

Volume 59 Number 34 | August 25, 2014



LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C.

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Bucket list



Host of Amazing Race Canada and 2010 Skeleton Olympic Gold medal winner Jon Montgomery, accompanied by his wife Darla, participated in the Ice Bucket Challenge - the ALS fundraising phenomenon - during a visit to Canadian Forces Fleet School Esquimalt Damage Control Training Facility (DCTF) last Thursday. CPO2 Spike Armstrong, DCTF CPO, and LCdr Robert Petitpas, DC Division Commander, were happy to oblige, along with AB Max Honeyman and Cpl Harshaw, who finished them off with a light spray from the fire hose. Jon and Darla, also a world class skeleton athlete, thought their visit would be the perfect opportunity to take the challenge. The first episode of this season's hit show featured damage control challenges at the facility, but Jon didn't have a chance to see the helicopter fire simulator in action, and returned for a tour.

Photos by: LS Sarah Williams

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Canadian Army adopts historical rank insignia this September

A/SLt Laura Nash
MARPAC PA Office

As part of ongoing efforts to reinstate tradition back into the Canadian Armed Forces, the Canadian Army will reintroduce traditional rank insignia for officers by the end of September.

This ranking system is more than a 100 years old and continues to be used by armies around the world.

"The restoration of the Canadian Army's historical identity reinforces the ties between present day soldiers and previous generations of warriors, while celebrating our proud army heritage," said Lieutenant-General Marquis Hainse, Commander of the Canadian Army. "Officers will wear these insignia knowing that they carry on a strong legacy of service, while standing strong, proud and ready for the future."

The Canadian Army debuted the reinstated offi-

cer ranks earlier this month during a reception at the Canadian War Museum, marking the 100th anniversary of Canada's entry into the First World War.

Historically, stars (also known as pips) and crowns were used so that officers could recognize each other on the battlefield. Stars and crowns are traditional and internationally recognized symbols of army officers. Army Colonels and General Officers will also wear the traditional Gorget patches on their collars.

For junior officers, the stars are dissimilar to previous Army bars: one star denotes a Second Lieutenant, two stars indicate a Lieutenant, and three stars are worn by a Captain. An Officer Cadet wears one star over a white bar.

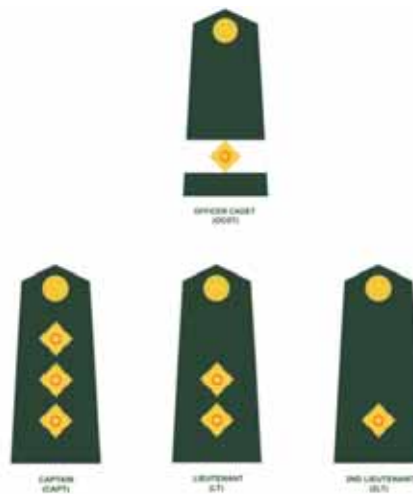
Senior Officers all have crowns. A Major is denoted by one crown, a Lieutenant-Colonel has one crown and one star, and a Colonel has one crown and two stars.

General Officers are distinguished by swords. All four ranks display the sword; the Major-General has a sword plus a star, the Lieutenant-General displays a sword plus a crown, and the General displays all three: sword, star and crown.

The Non-Commissioned Member ranks will visually stay the same. This may cause some confusion between Warrant Officers and Majors, who are both denoted by a crown. The Major's crown is quite a bit smaller than the Warrant Officers' and this will be the only determining insignia factor.

The restoration of these features is a significant step in the restoration of the Canadian Army's traditions. Symbols and traditions have always been paramount in the military way of life. They establish links to soldiers' heritage and represent meaningful reminders of military history.

Junior Officers



Senior Officers



General Officers



Warrant Officer vs. Major:
Note the Major's crown is smaller.



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Photos by ASLt Ron MacDougall

New batch of RAVENS graduate

Lt Mireille Roman
Base PA Office

Thirty candidates from the Canadian Forces RAVEN Aboriginal Youth Employment Program stood proud and hearkened to reviewing officer Capt(N) Tim Gijzen's congratulatory words at their graduation ceremony held at the Work Point Parade Square last Thursday.

The six-week course - five weeks of Primary Army Reserve Basic Military Qualification and a three-day Culture Camp on Aboriginal traditions — attracted First Nation, Métis, and Inuit students from across the nation to explore the Canadian Armed Forces.

OS Katcheech was inspired to join the program through the Federation of B.C. Youth and Care Networks.

"I told [one of the caregivers] that I wanted to live a bit before I became

a teacher and she told me there's a program for native youth. I applied a week before the course; it's a miracle I'm here." said OS Katcheech.

