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READY AYE READY

Image by Corporal Blaine Sewell
MARPAC Imaging Services

Able Seaman Stephanie Vibert, a member of the Naval Security Team which is made up of Naval Reservists from across Canada, stands watch as an upper deck sentry onboard HMCS Ottawa while alongside A Jetty in HMC Dockyard, CFB Esquimalt.

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Sharing stories and breaking stereotypes

Capt Jenn Jackson,
BPAO

International Women's Day turned into an eye-opening experience for 17 local businesswomen and community leaders when they embarked in *HMCS*

Nanaimo last Thursday for a day sailing and interacting with female Canadian Armed Forces members.

The event was championed by Mandy Farmer, CEO Accent Inns and CFB Esquimalt's Honorary Navy Captain, and coordinated

through Maritime Forces Pacific headquarters and the Defence Women's Advisory Organization.

For most guests, this was the first time stepping on to a Royal Canadian Navy warship, and interacting with male and female sailors.

As this was a women-centric sail, the focus was on female sailors and their stories.

"I thought I knew about the Forces before I came today, but it turns out I didn't," said Sherri Bell, President, Camosun College. "I had no idea of the full diversity of employment opportunities available within one career in the military. My vision and understanding of the Forces has been expanded monumentally. It is a huge opportunity for education and experience in so many ways."

Uniting female business leaders and influencers with the navy, with an eye on increasing awareness of the base that is hidden out of sight in Esquimalt, was HCapt(N) Farmer's goal.

"I was amazed by the conversations we had today with women who serve. All of them were open and

honest and had so many unique experiences. I saw a lot of stereotypes break today, and everyone was positively surprised by what they learned," she said.

Dispelling myths about military service was revealed through frank conversations.

"I was surprised by how down-to-earth everyone is and how normal their lives are," said Suzanne Bradbury, owner of Fort Properties and President of the Downtown Victoria

Business Association. "They do everyday stuff; their lives include more than just the military. They have spouses, families, and hobbies, just like civilians do."

As part of the Canadian Defence Policy Strong, Secure, Engaged, the military's goal is to increase the number of female personnel by one per cent annually, so that by 2026 one in four members will be women.

Through activities such as

the sail in *HMCS Nanaimo*, the Canadian Armed Forces proactively engages key civilian leaders, professional female associations, educators, and other influencers to showcase to them the diversity of employment opportunities.

Engagements where military members can share their experiences is instrumental in showing Canadian women what life in the CAF is like, in hopes they might consider a military career.



Photos by Rodney Venis, BPA Office

Catherine Holt, CEO of the Greater Victoria Chamber of Commerce; Rebecka Hollstein, a University of Victoria business graduate; Kerry Brown, CEO of Success Biz Coach; and Trina Notman, vice president, sales and marketing of Accent Inns, stand on the bridge of the *HMCS Nanaimo* during a day sail to mark International Women's Day.



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Photos by Mona Ghiz, MARLANT PA

Members of NRU Asterix line the rails of the ship prior to the ceremony welcoming MV Asterix to the Atlantic Fleet March 6.

Naval history made - MV Asterix added to fleet

Ryan Melanson
Trident Newspaper

While alongside at HMC Dockyard in Halifax, Auxiliary Oiler Replenishment (AOR) ship MV Asterix formally joined Canadian Fleet Atlantic during a ceremony inside the ship's hangar March 6.

The former commercial container vessel was stripped down and converted by Davie Shipbuilding in Quebec to meet the navy's supply ship needs.

"I believe we are making naval history today," said LCdr Jason Walsh, Commanding Officer, Naval Replenishment Unit Asterix, the unit that operates on board the ship alongside a civilian crew employed by Federal Fleet Services. "In addition to the robust capabilities and tremendous support that Asterix brings to the fleet and to the navy, the arrival of the ship also marks a new era of teamwork and cohesion between the RCN and the civilian mariners, who'll be essential to ensuring the smooth and efficient operations of this vessel."

