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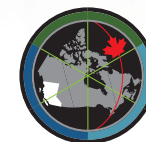
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CHANGE OF COMMAND

MARITIME FORCES PACIFIC AND COMMAND JOINT TASK FORCE (PACIFIC)



From the left: Rear-Admiral Art McDonald, the outgoing Commander of Maritime Forces Pacific and Command Joint Task Force (Pacific), Vice-Admiral Ron Lloyd, Commander of the Royal Canadian Navy, and Rear-Admiral Bob Auchterlonie sign the Change of Command certificates with HMCS Calgary behind them on June 22. Read the full story on page 2.

Photo by Leading Seaman David Gariepy, MARPAC Imaging Services

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MARPAC welcomes aboard new Commander

Photos by Leading Seaman Alex Ilareguy, Lookout

Peter Mallett
Staff Writer

Rear-Admiral Bob Auchterlonie assumed command of Maritime Forces Pacific (MARPAAC) in a Change of Command Ceremony involving two former shipmates in HMC Dockyard on June 22.

In a ceremony presided over by the Commander of the Royal Canadian Navy, Vice-Admiral Ron Lloyd, Rear-Admiral Art McDonald had his Distinguishing Flag hauled down from the mast of *HMCS Calgary* that was docked along-

side A-Jetty.

"Admiral Lloyd sir, I stand ready to be relieved," declared a saluting RAdm McDonald as responsibility for MARPAAC and Joint Task Force Pacific was passed to RAdm Bob Auchterlonie.

A gathering of approximately 250 attended the ceremony, including MARPAAC senior leadership and their families, community leaders, and dignitaries that included the Lieutenant Governor of British Columbia, the Honourable Janet Austin.

RAdm McDonald and RAdm Auchterlonie have worked together on several occasions and have

forged a strong friendship over the years, both men noted in their remarks.

"The RCN is a brotherhood and I spent three years with Art in Cabin No. 7 aboard *Calgary*," said RAdm Auchterlonie to the crowd. "He is not only a great cabin mate but a great leader and will serve the RCN well as its new Deputy Commander."

RAdm McDonald now moves on to Ottawa to become Deputy Commander of the Royal Canadian Navy (RCN).

In his farewell address, RAdm McDonald took time to thank every unit within the formation by name. He made note of the wide-ranging success stories at MARPAAC since he took the watch in June 2016. A few of those included the completion of the Halifax-Class Modernization project; the successful 197-day deployment of submarine *HMCS Chicoutimi*;

Kingston-Class vessels and their crew's role in Canada's anti-drug smuggling mission Operation *Caribbe*; along with emergency forest fire and flood relief efforts in British Columbia over the past year.

"We all have much to celebrate and your success builds a better future. I am certainly proud of all of you and I bid you all a Bravo Zulu," said RAdm McDonald.

He and VAdm Lloyd then gave their official welcome to the new MARPAAC Commander who is also a familiar face. RAdm Auchterlonie returns to Esquimalt after serving two years as Deputy Commander of Canadian Joint Operations Command. He previously served as Base Commander of CFB Esquimalt in 2012 and 2013 and Commander Canadian Fleet Pacific from 2013 to 2015.

As part of his lead-

ership vision, RAdm Auchterlonie noted several keys for MARPAAC's continued success including continuing its strong presence in the Asia-Pacific region; being always ready to deploy as spelled out in Canada's Defence Policy entitled *Strong, Secure, Engaged*; and his vision of "People first, mission always," emphasizing the importance of the people of the RCN and their families.

The Change of Command concluded with the signing of official certificates.

"It is now my job to maintain this level of excellence for the Royal Canadian Navy and it is a job I am proud to do," said RAdm Auchterlonie. "Vice-Admiral Lloyd, Sir, I have the watch."



We all have much to celebrate and your success builds a better future, I am certainly proud of all of you and I bid you all a Bravo Zulu.

RAdm Art McDonald



Esquimalt First Nations Chief Edward Thomas says farewell to Rear-Admiral Art McDonald.



Rear-Admiral McDonald is presented his flag by Formation Chief Petty Officer, Chief Petty Officer First Class David Steeves.



Rear-Admiral McDonald addresses the guests.

Military preparing for RIMPAC 2018

DND

Over 1,000 Canadian sailors, soldiers, and aviators are set to participate in Exercise Rim of the Pacific (RIMPAC). The world's largest international maritime exercise takes place June 27 to Aug. 2 in and around the Hawaiian Islands and Southern California.

During RIMPAC, forces will exercise a wide range of capabilities, from disaster relief to maritime security operations and complex war fighting.

Canada, along with Australia and the United

States, has participated in every RIMPAC exercise since its inception in 1971.

"Canadian Armed Forces (CAF) continued participation reinforces Canada's commitment to enhancing partnerships and security in the Asia-Pacific region," said Rear-Admiral Bob Auchterlonie, Commander Joint Task Force RIMPAC. "RIMPAC offers a uniquely complex and challenging multinational environment for Canadian Armed Forces personnel to hone their skills. Our service men and women will represent Canada proudly, being

leaders amongst allies."

