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Volume 62 Number 13 | April 3, 2017

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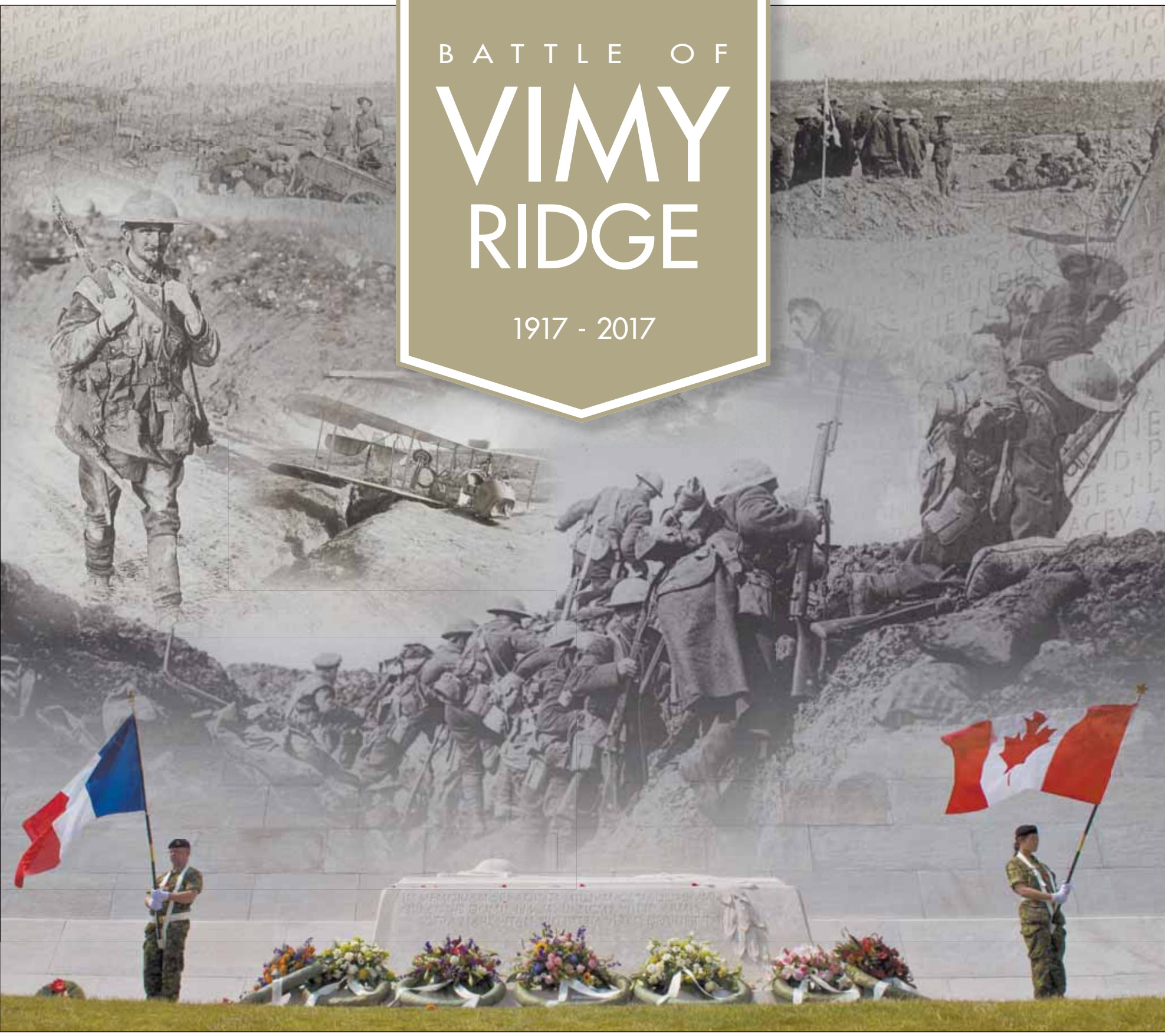
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## BATTLE OF VIMY RIDGE

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# Filmmaker documents Vimy 100 commemoration

**Peter Mallett**  
Staff Writer

On April 9, when five First World War replica aircraft soar high above Vimy Ridge marking the centennial of the famous battle, a Canadian film crew will be there to document the moment.

Ottawa producer/filmmaker Tim Joyce of Sound Venture Productions and The Royal Canadian Geographical Society are behind a Department of Canadian Heritage sponsored trilogy of films commemorating the largely unheralded contribution Canadian aviators played in the Allies' victory in the First World War.

As the replica Nieuport 11 biplanes fly over the battle site tiny GoPro cameras affixed to the wings, cockpits and helmets of the pilots will provide what Joyce calls "spectacular coverage of the event." They will also capture the fly-over from great vantage points on the ground at the actual ceremony site.

This, along with footage captured with the pilots throughout the Vimy 100 week, will be the final scenes for their third documentary entitled *Flight Path of Heroes*, which is targeted for release November 2017 on the Cable Public Affairs Channel (CPAC).

