



David Vanderlee CD, BA

Canadian Defence Community **Banking Manager Mortgage Specialist** David.VanderleeCD@bmo.com M 250.217.5833 250.727.6920

BMO Bank of Montreal 4470 West Saanich Rd. Victoria, BC

• CELEBRATING 76 YEARS PROVIDING RCN NEWS •

Volume 64 Number 15 | April 15, 2019

newspaper.com MARPAC NEWS CFB Esquimalt, Victoria, B.C.







your cleaning needs during ongoing MOLLY MAID service, deployment and relocation.



paula.whitehorn@mollymaid.ca

VIBRANT UPTOWN LIVING STUDIO & 2 BEDROOM **RENTAL SUITES**

NOW 70% LEASED! VERVEVICTORIA.COM

VERVE

Fountain Tire NVISION



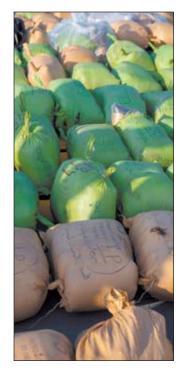
fountaintire.com





OPERATION ARTEMIS:

HMCS Regina makes first drug bust



HMCS Regina seized 2,569 kilograms of hashish while deployed in the Indian Ocean as part of Operation Artemis.

Lt(N) Rob Davenport HMCS Weapons Officer

On April 7, *Regina* boarded an unregistered dhow (local fishing vessel) in the Arabian Sea sailing on the "Hash Highway" – a known smuggling route in the Indian Ocean.

The boarding led to *Regina's* first drug bust of Operation Artemis 2019, seizing more than 2,500 kilograms of hashish. By intercepting the drugs at their source, *Regina* is reducing the flow of illegal narcotics and money into the hands of organized crime and terrorist groups.

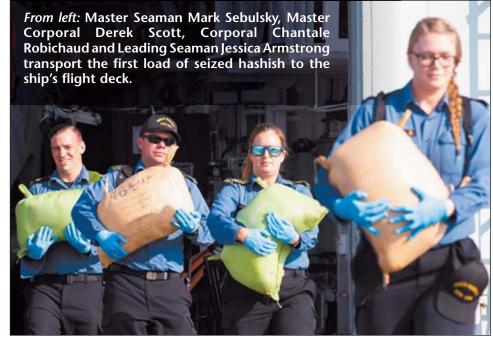
Regina, working under Canadian-led Combined Task Force (CTF) 150, is operating in the Arabian Sea as part of a 33-nation coalition known as Combined Maritime Forces. The mission: counter-terrorism and maritime security operations aimed at intercepting the smuggling of illicit goods, including narcotics, which fund terrorist networks. The illegal narcotics flow from the Makran Coast to Yemen and Africa, some of which are eventually destined for Europe and

North America.

At first glance, seizing and destroying drugs appears to accomplish the objective; however, the situation in the Indian Ocean is far more complicated. The people who transport these illegal narcotics are not evil actors of organized crime or

terrorists. They don't resist being boarded, nor do they interfere with the boarding team during a search of the vessel. The crew are typically fishermen, taking a lucrative opportunity to transport cargo to support their families due to poverty and instability in their home regions.

Although it's imperative for ships under the command of CTF 150 to stop the flow of illicit narcotics and money through the Arabian Sea and Indian Ocean, it is equally important to ensure that these fishermen can return to their legitimate livelihoods. In order to accomplish this, we do not confiscate their



Photos by MCpl PJ Letourneau, Canadian Forces Combat Camera

vessels, and any damages made during searches are repaired prior to departing.

Regina supplied bottled water and fruit to the crew, who have often been at sea for long periods of time.

The Naval Tactical Operating Group team leader sums it up best.

"My team and I are all sailors and our team's priority when visiting these ships is the safety and welfare of the sailors we encounter, drugs being there or not. In order to effectively deter and disrupt the flow of narcotics that is funding terrorism, it is just as important for us to build trust with the people who are being exploited by those same actors who wish to do us harm. We are all trained and prepared for a worst-case scenario but treating the crew with dignity and respect makes our job easier and safer for everyone involved."

This mission has had a direct impact on the lives of Canadians and our Allies, as these drugs are often bound for use in our own cities and are closely linked to organized crime networks around the world.

Once embarked in *Regina*, the drugs were inventoried, weighed, and then destroyed by members of the ship's company.





Commemorate the Battle of the Atlantic with this special all ranks Mess Dinner.

Come recognize the combined sacrifice of Second World War sailors and aviators.

Tickets Going Fast! Don't Delay! Thursday May 2, 2019
CFB Esquimalt's Naden Wardroom
Meet and Greet: 1830hrs
Dinner: 1900hrs

Mess Members should contact their mess for pricing. Tickets for mess members are available for purchase at each respective mess from April 15-29.

*\$65 for Veterans and Non Mess Members

*tickets available for purchase only between April 25-29.

Dress: N2 (Mess Dress)

For those who do not have a Mess Dress, the dress will be N2B (Mess Service Dress).

TRAIN FOR COMBINED TASK FORCE 150 **SLt Jonathan Fields** the Seychelles Coast Guard embarking Regina to conduct **HMCS Regina**

While at anchor just outside Port Victoria, Seychelles, HMCS Regina was joined by key personnel from Canadianled Combined Task Force 150 and a CP 140 Aurora in preparation for Operation Artemis. This is the patrol portion of Regina's six-month deployment.

While at anchor, departments conducted inter-agency training with the Seychellois Air Force and Coast Guard members; this was a key opportunity for cross-nation integration, training and diplomacy, creating the ground work for future Royal Canadian Navy operations in the region.

One opportunity involved

naval boarding party training with the embarked Naval Tactical Operating Group. The expect from local seafarers training included team movement drills from the flight deck to the bridge, and use of force training with simunition (Close Engagement Ammunition Simulation System) in various locations onboard.

Personnel also conducted controlled handling and searching techniques in the supplies purchased with a hangar. In preparation for donation from Boomer's Regina's upcoming Artemis Legacy Foundation to a local patrols, the embedded NCIS orphanage called President's agent assisted the two teams with practical skills and general knowledge of the region. that people are willing to

the boarding party on what to ficult family backgrounds,"

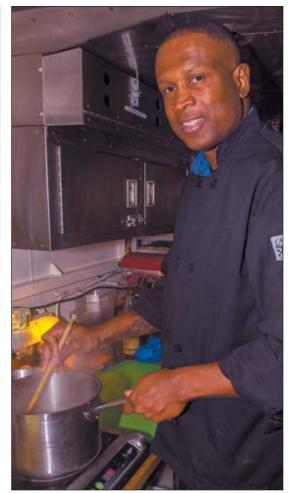
during the upcoming months while deployed in the region.

