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(Centre) Rear-Admiral Art McDonald, Commander Maritime Forces Pacific; former Base Commander Commodore Steve Waddell (left); and incoming Base Commander Captain (Navy) Jason Boyd (right), sign off on papers officially appointing Capt(N) Boyd to his new post during a Change of Command Ceremony at Museum Square, June 22.

New leadership for base

By Peter Mallett
Staff Writer

Last Thursday, with the summer sun in full bloom, Captain (Navy) Jason Boyd became the new Base Commander in a change of command ceremony brimming with warmth and fond farewells.

First to the podium was Elmer George representing the Songhees Nation. He gave a special blessing that reaffirmed the unique connection CFB Esquimalt has with the First Nations communities of Greater Victoria.

Humour, pride and humility were well woven into Commodore Steve Waddell's address. Having spent one of the longer terms as the "Fourteenth Mayor" – a month shy of three years – he made certain to acknowledge all units, both military and civilian, for their efforts supporting the fleet.

"Spending three years as CFB Esquimalt's Commander was a unique opportunity to forge deep bonds across the region and witness the incredible contributions our people make to each other, the community and our mission as part of the Department of

National Defence," he said.

Then, with the military parade neatly lined row upon row on the museum parade square, and hundreds of spectators assembled to witness the event, Cmdre Waddell, Rear-Admiral Art McDonald, Commander Maritime Forces Pacific, and Capt(N) Boyd all signed the command change certificates signifying the legal transfer and change in leadership.

During his remarks, RAdm McDonald likened the Base Commander's job to that of a Mayor, noting the "city" of CFB Esquimalt has its own fire department,

police force, schools, and even a newspaper. Cmdre Waddell, he said, "showed dedication and tact" while fostering relationships both inside CFB Esquimalt limits and beyond.

"Most importantly, you've been there for your shipmates," he added. "Supporting and mentoring our members through many charitable and social initiatives, all in support of increasing morale and welfare throughout the base to help keep everyone shipshape, both mentally and physically."

At the end of his address, the Admiral presented

MARPAC Commendations to Cmdre Waddell and his wife Shauna, and thick gold Admiral coins to their children Nate and Bekah, as he emphasized the important role family plays in the success of their military partners and parents.

The final portion of the ceremony focused on the new Base Commander. In his first address to his new team Capt(N) Boyd sent a ripple of laughter through the crowd when said, "This small-town Prairie boy now has some big shoes to fill, and I mean literally. Have you seen his feet compared to mine?"

The naval officer is no stranger to Esquimalt, having served in *HMCS Ottawa* as Executive Officer, and *HMCS Regina* as Commanding Officer. But he acknowledged the move from fleet to base will be filled with new discoveries.

"It was evident to me as I received my turnover briefs that the span of work across this base is profound, and the work this team is doing is exceptional."

He ended on an earnest note pledging his commitment in continuing to make CFB Esquimalt "the best base in Canada."



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Farewell Commodore Waddell - a look back on three years



James Vassallo
Base Public Affairs

Early in his time as Base Commander, Commodore Steve Waddell, promoted to his current rank earlier this month, began to address the issues that landed in his sights.

He made a plea to whomever was placing sharp objects on the

ball fields around CFB Esquimalt to stop, and just come and talk to him about it instead.

Seeing the impact of early morning starts – missed breakfasts, childcare conflicts, worsened commutes – he moved Base Divisions to later in the day, making it less formal and allowing people to ask questions or bring forward issues after inspection.

Concerned over the availability and condition of residential housing units at remote sites, he worked to change that.

By themselves these are perhaps small things, but together they represent something significant: a way of leading, and an understanding of him as a leader.

"After almost 28 years in the navy I don't think I've really changed who I am," he says. "I recognize the value of our output has always been based on the aggregate of the efforts of everybody. Going around talking to people, understanding their issues and validating they're part of a greater activity, whether big or small, that was always important to me."

That "greater activity" was a deceptively simple sentiment: get warships to sea for Canadians. In practice there was always the potential for things to become more complex given a diverse civilian and military workforce, significant interdependencies between internal and external organizations, and needs spread over a wide range of areas – hospital services, IT infrastructure, human resources issues, support for mili-

tary families – that go far beyond operationalizing a military.

"Unlike a ship, it can be harder to build esprit de corps across a diverse portfolio like the base, but I always reminded people about all the valuable things they were doing and that it was all about getting those naval platforms, those war fighting capabilities, out the door for this country," says Cmdre Waddell. "And at the end of the day I wanted to see people happy and smiling at work."

How this philosophy manifested inside the confines of the base also reflected outward. Commodore Waddell became a prominent feature at parades and commemoration ceremonies, brought forward the first base open house in a decade in the form of Westshore Navy Day, campaigned for the United Way as board director, advocated continuously for respect and inclusion of Indigenous peoples as the champion for the MARPAC Defence Aboriginal Advisory Group, and worked closely with the Chamber of Commerce, eventually bringing his external and internal outreach full circle

as he welcomed prominent business woman Mandy Farmer into the Royal Canadian Navy as an Honorary Captain.

