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MARPAC NEWS CFB Esquimalt, Victoria, B.C.

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NDWCC Shines!

PO2 Justin Pike, an instructor at Naval Fleet School (Pacific), has set up a shoe buffing station and is offering his services to buff up your boots for a donation to the National Defence Workplace Charitable Campaign (NDWCC). As the school NDWCC unit representative, PO2 Pike wanted to support the United for BC Wild Fires Recovery Fund. Taking advantage of this offer, OS Mike Claveau gets his boots buffed before heading to training. PO2 Pike will be in the NFS(P) lobby building N92 every Wednesday morning from 7-8 a.m. for the duration of the campaign.

Photo by Kelly Binette



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Photo by Rachel Rilko/Government House
 Terri Orser, South Vancouver Island Zone Deputy Zone Commander, pins the first poppy on the lapel of Judith Guichon, Lieutenant Governor of British Columbia.

Victoria Royals Appreciation Night 290 free tickets available to military

Peter Mallett
 Staff Writer

The Victoria Royals are offering free tickets to Defence team personnel for their Nov. 10 regular season game against the Edmonton Oil Kings.

An initial block of 290 tickets are being released to the Base Chief for distribution and will be divided up equally amongst units for the Royals' annual National Defence Team Appreciation Night game.

Defence team members have until Nov. 3 to claim tickets requested through their unit representatives.

Unclaimed tickets will go back into the pool of available tickets for sale.

If demand outstrips supply, the Western Hockey League club will make more tickets available. For those unable to get their hands on free tickets, discounted \$15 seats will be available to all Department of National Defence employees.

Opening puck drop at the Save-on-Foods Memorial Centre is 7:05 p.m. Multiple military units and civilian support organizations will have displays at the game including 443 Maritime Helicopter Squadron, Naval Reserves, N3 Chief of Staff Plans and Operations,

Fleet Diving Unit (Pacific), Regional Cadet Support Unit (Pacific), Fleet Maintenance Facility Cape Breton, 5th (BC) Field Artillery Regiment, Personnel Support Programs, and the Military Family Resource Centre.

National Defence Appreciation Night with the Royals will also include a metal-hockey-stick giveaway by FMF and displays that include a Vindicator aerial drone and boat by N3, dive truck from FDU and a Howitzer from 5th Field regiment, plus a 50-50 draw conducted by the Military Family Resource Centre.

Veteran hosts presentation on two First World War heroes

Peter Mallett
 Staff Writer

The legacies of two First World War heroes from Victoria will be the focus during a presentation by military historian MWO (Retired) Bart Armstrong's at the Centennial Library in Saanich, Nov 1 at 1 p.m.

Armstrong, a former member of Victoria's 11th Service Battalion, Toronto Scottish (then the Princess Louise Fusiliers at Halifax, will speak at the branch of the Greater Victoria Public Library located on Tillicum Rd.

Armstrong has researched and writ-

ten extensively about Canadians who have received the Medal of Honor in the United States along with Canadian military history. His appearance is part of the Saanich Remembers World War One historical project.

During the one-hour address he will discuss the legacy of Victoria's well-known war hero and Victoria Cross recipient Lieutenant Commander Rowland Bourque of Canada's Naval Reserves, who saved the lives of 40 men from drowning in Belgium. He will also focus on the mostly unheralded and forgotten war hero, Private Robert

Gilbert of the Canadian Mounted Rifles. Gilbert who was black and fought at Vimy was never properly acknowledged for his bravery by Canadian or British military authorities, Armstrong says.

Saanich Remembers World War One historical project is focussed on commemorating residents of Saanich who served for Canada in the First World War.

Free registration at gvpl.ca/events

For more information visit their website: www.saanich.ca/EN/main/parks-recreation-culture/archives/saanich-remembers-wwi.html

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Marine technicians take on crash rescue

Major Jim Hutcheson
RCAF PA

In January 2014, a joint Royal Canadian Air Force (RCAF) – Royal Canadian Navy (RCN) initiative was launched to transfer the vital role of helicopter crash rescue firefighting (HCRFF) on board RCN ships from fire fighters to hull technicians.

The aim was to improve personnel efficiency, given Defence Renewal targets and the reduced crew space available on new ships.

Since that time, Phase I of the transition has progressed smoothly and ahead of schedule. Hull technicians at the ordinary seaman/leading seaman levels have been fully trained and qualified to the required helicopter crash rescue firefighting standards, and they have now assumed this operational role on board all Her Majesty's Canadian Ships.

The initiative has recently entered Phase II, in which the sector commander (a master corporal) and flying coordinator (FLYCO) (a sergeant) leadership positions will be transitioned to the RCN. Adding to the complexity of the transition, the hull technician occupation is ending and personnel transferred to a new marine technician (MAR TECH) occupation that will incorporate the helicopter crash rescue firefighting skills and training. This will actually benefit the transition by providing a greater pool of candidates to assume these duties.

"The RCN is committed to ensuring training requirements for HCRFF, sector commander and FLYCO are



Photo by Corporal Dave Payne
Master Corporal Phil Groleau, a fire fighter from HMCS Algonquin, works as FLYCO on board HMCS Winnipeg.

maintained during the transition to the MAR TECH occupation," said Chief Petty Officer First Class Earl Weir, previously a marine technician occupation manager in Halifax, Nova Scotia.

