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MARPAC NEWS CFB Esquimalt, Victoria, B.C.

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Cpl Michael Bastien, MARPAC Imaging Services

Maritime Forces Pacific's Senior Command Team and the Interim CEO of United Way hold up their donation forms just before the official Government of Canada Workplace Charitable Campaign (GCWCC) kick off, held at the Naden Drill Deck during the Industrial Supplier Trade Show Sept. 19. From left to right: CPO1 Shawn Taylor, Heather Gardiner, Capt(N) Luc Cassivi, RAdm Bill Truelove, CPO1 Paul Helston, Cmdre Bob Auchterlonie, CPO1 Michel Vigneault and Capt(N) Bradley Peats.

Fund raising goal for MARPAC GCWCC announced

Shawn O'Hara
Staff Writer

This year's goal for the Government of Canada Workplace Charitable Campaign (GCWCC) was announced to thunderous applause at the 2013 Industrial Supplier Trade Show.

Base Commander Capt(N) Luc Cassivi announced CFB Esquimalt's fund raising goal of \$700,000, stating it is a reachable and reasonable milestone. "We know the military community is one of giving," said Capt(N) Cassivi. "We're also a family-oriented one, and the United Way helps fund

programs that aid families across the region." CFB Esquimalt's goal of \$700,000 is a part of a regional goal of \$6 million. Capt(N) Cassivi says the United Way and Healthpartners are able to help more people than most might realize. "One in three people receives

some kind of help from a United Way funded group," he says. "This isn't just a campaign that affects us, it affects a huge portion of our community." Interim CEO of the United Way of Greater Victoria Heather Gardiner was on hand to speak of the charitable spirit of the military community and of the

United Way. "I myself have had support from United Way organizations in the past," she said. "Without their help, and without the help of the military which is our biggest contributor, many people in our community would have much harder lives. Thank you so much for your help and care."

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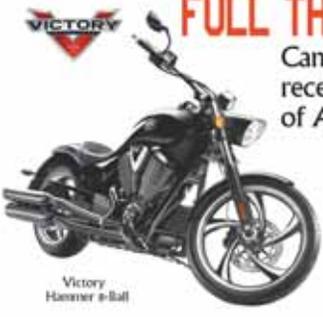
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Special visit to the West Coast

Photos by Cpl Michael Bastien, MARPAC Imaging Services
Left: VAdm Mark Norman, Commander of the Royal Canadian Navy, inspects the parade during a 50-person Guard of Honour held at Duntze Head Sept. 16. VAdm Norman was in town for the Western Pacific Naval Symposium Senior Enlisted Working Group.
Above: VAdm Norman stops to talk with AB Gregory Andreychuk during inspection.
Below: VAdm Norman receives a General Salute.



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Cpl Michael Bastien, MARPAC Imaging Services

RAdm Bill Truelove addresses guests at the kick-off of the Government of Canada Workplace Charitable Campaign (GCWCC) held at the Naden Drill Shed on Sept. 19.



A bird's eye view of the show floor at the 2013 Lookout Newspaper Industrial Trade Show.



Above: Inderjit Singh, Director of Neilsen Clothing, chats with RAdm Bill Truelove about his new line of Gortex clothing.

Below: Ryan Conway from Interstate Batteries shows off this year's newest products.



GCWCC Campaign Chair message

It is a great pleasure and privilege for me to be your 2013 Maritime Forces Pacific and Joint Task Force Pacific (MARPAAC/JTFP) Chair for the annual Government of Canada Workplace Charitable Campaign (GCWCC). I personally believe in the power of this campaign as a tool to better understand the needs of our community, the role of charitable organizations at large but also as a means to empower community leadership where it is most needed.

I encourage you during this campaign to take the time to listen to your unit's volunteer canvassers, visit our website and those of charitable organizations that matter to you, participate in information sessions or "day-of-caring" activities and consider if you have a role to play in this aspect of our society. You may already be a leader in the community as one of the many volunteers who make things work in so many organizations and I want to personally thank you for that. You already make a huge difference. For

others, time is precious and donations are a great way to support volunteers in the community. Whichever way you choose to contribute is an individual choice. Our goal is to raise the social awareness and enable donors to easily contribute.

The GCWCC empowers federal employees and our military members to consolidate their charitable donations in one administrative transaction through payroll deduction, credit card or cash contributions to the United Way, Healthpartners or any registered Canadian charity wherever it may operate. This simplifies your administrative load and gets your precious funds where you want them to be. From medical research, support for the elderly and sick, care of impoverished youth, get out of poverty programs, and crisis centres to name a few, there is an organization out there which supports a cause you are passionate about: they can use your help. Healthpartners are a great way to contribute to a national effort to address a cause where the

United Way enables you to contribute to smaller organizations focused on regional needs. Closer to home, the Military Family Resource Center provides critical programs in support of the unique challenges of military life; a donation to it is an investment into our military community.

Thank you for taking the time to read this message. For our regular donors, many thanks for your continued support and please check out our website and campaign information to see the impact your donations have had in the community. For those who are considering donating for the first time, please talk to other donors and to our volunteers to make the choice which is right for you.

Let's have a great campaign, nurture the spirit of giving and be an agent for change in your community!

Luc Cassivi
Le capitaine de vaisseau
Captain (Navy)
Campaign Chair

From the Leadership Chair

Dear friends and colleagues of the local Department of National Defence community,

I am honoured to assume the role of leadership chair for the 2013 Government of Canada Workplace Charitable Campaign (GCWCC). Every year, the greater MARPAAC Formation shows our commitment to building a stronger and healthier community by supporting United Way, Healthpartners and thousands of other registered charities throughout Canada. Last year, nearly half of MARPAAC donors were leader donors; those contributions totalled more than half of the total campaign.

This year I am counting on your

continued support not only as leader donors, but as individual spokespersons for this campaign. While it seems that the value of each donation is measured in dollars, the true value comes from the understanding that each and everyone of us who are part of this campaign are making a lasting difference in our communities.

Campaigns such as this are not easily run, and therefore I would like to take this opportunity to thank in advance the numerous volunteers, unit representatives and the Formation as a whole for your enthusiasm and collective efforts to making the 2013 GCWCC the strongest yet. Your commitment to a successful campaign is

evidenced by the excitement generated and the continued awareness of the difference that a simple donation makes.

