

CFB Esquimalt

CANEX Facebook

Check back often for ongoing promotions, contests, events, new products and sales.

Nous orons des nouveautés tous les jours: promotions et concours, événements, nouveaux produits et soldes.

"like" us to stay in touch!
 aimez-nous et restez informés!

www.canex.ca

Volume 61 Number 41 | October 11, 2016

LOOKOUT

MARPAC NEWS CFB Esquimalt, Victoria, B.C

newspaper.com



Nick Wise & Daniel Ross
 250-590-0790 • newportrealty.com
 Proudly serving Esquimalt & Vic West



Photo by Corporal Neil Clarkson, 14 Wing Imaging, Greenwood, Nova Scotia

HMCS Shawinigan requires the muscle power of Leading Seaman Paul Poirier to clear the ice-covered deck as the ship transits through the chilly Lancaster Sound, Nunavut, during Operation Limpid. Operation Limpid is the routine domestic surveillance of Canadian air, maritime, land, space, and cyber domains as well as presence in Canada's aerial, maritime and land approaches. These activities seek to detect, deter, prevent, pre-empt and defeat threats aimed at Canada or Canadian interests. The operation conducts surveillance of key areas of jurisdiction with efforts concentrated on those areas where Canada's interests are most likely to be challenged.



2 BURLEY MEN
 MOVING Ltd.

www.2BurleyMen.com

FREE DELIVERY • BOXES & SUPPLIES

**10%
 OFF
 FOR
 DND**

BURLEY CLEANING

A Division of 2 Burley Men Moving Ltd.

778-430-0303

RESIDENTIAL • CONSTRUCTION • COMMERCIAL

www.burleycleaning.ca

We give Military Discounts



SAVAGE CYCLES
Vancouver Island's only
DUCATI & TRIUMPH dealer

2956 Westshore Parkway • www.savagecycles.ca • 250-475-8885



CALL US TODAY. 250.380.1602 www.seaspan.com

seaspan
VICTORIA SHIPYARDS

How can you support

Habitat for Humanity Victoria?



ReStore

10% DND Discount with ID & coupon

• SHOP • DONATE • VOLUNTEER

849 Orono Avenue, Langford
250-386-7867 • restore@habitatvictoria.com
331H Oak Street, Victoria
(250) 386-7867 • restore@habitatvictoria.com

We specialize in caring for all your Vision needs



- Accepting New Patients
- Military Discount
- Direct Billing

Admirals Walk
OPTOMETRY CLINIC

Dr. Rachel Rushforth and Dr. Nicki Hewitt
NEAR BASE
106-1505 ADMIRALS ROAD
(250) 995-0449



Photo by Peter Mallett, Lookout Newspaper

Vice-Admiral Ron Lloyd met with submariners, members of the Fleet Maintenance Facility Cape Breton, and Babcock Canada during a town hall in dockyard's Submarine Shore Office, Sept. 30.

Vice-Admiral Lloyd speaks to submariners

Peter Mallett
Staff Writer

Vice-Admiral Ron Lloyd thanked submariners and support staff at Maritime Forces Pacific for their efforts getting HMCS *Chicoutimi* operationally ready during his visit to CFB Esquimalt.

The 35th Commander of the Royal Canadian Navy addressed submariners

and members of Fleet Maintenance Facility and Babcock Canada at the Submarine Shore Office in dockyard on the morning of Sept. 30.

"I'm looking forward to *Chicoutimi* ramping up and deploying," said VAdm Lloyd. "You and all Canadians should be very proud of what this submarine can do, and what a great job each and every

one of you has been doing to get her operational again."

In his opening remarks VAdm Lloyd fondly recalled his days in Esquimalt, between March 2009 and July 2010, when he was Commander Canadian Fleet Pacific. He was promoted to his current rank as Commander of the Royal Canadian Navy June 23, replacing Vice-

Admiral Mark Norman who moved on to become Vice Chief of Defence Staff.

Following his address he held a mini town hall fielding questions from the audience.

After his meeting with the submariners, VAdm Lloyd attended the Depart With Dignity Ceremony at the Wardroom for VAdm Robert Davidson.

MF RC
ESQUIMALT

Consider giving back by pledging all or part of your GCWCC donation to the MFRC.

Charitable Reg. #: 13807 0578 RR0001

AFFORDABLE OFF BASE LIVING!
Bachelors, One Bedrooms, Two bedrooms, & Three Bedrooms available

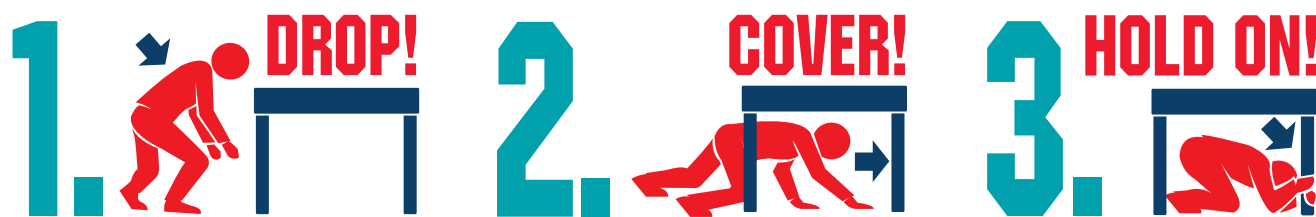
ASK ABOUT OUR MOVE IN DISCOUNT!

250.381.5084 CAPRENT.COM



CAPRENT

Get ready for the GREAT BC SHAKEOUT



Base Operations

Get ready to “drop, cover and hold on” during the Great British Columbia Shakeout on Oct. 20.

Everyone in Maritime Forces Pacific, whether civilian or military, will participate in Exercise Shakeout.

At 10:20 a.m. people can expect to see flash messages, mass emails and hear the Mass Notification System (MNS) announcing the exercise start.

Once the alarm is sent, everyone will drop, cover, and hold on as if there were a major earthquake occurring at that very moment, and stay in this position for at least 60 seconds.

- **DROP** to the ground (before the earthquake drops you!);
- Take **COVER** by getting under a sturdy desk or table, and;
- **HOLD ON** to it until the shaking stops.

Do not run to another room, just to get under a table. If there isn't a table or desk near you, drop to the ground in an inside corner of the building and cover your head and neck with your hands and arms.

Earthquakes occur without warning and may be so violent you cannot run or crawl; you will most likely be knocked to the ground, so protect yourself.

After 60 seconds everyone will evacuate their workplace and muster at

the designated muster area for each building, bringing their personal emergency kits with them. From there, the most senior leader will assume control, and lead all assembled personnel to the applicable Disaster Response Boxes (E-Boxes).

Once at the E-Box you will be split into groups based on First Aid qualifications and whether you have taken the four-day Basic Urban Search and Rescue (USAR) Course. The Base USAR Team will provide a brief on the roles and responsibilities and will have some minor tasks for you to perform specific to each E-Box location.

