

Photo by MCpl Brent Kenny, MARPAC Imaging Services

Colonel Timothy Bishop (second front right), Commanding Officer of the Canadian Armed Forces Recruiting Group, and Chief Warrant Officer Claude Dallaire (front right), pose for a group photo with members of the Canadian Armed Forces Recruiting Centre Detachment Victoria at the conclusion of the Canadian Armed Forces Enrollment Ceremony held June 23 at Royal Roads University. Enrollees are joining the Canadian Armed Forces through the Regular Officer Training Plan.



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HMCS Charlottetown deploys for overseas Mediterranean mission

DND

HMCS Charlottetown departed from Halifax June 27 as the designated forward deployed ship of the Royal Canadian Navy, replacing *HMCS Fredericton* in that role.

Fredericton has been employed on Operation Reassurance since January 2016.

Charlottetown will provide Canada the flexibility to execute a range of missions across a broad spectrum of operations in support of allied efforts in the region, including surveillance and monitoring, regional defence, diplomatic engagement, and capacity building.

The ship's mission will be the third to employ one of the Royal Canadian Navy's Enhanced Naval Boarding Parties, a specialized team that is capable of executing a full range of maritime interdiction operations. *Charlottetown's* last international deployment was in 2012, when the ship served on Operation Metric, Canada's support to enhanced security in the eastern Mediterranean region, and Operation Artemis, Canada's support to counterterrorism and maritime security in the Red Sea, the Gulf of Aden, the Gulf of Oman, and the Indian Ocean.





Photos by: Master Seaman Peter Reed Formation Imaging Services Halifax **Above:** A tender moment between a Charlottetown sailor and his children just prior to deploying for half a year. **Top right:** Family, friends and VIPs bade farewell to HMCS Charlottetown as it pulled away from the jetty and headed overseas for a six-month deployment.





Changes coming to naval schools

Lt(N) Adam Drover **CF** Naval Operations School

Due to the diverse nature of the future fleet's capabilities, tied with the complex nature of the future security environment, the Royal Canadian Navy's (RCN's) Naval Training System is in need of an overhaul.

The Future Naval Training System Strategy, released in the summer of 2015, identifies where the RCN needs to focus in order to address the capabilities of the future fleet, which are being built at Irving Shipbuilding in Halifax, N.S., and Seaspan Shipyards in Vancouver, B.C. under the National Shipbuilding Procurement Strategy.

This includes the re-configuration of training establishments in Halifax and Esquimalt into two campuses, Atlantic and Pacific, under the Naval Personnel and Training Group to meet the RCN's training requirements.

Campus Pacific will stand-up in a

ceremony July 6. This means Canadian Forces Fleet School Esquimalt and the Naval Officers Training Centre will be re-configured into Naval Fleet School Pacific and Training Development Centre Pacific.

Naval Fleet School Pacific will deliver individual training such as career courses and qualifications to sailors in Esquimalt.

The Training Development Centre Pacific will be the RCN's Centre of Excellence for engineering, damage control, command, leadership, and professional development.

Likewise in Halifax, Campus Atlantic will stand-up with a ceremony on July 15 where the Canadian Forces Naval Operations School and Canadian Forces Naval Engineering School will become NFS(A) and TDC(A).

NFS(A) will deliver individual training in Halifax, with the addition of submarine training, while TDC(A) will be the RCN's Centre of Excellence for combat, operations,

and seamanship training.

Canadian Forces Fleet School Quebec, in the heart of Quebec City on the banks of the St. Lawrence River, was renamed Naval Fleet School Quebec during a ceremony on June 29. NFS(Q) will continue its role as a training site, delivering various courses to the Naval Reserve, including the Basic Military Naval and Basic Military Officer Qualification.

Through the Centres of Excellence, training for the RCN will be modernized to harness technology-enabled learning tools and methods that will be delivered in the fleet schools and in training sites across Canada. This new training system will continue to generate combat-capable, multipurpose maritime forces to support Canada's efforts to participate in operations anywhere in the world.

More information can be obtained on the Future Naval Training System through the Naval Personnel and Training Group Headquarters.



Karen Thompson-Grieff waves farewell to her husband LCdr Donald Thompson-Grieff, Commanding Officer of HMCS Yellowknife as the ship sails past Duntze Head on its way to participate in the Rim Of The Pacific Exercise. Sailing with Yellowknife was HMCS Saskatoon.