To the greater MARPAAC community I ask of you only this; take the time to listen to canvassers as they share information about the campaign. If you do only this, you will quickly realize what a tremendous opportunity you have to make a difference.

All of us have a role to play in the 2013 GCWCC – you decide.

Respectfully,
Le capitaine de vaisseau
Bradley Peats
Captain (Navy)

matters of OPINION

WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372
melissa.atkinson@forces.gc.ca

STAFF WRITER

Shawn O'Hara 250-363-3672
shawn.o'hara3@forces.gc.ca

PRODUCTION

Carmel Ecker 250-363-8033
production@lookoutnewspaper.com

Francisco Cumayas 250-363-8033
projects@lookoutnewspaper.com

ADMINISTRATIVE ASSISTANT

Kate King 250-363-3014
kate.king@forces.gc.ca

ACCOUNTS

Laura Spence 250-363-3127
laura.spence@forces.gc.ca

SALES REPRESENTATIVES

Ivan Groth 250-363-3133
ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602
joshua.buck@forces.gc.ca

EDITORIAL ADVISORS

Capt Jenn Jackson 250-363-4006
Sara Helmecci 250-363-7060

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People Talk

Lookout asked this question:

What is your favourite part about the Industrial Supplier Trade Show and why?



I've got to say the free lunch from the Hungry Rooster was a pretty cool bonus to the already very interesting event.

PO2 Shawn Wright



I really liked checking out the gear suppliers. I'm very interested in the next generation of work equipment that's coming out and this is a great way to get a first-hand look at it.

PO2 David P-Gagnon



These kinds of event are great for seeing how the private sector interacts with the military community, so it's always really interesting coming down and seeing how willing they are to work with the military.

PO2 Darren Gordon



It's a great opportunity to catch up with people you've worked with in the past, but haven't seen in a while. There's always such a variety of people around, so it's nice to meet new people as well.

Gillian Larsen



The free stuff is pretty cool. There are a lot of booths giving out a bunch of free things so you always come away with something interesting.

AB Robert Ead



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SPORTS trivia

by PO1 Bill Sheridan
Contributor

1. Why did Bruce Hood retire?
2. Which city had the most franchises move from it?
3. Who was nicknamed oil can?
4. What is the weight of a basketball in the NBA?
5. Playing with Fire is a book about which hockey player?
6. Who took time during a drive to point out John Candy in the stands?
7. What city team sings blue moon
8. What has between 380 and 432 dimples?
9. Terry Sawchuk wore which number on the red wings
10. Pele at age 34 was signed out of retirement by which team?
11. Who was the first recipient of the Conn Smythe Trophy?

1. A bench clearing brawl took place which was nicknamed the Good Friday Massacre and led to his retirement as a referee it was during the playoffs between the Habs and Nordiques.
2. Milwaukee, Baltimore, Kansas City and Cleveland all had three franchises move from their city.
3. Dennis Boyd, pitcher in the major leagues.
4. 567-650 Grams.
5. Theo Fleury
6. Joe Montana
7. Manchester City
8. A professional golfers golfball Number 1
9. New York Cosmos of the NASL.
10. Jean Beliveau 1965
11. Jean Beliveau 1965

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Company facilitates training for marine industry

Shawn O'Hara
Staff Writer

A retired naval captain is changing the way marine industrial training is done in British Columbia.

Capt(N) (Ret'd) Alex Rueben best known for leading Fleet Maintenance Facility Cape Breton and serving as MARPAC Chief of Staff, is the Executive Director of the Industrial Marine Training and Research Centre (IMTARC).

Last February, the doors to his organization opened in a modest one-story building on the outskirts of Naden.

For the first time in B.C. marine history, there is a centralized, specialized facility for marine industrial workplace training, research and development.

"Before, many industrial marine employers worked out their own isolated solutions to training their workforces, if they could afford it or made it a priority. In the case of the smaller employers, the training was often unaffordable. Now, IMTARC makes the training affordable and brings the industry together in the classroom where they learn as much from each other as from the curriculum being taught," explains Rueben.

The facility features two classrooms with a 24 student capacity, and a 12-person computer lab with one-touch projection systems

and networks that allow direct conference calling to classrooms across the country.

"Some of our clients are large organizations with operations in several locations so they need to be connected," says Rueben. "This lets them offer the same level and fidelity of training to multiple classrooms at the same time."

IMTARC serves the needs of marine industrial organizations by brokering training provided by private and public training service providers, leasing out the learning facilities, and developing new curriculum for topics such as ship repair industry entry level training (pre-employment course), industrial marine estimating, industrial marine planning and scheduling, industrial marine terminology, and various leadership courses focused on industrial working environment.

"The more streamlined, relevant, and proximate the training program is, the more effective it is for the company."

IMTARC has also branched into research and development of marine industrial technologies, working with post secondary institutions and high tech industry to bring innovation and enhanced productivity to the shipbuilding and ship repair industry. "Things like laser welding, the use of composite materials, or the use of liquefied natural gas for marine propul-



Shawn O'Hara, Lookout

Instructor David Rogers from BC Hazmat Management Ltd. teaches a Workplace Hazardous Materials Information System (WHMIS) course to employees of Seaspan.

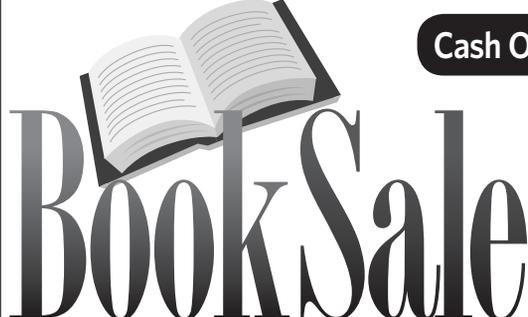
sion are the kind of things we're interested in," says Rueben. "This is an interesting time for these kinds of technology and it's going to lead to some significant advances for the marine industry."

They are also working with the B.C. government to help innovative small and medium enterprises introduce their products into the supply chain.