Chief Warrant Officer Gerard Slaunwhite, from the Office of the Canadian Forces Fire Marshal (CFFM), has been impressed by the progress of the transition.

"The leading seaman crash rescue operations training and the petty officer 2nd class/master seaman FLYCO mentorship have both been going very well," he said. "Our next step is to get the petty officers second class/master seamen qualified for ship without an air detachment operations. We have been right on course so far, and we will continue to work hard to ensure smooth sailing for the remainder of the transition."

The added value an HCRFF-qualified

MAR TECH brings is an enhanced systems knowledge of the ship, says Major Norman Hanley, Sea Training (Atlantic) air officer.

"They immediately understand the impact of losing certain systems, and have the knowledge to keep the ship and helicopter combination an effective fighting force. As we prepare for operations with the highly advanced [CH-148] Cyclone, the right HCRFF training and infrastructure are vital to help ensure a safe and effective transition for both ship and helicopter crews."

Over the next two years, the change will be completed on a ship-by-ship basis as personnel become fully trained. Verification of full operational readiness will be conducted as ships perform their Intermediate Multi-Ship Readiness Training.

Close cooperation and coordination between the RCAF, RCN, Director Air Personnel Strategy and the Office of the CFFM have been essential to this initiative. It is important to note that all relevant tactics, techniques and procedures remain consistent, and that the required training levels and standards are met as the role is transferred to MAR TECHs. This initiative will also enhance the health and sustainability of the fire fighter occupation by allowing it to focus on primary land-based duties. The RCN will benefit by more efficiently utilizing crew members in the restricted shipboard environment.



Photo by Master Corporal Steve Carter
Fire fighter Corporal Chris Hillier responds to a simulated crash on the flight deck of HMCS Preserver.



Photo by Corporal Dave Payne
Hull technician/fire fighter Leading Seaman Fred Balleux stands by on the port bridge wing of HMCS Winnipeg in the event he is needed during a fo'c'sle transfer. The Sea King helicopter off the stern has just hoisted a crew member from the deck to the aircraft.



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WHAT SAY YOU

People Talk

Lookout asked this question:

Name your best-ever Halloween costume and why it was so great.



Last year for Halloween I was a broken doll. I painted my face to make it look like it was made of chipped china. It was so convincing it terrified my daughter when she first saw me.

Lauren Wakefield,
Military Family Resource Centre



I will always remember the costume my baby sitter made for me and my two sisters when I was eight years old. We all went out for Halloween as little princesses. We looked so good, we were set for the royal ball.

Lynne Bouchard
Military Family Resource Centre



My Sailor Mars costume from the animated series Sailor Moon. I have used the costume a couple of times for Halloween and other costume parties. I sewed it myself and think it looked really authentic.

Shirley Choy,
Base Logistics



I was Pippi Longstocking one year when I went out trick-or-treating. I had her dress, her apron overtop of it, and along with my red hair and freckles it was a very convincing costume.

Master Seaman Michele Schnob,
Personnel Coordination Centre

WHAT SAY WE

SPORTS trivia BOXING MOVIES

By Tom Thomson, Contributor

Questions

1. What is the first sports-themed movie produced for public consumption?
2. What is the earliest female boxing movie?
3. What was the first fictional boxing movie?
4. Charlie Chaplin in his "Little Tramp" persona starred in this 1915 boxing movie.
5. What was the first boxing-themed movie serial aeries?
6. This movie is the only film for which Alfred Hitchcock was the sole screenwriter.
7. Wallace Beery won the Academy Award for Best Actor for his performance in this 1931 boxing movie.
8. Who starred in the 1979 remake?
9. This movie, produced in 1934, was the first of a dozen films based on a popular comic strip from the 1930's to the 1980's.
10. Who played Joe Palooka's manager in the 1934 movie?
11. This 1937 boxing movie starred Edward G. Robinson, Bette Davis and Humphrey Bogart.
12. Who starred in the 1962 remake?
13. This star of the golden age of Hollywood made his screen debut as a violinist who wants to be a boxer in this 1939 picture.
14. Who played Holden's love interest?

- Answers
1. There are two. One is the Mike Leonard-Jack Cushing fight filmed on June 14, 1894. The other is "James J. Corbett and Peter Courtney Before the Kinetograph" filmed on September 7, 1894. Both were shot by Thomas Edison's Kinetoscope Exhibiting Co. under controlled conditions in Edison's Black Maria studio in West Orange, New Jersey. There is some debate whether the Leonard-Cushing fight was produced for public consumption or as a test film for Kinetoscope while Corbett and Courtney was definitely produced for public viewing.
 2. The Gordon Sisters Boxing. Bessie and Minnie Gordon duke it out in 1901 in an Edison production.
 3. The knockout AKA Counted Out. It was produced in 1914 by Keystone Studios and starred Roscoe Arbuckle and Charlie Chaplin.
 4. The Champion. Charlie finds a lucky horseshoe as he is walking his bulldog past a training camp which happens to be advertising for sparring partners. Charlie slips the horseshoe in his boxing glove and wins.
 5. The Leather Pushers. The series had 18 episodes, was produced in 1922 by Universal Studios and starred Reginald Denny. Denny was a British amateur boxing champion, an aviator in WWI and had a career in film, stage and television which lasted over 50 years.
 6. The Ring, about a pugilist known as "One-Round Jack", produced in 1927 by British International Pictures. All other movies for which Hitchcock received a writing credit were collaborations with other writers.
 7. The Champ. Beery portrayed Andy "Champ" Purcell, an alcoholic former world heavyweight champion fallen on hard times. Jackie Cooper played his eight-year-old son "Dink".
 8. Jon Voight and Ricky Schroder.
 9. Palooka. The series ended in 1951 with "Joe Palooka in Triple Cross".
 10. Jimmy Durante played Knobby Walsh. Any naval personnel I have ever met who had the surname "Walsh" always had the nickname "Knobby".
 11. Kid Galahad.
 12. Elvis Presley.
 13. William Holden in Golden Boy.
 14. Barbara Stanwyck. The producers were initially dissatisfied with Holden's work and wanted to dismiss him but Stanwyck insisted he be retained. Thirty-nine years later, when Holden and Stanwyck were joint presenters at the 1978 Academy Awards, he interrupted their reading of a nominee list to publicly thank her for saving his career.