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People Talk

WHAT SAY YOU

Lookout asked members of this year's Nijmegan MARPAC marching team what has been the most difficult part of training for the July 19 to 22 International Four Days Marches?



My feet have been plaqued with blisters that got especially bad during a recent 30-kilometre march. I had to use tape and take all sorts of precautions to care for my feet. There was one point where I thought to myself, "There is no way I can do this." But thankfully my feet have healed and toughened up.

> LS Sara MacAleese, FDU(P)

Capt John Mishrigi, 443 MH Squadron

but what was that something?

Contests were held and a plan

was developed that would see

paving stones made that were

inscribed with the hero's name,

regiment and date of the First

World War deed that earned

the Victoria Cross. They would

be provided to local councils

across the country, with pub-

lic meetings held and decisions

made about where they should

stones dedicated to recipients

born in Britain. What about

those buried in Britain, but

born elsewhere? Government

then included these, made the

But the plan only called for

be mounted.

Regardless of physical ail-

ments to your back, feet

or neck, the biggest thing

for me to overcome has

been mostly mental. That's

because, regardless of what

is hurting, at the end of the

day this march is really all

about your state of mind,

because being on this team

is really all about interact-

ing with other teammates,

marchers and spectators.

You don't want to be that

one person on the team

expressing your pain.



The biggest challenge has been juggling my schedule and commitments with the band, like playing mess dinners on Thursday evenings and then coming out to training bright and early. As a musician I need to sleep properly in order to concentrate on my work. It's normally only bad for the first part of training but then people on the team usually cheer me up and pick up my spirits fairly quickly.

> PO2 Bob Fearnley, Naden Band



Since I have two children at home, having a good home-life balance has been my biggest challenge. Juggling my job at work, the march, and then doing all the fatherly business at home adds a lot more to the day.

> MCpl Shawn Flood, Medic, CFHSvcsC



The toughest thing for me has been the mental challenge, pressure and uncertainty of competing for a spot on the team because none of us knew when we started out if we were going to make the team, and weren't selected until towards the end of the training. Having said that, it really was a great feeling to be selected.

> LS Andrew Kim, **Fleet School**

Remembering Canada's Victoria Cross and U.S. Medal of Honor Recipients from the past



Bart Armstrong Contributor

For years people across Britain complained about a burning issue that made celebrating their Victoria Cross recipients difficult.

In many cases the statue or monument honouring their brave lads was not located locally, but rather in some far off city

paving stones, and circulated or land. So they let government know this was not good enough. with instructions that local gov-Parliament agreed something ernments unveil them on the should be done at the local level, very day, 100 years after the

deed in which the battle took

Britain honours 175 foreign-born heroes

place. But another flaw was soon realized. What about all the heroes neither born nor buried there, but as equally deserving of the same honour? What about heroes from around the world such as Canada's Billy Bishop and Billy Mitchell, George Pearkes and Rowland Bourke.

The missing "few" soon morphed into at least 175 men. Research showed that men from 11 different countries now needed this same recognition. So a Bronze plaque was designed and sent to each country listing their heroes.

Then on June 21 of this year, Britain's Foreign and Commonwealth office unveiled the next part of the overall memorial to these Great War recipients. It is a searchable digital archive that lists most of the foreign born recipients by country. Clicking on links takes you to a landing page bio, image and citation for each recipient. There is also a description of the overall program at the site and a short video clip.

I encourage readers to visit this site. It is at www.gov.uk/government/news/britain-honoursoverseas-heroes-from-the-firstworld-war

More on this and many others stories can be read at www.canadianmedalofhonor.com.



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CORRECTION:

Just a quick observation with the picture of Yellowknife on page 15 Lookout paper, lower right Issue 15. The caption reads "The Canadian flag is seen blowing in the brisk wind onboard Yellowknife's sister ships." Correct if you are speaking of a flag flying on land, but this being a ship (or MCD Vessel) in "Naval Dockyard" it should read "The Canadian Naval Jack", all in keeping with Royal Canadian Navy "customs and traditions".

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Weapons Engineering Softball Tournament rallies for a good cause

Rachel Lallouz Staff Writer

Now in its fourth year, the annual Weapons Engineering Softball Tournament on July 13 will see 11 teams totalling 130 Weapons Engineering division members go head-to-head to take the title.

