

Welcome home HMCS Chicoutimi

Master Seaman William Bull, Sonar Operator in HMCS Chicoutimi, embraces his son Ethan Bull during the homecoming ceremony in Dockyard, March 21. The Victoria Class submarine returned to CFB Esquimalt, ending a historic 197-day deployment in the Asia-Pacific region. Read more on pages 2, 8 and 9.

Photo by Peter Mallett, Lookout

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Family members hold up a welcome home sign while eagerly awaiting the return of HMCS Chicoutimi.

This has been a far-reaching, long, successful, and very historic deployment. Rear-Admiral Art McDonald, Commander Maritime Forces Pacific



Master Seaman Patrick Beaton shares a moment with his son Xavier.

Photos by LS Victoria loganov, MARPAC Imaging Services

Triumphant return for HMCS Chicoutimi

Peter Mallett Staff Writer

Holding homemade banners and signs, family and friends of *HMCS Chicoutimi* crewmembers waited anxiously for the submarine to appear in Esquimalt Harbour March 21, sail past Duntze Head, and come alongside A Jetty.

After that it was tears, cheers and heartfelt hugs as families were reunited, ending the historic deployment of the Royal Canadian Navy (RCN) submarine.

The uplifting music from the Naden Band added to the excitement and emotion.

Rear-Admiral Art McDonald,

Commander Maritime Forces Pacific, described the homecoming as a "payday" and "return on investment", not only for the RCN but also the families of the sailors.

"You can see the love, you can see the pride, and you can see the sense of accomplishment in the faces of the sailors that came off the sub," said RAdm McDonald. "This has been a far-reaching, long, successful, and very historic deployment. What this means is we have a great tool in our toolbox that has gone places and is proven."

The Victoria-class submarine and its crew of 59 left Esquimalt mid-September 2017 on a 197day deployment, its first ever in the Asia-Pacific, and the first major RCN submarine deployment to the region in nearly 50 years.

The mission also marked the longest deployment of a Victoriaclass submarine to date.

First across the brow was Master Seaman John Beaton who was selected in an on-board lottery to give the traditional first kiss at the homecoming to his wife Cendra Beaton. With his young daughter Ariana and son Xavier in the full embrace during the kiss, a large cheer and "hurrah" went up from the crowd.

"It was a long deployment and it's so good to be reunited with

Cendra and the kids who seemed to have grown so much since I left," said MS Beaton. "It was my first deployment on a sub; it was a tight-knit crew in *Chicoutimi*. There were challenges during the deployment but overall the morale was very good."

Also moved by the return home was Commander Stefan Ouellet, *Chicoutimi* Commanding Officer, who fought back tears as he declared the homecoming an "extremely proud moment."

"I think the deployment proved we could sustain operations at sea. This platform is very robust and we were able to remain at sea and do the job of patrolling the Asia Pacific."

Cdr Ouellet detailed the highlights of the deployment: participating in USN-JMSDF Annualex, a three week bilateral exercise with the United States Navy and the Japan Maritime Self Defense Force that was made trilateral for the first time; and the success of crossing the Pacific and returning safely, a feat, he says, that only a few nation's navies have realized.

Chicoutimi also visited Hawaii, Guam, and Japan during the deployment. The visit to Yokosuka, Japan, was the first by a Canadian submarine since the visit by HMCS Grilse in May 1968.





HMCS Regina receives special guest

The Governor General of Canada, Her Excellency the Right Honourable Julie Payette shakes hands with Petty Officer Second Class Mark Hiebert, a Marine Technician, during a tour of the Machinery Control Room on board HMCS Regina during a visit March 21.

Photos by LS Victoria loganov, MARPAC Imaging Services



Governor General Payette takes a seat in the Executive Officer's chair on board Regina, alongside Commanding Officer, Cdr Colin Matthews.

Governor General Payette disembarks from a CH1-124 Sea King on board HMCS Regina during her first official trip to British Columbia.





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People Talk

WHAT SAY YOU

with my Daddy like Clue,

Catan Junior and Ticket to

Ride. I'm really looking for-

ward to having him back

Poet Fisher,

daughter of

Master Seaman

Andrew Fisher

home.

HMCS Chicoutimi returned to Esquimalt March 21 after a 197-day deployment in the Asia-Pacific region. With that in mind Lookout asked family members attending the submarine's homecoming:

What have you missed most about being separated from your loved one?



I miss going on our family Sunday drives. I try to do it with just myself and the kids, but everyone misses doing it with Dad. It's all the little things he does too.

Cheantelle Fisher, wife of Master Seaman Andrew Fisher



I miss how he makes me laugh; he's a great story and joke teller and it's good to have him back home.

