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Fredericton at sea



Maritime Task Force - Op Reassurance, DND A Maritime Surface and Sub-Surface Officer on board HMCS Fredericton uses a range finder to determine the distance to German oiler FGS Spessart during an underway replenishment on Exercise Joint Warrior as part of Operation Reassurance on April 15.

Read more on Fredericton on page 10.

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END OF AN ERA

On Sept. 19, 2014, Vice-Admiral Mark Norman, Commander of the Royal Canadian Navy (RCN), announced the retirement of four ships that had reached the end of their operational lives: Her Majesty's Canadian Ships *Protecteur*, *Preserver*, *Iroquois* and *Algonquin*.

Each ship has a slightly different story, but the common thread is that all four ships have served Canada and the RCN with honour and distinction.

Three of the four ships will be "paid off" in ceremonies on their respective coasts this spring and summer.

The term "paying off" refers to the British age-of-sail practice of paying a crew their wages once a ship has completed its voyage. In the RCN, the tradition continues with the term paying off referring to the formal ceremony where the naval jack, ensign and commissioning pennant are hauled down, the crew departs a ship for the last time, and the ship is then no longer referred to as HMCS.

Any current serving military members and DND employees are welcome to attend. Please RSVP with your intentions to attend any ceremonies to the point of contacts below:

For *HMCS Iroquois* please RSVP to Lt(N) Bradley Howcroft at Bradley.Howcroft@forces.gc.ca, or at 902-427-2768.

For *HMCS Protecteur's* please RSVP to Lt(N) Nicole Laurin at nicole.laurin2@forces.gc.ca, or at 250-363-2011.

For *HMCS Algonquin* please RSVP to Lt(N) Jonathan Nellan at Jonathan.Nellan@forces.gc.ca, or at 250-363-2515.

Timings and locations will be made known at a later time.

HMCS PROTECTEUR

After 46 years of great service, *HMCS Protecteur*, one of the RCN's auxiliary oiler replenishment ships, will be paid off during a ceremony at CFB Esquimalt on May 14.

Constructed in Saint John, New Brunswick, *Protecteur* was commissioned on Aug. 30, 1969, initially sailing into service with the Atlantic Fleet before transferring to the Pacific Fleet, where she

completed her service.

Protecteur took part in numerous operations during her service life, notably deploying to the Persian Gulf as part of Operation Desert Shield in 1991, to Florida as part of the relief effort after Hurricane Andrew in 1992, and was part of Canada's contribution to the multinational task force to assist East Timor from October 1999 to January 2000.



HMCS PRESERVER

HMCS Preserver has successfully served with the RCN for more than 40 years. Despite not being used as an at-sea platform anymore, *Preserver* continues to serve by providing a fueling service to the Atlantic Fleet. A paying off ceremony for *Preserver* will be determined at a later date.

The retirement of these vessels has been anticipated for some time and is a step towards the introduction of new ships and capabilities set to be delivered through the National Shipbuilding Procurement Strategy (NSPS). For the RCN,

the introduction of new ships empowers the sailors of today to tackle the challenges of tomorrow.

All current serving members in the Canadian Armed Forces and Department of National Defence civilian employees are welcome to attend any of the paying off ceremonies, which will feature a marching contingent and a final salute from the current crew. Personnel wishing to view any of the ceremonies should be on the jetty in NIAs with medals (military members) or appropriate civilian business attire.



HMCS IROQUOIS

On Friday, May 1, *HMCS Iroquois* will receive a final salute from her current and former sailors, soldiers, airmen and airwomen during a ceremony at Canadian Forces Base (CFB) Halifax. This signals the end of the destroyer's nearly 43 years of distinguished service to the RCN and Canadians.

Commissioned on July 29, 1972, *Iroquois* sailed with the

RCN's Atlantic Fleet, conducting domestic and international security operations. Notably, the warship was part of Canada's first response after the terror attacks on Sept. 11, 2001. *Iroquois* was part of the RCN Naval Task Group that departed Halifax on Oct. 17 of that year to conduct anti-terrorism operations in Arabian Sea.



HMCS ALGONQUIN

HMCS Algonquin will be paid off on Thursday, June 11 at CFB Esquimalt, the ship's homeport since 1994.

The ship's illustrious 41 years of service to the RCN include deployments to the Standing Naval Forces

Atlantic Task Group, Gulf of Oman for Operation Apollo and the Eastern Pacific to participate in Operation Caribbe. All of those operations were part of RCN contributions to international security operations.



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Children of military families can get subsidized for week of summer camps

Rachel Lallouz
Staff Writer

This summer, the Support Our Troops Summer Camp Program is looking to send children of military families to a camp in their region for one week by subsidizing and defraying camp costs.

With no cap to the number of children admitted, military families that qualify are encouraged to apply.

Families whose children qualify for the experience include:

- those with a fallen CAF parent/guardian;
- those who have an ill or injured CAF parent/guardian posted to the Joint Personnel Support Unit or the Integrated Personal Support Centre;
- families of currently deployed members or on a prolonged course/training program, or scheduled for deployment, or serving away from their families;

- and any CAF families of special needs children.

- Families with more than one child need not worry, as any number of children from an eligible family will be permitted to take advantage of the program.

If eligible, a child's family will receive a maximum grant of \$600 to attend overnight camp for one week. Camps must be nationally accredited to ensure the safety and suitability for children from the military community.

Prospective families with a CFOne Card are invited to

It's extremely rewarding to see this. Just to know that these children are being supported, and given the ability to get away and have that camp experience that they may not have otherwise had the chance to partake in.