“This is an excellent time to ask questions and find out how you can help during an emergency by performing activities such as helping search for survivors, providing first aid, being an information recorder, and preparing the emergency ration packs, for example,” says Lieutenant-Commander Bill Ansell, Base Operations Officer. “Also, use this as an opportunity to ask questions about how you will find out if there is a Tsunami warning, how much time do you have to evacuate, and where the Tsunami evacuation routes are located.”

This is also an opportunity to confirm all 72-hour emergency kits are complete and up-to-date.

This year, over 740,000 British Columbians will take part in the Great Shakeout

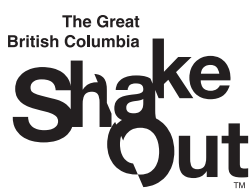
The Shakeout has been organized to help individuals, communities, schools, and organizations review and update emergency preparedness plans and supplies.

Earthquake Drills with over 23 million people participating worldwide.

At CFB Esquimalt, Base Operations will coordinate the exercise from the Base Emergency Operations Centre located in the Base Fire Hall. Exercise Shakeout activities will conclude by noon.

The Shakeout has been organized to help individuals, communities, schools, and organizations review and update emergency preparedness plans and supplies. It's also a great opportunity to secure your workspace in order to prevent damage and injuries as studies indicate that you are much more likely to be injured by falling or flying objects (TVs, lamps, glass, bookcases, etc.) than to die in a collapsed building.

Drop, Cover, and Hold On offers the best overall level of protection in most situations.



We are opening new stores
CALLING ALL
STORE MANAGERS
GROCERY MANAGERS
FRESH DEPARTMENT MANAGERS
FRESH DEPARTMENT SPECIALISTS

Positions and opportunities at all Quality Foods locations

Earn \$60,000, 80,000, 100,000 or more annually!
Excellent Bonus Package

All benefits are 100% company paid.

- Life insurance for you and your dependents!
- Long Term disability - tax free!
- Accidental death coverage
- Extended health and 100% basic dental care
- 100% Coverage for Prescription Drugs
- Group retirement savings plan - all paid by QF!
- Grocery rebate • warehouse shopping and much more!

Interested in hearing more? LETS TALK!

Apply to quality@qualityfoods.com
"Management Opportunities" in the subject line.

Quality Foods
an Island Original.

2015 BEST MANAGED COMPANIES Platinum member

It's time to book your Christmas Parties and Functions!

New Asian Village
Ultimate in East Indian Cuisine

Order Online at
newasianvillage.com/victoria

10% OFF
Grand Lunch and Dinner Buffet with this coupon.
Must redeem coupon. Cannot be combined with other offers. Offer expires October 15, 2016

\$15 OFF
Buy 1 Entrée and 2 Beverages and receive the 2nd Entrée at \$15 OFF.
Must redeem coupon. Cannot be combined with other offers. Offer expires October 15, 2016

We now have a chocolate fountain!

Visit us & Enter to win a trip for 2 to India!

VICTORIA'S BIGGEST SELECTION OF BEERS FROM AROUND THE WORLD

1245 Wharf St 250.381.8181
newasianvillage.com/victoria

NOW DELIVERING TO BASE

For more information, and useful links about emergency preparedness visit

www.shakeoutbc.ca

matters of OPINION

WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372
melissa.atkinson@forces.gc.ca

STAFF WRITERS

Peter Mallett 250-363-3130
peter.mallett@forces.gc.ca

PRODUCTION

Shelley Fox 250-363-8033
projects@lookoutnewspaper.com
Teresa Laird 250-363-8033
production@lookoutnewspaper.com
Bill Cochrane 250-363-8033
workstation3@lookoutnewspaper.com

ACCOUNTS/CLASSIFIEDS/RECEPTION

Mary Lou Climenhaga 250-363-3127
Mary.Climenhaga@forces.gc.ca

SALES REPRESENTATIVES

Ivan Groth 250-363-3133
ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602
joshua.buck@forces.gc.ca

EDITORIAL ADVISOR

Lt(N) Nicole Murillo 250-363-4006
Sara Helmecci 250-363-7060

Published each Monday, under the authority of
Capt(N) Steve Waddell, Base Commander.

Le LOOKOUT est publié tous les lundis,
sous l'égide du Capt(N) Steve Waddell,
Commandant de la Base.

The editor reserves the right to edit, abridge
or reject copy or advertising to adhere to
policy as outlined in PSP Policy Manual. Views
and opinions expressed are not necessarily
those of the Department of National Defence.

Le Rédacteur se réserve le droit de modifier,
de condenser ou de rejeter les articles,
photographies, ou annonces publicitaires
pour adhérer Manuel des politiques des PSP.
Les opinions et annonces exprimées dans le
journal ne reflètent pas nécessairement le
point de vue du MDN.

LOOKOUT
NEWSPAPER

Circulation - 3,800
plus 1,000 pdf downloads per week

One year subscription - \$66.94

Six month subscription - \$33.47

Prices include tax.

A Division of Personnel Support Programs
CFB Esquimalt, PO Box 17000 Stn. Forces,
Victoria, BC V9A 7N2

Web: www.lookoutnewspaper.com

Fax: 250-363-3015

Canadian Mail Product Sales Agreement 40063331



WHAT SAY YOU

People Talk

Lookout asked Port Operations and Emergency Services Branch personnel:
What is the favourite part of your job and why?



It's the diversity of the organization, the level of professionalism and I just plain love riding in the fire engines and the tug boats.

**CPO2 John Haggis,
Branch Chief**



I'm from a military environment and this unit has diversity of employees with many different skill sets and job descriptions that are completely different from many other units.

**SLt Yuna Hur,
POESB Supply Officer
and Business Manager**



I enjoy everything about this job because our organization always seem to make a bad day better for so many people when we are out on the base responding to calls. We are always ready to go on call in any situation because our bread and butter is really all about supporting the navy.

**Steve Mullen,
Base Fire Chief**



I work on the tractor tug that is used to tow frigates around the harbour and I love being on the water and working outdoors in all types of weather conditions because it is a healthy way to live.

**Ryan Simmonds,
Queen's Harbour
Master Deck Hand**

WHAT SAY WE

World Series **SPORTS** trivia by Stephen Stone & Tom Thomson

Questions

1. What year was the first World Series of the modern era held?
2. Which teams played?
3. What feat in the 1956 World Series may be equalled but will never be beaten?
4. Which player has won the most World Series championships?
5. Which player has won the second most championships?
6. What remarkable feat did Reggie Jackson of the New York Yankees accomplish in the 1977 World Series?
7. Who was the first player to hit three home runs in a single World Series game?
8. In the fifth inning of game three of the 1932 Series, what did Babe do?
9. Who is the only player to hit a come-from-behind home run in the bottom of the ninth inning in a World Series?
10. Who hit the World Series winning home run for the Pittsburgh Pirates in 1960?
11. What member of the Cleveland Indians accomplished a baseball rarity in the 1920 World Series?
12. Two other remarkable events also occurred in the same game. What were they?

where he would hit the next pitch off Chicago Cubs pitcher Charlie Root. The home run was estimated to have travelled over 500 feet. Joe Carter, Toronto Blue Jays – 1993. Carter's three-run shot beat the Philadelphia Phillies 8-6 to win the Series 4-2 and give the Blue Jays their second consecutive World Series title.