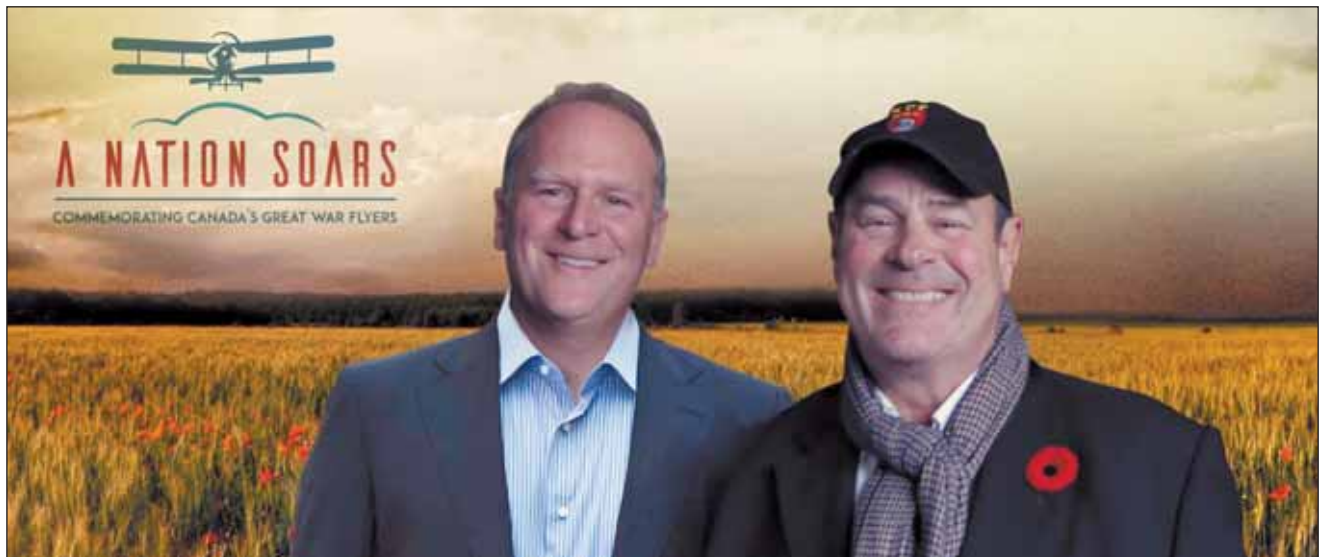
The *A Nation Soars* trilogy showcases the bravery of Canadian pilots and soldiers who fought in France. The final episode will present the history side to the

story, along with a chronology of the commemorative squadron Vimy Flight, who will show off their magnificent flying machines to a crowd of over 20,000.

"*A Nation Soars* and all its parts is by far the most ambitious project I have ever worked on, and filming the final documentary at this once-in-a-lifetime event is going to be an amazing experience," said Joyce. "Then, seeing Vimy Flight and *A Nation Soars* return to Canada to start its cross-Canada biplane tour in May will be the icing on the cake. This will not only bring the important message of Vimy 100 home to all Canadians, it will also bring to light a founding moment in our history as we celebrate Canada 150. All in all, I am very proud to be creating a historical legacy that will be passed on to present and future generations of Canadians."

The first two First World War documentaries have already aired on CPAC: *Drawn to Victory* which focused on the importance of aerial reconnaissance, photography and mapping undertaken by Canadians in winning the war, and *Wings of Courage*, an in-depth look at the courage and successes of Canadian airmen and their flying machines.

Joyce says the first two parts of the commemorative trilogy have already created important teaching tools for 18,000 educators across Canada networked with the Royal Canadian Geographical Society. A



Credit: A Nation Soars

***A Nation Soars* Producer Tim Joyce of Sound Venture Production (left) and Canadian comedian/actor Dan Aykroyd, who worked as an English narrator on the three-part documentary series that highlights the work of the Vimy Flight Group and the role of aviators in The Battle of Vimy Ridge.**

host of innovative educational resources is in distribution, including poster maps, educational videos, feature stories in Canadian Geographic aerial photography kits, and two 8 x 11 metre travelling floor maps (available on request) depicting the Western Front and Vimy Ridge.

The films are also available on CPAC's website, and are narrated in English by Canadian comedic actor Dan Aykroyd, and in French by Quebec explorer and mountaineer Bernard Voyer. Joyce travelled to Kingston, Ont., to work with Aykroyd in a studio run by Tragically Hip drummer Johnny Fay. Joyce noted Aykroyd, who also starred in the movie *The Arrow*, portraying the making of Canada's famed fighter jet, was fully behind the *A Nation Soars* trilogy

from the get go.

"He showed up at the studio with Lattes and snacks for everyone; he was extremely eager to work on the project and we hit it off right away," said Joyce. "Mr. Voyer was also an amazing individual who is very committed to teaching. It was so delightful to work with both these people who share the same passion about the importance of Vimy and our First World War aviators."

Their passion is also shared by the pilots of Vimy Flight who will participate in the ceremonial fly-over on April 9, and showcase the two static display Sopwith Pups throughout the Vimy 100 week-long celebrations.

One of the pilots flying high above Vimy Ridge will be Comox Valley resident Major (Retired) Dale

Erhart, who will be the Vimy Flight Team Leader. Erhart enjoyed a 28-year military career as a pilot and flight instructor and credits the collaboration between Vimy Flight, *A Nation Soars*, Veterans Affairs Canada, and the Royal Canadian Air Force (RCAF) for helping their dream take flight.

"He [Joyce] raised the level of professional credibility to our group through his efforts to involve various levels of government in the project," said Erhart. "It was

a big story that we wanted to tell and I can't imagine anyone doing a better job than Mr. Joyce."

Both Joyce and Erhart said Vimy Flight would not have been possible without out the assistance of Veterans Affairs Canada, who helped facilitate the transport of the seven planes to France via a Royal Canadian Air Force CC-177 Globemaster plane March 15.

The planes are now in Lillie, France, ready to take flight for history and film.