"There are a lot of companies putting out great products, but it can be difficult for them to get the qualifications and certifications they need to break into the market," says Rueben. "We hope to put a learning and enabling framework into place that will allow these companies to compete effectively in the supply chain and work in partnership with larger companies to meet the needs

of the marine industry." With less than a year of operation, Rueben says the future of the organization is bright, as is the future of the marine industry.

"We're proud of the work we do here. Hopefully, with time, we'll help make the B.C. marine industry not only a nationally competitive industry but also a player in the global marketplace."



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HMCS Ottawa shows capabilities to guests

Amanda Gagnard
MARPAC PA

HMCS Ottawa opened up its hatches and work spaces to a flood of special guests and stakeholders for a day sail last Tuesday.

As the warship slipped away, RAdm Bill Truelove welcomed the more than 80 guests on board, and asked them to complete a minor homework assignment.

"I would like you to get to know a sailor," he said.

Ottawa's Commanding Officer, Commander Julian Barnard, reiterated that statement, highlighting the importance of day sails and connecting with Canadians. Invited guests were eager to oblige both of them, and quickly began interacting with ship's company and others on board.

Among the distinguished guests was Honorary Captain (Navy) Cedric Steele, who took this opportunity to continue fostering connections between the business community and the Royal Canadian Navy.

"The purpose of today is to bring the navy to Canadians," said HCapt(N) Steele. "Day sails are

extremely important for me because it brings the community and the navy together. With the support of the community and local businesses, the men and women of the Canadian Armed Forces will have the necessary resources and services to continue doing what they do best which is to defend Canada at home and abroad."

The day sail included lunch and guided tours throughout the ship, including the Machinery Control Room, Operations Room, the bridge, and sick bay.

There were also dynamic displays, including rescue operations, casualty clearing, and damage control demonstrations. Lastly, guests were treated to a thorough demonstration of air operations by a CH148 Sea King helicopter.

OS Stewart Carmichael, recently posted to Ottawa, was one of the tour guides for the day sail. "It is great for our distinguished guests to have the opportunity to talk to a sailor and to see what life is like on board a ship. It helps show what we are capable of as a navy."



Above: PO1 McNicol gives guests and media a tour of the Machinery Control Room.



Right: The clear skies and calm seas continued through the outdoor aspect of the day sail, where guests were treated to a stunning display of flight deck and circling manoeuvres by a Sea King.

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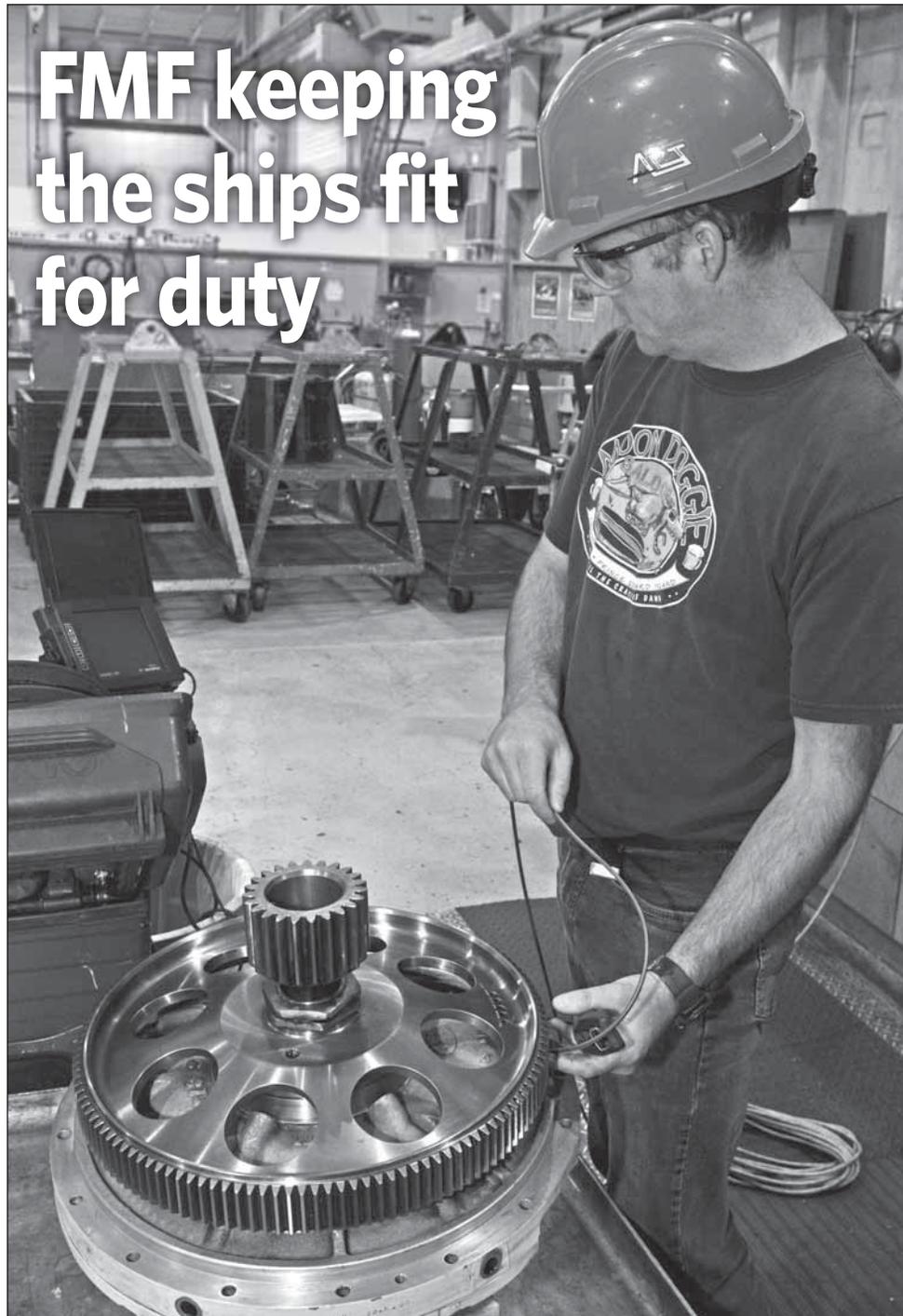
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Shawn O'Hara, Lookout

Above: Neil Caird, Inspector with Shop 143, uses a video probe to conduct preventative maintenance on a super charger fluid coupling for HMCS Victoria.