Jo-Anne MacDonald,
Director of Strategic Outreach and Initiatives for Morale and Welfare Services

consult the CF Appreciation Program website to view a list of camps that have already agreed to offer a discount, as well as other camps.

Campers must attend camp during the 2015 summer, any time from June until the end of August. For families with younger children, day camp is also an option, with a maximum \$400 bursary available.

A \$1,000 grant is available to cover camp expenses for children with special needs, including payment of any caseworkers needed during that week.

The program was originally available to Ontario families, by sending eligible children to Camp Maple Leaf, an organization with a long history of providing support to veterans and their families.

Muskoka Woods, another Ontario based camp, also dedicated a number of its spots to the children of military families, and still holds 65 spots each summer for military children.

Starting last year, the

grants were made available to military families nationwide through funding from the Support Our Troops Program. Now the program is rolling into its second year assisting children of military families from all provinces.

With Camp Maple Leaf making the difficult decision to keep its doors closed this year as it undergoes renovations, further financial resources have opened up to extend to other provinces.

Jo-Anne MacDonald, Director of Strategic Outreach and Initiatives for Morale and Welfare Services, holds the role of connecting families to the camp grants, and the value of this program to the military community is not lost on her.

"It's important because it offers children of these families some respite, and an opportunity to potentially connect with others that may be experiencing similar situations based on their military family life," she says. "It's our job to be that gateway for families to receive funding support so children

can enjoy this valuable and memorable experience."

Campers are expected to have the full summer camp experience during their stay, and in the past have participated in classic camp activities such as hiking, swimming, outdoor survival education, zip lining, kayaking, and canoeing.

The Camps Program began in 2008, with an initial 10 spots available for campers. From there, the number grew, with 80 children being sent to camp the following year. From 2011 to 2013, a staggering 300 children attended a subsidized camp. Last year's grant opening to other provinces resulted in 600 campers afforded the opportunity, and this year shows no sign of slowing down, as the list of grant recipients grows longer every day.

"It's extremely rewarding to see this," says MacDonald. "Just to know these children are being supported, and given the ability to get away and have that camp experience they may not have otherwise had the chance to partake in."

Interested families should visit www.supportourtroops.ca, follow the "Camps" link, and review the National Camp Guide to assess their eligibility. The deadline for application is the closing of the 2015 camp season, though families should consider applying as early as possible to guarantee a spot at a registered camp.


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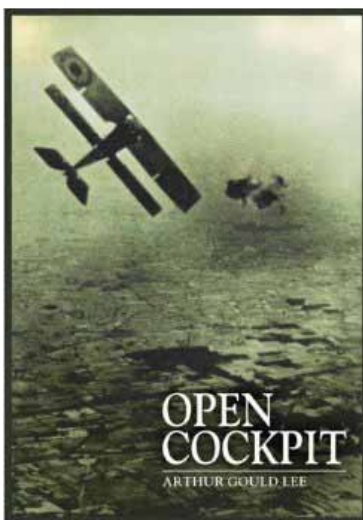
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BOOK review

Straight Shooting Fighter Pilot

Maj Chris Buckham
Royal Canadian Air Force



Title: Open Cockpit
Author: Arthur Gould Lee

The author, Arthur Gould Lee, was a fighter pilot in the Royal Air Force from early 1916 until the end of the war, having transferred from an initial stint with the infantry.

His autobiography encompassing his period of training and operational flying is an engaging and enlightening window into the early years of military flying. His intent is not to glorify or romanticize the role of the fighter pilot, but rather to provide insight into the lives and challenges of a line pilot in the cauldron of the First World War.

He is a gifted writer and his work conveys his story to the reader in a casual yet compelling way. Indeed, one could easily imagine the author, with a brandy and cigar, sitting across from the reader in his library relating the story of a particularly notable period of his life.

Gould's discussion of the training he received is of particular interest. The casual, almost haphazard method that young pilots were introduced to the mysteries of flight is both shocking and comical. In today's technological world of aviation, it is hard to imagine sending up novice pilots with a couple hours training to solo without even understanding the basics of how to recover from a spin (and, in fact, the powers that he did not know the answer to this question until well into the war).

The fact that pilot training was, in many respects, as dangerous as combat, further deepens ones respect for those early pilots who took up the challenge of flight.

I was particularly taken with his descriptions of patrols. Typically these lasted for two to three hours and as his aircraft, the Sopwith Pup, handled better at higher altitudes, 18 – 20,000 feet was not uncommon. As a rule of thumb, any sustained operation above 10,000 ft today requires the use of oxygen in an unpressurized environment. Imagine if you will, operating at 20,000 ft without oxygen or heating in open cockpits for two to three hours. Now add the stress and challenge of potential combat onto that, and without parachutes.

Modern aviation medicine tells us it is incredibly hard, both psychologically and physically, to sustain this kind of undertaking. It boggles the mind that these men were expected to do it two to three times per day, every day.

Gould's reminisces of these events leave the reader shaking their head in wonder.

The author does discuss his thoughts on the courage of the fighter pilot compared with other elements of the air force (such as observation and reconnaissance aircraft), and the army. His views are poignant and balanced. In effect, he acknowledges that each of the branches had stressors uniquely theirs and so one may not, with any degree of legitimacy, suggest that one group was braver than another.

In his view, the main challenge for the fighter pilot was centred upon the fact that he was alone. In the air, he did not have the support of

People Talk

On April 17, Lookout visited the Military Police and asked them:

What is the most unusual or interesting thing about your job that people may not know?



