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LOOKOUT

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Quake Response



Photo by LS Sergej Krivenka, HMCS Vancouver

LS Brandon Beckwith and LS Dany Nadeau from HMCS Vancouver disembark Blackfish 12 in Kaikoura, New Zealand, for Operation Renaissance following the Nov. 14 earthquake in the region. Vancouver's crew is on the ground to offer assistance with other allied naval forces. Read the full story on page 3.



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Navy experiments with UAVs

DND

Historically, the Royal Canadian Navy (RCN) has been actively pursuing, on a very modest and experimental basis, a number of remote technology applications in each of the three maritime domains: air, sur-

face, and sub-surface.

In terms of the under-sea domain, the navy has operated everything from side scan sonars to remotely operated vehicles, and continues to actively participate in the development of these technologies.

The RCN was also active

in the 1990s in developing remotely controlled surface targets and those investments are now reaping real benefits for Canadian industry.

In recent years, the RCN had great success operating the Scan Eagle from deployed frigates by lever-

aging a contractual mechanism that was put in place by the Canadian Armed Forces (CAF) to support our forces in Afghanistan.

Between 2012 and 2014, the combined organic intelligence, surveillance and reconnaissance capability resident in Halifax-class frigates along with the embarked Unmanned Aerial Systems (UAS) allowed the RCN to play a prominent role in expeditionary operations. Through cueing, detection, surveillance, and reporting from the shipborne Scan Eagle UAS, over nine metric tons of illegal drugs were intercepted by *HMC Ships Charlottetown, Toronto, and Regina*.

It proved to be an incredibly versatile and important extension of the ship's sensors and embarked aircraft. It also allowed the RCN to learn valuable lessons on how to employ this capability, how to integrate into the maritime and littoral battle space, and how to operate in conjunction with an embarked maritime helicopter. It is a great force multiplier for a single ship or for a Naval Task Group.

environments, delivering precision weapons, and conducting post-attack battle damage assessment.

"Notwithstanding being a disruptive technology, Unmanned Systems have the potential to positively impact future maritime operations. They can increase both the survivability and lethality of our own forces by increasing detection, communications, and engagement distances" says Commander Simon Nadeau, the Director of Naval Requirements Section Head.

Under the leadership of the RCN, the Director of Naval Requirements is embarking into several project initiatives. They will see the delivery of a complementary warfighting capability to ships at sea by having a level of autonomy between maritime unmanned systems, persistence, and expendability in order to enhance ships survivability along with generating a strategically relevant tactical advantage for commanders at sea across the full spectrum of operations.

to safely experiment and demonstrate the potential offered by maritime autonomous systems within the Joint Warrior operational environment in order to explore the feasibility and maturity of autonomous systems in delivering maritime capability.

Joint Warrior is a UK tri-Service multinational exercise that involves numerous warships, aircraft, marines and troops in which UK, NATO and allied units can go through training together in tactics and skills for use in a combined joint task force.

More recently, on Oct. 25, in partnership with MDA System Ltd. and AeroVironment Inc, Director of Naval Requirements conducted a capability demonstration aboard *HMCS Summerside* where the AeroVironment RQ-20 Puma was evaluated.

Despite less than favorable weather conditions, the demo was a great success and the team was able to demonstrate the launch and recovery from a Kingston-class, the quick re-deployment of the UAV, Electro-Optical and Infrared (EO/IR) imagery beyond the visual horizon, all while maintaining covertness of the aircraft.

"By conducting this demonstration in a real maritime environment, it better informed the RCN of the benefits and potential application of this relatively new technology for future missions", said Commander Nadeau.

Current Unmanned Initiatives

The Remote Minehunting and Disposal System will be a modular, stand-off Naval Mine Countermeasures capability, designed to provide the full spectrum of Naval Mine Hunting operations and contribute to underwater domain awareness. A preliminary estimate is between \$20 million to \$40 million.