"When I first got here I noticed how everybody was nervous. I thought people would be cocky, people would be 'I'm the tough one'. I was surprised how even and equal we all were."

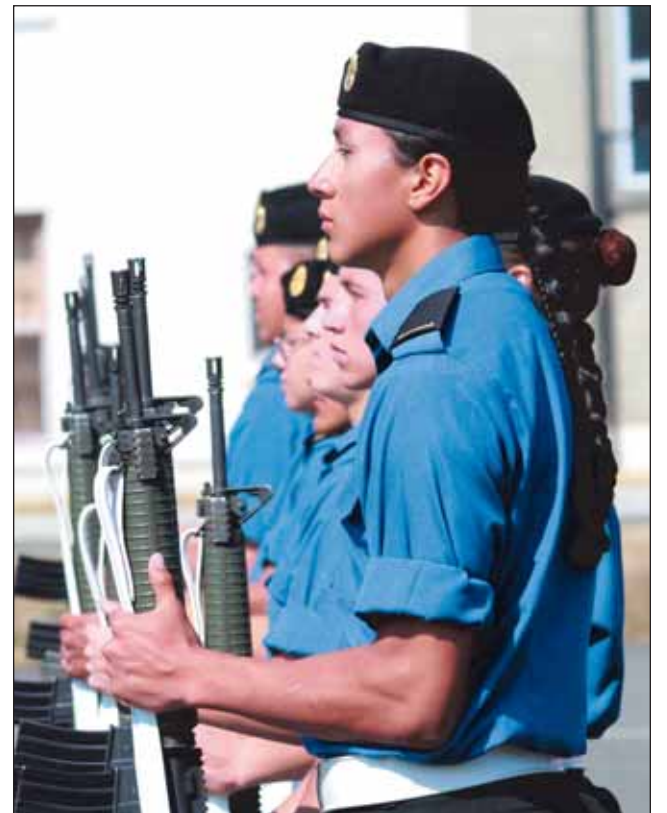
The RAVEN program provides Canadian Aboriginal youth an opportunity to experience life in the Canadian Armed Forces. On successful completion of the program, it also offers RAVEN participants the option to pursue a career in the Reserve Force, Regular Force, or in a civilian occupation within the Department of National Defence.

The Culture Camp was designed to ease the transition from civilian to military lifestyle, and focuses on common spiritual beliefs conducted by

Elders of different First Nations and Aboriginal groups.

Canadian Forces RAVEN Aboriginal Youth Employment Program, Serial 0085's award sheet:

- RAVEN Candidate OS Perry Assu was presented with the Top Student Award as well as the Commandant's Trophy for Overall Highest Achievement.
- RAVEN Candidate OS Brandi Lenglet was presented with the Comradeship Award.
- RAVEN Candidate OS Elijah Charlie was presented with the Personal Achievement Award.
- RAVEN Candidate OS Jolene Rockhill was presented with the Top Shot Award.
- RAVEN Candidate OS Ian Cunningham was presented with the Physical Fitness Award.



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SPORTS trivia

by PO1 Bill Sheridan
Contributor

- Who holds the NFL single season record for yards rushed?
- Joe Schultz was the only manager for which Seattle major league baseball team?
- Which college team is known as the Cornhuskers?
- What time length is the NBA shot clock?
- 'Luckiest Man' is a book about which baseball star?
- Which American based team played the most CFL games?
- Which saxophonist entered Maryland State College on both a music and a football scholarship?
- Who won the Mixed Doubles final at the French Open in 1977 with Mary Carillo?
- What is the most common number retired by NBA?
- Which grand slam event did Bjorn Borg win the most times?
- What award does the Downtown Athletic Club present annually?
- What event did Professor Sir Ludwig "Poppa" Guttmann assist to establish?
- What team did Bob Irsay move?
- What stadium opened as 'Harris County Domed Stadium' in 1965?
- After Wally Buono, what coach has won the second most CFL games?
- Who was the first driver in NASCAR to win five consecutive championships?
- What position did Crash Davis play in Bull Durham?
- What team won the most Canadian University Basketball Championships?
- What is known as Honkbal Overgangsklasse?
- What is an emery ball in baseball?

