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Volume 60 Number 47 | November 23, 2015

LOOKOUT

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Peter Mallett, Lookout

Hundreds of military and DND civilians employees tackled the National Military Sports Day five kilometre run around the base last Friday. The run was part of the larger RBC Sports Day in Canada - a national celebration of the power of sport to build community and get Canadians moving in communities across Canada.

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HMCS Vancouver aids U.S. Coast Guard in offshore drug bust

U.S. Coast Guard

U.S. Coast Guard crews, along with partner agencies, recovered an estimated 2,400 pounds of marijuana jettisoned from a panga vessel approximately 200 miles off the U.S. and Mexico border in international waters Thursday.

While conducting a routine patrol in the area, a C-130 aircrew from Coast Guard Air Station Sacramento located the panga-type vessel traveling north. The Coast Guard Cutter Midgett and HMCS Vancouver were both diverted to intercept.

Once Midgett closed in on the panga they launched two interceptor boats. The suspected smugglers aboard the panga immediately sped away.

A U.S. Navy helicopter conducting operations in the area detected the fleeing panga heading east

This is an excellent demonstration of the team work, dedication, and tenacity of our Coast Guard and partner agency crews.

Capt Daniel Pickles,
11th Coast Guard District
Chief of enforcement

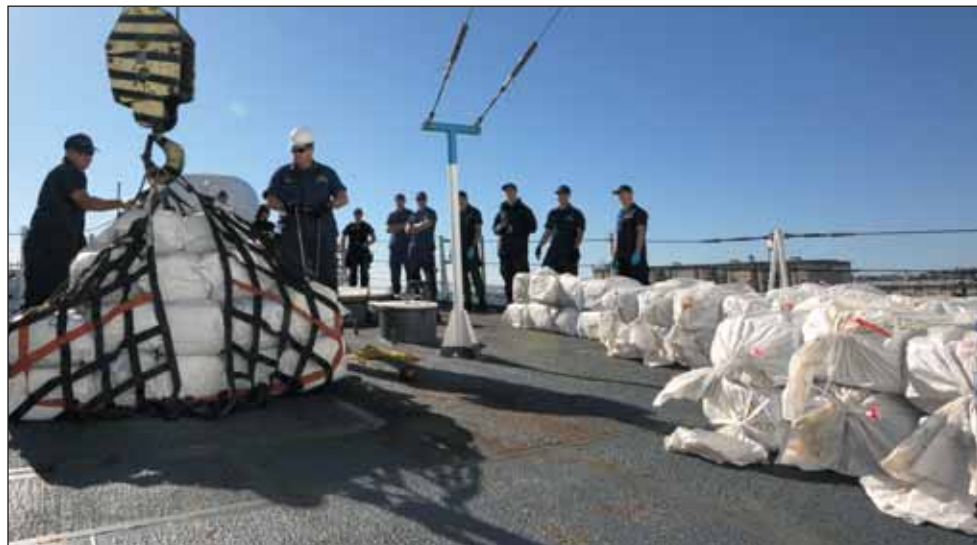
about 70 miles west of Mexico. The Coast Guard C-130 aircrew sighted the panga and relayed the vessel's position to the Mexican navy. Mexican officials found the abandoned panga with no one in the vicinity approximately 30 miles south of Ensenada, Mexico.

A helicopter from

Vancouver located jettisoned bales in the water. The crew of the Vancouver recovered 34 bales from that location. The helicopter later passed the location of more jettisoned bales in the water.

A Customs and Border Protection, Office of Air and Marine Multi-role Enforcement Aircraft crew vectored in the Midgett, whose crew then recovered an additional 62 bales, bringing the total to 96, or approximately 2,400 pounds of marijuana.

"This is an excellent demonstration of the team work, dedication, and tenacity of our Coast Guard and partner agency crews," said Capt Daniel Pickles, 11th Coast Guard District chief of enforcement. "Together, we are committed to disrupting the flow of illegal drugs in the Pacific and will continue to aggressively pursue suspected smugglers."



Above and below: Crew members aboard Coast Guard Cutter Midgett offload an estimated 2,400 pounds of marijuana Nov. 16.