The RCN Intelligence, Surveillance, Target Acquisition and Reconnaissance (ISTAR) UAS will be a shipborne, complementary, persistent, near-real time, over the horizon, ISTAR capability that will enhance self-defence for deployed HMC Ships along with generating a strategically relevant tactical advantage for commanders at sea across the full spectrum of operations. A preliminary estimate is between \$100 million to \$249 million.



Photo by Master Seaman Ronnie Kinnie Formation Imaging Services Halifax
HMCS Summerside conducts Unmanned Aircraft System trials at sea, on Oct. 25.

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Disruptive Technology

As technologies mature and evolve, the RCN is anticipating the gradual introduction of remotely piloted vehicles in all three maritime dimensions. Such vehicles, known as unmanned vehicles, will be well-suited for a range of tasks that will greatly extend the Commander's situational awareness and potentially contribute to the expansion of assigned areas of responsibility.

It is envisaged that unmanned systems will also comprise an essential component of a joint force's constellation of intelligence, reconnaissance, surveillance, and potentially Naval Fire Support assets, performing tasks in very high risk

UAV Capability Demonstration

On the international scene, the RCN observed Exercise Unmanned Warrior 2016 that was conducted on the Isle of Benbecula, Scotland, under the leadership of the Royal Navy. Exercise Unmanned Warrior was a large-scale demonstration of maritime autonomous systems, in a tactically representative environment, including unmanned air, surface, sub-surface vehicles and sensors. In line with the UK Strategic Defence and Security Review direction on innovation and Defence exports, the UK Royal Navy invited industry, academia and certain defence partners, including the US Navy,



Photo from RCN photo library 2012
Scan Eagle trial onboard a frigate.



Photo by LS Sergej Krivenka, HMCS Vancouver

Commander Clive Butler, Commanding Officer of HMCS Vancouver, speaks with Flight-Lieutenant Glen Blay in Kaikoura, New Zealand on Nov. 17 before a meeting with other nations to determine how to assist New Zealanders and Kaikoura following the Nov. 14 massive earthquake.

HMCS Vancouver aids New Zealand

DND

HMCS Vancouver is assisting the people of New Zealand affected by the 7.8 magnitude earthquake that struck the South Island on Nov. 14.

Vancouver was in the vicinity of

Auckland, NZ, at the time of the earthquake preparing for a goodwill visit to celebrate the 75th anniversary of New Zealand's Naval Forces with other allied naval forces.

The ship, with its embarked CH-124 Sea King helicopter and air detach-

ment, will be a key asset in evacuating persons from the affected area, and assisting in the transport of emergency supplies into the area as the majority of roads and rail lines have been severed.

"HMCS Vancouver's rapid shift from training and naval operations to assisting earthquake victims in New Zealand is testament to the professionalism and capabilities of the Royal Canadian Navy," said General Jonathan Vance, Chief of the Defence Staff.

In the evening of Nov. 14 Vancouver began transiting towards the area worst affected as part of a multinational Task Group of warships. The ship arrived last Thursday off the coastal town of Kaikoura, South Island, ready to commence operations.

Vancouver will conduct emergency humanitarian operations in order to minimize human suffering. The ship carries basic Humanitarian Assistance Disaster Relief supplies onboard that may be used in post-disaster efforts if needed. These basic supplies include first aid kits, tents, generators, blankets, chainsaws and hand tools. The ship's company stands ready to support the operation as it develops.



Photo by CPL Amanda McErich, NZDF Photographer

Commander Clive Butler, HMCS Vancouver; Cdr Timothy La Benz, USS Sampson; Cdr Phillip Henry, HMAS Darwin; and Cdr Steve Lenik, HMNZS Te Kaha, arrive in Kaikoura.

International Day of Persons with disabilities

Please join us in Commemorating the International Day of Persons with Disabilities on Dec. 1.

It is estimated that one billion people are living with disabilities worldwide, and everyone will experience some form of disability in their lifetime. The International Day of Persons with Disabilities (IDPWD) will be commemorated Dec. 1 and this year's theme is "Invisible Disabilities" focusing on different abilities.

The term invisible disabilities refers to symptoms such as debilitating pain, fatigue, dizziness, cognitive dysfunctions, brain injuries, learning differences and mental health disorders, as well as hearing and

vision impairments.