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Sea Cadets tackle Orca Sailing

Sixty-four sea cadets from Ontario, the Prairies and B.C. sailed through the Gulf Islands for seamanship deployments aboard the Orca Class Patrol Craft Training vessels *Raven* and *Caribou* Oct. 15-28.

During each of the one-week deployments, cadets learned navigation, engineering, maintenance and emergency response, including fire and man-overboard drills.

Seamanship deployments are offered to senior sea cadets who have demonstrated leadership and knowledge at their home corps. The deployment also offers cadets an opportunity to learn from and work alongside Canadian Armed Forces members, an experience they cannot get anywhere else.

This once-in-a-lifetime experience is provided at no cost to the cadets.

The Cadet Program is Canada's largest government-funded youth program and aims to develop in youth ages 12-18 the attributes of good citizenship and leadership, promote physical fitness and stimulate the interest of youth in sea, land and air activities of the Canadian Armed Forces.



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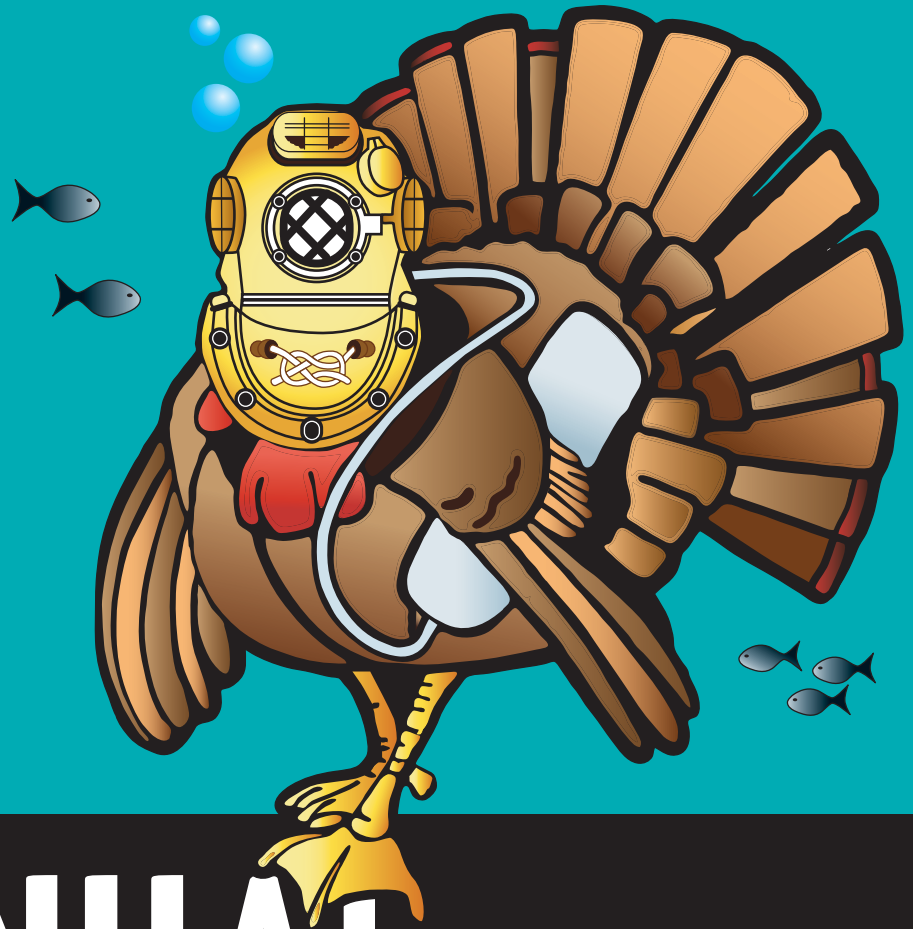


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HMCS St. John's returns after critical relief work

Ryan Melanson
Trident Newspaper

The Commanding Officer of HMCS St. John's says his ship's company was able to provide much-needed help, including the rescue of Canadians, while deployed to the Caribbean Islands ravaged by hurricanes Irma and Maria.

The ship returned to Halifax Oct. 1 after about three weeks in the region on Operation Renaissance, which saw St. John's sail first to South Caicos and then to the island nation of Dominica.