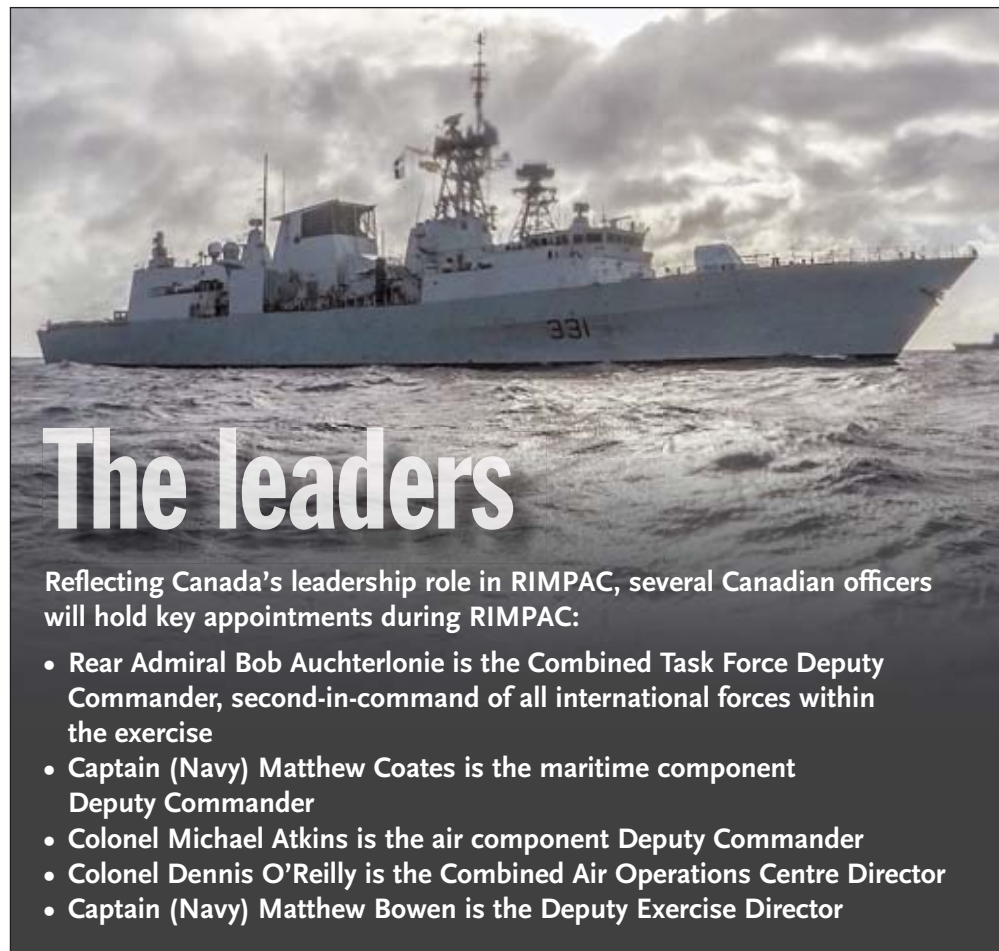
Royal Canadian Navy participation includes over 675 sailors. Two frigates, Her Majesty's Canadian Ships *Ottawa* and *Vancouver*, and one Auxiliary Oiler Replenishment ship, MV Asterix, have deployed to Hawaii. Meanwhile two maritime coastal defence vessels, *HMC Ships Yellowknife* and *Whitehorse*, will operate off the coast of Southern California.

Approximately 170 soldiers from the Canadian Army are at Camp Pendleton in Southern California. This includes

a dismounted Infantry company group from the 2nd Battalion, Royal 22nd Regiment.

The Royal Canadian Air Force is sending approximately 45 members with a CP-140 Maritime Patrol Aircraft and a deployable mission support centre.

Additional CAF personnel are serving various coalition staff functions to support the exercise. There is also a national command and support team to ensure continued operational, logistical, and administrative support to deployed elements.



The numbers

Exercise RIMPAC includes:

- 26** nations
- 47** surface ships
- 5** submarines
- 18** national land forces
- 200+** aircraft
- 25,000+** personnel

The leaders

Reflecting Canada's leadership role in RIMPAC, several Canadian officers will hold key appointments during RIMPAC:

- Rear Admiral Bob Auchterlonie is the Combined Task Force Deputy Commander, second-in-command of all international forces within the exercise
- Captain (Navy) Matthew Coates is the maritime component Deputy Commander
- Colonel Michael Atkins is the air component Deputy Commander
- Colonel Dennis O'Reilly is the Combined Air Operations Centre Director
- Captain (Navy) Matthew Bowen is the Deputy Exercise Director

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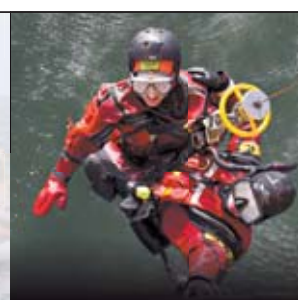
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WHAT SAY YOU

REMEMBERING GEORGE PAUL HAGGIS

Kristin Jenkins

George Paul Haggis: Soldier. Sailor. Sportsman. Family man.

Born March 15, 1925, in Port Hope, Ont.; died Feb. 28, 2018, in Belleville, Ont., of complications following an aortic rupture; aged 92.

George Haggis was a blond, blue-eyed Greek descended from the handsome, athletic men of Xirokambi, a tiny village in the southern Peloponnese. Blessed with the energy and chutzpah of 10 good men, George learned early that self-reliance was the key to getting what you wanted in life. Fiercely independent, George grabbed life by the horns and held on tight for almost 93 years.

At 15, George joined the Canadian army. His physical strength and confidence quickly earned him a promotion to corporal, leading men twice his age. Then his father intervened before he could be sent overseas. At 17, George joined the Royal Canadian Navy and served in the Battle of the Atlantic.

After the war, George managed the family business – running the Crystal Hotel in Belleville, Ont. – by serving as bartender and

bouncer. As the master of a firm handshake and a powerful right hook, George bloodied and shredded about three shirts a week in the line of duty.

In 1949, George met Octavia at a boat party. The 19-year-old was a blonde beauty with a mischievous personality and a captivating laugh. After seeing her dive head first into the water, he decided to break off his engagement to another young lady. Unperturbed by the fact she was visiting from Vancouver, George persuaded his cousin, Jack, a navigator for Trans Canada Airlines, to share his employee pass.

George and Octavia were married in September, 1950, and had five children: Paul, Victoria, John, Cynthia and Kathryn.