I get to interact with the community and protect the people in our community – and I love doing that.

Corporal Dustin Renz



Here we get to do a variety of different work – working with different files and situations that involve both civilians and military members.

Corporal David Cumby



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being able to overcome/dilute his fear through the close proximity of his peers and friends.

He comments that a significant part of his maturity and development as a pilot occurred during a scrap with an Albatros D-III. The German and Gould were alone facing each other, and the German's aircraft was overall a far superior one to the Pup that Gould was flying. Nevertheless, the German broke contact and retreated to his own lines. It was at that moment, Gould recounts, that he realized his adversaries were as scared, and therefore as human, as he.

The quality of the aircraft, while important, was not the only factor in survival in the air. Psychologically, the balance was made more even for Gould because of this realization.

Grub Street publishing has produced yet another high quality book. The production value is first rate and well worth the money.

Overall, I have to say this was one of the most enjoyable books I have read about the experiences of a First World War combatant. Gould is a top notch author who is able to tell his tale without being overly dramatic or gruesome. A thoroughly engaging read; I had trouble putting the book down. I highly recommend it to those looking for a story that entertains and educates concurrently.



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Military police member receives CD's Commendation

Rachel Lallouz
Staff Writer

Life-saving actions have earned Corporal Dustin Renz, 24, a Chief of Defence Staff Commendation.

The military police officer was chosen to receive the prestigious award after saving a woman from choking to death on July 18, 2013.

On a lunch break at a small restaurant in Barrie, Ontario, Cpl Renz and co-worker Cpl Brad Osmond were finishing their meals when they noticed a commotion at the table beside them. An older woman was doubled over, gesturing wildly, while her husband looked frantically around for help.

Cpl Renz quickly realized the woman was choking; but before he could help the woman's husband began performing abdominal thrusts on her. Despite his actions, the woman was unable to cough up the blockage. Cpl Renz, recognizing the maneuver was being done incorrectly, stepped in.

While Cpl Osmond called for an ambulance, the young Corporal took over performing abdominal thrusts (formerly known as the Heimlich manoeuvre).

"She was starting to pass out. That's when I gave her a back thrust, and she was able to dislodge the obstruction."

Corporal Dustin Renz
Military Police member

The girth of the woman made it hard for him to fully encircle her waist and get a strong upward motion on the bottom of her diaphragm.

"After multiple attempts, she was starting to pass out. I was supporting her weight with the help of her husband" he says. "That's when I began giving her back blows, and she was able to dislodge the obstruction."

Without acting as quickly and decisively as he did, the woman would have lost consciousness and died.

"I remembered all of the first aid training I'd had," he says. "And then I knew exactly what to do. I was starting to get worried, though,

after my initial abdominal thrusts weren't working."

Shortly after, paramedics arrived to assess the woman, and Cpl Renz and Cpl Osmond headed back to work.

"After it all had happened, I felt little overwhelmed," he says.

Finding out he would receive the commendation was a surprise. On his annual leave a couple of weeks ago, he received a call requesting him to come into the Military Police Unit Esquimalt office, where he was notified over the phone by Brigadier General Louis Meloche, Commander CF Recruiting Group, of the award.

"It's one of the highest commendations you can receive, so I feel very privileged."

Traditionally, the award recognizes actions completed by members of the Canadian Forces who "perform a deed or activity beyond the demands of normal duty."

In this case, Cpl Renz's calm demeanour and immediate response are being applauded.

He was presented his CDS commendation pin on April 21; however, the official ceremony will take place at a later date, still to be determined.



Rachel Lallouz, Lookout

Military Police member Corporal Dustin Renz is set to receive one of the highest awards for his quick thinking and life saving skills.

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Sailor works to save dogs

Karen Brandon
Lookout

Martin Luther King Junior once said: *“Never, never be afraid to do what’s right, especially if the well-being of a person or animal is at stake. Society’s punishments are small compared to the wounds we inflict on our soul when we look the other way.”*

PO1 Alana Power does not look the other way.

She has saved the lives of 70 dogs and five horses through her one-person Su Casa Rescue organization.

“I started the rescue because I wanted to do more for those who could not speak for themselves, those who needed help after having a rough start in life,” says the sailor, who works at Maritime Forces Pacific headquarters.

She chose Su Casa to symbolize the safe homes she provides for her rescues.

“Mi Casa Su Casa means ‘my place is your place’, so I chose something that would signify the rescued are welcome and they have a safe place.”

Most of the dogs come from San Bernadino, California, which has high-kill shelters; they would be

euthanized if not saved by her.

She began rescuing horses in 2009 and dogs in October 2013 with Bella and Henry, two puppies that became part of her “forever pack.”

All her rescues come with unique, but grim stories.

One such pup is Roo, a Chihuahua from California. He weighed 2.5 lb., and was surrendered to the shelter by his owner to be euthanized.

“The owner wanted him killed because something was wrong with his back leg. This little guy’s leg had been broken and not given vet care. He was able to walk and did not appear in pain, but he had definitely sustained injuries,” she says.

He arrived as a small, sickly pup who won her heart as she nursed him back to health. He was eventually renamed and adopted out to a loving family.

“Within a month he had a wonderful adopter that wanted him. We met and the rest is history.”

While she does the adoption work unaided, she does get help from a small group of committed individuals.

“I have people who donate recyclables, food and money; I have people

who come up and help me walk the dogs,” she says. “But it’s mostly my money, my time, it is my everything.”

