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Lieutenant Governor of British Columbia, the Honourable Judith Guichon (front row, third from left) and her husband Bruno Mailloux (front row, second from left) pose with distinguished guests and members of the head table during a dinner commemorating the 100th Anniversary of 13 Field Ambulance, hosted at Government House on March 19.



Photos by Corporal Blaine Sewell, MARPAC Imaging Services

DNAD.

Mayor Richard Atwell (second from right) and Commanding Officer of 11 Field Ambulance Lieutenant Colonel Heather McClelland (right) inspect the troops.



Ambulance.

LCol McClelland enacts the ceremonial knock upon the mayor's door.



The Canadian Armed Forces Medical Services Banner, the "Princess Royals Banner of our Colonel in Chief" (right) is paraded by the 11 Field Ambulance Royal Banner Color Party past Saanich Municipal Hall.

Compensation Team door closing

Peter Mallett Staff Writer

When the Formation's Compensation Team at the Civilian Human Resource Service Centre (Pacific) (CHRSC(P)) close their office doors at Naden's building 54 for good at the end of this week it will mark the end of an era.

It's not only the moment when the transformation to the Government of Canada's new Phoenix Pay system will be fully complete at bases across the nation, but also the point when over 20 local employees will say their final goodbyes.

"For me and my team here at the office it really is a bit of a sombre moment and really does mark the end of an era," says Compensation Team Lead Lori Murphy. "While we have known this was going to happen for years and could see it coming, now the moment is finally here, the office is finished and there is nothing we can do about it."

The Compensation Team handled Public Service employee pay cheques, benefits, vacation time and a host of other human resources related tasks.

"The Compensation Team is a group of dedicated folks that have often gone above and beyond to ensure all issues pay related are handled quickly and efficiently to ensure no disruptions in pay," said Jennette Vanier, Management Services Officer, CHRSC(P) "Until I worked at CHRSC(P), I had no idea who was responsible to make sure I received my pay on time. This group of folks needs to be appreciated for the great service they have provided."

Before the office closes, Murphy and her staff have fanned out across the base to help departmental managers transition to the Phoenix Pay system, educating them about their new responsibilities and obligations.

But that function will draw to a conclusion for most of the team at the end of the week.

On Wednesday, March 29 between 1:30 and 3 p.m. there will be a gathering in the Work Point Gun Room followed by an Open House in their office at the Civilian Human Resource Service Centre Pacific (CHRSC(P) if people want to say their goodbyes.

The farewell brings about the conclusion of a six-year

process transformation that began in 2010 when the Federal Government announced that civilian public service pay files would be" fully transferred to Public Services and Procurement Canada (PSPC), formerly Public Works and Government Services Canada (PWGSC). With the exception of a small group in the National Capital region, the Compensation and Benefits section at bases will no long exist.

Over the years Murphy says she and her fellow employees – many of whom she notes have also worked at CHRSC(P) since graduating college and high school – have seen massive technological changes to the way they do their jobs.

"When I started in 1987 everything was done on typewriters in triplicate using carbon paper and we were officially called pay clerks," said Murphy. "Then the transformation to the digital world began for us in 1990 when two dumb terminals were connected to the pay system, and by 1992 we received desktop computers and eventually gained access to internal emails."

Other big changes Murphy saw during her career included the implementation of Pay Equity, which was legislated in 1999, involving the recalculation of salaries for thousands of employees; online self-service for vacation, sick and other leave in 2004; the centralization of pension services in 2009; and the introduction of pay interface and the abolition of paper pay cards in 2010.

While Murphy's coworkers will say their farewell's this week, she will continue to help facilitate department managers to fully transition into the Phoenix Pay System and won't be leaving until the end of June.



Members of the base's 16-member Compensation Team gather around Team Leader Lori Murphy (seated in the middle) for a group photo inside their office in Naden's Building 54. (Left) Donna Kerkhoven, Kim Wallace, Angela Pereira, Cincy Chartier, Lori Murphy, Janice Beljanski, Catherine Newcomb, Zeny Juhasz. [Missing: Georgina Vendersteeg, Bev Ferguson, Josie Kardum, Camile Walker, Ceclilia Wong, Lucy Quon, Faith Rowland, Soheil Habibi.] The staff will say their final goodbyes on March 31 when the centralized Phoenix Pay System is fully operational.