- ANSWERS
1. Eric Dickerson.
 2. Pilots.
 3. University of Nebraska-Lincoln.
 4. Twenty four seconds.
 5. Luckiest Man: The Life and Death of Lou Gehrig.
 6. Due to playing six playoff games; Baltimore Stallions.
 7. Clarence Clemons.
 8. John McEnroe.
 9. Thirty-Two.
 10. French Open on clay six times.
 11. Heisman Trophy.
 12. Paralympics.
 13. Baltimore Colts.
 14. Houston Astrodome.
 15. Don Matthews, who grew up in Massachusetts and spent three years in the Marines; is a Canadian as his father is from PEI and his mother is from Tracadie NB.
 16. Jimmie Johnson.
 17. Catcher.
 18. Carleton University.
 19. Dutch for 'Baseball Transition League' which is the second highest level of professional baseball in the Netherlands.
 20. A ball that has been scuffed by an emery board to make it move more.

People Talk

If you could wake up tomorrow morning and have one wish come true what would it be and why?



To win Lotto 6/49. I'd get a nice retirement package set up and just work on-call.

Kevin Bendall



A billion dollars so I can buy a bunch of cool cars.

LS Justin McFadden



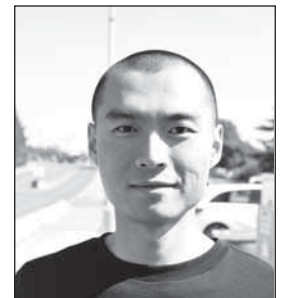
Two more months of summer. I just moved to Victoria and the summer here is great!

Luc Sequin



To wake up in a tent in the Haida Gwaii with wolves prowling around, and be completely retired.

Shannon Karagainis



To go back 10 years to when I was 15. With the knowledge I have now I think I could figure some things out.

SLT George Yuan

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Christian J. Stewart Photography

Hundreds of Defence employees and families enjoyed an evening of baseball at the inaugural HarbourCats Military Night Aug. 8. Pictured here, Capt (N) Christopher Earl, Commanding Officer of Fleet Maintenance Facility, throws the ceremonial first pitch. The Naden Band performed the Canada and U.S. national anthems, and a donation was made by the HarbourCats team to the Military Family Resource Centre. Victoria HarbourCats lost the game 13-12 to the visiting Kitsap Bluejackets.

Fraud charges laid in Wainwright

DND

The Canadian Forces National Investigation Service (CFNIS), a unit within the Canadian Forces Military Police, charged a former civilian employee with offences related to fraud and theft on Aug. 7.

Patience Sangster, a 38-year-old former civilian employee of the Non-Public Funds (NPF) at 3rd Canadian Division Support Base Edmonton, Detachment Wainwright, has been charged with:

- one count of fraud over \$5,000, in accordance with section 380(1)(a) of the *Criminal Code of Canada*;
- one count of theft over \$5,000, in accordance with section 334(a) of the *Criminal Code of Canada*;
- one count of falsification of books and documents, in accordance with section 397(1)(a) of the *Criminal*

Code of Canada; and

- one count of drawing a document without authority, in accordance with section 374(a) of the *Criminal Code of Canada*.

The alleged offence occurred in relation to over \$80,000 in non-public funds missing from various military units at 3rd Canadian Division Support Base Edmonton, Detachment Wainwright. Sangster had been a civilian employee for approximately 14 years and worked at the NPF office at the time of the alleged offences.

This investigation began after 1 Military Police Regiment received a complaint that money had been misappropriated from various military units. The CFNIS investigation revealed sufficient evidence to support charges under the *Criminal Code of Canada*.

Sangster was served a summons for an initial appearance in provincial court in Wainwright, AB, scheduled for Sept. 18.

"Fraudulent activity and misappropriation of DND funds are illegal acts and are taken seriously by the Military Police", says LCol Brian Frei, Commanding Officer of CFNIS. "Anyone breaking the law can expect to be caught and held accountable according to the *Criminal Code of Canada*."

The CFNIS is a unit within the independent Canadian Forces Military Police Group whose mandate is to investigate serious and sensitive matters in relation to Department of National Defence property, Department of National Defence employees and Canadian Armed Forces personnel serving in Canada and around the world.

Fun Fact

Mind Your P's and Q's

Nowaday it's a term meaning be on your best behavior. In the old days, sailors serving aboard government ships could always get credit at the waterfront taverns until pay day. As they would only pay for those drinks that were marked up on the scoreboard, the tavernkeeper had to be careful that no Pints or Quarts had been omitted from the customer's list.

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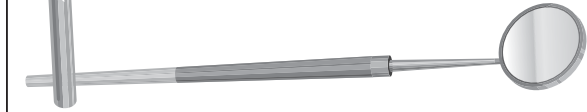


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SLt Rudee Hastie
LS TJ Goodhew
Contributors

The Royal Canadian Naval Reserve is composed of individuals from all walks of life, who bring a variety of skills and knowledge to the organization from their valuable civilian experiences. At CFB Esquimalt, Lt(N) Gregg Morris is one of the many reservists who brings a wealth of civilian maritime experience to his full-time service.

