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RAVEN RECRUITS - AT SEA -

Raven program recruits OS Daniels (front) and OS Hopkins try their hand at firefighting while on board a day sail in HMCS Nanaimo. Read the full story on page 3.

Photo by MARPAC Imaging

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Artist Derek Rickwood signs a print of his HMCS Calgary painting at the ship's Cowboy Up fundraiser on May 11. He is joined by Lt(N) Sonja Maul-Wilson (left) of Canadian Fleet Pacific and Elida Ninami.

Artist captures spirit of HMCS Calgary

Peter Mallett
 Staff Writer

Nanaimo-based artist Derek Rickwood has a strong attachment to his first commissioned painting for the Canadian Armed Forces.

When Rickwood began painting a rendering of HMCS Calgary in July 2018, he says the project was inspirational, but also tinged with sadness.

With every brush stroke he thought of his father, Warrant Officer (Retired) Ralph 'Randy' Rickwood who died in 2008.

"Painting this meant a lot to me because of my father and his own military service," said Rickwood. "It wasn't any ordinary commissioning to have worked on because this one involved an organization my father devoted his life to."

His dad wasn't only a career soldier, he was also a talented artist who passed his love of painting to his son.

Since 1986, Rickwood, 60, has done many commissioned paintings. The Calgary commissioned work was unveiled at Calgary's Cowboy Up event in May to former Commanding Officer, Commander Blair Saltel. The 16" x 24" oil on canvas was a gift for him ahead of his June 3 Change of Command Ceremony. The painting

will be hung in the cabin of current Calgary skipper, Commander Jonathan Kouwenberg.

"This painting to me represents everyone who has served in Calgary over the years and the community it represents," said Cdr Saltel. "This likeness of a modernized frigate as a work of art, made by hand, really represents the reverence for tradition and the necessity for technical skills a modern navy requires for success. People connected with the ship, either past or present crew, can look at something that is aesthetically pleasing, but also take solace that it is their ship on the wall being depicted and celebrated."

In the painting, Calgary is portrayed sailing past Fisgard Lighthouse in Esquimalt Harbour. Rickwood used a mixture of oils consisting of Burnt Sienna, orange and yellows to create the impact of a clear sky at dawn.

Before beginning his project, he scoured through dozens of photographs of Calgary to create its likeness. He painstakingly researched the ship's on-deck equipment to ensure authenticity, paying special attention to detail, including the impact of Calgary's mid-life refit in 2012, which he says changed its silhouette.

He agreed to do the commissioning at a reduced rate when he was

approached by Lt(N) Sonja Maul-Wilson, a representative from Maritime Forces Pacific. He also provided at half price the reprinting of 100 smaller-sized prints and 10 art quality bamboo prints to sell in Calgary's canteen. Proceeds from the sales will go to a medical facility in the ship's name-sake city, The Foothills Medical Centre Burn Unit.

"This painting represents the enormous potential and drive that our junior leaders have. A capable, resourceful and creative Lieutenant(N) came up with this idea, ran with it, and it not only resulted in something so impressive, but now the navy has a new friend in Derek Rickwood," said Cdr Saltel. "I hope that Derek will continue to remain connected with the navy family and that he continues to find inspiration, success and notoriety through working with us."

Rickwood graduated from the University of Victoria with a degree in Fine Arts in 1990. He has been in the quality menswear industry for over 35 years including running a highly successful men's retail store in downtown Nanaimo for over 11 years, and is currently a wardrobe consultant.

For more information about Rickwood and his work visit his website: www.derekrickwood.com

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Photo by MARPAC Imaging

HMCS NANAIMO SHOWCASES SHIP TO RAVEN RECRUITS

A/SLt Michelle Scott
MARPAC Public Affairs

Recruits from the Raven program got a taste of life at sea during a day sail on board *HMCS Nanaimo* on July 29.