Representatives from Davie and Federal Fleet Services were on

hand for the welcoming, along with General Richard Steele, Director ADM(Mat), and a number of MLAs and MPs, including Ontario MP Cheryl Gallant, Vice Chair, Standing Parliamentary Committee on National Defence.

For navy representation, senior Maritime Forces Atlantic leaders were joined by VAdm Ron Lloyd, Commander Royal Canadian Navy (RCN), and RCN Chief Petty Officer, CPO1 Michel Vigneault, along with Honorary Naval Captains Fred George and Tom Paddon.

Ceremonial aspects of the day included the presentation of the ship's bell and the breaking of the Canadian Forces Auxiliary Vessel Jack.

CPO2 (Retired) Debbie Eisan, an elder with the Mi'kmaw Native Friendship Centre in Halifax, also provided smudging in the hangar at the onset of the event.

Federal Fleet Services CEO Spencer Fraser described the ship as being designed "by sailors, for sailors," with an extensive consultation process that brought in suggestions from hundreds of serving and retired military members.

Much has been made of the

amenities in Asterix compared to other warships, with dorm-room style accommodations, wi-fi throughout, private catering, and full gym facilities designed by Goodlife Fitness. Fraser focused on the operational capabilities; however, the ship's four (replenishment at sea) stations were designed by Toronto's Hepburn Engineering.

"On the operational front, Asterix has the best replenishment at sea equipment available anywhere in the world," said Fraser. "We briefed NATO on this several months ago, and there was wide recognition that Canada is now leading the pack."

The ship isn't equipped with weaponry, and will rely on the supporting forces for defence as it sails alongside them. Should the RCN take on new missions in more dangerous areas, the situation will be re-examined to determine whether it's appropriate for Asterix to deploy.

VAdm Lloyd said the new AOR will sail with Canadian Fleet Atlantic ships in the coming months, and as the summer nears it will meet up with West Coast warships for a deployment to the 2018 Rim of the Pacific Exercise off the coast of Hawaii.



The ship's bell is presented during the welcoming ceremony for MV Asterix in the ship's hangar. From left: CPO1 Nelson Lemieux, NRU Asterix Coxswain; LCdr Jason Walsh, Commanding Officer; Master Capt Bernard Wentzell; VAdm Ron Lloyd, Commander RCN; and CPO1 Michel Vigneault, RCN Chief Petty Officer.

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THURSDAY, MARCH 22

Chrism Mass at St Andrew's Cathedral Victoria
19:00hrs

SUNDAY, MARCH 25

Palm Sunday Mass - 10:30hrs

THURSDAY, MARCH 29

Mass of the Lord's Supper - 19:00hrs

FRIDAY, MARCH 30

Good Friday Station of the Cross - 14:30hrs

Celebration of the Lord's Passion - 15:00hrs

SATURDAY, MARCH 31

Holy Saturday Easter Vigil Mass - 19:00hrs

SUNDAY, APRIL 1

Easter Sunday - 10:30hrs

For more information please contact:
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WHAT SAY YOU

People Talk

Military and civilian personnel from the base celebrated International Women's Day on March 8. With that in mind the Lookout asked the following:

Name a woman who has been an influential person in your life and why they made such a big impact on you?



My step Grandmother, Granny Richards who lived to reach her 100th birthday. She adopted me into her family on Christmas Day in 1958 when I became her step-grandson. She looked after everyone in our family and took care of all the work in our huge house on Stanley Avenue, which was really the size of a mansion. I will never forget her.

Jackson Filtress,
Base Transport



My grandmother Agnes Warren. She was definitely the matriarch of our family, had a huge hug and a smile for everyone she met. She was a strong role model, always fought for the underdog and was also very progressive and way ahead of her time.

Krista Granger,
Military Family Resource
Centre, Finance and
Human Resources
Assistant



Doctor Jane Goodall because she didn't have formal educational training but excelled in her field to become a renowned expert on primates. She saw a need, pursued her dreams and was passionate about what she did, and that was really inspirational to me.

