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Formation Fun Day

Sergeants Erik Sinclair and Rowan Eichel of 2483 Princess Patricia's Canadian Light Infantry Royal Army Cadet Corps clown around with a trio of entertainers from Vesta Fire Entertainment. See more photos on pages 12 and 13.

Photo by Peter Mallett, Lookout




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En Français Aussi!

DND historian seeking veterans from Operation Snowgoose

Peter Mallett
Staff Writer

A Department of National Defence historian from Ottawa will be visiting the base next month to interview veterans that served in Canadian Armed Forces peacekeeping operations in Cyprus.

John Macfarlane, from Directorate of History and Heritage (DHH), is compiling research for a book that will include first-hand accounts by veterans on Operation Snowgoose, Canada's contribution to United Nations peacekeeping operations in Cyprus between 1964 and 1993. MacFarlane will conduct interviews at the CFB Esquimalt Naval and Military Museum Oct. 2 and 3.

Ahead of his visit to the base, he is looking for veterans of all ranks and trades from Victoria's military community for their stories on Operation Snowgoose and their role in the mission. The focus of the research is the soldiering aspects and is specifically logistics based.

"We are not focusing on policy, politics and external affairs, but are looking specifically at operations, what Canadian soldiers were doing and how

they adapted and responded to the situation," said MacFarlane.

DHH has a mandate within DND to preserve and communicate Canada's military history and foster pride in military heritage. The intention, says MacFarlane, is to educate Canadian Armed Forces members and the Canadian public while shaping history.

Veterans of Op Snowgoose can write about their experiences, agree to a formal interview, or simply be accessible by email or phone for the occasional question to help clarify certain aspects of the operation.

A key area of MacFarlane's research involves a firefight between Turkish and Greek forces in the summer of 1974 following a Turkish invasion. He is looking for first-hand accounts of how Canadian peacekeepers reacted to the firefight.

"They had sent Canadian peacekeepers to keep the peace, but if national defence was involved in a war that was a whole new ballgame," said MacFarlane.

The DHH's research on Cyprus began 18 years ago under the guidance of Maj (Retired) Jean Morin who

oversaw the research project for 15 years. MacFarlane began his involvement three years ago and has interviewed approximately 40 subjects in both Ontario and the Maritimes, but this will be his first visit to Victoria. He says the sizable military community and number of veterans living here make it one of the prime locations in Canada to conduct his research.

The completed publication will include a narrative, one-on-one interviews, photographs, maps and other graphics, and is slated for completion in 2024.

To schedule an interview with MacFarlane, veterans are encouraged to contact him at his email john.macfarlane@forces.gc.ca For more information about the DHH visit its webpage: www.cmp-cpm.forces.gc.ca/dhh-dhp/index-eng.asp



United Nations troops search for mines in Cyprus.

Ahead of his visit to the base, John Macfarlane from Directorate of History and Heritage, is looking for veterans of all ranks and trades from Victoria's military community for their stories on Operation Snowgoose and their role in the mission.

The Military Family Resource Centre celebrates

Military Family Appreciation Day September 20



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Military tests anti-submarine warfare

SLt Zachary Jackson
HMCS Calgary

Last month, *HMCS Calgary* along with *HMCS Whitehorse*, Canadian Forces Maritime Warfare Centre, 443 Maritime Helicopter Squadron, and 19 Wing Comox took part in Optest Stargazer. The goal of the two-week exercise was to test anti-submarine warfare equipment and doctrine in order to improve how warships conduct anti-submarine operations.

One of the highlights of the exercise was a series of Mk 46 Torpedo firings. The Mk 46 Lightweight Torpedo is the primary weapon used by the Royal Canadian Navy and the Royal Canadian Air Force against submarine threats. The rounds were Exercise Torpedoes (EXTORPS). This meant the torpedo was able to be fired, move through the water, tracked, and finally target a submarine without having any explosive payload embarked.

Using an EXTORP allows the military to employ the weapon in a realistic way and collect relevant data without any undue costs or risk. Personnel can then analyze the data and see why the weapon was either successful or unsuccessful. This is crucial in determining how to improve both the way the military fights and the weapons used.

Calgary's Under Water Warfare Officer, Lt (N) Samantha Bayne commented on the importance of this exercise. "*Calgary's* participation in Optest Stargazer enabled the RCN to enhance underwater warfare tactics. *Calgary* contributed to the exercise's effectiveness in providing a focused opportunity to demonstrate potential new equipment and procedures."

The exercise was the culmination of weeks of work by both the Operations Department and the Combat Systems Engineering Department.



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WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372
melissa.atkinson@forces.gc.ca

STAFF WRITERS

Peter Mallett 250-363-3130
peter.mallett@forces.gc.ca

PRODUCTION

Teresa Laird 250-363-8033
production@lookoutnewspaper.com
Bill Cochrane 250-363-8033
workstation3@lookoutnewspaper.com

ACCOUNTS/CLASSIFIEDS/RECEPTION

Jennifer Barker 250-363-3127

SALES REPRESENTATIVES

Ivan Groth 250-363-3133
ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602
joshua.buck@forces.gc.ca

EDITORIAL ADVISORS

Capt Jenn Jackson 250-363-4006
Katelyn Moores 250-363-7060

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WHAT SAY YOU

People Talk

Military families attended CFB Esquimalt's annual Formation Fun Day event on Sept. 7. We asked some of the younger attendees:

What was your favourite ride or activity?



The trampoline because I jumped high but not high enough to touch the sky.

Annabelle Huntington, 7



The train ride because it was so much fun riding around, and they even let me drive the train.

Gryffin Hyland, 6



Build-a-Bear event was my favourite because the teddy bears are warm and fuzzy, and it feels good to hug them.

Deliah Moulton, 7

WHAT SAY WE

SPORT SKILLS

(PSP Fitness Staff)
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Open Swim 1000-1400
Squash

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1000-1100 and 1300-1400
(Upper gym)

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led by LS Carson Witts starting at 1030 - Meet at the outdoor exercise equipment on the track

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ASTERIX RETURNS

after 500 days at sea

...