These are not always obvious to the onlooker, but can sometimes or always limit daily activities, ranging from mild challenges to severe limitations and vary from person to person.

To highlight the day at Maritime Forces Pacific, the Defence Advisory Group for Persons with Disabilities (DAGPWD) will host a special information session to promote a better understanding of the issues surrounding invisible disabilities and provide information on internal resources available to military and civilian members. Representatives from the Canadian Forces Health Services, Employee Assistance

Program (EAP), and Operational Stress Injury Social Support (OSISS) will provide information on their respective programs. The session will also have a serving member present and share their personal story.

• Please join us on Thursday Dec. 1 at the CPO's Mess, Rainbow Room from 10 a.m. - noon to learn more about these available internal resources. All civilian employees and military members are welcome. Dress for the event is dress of the day.

Pre-registration is required. For registration or special accommodation attending the event, please contact Keri Cronin at Keri.Cronin@forces.gc.ca, 3-7856.

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WHAT SAY YOU

People Talk

Lookout asked base personnel attending the NDWCC pancake breakfast this question:
What breakfast food is the perfect way to pick you up on cool and dark autumn morning?



Bacon, eggs, beans, hash browns and toast, you know the full deal. Since I work as a chef I normally don't eat big breakfasts, but when I'm at home on weekends it's a great way to start a nice relaxing day away from work.

MS Rob Williamson,
Base Foods



For me it's a strawberry banana smoothie because they are cold, incredibly refreshing, and the natural sugars keep me going all morning

CWO David McLaughlin,
Base Administration



Traditional style Bannock fried bread with melted butter really does it for me because it fuels me and also brings back childhood memories of breakfast when I was a child.

Mark Ballantyne,
Commercial Cleaner



I'm a toast or cereal guy, but it wouldn't be complete without a coffee. I don't really like to have a big breakfast and only want just enough to keep me going.

Mike Boyd,
Base Administration

WHAT SAY WE

CFL Football & the Grey Cup

SPORTS trivia

by Stephen Stone
& Tom Thomson

Questions

1. What was the original cost of the Grey Cup?
2. Which professional team has won the greatest number of Grey Cups?
3. Which team has the greatest number of Grey Cup losses?
4. Which team has the greatest number of Grey Cup appearances?
5. Which Grey Cup game had the largest attendance?
6. In the CFL, Hank Ilesic, Bill Stevenson and Jack Wedley have one thing in common, what is it?
7. Which players have the greatest number of Grey Cup MVP awards?
8. The Dick Suderman Trophy is awarded annually for the Most Valuable Canadian in the Grey Cup. Who has won it the most?
9. Which quarterback holds the record for the most passing touchdowns in a Grey Cup game?
10. Which team holds the record for the most consecutive Grey Cup victories?
11. In their history, the Hamilton Tiger-Cats have retired only two numbers. Who wore them?
12. Who played the most games in the CFL?
13. Who holds the record for the most consecutive games playing in the CFL?
14. Who holds the record for most career touchdowns in the CFL?
15. Who holds the record for most career rushing touchdowns in the CFL?
16. Who holds the record for more career punt return touchdowns in the CFL?
17. Who holds the record for the longest field goal in the CFL?

- Answers
1. \$48.00
 2. Toronto Argonauts - 16. (Edmonton Eskimos are second with 14 victories)
 3. Saskatchewan Roughriders - 15.
 4. Winnipeg Blue Bombers - 24. (Winnipeg has won the Cup 10 times)
 5. 65th (November 27, 1977) - 68,318 people saw the Montreal Alouettes defeat Edmonton 41-6 at Olympic Stadium in Montreal.
 6. All three have won seven Grey Cups.
 7. Three players have won the MVP three times; Doug Flutie, Damon Allen, and Sonny Wade.
 8. Don Sweet (K) - Alouettes - 1974, 1977, 1979. Dave Sapunjis (SB) - Stampeders - 1991, 1992, 1995.
 9. Russ Jackson - Ottawa Roughriders (1969) - four.
 10. Edmonton Eskimos - five (1978-1982).
 11. Bernie Faloney (QB), #10; and Angelo Mosca (DT), #68.
 12. Lui Passaglia (K/P/W/R) - B.C. Lions - 408.
 13. Bob Cameron (P) - Winnipeg - 353.
 14. Milt Stegall (SB) - Winnipeg - 147.
 15. George Reed (RB) - Saskatchewan - 134.
 16. Henry "Gizmo" Williams (WR/P/R/KR) - Edmonton - 26.
 17. Paul McCallum - Saskatchewan - 62 yards (October, 27, 2001, vs. Edmonton).