Kyla O'Rourke, wife of Master Seaman Derek O'Rourke



together like swimming and hiking. When we are reunited later today, I'm looking forward to making some of his favourite dishes from my home country of Thailand.

> Chanpen Bull, wife of Master Seaman Willy Bull



I miss the quality time and conversations we have when he drives me to my lacrosse practices and games and classes at school.

Kaleb Vivier, step son of Master Seaman Douglas Mack









Photo by Peter Mallett, Lookout Leading Seaman Matthew Billard of Fleet Diving Unit (Pacific) undergoes training for a new surface-supplied diving system at his unit's headquarters in Colwood, March 10.

Divers test new lightweight gear

Peter Mallett Staff Writer

A new, light-weight surface-supplied diving system will increase operational diving capability during deployments and exercises for Fleet Diving Unit (Pacific) (FDU) Clearance Divers.

The Ultra Lightweight Surface Supply Diving System, manufactured by Swedish-based respirator manufacturer Interspiro, is also being acquired by FDU (Atlantic), the Canadian Army divers, and Search and Rescue divers.

The new lighter and modern equipment supplies breathing gas and vital two-way communication between the surface and diver while conducting dives to a maximum of 54 meters (175 feet).

Divers, including Lieutenant-Commander Rick Kappel, the unit's Commanding Officer, trialled the system last month in Esquimalt Harbour.

LCdr Kappel noted that, among other operational advantages, the ultra-lightweight diving system will make diving from small boats in an operational environment safer and more effective.

"Another significant advantage of having this lighter and modern equipment is what takes place above the water while div-ers are diving," he said. "Clearance Divers often do their jobs in cold and hostile conditions, with boats rocking back and forth. This streamlined equipment will make these dives easer from a setup perspective, safer from a diver support perspective, and will also help save backs while moving the tanks and gear in and out of boats and vehicles. We are often prone to back injuries when going back and forth from land to water because we are carrying bulky, heavy, sometimes awkward gear, while keeping balance all at the same time.'

LCdr Kappel and nine other divers participated in the three-day training course designed to qualify FDU(P) divers on the equipment. He conducted the diving system safety test and dawned the gear, and entered the cold waters of Esquimalt Harbour, diving to a depth of about 10 metres for the initial training dive. He will carry on with deeper, longer dives later this month. His progress was monitored by personnel on the jetty through the system's twoway communications system as he descended below the surface.

With a large bubble of air preceeding his ascent, LCdr Kappel breached the surface and gave the thumbsup sign after completing the short and shallow proficiency training dive.

The Ultra Lightweight Surface Supply Diving System includes lightweight carbon fiber reserve and regulator tanks, and a more portable surface supply system with modernized regulators, underwater gauges, and communications panels built into lightweight face masks that can be monitored by the diver.

It also includes a much smaller umbilical cord, the long yellow hose that supplies divers with an unlimited supply of high pressure air, along with enhanced communication and sensory capability. Petty Officer First Class Robert Majore, who, along with PO1 Giles Pease, is overseeing the education and training required to qualify divers on this gear, says the older system was much heavier and more cumbersome to operate. The older regulator tank weighs about 60 lbs compared to the ultralight system's 40 lbs.

The older system also requires a larger umbilical cord that sends low pressure air (instead of high pressure air) down to the divers resulting in greater drag on the line from underwater tides and currents.

Another advantage of the new system, says PO1 Majore, is that it offers enhanced portability and folds up easily into Pelican cases that can easily be loaded onto and off boats, trucks and other vehicles world-wide.

FDU(P) plans to deploy the Ultra Lightweight Surface Supply Diving System for the Humanitarian Assistance and Disaster Relief (HADR) portion of the Rim of the Pacific 2018 Exercise to be conducted this summer in Hawaii.