10. Second baseman Bill Mazeroski hit the blast in the bottom of the ninth inning off Yankees pitcher Ralph Terry to break a 9-9 tie game. It was the first time a home run ended the seventh game of a World Series. In game five, second baseman Bill Wambsgass made an unassisted triple play. Statistically, an unassisted triple play is rarer than a perfect game.

12. Cleveland's Elmer Smith hit the first World Series grand slam home run and the Indians' Jim Bagby Sr. hit the first World Series home run by a pitcher.

1. 1903 The Boston Americans (later Red Sox) beat the Pittsburgh Pirates 5-3 in a best of nine series.

3. Don Larsen of the New York Yankees pitched the first, and so far only, perfect game in World Series history. In game five he struck out pinch hitter Dale Mitchell of the Brooklyn Dodgers with his 97th pitch for the 27th consecutive out.

4. Yogi Berra, New York Yankees – ten (1946-1965).

5. Joe DiMaggio, New York Yankees – nine (1936-1951).

6. In game six of the Series, Jackson hit three home runs on the first pitch off three different Los Angeles Dodgers pitchers.

7. Babe Ruth, New York Yankees – 1926. Ruth did it again in 1928 and is the only player to accomplish the feat twice.

8. Babe Ruth pointed to the centre field bleachers supposedly calling

Answers

**SHARE
OUR POSTS**

**HELP US
GROW**

facebook.com/
LookoutNewspaper
NavyNews/

Drive away today

GALAXY MOTORS

GET FINANCING NOW!

DND-MILITARY DISCOUNT PROGRAM*

\$750

* Not to be combined with any other offer. Present this ad & military ID to qualify.

VICTORIA MEGA CENTRE • (250) 478-7603
1772 Old Island Hwy, Victoria, BC

TRACKSIDE AUTO SERVICE LTD.

A FULL SERVICE AUTO REPAIR FACILITY

✓ Induction & Fuel Injection Service
✓ Out of Province Inspection
✓ Diesel Fuel Service
✓ Brake service

✓ Oil service
✓ Electrical
✓ Exhaust
✓ Tires

Winner "2014 2nd PLACE" BEST OF THE CITY AWARDS Black Press

Castrol

WALKER

HANKOOK

Ask about BG Protection Plan*

Where Dependability and Trust are a Priority...

784 Fairview Rd. • 250-383-5509 • tracksideautoservice.ca

* under 80,000 km



Don't Wait

CHECK
the date!




REPLACE SMOKE ALARMS EVERY 10 YEARS

**FIRE PREVENTION WEEK
OCTOBER 9–15, 2016**

firepreventionweek.org

©NFPA 2016. Sparky® is a trademark of the NFPA®

Every smoke alarm has an expiration date.

What's yours?

Does your home have a smoke alarm? According to the National Fire Protection Association (NFPA), the answer is likely yes. NFPA research shows that most Canadian homes have at least one. But do you know *how old* your smoke alarms are? If you're like most people, you're probably not so sure.

To find out how old your smoke alarm is and its expiration date, simply look on the back of the alarm where the date of manufacture is marked. The smoke alarm should be replaced 10 years from that date (not the date of purchase). The CFB Esquimalt Fire Department also says smoke alarms should be tested monthly, and that batteries should be replaced once a year or when they begin to chirp, signaling they're running low.

1

Remove the smoke alarm from the wall or ceiling.



October 6, 2016



2

Look at the back of the alarm for the date of manufacture.

3

Smoke alarms should be replaced 10 years from the date of manufacture.



4

Put the alarm back on the ceiling or wall if it is less than 10 years old.

For more information on smoke alarms and Fire Prevention Week, visit www.firepreventionweek.org.

Victoria's #1 GM Volume Retailer!

"We at Wheaton GM deliver professional service and provide our customers with ALL the information to make an Informed Intelligent Decision."

Your #1 Destination for Customer Satisfaction!

Largest Selection of
**PREOWNED PREMIUM
CERTIFIED VEHICLES**

WHEATON COLLISION FULLY ACCREDITED COLLISION REPAIR FACILITY
We Repair All Makes and Models
• Lifetime Guarantee on All Repairs • Courtesy Cars Available

**QUICK LUBE NO APPOINTMENT
NECESSARY!**

Wheaton is turning up the heat with better than employee prices!

Victoria's #1 STOP FOR TRUCKS!

VICTORIA'S LARGEST TRUCK SELECTION BLOW OUT

2016 GMC SIERRA 1500 DOUBLE CAB 4X4 FULLY EQUIPPED SAVE \$10,330 NOW \$35,025 <small>Plus up to additional \$2500 in after tax available! STK. # 16Y9248 MSRP \$45,355</small>	2016 GMC SIERRA 2500 DBL CAB 4X4 DURAMAX DIESEL, ALLISON TRANSMISSION, FULLY EQUIPPED SAVE \$15,708 NOW \$57,727 <small>Plus up to additional \$2500 in after tax available! STK. # 16Y9986 MSRP \$73,435</small>	2016 CHEVROLET SILVERADO 1500 CREW 4X4 5.3L V8, FULLY EQUIPPED SAVE \$10,421 NOW \$43,714 <small>Plus up to additional \$2500 in after tax available! STK. # 16S4828 MSRP \$54,135</small>
2016 CHEVROLET SILVERADO 2500 HD DBL CAB 5.3L GAS FULLY EQUIPPED, PLUS NO TRAILERING FEE! SAVE \$13,213 NOW \$38,177 <small>Plus up to additional \$2500 in after tax available! STK. # 16S13254 MSRP \$51,390</small>	2016 CHEVROLET EQUINOX LT AWD, FULLY EQUIPPED SAVE \$6,962 NOW \$28,205 <small>Plus up to additional \$1000 in after tax available! STK. # 16T43931 MSRP \$35,165</small>	2016 CHEVROLET TRAX PIONEER PREMIUM SOUND, AC, FULLY EQUIPPED SAVE \$4,845 NOW \$18,000 <small>Plus up to additional \$2000 in after tax available! STK. # 16TK5796 MSRP \$22,845</small>

SUV / CROSSOVER BLOWOUT

2016 CHEVROLET ENCORE AWD CONVENIENCE, FULLY EQUIPPED, SUNROOF, LEATHER, NAV AND MORE SAVE \$10,325 NOW \$26,335 <small>Plus up to additional \$2000 in after tax available! STK. # 16EC8586 MSRP \$36,660</small>	2016 CHEVROLET SONIC LT FULLY EQUIPPED, SUNROOF, BACKUP CAMERA PLUS MUCH MORE! SAVE \$4,026 NOW \$19,664 <small>STK. # 16S02171 MSRP \$23,690</small>
2016 CRUZE 1.4L TURBO FULLY EQUIPPED SAVE \$3,300 NOW \$14,295 <small>Plus up to additional \$2000 in after tax available! STK. # 16CR7194 MSRP \$17,595</small>	2016 MALIBU LT TRUE NORTH PACKAGE, FULLY EQUIPPED SAVE \$4,084 NOW \$23,906 <small>Plus up to additional \$2000 in after tax available! STK. # 16MA3461 MSRP \$27,990</small>
2016 SPARK LT SUNROOF, BACKUP CAMERA, PLUS MUCH MORE! SAVE \$3,043 NOW \$16,995 <small>Plus up to additional \$1000 in after tax available! STK. # 16SP4004 MSRP \$19,440</small>	2016 CAMARO FULLY EQUIPPED SAVE \$7,876 NOW \$34,669 <small>Plus up to additional \$1000 in after tax available! STK. # 16CO9931 MSRP \$42,545</small>

