

CANADA UNITED IN REMEMBRANCE

1914-1918

VOLUME 59 NUMBER 45 | NOVEMBER 10, 2014

LOOKOUT

MARPAC NEWS | CFB Esquimalt, Victoria, B.C.

newspaper.com



NEW CARD

The new CANEX card is the one card you will need to access the new CANEX Rewards & more. Visit www.CANEXRewards.ca

GET YOURS TODAY!

In honour of
Remembrance Day

Prospect Lake
GOLF COURSE

Capt (N) Cedric Steele, MSM, CD
Honorary Captain
CFB Esquimalt

We Remember.

royalroads.ca

Royal Roads
UNIVERSITY

LEST WE FORGET!

We salute our men & women in uniform

BROWN'S
The Florist
Since 1912

Downtown
250-388-5545

Sidney
250-656-3313

Westshore
778.433.5399

brownsflorist.com
Military Discount

We salute Canada's military members, past and present.

Lest We Forget

Are you ready for retirement?

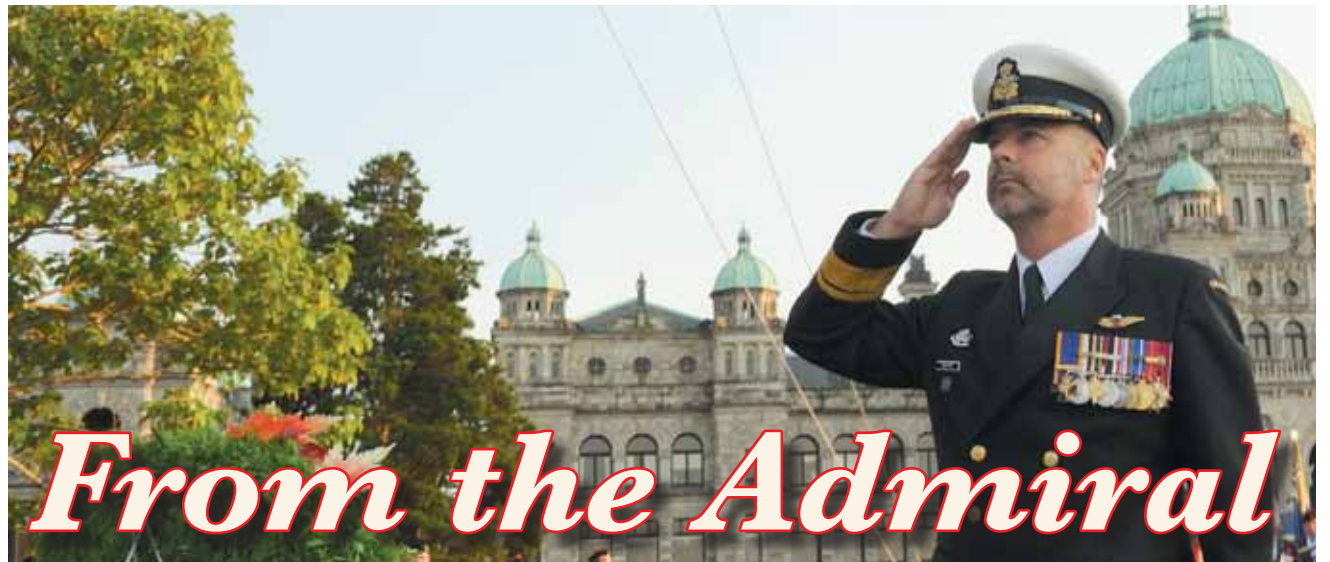
You are invited to an exclusive seminar at the National Bank of Canada presented by Ryan Dawson CFP, CIM

My Retirement: Now is the time to think about it

Date: Wed. Nov 26th, 2014
Time: 5:00 pm – Reception • 6:00 pm – Presentation

Please RSVP to:
Branch.03961@nbc.ca or
250-220-8463 Ext. 001554
880 Douglas Street Victoria BC V8W 2B7

NATIONAL BANK



From the Admiral

On November 11th, Canadians pause to reflect upon the bravery, valor and sacrifice of those who have nobly served our country over the years.

On Nov. 11, we remember our fallen and wounded, those who have served and those who continue to serve, as well as the families and loved ones who continue to provide support to them all.

This event carries further significance in light of recent events in Ottawa and Saint-Jean-sur-Richelieu, which have renewed our resolve to never forget those who made the ultimate sacrifice while proudly serving our country.

This Remembrance Day marks the centennial of the outbreak of the First World War. One hundred years ago, the lights across Europe went dark as the continent marched towards war. What followed was a conflict unparalleled in its ferocity and carnage.

Despite being a small dominion of eight million dispersed across a vast expanse of land, Canada

entered the conflict with steadfast commitment and devotion. Over 630,000 Canadians served on the battlefields of Europe, and countless others endured sacrifice and hardship on the home front.

The Royal Canadian Navy, then in its infancy, was also called upon to defend our shores and interests abroad. Over the course of the war, the RCN grew from a mere 350 sailors to over 5,000, while another 3,000 served aboard Royal Navy vessels.

Though Canada had numerous achievements on the battlefields, and on the seas, 60,000 Canadians - including 150 sailors - made the ultimate sacrifice, giving their tomorrow so that we may know our today. They are forever in our hearts and minds.

Over the decades, Canadians continued to serve and sacrifice in the name of noble ideals. From World War II, the conflict in Korea, numerous peacekeeping missions around the world, to our recently-concluded mission in Afghanistan, Canada has defended the values we hold dear, wherever and whenever they have come under threat.

Today in Eastern Europe, Iraq, across the globe and right here at home, men and women of the Canadian Armed Forces have taken up the torch and continue to proudly serve Canada and the interests of Canadians. I ask that you keep these sailors, soldiers, airmen and airwomen in your thoughts as they carry out their mission.

Standing behind them is a network of supporters, loved ones and family members who make our military's men and women so strong.

On Nov. 11 we will join veterans and ordinary Canadians in ceremonies at home and around the world to recognize those who have served and continue to serve, pay tribute to our wounded, and to remember our fallen that made the ultimate sacrifice in the service of this great nation.

Lest we forget.

Yours Aye,

**RAdm W.S. Truelove, OMM, CD,
Commander, Maritime Forces
Pacific/Joint Task Force Pacific**

Le 11 novembre, les Canadiens s'accorderont un moment de réflexion sur la bravoure, la vaillance et le sacrifice de ceux qui ont servi le pays avec dignité au fil des ans.

Le 11 novembre, nous pensons à nos morts ainsi qu'à nos blessés. Nous pensons aussi à ceux qui ont servi, à ceux qui continuent de le faire et aux proches qui les appuient sans relâche.

Cet événement revêt une importance d'autant plus significative la lumière des récents événements survenus à Ottawa et à Saint-Jean-sur-Richelieu. Ces événements ont renouvelé notre détermination de ne jamais oublier ceux qui ont fait le sacrifice ultime en servant fièrement notre pays.

Cette année, le jour du Souvenir marquera le centenaire du début de la Première Guerre mondiale. Il y a 100 ans, une période de grande noirceur s'est installée en Europe et tout le continent est entré en guerre. Il s'en est suivi un conflit inégalé en matière de brutalité et de destruction.

Bien qu'il ne fût alors qu'un petit dominion de huit millions d'habitants dispersés sur une vaste étendue de

terre, le Canada a pris part au conflit avec une détermination indéfectible. Plus de 630 000 Canadiens se sont rendus sur les champs de bataille de l'Europe tandis que d'innombrables autres, restés au pays, ont dû surmonter de grandes difficultés et faire d'importants sacrifices.

On a aussi fait appel à la Marine royale du Canada (MRC), alors encore jeune, pour défendre nos littoraux et nos intérêts à l'étranger. Durant la guerre, la MRC est passée d'à peine 350 matelots à plus de 5 000 marins, sans compter les 3 000 autres servant à bord de navires de la Royal Navy.

Le Canada a fait de grandes réalisations sur terre comme en mer, mais 60 000 Canadiens - incluant 150 marins - ont fait le sacrifice ultime, faisant don de leur vie pour que nous puissions vivre aujourd'hui. Ceux-ci occupent une place toute spéciale dans nos cœurs et nous ne les oublierons jamais.

Au cours des décennies qui ont suivi, d'autres idéaux nobles ont poussé les Canadiens à servir et à sacrifier leur vie. La Seconde Guerre mondiale, le conflit en Corée, les opérations de maintien de la paix à l'étranger, la récente mission en Afghanistan... le Canada défend immanquablement les valeurs qui

nous sont chères lorsque celles-ci sont menacées.

De nos jours, les hommes et les femmes des Forces armées canadiennes ont pris la relève et continuent de servir notre pays et de défendre les intérêts de ses habitants avec fierté dans le monde entier, à la maison comme à l'étranger. Je vous demande d'avoir des pensées pour les marins, les soldats et les aviateurs qui sont en mission.

Ces derniers sont appuyés par un réseau de personnes et de proches qui aide à assurer la force de nos militaires.

Le 11 novembre, nous nous joignons à d'anciens combattants et à d'autres Canadiens à l'occasion de cérémonies tenues au pays et à l'étranger pour rendre hommage à ceux qui ont servi et qui continuent de servir notre pays, à ceux qui ont été blessés et à ceux qui sont morts au combat et ont fait le sacrifice ultime au profit de notre beau pays. N'oublions jamais,

Yours Aye,

**CAdm W.S. Truelove, OMM, CD
Commandant, Forces maritimes
du Pacifique/Force opérationnelle
interarmées (Pacifique)**



West Coast poppy



Above: Capt(N) Steve Waddell, Base Commander of CFB Esquimalt, receives his poppy from Sylvia Vink, Poppy Campaign Chair.

Top: The recipients of the symbolic First Poppy of the Royal Canadian Legion Poppy Campaign gather at the Wall of Heroes in the Esquimalt Legion.



Photos by Shawn O'Hara, Lookout
OS Tanya Landry receives her poppy. OS Landry was one of CFB Esquimalt's personnel to stand vigil at the National War Memorial in Ottawa just one week before the tragic death of Cpl Nathan Cirillo. Many in the group trained Cpl Cirillo and his contingent on the task and responsibilities of the post.



East Coast first poppy "memorial to soldiers past"

Beth Brown
Trident

RAdm John Newton pinned the season's first poppies to the lapels of the 10 Canadian Armed Forces members who stood vigil this fall at the National War Memorial, during a presentation at the Lieutenant Governor's residence on Friday, Oct. 31.

These personnel were hand-picked to stand guard in Ottawa at the Tomb of the Unknown Soldier from Sept. 14 to Oct. 19. The vigil members performed the same duty as did the late Cpl Nathan Cirillo, who was killed at the National War Memorial on Wednesday, Oct. 22.

Vigil member and poppy recipient LS Josh Hobbs of HMCS Ville de Quebec

said, "Our job there was to represent every soldier that has served, every soldier that has passed away.

He said receiving the first poppies is, in a way, an extension of their standing vigil, because the poppy is itself a memorial to soldiers past.

Poppy recipients were PO2 Matthies and LS Peters of HMCS Charlottetown; LS Whittaker and LS Wright of HMCS Halifax; AB Chadwick and LS Hobbs of HMCS Ville de Quebec, LS Chih and AB Cousineau of HMCS Preserver, and LS Brown and OS Vallee of CFB Halifax.

RAdm Newton told the vigil members, "You were nominated based on excellence. You represented us all. I'm sure the horror of

the events last week is a pretty raw emotion from your perspective, having dignified the memorial, having done the duty that Nathan Cirillo did."

Choosing the vigil members as recipients of the first poppies for the 2014 remembrance season was a way to acknowledge their excellence in remembering sacrifice.

"That's what Parliament Hill is," said RAdm Newton. "Every bit of Parliament Hill is about remembering sacrifice."

He said the vigilant soldiers, sailors and airmen and airwomen who stand guard at the National War Memorial are the living connection between the history of sacrifice, and service in Canada's past and the Canadian Forces today.



Cpl Chris Ringius, Formation Imaging Services Halifax
RAdm John F. Newton, Commander Joint Task Force Atlantic (JTFA) and Maritime Force Atlantic (MARLANT), presents LS Rob Chadwick with the first poppy of 2014 at the Government House in Halifax.

matters of OPINION

WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372
melissa.atkinson@forces.gc.ca

STAFF WRITER

Shawn O'Hara 250-363-3672
shawn.o'hara3@forces.gc.ca

PRODUCTION

Carmel Ecker 250-363-8033
production@lookoutnewspaper.com
Shelley Fox 250-363-8033
projects@lookoutnewspaper.com

RECEPTION

250-363-3127

ACCOUNTS/CLASSIFIEDS

Heather Catte 250-363-3127
heather.catte@forces.gc.ca

SALES REPRESENTATIVES

Ivan Groth 250-363-3133
ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602
joshua.buck@forces.gc.ca

EDITORIAL ADVISORS

Capt Jenn Jackson 250-363-4006
Sara Helmecci 250-363-7060

Published each Monday, under the authority of Capt(N) Steve Waddell, Base Commander.

Le LOOKOUT est publié tous les lundis, sous l'égide du Capt(N) Steve Waddell, Commandant de la Base.

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in PSP Policy Manual. Views and opinions expressed are not necessarily those of the Department of National Defence.

Le Rédacteur se réserve le droit de modifier, de condenser ou de rejeter les articles, photographies, ou annonces publicitaires pour adhérer Manuel des politiques des PSP. Les opinions et annonces exprimées dans le journal ne reflètent pas nécessairement le point de vue du MDN.



Circulation - 4,000
plus 1,000 pdf downloads per week

One year subscription - \$66.⁹⁴

Six month subscription - \$33.⁴⁷

Prices include tax.

A Division of Personnel Support Programs
CFB Esquimalt, PO Box 17000 Stn. Forces,
Victoria, BC V9A 7N2

E-mail: frontoffice@lookoutnewspaper.com

Web: www.lookoutnewspaper.com

Fax: 250-363-3015

Canadian Mail Product Sales Agreement 40063331



WHAT SAY YOU

People Talk

Lookout asked this question:

Who will you be remembering on Remembrance Day, and why?



My grandfather. He served in the Korean War for 12 months. We're very close and he's been a big part of my life.

Cadet Sgt Connor Provincial



The sacrifice of everyone who has given their life for our country is why we have what we have.

LS Adam Flegel



Cpl Nathan Cirillo. I talked to him about being a Boatswain. It shows you how quickly things can change.

LS Frederick Villena



I will be remembering everyone who has served, with a special thought for Cpl Nathan Cirillo. I'd just met him, and what happened to him is a tragedy.

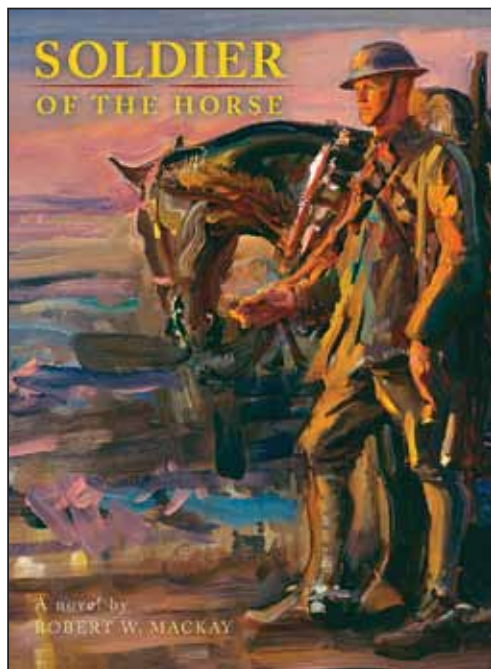
AB Tanya Landry



All of them. They all gave their lives, so all of them.

Pte Patrick Fonner

BOOK REVIEW



Review: Soldier of the Horse

By Robert W. Mackay

Reviewed by
Cpl Alex Greer
39th Service Battalion

Even though the First World War was dominated by weapons of the industrial revolution, the horse was still used in that conflict.

Each side entered the war with cavalry units, only to learn that cavalry charges were ineffective against machine guns and advanced artillery. Still, pack animals were used for moving personnel, supplies and weapons until mechanization.

An estimated eight million horses and

mules on both sides were killed or wounded from 1914 to 1918. Perhaps given their place in the romance of traditional warfare, horses have found their way into literature about First World War.

The mystique of the horse and the horrors of the Western Front have been bridled into a Canadian story, *Soldier of the Horse* by Robert (Bob) Mackay.

It is based on his father's experiences as a cavalryman with Lord Strathcona's Horse (Royal Canadians) in First World War. With that inspiration, Mackay has forged an engaging tale that combines his wide knowledge with his skill as a writer to create believable characters in horrifying circumstances.

Soldier of the Horse follows a third person narrative. The story's protagonist is Tom Macrae, an aspiring Winnipeg lawyer who gets into trouble, and not on his account. To avoid dire consequences, he joins the Strathconas, which at that time was based in Winnipeg.

The story unfolds with the start of the First World War, and Tom and his fellow soldiers learning their skills under the watchful eyes of seasoned veterans. While becoming a proficient cavalry soldier, and at each stage of the story, Tom has to contend with an officer antagonist who has a grudge going back to his Winnipeg troubles. Tom also has a romantic interest back home, which he wonders about while he is on the battlefields

in Europe.

Prior to writing *Soldier of the Horse*, Mackay did historical research about the period and places. In the chapters about the training in Winnipeg, the reader can hear and smell not just the parade ground, but also the stables.

As Tom and his comrades advance in their skills as cavalymen, they also develop close bonds with their horse. In their early training days, their sergeants had to remind them to "get control" of their animals, and that they did not want to get "demoted" to the infantry. But soon strong bonds of trust between soldier and horse develop.

When Macrae and the Strathconas arrive at the front line, they must dismount their horses and take up positions in the trenches. Eventually they would have to mount up again when a German offensive breaks through the allied lines. The Strathconas counter-attacks are on horseback. Tom is wounded, but even with his wounds, he rides high on the saddle in support of his fellow troopers.

The war horse may be something of the past, but it still captures a reader's interest. The First World War represented a time of transition where army horses made their last charges before the age of mechanization. As a tribute to those Canadian cavalymen, Bob Mackay has given readers a tale that almost puts them in the saddle.

VALHALLA PURE
OUTFITTERS
The BEST Gear at the BEST Prices - Guaranteed!
Proud CANEX Supplier!

109-2401D Millstream Rd • Langford • 250-412-2356

AUTHENTIC THAI
Friday Lunch Buffet
• Lunch Combos • Full Dinner •

Dine In **Take Out**

Thai dining at its Best!

1207A Esquimalt Rd. • 389-1845 • www.zapthai.com

E-FILE FROM \$47+HST

Top Shelf Bookkeeping Ltd.
Locally Owned & operated since 1994

2 CONVENIENT YEAR ROUND LOCATIONS

101-76 Gorge Road West
Victoria, BC V9A 1M1
250-388-9423

1253B Esquimalt Road
Victoria BC V9A 3P4
250-590-4050



**Quality
FOODS**



Lest **We** Forget

If you value your freedom, thank a Veteran.