Hannah Harrison,
Acting Sub-Lieutenant
Base Administration



The Reverend Rose-Aimée Bordeleau who was a pastor at our church and helped me in my personal life and also spiritually. I could talk to her about anything in life because she was much older and wiser than me, and we eventually became close friends. She has made a difference in the lives of so many people.

Class Mélanie Paré,
Petty Officer Second
Naden Band

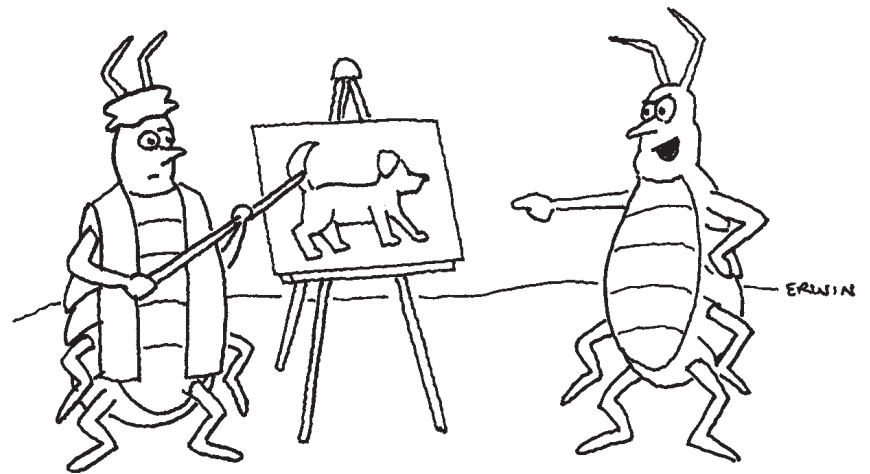


My mother. She is the oldest of nine children and a mother of three. She has spent much of her life looking after her siblings and her children and still managed to have a full-time career as a nursing assistant. She is one of the most resilient people I know and taught me to always "Chin Up" when the going gets tough.

Cdr Michele Tessier,
Deputy Chief of Staff,
Current Operations and
Intelligence
(MARPAQ HQ)

WHAT SAY WE

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Army cook takes ocean dip with Logistics flag



Lieutenant-Colonel Douglas Martin
 Director Public Affairs
 Planning (Operations)

A Canadian Army cook stationed at 19 Wing Comox has made history by being the first to dive to a depth of nearly 60 feet, or about 18 metres below sea level, with the Logistics Branch 50th Anniversary Flag and Pennant.

Corporal Patrick Espanola of 19 Mission Support Squadron made the salt-water dive in Tayee Cove, Nanoose, B.C., on Feb. 19 with the safety assistance of fellow members of the Pacific Divers SCUBA Club.

“To me, this Flag is building connections from here to the farthest coast,” said Cpl Espanola. “It shows how we support each other and we rely on teamwork.”

Cpl Espanola and his friends made the 30-minute dive under chilly temperatures.

“We wore dry-suits and dove to about 55 feet [17 metres] below the surface. The visibility wasn’t very good so we came back to about 35 to 45 feet [11 to 14 metres] for the photographs.”

He has been a cook in 19 Wing Comox since 2015. Along with his dive



In the deep: Cpl Espanola at about 45 feet (14 metres) below sea level off the coast of British Columbia with the Logistics Branch special 50th anniversary flag.

club membership, he has held executive membership in the Wing’s Auto Club and Woodworking Club, is the food representative at the Junior Ranks Mess, is a bartender for all three messes at the Wing, and if that wasn’t enough, he is a member of the Ground Search and Rescue Team in the Comox Valley.

The 50th Anniversary Flag Relay has already visited 11 countries and two

American states. It has travelled a distance well over the circumference of the Earth at the Equator.