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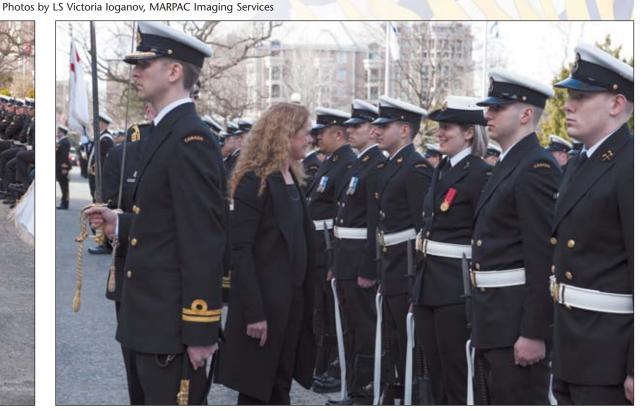
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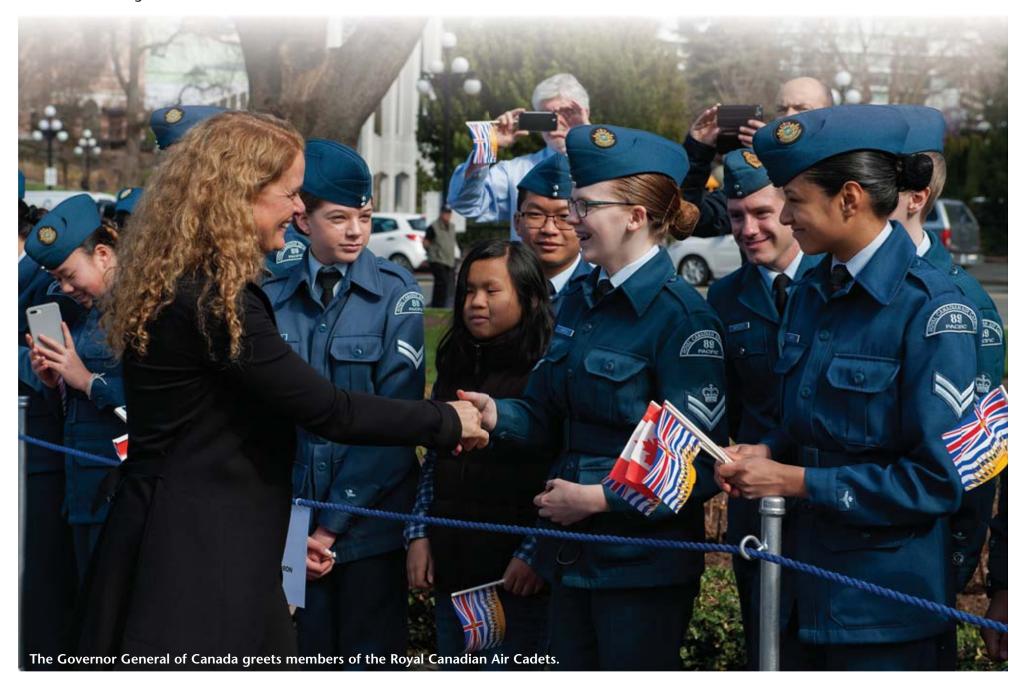
Her Excellency the Right Honourable Julie Payette

VISITS VICTORIA

The Governor General of Canada, Her Excellency the Right Honourable Julie Payette receives the Royal Salute from Guard Commander LCdr Mike Erwin in front of the British Columbia Parliament Buildings March 20.



The Governor General of Canada inspects the Guard of Honour comprised of Canadian Armed Forces members from Maritime Forces Pacific.



» OPERATION CARIBBE





A crew member from HMCS Edmonton fires a C8 rifle on the ship's fo'c'sle during Operation Caribbe in the eastern Pacific Ocean on March 2.

Two members conduct small boat operations from HMCS Whitehorse.



As *Her Majesty's Canadian Ships Whitehorse* and *Edmonton* slipped all lines and proceeded to sea from San Diego, California, Feb. 26, there was a palpable sense of seriousness among both crews.

As they exited the harbour, they turned south to begin their two-month deployment on Operation Caribbe, Canada's contribution to an international operation to stop illicit trafficking of drugs, weapons, money and people.

The eastern Pacific Ocean is a huge body of water, stretching for thousands of kilometers along the coast of South and Central America, and up to North America. It is along this maritime highway that drugs have been making their way onto the streets of Canada and the United States. Since the

Since the Canadian Armed Forces (CAF) began participating in Operation Caribbe in 2006, they have contributed to the seizure of more than 83 tonnes of cocaine, and it shows no signs of slowing down. In 2017 alone, the CAF helped the U.S. Coast Guard seize or disrupt over 11.5 metric tonnes of cocaine.

Those are drugs that are not reaching our streets and causing harm to our people. There is also a disruptive effect, where it becomes more difficult for criminal organizations to conduct their business.

For the crew of *HMCS Whitehorse,* deploying on this operation is the culmination of an intense period of planning and preparation. In October 2017, the crew

of *HMCS Brandon* conducted a hull transfer to *HMCS Whitehorse*, which had just completed a sixmonth docking work period of planned maintenance, painting, and the installation of new equipment.

Then began the process of bringing the ship and crew to the level of proficiency required for this type of deployment. That is achieved through a tiered readiness program, where Sea Training Pacific tests the ship and crew in increasingly realistic and complex scenarios, until they are determined to be fully ready for the mission. The program ensures the ship's crew meets safety and administrative standards, and that the crew can conduct the full gamut of seamanship evolutions. These include replenishment at sea, tow exercises, and helicopter hoists. During the program, *HMCS Whitehorse* also visited Seattle to train in foreign port duty watch routines, and conducted a number of other Royal Canadian Navy activities.