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WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372 melissa.atkinson@forces.gc.ca

STAFF WRITERS

250-363-3672 Rachel Lallouz rachel.lallouz@forces.gc.ca Peter Mallett 250-363-3130 peter.mallett@forces.gc.ca

PRODUCTION

250-363-8033 Carmel Ecker production@lookoutnewspaper.com Shellev Fox 250-363-8033 projects@lookoutnewspaper.com

RECEPTION 250-363-3127

ACCOUNTS/CLASSIFIEDS Heather Catte 250-363-3127 heather.catte@forces.gc.ca

SALES REPRESENTATIVES Ivan Groth 250-363-3133 ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602 joshua.buck@forces.gc.ca

EDITORIAL ADVISOR Lt(N) Nicole Murillo 250-363-4006 Sara Helmeczi 250-363-7060

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Esquimalt Parks & Rec

Lookout asked members of the Formation Compensation Team, ahead of their farewell party, to share some of their most memorable moments - the good, bad, comical or otherwise - of working for the Public Service (Read the full story about their closure on page 3)

Back in the late 90s I had taken over a co-worker's file, including a client who had an outstanding issue as he had been paid out \$800 too much. He was stressed out about it and clearly agitated. I told him to come into the office andwe would settle the matter. When he arrived, not only did he pay the debt he but had a bouquet of flowers for me, which really made my day.

Daisy the Cow

(12:30-1:30 - Island Farms)

Island Farms

Ice Cream Demo

Victoria Police

Department

Historic Car 40

Child Find BC

Celebration of Lights

(Car, Rods and Ride Show)

COUNTRYGROCE

Donna Kerkhoven



Once when I was paying out an older disgruntled client many years ago he tore a strip off me about the amount of my vacation time. Our team lead Lori Murphy heard about it and banned him from the building because of his behaviour. Eventually he returned, apologized and showed some appreciation for the work we did, and we ended up seeing the same guy in a much different light.

Catherine Newcomb



A student employee with a very bad attitude, who sounded a little bit like a Valley Girl, called and asked me to explain why she been paid during her leave of absence. I then had to explain to her that she wasn't entitled to paid leave and her next cheque would only be \$6. That didn't sit to well with her and she became even more agitated and rude. I told her I had a solution to fix the problem. "Come back to work" I said. She slammed the phone down and hung up on me.

Cindy Chartier



My friendly co-worker Cecilia Wong, who was always so upbeat we nicknamed her Mrs. Happy, would often stand up for opening colours at eight o'clock and sing the national anthem. Sometimes if we were all in a really good mood we would stand up and sing along with her.

Zeny Juhasz





Join the Conversation on Transition

The MFRC in partnership with the University of Victoria invite you to be part of this solution-focused community conversation on transitioning from the CAF to share your experiences and inform future programs and services. Help identify what has worked for people during this transition period and some of the challenges people face.



Saturday May 7, 2016 10am-2pm Chief and Petty Officers' Mess

1575 Lyall Street, Esquimalt

Register online by May 1 at esquimaltmfrc.com

Call 250-363-2640 for more information. Light refreshments and lunch included. Childcare reimbursement available on request. Presented by



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Get tinkering with the Base Auto Hobby Club

Rachel Lallouz Staff Writer

Military personnel and civilian DND employees who have a budding interest in automotive mechanics, or even fully fledged expertise in car restoration, are encouraged to become a member of the Auto Hobby Club.

Located in Work Point, building 1117, the 20-year-old club provides full automotive services for members of the DND community to work on their own cars using the tools and resources provided by the club.

"It's the best kept secret on base, but my mission has been to change that," says Club President Lieutenant (Navy) Brady Gaudet, who has seen the membership triple since the new and motivated executive team became involved one year ago, and as he sought to breathe new life into what he believes is one of the most valuable resources on the base.

With the guidance and oversight of the two Personnel Support Personnel custodian staff, Bruce Stewart and Dave Windle, working for the club, a member can work on their daily driving car, family car, or personal repair project. While no mechanics are employed at the club they certainly have a wealth of mechanical expertise and resources available for most DIY projects. Many members complete restoration work, rebuild or swap car engines, or modernize older cars to

Top Left: The auto work bay has what hobbyists need to repair and tune up their vehicles. **Left:** The tire installation and balancing machines are available for use at the shop. bring them up to present-day safety standards.

To successfully complete these tasks, the full-service club offers automotive diagnostic equipment, a large range of car manuals, three fully equipped bays with car hoists, and tire and oil recycling. Storage for 12 vehicles on the property ensures that members can leave their insured vehicles at the club for extended projects for a modest storage fee.