ATTENTION MILITARY:

\$1000 OFF

ON ALMOST ANY 2015, 2016 OR 2017 CHEVROLET, BUICK, GMC OR CADILLAC

DID YOU KNOW? WHEATON offers you a CAF Appreciation DISCOUNT

YOUR #1 DESTINATION FOR PREMIUM PRE-OWNED

MANAGER'S SPECIAL 2012 NISSAN LEAF Fully Equipped. Was \$18,995. SAVE \$3,274 \$15,721	2014 DODGE DURANGO LTD. 5.7 HEMI 8 SPD. Fully equipped HTD leather Was \$38,464. SAVE \$1,722 \$36,742	2014 TOYOTA COROLLA Was \$16,500. SAVE \$2,624 \$13,876
2012 CHEV AVALANCHE Sunroof, navigation, loaded. Was \$42,995. SAVE \$3,135 \$39,864	2014 TOYOTA SIENNA LE Power group, power doors, 8 passenger, 43,000 kms. Stock #U0674 Was \$31,995. SAVE \$2,107 \$28,888	
10 PRE-OWNED TRUCKS BETWEEN \$10K to \$35K	2014 HYUNDAI TUCSON GLS Fully loaded FWD. Was \$24,995. SAVE \$3,131 \$21,864	2012 HYUNDAI VELOSTER Leather, sunroof, Auto, Navigation, Fully Equipped. Was \$17,750. SAVE \$2,362 \$15,388
	2016 WRANGLER SAHARA NAV, heated seats. Was \$44,900. SAVE \$2,355 \$42,545	

NO PAYMENTS FOR UP TO 90 DAYS*

UP TO \$2000 IN TRADE ASSISTANCE ABOVE THE VALUE OF YOUR VEHICLE*

DND MILITARY BONUS

*Conditions apply. **Price and payments reflect all available programs, rebates and incentives. Payments not including tax. See dealer for details. Images shown are for illustration purposes only and may not necessarily represent the configurable options selected or available. Offer ends without notice.

Wheaton Chevrolet Buick Cadillac GMC

Like Us on

2867 douglas street at topaz
250-382-7121 • 1-800-890-3338

Kick tires online at davewheatongm.com

Sales Dept
8:30 - 8 PM Mon-Thurs
8:30 - 6 PM Fri-Sat
Closed for Browsing Sun



Divers depart for Korea

Peter Mallett
Staff Writer

Sixteen members of Fleet Diving Unit Pacific (FDU(P)) will represent the Canadian Armed Forces at Operation Clear Horizon 16 in the Republic of Korea this week.

The Oct. 11 to 23 multi-national training mission is the first exercise of its kind led by South Korea, and is focussed on mine countermeasure operations. It also will highlight Canada's ongoing efforts to contribute to peace and stability in Northeast Asia.

Divers and ships from the United States, Philippines, Thailand, Australia and New Zealand will also participate.

A key part of the Fleet Diving Unit team's efforts will be to provide other participating nations with mine countermeasure training such as explosive ordnance disposal, underwater detonation and pouncer operations, which involves the deployment of divers from helicopters into the sea.

"It's really an opportunity to work jointly, and collaborate with other participating nations on what types of equipment and technology they use. It is also an opportunity to show them how we work with ours," said CPO2 Alex MacNeish a clearance diver and FDU(P)'s Operations Chief.

During the 12-day exercise, FDU (P) divers will employ the use of two made-in-Canada high tech gadgets: the Shark Marine and Canadian Clearance Diver Apparatus re-breather used specifically

for mine countermeasure operations.

"Essentially it's an under-water breather designed for the military to work in an environment that may have underwater mines," explained CPO2 MacNeish. "The idea behind the technology is for divers to move more silently and quietly through the water by reducing sound. It also gives off a low-magnetic acoustic signature that is safer for the diver in these situations."

The Shark Marine underwater navigator is a hand-held electronic device used by divers to detect objects on the seabed floor. It aids divers in an underwater environment with limited visibility.

During the opening days of Clear Horizon 2016 three members of FDU(P) will attend a Mine Countermeasures Symposium in Seoul, Oct. 11 to 15, to begin the dialogue that will continue during the operational phase of the exercise.

It's been a busy year for Esquimalt's FDU (P), who have also participated in other operations around the world including Operation Nanook (Yukon), Operation Unifier (Ukraine), RIMPAC, Operation Render Safe (Solomon Islands), and other training and mine countermeasure operations in cooperation with global allies at home and abroad.

Following their trip to Asia, members of the unit will take part in Operation Taz Tornado, a conventional munitions disposal exercise that will take place in Cold Lake, Alta.

ATTENTION DND PURCHASERS

Check out these businesses – ready with the products you need!

www.cifcomposites.com

BRIAN LEWTHWAITE

PRO ECO LITE CONSULTANTS

Ph: 250-652-6313 • Cell: 250-888-5688

PRODUCTS | DESIGN | FABRICATION

www.mccordick.com

For all your workplace protection needs, We have you covered!

Dave Hart | dhart@mccordick.com
Sales Manager BC & MB - Industrial

Office (604)543-0307 Cell: 1-604-999-6337

Discovery of infamous Franklin expedition presentation

Peter Mallett
Staff Writer

Four prominent players in the ground-breaking discovery of the ill-fated Franklin Expedition of 1846 are setting sail for the Victoria's Maritime Museum this week to tell their story.

Bill Noon, captain of the Canadian Coast Guard (CCG) Ship Sir Wilfred

Laurier, under Parks Canada's lead, played a key role in the August 2014 discovery of HMS Erebus, Sir John Franklin's ship, and recently helped to identify Franklin's second vessel HMS Terror off the coast of King William Island. He will be part of the presentation "Mysteries of HMS Erebus" at Victoria's Maritime Museum, Oct. 13 at 7:30 p.m.

Noon, a 35-year CCG veteran, describes himself as a life-long maritime history buff. He compared his involvement in the discoveries as "winning the history lotto." He rates the initial Erebus discovery, the focus of the presentation, as incredible.

"For me it was an exciting and defining moment in both my life and career," said Noon, who recalls the moment in 2014 when he was informed by Parks Canada officials about the discovery of Erebus. "I'll never forget the moment in my captain's quarter's when they showed me the side-scan sonar imagery from the ocean floor. It may just look like a computer enhanced image but for me it was a super-dramatic, ground breaking image because that was the moment we finally had actual proof of one of the lost vessels."

The presentation will be hosted by Pulitzer Prize

winning journalist Paul Watson.

The evening also includes Parks Canada lead archeologist and diver Ryan Harris, and renowned author David C. Woodman who wrote "Unravelling the Franklin Mystery".