A charity barbecue, organized by Petty Officer Second Class Geoff Vaincourt and Petty Officer First Class Rose Barnett, will be held just before noon. Attendees should bring cash to purchase a burger and a drink, as all food donations will be given to the David Barber Charitable Foundation, one of the official ship charities of *HMCS Regina*.

The charity originated with the loss of fire control technician Dave Barber to leukemia in 1999.

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"It's going to be a fun day for my trade to enjoy the sun, bond over sports, and help lend a hand to a very important charity – all while strengthening the morale of our particular division," says PO2 Corey O'Neil, Fire Control Technician at the Fleet Maintenance Facility, engineering division.

The tournament begins at 9 a.m. at the Colville ball diamond with the final round starting at 3 p.m. Though only Weapons Engineering division members are eligible to compete, the division is actively encouraging supporters and cheerleaders to make themselves comfortable on the bleachers.

"This year, we are really focusing on encouraging everyone to come out, meet people in our trade, and support a good cause," says PO2 O'Neil.



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SHAKESPEARE re-imagined with **a military twist**

Rachel Lallouz Staff Writer

The Vancouver Island's Shakespeare Arts Society's latest productions "Othello" and "Much Ado About Nothing" have been re-imagined to take place in the peacekeeping era, and the production has borrowed military uniforms, artefacts, and vehicles from the Ashton Armoury Museum to add authenticity to the sets and performers.

"We wanted to make sure we were as authentic as possible in depicting the history behind our ideas for the plays," says Steve Duck, the Society's Executive Director. "We are dedicating the season to Canadian peacekeepers past present and future

Eric Coching

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'walking the line' around the world." The plays alternate each

weeknight until Aug, 6, at 7 p.m., excluding Mondays, at the Fisherman's Wharf Park in James Bay.

"Othello," Shakespeare's tragedy revolving around a general in the Venetian army, has been set in wartorn Cyprus during the 1960s. In this play, the Armoury donated military uniforms for Othello and his loyal senior officer, Cassio, as well as real rank badges and insignia. A United Nations jeep loaned by the museum – one which actually saw battle in Cyprus – will be on static display near the stage, and may drive Othello to the stage for his entry.

The quasi-romantic comedy "Much Ado About

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Nothing", centering around characters Benedick, Beatrice, and Claudio, is set during the 1990s in Messina, Sicily. Characters in the play represent soldiers returning from war, though no specific war is identified in the play. The museum has lent two uniform battle dress jackets and a bush shirt worn by Canadian military members during the Cyprus era to fit the chara cters of Claudio, Benedick and Don Pedro.

"Part of the mandate of the museum is to put forth Armoury items and their

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history to the general public, so we like to support community events like this," says Commander (Retired) Al Horner, Vehicle Curator at the Ashton Armoury Museum.

Tickets for the plays are \$29 for adults, and \$25 for seniors, students, or those who travel via bike or public transit to the play. They can be purchased at www.victoriatickets.ca, as well as at the Victoria Visitor Centre at 810 Wharf Street, and in person on show nights at Fisherman's Wharf Park, 30 Eerie Street.

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A United Nations jeep, once used in Cyprus, has been loaned to the the Vancouver Island Shakespeare Arts Society for use in the play "Othello".



Two actors in "Othello" pose for a picture during rehearsal. They are wearing uniforms on loan from the Ashton Armoury Museum.



Peter Mallett Staff Writer

Personnel from the 5^{th} (B.C.) Field Artillery Regiment have conquered one of the toughest endurance events in the world.

Ten reservists tackled the Tough Mudder at Whistler Olympic Park on June 18, with everyone completing the 19-kilometre 20 obstacle course.

"We all started as a group and finished as a group,' said Team Leader, OCdt Chris Life. "Everyone in our unit was in good enough shape that there was nobody lagging behind or slowing us down. Everyone worked hard and stuck together."

On average, Tough Mudder events have a 78 per cent completion rate.

The mud and obstacle course is designed to drag a person out of his or her comfort zone by testing physical strength, stamina, and mental grit. There are no podiums, winners, or clocks to race against; so it's not about how fast a person can cross the finish line. Rather, it's a challenge that emphasizes teamwork, and camaraderie.

We all started as a group and finished as a group. Everyone worked hard and stuck together.