Lt(N) Morris's civilian

career at sea began as a tour boat operator. Over the years, with further experience and training, he was employed as the 1st Mate aboard a \$20 million yacht.

Tasked with circumnavigating the globe on a five-year voyage, Lt (N) Morris visited ports on every major continent and crossed many seas throughout the 48,000 nautical mile voyage.

When the five year journey came to an end, he decided to continue with maritime work by joining the Canadian Coast Guard.

For four years Lt(N) Morris participated in search and rescue operations, maintenance of navigational aids, and other critical Coast Guard duties.

In 2006 he decided to join the Royal Canadian Navy as a Maritime Surface and Sub-Surface Officer (MARS). He currently serves as an instructor at Naval Officer Training Centre *Venture* following his tours serving as Navigating Officer and Operations Officer on both the east and west coast, during which he has accumulated 700 days at sea.

He has participated in many exercises and operations such as Rim of the Pacific international exercise and a Great Lakes deployment. Lt(N) Morris was awarded the Queen's Diamond Jubilee award for his work and dedication to the Royal Canadian Navy.

Lt(N) Morris lives in Shawnigan Lake, with his wife Laurie and multiple pets, where he tends to his antique John Deer tractor. He also plays the snare drum in the local "Castle Cary Pipes and Drums Band" in Victoria.



Photo Courtesy of Lt(N) Gregg Morris
Lt(N) Gregg Morris stands on the bridge wing of HMCS Edmonton during a routine maritime security patrol mission off the coast of northern B.C. in the summer of 2012.

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Positive Pressure Attack

Shawn O'Hara
Staff Writer

Base firefighters assembled in Work Point two weeks ago to keep their much-needed emergency skills perfect.

Using a smoke machine to mimic a smoke-filled residence in an empty house near Work Point, the crew tackled a simulated emergency.

The technique exercised was a Positive Pressure Attack (PPA).

A PPA is a firefighting technique in which cool air is blasted into a burning building with a high powered fan. This ambient air pressurizes the inside atmosphere while also reducing the inside temperature, increasing the chances for anyone trapped inside to survive. Once the firefighters have created an ade-

quate exhaust opening, the super-heated gases, smoke, and other combustible fire debris vent out of the building.

"Techniques like this can bring the heat in a building down from 1,600 degrees to 300 degrees in 30 seconds," says Randy Morton, Battalion Chief at the CFB Esquimalt Fire Department. "That makes it more survivable for occupants, and gives firefighters more time to get them out safely. It also clears smoke and super-heated fire gases, giving firefighters a clearer field of vision as they

advance into the hazardous environment."

Breaching the entrance, firefighters moved into the building, and swept it for occupants and the source of the fire. Within five minutes they completed a search of the entire structure, extinguished the fire, and exited with a mannequin in their arms.

"This is the kind of response I like to see," said Morton during the team's debrief. "This was efficient, effective work. This is why we train to ensure procedures are followed, and a

quick attack is provided without delay."

This exercise and others like it are part of the department's daily shift workday. Every 24 hour shift the department conducts an exercise.

"We don't get calls every day, but it's important for us to stay on top of our game," says Morton. "Working in a marine environment means there are many more hazardous situations, considering our industrial setting. It's important we're well versed in all of our trade disciplines."



Shawn O'Hara, Lookout

Top left: Firefighter Adam Glazier maintains positive pressure attack equipment while teams sweep the building.

Lower left: A dummy victim is removed from a simulated house fire during the exercise.

Above: Firefighter Al Star maintains radio contact with the teams inside the building.

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OPPORTUNITY KNOCKS

Lt(N) Peggy Kulmala
 AHCC Public Affairs

More than 40 Basic Aviation Technology and Aerospace (BATAc) cadets spent an afternoon asking an Aerospace Control Operator from 4 Wing in Cold Lake questions about his job - by Skype.

Once over the initial nervousness from talking to someone new, the cadets quickly warmed to asking Private Bryan Christie questions, even finding out he is a former air cadet and Tim Horton's baker.

"It was an insightful experience," said Cadet Yugyoung Song of 754 Squadron in Port Moody. "We learned there are other jobs in aviation just as important as piloting."

They learned about what it took for him to become an Aerospace Control Operator, the person who controls and coordinates the movement of military and civilian air/ground traffic at Forces aerodromes and tactical units.

"What an innovative way for the cadets to learn about the important work of our women and men in uniform," said Colonel Conrad Namiesniowski, Director Cadets and Junior Canadian Rangers. "We need to capitalize upon these types of initiatives and expand the interaction with other military and civilian professionals to have a more enriching experience for cadets. Leveraging technology and creativity is just one exam-

ple of the types of innovation that will be required to renew and sustain the Cadet and Junior Canadian Ranger programs well into the future."

