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**Left to right:** Cadets Leading Seaman Krista Lester, Able Seaman Montana Janke and Able Seaman Sidney Francoeur from 137 "Kamloops" RCSCC show off the model ship, the fictional HMCS Kamloops, they built during the Regional Inter-Divisional Seamanship Championship held in Victoria March 21-22. The cadets from won the Team Spirit Award for B.C. and placed third in the competition overall. Their ship was based on HMCS Algonquin.

Read the full story on page 2

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**Left to right:** Fleet Chief, CPO1 Michel Vigneault, Cadets Webb, Roger, Camilleri, Moisan, Miller, Nielsen, Menning and Clark from 5 "Rainbow" RCSCC stand with Cmdre Bob Auchterlonie after receiving the First Place award during the Regional Inter-Divisional Seamanship Championship.

# Challenge won for top sea cadet corps

**Capt Cheryl Major**  
RCSU (Pac)  
Public Affairs Officer

More than 100 sea cadets from B.C. and the prairies, all winners of their zone competitions, gathered in Victoria for the Regional Inter-Divisional Seamanship Championship held March 21-22 at the Naden Drill Shed.

Over the weekend, cadets practiced and competed in seamanship skills, from tossing heaving lines at targets, to navigation, to semaphore (communicating with flags), to sheer legs (using knots and wood to assemble a lift for heavy loads).

Cadets competed in eight-person teams, four each from B.C. and the prairies. The aim of the competition was to encourage cadets to increase their knowledge of seamanship and to provide a friendly competition.

Victoria's own 5 "Rainbow" RCSCC won the championship for B.C. Team captain PO1 Austen Webb said the team practiced four hours each Sunday for several months in preparation for the competition series.

137 "Kamloops" RCSCC from Kamloops won the team spirit award.

The weekend ended with a ship-building competition, based on Royal Canadian Navy ships, and a relay that involved hoisting signals and navigation markers, tying knots, completing a puzzle of *HMCS Vancouver*, and answering naval trivia.

Awards were presented by Commodore Bob Auchterlonie, Commander Canadian Fleet Pacific.



**Left:** Two cadets from Northern Alberta work together to complete a puzzle of a Canadian Patrol Frigate.



A cadet from 158 "Grizzly" RCSCC in Prince George hoists signals and navigations markers to his team mate during the final relay of the Regional Inter-Divisional Seamanship Championship.



Cadets from 195 "Bicknell" RCSCC cheer on their team mates during the final relay of the Regional Inter-Divisional Seamanship Championship.

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# Surprise visit during weepers

**Katelyn Moores**  
MARPAC Public Affairs

A packed lunchtime Weepers crowd at the Wardroom on March 27 was treated to an impromptu speech on by a unique former Royal Canadian Navy Volunteer Reserve officer, SLt (Ret'd) Louis Howard.

SLt (Ret'd) Howard, 91, is one of only three surviving crew members from HMCS Sarnia, the ship that helped rescue survivors from HMCS Esquimalt, the last RCN vessel sunk during the Battle of the Atlantic.

Base Administration Officer, Cdr Wes Golden had the pleasure of introducing SLt (Ret'd) Howard, who spent a few moments telling the story of that fateful sinking and throwing in a few other stories along the way.

"We knew something was wrong because we were

*Standing before us was a living Canadian hero with so much to share and there is only a thin window of time left for us to hear from these veterans.*

Lt(N) Paul Trenholm

supposed to meet up with Esquimalt and she never made it," said SLt (Ret'd) Howard, who was navigating officer and sonar officer in HMCS Sarnia.

HMCS Esquimalt was torpedoed by German a U-boat in the approaches to Halifax harbour on April 16, 1945. The warship sank within four minutes, unable

to send out a distress message. The surviving members of HMCS Esquimalt's crew spent six hours adrift before HMCS Sarnia and her 78 crew members rescued them.