"We accept members with every level of automotive experience, from all trades, as long as they are part of the DND community," says Lt(N) Gaudet.

There are three levels of membership: a regular member is part of the regular force, reserve force, or is retired, and pays \$40 a year. An ordinary member is a civilian or government employee, who pays \$51 a year. An associate member can be a civilian in the Greater Victoria community, but must be sponsored by a regular member and pays \$68 annually.

In addition to the yearly membership, a member must pay an hourly fee to make use of specific tools or machines. For instance, a member would pay \$13 an hour to make use of a hoist.

"It's still a great bargain compared to what you would pay at a regular repair shop," says Lt(N) Gaudet. "Members appreciate the savings they can see and the fruition of their work. I see it as they drive away with their vehicles happy, so it's a service that I feel proud to be a part of and that I feel proud to help deliver to the Forces."

The club is open Thursday, Friday, and Monday evenings from 6 to 10 p.m., and Saturday and Sunday from 9 a.m. to 5 p.m. To register for the club or book shop time, please call 250-480-0191.

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March 29, 2016



March is Nutrition Month

Healthy Eating Challenges

Joanne Baxter Health Promotion

You have made small changes these last four weeks that add up. Time to look at what you can do in week five when presented with healthy eating challenges.

Lack of time? Eating out? Holidays? Stress? We all have challenges that can sidetrack our healthy eating plans. Here are some strategies to help your small changes stick.

Short on time? Be prepared with nourishing grab 'n' go foods, like yogurt, nuts and fruit.

• Shop for healthier conve-Eating well doesn't need to take a lot of time. A little plannience foods, such as frozen or pre-cut vegetables, plain froning helps you eat healthy, on zen fish filets, shredded cheese and canned lentils. • Stock your kitchen with

> Check out these dietitian designed strategies to help you address lifestyle challenges:

- Party time! Eat a snack before you go. You'll be less likely to overindulge when you arrive.
- Travelling? Pack healthy snacks so you don't have to buy food at the airport, train station or roadside stop.

• Family feast? Eat slowly. Savour each bite. Stop when you're satisfied, not stuffed.

Don't forget these handy Apps to help you with your eating healthy lifestyle:

- Get the Apps to help you keep your new healthy habits at www.dieticians.ca/gettheapps
- Track eating and activity on the go with eaTracker.
- Get inspired with recipe ideas from Cookspiration.
- Serve up a nutrition tip a day with eaTipster.



Winless Lady Tritons hockey team remain undeterred

another

the run:

good-for-you snacks, like veg-

gies, fruit, yogurt, cheese,

hard boiled eggs, seeds and

or chili on weekends, then take

a welcome cooking break on

• Cook once. Eat twice. Make

more food than you need for

one meal and reinvent it for

• Cook big batches of soup, stew

whole grain crackers.

busy weekdays.

Peter Mallett Staff writer

Going winless and being outscored by a 38-3 margin over four games might thoroughly discourage most hockey teams, but not the Esquimalt Lady Tritons.

Even before the Lady Tritons departed for the six-day, five team Canadian Armed Forces Women's National Hockey Championship tournament, March 19 to 24 at CFB Borden, they were well aware their prospects of collecting the tournament trophy or even registering a victory were bleak.

"Our players knew it was going to be tough going into the tournament, but despite the adversity they faced, they played with so much heart, didn't lose their cool and definitely created something to build on for next season," said acting head coach PO1 Dave Hillier.

The Lady Tritons fortunes on the ice began with an 8-1 loss to Ottawa in their opening game, followed by 8-1 to Halifax, 11-0 to CFB Borden. and an 11-1 loss to Cold Lake.

PO1 Hillier, normally an assistant coach with the team, was filling the shoes of head coach Bob Clark who was unable to attend the tournament due to work commitments. While PO1 Hillier admits the results were far less than he and the players had hoped for, he said he enjoyed the experience and would "gladly" do the job again. "If they had been making stupid plays, showed no effort and were taking dumb penalties I wouldn't want to do this again, but that certainly wasn't the case with this group," said PO1 Hillier. "I'm proud to be their coach because the players reflect the best in the military and the best in the Pacific region and their determination is remarkable.'

PO1 Hillier also praised Lady Tritons goaltenders WO Beth Lacelle of HMCS Ottawa, who played games one and three and was voted

team MVP in game one against Ottawa, and Cpl Meaghan Canning, CFB Comox, who performed admirably despite facing upwards of 30 to 40 shots on goal per game. He also credited team captain Lt(N) Malorie Aubrey of MARPAC HQ with some great play and leadership on the ice, but also some great behindthe-scenes administrative and organization work that went a long way to keep the team together as a unit throughout the season.