The Flag will continue across Canada culminating with a special parade on Parliament Hill in Ottawa on Oct. 19, when the Logistics Branch receives the ‘Royal’ designation from Her Majesty as the Branch becomes the Royal Canadian Logistics Service.

Photos by Corporal Curtis Coles, 19 Mission Support Squadron and member, Pacific Divers SCUBA Club

On dry land: Army cook Corporal Patrick Espanola of 19 Mission Support Squadron prepares fish for lunch in the kitchen of 19 Wing Comox.



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Photo by SLt Déry

For nearly a decade, the snake pit of the gunroom has been known as "TK's", dedicated to Lt(N) Cameron Tkachuk. Lt(N) Tkachuk succumbed to cancer on Aug. 31, 2008. Team Onward posed in front of the print of naval artist John Horton presented to the Gunroom on his behalf. Pictured here: Lt(N) Adam Thomson, Lt(N) Cass van Benthem Jutting, Lt(N) Sean Milley and Lt(N) Stephen Tomlinson.

HMCS Calgary's dry fundraiser surpasses expectations, becomes top team for cancer

SLt M.X. Déry
MARPA PAC

When we last spoke to HMCS Calgary's Team Onward, who were raising money for the B.C. Cancer Foundation's Lose the Booze campaign, they had barely broken \$3,000.

From a modest initial goal of \$2,000, Onward constantly had to revise their goal in order to keep the online donation counter from reading 100 per cent.

"We picked \$10,000 as a 'We probably wouldn't get there but we didn't want it to cap at 100 per cent' goal," said Lt(N) Stephen Tomlinson, one of three team leaders for Team Onward, with all three battling cancer.

But after a February without alcohol, the team's final tally was \$12,262.35, becoming the top Lose the Booze fundraising team in British Columbia. With their contribution, the event enjoyed their best fundraising year with

an increase of over 30 per cent from last year.

"We got outstanding support from friends and family, and the Formation as a whole," said Lt(N) Tomlinson.

The team worked hard on getting the word out and to tell their stories about their experiences with cancer, even taking to social media, despite an underlying dislike for the platforms.

"I joke a lot about social media," said Lt(N) Stephen Tomlinson. "I actually activated my Twitter account for the first time in six years."

Lt(N) Sean Milley says support from the chain of command helped a lot, and that the navy was onboard because the message overlapped with other initiatives.

"It aligns itself with the new direction of the navy, especially leading into MARPA PAC's health and wellness month," he said. "It ties into mental health and physical well-being,

so it is a good one for the navy to support, and you don't need to bike 100 kilometres a day, so it is more accessible for people."

As Team Onward's story spread, donations grew, even from outside B.C. and the country, with some donations coming from the U.S.

"The story went through Ottawa by the looks of it, because we got a bunch of donations from Lieutenant-Commanders," said Lt(N) Milley.

Aside from refraining from alcohol for a month, Team Onward also raised funds by being designated drivers for the Canadian Forces Sailing Association's Commodore's Ball.

"Four of us went there and provided designated driver service and raised \$725," said Lt(N) Milley.

The success did not go unnoticed by the B.C. Cancer Foundation, who thanked Team Onward by

name in their post-event coverage.

"It was such a pleasure to have them come on board," said Rachel Mitchell, Special Development Officer for the B.C. Cancer Foundation. "They helped make our event."

For all three team captains, there are many scans and tests to undergo before they are deemed cancer free by their health care professionals. Lt(N) Tomlinson still has treatment for his late stage testicular cancer to remove tumors in the rest of his body.

But despite the difficulties, the team is grateful for the support.

"It feels good because you are doing it for a good cause," said Lt(N) Milley.

For those wishing to help raise funds, the B.C. Cancer Foundation's next event is Workout to Conquer Cancer in May. Perhaps you can take on the challenge of surpassing Team Onward.

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Military Police set their sights on distracted drivers

Cpl Dustin Renz
MP Unit Esquimalt

The Military Police has increased ticketing of distracted drivers throughout the month of March, which is designated Distracted Driving Month.