Below: Welder Pat Carlson works on a replacement deck insert for HMCS Winnipeg, which is currently under repair following an accidental collision last April.



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Naval officer takes bronze in World Armwrestling Championships

Shauna Waterman
Trident Staff

An East Coast naval sailor put in a strong finish at the World Armwrestling Championships in Gdynia, Poland, held the first week of September.

SLt Will Sarty joined 21 Canadians in the event that drew 2,200 competitors from 49 countries in 158 weight classes. This was his third world championship in both left and right arm categories.

During the Left Arm category, SLt Sarty defeated competitors from Turkey, Russia, Brazil, Bulgaria and Poland. However, he lost two matches to the Gold and Bronze medalists from Kazakhstan and Ukraine. This placed him seventh in the world in this category.

In the first match of the Right Arm category, SLt Sarty's clenched hands with the defending world champion from Turkey. The Turkish arm-wrestler held his title by defeating the sailor.

Down but not out, the sailor defeated Japan, Russia, Ukraine, Poland, Bulgaria, Brazil, Azerbaijan and Uzbekistan. These wins placed him to the top three ranking. After an

incredibly long match against Russia, SLt Sarty came out victorious. But he laid down to Kazakhstan in the silver round because he felt the Kazakhstan competitor had a better chance to win gold against Turkey.

At the end of the championships, SLt Sarty added World Armwrestling Bronze Medalist to his list of accomplishments. He was the only Canadian to place above the top eight.

He also received a surprise award, the Team Captain Award for dedication, organization, motivation and sacrifice, by supporting all members of Team Canada throughout the tournament.

SLt Sarty has been arm wrestling competitively for 13 years and has earned 13 national titles, and competed in three world competitions in Canada, South Africa and now Poland. The most recent competition was by far the most elite competition in history.

"Defeating Russia in the semi-finals for Bronze is the greatest moment in my arm wrestling career and I owe this to the Canadian Armed Forces and Personnel Support Programs for their support," says SLt Sarty.



Cpl Charles A. Stephen, Formation Imaging Services

Above: Commander Maritime Forces Atlantic, RAdm John Newton, congratulates SLt Will Sarty, a Logistics Officer with Maritime Operations Group 5, on having been invited to the World Armwrestling Championship in Gdynia, Poland.

Right: Representing Canada, SLt Sarty takes on Turkey, on day four of the championships, and wins.



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Base Construction Engineering has removed this building, which served as a pub, married quarters, and degaussing station at one time in its long life near Esquimalt Lagoon.

Vacant building removed

Shawn O'Hara
Staff Writer

The rumble of back loaders and shouts from construction workers heralded a final goodbye to a long neglected fixture by the Esquimalt Lagoon.

The stout building that once sat at the mouth of the lagoon was recently taken down by a Base Construction and Engineering (BCE) team.

"It's always sad to see buildings like this go," says Sgt Don Fraser, Contracts Coordinator for BCE. "However, when it sits empty as long as this building has it's really not being used to its full potential."

The stucco-sided, two story building was erected in 1938 and served as a pub until 1942 when the property was expropriated by the Department of National Defence (DND) and used by Royal Roads. Over the years it has served a number of purposes such as married quarters, a station for Canadian Rangers

patrol groups, and a ship degaussing station run by the Fleet Maintenance Facility Cape Breton.

Despite its past uses the building has been unused since 2006.

"It was decided the cost of maintaining a building that wasn't going to be used again was too great," says Sgt Fraser. "That, along with land erosion, contributed to the decision to bring the building down."

As the site is across the

It's always sad to see buildings like this go. However, when it sits empty as long as this building has it's really not being used to its full potential.

-Sgt Don Fraser
BCE Contracts Coordinator

road from a bird sanctuary and borders the ocean, Sgt Fraser says utmost care was taken to make sure the building fell in the least impactful way.

"We basically dug out the building until it came straight down as opposed to falling towards the ocean or across the road," he says. "It's very important to DND to protect against negative environmental impact when we go about our work."

While the building no longer remains, its materials will find new life in buildings across the region. Flooring, electrical wiring, metal fabrications, and stone used in the construction will be used by local contractors in other projects.

"Recycling during this kind of project is so hugely important," says Sgt Fraser. "The more we recycle, the less waste makes it to the landfill. It's better to go through the extra work of sifting through the materials than to deal with the impact of overfilling dumps."

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The adventure of serving in Yemen with the Royal Canadian Air Force

Maj Bill March
Air Force History & Heritage

If you were recruiting for the Royal Canadian Air Force (RCAF) back in the early 1960s and had a slightly twisted sense of humour, you might have designed a poster that read:

"Lawrence of Arabia was a wimp! Do you enjoy extreme heat? Does the thought of flying from primitive airstrips while dodging fighter aircraft and ground fire excite you? Do you consider bad water, long drawn-out bouts of diarrhea and eating decades old field rations a trip to the spa? Are dangerous and aggressive insects a hobby? Then the RCAF is for you! Remember to tell the local recruiter that you want to volunteer for duty with the United Nations."

In those days, for recruits "fortunate" enough to make it through the screening process, there was a good chance they may have found themselves part of the United Nations Yemen Observer Mission (UNYOM).

In 1962, Yemen was the site of a nasty spat between forces of President Nasser of Egypt, who supported the overthrow of the existing monarchy and establishment of a pro-Egyptian government, and Saudi Arabia whose ruling family, the House of Sa'ud, sided with royalist tribesmen.

After a year of inconclusive fighting, all sides agreed to a ceasefire, withdraw non-Yemeni forces and allow the UN to establish a presence to permit the peaceful resolution of the crisis. Headquarters for UNYOM would be located at the Yemeni capital of Sana (or Sana'a), which observation elements placed along a demilitarized zone on the northern Yemen-Saudi border. The bulk of the UN ground forces would be provided by Yugoslavia, while Canada would provide staff and air support in the form of 134 Air Transport Unit (ATU).

In June 1963, Cabinet approved the Canadian contribution and the RCAF was off to Yemen.