Credit: Vimy Flight

**Vimy Flight Group – The Founders of Vimy Flight Larry Ricker, Allan Snowie, Paul O'Reilly and Peter Thornton gather for a group photo at 19 Wing Comox.**



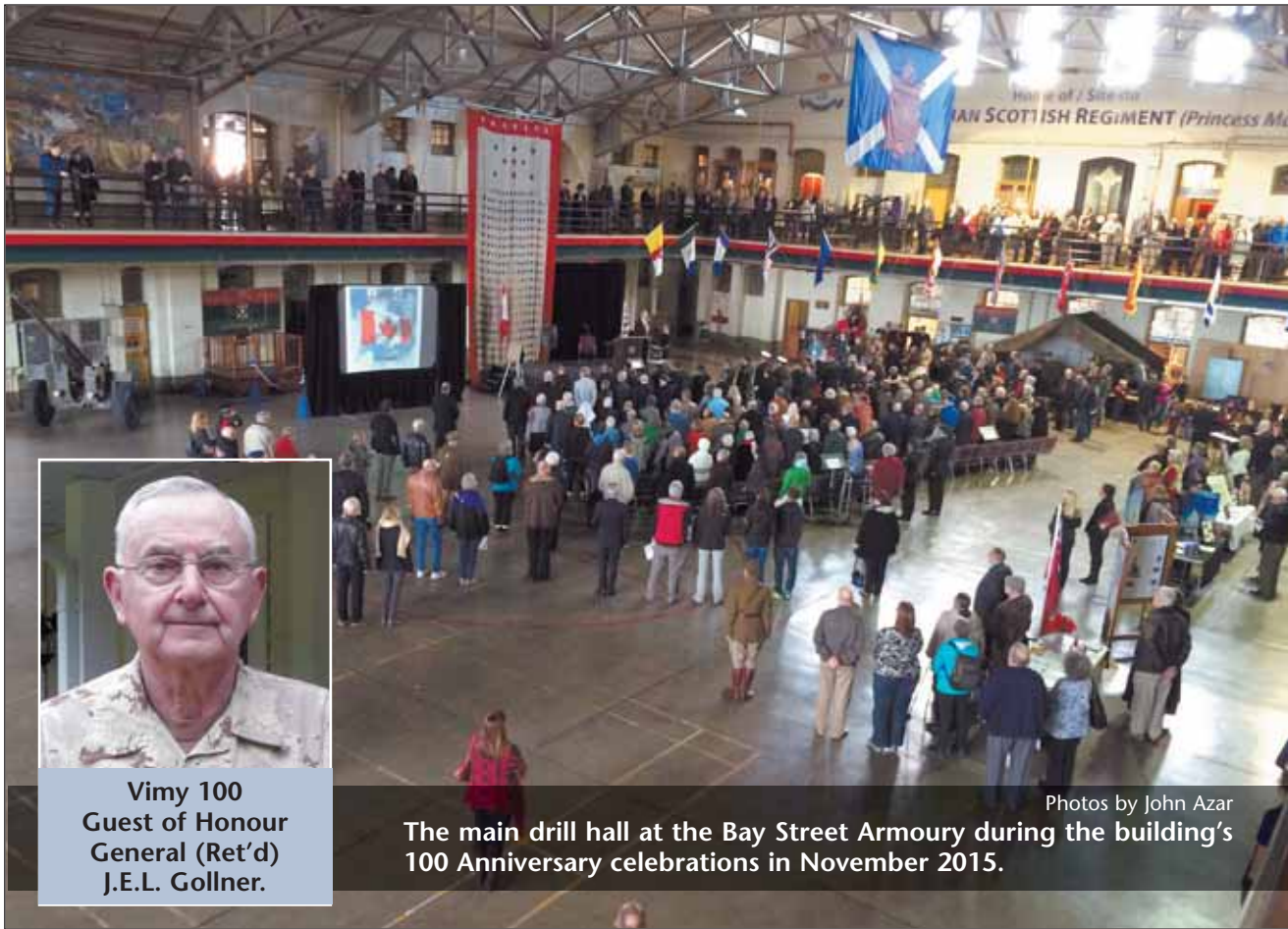
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**Vimy 100**  
Guest of Honour  
General (Ret'd)  
J.E.L. Gollner.

The main drill hall at the Bay Street Armoury during the building's 100 Anniversary celebrations in November 2015.

Photos by John Azar

# Bay Street Armoury on display

## *Then and Now theme*

**Peter Mallett**  
Staff Writer

Military Reserve units of Vancouver Island will cap off tributes to the 100th Anniversary of The Battle of Vimy Ridge with an April 9 open house at the historic Bay Street Armoury.

The Open House runs 10 a.m. to 4 p.m. and is free to the public. It will pay tribute to the Island's reserve units: The Canadian Scottish Regiment (Princess Mary's) and the 5th (BC) Field Regiment Royal Canadian Artillery, 11 (Victoria) Field Ambulance, 39 Service Battalion, and 39 Signal Regiment, plus local cadet units.

LCol Stephen Sawyer, Vimy 100 Open House Co-Chair and Commanding Officer Canadian Scottish Regiment (Princess Mary's), says the event is family-themed and helps the Canadian Armed Forces educate and build stronger ties with the community.

"Many people who drive down Blanshard Street or Bay Street see our Armoury, which looks like a castle, but nobody really knows what's inside," says LCol Sawyer. "We love having the opportunity to open up the doors and have an open house that commemorates one of the most significant moments in Canadian history. It is an excellent way for reservists on Vancouver Island to connect with the community."

Inspired by a military "Then and Now" theme, the Open House will include displays by military units and over 35 local museums, archives and history and heritage groups, a tea party featuring costumes and dress of the day, demonstrations, and performances from three military bands, and other musicians taking part in commemorative music programs throughout the day.

At 12:30 p.m., there will be a brief ceremony for the

arrival of Guest of Honour Brigadier General (Ret'd) J.E.L. Gollner.

"Our event really speaks to the major impact the First World War and the Battle of Vimy Ridge had on the entire community in Victoria," said John Azar, Open House co-chair and historian. "During the war, any individual who lived in Victoria either had a family member fighting in the war or knew someone that was there."

