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LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C

newspaper.com



Enhanced Naval Boarding Party

LS Zachariah Stopa, MARPAC Imaging Services
A member of the Maritime Tactical Operator Course stands watch on Alpha Jetty during a security exercise on March 26.

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Elite team ready to deploy

Katelyn Moores
MARPAC Public Affairs

After three months of intensive round-the-clock training, students on the first Maritime Tactical Operator Course graduated March 26, and will go on to form Enhanced Naval Boarding Party Team 1.

The 13 graduates underwent extensive training in advanced naval boarding tactics, including hand-to-hand combat, improvised explosive device identification, close quarters battle, tactical shooting, and tactical questioning.

Last Thursday's graduation marks the delivery of an initial operating capability as directed by the first phase of the Future Naval Boarding Party Capability Development outlined in the Royal Canadian Navy (RCN) Executive Plan.

"In less than 10 months we have successfully selected, trained and graduated our first class," said LCdr Wilfred Lund, Naval Boarding Party 3.0 Project Officer in Charge. "This team is trained and equipped to provide a highly flexible capability that is a testament to the unpredictable and evolving nature of our missions."

Although traditional Naval Boarding

Continued on page 2

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Team builds advanced skill set

Continued from page 1

Parties are able to perform basic obstructed boardings, feedback from recent operational deployments, such as Operation Caribbe and Artemis, has emphasized the need for a Naval Boarding Party that is capable of meeting a new level of threat.

The Enhanced Naval Boarding Party capability will provide the Canadian Armed Forces and the RCN with the agility, flexibility, and tactical expertise to confront and deter a variety of threats in high-risk operational environments.

"In terms of our partner allies, the Enhanced Naval Boarding Party is a unique capability," said LCdr Lund. "We are building on our decades of operational boarding experience in order to fill the gap between what our special forces can do and what we need to do on our own as a navy."

The team will be attach posted to HMCS Winnipeg and will participate in Exercise Trident Fury, a biennial joint exercise with the U.S. Navy and U.S. Coast Guard, in May. The exercise includes numerous boarding scenarios and will be a chance to evaluate how the team operates and integrates with the ship's company.

The lessons learned and concepts



Image by MCpl Chris Ward, MARPAC Imaging Services
LS Jonathan Gendron, candidate on the Maritime Tactical Operators Course, begins securing HMCS Yellowknife during a boarding party exercise.

developed through the Enhanced Naval Boarding Party training will help to move the program into its second phase, gradually evolving to the Advanced Naval Boarding Party capability over the next several years.

In the final phase, the Advanced Naval Boarding Party team will be at full operational capability and will be able to conduct advanced obstructed boardings independently.

The Esquimalt-based unit will be comprised of 70 to 100 members

who will be posted to the unit on a three year assignment to one of four Advanced Naval Boarding Parties.

The unit will also be used in a capacity building role, helping to train partner nations in naval boarding techniques and operations as part of the Government of Canada's Global Engagement Strategy.

Following the "One Navy" construct, the team is actively recruiting across both Regular and Reserve Forces. The first Enhanced Naval Boarding Party team includes eight Regular Force members and five Naval Reservists – one of which is the leader of the team.

The next Maritime Tactical Operator Course will take place in Halifax in August 2015. Candidates should be mature, physically fit, willing to learn and able to make logical split-second decisions while under high stress. Selected applicants will be put through a rigorous physical and mental five-day selection process at CFB Esquimalt in June 2015 before being invited to challenge the course.

Interested RCN members should apply through their chain of command. Selection application process and forms are available on both the CFB Esquimalt and CFB Halifax BPSO websites.



Members of the first graduating course of Maritime Tactical Operators pose for a group photo on A Jetty March 26.

Cpl Blaine Sewell, MARPAC Imaging Services

TEST THIS WEEK

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National Défense nationale

A deep approach to modern learning - dive training on the web

PO2 Wade Smith
Fleet Diving Unit (Pacific)

Fleet Diving Unit (Pacific) (FDU(P)) exists to support the navy's Pacific fleet. It was established as a mine-countermeasures unit shortly after the Second World War, and this task is still the unit's primary responsibility.

The training of divers for this arduous work is a complex process that requires an immense amount of logistical support, instructor know-how, and an abundance of professionalism.

FDU(P) began its journey investigating self-paced distance learning for requalification and recertification courses the with the Defence Learning Network (DLN) more than two years ago. In coordination with Naval Learning Support Centre and FDU(A), a determination was made that FDU(P) would work toward incorporating the Clearance Diving Officer/ Clearance Diver course into the DLN.

The first step was to determine how the DLN could be used to support dive training.

In order to work with the main software SABA Publisher (a program that allows the creation, storage, management and review of online training courses, assessments and presentations), FDU staff had to take several courses to learn how to manipulate data, and began to understand the DLN and its potential.

The next step was to understand the theory of adult learning, known as andragogy. A review of modern education studies and lessons-learned steered FDU(P) toward a blended learning style, incorporating audio, visual and kinesthetic teaching methods. The desire was an approach that would enable greater interaction within the class, provide more effective retention of course material, and deliver more time for practical job application (diving).

The Clearance Diving



Officer/ Clearance Diver course spans a year, with 18 phases to complete along the way. To achieve the goals, LS James Butler created an interactive model to guide learners along scenario-based examples of diving - simplifying a historically complex task. Videos and animations were added to the self-paced portion of the class to provide visual stimulus and act as a dive simulator. Additionally, this application can be used for continuation training, team

work-ups and subsequent career courses.

The DLN will also include homework, quizzes and exams. These will be made available through regular internet connections (as opposed to just DWAN).

The traditional PowerPoint lesson will be replaced by a daily, self-paced, learning module. This module will take approximately 20 minutes of a 45 minute lesson, followed by a five-minute instructor led, scenario-based discussion.

The instructor assigns questions to teams of four students, who in turn discuss their answers and ultimately deliver student-led presentations to their classmates.

In the practical kinesthetic application, students will learn in an actual rebreather lab, recompression chamber or dive site instead of a classroom.

As well, in the next phase of the project, animations will present clear depictions of the complexities of diving mixed gas theory, diving tables, and maintenance procedures for all diving equipment.