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- Belmont Secondary School Carollers: Noon – 2 PM
- Face Painting: 11 AM – 2 PM
- Clark’s Taekwondo demos, games, prizes: 11 AM – 2 PM
- Santa at the Village (near the BBQ): 11 AM – 2 PM
- Town Crier and Consort wander the Village: 11 AM – 2 PM

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Advertising Feature



REAL ESTATE REALITIES

BY: RASHIDA MALIK

HOME [INVESTMENT] FOR THE HOLIDAYS

It's true. Real estate in Victoria can be financially beyond the reach of many. Over the past few years, the cost of purchasing real estate in our region has increased dramatically. If you live in Victoria and are renting because the housing market is beyond your means right now, you can (and should) still invest in a property. You just need to think outside the box, and outside the CRD region.

A lot of Victoria residents are from somewhere else, having moved here from other parts of Canada and even beyond our Canadian borders, to settle in Victoria and reap the benefits of this beautiful island city with the mildest climate in Canada and a safe, pleasant standard of living.

One thing I have learned over my twenty-year career as a Victoria realtor is that the best investments can often be found in the least likely places. So, as you head out of town for the holidays this year, set some time aside to take a closer look at the real estate market in your hometown or favourite city. While you may not be able to afford real estate in Victoria, other parts of Canada offer excellent investment opportunities. Here is my checklist of things to look for when you are searching for a property.

Is it in your general price range? Make sure to choose a property that you can afford to carry, even during times with no investment or rental income.

What is the condition of the home? Since you live in a different city, look for good condition and low maintenance.

Which neighbourhood? The familiar community you grew up in may not be the best location for an investment property in your hometown, so be open minded and look at neighbourhoods that will yield the best rental income or investment return.

Does the property have the potential to increase in value? You are purchasing this as an investment. Make sure there is lots of room for investment growth.

If you want an introduction to a reputable realtor in your hometown or another Canadian city, so they can line-up viewings before your arrival, or to learn more about the primary residence tax incentive, call me. I would love to help you make the idea of property ownership a reality.

From my home to yours, I wish you safe travels to wherever you are headed for the holidays, and a wonderful time filled with the spirit of the season.



According to MoneySense.ca, some of the best Canadian cities to buy real estate in are:

CANADIAN CITY	AVERAGE HOME PRICE	5-YR PRICE APPRECIATION
Thunder Bay, ON	\$215,922	8.4%
Hamilton, ON	\$442,493	7.3%
Moncton, NB	\$163,601	2.1%
Trois-Rivières, QC	\$160,311	1.4%
Halifax, NS	\$282,679	2.4%
Regina, SK	\$310,609	3.8%
Winnipeg, MB	\$278,270	4.0%
Barrie, ON	\$373,203	5.8%
Montreal, QC	\$349,289	3.2%
Edmonton, AB	\$369,536	2.4%

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Charges laid - sexual assault

On Nov. 15, the Canadian Forces National Investigation Service charged a Reserve Force member from a naval reserve division in Windsor, Ontario, with one count of sexual assault under the Criminal Code of Canada.

The charge relates to a

sexual assault reported to have taken place while the accused was attending a course at Naval Fleet School Atlantic at Canadian Forces Base Halifax in April 2016. The accused and victim were both candidates on the course at the time of the

reported assault.

Ordinary Seaman Andres Florian-Rodriguez faces one count of Sexual Assault under section 271 of the Criminal Code of Canada, punishable under section 130 of the National Defence Act.