Through her connection to the military, PO1 Power has adopted a few dogs to members in the Forces. To some, the process to adopt may seem arduous, but this is the only way she can be assured a dog is going to a responsible family.

Interested adopters are matched with a puppy – photos of available pets are on her Facebook page – then visits are set to meet and see if they get along.

“Sometimes many visits are required in order for folks to choose a forever companion. A home visit follows, then the completion of an adoption contract, and then the pup is off to their forever home.”

In certain cases where a family may not want their dog anymore, it must be returned to Su Casa.

“All animals that I rescue are lifetime members of Su Casa and must come back if the details in the adoption contract cannot be met,” she says.

People interested in a rescue dog should visit PO1 Powers Facebook page. www.facebook.com/



Roo, formerly known as Charlie, enjoys the comfort that comes with being adopted to a loving family.

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Trident

The Canadian Beacon Registry is a crucial part of search and rescue operations.

Commercial vessels and the majority of recreational vessels are required by the Canadian Shipping Act to have an Emergency Position Indicating Radio Beacon (EPIRB) on board. Some beacons have to be manually released and others are activated when they are immersed to a depth of one to three metres.

An Emergency Locator Transmitter (ELT) is used for aviation safety, and a Personal Locator Beacon (PLB) is carried for hiking, hunting or any activity in remote areas.

The 406 MHz Beacons are monitored by COSPAS/SARSAT, a search and rescue satellite system, to provide global detection.

The U.S., France and Russia partner with Canada for the COSPAS/SARSAT system, and many other countries are system users.

The Canadian Mission Control Centre in Trenton,

ON, monitors all 406 beacons within Canada and Canadian registered beacons externally.

Activated beacons send a digitally encoded signal to the low earth orbiting and geo stationary satellites, explains Angie Cornish, administrator for the Canadian Beacon Registry. The information encoded into the beacon is gathered through ground stations and sent to the Canada Mission Control Centre.

"If it's registered in our database, in seconds they'll have information on what type of vessel it is, who to contact in case of emergency, potential crew, what type of lifesaving equipment they might have on board," she says.

This info is given to the emergency responders at the nearest Joint Rescue Coordination Centre.

While Canada has one of the highest registration levels, there are still many outdated beacons in use. Whenever a boat is sold, a beacon is replaced, or even a cell phone number is changed, the Beacon Registry should be contact-

ed. The service is free.

"Outdated information only delays response," says Cornish. "Up-to-date information prevents us from launching resources in an unnecessary situation if it's a false alarm."

A non-distress situation can be determined very quickly and thus avoid tying up resources that could be needed by someone truly in danger.

"Ninety-seven per cent of beacon activations can be solved over the phone."

Carl Bourque, a commercial lobster fisher out of Sluice Point, N.S., has the up-to-date beacon on his boat Lady Kimberly. His season runs from the last Monday in November to the 31 of May.

"It's a safety thing. That's your life you're talking about out there."

He said the beacon is one of the primary pieces of safety equipment on board.

"There's that and a life raft and a VHF (radio) with a distress call, otherwise you're out there by yourself."

He tests his beacons seasonally to ensure they are in

working condition.

Cornish says if a Beacon goes off from the Lady Kimberly they are able to call him immediately, and the next call they make is to Gail, Bourque's wife.

Manufacturer's recommendations should always be followed for testing to avoid setting off the beacon. Batteries must be changed at a certified servicing station.

When a beacon is being disposed of, the batteries should be removed and disposed of separately.

Also, "beacons should not be thrown into a dump," says Cornish.

It is not uncommon to have a beacon signal come from a landfill location.

"They should be disposed of according to a municipality recycling guidelines, and the Beacon Registry should be advised when a beacon is no longer being utilized."

All beacons must be registered in the Canadian Beacon Registry by calling 1-877-406-7671, emailing cbr@srnet.dnd.ca or by registering online at www.cbr-rcb.ca.



From a Cormorant, search and rescue (SAR) technicians prepare to assist a ship and its crew that got into trouble in icy water. Beacons are critical in helping SAR teams locate vessels in distress.

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Sailor turns hobby into thriving business

Rachel Lallouz
Staff Writer

Sonar Supervisor PO2 Adam Coolidge is just weeks away from hanging up his navy combats for good and leaving the tight-knit naval community.

But he won't be floundering when he immerses himself into the civilian world. The sailor has created his own business and its already proving a success.

With the skills attained through almost 17 years of service to the Royal Canadian Navy, and 20 years of recreational diving, the sailor has opened his own commercial diving business, Cold Water Divers Inc.

"The most important skills my training with the navy gave me were timings, organization, and administrative experience," he says.

"Timings means everything for a diver, and I have to keep all of my dive gear perfectly organized and in good working order, ready to go at a moment's notice. And, of course, as the owner I'm responsible for all of my company's paperwork."

Cold Water Divers Inc. specializes in maintenance and repair of operational civil infrastructures built in water, such as bridges, docks, and sewage outfalls; therefore, divers must have a high level of expertise working with tools.

His company currently employs five divers capable of heavy lift salvage and removal, underwater welding and broco cutting, and live HD video inspections.

On a typical project, two divers are sent below the water to work on the task, which can range from cleaning a ship's propeller to completing a hull inspection, to repairing a wharf. Their 20-foot boat is always nearby with a small crew responsible for ensuring the divers' safety, with one employee tending, and a supervisor overseeing the entire operation including providing the divers with their unlimited air supply.

His company also boasts it is the only modular dive company on the Island. Divers can operate out of a shipping container that contains everything needed to do the work. This means his team can operate with no assistance at any location, be it on a barge, a ship or a remote location.