"When we got to the island of Dominica, it was obvious we were in a life-saving situation. We needed to get in there and rescue people who had been trapped because of the storm in outlying communities, so that was an immediate task for us when we arrived," says Cdr Gordon Noseworthy.

He described the damage to the Island as catastrophic, with once vibrant communities littered with overturned cars, heavily damaged structures and blocked or flooded roadways, and rural areas stripped of their greenery and buried in downed trees, branches and other debris.

Work parties from the ship quickly got to shore to assist with

debris cleanup and clearing roads. Technicians were able to help restore power to numerous generators and running water in some areas, and on board St. John's, the ship's reverse osmosis machines were used to make more than 27,000 litres of clean water that was brought to shore via Sea King helicopter.

"The water was very much needed in that area, and we had locals waiting on land to immediately get those big bottles and start distributing it to people who needed it," Cdr Noseworthy says.

A highlight of the mission involved the evacuation of two Canadians who became stranded at their badly damaged home in a mountainous region that was inaccessible by vehicle. The couple were elderly and running low on food, water and medication. The Sea King detachment was able to extract them from an open field near their home, where they were airlifted to a CC-130J Hercules aircraft that was in the area delivering supplies, and then flown to Barbados to catch a flight to Canada.

The couple who were evacuated, Howard and Rosemary Shillingford, also have a home in the Halifax area, and their daughter, CWO Marlene Shillingford, is a member of 12 Aircraft Maintenance Squadron at 12

Wing Shearwater. All three came to the jetty to greet the ship as it returned and to express gratitude for the help the Shillingfords' received.

CWO Shillingford contacted Global Affairs soon after Hurricane Irma hit Dominica in early September, after which four days went by where she was unable to communicate with her parents.

"We wanted to make sure the government knew there were Canadians on Dominica," she said.

Her parents described a feeling of immense relief when they finally spotted the Sea King approaching on Sept. 24, and said they didn't know how long they would have been stuck if not for Canadian Armed Forces (CAF) support. All that remained of their solidly built 2,000 square foot home was the exterior walls, and the couple rode out the worst five hours of Hurricane Irma sheltered in their washroom as winds blew at more than 275 km/h outside.

"It was hell, the noise sounded like machine guns going off. It was just terrible," Howard Shillingford said.

Through radio broadcasts and by working with Global Affairs Canada and the Canadian Disaster Assessment Team, crews were also able to help evacuate other locals who were stranded, including



Photo Credit: HMCS St. John's Air Detachment

Rosemary and Howard Shillingford, left, are greeted by GAC personnel and members of HMCS St. John's Sea King detachment in Dominica to be airlifted to Douglas-Charles Airport on Sept. 24.

some with medical complications who required transport to a hospital. The ship also served as a platform for the coordination of relief efforts and aid distribution on the ground.

While the recovery process for the region will be long and difficult, the decision to have St. John's return to Canada was based on the assessment of professionals on the ground and was not taken lightly, said Cdr Noseworthy.

With power restored to Dominica's main airport and a steadily improving situation in the capital city of Roseau, along with non-governmental organizations

and other sources of aid joining relief efforts, the CAF and the Government of Canada are confident the island will have the needed support to begin rebuilding.

In addition to St. John's and its Sea King detachment, CAF contributions to relief efforts through Op Renaissance included two CC-130J Hercules aircraft and a CP-140 Aurora based out of Barbados, a CC-177 Globemaster providing airlift support to Puerto Rico and the U.S. Virgin Islands, and a Land Task Force consisting of a liaison and reconnaissance team in Barbados.

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Soldiers gather for unique army competition

Capt Jeff Manney
39 Signal Regiment PAO

A Reserve communications unit based in British Columbia has won Exercise Jimmy West 2017.

The team from 39 Signal Regiment, with squadrons in Vancouver, Victoria, Kelowna and Nanaimo, emerged victorious – and drenched – following the Oct. 21 competition at CFB Esquimalt’s Albert Head and Heals Range facilities.

Signallers from 38 Signal Regiment, including those from as far away as Thunder Bay, as well as troops from Edmonton-based 1 Canadian Mechanized Brigade Group (1 CMBG) also competed. Nearly 100 soldiers in all took part in the exercise.

“It’s an amazing accomplishment for our Reservists,” says Maj John Perry, 39 Signal Regiment’s deputy commanding officer. “Despite competing against signallers who come to work every day, these Reservists, who train just one night per week, showed they can still compete at a high level. It’s proof we train – and can fight – to the very same standard.”

The competition was built around six different events, testing basic soldiering skills and trade-specific competencies.

Marksmanship, first aid, and the vehicle checkpoint stand – where signallers had to discern between locals and belligerents approaching a village – covered off skills any soldier

must possess. Establishing a command post, running communication lines and rapidly setting up a mobile radio rebroadcast unit tested those skills at the core of the signaller’s function.

The result, says Maj Perry, is a snapshot of the differing skill sets of signallers from across Western Canada.

“Competitions like this provide commanders a better understanding of how their troops compare to others,” he says. “Sure, there’s bragging rights, but more importantly there are concrete examples of where units are strong or where more training is required.”

There’s another benefit for the signallers themselves, he adds.

“It’s a chance to show what they’re made of, a chance to strive to be their best, both individually and on a team.”