"I'm proud of the community connections piece," he says. "It was never really by design but I realized early on that, although many people represent the base in many ways, the face of the base can often be the Base Commander. When people look at the military community they see a lot of mystery and when they can put face to name over a period of time I think that's helpful in terms of engagement and supporting dialogue, which is much to the benefit of the navy and the community."

Cmdre Waddell now heads to Ottawa to assume the portfolio of Director General Naval Strategic Readiness where he will be one of two commodores on the Naval Staff supporting the Commander of the Royal Canadian Navy.

Working alongside the Director General for Force Development, his role will be one that dovetails nicely with that of Base Commander given the need for expertise in a wide range of areas.

"The Commander needs

to have support at NDHQ that's linked into HR, linked into the strategic joint staff and all of those purple domains that don't have to do with future platforms," he says. "This includes logistics, information warfare, and the significant responsibilities of personnel and training."

While he looks forward to the new opportunity, Cmdre Waddell says he's disappointed with one aspect of leaving CFB Esquimalt

"I know I didn't get out to meet everyone," he says. "I believe you should be able at some point or another to see and meet all of the people that work with you. I know it's difficult in a large and complex organization, but I wish I could have had more time to get out and meet more people."

With a slight pause he adds there might also be just one more small regret.

"The salty air. You notice it every time," he says. "The Pacific Ocean, any ocean, there's a certain energy there. That's why you join the navy, to be on a ship. My job is still in navy lines and I'm doing all those things that help move those ships, but I'll miss that salty air."

Meet the new Base Commander

James Vassallo
Base Public Affairs

Coming from a small town in rural Saskatchewan with wheat fields below and a big sky above, a young Jason Boyd wanted to fly.

"I wanted to be a fighter pilot as a kid," says Capt(N) Boyd, sheepishly acknowledging the impact the film "Top Gun" had on him while growing up. "It wasn't that I was so naive that I didn't know we had a navy, but the movie was the only real connection I had to the military."

However, CFB Esquimalt's new Base Commander did have a connection to public service, something inspired in him by his father who served with the Royal Canadian Mounted Police for 41 years.

After being approached by the Royal Military College with an offer to play hockey, get a good education, and a guaranteed job that would also

allow him to serve, he jumped at it.

"They deemed I wasn't fit to fly an aircraft but my second choice was a Maritime Surface and Sub-Surface (MARS) officer," says Capt(N) Boyd. "All I knew was I wanted to do something operational and be in a leadership position. I've never looked back since."

His time at the ice rink – supported by what he describes as some of the best lessons in leadership he ever received – gave him an appreciation of how important consistency is, and the ways to be part of, and support a team.

"The things you experience in team sports are so applicable to everyday life," he says. "You face adversity, you learn how to deal with the ups and downs, but you work together to overcome that and accomplish goals. This bonds you with people."

With this philosophy in place, his career as a MARS Officer led him from

ships – as a bridge watchkeeper in Her Majesty's Canadian Ship (HMCS) Iroquois; as an Anti-Air Warfare Controller and Combat Officer in HMCS Algonquin; as Executive Officer of HMCS Ottawa; and Commanding Officer of HMCS Regina – to shore as a Shipborne Air Controller (SAC) and SAC Training Officer; through two tours at the Canadian Forces Naval Operations School in Halifax; as the Commanding Officer of the Naval Officer Training Centre in Victoria; Executive Assistant to the Commander of the Royal Canadian Navy; and in his last role as Director of New Capability Introduction, a natural fit with the new role as Base Commander.

"Looking at the future fleet pieces, I see the capabilities that lie ahead as well as what requirements we need to support those capabilities," says Capt(N) Boyd. "A big part of that is knowledge and oversight of a bunch of elements.

This is a great opportunity for us not only to posture for the future of our fleet, but also to have a direct community impact."

Capt(N) Boyd credits his predecessor, the newly-promoted Commodore Steve Waddell, with not only moving that infrastructure piece far along, but also recognizing how tied the base is with the local community, both economically and socially.

"Cmdre Waddell has played a significant role in evolving us to where we are and where we're going," he says. "It's left me in a very fortunate position where I can come in and I don't need to make any hard helm orders. It's going to be a challenge to try and fill his shoes, but I take tremendous comfort knowing the base is already in great shape."

Given that position, Capt(N) Boyd says he intends to focus on getting to know the local defence team and continuing to build bridges between



local government, First Nations partners, and the community-at-large.

"The Base Commander often gets labeled as that key link between the military community and the rest of the community, but the truth is that everyone in the defence team acts in some capacity as an ambassador through coaching and volunteer work and all the incredible things they do," he says.

"I just get to have the privilege to do that in an official capacity. It's a great opportunity and an incredible honour."