In January, the U.S. Coast Guard Law Enforcement Detachment (LEDET) travelled to Esquimalt to see the ship and meet with the crew, where they began to develop a working relationship that is critical to the success of the mission.

Before departing Esquimalt Feb. 16, all crew members had to be assessed to ensure they were medically fit to deploy, and any members that were not had to be replaced.

With Sea Training Pacific embarked, they conducted

mission readiness training, designed to prepare them for the specific task of monitoring and interdiction of illicit drug shipments.

The first stop was in San Diego, where Sea Training disembarked, having achieved their job of bringing the ships to the required level of readiness. With a U.S. Coast Guard LEDET now embarked in each ship, they are now on the operation.

It took several days to transit to the patrol areas on the west coast of Central America. The first few days of the operation were dedicated to LEDET integration training, to confirm tactics and procedures were aligned, and to get the crew of *Whitehorse* working with the LEDET as one team.

LCdr Collin Forsberg,

Commanding Officer of *HMCS Whitehorse*, was eager to begin the hunt. This is his second Operation Caribbe, and his first in command.

"This crew is the most capable I have ever seen on a vessel of this size, and with the addition of the LEDET, they are fully ready to carry out this mission," he said. "Although these criminal organizations will continue trafficking to North America, the effective partnership between the Royal Canadian Navy, the U.S. Coast Guard, and all the other nations involved in Joint Interagency Task Force South, has caused a serious disruption of their efforts, and the result is less drugs reaching the streets of cities such as Los Angeles, Toronto and Vancouver."





CHICOUTIMI CELEBRATES Achievements

Darlene Blakelev Navy Public Affairs Ottawa

Her Majesty's Canadian (HMCS) Submarine Chicoutimi has piled up a lot of firsts on its lengthy deployment to the Asia-Pacific region

class submarine has deployed has undertaken a large-scale Canadian Submarine Force. from the Royal Canadian deployed maintenance activ- Chicoutimi, under the conducted intelligence, sur- Robinson, who says they Navy (RCN) to the region; ity conducted by person- command of Commander veillance and reconnaissance; worked hard and overcame

pated in the previously bilat-(JMSDF); and made port vis- them. its to Yokosuka and Sasebo, "It has been a phenome-Japan, and Guam.

It's the first time a Victoria- Victoria-class submarine Robinson, Commander of the

- nearly 200 days; partici- Pacific (MARPAC) and Fleet Maintenance Facility Cape eral Annualex with the U.S. Breton (FMF CB) in Japanese year. Its simply stated mis-Navy (USN) and the Japanese ports - all while Super sion was to "support Canada's Air Force; operated with more Maritime Self-Defense Force Typhoon Lan raged around

nally successful deployment," It's also the first time a says Captain (Navy) Chris

been deployed for so long nel from Maritime Forces Stephane Ouellet, left its carried out seven interactions challenges prior to deploying. home base in Esquimalt, with the USN, JMSDF, the In particular he mentions the B.C., in early September last French Navy, the Royal Air unexpected swapping out of global engagement strategy than 20 surface ships and 50 through strategic partnerships, aircraft; and conducted more port visits and operational interactions."

But it has been anything but simple. Over the course tempo is a testament to the of several months, *Chicoutimi* crew, according to Capt(N)

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U.S. Navy photo by Mass Communication Specialist 1st Class Brian G. Reynolds/Released The crew of HMCS Chicoutimi prepare to disembark in Yokosuna,

Japan, while deployed on Poseidon Cutlass 17.



HMCS Chicoutimi sails beside a French frigate.



A photo of a warship from the Japanese Maritime Self-Defense Force taken through HMCS Chicoutimi's periscope.

Force and the Royal Australian than 180 hours of submarineon-submarine engagements.

The success of this hectic



CHICOUTIM

the submarine's main battery last May.

"The battery, the lifeblood of a submarine, was functioning below performance specifications," Capt(N) Robinson explains. "Normally we have to take a submarine out of the water to change batteries, but this time we were able to do it safely in the water thanks to the expertise of FMF CB. It enabled us to get back to work

much more quickly." One of the highlights of Chicoutimi's tour has been the ability to gain a greater understanding of the challenges facing the deployment of a Victoria-class submarine to a distant, strategically important area.

"We had very complex logistic and maintenance arrangements with partner nations that we navigated throughout the deployment," says Capt(N) Robinson. "We gained a much better understanding within the RCN of the multi-faceted logistical arrangements needed when supporting a deployed submarine."