LCol Sawyer also noted the weekend-long Vimy 100 observations are of special significance to the Canadian Scottish Regiment because they are the only regiment on Vancouver Island to wear Vimy Battle Honours on their uniforms, and also because one of their own, Private William Johnstone Milne (1892 to 1917), earned the Victoria Cross for his bravery at Vimy and is one of four First World War Victoria Cross recipients in the regiment.

The Open House will conclude a busy weekend for the approximately 50 reservists from Victoria, Nanaimo and Comox that make up the regiments with a Freedom of the City April 8 at City Hall followed by a march to the Cenotaph and Legislature grounds. The military tradition dates back to Roman times when highly decorated military regiments approached the walls of a city and ask permission to enter and march its streets. It was last performed by the regiment during its 100th anniversary in 2012.

Later that day, during Park's Canada's "A Salute to Vimy 100" at Fort Rodd Hill, members of the 5th Field Regiment will perform a 100-round rapid fire artillery salute paying tribute to soldiers who died while fighting for Canada at The Battle of Vimy Ridge.

For more information please visit: [www.wfapacificcoast.org/vimy100](http://www.wfapacificcoast.org/vimy100)

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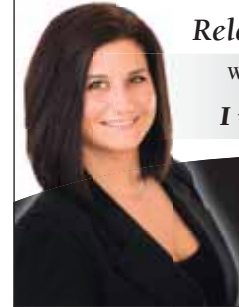
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## WHAT SAY YOU

### People Talk

With the 100th Anniversary of the Battle of Vimy Ridge coming up April 9 Lookout asked this question:

*When you think of the Battle of Vimy Ridge what comes to mind?*



It stokes my sentiments of patriotism and national pride, but also makes me wish a better job was being done to educate the younger generation about Vimy Ridge, the First World War, and the Second World War. I realized the significance of these events by serving in the Canadian Forces, and hope others seek a deeper understanding of the sacrifices made by our soldiers.

**MS (Ret'd) Joe Buczkowski,  
HMCS Saskatchewan**



My family and memories of my grandfather who fought for Canada in the First World War. He was a motorcycle courier and survived a mustard gas attack by the Germans, but he died shortly after the war and I never got a chance to meet him. I also think about the opportunity I had to perform with the Air Force band at Vimy Ridge, one memory I will never forget.

**PO2 Greg Sly,  
Naden Band**



My wife and I rented a car and toured some of France's famous First World War battle sites in the late 1960s. I was able to visit the Canadian National Vimy Memorial on Hill 145 and it really was quite something. I will always remember walking up the path to the memorial, which is perched on the top of the ridge, seeing signs telling visitors to stay on the path because of unexploded ordnance and how the stone, which the memorial is made from, glistened in the sun that day.

**David Churchill, Volunteer,  
CFB Esquimalt Naval and  
Military Museum**



I think about how Canadians were the ones to take that ridge, and how they put their faith in new techniques of artillery, which were risky. But their devastating artillery barrage worked and turned the tide in the battle. I'd love to go to Vimy someday and pay my respects to those who achieved what others could not. Vimy is part of our rich history and makes me proud of this country and to serve it.

**AS Daniel Bridges,  
HMCS Brandon**

## WHAT SAY WE

# Amputees find inspiration from Vimy battle survivors

### War Amps

The Battle of Vimy Ridge may have been 100 years ago, but it continues to have modern-day lessons for amputees like Rob Larman and Tiffany Ross of Toronto.

Larman, who lost his leg at the age of 14 when friends dared him to jump a train, now directs The War Amps PLAYSAFE Program, while Tiffany Ross, 10, was born a left arm amputee and is now a member of the The War Amps Child Amputee (CHAMP) Program.

To mark the Vimy anniversary, they laid a rose at the grave of Ethelbert "Curley" Christian at Toronto's Prospect Cemetery, in honour of the remarkable sacrifice Christian made at Vimy that continues to inspire young amputees today.

Christian lost all four limbs in the Vimy Battle and is believed to be the only quadruple amputee to have survived the First World War. Despite his grievous injuries, he became a leading member of the newly established War Amputations of Canada

and even returned to the battlefield for the dedication of the Vimy Memorial in 1936.

"Curley Christian passed away in 1954, but he continues to have a legendary status in The War Amps for how he overcame his amputations, particularly at a time when disability was very much a hidden and taboo subject," says Larman.

He adds that laying a rose at Christian's grave on behalf of The War Amps is both a way to honour him as a tremendous role model for amputees, and to put a face to the many Canadian soldiers who lost limbs at Vimy Ridge.

"These young men showed great bravery, both in fighting for their country and in re-adjusting to their new lives as amputees," said Larman. "Through The War Amps, we will continue the work and the example left by amputee veterans such as Curley going long into the future."



Rob Larman and Tiffany Ross lay a rose at the grave of Curley Christian (inset) to mark the 100th anniversary of the Battle of Vimy Ridge, and pay tribute to the war amputee veterans who started The War Amps.



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# Sailor turns needle phobia into remarkable donar legacy

**Peter Mallett**  
Staff Writer

One of the most generous givers of blood admits he cringes each time he sees a needle being cocked to penetrate his flesh, and that he doesn't like the sight of his own blood.

But that hasn't stopped LS William Hull, a 50-year-old Naval Communicator with Base Information Services, from rolling up his sleeve and offering up a pint. On April 10, at the Chiefs' and Petty Officers' Mess, he will make his 474th donation to the Canadian Blood Services.

"I totally hate it, every single time the needle goes in I look away and grit my teeth," he says. "But I realize every time I give blood I am getting the chance to help someone, to save their life, or give them badly needed medical attention."