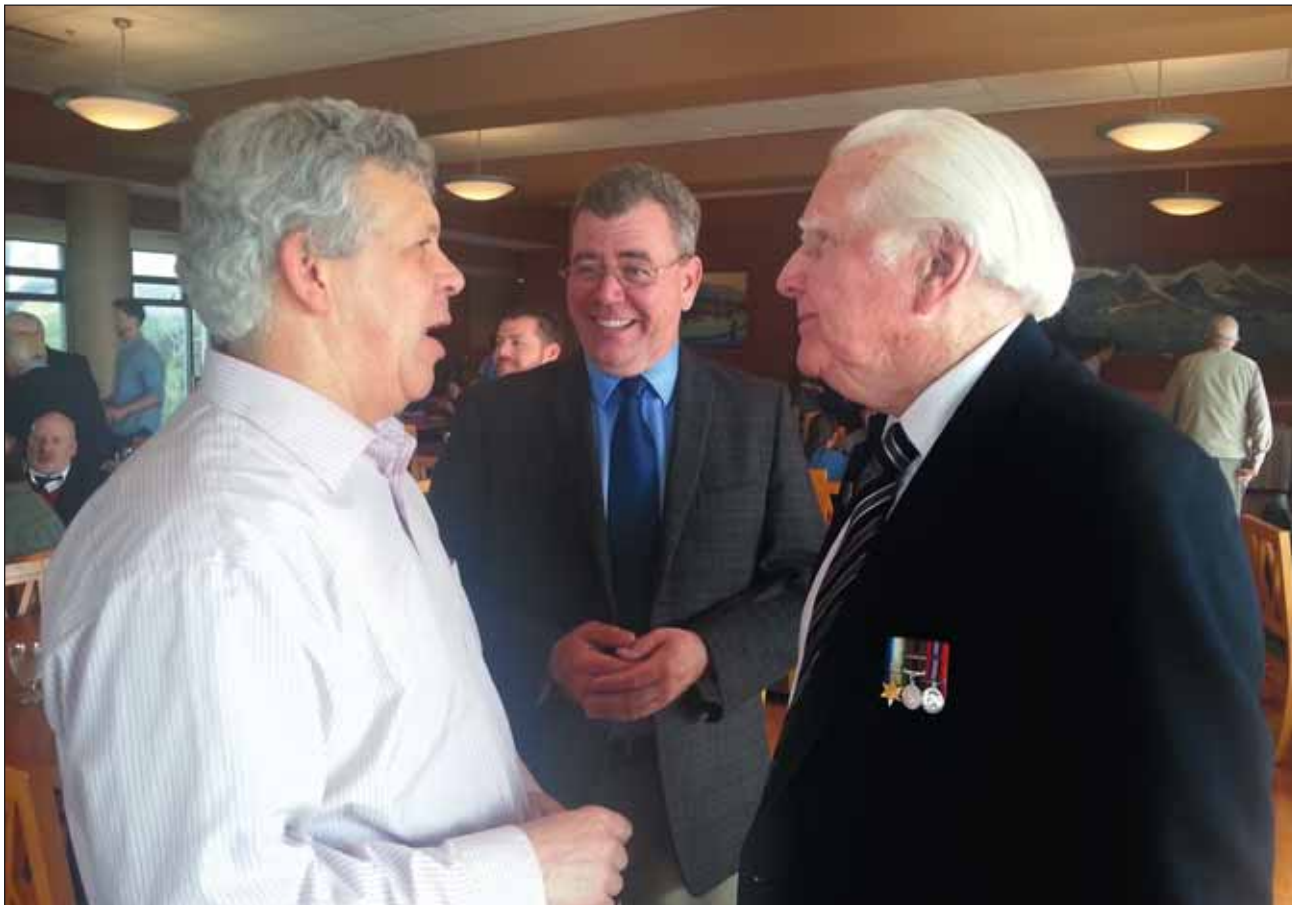
"From the moment he began telling us his story, I was immediately drawn in," said Lt(N) Paul Trenholm, who was having lunch at the Wardroom that day. "Standing before us was a living Canadian hero with so much to share and there is only a thin window of time left for us to hear from these veterans."

SLt (Ret'd) Howard and the rest of the crew eventually rescued 27 men and recovered the bodies of 13 others. In total, 44 men were lost. For his actions, he was presented with the Oak Leaf - Mention in Dispatches (MID). It is awarded for valiant conduct, devotion to duty or other distinguished service, and is something he is

rightfully very proud of.

"That Oak Leaf Cluster is very important to me," he said. "It is reported that only 9,533 such MID's were awarded to all three services and I received one of them."

The sinking of HMCS Esquimalt is commemorated annually in April at a gathering outside Esquimalt City Hall. It is only fitting that the lunchtime Wardroom crowd heard from a Second World War naval veteran who was so close to events surrounding the sinking of HMCS Esquimalt. It is even more fitting that it happened during the 70<sup>th</sup> anniversary year of the sinking of HMCS Esquimalt and the end of the Battle of the Atlantic, Canada's longest military engagement of the war. More than 4,600 service men and women and 24 Royal Canadian Ships were lost during the battle.



Duncan Ayre, MARPAC Public Affairs

**From left to right:** Daniel LeBlanc, Chief of Staff-Executive Officer to Commander Canadian Fleet Pacific; Cdr Wes Golden, Base Administration Officer; and SLt (Ret'd) Louis Howard, share stories after an impromptu speech from SLt (Ret'd) Howard at the CFB Esquimalt Wardroom on March 27.