In the early 1970s, George reinvented the Crystal Hotel, turning the old Ontario beer parlour into “The Chart Room.” With Octavia’s superb cooking as the main draw, the Chart Room was the best place in Belleville to eat, drink and be merry for more than a decade.

George was a member of Belleville’s Bay of Quinte Yacht Club for more than 60 years, and in retirement he remained an avid sailor if not a great navigator. George ran his

sailboat aground so often that club members created a cocktail in his honour: George on the Rocks. George was also a keen golfer, and a charter member of the Fit Old Fools, skiing Quebec’s Eastern Townships well into his 80s.

When George’s physician advised him to give up driving at 92, George took his driver’s test anyway. He passed, only to discover he was too tired to drive home.

In late January, George’s aorta ruptured, resulting in catastrophic hemorrhaging. The emergency physician told him to call the family and say goodbye. Many blood transfusions later, George greeted anxious family members who arrived at his hospital room with “Hi! I’m still here!” To celebrate, he had a nearby restaurant deliver cocktails and appetizers.

Over the next four weeks, George said less but continued to listen intently as Octavia, now his wife for 67 years, encouraged a constant stream of friends and family to share memories and anecdotes.

On Feb. 28, just 15 days shy of his 93rd birthday, George’s bright blue eyes closed for the last time.

Kristin Jenkins is a friend of the family.

WHAT SAY WE

Committal of Ashes



Photo by Cpl Stuart MacNeil, MARPAC Imaging Services

Members of HMCS Regina commit the ashes of Rear-Admiral Michael Martin and his wife, Patricia Martin while sailing in the Strait of Juan du Fuca on June 15, 2018.

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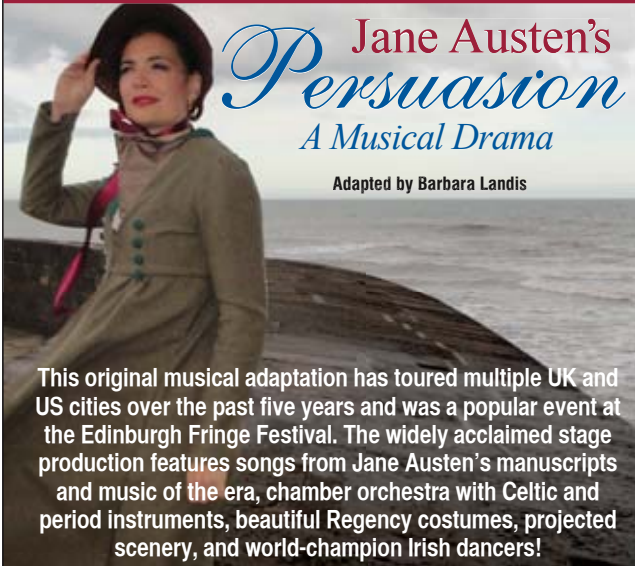
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HMCS Edmonton Change of Command

Photos by Leading Seaman Mike Goluboff



From left to right: Lieutenant Commander (LCdr) Brian Henwood, outgoing Commanding Officer of HMCS Edmonton; Commander Lucas Kenward, Commander Coastal Forces (Pacific); and LCdr Kristina Gray, incoming Commanding Officer of HMCS Edmonton sign the formal Change of Command certificates during the ceremony held June 14.



Lieutenant Commander Brian Henwood, outgoing Commanding Officer of HMCS Edmonton, is paddled ashore after the formal Change of Command ceremony.



LCdr Lisa Zezza, Outgoing Executive Officer, presents LCdr Brian Henwood with a shadowbox. The shadowbox depicts the 27,263 nautical miles HMCS Edmonton travelled during his command.



Lieutenant (Navy) Nicholas Culhane presents LCdr Lisa Zezza with a shadowbox. The shadowbox depicts the hard work and dedication made by LCdr Lisa Zezza.

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Lieutenant (Navy) Amy Clements prepares a railing for painting.



Volunteers from HMCS Vancouver clear trees in order to put up a fence for livestock at Homes for Hope, a Fiji charity dedicated to ending the cycles of poverty and sexual exploitation of women.



HMCS VANCOUVER Lends a hand in Fiji

Photos by Lt(N) Tony Wright, HMCS Vancouver

Lt(N) Tony Wright
HMCS Vancouver

During *HMCS Vancouver's* final port visit of Operation Projection Asia-Pacific, over 60 volunteers from the ship's company dedicated a day to help a local charity, Homes of Hope, fix up and expand their facilities just outside of Suva, Fiji.

Homes of Hope is a Fiji-based charity working with young women and children who are victims of, or are vulnerable to, situations of forced sexual encounters, sexual exploitation, child abuse, and violence.

It's through direct care at their residential campus and community programs that Homes of

Hope gives surviving victims the freedom to step away from the destructive cycles of forced sex, providing a fresh start of hope, freedom, dignity, and life.

Volunteers from every department on the ship put their training to use, using their unique skill sets throughout the campus. Homes of Hope is working to expand the number of women and children who can stay at the residence, and also increase the size of their small farm.

Vancouver's crew spent the day clearing jungle, installing fence posts, enlarging and updating facilities in one dormitory, and painting another.

"All of the work you're doing here today is putting us ahead by

at least two months," said Mark Roche, Homes of Hope Director.

Petty Officer First Class Stephen Rownd organized this opportunity for the ship's company.

"By providing personnel, equipment, and tools we were able to complete tasks they would normally not be able to complete on their own," said PO1 Rownd. "We provided skilled trades-people that knew how to solve engineering issues at their facility. Many of our crew were women, demonstrating to some of the residents that women are an equal part of the team."

Vancouver has now completed its port visit to Fiji and is steaming for Hawaii and the Rim of the Pacific Exercise 2018.



Volunteers from Vancouver repair a roof at Homes for Hope.