B.C. launches Memorial Cross licence plates

Capt Graeme Kaine
39 CBG Public Affairs

Recipients of the Memorial Cross who live in British Columbia now have a new commemorative licence plate.

At a ceremony, held at the Beatty Street Drill Hall in Vancouver on Nov. 10, Ron McCully was the first Memorial Cross recipient to receive the special plate.

"This new licence plate is meaningful for my family, as this pays tribute to my son, Corporal Matthew McCully," he said. "Thank you to the B.C. government and ICBC for developing and producing this new licence plate for those of us who have lost a loved one in the line of duty."

The Memorial Cross is an award that has been granted since 1919 to loved ones of Canadian Armed Forces (CAF) personnel who have died in service or whose death was attributed to their service. It is granted by the Government of Canada and is often referred to as the Silver Cross. In the past, it had only been given to mothers and widows, but recent changes now allow CAF personnel to designate up to three Memorial Cross recipients.

Besides British Columbia,



Saskatchewan is the only other province that currently offers a Memorial Cross plate.

"The Canadian Armed Forces are delighted and humbled that the Government of British Columbia has decided to honour those who have died as a result of their military service to Canada, and the sacrifice of their loved ones who were left behind in such a meaningful way," said Rear Admiral Art McDonald, Commander Maritime Forces Pacific. "This Memorial Cross licence plate will be a daily reminder of the sacrifices members of the Canadian Armed Forces and their families make for their country, and I welcome this thoughtful initiative."

The licence plate features purple letters on a white background, with the Memorial Cross symbol on the left and the Canadian

flag on the right. Both front and rear plates will be issued, and both must be affixed to the vehicle.

There will be an additional option of a keepsake plate for Memorial Cross recipients who want to receive a plate, but not display it on their vehicle.

Official Memorial Cross recipients may request a B.C. Memorial Cross licence plate by contacting ICBC headquarters at 604-982-6467 or they can visit the website: www.icbc.com/vehicle-registration/licence-plates/Pages/memorial-cross-plates.aspx.

There is no fee for this special licence plate and Memorial Cross plates are only available to official Memorial Cross recipients. Memorial Cross eligibility is determined by the Department of National Defence and Veterans Affairs Canada.

