitation Program is fundamentally designed to provide training and education with the object of enhancing the former CAF member's existing education, skills, training and experience to help obtain gainful employment in the civilian workforce. The objective of the Vocational Rehabilitation Program is not to provide training or education in a new career field, if, at the time of release, a former

member already has transferable skills to the civilian workforce while respecting the former CAF member's medical limitations. Any training provided through the Vocational Rehabilitation Program will focus on the acquisition of a license, certification or diploma from a recognized educational institution.

In comparison, Veterans Affairs Canada (VAC) has recently introduced a new Vocational Rehabilitation benefits envelope in the amount of \$75,800 to cover all Vocational Rehabilitation costs over a four year period. Both programs offer up to \$750 per month in additional allowances for child/dependent care.

The table below shows a more comprehensive comparison of the benefits offered by both programs. You will note both programs continue to provide similar levels of benefits. Benefits of a higher amount in years three and four under the SISIP Vocational Rehabilitation Program would be contingent on the claimant's medical condition, training, experience, and the approved education program that will allow them to return to gainful employment.

To find out more about SISIP Financial Services, please visit their website, www.sisip.com.

SISIP Vocational Rehabilitation Program benefits:

Maximum Allowances & Tuition		
Maximum annual allowances	Maximum tuition	Maximum total benefits in year 1
Internet	\$360/yr	\$25,000 \$37,840
Supplies	\$480/yr	
Travel	\$6,000/yr	
Dual residency	\$6,000/yr	
Total annual allowances	\$12,840/yr	

Benefit envelope comparison between SISIP and VAC:

SISIP - Cumulative benefits Note: Allowances of \$12,840/yr + maximum tuition \$25,000		VAC - maximum envelope over 4 years
Year 1 allowances + tuition	\$37,840	\$75,800
Year 1 & 2 allowances + tuition	\$50,680	
Year 1 to 3 allowances + tuition	\$63,520	
Year 1 to 3 allowances + tuition	\$76,360	

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War Amps partner with DND to assist amputees

The War Amps will be entering into a collaborative partnership with The Department of National Defence (Canadian Forces Health Services Group) to share knowledge and expertise that will enhance the care of Canadian Armed Forces personnel that have suffered from amputation.

The formal announcement of the signing of a Memorandum of Understanding between The War Amps and DND took place Nov. 26 in the Ballroom of Edmonton's Westin Hotel during the 4th Annual Canadian Institute for Military and Veteran Health Research Forum.

The three-day forum brings together top researchers, academics, military personnel, veterans and family members, with focus on the physical and mental health of Canada's veterans.

"The Canadian Armed Forces and The War Amps have worked together in the past, but this Memorandum of Understanding formalizes

our mutual commitment to share knowledge and experience in order to enhance the quality of life of persons who have suffered amputations," said Brigadier-General Jean-Robert Bernier, Surgeon General. "By fostering this partnership, The War Amps of Canada and the Canadian Forces Health Services Group will work together to help make Canada a global leader in prosthetic development and care in the interests of our clients and patients."

Brian Forbes, Chairman of The War Amps Executive Committee, explained the Memorandum formalizes the commitment of The War Amps in addressing the needs of the traditional veteran and modern-day amputee.

"There is no higher obligation on Canada and the veterans' community than the responsibility to address the needs and requirements of seriously disabled veterans and their families. This partnership provides a tremendous opportunity to share our knowledge and we look

forward to actively working with Canadian Forces Health Services in attaining this objective," he said.

He notes that The War Amps, which is marking its 95th anniversary of assisting amputee veterans this year, is uniquely positioned to understand the challenges that Canadian Armed Forces personnel face as they adjust to life as an amputee.

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