The fine for using an electronic device while driving is \$368 and four penalty points, making first-time offenders liable for \$543 in charges.

With additional tickets, the cost of penalty points increases exponentially – a second ticket could cost an extra \$2,000 in administrative penalties alone.

Receiving multiple tickets for using an electronic device while driving is considered a “high-risk offence”.

As a consequence of this, the offender’s driving record is subject to review and ICBC may issue a driving prohibition.

The B.C. Motor Vehicle Act restricts the use of hand-held telephones, email or texting capable devices, GPS, data computing devices, hand-held audio players, hand microphones, and televisions. Wearing headphones while driving is also illegal unless it is strictly used for hands-free communications, is placed only in one ear, and is placed there prior to the vehicle being placed in motion.

The Motor Vehicle Act further defines “use” as holding the device in a position which it may be used, operating one or more of its functions, communi-

cating orally by means of the device or watching the screen of the device. The only time telephones are permitted is if it is within easy reach, not being held in hand, if it is voice activated, or if it requires only one touch to initiate or end a call. This does not apply to class 7 “L” or “N” drivers who are, at all times, prohibited from operating any electronic devices while driving.

Military Police are authorized to issue tickets under the B.C. Motor Vehicle Act, reportable to ICBC. The Military Police are conducting plain clothes distracted driving enforcement and employ the use of spotting scopes capable of observing distracted drivers at great distances, and setting up signage throughout the base and housing areas of CFB Esquimalt.

One text or call could end it all.

According to ICBC, on average, 78 drivers a year die on B.C. roads as a result of distracted driving. Let’s make our roads a safer place for everyone and put the phones down.

The fine for using an electronic device while driving is \$368 and four penalty points making first-time offenders liable for \$543 in charges.

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Nothing regular about the Regulas program

Photos by LA(Phot) Ben Shread



HMS Protector crew members pay an informal visit to Argentinean Antarctic Base San Martin while on patrol in the Antarctic. Protector is currently conducting the third work package of its Ice Patrol season.

Lt(N) Rhys Davies Bridge Watch-Keeper

The Regulas program, initiated in 2010, has seen more than 150 sailors glean international experience sailing with Canada's partners around the world.

As part of this program, I am currently deployed with the Royal Navy as a Bridge Watch-Keeper in HMS Protector in the South Atlantic and Antarctic Ocean.

I joined the ship in October 2017 in the Falkland Islands, and soon set to sea on what was the first of five work packages of the austral summer.

First to complete was the Platform Endorsement process that, like in the Royal Canadian Navy, earns an Officer of the Watch, the Captain's trust, and allows the officer to hold Charge of the Captain's ship.

After a security and sovereignty patrol to South Georgia and the South Shetland Islands, not to mention some survey work for the United Kingdom Hydrography Office, Protector returned to the Falklands.

The ship was just on the

point of departure when news reached us of the tragic sinking of ARA San Juan, an Argentine submarine.

Protector immediately proceeded north, making preparations en route, and joined in the search.

We remained on station, using the multi-beam sonar to scan a substantial area.

After a quick resupply and crew change, we returned on task until released by Argentina just prior to Christmas.

After a brief Christmas aboard, including a visit to Stanley's Boxing Day horse races, two thirds of the ship's company returned and made preparations for work package three.

HMS Protector operates a three watch rotation; red, blue, and white watches alternate in conjunction with the work packages. The crew are flown in and out from Protector's port of call, in this case the Falkland Islands via Cape Verde, and as a result are deployed for approximately nine months of the year. This

CANADIAN NAVY SAILOR JOINS



constant rotation of personnel makes for a different culture aboard with each group of people interacting slightly differently.

Work package three consisted of transporting scientists and personnel at various sites along the Antarctic Peninsula, including the Rothera research station inside the Antarctic Circle. The crew felt good fulfilling their role as an Ice Patrol Ship; inserting personnel and equipment

into a challenging polar environment brought the team together and showcased the capabilities of Protector and its crew.