Noon says their discussion will shed much-needed light on the search for a Northwest passage, the importance of their finding, and its far-reaching historical significance.

"The search expeditions for Franklin are actually what opened up the waters of northern Canada and has been the story of charting ever since," he says.

The Royal Navy's Franklin Expedition set sail from Greenhithe, Kent, May 19, 1845, to search for the Northwest Passage. The flagship HMS Erebus and HMS Terror became trapped in ice in 1846 with most of the crew perishing after trying to set out for an overland

trek to Fort Resolution, a Hudson's Bay outpost located 970 kilometres to the southwest.

The fate of the crew was revealed during more than 20 rescue expeditions from 1848 to 1866 and in a roundabout way the ill-fated expedition eventually achieved its mission.

For nearly 170 years people debated the location of the vessels. Their eventual discovery demonstrated the accuracy and importance of local Inuit oral histories, which correctly pointed the location of Erebus. This is a topic Woodman will expand on during the discussion.

The discovery of the vessels is also being hailed by government officials because of the level of collaboration that occurred between Parks Canada, Canadian Hydrographic Service, Canadian Ice Service, Canadian Coast Guard, and the Royal Canadian Navy.

The collaboration was several years in the making.

Parks Canada approached the Canadian Hydrographic Service and discussed, since they were charting the ocean floor for shipping-lane information, why not look for lost vessels at the same time? This led to the searches beginning in 2008. The rest is "history" says Noon.

"In all my years of working for the Federal Government I have never witnessed another moment where intergovernmental agencies worked so seamlessly. The level of cooperation was beyond phenomenal," said Noon, adding this type of cooperation was highly critical in an Arctic environment where weather, distance and communication are vitally important.

Tickets to the event are \$60 for non-museum members and \$50 for members and can be purchased by calling 250-385-4222.



Credit John Horton

Franklin Expedition's HMS Erebus and HMS Terror by Canadian marine artist John M. Horton.

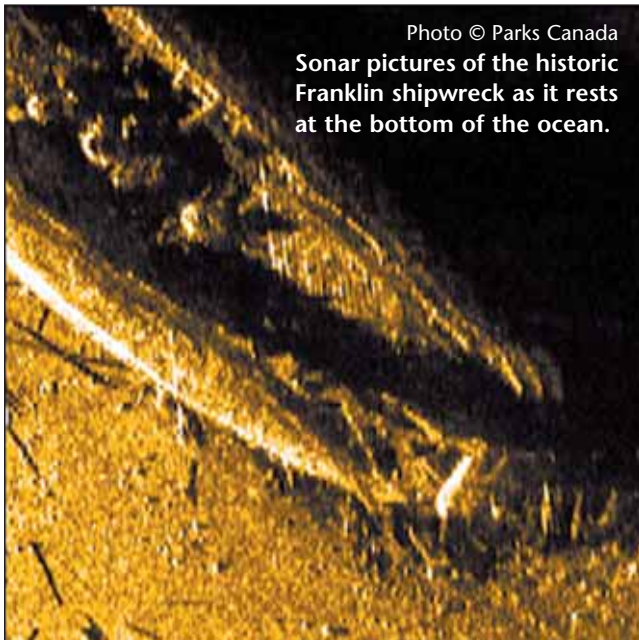


Photo © Parks Canada
Sonar pictures of the historic Franklin shipwreck as it rests at the bottom of the ocean.



Photo © Theresa Nichols, Fisheries and Oceans Canada
Canadian Coast Guard Ship Sir Wilfrid Laurier's Commanding Officer Bill Noon (left), and Parks Canada's Ryan Harris (second from left), show the side-scan sonar image of the wreck to Marc-André Bernier (third from left), Jonathan Moore (fourth from left), and Chief Officer Rich Marriott (at far right).

NOW is the time for CLEAR VISION!

Ask about our
**MILITARY
PRICING!**

kingLASIK
kinglasik.ca

If you want to experience freedom from glasses and contact lenses, now is the time!

Individual results may vary.



Dr. Joseph King
One of Canada's most trusted surgeons with over 100,000 procedures and 15 years experience.

1.855.334.2020

VICTORIA • EDMONTON

Minutes from Base at #201-3550 Saanich Road



HAVE YOUR **PORTRAIT** TAKEN BY MARPAC IMAGING SERVICES

ALL DONATIONS WILL BE
GOING TO GCWCC -
GOVERNMENT OF CANADA
CHARITABLE CAMPAIGN



LIMITED SPACE. BOOK NOW!

\$20 Individual
\$30 Family (Max 6)
Cash Only
Pets Welcome
Wear military dress or civilian attire



CONTACT:
christopher.ward@forces.gc.ca

Location: D25 Studio (across from Dockyard Gym)
Dates: **Every Thursday**
in October and November (1400 - 1530)
Saturday - Oct. 22 and Nov 19 (0900 - 1500)

Hyundai launches DND car give away

Peter Mallett
Staff Writer

Victoria Hyundai has chosen the Defence Team of CFB Esquimalt as the latest recipient of a car giveaway contest.

DND employees – civilian and military – are able to enter the draw to win a new Hyundai Accent. The contest closes Sept. 9, 2017, so there is plenty of time for everyone to enter.

Those entering need to have valid military or DND ID, be the age of majority at the time of legal entry, and be a legal resident of Victoria, B.C.

Victoria Hyundai Manager Jeremy Truong said the excitement level around the contest has been growing in recent days. The car has been showcased at the Industrial Supplier Trade Show and Formation Fun Day in September. It is expected to be on site at the Oct. 21 CAF National 5K Sports Day run in the Naden Drill Shed.

"Our customer base has a large military presence and this is our way of saying thank you to the men and women of the local defence community," he says. "I recently had an opportunity to attend a day sail in *HMCS Ottawa* where I was able to gain a greater appreciation of what our Canadian Armed Forces do for us every day, both at home and when deployed abroad."

This is his company's third car giveaway to Victoria-based DND members in the past four years. The idea for the giveaway was born in 2012 when former Victoria Hyundai owner Steve Munro, a retired artilleryman, decided he wanted to do something special for DND members.

To register for the contest visit the special Victoria Hyundai contest website <http://victoriahyundaidd.com> or watch for the specially wrapped car at base events.

A member of the

DEPARTMENT OF NATIONAL DEFENCE

has an opportunity to win a brand new

2016 HYUNDAI ACCENT



ENTER NOW AT
www.VICTORIAHYUNDAI.COM



DLR#: 30622

1.877.532.2024

525 GORGE ROAD EAST VICTORIA, BC V8T 2W5

AUTHENTIC THAI Friday Lunch Buffet

• Lunch Combos • Full Dinner •

Dine In



Take Out

Thai dining at its Best!

1207A Esquimalt Rd. • 389-1845 • www.zapthai.com



Pledge Form Incentive Prizes

2016 National Defence Workplace Charitable Campaign (NDWCC)

SHOPPING, DINNER AND FLOWERS

(Hillside Mall, Il Terrazzo and Browns The Florist)
(approx value \$250):

Any who submit - or have already submitted - their NDWCC gift form (any amount) to their unit campaign representative by Nov 2 (Wed) will be automatically entered into a draw to win this great prize.