Charity Work

While in the Seychelles, Regina's crew took personal time to contribute to charity work. Many sailors assembled and delivered shoeboxes filled with school Village.

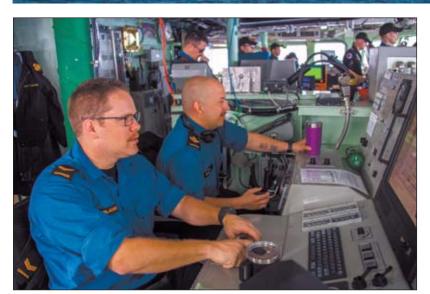
"It leaves me encouraged The Coast Guard advised embrace children from difsaid Padre Hodson. "Their focus is to invest into the children to help them stand on their own two feet when they leave the Village. I was also encouraged to see how the group of 16 from HMCS Regina were willing to give up their time during a short port visit to assist with this community outreach."

The visit at the orphanage was reported on the local evening news broadcast, which will help strengthen the bond between Canada and the local community in this small East African country.



Petty Officer Second Class Gordon Durham prepares a special meal for the ship's commanding officer while in Changi Naval Base in Singapore.

> Photos by Corporal Stuart Evans, **BORDEN** Imaging Services



Leading Seaman Russell Blackburn (left) and Master Seaman Brodie Burnell (right) steer the ship during a Replenishment at Sea with NRU Asterix.





mattersofOPINION

WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372 melissa.atkinson@forces.gc.ca

STAFF WRITERS

Peter Mallett 250-363-3130 peter.mallett@forces.gc.ca

PRODUCTION

Teresa Laird 250-363-8033 production@lookoutnewspaper.com Bill Cochrane 250-363-8033 workstation3@lookoutnewspaper.com

ACCOUNTS/CLASSIFIEDS/RECEPTION

250-363-3372

SALES REPRESENTATIVES

Ivan Groth 250-363-3133 ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602 joshua.buck@forces.gc.ca

EDITORIAL ADVISORS

Capt Jenn Jackson 250-363-4006 Katelyn Moores 250-363-7060

Published each Monday, under the authority of Capt(N) Jason Boyd, Base Commander.

Le LOOKOUT est publié tous les lundi, sous l'égide du Capt(N) Jason Boyd, Commandant de la Base.

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in PSP Policy Manual. Views and opinions expressed are not necessarily those of the Department of National Polence.

Le Rédacteur se réserve le droit de modifier, de condenser ou de rejeter les articles, photographies, ou annonces plublicitaires pour adhérer Manuel des politiques des PSP. Les opinions et annonces exprimées dans le journal ne réflètent pas nécéssairement le point de vue du MDN.



Circulation - 3,800 plus 1,000 pdf downloads per week

Follow us on Facebook, Twitter and Instagram and join our growing social media community.

A Division of Personnel Support Programs CFB Esquimalt, PO Box 17000 Stn. Forces, Victoria, BC V9A 7N2

Web: www.lookoutnewspaper.com Fax: 250-363-3015 Canadian Mail Product Sales Agreement 40063331







WHAT SAY YOU

People Talk

Lookout asked this question:

If you had a chance to appear on the television show The Amazing Race who would you choose as your partner and why?



I would want to do the Amazing Race with my Serious Coffee business partner Ken Gustafson because he is incredibly smart, thinks critically, always seems to know the best way to do things, and would be the right person to survive the competition with me.

Laura Barnes, Owner Esquimalt and Naden Serious Coffee



My wife Christie because we always watch the show and try to figure out how we would overcome all the challenges on the show. I think we would work well together and excel at the physical and mental challenges that come up during the show.

Warrant Officer Dan Bodden, Regional Cadet Support Unit



I would certainly select Captain Jacqueline Zweng of the Wounded Warriors run team because we both survived breast cancer and we would be unstoppable. Our team motto is: If you are not busy living life well, you are dying, and I think this philosophy would certainly apply to The Amazing Race.

Private (Retired)
Jackie Cummings



My ex-wife Debbie because she is aggressive and determined at carrying out her goals, has no fear and is always driven to win. We previously applied to be on the show and made it to the third stage of qualifying, which was very exciting but unfortunately we didn't make it.

Chief Petty Officer Second Class, Eric Meredith



Olympic hockey star Hayley Wickenheiser, who I recently had the pleasure of meeting in Vancouver. I would team up well with her because we are the same age and she is brilliant as both an athlete, leader and community advocate, and is incredibly down-to-earth and realistic.

Captain Jacqueline Zweng, Regional Cadet Support Unit



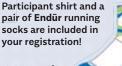
Members of the Wounded Warrior Run BC team present a certificate of appreciation and signed thank-you card to the CFB Esquimalt Serious Coffee team in Nelles Block on April 9. The congratulations were in order after the Vancouver Island coffee chain raised \$5,720 towards this year's fundraising campaign; most of the donations came from the Serious Coffee at Nelles Block. That money was part of the \$122,000 total funds raised by this year's run team, which will be used to fund life-changing, evidence-informed programs to support Canada's Veterans, First Responders and their families affected by Operational Stress Injuries, such as PTSD. Back Row: (left) CWO Mark Dankwerth; Susan Marcotte, Wounded Warriors Run BC Director; Capt Jacqueline Zweng; CPO2 (Retired) Eric Meredith; Jackie Cummings; WO Dan Bodden; Serious Coffee employees Roberta McBride and Rachel Wilson, and Serious Coffee co-owner Laura Barnes. Front Row: PO2 (Retired) Stephane Marcotte and his support dog Sarge.