The following work package saw Protector return to the Antarctic Peninsula to work with World Wildlife Fund, Foreign and Commonwealth Office, and International Association of Antarctic Tour Operators staff to conduct ecological site surveys of popular landing sites around the peninsula.

During the course of the site visits, Protector broke almost 250 nautical miles of first year ice. To see that amount of ice, coupled with the intricacies involved in navigating in poorly charted waters, has been really beneficial. I hope the lessons I am learning from the ice pilots, trained in St. Johns, NL, can be transferred to our own Arctic Offshore Patrol Ships in the near future.

Protector was also able to conduct a series of base visits to other nations work-

ing in cooperation under the Antarctic Treaty.

I also took part in several visits, including one to Argentina's San Martin base, where the team were the first people to interact face-to-face with base members in 11 months. There is a real sense of community among people who live and work in Antarctica, and we were accommodated with the utmost hospitality.

I was extremely impressed with Argentina's Primavera base. They have taken huge measures to study and protect the micro ecosystem found in their bay, and their pride in the facilities and research being done was evident.

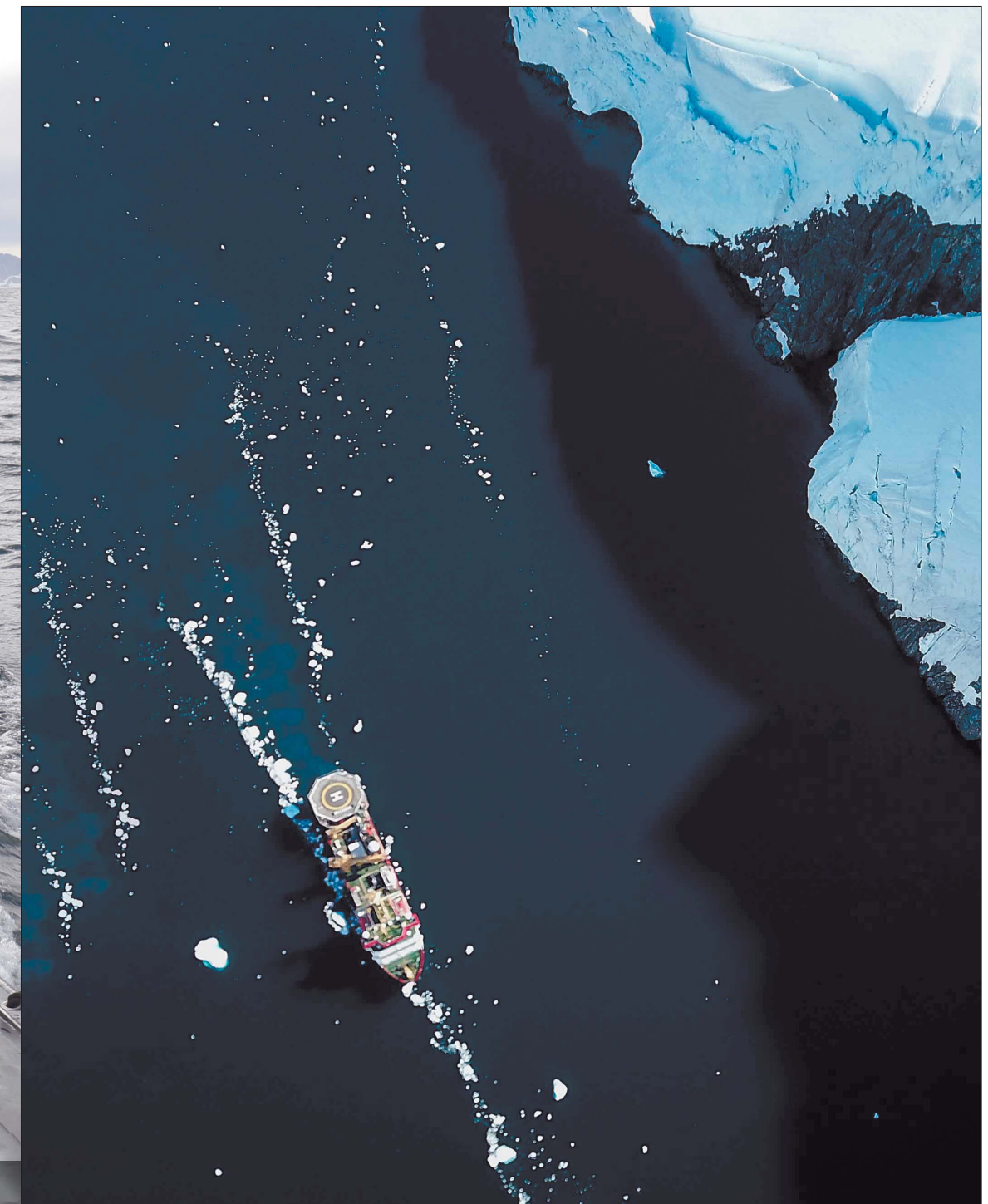
Since joining Protector my confidence level in terms of dealing with the Polar environment has grown immensely. Everything from ship handling characteristics of an icebreaker's hull, to being able to read and spot ice, to dealing with hurricane force winds that are pushing thousands of tonnes of ice towards you like some real life version of the classic arcade game "frogger," my time onboard has been full of "interesting" moments.