Over 60 volunteers from the ship's company gather for a photo at the Homes for Hope campus, as they get ready to work on landscaping, renovation and painting projects at the Fiji charity.

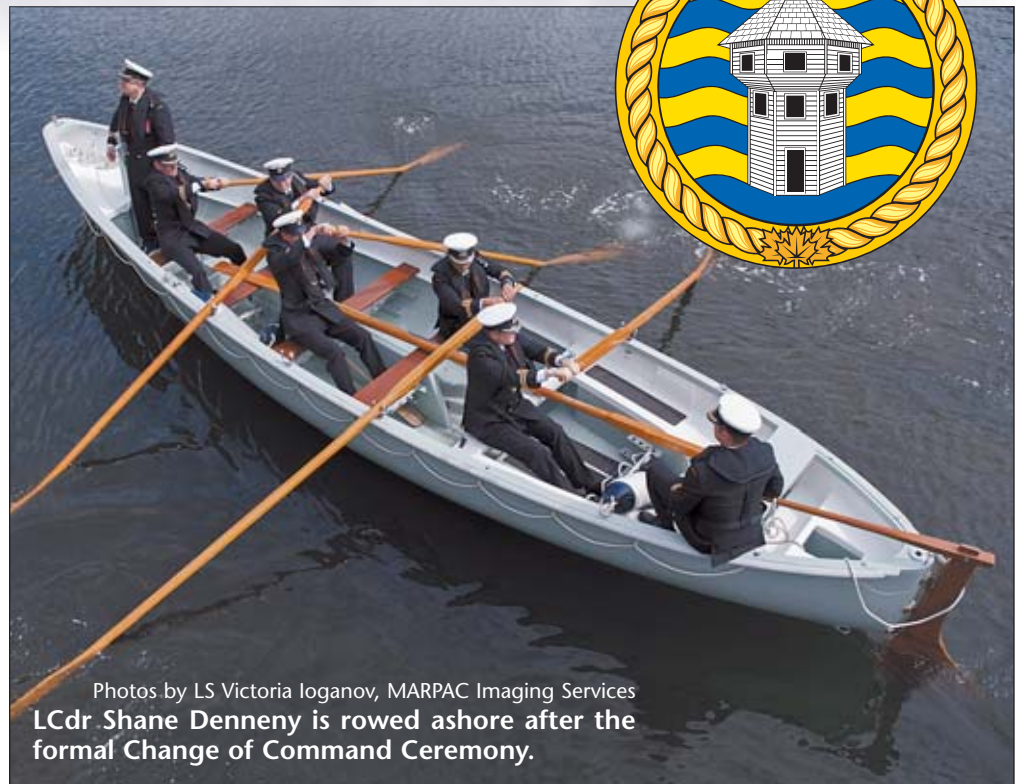
HMCS Nanaimo Change of Command



From left to right: Lieutenant Commander Jason Bergen, incoming Commanding Officer of HMCS Nanaimo; Commander Lucas Kenward, Commander Coastal Forces (Pacific); and LCdr Shane Denny outgoing Commanding Officer, sign the formal Change of Command certificates during the ceremony held on June 15 in front of HMCS Nanaimo on Y Jetty.



Petty Officer Second Class Stephen Morrison performs an Indigenous cleansing; a smudging on the Reviewing Officer, Commander Lucas Kenward alongside LCdr Jason Bergen and LCdr Shane Denny.



Photos by LS Victoria Ioganov, MARPAC Imaging Services
LCdr Shane Denny is rowed ashore after the formal Change of Command Ceremony.

Enter your best photos and videos to the 2018 CAF Imagery Contest

The 51st annual Canadian Armed Forces (CAF) Imagery Contest is open for submissions from June 15 to Sept. 1 for photographs and videos. Whether you're a seasoned professional, an amateur photographer, or a hobby videographer, this contest has a category for you.

The photography portion of the contest accepts images in eight categories, and is open to all members of the Defence Team and their families.

There are two video categories. To enter the Actuality category, send in a real-world, 30 second to two minute video. For Social Media entries, submit your 30 second to one minute inspirational message video.

Photographers and videographers

are eligible to win \$10,000 in prizes from contest sponsors.

The CAF Imagery Contest also welcomes nominations for the Military Photographer Achievement Award, a prize introduced in 2015 to recognize the contributions that CAF Imagery Technicians have made to the CAF community.

For five decades, the Imagery Contest has celebrated the talented photographers who capture life in CAF communities from coast to coast.

So as you take photos this summer, keep the Imagery Contest in mind. Family gatherings, scenic vacations, sports tournaments, or special work events are all entry possibilities. Visit www.cafimagerycontest.ca to enter and for full contest details.

2018 CAF IMAGERY CONTEST



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Tritons on the hunt for more ball hockey glory

Peter Mallett
Staff Writer

The Esquimalt Tritons ball hockey team were crowned Canada West champions after winning four of six games at a regional qualifying tournament at CFB Wainwright.

The Tritons defeated Cold Lake in the June 14 Championship game and earned a berth in this year's Canadian Armed Forces Ball Hockey Nationals at CFB Borden, July 28 to Aug. 3.

Esquimalt's only loss in the tournament was a 2-0 decision against the finalists in preliminary round action. They also defeated Winnipeg 5-1 and Edmonton 5-3 in round robin play, while settling for a 2-2 against Moose Jaw. The Tritons then defeated Edmonton 3-1 in their semi-final game.

Triton's player-coach Master Seaman John Helpard, who works as a combat instructor with the Naval Personnel Training Group (NPTG), says most of his players are still buzzing about the big victory as they look forward to competing in the nationals.

"We want the big one," said MS Helpard. "I can tell the

guys are all focused on the next tourney and I hope we can bring the trophy home."

Goaltender, Master Seaman Luke Pelletier of *HMCS Edmonton* earned Most Valuable Player of the Game Honours in the championship game as the Tritons took a 3-2 lead into the third period and hung on for the win.