Soldiers perform first aid on a casualty during a rocket attack scenario at Exercise Jimmy West.



A soldier demonstrates his skills during a road block scenario at Albert Head.



Soldiers demonstrate their fitness and agility.



Soldiers take down potential insurgents during a road block scenario.

Photos by Leading Seaman David Garipey, MARPAC Imaging Services



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Everyone's a winner at CAF NATIONAL SPORT DAY

Peter Mallett
Staff Writer

Fun was the true measure of victory as employees at the base ran, jumped, and volleyed their way into the win column during the Canadian Armed Forces (CAF) Sports Day tabloid on Oct. 20.

The day's activities for both military and civilian personnel kicked off with a five-kilometre CAF Sports Day Run.

Despite the cool wet conditions, Leading Seaman Matt Walsh of Fleet Diving Unit (Pacific) had a top run time of 17:55 on a race course that started at the Naden Drill Deck and wound through Dockyard and back.

This was followed by a sports tabloid, which was a series of educational, fun drills for basketball, volleyball, squash, cricket, spin, swimming and rowing.

Base Commander, Captain Jason Boyd, an avid sportsman and hockey player, took part in many of the day's activities. He said everyone who participated in the event was a winner, while also noting it was plain to see everyone who came out for Sports Day thoroughly enjoyed themselves.

"National Sports Day is the perfect reminder of how important sports and fitness are to all of us in the CAF. I was very proud to participate alongside so many fellow Defence team members in all the activities that were set

up throughout the day. With all of the different sports available there really was something for everyone."

Approximately 350 participants turned out for the Personal Support Programs-led event.

The weather and soggy sports field conditions put a stop to slo-pitch and seven-aside soccer tournaments.



I was very proud to participate alongside so many fellow Defence team members in all the activities that were set up throughout the day.

Captain (Navy) Jason Boyd, Base Commander

5K Run Winners

Women:

1. LS Bouchard (HMCS Ottawa) 21:07
2. LS Farquharson (Fleet HQ) 22:27
3. Lt(N) Henderson (HMCS Winnipeg) 22:44

Men:

1. LS Matt Walsh (FDU), 17:55
2. LCdr Jonathan MacDonald (MARPAQ HQ) 18:04
3. Matthew Carlson (BADM) 18:05

Base Names Top Athletes at Sports Awards Dinner, Oct. 19

On the eve of Sports Day, the base named its top elite athletes for the year as Personnel Support Programs (PSP) hosted its Fifth Annual CFB Esquimalt Sports and Athletic Awards ceremony.

The evening event at the Wardroom was sponsored by Seaspan Victoria, featured guest speaker and former Men's Canadian Olympic Basketball starting point guard Eli Pasquale, and was emceed by 100.3 the Q Morning Show newscaster Cliff LeQueyne.



2017 Honour Roll

Most Dedicated to Sport

Presented to individual who dedicates his/her time and efforts to our program; going above and beyond to improve his/her sport within our community.

Female: Lt(N) Krista Seguin (BADM)

Male: MS John Helpard NFS(P)

All Star Performance

Presented to the Canadian Armed Forces member who is the top finisher in Canadian Forces and civilian events, made the all-star team at Nationals and /or is picked up by other regions.

Male: PO1 Will Crocker (HMCS Calgary)

Female: LS Laura Allan (HMCS Victoria)

Breakthrough Athlete

In recognition of a Canadian Armed Forces member or team who has made substantial improvements in their sport, has placed in either National and /or in a civilian league and has taken time to improve their skills.

Female: Capt Jill Doiron (CFHSVcsC)

Male: Lt(N) Nicholas Lightbody (BIS)

Sportsmanship Award

Presented to the player who demonstrated good team comradery, esprit de corps, and who is an ambassador for the sporting community.

Male: CPO2 Chris Fraser (HMCS Vancouver)

Female: OS Allison Galambos (HMCS Vancouver)

Female: OS Allison Galambos (HMCS Vancouver)

Team Awards

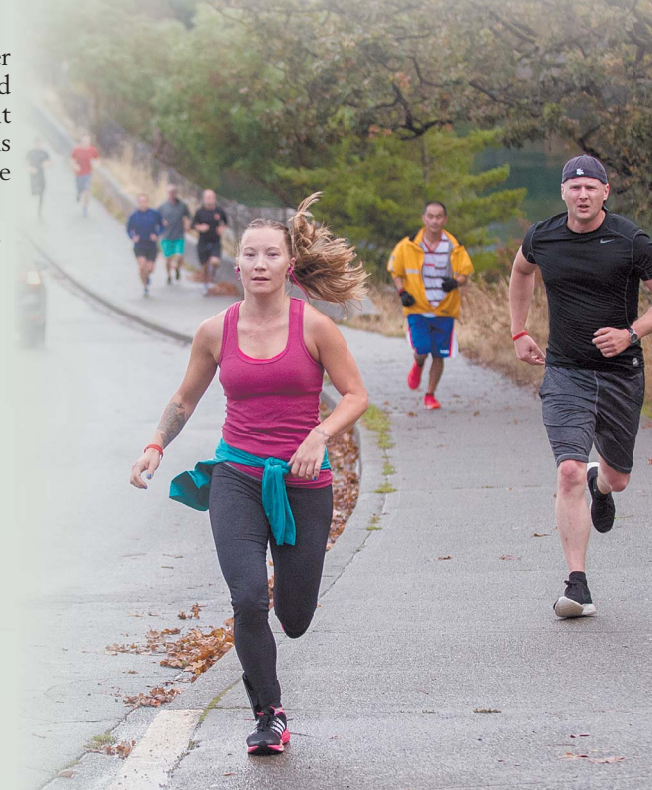
Breakthrough Team:

Men's Volleyball Team

Top All Round

Performance Team:

Pacific Badminton Team



Master Seaman John Helpard is awarded the Most Dedicated to Sport award by Canadian Olympian Eli Pasquale.