To give blood many people need to overcome needle phobia. LS Hull vividly remembers the first time he gave blood in 1984; he was 18 years old at the Canadian Red Cross on Wicklow Street in St. John's, Nfld.

"The first time is always the most anxious," he says. "It can be overcome, and like many things inhibiting our dreams and aspirations in life it's all about overcoming your fear and realizing the good that will come out of your action."

Following that turning point, LS Hull has made 209 White Blood Donations, the traditional way of donating a pint of blood containing red blood cells, white blood cells, platelets and plasma at one time, and 264 Platelet Donations, a procedure that produces blood transfusions beneficial to cancer patients.

Patricia Willms, Canadian Blood Services Event Coordinator, characterizes LS Hull's donation tally as "an amazing legacy of dedication", while Territory Manager Ann Chabert describe donation No. 474 as a "huge milestone."



LS William Hull

Others, including BIS Branch Petty Officer, CPO1 Darrel Downey also marvel at the sailor's efforts.

"LS Hull has demonstrated exceptional commitment to Canadian Blood Services. Our ability to give life as donors is wonderful, but to donate as often as LS Hull has over the past 32 years is absolutely remarkable; a true testament to his unselfish nature."

That generous spirit is also evident in his spare time when he volunteers for the Canadian Cancer Society, and the Victoria Fish and Game Protective Association as a RSO and safety orientation officer. LS Hull also donates money to the Salvation Army's annual Christmas drive, and organizes Poker Nights at the Fleet Club.

This proud Newfoundlander grew up in Conception Bay South, located approximately 30 kilometres west of St. John's, and says his outlook on life and spirit of generosity was inspired by his upbringing, mainly influenced by his father, William Charles Hull, mother, Lillian Lear, his grandparents, George Henry and Clara Lear and his wife Christine Galway.

*The first time is always the most anxious. It's all about overcoming your fear and realizing the good that will come out of your action.*

LS William Hull,  
Blood donor

"I am not doing this for any form of recognition, I'm doing this because I was taught from a very young age that your word is your bond, and to do things with integrity," he says. "I truly believe in this and try to live my life this way."

The April 10 Blood Donor clinic runs 9 a.m. to 4 p.m. at the Chiefs' and Petty Officers' Mess. For more information about upcoming blood donor clinics and the process of giving blood visit the Canadian Blood Services website at [www.Blood.ca](http://www.Blood.ca).

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# Peddling for PTSD - cyclists saddle up

**Peter Mallett**  
 Staff Writer

A team of 20 Victoria-based cyclists are supporting Wounded Warriors Canada with an April 9 Spin-O-Thon. The stationary ride fundraiser is part of the larger Wounded Warriors' Battlefield Bike Ride from June 9 to 17, which will take the cyclists on a tour of Europe's famous First World War battle sites.

But before their trip across the pond riders must

raise \$4,000 each in support of the non-profit organization that assists former and current soldiers and emergency service workers suffering from Post-Traumatic Stress Disorder (PTSD) and operational stress injuries.

The Spin-O-Thon runs from 10 a.m. to 6 p.m. at the Uptown Shopping Centre's Central Plaza. Taking turns, cyclists will keep their stationary wheels spinning for eight hours while counting on the goodwill of shoppers and passers-by to help them meet their fundraising target.

Spin-O-Thon organizer Captain Jacqueline Zweng says the monies raised for this fundraising initiative go directly to Wounded Warriors Canada; the riders pay for the costs of their cycling tour.

This year's Battlefield Bike Ride will involve 150 military and civilian cyclists from across Canada converging for a

600-kilometre cycling tour through some of France and Belgium's most famous battlefields, including Flanders Fields, The Somme, and Ypres Salient, with the conclusion at Vimy Ridge.

Capt Zweng says most of the riders on her team, including herself, have a personal stake in making sure Wounded Warriors is supported in their mission.

"PTSD and mental illness effects every single person in the military in some form, and the first responder's community," she says. "Everyone can relate to the issues of depression, anxiety or know someone who is suffering."

For her a diagnoses of breast cancer, and subsequent treatment, brought about some tough days. Before her diagnosis she planned to cycle the 2016 Battle Field Bike Ride along Italy's Adriatic Coast, but her health issues forced her to cancel.

Five days following her partial mastectomy and the removal of three lymph nodes for a biopsy she was involved in a car accident.

She suffered impact injuries from a seatbelt in the same area on her chest.

She has since overcome her injuries. She did her last round of chemotherapy March 26. Although Capt Zweng has not been diagnosed with PTSD she says her recent experiences helped her see the light on the important work being done by Wounded Warriors.

"I was able to recognize right away that I had a problem with my own mental health and sought help through counselling," says Capt Zweng. "So after I found out about Wounded Warriors I quickly came a big supporter."

She was one of six runners who recently completed the Wounded Warrior Run B.C., a 700-kilometre trek covering the length of Vancouver Island.

If you can't make this weekend's Spin-O-Thon but are still interested in helping the spinners reach their target visit Wounded Warriors Battlefield Bike Ride web page: <http://woundedwarriors.ca/bbr17/>



File Photo  
 Captain Jacqueline Zweng celebrates after completing the Ride to Conquer Cancer.



Photo by Jimmy Tran  
 Captain Zweng with her bike at Victoria's Inner Harbour. She is leading a team of 20 Victoria-based cyclists in the Wounded Warriors Canada's Battlefield Bike Ride.

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– In Memorium –

PO1 Wesley Gerald Derhak



The family of Petty Officer First Class Wesley Gerald Derhak are profoundly saddened to announce his sudden and tragic demise on the 23th of March, 2017, while on vacation in Cuba.