Over the past three-weeks, BATAc cadets visited Camosun's School of Technology and Trades, Viking Air, Victoria International Airport and Victoria Airport Fire Hall. The cadets built and launched rockets, made aircraft out of aluminum, handled sophisticated emergency equipment used for aircraft-related emergencies, learnt about aviation manufacturing and maintenance processes, spent an evening under the stars learning astronomy, and even learned how to rivet aircraft structures.

"These cadets chose to spend their summer learning what teens five years older still have no idea about," said Captain Amar Tiwana, course director and former Aircraft Maintenance Engineer. "We hope the BATAc inspires these cadets to pursue specialist training in one or more of the areas we covered this summer, both during their remaining time in the Cadet Program and for their adult careers."

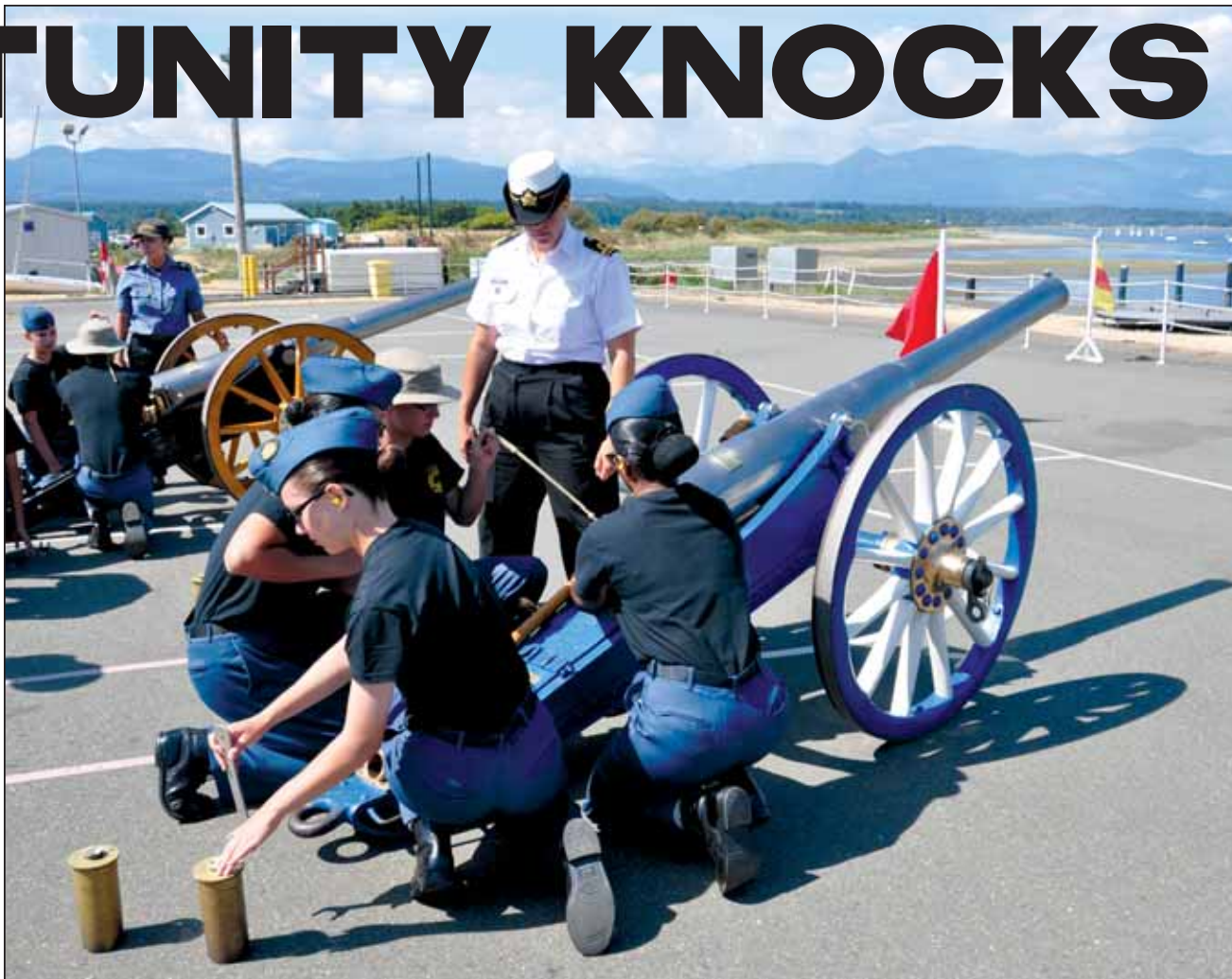
BATAc cadets and 200 other cadets graduated Aug. 15 during the provincial air cadet summer camp's final graduation ceremony.