Photos by PO1 Sondra-Kay Kneen, U.S. Coast Guard
Coast Guard crews, along with partner agencies, recovered the marijuana jettisoned from a panga vessel approximately 200 miles off the U.S. and Mexico border in international waters Nov. 5.





Peter Mallett, Lookout

From left: Cdr Wes Golden, CANEX vice president Mack McMillan, Cdr Brigitte Boutin, and CANEX Express Mart manager Iris Shiplack cut the ribbon during the grand opening ceremony of a Tim Horton's express at their Colwood outlet.

Tim Hortons touches down in Belmont Park

Peter Mallett
Staff Writer

The operators of Colwood's CANEX Express Mart hope the \$120,000 investment in a Tim Hortons Express franchise will get business percolating in the Belmont Park location.

As a fierce autumn storm raged outside on Nov. 17, employees, customers and base officials

gathered around the giant automated coffee dispensary unit and raised their complimentary cup of java to cheerily toast the arrival of Tim Hortons.

CANEX Express Mart manager Iris Shiplack says the new coffee kiosk is a more convenient location for Belmont Park residents, Colwood Pacific Activity Centre users, Fleet Diving Unit staff, and employees at Colwood Building 66.

And while they won't be

selling Tim Hortons' sweet treats, they will have fresh baked goods for sale from the Six Mile Bakery.

The franchise bill was split between CANEX and the Base Fund, with the aim of driving up profits, with a percentage turned back to the Base Fund to be used for morale and welfare activities.

This year, CANEX and SISIP donated a combined \$166,092 to the Base Fund.

Irene Woodruff, who resides close to the Express Mart, said the location is great for her and the neighbors.

"I use a walker to get around and this location is easier for me, especially on stormy days like this one," Woodruff said. "Word and excitement about this location seems to be spreading with my neighbours and others in the community that Tim Hortons is open for business."

Aquarius Dive Club boat capsizes off Race Rocks

Rachel Lallouz
Staff Writer

Royal Marine Search and Rescue vessels pulled four Aquarius Dive Club divers from the ocean and five from the hull of their capsized 24-foot aluminum boat Aquarius Too on the afternoon of Nov. 15.

The dive club's boat was swamped with water and overturned at around 2 p.m. in unexpected rough seas near Race Rocks, off the southern tip of

Vancouver Island. The boat had just left the Race Rocks area and was en route to the more sheltered waters surrounding Swordfish Island when the incident occurred.

The divers were equipped for the emergency, and used a waterproof VHF radio to call for help.

The accident victims suffered from mild hypothermia and sea sickness. One diver required hospitalization. Three of the victims are confirmed to be military members, while the remaining six are associate members

of the club.

All personnel involved in the accident were experienced divers. In order to attend the advanced Race Rocks dive, each person was required to have their Advanced Open Water Certification and several years of diving experience.

As with all incidents involving the safety of military and civilian personnel, a summary investigation is underway.

The overturned dive boat was also recovered.

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As our deployment on Operation Caribe has passed the midway point, both *HMC Ships Brandon* and *Whitehorse* have had an extremely busy and successful operation thus far. Both ships have been working very closely with the United States Coast Guard and other allies to suppress criminal activity in the Eastern Pacific and we have conducted numerous vessel boardings and inspections.

Success on Operation Caribe does not happen by coincidence. When *Brandon* and *Whitehorse* departed CFB Esquimalt in early October for two and a half months, it marked the culmination of an intense period of preparations. The support from our families and friends was crucial for both ships during the preparation, and is even more so while we conduct this important operation.

This deployment is a fantastic opportunity for our members as they are an integral part of a complex, real-world mission involving multiple air and surface units, and coordinated by a multi-national agency. They are also infused with a sense of purpose because they know their efforts will have a positive effect on their communities and the support of Canadians at home.