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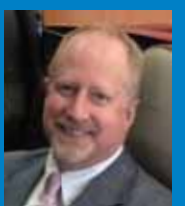
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# matters of OPINION

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## WHAT SAY YOU

### People Talk

Lookout visited the Naden Athletic Centre, and posed our weekly question to five of the fitness and sports staff members:

*If you had to be trapped in an elevator with one person, for an indefinite amount of time, who would that one person be?*



I would want to be stuck in an elevator with Mariah Carey! I would use the time to learn all of her musical secrets and learn how to finger wag to the song 'Heartbreaker'!

**Alyssa Jesson,**  
Fitness & Sports Instructor



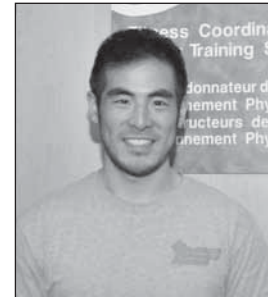
The Dalai Lama, because he would teach me how to remain calm in a stressful situation and I would learn all his secrets of living a peaceful life, despite being trapped in an elevator.

**Kim Maine,**  
Fitness & Sports Instructor



Carolina Martin. She's the number one ranked badminton player in the world. I'd like to learn more about this amazing game.

**Scott Allison,**  
Fitness & Sports Instructor



It would be Sylvain Verrier, because I enjoy his sense of humour and his knock-knock jokes and his riddles and his Rubik's cube skills.

**Takoto Tanaka,**  
Fitness & Sports Instructor



Jake from Otis Elevator Company, because he fixes elevators so we could get out ASAP, and toss a frisbee around if it's nice out.

**Sylvain Verrier,**  
Fitness & Sports Instructor

## From the CDS: update on internal review

As you know, in April 2014 I ordered an independent external review to look into sexual misconduct and sexual harassment in the Canadian Armed Forces following a number of media reports on the subject and a subsequent Internal Review. I asked Madame Marie Deschamps, a former Supreme Court of Canada Justice, to conduct this independent external review, which she began in June 2014.

I have received the English version of Mme Deschamps' final report. This is an important development and I would like to thank her for her insight and rigour in helping us understand the significance of inappropriate sexual behaviour in the CAF.

During her review, she met with hundreds of CAF members and stakeholders across the country. Her perspective is invaluable in providing me with a clearer appreciation of the problem and what we, as an institution, must do to address it.

You will remember that on Feb. 25, 2015, I directed the establishment of the CAF Strategic Response Team on Sexual Misconduct. This team, led by Major-General Chris Whitecross and supported by Chief Warrant Officer Helen Wheeler, will conduct a detailed review of the report and develop an action plan to address its recommendations.

As I committed from the outset of this initiative, you will continue to be informed as we progress. Specifically, I will publicly announce the action plan and make the full report available to all CAF members once a comprehensive review of the report is

complete.

Canadian Forces Chief Warrant Officer Kevin West and I remind all CAF personnel that as a national institution, the Canadian Armed Forces must nurture a respectful, healthy and professional environment for all members. This responsibility extends beyond the workplace. The CAF's continued success in operations across Canada and around the world in volatile, dangerous mission areas depends on the unwavering trust and cohesion amongst our members, regardless of gender, ethnicity, orientation or background. We are all brothers and sisters in arms the moment we take the oath to serve Canada, worthy of the same respect and dignity.

I will take this opportunity to reiterate that all allegations of inappropriate sexual behaviour are to be treated seriously at all levels of the CAF. Any member experiencing sexually demeaning or harassing behaviour of any kind, at work or off duty, has a range of options available to them. You do not have to approach your chain of command if you are not comfortable doing so. You can seek assistance from the military or civilian police, your local health clinic, your base chaplain, the CAF Member Assistance Program or the support network you are most comfortable with.

Our institution's culture and legacy of personal and professional respect is non-negotiable. Everyone in uniform will be required to support and engage in the measures directed once our review of the report is complete.

**General Tom Lawson**  
Chief of the Defence Staff

## Lookout named best base paper

CFB Esquimalt's *Lookout* has won Best Canadian Forces Base Newspaper in the Canadian Forces Community Newspaper Association's Better Newspaper Competition. *Lookout* also won Best Feature Photo- Circulation 4000 to 12499 for Cpl Michael Bastien's photo "Sea King Flares."

This national awards program celebrates the very best in community publishing from across the country. Newspapers compete against each other in similar circulation classes and are judged by a panel of industry experts. With a diverse range of awards categories covering writing, photography and multimedia, there are recognition opportunities for publications of all shapes and sizes.