LET'S MAKE NOVEMBER 11 A DAY TO REMEMBER

In keeping with a tradition since 2001, all Quality Foods stores close each Remembrance Day to pause and reflect on the importance of the role of our past and present service men and women.

Whether in times of war or peace, we are ever grateful for these brave souls who put themselves in harms way for the greater good of all Canadians.

This year, with continuing turmoil worldwide, the need becomes even more apparent to keep November 11 aside for current & future generations to remember and appreciate their courage and sacrifices made in the name of freedom.

We believe that when we stand united in acts of remembrance, we can make a world of difference.

**All Quality Foods stores
will be closed
Tuesday, November 11**

For the Fallen (excerpt)

*They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.*

-Lawrence Binyon



A life lost in a senseless act of violence



Captain Lazlo Benak
Army Public Affairs

Corporal Nathan Cirillo was gunned down at the Tomb of the Unknown Soldier beside the National War Memorial in Ottawa while standing sentry there on the clear and cold morning of Oct. 22. He was 24 years old.

At the moment of his death, Cpl Cirillo was living his dream of service to Canada and Canadians. It was a dream he had cherished and desired for most of his life – a life cut short in a violent and

senseless way while he was representing all Canadians in honouring the nation's war dead.

Born in Hamilton, Ontario, Cpl Cirillo attended Sherwood Secondary School and, from an early age, demonstrated a passion for the military.

He enlisted in the Canadian Army primary reserve in 2006 with The Argyll and Sutherland Highlanders of Canada (Princess Louise's). He had not yet graduated from high school and his passion to serve was

already strong.

He made the most of his eight years of service in the Canadian Army Cadets and the Canadian Army Reserves.

During those years, the enthusiasm, dedication and devotion to duty exhibited by Cpl Cirillo was evident at various bases across Canada. These included the Combat Training Centre in Gagetown, New Brunswick, as well as 4th Canadian Division Training Centre Meaford and Garrison Petawawa, both located in Ontario.

Cpl Cirillo was always able to balance military and civilian life with his life goal of becoming a Regular Force member of the Canadian Army.

In his civilian life, he worked as a personal trainer and in security at various Hamilton area businesses.

It was there that his zeal for fitness, achieving high personal standards and demonstrating strong personal discipline perfectly reflected the values and skills provided by his military training and experience.

Cpl Cirillo's family will remember him as a devoted dad to his young son, and as a loving son and brother.

On Cpl Cirillo's Facebook page, he wasn't shy about expressing both his love for dogs and his dedication to remaining a fit, strong and professional soldier.

Physical fitness was always a personal goal. Cpl Cirillo regularly competed at the highest levels of his unit activities. In addition to playing on the regimental hockey team, he was the unit pugil-stick fighting champion in 2013.

"Cpl Cirillo was a model soldier - balancing per-

sonal intensity in his training and commitment to fitness and soldierly skills with amazing levels of kindness and depth of character that won the respect and admiration of all who knew him," said Lieutenant-Colonel Lawrence Hatfield, Commanding Officer, The Argyll and Sutherland Highlanders of Canada (Princess Louise's).

"His absence will be strongly felt by both his family and the Regiment," said LCol Hatfield.

Cpl Cirillo was a model soldier - balancing personal intensity in his training and commitment to fitness and soldierly skills with amazing levels of kindness and depth of character that won the respect and admiration of all who knew him.

Lieutenant-Colonel Lawrence Hatfield,
Commanding Officer, The Argyll and Sutherland
Highlanders of Canada (Princess Louise's)

From Corporal Branden Stevenson, brother-in-arms

Nathan Cirillo was my friend, though he was more like a brother. We met in Grade nine, and from that time on we were pretty much inseparable. He was the first from our group of friends to join the Canadian Armed Forces, and it earned him the nickname "Army Nate." It was his love of the Army that inspired me to join, and I remember going to his house to practice my swearing-in ceremony.

We did everything together, from hanging at the mall to going on double-dates, so it was an incredible honour when we were both chosen to come to the National War Memorial to stand-to as sentries. We were very proud to be there together watching over the Tomb of the Unknown Soldier, honouring all those who have fallen.

Over the past few years, Nathan and I would routinely drive around together, making jokes that no one else would understand. Neither of us had much of a voice, but that didn't stop us from singing along with every song on the radio, whether we knew the words or not. It seemed as if we were always laughing and joking about something.

The morning of Oct. 22 was no different. As we stood sentry and walked the beat, one of my socks was sagging. Nathan smiled and intentionally kept our walk going so my sock would fall a little

more. He had such an amazing personality!

What happened shortly after left me in shock and grieving the loss of my best friend. My heart goes out to his family for the terrible loss they have to endure. I am still struggling to cope with everything that has happened. My family, the Argyll and Sutherland Highlanders in Hamilton, and my extended family within the Canadian Armed Forces are helping me through this very difficult time. I am overwhelmed by the outpouring of support from across Canada and around the world.

I will be resuming my duties at the National War Memorial. It will not be an easy task, but I am resolved to do it in honour of Nathan, Warrant Officer Patrice Vincent, and all those who stood, and continue to stand, on guard for Canada. I still believe Canada is a nation of peace where soldiers within its borders need not take up arms. My fellow soldiers and I remain proud and committed to watching over the Tomb of the Unknown Soldier as a strong, silent reminder of every person who made the ultimate sacrifice.

I now have to learn to live without someone who was closer to me than I can put into words.

Nathan Cirillo was my friend, my best friend, my brother. I will miss him forever.



four Seasons Musical Theatre
Presents

THE SECRET GARDEN

Book and Lyrics by **Marsha Norman**
Music by **Lucy Simon**
Based on the novel by
Frances Hodgson Burnett

Tickets

In Advance:
Westside Instaprint
250-478-5533

Ivy's Bookshop
250-598-2713

Jennings Florists
250-477-9538

Limited Availability at the door
Reserve or buy tickets online: www.fsmtheatre.ca

Nov 14, 15, 16 and Nov 21, 22

Isabelle Reader Theatre, 1026 Goldstream Ave. Langford
Mary Winspear Centre, 2243 Beacon Ave. Sidney

"The Secret Garden" is presented by special arrangement with SAMUEL FRENCH, INC.
Photography by S. C. Steffler - creativeworksphotography.com

Remembering WO Patrice Vincent

DND

On Oct. 20, 2014, two members of the Canadian Armed Forces were victims of a hit and run incident in Saint-Jean-sur-Richelieu, Quebec.

Warrant Officer Patrice Vincent, a member of the Joint Personnel Support Unit at the Integrated Personnel Support Centre in St-Jean, Quebec, died of his injuries the same day.

WO Patrice Vincent had been a member of the CAF since 1986. Throughout his distinguished career, he served as a firefighter from coast to coast, from Halifax, Nova Scotia, to Esquimalt, British Columbia, through Valcartier, Quebec; Comox, British Columbia; Trenton, Ontario; Edmonton, Alberta; North Bay, Ontario; and Montreal. He was a member of the Joint Personnel Support Unit at the Integrated Personnel Support Centre in St-Jean, Quebec and had been working with 438 Tactical Helicopter Squadron in St. Hubert, Quebec, for about three years. His colleagues remember him as an upright man – honest, generous, loyal and helpful. He was always the first to arrive and the first to volunteer.

About Warrant Officer Patrice Vincent

WO Patrice Vincent joined the Canadian Armed Forces as a Combat Engineer. After completing his initial trade training, he was posted to Canadian Forces Base Valcartier, Quebec, at 5e Régiment du génie de combat and the Training Centre of the 2nd Canadian Division.

In 1990, he remustered as a military fire fighter and served at multiple Royal Canadian Air Force wings and Canadian Army bases. These included 19 Wing Comox, British Columbia (1991-1995), 8 Wing Trenton, Ontario (1999-2003), Canadian Forces Base Edmonton, Alberta (2006-2011) and 22 Wing North Bay, Ontario (2011) where he served as the base fire chief.

He also had the opportunity to serve around the world with the Royal Canadian Navy on several warships including *HMCS St. John's* (1995-1999), *HMCS Ottawa* (2003), *HMCS Winnipeg* (2004), *HMCS Algonquin* (2005) and *HMCS Calgary* (2005).

Regardless of whether he was serving on land or at sea, WO Vincent was vigilant in protecting and ensuring the safety of his colleagues. This dedicated

firefighter was always ready and expertly qualified to respond to an emergency. In 1998, he was awarded the Canadian Forces Decoration (CD) in recognition of his good conduct and his commitment to the Canadian Armed Forces and the Special Service Medal (NATO) for his service aboard the Fleet.

He was promoted to the rank of Warrant Officer in July 2012 and posted to the 2nd Canadian Division/Joint Task Force (East) Headquarters in Montreal, Quebec. In March 2013, he was posted to the Joint Personnel Support Unit in Saint-Jean-sur-Richelieu and assigned to the information technology section at 438 Tactical Helicopter Squadron in Saint-Hubert, Quebec.

When he was not busy conducting his duties, WO Vincent could always be found in a gym engaged in a friendly game of floor hockey. He was proud to be a fire fighter and was fulfilled in knowing his job was to protect others in their time of need. Known as a very friendly and welcoming person, he will be deeply missed by his family, friends and those with whom he served.



WO Patrice Vincent



Photos courtesy of Dougal Salmon

Above: A group shot of the veterans who were invited to meet the Minister of Finance Mike de Jong in his office, along with Coralee Oakes, Minister of Community, Sport and Cultural Development.

Left: Major (Ret'd) Chic Goodman, 88, a Second World War veteran, was awarded the Knight of the French National Order of Honour his participation in the Normandy Campaign, by Minister de Jong, and Minister Oakes.

PPCLI members honoured at B.C. Legislature

Fourteen Princess Patricia Canadian Light Infantry (PPCLI) veterans were invited to the provincial Minister of Finance's office last week to meet the minister and witness the presentation of Major (Ret'd) Chic Goodman's Knight of the French National Order of Honour. Following the presentation, they were escorted to the floor of the Legislative Assembly Chamber and introduced to the floor.

Formally recognized were:

- Captain Robert Dodds,

Regular Force, a veteran of Afghanistan.

- Captain Wayne Sauve, Regular Force, a veteran of Afghanistan.

• Master Warrant Officer David Schultz, Regular Force, a veteran of Afghanistan and recipient of the Star of Valour for bravery in action while in Afghanistan.

- Captain (Ret'd) Dougal Salmon, President Victoria Branch PPCLI Association.

- Warrant Officer (Ret'd)

Ed Widenmaier, Vice-President Victoria Branch PPCLI Association.

- Master Corporal (Ret'd) Jim MacMillan-Murphy, Secretary Victoria Branch PPCLI Association.

• Sergeant (Ret'd) Bruce Dickey, Victoria Branch PPCLI Association.

- Master Corporal (Ret'd) Chuck Gibson, Victoria Branch PPCLI Association.

• Lieutenant Colonel (Ret'd) George Wilkinson, 96, joined the

PPCLI at Work Point Barracks in Victoria in 1935. He is a Second World War veteran.

- Lieutenant Colonel (Ret'd) John Bishop, 83, a Korea Veteran of the Battle of Kapyong where the 2nd Battalion of the Regiment was awarded the only U.S. Presidential Citation ever given to a Canadian Unit.

• Major (Ret'd) Murray Edwards, 94, a Second World War veteran and a veteran of the Battle of Kapyong in Korea.

- Major (Ret'd) Chic

Goodman, 88, a Second World War and Korea veteran, who was awarded the Knight of the French National Order of Honour his participation in the Normandy Campaign during Second World War.

- Captain Madeleine Dahl, former Commanding Officer of 2483 (PPCLI) Cadet Corps at Work Point Barracks.

• Cadet Master Warrant Officer Nick Steffan, 2483 (PPCLI) Cadet Corps at Work Point Barracks.

Local author highlights Vic High in historical book

A/SLt Melissa Kia
Base Public Affairs

Local author Barry Gough's new book on Victoria High School students and staff that fought in the First World War will be released just in time for Remembrance Day.

The book launch for *From Classroom to Battlefield: Victoria High School and the First World War* takes place in the high school's library Monday, Nov. 10 at 11:15 a.m. following a brief Remembrance Day ceremony in the school's auditorium. Gough will also be holding signings on Tuesday, Nov. 11, from 1 to 2:30 p.m. in downtown Victoria's Munro's Books, and on Tuesday, Nov. 18 at 7 p.m. at Bolen Books in the Hillside Shopping Centre.

The book highlights the military experi-

ences of 20 young men and women associated with the school. Several of them served at the front line in some of the war's bloodiest battles, including the Somme, Vimy Ridge, Passchendaele, and Amiens. Drawing on the school's extensive archives from the period, along with stories and photos provided by local families, the book offers a poignant examination of the First World War and its legacy for a school, a city, and an entire generation.

"It is very important to write this account, as it is a part one of the greatest untold stories in Canadian history," says Gough. "I am speaking of course about the generation of young Canadians who, in my opinion, were the greatest generation of patriots this country has ever known. They went selflessly to war

without question, and the losses suffered by the youth during this period were extreme. By this measure they were also the 'lost generation'. They left the shores of this nation for one of the most devastating conflicts in world history. In their wake was a national outpouring of grief when they did not return."

Gough is a well-known and accomplished historian and academic. He and his family have a long relationship with Victoria High School, and the City of Victoria, as both he and his parents attended the school. Gough would return to the school for a brief period as a teacher before commencing his doctoral studies in London, England. He is the recipient of numerous literary awards, including the Lieutenant-Governor of British Columbia Medal, the B.C. Book Prize, and the North American Society for Oceanic History Prize.

Gough's curiosity in the Canadian Armed Forces has deep local roots.

"My interest with CFB Esquimalt and its fleet was the catalyst for one of my most important dissertations on naval power called *The Royal Navy and the Northwest Coast of North America*. I have always been interested in Canada's military. This led me to an eventual position as an adjunct professor at Venture where I taught a professional development class on the theory and practice of war from 2005 to 2011."

A special alumni edition of the book will be available for purchase at the Nov. 10 launch. The reception is open to the public, but space is limited. Please RSVP to the VHS Alumni Association at linkin@telus.net or 250-474-5951.



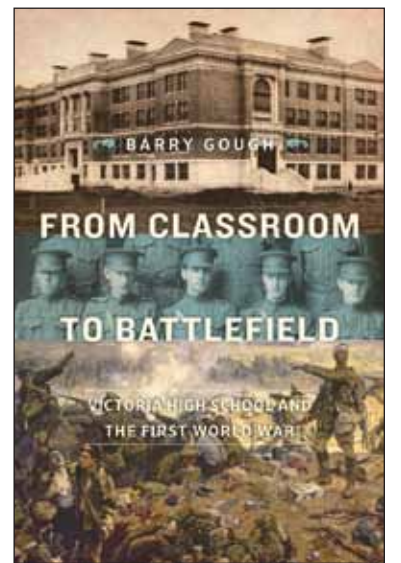
Photo by David Boler

Author Barry Gough.




Photo courtesy of Victoria High School Archives

Victoria High School Cadet Battalion No. 112.



REMEMBERING ALL WHO HAVE SERVED




89 (PACIFIC) RCAC SQUADRON

Goals of the Air Cadet Program

- To develop in youth, the attributes of good citizenship and leadership
- To promote physical fitness, music, outdoor survival, and effective speaking
- To experience familiarization in glider flying
- To stimulate an interest in the principles of aviation technology

KNOWLEDGE
EXPERIENCE
CONFIDENCE



89PACIFIC-AIRCADETS.CA

IMAX[®] VICTORIA

D-DAY

NORMANDY 1944

LIMITED ENGAGEMENT - ENDING NOVEMBER 13

NOW PLAYING IN IMAX 3D

WINNER
BEST ORIGINAL SCORE
GSCA Achievement Awards 2014

SEE IT IN
2D at 1PM
(& 4PM on NOV 11)
or in **3D at 6PM**

WINNER
BEST VISUAL EFFECTS
GSCA Achievement Awards 2014

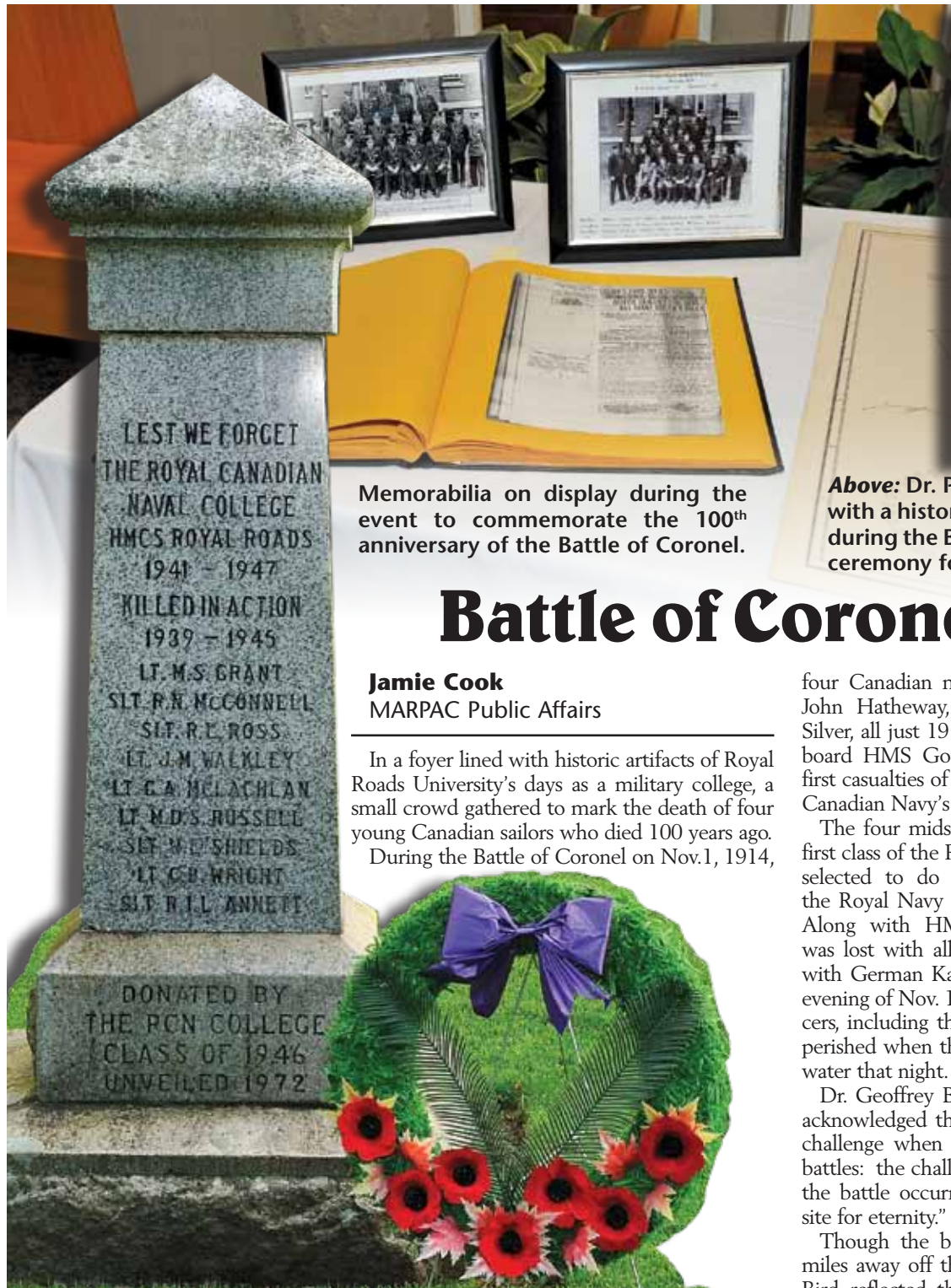
IMAX[®] Victoria

In the Royal BC Museum

IMAX[®] is a registered trademark of IMAX Corporation

For information on all current films, showtimes and rates: 250-480-4887
imaxvictoria.com

IMAX ANNUAL PASS - NOW ON SALE FOR A LIMITED TIME



Memorabilia on display during the event to commemorate the 100th anniversary of the Battle of Coronel.