Forty recruits plus staff joined the ship for a day of manoeuvres, damage control exercises and a demonstration by a CH-149 Cormorant from 19 Wing Comox – which included *HMCS Nanaimo's* rescue swimmers being hoisted out of the water and onto the ship.

The Cormorant visit not only enriched the crew's training but

highlighted what the ship can do, in hopes of inspiring the recruits to become Royal Canadian Navy sailors.

The Raven program is designed to build bridges into Indigenous communities throughout Canada and show young Indigenous people their potential for part-time employment or a full-time career with the Canadian Armed Forces.

"I thought it was important for *Nanaimo* to do the day sail. I've seen the program and the sailors it produces, and it's worth it if we gain some sailors through what they experience during the sail,"

said Commander Jason Bergen, *HMCS Nanaimo's* Commanding Officer. "Today allows us to highlight the capability of the ship and its routine, and it introduces the Ravens to a crew they could possibly work with one day."

Shortly after *Nanaimo* exited Esquimalt Harbour, Cdr Bergen made an announcement over the ship's speaker stating the first shipboard activity was about to start – a demonstration of the Maritime Coastal Defence Vessel's manoeuvrability.

"We're going to do a hockey stop," he said. The recruits stood on the fo'c'sle of the ship, hold-

ing onto the guard rails, unsure of what was coming. Then the ship listed heavily to the port side and you could hear their excited shrieks and giggles.

"The manoeuvres were my favourite; they were pretty cool," said OS Anjibizhaa John, 16, from Manitoulin Island, ON. This was also her first time on the ocean. "You get to experience a part of the navy in the barracks, but being on a day sail really opens your eyes to what it's like to live on a ship."

Part of their experience included putting on firefighting gear and manning the hose, watching the ship's crew conduct a fire train-

ing exercise complete with smoke machines, and the up-close visit of the Cormorant.

PO2 Michelle Howell, Raven Senior Instructor, said the day sail is an essential part of the program and is often what convinces a recruit to consider joining the navy.

"The Raven program has evolved over the years. Now a recruit can component transfer into a Regular Force trade directly after the Raven BMQ. So having the opportunity to familiarize themselves with sea-going trades, will hopefully aid in their element and trade choice later on."

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WHAT SAY YOU

People Talk

Many Canadians have a close relationship with their family pet. With that in mind Lookout asked the following question:

What type of pet do you have and what would your pet say about you if we asked them for a character reference?



When I was growing up in Haiti we used to keep a black and white cat who lived outside on our property to keep the mice, rats and other pests down. We don't treat our cats the same way as people do in Canada and the United States, but this cat and I had special relationship and friendship. The cat would say: she always took time to come and visit me and show affection. She was the one who gave me something nice to eat when I didn't catch the rat and would always check on me to make sure how I was.

Sgt Keta Lanoue,
Base Executive Esquimalt



My dog is a 13-month-old Labrador named Denver and he is my baby. For a reference about me, he would say my mom spoils me like I am the only important thing in this household and anything I want I usually get because she really loves me a lot.

Lisa Church,
MFRC Community Engagement Manager



I have two dogs. Darby is a Wheaton and Lilly a Westie breed of dog. They would say that I'm a good mommy and she spoils us rotten. She always keeps our water dish topped off, feeds us regularly and even gives us special treats like ice cream and we couldn't ask for more.

Sara Johnson,
CANEX Esquimalt Base Manager



I previously had a German Shepherd Cross named Johnny who died about seven years ago but I will always remember him. He would say that Matt is constantly talking to me and is a great conversationalist, but sometimes he talks too much and I often wonder why he is talking to me all the time.

Matt Malek,
Human Resources Manager Staff of the Non-Public Funds (NPF)



My 10-year-old Huskie is named Mia and she would say that I am a loving person and we do almost everything together, outdoor time, watching television and we even sleep on the same bed.