MV Asterix arrived back in Halifax Aug. 26 after more than 500 days away supporting the Royal Canadian Navy in various exercises and operations.

Photo by Mona Ghiz, MARLANT PA



Trident Newspaper

After nearly a year and a half at sea supporting Royal Canadian Navy ships and allies around the world, MV Asterix arrived back at its homeport of Halifax on Aug. 26.

The interim supply ship, owned and operated by Davie

Shipbuilding subsidiary Federal Fleet Services, left Halifax in April 2018 and kept a busy schedule that included involvement in exercise RIMPAC 2018 off Hawaii, Operation Projection and Operation Neon in the Asia-Pacific, and support for Operation Artemis and CTF 150 in Middle Eastern waters.

In total, the vessel conducted 197 refueling operations with 40 warships from 12 countries throughout the 500-day deployment, transferring nearly 31 million litres of fuel. Asterix sailed a total of 150,721 nautical miles, and conducted exercises, operations, and port visits throughout the Atlantic, Pacific and Indian

Ocean, the Caribbean, South China Sea, Arabian Sea, and the Persian Gulf.

These taskings were all carried out with a mixed crew of civilian mariners and Royal Canadian Navy sailors from Naval Replenishment Unit (NRU) Asterix, led by Commanding Officer LCdr Trent Nichols,

with crews rotating out partway through the deployment to allow the ship to remain at sea.

Asterix spent two weeks tied up at HMC Dockyard before sailing again to support RCN warships and NATO allies as part of Cutlass Fury 19. The ship is then expected to return to Davie Shipbuilding in Quebec for maintenance.

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HMCS VENTURE ALUMNI RE-UNITE

Peter Mallett
Staff Writer

Graduates of the Royal Canadian Navy's junior officer training centre known as HMCS Venture gathered in Victoria last week for their 11th quinquennial reunion.

Held once every five years, the reunion brings together members of CFB Esquimalt's Naval Junior Officer Training Establishment, HMCS Venture, which ceased operations 51 years ago.

Last week's reunion saw approximately 125 alumni and their spouses attend two days of activities organized by the Venture Association in conjunction with Naval Fleet School Pacific (NFS(P)).

Between 1954 and 1968, HMCS Venture and its campus, which was located in Dockyard, trained junior naval officers of the Executive, Engineering, and Fleet Air Arm and Naval Services branches during a two-year term of academic education. The buildings that once housed the school, Dockyard buildings 11 and 29, were demolished in 2017.

Many reunion attendees are now in their 70s and 80s and travelled to Victoria from across the country and the United States to celebrate the legacy.

Admiral (Retired) John Anderson, Ambassador to NATO and former Commanding Officer, Naval Officer Training Centre (NOTC) Venture, and past Chief of Defence Staff, was the special guest for this year's reunion.

Lieutenant Commander Todd Kennedy, who serves as the present-day Venture Division Commander, within NFS(P), welcomed the group with a reception and orientation at Work Point's Collier Theatre on the morning of Sept 12, in conjunction with the Naval Fleet School Commandant, Commander Annick Fortin, and Deputy Fleet Commander, Captain(N) Scott Robinson. All three of spent the day with Venture Association reunion guests as they walked the flats of current day Venture Division, and joined them for an afternoon of at-sea experiences.

LCdr Kennedy, a graduate NOTC Venture in 2001, says the bonds that exist between members of HMCS Venture of the 1950s and 1960s are truly unique because they attended the school in a markedly different era when the Royal Canadian Navy was the third largest navy in the world.

"This group holds the rela-



Lt(N) Justin Sowley explains the integration of the pelorus, a reference tool for maintaining bearing of a vessel at sea, with the Naval Bridge Simulator to Cdr (Retired) Doug Henderson. Photo by Peter Mallett, Lookout

tionship they had with each other back in the day very close to their chests," said LCdr Kennedy. "After all these years, they still stay in contact with each other through the Venture Association, social media and by other means."

Reunion attendees received an up-close look at present-day naval operations following the opening ceremony.

The former sailors and naval aviators were separated into two groups for a series of activities and tours. Air officers spent the day touring 443 Maritime Helicopter Squadron and learning about present-day maritime air initiatives at Patricia Bay, includ-

ing a look at the CH-148 Cyclone Helicopter.

Maritime Surface Officers participated in a forenoon of simulator demonstrations at Venture Division; participated in a tour of the CFB Esquimalt Naval and Military Museum; a group lunch at the Work Point Galley with Capt(N) Jason Boyd, Commander Naval Personnel Training Group (NPTG) in attendance, followed by an afternoon spent afloat, aboard four Orca Patrol Class Training vessels. They experienced manoeuvring demonstrations and a Naval Tactical Operations Group embarkation demonstration.

Did you know...

HMCS Venture derives its name from the original sail-training vessel used to train Royal Canadian Navy (RCN) sailors on the west coast shortly after the establishment of Canada's Navy in 1910 with the passage of the Naval Service Act. Venture's official training centre model was: A New Undertaking, Dare Not to be Afraid.

Even though the original Venture ceased operations in 1968, the school's name would live on as the Naval Officer Training Centre Venture in the 1970s and beyond. In 2016, the organization was eventually absorbed into the RCN's new centre for west coast training, Naval Fleet School (Pacific).

Today, the Venture name still exists, and as a division of NFS(P), and it provides the instructional foundations for the RCN's Naval Warfare Officer training program.

For more information about HMCS Venture and its history visit their website <https://www.hmcsventure.com>

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Come find out what it is like to experience an earthquake in this free "ride". You can also get helpful information on emergency preparedness and Esquimalt's emergency program.

Quake Cottage will be in the CANEX parking lot from 8:30 to 11:30 a.m. Thursday Sept. 19.

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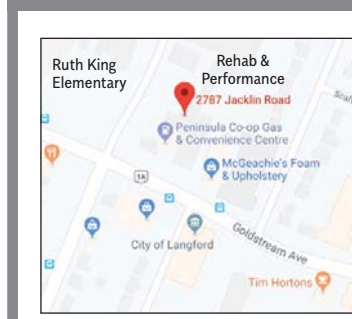
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A clearance diver investigates a dud rocket in a hesco barrier of a forward operating base.