### Class 2311 - Best Canadian Forces Base Newspaper - Circulation Open

- 1 - Lookout Newspaper and Creative Services, CFB Esquimalt, BC
- 2 - Journal Adsum, CFB Valcartier, QC
- 3 - Trident Newspaper, CFB Halifax - Maritime Forces Atlantic, NS

### Class 2132 - Best Feature Photo-Circulation 4000 to 12499

- 1 - Lookout Newspaper and Creative Services, CFB Esquimalt, BC  
- Cpl Michael Bastien
- 2 - The Carillon, Steinbach, MB  
- Ian Froese
- 3 - The Yukon News, Whitehorse/Yukon Territory, YT - Alistair Maitland

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Sandra Gallup, a cashier at Nelles Block, swipes through the till to access the new point of sales system, NACPOSS, as cook Dean Wilde observes the system behind her.

**Inset:** The new swipe-cards used to access Nelles Block.

## New point of sales system in galleys

**Rachel Lallouz**  
Staff Writer

A new point of sales operating system at Nelles Block, Wardroom, Venture, and the Damage Control School galleys has brought Base Foods up-to-date with the latest technology in kitchen and dining room software.

Crucial to the financial planning of the kitchen and smooth operation of the dining room, a point of sales system is used at tills to track diner attendance, meal usage, and sales. The system must run properly in order to accurately produce reports of daily and monthly revenue, and assess the status of the

kitchen's budget.

PO2 Jason Auer, Base Foods Resource Manager at Nelles Block, says the old system was installed more than a decade ago, and its functionality had slowly degraded. During the past few months, dining room cashiers were forced to use clickers to count how many people were entering, and adjusting prices in the system was difficult.

"The system was very outdated," says PO2 Auer. "It was starting to fall apart, and its different components weren't working well."

When dining room and kitchen employees did run into technical glitches, it was difficult to receive

IT support because technicians were not familiar with repairing the archaic technology.

PO2 Auer says the main problem Base Foods had with the old system was its reliance upon Window XP to operate.

With the help of PO1 Bill Cameron and WO Hugo St. Laurent, the new point of sales system, the National Access Control Point of Sales System (NACPOSS), was trialled during the past couple of weeks, and implemented on March 25.

Running on the multi-task Windows 7 system, NACPOSS now tracks attendance on the swipe cards, and can easily be updated with adjusted food

prices, which take effect in the system immediately. With the exception of a few initial hiccups, it has proven to be a huge relief to dining room staff and diners.

"A lot of the staff are finding this system far more user friendly," says PO2 Auer. "And there are more advanced, specific functions that come with it."

When large groups show up for a meal after a training session or meeting, only one member needs to swipe their card, helping to reduce line-ups and increase till efficiency.

"The old system was basic, but now we're moving ahead with the times," says PO2 Auer.

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The race schedule will require certain weekends through the summer to remain available.

For further information, contact CPO1 Will Slater at William.Slater@forces.gc.ca phone: 250-363-0854 or Rob Grigor at Rob.Grigor@forces.gc.ca phone: 250-363-0817.



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# Regional squash and badminton results

Regional Squash and Badminton Championships between CFB Comox and CFB Esquimalt, Wednesday, March 25, Thursday March 26, and Friday March 27.

**Men's Badminton:**

Open Singles: ..... PO2 William Crocker, CFB Esquimalt  
Senior Singles: ..... PO1 Andy Buczynski, CFB Esquimalt  
Master Singles: .... LS Qing Li, CFB Esquimalt  
Open Doubles: .... PO2 William Crocker  
Sgt Noah Eckenswiller, CFB Esquimalt  
Senior Doubles: ... Maj Think Nguyen, DComd NORAD, Colorado Springs  
PO1 Andy Buczynski, CFB Esquimalt  
Masters Doubles: LS Juan Guo, CFB Esquimalt and LS Qing Li, CFB Esquimalt

**Men's Squash:**

Open ..... Cpl Michael Villeneuve, CFB Comox  
Junior ..... LS Basil Khan, CFB Esquimalt  
Senior ..... MWO Mike Windsor, CFB Esquimalt  
Masters ..... Maj Dave Stelfox, CFB Comox

**Women's Squash**

1) Capt Jill Sicard – 19 Wing Comox  
2) Lt(N) Tien Nguyen – CFB Esquimalt  
Alternate 1: Sgt Vicky Killion - CFB Esquimalt



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Rachel Lalouz, Lookout

Esquimalt squash and badminton players pose for a photograph before the 2015 Regional Squash and Badminton Championships between Comox and Esquimalt on March 25.

**Inset:** Regional ladies squash players Sgt Vicky Killian, Capt Jillian Sicard, and Lt(N) Tien Nguyen after the games on March 27.