"We were on our heels for the majority of the final period but Luke stood on his head making the saves we needed to win the game," said MS Helpard. "Every player on our team had a role to play and performed it perfectly, and it was amazing to see all the hard work pay off."

Key players in the victory included defencemen Master Seaman Pat McKarenan and Corporal Joel Roy, while Lieutenant (Navy) Braden Casper and Captain Jack Lawson were essential to the team's goal-scoring success, said MS Helpard.

MS Helpard says the upcoming tournament will mark the end of his time playing and coaching the ball hockey team, and says he hopes to finish his time with the Tritons with a win.



Every player on our team had a role to play and performed it perfectly, and it was amazing to see all the hard work pay off.

Master Seaman John Helpard, Coach/Player

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- All members of the defence community are welcome to apply.





Dave Christensen (left) and his colleague Fausto Milinazzo, both instructors at Naval Fleet School Pacific, share an embrace during Christensen's retirement party at Six Mile Pub.



Lieutenant-Commander Syrus Stogran, fleet school Division Commander, presents Christensen with well wishes from Esquimalt Mayor Barb Desjardins.

A well-decorated retirement cake complete with sign language code from a chemistry class Christensen taught was a hit with the guests.



Peter Mallett
Staff Writer

Students and fellow teachers past and present from Naval Fleet School Pacific are saying their fond farewells to beloved instructor Captain (Retired) Dave Christensen.

Before his retirement last month, the 62-year-old was the only instructor at fleet school that could lecture on 14 subjects related to propulsion engineering, and the only instructor who could teach all the academic technical courses. Approximately 150 of Christensen's friends, family and colleagues crowded into the Six Mile Pub for a May 30 retirement party, toasting an impressive teaching career that spanned five decades.

"Dave is a teacher like no other," said fellow instructor, Master Seaman Carl Leblond. "Fleet School will carry on, other instructors will follow, but no one will ever come close to replacing Dave."

It isn't just his brilliance as a teacher of physics, electronics, propulsion engineering, and mathematics that MS Leblond and his peers rave about. He and many others describe

Christensen as much more than just a "dedicated 24-7 instructor", but also a mentor and true friend who was always willing to help well beyond the classroom walls. He offered extra help with studies to making repairs on cars free of charge at his home in Metchosin, based on the idea of "paying it forward".

"It's the interaction with students that I am going to miss most," said Christensen.

RRMC and Beyond

His father Captain Otto (Chris) Christensen was a Danish immigrant who fought for Canada in the Second World War. So Christensen grew up on military bases at CFB Borden and Petawawa.

After attending University of Victoria for one year, he entered Royal Roads Military College (RRMC) in 1974 at the age 18 as a young officer cadet, studying an honours degree in science. He carried on to Royal Military College (RMC) in Kingston, Ont., where he graduated in 1978 with an honours in Math and Physics. While attending RMC, he also managed to earn his qualification as an aerospace engineer for the Royal Canadian Air Force (RCAF).

At one point he considered embarking on a career as a dentist or an eye doctor, but his fascination with engines and science drew him to mechanics. Christensen says he can trace this back to age 15 when he first took an engine apart, becoming mesmerized with its different parts and how they interacted.

"From that point on I started seeing all the relationships between energy and machines everywhere I looked," he said. "I gradually began to understand that understanding the flow of energy is understanding the flow of machines. I became enthralled with that."

His first posting was to 416 Squadron at CFB Chatham where he worked as an avionics support officer and aircraft line servicing officer for the CF101-VooDoo interceptor aircraft. He later worked for the RCAF as an aircraft repair officer servicing fighter, trainer and helicopter aircraft.

Public Service Propulsion

He would return to the West Coast in 1982 and become a mathematics and physics instructor at RRMC. Despite his heavy course load teaching, Christensen obtained his

BC Teacher's Professional Certificate in 1987 and a Master's degree in 1989.

In 1986 he applied for a new teaching position at Canadian Forces Fleet School (Pacific) in Esquimalt as a public service instructor teaching electronics and weapons technicians. He won the job competition over 11 other applicants. In 1993 he would return to RRMCC to teach mathematics and electronics to officer candidates before heading back to Esquimalt one year later.

In 1994 he moved into Fleet School's Marine Systems Engineering Division where he would stay until his retirement.

With his departure, and the attrition of other senior instructors, the school will be looking to recruit new educators. Christensen says the new instructors will need to have their hearts in it.

"Teaching is a helping profession, like medicine, so if you don't want to help people don't do it," he said. "You aren't doing it for the money, you're really got to love people and helping them achieve goals in their lives. Teaching is not for the faint of heart either, and also has a lot to do with listening and caring."

Project Next

As for the future, he is looking forward to spending more time with his two children and partner Barb Taylor, a vice principal at a local school. He will continue to tinker and experiment with engines in his massive 2,500 square foot garage and his other garage at his winter home in Phoenix.

He's been working on a new invention, an affordable and effective underwater trimmer that can clear away obstructing underwater plants such as bull rushes.

Those who couldn't attend the party flooded a Facebook page for RCN stokers with fond memories and well-wishes of Christensen. Some commenters are former students such as Chief Petty Officer Second Class Andre Aubry, who now works as a Career Manager at National Defence Headquarters in Ottawa. His comment sums up the sentiments of the postings.