Photo by John Penner/John's Photography



5K, IOK, Pole Walking & Kids Fun Run SATURDAY, JUNE 15, 2019
Register at www.navyrunesquimalt.com





0 endūr

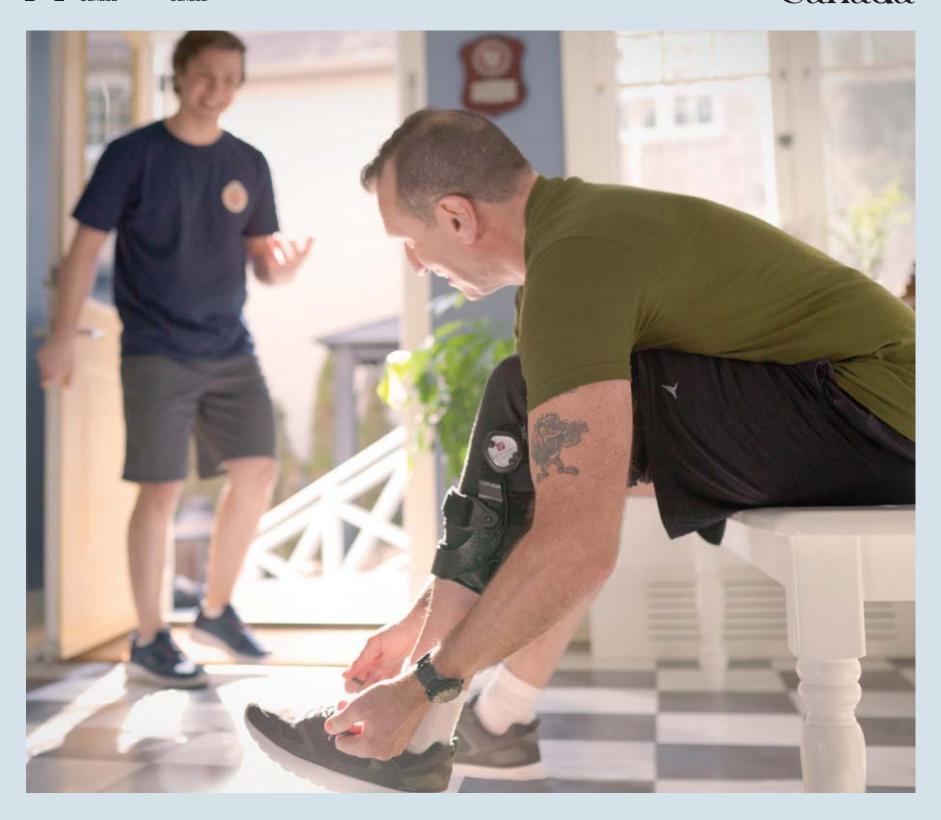


babcock^{*}



Veterans Affairs Canada Anciens Combattants Canada

Canadä



PENSION FOR LIFE FOR VETERANS WITH SERVICE-RELATED INJURY OR ILLNESS

The new Pension for Life helps you transition to life after service with the recognition and income support you need.

Learn more: **veterans.gc.ca/pensionforlife** 1-866-522-2122

PENSION À VIE POUR LES VÉTÉRANS ATTEINTS D'UNE BLESSURE OU D'UNE MALADIE LIÉE AU SERVICE

La nouvelle pension à vie vous aide à faire la transition à la vie après le service grâce à la reconnaissance et au soutien du revenu dont vous avez besoin.

Apprenez-en plus : **veterans.gc.ca/pensionavie** 1-866-522-2022

Sailor takes novel approach to writing

Peter Mallett Staff Writer

A young sailor says he is pleasantly surprised with the reaction, sales, and the hopefully uproarious laughter being generated by his first-ever novel.

Ordinary Seaman Logan J. Hunder works as a Naval Communicator aboard HMCS Vancouver, and is also the author of Witches Be Crazy, a quirky paperback novel that has developed a cult following.

It is best described as one-part fantasy and two-parts comedy. He says his book is a deliberate Murphy's Law-style comedic attack on the classic medieval quest story where everything can and will go wrong.

He began writing Witches Be Crazy in 2014 after completing a degree in Criminal Justice at Camosun College. After its release in 2015, OS Hunder has been attracting a loyal following and receiving mostly favourable reviews. He also admits he never anticipated his writing would ever be published.

"The book was my first attempt at a real writing project, and I wasn't sure if anything was going to come of it. When I was in college, I was completely focused on my studies and by the end I was sick of the rigid structure of academic papers, so I eventually turned to creative writing as an outlet. I thought I would just put my writing in a binder and show it to the odd friend and that was about it."

Before putting his novel into storage, OS Hunder decided to shop it around with the hope of finding an agent and publisher. He did.

The book was released last summer by San Francisco-based Skyhorse Publishing. His farcical fantasy novel has already surpassed sales of 2,500 copies and is now going into its second printing.

The story takes place in the mythical Kingdom of Jenair and focuses on a king who has fallen ill and his daughter who is ready to replace him. A cast of well-meaning but bumbling hopefuls join the quest to wed the young princess and are oblivious to the reality that she is nothing short of evil. The readers are introduced to several other characters who also fall well short of meeting archetypical expectations, including Sir Lee, a highly confused Knight, and Rainchild, a spiteful dark wizard.

OS Hunder says he leaned heavily on his experiences of playing Dungeons and Dragons and quest-style video

games like World of Warcraft in writing Witches Be Crazy. He says he also leaned heavily on the comedic genius of films such as Monty Python and the Holy Grail and Shaun of The Dead.

"All of my chapters and passages take comedic turns. In comedy anything unexpected or absurd can happen and you feel less bad if you pull something out of left field than if it's a straight-laced quest story."

He admits online reviews reveal one truth about his writing in that, "You either love it or hate it."

Reviews on the website Goodreads. com are largely favourable with one reader declaring Witches Be Crazy as the "perfect choice" that "delivers total entertainment." A few other reviews were not so flattering, with one reader criticizing his work saying it "felt very lazy and stereotypical".

Instead of dwelling on the successes, and criticisms, of his first book, he went to work on a second novel entitled Astro-Nuts, which was released April 2 of this year. Astro-Nuts takes a healthy swipe at the science fiction genre. It follows a space delivery ship and its widely-despised captain, as it mines and ships rocks back and forth between an asteroid belt and the

OS Hunder is now shifting gears to a third book, a paperback that will satirize the murder mystery genre.

He joined the navy 18 months ago and says he is keeping alive his family's naval tradition by sailing aboard Vancouver. His father, Chief Petty Officer Second Class (Retired) Glen Hunder served aboard multiple Royal Canadian Navy warships during his 38-year military career, but Vancouver was his last ship when he retired.