BUTCHART GARDENS AND ESQUIMALT RECREATION CENTRE

(Admission for Two at the Gardens and a Three Month Adult Pass to Esq Rec) (approx value \$255):

Anyone who submits a gift form of \$150 or more to their 2016 NDWCC campaign unit representative by Nov 9 (Wed) will be automatically entered.

IMAX and HARBOUR TOWERS

(V.I.P. Family Pass and One Nights Accommodations for Two with Full Hot Buffet Breakfast) (approx value \$270):

Anyone who submits a gift form at the level of \$500 or more to their 2016 NDWCC campaign unit representative by Nov 16 (Wed) will be automatically entered in this draw.

NOTE: Please submit your Unit's qualifying names directly to Vicki Kellsey by the day after EACH deadline (3, 10, 17 Nov) – draws will happen at noon each Friday following the deadline.

For more info, please contact Vicki Kellsey, Campaign Coordinator, (250) 363-2595.

Long awaited city visit for HMCS Regina sailors

SLt Mike Harris
HMCS Regina

Potato harvesting, veterans visit, and a home-opener hockey game, these are some of the activity highlights 15 HMCS Regina crew members took part in during their namesake city visit from Sept. 22 to 27.

At the Club du Souvenir at École St Andrew, crew members attended a swearing-in ceremony and then surprised students with a visit from ship mascot Gunner the Gopher, as well as the unfurling of the world's largest Saskatchewan Roughriders flag.

The Roughriders also invited the ship's representatives to be guests at one of

their games, which included the crew marching onto the field prior to the national anthem.

The Regina Pats, a Western Hockey League (WHL) team having a century-old affiliation with the military, also hosted the crew. Sailors attended the team's home opener where Commander Colin Matthews, Regina's Commanding Officer, dropped the puck to commence their first home game of the season.

During a meet and greet at HMCS Queen with members of the unit and Friends of the Navy, Cdr Matthews presented a cheque for more than \$5,000 to the Chris Knox Foundation as a sign of the ship's commitment

to the charity and their support of the sick children and youth in the city.

Regina holds a strong connection to past military members who have given so much for this country; so crew members spent time getting to know some of the city's distinguished veterans. They visited the Wascana Rehabilitation Centre to listen to vivid stories from seniors, and were given a lesson in crib by members of the veterans program.

They were also given an exclusive tour of the soon-to-open war museum by veterans of Royal Canadian Legion Branch 1.

Crew members likewise got down and dirty, lending a helping hand to the



Photos by Brent Fisher

Left to right: Chief Petty Officer First Class Goulding and Commander Matthews present a cheque for \$5,011.10 on behalf of HMCS Regina to the Chris Knox Foundation.

Grow Regina community garden. Potatoes were harvested and other crops were groomed by the sailors to help feed those in need throughout the community. Grow Regina's volunteers hold the queenly mission of

providing fresh produce for the Regina Food Bank.

The 2016 namesake city visit benefits the city, the ship, and the Royal Canadian Navy at large. The City of Regina and the ship's crew continue to put

forth effort and appreciation for one another through these annual visits and other partnership programs, fortifying a long-standing bond that promises a prosperous future.



Left to right: Master Seaman Chisling, Leading Seaman Beyene, and Corporal Kenny offer their services at the Grow Regina community garden.



Left to right: Lieutenant Commander Graham and Petty Officer First Class Chadwick meet with local veterans at the Royal Canadian Legion Branch 1 in Regina.

LIVE NOW. PAY LATER.

\$0 down. \$0 payments. 0% interest.*
Start living your LASIK life today.

Book a free consultation at 1-855-688-2020 or lasikmd.com

LASIK MD
VISION

*Subject to credit approval. To be eligible, patients must complete the Custom LASIK/Custom All-Laser procedure (including Laser PresbyVision™ and lens implant procedures) for both eyes. Cannot be combined with any other offer or discount. Offer subject to change without prior notice.



SCHOLARSHIPS FOR MILITARY AND VETERANS.*

WWW.SPROTTSHAW.COM

VICTORIA: 250-384-8121



FAMILY PUMPKIN CARVING

**Saturday, Oct 29
2-4 p.m.**

**Location: CPAC
PSP F16REC210**

Prepare your pumpkins for the big day while you snack on roasted pumpkin seeds! We will provide the tools and fun cut-outs and you provide the creative carving.

PLEASE REGISTER TO HELP WITH PUMPKIN COUNT



To register, call 250-363-1009 or visit www.pspesquimalt.ca.



Clearance divers show skills during **OPERATION RENDER SAFE**

Royal Canadian Navy sailor Leading Seaman Josh Adams, of Fleet Diving Unit Pacific, prepares to dispose of unexploded projectiles found underwater near White Beach in the Solomon Islands during Operation Render Safe.

Canadian Explosive Ordnance Disposal Specialists in the Solomon Islands

Cpl M. Doran and
Capt A. Rosendahl,
Australian Defence
Forces

Canadian clearance divers shared skills and knowledge with New Zealand sailors while they were attached to Her Majesty's New Zealand Ship (HMNZS) Manawanui during Operation Render Safe in the Solomon Islands Sept. 7 to Oct. 7.

The operation aimed to reduce the hazards of explosive remnants of war and enhance safety across the Southwest Pacific.

Canadian Dive Team Lead, Petty Officer Second Class David Cheeseman of Fleet Diving Unit - Atlantic, said his team conducted explosive ordnance disposal with Australian and New Zealand military forces and the Royal Solomon Islands Police Force.

"We've been very successful in discovering unexploded ordnance below the waterline while on HMNZS Manawanui and disposing of it," he said. "Last week we found six 100-pound air-dropped bombs and another 50 unexploded

projectiles. Some were just lying on the sea bed, which meant we could move them to a safer area to blow them, but a few were embedded so we blew them in location."

PO2 Cheeseman said Operation Render Safe was important because it gave the local communities a safer environment to live in.

"It's fantastic to get out and do our job as clearance divers and know we are making the areas around the Solomon Islands safer for the population," he said. "Especially for the younger children who may not know what these remnants of war are and may injure or kill themselves."

There have been 12 islanders killed by explosive remnants of war in the past decade either by finding ordnance accidentally or by trying to make fish bombs.

The Royal Solomon Island Police Force deal with around 10,000 explosive remnants of war every year.

Constable Lawrence Waneinad from the Royal Solomon Island Police Force also joined the crew on HMNZS Manawanui for Operation Render Safe.

PO2 Cheeseman said one of Constable Waneinad's main roles was to speak to

the local villagers to find out where the unexploded ordnance was and to assist in ordnance identification.

"The villagers are usually excited to see us come ashore, but when we try to speak Pidgin they then open up and are only too happy to point us in the right direction," he said.

Military personnel from Australia, Canada, New Zealand, the Solomon Islands and the United Kingdom participated in Operation Render Safe, which ended Oct. 7.

The Canadian Armed Forces deployed approximately 18 personnel to the Solomon Islands, including combat engineers from the Canadian Army, clearance divers from the Royal Canadian Navy and aviation technicians from the Royal Canadian Air Force.

