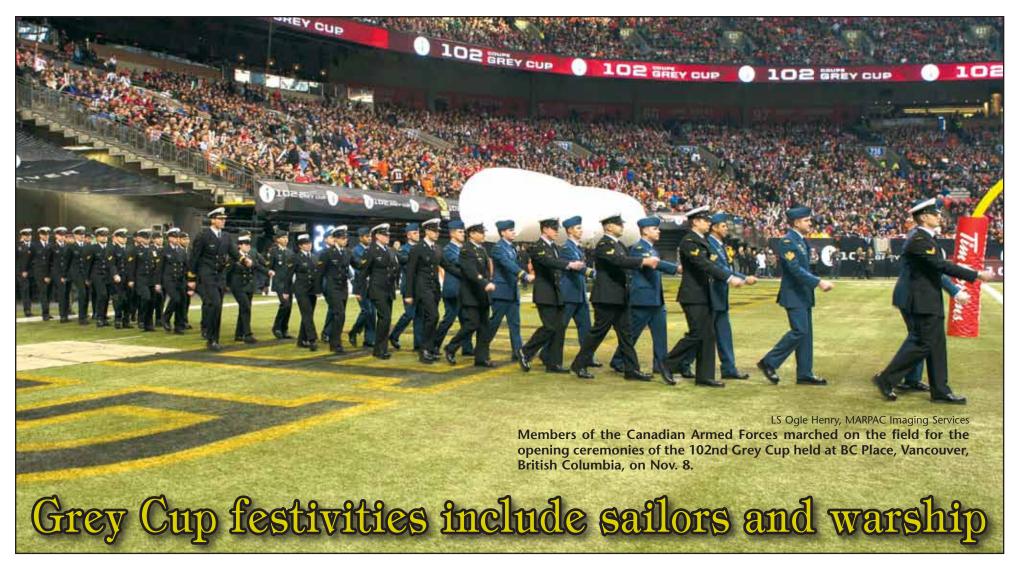








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# **Shawn O'Hara** Staff Writer

The legendary Grey Cup got one heck of a ride as it zipped across the waters beneath the Lions Gate Bridge Nov. 26, in the firm grip of Mark Cohon, Commissioner of the Canadian Football League, while being escorted to Vancouver by the crew of HMCS Vancouver.

Vancouver took a trip to the vessel's namesake city for the 102<sup>nd</sup> Grey Cup, taking part in a weekend full of fun, festivities, and the most important football game of the year.

"The crew says it was the best shore visit they've had to Vancouver so far," says Cdr Jeffrey Climenhaga, Commanding Officer of Vancouver. "I would have to agree. It was a really great time."

On top of delivering the iconic Cup itself,

The crew says it was the best shore visit they've had to Vancouver so far. I would have to agree. It was a really great time.

- Cdr Jeffrey Climenhaga, Commanding Officer of HMCS Vancouver

Vancouver took part in a number of other activities, including demonstrations and tours for families, a Grey Cup breakfast, and a reception hosted by Gen Tom Lawson, Chief of the Defence Staff.

"That was a great opportunity," says Cdr Climenhaga. "It was the first time personally I've had the Chief of the

Defence Staff on board, so it was an exciting event for me, as well as the crew."

Cdr Climenhaga says the most important part of events like this is strengthening the relationship between the general public and the Royal Canadian Navy, an opportunity both he and the crew relish.

"It's very important to us to be visible, and let the community get to know us. We're here for them," he says.

On game day, the crew of *Vancouver* joined the people of Vancouver and beyond for the game between the Calgary Stampeders and the Hamilton Tiger Cats.

"It was a close game, and very exciting to be there in the middle of it," says Cdr Climenhaga.

The Calgary Stampeders held on for a thrilling 20-16 win over the Hamilton Tiger-Cats at B.C. Place.

# Movember sees 'stashes on ship

# **Shawn O'Hara** Staff Writer

For the month of November, sailors of *HMCS Vancouver* looked a little more bristly than usual when they let their upper lip locks get luxuriously long.

About 35 moustachioed *Vancouver* crew members, led by PO1 Yannick Gagne, managed to generate over \$800 for prostate cancer research during this year's Movember GCWCC fundraiser.