Successful routine maintenance was carried out in Japanese ports, with USN sup- time a Canadian submarine port. More than 30 personnel from FMF CB conducted over normally a bilateral exer- Over the course of this his- operations later this year. 1,800 hours of maintenance cise between the USN and toric deployment, the 59 crew in eight days. Additionally, JMSDF. It is carried out members have been excep- in knowing that they have there was a month-long maintenance period in Guam, Sea of Japan to practise and able to qualify 50 per cent the first deployed subma- evaluate the coordination, of new submarine crew and rine short-work period ever procedures and interoper- progress several higher level conducted by MARPAC ability elements required to qualifications, all while con- ing with our partner nations," and FMF CB. During this effectively respond to the ducting operations. time significant repairs were defence of Japan or to a "Through it all the crew been an exceptional deploymade to fridge and hydraulic regional contingency in the has been enthusiastic and ment on so many levels."

plants, diesel engines and motor generators.

Capt(N) Robinson is quick to praise both FMF CB and a deployed joint logistic coordination cell from Esquimalt.

"They provided stellar support in moving both parts and people," he says. "They also overcame significant challenges in moving military gear in and out of Japan. This has enabled us to learn valuable submarine work periods."

Capt(N) Robinson says one of the most rewarding aspects of the deployment has been building relationships with both the USN and the JMSDF.

"These strategic partnerin major ways," he says.

Chicoutimi developed increased interoperability with the USN's Seventh Fleet and forged strong bonds participated in Annualex, Fleet. every year in the Southern tionally busy. They have been contributed to maritime

Indo-Asia-Pacific.

"This was a major achievement and a real manifestation of Canada's defence policy 'Strong, Secure, Engaged'," Capt(N) Robinson explains. "It represents a clear indication of the RCN's commitlessons for future deployed ment to peace and security in the region, and shows that our through coded "familygrams" navy is fully engaged and able to project sea power far from Canada's shores."

Chicoutimi's prowess did not go unnoticed by the USN. "Chicoutimi has provided ships are built on trust and exceptional support for the experience working together 7F (Seventh Fleet) team during the past few months and I sincerely appreciate all of the work to make its deployment happen. Hopefully 2018 will bring even more," says with the JMSDF. For the first Vice-Admiral Phillip Sawyer, crew members are looking Commander of the Seventh

morale has been very good," says Capt(N) Robinson. "The families back home have also been incredibly supportive of this long deployment."

Unlike surface ships, submarines have no way to communicate with family and friends while submerged, except once a week.

"This is always a challenge," says Capt(N) Robinson. "There is no phone and no internet while the boat is under water."

During port visits communications can take place as usual, and families can also get information through the Military Family Resource Centre in Esquimalt.

As Chicoutimi arrives home, ahead to some time off before the submarine continues

"They can take great pride peace and good order abroad by patrolling, building strategic relationships and interactsays Capt(N) Robinson. "It has

HMCS Chicoutimi sails with ships of the U.S. Navy and the Japanese Maritime Self-Defense Force during Annualex.



Mimi Cahill of Base Information Services, left, and Petty Officer Second Class Victor Haines of the Fleet Maintenance Facility inspect a robot built by students from Gulf Islands Secondary School at the FIRST Robotics B.C. Regional Championship at the Save-on-Foods Memorial Arena, March 16.



Students from Esquimalt High School make some last-minute repairs to their robot 'Spike' before a quarter final match.

FIRST Robotics Competition inspires DND employees

Peter Mallett Staff Writer

Two employees from CFB Esquimalt are now believers in the FIRST Robotics Competition's (FRC) power to inspire high school students about careers in science and technology.

Earlier this month Mimi Cahill, a Federal Student Work Experience Program employee with Base Information Services, and Petty Officer Second Class Victor Haines, a Weapons Engineer at Fleet Maintenance Facility, volunteered to help in the first B.C. Regional Championship.

The robo-sport competition took place March 15 and 16 at Save-On-Foods Memorial Arena, and challenged teams of 10 or more high school students to build from scratch, in just six weeks, a five-foot tall, 68 kilogram robot, and then enter it in a skill-testing competition.

Cahill, who is studying Applied Computer Science at Dalhousie University, says a high school student's experience with FIRST could be a career or life-changer.

"The hands-on experience and work to build robots can inspire a lot more than looking at code or a formula in a text book," said Cahill. "Whether these students end up in STEM [Science Technology Engineering and Mathematics] based fields, this experience may inspire them to a career path they may never before have considered."

This year's regional com-

teams from across the province, and guest teams from further afield in Alberta. Ontario, Quebec, California and Mexico. There are 160 regional competitions around the world with about 3,000 teams, with the ultimate goal to qualify for the FIRST world championship event.

No 'l' In Team

PO2 Haines ensured competitors were complying with the competition's official rule book, and says teamwork was crucial to succeeding.

"They not only have to build the robot but they also must build a team and work with each other," said PO2 Haines. "I really enjoyed seeing how young students can build that camaraderie that petition involved 30 B.C. I have learned to develop

in the military. That experience of camaraderie is not just a military thing but a human one." Team work paid off for

the Atom Smashers robotics team from Esquimalt High School.