"Take advantage of every opportunity you can," Pte Christie said to the cadets. "What you put in, is what you get back."

Photos by FSgt Sam Collins

Top: Air cadets learn how to fire a naval quick-fire gun at HMCS Quadra Cadet Summer Training Centre in Comox.

Right: Air Cadets learn naval sword drill at HMCS Quadra.





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Air Cadets recognized for outstanding achievements

Lt(N) Peggy Kulmala
AHCC Public Affairs

Four air cadets from the Victoria area received awards for their achievements at Albert Head Cadet Summer Training Centre (AHCSTC). Kyra Tuggle and Cameron Wallace received Top Cadet awards, and Hyoga Onda and Gareth Scott received Most Improved Cadet awards on Aug. 15.

Hyoga Onda of Victoria completed the six-week Drill and Ceremonial Instructors Course, where he learned how to be a specialist in drill, instruction and team leadership. A highlight of the advanced course was a private session with Dean Fortin, Mayor of Victoria, and trip to HMCS Quadra in Comox to chal-

lenge the sea cadets at drill. Gareth Scott of Sidney completed the three-week Basic Fitness of Sports Course, where he learned the fundamentals of fitness and recreational sports training.

Kyra Tuggle of Sidney completed the three-week Basic Aviation Technology and Aerospace Course, where she built and launched rockets, learned about aviation manufacturing at Viking Air, spent an evening under the stars learning astronomy, and even riveted some metal at Camosun's School of Trades and Technology.

Cameron Wallace of Victoria completed the three-week Basic Survival Course, where he learned how to react when an emergency situation arises.

The four teens – with

264 others from B.C. – graduated Friday, Aug. 15 during the provincial air cadet summer camp's final graduation ceremony. Graduating cadets completed courses in areas such as music, instruction, drill, aviation technology and aerospace, sports and fitness, and survival.

Sixty-eight Victoria-area cadets completed courses at Albert Head this summer, of which 10 received awards. In addition to the four mentioned above, Sophia Ng received a Top Cadet award on July 25; Jeremy Burton, Hayden Klassen and Kaiko McCaig each received Top Cadet awards on Aug 1; Jack Ford was Most Improved Cadet, also on Aug. 1; and Toby Allen received a Most Improved Cadet award on Aug. 14.



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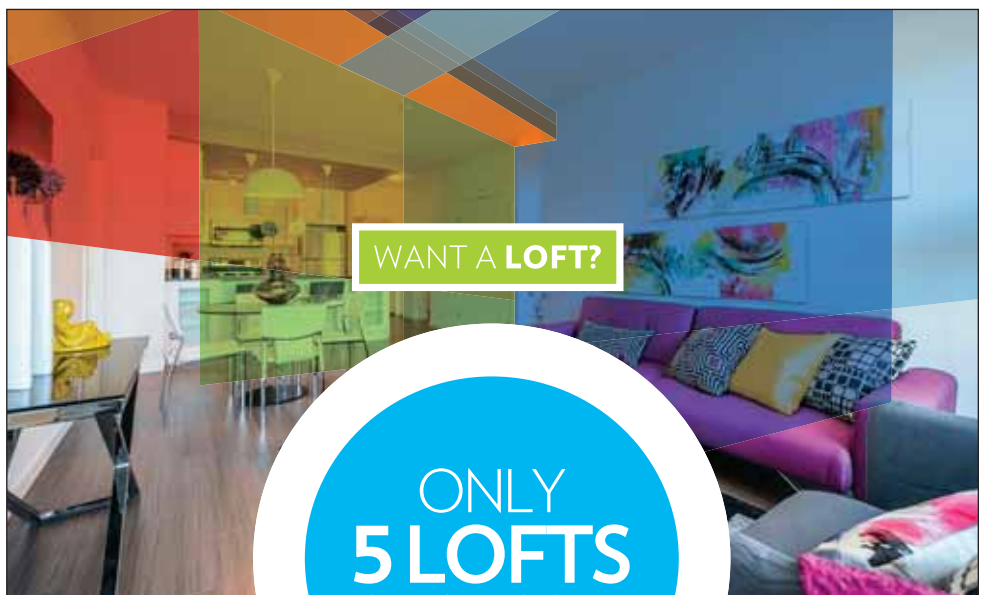
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Military spouse pens realistic fiction

Shawn O'Hara
 Staff Writer

For novelist and military spouse Brenda Corey Dunne, her work isn't just a book on a shelf, it's a piece of her.