The results of the semifinals, final and post-tournament awards banquet were unavailable at press time, but they can be found on the CAF Sports Facebook Page.

PO1 Hillier was hopeful his team had a chance of collecting the tournament's Sportsmanship Award.

He concluded that he, coach Clark and Lt(N) Aubrey are already looking at building the team for next year, and noted all interested players of varying skill levels are welcome.



Defenceman MCpl Anita Kwasnicki (left) and MCpl Joanne Lyster at the Wurtele Arena before heading to Nationals. The Lady Tritons played in the Canadian Armed Forces Women's National Hockey Championships at CFB Borden, March 20 to 24.



March 29, 2016



Lieutenant-Colonel Maureen Wellwood escorts Defence Minister Sajjan's daughter for an incredible first-flight experience in a Robinson R-44 helicopter.



Photo Credit Yellow Drum Productions

Fly Too! an epic hands-on out- Admiral Gilles Couturier, ners from aviation, aerospace, and future women in aviation, reach event to address gender Commander Maritime Forces marine and defence. All parand cultural diversity in avia- Pacific; U.S. Consul General ticipants were able to see inside tion, aerospace, marine and Lynne Platt; and Rajiv K. aircraft engines, place rivets in defence.

er during the event, and a cat- ed NASA astronaut and U.S. astrophic windstorm that, 36 Navy helicopter pilot (Ret'd) hours prior, had demolished Wendy Lawrence; Isabelle 10,000 square feet of indoor Tremblay, Manager of the display area, The Sky's No Project and Program Portfolio Limit – Girls Fly Too! 2016 was Canadian Space Agency; and a resounding success. A testa- RCAF Colonel (Ret'd) and ment of dedication and support Aviation Hall of Fame inductee, to the advancement of women George Miller. in aviation, aerospace, marine and defence, hundreds of vol- around the Lower Mainland unteers, and agency and indus- and several remote school distry partners worked feverishly tricts attended the two-day together to re-locate the display event. A U.S. Air Force KC-135 area over to the Shell hangar in refueling aircraft from 63rd Air time for launch.

guests included The Honourable crew members on board to Judith Guichon, Lieutenant share in the fun. Governor of British Columbia; The Honourable Harjit Sajjan, Minister of National Defence; assets from the Royal Canadian Mark Warawa, Member of Navy, Royal Canadian Air Force, Parliament; The Honourable Canadian Army, Canadian Mary Polak, Minister of Coast Guard, RCMP, Cadets, Guard Director of Fleet Pacific Air Search and Rescue, plus

In total, 10,000 people from Refueling Squadron, MacDill Honoured distinguished AFB, Florida, came with 25

> Participants were able to explore aircraft and tactical



Photo credit Double Exposure Photography A young woman imagines her future as a C-130 Hercules pilot.



Canadian Coast Guard personnel share their experiences with thousands of participants over the two-day event.



The Sky's No Limit - Girls Region, Joanne McNish; Rear civilian and education part- in celebration of past, present Despite the inclement weath- India. Special VIPs also includ- craft simulators, try their hand at 3-D printing, and much more. Everyone was thrilled to learn about space first-hand from NASA astronaut Wendy Lawrence and CSA space engineer Isabelle Tremblay.

The RCMP were very popular and stole the show this year are completely free to ensure with puppies and dogs-in-training from the Lower Mainland Integrated Police Dog Service. They gave scent, obedience and suspect take-down demonstrations each day.

Free flights were available for female first-time fliers - 1,557 females of all ages were able to fly despite the fleet of nine helicopters being grounded several times to wait out the weather.

The Sky's No Limit – Girls Fly Too! events are part of an outreach initiative founded by www.girlsfly2.ca. myself, Kirsten Brazier, a B.C. pilot, in 2012. Events are held Envioronment; Canadian Coast U.S. Air Force, U.S. Navy, Civil annually during the week of International Women's Day and

aerospace, marine and defence.

Events organized by The Sky's No Limit – Girls Fly Too! Chander, Consul General of a real aircraft, fly various air- have won several international awards and have set four world precedents as the largest single outreach event of their kind.

> Events are always open to the public and families are welcome - including the guys. Thanks to the generous support of agency and industry partners, events no barriers to participation.