An avid golfer and fisherman who remains true to his hockey roots as a member of the CFB Esquimalt Senior Tritons, Capt(N) Boyd assumed the role of Base Commander June 22. He was accompanied by his wife Deborah, son Taylor and daughter Grace.



Rear-Admiral Art McDonald reviews the Guard of Honour at the start of the change of command ceremony.



Canadian Forces Base ESQUIMALT

Change of Command

22 JUNE 2017



The newly appointed Base Commander, Capt(N) Jason Boyd addresses the crowd.



Cmdre Steve Waddell has an intimate moment with First Nations representative Elmer George.

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WHAT SAY YOU

People Talk

While aboard HMCS Regina for a day sail, Lookout asked guests:
What is one new thing you learned about the Royal Canadian Navy during the tour today?



"We learned how so much time is given over to training when ships aren't out on operations."

Deb McGinnis and Judith Brunt



"I learned that a frigate has three engines and two water makers."

Dawn Kaysoe



"I have a new appreciation for what people in these roles do for our country."

Gary Bass



"I learned that frigates have their own divers that are used to check the hull or disarm mines."

Jocelyn Sandhu



"I learned that one sailor steers the ship but they can't actually see where it's going; the officer of the watch directs them instead."

Peg Rowlandson

WHAT SAY WE

SPORTS *trivia* Heavyweight boxing by Tom Thomson, Contributor

1. This former heavyweight champion fought in four different decades and is the most recent inductee into the International Boxing Hall of Fame.
2. From 1919 to 1926 he reigned as heavyweight champion of the world. Who was the "Manassa Mauler"?
3. Who is recognized as the last world heavyweight champion under the London Prize Ring Rules of bare-knuckle boxing and the first under the Marquess of Queensberry Rules of gloved boxing?
4. Who holds the record for title defenses with 25 and has the longest continuous reign (4270 days) as heavyweight champion?
5. Who is the only heavyweight champion to have a CFL football team named after him?
6. Who retired after 49 fights as the only undefeated heavyweight champion?
7. Who was the heavyweight champion known as the "Cinderella Man"?
8. Who did Muhammad Ali consider to be "the toughest guy I ever fought"?
9. Who was the first fighter to defeat Mike Tyson in a heavyweight championship fight?
10. Who was known as the "Bayonne Bleeder"?
11. Who was the first fighter to regain the heavyweight championship in a rematch?
12. Who trained both Floyd Patterson and Mike Tyson?
13. Who was often heard to proclaim (with some justification) "I am the greatest!"?
14. Who is arguably the best heavyweight boxer never to have fought for a world title?
15. Who was the tallest and heaviest heavyweight champion?
16. Who was the shortest heavyweight champion?

- Answers:**
1. Evander Holyfield.
 2. Jack Dempsey.
 3. John L. Sullivan aka "The Boston Strong Boy".
 4. Joe Louis aka "The Brown Bomber".
 5. Joe Louis. The team is the Winnipeg Blue Bombers.
 6. Rocky Marciano.
 7. James J. Braddock.
 8. Former Canadian champion George Chuvalo. Chuvalo went the distance with Ali in their two fights with no knockdowns. After their first fight held in Toronto, Chuvalo said Ali went to the hospital while Chuvalo went dancing with his wife.
 9. James "Buster" Douglas.
 10. Chuck Wepner who came within 19 seconds of going the distance with Muhammad Ali in their heavyweight title fight in 1975 and claimed to be the inspiration for the move "Rocky".
 11. Floyd Patterson defeated Ingemar Johansson on June 20, 1960 to become the first heavyweight to regain his title.
 12. Gus D'Amato.
 13. Muhammad Ali.
 14. Sam Langford - Weymouth Falls, Nova Scotia.
 15. Nikolai Valuev - St. Petersburg, Russia - 2.13 m (seven feet) - 323 pounds when he won the title in 2005.
 16. Tommy Burns (born Noah Brusso) - Hanover, Ontario - 1.7 m (5 feet, 7 inches) - won the title February, 1906.

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WHAT SAY YOU

Exchanging platforms, unique and similar

SLt Cassandra O'Rourke
HMCS Ottawa

I had the privilege of spending a few days on board the New Zealand frigate Te Kaha during the recent Pacific Guardian Exercise, a multi-national event with the goal of improving cooperation and interoperability between navies.

The four-day exercise off the South East Coast of Japan was led by Commander Canadian Fleet Pacific and included HMCS Ottawa, HMCS Winnipeg, JS Inazuma and HMNZS Te Kaha.

The Royal New Zealand Navy is incredibly professional and knows how to balance the hard work associated with life at sea. The ship's motto is 'He Ponanga Kaha' or 'Service with Strength.'

I was picked up and transported over to their flight deck by their Sea Sprite helicopter. Once I arrived on board I was shown to the wardroom and to my cabin where I shared a room with one other female bridgewatchkeeper.

I started noticing early on how similar our navies were to each other.