The FDU(P) DLN team is currently working with a Victoria-based media company to film various diving procedures and emergencies. The project is designed to amalgamate the Clearance Diving Officer/ Clearance Diver courses into a single program.

At the same time, FDU(A) is working towards interactive distance learning for CABA Requalification, Recertification and Ships Diver Supervisor courses, with the intent of shortening the students' time at a FDU, and to accommodate mostly in-water time while there.

To instill these new ways of learning within the dive community, "Train the Trainer" packages are being designed for new additions to the training department. Overall, the goal is to increase safety and assist in greater student-instructor throughput, while enhancing standardization over a career of learning.

The Defence Learning Network offers considerable growth in training efficiency and effectiveness for the diving community. FDU(P) is just beginning to explore the depths of this modern training tool.

Smoking huts gone, bike shelters in

Rachel Lallouz
Staff Writer

As the base and its employees prepare for the April 1 Base Standing Order Smoking Policy to take effect, which directs smokers to smoke only in designated smoking areas, attention is now being turned towards the smoking sites situated around the base.

With healthy lifestyle now a corporate philosophy, what was once a smoker's refuge from the elements is now a dry place to house bicycles.

Taking the lead to transform the huts is Base Chief Petty Officer, CPO1 Shawn Taylor. Upon the suggestion from CPO2 Sean MacUisidin, he is re-purposing these structures in order to accommodate the expanding cyclist population.

"It just made sense to re-use already existing structures for bicycle racks, which we don't have enough of any-ways," he says.

The first site to transform is the

shelter adjacent to Nelles Block. At least six more shelters are slated to transform.

CPO1 Taylor's project comes on the heels of a change to the base smoking policy, which previously had not been changed in the Base Standing Order since 1989.

"The existing policies that were in place then no longer exist," says CPO1 Taylor. "So I looked at what the rest of the country was doing with smoking policies, what other bases were doing, and what we're doing locally in terms of municipality rules. After talking with the Base Commander and senior council, we have changed to full compliance with the national law and regional bylaws."

Four teams scoured the base to pinpoint all the smoking locations. More than 450 smoking sites were found, with another 300 potentially being used by smokers.

After considering the latest updates on laws, and recommendations from

Health Canada, CPO1 Taylor and his staff put together the new smoking policy, which mirrors the new municipal bylaw. New smoking sites, far fewer than before, have been established with special signage that ensures a smoker's habit takes place far from non-smokers.

To further safeguard medical buildings from second hand smoke, the base went a step further in its policy.

"With the agreement of senior council, and similar to what Island Health is doing, we've decided to implement a 25 meter zone around all health facilities, whether medical or dental, and all of our physical fitness facilities."

The new policy ensures employees are protected from second hand smoke, and comes with the added benefit of supporting bicycle commuters.

"We have a large number of members and staff who are cyclists, and they have always been patient. This is a win for them as well," says CPO1 Taylor.

Charges laid against CF member

DND

The Canadian Forces National Investigation Service (CFNIS) charged a member of the Canadian Armed Forces with offences related to sexual assault and harassment on March 25.

Lieutenant-Colonel Martin Bernier, former Commander of the 2nd Canadian Division Training Centre at 2nd Canadian Division Support Base Valcartier, Quebec was charged with:

- two counts of sexual assault in accordance with section 130 of the National Defence Act (NDA), pursuant to section 271 of the Criminal Code of Canada (CCC); and
- two counts of harassment in accordance with section 129 of the NDA, pursuant to the Defence Administrative Order and Directive 5012-0.

"There is no place for sexual misconduct within the Canadian Armed Forces," said Lieutenant-Commander Mike Amirault, acting Commanding Officer of the CFNIS. "All members of the Canadian Armed Forces are expected to conduct themselves with the highest standards of professionalism and conduct. The CFNIS consider these charges to be significant and have taken action accordingly."

The CFNIS is a unit within the independent Canadian Forces Military Police Group whose mandate is to investigate serious and sensitive matters in relation to Department of National Defence property, Department of National Defence employees and Canadian Armed Forces personnel serving in Canada and around the world.



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WHAT SAY YOU

People Talk

While on assignment Lookout asked cadets on an Orca day sail: *What are you most grateful for in your life, and why?*



I am most grateful to get the opportunities I have because I get to do things other people in the world don't.

PO Alcombrack



I am extremely thankful I was born in this country, especially because I get to be in the Cadet program.

CPO2 Austin Ferguson



I'm most grateful for my family because they have shown me things and taught me things other people haven't.

PO1 Dean Newnham



I'm most grateful for education. Without an education, I wouldn't be where I am today.

PO2 Rebecca Oliver



I'm most grateful for my peers, because they push me to achieve my best.

PO1 Nate Blackton

New coin commemorates the Battle of Britain

RCAF Public Affairs

In mid-1940, Nazi Germany launched an aerial campaign to soften Great Britain in preparation for invasion. The Luftwaffe had no idea just how hard that campaign would become.

More than 100 Canadians were among the aviators who arrived in southern England from Commonwealth nations around the world.

From July to October, 23 Canadians were killed in the first battle ever waged entirely in the air. The Battle of Britain not only put an end to the Nazi intent to invade Great Britain, but inspired Allied Forces throughout the war and thereafter.

The Royal Canadian Mint has launched its Second World War Battlefront Series of coins with a silver coin commemorating the role Canadian aviators played in the Battle of Britain.

The coin depicts a dogfight in the sky above England's southeastern coast. A Canadian pilot ascends in his Hawker Hurricane fighter aircraft after leaving a Luftwaffe Dornier Do 17Z with dark smoke billowing from one of its engines. Far below, the English Channel meets the White Cliffs of Dover.

The Second World War



Battlefront Series of coins will depict scenes from key battles in which Canadians participated during the Second World War.

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Base galleys support International Day to Eliminate Racism

Rachel Lallouz
Staff Writer

Last Wednesday around lunchtime, if you ventured into the Nelles Block, Wardroom, or Venture galleys, your nose would have picked up the smell of simmering Mulligatawny soup, sizzling chicken Karachi, and freshly baking naan bread.