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16CA0572	2016 GMC Canyon Crew Cab 4x4	\$44,760	\$8613	\$36,147	16TA6704	2016 Chevrolet Tahoe LTZ	\$82,770	\$16,215	\$66,555
16CA8884	2016 GMC Canyon Crew Cab 4x4	\$44,760	\$8613	\$36,147	16TA3723	2016 Chevrolet Tahoe LT Z71	\$73,710	\$14,403	\$59,307
16CA2678	2016 GMC Canyon Crew Cab 4x4	\$45,110	\$8683	\$36,427	16TA3931	2016 Chevrolet Tahoe LT LTZ	\$84,120	\$16,485	\$67,635
16P6768	2016 GMC Sierra Crew Cab 4x4	\$51,015	\$9964	\$41,051	16TA4685	2016 Chevrolet Trax	\$24,295	\$4519	\$19,776
16P9299	2016 GMC Sierra Crew Cab 4x4	\$50,440	\$9849	\$40,591	16TA0000	2016 Chevrolet Trax	\$24,295	\$4519	\$19,776
16P9738	2016 GMC Sierra Crew Cab 4x4	\$50,440	\$9849	\$40,591	16TA5700	2016 Chevrolet Trax	\$24,295	\$4519	\$19,776
16P3106	2016 GMC Sierra Crew Cab 4x4	\$56,780	\$11,017	\$45,763	16TA5700	2016 Chevrolet Trax	\$24,295	\$4519	\$19,776
16P97075	2016 GMC Sierra Double Cab 4x4	\$51,690	\$9999	\$41,691	17TE0640	2017 Chevrolet Equinox LT AWD	\$38,365	\$7331	\$31,024
16P9219	2016 GMC Sierra Double Cab 4x4	\$51,690	\$9999	\$41,691	17TE3000	2017 Chevrolet Traverse 1LT AWD	\$45,725	\$8805	\$36,920
16P9439	2016 GMC Sierra Double Cab 4x4	\$52,540	\$10,169	\$42,371	17TE9500	2017 Chevrolet Traverse 1LT AWD	\$45,675	\$8775	\$36,800
16P9126	2016 GMC Sierra Double Cab 4x4	\$50,595	\$9780	\$40,815	16TA0000	2016 Buick Envision Premium II AWD	\$53,375	\$10,335	\$43,040
16P9426	2016 GMC Sierra Double Cab 4x4	\$51,690	\$9999	\$41,691	16TA0000	2016 Buick Envision Premium II AWD	\$54,785	\$10,617	\$44,168
16P9053	2016 GMC Sierra Double Cab 4x4	\$51,690	\$9999	\$41,691	16TA0000	2017 Buick Enclave Premium AWD	\$60,150	\$11,690	\$48,460
16P9201	2016 GMC Sierra Double Cab 4x4	\$53,140	\$10,289	\$42,851	16TA0000	2017 Buick Enclave Premium AWD	\$60,150	\$11,690	\$48,460
16P1160	2016 GMC Sierra Double Cab 4x4	\$53,140	\$10,289	\$42,851	16TA0000	2017 Buick Enclave Premium AWD	\$62,730	\$12,216	\$50,564
16P9248	2016 GMC Sierra Double Cab 4x4	\$45,355	\$8732	\$36,623	16TA0000	2017 Buick Enclave Premium AWD	\$60,070	\$11,674	\$48,396
16P9765	2016 GMC Sierra Double Cab 4x4	\$45,355	\$8732	\$36,623	CARS				
16P9257	2016 GMC Sierra Reg Cab	\$35,490	\$6399	\$27,091					
16P9397	2016 GMC Sierra HD 3500 Crew 4x4	\$65,615	\$12,784	\$52,831	16CR1573	2016 Chevrolet Cruze LT Auto	\$25,790	\$4838	\$20,952
16C02551	2016 Chevrolet Colorado Double Cab 2WD	\$28,610	\$5383	\$23,227	16CR2423	2016 Chevrolet Cruze LT Auto	\$26,245	\$4929	\$21,316
16C01890	2016 Chevrolet Colorado Double Cab 4x4	\$32,860	\$6233	\$26,627	16CR9737	2016 Chevrolet Cruze LT Auto	\$25,790	\$4838	\$20,952
16C00945	2016 Chevrolet Colorado Double Cab 2WD	\$28,610	\$5383	\$23,227	16CR6436	2016 Chevrolet Cruze LT Auto	\$23,990	\$4478	\$19,512
16C05149	2016 Chevrolet Colorado Double Cab 4x4	\$32,860	\$6233	\$26,627	16CR1757	2016 Chevrolet Cruze LT Auto	\$26,245	\$4929	\$21,316
16C00684	2016 Chevrolet Colorado Crew Cab 4x4	\$49,700	\$9601	\$40,099	16CR9173	2016 Chevrolet Cruze Premier	\$29,045	\$5489	\$23,556
16C00942	2016 Chevrolet Colorado Crew Cab 4x4	\$45,495	\$8760	\$36,735	16CR1428	2016 Chevrolet Cruze Premier Sedan	\$30,540	\$5788	\$24,752
16C04068	2016 Chevrolet Colorado Double Cab 4x4	\$32,710	\$6203	\$26,507	16CR2337	2016 Chevrolet Cruze LT Auto	\$26,485	\$4977	\$21,508
16C05448	2016 Chevrolet Colorado Double Cab 4x4	\$32,710	\$6203	\$26,507	16CR4116	2016 Chevrolet Cruze LT Auto	\$25,790	\$4838	\$20,952
16C00761	2016 Chevrolet Colorado Double Cab 4x4	\$32,710	\$6203	\$26,507	17VE3700	2017 Buick Verano	\$27,855	\$5251	\$22,604
16C04943	2016 Chevrolet Colorado Crew Cab 4x4 Duramax	\$48,025	\$9266	\$38,759	17VE4960	2017 Buick Verano	\$33,365	\$6353	\$27,021
16S9730	2016 Chevrolet Silverado Double Cab 2WD	\$35,865	\$7079	\$28,726	2016 PERFORMANCE CAR BLOW OUT!				
16S8147	2016 Chevrolet Silverado Double Cab 2WD	\$36,265	\$7159	\$29,106					
16S2919	2016 Chevrolet Silverado Double Cab 4x4	\$45,460	\$8803	\$37,657	16CC6388	2016 Chevrolet Camaro 2SS Convertible	\$62,035	\$7907	\$54,128
16S6475	2016 Chevrolet Silverado Double Cab 4x4	\$45,305	\$8722	\$36,583	16CV9500	2016 Corvette 3LT Coup	\$92,940	\$11,619	\$81,321
16S8355	2016 Chevrolet Silverado Double Cab 4x4	\$51,790	\$10,019	\$41,771					
16S3857	2016 Chevrolet Silverado Double Cab 4x4	\$53,370	\$10,335	\$43,035					
16S0312	2016 Chevrolet Silverado Double Cab 4x4	\$53,710	\$10,403	\$43,307					
16S1209	2016 Chevrolet Silverado Crew Cab 4x4	\$49,265	\$9604	\$39,661					
16S8828	2016 Chevrolet Silverado Crew Cab 4x4	\$54,1365	\$10,488	\$43,647					
16S8232	2016 Chevrolet Silverado Crew Cab 4x4	\$53,340	\$10,329	\$43,011					
16S0409	2016 Chevrolet Silverado HD High Country 4x4 Duramax	\$84,455	\$16,847	\$67,608					
16S9740	2016 Chevrolet Silverado HD High Country 4x4	\$73,140	\$14,289	\$58,851					
16S0708	2016 Chevrolet Silverado HD LTZ Duramax Crew 4x4	\$85,360	\$16,733	\$68,627					
16S3799	2016 Chevrolet Silverado HD LTZ Duramax Crew 4x4	\$83,495	\$16,360	\$67,135					
16S7679	2016 Chevrolet Silverado 2500 HD Double Cab	\$60,300	\$11,721	\$48,579					