PO2 Coolidge got hooked on diving in 1995, after giving himself the gift of his first lesson. His first dive, in the crystal clear waters of an Ontario quarry, sparked

his diving interest. He has travelled to some of the most sought-after waters for diving such as the Red Sea, Persian Gulf, Malta, Guam, Japan, Scotland, Azores, and Alaska, and diving his rebreather on many of the shipwrecks in the Florida Keys while on his summer break during his 6A Sonar Control Supervisor course.

Diving is also a part of his navy job. His secondary duty in HMCS Ottawa is a ship's team diver. This work includes being a rescue diver for a man overboard, inspecting, clearing the ship driveline from debris, and jetty searches.

While the change from navy life to fulltime business owner has its stresses, PO2 Coolidge says he's ready to immerse himself fully into his successful dive company and take it to the next level.



PO2 Adam Coolidge prepares to dive.



The team from Cold Water Diving Inc. heads to Saturna Island for a job.

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Above: Danielle Sutherland, Senior Manager, Personal Support Programs (PSP) receives a \$5,000 cheque from Volunteer Appreciation Dinner sponsor Wade Walkters, SISIP Financial Services Manager. The dinner was held at the Chief and Petty Officers' mess on April 16. The annual event serves as a thank you to Military Family Resource Centre, PSP, CFB Esquimalt Military Museum, and CFB Esquimalt Library volunteers for their hard work throughout the year.

Corporal Malcolm Byers, MARPAC Imaging Services



LS Roy Styffe and PO1 Mike Broadley, musicians with the Naden Band of the Royal Canadian Navy, play for volunteers at the banquet.



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HMCS Fredericton hosts diplomatic engagement

Public Affairs Officer
HMCS Fredericton

Political leaders, including Prime Minister Stephen Harper, have said our nation's economy floats on salt water, meaning that Canada's economic prosperity and security depends on maintaining a flow of goods and services through the world's oceans and waterways.

The global economy travels by sea via transoceanic shipping and trade, and any disruptions to maritime commerce in key regions such as Europe and Northern Africa would have serious economic consequences across the world. This is especially true if those disruptions occurred at key choke points such as the Strait of Gibraltar which connects the Atlantic Ocean to the Mediterranean Sea.

Canada is increasing its engagement in Europe and Africa by working closely with military allies and stakeholders from around the world, including like-minded nations and multinational organizations in the region. These efforts are designed to further develop our collective response to commonly perceived threats such as border conflicts, fragile states, humanitarian crises, transnational criminal networks, and human and drug trafficking.

Canadian military engagements such as *HMCS Fredericton's* deployment to Operation Reassurance provide vital opportunities to strengthen relationships with international partners.

Upon completion of operations in the Mediterranean and Black Seas in support of NATO assurance measures, *Fredericton* co-hosted a diplomatic engagement with the Commander of Standing NATO Maritime Group Two (SNMG2), Rear-Admiral Brad Williamson, in Casablanca, Morocco.

"Working together in peace better enables us to jointly tackle crisis situations in a cohesive, rapid and effective manner," said RAdm Williamson. "The building of diplomatic relations between NATO and Morocco is of tremendous value toward countering terrorism and contributing to maritime security."

The reception was held on the ship's flight deck with distinguished government guests, heads of diplomatic missions, regional military representatives, and representatives from the trade and business communities and SNMG2's commands.

During the port visit, *Fredericton* also provided ship tours to representatives from the Royal Moroccan Navy (RMN) and the Canadian embassy. As well, members from *Fredericton* and SNMG2 were provided an opportunity to tour the RMN's RMNS Allal Ben Abdellah and RMNS Hassan II, and the RMN arranged for group tours of the historic Mosque Hassan II. Each of these initiatives helped to build relationships between the different navies.

Following the tours, volunteers from *Fredericton* and other SNMG2 ships painted the facilities at a local orphanage. Volunteering together and engaging in the local community demonstrated yet another way that crewmembers from each nation work side-by-side on land and at sea.

"Building relationships with key international partners at diplomatic engagements such as this one will be beneficial in the future as we continue to support NATO assurance measures," said Commander Jeff Murray, Commanding Officer of *Fredericton*. "It also gives our crew opportunities to visit with foreign navies to learn about their capabilities and have some fun while providing volunteer support to our neighbours in the international community."

Photos: Maritime Task Force - Op Reassurance, DND

Top left: HMCS Fredericton patrols the Mediterranean Sea as part of Standing NATO Maritime Group 2 during Operation Reassurance.

Left: Rear-Admiral Brad Williamson, Commanding Officer of Standing NATO Maritime Group 2 (SNMG2), observes the ship's transit through the Black Sea.

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A Petty Officer with stage presence

Rachel Lallouz
Staff Writer

The glow of the stage under spotlight, the sound of the ensemble, worn floorboards, and the charge everyone gets as an audience claps enthusiastically is what keeps PO1 Joe Scheubel involved in theatre.

It's been five years since he first discovered the Sooke's community theatre scene with the lead role in *Joseph and the Amazing Technicolour Dreamcoat*. With no previous theatre experience, he wasn't sure he'd be the right fit, but after auditioning, he was given the role, and was hooked.

Since that first audition he has been in five theatrical productions as either a performer, production team member or both. Two productions were at McPhearson Theater as part of the Victoria Operatic Society.

For PO1 Scheubel that meant moving off the stage and into the producing chair. In 2001, he spearheaded *Pirates of Penzance*, which meant managing the show's budget, scheduling, and timelines for all of the roles involved. This was balanced with also holding a principal role in the show.