Above: Dr. Pedro Marquez of Royal Roads University presents RAdm Bill Truelove with a historic photograph, featuring three of the four Canadian midshipmen lost during the Battle of Coronel on board HMS Good Hope, during a commemorative ceremony for the battle on Nov. 1.

Battle of Coronel 100th anniversary

Jamie Cook
MARPAC Public Affairs

In a foyer lined with historic artifacts of Royal Roads University's days as a military college, a small crowd gathered to mark the death of four young Canadian sailors who died 100 years ago.

During the Battle of Coronel on Nov. 1, 1914,

four Canadian midshipmen – Malcolm Cann, John Hatheway, William Palmer and Arthur Silver, all just 19 or 20 years old – were lost on board HMS Good Hope, becoming Canada's first casualties of First World War and the Royal Canadian Navy's first-ever losses.

The four midshipmen were graduates of the first class of the Royal Naval College of Canada, selected to do their "big ship time" aboard the Royal Navy armoured cruiser Good Hope. Along with HMS Monmouth, Good Hope was lost with all hands during an engagement with German Kaiserliche Marine forces on the evening of Nov. 1. Almost 1,600 sailors and officers, including the four Canadian midshipmen, perished when the two ships slipped under the water that night.

Dr. Geoffrey Bird of Royal Roads University acknowledged that "the navy faces a particular challenge when it comes to memorializing its battles: the challenge of visiting the spot where the battle occurred, or physically marking the site for eternity."

Though the battle took place thousands of miles away off the coast of Coronel, Chile, Dr. Bird reflected that Royal Roads was a fitting place to commemorate the loss "here with these artifacts, on this site that celebrates [Royal Roads'] heritage as a naval and military college,

and with the Royal Canadian Navy."

RAdm Bill Truelove, Commander MARPAC, was the guest speaker of the event. An alumnus of Royal Roads Military College himself, he spoke of the significance of the battle and the importance of remembering the RCN's past.

"Today is about remembering four young sailors who went to serve their country and never came home," he remarked.

A number of retired naval officers were also in attendance to pay tribute to the first sailors who died in service of Canada. VAdm (Ret'd) Nigel Brodeur noted that his late father RAdm Victor Brodeur was selected to serve on board Good Hope as well, only to have his posting change before the cruiser set sail for the South Atlantic.

An impressive collection of memorabilia of the battle was on display at the event, including class photos from the Royal Naval College of Canada featuring the four midshipmen, as well as newspaper clippings from the aftermath of the battle, which was a stunning defeat for the Royal Navy and a significant loss for the newly-formed RCN.

RAdm Truelove and Dr. Pedro Marquez of Royal Roads University exchanged historic photographs before concluding the solemn ceremony with a wreath-laying at a cenotaph in front of the university's historic Hatley Castle.

The cenotaph in front of Royal Roads University's Hatley Castle was the focal point during an event to commemorate the Battle of Coronel.

Support Our Troops Vehicle Purchase Program

INFINITI.
LIMITED ENGAGEMENT
WINTER EVENT

2014 INFINITI QX60
7-Passenger Crossover

Finance APR*
Starting from
2.9%

Lease APR*
Starting from
1.9%

Or up to
\$4,000
in savings for qualified
finance/lease customers
on select QX60 models.



Pay below dealer invoice price on Nissan and Infiniti cars, trucks and SUVs.

To show our support and gratitude for the men and women who serve our country each and every day, Campus Auto Group is proud to announce special discounted pricing for our qualifying Canadian Armed Forces personnel (current and retired), DND and RCMP members.

www.campuscars.net

Campus
INFINITI
ALL ROADS LEAD TO CAMPUS

In honour of our brave veterans – for your service, endurance, sacrifice and wisdom that we all too often take for granted.

We are humbled by your bravery and inspired by your love of country.

With deep appreciation and respect, we thank you.

Layne Britton

General Sales Manager
3361 Oak Street
250-475-1148

lbritton@campusinfiniti.com



Women's Auxiliary Force veteran tells stories with art

Shawn O'Hara
Staff Writer

For Pattie Ashbaugh, an 88-year-old London-born Victoria resident and veteran of the Women's Auxiliary Force (WAF), life during the Second World War was spent mostly in a secret office 60-feet below the surface.

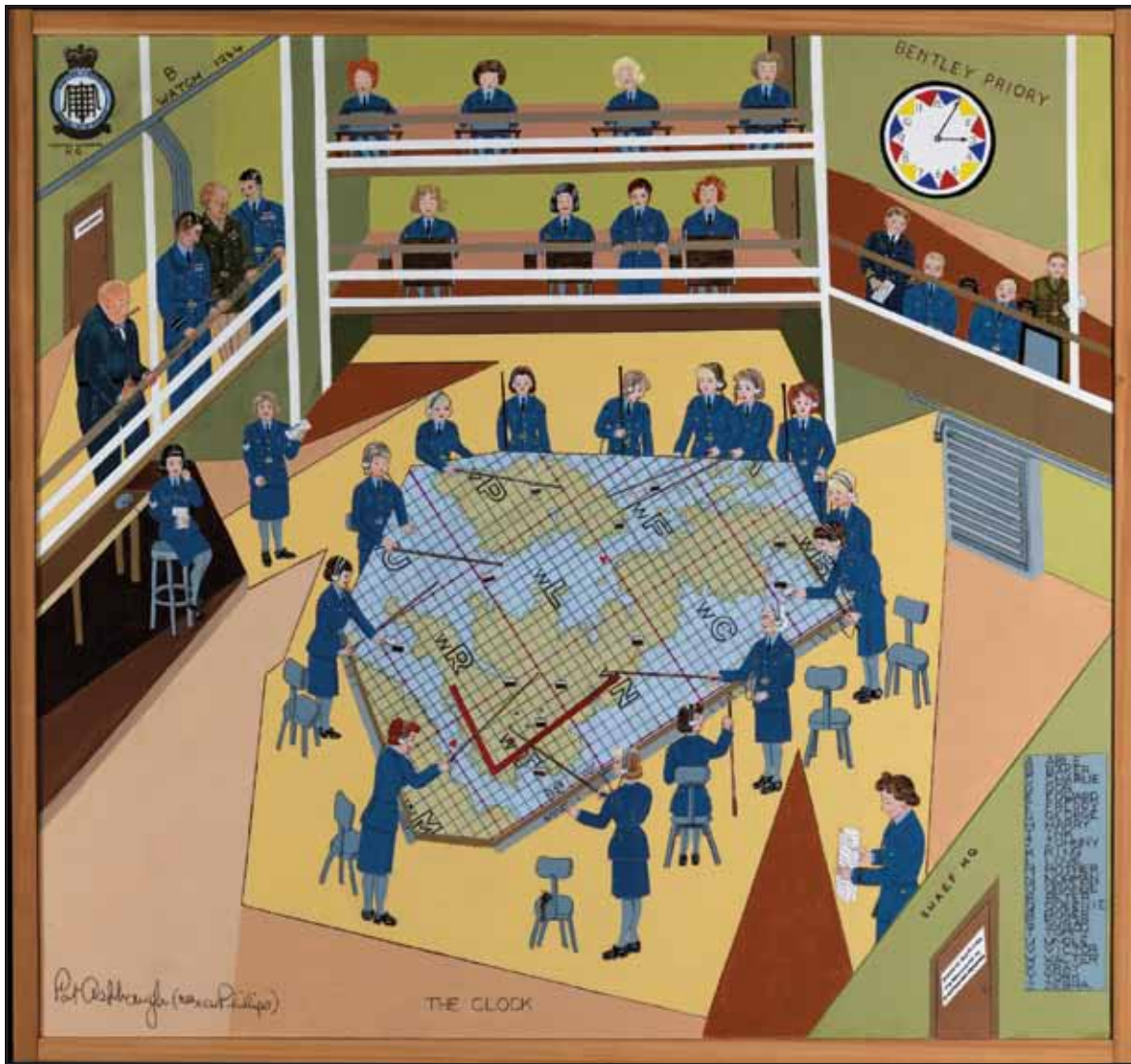
As a "plotter" for the WAF, Ashbaugh tracked aerial bombardments and engagements across the theatre of war from the Fighter Command, located underneath Bentley Priory in London, England.

"Every morning when we came into work we had to swear on the Bible that we would never reveal information about our work," recalls Ashbaugh. "There were other offices that plotted much smaller parts of the theatre, but ours was the only one that covered it all. It was a very exciting job for a 17-year-old girl."

Ashbaugh's job consisted of listening to radio transmissions from spotters across the country, keeping track of V-1 flying bombs, called "buzz bombs", and flights of both Allied and Axis aerial units.

"We'd get information from anyone, from boy scouts on the roof with binoculars, to old men in their yards with a telescope," says Ashbaugh. "Then we'd use different coloured figures to mark where they were on the map, which would be entered into the records and used by command, and when the clock turned over we'd wipe it off and start all over again. It was very hectic. Eventually it became automatic, but if you weren't paying attention everything would happen so quickly you'd miss it."

The Flight Command was the central command for all Allied aerial units during the war, and as such was home to some influential figures. Among commanders from Allied countries, then Prime Minister Winston Churchill kept an office at Flight Command, though a teenaged Ashbaugh



wasn't impressed.

"He wasn't very interesting to a teenage girl," she says. "We would always be wearing his Siren Suit (a type of jumpsuit created by Churchill in the 30s, which became standard issue throughout the war), and he'd be up in the balcony where all the offices were. We didn't have time to see what he was up to, we were much too busy."

According to Ashbaugh the nightlife of wartime London was surprisingly active.

"There were clubs across town that were free for serving men

and women. You would show up and sit down, and you never knew who was playing that night," she says. "One time my girlfriends and I went out for a show and who should come out but Major Glenn Miller. He leaned over the stage and sang right to us. I'll never forget that."

Every night the pubs were packed with serving men and women trying to forget the terror and tragedy of the day's work. Ashbaugh met her husband Fred, a Royal Canadian Air Force (RCAF) bomber captain and recipient of the Distinguished Flying Cross, at

one such pub. Their first meeting went anything but smoothly.

"I wrote my phone number on a 10 pound note, and he accidentally spent it at the pub," she says, laughing. "He had a hell of a time getting it back. I think a few other people must have seen the number because I got more than a few phone calls after that."

Though the war was a terrible time, Ashbaugh says those years were also the most exciting times of her life.

"It's difficult, because every day horrible things are happening, friends and family are dying,



Above: Pattie Ashbaugh.
Left: One of Ashbaugh's paintings, which helped her move on from her wartime experience.

but you don't have time to grieve them," she says. "When they say it was the best of times and it was the worst of times, they're right."

Following the war, Ashbaugh worked through complex emotions left over from the conflict using the medium of painting. Completing a portrait of her two eldest brothers, both merchant navy sailors lost during the war, as well as a picture of the Flight Command office, Ashbaugh says she was able to free herself of unexpressed emotions.

"It was very cathartic. I never felt like I'd had enough time to grieve for my brothers, we were too busy," she says. "Once I painted them, I got it all out. I could move on. It was very important to me."

The portrait of Flight Command was delivered to the National War Museum in Ottawa, where it is currently in display rotation.

Now living in Victoria with her husband, with three grown daughters, grandchildren, and even some great grandchildren, Ashbaugh spends her days watching the waters of the Gorge from her balcony with Fred, having lunch at the Wardroom, and painting.

"We stay social, but we've been very busy for a very long time," she says. "Now it's just time to relax."

\$1,200 in savings

for federal government employees.

The Public Service Health Care Plan now covers \$1,000 of your laser vision correction procedure and LASIK MD offers an additional corporate discount of \$200.*

Get LASIK for less than you thought possible!

**Lowest
Price
Guarantee**

LASIK MD
VISION

Book a free consultation at
1-877-446-1010 or
lasikmd.com/federal



*Only applicable towards a Custom LASIK procedure for both eyes. Cannot be combined with any other discount, special offer or 0% interest financing. Not applicable on a previously completed surgery. Offer subject to change without prior notice. Proof of membership, enrollment or employment required. †

Veteran celebrates 55 years of service

Shawn O'Hara
Staff Writer

After 55 years of service to the Royal Canadian Navy, in both military and civilian roles, MS (Ret'd) Fred Webb has piled up 3,693 unused sick hours.

That's roughly 461 work days or 92 work weeks.

"I like to stay busy," says Webb, 74, when asked why he's barely taken a day off in five decades. "I like to stay active, and it keeps me healthy. No need to take the time off."

Webb has been entwined with CFB Esquimalt for over half a century. He joined the Royal Canadian Navy Oct. 6, 1959, at the age of 19. Coming from a lineage of military men, he joined after hearing stories about his great uncles during the First World War.

"They were at some of the toughest battles during that time. The Battle of the Somme, the Third Battle of Ypres, and I heard about them ever since I was a kid," he says. "It felt like the thing to do, as my father and his brother had served as well. I don't regret a minute of it."

Though he has served in a number of warship and with many military departments, Webb's most memorable experience was his service aboard HMCS Stettler during the height of the Cuban Missile Crisis in 1964. Stationed in Main Bay, British Columbia, he and his fellow crew members spent their days drilling, stressing, and painting every shiny surface on the ship matte black.

"We were to make sure there would be no reflec-



Shawn O'Hara, Lookout

Fred Webb is celebrating 55 years of service to the Royal Canadian Navy as a military member and a civilian employee.

tions," he says. "No one was making a move in those days, so we had no idea what was going to happen. At any minute we could be in an all-out war."

With Russia just on the other side of the Pacific Ocean, Stettler and other frigates were at the ready, should the Cold War suddenly turn hot.

"It was a very tense time. There were the high points

where you felt like a part of the unit, and you were drilling and feeling good," he says. "Then, there were the dips, when you realized that this was the real deal."

Webb retired from the RCN in 1980, but spent only a year in retirement before taking a position with the Queen's Harbour Master in 1981. Winning the competition for the charge hand position on

the jetty crew, he has remained at his post over 23 years.

"I've love my time here. I don't want to be anywhere else," he says. "I can do all the work that the younger guys can do. Moving around on the jetties, hauling gangplanks around and the like, it keeps me fit and moving."

Webb shows no signs of slowing down. He attributes his mobility and health to life of conscious living.

"My father told me early on that what you do or don't do early in life will decide what you can or can't do later," he says. "I've always tried to live by that thinking, and it's done me pretty well so far."

I can do all the work that the younger guys can do. Moving around on the jetties, hauling gangplanks around and the like, it keeps me fit and moving.

Fred Webb

November 11
Take 2 minutes of silence at 11 a.m.

Cedars in Paradise



- Fully furnished & Stocked 500 sqft.
- 2 blocks to Venture Training
- Private yard/entrance
- Street parking
- Laundry
- Near restaurants, marinas, inner harbour boardwalk to town.

Rental Suite
\$1500.00/month

Contact: 250-507-5888
www.vrbo.com/481056

Giving to the United Way?

Please consider

The Royal Canadian Sea Cadet Foundation
www.canadianseacadetscholarships.ca

Help them take the next step to becoming tomorrow's leaders.



Charitable Number:
82761 4413 RR 0001



We salute

the men & women of the
Canadian Armed Forces.
Thank you for your service.



100 years of submarines

DND

Aug. 5, 2014, officially marked 100 years of service in submarines for Canada.

The early years

The Royal Canadian Navy (RCN) acquired its first submarines, His Majesty's Canadian Ships (HMCS) CC 1 and CC 2, following their purchase from a Seattle shipyard by then British Columbia Premier Richard McBride at the outbreak of the First World War, on Aug. 5, 1914. CC 1 and CC 2 had originally been built for the Chilean Navy.

Premier McBride is reported to have acquired the boats in order to alleviate his constituents' fears of an imminent attack by a squadron of Imperial German Navy warships that had been reported in the Pacific. Although the threat never materialized, the mere presence of the new submarines served as a deterrent for enemy forces and reassurance to the population. It was an early example of the strategic advantage of having Canadian submarines.

On June 21, 1917, HMC Ships CC 1 and CC 2 left Esquimalt for Halifax where they would stop over before proceeding on a mission to the Mediterranean. Along with HMCS Shearwater, they became the first war vessels wearing the White Ensign to use the Panama Canal. Both submarines were eventually paid off to disposal and sold for scrap in 1920.

In between World Wars

Over the next five decades, the RCN only commissioned four submarines: two British H-class and two surrendered ex-German U-boats. However, RCN submarine expertise survived as Canadian submariners maintained and honed their skills by serving in Royal Navy (RN) submarines around the world. During both world wars, a total of 34 Canadians served in RN submarines, while Canadian submariners would command 15 British submarines.

Between 1945 and 1966

Following the end of the Second World War, the number of Canadian warships and submarines was significantly reduced, and the RCN was only able to maintain its anti-submarine warfare (ASW) capability by arranging for the loan of RN submarines through formal agreements. Eventually, various American submarines were also made available for a limited amount of

anti-submarine training for RCN ships.

Until 1955, RCN ASW training needs were therefore met by rotating two RN submarines per year in Halifax and by taking advantage of training opportunities afforded by the USN off both coasts. In light of the emerging context of the Cold War, the needs of a Canadian-based submarine service were re-evaluated, and the RCN came to an agreement with the RN for the creation of the Sixth Submarine Squadron (SM6) in March 1955. Based out of Halifax, SM6 was made up of mostly RN A-class submarines, commanded by RN officers with no more than half the crews being Canadian.

Cold War Era

In the early years of the Cold War, ASW became a critical element of NATO maritime strategy. There was much deliberation about the value of including submarines in the RCN fleet. The new St. Laurent-class of destroyer-escorts were built with excellent ASW capabilities for the period, but it was clear to naval planners that submarines were the best vessels to detect other submarines, because they could more fully exploit the underwater environment to

maximum tactical advantage. While surface ships can eliminate most of the noise interference caused by surface activity by towing a submerged sonar array cable, unlike submarines operating at depth they cannot completely eliminate the noise they produce themselves. In a deadly, unforgiving game where the prize normally goes to the most silent platform, submarines are clearly

the ASW vessels of choice.