In support of International Day to Eliminate Racism, the three galleys served speciality Ukrainian, Mexican, and Indian dishes, accompanied by salad, dessert, and a drink. The international buffet was held from 11 a.m. to 1 p.m., and was the brainchild of CWO David McLaughlin, who orchestrated a similar day last spring.

Diners weren't the only ones enjoying the international cuisine.

For new cooks, the chance to break away from the regular three week cycled galley menu and flex their culinary skills was a refreshing day in the kitchen, says CPO2 Colin Winkler, who has worked on and off in different base foods locations since 1988.

"It gives our younger cooks a chance to experience something out of the normal," he says. "And it allows us to showcase the talent of our newer cooks. The more people who are exposed to their talent, the stronger it makes us as a trade."

Nelles Block galley staff is a mix of military and civilian employees, with five civilians currently working

behind the kitchen doors. On any given day, there are between four and five cooks working each shift, with menus and daily meals organized by galley managers.

To ensure they produced an impressive ethnic buffet, approximately 40 people worked collectively, including all kitchen assistance, cooks, and management personnel.

Planning for the day started last December, says CPO2 Winkler, while newer cooks individually prepared themselves for cooking that day by carefully reviewing the new recipes.

"For my experienced cooks, this is old hat for them. They read the recipes and got it done. But for my three or four cooks who are newer, they had to research the recipes, make sure their prep was done properly, double-check cooking times – just do everything they could to make sure it all went off without a hitch."

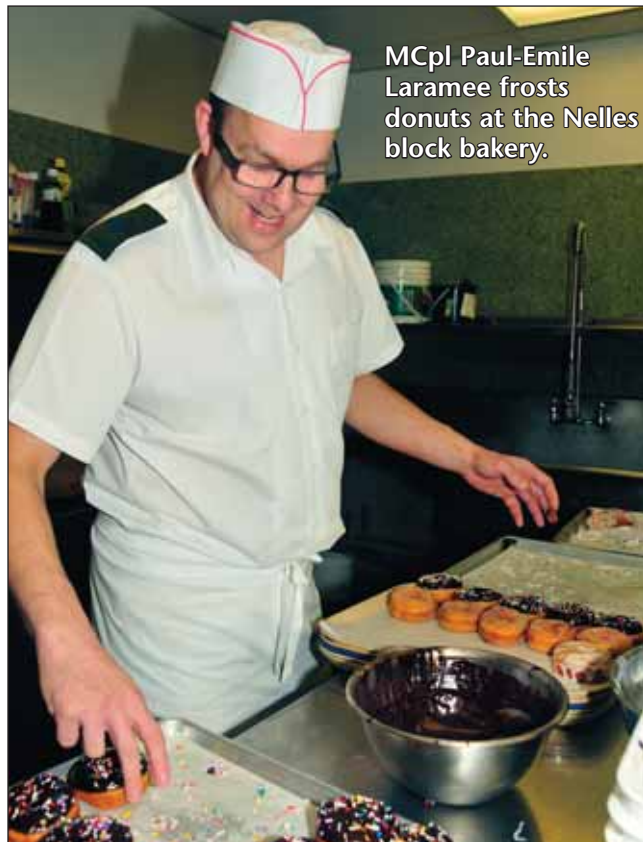
The menu also included Szechaun pork stir fry, fish cakes, cheese perogies, and Mexican vegetarian corn, and was cooked and served at all three galleys.

CPO2 Winkler says he hopes that Base Foods will be able to support the day again next year, not only for the growth of his staff, but also for the enjoyment of diners, who were able to try well executed dishes that they might not normally eat.

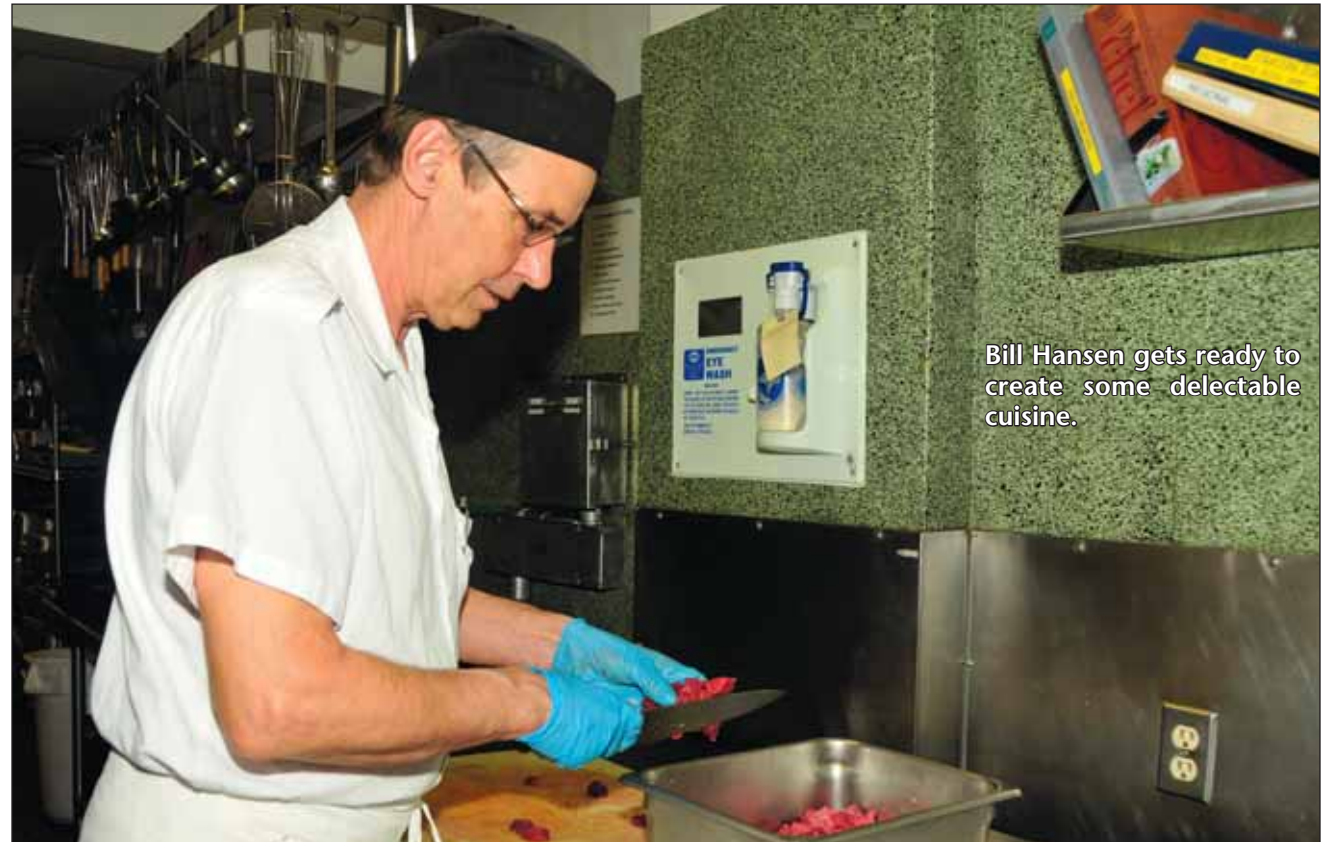
"Professionally, what I looked forward to the most that day was the learning opportunity for my younger cooks, but personally, I was excited for the Indian food."