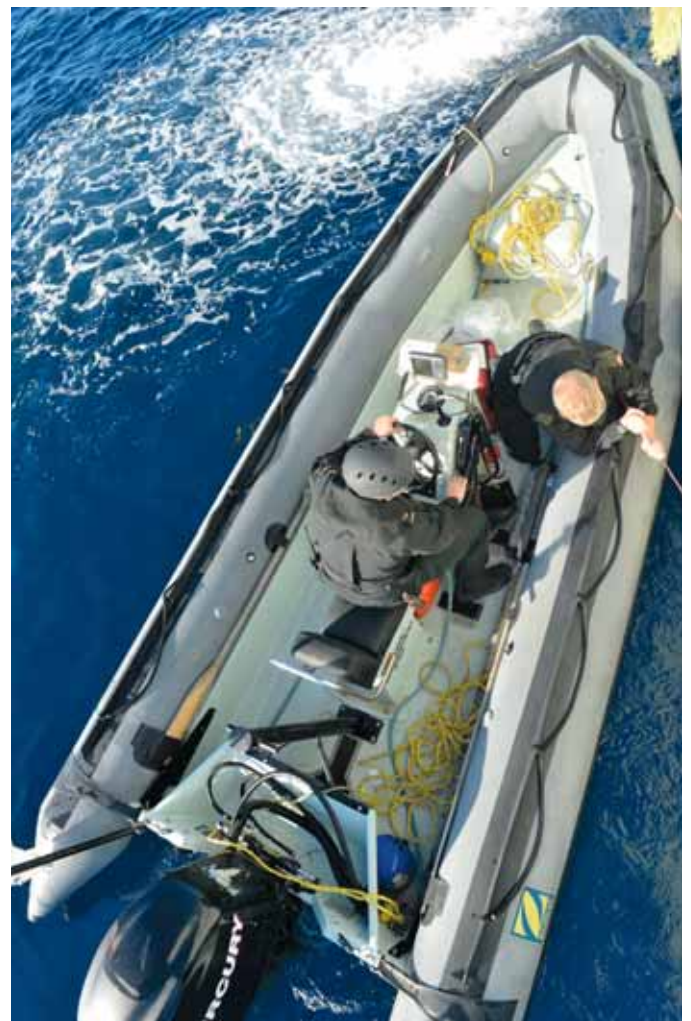
The weather and sea states during mission workups at the beginning of October were rougher than anticipated. Despite this, every member overcame adversity and persevered as they knew they had to complete their assigned duty. Our sailors are well trained, professional and outstanding in everything they do.

Our families and friends give them the strength and courage to achieve mission success.

After an exhaustive two weeks of work ups, both ships enjoyed a well-earned rest during a port visit to Ensenada, Mexico. Shortly afterwards, *HMCS Brandon* had an unscheduled port visit to Puerto Vallarta, Mexico for repairs and replenishment. During this time, members continued with their normal day-to-day work routine while enjoying a little time ashore.

As our sailors look forward to coming home for the holidays, our thoughts are with all the families and friends we left behind and who are managing things back home. Without your support, we could not achieve the remarkable things we accomplish every day.

From the Commanding Officers of HMCS Brandon and HMCS Whitehorse



Photos: Op Caribe, DND

Two boatswains on board *HMCS Whitehorse* work at releasing a fishing net line that was tangled on the aft of the ship.

Below: *HMCS Brandon* and *HMCS Whitehorse* (background) prepare to conduct Passenger Exchanges with allies in the Eastern Pacific Ocean.

Above Left: *HMCS Brandon's* Commanding Officer and Executive Officer watch from the ships bridge as it departs Puerto Vallarta, Mexico, on Nov. 3.

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New occupation badges for Weapons Engineering Technicians bring unity

CPO2 J.M. Kitt
MARPAQ HQ

The importance of uniforms and symbols in the Profession of Arms cannot be overstated. They are the visible signs by which Canadian Armed Forces members identify themselves to his or her peers.

One of the defining characteristics of any profession is a unique language and "symbolology" that is understood by the group and sets it apart from others. In the Royal Canadian Navy, occupation badges are the symbol by which a group declares its identity, competence and standing within the Profession of Arms.

The Combat Systems Engineering (CSE) Division was initially composed of four occupations. The individual badges signified the technical aspects, as well as the equipment specialty of

each occupation. However, in the late 1990s it became unsustainable. They needed a way to train, employ and keep their technicians in ships and submarines. That required a major change.