A few weeks ago she released her second novel, "Dependent", which follows 45-year-old military spouse Ellen Michaels. When Michaels loses her husband in a training accident, she sets out on a

journey of self-discovery and growth, reclaiming a sense of self she left behind following her marriage.

"It's a very raw story," says Dunne. "It was difficult to write, because I had to get into the mind of someone experiencing these unbridled, painful emotions. I think what came out is a very honest story, and I'm very proud of it."

Dunne's inspiration came partly from her own life, putting her own circumstances in the same framing as that of the fiction Michaels. She is a former Air Force Physiotherapy Officer and wife to Wing Commander of 19 Wing Comox Col Thomas Dunne.

"I can't imagine what I would do if I'd lost my husband. He's been on deployment before but has always come home safe. It was hard to put myself through that thought process," she says. "It's important to put yourself into your writing, so what comes out is as real and as human as possible."

So intense are the book's contents, Dunne says after submitting the manuscript to her publisher she received a concerned email.

"I think she was con-

sidering calling social services," she says, laughing. "It can get pretty grim, so it can be hard to separate the author from the fiction, but I assured her that I'm very happy with my life."

Already a published author, Dunne says the beginnings of what would become "Dependent" were first penned in 2004. So long has the process been, she'd already released her first novel, a historical fiction set in her native New Brunswick, before even finishing the manuscript for "Dependent".

"My first novel, 'Treasure in the Flame', was written to cross something off my bucket list," she says. "It felt really good to get it done, and after that I picked up 'Dependent' again. I'd been writing it here and there, on and off, but it was time to finish it."

Following the release signing at the Victoria Chapters, "Dependent" is now on store shelves, and Dunne says the sense of accomplishment and pride is perhaps the most important part.

"I've worked very hard and put a lot of myself in to this story," she says. "I tried to present a raw and honest view of life in the military, and I hope I've achieved that."



Author Brenda Corey Dunne with her second novel "Dependent", which is now available on store shelves.

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Cops for Cancer Spin-a-thon

Left, CPO2 Paul Parent, Base Regulating Chief Petty Officer; Cpl Adam Carruthers, centre; and MWO Dan Menard, MP Unit Sgt Major, peddle to raise funds for cancer research.

Cpl Adam Carruthers, a Military policeman with the Military Police Unit, finished his 12-hour Spin-a-thon, as part of his Cops for Cancer fundraising, netting over \$3,000.

He spun from 6 a.m. to 6 p.m. pm Aug. 11, only stopping for short washroom breaks.

"It was a long day, but worth every second," said Cpl Carruthers, who will be on the road starting Sept. 20 for Tour De Rock.

"We fundraise for the children who have cancer. They deserve nothing but the best effort we can give and that is what I will give this year during Tour De

Rock."

The Tour De Rock team trains three times a week, with Sunday rides about 100 kilometres in length.

Although the ride is quickly approaching, fundraising efforts continue. Cpl Carruthers is planning another fundraiser Sept. 5, where he will host a golf

tournament at Prospect Lake Golf Course.

Admission for the event is \$50 for nine holes of golf and a meal. For additional information regarding the golf event please contact Cpl Crawford 250-363-4437, or visit: <http://convio.cancer.ca/goto/adamcarruthers>.



Cpl Adam Carruthers, CFB Esquimalt Military Police Officer and 2014 Tour de Rock rider, astride his stationary bicycle six hours into a 12-hour fundraising spin.

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It's coming - Public Service Employee Survey 2014

The 2014 PSES will be conducted between Aug. 25 and Sept. 26.

The Public Service Employee Survey (PSES) provides employees the opportunity to voluntarily voice their opinions on their leadership, workforce and work environment. Every three years, employees and managers provide valuable information for senior leaders on the workplace environment.

How MARPAC used the 2011 PSES Results:

- Increased flow of information throughout the Formation and an engagement in the Defence-Renewal Initiatives for strategic communication BP/HR Plan requirements
- Effective implementa-

tion of Treasury Board Secretariat's Performance Management Program which reviews core competencies and work objectives, and incorporates learning and development plans

- Civilian participation in the MARPAC Health and Wellness Strategy and working groups, as well as increased focus on anti-bullying and mental health awareness
- Improved Formation Union labour relations at the senior level.
- Increase LCC course offerings for team development and supervisor development (e.g., Stepping Up to Supervisor)

One of the key ways to make a difference as a

Defence Team member is to engage and contribute so the wealth of knowledge and experience of the department can be used to strengthen the workplace.