Lieutenant (Navy) Krista Seguin is awarded the Most Dedicated to Sport award by Canadian Olympian Eli Pasquale.



Leading Seaman Laura Allan is awarded the All Star Performance award by Canadian Olympian Eli Pasquale and Canadian Forces Base Esquimalt Commanding Officer, Captain (Navy) Jason Boyd.



Chief Petty Officer Second Class Lee Westwood accepts the 2017 All Around Team Performance award on behalf of the Pacific Badminton team from the Senior Manager of Personnel Support Programs Dave Rutherford.



Chief Petty Officer Second Class Chris Fraser is awarded the Sportsmanship award by the Personnel Support Programs Manager of Sports and Fitness Penny Blanchard.



Lieutenant (Navy) Krista Seguin accepts the 2017 Breakthrough team award on behalf of the Tritons Men's Volleyball team from the Senior Manager of Personnel Support Programs Dave Rutherford.

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Bold Alligator - U.S. led amphibious exercise



Members of the Fleet Diving Unit (Atlantic) perform equipment checks prior to conducting a dive as part of a simulated mine sweeping scenario in the Atlantic Ocean.

HMCS *Glace Bay* and *Summerside* along with Fleet Diving Unit Atlantic participated in Bold Alligator 2017, a U.S. led, live scenario-driven exercise designed to improve naval amphibious core competencies.

The exercise strengthens relationships between partners and allies and

reinforces amphibious interoperability across the maritime domain with partner nations.

The exercise took place from Oct. 20 to 30 and was conducted off the North Carolina Coast of the United States with Mine Counter-Measure and other littoral operations activi-

ties taking place in the surrounding area.

Other participating nations include Brazil, Chile, Colombia, France, Germany, Israel, Mexico, the Netherlands, Norway, Spain, Sweden, Turkey, and the United Kingdom as well as the U.S. Fleet Forces.



Members of Fleet Diving Unit Atlantic hoist a casualty from their rescue boat to HMCS *Glace Bay* during simulated rescue scenario on Oct. 18 in the Atlantic Ocean during Exercise Bold Alligator.

Photos by Corporal Trevor Matheson, CAF Imagery

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HMCS Calgary cooks Warrant Officer Laurie Elliott and Master Seaman Andrew Remington serve up pancakes and sausages during the Oct. 20 Pancake Breakfast to benefit the National Defence Workplace Charitable Campaign.

HMCS Calgary cooks sell hot cakes for charity

Peter Mallett
Staff Writer

A successful turnout for a pancake breakfast fundraiser on board *HMCS Calgary* proved why charitable giving is sometimes a dish best served hot, with butter and maple syrup.

Approximately 150 sailors packed the Canadian warship's galley for the early morning (Calgary) Stampede Style Breakfast on Oct. 20 in support of the National Defence Workplace Charitable Campaign (NDWCC) fundraiser. Approximately \$700 was raised.

Besides raising funds for the NDWCC, the break-

fast was also a good way for sailors to fuel up for the Canadian Armed Forces National Sports Day activities at the Naden Athletic Centre, said Commander Blair Saltel, *Calgary's* commanding officer.

"Charitable work is encouraged at all levels of leadership and our sailors never shy away from the challenge," he said.

The NDWCC kicked off at bases, units and military support units across the country in September and concludes in December. The initiative offers employees an opportunity to support the United Way or HealthPartner charities, or the MFRC.

"It is wonderful to hear about these kinds of great activities and to see how groups of people come together to raise money for the needs of their community," said Kelly Binette, base NDWCC coordinator.

Calgary has been involved in other charitable endeavors in recent months including raising over \$2,000 for the Breakman Foundation, a non-profit in the ship's namesake city that helps ensure financially disadvantaged children receive the nutrition they need, and involvement in a local non-profit HeroWork project that renovated a downtown drop-in shelter Anawim House.



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At work on Operation Caribe



Photo by MARPAC Imaging Services

A boatswain practices boarding drills in conjunction with HMCS Nanaimo during Operation Caribe on Oct. 19.

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In the courts Sexual assault charge laid

DND

On Oct. 24, the Canadian Forces National Investigation Service charged a member of the Canadian Armed Forces with sexual assault under the Criminal Code, and related offences under the National Defence Act.

The charges relate to a reported incident in May 2017 during a training exercise at Canadian Forces Base Wainwright, AB, involving another member of the Canadian Armed Forces.

Bombardier Mathieu Poirier of 2 Royal Canadian Horse Artillery in Petawawa faces the following charges:

- one count of Sexual Assault under section 271 of the Criminal Code, punishable under section 130 of the National Defence Act; and

- one count of Drunkenness, punishable under section 97 of the National Defence Act.