So far, his son is enjoying the challenges of working aboard a Canadian warship and what it offers.

"You come to work every single day and you never know what is going to happen," said OS Hunder. "You could be doing specialized training or an honest day's labour, but you get to interface with all sorts of people from different places across Canada and around the world. It helps my evolution as a writer as there is a camaraderie and bond in the military that you don't find in a lot of other jobs."





NOVICE & TRAFFIC PROGRAMS

EXPERIENCED RIDER COURSES

ICBC CERTIFIED **COURSE**

250-478-9584 www.visafetycouncil.com

Acoustics symposium shifts to West Coast

Peter Mallett Staff Writer

Over 200 military acoustics experts from across Canada converged on CFB Esquimalt last week for the 2019 Maritime Acoustics Symposium.

The biannual symposium is traditionally held at CFB Halifax, but this year saw the first-ever shift to the west coast with Canadian Fleet Pacific (CANFLTPAC) hosting the event at dockyard's Maritime Forces Pacific (MARPAC) headquarters April 8 to 12.

Introductory remarks were made by Commodore Angus Topshee, Commander CANFLTPAC.

This year's symposium theme was Regeneration of Anti-Submarine Warfare Through Reconnection, with the week's discussions including all components that comprise Anti-Submarine

Approximately 25 presenters spoke to the group and led discussions on various topics.

Event organizer, Petty Officer Second Class Laurendeau, Staff Line Officer Underwater Warfare CANFLTPAC, says a key area the symposium focussed on was ways Sonar operators and other military members can better assimilate with the CH-148 Cyclone helicopter.

"Personnel focussed on acoustics in Canada's military normally work within their own separate silos, so this reconnection through the symposium enables us to better understand how our ships and sub-surface vessels work with our new helicopters and properly use sensors and acoustics equipment," said CPO2 Laurendeau.

Formation Chief, and former Sonar Operator, Chief Petty

Officer First Class David Steeves led the second day of the symposium with a discussion about the fleet and the importance of acoustic-based intelligence gathering.

The week-long event also included a little fun and friendly competition. Sonar Operators from HMC Ships Winnipeg, Ottawa, Calgary, and Vancouver, HMC Submarines Victoria and Chicoutimi, MARPAC, and Canadian Joint Operations Command participated in the Petty Officer Gailand Guptill Memorial Competition.

The competition was led by PO1 Champion and took place at Naval Fleet School Pacific. It featured three tests to evaluate sonar operators' capabilities in acoustics analysis, submarine detection and tracking, weapons systems and trade cohesion, awarding prizes in both the team and individual categories. PO1 Champion was the coordinator for the competition and his sole focus was towards rebuilding fleet esprit de corps while rejuvenating the Anti-Submarine Warfare skills that is not frequently on display.

"The yearly event is designed to push the limits of each operator while intertwining the submarine community with that of the fleet units," said Chief Laurendeau.

The winning team for this year's competition, 'The Misfits', were presented with their award by CPO1 Steeves during the final event of the symposium on April 12. The winners included five crew members from HMCS Calgary: Master Seaman Joshua Joyce, Leading Seaman Brendon Prevost, LS Michael Abbott Abbott, LS Andrey Shchedrin, and Able Seaman Arujo. The other two winners were Master Seaman Maxwell Tulloch from HMCS Victoria and Able Seaman Roy of HMCS Chicoutimi.



Bid to rename Bay Street Armoury launched

Peter Mallett Staff Writer

Two advisory groups of the Bay Street Armoury have made a formal request to rename the National Historic Site in honour of General Sir Arthur Currie.

The name-change application was submitted to the federal government branch responsible for name changes to federal buildings, the Ministry of Environment and Climate Change, in late March. The application came from members of the 5th B.C. Field Regiment Royal Canadian Artillery Foundation and The Canadian Scottish Regiment (Princess Mary's) Board of Regimental Trustees.

Retired Brigadier-General Mike Heppell, a member of the regimental trustees, is spearheading the call to rename the armoury and says he is doing his best to inform the community about the reasoning behind the name change.

"The thinking behind our motion is to have such a unique and historic building named after a prominent military leader synonymous with Victoria, instead of being named after a street," said Heppell. "Currie was a local reserve military commander who went off to the First World War, was appointed to command large formations, had a very analytical mind and never lost a battle."

Currie rose through the ranks during his military career, starting out as a pre-war reservist gunner in the Canadian militia in 1897 while he worked as both a teacher and businessman. Commissioned as an officer in 1900, he commanded the newlycreated 50th Regiment Gordon Highlanders in 1913 and was later appointed Commander of the 2nd Canadian Brigade when war broke out in Europe.

Ironically, it was Currie himself who was opposed to the construction of the armoury while he was Commanding Officer, 5th (BC) Artillery Regiment; instead, he wanted a much larger facility than what had been proposed. The two pre-war regiments commanded by Currie, 5th (BC) Brigade and 50th Gordon Highlanders, are a part of the lineage of the two Reserve Army units that have occupied the Bay Street Armoury since its construction.

Originally called the Bay Street Drill Hall, the facility was completed in 1915 to provide training for local militia units of the First World War. Featuring 19th Century Tudor Revival features in its design, the armory resembles a medieval castle with its outer defensive walls pierced by massive doors guarded with twin towers and a portcullis.

Heppell served as Commanding Officer, The Canadian Scottish during the 1970s and is also a former Victoria Fire Department Chief. He emphasized the namechange request is still in its early stages and there is no indication of when or if a name change might occur.

"We are informing the public about our application and need their support and want to make sure the information is out there," said Heppell.

The two advisory groups are made up of former commanding officers, veterans and members of the community. Aside from running the armory's two museums and maintaining historical assets, they provide advice to Commanding Officers of both units on historical traditions of their respective units.



"THE THINKING BEHIND OUR MOTION IS TO HAVE SUCH A UNIQUE AND HISTORIC BUILDING NAMED AFTER A PROMINENT MILITARY LEADER SYNONYMOUS WITH VICTORIA, INSTEAD OF BEING NAMED AFTER A STREET. CURRIE WAS A LOCAL RESERVE MILITARY COMMANDER WHO WENT OFF TO THE FIRST WORLD WAR, WAS APPOINTED TO COMMAND LARGE FORMATIONS, HAD A VERY ANALYTICAL MIND AND NEVER LOST A BATTLE."