Canada acquired its first Cold War submarine in 1961. Based on the West Coast, HMCS Grilse was an ex-USN Balao-class fleet submarine obtained on a five-year lease agreement. Used exclusively for ASW training, Grilse was operated extensively during its first 16 months of service, travelling a distance equivalent to more than twice the earth's

circumference and spending 374 days at sea. After seven years of service, Grilse was replaced by another USN fleet submarine. The ex-USS Argonaut, a Tench-class submarine purchased in 1968, was commissioned into the RCN as HMCS Rainbow and served in the West Coast fleet until 1974.

In March 1962, approval was received for the purchase of three British

the early 1980s and became reality when HMCS Victoria was commissioned in 2000.

The Canadian submarine force was re-energized with the announcement that Canada would purchase four submarines from the United Kingdom in 1998. These submarines were the only four Upholder-class (Type 2400) built by the RN. The four former Upholders became the Victoria Class as they adopted the names HMCS Victoria, Windsor, Corner Brook and Chicoutimi. Before the new submarines could be added to the fleet, the submarines required an extensive Canadianization package to accommodate national communications, fire control, and the in-service Mk 48 heavy-weight torpedoes. Tragedy struck in 2004 when a fatal fire erupted aboard Chicoutimi (former HMS Upholder) at the beginning of its voyage to Halifax.

The RCN persisted in its efforts to bring the new class of submarines towards full operational readiness. The ranks of Canadian submariners continued to fill as training progressed, and HMCS Victoria successfully fired a warshot Mark 48 torpedo in 2012, becoming the first submarine of its class to reach high readiness. Victoria spent most of 2013 at sea, culminating with its successful deployment on Operation Caribe where the submarine excelled in its covert role.

In the year of its Submarine Centenary, the future of Canadian submarines is promising. After overcoming many significant challenges, Canada now has a sustainable operational submarine capability that has been completely rebuilt from the ground up. The number of trained submariners continues to increase and the RCN continues steady progress towards its objective of having three of four Victoria-class submarines at sea by the end of 2014.

Canadian Submarines Throughout History

In 100 years of history, the RCN has commissioned a total of 15 submarines. They are, in order of year commissioned: HMC Ships CC 1, CC 2, CH 14, CH 15, U-190, U-889, Grilse, Ojibwa, Onondaga, Okanagan, Rainbow, Victoria, Corner Brook, and Windsor. (Chicoutimi is set to be commissioned in the near future).

Left: German Navy Submarine, U-190 arrives in St. John's Newfoundland in June 1945 after surrendering to Royal Canadian Navy sailors off the coast of Newfoundland on May 12, 1945. It was almost immediately commissioned into the Royal Canadian Navy.



Above: German Navy Submarine, U-889, surrenders to Royal Canadian Navy sailors off the coast of Shelburne, Nova Scotia, on May 13, 1945. It was almost immediately commissioned into the Royal Canadian Navy as His Majesty's Canadian Submarine U-889 for testing and evaluations.



Above: HMCS Windsor sails into Halifax after training exercises in 2006.



Above: HMCS Okanagan with the CN Tower in the background when the submarine toured the Great Lakes in November 1990.



Above: After its service in the United States Navy as USS Argonaut, HMCS Rainbow was commissioned into the Royal Canadian Navy on Canada's West Coast from 1968 to 1975.

Left: HMCS Ojibwa conducts submerged submarine rescue vehicle trials at the Royal Navy submarine base in Faslane, Scotland, on Sept. 1, 1975.



Oberon-class submarines. These would be the first newly built submarines the RCN would acquire since the unconventional purchase of CC 1 and CC 2 in 1914. The submarines, HMC Ships Ojibwa, Onondaga and Okanagan formed the Halifax-based First Canadian Submarine Squadron.

At the time of their acquisition in the mid-1960s, the Oberons were considered to be among the quietest submarines in the world (they were operated also by a number of other nations). After being refitted with upgraded sonar suites, fire-control systems and Mark 48 torpedoes in the early 1980s, the Canadian Oberon-class submarines continued to be relevant as an ASW weapon platform until the last, HMCS Onondaga, was paid off in 2000.

The Victoria-class Submarines

Preparations for replacing Canada's ageing Oberon-class submarines began in

And the survey says: Canadians support their veterans

A/SLT Melissa Kia
Base Public Affairs

For four days in August, 1,000 Canadians were surveyed by Nanos Research to gauge how they felt about veterans.

The results of the survey, which was commissioned by The Commissionaires, revealed an overwhelming support for them.

A series of questions were posed that touched on critical issues, care, and employment. In particular, 74 per cent of Canadians believe Canada has a major obligation to assist them in finding meaningful employment after their service.

Veterans make up a significant portion of the Commissionaires' workforce, and part of their social mandate is to bring attention to the difficulties veterans may experience after leaving the CAF, especially in making the transition between service and civilian life.

Al Patterson, a representative of the Commissionaires,

and a veteran, said the survey shows "people actually do care what happens to our members in uniform, both while and after they have served."

Canadians also believe there needs to be more support in place for veterans trying to integrate into civilian life. Just over half polled – 62.9 per cent – feel the support is inadequate or just adequate.

"Coming from a military background and being thrown back into civilian life can be rather difficult," said Patterson.

The point of the survey, says Bill Sutherland, National Board Chair Commissionaires, is to remind us that while Canadians strongly support those who have served our country, we owe them more support, particularly as they search for jobs and cope with life after the Canadian Armed Forces.

"These results reinforce what we see anecdotally every day, that Canadians feel a deep commitment and

gratitude towards our veterans, and want to see them succeed in their second and third careers," he says. "They bring relevant, transferrable skills to employers in a wide range of fields."

Since 1925, Commissionaires has been providing meaningful employment for veterans as they make the transition from the Canadian Armed Forces to civilian life. With 15 divisions and more than 20,000 men and women employed across the country, Commissionaires is a


leading national provider of security services, and one of the largest employers of veterans in Canada.

"Young veterans make great employees because they are looking at making a go of a second career," said Patterson. "Ex-military personnel will go the extra mile for their new employers because they are simply used to doing it. However, faced often with a difficult job market and looming changes, many members feel overwhelmed when they decide to leave the Forces."

...Canadians feel a deep commitment and gratitude towards our veterans, and want to see them succeed in their second and third careers. They bring relevant, transferrable skills to employers in a wide range of fields.

Bill Sutherland,
National Board Chair Commissionaires

We join in Remembrance of those who fought for our freedom and give heartfelt thanks to our peacekeepers and veterans.



Nancy Vieira
Pemberton Holmes Ltd.
250-514-4750

MILITARY DISCOUNT OFFERED



Vegetable Box Program

Next Pickup date: Nov. 23

Get 18-24 items seasonal fruit & vegetable items.

Run by Volunteer Military Families. 200 Military Families buy and divide produce.

Nutritious • Local • Low cost

No fee to join!

Contact: Natasha Beardsley 250.245.8063
E-mail: VegOn@shaw.ca

Order online today!

www.vegetablesonline.ca

Wilson & Proctor Ltd.

DIESEL ENGINE REBUILDERS

TRUCK PARTS & SERVICE

Authorized dealer for:

International Cummins	Detroit Diesel Volvo Penta	Perkins Kubota
------------------------------	-----------------------------------	-----------------------

808 Devonshire Rd 250-385-3481

www.wilsonandproctor.com

Serving the community & CFB Esquimalt since 1947



MORE THAN READY

BCIT'S LEGION MILITARY SKILLS CONVERSION PROGRAM OFFERS FLEXIBLE OPTIONS

With three unique training options to choose from, you'll be more than ready to transition into your new career:

- > Go to school and get a credential —in-class or online.
- > Become an entrepreneur.
- > Get the skills and tools to be ready for the job.

For more information, contact us at:

bcit.ca/legion facebook.com/lmscp



Honouring the “Tiffy”



70th anniversary of Operation Overlord brings last Hawker Typhoon to Canada

Photo courtesy of the Imperial War Museum

Dave O'Malley
Vintage Wings of Canada

Article and photos courtesy of Vintage Wings of Canada. Reproduced with permission.

About the Hawker Typhoon

Seventy years ago, Canadian, British and American troops were pushing across Belgium, Holland, and the remnants of occupied France, with the Germans backed up to the Fatherland.

U.S. President Franklin D. Roosevelt and British Prime Minister Winston Churchill were so positive about the outcome they were meeting at the Château Frontenac in Québec City, Quebec, to discuss the strategy for the defeat of Japan.

The Germans may have been reeling backward, but they were far, far from done. There was half a year of dying still to be done, and much of Germany to be destroyed.

Soon, Canadian ground forces and their Royal Canadian Air Force (RCAF) counterparts were sweeping through Holland. Hawker Typhoon pilots of the RCAF and the Royal Air Force (RAF) were as much a part of this massive and deadly ground war as a mortar or machine gun team on the ground.

While their Spitfire- and Mustang-flying brothers were

Command brethren steeled their hearts on a steady course through clouds of flak and the raking fire of night fighters, the ground-attacking Typhoon pilots engaged an enemy without wings.

In addition to the lethal threats of flak and enemy fighters, Typhoon pilots faced a buffet of dangers that made their life expectancy one of the short-

Displaying speed and agility, combined with size, stability and armour, the Typhoon became a fighter match for the enemy's Focke Wulf FW-190, as well as one of the finest ground attack aircraft of the Second World War.

duelling with the enemy Luftwaffe in the thin blue air, at altitudes where they chalked contrails like a football play-book, and while their Bomber

est in the air war – small arms fire, collision with terrain, heavy machine guns from armoured vehicles and tanks, and bad weather.

The Typhoon (“Tiffy”) was designed to be a super-powerful and lethal air superiority fighter for the mid-level air war.

At the altitudes it was designed for (above 15,000 feet), it lacked the promised performance. Instead, at low levels, it performed better than its Spitfire and Hurricane stable-mates.

Displaying speed and agility, combined with size, stability and armour, the Typhoon became a fighter match for the enemy's Focke Wulf FW-190, as well as one of the finest ground attack aircraft of the Second World War.

Pilots who flew the Hawker Typhoon rightly consider themselves part of an elite group, in the same way U.S. Marines see themselves – tough, rugged, muddy, and sharing with ground troops the deprivations of life near the front and immediate threats of counterattacks.

They conducted their business at the front in close-to-the-ground fighting, and they fought the Wehrmacht, as well as the Luftwaffe.

Fast forward 70 years - Commemorating Operation Overlord

To honour those who flew the Hawker Typhoon, and the 70th anniversary of Operation Overlord, the invasions of Normandy known by all as D-Day – three Canadian aviation heritage institutions united.

The Canada Aviation and Space Museum worked with the RAF Museum at Hendon, England, to accept the loan of the world's only complete Hawker Typhoon. The one-of-a-kind aircraft, painted with the markings of the RCAF's storied 440 Vampire Squadron, would have a two-year-long stay on display at the museum's Ottawa, Ontario, facility.

The museum called upon the Canadian Warplane Heritage Museum and Vintage Wings of Canada to organize a group of D-Day veteran Typhoon pilots to arrive in a DC-3 Dakota at a public unveiling ceremony for the Typhoon.

Vintage Wings of Canada was called upon to provide their escort in the form of two Second World War fighters. The Vintage Wings Spitfire was unserviceable, so the next choice for escort duty was the P-40 Kittyhawk. A 442 Squadron P-51D Mustang was also chosen.

In the early morning of June 6, 2014, 70 years to the day that Canadian boys were fighting their way through the cobble streets of Courseulles-sur-mer and Saint-Aubin-sur-mer, and the Typhoon pilots of 440 Squadron were pounding the advancing German troops and armour through a hailstorm of ground fire, I found myself in the back seat of a Second World War fighter aircraft, flown by Rob Erdos, snuggled into the left wing of the DC-3 Dakota as it flew on currents of Canadian air.

Across from us, on the Dakota's right wing, flew the legendary P-51D Mustang and two friends. We – Mike Potter, Rob Erdos, Peter Handley and me – were four very lucky Canadians, able to pay homage to a group of Canadian heroes with aircraft dedicated to other heroes. I could not imagine a better place to be than flying over the Nation's Capital with four close friends in two fighters from another time, escorting a group of men who made all this possible.

Sitting in the back behind Rob, I could feel the greatness carried in that DC-3 Dakota, watch her big rudder flick, her engines thunder as she proudly carried those men who gave us so much.



Photo by Annette Koolsbergen. Inset photo courtesy of FlyingForYourLife.com



Photo by Greg Brooks (www.flickr.com/photos/ottcan_520/)

Above: The only complete Hawker Typhoon in the world today has been brought to the Canada Aviation and Space Museum in Ottawa for a two year stay.

Left: Flight Lieutenant Bob Spooner enjoys the unveiling ceremony at the Canadian Aviation and Space Museum in Ottawa. Spooner, a 438 Squadron Typhoon pilot during the Second World War, was awarded the Distinguished Flying Cross and was gazetted after war's end, in July 1945.

Top left: Harry Hardy taxis his 440 Squadron Typhoon Hawker Typhoon, “P” for “Pulverizer”, over steel matting at a forward airfield in Eindhoven, Holland, in 1944-45.



Beth Brown, Trident Staff

Allen Crooks' photographs will be on display at the Naval Museum of Halifax until Nov. 15.

Season of Remembrance November 11 photo stillness

Beth Brown
Trident

Allen Crooks' documentary photography exhibit *Season of Remembrance*, captures the many silent moments spent at cenotaphs by those in service, and those honouring them. The exhibit, a collection of 14 black and white prints, is currently on display at the Naval Museum of Halifax until Nov. 15. It is part of PHOTOPOLIS, a citywide photography festival.

"When you're at a Remembrance Day ceremony and you look through the crowd, there are some very poignant moments happening," said the Halifax photographer. "To some extent they are private moments, but the power translates well into a documentary photograph."

Among the images are service men and women, a child playing with poppies, and an elderly piper in full regalia.

"They are the people participating in what I call the Season of Remembrance," said Crooks. "They are remembering friends, family, even strangers who served our country, and sometimes paid the ultimate price."

Crooks has always been interested in creating a remembrance project. His late father served as a stoker in the navy for 30 years at CFB Halifax. Still, he only began the project four years ago, having waited until his skills were at a place he deemed would do justice to the subject matter.

He said the black and white film developed on traditional photo paper brings a rich, handcrafted

I'm fascinated by the people that I've met and their stories. It's a means of helping people to remember and engaging them in that process.

Allen Crook,
Photographer

look to the images.

"To some extent, how I printed and toned the images makes them more sentimental. I think that's important because of the topic."

Many photos show Remembrance Day ceremonies in Halifax, though the show highlights the 70th anniversary ceremony of D-Day at Juno beach on June 6. The exhibit's featured portraits show two veterans at the ceremony. The difference in the two men is striking. "One of the guys is more stoic and serious. The other guy has a straw hat on and is a very happy-go-lucky type of character," said Crooks.

Barring a scenic shot of an empty Juno Beach, the photos don't emphasize place. They could be taken anywhere, at any remembrance ceremony. Crooks did this to show the timelessness of remembrance and the global affects of sacrifice in service.

Rick Sanderson, Director of the Naval Museum of

Halifax, said he jumped at the chance to host the exhibit, which shows military history and is perfectly timed for Remembrance Day.

"It's beautifully done, perfect blacks, perfect shades, everything is structurally sound," said Sanderson. "Technically it is a great show, but from my point of view I'm more interested in what the images are portraying. That's what we do in a museum is tell the story."

This is Crooks' goal as well. "I'm fascinated by the people that I've met and their stories," he said. The photo artist hopes to create a larger show of 30 to 40 images and eventually publish a book. "It's a means of helping people to remember and engaging them in that process."

The continued project will explore the after affects of combat, such as spouses left behind, children made orphans, service members haunted by PTSD and the struggles of reintegration.

"We talk about the sacrifices of veterans and people who haven't come back alive. Let us not forget about the people who are struggling to live," said Crooks.

PHOTOPOLIS is a bi-annual photography festival that began in Halifax in 1998. The festival collaborates with local galleries and alternative spaces to present the work of more than 100 local, national and international photographers, through exhibits, artist talks, workshops and film screenings.

We gratefully salute our Canadian Armed Forces past and present

They did all they could for us.

No. 14 Company, Canadian Forestry Corps, Scotland, Aug. 1941.

Earl Clark, WWII and D-Day veteran, and current resident at the Lodge at Broadmead, second row down from top, seventh from the left.

Please do what you can for them.

"I'll never forget D-Day. Boom! I close my eyes and I can be back there in an instant. I'll tell you it was hell."

Earl Kitchener Clark, WWII Veteran, Resident at the Lodge at Broadmead

Your donation to Broadmead Care will support hundreds of WWII and Korean War veterans like Earl Clark at the Lodge at Broadmead and Veterans Health Centre.

To make a donation, mail your cheque payable to Broadmead Care to 4579 Chatterton Way, Victoria BC, V8X 4Y7, call in your donation to 250-658-3274 or donate online at www.broadmeadcare.com.

Registered charity #12929 0583 RR0001

BROADMEAD CARE
Exceptional Care. Exceptional People.

Thanks to our generous supporters

people eating FISH

...and burgers, brunch, .25¢ wings on Saturday nights

Join us for great family style food at Gaby's Seaside Restaurant

Breakfast OR Brunch – Burgers – Sports Room – Free Wifi – Military Discounts
453 Head Street • Next to NOTC !• 250-381-1400

Stay, Play & Dine

Includes one night in deluxe fairway room, golf for two with shared cart and \$50 Dining voucher.

ONLY \$99 per person dble. occ.

Tee off from 11:00 am to 1:00 pm.
If Mother Nature doesn't cooperate, receive **\$50 Crown Isle Gift Certificate** instead of golf.

Crown Isle
RESORT & GOLF COMMUNITY

www.CrownIsle.com
399 Clubhouse Dr., Courtenay • Toll Free: 1-888-338-8439

Proud to support our troops

DND enjoy 10% off Pharmasave brand
Flu shots available for DND & Families
Just 3 minutes from the Base.

PHARMASAVE®

Esquimalt Plaza, 1153 Esquimalt Rd. • 250-388-6451

Historic casualty identification team investigates the unknown

DND

In the First and Second World Wars and the Korean War, nearly 28,000 members of Canada's Army, Air Force and Navy were left with no known or maintainable grave.

Every year, the remains of these formerly missing are discovered all over the world. Continuing the tradition of Canada's Graves Registration Units, the purpose of Historic Casualty Identification is to find the identity of newly discovered remains of military personnel who went missing during active service.

The identification of unknown service personnel requires a combination of historical, anthropological and biological analysis - all or some of which is applied uniquely to each case. The majority of the Canadian military's missing derives

from fighting in the First World War - particularly in North East France. The human remains of soldiers from all sides are frequently found during construction, farming and salvage - together with uniform parts, weapons, equipment and other debris.