OCdt Chris Life Team Leader

"The course was long and physically demanding, and completing it forced people to work harder than they normally would, and pull together as a team, and brought out a strong core dependency," said OCdt Life, also a software engineering student at the University of Victoria who has participated in three previous Tough Mudder events. "It goes beyond standard military training, and soldiers working with other soldiers, because civilians were also involved in helping us complete the course."

One obstacle that OCdt Life said was particularly challenging was the Pyramid Scheme. It required teams to climb over a giant man-made incline by forming a human pyramid. The large mound of bodies kneeling on top of each other's backs enabled the person at the top to climb over the incline. Meanwhile those at the top pitched in to pull them over the incline and make sure everyone completed the course.

The reservists were greeted with cool windy weather conditions when they set out at 10:15 a.m. followed by steady rain that fell about an hour before they completed their four-hour odyssey.

"We were all pretty exhausted and cold when it was over, but happy to

be done, and proud of what we had accomplished. So that outweighed the chills and the soreness," concluded OCdt Life.



LUNCH BUFFET



Members of 5th (B.C.) Field Artillery Regiment navigate the Electroshock Therapy obstacle during the Tough Mudder event at Whistler Olympic Park on June 18.



Photo by Bdr Choi, 15 (B.C.) Field Artillery Regiment



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On June 27, PSP Community Recreation hosted the 4th Annual Base Commander's Golf Tournament at Olympic View Golf Course. The event was a success with over 101 golfers registered for both the 4 person scramble and individual stroke play. Big thanks to our Sponsors Royal Roads, Hotel Grand Pacific, Babcock Canada and Seaspan Victoria Shipyard.

RESULTS:

Individual Stroke Play Winner - Matt Campbell

4 person Scramble Team Winners - Kevin Dey, Rich Pendelbury, Morgan Legh, Chris Cassanova

4 person Scramble Team Second Place - Mike Deschamps, Rick Edestand. Doug McCarthy, Martin Truchon

Closest Pin Men's - David Ramalho

Closest Pin Women's - Ursula Mjolsness

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Tritons knock out opponent

Peter Mallett Staff Writer

The Esquimalt Mens Tritons earned a spot on the Canadian Armed Forces National Ball Hockey Championship roster in Ontario after a convincing regional qualifying victory over the Comox Flyers.

Tritons swept the Totems to defeat in the best-of-three series at Wurtele Arena June 20 and 21.

They outscored their Royal Canadian Air Force opposition by a total margin of 15-0. With the victory the Esquimalt team now moves on to the national play at CFB Borden, July 23 to 28.

"Our game plan was fairly simple; we just wanted to take away their time and space. So as soon as they got possession we had a man on them trying to force them to cough it up," said Tritons player-coach, MS John Helpard, of HMCS Ottawa.

The Tritons registered an 8-0 victory in Game 1 followed by a 7-0 result in Game 2 and outgunned their opponents in shotson-goal by a 96-17 margin over two games, which consisted of two 20-minute periods each played on a defrosted concrete playing surface.

Forward, LS Derek Cheetham, also with Ottawa, was named Game 2 Player of The Game for the Tritons; Defenceman LS Keelan Cook captured Game 1 Player of The Game honours and was also named the tournament's overall MVP.

just doing my usual job of getting the ball to our forwards so they can score goals," said LS Cook, an instructor with Fleet School. 21 at Wurtele Arena.

"The opposition fought hard right until the final buzzer, and it really takes a lot of determination to do that when things aren't going your way."

MS Helpard says the likelihood of getting all of his players released to participate will make their overall goal of a national championship doable.

"The Tritons never made it to the [ball hockey] championship game; it's always been our goal," said MS Helpard. "I have been involved with the team for eight years and this is the first time I can remember that RIMPAC and other exercises have not put a damper on our availability. We have all the players around this year that we need to be successful."



Peter Mallett, Lookout

"It's great to be recognized but really I was The referee gets ready to drop the puck at the Pacific Regional Ball Hockey Qualifying Tournament June

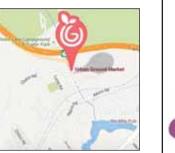


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Jeff Krieger, a Nuisance Wildlife Technician, with his dog Pixie, has been hired to help keep Canadian geese off the grass in Work Point.