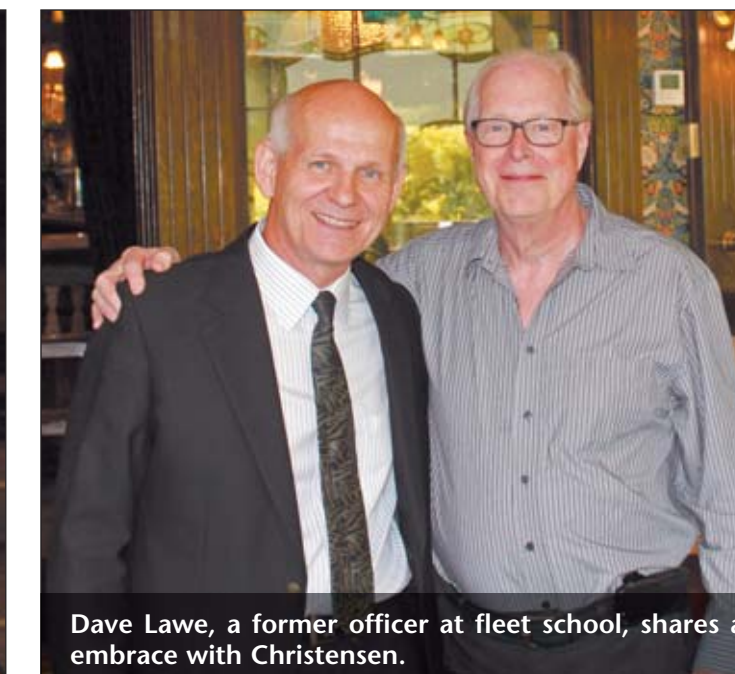
"You had a unique way of crossing teaching boundaries to reach your students that few could ever replace! Thank you for your service, commitment, genuine willingness to see our military men and women succeed."



Petty Officer First Class Geoff Ahlstrom presents Christensen with a desk clock as a retirement present.



Members of the Christensen family also joined in the celebration. From left: Dave's partner Barb Taylor, mother Ruth Christensen and son Carl Christensen.



Dave Lawe, a former officer at fleet school, shares an embrace with Christensen.

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The final cut for this year's team was made in early June. Here's a list of this year's participants:

Lt(N) Haley van Poorten, Team Leader; PO1 Rayon Murdock, 2IC; Cpl Rhys Murphy, medic; Capt Gary Leblanc; Lt(N) Rebecca Granham; A/SLt Ashvin Chawla; CPO2 Armand Reelick; WO Nathan Verhoog; MS Kevin Simons; LS Luke Foebe; Cpl Javier Sanchez-Bringas. Alternates: Lt(N) Mike McKenna, and A/SLt Soheil Nasira.

MARCHING WITH PURPOSE

Peter Mallett
 Staff Writer

If you frequent the Galloping Goose Trail between Sooke and Victoria you may have noticed military members wearing CADPAT and rucksacks marching in formation. The group have been marching virtually three days per week since February, logging over 700 kilometres, to prepare for a march of a lifetime - the Four Days International Marches Nijmegen.

After battling the sweat and blisters of training, Maritime Forces Pacific's Nijmegen marching team is ready to put boots on the ground in the Netherlands July 17 to 20.

The 13-member team includes two alternate marchers, and will be led by Lieutenant (Navy) Haley van Poorten.

The annual event, now in its 102nd year, involves four days of 40 kilometre marches through the Dutch countryside. This year's event is expected to draw approximately 47,000 participants.

"Marching long distances in military boots takes its toll on your body and everyone reacts differently, but the most common injuries are blisters on toes and heels, and repetitive stress injuries in the ankle, hip, knee and shin," said Lt(N) Haley van Poorten. "But it is to be expected, we have a positive attitude and deal with the injuries and any of the setbacks in a smart and open way, because trying to hide them means they will just get worse."

To cope with the tedium and build camaraderie the team often sings as they march.

They aren't the only Canadian military team heading to the Netherlands; 13 other CAF teams will march.

Lt(N) van Poorten and her team members are well aware some of the physical suffering experienced in training is nothing compared to the horrors of the Second World War experienced by soldiers and the people of the Netherlands. Three members of the team can trace their family lineage back to the Netherlands including Lt(N) van Poorten.

Her father Robert van Poorten moved to Canada with his parents and siblings after the war in 1957, but during the war his family lived through a treacherous situation. As the Nazis rounded up Jews to be sent to concentration camps, his parents hid a neighbouring Jewish family in their attic until the war's end.

The Jewish family had owned a toy store in Amersfoort and as a show of gratitude to the van Poorten family, they gave the children toys for several years after the war.

"I am proud to be representing Canada, but it's going to be a heart-felt personal trip for me," said Lt(N) van Poorten, who works in Ship Systems Readiness for Canadian Fleet Pacific. "I'm very excited to be going back to the home country of my father again and I'm hoping that some of my relatives come out to cheer us on

and meet the team."

There's also a personal connection for Chief Petty Officer Second Class Armand Reelick. The Deputy Base Chief Petty Officer was born in 100 Mile House, B.C., but his mother and father were both born in Holland and moved to Canada after the Second World War. CPO2 Reelick's father now lives in Holland, along with several aunts and uncles, who he is expecting to see during the march.

"I've known about the march since I was 18 and it's something I've always wanted to do," said Chief Reelick.

Lt(N) van Poorten noted that teammate Warrant Officer Nathan Verhoog also has personal ties to Holland while other team members have grandparents and great-grandparents who fought in the Second World War.

Three days ahead of the event, the team will visit some of Europe's most famous battle sites. Included on their itinerary are Vimy Ridge and Mons, Belgium, to commemorate the 100th anniversary of the end of the First World War, and Groesbeek Cemetery near Nijmegen.

"There are several members on this team who have never been to Europe or a Second World War or First World War battle site," said Lt(N) Van Poorten. "By being in these places you truly recognize the enormity of these conflicts. I have already had this experience and am changed because of it, so I'm looking forward to seeing others broaden their understanding."