Some of the debris, such as unit-specific uniform buttons, provides the first clue toward identification; that of limiting the number of candidates to those missing from a particular regiment or aircraft. The list of candidates can often be further narrowed through historical research using war diaries and personnel records.

While the historical evidence can be sometimes strong enough to identify a set of remains, biological evidence is also sought. Physical anthropology, or analysis of the skeleton, can

provide a physical profile of the unknown serviceman/woman. Such a physical profile can further limit the number of possible candidates based on records of dentition, height, age and injuries.

Further biological tests such as matching mitochondrial DNA profiles of the unknown soldier/airman with those of the descendants of candidates is frequently used as it is a highly reliable means of eliminating some candidates, while directly identifying others.

Each case supplies its own challenges - and no doubt, new technologies and increased access to historical documents will enhance the precision and ability to identify Canada's unknown services personnel.

Historic Casualty Identification is currently investigating more than 40 cases.

Government of Canada Workplace Charitable Campaign Fundraising music concert

When: Friday Nov. 21 7:30 p.m.

Where: CFB Esquimalt Wardroom

Featuring:

MS Josee Sulyma, Soprano
Maj Doug Friesen, Piano
Pte Joe Menard, Trumpet



This event will charm music lovers of all kind. Music pieces from Mozart to Canadian composer Leonard Cohen will be performed. But wait, Broadway or French opera lovers won't be forgotten. A must see concert, talk to your friends! And it is free; you only have to give a donation at the door. All ranks and ages are welcome.

FIRST MEMORIAL FUNERAL SERVICES

We remember with pride every Canadian that sacrificed so much in the name of peace and freedom.

www.firstmemorialfuneral.com

Victoria
1155 Fort Street, Victoria, BC V8V 3K9
250-384-5512

Saanich - Garden of Memories
4725 Falaise Drive, Saanich, BC V8Y 1B4
250-658-5244

"Nous nous souvenons"

École Victor-Brodeur
637 rue Head Victoria,
CB V9A 5S9
Téléphone : 250-220-6010
Télécopieur : 250-220-6014
Site web :
www.brodeur.csf.bc.ca

With gratitude to veterans and members of the armed forces.

Lest we forget.

Murray Rankin
murrayrankin.ca + NDP

1057 Fort St.
250-363-3600
Murray.Rankin@parl.gc.ca

Angels of Mercy, Canada's frontline nurses

Peter Duffy
Army Museum Halifax Citadel

To the Canadian soldiers who fought in the First World War, they were known as Angels of Mercy. These angels were the scores of Canadian nurses who served overseas in military hospitals and dressing stations, often dangerously close to the front lines.

In all, 3,000 women – 200 of them from Nova Scotia – served with the Canadian Army Medical Corps during the four-year conflict. Most of them were single with an average age of 24. Sadly, not all of those who went overseas returned home. By the time the war was over, 46 Canadian nurses had made the ultimate sacrifice for their king and country.

During the conflict, the Angels of Mercy were to be found at Canada's 30 military hospitals and clearing stations at the major battlefields in Europe and the eastern Mediterranean. Their official titles were nursing sisters – a nod to the fact many of the earliest volunteers were from religious orders – and they held the rank of lieutenant. Each woman wore a nun-like white head covering and a white apron over a distinctive blue dress. Needless to say, it wasn't long before the troops honoured them with another affectionate nickname - bluebirds.

The women were ill-prepared for the special hell awaiting them at the

battlefields, compared to their nursing experiences in Canada. They had to adapt quickly to the horrors of modern warfare, not just in terms of the kinds of ghastly wounds suffered by the troops, but also the sheer numbers of casualties.

Nor were they spared discomfort because of their gender; they shared the same dangerous, unsanitary field conditions as their male colleagues, and often went hungry and thirsty.

Wherever they nursed, the Angels of Mercy were never far from danger. Sometimes, death found them when they were aboard hospital ships transporting the sick and wounded home to Canada. One such incident occurred during the night of June 27, 1917, when a Canadian hospital ship was torpedoed in the Atlantic by a German

U-boat. Of the 258 crew and medical staff aboard, only 24 lived to tell the story, an amazing escape considering the U-Boat's crew machine-gunned the lifeboats. All 14 nursing sisters aboard perished that terrible night, among them Matron Margaret Marjory Fraser, daughter of LCol Duncan Cameron Fraser, the Lieutenant-Governor of Nova Scotia.

Other times, bombs and shells would rain down on the nurses as they went about their duties behind the front lines. In his book, *Nova Scotia's Part in the Great War*, Capt M. Stuart Hunt describes the scene during one bombing attack on the St. Francis Hospital Unit in France:

"The nursing sisters and hospital staff displayed great courage all through these trying times, remaining at their

posts in the operating room and hospital wards.

No pen can describe the nerve-testing and nerve-racking experience of hearing the swish through the air of those terrible and deadly bombs, then the terrific explosions and rocking and trembling of the earth which meant destruction and death to many.

The way those splendid young women carried themselves was magnificent. Without a quiver or the slightest hesitation, they kept right along with their work and soothed and encouraged and ministered to their patients. They were the same living contradiction here as elsewhere to all logical relations, and the harmony of things.

They would jump up on the operating table and scream at the suggestion of a mouse or trench rat; but would go out into the storm and darkness and fire to give a drink of water to a wounded soldier."

The contribution made by the Angels of Mercy to Canada's war effort was not forgotten. A monument to them, and to the nursing profession itself, was erected in Ottawa in 1926. It can be found in the Hall of Honour in the Centre Block of Parliament.

The Angels of Mercy will be remembered for one other historic distinction. Their courageous wartime service helped convince the Canadian government that the time was long overdue to grant women the right to vote.



George Metcalf Archival Collection CWM 19920085-704
Aided by two Nursing Sisters, a wounded Canadian who took part in the August 1917 Battle of Hill 70 prepares to board a Red Cross train at a casualty clearing station.



THE SWAP YOUR RIDE EVENT IS ON NOW

**SWAP
YOUR
RIDE**



PLEASE ASK US ABOUT OUR MILITARY REBATE

2014 FORD FIESTA SEDAN SE MSRP \$22,140

SWAP YOUR RIDE EVENT

\$114 B/W*
OR \$18,890

SWAP YOUR RIDE Event Discount **\$3250**



Stk. #4F193525 Includes Winter Safety Package retail value \$1428.

2014 FORD FOCUS SE SEDAN

SWAP YOUR RIDE EVENT

\$133 B/W*
OR \$22,164

Plus get **0%** financing up to 72 months



Stk. #4FC384326 Includes Winter Safety Package Retail value \$1424.

2014 FORD EXPLORER LIMITED 4WD

SWAP YOUR RIDE EVENT

\$327 B/W*
OR \$54,449

Plus get **2.99%** financing up to 60 months



Stk. #5EXA79061 Includes Winter Safety Package Retail value \$2040

2014 FORD FOCUS ST HATCHBACK

SWAP YOUR RIDE EVENT

\$213 B/W*
OR \$35,414

Plus get **0%** financing up to 72 months



Stk. #4FC384331 Includes Winter Safety Package Retail value \$1424.

2014 FORD ESCAPE SE FWD

SWAP YOUR RIDE EVENT

\$175 B/W*
OR \$29,099

Plus get **0%** financing up to 60 months

Ask About \$1000 Conquest/Loyalty Rebate



Stk. #4ESD11504 Includes Winter Safety Package Retail value \$1923

2014 FORD F150 SUPERCREW XTR 4X4

SWAP YOUR RIDE EVENT

\$240 B/W*
OR \$39,889

Plus get **2.49%** financing up to 60 months

SWAP YOUR RIDE Event Discount **\$9000**

Ask About \$1000 Conquest/Loyalty Rebate



Stk. #4F1C19951

2014 FORD FUSION ENERGI TITANIUM MSRP \$49,979

SWAP YOUR RIDE EVENT

\$277 B/W*
OR \$46,147

Plus get **0.99%** financing up to 60 months

SWAP YOUR RIDE Event Discount **\$3832**

Ask About \$1000 Conquest/Loyalty Rebate



Stk. #4FN370255 Includes Winter Safety Package Retail value \$1607

2014 FORD F350 CREW CAB XLT 4X4 MSRP \$74,099

SWAP YOUR RIDE EVENT

\$427 B/W*
OR \$63,599

Plus get **0%** financing up to 72 months

SWAP YOUR RIDE Event Discount **\$10,500**

Ask About \$1000 Conquest/Loyalty Rebate



Stk. #4F3A56169 Includes Lift/levelling kit/wheels & tires

2014 FORD MUSTANG GT COUPE PREMIUM MSRP \$48,404

SWAP YOUR RIDE EVENT

\$225 B/W*
OR \$37,881

Plus get **0%** financing up to 72 months

SWAP YOUR RIDE Event Discount **\$10,523**

Ask About \$1000 Conquest/Loyalty Rebate



Stk. #4MU302852

*Prices/Payments exclude applicable taxes/PPSA fees/Dealer documentation up to \$595. Bi weekly payments based on a 5.99% finance rate over 96 months with zero down. On approved credit. With the purchase or lease of any New Vehicle from stock. Nov 1st-Nov 30th, 2014

~ MANAGEMENT TEAM ~



PETER ATWAL GILES BODLEY-SCOTT DAVE DARNELL STEVE FULLER JOHN GRIEVE BRENDEN KELLY JOHN MALONE CALVIN MCCULLOUGH SAM MCKITRICK BRENT STORY CHRIS YU

3377 DOUGLAS ST.
475-2255

Visit our Web site at
www.suburbanmotors.com

Suburban
Ford • Lincoln • Ford Trucks

A CARSON FAMILY TRADITION SINCE 1961.



MONDAY TO THURSDAY
9:30 a.m. to 7:30 p.m.
FRIDAY & SATURDAY
9 a.m. to 6 p.m.



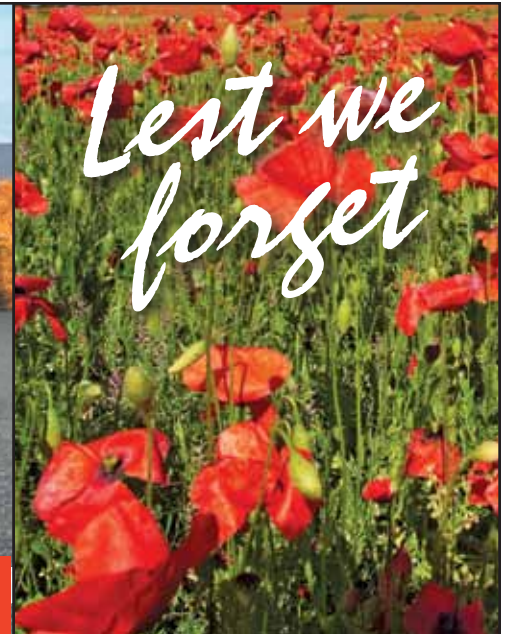
D#5528



THE SWAP YOUR RIDE EVENT IS ON NOW



AS LOW AS **0%** APR PURCHASE FINANCING FOR UP TO **72 MONTHS**



Please ask us about our Military Rebate

 <p>STK # 4FC356877</p> <p>2014 FORD FOCUS SE SEDAN</p> <p>SWAP YOUR RIDE EVENT</p> <p>\$134 Biweekly*</p> <p>or \$22,289</p> <p>"Plus get 0% up to 72 months"</p> <p>Includes Winter Safety Package - Retail Value \$1,424</p>	 <p>STK # 4FC377074</p> <p>2014 FORD FOCUS TITANIUM SEDAN</p> <p>SWAP YOUR RIDE EVENT</p> <p>\$183 Biweekly*</p> <p>or \$30,379</p> <p>"Plus get 0% up to 72 months"</p> <p>Includes Winter Safety Package - Retail Value \$1,424</p>	 <p>STK # 4ESC96159</p> <p>2014 FORD ESCAPE SE FWD</p> <p>SWAP YOUR RIDE EVENT</p> <p>\$186 Biweekly*</p> <p>or \$30,914</p> <p>"Plus get 0% up to 60 months"</p> <p>Includes Winter Safety Package - Retail Value \$1,923</p> <p><i>Ask About \$1000 CONQUEST/LOYALTY REBATE</i></p>
---	---	--



STK # 5EXA73085

2015 FORD EXPLORER LIMITED AWD

MSRP \$49,699

SWAP YOUR RIDE EVENT

\$330 Biweekly*

or **\$54,949**

"Plus get 2.99% up to 60 months"

Includes Winter Safety Package - Retail Value \$2,040

 <p>STK # 5F1134545</p> <p>2015 FORD FIESTA SE HATCHBACK</p> <p>SWAP YOUR RIDE EVENT</p> <p>\$114 Biweekly*</p> <p>or \$18,928</p> <p>"Plus get 1.49% financing up to 72 months"</p> <p>Includes Winter Safety Package - Retail Value \$1,428</p>	 <p>STK # 44MU300859</p> <p>2014 FORD MUSTANG GT COUPE PREMIUM</p> <p>MSRP \$48,404</p> <p>SWAP YOUR RIDE EVENT</p> <p>\$228 Biweekly*</p> <p>or \$37,881</p> <p>"Plus get 0% financing up to 72 months"</p> <p>Includes Winter Safety Package - Retail Value \$1,607</p> <p><i>Ask About \$1000 CONQUEST/LOYALTY REBATE</i></p>	 <p>STK # 4FN205331</p> <p>2014 FORD FUSION SE</p> <p>MSRP \$28,964</p> <p>SWAP YOUR RIDE EVENT</p> <p>\$163 Biweekly*</p> <p>or \$27,091</p> <p>"Plus get 0% financing up to 72 months"</p> <p>Includes Winter Safety Package - Retail Value \$1,607</p> <p><i>Ask About \$1000 CONQUEST/LOYALTY REBATE</i></p>
---	---	--



STK # 4F1C22382

2014 FORD F150 SUPERCAB XLT XTR 4X4

MSRP \$46,989

SWAP YOUR RIDE EVENT

\$282 Biweekly*

or **\$37,989**

"Plus get 2.49% up to 60 months"

Ask About \$1000 CONQUEST OFFER

~ MANAGEMENT TEAM DOWNTOWN ~

~ MANAGEMENT TEAM WESTSHORE ~



WESTSHORE
ISLAND HIGHWAY
478-6171

WESTSHORE HOURS

Monday to Thursday 9:30 a.m. to 7:30 p.m.
Friday & Saturday 9:00 a.m. to 6:00 p.m.

G L E N O A K



www.glenoakford.com

SERVICE DEPARTMENT HOURS: Monday to Friday 7:30 a.m. to 5:15 p.m.



DOWNTOWN
DOUGLAS AT HILLSIDE
384-1144

DOWNTOWN HOURS

Monday to Thursday 9:30 a.m. to 7:30 p.m.
Friday & Saturday 9:00 a.m. to 6:00 p.m.

*WISE BUYERS READ THE LEGAL COPY: *Prices/Payments exclude applicable taxes/PPSA fees/dealer documentation up to \$595. Bi weekly payments based on using a 5.99% fixed finance rate over 96 months with zero down. On approved credit. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. 2010 Ford Motor Company of Canada, Limited. P.O. Box 2000, Oakville, Ontario L6J 5E4. Dealer #5526/5527.

Windsor pays tribute to fallen in Afghan conflict

Lynn Capuano
Army Public Affairs

The City of Windsor has unveiled the first fixed monument erected in a Canadian city to honour Canadian soldiers who lost their lives in Afghanistan.

The Afghanistan and Peacekeepers' Monument, unveiled Sept. 7 in Reaume Park on the banks of the Detroit River, is also the first in Canada to honour fallen peacekeepers and soldiers on one monument.

"I think it is wonderful and very apt that the new monument shares with peacekeeping because the mission in Afghanistan attempted to combat worldwide terrorism and bring peace to this world," said Theresa Charbonneau, mother of Windsor's own Corporal Andrew Grenon, who was killed in action in Afghanistan in September 2008 at age 23.

Reaume Park was also the site of the candlelight vigil held for Cpl Grenon following his death, and his mother finds it comforting the park also con-

tains the unique floating Charles Brooks Memorial Peace Fountain.

"The monument is just a few feet away from where the vigil was held," she said.

There were more than 350 military personnel on parade and a large crowd of at least 500 spectators at the dedication of the monument. Four local units participated, including the Windsor Regiment, which LCol Lafreniere has commanded for the past year; the Essex and Kent Scottish Regiment; the Windsor Company of 31 Service Battalion; and Her Majesty's Canadian Ship Hunter.

Towering more than three metres above the ground and weighing close to a metric tonne, the black granite monument was supplied and installed by Hallmark Memorial of Windsor and it was cut, polished and engraved at J. McCutcheon Inc. Granite in Stanstead, Quebec. Artist Sylvia Pecota designed the layout and created the illustrations that were engraved into



the north and south faces of the memorial.

The north face of the marker shows a Canadian soldier standing ready "outside the wire" and includes an engraved list

of the 158 Canadians who fell in Afghanistan.

The south side of the monument, facing inward toward all of Canada, pays tribute to the 115 Canadian peacekeepers that died

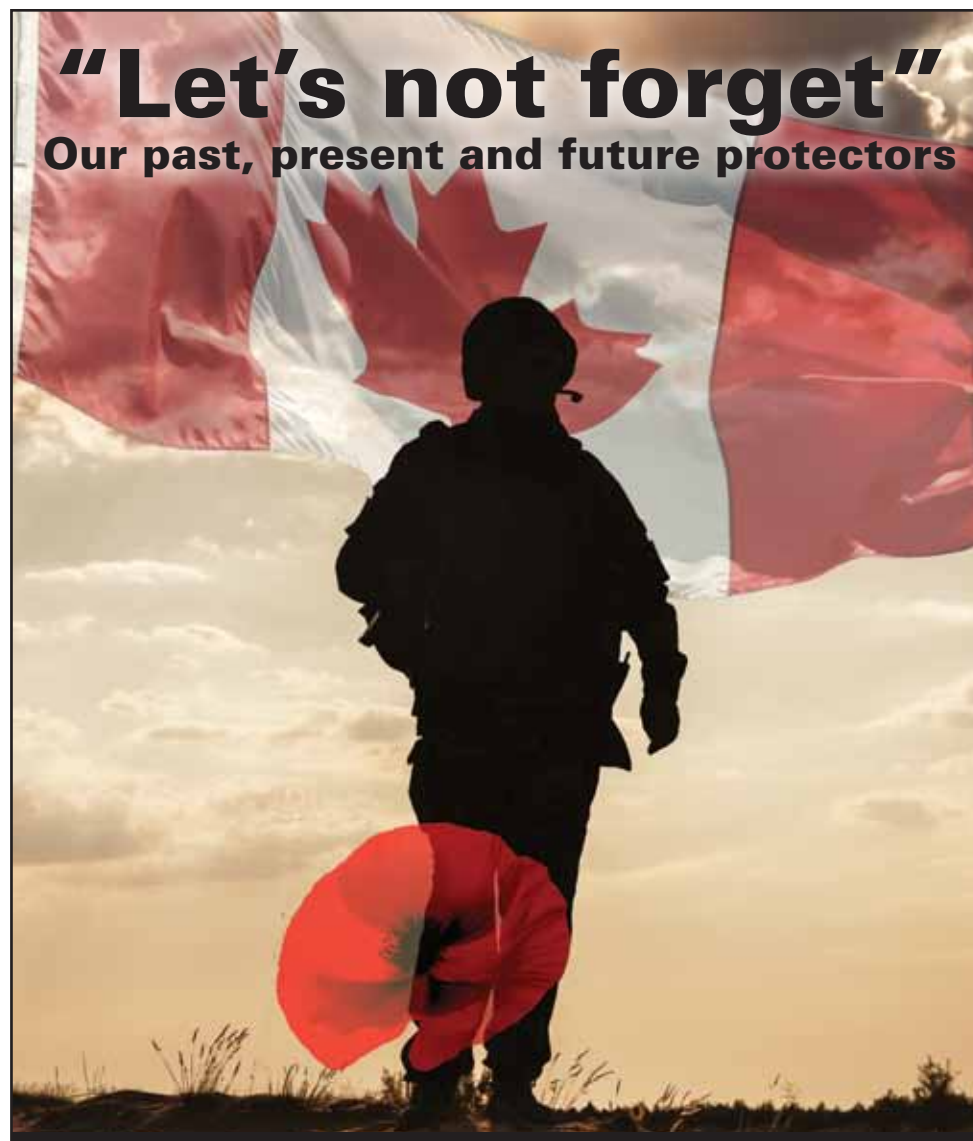
while on missions around the world. Canada, known for its readiness to contribute troops or support to peacekeeping missions, has contributed to more missions than any other

country and continues to do so. More than 125,000 Canadians have participated in United Nations and North Atlantic Treaty Organization missions since 1947.