Photos by Rachel Lallouz, Lookout
Cpl Michael Grizhanov does prep work in Nelles Galley.



MCpl Paul-Emile Laramée frosts donuts at the Nelles block bakery.



Bill Hansen gets ready to create some delectable cuisine.

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NEWS *nuggets*

Results of Standing Court Martial - PO1 Brooks, T.J.

On March 3, PO1 Brooks was tried by standing court martial on two charges under the National Defence Act (NDA):

- 129 NDA - conduct to the prejudice of good order and discipline

The prosecution withdrew both of the charges.

Results of standing court martial - PO2 Darling.

On March 2, PO2 Darling was tried by standing court martial on three charges under the National Defence Act (NDA):

- 128 NDA - an act of a fraudulent nature not particularly specified in sections 73 to 128 of the National Defence Act
- 130 NDA - an offence punishable under section 130 of the National Defence Act, that is to say, perjury contrary to section 131 of the Criminal Code of Canada
- 125 NDA - wilfully made a false statement in a document signed by him that was required for official purposes.

The prosecution withdrew charge one and two at the commencement of the proceedings.

The accused pleaded guilty to charge three under NDA section 125.

The court sentenced the offender to a fine in the amount of \$600 payable beginning March 15 in three equal consecutive payments of \$200.

Results of standing court martial - LS J. Fletcher

From March 18-20 LS Fletcher was tried by standing court martial

on one charge under the National Defence Act (NDA):

- 130 nda - an offence punishable under section 130 of the National Defence Act, that is to say, assault causing bodily harm contrary to Subsection 267(b) of the criminal code.

The military judge found LS Fletcher not guilty.

Seasonal dress change

Change to summer dress for all regions will take effect Monday April 6.

Navy white number 1c, number 1d and number 3b tropical white orders of dress may be worn after this date.

The following winter dress items shall not be worn after this date unless extreme weather conditions warrant it:

- tuque, Yukon cap or cap winter fur
- environmental parka or CANEX parka
- mitts (leather black) and scarf
- winter boots

50th high school reunion - Oak Bay High

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Check out our website at obhs1965.weebly.com to find more info about the reunion, newsletters, pictures and a registration form. Please look at the list of people we haven't found yet, and if you have any ideas, please send them to our gmail.

Boomers Legacy Bike Ride

This year's annual Boomers Legacy Bike Ride will take place June 13/14. This event is a 240km bike ride from CFB Comox to the Legislature Grounds in Victoria conducted over two days. The ride is conducted annually to commemorate the sacrifice of MCpl "Boomer" Eykelenboom and the other 157 troops that made the ultimate sacrifice for our Country while serving in Afghanistan.

This is an official "Support or Troops" fundraising event supporting the Boomers Legacy Foundation, a 100 percent Canadian charitable organization. For registration to join the ride, or an opportunity to donate to this cause or seek more information, please visit the Boomers Legacy website at www.boomerslegacy.ca

Commemorative brick

If you want a commemorative brick on display at "The Homecoming" statue in downtown Victoria, purchase one today. Order soon to have your brick added to the Homecoming site by May 2015.

"The Homecoming" statue depicts the time when a sailor returns home to family. Commemorative bricks surround the statue site and pay tribute to military service.

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Operation Santa Claus

It can be hard to be away from your family during the holiday season, but members of the Canadian Armed Forces understand that sometimes it's a necessity. Since 1991, Operation Santa has brought home comforts to Canadian troops deployed around the world. Operation Santa packages are typically filled with treats, clothing and necessities that represent the support and goodwill of companies and individuals nationwide. These packages are a caring gesture, sending a message of gratitude to Canadian troops for their sacrifice.

Proceeds from the BMO Support Our Troops MasterCard program help purchase items to complement those that have been donated. In 2014, over 1,800 packages were sent out to Canadian men and women in uniform across the globe, including the 600 members of Operation Impact in the Middle East.

CAF Sports Awards

The Canadian Armed Forces Sports Award Ceremony, considered to be the highlight of the CAF sports year, is held annually to honour athletic excellence in the CAF. Athletes, coaches and officials, serving and retired, are recognized for their outstanding athletic performances and remarkable contributions to sport.

In 2014, the winners of the awards for male athlete, female athlete, male coach, female coach and official of the year were presented with prepaid MasterCard cards donated by BMO.

To learn more about the

2014 Sports Awards winner, visit the Sports Awards website.

June is Recreation Month

Since 2009, Personnel Support Programs (PSP) has partnered with Canadian recreation and parks associations to promote June is Recreation and Parks Month. This program increases awareness that recreation and leisure facilities, and services and programs play in the improvement of quality of life and operational support.

In 2014, the PSP's June is Recreation Month campaign focused on the contribution of recreation to positive mental health. The BMO Support Our Troops MasterCard program funded sports and leisure equipment for local bases, wings and units.

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Take control - transition from the CAF

Corporate Communications

While the Canadian Armed Forces (CAF) work hard to retain their members, the CAF Transition Program exists to support military members and their families in transferring a military member's abilities into civilian life upon retirement or release.