Clearance divers tackle Hydracrab

Lt(N) Sebastian Harper
FDU (P)

Clearance divers from Fleet Diving Unit (Pacific) recently deployed to Guam for Exercise Hydracrab.

The amalgam of navy explosive ordnance disposal (EOD) operators from allied partner nations convened Aug. 19 on the Pacific island of Guam to practice their skills.

Hosted by United States Navy EOD Mobile Unit 5, Hydracrab was an inaugural 14-day exercise designed to push EOD operators to their limits in a non-permissive maritime environment. Participants included Clearance Diving Teams 1 and 4 from Australia, Fleet Diving Unit (Pacific) from Canada, HMNZS Matatua from New Zealand, and EOD Mobile Unit 5 and 3 Marine Expeditionary Force (MEF) EOD, from the United States.

Unique to this exercise, US Marines from 3 MEF Force Reconnaissance also

flew in from Okinawa, Japan, to act as "Blue Force" for the exercise, giving participants the opportunity to integrate with ground forces and assault teams during raids and vessel boarding.

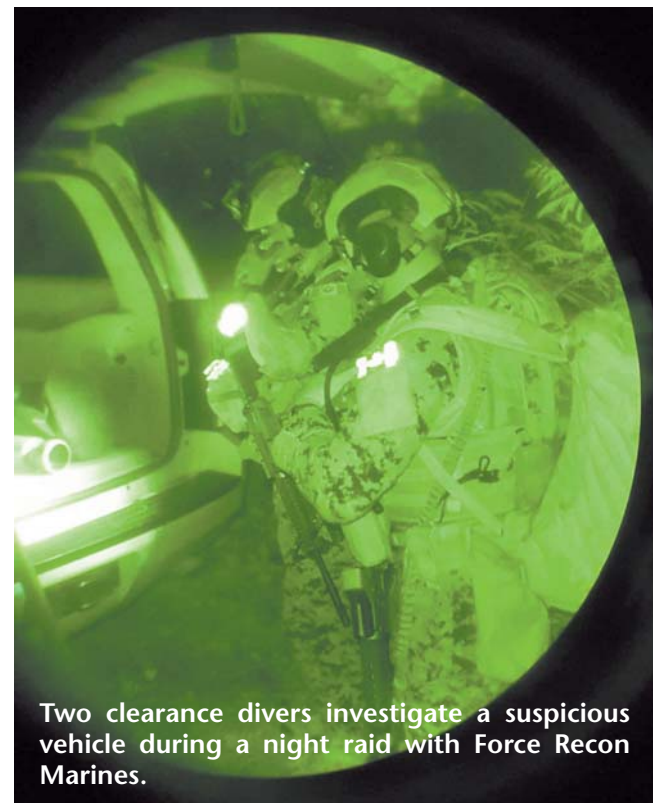
Over the course of the exercise, eight RCN clearance divers honed their skills, participating in dismounted improvised explosive device (IED) disruption tasks, which in many cases involved hand dismantling IEDs in order to enable an assault force to press on to their objective.

They also practiced ancillary skills including diving, fast rope insertion, shooting, and close quarters battle to better enable them to integrate with land forces or boarding teams; something that navy EOD teams are often called on to do.

Mobile Unit 5 intends to make Exercise Hydracrab an annual event in which Pacific allied EOD partners can integrate and better prepare their EOD operators for the next fight.

Having the opportunity to inter-operate with partner nations in an intense and immersive exercise gives Canadian clearance div-

ers the warfighting skills required to accomplish their challenging and dangerous tasks on the battlefield of the future.



Two clearance divers investigate a suspicious vehicle during a night raid with Force Recon Marines.

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New jetty opens in CFB Halifax



HMCS Ville de Quebec is seen tied up at the new Jetty NJ.
Photo courtesy Formation Imaging Services

Ryan Melanson
Trident Newspaper

The Royal Canadian Navy (RCN) has marked another step on the road to accepting the first Arctic and Offshore Patrol Ship (AOPS) with Jetty NJ now complete at the north end of HMC Dockyard in CFB Halifax.

Government representatives, senior RCN leaders, including Atlantic Fleet Commander, Cmdre Richard Feltham, and CFB Halifax Base Commander, Capt(N) David Mazur, other sailors, and CAF members gathered to officially cut the ribbon for the project on Aug. 22.

Cmdre Feltham touted the size and location of the new jetty, along with its modern fendering system and utility tunnel, as an upgrade that will allow the dockyard to accommodate a greater number of larger ships without worry. This includes current and future RCN ships and those of visiting allies, he said.

“This project provides critical infrastructure to enable us to do the things necessary to prepare our ships to go around the world. It will allow us to execute the missions that the people and the Government of Canada need us for,” he said. “It provides a new, safe place at home to berth our ships, do our repairs, and to rest and recover.”

Members of *HMCS Harry DeWolf* were on hand to celebrate the official opening, as Jetty NJ will be the ship’s regular berthing place following its expected delivery to the RCN later this year. The 247-metre long jetty will eventually accommodate four of the navy’s six AOPS vessels at a time.

 Government of Canada / Gouvernement du Canada

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Military help Dorian cleanup

DND

Last week, the Canadian Armed Forces assisted Canadians in their time of need on Operation Lentus following Hurricane Dorian.

Approximately 700 military personnel in Atlantic Canada deployed Sunday morning, Sept. 8 to affected communities around Halifax to aid in restoration of power services, clearing main roadways and evacuate residents in flooded or severely damaged areas.



Canadian Armed Forces members clear debris during Operation Lentus in East Preston, Nova Scotia, Sept. 9. Photo by MCpl Jordan Lobb, Combat Camera



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Founder and Lokole team lead Nzola Swasisa.

Left: Future Lokole users have a look at the inner working of Nzola Swasisa's invention, Lokole. Lokole operates similar to a portable router and is helping spread access to the internet to underserved and remote regions of his former country.

Global Village - FMF inventor solving Africa's WiFi woes

Peter Mallett
Staff Writer

An electronics apprentice, and inventor, from Fleet Maintenance Facility Cape Breton (FMF CB) is on a quest to help spread vital internet communications to underserved and remote regions in Africa.