Protector visits Port Lockroy on the north-western shore of Wiencke Island in the Palmer Archipelago.



HMS Protector crew head to British Antarctic Survey Base Rothera, Adelaide Island.



Royal Canadian Navy sailors at work for Canada



Photo by PO2 Peter Reed, Formation Imaging Services Halifax Lieutenant (N) Patricia Corbeil, the Executive Officer of HMCS Summerside, keeps watch on traffic as they depart Abidjan, Cote D'Ivoire during Operation Projection on March 7.



Photo by Corporal Tony Chand, Formation Imaging Services Leading Seaman Nicole Fabella, a Naval Communicator currently deployed on board Her Majesty's Canadian Ship St. John's, performs her duties on the bridge during Operation Reassurance on March 7.



Photo by Ordinary Seaman John Iglesias Acting Sub-Lieutenant S.R. Gallant from HMCS Summerside assists a child from Centre Amigo Doumé with his project during Operation Projection in Abidjan, Ivory Coast, March 5.



Photo by Ordinary Seaman John Iglesias Members of HMCS Summerside and HMCS Kingston play soccer with the children and faculty of Centre Amigo Doumé during Operation Projection in Abidjan, Ivory Coast, March 5.

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The Royal Canadian Navy's mascot Sonar makes friends.



The team representing HMCS Whitehorse donates their \$250 prize to the Whitehorse Firefighters Charitable Society.



HMCS Yellowknife represents sister ship in Whitehorse

A/SLt Anne Desgagné
HMCS Yellowknife

Lieutenant-Commander Donald Thompson-Greiff, Commanding Officer *HMCS Yellowknife*, and a compliment of five personnel from *Her Majesty's Canadian Ships Yellowknife* and *Saskatoon*, have just returned from the Yukon after spending a few days in the beautiful City of Whitehorse.

Members of these two ship's crews were visiting the Wilderness City from Feb. 22 to 26 on behalf of *HMCS Whitehorse* (currently deployed on Operation Caribbe)

in order to strengthen the bond between the ship and its namesake city.

Sailors donned all the layers of clothing they could to keep warm and took part in the annual Yukon Sourdough Rendezvous Festival. The festival is a mid-winter event that coincides with Yukon Heritage Day as a means to celebrate the Yukon's bold history and culture, and bring some color and warmth to the colder season with a celebration of gold-rush style entertainment.

Can Can dancers, knight fights, queen crowning and a variety of lumberjack-themed competitions

kept the spirits of the six sailors up in spite of the chilly weather.