The CAF Transition Program consists of initiatives focused on preparing members for a second career. Some initiatives are designed specifically for members who are medically releasing, while other initiatives apply to all members retiring from the CAF.

The CAF Transition Program educates employers and industry on the

strong and smart business case for hiring former military members. It also connects releasing military members with potential civilian employers, continuing education, vocational training, entrepreneurial opportunities, and other second career possibilities.

So many organizations now understand the CAF culture and appreciate the training and skillsets that a military member brings to the private sector. Planning and personal preparation for transition is up to the military member. It is best to start planning for transition up to five years before a planned release by registering to attend a Second Career Assistance Network seminar or a Career Transition Workshop.

An appointment can also be made for a career or education counseling session with a local Personnel Selection Officer. Planning should begin even before the decision is made to release, as this puts you in control of your future.

Whether a military member is retiring or medically releasing, the transition is enhanced by taking advantage of the tools and services that are available. One size will not fit all, so it is important to take the time to learn what is available.

Be your own future career manager and take the lead on a successful transition out of the CAF and into civilian life.

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SENIOR CADETS EXPERIENCE HIGHER LEARNING

Captain Cheryl Major
RCSU PA

Over the spring break, senior cadets had the chance to engage in higher level learning and training.

At 19 Wing Comox, 12 air cadet glider pilots took part in a week of flying designed to increase their proficiency and solo time so they can be familiarization pilots during air cadet gliding weekends throughout the province.

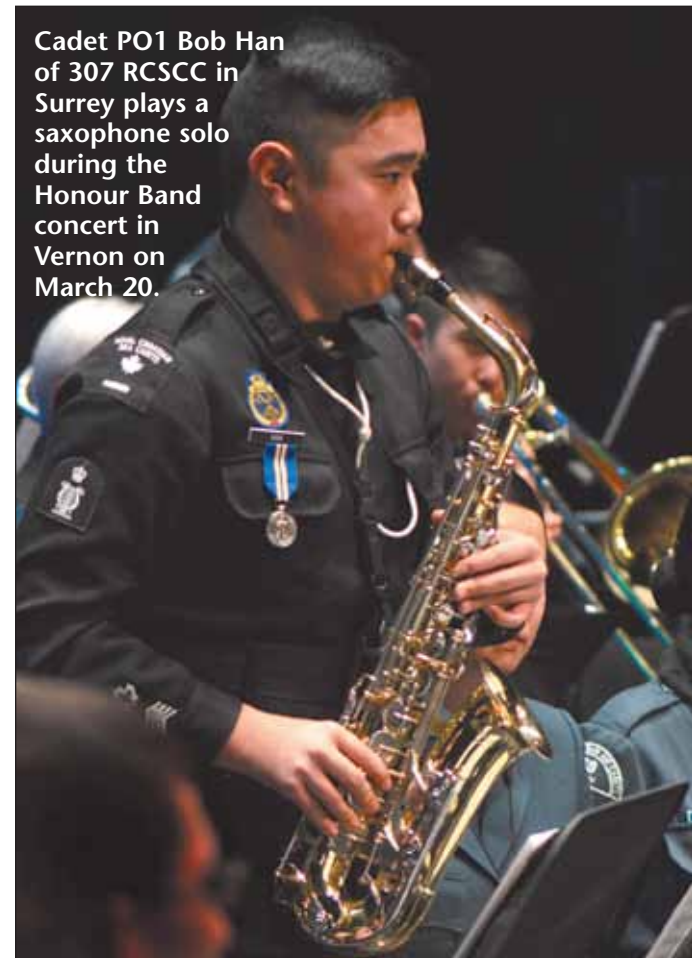
These 16- and-17-year-old cadets will now be the pilots to give 12- to 15-year-old cadets their first taste of flight in the coming year. Most have applied to the Private Pilot Scholarship Course and plan to eventually become glider instructor pilots.

At the Vernon cadet training centre, 16 army cadets trained and competed for five spots on the Canadian Armed Forces Parachute Course to be held this summer in Trenton, Ontario. The cadets did route marches, log carries, simulated rescues, and lots of push-ups and pull-ups. Cadets who complete the Parachute Course are allowed to wear the CF Para Wings on their uniform.

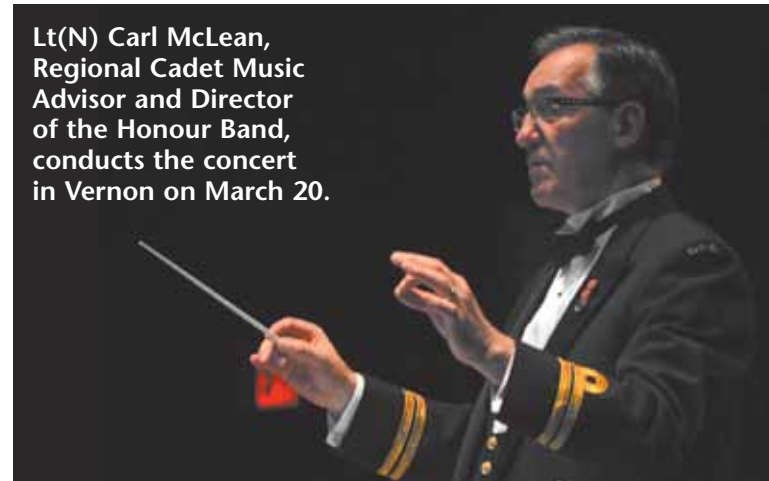
Sixty-four sea cadets from B.C., the prairies, Ontario and Quebec rotated through week-long sails in the Orcas Raven and Moose through the Gulf Islands. These senior cadets manned every aspect of ship operations including lookout, steering, navigation, and launching, recovering and driving the zodiac for man-overboard drills. This is the only place in Canada that sea cadets have the opportunity to train on the Orca class vessels. They also participated in classes on the vessel, fire procedures, seamanship and naval traditions.

Finally, 45 of B.C.'s best cadet musicians came together in Victoria to form the 2015 B.C. Cadet Honour Band. They rehearsed for three full days before commencing a concert tour in Victoria, Nanaimo, Burnaby and Vernon. The concert included classical, traditional military, and popular music from "Frozen" and "The Hunger Games", as well as the ever-popular Pipes & Drums section. Cadets in the Honour Band are selected for their proficiency, usually a level four or five in a grading system similar to the Royal Conservatory of Music.