"I've been taking part in Movember for about three years now, but before I never committed to raising a lot of money," says PO1 Gagne, a Senior Hull Technician. "I would donate \$20 every year, but this year I thought that I could do better, so I gathered a bunch of people that also wanted to do better to."

For the first two weeks of November, *Vancouver* was at sea with 40 Movember participants, but once they returned home the number shrunk to 35.

"People wanted to shave, or their significant others had something to say about it."

PO1 Gagne let what he called his "Tom Selleck" moustache flourish for the entire 30 days of Movember, where it grew into a thick, solid moustache. However, the moment the month was

over, so was the 'stache.

"My wife hated it," he says. "She was happy to see it go."

With over \$800 raised and more coming in every day, PO1 Gagne is happy to contribute to a cause he says all men should be aware of.

"This [prostrate cancer] affects a lot of people. Not even just the men diagnosed with it, but their friends and families," he says. "I cross my fingers that it won't happen to me, but you never know, right? It's important to be involved."

PO1 Gagne will be accepting donations until January. For those interested in contributing contact yannick.gagne2@forces.gc.ca.



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# **HMCS Calgary: the Pacific Fleet workhorse**

**SLt Ellie Aminaie** HMCS Calgary

It has been an eventful and active year for *HMCS Calgary*, with the modernized warship spending more than 250 days away from its home port, all in support of Halifax Class Modernization (HCM) trials, and the core roles and missions of the Royal Canadian Navy (RCN).

"For us, it has felt like nine months of deploying, without deploying," says Cdr John Wilson, Calgary's Commanding Officer. "We did have the short Caribbe deployment but, given the year we just had, it just felt like another task for the ship's company."

Commencing with operations team training in Halifax in the beginning of the year, the ship's company spent the following nine months on variety of taskings that have provided well-rounded training opportunities for the sailors, while giving them the opportunity to explore a number of foreign ports.

Immediately following a full set of workups in the spring, Calgary provided support to the fleet navigating officer's course by conducting navigation training in the Gulf Islands. At the same time, the ship hosted the Lieutenant-Governor of British Columbia, The Honourable Judith Guichon, during her visit to coastal communities.

Next, the combat team made their way to Halifax in preparation for their missile readiness inspection trials, the first for HCM ships.

Following a short work period alongside Esquimalt, *Calgary* sailed on an action-packed two-month deployment that included exercising in a multi-ship and multinational environment during a task group transit, and Rim of the Pacific (RIMPAC) 2014.

Port visits to San Diego and Pearl Harbor, where the ship hosted a noteworthy Canada Day reception, were included in the activities. It also allowed an opportunity for Vice-Admiral Mark Norman, Commander of the RCN, to visit Calgary's sailors and field pertinent questions about the navy.

Before returning to Esquimalt Harbour, Calgary tested its missile readiness in the Hawaiian area of operations, firing numerous missiles and testing the overall upgrades to the systems.

After a month alongside home port, the warship once again set sail for another two months; this time towards the Southern California operating areas and another fast-paced round of exercises, trials, and operations.

Immediately following a week-long missile readiness trial, where the ship's modernized sensors were tested, *Calgary* deployed on Operation Caribbe, Canada's participation in the multinational campaign against illicit trafficking by transnational organized crime in the Caribbean basin and the eastern Pacific Ocean.

Although it was a rela-

tively short deployment, Calgary aided in the seizure of 1,200 pounds of marijuana, contributing to the safety and security of the region. Calgary's success is a clear demonstration of the navy's ability to operate seamlessly with the U.S. Coast Guard and its embarked legal detachment team.

Once her Caribbe deployment came to an end, *Calgary* participated in the week-long Fleet Week event in San Francisco, representing the RCN on the international stage. In cooperation with the Department of Foreign Affairs, Trade and Development, the ship hosted a full reception, once again demonstrating Canadian hospitality.

Next on the ship's schedule were 20 days of task group exercises with multinational warships, with the Commander Canadian Fleet Pacific, Commodore Bob Auchterlonie, and his staff embarked.

This provided yet another valuable experience for the sailors as they were able to work alongside and observe the Fleet staff as they commanded the Naval Task Group. Following a short port visit to San Diego, *Calgary* proceeded northbound toward Esquimalt Harbour and its next task.