The matter is now proceeding in accordance with the military justice system for possible court martial at a date and location still to be determined.

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HMCS MONTRÉAL Honours

ATHABASKAN FALLEN



Lt(N) Linda Coleman
Public Affairs Officer

Crew members from *HMCS Montréal* took time Sept. 18 from their operation to honour and remember the officers and sailors of *HMCS Athabaskan* who were lost at sea when the ship was torpedoed and sunk off the coast of France during the Second World War.

The ship's company and staff members from Canadian Fleet Atlantic embarked in *Montréal* for Neptune Trident 17-02 laid wreaths at the cenotaph at Plouescat Cemetery, France, where 59 of the 128 sailors from *HMCS Athabaskan* are buried.

The next day, as the ship transited north, crew members laid a wreath at sea over the area where *HMCS Athabaskan* sank. The wreath was laid by those who served in *HMCS Athabaskan III*, named after the original ship, as they have a close connection to the ship and its history.

"When I was at the cemetery yesterday, I was struck, as I usually am when I visit a war cem-

etry, by the age of the fallen," said Cdr Sherban, *Montréal's* commanding officer, during the at-sea wreath-laying portion of the ceremony.

"Now imagine that you're 18 to 20 years old – the same age as many of the sailors in the *Athabaskan* and indeed all of the fighting ships of the navy," he added. "A year ago, you were finishing school, working on your family's farm, trying to find a date for the next dance and suffering from all of that angst and awkwardness that sometimes afflict those who are young. Now you're fighting for your life off a foreign coast wondering if you're going to live or die. Imagine you at that age."

Cdr Sherban's remarks served as a reminder of the horrors of war, the sacrifices made, and the importance of why we continue to remember our fallen heroes.

"One of the stories that resonates with me the most is the story of the captain, John Stubbs. "Already in the water as his ship sank around him, the *Haida* spotted and approached him. *HMCS Haida's* captain, Harry DeWolf, implored Stubbs to come aboard; however, he

refused rescue, demanding that DeWolf take *Haida* back to England before they could be targeted by the Luftwaffe or returning Kriegsmarine units. [He] then swam back to save as many of his sailors as possible. He died and is buried in Plouescat alongside those very same sailors."

The ceremony concluded with the ship's company of *Montréal* feeling a sense of honour, pride, and relief that we're no longer sailing in such dangerous times. Following the ceremony, *Montréal* continued sailing north on Neptune Trident 17-02, conducting operations with partners and allies.

Neptune Trident 17-02 is the overarching Royal Canadian Navy deployment which will include participation in Formidable Shield 17. This U.S.-led, joint NATO live-fire, integrated air missile defence exercise will involve eight nations: Canada, France, Germany, Italy, Netherlands, Spain, United Kingdom, and the United States.

HMCS Montréal's deployment is taking place in the North Atlantic and North Sea from Sept. 8 to Dec. 2.

Photo by Leading Seaman Dan Bard, Formation Imaging Services

The ship's company of *HMCS Montreal* march through the gates of Plouescat Cemetery on Sept. 18. The cemetery contains remains of members of *HMCS Athabaskan* that was attacked and sank off the coast of France during the Second World War.

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HMCS Regina Promotions



AB Bonney is promoted to his current rank aboard HMCS Regina by Cdr Matthews and CPO2 Rasmussen.



AB Dussault is promoted to his current rank aboard HMCS Regina by Cdr Matthews and CPO2 Sheffar.



AB Picornell is promoted to his current rank aboard HMCS Regina by Cdr Matthews and CPO2 Sheffar.

Naval Fleet School (Pacific) Awards

LCdr Daniel O'Regan, Commandant Naval Fleet School (Pacific), presented the following awards and medals.



Lt(N) Ivanov received his OSM for Operation Caribbe.



Lt(N) Pinard received his Canadian Decoration First Clasp.



MS Borys received his Canadian Decoration First Clasp.



MS Graham received his OSM for Operation Caribbe.



MS Johnson received his OSM for Operation Caribbe.



MS Mahabir received his OSM for Operation Caribbe.



PO2 Krause received his Special Service Medal for Operation Reassurance.



MS Spencer received his Canadian Decoration First Clasp.



PO1 Donovan received his Canadian Decoration First Clasp.



PO1 Goulet received his Canadian Decoration First Clasp.



PO2 Soper received his Canadian Decoration First Clasp.



Sgt Kennedy received his Special Service Medal for Operation Alert.

SLt Hamilton: Four ranks in one day

Bravo Zulu



PO1 Brigitte Collin-Vallee
PCC (P)

Could one person actually wear four different ranks in a single day? Well, with a good sense of humour, strong unit esprit de corps, and a healthy respect for naval tradition, it may just happen.

On Oct. 17, PO1 Anne-Marie Hamilton transferred her 17 years of experience as a Naval Communicator in the Naval Reserve to the Regular Force, and began her new career as a Training Development Officer.

CPO1 Rochford, the Personnel Coordination Centre Pacific (PCC (P)) Unit Chief, strongly believes that “experience in each rank is important as one’s career develops.” So, with that in mind, a “special” promotion parade was organized.

With the endorsement of Cdr Godin, PCC (P)’s Commanding Officer, the staff of PCC(P) and FA(P) were mustered as spectators, and the plan was set in motion.