In the first week of the operation, 1,389 items of unexploded ordnance or 3.7 tonnes were recovered for disposal by the multinational teams.

The Solomon Islands was the scene of heavy fighting during the Second World War at sea, on land, and from the air. The islands were also used as a support and ammunition base. As a result, explosives remain as a danger to this day.



PACIFIC MAZDA

Military & DND Incentive Program

\$500

Incentive on New
& select Used
vehicles in stock

10% OFF*

Service and Maintenance
Complimentary Car Wash with service (time permitting)

* cannot be combined with any other promotions, specials or coupons
see service department staff for details

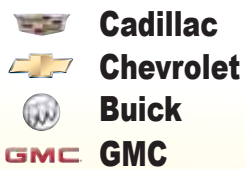
LOCATED AT 1060 YATES STREET | TEL: 250-385-1451 | MAZDAVICTORIA.COM





Did You Know...

ONE STOP FOR



ATTN MILITARY: DID YOU KNOW?

WHEATON offers you a Canadian Forces Appreciation DISCOUNT

\$1000 OFF

ON ALMOST ANY CHEVROLET, BUICK, GMC OR CADILLAC

Wheaton
Chevrolet Buick
Cadillac GMC



2867 Douglas Street at Topaz
250-382-7121 • 1-800-890-3338

Sales Dept
8:30 - 8 PM Mon-Thurs
8:30 - 6 PM Fri-Sat
Closed for Browsing Sun



Kick tires online at
davewheatongm.com

*Conditions apply.

Bravo Zulu



Steve Milne receives a Government of Canada Certificate for 45 years of public service from Rear Admiral Art McDonald, Commander of Maritime Forces Pacific/Joint Task Force (Pacific).



Ed Gerow receives a Government of Canada Certificate for 35 years of public service from Captain (N) Steven Waddell, Base Commander.



Jonathan Purdle receives a Government of Canada Certificate for 35 years of public service from Commander Andrew Muir, Commanding Officer of Port Operations and Emergency Services Branch.

Queen's Harbour Master and Port Operations and Emergency Services Branch Awards and Presentations

Photos by LS Ogle Henry, MARPAC Imaging Services



Robert Barr receives a Government of Canada Certificate for 25 years of public service from Rear Admiral Art McDonald, Commander of Maritime Forces Pacific/Joint Task Force (Pacific).



Robert Beauregard receives a Government of Canada Certificate for 25 years of public service from Captain (N) Steven Waddell, Base Commander.



Terry Berkley receives a plaque for his dedicated work from Commander Andrew Muir, Commanding Officer of Port Operations and Emergency Services Branch, and Doug Kimmett, Auxiliary Fleet Manager.

Peter Reader, a retired Chief Superintendent of Auxiliary Vessels, the predecessor of the Canadian Forces Auxiliary Fleet, presents a flag used back in 1955 to Commander Andrew Muir, Commanding Officer of Port Operations and Emergency Services Branch.



Bravo Zulu

Base Divisions and Presentations

Captain (N) Steve Waddell, Base Commander, presented awards and promotions during Base Divisions on Sept. 27.

Photos by LS Ogle Henry, MARPAC Imaging Services



Christine Farrington is presented with the Base Commander's Commendation.



Allison Jones is presented with the Base Commander's Bravo Zulu Certificate.



Lt(N) Jenna McGrath is presented with the Base Commander's Bravo Zulu Certificate.



Lt(N) Mohamed Gudal is presented with the Base Commander's Bravo Zulu Certificate.



Captain Gordon Keyser is presented with the Base Commander's Bravo Zulu Certificate.



Cpl Jandei Kim is presented with the Base Commander's Bravo Zulu Certificate.



Cpl Michael Grizhanov is awarded the Operation Service Medal – Expedition for Operation Caribbe.



Cpl Chris Green is awarded the Operation Service Medal – Expedition for Operation Caribbe.



Pte Andrew Fitzpatrick is awarded the Operation Service Medal – Expedition for Operation Caribbe.



AB Tucker Matheson is awarded the Operation Service Medal – Expedition for Operation Caribbe.



PO1 Maurice Montano is awarded the Operation Service Medal – Expedition for Operation Caribbe.



Cpl Vincent-Didier Sarah is awarded the Operation Service Medal – Expedition for Operation Caribbe.



LS Jonathan Fortin is awarded the Operation Service Medal – Expedition for Operation Caribbe.



Able Seaman Andreas Bocanegra Beltran is promoted to his current rank.



MS Daniel Evans is awarded the Operation Service Medal – Expedition for Operation Caribbe.



MS Scott MacDougall is awarded the Operation Service Medal – Expedition for Operation Caribbe.



PO1 Paul O'Keefe was awarded the Meritorious Unit Commendation by the U.S. Secretary of the Navy for his participation during Operation Artemis Roto 3 onboard HMCS Toronto.



Lt(N) Donald Carney is presented with the Canadian Forces Decoration Second Clasp.



PO1 Class Neil Comisky is presented with the Canadian Forces Decoration First Clasp.



PO2 Chris Calhoun is presented with the Canadian Forces Decoration First Clasp.



PO2 Travis Shorey is presented with the Canadian Forces Decoration First Clasp.



Sgt Barbara Lane is presented with the Canadian Forces Decoration First Clasp.



PO2 Chris McGowan, PO2 Robert Wheaton, Cpl Charles Wiebe, MS Curtis Morley, Cpl Ken Wells and LS Gordon Ahl were presented with the Canadian Forces Decoration.

Bravo Zulu

Depart With Dignity Ceremony

Vice-Admiral Robert Davidson officially retired after 39 years of service during a ceremony at the Wardroom on Sept. 30.

Photos by LS Ogle Henry, MARPAC Imaging Services



Vice-Admiral Ron Lloyd, Commander of the Royal Canadian Navy, presents Vice-Admiral Bob Davidson his Certificate of Military Service.



Ordinary Seaman Robert Kisby presents Vice-Admiral Bob Davidson his Military Service Pin.



Chief Petty Officer First Class Dave Bryson presents Vice-Admiral Bob Davidson with a Canadian Flag.



Submariner Association President Paul Cumberland presents Vice-Admiral Bob Davidson with a Submariner Membership Certificate.



PO2 Shawna Stewardson is awarded the Operation Service Medal – Expedition for Operation Caribbe.

Bravo Zulu

Canadian Fleet Pacific Awards and Presentations

CANFLTAPAC recognized some of their own as Cdr Michele Tessier, CO CCF (MOG4), made presentations to unit personnel on Oct. 3.



MWO Mark Dankwerth is presented with the Canadian Forces Decoration First Clasp.



LCdr Preston McIntosh is presented with the Navy and Marine Corps Commendation.



ASlt Si Tian is presented with his Commissioning Scroll.

Bravo Zulu

Base Logistics Awards

A/SLt Marc-Andre Valois is promoted to his current rank by LCdr Justin Leger, Executive Officer of Base Logistics, and CPO1 Paul O'Keefe, Base Logistics Branch Chief.