The Guild model of hands-on training in trade - apprentice to journeyman to master (manager) - was perfectly suited to the requirements of a Naval Technical Occupation. And so the Weapons Engineering Technician (W Eng Tech, 00366) was born.

As a consequence, the trade badges of four separate occupations were no longer appropriate to the new single occupation structure. So the W Eng Tech occupation was without a symbol of identity. The skills and professionalism were never in question, but the visible identifier was no longer evident.

The new occupation was

formally stood up Sept. 1, 2011 but the occupation badge was still in the design. It would take several years of work by the senior occupation advisors, working with the Chief of Heraldry, to design six new occupation badges. All newly minted Weapons Engineering Technicians would wear the same occupation badge as those worn by Petty Officers First Class and above. This would assist in fostering unity within this new occupation. Leading Seaman to Petty Officer Second Class would wear one of five specialist occupation badges once they completed specialist training.

On Dec. 3, 2015, at the annual West Coast Weapons Engineering Occupation Mess Dinner, they will, once again, wear the symbols of their occupation and proclaim their identity once more.



Sailor for a day, perfect break from studies

PO1 Michael Mitchell
HMCS Malahat

Ten women and men joined naval reservists from HMCS Malahat for a morning at sea and an afternoon of firefighting, experiencing for themselves a day in the life of a sailor.

Participants were mostly University of Victoria students, which had its reading break Nov. 9 to 13. The Sailor for a Day event was for those who wanted to experience what the Naval Reserve offers as part-time employment.

"Participants were very interested in the Naval Reserve's educational reimbursement for post-secondary education, competitive wages and benefits, leadership and professional development opportunities – all as a part-time career," said Petty Officer Second Class Beth-Anne Salzer,

one of Malahat's recruiters.

The day kicked off at Malahat in James Bay, and then the 10 guests were off to Her Majesty's Canadian Dockyard in Esquimalt to embark in PCT Wolf, a 33-metre Orca-class patrol vessel from the Patrol Craft Training Unit.

The weather was cooperative, with calm seas and no precipitation. The guests saw for themselves how a trained crew manages typical shipboard emergencies such as a person overboard drill and a steering gear breakdown.

One of the highlights was learning to throw a heaving line, which resulted in a friendly competition amongst the guests.

They also enjoyed the opportunity to take the helm, and under close supervision experienced driving the ship through many helm orders and engine revolution changes.

After returning to HMC Dockyard and brushing the newly-earned salt from their shoulders, the guests were then off to the Damage Control Training Facility Galiano in Colwood, where they spent the afternoon learning about firefighting onboard RCN vessels, handling firefighting equipment and experiencing a controlled fire.

As a bonus, the group had the opportunity to witness an advanced team of sailors attack a helicopter fire - an exciting first impression for all.

"The Sailor for a Day program allows those interested in the Canadian Naval Reserve to 'test the waters,' while learning beneficial life and emergency response skills," said LCdr Michael Lawless, Commanding Officer, Malahat. "Although participants were under no

obligation to apply for enrolment into the RCN, I was very pleased to hear that half intended to apply immediately."

"My thanks to the Patrol Craft Training Unit and Damage Control Training Facility Galiano for their excellent support," added LCdr Lawless.

Malahat is one of the RCN's 24 "stone frigates" located in major cities coast to coast. The land-based divisions are well-equipped training facilities, with classrooms, office space, galleys (kitchens), boatsheds, and operation rooms with computer-based navigation simulators, small boats and dive equipment. Naval reservists typically serve part-time during evenings and weekends throughout the year, learning and refreshing skills and knowledge within the military occupation of their choice.



Above: Taylor Cartwright checks out firefighting equipment at Damage Control Training Facility Galiano.

Top right Left to right: Alexander Macaloney, Elizabeth Misfsud-Sweeney and Sara Geday on the PCT Wolf, a 33-metre Orca-class patrol vessel from the Patrol Craft Training Unit.



Photos by PO1 Michael Mitchell, HMCS Malahat A/SLt Matthew Heim of HMCS Malahat shows Sara Geday how to "drive" a 33-metre Orca-class vessel.