Overall, more than 400 cadets participated in training across B.C. during the two-week period.



Cadet PO1 Bob Han of 307 RCSCC in Surrey plays a saxophone solo during the Honour Band concert in Vernon on March 20.



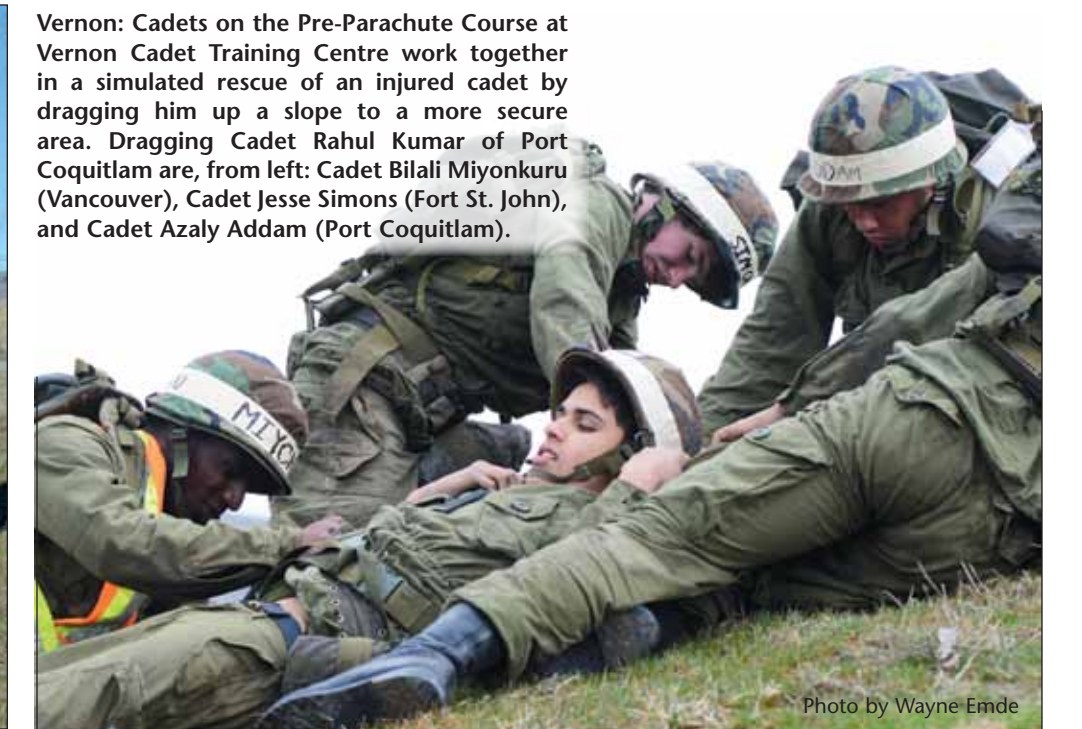
Lt(N) Carl McLean, Regional Cadet Music Advisor and Director of the Honour Band, conducts the concert in Vernon on March 20.



Comox: Cadet Nathaniel Ralph of 676 "Kittyhawk" RCACS in Sidney gives a thumbs-up before taking off for a day of gliding in Comox.

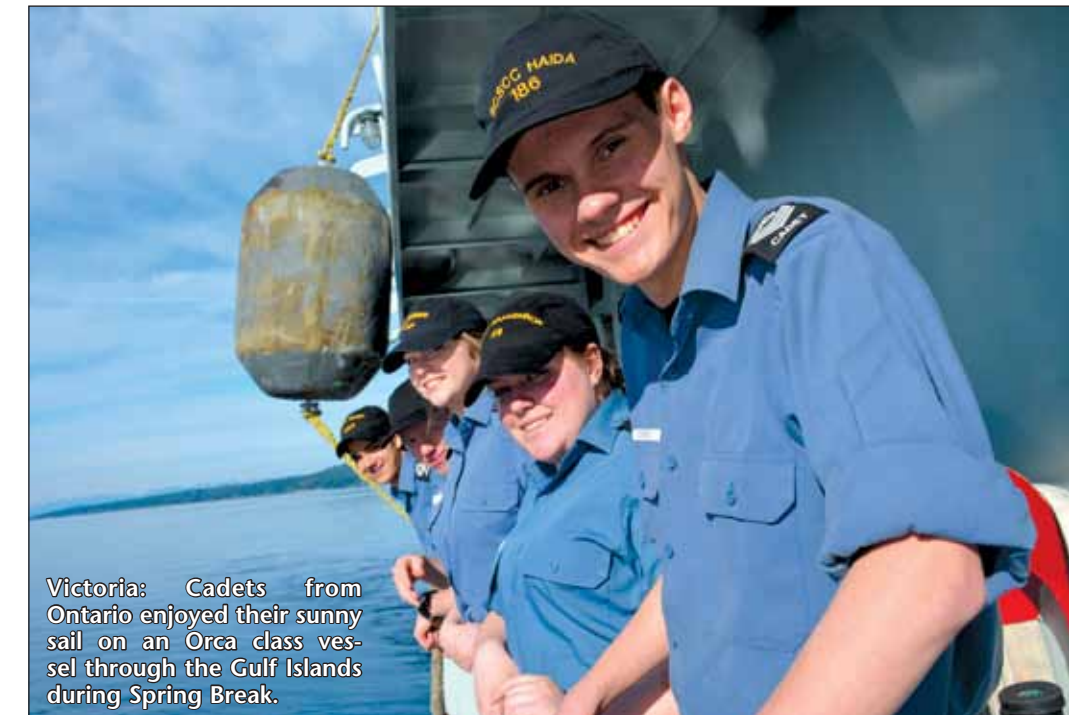


Vernon: Army Cadet Rory Smith of 1705 RCACC in Vernon (left) steps out as front man on the log carry. On the other end is Cadet Jalen Hall of Vancouver. Carrying the rock, which represents an injured cadet, is Cadet Han Liu of Surrey, B.C.