Photo by Heath Moffat

Minister of National Defence, Harjit Sajjan made the first cut to mark the start of construction on the first Joint Support Ship for the Royal Canadian Navy. He was joined by representatives from industry and government and Seaspan Shipyards for the steel cutting ceremony held at Vancouver Shipyards on June 15. At over 173 metres in length and with a design displacement of nearly 20,000 tonnes, the Joint Support Ship will be among the largest ships built on Canada's West Coast once complete. It will support the navy's work at home and abroad for both defence and humanitarian missions. These ships will deliver fuel and other vital supplies to vessels at sea, offer modern medical and dental facilities, and provide support for helicopter operations and equipment repair.

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CISM SAILING RESULTS

Peter Mallett
Staff Writer

The Canadian Armed Forces sailing team made its return to the World Military Sailing Championship and achieved its goal of a respectable showing at the international regatta.

Held June 14 to 21 at the Finnish Naval Academy near Helsinki, the competition featured more than 60 athletes from 15 countries. Moreover, the year 2018 marks several jubilees: the 50th World Military Sailing Championships, the 70th anniversary of CISM ("Conseil International de Sport Militaire", normally translated as International Military Sports Council), and the 100th anniversary of the Finish Navy.

Team Canada failed to qualify for the elimination round, but finished

seventh out of 15 teams during the round robin. The four member team was Lieutenant (Navy) Samantha Morgan, a Marine Systems Engineer from CFB Halifax; Master Seaman Clayton Mills a Marine Technician who works aboard *HMCS Calgary*; Private Samuel Plamondon, a sapper from CFB Valcartier; and Canadian Air Force Captain Pierre Grignon, who works for the Canadian Joint Operations Command (CJOC) Headquarters in Ottawa.


The last time Canada competed in a CISM sailing event was 2014. There were no returning members on this year's team and both the team and the team's manager, Lieutenant (Navy) Kevin Pallard had realistic expectations of their chances of winning the event. Everyone was focused on achieving a strong result and appeared to give the competition "a run for their

money" as Lt(N) Pallard put it.


Inclement weather and then a lack of wind forced organizers to postpone some of the weekend matchups before Brazil were declared champions of the competition. Host nation Finland had a strong showing, but settled for fourth place, while Russia and Poland finished second and third respectively.

The Canadian team were pleased to have placed in the top half of teams in Helsinki, and is also hoping to better their performance when they compete at the CISM World Summer Games in Wuhan, China, said Lt(N) Pallard. That competition is in October 2019 and will be raced in the 470 class sailboat.

Inquiries concerning the CAF Sailing Team can be directed to the team manager, Lt(N) Kevin Pallard via email Kevin.Pallard2@forces.gc.ca



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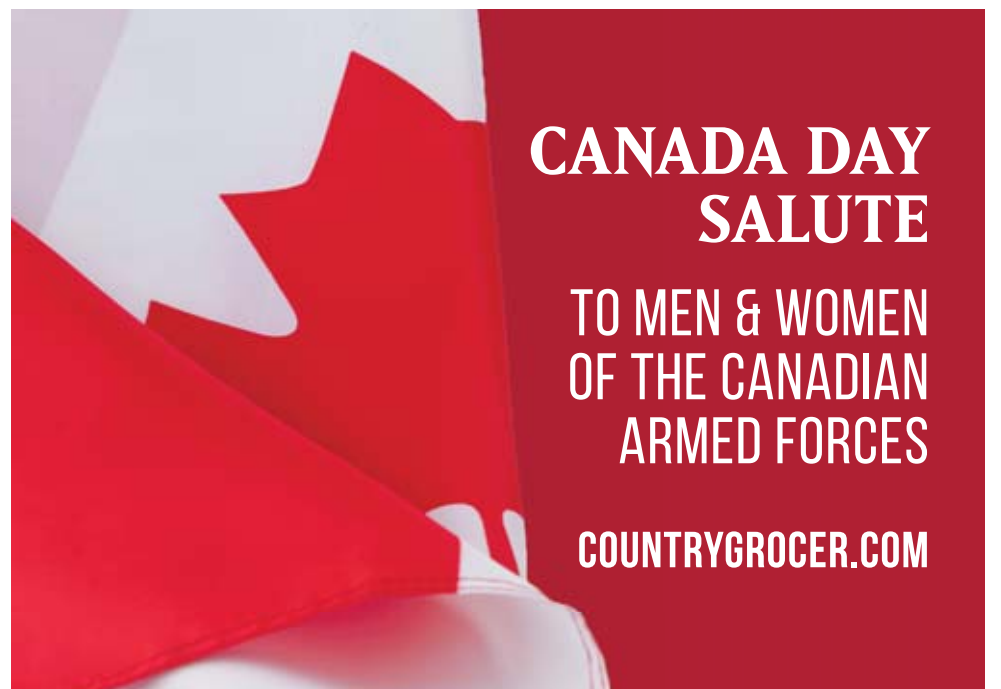
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Naval Warfare Officer III Graduation Ceremony

Naval Warfare Officer III course graduates were presented certificates, awards and promotions by LCdr Todd Kennedy, Divisional Commander of Naval Fleet School (Pacific) June 4.

Photo by LS Mike Goluboff, MARPAC Imaging Services



A/SLt Kyle Barber receives his graduation certificate from LCdr Todd Kennedy, Divisional Commander of the Naval Fleet School (Pacific).



A/SLt Joshua Bedard receives his graduation certificate.



A/SLt Travis Boyko receives his graduation certificate.



A/SLt Ashley Clark receives her graduation certificate.



A/SLt Nikoli Halerewich receives his graduation certificate.



A/SLt Hooshin Hari receives his graduation certificate.



NCdt Rebecca Henry receives her graduation certificate.



A/SLt Harrison Irvine receives his graduation certificate.



A/SLt Aaron Jacques receives his graduation certificate.



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Bravo Zulu

Naval Warfare Officer III Graduation Ceremony

Continued from page 15.

Photo by LS Mike Goluboff, MARPAC Imaging Services



A/SLt Ziyi Jin receives his graduation certificate from LCdr Todd Kennedy.