BZ Correction Issue 44, Nov. 2

In the Bravo Zulu photos of Issue 44, Nov. 2, 2015, Pewter Sea Service for members of Naval Ocean Processing Facility, LCdr Graham Collins was incorrectly called the Commanding Officer of the Naval Ocean Processing Facility. In actuality he is the Commanding Officer of Trinity Detachment Whidbey located at the Naval Ocean Processing Facility.



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Volunteers help clean up CFB Esquimalt's shoreline

Rachel Lallouz
Staff Writer

Ten volunteers from the base scoured the CFB Esquimalt property shoreline last Thursday looking for anything resembling washed up garbage.

Their goal: to clean up the beaches of other people's poor habits.

This is the third year that CFB Esquimalt has partnered with the Vancouver Aquarium in an effort to

protect and preserve our waterways by partaking in the Great Canadian Shoreline Cleanup. As one of the largest direct action environmental conservation programs in Canada, the Shoreline Cleanup is an opportunity to create safe and healthy shorelines.

"Every year, there are millions of pounds of waste dumped in to our oceans and left on shorelines," says Louise Wilkin, Environment Officer and

lead organizer of the clean-up. "By picking up shoreline litter we are helping out the environment and the wildlife that are living there. It's just general environmental stewardship."

Healthy shorelines play a huge role in maintaining the health of the ocean by helping to filter pollutants and provide habitat for fish and other wildlife. They are some of the most ecologically productive places on earth. Through events

such as the Great Canadian Shoreline Cleanup, people can help to rehabilitate shorelines by making a visible and positive impact on the environment, says Wilkin.

For this year's cleanup, volunteers were issued large black garbage bags, gloves, and metal garbage tongs. They spent over four hours moving from beach to beach in small groups, collecting everything from old fishing gear, packaging

material, cigarette butts, and remnants of personal hygiene.

This year, a 309-pound rusted metal cable was found coiled around vegetation on McCarthy Island, a rocky and pine-dense piece of land inside Esquimalt Harbour.

In total, the clean-up yielded over 1,000 pounds of garbage, including tires, a buoy, and wood and metal scraps.

Though the number

might seem large, the majority of the trash is comprised of larger, weighty pieces of garbage, says Wilkin. The clean-up's first year in 2012 saw close to 3,000 pounds of waste removed from the CFB Esquimalt shoreline.

"Overall, I think it was pretty good in terms of seeing a cleaner shoreline," she says. "I was really happy to see people involved this year, and I'm looking forward to keeping this up as an annual project."



Main image: Volunteer garbage collectors clean up the Work Point shoreline.

Top left: Louise Wilkin, Environment Officer and clean up organizer, picks garbage up on McCarthy Island.

Middle: PO1 Stephane Melancon picks up trash on McCarthy Island.

Top right: MS Michelle Melancon picks garbage up on Cole Island.

Photos by Rachel Lallouz, Lookout

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VICTORIA'S

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Little known service, MPs will check your military house while you're away



Rachel Lallouz
Staff Writer

As part of their autumn welcome for families new to CFB Esquimalt, Military Police Unit Esquimalt is promoting one of their oldest security services: Residential Housing Units (RHU) check-ins.

RHU check-in is an outdoor inspection by Military Police (MP) of a deployed military member's home or those who are absent from their homes for any reason, such as attending a course or on vacation.

A home assigned with a RHU check-in will be visited by patrolling MP units nightly, who will examine the home for signs of break and enter, ensure that outdoor

buildings on the property (such as sheds), are not tampered with, check for gas leaks, and check to make sure all windows and doors are secured.

Military members living at Belmont Park, Royal Roads, Work Point, and Signal Hill are encouraged to sign up by coming to the guardhouse and completing and submitting a form that goes to the Community Relations Officer, Leading Seaman Andree Noye.

"Compared to the civilian population, we have a high number of members who may be absent from their homes for extended periods of time," says LS Noye. "An extra service like this can ensure the security of a home and lessen the stress of deployment."

If a home is found to be tampered with, the MP will contact the residents immediately, says LS Noye.

Check-ins are also offered to military spouses left alone, or left with children, in an RHU.

"Sometimes a person might not feel too comfortable being alone," says LS Noye. "If they sign up, we will know they have an absent spouse, and we can give them that extra feeling of security."