The bridge equipment is almost

identical to our own. One big difference I found interesting was that, although their ship is only slightly smaller than ours, they sail with 50 fewer personnel than we do.

Their bridge watchkeepers must also attain three separate tickets to get qualified in comparison to our one. They will be fully qualified upon achieving their final ticket, whereas we must stand a Naval Officer Professional Qualification board in order to be promoted to Lieutenant (Navy).

That first afternoon, I participated in a boxing fitness class. At first I was unaware of how the class was going to be broken down. I saw the crew putting on the boxing gloves that were littered all over the flight deck, so I followed suit. An unexpected steering gear breakdown drill pulled the instructor away to different duties. Suddenly a voice recording came over the work out speakers with a countdown starting at 10. With about five seconds left to go, I frantically looked around for direction. I saw a whiteboard with the instructions, "You know what to do" written on

it. I did not know what to do.

It dawned on me this might be some kind of extreme session where we box the person closest to us and only one of us is left standing in the end. I saw people warming up by throwing jabs and tossing upper cuts into the air. My adrenaline was spiked at this point and I was ready for anything.

Luckily one of their crew members jogged up to me at the last second with padded gloves and asked if I needed a partner. It was a normal work out. That was a relief; although, it would have made for an epic story.

The Principle Warfare Officers, who have a very similar job to our Operations Room Officers, took me under their wing. I spent a lot of time in their Operations Room. I sat right next to each of them with a headset on so that I could see and hear everything that was going on. I learned a lot about warfare - both anti-air and anti-submarine.

During my second day, the ship had internal training where they went to action stations for a battle problem. A few of the positions had different duties than what I am used to seeing, but in the end it looks like we all approach damage control with the same kind of tactics; fires and floods are everyone's enemy at sea.

After a busy morning, the ship paused and gathered in their respective messes to support their national rugby team. We watched



SLt Cassandra O'Rourke meets her New Zealand counterpart, SLt Caitlin Wiseman, who spent a few days sailing with HMCS Ottawa.

15 minutes of highlights before getting back to work.

That afternoon I observed Officer of the Watch manoeuvres and was quite impressed with their skill. They used a few different techniques that I think will come in handy the next time I have the opportunity.

My favourite thing that I learned on their ship was their Navy Creed. It goes as follows:

"I am a sailor of the Royal New Zealand Navy

Te Taua Moana o Aotearoa

I represent the proud heritage of those who have gone before me

I serve to protect our people and our whanau with integrity and mana

I will follow those above me and lead those below me

I embody the Navy's Core Values - Courage, Commitment, Comradeship

And will challenge those who do not

He heramana ahau, I am a sailor."

Overall, the crew was very welcoming. I learned a lot about their navy and their country and I would like to work with them again in the future.

As it is, I may get that chance sooner than later as Te Kaha is scheduled to arrive in Victoria for a refit and upgrades on their frigates within the next year or so.

Exchanges like this are a great opportunity for sailors to see the bigger picture and interact with our allies while bringing back lessons and perspective from other professional mariners.



A New Zealand Sea Sprite helicopter from HMNZS Te Kaha arrives to return SLt O'Rourke from her host ship.



HMCS Ottawa, HMCS Winnipeg, JS Inazuma and HMNZS Te Kaha sail in formation during Exercise Pacific Guardian 17.

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Canada 150 - mapping the past and present

DND

In honour of Canada 150 celebrations, the Department of National Defence and the Canadian Armed Forces have launched a commemorative Canada 150 Defence Interactive Map.

Canada 150 Defence Interactive Map: Mapping our Past and Present is a new online map that illustrates the impact the Canadian Armed Forces have had in communities around the country.

Spanning 15 decades of Canada's military history, this map details interesting events from the past as well as present-day accomplishments that pop up in the exact geographic location where they actually happened.

Curious about the Snowbirds in Moose Jaw or the Cadets in Whitehorse? Filter your search by decade, organization, province, or territory to find out.

One hundred and fifty years of Canadian history is an important milestone for our nation. It is an opportunity to share the stories and show the impact of past and present members of the Canadian Armed Forces and Defence personnel in shaping our country.

Check out the Canada 150 Defence Interactive Map <http://caf-fac.ca/defence-150-map> or by searching #DefenceMap on Twitter and participate in the conversation online. The map will also be featured on touch-screen kiosks during Canada 150 exhibits across the country throughout spring and summer 2017.

Canada 150 interactive military history map



You can check out the Canada 150 Defence Interactive Map <http://caf-fac.ca/defence-150-map> or by searching #DefenceMap on Twitter and participate in the conversation online.

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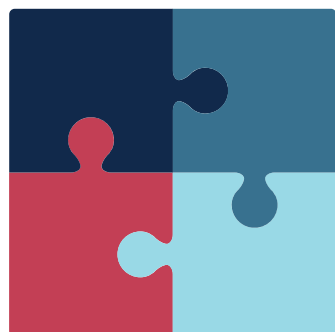
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HMCS Winnipeg furthers community relations in Singapore

Padre Matthew Squires
HMCS Winnipeg

Eighteen members of *HMCS Winnipeg* shared the June 2 morning with residents and staff of the Ang Mo Kio Training and Development Centre (AMK TDC) as a community relations initiative in support of Poseidon Cutless 17.