Part of the team visited with Mayor Don Curtis and other members of the city council, while the rest of the group answered questions from Whitehorse citizens and visitors, and talked about their experience in the navy.

The contingent also participated in the "Community Challenge" of the Sourdough festival. Their efforts, particularly during a riveting tug-of-war competition, afforded them second place, just ahead of the Joint Task Force (North) team who were also

present for the weekend. The prize was a \$250 cheque, which was donated to the Whitehorse Firefighters Charitable Society the next morning on behalf of *HMCS Whitehorse*.

On Sunday morning, the team was invited to breakfast by Ione Christensen, former Mayor of Whitehorse, Commissioner of the Yukon, and Senator for Yukon, for a breakfast of homemade sourdough waffles. The wonderful lady and her husband Art's heartwarming hospitality was a highlight of the trip. Captivating personal stories of childhood memories in the Yukon were

history lessons of the old days, as were the pictures from past namesake city visits, changes of command and even from the commissioning of *HMCS Whitehorse* in 1998.

The festival concluded with a wrap-up parade through the streets of Whitehorse in which the contingent handed out CAF paraphernalia and candy alongside Sonar the navy mascot, and representatives from other elements of the Canadian Armed Forces.

A soirée at the Royal Canadian Legion Branch 254 in Whitehorse crowned the whole endeavour.

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Primary Leadership Qualification Course 0137 Graduation

Reviewed by Captain (N) Brian Costello

Images by Leading Seaman Ogle Henry, MARPAC Imaging Services



Master Corporal V. Rogers receives her Certificate of Achievement.



Master Seaman L. Theriault receives his Certificate of Achievement.



Master Seaman G. Gilbert receives his Certificate of Achievement.



Master Seaman B. Settle receives his Certificate of Achievement.



Master Seaman A. Luke receives his Certificate of Achievement.



Master Seaman L. Thibault receives his Certificate of Achievement.



Master Seaman S. St. Pierre receives his Certificate of Achievement.



Leading Seaman A. Josol receives his Certificate of Achievement.



Leading Seaman U. Meaujnit receives her Certificate of Achievement.

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Leading Seaman K. Dent receives his Certificate of Achievement.



Leading Seaman S. Bueckert receives his Certificate of Achievement.



Primary Leadership Qualification Course 0137 Graduation

Reviewed by Captain (N) Brian Costello

Images by Leading Seaman Ogle Henry, MARPAC Imaging Services



Master Seaman M. Schnob receives her Certificate of Achievement.



Leading Seaman D. York receives his Certificate of Achievement.



Leading Seaman C. Rautenstranch receives his Certificate of Achievement.



Leading Seaman J. Croteau-De Montigny receives his Certificate of Achievement.



Master Seaman M. Cox receives his Certificate of Achievement.



Leading Seaman G. Ashcroft receives his Certificate of Achievement.



Master Seaman S. Madoba receives his Certificate of Achievement.



Master Seaman S. Buechert receives his appointment to his current rank.



Master Seaman A. Veras receives his Certificate of Achievement.



Chief Petty Officer Second Class Ken Simoneau, Naval Fleet School Pacific Leadership CPO, presents Leading Seaman D. York with the Primary Leadership Qualification Drill Competition Award.



Don Cook of the Chiefs' and Petty Officers' Association presents Master Seaman M. Kettle with the Chiefs' and Petty Officers' Association Award for being the top student.



Chief Petty Officer First Class Gilles Gregoire, Formation CPO, presents Master Seaman L. Thibault with the Formation CPO Award, with his girlfriend Karissa Furneaux presiding.

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MISCELLANEOUS

HMCS TERRA NOVA WESTPLOY '73 REUNION Crew members of Terra Nova's Westploy '73 cruise, Operation Gallant, will be reuniting 01-03 May 2018 in Victoria for the 45th Anniversary of the mission. Terra Novans who made this cruise and wish to attend, or wish more information, are to contact John Appler at jeappler@gmail.com

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