Nzolantima Swasisa travelled to his former hometown of Kinshasa, the capital city of Democratic Republic of Congo, for three weeks in August to distribute 10 of his offline portable web and email network devices to local community representatives.

His latest invention is a tiny black box called a Lokole and can provide web and email access in a 25-metre radius for up to 100 users.

Lokole derives its name from an ancient Congolese drum used in pre-colonial times as a means of imparting vital communications between villages. Swasisa says having access to reliable communications is a game-changer in the Democratic Republic of Congo. Most people have no internet service; the more fortunate ones rely on wireless phone service to access the internet. "More than

60 per cent of the African population doesn't have access to efficient internet communications and the problem is much worse in the Democratic Republic of Congo," says Swasisa. "Lokole addresses this problem by creating a sharable local area network, allowing individuals in remote locations to sustain vital communication links."

With skyrocketing and unaffordable wireless fees, Swasisa says Lokole makes access to the internet 100 times cheaper for the average person. His device allows community leaders to receive emergency government communications and alerts, educational documents for schools, health advice from medical professionals, the ability to purchase goods and supplies, and send business documents. The device can also be charged by a miniature solar panel.

Most business communication by municipal officials and community leaders is still printed on paper and hand delivered. They were surprised when Swasisa approached them and told them about his solution.

"When I tell them I have this device in my backpack that will allow them to use

their cell phones and communicate without paying wireless fees they said: 'Oh my goodness'," said Swasisa. "I then tell them to take out their cell phone and use it to send emails through the internet and they are astonished."

Lokole Takes Flight

Swasisa's invention is nearly 30 years in the making.

The 60-year-old has been fascinated with electronics since the days when he travelled to his father's place of work, the international airport in Kinshasa. His father was a firefighter at the airport and Swasisa listened intently when he explained the workings of beacons and signal lights on airport runways.

"When I was a teenager I took a trade as an electrician, landed a job at the airport and started working on those same beacons that I had been fascinated by," said Swasisa.

Later in life, he began 20 years of employment with the Christian Mission Aviation Fellowship

(MAF), helping the NGO establish new radio communications systems in Congo, Angola, Namibia, South Africa, Zambia and

Mozambique.

Through MAF he learned how to rebuild radios, and build radio transmitters and receivers capable of sending and receiving emails via radio waves. But Swasisa was forced to flee Congo to Angola in 1990, following widespread civil unrest in Kinsahsha that erupted under the leadership of former dictator Mobutu Sese Seko.

He eventually moved to Canada in 1998 when the Second Congo War broke out.

His experimentation and tinkering with radios, transmitters and electronics didn't end there. After studying electronics at Camosun College, he landed a job as an electronics technician in Victoria with Schneider Electric where he worked for 14 years, and with Rimex/Tyresense Ltd before moving on to FMF CB in 2017. Swasisa knew his communications work in Africa was far from over and continued to work on a newer high-tech solution to provide offline portable web and email network server. He stayed in touch with former Camosun staff and co-workers at Schneider, gaining insight into how to use

Raspberry Pi single board computer components for communications purposes.

Returning to Africa

In 2010, he started his own non-profit Action Swasisa pour la Connexion et le Development Rural. That same year he returned to Kinshasa for the first time since the political unrest of the 1990s. He and his team built the first prototype of an offline mobile server called REC (Remote Email Centre) but the device was susceptible to breakdowns.

Despite the technical hiccups, he was recognized for his invention when Forbes magazine named him a finalist for the 2017 Innovation For Africa awards.

In 2016, he received software development and design help from Microsoft software engineer Clemens Wolf, a former Amazon engineer, which led to his second-generation invention called Lokole. Through his connections at Microsoft, Wolf got the attention of company executives who provided access to a professional, high-volume Azure cloud server for Lokole.

The finale piece for the invention came from his co-workers in the shipyard; Shawn Bathgate and Gerald

Risma, who helped him customize a Lokole case, and Joel Pineau who printed out their case on a three-dimensional printer.

A way forward

The next step is to get Lokole to more remote, locations all over the Democratic Republic of Congo. Swasisa is confident he and his team can build a new prototype that will help Lokole work in locations outside the reach of cellphone towers.

He is currently in discussions with federal government officials in Democratic Republic of Congo to establish a centrally-located training centre, where electronics and software students can learn to build and then distribute Lokole themselves.

The devices aren't cheap to manufacture or distribute, so Swasisa is looking for financial support and IT materials. He is also looking for technical expertise from software developers and computer engineers to help further his mission and improve Lokole.

For more information and how to support Lokole visit the website www.ascoderu.ca or contact Nzola Swasisa at nzola8@gmail.com