Ang Mo Kio is one of six training and development centres run by an organization in Singapore named the Movement for the Intellectually Disabled (MINDS).

It is the mission of MINDS to provide care, improve well-being, and facilitate the cognitive development of Singaporeans in need.

This is not the first time the Royal Canadian Navy has been involved in supporting MINDS. In January 2016, 17 members of *Winnipeg* visited the Fernvale Gardens School during Operation Reassurance, and during WESTPLOY 2016 *HMCS Vancouver* visited the Eunos Training and Development Centre.

The morning began with a briefing by Isaac Loh, AMK TDC

Training Officer. Loh's brief raised awareness of the Centre's work and provided situational awareness in preparation for the sailor's morning with the clients. Half of the crew volunteered their time conducting much-needed maintenance on the facility, while the other half joined the clients in a nature walk coupled with sports activities.

Upon completion of the morning, the crew distributed goodie bags prepared by Swee Leng Ng, Public Affairs Officer of the High Commission of Canada in Singapore. Each goodie bag was distributed with pride, testifying to Canadian generosity while displaying a *Canada 150* logo.

When reflecting on his time with the residents of the Centre Leading Seaman Kyle Pillar said, "As members of the CAF we have the ability to provide aid and care to those in need, whether the need be big or small. Spending the morning with the kids at the Ang Mo Kio Training and Development



Photos by Leading Seaman Brendan Gibson

Members of HMCS Winnipeg with staff and clients of the Ang Mo Kio Training and Development Centre.

Centre was a fantastic opportunity to provide assistance and care where it was needed, while hopefully bringing joy to at least one of the kids that day."

The actions and attitudes of sailors such as LS Pillar speak to a greater tone seemingly evident throughout *Winnipeg's* visit to Singapore.

During a reception hosted by *Winnipeg* that included attendees representing the Southeast Asian Young Leaders' Programme, guests had the privilege of hearing an address by Canada's Chief of

Defence Staff, General Jonathan Vance. Gen Vance set the tone by reminding every individual on the flight deck that evening of the need for more values-based leaders within Canada and throughout world.

A significant aspect of Poseidon Cutless 17 is about shaping Royal Canadian Navy leaders of all ranks, while further deepening international relationships among prominent leaders within a global climate that is desperate for values-based leaders. Each community relation event contributes to that mission.



MS Kevin Simons joins in a sports activity at the Ang Mo Kio Training and Development Centre.

Each community relation event contributes to that mission.

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Military Police active on charity duty

Will Chaster
 MARPAC Public Affairs Office

The primary role of members of the Military Police (MP) is to serve and protect the Canadian Armed Forces (CAF) community.

However, many MP members serve beyond this mission.

This is because the MP heads the only charity run exclusively by military police members in Canada: the Military Police Fund for Blind Children.

This charity aids visually impaired children and young adults. It also supports charitable organizations and individuals involved in the recreation or education of these children.

"This is about us being involved in our community. We share a close bond with the public and we want to help those in need," said Leading Seaman Andrée Noye, Community Relations Coordinator with the Military Police Unit Esquimalt.

MP units across Canada take part

in fundraising for the Fund. Here at CFB Esquimalt the MP Unit raises funds through bottle returns, an annual Military Police National Motorcycle Relay, and the Belmont Park Block Party held this year on Aug. 25.

A recent fundraiser addition is the MPU barbecue held every Thursday (weather permitting) until the end of the summer outside Naden building 69. Cost is \$5 a person for burger or hot dog, drink and chips.

The MP will also celebrate the 30th edition of their annual car wash at the Belmont Park CANEX July 15; all funds raised go towards activities



Corporal Luc Gagnon mans the grill during the Military Police Unit's weekly barbecue fundraiser.

and items aimed to improve the quality of life of blind children and young adults. This includes sending blind and visually impaired children to summer camps, and providing specialized computers and bikes.

The Fund has aided thousands of children over the years.

In 2016, the Blind Fund helped approxi-

mately 40 people. Overall since 2009, the Esquimalt branch donated over \$124,000 to aid visually impaired children from Southern Vancouver Island and the Lower Mainland.

For information on the MP Blind Fund visit www.mpfb.com.

For information on upcoming local events and fundraisers, visit the Military Police Unit Esquimalt Facebook page or contact Corporal Ashley Pye, Ashley.Pye@forces.gc.ca or Leading Seaman Andrée Noye, andree.noye@forces.gc.ca.

This is about us being involved in our community. We share a close bond with the public and we want to help those in need.

Leading Seaman Andrée Noye


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Canadian military vehicles are lined up at Camp Ādaži, Latvia, during Operation Reassurance, as part of NATO's Enhanced Forward Presence in Latvia on May 14.