They were named winners of the Rookie All-Star Award which qualifies them for a trip to the April 18 to 21 finals in Houston, Texas. But their road to success was a bumpy one.

Spike the robot was not made from the usual aluminum as the team did not have access to the tools and expertise necessary for metalworking. So they improvised and created parts from plastic using a 3D printer. They also had to learn JAVA computer language quickly to program a computer that controlled

Spike's movements. On the competition floor Spike competed against other teams to showcase the robot's capabilities such as hoisting blocks and moving them to bins. Every maneuver was judged by a panel who compiled and tabulated each team's score.

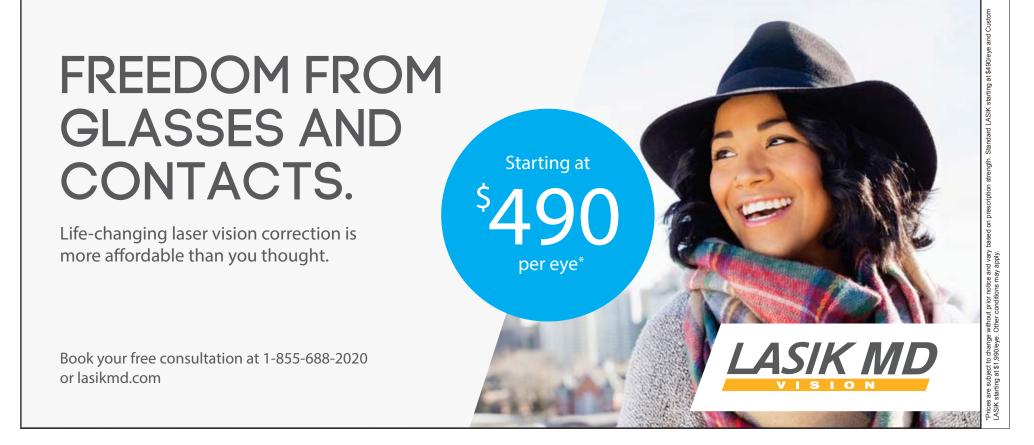
All Systems Go

Despite the less durable plastic parts, Spike won some opening matches. But the next afternoon the robot's motor came unhinged, and experienced brake issues. The setback forced the team to make frenzied last minute repairs, and eventually led to their elimination in the quarter finals.

"Although we were eliminated by the setback, the competition helped the stu-

dents come together as a team, and work together to find solutions to the problems," said Tina O'Keeffe, from Esquimalt High School, moments after giving a pep talk to her dejected young charges. "I believe it really taught them a great deal about team work and perseverance."

At the end of the competition, the judges deemed the Esquimalt High School team best exemplified the spirit of the challenge and named them rookie all-stars. To get to Houston, the Atom Smashers need \$26,000. Individuals or businesses interested in sponsoring the team are encouraged to contact O'Keeffe at: tokeeffe@sd61. bc.ca or donate at https:// www.gofundme.com/ esquimalt-atom-smashers







Sailors use Orca platform to develop naval skills

A/SLt Brandon Khuu Naval Reserves

The Annapolis division of Naval Warfare Officers have recently completed a dynamic Phase Four of training at Naval Fleet School Pacific – Venture Division.

After spending three weeks at sea, and conducting a mini task group exercise on board Orca-Class Patrol vessels Wolf and Orca, sailors learned to be flexible with the planning and execution of tasks and exercises, all while standing bridge watches, and consolidating their naval concepts and skills learned to date.

and hands-on for the students who assisted the Canadian Coast Guard in response to a reported fuel spill in the Strait of Georgia. The two patrol craft embarked members of the Canadian Coast Guard (CCG) hovercraft Moytel to survey the coasts and shorelines of several Gulf Islands for signs of fuel, with no such indications found.

The students also participated in two helicopter hoist operations with a United States Coast Guard helicopter from Port Angeles, and with RCAF 443 MH Squadron out of Patricia Bay, furthering their knowledge and capaother government and allied departments.

Training at sea allowed students to sail to Constance Bank and act as a platform for simulated mass casualties in support of a training event for HMCS Calgary, and later conducted pilotage to Desolation Sound, and anchorage in Teakerne Arm, which included an overnight maritime security patrol in the Strait of Georgia and the southern Gulf Islands.

Sailing in late February and early March also added the complexity of Pacific Coast winter storm weather.

Coping with the ever-chang-

The work was fast paced bility of working alongside ing environment, the students deftly adapted to last minute alterations into passages and channels to avoid predicted weather, which involved the immediate re-planning of routes, destinations and scheduled tasks.