Wesley was a funny and fun-filled guy who lived his life to the fullest always seeking out his next adventure. He had a heart of gold and wasn't ashamed or afraid to offer assistance to anyone who needed a helping hand, an attentive ear or a soft shoulder.

He was truly loved and admired by his immediate, extended and military families, friends and co-workers, which is evident by the demonstration of positive messages of condolence through Facebook and other personal missives.

He was deeply loved by his siblings and cherished favourite Uncle/Great-Uncle to his many nieces and nephews; he always took the time to maintain a connection with them through an email, a text or a quick call.

Wesley was also a dedicated, loyal and coura-

geous Airman/Soldier/Sailor with the Canadian Armed Forces. His long career began in October 1984 and was unique in that he proudly wore all three environmental uniforms while serving with the Regular Force as a Steward (Air Force/ Navy) and as a Land Communications Information Systems Technician with the Army Primary Reserve Force.

He proudly served at Maritime Forces Pacific Headquarters (MARPAAC HQ) and Canadian Forces Fleet School (CFFS) in Esquimalt, B.C.; in *HMC Ships Calgary, Ottawa, Winnipeg*, Protecteur, Cowichan, Preserver, NCSM Skeena; at Canadian Forces Bases Calgary, Cold Lake, Halifax and Esquimalt; 1 Service Battalion Calgary, 741 Communications Squadron Victoria, B.C.; and Royal Roads Military College Victoria, B.C.

Wesley is survived and will be sadly missed by his loving daughters Mellisa Derhak, Natasha Reardon and Sierra Moriarty; his mother Marilyn Derhak (Guelph, ON);

pre-deceased by his father Morley Derhak (1999); and siblings Karl Derhak (Sharron) (Aylesford, NS), Romaine (Keith Rowe) (Ottawa, ON), Val-Lynn Derhak (Rick Dean) (Port Coquitlam, BC) and Victoria Derhak (Jim Marley) (Guelph, ON). He will also be missed by several nieces and nephews.

Date and place of Memorial Service and Internment (at sea) to be determined.

We will fondly remember Wesley as he sits in his chair on the beach with a stogie in one hand, a beer in the other, a Cheshire smile on his face and a twinkle in his eye.

Farewell, Wesley, we bid you "fair winds and following seas."



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# Chief of the Defence Staff visits CFB Esquimalt



General Jon Vance (right), Chief of the Defence Staff, and Rear-Admiral Art McDonald (left), Commander Maritime Forces Pacific, take a moment for a quick photo Monday, March 27 in the Admiral's office.



General Vance salutes the Colour Party (right) before inspecting the Guard of Honour at Duntze Head.



General Vance talks about policy change in the Canadian Armed Forces during a town hall at the Pacific Fleet Club.



General Vance is welcomed to the base by Chief Petty Officer First Class Gilles Grégoire, MARPAC Chief Petty Officer.



Master Seaman Edwards receives a CDS coin for her support to Naval Training System transformation from General Vance. CDS coins are presented by the Chief of the Defence Staff to members for demonstrating hard work and outstanding contribution to the Royal Canadian Navy and the Canadian Armed Forces.

Photos by Cpl Blaine Sewell, Formation Imaging Esquimalt

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- Sylvia Thistle-Miller

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## BMO enhances defence banking program

BMO Bank of Montreal announced in February an enhanced Canadian Defence Community Banking (CDCB) Program designed to better serve the banking needs of Regular Force personnel, Reserves, recruits, military families, veterans and retirees, as well as Department of National Defence civilian personnel and the RCMP.

The new benefits incorporate suggestions from CDCB customers and apply to existing and new customers, and include:

- Free banking with the Performance Plan
- Free unlimited Interac e-Transfer transactions
- BMO Employee Pricing on a wide range of mortgage options
- No annual fee for the BMO Support Our Troops Mastercard

“BMO has a long history of assisting National Defence personnel and we are pleased to offer this enhanced program to serve those Canadians who have served or continue to serve us, as well as their families,” said Martin Nel, Head, Personal and Small Business Banking, BMO Financial Group.

BMO has served as the Official Bank of the Canadian Defence Community since 2008. Through CDCB, the bank offers discounted banking rates and other special benefits, such as the Integrated Relocation Program Mortgage Offer and the BMO Support Our Troops Mastercard, through which a portion of each transaction goes to Canadian Forces morale and welfare programs.

“I am thrilled at these significant enhancements to a program that has already delivered a wide range of benefits to our Defence Community,” said Commodore Sean Cantelon, Director General Morale and Welfare Services. “Through the Canadian Defence Community Banking Program, BMO has proven itself an enthusiastic and loyal partner, thoroughly

committed to improving the lives of our members, veterans and their families. On behalf of the entire Defence Community I wish to express our most sincere appreciation for their stalwart support.”

### About BMO and the Canadian Defence Community

BMO has a long history of supporting national defence efforts. During the First World War, BMO established temporary branches to pay troops at various encampments throughout Canada, and Canadian men and women in uniform overseas were paid through the bank’s Waterloo Place office in London.

During the Second World War, BMO’s president George Spinney headed the National War Finance Committee, which oversaw the sales of Victory Loan bonds. During the post-war years when Canada had forces stationed in Europe, Bank of Montreal branches on the bases provided banking services for Canadian servicemen and -women and their families.

BMO Bank of Montreal is the official bank of the Canadian Defence Community (CDC) in partnership with Canadian Defence Community Banking (CDCB). CDCB is specifically designed for the defence community and offers cost-effective banking plans with unique features tailored to the military lifestyle and needs. BMO is the presenting sponsor of the Canada Army Run, an annual event that brings together Canadians and the Canadian Armed Forces to raise funds for two official charities of the Canadian Armed Forces that provide assistance to ill and injured soldiers and military families in need. For further information: visit <http://www.bmo.com/cdcb>. Web: [www.bmo.com](http://www.bmo.com) Twitter: @BMOmedia Michelle Agnelo Toronto michelle.agnelo@bmo.com (416) 867-3996 Valerie Doucet Montreal valerie.doucet@bmo.com (514) 877-8224.