> After the overwhelming success and support of this year's event, I am looking forward to announcing exciting plans for year-round programs of lasting value towards real change in addressing the missing female demographic in aviation, aerospace, marine and defence. Those interested in learning more or who would like to participate in future events and activities are encouraged to visit

> > **Kirsten Brazier** Founder The Sky's No Limit - Girls Fly Too!



Hands up interpretation: I love this helicopter! I'm so going to be a Coast Guard pilot!



Photo credit Double Exposure Photography Canada's Minister of National Defence, Harjit Sajjan is proud to embrace gender and cultural diversity in the Canadian Armed Forces



Photo credit Mel Bal

The RCMP and Lower Mainland Integrated Police Dog Service stole the show with adorable puppies and delighted attendees with demonstrations of officer/canine partners-in-training.



Recent court martial results

LS Korolyk , PCC Pacific On Feb. 22-25, LS Korolyk was tried by general court martial on two charges under the National Defence Act (NDA): First charge: section

117(F) an act of a fraudulent nature not particularly specified in sections 73 to 128 of the NDA.

Second charge alternate to the first: Charge: section 129, conduct to the prejudice of good order and discipline.

The prosecution withdrew the second charge at the commencement of the proceedings.

The accused was found

under section 117(F) of the NDA. LS Komoroci - PCC Pacific On Feb. 15 and 17, LS Komoroci was tried by standing court martial on

two charges: • Charge one, under NDA section 130 and criminal code section 163.1(4), possession of child pornography.

Second charge, section NDA 130 and criminal code section 163.1(4.1), accessing child pornography.

The second charge was withdrawn by the prosecution prior to commence-

not guilty on the sole charge ment of the standing court martial.

the first charge.

sentenced LS Komoroci to six months imprisonment. In addition to a committal order, the court also made two additional orders. First, an order under section

authorizing the taking forensic DNA analysis. Second, an order under NDA to comply with the Registration Act, for a period of 10 years

Don't leave home without travel insurance

To avoid incurring out-of-pocket expenses, should you require medical treatment (including new medication) while you're away, remember to get the SISIP Travel Insurance, offered through Manulife. Plus, members of the CAF community save 10 per cent on rates.

This new product is underwritten by Manulife and offered exclusively to the CAF Community.

For most vacations, you can't get where you're going without flying, which may pose some health issues. Here are a few tips to stay well while you're in the air. Be aware of the air

Cabin pressure is particularly strong at high altitudes, resulting in less available air. It's recommended that you take long, relaxed breaths while flying to avoid the possibility of breathing becoming laboured. vein thrombosis Avoid deep Some passengers can be at risk for this condition, especially on long flights; to help guard against this, try standing up and walking for several minutes every hour or so.

Strengthen your immune system

When you're in a closed environment with dry air, as you are during a flight, illnesses can spread very easily. Avoiding foods with high sugar content can help your body fight off bacteria more effectively.

For more information, visit www.sisiptravelinsurance.ca

The accused pled guilty to

On Feb. 17 the court

196.14 of the NDA of bodily substances for section 227.02(2.1) of the Sex Offender Information



Want to get tested for sexually transmitted infections?



Regardless of whether a Canadian Armed Forces member lives in private-sector or DND housing, rental adjustments are a routine annual process.

In December of 2015, occupants of DND housing received their yearly letter from the Canadian Forces Housing Agency (CFHA) detailing their rent adjustment for fiscal year 2016.

CFHA is part of the Department of National Defence's Infrastructure and Environment family (ADM(IE)) and has been managing the housing portfolio for almost 20 years. DND recognizes the importance to members of having suitable housing; it contributes to a better quality of life and to the well-being of CAF members and their families. This vision is top of mind for CFHA in its management of over 12,000 military housing units across 25 sites, and as it applies Government of Canada housing policies and departmental regulations.

Government of Canada housing policy stipulates that Crown-owned housing must reflect local market rental values for homes of a similar size, style, condition and age. For CAF members opting to live in Crownowned housing, this means that they are provided with a housing unit at a rental cost similar to what other private-sector renters living in similar housing units in their neighborhood would pay.

To provide for a fair and consistent approach to this policy, CFHA must also utilize an annual rent adjustment process. Under this process, CFHA determines whether the rents charged for Crown-owned housing must be changed to reflect fluctuations in the local rental market. Under this system, all occupants of DND housing are subject to an adjustment process every year at the same time.

DND, like other government departments, applies the Statistics Canada Consumer Price Index (CPI) to its residential portfolio in order to determine the annual housing rent adjustments. This year's adjustment is an average 1% increase across the portfolio and still reflects the local market value in every region across the country.