Following a short five-day stay in its home port, Calgary sailed out to support HMCS Chicoutimi during the submarine's deep dive operations, which were part of the planned contractor sea trials to bring

the submarine out of its Extended Docking Work Period.

This was no simple task as it involved embarking specialized equipment and personnel, including medical experts, medical life-saving kits, a hyperbaric chamber and the people needed to operate it.

The month of November also included supporting Other Government Departments at sea, as well as another welcomed visit from The Honourable Judith Guichon.

More recently it was a delight for the sailors to watch their namesake city win the Grey Cup in Vancouver. The messes hosted events and Calgary Stampeders jerseys were seen throughout the ship.

Overall, the year was very beneficial to the sailors as they gained the experience necessary to face any tasking that may be assigned to them in the coming year. With the year coming to an end, the ship's busy sailing schedule is as well.

Calgary's sailors now have an opportunity to spend some well-deserved time with their families and friends during the holidays, making up for missed birthdays, holidays and anniversaries.

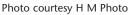
Commander Wilson and the officers and crew of HMCS Calgary extend their holiday wishes to the friends and family members of sailors who are currently operationally deployed and will not be home during this holiday season.













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# matters of OPINION

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WHAT SAY YOU

# People Talk

Lookout asked this question: *If you could dedicate yourself to one pursuit* and be among the best in the world, what would it be and why?



Sitting and doing absolutely nothing, because I'm already really good at it. **AB Trevor Moe** 

I think I'd want to be the skipper of sailboat and sail around the world. Travel, go to exotic ports on my own ship. I'd love that.

PO1 Jean-Francois Buillon



I'd want to be an astronaut. It's something I always wanted to do since I was

LS Alexander Brasche



Go to the moon. I saw Interstellar and was like, this seems pretty cool.

LS Yan Malabosa



Best father in the world. I'm a single dad and I try and do the best I can every

**PO2 Christoph Piel** 

WHAT SAY WE

# A reminder - parking is a privilege, not a right

#### **Base Operations** Parking Control

**CFB** Parking at Esquimalt is a privilege that can be revoked by the Base Commander at any time.

On behalf of the Base Commander, the Base Operations Officer (BOPSO) is responsible for the efficient operation of the base parking system.

The day-to-day administration of the base parking system is conducted by the parking control office (PCO).

With the current and future major construction projects scheduled within CFB Esquimalt, parking will continue to be a challenge.

parking control office allocates to units a number of reserved parking billets based upon the established strength of the unit and parking availability in accordance with the criteria listed in Annex B of BSO 3-207.

parking control office makes every attempt to allocate parking billets as close as possible to each unit's primary location. In some cases due to unit locations or availability of space, billets may not be immediately adjacent to the holders' place of duty.

Regardless of the location of billets assigned to each unit, the unit parking coordinator assigns one billet to one individual to park one vehicle from the billets allocated to the unit by the parking control office.

The Military Police and commissionaires are authorized to enforce parking and traffic regulations including ticketing and towing vehicles. Over the past few months the following parking infractions have been on the increase, and as a result enforcement will be stepped up:

 Visitor parking is for the use of personnel who are visiting a geographical location other than their regular place of work. Parking in visitor's stalls is for a maximum of three hours unless

otherwise specified. Visitor parking shall not be utilized by personnel working or living in that area. Personnel found parked in excess of three hours or posted time limit in visitor's stalls will be ticketed or towed at the expense of the owner.

 All parking signs must be authorized by Base Operations and erected under the direction of the Base Construction Engineering Officer.

Requests for changes or additional signs shall be submitted to the parking control office who will review the requirement before action is taken.

Signs not authorized and erected in accordance with this order will not be enforced and may be removed by enforcement personnel.

Vehicles cannot be left parked in a controlled general parking area (i.e Canteen Road lot) or in an assigned billet in excess of 48 hours without prior approval of the parking control office,

who will issue a pass for long term parking. Once received, personnel may park their personal nonrecreational vehicle with valid insurance, and the pass displayed in the ships at sea parking lot atop signal hill inside the dockyard for periods of sea duty.

Vehicles found parked longer than 48 hours without this pass may be ticketed or towed at the owner's expense.

In addition to towing fees, personnel must be aware they will be responsible for any impound fees, which will be significant during extended periods they are away from Esquimalt.