The duties envisaged for 134 ATU were not significantly different from those being conducted in support of the UNEF - light transport, liaison and surveillance. However, the terrain ranged from desert plains along the coast, to rugged mountain ranges in the interior that rose to elevations greater than 12,000 feet. The main UN headquarters was established at

the capital of Sana (or Sana'a), but conditions at the "international" airport there were charitably described as primitive, and forward locations along the demilitarized zone in the northern part of the country were often merely semi-level strips of sand. These conditions, combined with the heat and altitude of approximately 7,200 feet at Sana, made it impossible to use the H19's and rather challenging to operate the Otters.

By UN standards, the air presence in Yemen was to be robust. The original plan called for three H19

helicopters along with three Otter and two Caribou aircraft. All of these were to be operated and maintained by 134 ATU consisting of approximately 50 officers and men under the commander of Squadron Leader A.I. Umbach. While the bulk of the personnel would be forthcoming from Canada, an advance party consisting of a single Otter and Caribou, with flight and ground crew, from the RCAF contingent (115 ATU) with the United Nations Emergency Force (UNEF), departed for Yemen June 12, 1963.

Preparatory training for this new mission would be considered rudimentary by today's standards.

Leading Aircraftman (LAC) Doug Poole, as part of the advance party, was required to draw a 9 millimetre (mm) pistol prior to departure. Poole remembered that, "As we were leaving, the pilot asked if any of us had ever fired a 9-mm pistol. Nobody had. 'No problem' the youthful small-arms instructor replied, 'you simply slip in the clip, pull back the breach, point the thing and pull the trigger.' This was to be

the extent of our weapons training. I since have it on good authority there is more to it; that is, if you actually expect to hit anything."

Canadians gathered supplies from whence they could. Fortunately, the United States Air Force came to the rescue at the very beginning and provided some welcome supplies. Poole recalled that "The provisions included...battle rations dated 1945 and an enormous amount of Coca-Cola. The rations were not that bad. We could smoke the cigarettes and eat the chocolate bars. We even got used to

the black stuff floating around in the corn beef hash. The Coke was especially welcome. An Austrian doctor sent a water sample away to be analyzed. When the report came back, he warned us not to drink the stuff. He advised us not to even use the water to wash our face, as it couldn't be purified by boiling at this 7,200-foot altitude."

Operating in Yemen called for the establishment of some unique standard procedures with respect to operating the aircraft.

Flight Lieutenant (Retired) George E. Mayer recalled that, "To determine the maximum payload for the Otter under these extreme conditions required an unorthodox solution. We simply filled the aeroplane up, closed the door, and attempted to take-off. If we were not airborne by the time we reached 90 [knots], or normal cruise speed, we aborted the take off, returned to base and threw out some cargo and tried again."

Every aircraft was hit by small arms fire, but fortunately nothing critical was ever damaged. Still, 134 ATU would provide valuable service to the UN until withdrawal in September 1964. Although danger to RCAF personnel due to an upswing in fighting amongst the various factions was the primary reason they were withdrawn from Yemen, there was a growing sense of frustration from within ATC concerning conditions on UN missions.

A report submitted to RCAF Headquarters in December 1963 noted that, "The worst example of this is Yemen where the living conditions of RCAF personnel are simply described as atrocious. The degradation of Canadian standards of hygiene, health, sleeping and eating is too much to expect of Canadian servicemen in peacetime operations.... We in the RCAF have reached the peak of our endurance in the filthy living environment of Yemen...." =If you want to learn more about the mission, I recommend you take a look at Canadian Forces Headquarters' Historical Report No. 13, "Canada and Peace-Keeping Operations Yemen - U.N.Y.O.M." available at www.cmp-cpm.forces.gc.ca/dhh-dhp/his/rep-rap/doc/cfhq/cfhq013.pdf. If you wish to read more about the adventures of Doug Poole, George Mayer, or other members of that mission, click on "Yemen" at www.115atu.ca/

There's black stuff floating in the corn beef hash



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Cougar sightings prompt awareness

Shawn O'Hara
Staff Writer

CFB Esquimalt employees and residents in Belmont Park have experienced a few, albeit rare, cougar sightings in the last few months.

Encounters with the big forest cat can be scary and dangerous.

In the event of an outdoor encounter with a cougar Peter Pauwels, Conservation Officer with the Ministry of Environment, says quick movements can provoke the animal, so it's important to stay calm, move slowly, and pick up children or small pets.

"Usually they'll stay away as long as you don't give them a reason to attack," says Pauwels. "If they seem to be acting aggressively then make yourself a threat. Show your teeth, yell, and make yourself look as big as possible. It's important to make them know you're not prey."

If a cougar does attack, fight back. Grab a weapon such as a rock or stick and

focus on hitting the head and eyes of the animal.

"Cougars don't give up easily, but they usually only fight to defend themselves or if they have the advantage," says Pauwels. "If you show them you're not prey you'll have a better chance of scaring them off."

If you see a cougar outside while inside a building, Pauwels says be absolutely sure you know it's a cougar before calling it in.

"A lot of the calls we get are a matter of mistaken identity," he says. "Funny enough orange house cats are the thing we usually end up finding. Seen from a distance they can look just like cougars, especially if you're not totally clear on how far away it is."

Pauwels says to look at the surrounding environment to see if there are animals nearby that seem uninterested or unconcerned.

"Animals are very perceptive, so if they don't seem worried then it's probably nothing," he says.

If it's a cougar, Pauwels says to call the Ministry of Environment's hotline at 1-800-663-9453, or either the local Military Police or RCMP detachment.

"Law enforcement is a good place to start because they'll call us," he says. "They also have a lot more personnel and will be able to respond a lot faster."

For more information on cougar awareness and what to do if you see a cougar visit. www.env.gov.bc.ca.

Cougars don't give up easily, but they usually only fight to defend themselves or if they have the advantage.

-Peter Pauwels
Conservation Officer



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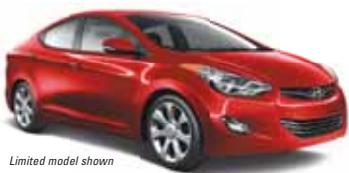
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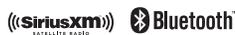
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Jewelry fundraiser helps school kids

Baubles & Bling fundraiser will be held in the lobby of the Atrium building at the corner of Yates and Blanshard Thursday, Oct. 17 from 4 to 7 p.m.