- RETIRED BRIGADIER-GENERAL MIKE HEPPELL











MLS 406672

\$749,000

44-909 Admirals Rd. Exquisite 2 bdrm, 2 bath townhouse with mountain & ocean views from 3 balconies, 1,492 sq ft., heated single-car garage. Large kitchen with granite counters, brand-new soft close cabinetry, built-in

wine rack, & high-end appliances. Soaker tub, fireplace, walk-in closets Solid wood shutter blinds on all windows & balcony doors

\$624,900

17-909 Admirals Rd. Charming 2 bdrm 2 bath 1,553 sq ft townhouse with renos throughout! Completel reno'd large kitchen has quartz counters, ceramic tile backsplash, & new cabinetry. Living room features electric

fireplace & oak hardwood floors To view, call Andrew Hrushowy:





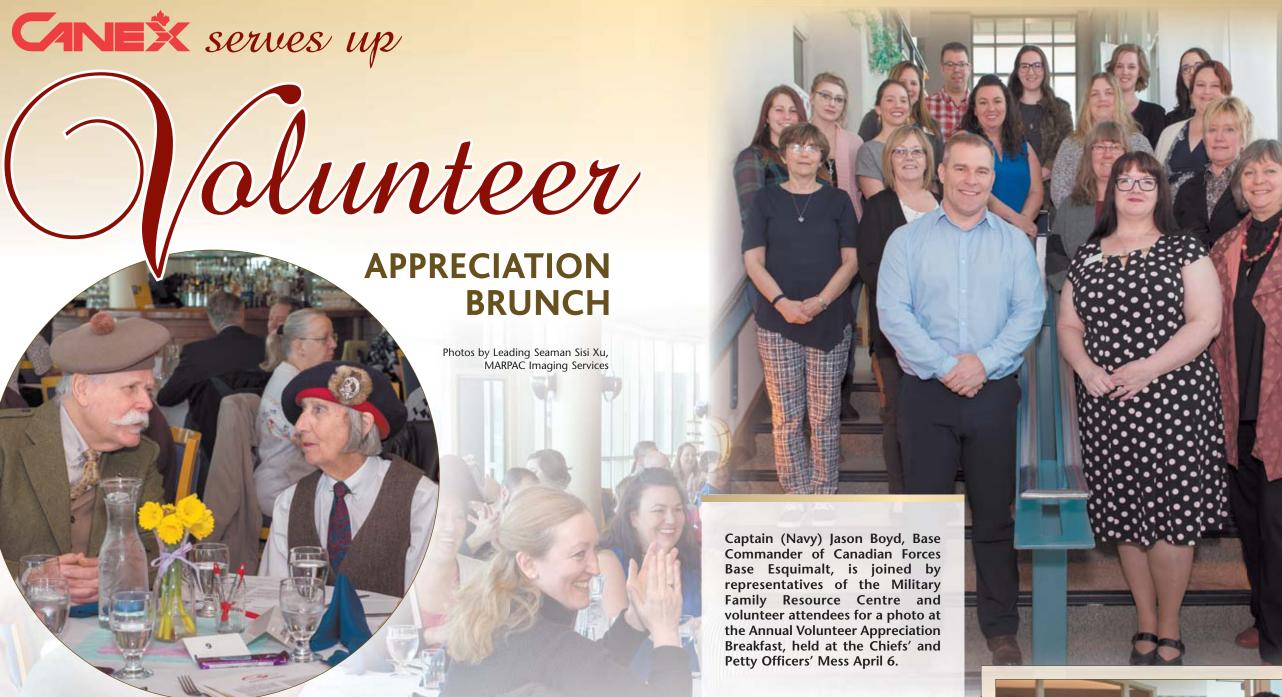
Web Tech & Digital Marketing **Graphic Design & Branding Fundamentals**

Full-time semesters Spring, Fall, and Winter

Part-time, and accelerated formats start anytime Upgrade your tech and/or business skills with custom



250.298.5059 | info@gcollege.com QCollege.com



Volunteer attendees chat at the start of the event.



Volunteer attendees help themselves to a complementary breakfast.

THOUSANDNINE HUNDRED & FIFTY 4,950.00

Sara Johnson (left), CANEX Manager, and David Rothermund (right), Senior Manager Personnel Support Programs, present a cheque from CANEX to sponsor the Annual Volunteer Appreciation Banquet.









DINNINGHUNTER JACKSON LAW Dan Murphy, RAdm (Ret'd) Lawyer with a Military Perspective 250.589.4571

Grievances • Service Discipline • Notary Pension Appeal • Criminal Defence • General Practice danmurphy@dinninghunter.com • www.danmurphy.ca







Ask me about the

E: steeve@barneshd.com / 250-516-2024 P: 250-475-1345 W: www.barneshdvictoria.com A: 2940 Ed Nixon Tce, Victoria







"Ex Military Serving the Military"

GARY CHAMBERS 1-902-452-2061 Gary.Chambers@c21.ca

LEE COLEY 1-902-402-6686 Lee.Coley@c21.ca



Helping constituents with Federal government programs and services.



Randall Garrison, MP **ESQUIMALT-SAANICH-SOOKE**

2904 Tillicum Road, Victoria Monday-Thursday, 10am-4pm 250-405-6550

Randall.Garrison@parl.gc.ca www.randallgarrison.ndp.ca

OPERATION PALACI COMES TO A CLOSE

"Parks Canada would like to thank this year's troops from the 1st Regiment, Royal Canadian Horse Artillery, who contributed to another successful season of Operation Palaci. Parks Canada and the Canadian Armed Forces have collaborated since 1961 on the world's largest mobile avalanche control program. This work is vital in keeping the major transportation corridor open through Glacier National Park in winter."

Nicholas Irving, Superintendent, Mount Revelstoke and Glacier national parks



Right to left: MBdr Lefave, Gnr Kostenchuck, Gnr Hammond, Bdr Pashe, Gnr Lacsamana, MBdr Ribeiro, Bdr Pizunski, MWO Lenius, LT Burrell, Cpl Gagnon, Sgt Gingras, MBdr Hilbich, Bdr Delongchamp, Bdr Rockwell, Gnr Timm, Gnr Hall, and Bdr Ferguson.

Ashley Materi

3rd Canadian Division Public Affairs

Operation Palaci, the combined military and Parks Canada effort to keep Roger's Pass open during the winter, has come to a close.