Billet holders are to report parking issues to their unit parking coordinator or the parking control office for appropriate action.

Do not take improper action such as blocking offending vehicles as such behaviour simply leads to conflict and additional congestion.

# Issue 48 cover photo credit

The cover photo of last week's issue was miss labelled with an incorrect photo credit. The photo credit goes to Cpl Blaine Sewell, MARPAC Imaging Services. Lookout apologizes for the error.









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# Silent film retells dramatic story of WW1 naval battles

Jamie Cook
MARPAC Public Affairs

A mix of both past and present Royal Canadian Navy (RCN) officers gathered in the Collier Theatre of NOTC Venture Nov. 25 to watch a dramatic retelling of two key naval battles that took place during the first months of the First World War.

The Battles of Coronel and Falkland Islands, a silent film originally released in 1927 and recently restored by the British Film Institute, was shown to a crowd of Naval Cadets, their instructors, senior commanders, and retired naval officers.

Despite the decades that have passed since its original release, many officers gathered – both serving and retired – found the film to be a moving experience.

"Not just in the viewing of the film itself, but being part of an audience of so many naval veterans, instilled the sense of being part of a larger institutional family on the junior officers," said LCdr Karen Belhumeur, Executive Officer of Venture.

The Battle of Coronel occurred off the coast of Coronel, Chile on Nov. 1, 1914, and was a stunning defeat for the Royal Navy at the hands of the German Kaiserliche Marine. More than 1,600 Royal Navy sailors and officers perished during the action, including four Canadian midshipmen who became Canada's first casualties of the war.

Despite the decades that have passed since its original release, many of the officers gathered – both serving and retired – found the film to be a moving experience.

Six weeks later, the tables turned during the Battle of Falkland Islands when the Royal Navy annihilated Germany's South Atlantic fleet in retaliation.

Filmed on board real battleships provided by the British Admiralty, and accompanied by stirring music played by the Band of Her Majesty's Royal Marines, the film is an epic experience. The cinematography places the viewer in the middle of the action amongst the ships' companies who frantically fight inside the hulking steel warships.

Originally released during a time of reconciliation between the United Kingdom and Germany, it is also remarkably fair in its portrayal of the enemy as a gallant foe that fought nobly until the very end.

Dr. Geoffrey Bird, a professor at Royal Roads University and a former RCN officer, told those gathered that the public "often forgets the strategic importance of the war at sea." Many remember the First World War as brutal episodes of trench warfare on the battlefield of Europe, but few recall the crucial role naval forces played in strategic efforts, especially given Britain's precarious position as a power that relied upon imports brought by the ocean for survival.

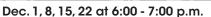
"The navy faces a particular challenge when it comes to memorializing its battles: the challenge is visiting the spot where the battle occurred, or physically marking the site for eternity," he said.

Commander Lorne Carruth pointed out that the two battles occupy an important part in RCN history.

"The key factor here is the connections. Look at the connection between the RCN and Royal Roads, the former military college that is home to the Coronel Library, named after this very battle. The Admiral commanding the fleet at the Battle of Falklands was Sturdee – you may recognize that name when jogging up Sturdee Street towards Dockyard. If you walk up the stairs in the Nixon Building, you'll see a photo of a whaler full of young officers; among them were the four midshipmen lost at sea during the Battle of Coronel. It's with a long history navy, thankfully, and it is these connections that make it so."







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#### Friday, December 12 at 6 pm

**Taizé** - Nurture your spirit with the peace of contemplative chant, the tranquility of silence, and the beauty of candlelight. Followed by a light meal for those who wish to stay.

# Sunday, December 21 at 10:30 am

Christmas Pageant for all ages.

Wednesday, December 24 at 7 and 10 pm

7 pm Family Christmas Eve Service. Carol sing, a fun interactive telling of the Christmas story for all ages.

10 pm Contemplative Christmas Eve Service.

Wednesday, December 28 at 10:30 am Carols and readings for all ages. 10:30 a.m.