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# Saying goodbye - the adventure on both sides

## LS Brendan Gibson HMCS Winnipeg

It's been almost a month since *HMCS Winnipeg* said farewell to friends and family just before the ship left for the five-month deployment on Poseidon Cutless 2017.

Before slipping from B2, the ship's company welcomed many new faces, some attach posted in, others freshly off course.

For many, the sail represents "their first big trip"; for others, it is the longest they've been away from home, be it Esquimalt, Ottawa, Halifax, or farther afield. Yet, for other sailors and their families the deployment is simply another sail - they've done this before.

Angelina Skyworks, a civilian pilot with the Ninety-Nines, an organization of female pilots organized by Amelia Earhart, expressed pride for her granddaughter Able Seaman

Charlie Chard and excitement for her first deployment.

Similarly, OS Tyler Norgaard's parents, Barrie and Josie Mitchell, said they are proud of their son whose first day onboard a ship was the day of *Winnipeg's* departure. He is looking forward to learning about life at sea and the associated routines.

Other sailors and their families proudly boast of home front voyages such as Bridgette April and MS Darren Keurger who welcomed their first child into the world Feb. 26. April exclaimed, "They're both going on individual journeys." She is supportive of MS Keurger's sail and will be well supported by family and friends while he is away.

The reactions from family members who sent off loved ones to sea March 6 varied. Lisa and Rick Church bade farewell to their son OS Chase Church, and were excited for him to experience his first deployment.

A retired naval communicator, Rick set sail on his first deployment 35 years ago, March 4, 1982, onboard *HMCS Kootenay*. OS Church expressed interest in seeing foreign ports and was excited about the nature of the deploy-

ment, although Lisa observed that "it was different to see her son leave on deployment" as opposed to Rick.

Master Seaman Patrick Buckoll's partner Sarah Goodyear, a veteran of watching her partner deploy, said she's hoping to rendezvous with him sometime during the sail.

LS Chris Johnson's wife, Salsa, is going to pass the time taking cooking classes and volunteering in the Indonesian community, and another navy wife, Wendy, said it will be difficult to have her husband PO2 Romeo Renderos gone - missing birthdays, graduations, and being absent while their children develop.

Whenever *Winnipeg* sails, the crew has the privilege of being focused on the mission, having tasks to help build out routine or planning events in foreign for ports. However, for families ashore, it is difficult to be separated from loved ones and to revert to a different routine once a sailor returns home.

For some *Winnipeg's* sailors the deployment represents their first days at sea; for others it is just another day at the office. Regardless of each crew member's journey, as *Winnipeg* sailed out of Esquimalt Harbour, their loved ones left excited and proud, and ready to manage the home front.



Photos by LS Brendan Gibson

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# Bravo Zulu

## PLQ 0052 Grad Presentations

Lieutenant Commander Daniel O'Regan presented certificates and awards during the PLQ 0052 Graduation ceremony on March 13.

Photos by Cpl André Maillet, MARPAC Imaging Services



Leading Seaman V. Vallancourt is presented his Certificate of Military Achievement.



Master Seaman Trombley is presented his Certificate of Military Achievement.



Leading Seaman J. Taylor is presented her Certificate of Military Achievement.



Master Seaman Timothy Shao is presented his Certificate of Military Achievement.



Master Seaman Peter Runowski is presented his Certificate of Military Achievement.



Master Corporal Brent Rodwell is presented his Certificate of Military Achievement.



Leading Seaman Michael Raco is presented his Certificate of Military Achievement.



Leading Seaman Lucien Pelletier is presented his Certificate of Military Achievement.



Master Seaman Sean O'Connor is presented his Certificate of Military Achievement.



Master Seaman Dylan Morris is presented his Certificate of Military Achievement.



Leading Seaman Sebastien Masse is presented his Certificate of Military Achievement.



Leading Seaman Allen Marin is presented his Certificate of Military Achievement.



Master Seaman Guillaume Marier is presented his Certificate of Military Achievement.



Corporal Trevor Madge is presented his Certificate of Military Achievement.



Leading Seaman John-Eric Leighton is presented his Certificate of Military Achievement.



Corporal Jack Lees is presented his Certificate of Military Achievement.



Master Seaman Travis Hunter is presented his Certificate of Military Achievement.



Master Corporal Geogfrey Harshaw is presented his Certificate of Military Achievement.



Master Seaman Daniel Graham is presented his Certificate of Military Achievement.



Master Seaman John Giesbrecht is presented his Certificate of Military Achievement.



Corporal Kyle Dorricott is presented his Certificate of Military Achievement.



Master Seaman N.M. Delvrey is presented his Certificate of Military Achievement.



Master Seaman N.J. Daniels is presented her Certificate of Military Achievement.



Master Seaman Joseph Chisling is presented his Certificate of Military Achievement.



Leading Seaman Andrew Bruce is presented his Certificate of Military Achievement.



Master Corporal Jean-Francois Bisson is presented his Certificate of Military Achievement.



Master Seaman Steven Bish is presented his Certificate of Military Achievement.



Master Seaman Sean O'Connor is presented the Top Student Award.



Master Seaman Sean O'Connor is presented the Top Field Commander Award.



Leading Seaman Andrew Bruce is presented the Top Drill Award.



The top section is presented the Esprit de Corps Award.



Corporal Trevor Madge is presented the Esprit de Corps Award.