Vernon: Cadets on the Pre-Parachute Course at Vernon Cadet Training Centre work together in a simulated rescue of an injured cadet by dragging him up a slope to a more secure area. Dragging Cadet Rahul Kumar of Port Coquitlam are, from left: Cadet Bilali Miyonkuru (Vancouver), Cadet Jesse Simons (Fort St. John), and Cadet Azaly Addam (Port Coquitlam).

Photo by Wayne Emde



Victoria: Cadets from Ontario enjoyed their sunny sail on an Orca class vessel through the Gulf Islands during Spring Break.



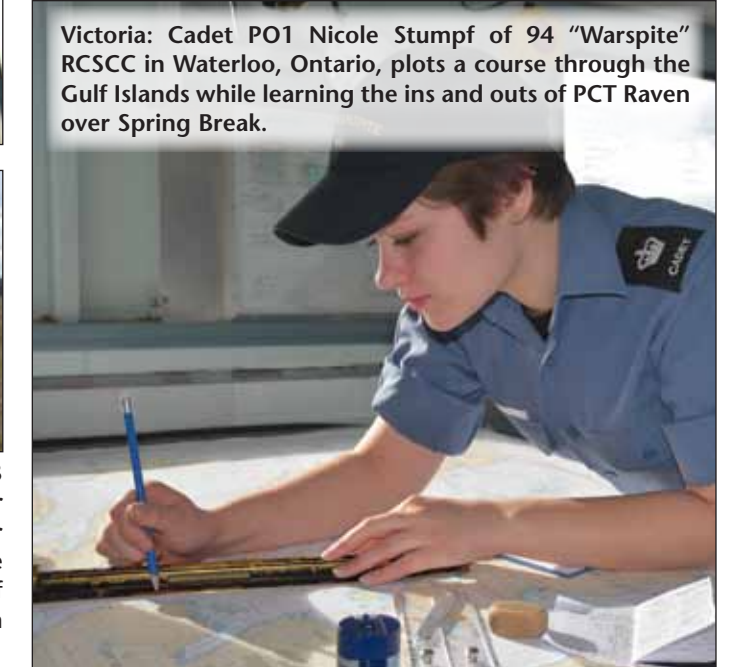
Victoria: Cadet PO1 Shanika Mahakul of 132 "Repulse" RCSCC in Sarnia, Ontario, drives through the Gulf Islands under the watchful eye of LS Kevin Newell.



Comox: Formation Chief, CPO1 Mike Feltham gets ready to take off for his first glider ride over Comox with Glider Instructor Lt Amy Hunt.



Comox: Cadet Jacob Brus of 103 "Thunderbird" Royal Canadian Air Cadet Squadron in North Vancouver signals to the Cessna 182 tow plane pilot that the glider is ready to take off during Spring Gliding Concentration at 19 Wing Comox.



Victoria: Cadet PO1 Nicole Stumpf of 94 "Warspite" RCSCC in Waterloo, Ontario, plots a course through the Gulf Islands while learning the ins and outs of PCT Raven over Spring Break.

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Admiral joins cadets on Orca training sail

Rachel Lallouz
Staff Writer

On an overcast Sunday two weeks ago, Orca training vessels Moose and Raven slipped from the jetty at the Coast Guard Station in Deep Cove.

Lining the decks were naval cadets, cameras in hand snapping photos of the choppy gray water and sloping hills on the horizon before them.

But this sail wasn't just for fun; the youth were on board to have the full experience of naval life.

At the sound of an alarm echoing throughout Moose, 18 cadets leaped into action. Oscar the man overboard dummy was in need of rescuing and its casualty retrieval was in the hands of the cadets.

Most cadets took their cues for action from the experienced crew members, or followed the direction of the older cadets, taking their place at the base of the zodiac crane, or passing out life jackets.

Some headed to the bridge, while others unfastened the zodiac for launching. For most on board, this was their first time in an Orca class vessel, and their first experience sailing in the waters off the B.C. coast.

"Now I see the practical use of all the training we've done at my corps back home," said Comox resident PO1 Madelaine Desnoyers, 17. "It's one thing to learn theory and then another thing to actually be on a boat. Now it all makes more sense."

A few hundred metres away Oscar bobbed in the water in a bright orange life jacket as the crew lowered the zodiac from the ship to the ocean. A senior cadet drove the boat to Oscar who was plucked up by the cadet crew and returned to Moose.

Back on the bridge, the most senior naval officer on the Pacific Coast, RAdm Bill Truelove watched over the cadets as they took turns in the drivers seat, while other cadets stood watch, binoculars in hand, calling out navigation signals.

Then, the order was given to gather at the stern for the Admiral's address, and cadets scrambled to straighten their uniforms and head outside.

"What's amazing here is that we have a group of cadets who arrived from different places, don't know each other, and who will be spending a week together getting an at-sea experience, learning about the



Rachel Lallouz, Staff Writer

RAdm Bill Truelove watches over two cadets at the helm of Patrol Craft Training Vessel Moose.

class of ship, driving the zodiac, completing navigation, driving the vessel itself – then they'll take that knowledge back to their units, and talk about their experiences," said the Admiral.

Cadets submitted applications to attend, and were selected regionally from across Canada. Roughly two to three cadets were chosen from each region, with a number of cadets from Ontario, the prairies, and B.C. Those selected attended the training trip free

of cost, with all travel expenses covered. Participating cadets were expected to represent their units, and act as role models for their regions upon their return home.

"This is a classic navy experience," continued the Admiral. "A whole bunch of people from all different backgrounds working together to learn how to deal with emergencies on board."

Cadets gathered formally on the bow of the ship one final time to send off the Admiral, and take a

crew photograph before heading out on a weeklong trip through the Gulf Islands. Lt(N) Tien Nguyen, who volunteered to take the picture, could barely hold the stack of smartphones deposited in her hands by cadets eager to capture the moment.

Before the Admiral departed, he expressed his gratitude to the cadets one final time.

"Thank you for being cadets," he said. "Thank you for doing what you do."