For more info please contact: 250-384-3031 esquimaltunited@shaw.ca www.esquimaltunited.com www.FaceBook.com/Esquimalt United Church

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# Shutter bugs deliver winning shots



LGen Guy Thibault, Vice Chief of the Defence Staff (right), presents AB Rommel Billanes (left), with a framed photograph of his copy entitled "First Nation", during the Canadian Armed Forces Photography Contest award ceremony at the Canadian War Museum in Ottawa on Nov. 19.

Cpl Lisa Fenton, CFSU (Ottawa) Imaging Services

# Junior sailor scoops top photo award again

A/SLt Ron MacDougall MARPAC PA

For the fourth year in a row, AB Rommel Billanes, an electrical technician onboard *HMCS Protecteur*, has received the "People's Choice Award" from the annual Canadian Armed Forces Photography Contest.

Vice Chief of Defence Staff, LGen Guy Thibault, presented the award to AB Billanes at an Awards Ceremony in Ottawa on Nov. 19. The amateur photographer also received two honourable mentions for other photographs he submitted to the annual competition.

The winning photograph, entitled "First Nation", is a striking portrait of his daughter, Carolinda dressed in traditional First Nations clothing. Carolinda has been in front of her father's camera lens several times in CAF photography contests. In 2012, "Eskimo Girl" placed second in the portrait category, and in 2013 "Warchild" won first place in the same category.

"My most memorable moment in the area of photography was definitely winning the 2012 CAF amateur photographer of the year," said AB Billanes. "Not only did I jump into the advanced category after that, it was so nice that my family was able to attend the ceremony, as they were still living in Ontario at the time and not with me here in Victoria."

As a self-taught photographer, AB Billanes has proven his photography talents many times over. Since 2011, he has been awarded top prizes and honourable mentions in various categories in the CAF photography contest in categories of portraits, special effects, environment and landscapes, and flora and fauna. He also won first prize in this year's National Geographic Canada annual photo contest titled "Portrait of a Fly."

"I consider photography to be an expression of my creative side," says AB Billanes. "Before the military, I was very involved in the arts community. Photography is another medium of expression and the camera serves as an instrument of the creative mind."

# **Image Tech captures military life**

**Shawn O'Hara** Staff Writer

With his trusty Nikon D4 camera by his side, Imaging Technician MCpl Michael Bastien climbed the flight deck of *HMCS Regina* looking to snap a few shots of the ship's Sea King helicopter performing exercises. One of the photos he took would gain him national recognition during the 2014 Canadian Armed Forces (CAF) Photo Contest.

The photo, called "Flares of Grandeur", shows *Regina's* Sea King helicopter deploying its defensive flares, which spout out from either side in a cloud of smoke and flame reminiscent of the wings of a massive

bird. The picture netted MCpl Bastien First Prize in the "Military Life" category of the photo contest, earning him national recognition and a Xerox Scanner.

"I didn't expect it to turn out the way it did," says MCpl Bastien, who deployed with *Regina* on Operation Artemis and NATO Standing Maritime Group operations in the Eastern Mediterranean from January to August of 2014. "I didn't know the helicopter was going to deploy its flares, so when it did I knew it was going to make for a wicked picture."

The annual CAF Photo Contest is open to all members of the military community. With categories ranging from "Animals" to "Portraits", winners

are chosen by an online vote, with prizes for First, Second, and Third Place, and honourable mentions in each category.

MCpl Bastien also received an Honourable Mention in "Military Life" for a photo called "Load and Ready" of crew members loading ammunition onto *Regina's* Sea King.

"I was surprised," says MCpl Bastien of his win. "I was happy and nervous at the same time."

As a life-long photography buff and seven-year imaging veteran, MCpl Bastien says he couldn't have picked a better career

"As a photographer I love the ability to freeze the moment," he says. "This career gives me a chance to make a living doing what I love."

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# **Esquimalt sailor charged with drug trafficking**

A CFB Esquimalt-based sailor is facing charges of drug trafficking after an investigation by the Canadian Forces National Investigative Service (CFNIS).

LS Curtis Thiele was charged by Military Police for allegedly selling drugs in Esquimalt, and faces three counts of drug trafficking.

The CFNIS drug enforcement team began their investigation in July after a third party complaint. Military police from Esquimalt also assisted in from the investigation.

The sailor was allegedly observed selling drugs in Esquimalt between Sept. 14 and 18.