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While paying yourself first is an example everyone should emulate, these new savings and investment\* products are an easy set-up, low maintenance saving strategy, exclusive to CAF members, with some practical advantages:

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The CAF Savings Plans focus on simple savings / investment solutions empowering CAF personnel and their families to build lasting financial health and security. By participating, members can

start implementing sound money-management habits and strategies to help them meet the demands inherent to military life; the constant relocations, loss of spousal income, drastic cost-of-living variations depending on the posting. As such, CAF members can prepare for both short and long term gain by:

- Creating an emergency fund
- Saving for the purchase of a new vehicle
- Accumulating a down payment for a new home
- Banking their severance for when they release/retire

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\*\* Rate of return used (5%) refers to the average annual compounded rate of return and does not take taxes into account.

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# Vic PD recognized for reservist support

**Rachel Lallouz**  
Staff Writer

The Victoria Police Department's unwavering loyalty to military reservist employees was honored this March 31, when the Canadian Forces Liaison Council (CFLC) presented senior police leadership with a formal certificate of recognition for employer support.

Dr. Skip Triplett and John Appleby, regional directors of the CFLC, thanked the Victoria Police Department for upholding their long-standing tradition to enable employees in the reserves to attend their frequent training sessions and commitments.

Reserve members currently employed by the police department must juggle their training requirements with their workloads. Ongoing reserve training can occur on weekends and occasionally on weekdays. Reservists may also be called upon unexpectedly to

deploy for extended periods of time, for situations such as responding to natural disasters and other emergency situations. As such, reserve employees must be ready to place their work duties on hold when their city, province, or country, needs their help.

Dr. Triplett emphasized the responsibilities of a reservist can stretch their time and energy thin, meaning they require additional assistance from their employers to succeed both at work and in the military.

“Sir Winston Churchill believed that reservists are twice the citizen, because they are constantly balancing a military career with a civilian life. But I like to say they are three times the citizen, because most of them have families too, and that's a whole other role,” said Dr. Triplett.

The CFLC encourages employers to be flexible and accommodating when working with a reservist. For the CFLC, the Victoria

Police Department has succeeded in this supportive role, having developed a policy that promotes the development of reservists by facilitating absences from their civilian duties.

“Senior management and patrol supervisors at the Victoria Police Department have ensured that all of the current and previously serving reservists are able to get away from the organization, worry free, in order to complete their training,” Dr. Triplett said.

Reservists at the police department have been cleared to attend multiple deployments to Sudan and Afghanistan, and when training takes an employee away from their unit or desk job, the police department goes without the manpower. Additionally, the medical benefits of reservists, and their seniority, are maintained during their absences.

“There is a strong feeling amongst reservists who work for the Victoria Police Department that their mili-

tary endeavours are viewed as important and whole,” said Dr. Triplett.

Chief Constable Frank Elsner accepted the certificate and acknowledged that hiring a reservist employee is beneficial for the Victoria Police Department as well.

“One thing the police department really values is leadership, and the other thing is giving back to the community. The reservists accomplish both of those things,” he said. “So what we get back from the forces is huge for us, and we're very happy to keep supporting.”

The Canadian Forces Liaison Council is a national network of over two hundred senior business executives and educational leaders, a full-time Secretariat and a national network of Reserve officers. The Council's mandate is to enhance the availability of reservists for their military duties by obtaining the support and co-operation of organization leaders in Canada.



Rachel Lallouz, Lookout

**From left:** Chief Constable Frank Elsner accepts the certificate of recognition for being a supportive employer of reservists. Skip Triplett, Regional Director of the Canadian Forces Liaison Council Vancouver Island, presented the certificate at a ceremony on March 31. Major Brendan Le Blanc, nominator of the award, observes the presentation.

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# Scientists test autonomous underwater vehicle

DRDC

When modern-day Canadian explorers made what has been described as the discovery of the century by finding one of Sir John Franklin's lost ships, defence scientists were part of the discovery team.

While numerous expeditions to find the lost Franklin ships led to the mapping of Canada's Arctic, no ships were ever found. In the end, it was clues from Inuit oral history, expedition reports on the possible route and final resting places of the Franklin ships, a better understanding of annual pack ice movements, modern sonar technology, and a bit of luck that led the Canadian team to discover HMS Erebus.

Led by Parks Canada, the 2014 Victoria Strait Expedition included several Government of Canada departments and private organizations.

In support of the Royal Canadian Navy, six DRDC scientists and two navy personnel travelled to the Victoria Strait with the Arctic Explorer, a state-of-the-art autonomous underwater vehicle, to survey the seabed in search of the lost Franklin expedition ships.