If someone has a change of plans, such as a cancelled vacation or they are coming home earlier than expected, they need to call the Dispatcher to turn off the checks. Otherwise they may experience an MP pointing a flashlight at them in the wee morning hours.

Despite the usefulness of the check-ins, LS Noye says they are completely underused. Since she began patrolling in April 2014, she has never conducted a check-in.

"As the Community Relations Officer, my goal is to spread awareness about services like this one," says LS Noye. "We're moving in the direction of community policing, which means we can do more outreach for our members. We are here to support the troops."



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All donations will help raise money for the 2015 GCWCC Campaign!
Any questions can be directed to Alyssa Jesson at 3-4485 or Alyssa.Jesson@forces.gc.ca

International Day of Persons with Disabilities - seminars on RTW

Please join us in Commemorating International Day of Persons with Disabilities (IDPWD).

It is estimated that one billion people are living with disabilities worldwide, and everyone will experience some form of disability in their lifetime.

The International Day of Persons with Disabilities (IDPWD) will be commemorated Dec. 3 and this year's theme is Inclusion Matters: Access and Empowerment of People of All Abilities.

Inclusion is not just a disability issue; inclusion pertains to all of us. Inclusion values diversity and builds community by opening doors to

new ways of thinking and focusing on the different and unique abilities within our organization. More information on IDPWD can be found at www.un.org/disabilities/default.asp?id=1637

To highlight this special day at MARPAC, the Defence Advisory Group for Persons with Disabilities (DAGPWD) and MARPAC N14 will co-host a special information session on Return to Work (RTW) programs. Representatives from the Civilian Employee RTW Program and Canadian Forces Joint Personnel Support Unit (JPSU) will provide information on how their respective RTW

programs proactively help ill or injured employees return to productive employment in a timely and safe manner.

Please join us on Thursday, Dec. 3 at the Learning and Career Centre (LCC) Room 107 from 10 a.m. to noon, to learn more about RTW programs and how they provide opportunities to enable everyone to reach their full potential. All civilian employees and military members are welcome.

Due to limited space, pre-registration is required. For registration or questions, please contact Emily Zhong at Emily.Zhong@forces.gc.ca / 3-7626

Military housing units being renovated

Mathieu Cornish
Canadian Forces Housing Agency

In November 2014, the Prime Minister announced an investment of \$5.8 billion for infrastructure across Canada of which the Department of National Defence (DND) has received \$452 million. As part of this program, the Department announced that it was investing \$2.75 million in residential housing in Esquimalt during fiscal years 2015/16.

The Canadian Forces Housing Agency (CFHA), who manages military housing on behalf of DND, started work as part of the Federal Infrastructure Investments Program this past spring and summer, with the first phase of projects scheduled to be completed before March 31, 2016.

In Esquimalt, the Agency is replacing housing that has come to the end of its

useful lifecycle by building four new houses. New Residential Housing Units (RHUs) will respond to the changing needs of Canadian Armed Forces members and their families with different sizes and forms of RHUs.

Also, 47 existing houses will benefit from interior renovations that may include the replacement of plumbing, electrical, and heating systems, and/or kitchen and bathroom renovations, which will change the overall interior layout and improve the functionality of the unit.

As part of CFHA's ongoing work, residential housing in Esquimalt will also see investments implemented as part of other existing programs. These projects include furnace replacements, shingle replacements, window and siding replacements, siding painting, sewer later replacement, steps and landing replacements, and the replacement of interior

architectural details. These types of projects improve energy efficiency, comfort and reduce the cost of heating, and most importantly, they significantly contribute to occupants' satisfaction and well-being.

The majority of the military housing portfolio was built between 1948 and 1960 and is in need of modernization. Investments made as part of the Federal Infrastructure Investments Program and other programs enable CFHA to respond to this need for improved housing infrastructure by upgrading its building systems and being fully committed to the improvement, modernization and repair of housing units at bases and wings across the country.

The Agency is committed to ensuring that families who choose to live in military housing enjoy a good quality of life suitable and safe accommodation wherever they are posted.