Bob Cosman,
Commissionaire

WHAT SAY WE



CDS MESSAGE:

Supreme Court of Canada decision – Stillman and Beaudry appeals

On July 26, the Supreme Court of Canada released its decision in the Stillman appeal (also known as Beaudry). Through these appeals, the Court examined the constitutionality of the section of the Code of Service Discipline that allows for the prosecution in the military justice system of persons alleged to have committed offences under military law which are punishable by five years of imprisonment or more. The Court thoroughly considered the issues at play in these appeals, and I encourage all Canadian Armed Forces members to

read the decision, which is available on the Court's website: <https://scc-csc.lexum.com/scc-csc/scc-csc/en/item/17891/index.do>

The ruling means the prosecution of such offences in the military justice system can now resume. Through this decision, the Supreme Court has again recognized the critical role that the military justice system plays in assisting military commanders in maintaining the discipline, efficiency and morale of the Canadian Armed Forces.

Our military justice system is highly rel-

evant to our operational effectiveness. The military justice system fosters discipline and accountability so our profession of arms delivers on the operations demanded of us. Our military justice system will continue to evolve to serve the interests of Canadians and our armed forces, and I know that all independent actors in the military justice system will continue to perform their duties with the highest degree of professionalism, fairness and respect for the rule of law.

General Jonathan Vance
Chief of the Defence Staff



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Divers prepare for Guam exercise

Peter Mallett
Staff Writer

Clearance Divers from Fleet Diving Unit (Pacific) are making final preparations for a multi-national training exercise in Guam.

Eight personnel from the dive unit and two from Fleet Diving Unit (Atlantic) will head to the U.S. territory in August for Exercise Hydracrab.

The 12-day exercise involves approximately 100 military personnel and is being hosted by the U.S. Navy Explosive Ordnance Disposal Mobile Unit Five.

Hydracrab also involves units of the U.S. Navy, Air Force and Marines, two clearance diver teams from Australia, and one team from New Zealand.

The purpose of the exercise is to give military personnel greater experience in improvised explosive device (IED) disposal near port and jetty facilities, and coordinating those efforts with other nations, says Lt(N) Sebastian Harper, FDU(P) Operations Officer.

"It's very important for us to know how to work with our allies and have a common procedural understanding before a conflict breaks out," says Lt(N) Harper, who will be Officer in Tactical Command of the Canadian contingent. "It helps us find common ground and will make things more predictable when they need to rely on us in a real-life situation, and vice versa."

Fleet Diving Unit members will act as an IED support unit during the exercise. The team will be pushed to their limits,

rendering safe IEDs in a high tempo semi-permissive maritime environment, says Lt(N) Harper. They will also assist specially trained boarding parties from the Marines to defuse IEDs during operations involving smuggling, interdiction, and other scenarios.

Some of the biggest hurdles to overcome for multi-national training exercises such as these often occur well before boots are on the ground, says Lt(N) Harper.

"Getting our personnel and equip-

ment to these locations can be challenging. Knowing how to move to a location quickly and efficiently will mean that we can react to an international conflict in short order."

Lt(N) Harper says the team will arrive in Aug and, due to the extreme climate, will need time to acclimatise before they start their work. Their equipment, which will meet them there, will include dismantled IED tools, air diving equipment, and personal defence weapons.



Clearance divers from Fleet Diving Unit Atlantic and Pacific practice fast roping skills at the Naval Boarding Tender building in Work Point. Fast roping is a method of insertion that allows Explosive Ordnance Device Technicians onto a ship or into a building, normally from a helicopter.



Clearance divers practice an all-around defensive posture with C8 carbine rifles in preparation for a multi-national training exercise with the U.S. Marines in Guam later this month.

Photos by Peter Mallett, Lookout

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Base employees take on the Walk of the World in Nijmegen

Capt Gary Leblanc
Real Property Operations

Three members of Real Property Operations Section Esquimalt – Capt Leblanc, Maj Monette-Saillant and Rob McDermot – self-funded their trip to Nijmegen, Netherlands, to participate in the 103rd Vierdaagse (Four Days Marches).