"Being a producer for the society gives me a nice balance with my military work," he says. "And I get to immerse myself in a completely different stream of people."

This year, he is producing *The Who's Tommy?*, a rock opera musical based off The Who's 1969 double album *Tommy*. Auditions will be held on May 9 and 10, 16, and 17, from noon to four at the Edward Milne Community Theatre.

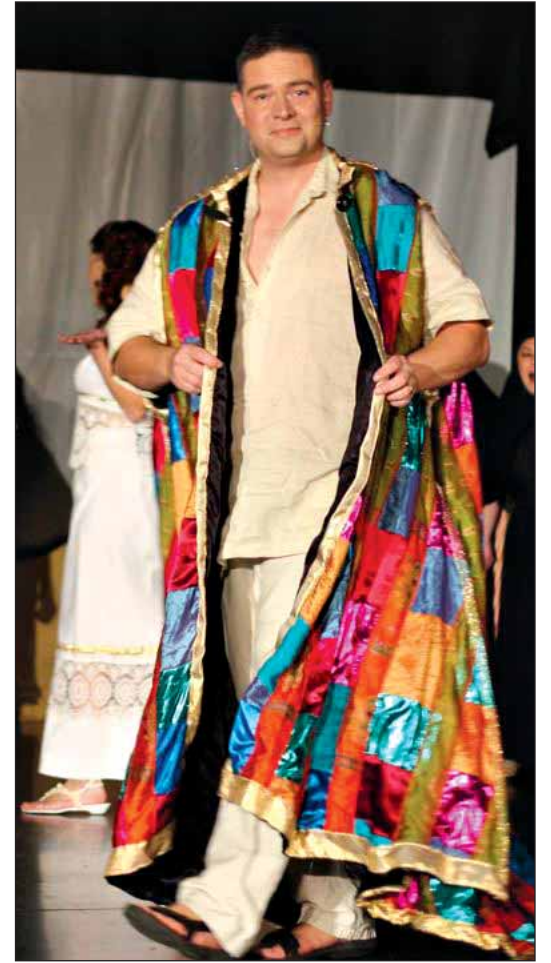
"I want to encourage military members to come on out and audition. Expand your horizons," he says. "We're looking to build a cast size of 25 people, and we need to fill lead and support roles, vocalists to support the male and female choruses, volunteers to work back stage, technology assistants, and musicians."

Like PO1 Scheubel, audition hopefuls don't need extensive theatre experience. The mission of the Sooke Harbour Players is to provide opportunities for people in the region to develop their experience in dramatic arts, and most members join to help build community for themselves and their families.

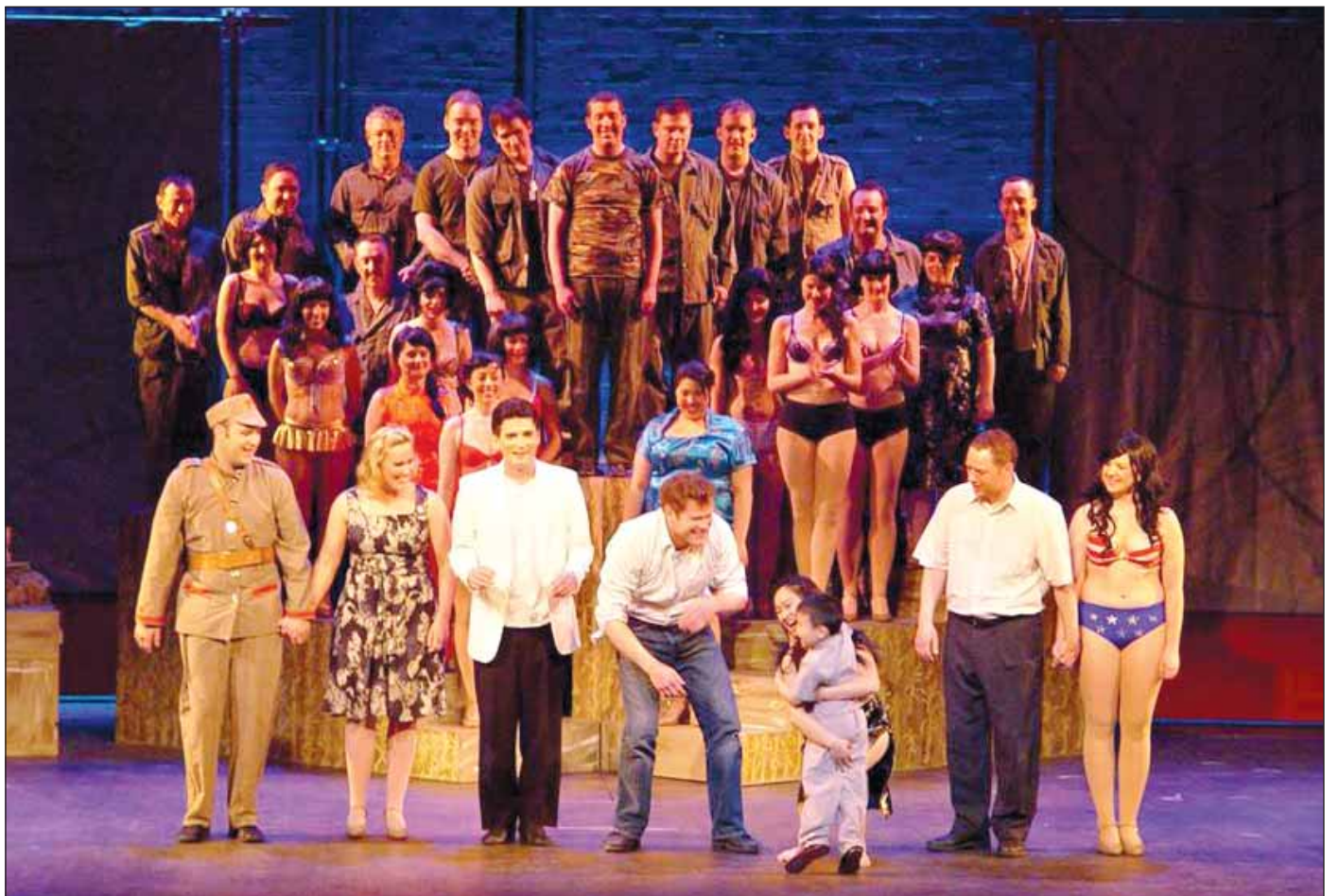
The Who's Tommy? will be holding seven shows, running Nov. 6 and 7, 13 to 15, and 20 to 21.