> Thanks to the Patrol Craft Training Unit, the students enjoyed a fast-paced three weeks at sea, full of great events, experiences and opportunities for professional development. All students onboard Wolf were successful in their final phase of training, and are now anxious and excited to join the fleet as newly minted Naval Warfare Officers.





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For more information please contact: Fr. (Capt) Nnanna (Faith Community Coordinator) at 250-380-8823



From left, Wally Buckoski of PSP Halifax and Paul Hollingsworth of TSN look on as CFL Commissioner Randy Ambrosie hoists the Mini Grey Cup during his town hall event in Halifax on February 23.

Mini Grey Cup lands in NFL hands

Ryan Melanson Trident Staff

As rumours swirl about the possibility of a Canadian Football League franchise coming to the Halifax area, CFL Commissioner Randy Ambrosie stopped in the city Feb. 23 for a town-hall style event with local fans.

While the CFL's Grey Cup has been the ultimate prize in Canadian football since 1909, Ambrosie wasn't getting away from Halifax without an introduction to CFB Halifax's own football tradition.

At the start of the event at the Westin Nova Scotian hotel, Ambrosie was presented with the Mini Grey Cup, the trophy awarded after the annual match between the Fleet Club Slackers and

Wardroom Officers, which will be celebrating its 50th anniversary in 2019.

Wally Buckoski of Personnel Support Programs Halifax, who works as the sports stores technician at the Shearwater gym, said he couldn't pass up the opportunity to bring the storied military trophy to the event. But he didn't expect it to become part of the show.

"I just showed up at the hotel with the Mini Grey Cup, but I didn't realize it would be so popular. It was a very cool moment."

He found himself a seat near the front of the room, and once the cameras were rolling, event emcee Paul Hollingsworth of TSN invited him to bring the cup on stage to introduce it to the Commissioner and

take a few photos. The CFL's top executive donned an Royal Canadian Air Force (RCAF) football jersey and hoisted the Mini Grey Cup above his

head on stage for the TV cameras, and continued wearing the jersey for the entirety of the event. As for the RCAF jersey, Buckoski said he was inspired by the 1942 Toronto RCAF Hurricanes, who won the Grey Cup that year. At that time, the ongoing war effort meant most of the country's best football players had put sports aside to step up in service to their country, and the 1942 Grey Cup final was actually contested between the Toronto squad and another RCAF team

from Winnipeg.

stroke of luck things unfolded the way they did, and he gave credit to the CFL and the Commissioner for being so receptive and adding the military element to the event on the fly.

The CAF and the CFL have had a strong relationship for years, and tributes to veterans and serving members are always included as part of the annual Grey Cup game and accompanying week-long Grey Cup Festival.

"He (Ambrosie) had never seen the Mini Grey Cup before, and I think he was excited to see it and pretty impressed that the military would do that. The CFL has always been fans of the military and supportive to the men and women of the Canadian Buckoski said it was a Forces," he said.

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Canadian Fleet Pacific HQ Awards

Commodore Jeff Zwick, Commander Canadian Fleet Pacific, handed out awards and medals to staff members.



CPO2 Cox receives the clasp to his Canadian Forces' Decoration from Commodore Zwick, Commander Canadian Fleet Pacific.



LCdr Stewart receives the United States Army Commendation Medal from Cmdre Zwick.



LCdr Stewart also receives the CJOC Commander's Commendation from Cmdre Zwick.



Lt(N) Shore receives her Canadian Forces' Decoration from Cmdre Zwick.



CPO2 Eric Langalaar (right) is presented an Honourary Lifetime Member Award from the CFB Esquimalt Auto Hobby Club during the club's Annual General Meeting on March 18. CPO2 Langalaar's dedication to the members of the CFB Esquimalt community has been instrumental in the creation and longevity of the club for over 10 years, without which the club would not exist.



Photo courtesy of MARPAC Imaging Services

Bravo Zuly MARS IV Graduation



A/SLt Brandon Khuu (right) receives the RCN Commander's Award for the Top Overall MARS IV Student from Reviewing Officer Capt(N) Clive Butler.



A/SLt Andrew Myrie (centre) receives the David W. Groos Memorial Shield for The Top MARS IV Student at Sea from Capt(N) Clive Butler and Dr. Saskia Vald.

Photos by MCpl Brent Kenny, MARPAC Imaging Services



A/SLt Joshua Chew (center) receives the Venture Association Award (Pullen Cup) for the MARS IV student who demonstrates the highest standard of Officer like Qualities from Capt(N) Clive Butler and Capt(N) (Ret'd) Ken Scotten (right).



Bravo ZUUU MARPAC HQ Change of Command Ceremony

Outgoing Commanding Officer, Commander Wes Golden (left), Reviewing Officer Captain (N) Brian Costello (center), and Incoming Commanding Officer, Cdr Jeff Watkins (right), sign the Change of Command Certificates during the Maritime Forces Pacific/Joint Task Force (Pacific) Headquarters Change of Command Ceremony, March 16.