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Specialist in diving medicine participates in Aussi exercise

Rachel Lallouz
Staff Writer

Lieutenant(Navy) Lucie Gijzen, a physician working at Canadian Forces Health Services Centre (Pacific) isn't your average doctor.

On top of her duties as a Primary Care Physician, she travels the world to collaborate in submarine escape and rescue working groups in NATO countries, and participates in international submarine escape and rescue exercises.

She is one of six physicians in the Canadian Armed Forces trained in the field of diving and submarine medicine.

Her highly specialized medical training in hyperbaric and submarine medicine recently earned her

a spot on a team of 25 medical personnel selected for Exercise Black Carillon 2015 (BC15). The submarine escape exercise took place Sept. 14 to Oct. 9 at the Royal Australian Navy's (RAN) base HMAS Stirling in Perth, Western Australia.

"The exercise was designed to provide massive casualties training to medical personnel trained in submarine medicine, to give submariners a chance to abandon a vessel in a real-life scenario, and to provide the RAN a chance to practice aero medical evacuations," explained Lt(N) Gijzen. "All while using the RAN's new intervention vessel for the first time, MV Besant."

She adds this type of exercise is important "because



Lt(N) Lucie Gijzen on board MV Besant.

we need to be ready in the event that a submarine is in distress. We need to be able to keep our submariners safe."

The first few days of the exercise saw Australian submarine HMAS Rankin bottomed in 19 metres of seawater in Cockburn Sound, off the coast of Western Australia. Six James Fisher Defence instructors from the Submarine Escape Training Facility at HMAS Stirling were situated inside the submarine, ready to escape through the submarine's single man escape tower in inflatable survival suits, buoying them to the surface.

The scenarios for the exercise replicated a submarine collision with another vessel or sea mount, or an onboard flood or fire – all of which would make the vessel inoperable and result in being disabled on the seabed.

"We medical personnel were on scene a short distance away onboard MV Besant, which was built to assist submarines in distress,

and to treat the submariners," explains Lt(N) Gijzen.

Unlike a typical rescue vessel, MV Besant is equipped with recompression chambers, a full resuscitation area, extensive berth facilities to hold the injured, and three separate treatment areas covering the varying levels of injuries, from the walking wounded to life threatening injuries.

Also participating were two RAN search and rescue paramedics, eight members of the ship's crew, and more than 30 international observers from as far as Singapore and Sweden.

Lt(N) Gijzen's was a member of the Directing Staff, coordinating with the command rescue force located on the bridge, and directing the casualties on how to "act" out their injuries in triage. She was also responsible for noting the medical staff's response to particular injuries and providing feedback.

Once the submarine was resting on the sea floor, the six individuals inside the submarine donned their

Ultimately, we need to continue to train as an international community to keep Submarine Forces safe all over the world.

Lt (N) Lucie Gijzen, Physician working at Canadian Forces Health Services Centre (Pacific)

rescue suits, attached themselves to an air supply, and then inflated the suit. They escaped through the submarine's escape hatch. Medical RAN technicians stationed in smaller rescue vessels pulled the casualties from the water and transported them back to MV Besant for treatment and medical management.

Over the course of four days, a total of 25 casualties were treated, from head injuries to fractures, to burns or complex respiratory problems that could result from a submarine's incident. Some casualties were identified with more classic injuries associated with the change in atmospheric pressure, such as decompression illness, where nitrogen bubbles travel through the blood to the brain or other parts of the body.

"An arterial gas embolism is a life-threatening situation," says Lt(N) Gijzen. "We had these casualties moved to the decompression chambers on board right away to reduce the bubbles and

resolve the associated symptoms. Some bubbles might also move to the person's joints, resulting in musculo-skeletal-type pain throughout the body. The physicians really had to be working their diagnostic criteria to identify what the problem was and treat accordingly."

From sunrise until early evening, physicians were placed in triage, at the recompression chambers, and at each level of treatment area – T1, for life-threatening injuries, T2 for serious injuries, and T3 for minor injuries – where they worked in conjunction with the bridge officers to practice the casualty scenarios.

The most serious of all casualties was tested. A person with a traumatic brain injury who could not be stabilized needed to be seen by a neurosurgeon immediately. This meant an aero medical evacuation from MV Besant to a hospital.