The DRDC research team seized the opportunity to test the unique capabilities of the Arctic Explorer AUV in a previously uncharted area of the Arctic Ocean seabed under harsh conditions of extreme cold, constantly moving ice floes, and rapidly changing weather patterns.

*Arctic Explorer* was equipped with a high frequency AquaPix® Interferometric Synthetic Aperture Sonar (INSAS), manufactured by Kraken Sonar Systems Inc. of St. John's Newfoundland and Labrador. At more than seven metres in length, the Arctic Explorer, manu-

factured by International Submarine Engineering Ltd of Port Coquitlam, B.C., makes an incredibly stable platform for the operation of this high-resolution sonar. The combination of these capabilities created an AUV system that produced high-resolution images of the seafloor over a much greater range than previous sonar systems.

In 2010 and 2011, Arctic Explorer AUVs successfully completed under-ice surveys in support of Canada's United Nations Convention on the Law of the Sea submission. Key to the success of these survey missions was the development and use of a unique underwater acoustic homing system, developed by Omnitech Inc. of Dartmouth, Nova Scotia. This technology enabled the AUV to find its way home to a drifting ice-camp or ship from distances of over 50 kilometres.

During the 2014



Photos by: Marc-Andre Bernier, Parks Canada

**Above:** Autonomous underwater vehicle braves unknown Arctic waters during the 2014 Victoria Strait Expedition.

**Below:** In support of the Royal Canadian Navy, six DRDC scientists and two RCN personnel travelled to the Victoria Strait with the Arctic Explorer, a state-of-the-art autonomous underwater vehicle, to survey the seabed in search of the lost Franklin expedition ships.

Expedition, DRDC undertook several experiments to assess and understand the impact that low water temperatures have on the performance of various types of imaging sonars. Data from the experiments will be used to validate existing sonar models and provide information to the RCN regarding decisions about

future sonar acquisitions.

If the Government of Canada or the RCN decide to undertake further exploration of the Arctic, the DRDC AUVs and research team offer a highly specialized and unique capability to support those efforts.

DRDC will continue to support the Government of Canada's Northern

Strategy and to refine AUV technology and capabilities. The Agency has operated in the Arctic since the early 1950s, when scientists established research camps and programs and made discoveries that underlie our current understanding of glaciers and ice movement, navigation and Arctic clothing.



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# Special visitors to the base



LS Zachariah Stopa, MARPAC Imaging Services  
Cdr Bradley Vizard, Australian Defence Advisor, signs the guest book March 26.



Cpl Brandon O'Connell, MARPAC Imaging Services  
Colonel Robert Delaney, Commander Canadian Forces Military Police Group (CF MP Gp), and Chief Warrant Officer John Barnes, the CF MP Gp CWO, sign a guest book during a visit with Commander Maritime Forces Pacific, RAdm Bill Truelove March 16.

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# NEWS Nuggets

## Cash incentive for electric cars

British Columbia's SCRAP-IT® Program has launched an incentive program aimed at taking high polluting vehicles off B.C.'s roads. The new incentive allows consumers purchasing a qualifying new electric vehicle and who scrap their 2000 or older vehicle to receive a \$3,000 rebate. SCRAP-IT's voluntary early retirement vehicle program is designed to reduce greenhouse gas emissions and lower exhaust pollutants across the province. All scrapped vehicles and their components are permanently and properly recycled. Electric vehicles that qualify for this new program are listed on [www.scrapit.ca](http://www.scrapit.ca).

## CAF police in the Sinai Peninsula

Canadian Armed Forces (CAF) Military Police contingent have taken over providing police services for the next four years

for personnel living in the Multinational Force and Observers camps in the Sinai Peninsula. Thirty-seven Military Police and support personnel joined the 31 CAF personnel already deployed as part of Operation Calumet, Canada's current contribution to the multinational force. These Military Police will conduct police and security duties in the North and South camps of the multinational peacekeeping force.

## Nominate for sports award

For 2015 CAF Hall of Fame, CAF Honour Roll and Dedication to CAF Sports Award nominations the deadline is May 1. Therefore the PSP deadline to receive and review the nominations prior to being forwarded to CAF Sports Coordinator is April 23. Note: the member must have completed his/her sporting career to be able to be considered for the

CAF Hall of Fame and CAF Honour Roll.

The Dedication to CAF Sports Award is a new category that recognizes individuals or groups who have gone above and beyond to provide time, effort and support to the promotion and development of CAF Sports. Nominees may include persons who have served or are serving in the CAF, persons who have been employed or are currently employed as NPF Staff, civilians or corporate sponsors.