Randall Garrison, MP
ESQUIMALT-JUAN DE FUCA

ADDRESS: A2-100 Aldersmith Pl, Victoria, BC V9A 7M8
PHONE: 250-405-6550 FAX: 250-405-6554
EMAIL: Randall.Garrison@parl.gc.ca



Windsor Plywood

Westshore | Saanichton
888 Van Isle Way • 250-474-6111 | 2120 Keating X Rd. • 250-652-5632

Locally Owned and Operated • www.windsorplywood.com



STORE HOURS: Mon - Fri 8 am - 5.30 pm • Sat 9 am - 5.30 pm • Sunday - Family Day • FREE PARKING

Remarkable tales of gallantry

For gallantry in war, Canadians take second place to no one.

Among Canada's Victoria Cross winners are Captain Thain MacDowell and Lance-Sergeant Ellis Sifton. Both men fought during the storming of Vimy Ridge, one of Canada's most celebrated victories.

DND

Captain Thain MacDowell

Capt MacDowell was born on Sept. 16, 1890, in Lachute, Quebec. The son of a Methodist minister, Capt MacDowell graduated from the University of Toronto and enlisted with the 41st Regiment (Brockville Rifles) in 1914. He later transferred and served overseas with the 38th Battalion. He received the Distinguished Service Order for his actions at the Somme in 1916 where he subdued three machine guns and captured 53 German prisoners.

Capt MacDowell was awarded the Victoria Cross for his conduct on April 9, 1917, the day the Canadian Corps attacked and captured Vimy Ridge in France. On that day, as the Canadians advanced, Capt MacDowell and two runners became separated from the rest of their unit. Deciding nevertheless to continue forward, he put two German machine guns out of action using hand grenades, and then with his two runners entered a large dugout deep beneath the battlefield, and proceeded along a tunnel that descended a set of 52 stairs into what they must have perceived as an abyss.

As they turned a corner, Capt MacDowell and his two men suddenly found themselves face to face with



Captain Thain MacDowell
Sept. 16, 1890 - March 29, 1960

a large unit of the Prussian Guards. Quick thinking altered the psychological plain as Capt MacDowell glanced behind yelling orders into the dark, giving the impression that he had a superior force waiting to attack. The Prussians dropped their weapons and surrendered their position. Capt MacDowell and his team were able to disarm and capture two officers and 75 men. His action enabled his battalion to capture its objective, Hill 145.

Though MacDowell suffered from a hand wound earlier that morning,

he remained at the front for another five days before reinforcements arrived. He was invalided to England and didn't see front-line action for the rest of the war.

Capt MacDowell died in the Bahamas, at Nassau, on March 29, 1960.

Lance-Sergeant Ellis Sifton

Ellis Wellwood Sifton was born in Wallacetown, Ontario, Oct. 12, 1891. He enlisted in October 1914 with the St. Thomas Regiment and went overseas with the 18th Battalion.

After a period of front line duty in France, he became a battalion driver. Although he had several close runs with enemy shelling, he wanted to return to combat duty. Sometime before the battle of Vimy Ridge, he requested a transfer back to the infantry saying that he would "take a chance with the boys in the front line", and that he didn't "want to be thought of as a cream puff."

On the day of his Victoria Cross action with the 18th Battalion (April 9, 1917), Lance-Sergeant Sifton's company was suffering severely at the hands of a hidden enemy machine-gun nest. L/Sgt Sifton dashed through a gap in the enemy's first line of defence, ran across open ground and charged a machine gun emplacement with hand grenades, lobbing the explosive devices as he raced towards them.

He breached a hole in their barbed wire and attacked the gunners with his bayonet, killing all of them. Having cleared the nest, and with his comrades following behind, L/Sgt Sifton subsequently helped hold off a counter-attack with his bayonet and rifle butt. Just as he was about to be relieved, however, L/Sgt Sifton was fatally shot by a wounded German. By this individual act of valour, L/Sgt Sifton saved countless Canadian lives and permitted his unit's advance up the ridge.

He is buried in Lichfield Crater Cemetery in France, and his name is inscribed on the Menin Gate in Ypres, Belgium. An historical plaque is erected to his memory in St. Peter's Cemetery at Tyrconnel, Ontario, southwest of his hometown.



Library and Archives Canada.

Two comrades visit L/Sgt Ellis Wellwood Sifton's grave in February 1918.

EASE YOUR DEBT BURDEN
No Interest • Low Payments
We'll help you get a fresh start!

FREE CONSULTATION 250-995-3122

ABAKHAN & Associates Inc.
Debt Restructuring Consultants
Trustees in Bankruptcy

414 - 1207 Douglas St.
Non-resident trustee
1120 - 625 Howe St.
Vancouver Head Office

Kyle Strousheim
Estate Manager

Doris Minervini
Branch Manager

www.abakhan.com

GOOD PEOPLE TO KNOW IN TIMES OF TROUBLE

With honour, respect and thanks to all the men and women who served and continue to serve this Remembrance Day.

children's
HEALTH FOUNDATION
OF VANCOUVER ISLAND

childrenshealthvi.org

Rebecca Alleyne
FAMILY LAW MEDIATION

Focusing on your future, rather than the fight

Resolving your family law case through mediation is the sensible and affordable decision for the future of your family. As a lawyer and mediator, I provide legal information and practical guidance to simplify the process of separation and divorce, so you can focus on what really matters.

Duncan & Faber
Barristers and Solicitors

MILITARY DISCOUNT
AVAILABLE

302 - 852 Fort Street • 250-383-8038 • victoriamediation.ca

We give Military Discounts

SAVAGE CYCLES
Van Island

DUCATI TRIUMPH
Retailer

2956 Westshore Parkway • www.savagecycles.ca • 250-475-8885

We salute those who serve.

GRAHAM KIA
VICTORIA
www.grahamkiavictoria.com

2620 Government St
250-360-1111

LEST WE FORGET.

Helijet

helijet.com | 1.800.665.4354 | VICTORIA-VANCOUVER

National Military **November 28**
SPORTS DAY
at CFB Esquimalt
 Hone your leadership, esprit de corps, physical fitness and warrior spirit!

National Sports Day Run

Friday, Nov. 28
0830 starting at the Naden Drill Shed
Food and refreshments at the end

CFB Esquimalt Sports & Athletics Awards Luncheon

Friday Nov. 28
By invitation only

Attention all Units!

Register your National Sports Day unit activity with the PSP Sports Office.
les.alexander@forces.gc.ca or heather.bishop@forces.gc.ca

Show your support for sports by wearing your favourite team jersey!

Wear a RED SHIRT

Get involved



www.pspesquimalt.com

Arctic Star awarded posthumously

Dr. Wilf Lund
Venture Historian

The Arctic Star Medal was established by the British government retrospectively in 2012, 70 years after the end of the Second World War.

The Canadian government announced in April 2014 the Arctic Star would be awarded to qualified Canadians. The purpose of the award is to recognize British and Commonwealth military, and merchant marine personnel who served any length time of north of the Arctic Circle (66 deg 32' N) from Sept. 3, 1939, to May 8, 1945, inclusive.

The Arctic Star is intended to commemorate the Arctic convoys and is designed primarily for ships of the convoys to North Russia and their escorts.

Commander Bob Welland, the founding Captain of HMCS Venture, was in command of HMCS Haida in April 1945 when it escorted the last Russian convoy, JW 66, to Murmansk, and the return convoy to UK, RA 66, that arrived on May 8, 1945. Welland, therefore, qualified posthumously for the medal.

An extract from Welland's memoirs giving an account of the runs of Russian Convoys JW 66 and RA 66, which encountered fierce resistance from German U-boats and bombers is posted on the Venture website. These



Above: Cdr Bob Welland was in command of HMCS Haida in April 1945 when it escorted the last Russian convoy to Murmansk and the return convoy to the UK. **Left:** The Arctic Star, which he received posthumously.

convoys were the last to and from Russia in the war.

In the terms of application for the award dictate it is restricted to living qualified persons or the families of those deceased. However, with the agreement of the Commanding Officer NOTC Venture,

formally designated by Welland as legal custodian of his medals, the Venture Association made application for the medal on NOTC Venture's behalf. The Department of Veterans Affairs agreed that special circumstances existed and

approved the application. The medal was received by the Commanding Officer NOTC Venture in September.

The Welland family was informed of the initiative and the successful outcome.

Mike Welland, Bob's eldest son said, "Dad would be happy. He liked medals."

The HMCS Venture Association Executive agreed to cover the cost of court mounting and that is currently underway. This brings Cdr Welland's medal count to 13. The medals reside in the Welland Room located in the Kingsmill Building at NOTC Venture. They are affixed to a Rear-Admirals uniform purchased by Bob Welland from Gieves mounted on a mannequin. The Welland Room commemorates HMCS Venture, the naval college that operated from 1954 to 1966, and is open for viewing. Simply make your intentions known to the Commissionaire at the accommodation desk in the foyer, and he will direct you up to the Welland Room on the sixth floor.

The Arctic Star is a yellow copper zinc alloy in the form of a six-pointed star. The obverse has a central design of the Royal and Imperial cypher, surmounted by a crown. The cypher is surrounded by a circlet containing the words "The Arctic Star". The ribbon is stripes of light blue, red and white. It will be positioned after Welland's Atlantic Star.

Vancouver Island's source of quality flags & pennants
THE FLAG SHOP
There's a lot more to us than flags!
We salute all who serve.
822 Fort St., Victoria, B.C. V8W 1H8
Tel: 250-383-FLAG (3524)
Toll free: 855-665-3996
www.flagshop.com Victoria@flagshop.com

*Truly grateful,
forever in your debt.
We remember today,
and every day.*

(250) 744-3427
paula-whitehorn@mollymaid.ca
MOLLY MAID
www.mollymaid.ca

Lest we forget.

seaspan
VICTORIA SHIPYARDS

*We remember,
respect & honour
our veterans.*

*We Support Our
Canadian Forces*

View Royal Fire Rescue

*Weir Canada
remembers
our Canadian
heroes.*

*Weir Canada
se souvient
de nos héros
Canadiens.*

WEIR



NATIONAL FAMILY SPORTS DAY

Travel the World through Sports
Part of National Sports Day

FREE Family Sports Day Activities

Saturday, Nov. 29

1 - 4 pm

Naden Athletic Centre Gym, Pool &

Wurtele Arena (minimal amount of skates & helmets available for loan)

Free Barbecue and Door Prizes

Get your passport and play the world wide activities to earn stamps for a chance to win a \$100 gift certificate to Earls

www.pspesquimalt.com



The untold story of the Canadian government's Merchant Marine

A Large and Splendid Fleet: The Canadian Government Merchant Marine, by Charles Coffin

A Large and Splendid Fleet tells the remarkable tale of how the Canadian government, in a bold stroke for independence, defied Britain in 1916 and began plans to build a fleet of 63 ships.

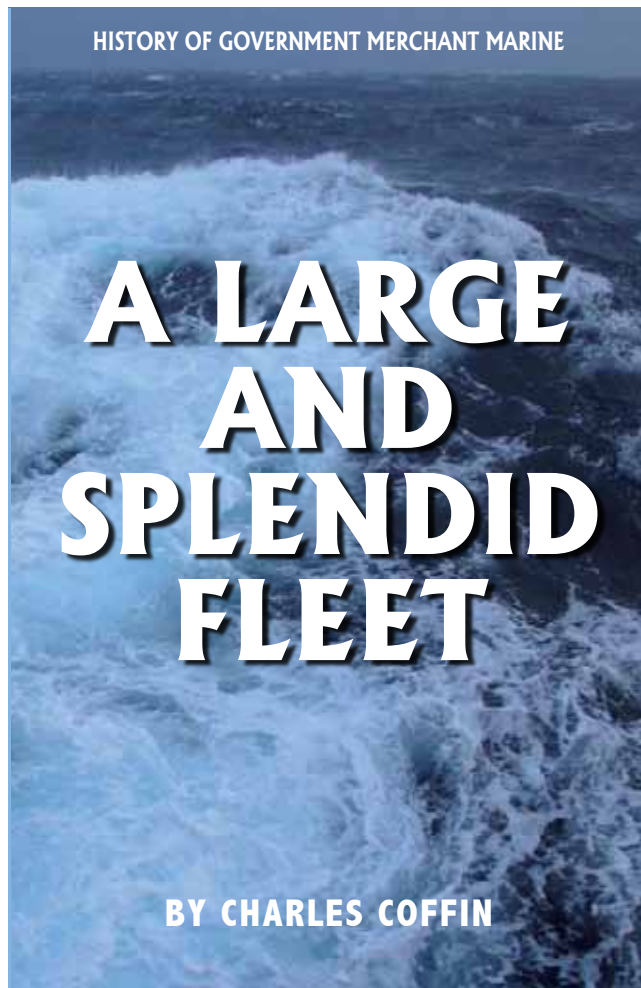
The move brought Canada into the industrial age, and was a first step into making Canada a great trading nation.

The fleet steamed the seven seas, carrying Canada's name and Canadian goods to every continent: from Australia to Asia, from Africa to the Americas, to ports all over Europe and Great Britain, as well as along Canada's west and east coasts, and to the great Hudson Bay.

Author Charles Coffin, a sailor in the Royal Canadian Navy for 21 years, spent more than a decade researching this little known nugget of Canadian history. He was motivated by a love of the sea instilled by his father, a merchant mariner, and his great uncle, who skippered four merchant ships.

Coffin died five years ago, before he could finish the book, so the text was organized by editor Ivan Fenton into three inter-connected sections.

The first describes the vision, the creation, the aggressive marketing, and eventually the Canadian Government Merchant Marine's demise after years of butting its head against the Great Depression. The book gives unique insights into the political stakes and commercial pressures that



accompanied every stage of the Canadian Government Merchant Marine's life, from its creation in 1918 to its end in 1936. It also covers the saga of the 15 shipyards that built the fleet.

The second section profiles the 63 ships of the fleet, from launch to sinking or breakup at the end of their days. Coffin provides ship specifications, and details the cargoes and the voyages of each ship. Through the 1920s and 1930s, tragedy stalked many ships. Some, like Canadian Trader in 1928, disappeared with their entire crew. Thirteen

ships bought or captured by Japan were sunk during the Second World War by American submarines or aircraft. Tragedy was frequent, hardship common.

The third section consists of appendices for the historian, details and charts that fairly shout with excitement, revealing a treasure trove of historical gems, ranging from a list of ship masters and sample rates of pay, to market values for the ships, to Cabinet decisions on selling vessels of the fleet.

To buy a book, contact Veterans Publications, or phone 613-837-9526.



My sincere thanks to the men and women of our Canadian Armed Forces

LORI LENAGHAN
LICENSED MORTGAGE PROFESSIONAL

250-888-8036
LORI.LENAGHAN@VERICOSELECT.COM

SELECT
MORTGAGE CORP

Financial Literacy Month
1-30 Nov. 2014

A division of CEMWS
Une division des SBMFC

Le Mois de la litt ratie financi re
1er au 30 nov. 2014

Visit our Learning Centre

www.sisip.com

Visitez notre Centre info-ressources

*** Enter our contest!**
*** Participez   notre concours !**

*** In partnership with CDCB**
*** Lanc  en partenariat avec les SBCDC**



*Thank you for your sacrifice and courage.
We will not forget.*

1784 Island Highway
Victoria, BC, V9B 1H8
(250) 474-2211

government rates

Great rates. Comfortable rooms. Convenient location. Rooms with balcony, fridge, microwave & WiFi. 898 W Broadway, Vancouver, BC, 604-872-8661

Adding Color to LifeSM

parkinn.com/hotel-vancouverca



ESQUIMALT PLAZA DRY CLEANING



Thank you for your sacrifice

www.esquimaltplazadrycleaning.com

#8 - 1153 Esquimalt Rd. • 250.217.1944

CLEANHOME CENTRE



2244 Sooke Road
250.474.2011

cleanhomecentre.ca

Founding of the PPCLI: Answering the call

DND

Enjoying one of the hottest summers in memory, few Canadians concerned themselves with the political climate in Europe during the summer of 1914.

However, understanding the severity of the situation in Europe, Captain Andrew Hamilton Gault was determined to create an army unit that could be mobilized quickly in an international crisis.

On Aug. 3, 1914, Hamilton Gault presented a proposal to Sam Hughes, the Minister of Militia. With the outbreak of war in Europe, he was prepared to raise a battalion of men with prior military training and offered \$100,000 of his own funds to equip them for service overseas.

War was declared on Aug. 5, and on Aug. 10 the Charter of the Regiment was signed. Within a matter of days Capt Gault's inspiration evolved into a solid plan.

Princess Patricia, the beautiful daughter of the Duke of Connaught, graciously consented to give her name to the Regiment. The



Princess Patricia's Canadian Light Infantry (PPCLI) was inaugurated.

Mustering a new regiment

The newly formed regiment gathered in tents at the agricultural exhibition grounds at Lansdowne Park in Ottawa, and was an instant sensation in the city. Already distinguished by their glamorous new Colonel-in-Chief, Princess Patricia, the PPCLI, as they would soon be known, were to be an elite corps of officers and men who, like their founder, had already seen

active service, most in the Boer War.

The original Regimental Colour was designed and hand-embroidered by Princess Patricia herself and presented to the Regiment Aug. 23, 1914 on the occasion of their first parade. The Princess presented them with the banner to carry into battle and announced, "I shall follow the fortunes of you all with the greatest interest. I wish every man good luck and a safe return."