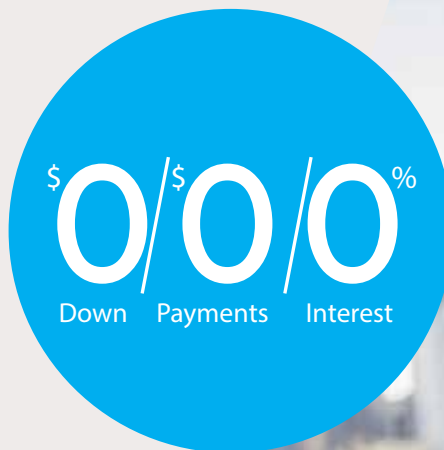
Rather than practice on a live casualty, a 60 kilogram dummy (Oscar) was used. A rescue helicopter hovered above MV Besant's deck, and lowered down a folded stretcher and a rescue member using a long cable. Oscar was then loaded onto the stretcher by the rescue member, and both were lifted back into the helicopter, bound for Fiona Stanley Hospital in nearby Perth.

Overall, Lt(N) Gijzen says, "International cooperability in these training exercises is key since we don't know when we may require assistance from other nations. Ultimately, we need to continue to train as an international community to keep submarine forces safe all over the world."



Medical officers cut the gear off a casualty who is simulating a shark bite.

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HMCS Regina Awards

Cdr Colin Matthews made several presentations to the sailors of HMCS Regina during an all hands fall in.



LS Vivian was promoted to his current rank.



Lt(N) Ferguson was promoted to his current rank.



LS Morin was promoted to his current rank.



Lt(N) Ferguson was awarded the Combat Systems Engineering Certificate.



MS Charlesworth was promoted to her current rank.



LS McKernan was awarded Sailor of the Quarter in HMCS Regina.



LS Sagimbekova was awarded her CD.

Governor General Invests Recipients into the Order of Military Merit

His Excellency the Right Honourable David Johnston, Governor General and Commander-in-Chief of Canada, presided over an Order of Military Merit investiture ceremony at Rideau Hall on Nov. 10. The Governor General bestowed the honour on two Commanders, eight Officers and 29 Members.

The following are Maritime Forces Pacific recipients:



CPO2 Kelly Allan Yerama, M.M.M., C.D., Canadian Forces Fleet School Esquimalt.



Major Rickey Maxwell Lewis, O.M.M., C.D., Regional Cadet Support Unit (Pacific).



PO2 Philip Wade Smith, M.M.M., C.D., Fleet Diving Unit (Pacific).



CPO1 Paul Andrew Fenton, M.M.M., C.D., Fleet Maintenance Facility Cape Breton.



CPO1 Ian Mark Kelly, M.M.M., C.D., Her Majesty's Canadian Ship Protecteur.



CF Health Services (Pacific)



Lt(N) Cantwell, PHARM, receives the Commander's coin.



Lt(N) Knai, SOCW, is promoted to her current rank.



PO2 Zimmer, MRad Tech, receives the Commander's coin.



Sgt Bowry, Med Tech PA, received her Canadian Forces Decoration First Clasp.

The Commander of CF Health Services Group and Surgeon General of the CAF, BGen MacKay, and CWO Colbert visited CF Health Services Centre (Pacific) and made the following presentations.



Sgt Quinonez, Med Tech PA, received her Canadian Forces Decoration First Clasp.



Sgt Lajeunesse, BMET Tech, receives the Commander's coin.



WO Zreck, Med Tech PA, received his Canadian Forces Decoration First Clasp.



Lt(N) Sprengle, NUR, is promoted to her current rank.



Photo by Alesha Lemire
Deputy Base Chief Petty Officer CPO1 G.E. Gibbons is promoted to his present rank by the Base Commander, Capt(N) S.M. Waddell and the Base Chief, CPO1 R.S. Spinelli.



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ANNOUNCEMENTS

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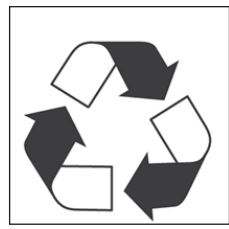
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