With an intensive training schedule that started back in February and over 600 kilometres of training marches behind them, their feet were finally ready for the task.

Prior to the four-day event, they visited Vimy Ridge and Beaumont-Hamel in France, followed by tours of the Passchendaele battle grounds to learn of engagements in the “Great War” by Canadian soldiers, including John McCrae’s

dressings station where he penned In Flanders Fields.

They also visited the Brooding Soldier Canadian Memorial that marks the first gas attacks on Canadians during the second battle of Ypres in Belgium, and a visit to the Canadian war cemetery in Groesbeek.

One of the more memorable moments, they said, was at the Menin Gate Memorial in Ypres where Capt Leblanc read the Act of Remembrance and then laid a wreath together with Maj Monette-Saillant at the nightly Last Post Ceremony, which was observed by McDermot.

A few days later they successfully tackled the Four Days Marches that proved to be a “rewarding challenge” for all three members of the team.



Capt Leblanc and Maj Monette-Saillant lay a wreath at Menin Gate on behalf of the Canadian Military Engineers and the Royal Canadian Engineers.



Ryan Yeomans works on a Kisbee ring in his Fleet Maintenance Facility work shop.

Photos by Peter Mallett, Lookout

LORD OF THE RINGS

Peter Mallett
Staff Writer

If you've wondered who creates the decorative Kisbee rings that adorn Royal Canadian Navy warships and units of CFB Esquimalt, you aren't alone says their maker.

Craftsman Ryan Yeomans works his magic on those doughnut-shaped flotation devices from an art studio in Fleet Maintenance Facility Cape Breton. For the past 12 years he has been the man responsible for transforming the safety rings into ceremonial display items.

"They are the first thing you see when you cross the brow on a ship, but most sailors think they come from a warehouse and are made on an assembly line. They don't realize how much work goes into creating these and that they are all done by hand."

It's a complicated labour-intensive process involving continued attention to detail, says Yeomans.

The lifebuoys are made of plastic, filled with foam and orange in colour when they come to his shop from manufacturer Aer-o-buoy.

He removes the manufacturer's rope that covers their circumference. A thicker more attractive gage rope will be attached later by workers from the rope shop.

He then washes the ring, sands it, and sprays an epoxy sealer and polyurethane finish before adding coats of navy blue and white paint. It can take up to two days for the paint job and layers of protective coating to dry.

It is at this point Yeomans' steady hands are showcased.

He carefully outlines the ship or unit's name on the blue ribbon he's painted on the ring. Then he fills the letters with sizing glue, waits an hour for it to dry, and applies 23 carat gold leaf sheets. The sheen from the gold is what makes the letters pop and gives prestige to the ring.

After that, he adds a drop shadow and maple leaves.

"For this part you really need a steady hand and there is lots of eyeballing involved," said Yeomans. "It

takes practise and it's not something that comes overnight. I have been learning over the years how to better refine my skills."

He learned the ins and outs of his craft under the guidance of former paint shop worker Stu Guilbault, who recently retired. Yeomans, 50, has some past experience in this line of work; he worked 16 years as a body repair, paint, air brushing, and pin stripping specialist at auto body shops.

While most of his work is on regular painting projects, the Kisbee ring is by far the most rewarding part of his job.

"It's great to know some of these Kisbee rings are sailing around the world on our warships. It gives me a feeling of great pride knowing I was the one who created them by hand," says Yeomans.

Kisbee ring making is unique to Esquimalt. On the east coast, the rings are created via computer.

"It's an old-school technique that I don't want to ever see go by the wayside," he said.

What's In a Name?

Kisbee Rings are named for inventor Thomas Kisbee, who was born in Farcet, Huntingdon, England in 1792.

Kisbee served as the First Lieutenant on HMS Driver, the first steam paddle ship to circumnavigate the world (1842-1847) where his invention was first used.

Widespread practical use of the rings, then made of cork, became the norm when Britain's Royal National Lifeboat Institution started using them in 1855.