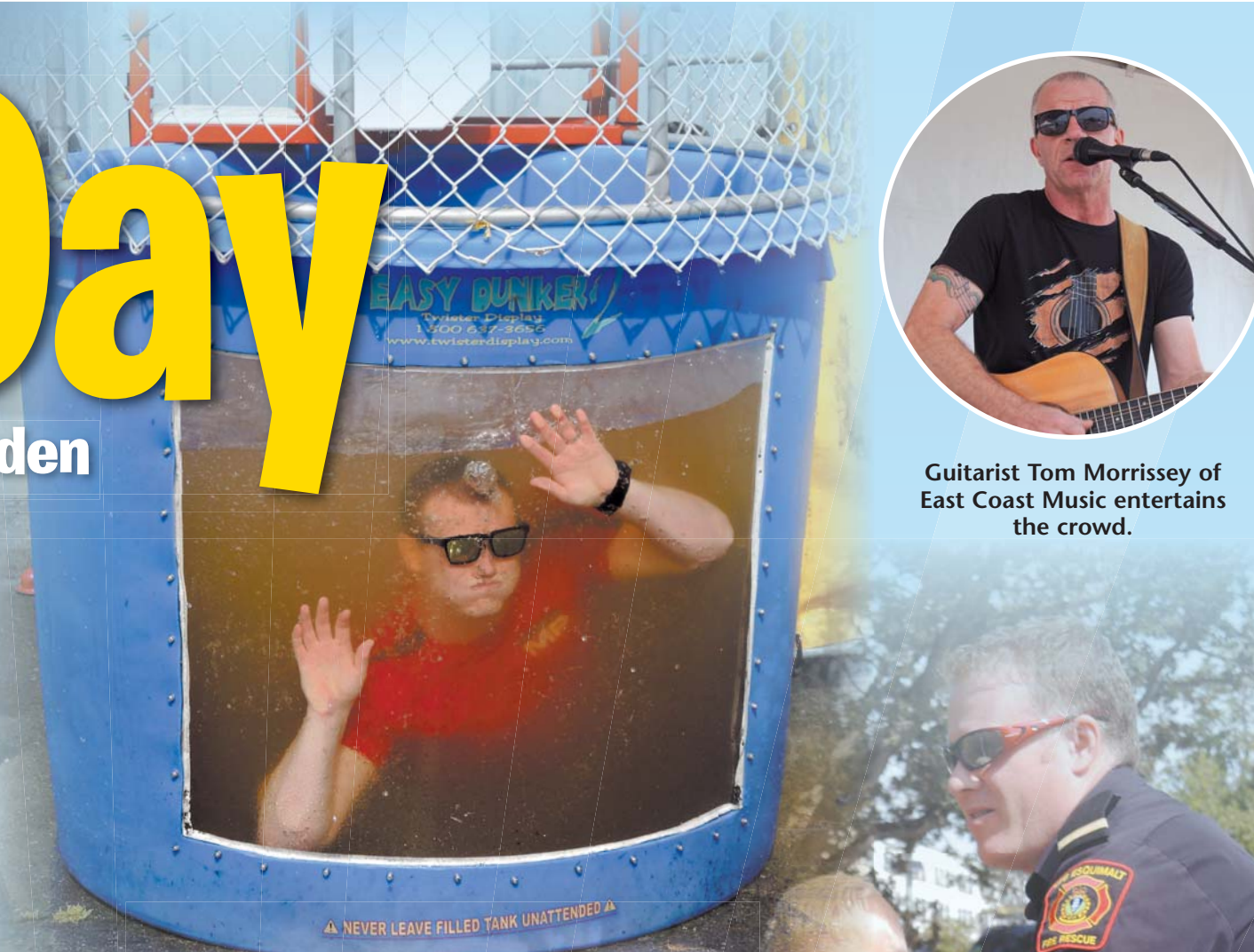
Formation Fun Day

Saturday, Sept 7, Naden

Photos by Peter Mallett, Lookout



The straw hat of Tony Janzen of Tiger Lily farms seemed appetizing to the goats in his petting zoo.



Above: A soggy volunteer takes the plunge in the dunk tank.

Right: Nathan Ellis, 8, was all smiles as he handled the fire hose with firefighter Rob Patterson of CFB Esquimalt Fire and Rescue.



Guitarist Tom Morrissey of East Coast Music entertains the crowd.



Five-year-old Jameson McCarthy shows off his creation at the Lego station.

T WAS A WEST COAST 'FUN-FOR-ALL' for young and old at this year's Formation Fun Day.

Hundreds of military families took part in this year's annual carnival-style event for Department

of National Defence (DND) employees and their families organized by Personnel Support Programs (PSP). This year's activities took place Saturday, Sept. 7 at the Naden Athletic Centre (NAC) and adjacent sports fields and rear parking lot area.

There were smiles and laughter galore and something for everyone including rides, games, interactive displays and demonstrations, entertainment, free food, and display booths by local vendors and community associations.



Five year-old Bronx Judas was over the moon about his facepainting of Pokemon character 'Pikachu' created by stylist Behni Shalmani.



A group gets a tour of Esquimalt Harbour aboard a Rigid-Hull Inflatable Boat (RHIB).



Above: The train ride was a popular way for young and old to take in this year's event. Inset: Tickle the Clown got the giggles going on the main stage.



Georgia Honkanen catches some serious air on the Euro Bungee.

NEW CADPAT DESIGN BEING TESTED



Eric De Lafontaine

Manager Soldier Operational Clothing and Equipment Modernization, DSSPM

More than 600 soldiers at 4 Canadian Division Support Base Petawawa will test a new Canadian Disruptive Pattern (CADPAT) to help select replacement camouflage for the current iconic woodland and arid CADPAT patterns.

The original distinctive CADPAT, revolutionary for its time, was initially developed in 1997. It is most closely associated with the Canadian Army, but it is also worn by airforce and naval personnel when they work on land.

Canadian Special Operations Forces personnel wear another pattern, MultiCam, which is not being replaced.

Since CADPAT was issued, there have been several advances made in camouflage research, specifically protection from detection by infra-red and other night vision systems.

Starting at the end of September, 3rd Battalion, Royal Canadian Regiment will begin wearing coats and trousers, shell fragmentation protective body armor, bush caps, helmet covers and rank patches in the "Prototype J" mid-spectrum pattern.

This new four-colour pattern falls in the middle of the camouflage spectrum, not overly emphasizing brown or green tones.

While there have been over a dozen patterns tested, this is the first pattern to be taken out of a lab and tested using real soldiers who are undergoing rigorous training for overseas operations. There will likely be adjustments made to the pattern resulting from this trial.

The trial will last until July 2020. During

this time, the Human Factors Support Cell from the Soldier Systems Directorate within Director General Land Equipment Program Management will seek user feedback about the "Prototype J" pattern by conducting large-scale questionnaires.

The team will also conduct data collection, focus groups, and 3D body scanning to define how the current operational uniform and personal equipment can be improved.

This study will also include seeking out soldiers of smaller stature, including but not exclusively women, to ensure that the next generation of clothing and equipment fit the widest variety of soldiers possible.

The Soldier Operational Clothing and Equipment Modernization project, led by the Canadian Army Director of Land Requirements, in cooperation with Assistant Deputy Minister (Materiel) and Defence Research and Development Canada, has been working for over two years on harnessing technological advances to improve the functionality of Canadian Armed Forces operational uniforms and equipment.

The goal is operational clothing and equipment that protect and fit better while lightening the load carried by soldiers.