As it was a camp colour, with an almost mystical significance, it was carried

into action by the Regiment throughout the First World War. The Ric-A-Dam-Doo, as it was affectionately nicknamed, was the only regimental colour ever carried into battle by any British or Colonial unit throughout the war.

The Originals

On Sept. 28, 1914, the Battalion left Ottawa amidst great flag waving and cheers destined for Europe. This exceptional force of quality recruits, soon to be known as "The Originals", became the first and only Canadian unit to serve in the theatre of operations in 1914. In the first three months on the line, the Regiment was to suffer 238 battle casualties and lost its original commanding officer. The Patricias fought throughout the Great War, winning battle honours at such notorious battles as Frezenberg, Vimy, Mount Sorrel, and Passchendaele.

The 100th anniversary of the Regiment was honoured this year with commemorations in Edmonton in August, and Ottawa in September. In 2015 the PPCLI will return to Frezenberg to commemorate the "Death of the Originals".

Bravo Zulu

We are proud to salute the men and women of our armed forces. **Past & present.**

Thank you for your service.

FORCES APPRECIATION DISCOUNT

10%

Discount at RONA Home & Garden Langford only. See store for details.



RONA

rona.ca

100% Canadian Owned

RONA HOME & GARDEN

850 Langford Parkway • 250-478-6680

AFFORDABLE OFF BASE LIVING!

Bachelors, One Bedrooms, Two bedrooms, & Three Bedrooms available

ASK ABOUT OUR MOVE IN DISCOUNT!

250.381.5084 CAPREIT.COM

FIRST TWO MONTHLY PAYMENTS ON US VALUE OF UP TO \$1,000

WITH THE PURCHASE OF SELECT NEW VEHICLES*

LOW LEASE RATES

STARTING FROM

0.9%

FOR

48

MONTHS

ON MOST
2015
MODELS[†]



**2008 MITSUBISHI
ENDEAVOR LS 4X4**

4ESC79454B



**2009 MITSUBISHI
OUTLANDER XLS**

LOW KMS
40U604770A

\$20,988



**2013 MITSUBISHI
RVR GT**

LOW KMS, LOCAL
5RV601054A

\$24,988

**2008 LANCER SE
PMI600720**

\$12,988

**2007 MITSUBISHI
OUTLANDER LS
5OU600346A**

\$13,988

2015 OUTLANDER

POWERFULLY VERSATILE WITH V6



Available on
Outlander GT[†]



Insurance Institute for Highway
Safety Top Safety Pick.
Top Safety Pick Plus applies to
Outlander GT only.



2015 MIRAGE

GET A LOT FOR A LITTLE



2015 RVR

THE FUEL-EFFICIENT CROSSOVER



Available on RVR SE
AWC Limited Edition
and GT model[†]



Insurance Institute
for Highway Safety



2015 LANCER

DESIGNED TO OUTPERFORM



Insurance Institute for
Highway Safety
Excludes Lancer Evolution,
Ralliart and Sportback



Available on Lancer SE
AWC and GT AWC[†]



For your service we have a little
something. \$500 DISCOUNT



If you are looking to buy your first car, we're
looking to help with a \$500 DISCOUNT

10 YEAR
160,000 KM
POWERTRAIN
LTD WARRANTY

**BUILT BETTER.
BACKED BETTER.**

MITSUBISHI-MOTORS.CA

Please ask us about our Military Rebate

~ MANAGEMENT TEAM ~



JOHN
GRIEVE



JOHN
MALONE



BRENT
STORY



CHRIS
YU



**Victoria
MITSUBISHI**

MON TO THURS: 9:30 AM- 6:00 PM
FRI & SAT 9:00 AM- 6:00 PM

3342 Oak Street
(250) 220-8100

www.victoriamitsubishi.com

NEW LOCATION





Bravo ZULU

Left: A/SLt Legal is promoted to his current rank by Cdr Climenhaga and Lt(N) Laker of HMCS Vancouver.

Right: PO2 Mark Tipper, flanked by his wife OS Nichole Tipper, and Military Police Unit Esquimalt Commanding Officer, Maj Michael Lemire, receives his promotion to his new rank.



Left: PO2 Magnan is promoted to his current rank by Cdr Climenhaga and Lt(N) Boucher of HMCS Vancouver.

Right: RAdm Bill Truelove, Commander Maritime Forces Pacific, presents Commissionaire Theodore "Ted" Guss with a cake and card for his 23 years of dedicated service as a Commissionaire.



LS Zachariah Stopa, MARPAC Imaging Services

COLUMBIA FUELS

Columbia Fuels honours those we have lost and those who continue to serve.

THANK YOU.

1-877-500-HEAT
ColumbiaFuels.com

 Shell Distributor

We remember.

∞

Remembrance Day Services will be held 11 am, Tuesday November 11

<p>Randall Garrison MP Esquimalt-Juan de Fuca 250-405-6550</p>	<p>John Horgan MLA Juan de Fuca 250-391-2801</p>	<p>Maurine Karagianis MLA Esquimalt-Royal Roads 250-479-8326</p>
---	---	---

CFMWS helps Canadians support families of the fallen

The significant kindness and generosity of Canadians and their support for our troops has been touching and overwhelming over the past week, and over the course of the past years.

In the wake of the deaths of Warrant Officer Patrice Vincent and Corporal Nathan Cirillo, Canadians are again looking for ways to demonstrate their support, and members of the Defence Team have also been asking how they might contribute.

The Canadian Armed Forces, through the Canadian Forces Morale and Welfare Services (www.CFMWS.com), possess resources to help its members and their families in difficult times. Every day CFMWS helps Canadian Armed Forces members and their families handle the many unique aspects of the military lifestyle. Our services are tailored to help families with the distinctive challenges they may face.

The tragic events that unfolded in the week of Oct. 20 have affected all Canadians and none have been more affected than the families of WO Vincent and Cpl Cirillo. These events have thrust much public visibility on what would normally be a private time for grieving.

Canadians wishing to offer financial support to the families of WO Vincent and Cpl Cirillo can do so by donating to the Military Families Fund.



The Military Families Fund, established in 2007, provides financial support to meet the unique and individual needs of currently serving members, veterans, fallen soldiers and their respective families.

CFMWS will work closely with the families of the fallen to provide the unique support they will require. WO Vincent's family has asked that donations be made to the Military Families Fund. Additionally, CFMWS has existing partnerships with various educational institutions and scholarship programs that will provide for the future educational needs of Cpl Cirillo's son, should he and his family wish to use them.

Donors may designate their gifts be used for selected purposes includ-

ing addressing the immediate and long term needs of the families of WO Vincent and Cpl Cirillo. Donors are encouraged to state their intent when making their donations. CFMWS will ensure funds are solely used for the purposes defined by the donors.

Donations may be made by phone, on-line or by mail.

- By phone: 1-877-445-6444
- Online: www.SupportOurTroops.ca/donate (www.appuyonsnostroupes.ca/faireundon) or at www.CFMWS.com and clicking Support Our Troops
- By mail: Donations c/o: CFMWS, 4210 rue Labelle Street, Ottawa, Ontario K1A 0K2

Thanks to generous donations from individuals and businesses by providing assistance in times of need, Support Our Troops Funds help Canadian Armed Forces personnel and their families cope with unforeseen challenges that arise due to military service. The Military Families Fund provides emergency support for the families of former and currently serving Canadian Armed Forces members.

By providing assistance in times of need Support Our Troops Funds help Canadian Armed Forces personnel and their families cope with unforeseen challenges that arise due to military service.

REMEMBERING THOSE,
PAST AND PRESENT, WHO
SERVED OUR COUNTRY.
THANK YOU!

Lyall Street Service Station
Complete automotive repairs

*Thank you
for your service
and your
sacrifice.*

ACURA HONDA INFINITI NISSAN

ALL ROADS LEAD TO
Campus

CampusAutoGroup.com

Our deepest thanks to our veterans. Let us not take for granted the things that most deserve our gratitude.

Elizabeth May, O.C., MP, Saanich-Gulf Islands
9711 4th St., Sidney, BC, V8L 2Y8 • 1-800-667-9188 • elizabethmaymp.ca
Conscientious, caring, non-partisan constituency office service

Influenza season is back - get the flu shot

Maj Ramzy Abdel Galil
Base Surgeon

Right on schedule influenza season is back. As Base Surgeon, I strongly encourage members of the Defence Community at Canadian Forces Base Esquimalt to act now to prevent the flu by receiving the flu shot at CF Health Services Centre (Pacific) provided clinics for military members or at local clinics throughout the region for civilians and families. This annual vaccine is the best single action that you can do in reducing the risk you or a family member becomes ill with the flu this year.

Remarkably, the uptake of the seasonal influenza vaccine remains much too low in the general population. This is in spite of decades of data regarding the safety and efficacy of vaccines in general and with my knowledge that anti-scientific information has spread through social media with compelling but false argu-

ments against vaccination. With much dismay, dull scientific study showing how coordinated vaccination campaigns reduce disease within a population is easily overshadowed by good looking celebrities spreading rumor and doubt about vaccines.

With that said, a little light on why you should go out of your way to receive this year's influenza vaccine: first the influenza virus is currently within the BC area and so you and I are both at risk again this year. One vaccination does not ensure you personally will not get the flu – the soul of medicine is all based on risk reduction – but for every thirty people vaccinated, it is expected that one less case of influenza will occur within the population (and one less for every eight children vaccinated). Next door to BC within the province of Alberta already three deaths due to influenza have been registered this year.

With media fanning fears around extremely improba-

ble presence of ebola, it is the quiet everyday risks that are the real threat to members of our Defence Community. Influenza has been responsible for infinitely more deaths and hours of illness within North America than headline making diseases and yet it is often thought of as just another part of the fall season. Numbers prove that we each have a greater risk of harm in driving to the airport than once we're on the airplane – and yet more of us fear flying than our cars; with similar assessment, many of us avoid the flu shot simply because we naturally underestimate the risk influenza poses to our health.

Understandably, all of us are busy – and because of this your Health Services has allocated resources to take the vaccination to you. There will be a number of "travelling roadshow" vaccination clinics presenting themselves to workplaces on base. As of this writing, flu clinics will be run at 443 Squadron, Canadian Forces



LS Ogle Henry, MARPAC Imaging Services

RAadm Bill Truelove, Commander Maritime Forces Pacific/Joint Task Force (Pacific), and CPO1 Michael Feltham receive the inaugural flu shot at MARPAC Headquarters from Medical Technician Cpl Alexandra Cape to kick off the Annual Flu Season.

Fleet School (Esquimalt), Work Point (Nixon Gym), Fleet Diving Unit (Pacific), and locally within both the Dockyard and building D100. Dates are best derived from local sources as slight changes may occur by time of publication of this story.

Of course, drop-in influenza vaccination for all military MARPAC members is available at the immunization cell of the Canadian Forces Health Services

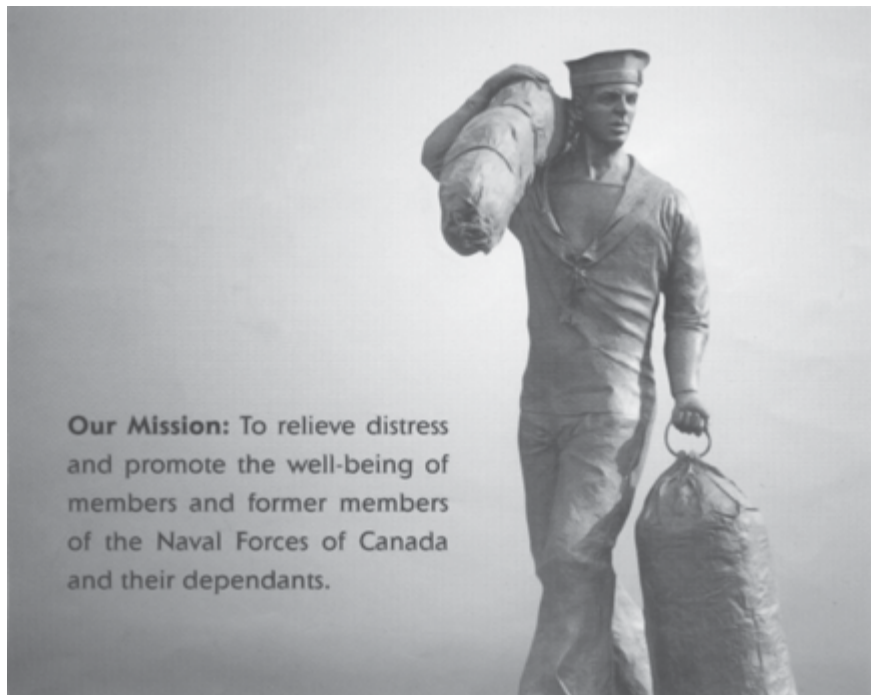
Centre (Pacific) clinic every Monday and Wednesday from 1300-1400h. As well, your CDU retains a supply of vaccine and will provide it to all members on demand either during scheduled appointments or at sick parade.

The flu vaccine – like all vaccines – is an important piece of a public health strategy to keep us all healthy. Disease prevention is not limited to vaccination itself and is part of a multi-

pronged approach that includes regular hand washing and basics like sneezing into ones' shoulder or arm rather than into the hands. As Base Surgeon, I encourage Chains of Command to lead in disease prevention through reasonable application of two days of continuous sick leave without input from a Medical Officer as dictated by the Canadian Forces Leave Manual in order to reduce risk of contagious spread.



The Royal Canadian Naval Benevolent Fund



Our Mission: To relieve distress and promote the well-being of members and former members of the Naval Forces of Canada and their dependants.

If you or your spouse have ever had Canadian naval service or served in the wartime Canadian Merchant Marine, and you are facing some difficulty in maintaining the necessities of life, we may be able to help.

Contact us: Toll Free 1 888 557-8777 or www.rcnbf.ca

3 FURNISHED SHOW HOMES
Open Daily 12-4

PARADISE FALLS
At Westhills

The community you crave. Delivered.

Register NOW for the best selection!

Family Homes	<i>from</i> \$439,900
Townhomes	<i>from</i> \$399,900
Westhills smallFootprint Homes™	<i>from</i> \$349,900

(Prices include net GST)

WESTHILLSBC.COM | Westhills

VISIT OUR SALES CENTRE | DAILY FROM 12PM TO 4PM | 250-474-5899
PLEASE FOLLOW LANGFORD PARKWAY PAST CITY CENTRE PARK AND INTO WESTHILLS THEN FOLLOW THE OPEN HOUSE SIGNS TO PARADISE FALLS.



PO1 Tucker gives candies to trick-or-treaters at Belmont Park.

MPs keep Halloween safe

Slt Karen Sibrian
Military Police Unit Esquimalt

Armed with candy and glow sticks, Military Police Unit (MPU) Esquimalt members set off to patrol the streets of Belmont Park and Work Point this past Halloween.

Residential Housing Units residents saw between 200-300 additional trick-or-treaters and their parents this year, some even coming from other parts of town to participate with the military community.

With the expectation of an additional flow of little ghouls and goblins, MPU Esquimalt took to the streets with additional patrols to increase safety and interact with the community. Although the MPs were handing out candies and glow sticks, many parents had already taken additional precautions to ensure their children were visible in the dark by adorning them with reflective tape and

fluorescent lights. Some kids might have easily been mistaken for Christmas trees.

Vehicles moving through the area were also very cautious to drive slowly so as to avoid the little trick-or-treaters.

The community was overall happy with the additional police presence and even offered MPs hot chocolate and apple cider from their homes.

Commissionaire Longhurst set up a coffee and Timbit station in front of John Stubbs Elementary School in Belmont Park as he does every year.

"I do it because I like to feel part of the community," he says.

This sentiment is shared throughout the MP Unit. It is not every day you see neighbours interacting this collectively in large numbers, which makes Halloween an event MPU Esquimalt will continue to look forward to in the coming years.



Don't let grey winter days stunt your active lifestyle

Activity Guide available at all PSP and MFRC outlets

A FULL SERVICE AUTO REPAIR FACILITY
TRACKSIDE
AUTO SERVICE LTD.

Winner of the "2010 BEST SERVICE AWARD" from Esquimalt Chamber of Commerce



- Induction & Fuel Injection Service
- Out of Province Inspection
- Diesel Fuel Service
- Brake service
- Oil service
- Electrical
- Exhaust
- Tires



Ask about BG Protection Plan*

Where Dependability and Trust are a Priority...

* under 80,000 km

784 Fairview Rd. • 250-383-5509 • tracksideautoservice.ca

UNDE LOCAL 1009

Lest We Forget



MFRC ESQUIMALT

WANTED: 150 Champions

Last year, we had 70 people pledge money to the MFRC through the GCWCC.

This year, our goal is 150 people.

Consider giving back by pledging all or part of your GCWCC donation to the MFRC.

Charitable Registration Number: 13807 0578 RR0001



On 11 November, 2014 between 10:45am and 11am, the following road closures will be in effect:

- The Provincial Public Highway 14 (Sooke Road) between Evergreen Plaza and Otter Point Road;
- Otter Point Road between Sooke Road and Eustace Road;
- Eustace Road from Otter Point Road up to and including Branch 54 Property.

The road closures will permit the Legion to orchestrate a parade commemorating Remembrance Day.



MOT and Infrastructure (Saanich Area Office)
File: 2014-04386
Sooke Bylaw No.67 Traffic and Highways Bylaw 2002
Contact Number: 250-642-2052.

THE **SIX MILE** PUB

Honouring the men and women of the Canadian Forces



You Protect. We Serve.
Serving the community together since 1855

circa 1914 on Parson's Bridge with Six Mile Pub in background

Now welcoming "little soldiers" under the age of 19, when accompanied by their parents or guardian. We are also happy to extend our military discount to your little soldiers!

WWW.LOOKOUTNEWSPAPER.COM

HARRISON'S
MILITARY STORE INTERNATIONAL

**WE BUY & SELL
 MILITARY
 ITEMS &
 COLLECTABLES**

MILITARY SUPPLY

266 Island Hwy
 up the hill from 4 Mile Pub
 250-881-8388
 harresons.intl@yahoo.com
 Hours: 10am-5pm Daily

**MAKE THIS YOUR YEAR:
 RESOLVE TO RIDE!**

Steve Drane Harley-Davidson®
 2940 Ed Nixon Terr.
 Victoria, BC

SteveDraneHarley.Com 250-475-1345

THE BRIAR HILL Group
 PEMBERTON HOLMES
 ESTABLISHED 1967

Floorplans and more info available
 at www.BriarHillGroup.com

**Just Lock and Go
 Need to head off in a hurry? No problem.**
 Low-maintenance, beautiful 2-3 bedroom/ 3 bath townhomes. Various floor plans available including end unit. Secure Parking, No-maintenance yard, guest accommodation; stainless-steel appliances, granite counter tops, open concept living/dining room. Convenient Location! Bike to Base and/or Downtown, 100 metres to Golf Course, Walking distance to Tillicum Mall.
Only \$399,900
 + \$10,000 In-Store Credit at the Brick

Jane Johnston, M.Ed.
 Cell: 250-744-0775
 Personal Real Estate Corporation
 MLS(R) Gold Award Winner 2013
 #3 Top Selling Agent, 2013
 Pemberton Holmes

Capriccio
 VOCAL ENSEMBLE

Fauré's *Requiem*, Partsongs by Vaughan Williams, Holst and Finzi, and traditional observances for the 100th anniversary of the Great War

Music of Peace
 Remembrance Day Nov 11 • 2pm
 Christ Church Cathedral, Quadra at Rockland
 VETERANS FREE

12 & under free with ticket holder. \$25, \$22, \$10 at Ivy's Bookshop, Munro's Books, Long and McQuade, Christ Church Cathedral Office or online at www.capriccio.ca INFO 250-472-1096

CRD, TRANS-COLORIST, Chateau Victoria HOTEL & SUITES



*Remember
 The power of giving...*

On March 6, 2010, Corporal Darren Fitzpatrick of 3 PPCLI was mortally wounded while serving in Afghanistan, and he sadly passed away two weeks later.