A/SLt Gregory Johnstone receives his graduation certificate.



NCdt Alastair Keys receives his graduation certificate.



A/SLt Sarah Lemay receives her graduation certificate.



NCdt Nicholas Lindsay receives his graduation certificate.



A/SLt Mahmoud-Chawki Bensalem receives his graduation certificate.



A/SLt Kyle Organ receives his graduation certificate.



A/SLt Nicolas Quellette receives his graduation certificate.



A/SLt Yichen Xia receives her graduation certificate.



A/SLt Oliver Marechal receives his graduation certificate.



A/SLt Lieutenant Yichen Xia receives the John K. Kilner Trophy for Top Overall Student from RAdm Art McDonald, former Commander of Maritime Forces Pacific / Joint Task Force (Pacific).



A/SLt Aaron Jacques receives the Welland Shield award for the student who exhibits the highest standard of leadership from RAdm Art McDonald.



Naval Cadet Nicholas Lindsay is promoted to the rank of Acting/Sub Lieutenant by LCdr Todd Kennedy and RAdm Art McDonald.



Naval Cadet Alastair Keyes is promoted to the rank of Acting/Sub Lieutenant by LCdr Todd Kennedy and RAdm Art McDonald.



Naval Cadet Rebecca Henry is promoted to the rank of Acting/Sub Lieutenant by LCdr Todd Kennedy and RAdm Art McDonald.



Lt(N) Michael Vanderveer receives the Orca Officer In Charge Qualification Certificate from LCdr Todd Kennedy.




The graduating students of the Naval Warfare III Phase course take a moment for a group photo with Formation Chief Petty Officer First Class David Steeves; Rear Admiral Art McDonald, former Commander of Maritime Forces Pacific / Joint Task Force (Pacific), and Lieutenant (Navy) Michael Vanderveer.

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Photo by John's Photography
Camille Douglas, Friends of Boomer's Legacy BC PR/ communications, joins Christine Meyer, Senior Manager Strategic Communications, Corporate Services Division, Canadian Forces Morale and Welfare Services, on the walk/ run circuit at Camp Boomer. The pair had been working together for Boomer's Legacy - this was their first time meeting in person. They are carrying fallen soldier bio cards.

MARPAC supports Camp Boomer

CPO2 Ron Eccles
FMF Cape Breton

"Helping Our Soldiers Help Others at Home and Abroad" is the motto of the Boomer's Legacy Foundation named in honour of Cpl Andrew "Boomer" Eykelenboom, a medic who was killed in Afghanistan by a suicide bomber on Aug. 11, 2006.

Andrew was committed to saving lives and helping the Afghan people realize freedom; his death was the catalyst to creating the Foundation to help men and women in uniform

make a positive difference in the lives of others.

Over the past 10 years, the primary fundraiser for the Foundation was the Boomer's Ride which saw up to 100 cyclists ride over two days from CFB Comox to Victoria. This year saw a new fundraiser with Camp Boomer that took place at the Glacier Arena outside of CFB Comox on Saturday June 16.

Based on a military theme, there were numerous military displays and demonstrations open to the public, and participants had six hours to walk, run or cycle two different routes. All participants carried or wore two "Soldier Cards" to honour a member of the CAF who has given their life in the service of their country since 2002.

Maritime Forces Pacific demonstrations and displays included a small contingent from the Naden Band, 11 Field Ambulance, and Naval Reserve Divers from HMCS Malahat. Participation in the walk, run and cycling event was conducted by a combined MARPAC Team of CPO1 Michel Vincelette, Lt(N) Sean Milley, OS Cedrick Delisle, NCdt Kathrine Hembruff and NCdt Carrie Magannon, sailors from STV Goldcrest, LS Doug Coates from CFB Halifax Trinity Detachment Whidbey Island, and myself, CPO2 Ron Eccles from FMF Cape Breton.

Opening ceremonies of Camp Boomer included a short motivational speech from Captain (Retired) Trevor Greene who survived a massive brain injury from an axe attack to his head while conducting a conversation with tribal

elders in Afghanistan March 4, 2006.

Some displays and demonstrations included a Cormorant hoist demonstration, open aircraft at the Military Aircraft Air Park, Vancouver Island Compassion Dogs service dogs for veterans with PTSD, and STV Goldcrest tours at the Comox Marina.

At the end of the day, closing ceremonies included a tribute to the fallen with a "Wall of Remembrance" of the Soldier Cards honouring those from Afghanistan and other CAF personnel who have died in the line of duty since 2002.

The Boomer's Legacy Foundation is now part of the Canadian Forces Morale and Welfare Services (CFMWS) Soldier On "Support Our Troops" program. Ships and deployed personnel have access to these funds prior to deployment in order to assist any charity or humanitarian work the ship may wish to do during a port visit.

Funds can be used to purchase items prior to deployment (toys or school books for children, household amenities that may not be available in impoverished countries) or the funds can be used or distributed during a port visit (purchase desks for a school, paint a hospital).

Ships that wish to access funds from the Boomer's Legacy Foundation for charity work while deployed, or even here at home, can contact Sandy Gauthier at <https://www.cfmws.com/en/SupportOurTroops/OurFunds/Boomers%20Legacy/Pages/Boomer's-Legacy-Fund-Application-Process.aspx>.



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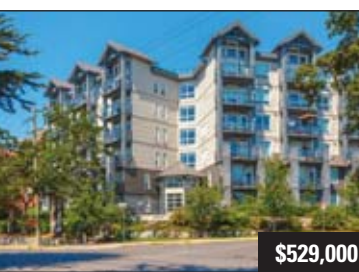
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- Pirate Camp / Artist-in-Residence
- Sno-cones / cupcakes for early birds
- Bubble blowing and more



Located off Admirals Road in Esquimalt
 Enter at Naden Main Gate
 & follow the blue lines



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