GEESE BE GONE

Lorraine Crinkley Formation Environment Office

Impacts from non-migratory resident Canada geese can be observed all over CFB Esquimalt and include the degradation of lawn and sports fields, large amounts of fecal matter, and during breeding season goose aggression.

Conflicts between geese and base activities are an ongoing issue at CFB Esquimalt's Work Point property. Large goose numbers have caused training areas and playing fields to be unusable due to excessive pitting from grubbing. (eating down into the sand layer), and excessive fecal matter. Walkways, parking lots and stairs also become covered in feces which make them slippery and unsightly.

The ocean side Work Point property is an ideal location for non-migratory resident Canada geese. It provides large open green spaces for geese to forage and rest. Work Point is also a fairly quiet site, especially outside of regular business hours – this means geese are not disturbed or feel pressured by the presence of people or dogs, and that creates a safe haven.

In the fall of 2015 staff from the Naval Officer Training Centre (NOTC) began completing daily goose observations at Work Point and documented the location, number of geese, and their behaviour. These observations were collected to establish baseline data on the population. Formation Safety and Environment (FSE) subsequently hired EBB Consulting Inc. to complete an assessment of the population at Work Point and provide recommendations to mitigate impacts and reduce conflicts.

Using the observational data collected, EBB Consulting was able to determine that during the winter months, daily goose numbers at Work Point was consistent with 30 to 40 individuals. EBB Consulting recommended trialing techniques such as dog hazing, installing barriers and fences, re-landscaping to include trees and shrubbery, and temporary flagging to disrupt flight paths, as well as changing grass type to a less palatable species.

FSE plans to trial some of these goose deterrent efforts at the Work Point property over the summer, and have already begun to implement some changes. They have worked with NOTC workers and Real Property Operations Section (RP Ops) to install some fencing around the Gunroom lawn to deter geese from walking into the area from the water. Geese love open areas where visibility is good; fencing acts to break up open areas making it less appealing and accessible. FSE has hired wildlife consultant Jeff Krieger from Alternative Wildlife Solutions, who specializes in humane wildlife management, to conduct a dog hazing trial at Work Point. Krieger is accompanied by his Jack Russel Terrier "Pixie" who wears a blue vest and a bell on her collar. Pixie is very fast, so her bell alerts geese that she is present and affords them a little extra time to flee the area.

The key to successfully deterring geese is variability in the methods, and using multiple methods in conjunction with each other. Geese are easily habituated, and can quickly become un-phased by familiar pressure tactics. For this reason, Krieger and Pixie are currently hazing the Work Point site several times a day at everchanging times. Dog hazing combined with the addition of fencing appears to be making the area less desirable as goose numbers have already decreased noticeably. The dry summer weather and browning of the lawn areas may also be making the area less enticing.

FSE and RP Ops are also looking at implementing some long-term deterring techniques that were recommended by EBB Consulting including planting trees, landscaping, permanent fencing and changing the grass to a less palatable species. The challenge will be to find the right combination of efforts that can be sustained long term.

Pixie stands on the Work Point outcropping of rocks, eager to chase off Canadian geese.



Sonya Chwyl MARPAC PA Office

Not many summer jobs give university students the chance to gain hands-on experience in their field, and even fewer provide the opportunity to travel while doing it.

That's what makes the Naval Personnel and Training Group's (NPTG) On the Job Experience (OJE) program such a great opportunity.

This summer, the OJE program has given a number of Royal Military College Naval Cadets the chance to live and work on board military ships for the first time. Twelve of them are spending the summer with the United States Navy on some of the most advanced warships in the world, including guided missile destroyers.

"It's hard not to be jealous of these cadets," said Lieutenant(Navy) Charlotte Farish, the OJE Program Coordinator. "I think they're going to have such an amazing summer."

Five Naval Cadets have joined the United States Ships (USS) Stockdale, Spruance, Chung-Hoon, and Mobile Bay. They'll be on board for a month and a half, working alongside the American crew.

Another group of seven have joined the USS San Diego, where they'll stay for about a month and get to participate in RIMPAC, the world's largest international maritime exercise.

The cadets are already hard at work orienting themselves on the ship and learning the basics of damage control and firefighting. After that, they'll be able to carry out basic officer tasks, such as standing watch on the bridge

For the cadets, it's an opportunity to learn the traditions and practices of one of Canada's greatest naval allies.