Nomination forms for these awards can be found at this link [www.cfmws.com/en/AboutUs/PSP/CFSports/Awards/Pages/Nomination-Process.aspx](http://www.cfmws.com/en/AboutUs/PSP/CFSports/Awards/Pages/Nomination-Process.aspx)

For further information and/or assistance completing the nomination form pls contact the Formation Sports Coordinator, Les Alexander at local 3-4068 or Formation Sports Cell Staff Heather Bishop at local 3-4069.



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## Metal Drive April 11-12th

The Juan de Fuca Branch of the Navy League of Canada is holding a metal drive. Drop off metal donations at their hall located at **948 Dunford Road in Langford on April 11 starting at 10 a.m. All metal donations will be accepted up until April 12, 3 p.m.**

The only exception is metal that has contained oil or gasoline; these items cannot be donated. The branch consists of Admiral R.H. Falls Navy League and Beacon Hill Sea Cadets.

The Navy League of Canada is a non-profit organization responsible for the sponsorship of youth programs across Canada. The goals of these programs are to foster citizenship, physical fitness, respect for themselves/others and self-discipline.

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### Sport B.C. winner of the President's Award for Sailing

Lt(N) Tracy Terry was presented the Sport B.C. President's Award for Sailing during the 2015 Athlete of the Year awards ceremony in Vancouver on March 12. Lt(N) Terry is the Regional Cadet Water Operations Officer at RCSU (Pac).

She was nominated for being instrumental to the development and success of the civilian national sailing programs as well as the national boat safety program.

She was recognized as a role model and volunteer within the sailing community.

The President's Awards are presented to volunteers from Sport BC member and partner organizations who represent the spirit of volunteerism and whose

dedication, energy and commitment contribute to development of their sport or organization in the province of BC.

Lt(N) Terry is a past recipient of the Canadian Yachting Association Volunteer of The Year Award (2008), the Sport BC Sport Builder of the Year Award (2011) and the Bobby Steen Award of Excellence for Career Achievement (2011).

She is currently the Vice-President and Director of Sail Training for the BC Sailing Association.

She has been the Vice-President of Training and the Coaching Development Committee Chair for the Canadian Yachting Association. In addition, she was a presenter at the Women in Wind initiative for Sail Canada.



**Maritime Tactical Operators Course Grads**  
Commodore Bob Auchterlonie, Commander Canadian Fleet Pacific (left), presents PO1 Tucker with his course completion certificate for the Maritime Tactical Operators course 1501 during the graduation parade on A Jetty March 26.

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LS McGregor with his course completion certificate.



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LS Peppley with his course completion certificate.



PO2 Sutherland with his course completion certificate.



SLt Hull with his course completion certificate.



LS Sytchv with his course completion certificate.



RAdm Bill Truelove, Commander Maritime Forces Pacific, receives the 2015 North Atlantic Treaty Organization (NATO) Standardization Organization plaque from Col Chris Bowen and Cdr Martin Thorup. It was given in appreciation for hosting the 2015 NATO Helicopter Operations From Ships Other Than Aircraft Carriers Conference at the Chief and Petty Officers' Mess on March 16.

Image by LS Zachariah Stopa, MARPAC Imaging Services



Image by LS Ogle Henry, MARPAC Imaging Services

Maj Jeff Byam of Air Component Coordination Element (Pacific) (ACCE (P)) was awarded the Canadian Forces Decoration Second Clasp by LCol Christopher Bowen at the Wardroom on March 30.

# Ceremonial Divisions

Commander Martin Drews, Canadian Forces Fleet School (Esquimalt) Commandant, presented awards during the Ceremonial Divisions held at the Naden Drill Shed, on March 26.

Images by LS Ogle Henry, MARPAC Imaging Services



PO1 Christopher Janosik is awarded the South West Asia Service Medal with Afghan Bar.



OS Lynn Mason is awarded the Operation Service Medal - Expedition.



LS Jordan Moore is awarded the NATO Article 5-Active Endeavour.



Lt(N) Anthony Gatt is awarded the Canadian Forces Decoration Second Clasp.



Lt(N) Miklos Kovacs is awarded the Canadian Forces Decoration First Clasp.



PO1 Neil Yalden is awarded the Canadian Forces Decoration First Clasp.



PO1 Christopher Janosik is awarded the Canadian Forces Decoration First Clasp.



MS Ronald Carlson is awarded the Canadian Forces Decoration First Clasp.



MS Craig Shillington is awarded the Canadian Forces Decoration.



MS Carrie Sorensen is awarded the Canadian Forces Decoration.



MS Amy Bakstad is awarded the Canadian Forces Decoration.



MS Ryan Ward is awarded the Canadian Forces Decoration.



MS Brant Dame is awarded the Canadian Forces Decoration.