Transitioning to a single pattern from the current temperate woodland (green), and arid (tan) will also create efficiencies in terms of logistics.

With the final decision expected no later than 2022 and a full roll out 2027, the interim years will see mixed uniforms and equipment as items in the new pattern are gradually acquired and put into service.

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Yanick Létourneau, Christian Jalbert and Érick Cloutier will work as a team to transform a motorbike as a benefit to the Soldier On program. Photo by Édouard Dufour, Adsum Newspaper

CHOPPING A bike FOR SOLDIER ON

Édouard Dufour
DND

Chief Petty Officer Second Class Christian Jalbert, currently working at Naval Reserve Headquarters in Québec City, boasts a 27-year career in the Royal Canadian Navy (RCN), divided between the Regular Force and the Naval Reserve.

With the help of two collaborators, he is embarking on an ambitious project: modifying and auctioning off a motorbike as a benefit to the Soldier On program.

Thanks to donations from their loved

ones and the general population, the three men working on the project were able to purchase a 1994 Harley-Davidson Sportster bike for \$1,725. "Throughout my career, I've known and worked alongside people who were injured, both physically and mentally. I haven't experienced what they've had to live through, but I do see the impacts it all has on their lives. I wanted to do something that would bring them a sense of accomplishment and build awareness of mental health issues in the general population," said CPO2 Jalbert, a bike aficionado from a very early age.

For the coming months, the three men will meet weekly in Lévis, Quebec, to transform the bike. CPO2 Jalbert and his partners have already assembled the bike, having purchased it dismantled. Only a few parts of the original structure will have been retained when the machine reaches its final form.

The goal is to auction the bike off during fall 2020; all profits are to go to the Soldier On program.

"This program gives back to veterans who really need it. It enables them to become active again and it's a community promot-

ing sport and physical activity. I've met many people who were having trouble. They're just looking for that spark, such as what the Soldier On program offers, to push forward," said CPO2 Jalbert.

CPO2 Jalbert and his collaborators are forever on the lookout for partners and donors who can help them purchase the parts they will need to transform the bike. People who wish to contribute can do so by visiting the www.gofundme.com/soldier-on-bike-project page. Information on the project can also be found on the Chris De Moto Facebook page.

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PARLIAMENT HILL

Did you know it once was a military headquarters

Lynn Capuano
Army Public Affairs

Parliament Hill brings to mind the Parliament Buildings, the Peace Tower, the Changing of the Guard ceremony and the Canada Day fireworks, but it was once called Barrack Hill and was the headquarters for the construction of the Rideau Canal.

For the past few years, a series of archaeological digs have uncovered remarkably well-preserved remains of military buildings and a huge number of artifacts from almost 200 years ago.

The archaeological work is taking place as part of the Centre Block Rehabilitation Project (CBRP) overseen by Public Services and Procurement Canada (PSPC). It is one of the largest and most complex heritage projects of its type ever undertaken and is expected to take at least 10 years.

"It's standard practice to perform archeological studies before excavation takes place to make sure no potentially valuable artifacts are damaged or destroyed," said Stephen Jarrett, the Archaeology Project Manager and Lead Archaeologist.

The most recent dig, which began in May 2019, is the excavation of the guardhouse and other smaller buildings on the eastern side of the Hill. The dig is expected to continue until at least October of this year.

Hidden beneath green lawns, flowerbeds and statues for almost two centuries, the ruins are yielding many artifacts each day under the careful hands of between 10 to 14 archeologists. Items found include regimental buttons, coins, shako plates that adorned cylindrical military hats, pieces of crockery, beef and fish bones, an intact ceramic container the size of a beer bottle that held ink for a quill pen, and even children's marbles.

"This is a unique opportunity to work on one of the most important national historic sites in Canada, said Mr. Jarrett. It also has a

UNESCO world heritage site designation.

Final planning for the series of digs on the grounds of Parliament Hill began in 2017.

The archeological team dug trenches in July 2018, and their first major find was the barracks. Next, they located the powder magazine and cookhouse. The archeological studies for these was completed in 2018.

Well-preserved guardhouse located

In 2019, a dig for the guardhouse began. Mr. Jarrett said it is remarkably well-preserved. There was concern that it would have suffered damage from modern-day infrastructure projects, but this was not the case.

Although they had archival plans to guide them,

there were a few surprises. "We found an extension to the guard house that was not in the plans. It was added during the 1850s," said Mr. Jarrett.

The basement and first floor foundations of the guardhouse have been carefully dug out from the soil and brought back into the light after being demolished to make way for the Parliament Buildings. The foundations were built from irregularly sized stones quarried further east on the Hill.

"The building had three levels: a basement, first floor and second floor," he noted. "The second floor was the hospital which served the canal workers and the army people," he said. He also pointed out three small square jail cells, which were likely the first in Ottawa when it was still called Bytown.

He said the building was founded directly on the bedrock. "You can still see striations from the glaciers that moved southeast across the land."

Possible future tourist site

Will the dig site be buried again once the search for valuable artifacts is complete?

"It is being considered as a permanent tourist attraction but this is still under review," said Asha-Rani Boucher-Sharma, PSPC Senior Project Manager in charge of the Assessment Program of the CBRP.

She described how the team removed part of the guardhouse structure and electronically mapped it so that it could be rebuilt precisely as it was.

In July 2019, the dig was open for public tours for two weekends, prompting

the idea of a permanent visitor experience site.

Although it isn't known when the buildings were demolished to make way for the Parliament Buildings, it was probably during the 1860s. Some of the Barrack Hill buildings were still in use during and shortly after construction of the new complex. Only 34 years after the completion of the canal, the Parliament Buildings were completed. It is likely that some of the original stone was re-purposed for the new buildings.

How Barrack Hill came to be

Between 1827 and 1858, Barrack Hill was the site where Lieutenant-Colonel John By and the British Royal Engineers had their military quarters. They designed the Rideau Canal and supervised its construction.

The Engineers were supported by two British Army construction companies, the 7th and the 15th Royal Sappers and Miners, comprised of about 160 skilled craftsmen and soldiers with extensive construction experience. They, in turn, oversaw more than 6,000 labourers during the construction.