"The military police take all allegations involving illicit drugs very seriously. We are committed to providing a drug-free environment for all CAF members and Department of National Defence employees," stated LCol Brian Frei, Commanding Officer (CO) of the NIS, which operates as the investigative arm of the Military Police.

"The safety and protection of our defence team members and the communities which they serve remains our top priority," he added.

# Results of standing court martial - LS Bernard fined

On Nov. 14 LS Bernard was tried by standing court martial on one charge under the National Defence Act (NDA): charge s. 129 NDA - an offence punishable under section 129 of the National Defence Act, that is to say, an act to the prejudice of good order and discipline.

The accused plead guilty.

The court sentenced the offender to a fine in the amount of \$500.

# **In Memorium - Jeannette Berg**

The Commander Maritime Forces Pacific, RAdm Bill Truelove, regrets to announce the sudden death of Jeannette Berg, a civilian employee who passed away Nov. 21.

Jeannette Berg had been employed by CF HSVCS(P) as a health records clerk since March 2004. Prior to her civilian employment, she served in the military as a med tech from 1980 to 2003.

Throughout her career she served in CF Hospital Europe Detachment Baden in Kelowna, B.C. on Nov. 27.

Soellingen, Germany; Field Ambulance Petawawa; 1 Canadian Field Hospital. Germany; Canadian Forces Hospital Esquimalt; Royal Roads Military College Victoria; Esquimalt; 1 Field Ambulance Detachment Edmonton; Lord Strathcona Horse Edmonton; CCCIBH Infantry Battle Group Visoko, Bosnia and Herzegovina, and Field Ambulance Edmonton. A celebration of life ceremony was held at the chapel of First Memorial Funeral Services



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# **National Military Sports Day** Top general runs with local military

Shawn O'Hara Staff writer

General Tom Lawson proved you don't have to be

young to be fast and fit. On Friday Nov. 28, the Chief of the Defence Staff laced up his runners and joined more than 1,300 personnel from Maritime Forces Pacific for a five kilometre run through CFB Esquimalt as part of Sports

Day in Canada. The 57-year-old General crossed the finish line in under 24 minutes.

Prior to the run, he

who packed the Naden Drill Shed.

"Seven Maritime Force Pacific (MARPAC) ships are at sea right now and we still manage to get a turnout of over 1300," he said. "Unbelievable."

The run was part of a nation-wide fitness initiative that included the military across Canada. At CFB Esquimalt, Personnel Support Program staff led the initiative by organizing the run and a special sports award luncheon to honour elite military athletes. The

addressed the members, event was extended to families the next day with a recreation-hosted Family Sports Day at the Naden gym and arena.

> "Personally, I think that sports play a big part in healing what ails us," said Gen Lawson. "That active participation on the field of play teaches us many skills that are transferable to whatever field of battle we find ourselves on: leadership, commitment, teamwork. It's what I call 'the warrior spirit' and I can see it in you all. I'm very proud."

Photos by MCpl Michael Bastien, MARPAC Imaging Services **Above:** Gen Tom Lawson sets the pace for the five kilometre Formation Run.

**Right:** More than 1,300 military leave the start line for the run through CFB Esquimalt in support of National Sports Day.





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The CFB Esquimalt Sports and Athletic Awards took place at the Chiefs and Petty Officers' mess on Nov. 28.



PO1 Jason Tucker receives the PSF award for Most Dedicated to Sport Male from RAdm Bill Truelove, **Commander of Maritime Forces Pacific.** 



Cpl Alexandra Cape receives the PSP PO2 Douglas Lloyd receives the award award for Most Dedicated to Sport - for All Star Performance - Male from RAdm Truelove.



Female from RAdm Truelove.



MS Kirsten Arensen receives the award Capt Robert Lamothe receives the for All Star Performance - Female from award for Breakthrough Athlete -RAdm Truelove.



Male from RAdm Truelove.



Maj Susan Harris receives the award MS Adam Parsons accepts the award from RAdm Truelove.



for Breakthrough Athlete - Female for Breakthrough Team on behalf of the CFB Esquimalt Ball Hockey Team from Capt(N) Steve Waddell, Base Commander.