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Photo by Cpl André Maillet, MARPAC Imaging Services
Wreathes laid at the Cenotaph in front of the British Columbia Legislative Assembly.



Veterans stand for "Oh Canada" at the Esquimalt Cenotaph.

Photos by MCpl Chris Ward, MARPAC Imaging Services



Veterans in the Guard of Honour from CFB Esquimalt march to the Esquimalt Cenotaph during Remembrance Day Ceremonies.

An Evening for Sooke Military Families

Learn more about the local resources available and let us know how we can support you.

- Door prizes
- Dessert served
- Children's activities

Tuesday November 29
6:30-8:30pm

Sooke Family Resource Society
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Remembrance on HMCS Vancouver

Katelyn Moores
MARPAK PA

Anchored off the shores of New Zealand on Nov. 11, the crew of *HMCS Vancouver* stood united in a moment of silence to remember the courage and sacrifice of those who have fought for peace and freedom.

Gathered on the flight deck, the crew listened as the Last Post rang out over the ocean before bowing their heads in silence to remember their fallen comrades. The ceremony came to a close with the ship's Commanding Officer, Commander Clive Butler, dedicating a wreath to the sea.

"For me, Remembrance Day is a day of reflection," said Leading Seaman Joshua Rose, a member of *Vancouver's* logistics department. "It's a day to think about our brothers and sisters that have been lost, as well as the many sacrifices that are made by our families, our friends and ourselves."

Photo by LS Sergej Krivenko,
HMCS Vancouver.

The Commanding Officer and Coxswain lay down a wreath to honour the fallen during a Remembrance Day ceremony on board HMCS Vancouver.



My first Nov. 11 in uniform

OS Jane MacGregor
HMCS Brunswick

Remembrance Day 2016 was the first time I was on parade in Harbour Station, Saint John, New Brunswick. As I stood waiting to march in, I had an overwhelming sense of pride and nervousness; how many times had my father or uncle stood in

the same place?