I want to encourage military members to come on out and audition. Expand your horizons

PO1 Joe Scheubel
Sooke Community Theatre member



Top left: PO1 Joe Scheubel acting in the "Pirates of Penzance", organized by the Sooke Harbour Players Society in 2011. **Top right:** PO1 Scheubel as Joseph in "Joseph and the Amazing Technicolour Dreamcoat" in 2010. **Below:** The cast of "Miss Saigon" in 2013, with PO1 Scheubel in the front, third from the left.



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Second World War remains identified

DND

The Department of National Defence (DND) and the Canadian Armed Forces (CAF) have identified the remains of a Second World War soldier found near the Maas River in the Netherlands, as those of Private Albert Laubenstein from Saskatoon, Saskatchewan.

DND and the CAF have since notified members of Pte Laubenstein's family. Veterans Affairs Canada is providing the family with ongoing support as final arrangements are made. His remains will be interred at Bergen-op-Zoom Canadian War Cemetery in Noord-Brabant, in the Netherlands, on May 6, 2015, with members of his family, and representatives from the Government of Canada and the CAF, in attendance.

Pte Laubenstein was born in Saskatoon, Saskatchewan, on March 28, 1914, and

joined the Canadian Army in 1940. He served with the 102nd Battalion of the Royal Canadian Artillery and the 4th Light Anti-Aircraft Regiment, the Royal Canadian Infantry Corps and the Lincoln and Welland Regiment.

Pte Laubenstein was killed during the Battle of Kapelsche Veer on Jan. 26, 1945, and his body was interred with care in a battlefield grave, which could not be re-located at the end of the war. He was one of 50 fatal casualties suffered by the Lincoln and Welland Regiment during the battle, and was 30 years of age at the time of his death.

Pte Laubenstein's name is recorded on panel 10 of the Groesbeek Memorial at the Groesbeek Canadian War Cemetery in the Netherlands, which commemorates by name more than 1,000 members of the Commonwealth land forces

who died during the campaign in north-west Europe between the time of crossing the Seine at the end of August 1944 and the end of the war in Europe, and whose graves are not known.

In June 2014, a metal detector hobbyist discovered the remains of Pte Laubenstein on the southern bank of the river Maas near Sprang-Capelle, Netherlands.

His identification resulted from a combination of dental records, historical context and artefacts. Royal Canadian Dental Corps' forensic dentists and auxiliaries verified the identification made by the Recovery and Identification Unit of the Royal Netherlands Army.

The Canadian War Museum will highlight this story in the upcoming exhibition "Oral History - A Century of Canadian Military Dentistry," presented from May 12 to Nov. 15.



Some of CF Maritime Experimental Test Range's (CFMETR) Military Police, Queen's Harbour Master, supply, security and headquarter staff took a few moments in the B.C. sunshine to represent their favourite NHL teams. Absolutely no bias was shown and CFMETR Commanding Officer, Cdr Darren Rich, ensured the rivalry of Canucks and Flames fans stayed under control. **Left to Right:** Tom Francis, Bob Ryan, Kelly Maude, Deanne Gillespie, Ron Slemko, Cdr Darren Rich, Ralph Burgess, LCdr Trent Nichols, Cpl Darren Karn, and Cpl Ryan Corbett.

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Military Police Unit Esquimalt

On March 16 Canadian Forces Provost Marshal Col Robert Delaney presented awards, medals and promotions to members of the Military Police Unit Esquimalt. Accompanying him was Police Branch Chief Warrant Officer, CWO John Barnes.



Cpl Mackay is presented with a Canadian Forces Military Police Group Commendation for his professionalism, excellent judgment, quick reactionary use of force skills, as well as his ability to function as a strong team member during a high-risk situation.



Capt Renee Milne receives a Military Police Commander's Coin for her proactive Force Protection coordination when the USN Aircraft Carrier Nimitz visited Victoria, as well as for her outstanding achievement in solidifying the MPU Esquimalt relationship with the Victoria Police Victim Services Board, and other law enforcement organizations.



SLt John Robinson is presented with a Canadian Forces Military Police Group Commendation for his professionalism, excellent judgment, quick reactionary use of force skills, as well as his ability to function as a strong team member during a high-risk situation.



Cpl Darren Karn (right) receives a Military Police Commander's Coin for his dedication, organization, and community involvement at the Military Police Unit Esquimalt Detachment.



Sgt Drake Dyck (center) is presented with his CD1.