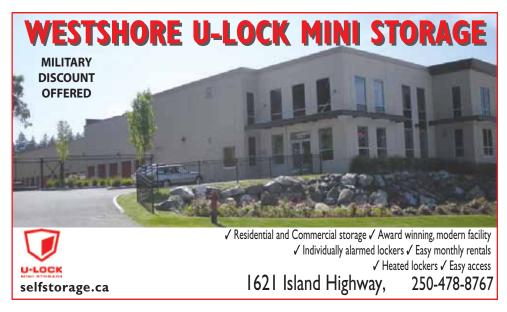


Sutherland.



PO1 Christopher Fraser receives the PO1 Christopher Fraser receives the MJ Sportsmanship Award - Female MJ Sportsmanship Award - Male from Capt(N) Waddell, and Danielle from Capt(N) Waddell, and Danielle Sutherland, CFB Esquimalt PSP

LS Zachariah Stopa, MARPAC Imaging Services PO1 Josh Barnes accepts the PSP award for Top All Around Team Performance on behalf of the 2014 Maritime Forces Pacific Nijmegen team from Peter Atkinson, Senior Vice President of PSP, and Danielle Sutherland.







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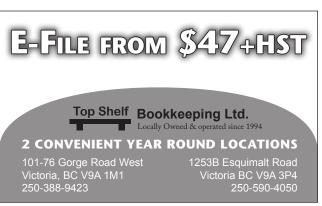


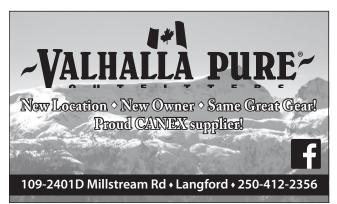


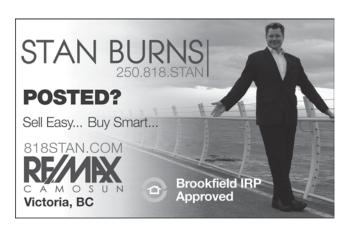
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Photo: Cpl Pierre Habib

From left to right: CPO2 Edward Burns, Officer Cadet Jean-Charles Viens, MS Brandon Ensom, Lt(N) John Willigar, Lt(N) Robert Davenport, and LS Alicia Barlow received recognition from the Navy League of Canada during Navy Appreciation Day on Nov. 25.

# Sailors honoured on Navy Appreciation Day

DND

Six sailors of the Royal Canadian Navy (RCN) were honoured in Parliament Hill on Nov. 25, as part of Navy Appreciation Day 2014.

Sponsored by the Navy League of Canada, Navy Appreciation Day brings together Parliamentarians, the RCN, the maritime education sector and the maritime defence industry to celebrate the accomplishments of Canada's Navy.

The Navy League of Canada recognized the six sailors for acts of heroism or the exceptional achievement of their duties in service to Canada.

"Thanks to the efforts of the Navy League of Canada, this is also an opportunity for our elected representatives to learn more about the achievements of our navy's most important resource: its people," said Vice-Admiral Mark Norman, Commander RCN.

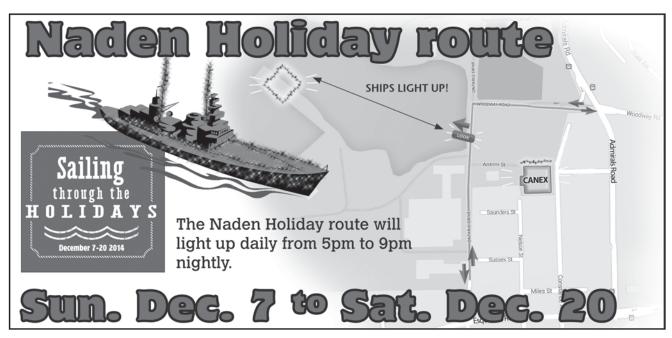
## The six sailors are:

- Lt(N) Robert Davenport from Burnaby, B.C.;
- Lt(N) John Willigar from Truro, N.S.;
- Officer Cadet Jean-Charles Viens from Granby, Que.;
- CPO2 Edward Burns from Powassan, Ont.;
- MS Brandon Ensom from Victoria, B.C.; and
- LS Alicia Barlow from Charlottetown, P.E.I.