Latvia home for NATO battle group

Steven Fouchard
Army Public Affairs

The Canadian Army is working with Latvian colleagues to ensure a NATO enhanced Forward Presence multinational battlegroup in Latvia will have comfortable living conditions when they arrive before year-end.

This work is just one component of Operation Reassurance, Canada's contribution to ongoing, NATO-led defence and deterrence measures in Eastern and Central Europe. Army combat engineers, members of New Brunswick-based 4 Engineer Support Regiment (4 ESR), arrived in Latvia in April to begin temporary infrastructure projects at Camp Ādaži, which lies northeast of the capital Riga.

The 50 members on the ground face a considerable challenge in providing shelter and many other necessities for about 1,200 troops from the six allied nations that make up the battlegroup.

In the following interview, Lieutenant-Colonel Hugo Delisle, Commanding Officer of the Canadian Theatre Opening Team, provides an update on what they have accomplished.

Canada is one of four Framework Nations in this battlegroup.

What does that mean and how does it impact your work on the ground?

The Battle Group will be made up of six nations that will be working as part



Photos by Corporal Colin Thompson, Joint Task Force-Europe
Corporal Jason Turgeon prepares infrastructure at Camp Ādaži, Latvia, on May 23, in advance of the arrival of NATO's enhanced Forward Presence multinational battlegroup.

of a Latvian Land Forces Infantry Brigade.

The Host Nation is Latvia, the Framework Nation is Canada, and the Sending Nations are Albania, Italy, Poland, Slovenia and Spain. Each has different responsibilities: Canada as the Framework Nation is responsible to work as a conduit for the Sending Nations (SN) through which to communicate with the Host Nation.

It also is responsible, along with the Host Nation, to ensure all required support is available to the Sending Nations on their arrival. This includes office spaces, accommodations, internet, space management, and financial management.

Canada is also assisting the SNs with positioning equipment once it has arrived at Camp Ādaži so the SNs can begin their work as soon as is practical.

How are the tasks involved in preparing the camp split between Canadian and Latvian personnel?

Latvia has committed to providing the necessary infrastructure to support

the vehicles, equipment, personnel, and service needs of the Battle Group. The associated infrastructure demands are significant, requiring multiple purpose-built structures resulting in a significant financial investment and expansion of the base's footprint. Currently, Latvia is building new access roads and renovating existing ones, as well as accommodations and maintenance facilities. As an interim solution while this initiative is implemented, Canada has agreed to provide temporary facilities for the battlegroup.

How close is the camp to completion?

Readying a camp for over 1,000 troops is a complex project and we have worked closely with our Latvian colleagues to ensure it is ready to receive the multinational battlegroup.

Design work for temporary infrastructure that will enhance the battlegroup's capabilities is complete and these projects are currently awaiting construction. Most of the associated construction work will occur in July and August.

Once construction is complete, 4 ESR is also responsible for maintenance of the camp.

What does that involve?

4 ESR will maintain the camp until it is handed over to sustainment engineers later in June. This includes maintenance of generators and preventative maintenance of personal hygiene facilities. A technician will be available on call to deal with unforeseen problems as they are reported. This can be anything from responding to a power outage by replacing broken cables to replacing pumps or fittings in the washing facilities.

Aside from basic necessities, what other needs does the camp meet?

We have provided or will provide outdoor gym facilities and a soldier's social club with pool tables and refreshments. We even show a movie every night and have three barbecues for social events.

Are there many challenges to working with another military in this way? What are some of the greatest and how are they overcome?

We have great relationships with our allies and we are all working to ensure the battlegroup contingents will have what they need. Working with other nations can be a challenge as policies and standards are different. However, the key to resolution is found through discussion and compromise.



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Captain Donna Riguidel
CF Liaison Council PAO

"I found a family, and I learned to lead."

Senior Associate Deputy Minister Jody Thomas was sincere and earnest when she addressed the crowd at the Canadian Forces Liaison Council 2017 Awards Dinner May 25.

The Awards are held every two years to recognize employers and educators who go "above and beyond" in supporting reservists.

This year, the day-long event included a luncheon, afternoon provincial awards ceremony at Cartier Square Drill Hall, and then the national award ceremony dinner at the War Museum. Canadian entertainer Tom Jackson delighted the crowd with music and heartfelt comments.

"We are all driven to serve," he said to the crowd, before launching into a warm rendition of "O Canada".

Winner of the Most Supportive Employer in Canada, Via Rail, received their award at the gala dinner, to resounding applause. VIA Rail not only offers Canadian Armed Forces (CAF) members a discount, but also, among several other CAF-centric policies, has an employment program to help members transition from uniformed life.

"We continue to recognize the value of employing someone currently serving or having served in the CAF," said Yves Desjardins-Siciliano, President and Chief Executive Officer, VIA Rail.