They constructed several buildings on the Hill, including three barracks, a guardhouse, a cookhouse and a hospital. These structures served as the headquarters for the six-year period that it took to build the Rideau Canal and were in use for about 30 years.

A brief history of the Rideau Canal construction

The Canal was originally built following the War of 1812 for a military purpose: to provide an alternate supply route from Montreal to Kingston during a time when the only other route, the St. Lawrence Seaway, was vulnerable to attack from the American side.

That attack never came, and today, the Rideau Canal is known today for pleasure boating in summer and as one of the longest skating rinks in the world in winter.

The first shovelful was turned in the fall of 1826 and by the time the final stone was in place a mere six years later in the spring of 1832, more than 202 kilometres of earth and rock had been moved using explosives, picks, shovels, wheelbarrows – and plenty of sweat and blood.

The Canal was built by more than 6,000 labourers, many of them Irish immigrants and French Canadians. An estimated 1,000 died from blasting accidents, rock falls and malaria so bad that work often ground to a halt in late summer due to widespread illness. Even LCol By suffered from malaria on more than one occasion.

Following the completion of the Canal, about 70 members of the Sappers and Miners remained in Canada, with some serving as lockmasters along the canal.



The foundation walls of a 19th-century guard house beside the East Block building on Parliament Hill are excavated as part of the assessment work for the estimated 10-year rehabilitation of the Parliament Buildings in Ottawa, Ontario, on July 30. Photo by Able Seaman Camden Scott, Army Public Affairs

Top of page: An assortment of artifacts from the remains of a 19th-century guardhouse on Parliament Hill found from May to July 2019, and includes children's marbles, various pieces of dinner plates and ceramics, pins and military buttons. Photos Courtesy Public Services and Procurement Canada

Air Force drops meteorological buoys in Arctic

DND

The second week of July was an exciting one for some members of 413 Search and Rescue Squadron as they left 14 Wing Greenwood, Nova Scotia, and headed north for the Arctic Buoy drop.

This was the first time 14 Wing had been tasked with this annual mission.

The crew flew to Resolute Bay, Nunavut, which served as their home base for the two days it took to successfully drop the buoys. Resolute Bay is an Inuit hamlet on Cornwallis Island, with a population of about 200. This time of year, they experience 24 hours of daylight and an average temperature of 4.5°C.

The buoys themselves came in two sizes: three large ones, which were dropped from 91.5 metres above the water, and eight small ones, which were dropped from about 305 metres over either ice or water.

When it was not too foggy, the buoys could be seen parachuting down to the white earth below. Once each settled, the meteorologist on board could almost immediately pinpoint each location. Along with a GPS and enough batteries to last for five years, the buoys possess technological capabilities to help

track ice and weather conditions around the ice cap, ultimately leading to everyday weather forecasts.

There are already many of these buoys spread across the Arctic, forming a meteorological network, so it's the job of the navigator to plan a suitable path, ensuring the drop locations aren't overlapping with those of previous drops.

Teamwork made the trip possible. While the pilots, navigator and loadmasters came from 413 Squadron, the flight engineer and technician came from 424 Transport and Rescue Squadron, based at 8 Wing Trenton, Ontario. 424 also provided the CC-130 Hercules on which approximately 34 flying hours were logged over four days, including transport to and from Resolute Bay and Trenton.

The rest of the team was com-

posed of seven civilians from an array of organizations, including Environment Canada, Defence Research and Development Canada, the National Oceanic and Atmospheric Administration, the Office of Naval Research, and the University of Washington.

Corporal Joe Gervais and Master Corporal Marc Lapensee push a large buoy carrying a GPS and enough batteries to last five years from the back of a CC-130 Hercules aircraft to the Arctic icepack below. They are from 424 Transport and Rescue Squadron, based at 8 Wing Trenton, Ontario, as is the Hercules.

Photo by Ignatius Rigor



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Bravo Zulu

MARPAC Presentations



Commodore Angus Topshee, Commander of the Canadian Pacific Fleet, presents Chief Petty Officer Second Class Brayden Wise with the First Clasp of the Canadian Forces' Decoration for 22 years of service.

Photo by Leading Seaman Brendan Gibson, MARPAC Imaging Services

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Naval Fleet School Promotion



Lt(N) J.Z. Martin is promoted to his current rank by Cdr Fortin.



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MARPAC Presentations

Commodore Angus Topshee, Commander of the Canadian Pacific Fleet, presented awards at the Honours and Awards Presentations at the Chiefs' and Petty Officers' Mess Sept. 9.

Photos by Leading Seaman Brendan Gibson, MARPAC Imaging Services



Roger Anderson receives his Commander of the Royal Canadian Navy (CRCN) Commendation.



Christine Farrington receives her CRCN Commendation.



Lieutenant(N) Donald Read receives his CRCN Commendation.



Petty Officer Second Class Paul Quin receives his CRCN Commendation.



Petty Officer First Class Dominic Fortin receives his CRCN Commendation.



Petty Officer Second Class Adam Marier receives his CRCN Commendation



Petty Officer Second Class Michelle Howell receives her CRCN Commendation.



Sub-Lieutenant Sabastian Seo receives his CRCN Commendation.



Commander Ryan Saltel receives his CRCN Commendation.



Chief Petty Officer First Class Arvid Lee receives his CRCN Commendation.



Major Solomon Martins receives his CRCN Commendation.



Lieutenant (Navy) Maul-Wilson receives her CRCN Commendation.



Petty Officer First Class Jamie Fraser receives her CRCN Commendation.



Petty Officer First Class Patrick Fortin receives his CRCN Commendation accompanied by his family.



Petty Officer Second Class Daniel Donaldson receives his CRCN Commendation.



Chief Petty Officer Second Class Malcolm Johnston receives the Joint Services Commendation Medal.



Naval Fleet School Pacific Certificate Presentation

Commander Fortin, Commandant of Naval Fleet School Pacific, presented certificates during the Naval Combat Systems Engineer Applications Course on Sept. 9.



SLt Zhou received a certificate of completion.



SLt Alonso Rodriguez received a certificate of completion.