PO1 Hamilton was appointed to Naval Cadet by her divisional officer LCdr Gyorkos then, a brief while later (30 seconds or so), was promoted to A/SLt by LCdr Erik James, PCC(P)’s Executive Officer, and finally, with the time it takes to complete approximately four paces right close march, she was promoted to her current rank of Sub-Lieutenant by Cdr Godin and CPO1 Rochford.

Within the hour the newly commissioned naval officer received her first salute from CPO2 Eadie and she continued another time-honoured tradition and presented him a silver coin in appreciation for the respect bestowed upon her.



TRINITY DETACHMENT

PO2 Melanson (right) received his Canadian Decoration Second Clasp. Lt(N)Pollard and MS Wood both received their Canadian Decorations with Cdr Steiro present, while visiting the Trinity Detachment at the Naval Ocean Processing Facility, Whidbey Island.



LCdr Alain Sauve, Commanding Officer Canadian Fleet Pacific HQ, and CPO1 Kitching, Fleet Chief Petty Officer, say farewell to CPO1 Lemieux who served two years as Coxswain at CANFLT PAC HQ. CPO1 Lemieux is posted as Coxswain of NRU Asterix.



LCdr Alain Sauve, Commanding Officer Canadian Fleet Pacific HQ, presents CPO2 Max Michel with the second clasp of his Canadian Decoration for 32 years of service to the Royal Canadian Navy.

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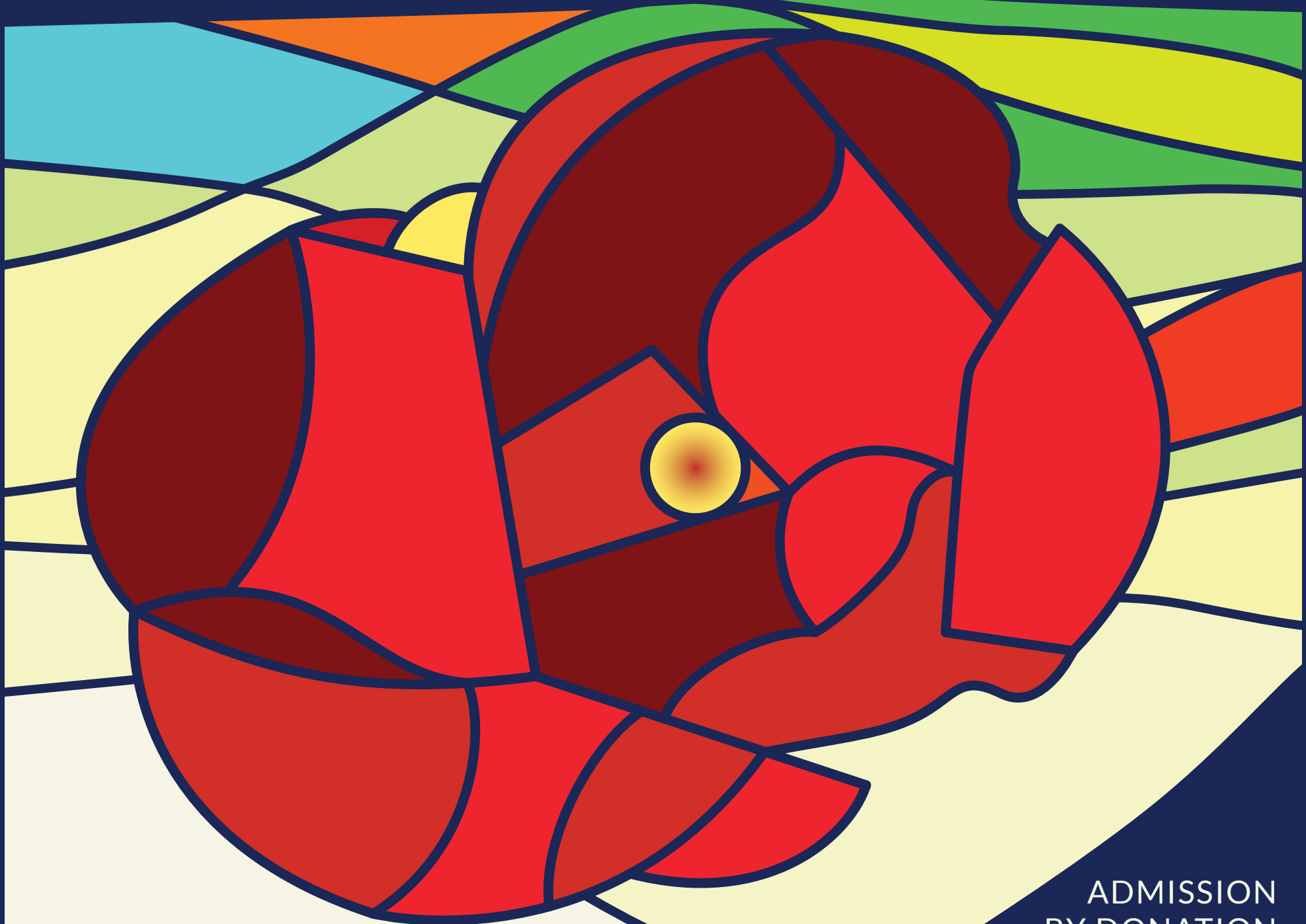


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