CPO2 Matthew Moody is promoted to his current rank.



PO1 Gerald Donovan is promoted to his current rank.



CPO2 Corey Young is presented the Canadian Armed Forces Award of Excellence.

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**STV TUNA IS LOOKING** for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please contact Sgt Steve Wright 902-427-4417 or steven.wright@forces.gc.ca or check us out on facebook (STV Tuna) for more information.

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HABITAT FOR HUMANITY AND THE RESTORE are seeking volunteers to help out with customer service, warehouse and driver assistants. We are also looking for ambassadors for special events. Please contact Nancy @ [volunteer@habitatvictoria.com](mailto:volunteer@habitatvictoria.com) or 250-480-7688 ext. 105

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# Spring includes fire safety

We love this time of year; everything is fresh, beautiful and the time of year for spring cleaning. So why not include some fire safety in that cleaning?

You may not realize it, but when you dispose of built-up storage and garbage, you're getting rid of potential fire hazards.

Here are a few tips from the CFB Esquimalt Fire Rescue on what to look for when spring cleaning your basement, garage, yards and sheds.

- Most debris that accumulates over the winter months boxes, stacks of paper, old clothes and other clutter offer an excellent place for a fire to start.
- Reduce or eliminate hazardous chemicals in

your home. Cleaners, old paints, and paint thinners can fuel a fire. Keep on hand only the amounts you need and be sure to use, store and dispose of materials in a safe manner. Never mix chemicals when disposing them.

- Never store gas-powered equipment such as lawn mowers, outboard motors or propane cylinders used on barbecues inside the home.
- Maintain a metre distance of combustibles and storage around the furnace, water heater or any heat source. Be careful what you store underneath any stairs, especially combustible products.
- Check your dryer vent,

not just the one in the dryer, but the one that vents outside. This can build up over time and cause problems.

- Look around your yard for any dead shrubs, trees or deadfall.
- Keep your lawn mowed and water regularly. Don't let it dry out and become an issue.

Your local municipalities have some terrific programs to help you with any disposal needs. CRD also has an easy-to-use website with all kinds of useful information for hazardous materials, and specific disposal or recycling needs.

You can also use these tips for your workplace.

Fire safety is something that we always need to be aware of.

# Word bank has a new look

The Defence Terminology Bank, located at <http://terminology.mil.ca/>, is a compilation of approved DND/CF terminology.

If you have consulted the Defence Terminology Bank (DTB) recently, you will have noticed some changes.

The DTB has recently been upgraded for Windows 7 and now has a new look.

This database can be especially helpful to new personnel who, upon starting their employment with DND/CAF, soon realize there are three languages

spoken in this organization: English, French, and "Defence speak".

The DTB is an equally important tool for more seasoned defence team members looking to use exact and approved defence terminology.

In fact, the DTB, consisting of approximately 50,000 records, is the only official source and repository for DND/CAF approved terms, definitions, abbreviations and organizational titles. The Defence Terminology Section, or DDIMP 6 (that

abbreviation is in the DTB), under ADM(IM) is constantly updating the database to reflect the dynamic nature of terminology in DND/CAF. The team is also responsible for the content, as well as the linguistic and terminological quality assurance of the DTB.

For further information or enquiries about the DTB or the Defence Terminology Programme in general, please contact the Defence Terminology Section at +Terminology@ADM(IM) DDIMP@Ottawa-Hull.

# Fingerprinting goes futuristic

## DND

The Defence Team is exploring the use of biometrics to assist with personnel identification.

Fingerprinting, which is currently in use, is an infallible mean of personal identification because of two inherent qualities:

Uniqueness - No two fingerprints are alike; and  
 Persistency - They are permanent and will never change unless damaged by burns, deep cuts, lacerations or amputation.

The DND/CAF uses fingerprints to provide a positive means of identification of CAF members, persons serving with CAF members, and members of Allied Forces serving within Canada. DND employee fingerprints are only used for security clearance purposes.

It is important to understand that DND will devise and implement the appropriate security measures to ensure that the

recording of one's fingerprints will not compromise or expose the member's or employee's identity to the risk of theft.

## Interesting Fingerprint Facts:

- Fingerprint ridges are formed in the fetus during the third and fourth month of pregnancy.
- The earliest record of fingers having ridges in Canada was portrayed in an Aboriginal Indian picture, carved upon the smooth face of a cliff in Nova Scotia.
- In 1901, Sir Richard Henry, Assistant Commissioner (Crime) at Scotland Yard, added the final touches to the categorization of ten-print fingerprint records into primary groupings based on pattern types. This categorization became thus known as "The Henry Fingerprint Classification System" and is widely used and recognized to this day.



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