SLt Fowles received a certificate of completion.



SLt King received a certificate of completion.



SLt Lemieux received the Top Student Award.



SLt Lemieux received a certificate of completion.



SLt Whyte received a certificate of completion.



SLt Williams received a certificate of completion.



SLt Yun received a certificate of completion.

LS Malek is promoted to his current rank by LCdr Laycraft and PO2 Theriault on Sept. 10 at NFS(P).



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Sea Training Pacific

Commander Paul Francoeur (left), Commanding Officer of Sea Training Pacific, presented medals and awards during the Sea Training Pacific Divisions held Sept. 6.
Photos by Leading Seaman David Gariepy, MARPAC Imaging Services



Lieutenant Commander Meryl Sponder receives her Canadian Forces' Decoration.



Lieutenant Commander Clayton Erickson receives his Canadian Forces' Decoration.



Chief Petty Officer Second Class Brian Whitman receives his Special Service Medal.



Chief Petty Officer First Class Arvid Lee receives the Command Commendation.



Deputy Fire Chief, Geordie Douglas is appointed Base Fire Chief by Capt(N) Sam Sader, Base Commander, and Doug Young, Commander of the Port Operations and Emergency Services Branch.



Sailor of the Year

Master Seaman Antonovic was presented the 2018 MARPAC Sailor of the Year award by Geraldine Hinton, of the British Columbia Government House Foundation.



Capt Jordan Holmes is promoted to her current rank by Cdr Brad Henderson and Capt Cheryl Major. She assumes the role of New Media and Production Officer at Regional Cadet Support Unit (Pacific).

HMCS Regina Change of Command



Commander Jacob French, former commander of HMCS Regina, signs the certificate to hand over command to Commander Landon Creasy, while Commodore Angus Topshee (middle), Commander Canadian Fleet Pacific, approves the transition during the Change of Command Ceremony aboard HMCS Regina on Sept 10.

Photo by Leading Seaman Bryan Underwood, MARPAC Imaging Services



HMCS Chicoutimi Medals and Awards



Lt(N) Elizabeth Mohammad received the Canadian Forces' Decoration from Capt(N) Jean Ouellet.



OS Kevin Ranger received the Southwest Asia Service Medal from Capt(N) Ouellet.



PO2 Andrew Fisher and PO2 Francis Lallemand each received a Chief Petty Officer coin and certificate.

Base Information Services Awards and Promotions



Cpl Dlugaj is promoted to his current rank by Capt(N) Sam Sader, Base Commander, and Commander Nicholas Manley, Base Information Services Officer.



PO1 Brandon Ensom is promoted to his current rank by Cdr Manley, Base Information Services Officer.



Brenda Lamont is presented her certificate for 35 years of service to the Government of Canada by Capt(N) Sader.



Kristine Todd is presented a Bravo Zulu Award for her support to HMCS Calgary by Cdr Manley, Base Information Services Officer.

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This street level suite was built in June 2017 with custom kitchen cabinetry and sturdy laminate flooring. The suite has a spacious front room with a good sized bedroom (full closet) plus a den or child sized bedroom. There is a large shared backyard with multiple gardens surrounding the property. Additional features: Inclusive of high speed internet access, hydro, water, dishwasher, and in suite laundry. Minutes walk away from Esquimalt Recreation Center, Saxe Point park, and Esquimalt Plaza (grocery store, liquor store, pharmacy, bank, etc). Perfect for young professional or couple. Must provide references. No dogs, cats considered. Call 778-855-9405 by cell or 250-544-0200 ext. for work.

UNFURNISHED 4 BEDROOM FAMILY HOME

Situated on a quiet street in View Royal and only minutes from the ocean, shopping, schools and bike trail. Large sunny lot and a wonderful neighborhood. Full walk out basement with two 3-piece bathrooms. Available October 1st. \$3,000 a month rent, does not include utilities. Tenant is not expected to do yard maintenance. Contact me at c.chernoff.3@gmail.com

REAL ESTATE FOR RENT

GORGE WATERWAY - 3 BR+ GROUND-LEVEL SUITE

Fantastic location, just off the beautiful Gorge Waterway, close to Galloping Goose Trail. Ideal for those who value health/active, nature-oriented and neighbourly. Community-minded house looking to rent ground-level suite in the house: the landlord lives upstairs & looking for compatibility (professional, arts/music/yoga friendly). Quiet family neighbourhood. Space can work well for couple or couple with young child. Great schools near-by. Two bedrooms regular sized, with a smaller third room suitable for storage or home office. Separate entrance looks onto large, shared backyard with covered patio. Shared laundry. Bedrooms newly carpeted, whole suite freshly painted, new blinds on all windows. Non-smoking (of any kind, in or on property). No pets.

October 1 or before. \$1900 - includes utilities: heat, hot water. Please describe who will be renting and what you are looking for in a home. Viewing by appointment - email julia@juliamentard.com.



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Please call 250-888-1212 between 8AM-4PM (no texts)

REAL ESTATE FOR SALE

2 BEDROOM, 2 BATHROOM CONDO FOR SALE IN ESQUIMALT.

Southwest facing suite with secure underground parking. Over 1,000 square feet. Shared laundry (only \$0.50 per load). Small pets welcome; +21 age restriction. Call Jaci to view or bring your own realtor. 250-466-4246. **\$329,500**

NEW FOR RENT: 3 BEDROOM/1.5 BATH HOUSE WITH LARGE YARD

Looking for a long term tenant. A beautiful, bright 3 bedroom/1.5 bath house with large yard and great sundeck. The house is located in a quiet, low-traffic neighborhood. Close to Gorge Waterway/golf course. Great schools, transit route. Walking distance to all levels of school.


Over 1200 square feet of space in this large, main level suite with your own full laundry and storage downstairs. New wooden storage shed in yard for bikes, kayaks, camping gear, etc.

Bonus: Fenced backyard; Walking distance to Gorge Park.

Monthly rent \$2350.00 + Utilities, No smoking, Pets negotiable, 1 Year lease; References and income verification required. Rental can start from Oct. 1. Please email with brief introduction. rune@norlandconstruction.ca

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