Left: PO2 E. Bonnar is promoted to PO1 by Canadian Fleet Pacific headquarters Commanding Officer, Cdr T.L. Koester.



Maj Michael Lemire is presented with a United States Meritorious Service Medal for his performance of outstanding service as an exchange officer as the Training Branch Chief, Security Forces Division, Directorate of Installations and Mission Support, Headquarters Air Combat Command, Joint Base Langley-Eustis, Virginia. Maj Lemire was joined in the presentation with his wife DeeAnn Lemire.

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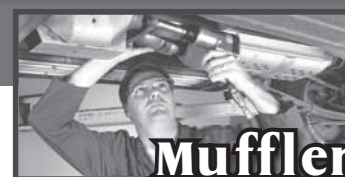
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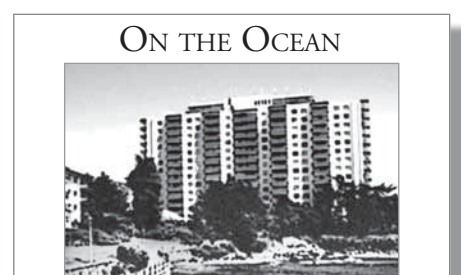
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No Pets allowed in any building

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BRAND NEW \$399,900!
 Huge 1/2 duplex, with great finishing, with only 1 corner touching! This 4-5 bdrm, 4 bath, 3 storey home with Dbl car garage sits on a quiet cul de sac mins walk to Sookes Town Core. Features nice entrance, smart finishing throughout, open kitchen-living room. Kitchen has separate island and eating space, living room has fireplace and walks out to 8x18 sundeck. Upstairs has 3 bdrm, large master with huge walk in closet and 4 piece ensuite. Down has massive media-family room, separate den and a 1-2 bdrm small bright suite. Lots of yard, appliance package included. 2042 Stone Hearth Lane. Immediate possession. See MLS listing www.realtor.ca/propertyDetails.aspx?PropertyId+1534186

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STUNNING 2 Bedroom!
 Heritage style w/hardwood floors, formal dining area, gas fireplace, spacious rooms, new washer & dryer, massive crawl space & more.
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 Quiet side of building. Over 1000 sq/ft, bright open floor plan, huge living & dining room, spacious master w/walk-in closet, storage room.
Call to arrange your private viewing.
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DO IT
BECAUSE
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MP 75th Anniversary Mess Dinner

Thursday, 11 June 2015
Reception at 1800 hrs • Dinner at 1900 hrs
Esquimalt Chief and Petty Officers' Mess, 1575 Lyall Street
\$25 per person

Dress: Mess Dress 2 or 2B for Military members and civilian equivalent for non-serving members.

Thanks to our sponsor


To purchase tickets contact:
 Sgt Barry Oxford at barry.oxford@forces.gc.ca
 or Cpl Kajan at nezir.kajan@forces.gc.ca

Discover some of the best island wines while making new friends!

Sunday, June 7

10:30A.M. - 5:00P.M.

Lunch & transport Included

Enjoy a relaxing and informal day touring local wineries and get the inside scoop on the wines and the history of each winery - all from a sommelier!

Pick up locations:
 CPAC & Naden Athletic Centre

Cost:
 Reg \$110
 Ord \$115
 Assoc \$120
 Plus tax



EMPLOYMENT OPPORTUNITY

Lifeguard/Swim Instructor

PSP Division - CFMWC - CFB Esquimalt

QUALIFICATIONS:

- Current National Lifeguard Service Certificate (NLS) – pool option qualification
- Current CPR Level C and Standard First Aid qualifications
- Current Red Cross Water Safety Instructor certification
- Current Lifesaving Instructor certification
- High school diploma AND some experience working with children
- Salary: \$13.73/hr - \$18.44/hr

The successful candidate will be prepared to work flexible hours, including evenings and weekends, and be able to conduct light physical duties.

Position available immediately.

Submit résumé attention:
 Recreation Coordinator
 via email to
npfhresquimalt@cfmws.com

Commemoration of the 70th Anniversary of the Battle of the Atlantic

The following ceremonies are taking place this Sunday to commemorate the 70th anniversary of the Battle of the Atlantic on Vancouver Island.

Victoria - Battle of the Atlantic
 Sunday May 3

Parade begins at 10:35 a.m. with the ceremony beginning at 10:50 a.m.
The parade will start at Wharf Street and march down Government to the Cenotaph at the B.C. Legislature for the ceremony.

Lantzville - Royal Canadian Legion - Battle of the Atlantic
 Sunday May 3 at 11 a.m.

Guests are to be seated by 10:45 a.m. Service will take place at Huddlestone Park, followed by a march past and a short wreath laying ceremony at the Cenotaph and reception at the Legion.
Royal Canadian Legion #257, 7225 Lantzville Rd.

Sooke - Royal Canadian Legion - Battle of the Atlantic and Victory in Europe Day
 Sunday May 3 at Noon

Sooke Royal Canadian Legion #54, 6726 Eustace Road.
 Seventy years ago on May 8th the war in Europe came to an official end.



Esquimalt MFRC presents the **2015**

Saturday May 30, 2015
7 pm • Government House
 1401 Rockland Avenue

Featuring the Naden Band
 of the Royal Canadian Navy

Tickets on sale now!
 at www.esquimaltmfrc.com

Ticket includes high-end buffet and beverage service

Info: 250-363-2640



Military: Mess Dress or N2 (servicewomen may wear ball gown)

Civilian: Black tie

Retired military: Black tie or Mess kit (with permission)

All may wear miniature decorations