During the evening program, General Paul Bury, Chief of Reserves, spoke of sacrifice and how the weight of deployment can be heavy, in a different way, for those that serve part time.

"Knowing that programs and policies like these allow our members to effectively press 'pause' on their lives, and still have school or a civilian career waiting for them back home. The value of that support cannot be measured," Gen Bury said.

Competition for these awards was fierce. Going beyond merely accommodating requests for time off to train or deploy, many employers and educators offered top-up of pay, benefit extension, flexible scheduling, providing corporate facilities for training and even volunteering to help at mess events.

Fireweed RV, a company with just four employees, won in the special award category for small organizations. Fireweed RV employee, Cadet Instructor, Lt John Robertson (2685 Royal Canadian Army Cadet Corps, The Yukon Regiment), has not only gotten time off for training, but his employer offers their place of business to the local cadet unit to use. Although accommodating time off can leave his business short staffed by 25 percent, Fireweed RV owner David Robertson is proud to support his employee and the CAF.

Acting Vice-Chief of Defence, Vice-Admiral Ron Lloyd explained how important that pride and co-operation can be to the overall picture.

"The Canadian Armed Forces makes a difference. The Reserves, as a part of the CAF, make a difference in lives all over the world. You, as a part of that team, make a difference. Thank you."

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IN THE COURTS

Court martial results

DND

On June 13, Corporal Y. Bellevue was found guilty at a standing court martial in Saint-Jean-sur-Richelieu, Quebec. Chief Military Judge Colonel Mario Dutil accepted Cpl Bellevue's guilty plea on two charges related to an incident that occurred Oct. 5, 2015, in Saint-Jean-sur-Richelieu, Quebec.

Cpl Bellevue was sentenced to a reprimand and a \$2,000 fine.

Of the five charges which were preferred by the Director of Military Prosecutions on Oct. 31, 2016, Cpl. Bellevue pleaded guilty and was found guilty of two counts of uttering threats to cause death or bodily harm s. 264.1 (1) of the Criminal Code tried under paragraph 130 of the National Defence Act. The other charges were withdrawn.

In addition to a military judge's sentence, Canadian Armed Forces (CAF) members can be subject to an administrative review, which can result in actions that range from remedial measures up to release from the CAF.

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Bravo Zulu

HMCS Regina Awards and Promotions

Cdr Colin Matthews, Commanding Officer HMCS Regina, presented awards and promotions.



AB Rogers is awarded his Watch Keeping Certificate from Cdr Matthews.



CPO2 Hatcher is awarded his Silver Sea Service Insignia from Cdr Matthews.



PO2 Granger is promoted to his current rank by Cdr Matthews.



LCdr Marcouiller is promoted to his current rank by Cdr Matthews and wife Genevieve.



LS Bernard is awarded his Gun Metal Sea Service Insignia from Cdr Matthews.



LS Dunbar is awarded his Gun Metal Sea Service Insignia from Cdr Matthews.



LS Jennings is awarded his Gun Metal Sea Service Insignia from Cdr Matthews.



Lt(N) MacGilvary is awarded his Head of Department Certificate by Cdr Matthews.



PO1 Colburn is awarded his Gold Sea Service Insignia from Cdr Matthews.



PO1 Sparkes is promoted to his current rank by Cdr Matthews.



PO1 Stewart is promoted to his current rank by Cdr Matthews.

Bravo Zulu

Canadian Submarine Force/ Maritime Operations Group Change of Command

Photos by Cpl Andre Maillet, MARPAC Imaging Services



RAdm Art McDonald, Commander Maritime Forces Pacific, presents Capt(N) James Clarke, outgoing Commander Canadian Submarine Force/Maritime Operations Group, with a Bravo Zulu Certificate of Achievement.



(Left to right) Outgoing Commander Canadian Submarine Force/Maritime Operations Group, Capt(N) James Clarke; RAdm Art McDonald, Commander Maritime Forces Pacific; and Incoming Commander Canadian Submarine Force/Maritime Operations Group, Capt(N) Christopher Robinson.



Bravo Zulu

Promotion

Captain (Navy) Steven Waddell (centre), is promoted to the rank of Commodore by General Jonathan Vance (left), Chief of the Defence Staff, and Vice-Admiral Ron Lloyd (right), during the General Officer / Flag Officer Symposium in Ottawa on June 8.

Photo by Cpl Lisa Fenton, CF Support Unit (Ottawa) Imaging Services

Bravo Zulu

NFS(P) CSE Div Promotions



MS Matthew Dykstra is promoted to PO2 by LCdr K.H. Cyr, NFS (P) CSE Division Commander.



LS James Poirier is promoted to Master Seaman by LCdr K.H. Cyr, NFS (P) CSE Division Commander.

Bravo Zulu



Cdr Jeanne Lessard and the Base Administration Branch help to lament and celebrate the change in leadership of the Financial Services Administrators following an occupation split.