Photos by LS Ogle Henry, MARPAC Imaging Services



BIS Awards and Promotions



MS Shaun Charpentier receives the Operational Service Medal – Expedition from Maj Grant Whittla, Commanding Officer Base Information Services.



PO2 Andrew Firth receives the Canadian Forces' Decoration from Maj Whittla.



Cpl Katherine Sawatzky is promoted to her current rank by Maj Whittla and CPO2 Ian Burke, ITSM Chief Base Information Services.



MS Leonidas Priftakis is promoted to his current rank by Maj Whittla and MWO Peter Nielsen, Security Chief Base Information Services.



MS Michael Gelowsky is promoted to his current rank by Maj Whittla and Capt Joshua Weissbock, Operations Officer Base Information Services.



HMCS Yellowknife Awards and Promotions



LS Hull receives the Operational Service Medal -Expedition for Operation Caribbe from LCdr Thompson-Greiff, Commanding Officer of HMCS Yellowknife.



LS Burdett receives the Operational Service Medal - Expedition for Operation Caribbe from LCdr Thompson-Greiff.



Lt(N) Beardmore receives the NATO - OAE for Active Endeavor from LCdr Thompson-Greiff.

710



SLt Ehnisz is presented with the Minor Warship Watchkeeping Certificate by LCdr Thompson-Greiff.



MS Bertucci is promoted to her current rank by LCdr Thompson-Greiff and Lt(N) James, Operations Officer.



Want to recognize someone in your unit? Send your BZs to melissa.atkinson@forces.gc.ca

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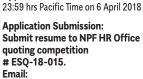
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2017 NOMINEES

United Way Spirit Awards are presented to donors, volunteers, community partners and businesses in Greater Victoria for their exceptional community spirit, team spirit and spirit of generosity when running a workplace campaign. Congratulations to all of the nominees. Winners will be announced April 11.

Outstanding Employee Campaign Chair Over 100 Employees

HMCS Regina - DND - Lt (N) Greg Kuhn Institute of Ocean Sciences - Leanna Quon-Turple Knappett Projects Inc. - Kathy Price School District 63 - Scott Stinson Seaspan Victoria Shipyards - Stephen Crowe, Ian Doherty TD Canada Trust - Marnie Williams

Under 100 Employees Nominations

City of Langford - Emily Garry Cox Taylor - William Murphy-Dyson Greater Victoria Chamber of Commerce - Sophie Clodge and Emara Angus Public Services & Procurement Canada - Esquimalt Graving Dock - Chandra Frobel Vivid Solutions - Joy Kenk

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Outstanding Campaign Committee BC Assessment

BC Transit Fairmont Empress Fleet Diving Unit Pacific - DND FortisBC Intact Insurance Queen Alexandra Centre for Children's Health - Island Health Royal Roads University

Leadership Giving

Capital Regional District District of Sooke Fairmont Empress RBC Royal Bank

Outstanding Workplace Campaign BMO Bank of Montreal

Canada Revenue Agency Capital Regional District Fujitsu Consulting Inc. Grant Thornton LLP Royal Roads University

Community Impact BMO Bank of Montreal ESIT Advanced Solutions Inc. Greater Victoria Public Library Island Health TD Canada Trust

Community Partner

Canadian Red Cross Society BC Coastal Region Community Living Victoria Inter - Cultural Association of Greater Victoria The Cridge Centre for the Family

Post-Secondary Challenge Camosun College Royal Roads University University of Victoria

Financial Challenge

BMO Bank of Montreal CIBC Canadian Western Bank RBC Royal Bank TD Canada Trust

Municipal Challenge

Capital Regional District City of Colwood City of Langford City of Victoria District of Central Saanich District of North Saanich District of Oak Bay District of Saanich District of Sooke Township of Esquimalt Town of View Royal

Labour Partnership BC Transit - Unifor 333, MoveUP

& CUPE 4500 Camosun College - BCGEU 701, CFFA & CUPE 2081 City of Victoria - CUPE 50, IAFF 730, IBEW 230 & VPU Fairmont Empress - Unifor 4276 Natural Resources Canada Pacific Forestry Centre - PIPSC, PSAC UEW Local 20169

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The Veteran Family Program supports medically releasing Canadian Armed Forces members, medically released Veterans and families. If you are transitioning visit your local Military Family Resource Centre, **CAFconnection.ca**, or call the Family Information Line at **1-800-866-4546**. Ce programme appuie les militaires en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille. Si vous êtes en transition, visitez **ConnexionFAC.ca** ou votre centre de ressources pour les familles des militaires, ou appelez la Ligne d'information pour les familles au **1-800-866-4546**