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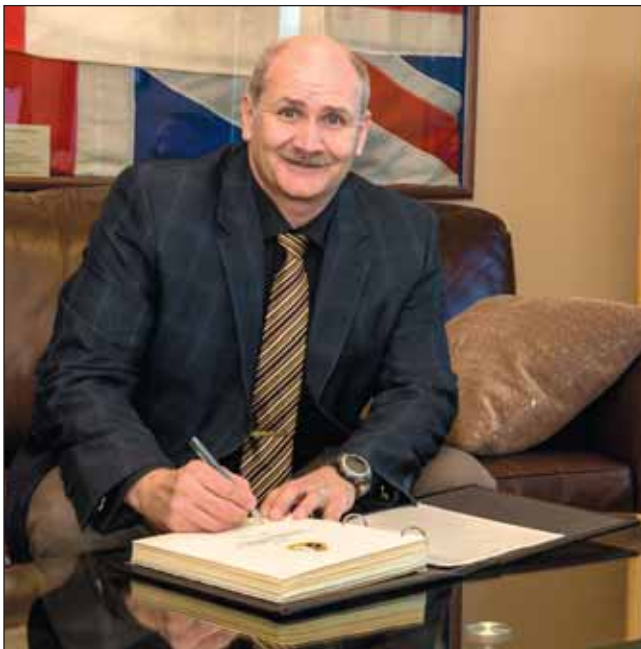
LS Zachariah Stopa, MARPAC Imaging Services

Attendees of the Retired General Officers and Flag Officers Conference prepare for a tour of HMCS Calgary on March 17.



Jake Jacobson, Vice President for Defence and Security at Babcock Canada, signs the guest book at Maritime Forces Pacific/Joint Task Force (Pacific) Headquarters (MARPAC HQ/JTF(P)) during an office call with Rear Admiral Bill Truelove, Commander of Maritime Forces Pacific, on March 4.

Corporal Malcolm Byers, MARPAC Imaging Services



Colonel Gregory Burt, Commander Canadian Forces Intelligence Group, signs the guest book at MARPAC Headquarters during an office call.

MCpl Michael Bastien, MARPAC Imaging Services.

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HMCS Vancouver promotions and awards

Cdr Jeffrey Climenhaga, Commanding Officer of HMCS Vancouver, made several presentations to crew members.



AB Josh Froebe is promoted to his current rank.



CPO2 Jean-Francois Bouillon is promoted to his current rank.



CPO2 Joseph Burzak is promoted to his current rank.



LS Alexander Shaw is promoted to his current rank.



LS Kayleigh Reading is promoted to her current rank.



LS Mark Santos is promoted to his current rank.

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Left: Lt(N) Matthew Mitchell receives his Command Qualification Certificate.



Right: MCpl Meaghan Richards is promoted to her current rank.



Left: OS Shane Bolton receives his Machinery Watchkeeping Certificate.



Right: PO2 Daniel Milburn is promoted to his current rank.

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MARS IV Graduation

Capt(N) Doug Young, Chief of Staff at Maritime Forces Pacific/Joint Task Force Pacific, presented awards at the MARS IV Graduation Ceremony at Venture, the Naval Officers Training Centre.

Photos by LS Zachariah Stopa, MARPAC Imaging Services



A/SLt Taylor Workman receives the Royal Canadian Navy Commander's Award from Capt(N) Young and Cdr (Ret'd) Rodney Hughes. The RCN Commander's Award is presented to the overall top MARS IV student.



A/SLt Rhys Davies receives the Venture Association Award. The Admiral Pullen Cup is presented to the MARS IV student who exhibited the highest standard of leadership and professionalism throughout the course.



A/SLt Steven Bartholomew receives the David W. Groos Memorial Shield from Capt(N) Young and Mr. Brian Groos. The David W. Groos Memorial Shield is presented to the top MARS IV student at sea.



SLt Samantha Bayne receives her promotion to her current rank.



SLt Kyle Boland receives his promotion to his current rank.



SLt Michael Dery receives his promotion to his current rank.



SLt Jordan Hope receives her promotion to his current rank.



Lt(N) Nathanael Moulson receives his Canadian Forces Decoration.



Lt(N) Colin Pilkey is presented with his NATO Article 5 Medal Image.



A/SLt Christopher Perry receives his Canadian Forces Decoration First Clasp.



A/SLt Asheel Waziri is presented with his commissioning scroll.



A/SLt Steven Bartholomew receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Samantha Bayne receives her graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Kyle Boland receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Kyle Brown receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Rhys Davies receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Jesse Deason receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Michael Dery receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Sully Heraud receives his graduation certificate from Lt(N) Matthew Sinclair.



A/SLt Gillian Herlinger receives her graduation certificate from Lt(N) Matthew Sinclair.



Left: A/SLt Jordan Hope is presented with her graduation certificate from Lt(N) Matthew Sinclair.



Left: A/SLt Tristan Lapointe is presented with his graduation certificate from Lt(N) Matthew Sinclair.



Right: A/SLt Adelaide Milos is presented with her graduation certificate.

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 • the Women's Royal Canadian Naval Service wartime newsletter The Tiddley Times;
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 • news cuttings and official ship histories;
 • biographies of leading figures in the Canadian Navy;

• information about the history and development of what is now Canadian Forces Base Esquimalt;
 • maps and charts;
 • ship plans;
 • plans for historic buildings at Work Point and CFB Esquimalt;
 • official seamanship and naval trades training manuals;
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 HABITAT FOR HUMANITY AND THE RESTORE are seeking volunteers to help out with customer service, warehouse and driver assistants. We are also looking for ambassadors for special events. Please contact Nancy @ volunteer@habitatvictoria.com or 250-480-7688 ext. 105

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PSPP Personnel Support Programs

BIKE TO WORK WEEK BREAKFAST

Held at CANEX Parking lot

May 27

6:15 a.m. - 8:00 a.m.

Velofix will be attending the event with their mobile truck and will provide FREE inspections and small adjustments to bikes.

Base Annual Commander's Golf Tournament

Monday, June 25, 2015
 Olympic View Golf Club
 643 Latoria Rd.

Too much fun to miss! Get registered now!

\$85 Reg/\$90 Ord/\$120 Assoc (plus tax)

**Includes: Dinner & Cash Bar
 Door prizes to be WON!**

TICKETS available at the Naden Athletic Centre Kiosk Soon!
 Limited spots so don't delay!
 noon Registration
 1 p.m. Shot Gun Start