MS Kelly is promoted to his current rank by Cdr Byron Derby, Commanding Officer Base Information Services Esquimalt, and CPO2 Lee Westwood, Ops Chief Base Information Services Esquimalt.



PO2 Mackay is promoted to her current rank by LCdr Preston McIntosh, Commanding Officer Patrol Craft Training Unit, and CPO2 Paul Parent.

Bravo Zulu

NPTG Promotions



PO2 Michael Gregg receives his Operational Service Medal – Expedition for his deployment on Operation Caribbe.



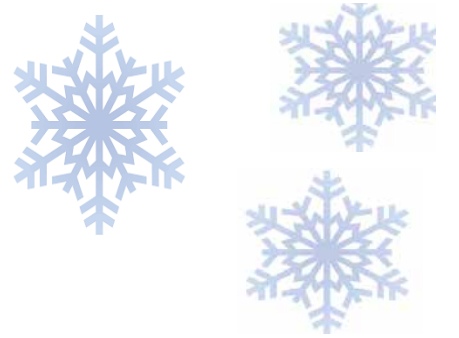
Lt(N) Nathalie Mailhot-Montgrain receives her Canadian Forces' Decoration First Clasp.

CHRISTMAS IN JULY

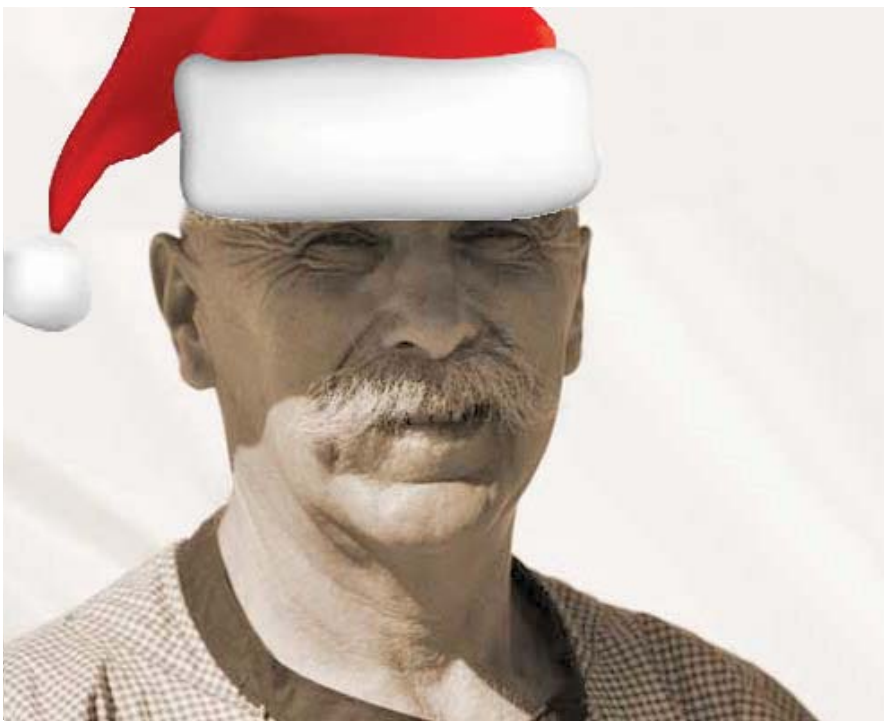
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ANNOUNCEMENTS

848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron. Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690.

ANNOUNCEMENTS

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please check us out on facebook (STV Tuna).

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THE BC/YUKON LEGION Foundation has available a one bedroom, ground floor unit on Belmont Rd in a one year old building - Pacific View - located across the road from Belmont Park PMQ's. Includes all appliances washer/dryer and a heat pump for Heat- A/C. Hot water is included along with underground parking and a storage locker. Rent is \$1,250/month and the income realized by the Foundation helps support Cockrell House for homeless veterans. For more information please contact Angus Stanfield 250-883-8685.

MISCELLANEOUS

VIEW ROYAL READING CENTRE. New location 266 Island Hwy. We have books, audios, videos, & DVD's for all ages. Internet is also available. For hours of operation and other information please call 250-479-2723.

FANTASTIC MID 40'S Fabulous mid 50's East Coast Ladies. Starting Biweekly Evening Socials. Join FB Group "Sassy Ole Scotians" to learn more about "Distressed Mess SOS"

INTERESTED IN JOINING A coffee or social group for military veterans and military in Cowichan Valley? For info contact Bob Hedley on Facebook. The intention of the group is to meet-up with other veterans and present serving members to exchange stories and facilitate fun get-togethers. Facebook Group: cowichan valley coffee

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6x1pint

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Case 6x2L \$5.99 ea

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California **Peaches n' Cream Corn**



4/\$5

BC Grown **New Standard Potatoes**



\$2.18kg

99¢ lb.

Que Pasa **Tortilla Chips**
"Made in Vancouver"
All Varieties



300-425g

\$2.99 ea

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"Made in Central Saanich"



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\$4.82kg

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Select Varieties



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