The blood and medical attention he received, however, gave his family those last precious weeks with him, and time to say good-bye.

It is in his name, and the name of all the other brave and generous Canadian military members, both past and present, that Canadian Blood Services has dedicated two weeks in November to "Remember the Power of Giving."

From Nov. 10 - 22, we honour our military members' gift of service to our country, while at the same time reminding people about the need to donate blood, and how that blood may someday be needed to support military personnel and their families and friends.

Please come in and donate in the name of someone (past or present) serving our country. Stories will be displayed in Blood Donor Clinics around the Province of British Columbia.

Additionally, donors will be invited to write messages to current serving members that

will then be forwarded to the Department of National Defence's Write to the Troops Program.

Are you unable to donate blood? If time, distance, illness or other things prevent you from donating in November, then we would ask that you encourage your loved ones to donate in your name. An "I'm Donating For" space will be provided in the Clinics for them to record in who's name they are donating, and why.

Remember the Power of Giving is our way of thanking you for the Gift of Service you give us every day.

CFB ESQUIMALT BLOOD DONOR CLINIC
Nov. 18 - 9 a.m. to 2 p.m.
 Chief and Petty Officers' Mess



Please call 1-888-2-DONATE OR (1-888-236-6283 visit www.blood.ca OR download our App, GiveBlood, to make an appointment to donate today!

Please be sure to sign our Remember the Power of Giving binder when you're in the clinic!
 For More Information about Remember the Power of Giving, please contact Michelle Stratford, Event Coordinator Vancouver Island, 250-405-4307 or michelle.stratford@blood.ca

*We proudly serve the
 Canadian Forces Community*

As a military family we understand your cleaning needs during ongoing service, deployment and relocation.

MOLLY MAID
www.mollymaid.ca

(250) 744-3427
paula.whitehorn@mollymaid.ca

LEST WE FORGET

CFB ESQUIMALT
LOOKOUT
 NEWSPAPER & CREATIVE SERVICES



A closer look at Exercise Noble

Capt Sandy Bourne HMCS Toronto

There were main guns blazing through foggy forenoons, ships charging in synchronized patterns and formations, and helicopters and submarines above and beneath the Mediterranean's surface swells from Oct. 13-26, as *HMCS Toronto* participated in Exercise Noble Justification.

Toronto is currently deployed on Operation Reassurance. Exercises such as this provide crucial opportunities to strengthen key relationships with NATO allies and security partners in order to share security principles, defence professionalization, and capacity building amongst participants.

Some may be more familiar with Exercise Noble Justification being referred to as Exercise Noble Mariner, as it was called in previous iterations. This NATO exercise is designed to increase interoperability of allies and partners to collectively defend each other and their mutually agreed upon interests.

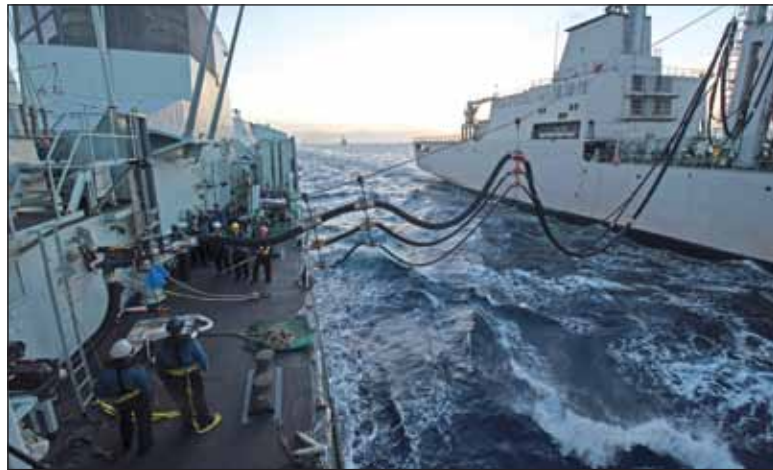
This year's exercise saw *Toronto* sail more than 2,500 nautical miles (roughly the same distance as it is from Halifax to Spain's west coast), conduct five replenishment at sea evolutions with both French supply ship *Marne* and Spanish SPS *Patiño*, participate in a series anti-submarine warfare and defence exercises, and accumulate 50.7 flying hours on the embarked CH-124 Sea King

helicopter.

"The officers and crew of *HMCS Toronto* performed admirably throughout Exercise Noble Justification. Canada's continued prosperity and security is dependent on the free and fluid movement of goods and services via major trade routes, like the Mediterranean Sea and its approaches and choke-points," said Commander Jason Armstrong, commanding officer of *Toronto*. "Our presence on Exercise Noble Justification directly contributes to this continued collective agenda of maintaining Canadian trade and development, while supporting the same goals of our NATO allies. *Toronto's* perseverance and effective integration with allies demonstrates Canada's steadfast commitment to collective security and defence."

The exercise improved force integration and multinational interoperability by building joint capability, as well as building trust in relationships with international players. The CH-124 Sea King helicopter air detachment, for example, performed a submarine transfer via hoist with an allied submarine, conducted a number of successful submarine warfare exercises, touched on and off of allied flight decks, as well as enabled the same experience for allied air detachments on *Toronto's* flight deck.

"The helicopter air detachment was able to integrate with allied forces and execute a diverse vari-



ety of missions, while continuing to contribute to the fleet's maritime surveillance picture," said the detachment commander, Major Travis Chapman. "With an experienced group of aviators working at the controls and maintenance, the whole picture available to the combat operators was clearer allowing the entire team to concentrate on the larger battle problems."

In addition, members of the ship's company executed practical boarding exercises on two different nations' vessels, which improved methods for those involved by recognizing each other's strengths and points to improve for equipment and methodology.

The operating area in the Mediterranean Sea is both a commercial hub and a major means of emigration. The number of small boats carrying large numbers of

migrants who sail from Africa seeking shelter in Europe has increased in the recent past.

With an already high density surface picture present in the Mediterranean, these smaller, sometimes less sea-worthy vessels present unique tracking and humanitarian challenges. The leading-edge equipment, technology and methods mean that it is easier to have a full understanding of who is around and how to address any difficulties, both as individual vessels and a larger fleet. *Toronto's* mission-fit equipment proved invaluable in creating this saliency and sharing it among players.

"During planning we got to work out the bugs in communications, seamanship evolutions, and develop a common understanding of exercise content and where we want to be at the end – what would mean success

Photos by Maritime Task Force
Operation Reassurance

Above: Spanish warship, SPS Almirante Juan de Borbon, is barely in view as HMCS Toronto conducts tactical training with other NATO warships.

Left: Toronto conducts a Replenishment At Sea with Spanish Navy supply ship SPS Patiño A14.

to command," explains Lieutenant (Navy) Nadia Shields, combat officer of *HMCS Toronto*. "Making sure that we all have the same understanding before the exercise starts helps us to get on with combined combat operations and mitigates the number of hiccups we encounter, which, in turn, allows us to get more out of the training."

Working together and sharing information and technology with allies demonstrated Canada's steadfast solidarity with partners and allies as they continue to work together to meet the real-world challenges and respond in a timely, effective manner to whatever crises may arise.

For *Toronto*, Exercise Noble Justification was a resounding success in enhancing interoperability, mutual confidence and proving systems and technology, while contributing to training the alliance's response forces and reinforcing maritime security and commercial fluidity in the region.

See us for all your Car Care Needs!

Fountain Tire

TRUST. FOUNTAIN TIRE

CANEX FINANCING
AVAILABLE

10% Military
Discount

Now servicing
commercial
trucks!



New! Wash & Detailing • 610 Herald St 250-382-6184 • 2924 Jacklin Rd 250-478-2217

LOOKOUT Classifieds & Real Estate

RATES: MILITARY and DND PERSONNEL: 25 words \$9.70 • ALL OTHERS: 20 words \$11.09 • Each additional word 19¢ • Tax Included • DEADLINE FOR CLASSIFIED Advertising: Thursday at 11 a.m.

Call 363-3014 to book your display or word ad

ANNOUNCEMENTS

VIEW ROYAL READING CENTRE. Conveniently located at Admirals Walk Shopping Centre. We have books, audios, videos, & DVD's for all ages. Internet is also available. For hours of operation and other information please call 250-479-2723.

3005 11 Svc Bn ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005army@cadets.net.

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please contact Sgt Steve Wright 902-427-4417 or steven.wright@forces.gc.ca or check us out on facebook (STV Tuna) for more information.



Better the 2nd time around!
PITCH-IN CANADA
www.pitch-in.ca

MOTORCYCLES

SG Power A.T.V. CENTER
Honda, Yamaha, Kawasaki
382-8291 - 730 Hillside Ave.

MISC. FOR SALE

GUARANTEED TIRES FROM \$10.00. WE SELL New and Used Tires. Full service auto repairs. 1 -798 Fair View at Ellery. Proud members of the Military Discount program. 778-440-8473 Open M-F 9-5 Sat 10-4 citydis-counttires.ca

See it ALL ONLINE



Read the "paperless" newspaper. Download the PDF online.

lookoutnewspaper.com

REAL ESTATE • FOR RENT

3+BDRM House! Hardwood flrs & bsmt with lots of storage, lrg fenced yard & garage from 1 Nov. Centrally located to amenities, short walk to Univ and schools. 1 blk from Tuscany Village, Univ. Heights, Tim Hortons, and direct bus to Dockyard & downtown. \$1900 plus utils for someone willing to mow the lawn, or \$2400 w/lawn maintenance. Call Diane @ 250-217-0882 No dogs/No lease owner is a commissionaire.

Available Nov 1st! 2 bdrm/1bath - duplex for rent. \$1000/month. Large fenced yard on quite cul-de-sac. Very close to CFB Esquimalt Call 250-893-1205 for more info.

894 B Admirals Rd \$1200 plus utils. Mountain and sea view. Living room, dining room, kitchen, 3 bedrooms (master has walk in closet), 2 full bathrooms and 1/2. NS. Call 250-727-2405 or email danatse88@gmail.com for more info.

! 10% !
Military Discount
CANADIAN FORCES
You are most welcome
AT THE

ROSALAMA
841 ESQUIMALT ROAD

SUNSET MANOR
801 ESQUIMALT ROAD

BACHELOR APARTMENTS TO 3 bedroom SUITES
2 Bdrm plus den

Larlyn Property Management Ltd.
250-217-1969
www.larlyn.com

Your ad here
For word or display ads, call 363-3014

Esquimalt 5 bdrms, 2bath, 2fireplaces, 2100sqft character home near Saxe Pt. and Macaulay Pt. Hardwood flrs, coved ceilings, patio, updated electrical, W&D, 7 hardwired fire/CO2 alarms, Close to school, bus, shopping, ocean/forest trails, & rec centre. 12 month lease. \$2400/month. Call: 1-250-203-6703 or email esquimalthome@carrot.com.

1239 PARK TERRACE
2 Bedroom \$895
heat, hot water, parking included,
quiet adult building,
Call resident manager
250-888-1212

AMAZING VIEWS. GREAT DND RATES
realstar.ca



Renovated 2 & 3 bedroom Apartments & 3 bdrm Townhomes!
Heat & water included
Heated Outdoor Pool & more...
Located on a unique 15 acre waterfront peninsula in View Royal
7 minutes to CFB Esquimalt

CHRISTIE POINT APARTMENTS
2951 Craigowan Rd • 778-747-3153

Ask about our **MILITARY DISCOUNT**

realstar management
it's your home

PROPERTIES OWNED AND MANAGED BY **EY PROPERTIES LTD.**
250-361-3690
Toll Free 1-866-217-3612
FREE Heat & Hot Water - Card operated front load laundry/24hrs

MACAULAY EAST
948 Esquimalt Rd.
Bachelor, 1,2 & 3 bdrm.
Full size commercial gym!
Manager 250-380-4663

MACAULAY NORTH
980 Wordsley St.
1 & 2 Bedroom
Manager 250-384-8932

New building corner of Tillicum & Burnside coming Sept/13
To view these and other properties, visit www.eyproperties.com

Tenant Referral Program
Military Discount

BROWN BROS SINCE 1918
250-385-8771

1 & 2 Bedroom
\$825 & up - 837 Ellery St.
Heat, hot water, no pets.

Available Now!
Manager 250-217-1718

Devon PROPERTIES LTD. No Pets allowed in any building
www.devonprop.com

LARGE SUITES

404 Dundas
1 BDRM from \$785
Available now and Nov. 1
250-812-5234

1180 Colville
BACH from \$690 - Avail Nov. 1
250-360-1983

ON THE OCEAN





Princess Patricia APARTMENTS

NEW BALCONIES • EXERCISE ROOM
14TH FLOOR LOUNGE
703 Esquimalt Road
250-382-2223

Now Renting:
Bachelor • 1 BDR Suite

Take advantage of the many advertising opportunities available at Canadian Forces Base Esquimalt.

Ivan Groth Sales
Serving clients for over 14 years!
Customer Service Specialist

For more information on any of our products or to book an ad in the Lookout Newspaper contact Ivan Groth 250-363-3133
ivan.groth@forces.gc.ca
www.lookoutnewspaper.com

Join the conversation
facebook.com/lookout.newspaper
twitter.com/Lookout_news

Base Newspaper Advertising Local or National
Canadian Armed Forces Base Newspapers
16 Bases - One contact
250-363-8602 ext 2 or Joshua.buck@forces.gc.ca

LOOKOUT Classifieds & Real Estate

RATES: MILITARY and DND PERSONNEL: 25 words \$9.70 • ALL OTHERS: 20 words \$11.09 • Each additional word 19¢ • Tax Included • DEADLINE FOR CLASSIFIED Advertising: Thursday at 11 a.m.

Call 363-3014 to book your display or word ad

REAL ESTATE • FOR SALE

Estate Sale ASKING \$184,500

<http://CanadaFinds.com/RichardKozicki/h/71847>

Distant water & city views. Enjoy your morning coffee on this sunny 21' x 5' glassed-in deck with S.E. views. Top floor unit, sky lights, 2 bdrm, built in Vac. Walk to shopping or use bus stop outside. One of the best kept buildings. **Don't wait, act fast before it's gone!**

R. Cozy - Sutton Realty
250.479.3333 - cozyr@telus.net 



Reach a market that's always on the move.

Call 250-363-3014 to advertise your home in the Lookout Classifieds

Base Taxi Service

for Naden, Dockyard & Work Point

Operates 7:30am to 3pm Monday to Friday.

Available for military-related appointments or meetings on base only.



Taxi Dispatch **363-2384**

SERVICES OFFERED

PIANO TEACHER WITH MORE THAN 30 YEARS EXPR. Lessons are offered to all ages and levels. In home teaching is available. Celebrate your time! Or give a gift that lasts a lifetime! One month free to beginners. References are available. Phone 250-881-5549, and find me at musiciswaycool.com.

Father & Son need work, we'll do the job the others won't. Trash hauled from \$5. Plus dump fee. No job too small. OAP rates

- Any weather
- Demolition

Refuse Sam
250-216-5865 or 250-475-0611
SAME DAY SERVICE

RESUMES & CAREER TRANSITION PREP/COACHING with a former SCAN Coord Judy Marston. 10% Military Discount, www.resumecoach.ca or 250-888-7733.

CAREGIVING FOR SOMEONE with dementia? The Alzheimer Society of B.C. has support groups for caregivers. Contact the Alzheimer Resource Centre at 250-382-2052 for info and to register.

VICTORIA PREGNANCY CENTRE
Free services provided: pregnancy tests & counselling, prenatal classes and Doula referral, baby clothes & supplies, family support counselling, school & community presentations, post abortion & pregnancy loss counselling for men & women.

250-380-6883
#112 - 826 North Park Street
info@victoriapregnancy.org
www.victoriapregnancy.org

Base Library Catalogue Online

<http://library.esquimalt.mil.ca>

Unfortunately, holds cannot be processed online at this time. If an item you want to borrow is out, call 250-363-4095 or email irwin.sl@forces.gc.ca to place a hold.

VOLUNTEER

SHARE YOUR RECREATIONAL INTERESTS this fall by supporting a person with a disability to become more active! By donating only 1-2 hrs a week you have the opportunity to change someone's life while having a great time doing it. To get involved or for more info, please call Kim at 250-477-6314 ext. 15 or email volunteers@rivonline.org or visit <http://www.rivonline.org/Volunteering.htm>.

HABITAT FOR HUMANITY AND THE RESTORE are seeking volunteers to help out with customer service, warehouse and driver assistants. We are also looking for ambassadors for special events. Please contact Nancy @ volunteer@habitatvictoria.com or 250-480-7688 ext. 105.



DRIVE A LITTLE, SAVE A LOT

250-642-5551

Victoria's most affordable storage

Storage at the lowest prices
Storage units starting at \$49.95
Door to Door Mobile Storage
RV, Boat & Vehicle Storage \$45/mo.

westcoastsuperstorage.com

3220 Otter Point Road, Sooke
westcoastsuperstorage@gmail.com

How can you support Habitat for Humanity Victoria?

- **SHOP** at the ReStore - New and gently used materials for a fraction of retail price
- **DONATE** home improvement, building materials and appliances - Drop off or arrange for a free pickup
- **VOLUNTEER** at the ReStore and the construction sites in our community - contact us for more details.

10% DND Discount with ID & coupon

849 Orono Avenue, Langford 
250-386-7867
restore@habitatvictoria.com **ReStore**

We need MEN for MENToring.

Getting together is a great time for everyone and doesn't require a special occasion or expensive activities.

- Receive tickets to sporting events
- Participate in a variety of activities
- Meet twice a month for 6 months



Big Brothers Big Sisters
www.bbbsvictoria.com

BUILD YOUR BUSINESS WITH LOOKOUT CLASSIFIEDS
CALL 363-3014 TO ADVERTISE



103.1 JACK fm
Playing whatever! Whenever!

Lest We Forget

1031JACKFM.CA  



Lest we forget.

In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

— Lieutenant Colonel John McCrae