In recent years, due to safety concerns over injuring the casualty or nearby swimmers and doing more harm than good, the Kisbee Ring has been phased out in favour of the torpedo buoy. Source: Nauticapedia





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Albert Head
Cadet Training Centre

More than 200 years ago, Spanish explorers landed on the site that is known today as Albert Head in Metchosin. Fifty years ago, during the Second World War, it was transformed into Fort Albert Head. It played a major role in the coastal defence of the area, housing the biggest guns this side of the country and commanding the approaches to both harbours, as well as 20 miles out to sea. Today, it is a well-used part of the CFB Esquimalt footprint. The Canadian Rangers and the Naval Tactical Operations Group have full-time headquarters in the training area, and it is home to the Cadet Training Centre. The Cadet Training Centre was established in 1995 to further the leadership training provided in B.C. by the Canadian Cadet organization. While summer is certainly a peak period, the Metchosin training location is in high demand year round. It is used for weekend training by cadets, and the Regional Cadet Support Unit (Pacific) uses the area for regionally directed activities, as a full-time area office, and for the training of Cadet Instructor Cadre officers. Cadets are also stewards of this unique training environment that includes the rare Garry Oak ecosystem. All cadets are made aware of the unique flora and fauna in the area. More than 900 cadets between the ages of 12 and 18 attend courses at Albert Head, with approximately 500 on the ground at any point in time. Most cadets attend the two-week General Training Course, which introduces the program's youngest participants to all aspects of the air cadet program. The training centre also hosts three-week courses in survival, aviation and aerospace, as well as six-week courses in fitness and music. In addition to making full use of the Albert Head footprint, the Cadet Training Centre partners with School District 61, making use of Spencer Middle School in Langford for classrooms and a gymnasium. Albert Head's cadets are highly visible in the Greater Victoria communities throughout the summer. The two music courses form Albert Head's Military Band, who recently won the Community Spirit Award for bands in the Duncan Panago Parade, and regularly perform throughout the region, including performances at Beacon Hill, the Victoria HarbourCats games, and as the opening act for Symphony Splash. All of this training is supported by 53 Canadian Armed Forces members, and 20 civilians. "The staff here are dedicated people who work hard to provide a safe and fun environment throughout the summer weeks," says Reverend Captain Angela Wood, who is serving this summer as the training centre's chaplain. "Cadets come from all over British Columbia. Their various backgrounds enrich the fabric of our culture here. It is a real opportunity to grow one's character and leadership skills through challenge and hands-on education." For the cadets, Albert Head becomes part of the fabric of their lives, a location that evokes strong feelings of shared experiences and camaraderie, a place that they will return to as senior cadets and eventually as adult leaders. The Cadet Program is in need of adult volunteers during the training year to provide unique experiences and knowledge to Canada's next generation of leaders. To find out how to get involved, visit www.cadets.ca to find a corps or squadron near you.

Cadets compete in the Tug of War during a Tabloid Sports Day competition.

Local cadet embarks on a new journey



Cadet Cameron Payne is on a unique course this summer. HMCS *Quadra* is the only Cadet Training Centre in Canada offering the Shipwright Course. Cdt Payne is from 184 Curling Royal Canadian Sea Cadet Corps in Corner Brook, NL. This summer is his fourth and last as a course cadet. Next year, he's planning to apply as a staff cadet and teach other cadets the skills he's learned. The Shipwright Course teaches fibre glassing, wood-working, and boat repair and maintenance. More than 3,400 Sea, Army, and Air Cadets are participating in summer training activities across B.C. this summer. To find out more about the Cadet Program visit www.cadets.ca or follow @HMCSQuadraCdt on Facebook and Twitter.

From the right: Cadet Mark Iverson from 354 RCSCC Invincible in Maple Ridge, B.C., cuts out parts for a boat stand while Cadet Cameron Payne from 184 RCSCC Curling in Corner Brook, NL, secures the piece of wood.