This year, members of the 17 Royal Canadian Artillery fired 400 rounds from 16 gun posi-

tions that marked 134 different avalanche paths and approximately 270 artillery targets.

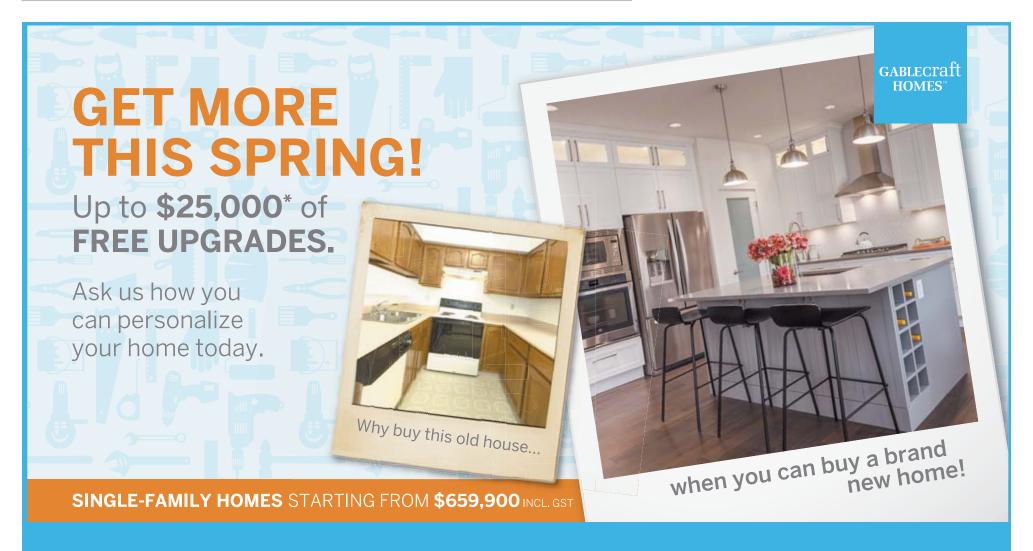
"I'm very proud of the troop for the work that they have done," said Lieutenant Jermaine Burrell, troop commander. "This was a great learning opportunity for junior artillery officers in one of the most beautiful landscapes in the world."

The avalanche control program required two rotations of approximately 17 Royal Canadian Artillery members, 12 Parks Canada avalanche forecasters and technicians, and visitor safety staff, two Parks Canada Law Enforcement Officers, and Parks Canada highway staff.

Each day, approximately 3,000 vehicles make the journey through Rogers Pass in B.C., connecting Canadians and visitors to the cold-weather splendours offered in Glacier National Park and beyond. This historic travel corridor through the Columbia Mountains receives, on average, 10 meters (32.5 feet) of snow at tree line each year. Road conditions can quickly become treacherous in inclement weather, and avalanches that reach the Trans-Canada Highway create chokepoints for thousands of vehicles and dozens of freight trains.

In partnership with Parks Canada, military gunners from all over Canada come together during Operation Palaci to conduct avalanche control using C3 105mm Howitzers with meticulously planned artillery strikes. Running annually since 1961, it is the longest-running Canadian Forces operation, domestic or expeditionary, in Canadian history.

"The operation is vital in keeping one of Canada's main transport and travel arteries opened during the winter months," says Captain Nelson Bath, the Joint Task Force Pacific officer responsible for overseeing the operation. "The use of howitzers is one of the primary options for avalanche control in Rogers Pass. Due to the extreme nature and location of the trigger points for the avalanche paths, no other system on its own, has been found to function reliably to ensure the safety of the Trans-Canada highway and its travelers."



GableCraft HomeStore

3549 RYDER HESJEDAL WAY | COLWOOD, BC

Monday to Thursday 2 to 8pm Closed Friday Sat, Sun & Holidays Noon to 5pm



778.265.8350

GableCraftHomes.ca/RoyalBay

Pricing, availability, features, exterior and promotion (if available) may change without notice. Photos and enderings may not reflect actual final product. The developer reserves the right to make changes to the information contained herein, Please see our sales representative for full details, E. &. O. E.

*Selected models or selected lots on



Recycling bin to aid MFRC

nience store in Colwood. Proceeds from donations will go to support

Peter Mallett Staff Writer

It's big, its blue and it needs some bottles and cans from you.

the MFRC's deployment programs.

A new community donation bin for returnable beverage containers at the CANEX Expressmart in Colwood has been established to benefit the Esquimalt Military Family Resource Centre (MFRC).

Recycling firm The Bottle Depot donated a bin and has agreed to collect and sort the drink containers on behalf of the MFRC, with 50 per

cent of proceeds going to the non-profit organization's Deployment Respite Childcare.

"It is wonderful to be involved in this latest project with the MFRC because Bottle Depot is all about connecting with the community and that is what are always striving to do," said Kelly Gorman, Operations Manager at Bottle Depot.

Each bin holds approximately 1,000 beverage containers, which she said can be worth approximately \$100.

Lisa Church, MFRC

Community Engagement Manager, says the unique fundraising initiative couldn't have happened without the help of CANEX Esquimalt manager Sara Johnson.

"This is a wonderful community partnership that will assist the MFRC with desperately needed cash to help run its deployment programs," said Church.

For more information about the MFRC, its programs and how to donate visit their website at esquimaltmfrc.com. Plus don't forget to drop off your recyclables!



Ask about BG Protection Plan*

- Out of Province Inspection
- Diesel Fuel Service Brake service
- Electrical



Where Dependability and Trust are a Priority...



Winner 2014 2nd PLACE"





WALKER

784 Fairview Rd. • 250-383-5509 • tracksideautoservice.ca



SCHOLARSHIPS FOR MILITARY AND VETERANS.*

WWW.SPROTTSHAW.COM VICTORIA: 250-384-8121



selfstorage.ca

✓ Individually alarmed lockers ✓ Easy monthly rentals √ Heated lockers ✓ Easy access

1621 Island Highway, 250-478-8767



WWW.LOOKOUTNEWSPAPER.COM







Naval Fleet School Pacific (NFS(P)) MARTECH Graduation

Photo by MS Billanes, NFS (P)

Lieutenant Commander Eric Poulin, Engineering Division Commander of Naval Fleet School Pacific, presented certificates during the Marine Technician RQOS course ceremony on April 9.



OS Charest receives a Certificate of Completion.