All civilian DND employees are encouraged to engage in the 2014 Public Service Employee Survey online, which takes 20 minutes to complete (limited paper copies and computer support will be available). The survey is administered by Statistics Canada. All responses remain confidential and are protected by law under the *Statistics Act*.

You can access the survey through this link <http://defenceteam-equipedeladefense.mil.ca/news-nouvelles/article->

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Cpl Michael Bastien, MARPAC Imaging Services
HMCS Regina's CH-124 Sea King helicopter deploys flares during a routine flight operation in the Indian Ocean on Aug. 14.

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A new class of divers graduate

LCol Regan Legassie served as reviewing officer for the graduation parade of Clearance Diving Officer Course 0010 and Clearance Diver QL-5A Course 0008 at Fleet Diving Unit (Pacific) Aug. 8.

Photos by Cpl LS Zachariah Stopa, MARPAC Imaging Services



PO2 Larche is presented with his promotion by LCol Legassie, and FDU Commanding Officer LCdr Chad Naefken.



PO1 March is presented with his promotion by LCol Legassie, and FDU Commanding Officer LCdr Chad Naefken.



PO1 Majore is presented with his promotion by LCol Legassie, and FDU Commanding Officer LCdr Chad Naefken.



PO2 Jones is presented with his promotion by LCol Legassie, and FDU Commanding Officer LCdr Chad Naefken.



Group picture of the students and instructors of Clearance Diving Officer Course 0010 and Clearance Diver QL-5A Course 0008.



LS Boyda is presented a diving knife made by MS Brent Beshara (Retired).



LS Boyda receives the Top Student Award during the graduation parade.



Lt(N) Spencer receives The Stephan Flynn Academic Achievement Memorial Award for attaining the highest academic standing.



LS Hopper is presented The Joseph Lucien Gilles DeChamplain award for demonstrating superior fitness.



LS Soso is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



LS Hooper is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



LS McKinstry is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



LS Forde is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



Lt(N) Spencer is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



Lt(N) Okihiro is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



Lt(N) Lalancette is awarded his certificate for completion of Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



LS Groinus is awarded his certificate of completion for Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



LS Downey is awarded his certificate of completion for Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



Lt(N) Cormie is awarded his certificate of completion for Clearance Diver QL-5A Course 0010 and QL-5A Course 0008.



CPO2 Pascal Harel is promoted to current rank by CANFLTPAC HQ Commanding Officer, Cdr Tanya Koester, and LCdr Charles Pearson.



MS Steven Bachalo is promoted to current rank by Cdr Lorne Carruth, Commanding Officer of Coastal Division, and CPO2 Dave Ostropolski.



PO1 Robert Franklin, promoted to current rank by Cdr Patrick Montgomery, Mine Warfare Officer, and CPO2 Dave Ostropolski.

Bravo ZULU



MS William Percy is promoted to current rank by LCdr Ellen Mariano of CANFLTPAC HQ, and CPO2 Charles Kuyper.



Volunteers from the Military Police and the Military Police National Motorcycle Relay Ride pause for a photo during a car wash at the Belmont park CANEX.

Car wash benefits blind kids

Cpl Dustin Renz
Contributor

Military Police Unit Esquimalt held a charity barbeque and car wash July 26 at the Belmont Park CANEX in support of the Military Police National Motorcycle Relay Ride (MPNMRR) and the Military Police Fund for Blind Children (MPFBC).

On a hot sunny day, guests lined up their cars, trucks, motorcycles and even a wheelchair, which were all sparkling clean after a soapy wash and rinse. While waiting for their vehicles, customers got to fill up on burgers, hot dogs and cold drinks.

With the support of volunteers from Military Police Unit Esquimalt, MPNMRR, CANEX employees and most importantly members of the community, this event raised over \$500. All monies collected will help assist blind children throughout British Columbia and the

remainder of Canada with the purchase of specialized educational equipment or funding to attend places like Camp Hornby, a unique outdoor camp for children who are blind or visually impaired.

The MPNMRR is a coast-to-coast motorcycle relay ride established to raise funds in support of the Military Police Fund for Blind Children. The MPFBC was founded in 1957 by Col James Stone, the then Army Provost Marshal. His daughter was affected by eye cancer, causing blindness.

The MPFBC aids visually impaired children up to the age of 21 and supports charitable organizations and individuals involved in the education and recreation of blind children and young adults. The MPFBC is operated solely by Military Police volunteers across the country with support of military and civilian community members.

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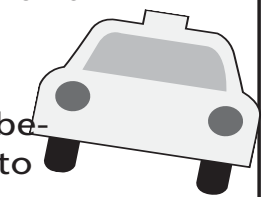
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