Photo Credit PO1 Jack Wong, Cadet Correspondent

Cadets on parade salute camp Commanding Officer LCol Tami Marchinko.



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This Is You participants step aboard HMCS Winnipeg



Slt Wilson Ho
HMCS Winnipeg



One hundred and fifty eager and excited young women stepped on board *HMCS Winnipeg* on Saturday July 27 at Burrard Street Pier in North Vancouver, for a first-hand experience in the life of a Canadian sailor.

Winnipeg partnered with the Achieve Anything Foundation's "This is You" program.

The Achieve Anything Foundation organizes hands-on experiences by the Royal Canadian Navy and other agency/industrial partners that are improving gender diversity and equal opportunity in their workplaces.

The day's events started with guided tours of the ship, including the operations room, bridge, and machinery control room, highlighting the various jobs on board the Halifax-Class frigate. In addition to tours, guests were able to try on equipment from the ship's team divers and test their skills at firefighting.

With clear skies and Howe Sound as the backdrop, crew and guests were treated to a flight deck luncheon. In the afternoon, *Winnipeg* demonstrated its manoeuvrability, conducting full speed runs, crash stops, and high speed turns.

Day sails are one of the many ways the Royal Canadian Navy connects with the public, showcasing what life at sea is like.

Winnipeg is currently conducting trials, working up to deploy on the Rim of Pacific (RIMPAC) Exercise and Operation Projection next year.

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Photo by Leading Seaman Mike Goluboff, MARPAC Imaging Services

HMCS Yellowknife and HMCS Brandon Change of Command Ceremony

Incoming Commanding Officer, Lieutenant-Commander Maude Ouellet-Savard (left); Reviewing Officer, Commander Jeffrey Hopkins, Commander Coastal Forces Pacific (center); and Lieutenant-Commander Donald Thompson-Greiff, Outgoing Commanding Officer (right); sign the certificates during HMCS Yellowknife and HMCS Brandon Change of Command ceremony July 26.

Compensatory back payment for deploying on naval missions

Courtesy Maple Leaf

Canadian Armed Forces members who deployed on international naval operations between July 23, 2003, and Aug. 1, 2019, will receive a compensatory payment for allowances they were entitled to receive but did not.

The allowances affected are two of the Environmental Allowances: Sea Duty (SDA) and Submarine (SUBA), and one Operation Allowance: Hardship (HA).

Environmental allowances are meant to compensate members whose military duties involve exposure to adverse environmental conditions that are not normally experienced by other members. Hardship Allowance compensates for essentially the same conditions, but applies on international operations.

In an unintended omission to the original policy published on July 23, 2003, SDA and SUBA were not included in the list of several environmental allowances that could not be received concurrently with HA because they essentially compensate for the same things. As an interim measure, directives were issued aimed at mitigating the error and restricted the receipt of these allowances to either HA or SDA/SUBA but not both.

However, in hindsight, those directives did not have the required authorization.

As the policy itself did not specifically prohibit receiving SDA or SUBA at the same time as HA, members who

deployed on international naval operations from the time the policy was written until it is corrected are technically entitled to receive both.

For those affected, a compensatory payment will be made so that they do, in fact, receive both.

A team from Director Military Pay and Allowances Processing (DMPAP) will lead the initiative to ensure that all affected Canadian Armed Forces personnel, who will be identified by the Royal Canadian Navy, have compensatory payments calculated and paid out. This will also encompass affected personnel who have since released from the Canadian Armed Forces.

The initial estimate of the number of individual deployments is upwards of 20,000 with an overall cost of \$10 million. Due to the complexity of the undertaking and the number of files to be verified throughout the Royal Canadian Navy and the Canadian Armed Forces, the process is anticipated to take three to five years.

Going forward, the omission in policy has been corrected and the change approved by the Treasury Board. Starting Aug. 1, 2019, SDA and SUBA may no longer be received concurrently with HA.