"They're working on major warships that are heavily armed—just phenomenal ships," said Lt(N) Farish. "They're going to have so much fun sailing on them." The time they spend on the water will go towards their sea service insignia.

While this is the first year of the NPTG's OJE program, Lt(N) Farish says it's already been a resounding success.

"We started out with about 150 people, but as the program gained interest and traction we were able to expand it even further."

This summer, a total of 173 cadets will participate in the program.

According to Lt(N) Farish, the program is so desirable that one cadet even withdrew his transfer to a different trade in order to be able to participate in the program.

"When they finish the program, they'll be able to tell other cadets in the army and air force about the opportunities we're offering," said Lt(N) Farish. "This is such an awesome program, and they'll come away from it with tons of experience – not to mention bragging rights."

Naval Cadet Alek Robaczewski on the bridge wing of USS Stockdale in the Philippine Sea.

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Ship building tradition continues with HMCS Harry DeWolf

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In early June at Irving Shipbuilding's facility in Halifax, Rear-Admiral John Newton, Commander Joint Task Force Atlantic and Commander Maritime Forces Atlantic, along with Kevin McCoy, President of Irving Shipbuilding, and Chief Petty Officer First Class Pierre Auger, Formation Chief, attended a coin placement ceremony for the future *HMCS Harry DeWolf*, the lead ship in the class.

The coin placement is a shipbuilder and naval tradition where a newly minted coin is placed on the ship's structure to bring luck to the vessel and crew for the life of the ship. The coin was placed by Carl Risser who, with 46 years of shipbuilding experience at Irving Shipbuilding, declared the keel as "well and truly laid." The ceremony was attended by representatives of the Arctic and Offshore Patrol Ships (AOPS) project office, as well as Irving Shipbuilding employees, and marks another milestone in the ongoing construction of Harry DeWolf.

The Royal Canadian Navy (RCN) is anticipating the delivery of *Harry DeWolf*, the first of the Harry DeWolf-class AOPS, in 2018. The ship is named after Vice-Admiral Harry DeWolf, a widely-respected officer who served with distinction in the Second World War and later

rose to be Chief of the Naval Staff in the late 1950s.

- The Harry DeWolf Class will be capable of:
- armed sea-borne surveillance of Canada's waters, including the Arctic;
- providing government situational awareness of activities and events in these regions; and
- cooperating with other partners in the Canadian Armed Forces and other government departments to assert and enforce Canadian sovereignty, when and where necessary.

The Harry DeWolf Class will provide the RCN with the ability to operate much further north on a sustained basis into the Canadian Arctic and will allow the RCN to continue, and indeed increase, its close Arctic collaboration with the Canadian Coast Guard, as well as other governmental departments and international allies, while continuing to build the RCN's own Arctic sea-going competencies.

With their robust sealift and utility capability, the Harry DeWolf Class will also be extremely useful throughout the non-navigable Arctic seasons in carrying out a variety of missions and tasks such as humanitarian assistance, disaster relief, or support to remote communities wherever they may be operating.



Kevin McKoy, Co-Chief Executive Officer of Irving Shipbuilding, Carl Risser (46 years of service with Irving), Rear-Admiral Newton, Commander Maritime Forces Atlantic, and CPO1 Pierre Auger, Formation Chief Petty Officer, at the coin placement ceremony.



Coast Capital Realty

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MARPAC HQ

Two awards ceremonies were held at the Maritime Forces Pacific Headquarters.



Master Corporal Brent Kenny is promoted to his current rank by Lieutenant-Commander Jonathan Audy.



Sub-Lieutenant (Navy) Alexander Johnston is promoted to his current rank by LCdr Audy and Bruce Nelms.



Chief Petty Officer Second Class Paul Desrochers is promoted to his current rank by LCdr Audy.





Lieutenant-Commander Colleen O'Brien presents MS Margarita Maugile with a United States Navy Meritorious Unit Commendation which was presented to the crew of HMCS Toronto for their work on Combined Task Force-150.



LCdr O'Brien presents Master Corporal Derek Scott with his Canadian Forces Decoration.



LCdr O'Brien presents Captain Douglas Thurber with his Canadian Forces Decoration First Clasp for 22 years of service.



LCdr O'Brien presents Lieutenant(Navy) Paul LePrieur with his Gold Sea Service Insignia badge.

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