Funds raised will go to the ArtsREACH program. ArtsREACH is run by the OCTA Collective Society, a registered charity. The Society raises funds through grants and events to provide free fine arts workshops to students in local elementary schools. Macaulay Elementary, which is located near the Esquimalt naval base, is one of the schools it serves.

To find out more about the artsREACH program or to view the list of vendors for Baubles & Bling visit www.artsreach.ca.

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Navy embraces new ambassador

Shawn O'Hara
Staff Writer

The Royal Canadian Navy (RCN) grew by one prestigious member Sept. 18 as Shaw President Peter Bissonnette was appointed Honorary Naval Captain.

Friends, family, honoured guests and military personnel gathered at the Military Museums of Calgary to see him sworn in by Rob Nicholson, Minister of National Defence.

"It is a privilege to appoint Mr. Peter Bissonnette as an Honorary Naval Captain," said Minister Nicholson. "As a prominent member of the Calgary business community, I am convinced he will be an excellent ambassador for the Navy and continue to strengthen the vital relationship between the Royal Canadian Navy and industry."

The President of Shaw Communications heard about his naval position nine months ago and says he's proud to join the naval community.

"I sat down with VAdm Maddison in December for the interview, which coincidentally fell on my birthday," he says. "When I found out that I'd been accepted I thought it was the best birthday present ever."

The Minister of National Defence, on the recommendations from the Chief of the Defence Staff and the Commander of the Royal Canadian Navy, is the approving authority for all appointments. These appointments are generally for a period of three years, although extensions may be granted.

HCapt(N) Bissonnette's official appointment took place in his hometown of Calgary. He's already received his new salt and pepper uniform, which has garnered the praise of his wife Tracy.

"She has always loved a man in uniform, so that's a definite plus," HCapt(N) Bissonnette says. "When I got fitted for it I took a picture and sent it to her. She's happy and that makes me happy."

He considers his role as further service to Canada, having already served in uniform as a young man: one year as a naval reservist in *HMCS Carleton*, and three years in the Royal Canadian Air Force as a radar technician. He says those experiences offer him a unique understanding on military life, something he will bring to the fore in his work with the Calgary business community.

Honorary Naval Captains act as a bridge between military and civilian communities, and represent diverse areas of Canadian society, from politics and business, to journalism and the arts. They bring with them unique skills and connections that help strengthen the navy's ties to Canadian communities and promote a better understanding of maritime defence issues.

"It's a complex, but vital relationship that the military shares with the civilian world," he says. "It's important that I use my new position to help bridge the two communities. I've spent mornings lying in bed thinking about the things we can do. It's going to be very interesting."

CFB Esquimalt will be his home base, and he'll work closely with RAdm Bill Truelove, Commander Maritime Forces Pacific.

"RAdm Truelove is a great guy, he's been very open and supportive of me in the months leading up to my appointment," says HCapt(N) Bissonnette. "I look forward to working with him in the future to join the civilian and military worlds in a way that is mutually beneficial."

Honorary Naval Captains are quite visible, attending significant naval, Canadian Forces, and public events and ceremonies in uniform across the country.



Newly appointed Honorary Captain (Navy) Peter Bissonnette, President of Shaw Communications, accepts a toast at his official appointment ceremony.

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A bird's eye view of the show floor at the 2013 Industrial Trade Show.
Photo by Shawn O'Hara, Lookout



Members of the Royal Canadian Navy admire the specialty coins at the LandSharkz coins booth.
Photo by Ligia Souza, Lookout



Ron Crespo discusses Levitt Safety's rappelling system to Cpl Oliver Dionne.
Photo by Shawn O'Hara, Lookout



Stevan Tubic gives PO2 Shawn Mann an overview on CP Cases product line.
Photo by Shawn O'Hara, Lookout



RAdm Bill Truelove says hi to Melissa Lee, Cale Sterloft and Diana Roozandaal of the United Way before the Government of Canada Workplace Charitable Campaign kick off.
Photo by Shawn O'Hara, Lookout



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Dean Sears, a Safety Specialist with Hazmasters, poses for a photo from the bottom of their six-foot safety lift.
Photo by Shawn O'Hara, Lookout

A bird's eye view of the show floor at the Trade Show.
Photo by Shawn O'Hara, Lookout

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Sailors honoured with Meritorious Service Medals



Sgt Ronald Duchesne, Contributor

From left to right: CPO1 Tom Riefesel, RCN Command Chief Petty Officer; VAdm Mark Norman, Commander RCN; PO2 Michèle Claudette Dumaresq-Ouellet; HCapt(N) Myra Ava Freeman; CPO2 Christopher James Blonde; David Johnston, Governor General of Canada; Capt(N) Craig Troy Skjerpen; CPO1 Alistair Skinner; Capt(N) Kenneth Robert Stewart; Capt(N) Bradley Alan Peats; and CPO1 Class Robert Stephen Spinelli.

Seven members of the Royal Canadian Navy and an Honorary Navy Captain were presented with Meritorious Service Medals (Military Division) from His Excellency the Right Honourable David Johnston, Governor General and Commander-in-Chief of Canada, Sept. 12 at Rideau Hall.

Chief Petty Officer 2nd Class Christopher James Blonde, M.S.M., C.D. Woodstock, Ontario

As chief engineer since April 2010, CPO2 Christopher Blonde has been the driving force behind the technically demanding reactivation of *HMCS Windsor*. His organizational skills, technical expertise and proactive interaction with both local and national engineering agencies contributed to successfully achieving key milestones in the submarine's program. His leadership and dedication during periods of change with an unpredictable and strategically important program has brought credit to the Canadian Armed Forces.

Petty Officer 2nd Class Michèle Claudette Dumaresq-Ouellet, M.S.M., C.D. Montréal, Quebec

PO2 Claudette Dumaresq-Ouellet contributed to the success of operations of *HMCS Toronto* from 2008 to 2010. She served as senior electronic sensor operator, a position that went beyond the requirements of her rank and qualifications, and demonstrated remarkable innovation in developing new ship-to-shore warfare tactics. PO2 Dumaresq-Ouellet's leadership and professionalism were essential to the ship's operational success and brought honour to the Canadian Armed Forces.