Further information will be communicated directly to affected members and if required, clarification may be sought through the member's chain of command.

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Let your voice be heard, take the public service survey

DND

The 2019 Public Service Employee Survey (PSES) is now live and civilian employees at National Defence are encouraged to complete the survey by Aug. 30 to express their opinions on important aspects of the workplace.

This year's survey will focus on many themes including workplace well-being, use of official languages, duty to accommodate, and compensation.

Results of the PSES will be made available in December, and will help senior management at National Defence identify what's going well within the organization and what areas may need improvement.

Feedback generated from the 2018 survey led to the development of action plans aimed to address concerns with the work environment, leadership, and harassment which resulted in the following efforts (among others) being made by the department:

- Improving communication between employees and management by scheduling town halls, meetings, and workshops;
- Supporting career develop-



For information on the PSES, please consult the Public Service Employee Survey intranet page: <http://intranet.mil.ca/en/lets-talk/pses/index.page>

ment through language training, mentoring programs, and sharing job opportunities internally; and

- Implementing awareness programs about harassment prevention in the workplace.

The more employees who participate, the more useful the results will be in fostering a meaningful change within National Defence.

Who can take the PSES?

All employees in the core public administration and participating separate agencies are eligible to complete the survey. These include indeterminate, term, seasonal, casual, and student employees, as well as Governor in Council appointees.

Ministers' exempt staff, private

sector contractors, consultants, and employees on leave without pay are not eligible.

At all times, the survey administrator will ensure that responses from the participants are kept confidential and only used for statistical purposes.

How to take the PSES

Advanis, a trusted Canadian

market and social research firm, will administer the survey on behalf of the Treasury Board Secretariat. All eligible participants will receive an email invitation with a unique identifier link to complete the survey. This link is specific to the individual user and cannot be shared with other employees in the organization. However, the unique link can be forwarded to personal email and accessed from a mobile device or home computer.

The survey can also be completed via telephone at 1-866-539-7829 or through the limited number of paper copies available only after sending a request through an employee's manager to the PSES generic email box: +PSES-SAFF@ADM(HR-Civ) DSPA@Ottawa-Hull PSES-SAFF@forces.gc.ca

If did not receive an invitation after the first week of data collection (July 22–26), you can request a survey email through the Advanis support website: <https://pses-saff.advanis.ca/en/pses2019/index>

For additional information on the PSES, please consult the Public Service Employee Survey intranet page: <http://intranet.mil.ca/en/lets-talk/pses/index.page>

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HMCS Halifax breaks record for kids

Lt(N) Paul Goff
HMCS Halifax

HMCS Halifax has broken its fundraising record for the Children's Wish Foundation by raising \$45,780 for the charity.

This is the most money the ship's sailors have raised for the charity since they started fundraising for it 16 years ago.

The money was collected through online donations, fundraisers held on board *Halifax*, and through an eight-member team that participated in the annual Run For The Wish fundraiser from June 3 to 14.

The team started their run in Sydney, Nova Scotia, and over a 10-day period travelled through Baddeck, Port Hawkesbury, Antigonish, Truro, Halifax, Wolfville, Windsor, Digby, and Yarmouth. During this period, each member ran 10 kilometres a day.

As part of the Run, they were given a sponsor child named Cailum. He is a nine-year-old from Dartmouth, NS, diagnosed with Hodgkin's Lymphoma. His wish is to go to Disneyland with his family. Each child's wish costs approximately \$10,000, so the sailors were able to grant Cailum's wish and those of another three sick children.

Currently in Nova Scotia, there are 88 sick children waiting for wishes. To donate go to online www.childrenswish.ca and to volunteer email NS@childrenswish.ca.



Photo by Mona Ghiz, MARLANT Public Affairs

Alison Harries, Development Coordinator for the Nova Scotia Chapter of the Children's Wish Foundation Canada, presents Commander Scott Nelson, Commanding Officer HMCS Halifax, with a gift to thank the ship's company for their donation to the charity.

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