LOOKOUT Classifieds & Real Estate

RATES: MILITARY and DND PERSONNEL: 25 words \$9.70 • ALL OTHERS: 20 words \$11.09 • Each additional word 19¢ • Tax Included • DEADLINE FOR CLASSIFIED Advertising: Thursday at 11a.m.

Call **250-363-3127** to book your display or word ad

ANNOUNCEMENTS

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please check us out on facebook (STV Tuna).

3005 11 SVC BN ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005PSC@gmail.com.

ANNOUNCEMENTS

848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron. Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690

For word or display classified ads,
250-363-3127

EMPLOYMENT

CARETAKER COUPLE WANTED for Savary Island Property: This 45 acre Savary Island property includes two residences and a variety of out-buildings. Access is by water taxi, private boat or float plane.

- Repair and maintenance of all facilities and equipment
- Completing small construction and renovation projects
- Landscaping, pruning, and pest management
- Seasonal property opening and closing
- Janitorial and other custodial duties
- Knowledge of boats
- Experience with alternate power and septic systems
- Security
- Must be organized, neat, have a self disciplined work ethic and able to communicate well as well as take initiative.

Must be able to live on-site (remote location) with flexible off site time. This is a salaried position for 12 months of the year with private accommodation provided. To apply please send resume and cover letter outlining your qualifications to Florence@caretaken.ca

HEALTH

Attn: Military Families

WANT TO MAKE AN INCOME FROM HOME?

35% commission plus many benefits.

NORWEX is chemical free home cleaning products.

Help your friends get rid of toxic home cleaning supplies.

GreenHomeCleaning.ca
Michelle: 250-516-7338

MISCELLANEOUS

VIEW ROYAL READING CENTRE. New location 266 Island Hwy. We have books, audios, videos, & DVD's for all ages. Internet is also available. For hours of operation and other information please call 250-479-2723.

ANNOUNCE YOUR EVENT
call classifieds
250-363-3127

SERVICES OFFERED

VICTORIA PREGNANCY CENTRE

Free Services Include:

- Pregnancy Tests
- Pregnancy Options Counselling
- Pregnancy & Parenting Counselling
- Prenatal Classes
- Practical Help - Diapers, wipes, formula, clothing
- Pregnancy Loss Counselling
- Post Abortion Counselling
- Community Referrals

250-380-6883
#112 - 826 North Park Street
info@victoriapregnancy.org
www.victoriapregnancy.org

TIRES

GUARANTEED TIRES from \$10
We sell NEW & USED

Full Service AUTO REPAIR

778-440-8473 MILITARY DISCOUNT
MON-FRI 9-5, SAT 10-4
#1-798 Fairview at Ellery

VOLUNTEER

HABITAT FOR HUMANITY AND THE RESTORE are seeking volunteers to help out with customer service, warehouse and driver assistants. We are also looking for ambassadors for special events. Please contact Nancy @ volunteer@habitatvictoria.com or 250-480-7688 ext. 105



Sell your home in the Lookout
Call
250-363-3127
to advertise

Join the conversation
Lookout_news
lookout.newspaper

DEBT SOLUTIONS

Cut your Debt by up to 80%

- Consolidate all your Debts into one new Lower Payment at 0% interest
- Avoid Bankruptcy, Repair Credit
- Most effective Debt Consolidation Program in Canada

DebtVictoria.com



CALL TODAY FOR A FREE CONSULTATION

250-882-5556

DebtFree@DebtVictoria.com
Debt Relief Specialists for 16 years

BBB Accredited Business
4Pillars independently owned and operated, associated trademarks are used under license.

REAL ESTATE • FOR SALE



Are you retiring this year?

Executive style one level END unit, featuring 2 bed + Den, gas fp, open plan, master has ensuite, main bath is 4 pce. 2 pets under 10 kg ok, no age restrictions. \$379,900. Call Shelly direct for more info: 250-213-7444.

www.shellyreed.com

CALL DIRECT 250-213-7444
Shelly Reed
For more info
www.shellyreed.com
Sutton GROUP
West Coast Realty

YOUR LOCAL REALTOR

MILITARY RELOCATION SPECIALIST
Through my strong ties to the military community, I offer clients expertise in real estate relocation.
Buying or selling a home? Put my 20+ years of real estate experience to work for you.



RASHIDA MALIK
250.812.4209
rashidamalik@royallepage.ca

ROYAL LEPAGE
Coast Capital Realty

Canadian Armed Forces

Sports Day

Oct. 21, 2016

4th Annual CFB Esquimalt Sports & Athletics Awards Luncheon
Friday, Oct. 21 By invitation only.
Guest Speaker: Geoff Courtnall
Sponsored by Seaspan Victoria Shipyard

Join us for the 4th Annual National Sports Day 5K Run
Friday, October 21 • Naden Drill Shed
• Open to all military and DND employees.
• Mandatory registration at 0715 hrs.
• Must have Military/DND Civilian ID
• Snacks and drinks
• Tradeshow

Sport Skill Workout
Naden Athletic Centre
12:05-12:50pm
Drop in class

Unit Sports Activities
Do your own sports activity. Register your event with the PSP Sports office and report participation numbers to heather.catte@forces.gc.ca

For more information contact
PSP Fitness Coordinator
Matt Carlson 250-363-4495

Live in the Green! Get active today!

AWARD WINNING SERVICE YOU CAN TRUST
Proud Winner of the BBB Torch Awards in Victoria

Since 1975
BARRY'S
MOVING & STORAGE LTD.

• Locally Owned and Operated
• Residential & Commercial Moving
• Piano Moving & Packing Services
• Short & Long-Term Storage
• DND Security Clearance for on-base moves

• Fully Bonded & Insured
• Free Written Estimates
• Lift-Equipped Trucks
• 7 Days a Week & Holidays

MILITARY DISCOUNT for residential moves

250.475.0022 Toll Free: 1.877.475.0022
www.barrysmoving.com #61-1445 Craigflower Rd info@barrysmoving.com

REAL ESTATE • FOR RENT

PROPERTIES OWNED AND MANAGED BY
EY PROPERTIES LTD.

250-361-3690
Toll Free 1-866-217-3612

FREE Heat & Hot Water - Card operated front load laundry/24hrs

MACAULAY EAST

948 Esquimalt Rd.
Bachelor, 1,2 & 3 bdrm.
Full size commercial gym!
Manager 250-380-4663

MACAULAY NORTH

980 Wordsley St.
1 & 2 Bedroom
Manager 250-384-8932

To view these and other properties, visit
www.eyproperties.com

Tenant Referral Program
Military Discount

CANEX
A division of CFMWS
Une division des SBMFC



**CANADA'S MILITARY STORE
LE MAGASIN MILITAIRE DU CANADA**

1 OCT. 2016 - 31 JAN. 2017

DON'T PAY EVENT!

PLUS

**NO MONEY DOWN
NOT EVEN THE TAXES.**

Ask us for details. *O.A.C.

ÉVÉNEMENT NE PAYER RIEN!

PLUS

**NE VERSEZ AUCUN ACOMPTE,
MÊME PAS LES TAXES.**

Demandez-nous les détails. *S.A.C.