Captain(N) Bradley Alan Peats, M.S.M., C.D. Victoria, British Columbia

As commanding officer of *HMCS Vancouver* from August to December 2011, Capt(N) Peats ensured his ship's maximum effectiveness during NATO operations in the Mediterranean. Initially sup-

porting international efforts in Libya before moving east to conduct counter-terrorism operations, he established *HMCS Vancouver* as a leading ship within the NATO contingent. Capt(N) Peats' leadership and diplomatic command ensured the ship's operational success, bringing credit to Canada and supporting our NATO allies.

Chief Petty Officer 1st Class Alistair Skinner, M.S.M., C.D. Halifax, Nova Scotia

As coxswain aboard *HMCS Charlottetown* from March to August 2011, CPO1 Alistair Skinner was a critical component of the ship's contribution to NATO operations in Libya. He served as the conduit between the command team and the ship's company, maintaining the crew's morale and focus, and ensuring that they performed effectively during dangerous and demanding operations. CPO1 Skinner's efforts contributed to the ship's fighting spirit and the crew's operational success.

Captain(N) Craig Troy Skjerpen, M.S.M., C.D. Saskatoon, Saskatchewan

As commanding officer of *HMCS Charlottetown* from March to August 2011, Capt(N) Craig Skjerpen led Canada's maritime contribution to the NATO mission to protect the people of Libya. An outstanding and decisive leader, he quickly established his ship as an aggressive presence off the coast, providing direct support to the besieged city of Misratah. Capt(N) Skjerpen's leadership, diplomacy and adaptability contributed directly to the mission's success, helping the city resist all attempts at occupation.

Chief Petty Officer 1st Class Robert Stephen Spinelli, M.M.M., M.S.M., C.D. Victoria, British Columbia

As coxswain aboard *HMCS Vancouver* from July 2011 to January 2012, CPO1 Robert Spinelli contributed to operational success during two consecutive missions in the Mediterranean. A highly visible leader whose influence was felt throughout the ship, he balanced his twin responsibilities of fostering morale, while upholding good order and discipline. CPO1 Spinelli set an example for the ship's company to emulate, and contributed to their maximum effectiveness during a challenging deployment.

Captain(N) Kenneth Robert Stewart, M.S.M., C.D. Kingston, Ontario

As the Canadian senior national representative within Headquarters United States Central Command from May 2006 to July 2010, Capt(N) Kenneth Stewart, as a leader of the Canadian Liaison Office, ensured unprecedented access and influence for Canada within this extremely dynamic headquarters. Notably, his work was critical to securing the United States' support for the Manley Report requirements, and for Canadian operations in Afghanistan. Capt(N) Stewart's diplomacy and unrelenting efforts strengthened Canadian-American relations, and brought tremendous benefit to Canadian Armed Forces operations.

Honorary Captain(N) the Honourable Myra Ava Freeman, C.M., O.N.S., M.S.M. Halifax, Nova Scotia

Since her appointment in 2003, HCapt(N) Myra Freeman has demonstrated uncompromising loyalty to the Royal Canadian Navy, as well as initiative and leadership in establishing the Halifax-based Community Leadership Advisory Council in 2007. Through her efforts and dedication, she has fostered a tremendous spirit of collaboration between the Navy and the people of Nova Scotia. Her actions have brought great credit to the Canadian Armed Forces, and have promoted a strong sense of pride among the citizenry for the sacrifices and accomplishments of members serving in the Atlantic region.



The Meritorious Service Decorations include a military division and a civil division, with two levels each: a medal and a cross. The military division recognizes individuals for their outstanding professionalism and for bringing honour to the Canadian Forces and to Canada. The civil division recognizes individuals who have performed an exceptional deed or an activity that brought honour to the community or to Canada.

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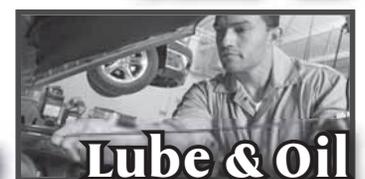
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Bravo ZULU

Cdr Patricia Roberts, Base Logistics Commanding Officer, presented a number of promotions and awards to members and employees of Base Logistics.



Blake Kirkland receives the Base Logistics L3 Award in recognition of his initiative in providing a well researched recommendation to implement a pressurized air system to safely empty fuel hoses upon completion of a ship's fuelling.



Pte Landerville receives the Base Logistics L2 Award from Cdr Roberts. He consistently goes above and beyond the call of duty. His "can do" attitude is an inspiration for others and fosters esprit de corps with the Unit.



Cpl Junior Trudel receives the Base Logistics L2 Award from Cdr Roberts in recognition of his efforts in coordinating and completing the conversion of three armoured personnel carriers into monuments for standing tribute in Nanaimo.



James Brambell receives the Base Logistics L2 Award from Cdr Roberts in recognition of the initiative, creativity and effort used in redesigning the Base Logistics internal and external websites. These on-line resources will save time and effort for personnel.



Peter Haring receives the Base Logistics L1 Award from Cdr Roberts. His willingness to take on additional responsibilities in order to maintain seamless operations, and do so with a positive attitude, has significantly boosted morale and production levels.



MCpl Anness receives her new rank. She also received her Canadian Forces Decoration on the same day.



Cpl MacDonald receives his new rank.

**Nothing says
"I appreciate you"
like a Bravo Zulu
in the Lookout!**

Email your photo with the name of the award and the names of the people in the photo to melissa.atkinson@forces.gc.ca



Cpl Lessard receives his new rank from LCol Matt Johnsen, Base Construction Engineer Officer.



Cpl Zakhem receives his new rank from LCol Matt Johnsen, Base Construction Engineer Officer.



On behalf of Col Fullerton, Director of Defence Counsel Service (DDCS), Cdr Sheila Archer, AJAG(P), promotes Maj Berntsen from DDCS to Lieutenant Colonel with help from Maj Reed, DDCS.

LOOKOUT Classifieds & Real Estate

RATES: MILITARY and DND PERSONNEL: 25 words \$8.40 • ALL OTHERS: 20 words \$9.60 • Each additional word 19¢ • Tax Included • DEADLINE FOR CLASSIFIED Advertising: Thursday at 11 a.m.