OS Dadds receives a Certificate of Completion.



OS Dobson receives a Certificate of Completion.



AB Forbes receives a Certificate of Completion.



OS Gund receives a Certificate of Completion.



OS Holmes receives a Certificate of Completion.



OS Houle receives a Certificate of Completion.



OS Jones receives a Certificate of Completion.



OS Malley receives a Certificate of Completion.



OS Nassif receives a Certificate of Completion.



OS Nava receives a Certificate of Completion.



OS Vendersleyen receives a Certificate of Completion.



cast Land

LCdr Eric Poulin, MSE Division Commander, and CPO2 Robert Eadie, MARTECH OCC Advisor (West), promote Able Seaman Vendersleyen to his current rank.



OS Gund receives the Top Performance award.

Share your story as part of BATTLE OF ATLANTIC

commemorations!

Members are encouraged to reach out to schools and community organizations and offer to speak about the Battle of the Atlantic and their experiences as members of the Canadian Armed Forces during the week of April 28 - May 4.

Volunteers should seek Chain of Command permission before reaching out.

A generic Battle of The Atlantic presentation will be made available in a folder on the K: drive.

Questions can be directed to CPO1 Miller at Michael.Miller8@forces.gc.ca

Naval Fleet School Pacific

MARTECH Awards and Promotions

Photo by MS Billanes, NFS (P)



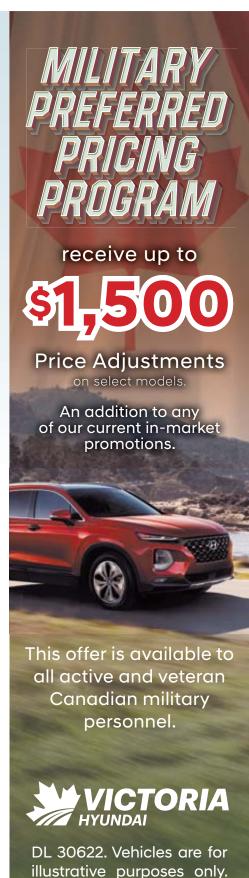
LCdr Eric Poulin, MSE Division Commander, and CPO2 Robert Eadie, MARTECH OCC Advisor (West), promote Able Seaman Houle to his current rank.



LCdr Eric Poulin, MSE Division Commander, and CPO2 Robert Eadie, MARTECH OCC Advisor (West), promote Able Seaman Nava to his current rank.



OS Dobson receives the Top Student award.



illustrative purposes only. All vehicles were available at time of print. Prices and payments are plus tax. All dealer rebates, discounts, factory incentives, prices, and interest rates are subject to change or end without notice as new retail incentive programs are announced. Up to \$1000 in discounts and rebates available on in stock 2019 Santa Fe XL models. Up to \$500 in rebates also available on the 2019 Santa Fe XL. In order to qualify for a total of up to \$1500 in discounts and rebates an official military id must be presented. Offers run from March 19 2019 to September 19 2019.



HMCS Malahat Awards and Promotions

HMCS Malahat conducted its Annual Ceremonial Divisions and Awards Ceremony to mark the end of another successful training year. Presided over by Reviewing Officer Captain (N) Patrick Montgomery, Malahat formally recognized individual members who have accomplished significant personal and professional achievements over the year.



LS Meachem is presented the Captain A/SLt Stephenson is presented the Jackson Trophy by Cdr Walker. It is given to the most outstanding junior member (any trade) based on performance, attendance and character.



Captain D. Garrard Memorial Trophy by Cdr Walker. It is given to the most improved NCdt/A/SLt, based on performance, attendance and proficiency.



White Twist Book Award by Capt(N) Montgomery. It is given to an outstanding junior officer (A/SLt/SLt).



A/SLt Croain-Poulette is presented the MS Forde is presented with the Coxswain's Memorial Trophy by CPO2 van Akker. It is given to the Junior NCM in the unit who possesses the best potential to become Coxswain.



Captain G.A.V. Thomson Trophy by the most outstanding New Entry, and character.



NCdt Heshmat is presented the Lt(N) McGrath is presented the Victoria College Trophy by Capt(N) Capt(N) Montgomery. It is given to Montgomery. It is given to the most outstanding junior officer (SLt / Lt(N), based on performance, attendance based on performance, leadership and proficiency.



Lt(N) Whitney is presented with the NCdt Forry is presented with the Naval Association of Vancouver Island Sword by Cdr (Retired) Hughes. It is presented to an officer that best exemplifies the overall leadership qualities expected of his/her rank and who represented Malahat throughout the year in an outstanding manner.



Commander Clerihue Scholarship by Capt(N) Montgomery. Cdr Clerihue was Commander Officer of HMCS Malahat between 1998 to 2000. When she finished her command, her gift to the unit was an annual scholarship for a deserving member of the ship's company.



PO2 Lindholm accepts the Chief Petty PO2 Flagg accepts the Wardroom the image of HMCS Malahat and the mance, proficiency and leadership. Naval Reserve to the public.



Officer Burch Trophy from CPO2 van Trophy from LCdr Miller on behalf of Akker on behalf of PO2 McInnis, who PO2 Lewis, who received the award. received the award. It is given to the It is given to the most outstanding person in the unit who best promotes Chief/Petty Officer, based on perfor-

THINKING REAL ESTATE?



"WITH 10 YEARS OF MILITARY SERVICE WE WANT TO GIVE **OUR MEMBERS A SERVICE** THEY DESERVE"





Email your Free Word Classified to melissa.atkinson@forces.gc.ca

MISCELLANEOUS

INTERESTED IN JOINING A coffee/social group for military veterans and military in Cowichan Valley? For info contact Bob Hedley on Facebook. The intention of the group is to meet-up with other veterans and present serving members to exchange stories and facilitate fun get-togethers. FB Group: Cowichan Valley Coffee.

HELP WANTED

LOCAL SWIMMING POOL & SPA COMPANY IS SEEKING A PART-TIME **SERVICE PERSON FOR THE SEASON**

Experience preferred but not essential. Must have own vehicle, good trouble-shooting and basic repair skills and be able to work independently.

Please reply by email to mark@deshaw.ca

Now Hiring

Team Members Wanted!

There's a position and shift to fit your schedule. Overnights, early mornings, evenings full time and part time. Let us know what you are looking for. Growth opportunities – build your career with us. Fun and fast-paced environment. Benefits offered after 6 months of employment.