"Each one of these sailors has pledged to conduct themselves in a way that supports the RCN's core value of being ready for service at all times – ashore and afloat – both on and off duty," said VAdm Norman. "They are certainly, as our motto states, 'Ready Aye Ready'."

Recognition was given to the deserving sailors in the Senate Chamber in a ceremony hosted by Speaker of the Senate and Honorary Captain (Navy) Noël Kinsella. This ceremony marked the last event in Parliament for Speaker Kinsella, who retired from the Senate that week. VAdm Norman presented Speaker Kinsella with an RCN Commendation for his exceptional dedication, commitment and ambassadorial excellence for his work as an Honorary Captain (Navy) over the past six years.

Also present for the ceremony were Louise Mercier, National President of Navy League of Canada; Senator Daniel Lang; and Senator James Cowan, who was there on behalf of Senator Terry Mercer, one of the driving forces behind Navy Appreciation Day.



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Cpl Brandon O'Connell, MARPAC Imaging Services

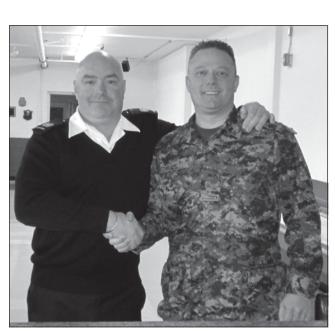
Chief of the Defence Staff, Gen Tom Lawson presents Commander Maritime Forces Pacific (MARPAC) RAdm Bill Truelove with the United States Legion of Merit medal.



Cpl Brandon O'Connell, MARPAC Imaging Services

Chief of the Defence Staff, Gen Tom Lawson presents Cdr Darrin Rich with the Chief of Defence Staff Commendation.





WO Howse is promoted to his current rank by CPO2 Lemieux of CFB Esquimalt Detachment Matsqui.



Cpl Blaine Sewell, MARPAC Imaging Services
Cpl Michael Bastien (centre) is promoted to Master
Corporal, effective Dec. 1, by Capt(N) James Clarke,
Chief of Staff Plans and Operations, Maritime
Forces Pacific Headquarters (MARPAC) (right), and
Master Warrant Officer Paula Tremblett, Imaging
Services Officer (left).



Lt(N) Mark Quesnelle is awarded a Bravo Zulu for platoon commander for MARLANT Formation Auxiliary Security Force by LCdr Nicolas Underhill at the Naval Ocean Processing Facility Whidbey Island. WA.



LS Ryan Rebalkin is awarded the Navy and Marine Corps Achievement medal from Cdr Sean Bartlett at the Naval Ocean Processing Facility at Whidbey Island, WA.



Cpl Blaine Sewell, MARPAC Imaging Services
Naval Electronic Sensor Operator AB Frank Grant
(centre) is promoted to Leading Seaman by
Capt(N) James Clarke (right), Chief of Staff Plans
and Operations, Maritime Forces Pacific (MARPAC),
and PO1 Michael Surette (left).



PO1 Nathalie Scalabrini, from Personnel Coordination Centre (PCC) Pacific, was promoted to Chief Petty Officer Second Class by LCdr Chris McKelvey, PCC SSO Training, and Cdr Allan James, PCC Commanding Officer.



LS Matt Parker is promoted to Master Seaman by LCdr Nicolas Underhill and LCdr Mark Schuh at the Naval Ocean Processing Facility at Whidbey Island, WA.



2Lt Emanuele receives his promotion by the Commanding Officer of CFRC Pacific, Maj Thomson.

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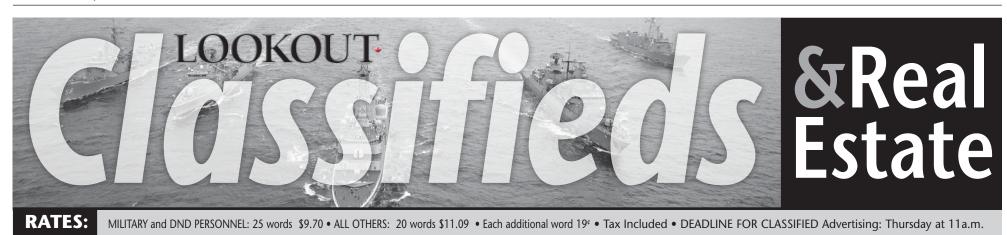
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