Call 363-3014 to book your display or word ad

ANNOUNCEMENTS

CAREGIVING FOR SOMEONE with dementia? The Alzheimer Society of B.C. has support groups for caregivers. Contact the Alzheimer Resource Centre at 250-382-2052 for info and to register.

3005 11 Svc Bn ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005army@cadets.net.

LIFERING ALCOHOL & DRUG ADDICTION SUPPORT GROUPS has started new groups on Vancouver Island. Victoria, BC: Victoria Native Friendship Center on Thursday evenings 7:30pm @ 231 Regina Ave. Saanichton, BC: Tsawout First Nation on Thursday afternoon at 3pm at 7728 Tetayut Rd. Duncan, BC: 1 Kenneth Pl. on Friday evenings at 7pm. Nanaimo, BC: Vancouver Island Therapeutic Comm. on Sunday evening 7:15pm @ 10030 Thrid Street. General inquiries: Michael@LifeRingCanada.org

STV TUNA IS LOOKING FOR CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please contact Sgt Steve Wright 902-427-4417 or steven.wright@forces.gc.ca or check us out on facebook (STV Tuna) for more information.

VIEW ROYAL READING CENTRE. Conveniently located at Admirals Walk Shopping Centre. We have books, audios, videos, & DVD's for all ages. Internet is also available. For hours of operation and other information please call 250-479-2723.

CALLING UNDEREMPLOYED WOMEN! Do you want to kick-start your career? Are you unsure of who you are and what you want to do with your life? Our free career mentoring program will connect you with a supportive mentor to explore career & education options, develop life skills, and cultivate valuable relationships. Contact Bridges for Women 250-385-7410 or www.bridgesforwomen.ca

VOLUNTEER

SHARE YOUR RECREATIONAL INTERESTS this fall by supporting a person with a disability to become more active! By donating only 1-2 hrs a week you have the opportunity to change someone's life while having a great time doing it. To get involved or for more info, please call Kim at 250-477-6314 ext. 15 or email volunteers@rivonline.org or visit http://www.rivonline.org/Volunteering.htm

WOMAN MENTORS WANTED! Are you a working woman in the community and would like to share your knowledge, skills, & experience with another woman. By being a career mentor you will support women in building self esteem and working towards achieving economic self sufficiency. Contact Bridges for Women 250-385-7410 or www.bridgesforwomen.ca

We need MEN for MENToring.
Getting together is a great time for everyone and doesn't require a special occasion or expensive activities.

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FULL NAVAL MESS KIT FOR SALE Jacket size 40. Pants size 34. Also includes white jacket size 40. Mess undress. \$250.00 Call Keith at 250-884-5282

ROOTS RCN VARSITY JACKET size XL. Wool with leather sleeves. Good condition with some small scrapes on leather. Originally \$400, asking \$230 obo. 250-208-6860

MOTORCYCLES

2005 SUZUKI GS500F MOTORCYCLE for sale. \$3700 OBO Brand new front tire May 2013. Blue and white. 6 speed. Excellent body condition and runs great. 30,376 KM. Call: 250-881-5869 to view.

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SOOKE LARGE 3 BDRM UPPER with 2 bedroom in-law suite. Each has own laundry. \$2000/mo Willing to rent upper separately for \$1300/mo and lower 2 bedroom for \$900/mo. Call: 250-883-7327

FURNISHED, WATERFRONT, BRIGHT, ground level, 1 BDRM suite with own washer/ dryer. At end of Gorge waterway. \$950 (includes Hydro, Satellite, TV, wifi, etc). www.victoria-rentalsuite.com Call: 250-385-0857

2 BEDROOM LOWER IN VIC WEST. Includes shared music studio. \$950/mo plus hydro. October 1st. Coin-op laundry. NS/NP. Call: 250-885-1227

3 SUITES AVAILABLE: 2 BDRM, 2 BDRM & 3 BDRM at \$1245, \$1990, \$1995 util. incl. for quiet NS tenants. Indoor cat ok. Gorge & Oaklands. Call: 250-813-2738

3BDR/3BA NEW TOWNHOUSE 1600 sq ft for rent in Sooke. \$1300/mo + utilities. 3 lrg bedrooms. 2 car garage, washer/dryer, NS, cat ok. Available immediately. Call: 250-885-1757

3 BDRM 2.5 BATH HOME IN SUN RIVER Estates for rent. Includes F/S, DW, W/D, Gas FP & Single car garage. Patio & shed in fully fenced backyard. This home is like new & has plenty of room to enjoy. Tenant pays all utils. Pets neg. Contact Megan @ Complete Residential Property Management at: 250-370-7093

105 GORGE RD E WATERFRONT Condo for rent. 1 BDRM. Underground parking. Adult oriented building. NS/NP. Responsible tenant. 1 year lease. References req. \$975/mo 250-929-4553

COMFORTABLE BRIGHT BEDROOMS in house with a bilingual family for rent. Great environment in Rockheights (5 minutes from Naden). Wifi, heat, hydro incl. For respectful and responsible person. References req. \$625/mo Call: 250-361-4154

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2 BR SUITE FOR RENT OCTOBER 1st. Located in the quiet executive neighborhood of Latoria Walk, the suite is steps away from Olympic View Golf Course, transit and the Red Barn Market. Incls in-suite laundry, separate patio area, prkg and all utils except cable & internet. \$1100/mo. NS/NP Call Bryce @ 250-514-8146

BEAUTIFUL DUPLEX IN THE HEART of Sooke is ready for the right tenant. Built in 2011 this 3 BDRM 2.5 BATH duplex comes with a large outdoor shed and a garage. Located on a corner street. 1300 sq ft. Secure backyard. Large ensuite in master bdrm. Close to all amenities. \$1400/mo Only accepting a one year lease. Small pets ok. E-mail: jbhabs@hotmail.com Phone: 867-669-0427

1239 PARK TERRACE
2 bdrm, \$895, heat, hot water + parking included, quiet adult building, 1/2 month free with one year lease, call resident manager
250-888-1212

BROWN BROS SINCE 1918 250-385-8771
\$2350 * PATTISON WAY
3 BR., 2.5 ba house, 6 appls., open concept living area, lg. deck with views, garage, yard. NS/pet consid., avail. imme., Lease. MGR 385-8771
Ask about our Move in Bonus

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