Wage starts \$12.85/hr part time and \$13.15/hr for fulltime. Graveyard rate \$16 Apply in person at 1820 Island Hwy

Victoria BC or email your resume to sbmcholdings@yahoo.ca

Tim Hortons

Lookout Classifieds Work. 250-363-3127

MARTIAL ARTS

Adult Self Defence Classes

Now in Cook Street!

GENBUKAN HAND TO HAND **COMBAT SCHOOL Cook Street Activity Centre**

480 Cook St. Classes available year round.

vww.genbukan.black

250 889 8807

REAL ESTATE FOR SALE

\$749,900 - 44-909 ADMIRALS RD

2 bedroom townhouse features luxurious renovations, ocean views, & private access with a heated single-car garage. A unique layout for this spacious unit, featuring over 1,400 sqft of vinyl plank flooring. Large kitchen updated with granite counters, brand-new soft close cabinetry, built in wine-rack, tile backsplash, & high-end appliances. Master features a well-organized walk-in closet & 4 pc en suite bath-room. Ocean views from 1 of 3 balconies or cozy up by the living room fireplace. MLS® 406672



Elegant, energy-efficient 2590 sq ft townhouse on the Halifax

peninsula offers magnificent harbour views! All new appliances, 3 bdrms, master ensuite with walkthrough closet. Hardwood & ceramic tile floors, granite & quartz countertops, soaker tub, walkout finished basement to private fenced back yard. Attached garage.

Buyer's Agent 2.5%

Call 902-412-7407 or email: aiden@aidenholden.com

3871montblancterrace.wixsite.com/halifax

PET HELP

RESCUE CATS AND KITTENS, as well as special-needs / senior rescue kitties, looking for permanent and foster homes. Please call 250-881-1112 if you can help.

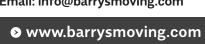
MOVING & STORAGE



Award-winning service you can trust!

Phone: 250-475-0022 Toll Free: 1-877-475-0022

Email: info@barrysmoving.com





FOR SALE

FORMER MILITARY/CIVILIAN test pilot selling four flight suits: two orange USN style Nomex suits, one Nomex blue suit, one U.S. army style khaki suit. All in good condition. \$50 each OBO. Email lesbeteast@hotmail.com.

MEN'S SCARLET ARMY MESS KIT. Fits 5'9" 160 lb. 250-592-3809.

MORTGAGE CONSULTANT



BMO

David Vanderlee, CD, BA **Canadian Defence Community Banking Manager** Mortgage Specialist

David.VanderleeCD@bmo.com M 250.217.5833 F 250.727.6920

BMO Bank of Montreal, 4470 West Saanich Rd, Victoria, BC

REAL ESTATE FOR SALE

\$624,900 - 17-909 ADMIRALS RD

Located In the quiet complex of Admirals Gate, this charming 2-bedroom townhouse features renovations throughout! Completely renovated large kitchen; living room with an electric fireplace & oak hardwood floors overlooks the garden patio. Master bedroom offers a huge walk-in closet & 3 pc renovated en-suite bathroom. Bonus: single-car garage with access directly into the kitchen! MLS® 406666

APARTMENT WANTED

MATURE FEMALE SEEKING A SUITE or apartment for rent in the Victoria/Esquimalt area. DND permanent employee, non-smoker, no pets, no kids, quiet and respectful. Max rent \$1000. Call or text 250-580-5083

CONDO FOR RENT

"PACIFIC VIEW" • Belmont Rd. • COLWOOD 1 Bdrm CONDO For Rent

- 3-year-old adult oriented building in quiet area
- Pet friendly
- · Heat pump/Air conditioning in each unit
- Hot water included
- Underground secure parking
- In-suite laundry
- Fridge, stove, washer/drver. microwave, dishwasher



Rent \$1,400/month 250 883-8685 angusstanfield@shaw.ca



Lookout_news

lookout.newspaper

ANNIVERSAY REUNION

40TH ANNIVERSARY OF 268 RCSCC BRAS D'OR

will take place on the weekend of May 24 to 26 in Quispamsis/ Rothesay, NB. The events will be a Meet and Greet on Friday May 24 at Branch 58 Legion, Annual Cadet Review and Dinner, Saturday May 25, BBQ at Meehan Cove Beach, Sun May 26. For more information email eisanb@nb,sympatcio.ca or call Brian at 506 849-4146.

FREE LESSONS

CASTLE CARY PIPES & DRUMS

FREE PIPING AND DRUMMING lessons for military and civilian students. Experienced musicians welcome. Practices WED 7 PM at Pro Pat Legion, 411 Gorge Road East. Call Colin 250-385-3982 or Ray 250-721-4011.

FOR SALE



Fir, maple and arbutus. Reliable delivery. Call 250-812-0310

FOR RENT



PROPERTIES OWNED AND MANAGED BY

250-361-3690

Toll Free 1-866-217-3612 FREE Heat & Hot Water - Card operated front load laundry/24hrs

MACAULAY EAST

948 Esquimalt Rd. Bachelor, 1,2 & 3 bdrm. Full size commercial gym! Manager 250-380-4663



MACAULAY NORTH

980 Wordsley St. 1 & 2 Bedroom Manager 250-384-8932



To view these and other properties, visit www.eyproperties.com

MORTGAGE CONSULTANT



WE OFFER:

- · Military clause for some mortgages
- · A six-month mortgage protection plan, paid by us · Instant pre-approvals · A one-year home system warranty

SPECIAL DND OFFERS AVAILABLE. CALL TODAY! Use the "Support Our Troops" Promo code for a .10 rate cashback on your approved rate. OAC.

1.800.991.7993 • MORTGAGEFORCES.CA





The Westhills community is the ideal place to call home.

Located 15 minutes from CFB Esquimalt, we have a home style to fit your life.

Choose from our modern or traditional single family homes,
large family townhomes, duplexes, & lofts.

Starting in the mid \$500,000's (Incl. NET GST).



HOME

1274 SOLSTICE CRESCENT | OPEN DAILY 12 PM - 4 PM | 250 474 5899

THIS ADVERTISEMENT IS FOR INFORMATIONAL PURPOSES ONLY AND NOT AN OFFERING FOR SALE. E&OE.

REGISTER NOW AT WWW.WESTHILLSBC.COM FOR MORE INFORMATION.