That being said, under the Queen's Regulations and Orders, Volume IV, Appendix 4.1 rents (not including parking costs and utilities) cannot exceed 25% of the combined gross household income for all families living in Defence housing. More information about this benefit is available to members on DND's website and existing occupants can contact their local Housing Service Center for more information.

Another policy requires new rental rates to take effect on 1 April. This timing is in keeping with federal government business cycles. In accordance with policy and regulations, CFHA must give occupants 90 days' notice, which explains why letters are sent out in December of every year.

Military housing is an important part of the daily lives of our men and women in uniform and their families.

DND has invested over \$405 million in improvements to the portfolio over the past five years with projects ranging from minor work like furnace replacement to whole-house renovations which can include new kitchens and bathrooms. More specifically in Esquimalt, where approximately 17% of CAF members opt to live on Base, work included the replacement of exterior doors, windows, roofs, heating and ventilation systems as well as whole-house renovations.

The department, through CFHA, is committed to improving the portfolio on a continuous basis and ensuring that CAF members and their families are provided with housing that meets the needs of today and the future.

For more information on DND housing and rent adjustments, consult: forces. gc.ca/en/caf-communitysupport-services-housing/ index.page. Members and their families can also contact their local Housing Services Centre for additional information. Pacific View is an incredibly unique, walk-able, connected and adventurous place where you will enjoy panoramic views of the Straight of Juan de Fuca, City of Victoria to the majestic snow-capped sweep of the Olympic Mountains.

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11 Field Ambulance recognized



Images by Corporal Blaine Sewell, MARPAC Imaging Services

From left to right: Canadian Forces Health Services Group Chief Warrant Officer (CWO) Martin Colbert; Commanding Officer of 11 Field Ambulance, Lieutenant Colonel Heather McClelland; Canadian Forces Surgeon General, Brigadier-General Hugh MacKay; Mayor of the Municipality of Saanich, Richard Atwell; and 11 Field Ambulance Regimental Sergeant Major, CWO Maurice Chapman, meet inside Sannich Municipal Hall prior to the Freedom of the Municipality of Saanich Parade and Ceremony on March 19.



Brigadier General MacKay (right) presents the Regimental Sergeant Major of 11 Field Ambulance, CWO Maurice Chapman (left) with a certificate of recognition for his dedication to the health and welfare of Canadian Armed Forces members.



Brigadier General Hugh MacKay (left) presents the Mayor of Saanich, Richard Atwell (right) with a book during a luncheon hosted by 11 Field Ambulance at the Ashton Armory.



Brigadier General MacKay (right) presents CWO Chapman (left) with a Surgeon General's Coin during the luncheon.







AB Tierney is appointed to his current rank by PO1 Leblanc (right), Clothing Stores I/C, Base Logistics, and Cdr Watkins Base Logistics Officer.



MCpl Dugas is appointed to his current rank by Cdr Watkins.



Above: Acting Lieutenant Bryce Patey was presented with the Best Decorated Vehicle award by Capt(N) Steve Waddell, Base Commander, on behalf of the Esquimalt Celebration of Lights Committee. Also pictured are members of the platoon responsible for decorating the fire truck for the holiday parade.

> Capt(N) Steve Waddell promotes Nuclear Emergency Response Specialist Master Seaman Bradley Warford with his current rank during a visit to Base Operations.





Cpl Lisa Joseph recently received her promotion to that rank from Lt(N) Rebecca Gallant, Officer in Charge Base Orderly Room, and MWO Mark Dankwerth, Base Orderly Room Supervisor.



MWO Mark Dankwerth recently received the Red Seal Officer.



Canadians involved in the capture of the Yin Yuan were presented with the US Coast Guard Special Operations Service Ribbon for their efforts in detecting and locating the Yin Yuan. Commander Christopher Barrows, Deputy Chief of Enforcement for (USCG) District 17, Juneau, AK, and Rear Admiral (RAdm) Gilles Couturier, Commander Maritime Forces Pacific (MARPAC), presented the awards at CFB to the Physical Fitness Award for Aerobic Excellence Esquimalt. RAdm Couturier was also presented with a plaque to commemorate the collaborative effort. from Cdr Brigitte Boutin, Base Administration From left to right: Lt Karl Mueller, USCG; Frank Snelgrove, DFO; Capt Dallas Bregg; Capt Dave Howard; Lt(N) Esther Nightingale, RCN; Cdr Christopher Barrows, USCG; and RAdm Gilles Couturier.





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