### Combat Division

The graduating class for Tactical Data Link 200 level course from March 6-24, Naval Fleet School (Pacific). These are the newly minted professionals will be the subject matter experts for LINK systems on warships/aircraft and shore establishments, which is how the tactical operations rooms communicate and conduct the various warfare.



Front row: Instructor PO1 Jimmo. Back row: LS Scott, MS Allen, LS Kettle - Top student, LS Mayer, LS Landry, and LS Fox. Missing PO2 Robertson.



### HMCS Regina

LS Desjardins is promoted to his current rank by Cdr Matthews, Commanding Officer HMCS Regina.

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## UPCOMING EVENTS

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#### April 12 & 25 – CFB Esquimalt Jr Ranks Coffee

Come down to enjoy some healthy and not so healthy snacks.  
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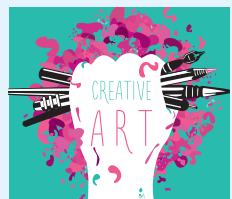
#### April 15 – Kids Easter Party

Bring your kids down to the PFC for some Easter fun! Feat. Bouncy Castles, an Easter Egg Hunt and even a visit from the Easter Bunny himself!



#### April 26 – Paint Nite

Unleash your inner artist at the PFC. Doors Open at 6:00. Mess Members contact the PFC for tickets!



#### April 30 – Kids Movie: Sing

Furry animals meet reality TV. What's not to like? Our doors open at noon and the movie starts at 1:00pm. Popcorn and juice are provided!



# Bravo Zulu

## HMCS Ottawa

Cdr Sylvain Belair, Commanding Officer HMCS Ottawa, awarded promotions during Ottawa's hands fall-in parade in Pearl Harbor on March 23.



MS Joss Morin is promoted to his current rank by Cdr Sylvain Belair with CPO2 Jason St-Jean.



AB Andrew Scott is promoted to his current rank by Cdr Sylvain Belair with CPO2 John Kranz and Lt(N) Stephen Oxley.



AB Robert Gaumond-Harriet is promoted to his current rank by Cdr Sylvain Belair with CPO2 Kevin Jones and Lt(N) Julian Yates.



LS Robert Stanley is promoted to his current rank by Cdr Sylvain Belair with PO1 Jean-Luc Belanger.



MCpl Daniel Jacklin is promoted to his current rank by Cdr Sylvain Belair with CPO2 Jason St-Jean, Sgt Michael Foulkes, and Lt(N) Curtis Dollis.



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### ANNOUNCEMENTS

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please check us out on facebook (STV Tuna).

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INTERESTED IN JOINING A coffee or social group for military veterans and military in Cowichan Valley? For info contact Bob Hedley on Facebook. The intention of the group is to meet-up with other veterans and present serving members to exchange stories and facilitate fun get-togethers. Facebook Group: cowichan valley coffee

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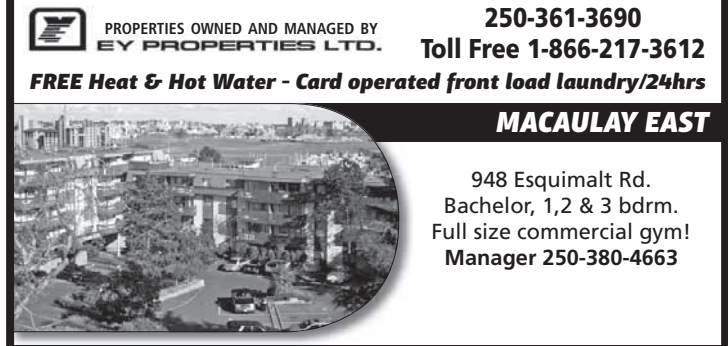
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April 6-12 2017  
While Supplies Last

# Breakfast at the Barn

ESQUIMALT OPEN DAILY AT 6AM



*Join us for breakfast where the coffee's always on!*

Open daily at 6AM, our Esquimalt location serves up our famous Bun On The Run breakfast sandwiches and wraps. In our Grab n'Go case you'll find English Muffin sandwiches with bacon and egg, croissants, bagels and fresh fruit parfaits created by our Deli every morning. You'll always find an assortment of fresh muffins, Danish, scones from local Victoria bakeries Portofino, Lonetree, 6 Mile and Cakes etc. Select fresh fruit from our produce department and you'll be on your way to start your day!

Imported  
**Haden Mangoes**



**99¢**  
ea.

Imported  
**Long English Cucumbers**



**99¢**  
ea.

BC Grown  
**Red & Yellow Nugget Potatoes**



**99¢**  
lb  
\$2.18kg

California  
**Green Kale**



**99¢**  
ea.

Bergen Farms  
**Frozen Berries**  
"Grown in @ualicum"  
All Varieties



**\$4.99**  
100g

Deep River  
**Chips**  
Select Varieties



**2/\$5.00**  
142g

Red Barn's Own  
**Stuffed Pork Chops**



**88¢**  
100g

Red Barn's Own  
**Owl Barn Franks**  
Beef & Turkey



**\$1.79**  
100g

Find our flyer at [REDBARNMARKET.CA](http://REDBARNMARKET.CA)

WEST SAANICH  
5550 West Saanich Rd  
7:00am-8:30pm  
(250) 479-8349

MATTICK'S FARM  
5325 Cordova Bay Rd  
7:00am-7:00pm  
(250) 658-2998

VANALMAN  
751 Vanalman Ave  
6:30am-8:00pm  
(250) 479-6817

LATORIA WALK  
611 Brookside Rd  
6:30am-8:00pm  
(250) 590-8133

OAK BAY  
1933 Oak Bay Ave  
6:30am-9:00pm  
(250) 592-0424

ESQUIMALT  
1310 Esquimalt Rd  
6:00am-9:00pm  
(778) 265-0370