I was that kid who sat in the crowd and smiled with pride as my Dad, my hero, stood up when they called for all those who have or are serving to stand and be thanked. I never thought I would be down on that floor, in front of the crowd, in uniform.

This was the first

Remembrance Day with my second family standing all around me.

I joined *HMCS Brunswick* in September of 2015 at the age of 16. Over the past year I have participated in training at the unit designed to prepare me for sea.

I have trained with computerized at sea simulators, completed first aid and physical fitness training, and have attended Sea Dogs' games in uniform and visited the veterans' wing at the nursing home.

The sense of belonging I have found at *HMCS Brunswick* has made me the only person in my high school class who actually enjoys going to work.

This past summer I attended basic training, also known as boot camp. As many of my friends sat on beaches, I began a summer making new friends while learning military skills such

as leadership and marching. Basic training was filled with laughs, tears and a lot of push ups in the mud.

One of my fondest memories was training during a thunderstorm; our platoon name was Thunder. We yelled with pride every time we saw a flash of light or heard the boom of thunder. We were on a well-deserved break when thunder struck and we started with our usual yells. Someone called, "Let's do push ups!" Our platoon Petty Officer asked, "Is that what you want? Push ups?" To this day I have never seen so many tired, wet humans excited to do push ups in the mud. We were one at that moment, a close group of friends from across Canada brought together by our training; I will never forget it.

That same feeling of oneness is what Remembrance



OS MacGregor places her poppy on the ship's wreath following the ceremonies on Nov. 11 at HMCS Brunswick.

Day means to me. The same feeling I had doing push ups in the mud is the same connection I felt as I stood in Harbour Station with *HMCS Brunswick*.

As I stood with my ship I

realized why I am the happiest person in my class to go to work, and why I want a career with the military. I am proud to be part of something much larger than myself.



OS MacGregor adjusts her Father's beret at HMCS Brunswick.

Photos by SLt Anderson

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Legion helps school with much-needed sound system

Peter Mallett
Staff Writer

The Royal Canadian Legion's mission statement of "acting in service to Canada's communities" is now coming in loud and clear on the new sound system at Rockheights Middle School.

Over \$6,300 in charitable funding from the Royal Canadian Legion's Esquimalt Dockyard Branch #172 was used to purchase a new state-of-the-art sound system for the Esquimalt public school's gymnasium and auditorium.

During a Nov. 2 ceremony students and staff thanked Branch #172 Manager Doug Grant and 1st Vice President Jim MacMillan-Murphy for the donation, and gave a demonstration of the new system and its wireless microphone and hands-free blue tooth capabilities.

"It makes me proud to be a principal at a school in Esquimalt where we know we can come together to build positive rela-

tionships like this one in our community," said Principal Maryanne Trofimuk.

The new sound system will be used to play music during concerts for its music program, for gym classes and dances, and as a public address system when the school hosts assemblies, guest speakers, parent-student orientation, and sporting events.

Trofimuk and Grade 7 teacher Sanjiv Galhon said the previous sound system was antiquated and sounded terrible. It used a plug-in microphone that would constantly cut out and deliver ear-wrenching feedback noises.

Galhon who teaches physical education classes at the school says the Legion's generosity has helped the school build a new alliance.

"Our students have just made an important friendship in the community," he says, adding, "As a gym teacher the system offers us easy, simple, plug and play access and sound at our fingertips and it really helps get the students enthused and moving dur-

ing gym class."

Trofimuk said the relationship between the school and the Legion began when they spoke at the No Stone Left Alone ceremony at God's Acre Cemetery last year.

"He [Doug Grant] said if there was ever anything the school needed they could help us get the money," said Trofimuk. She then told Grant about the audio problems and he said, "Leave it to me."

"Initially we thought he might buy us a new set of speakers or an equalizer board, but certainly not a state-of-the-art sound system. We were shocked and delighted when we realized the capacity of the system we would be getting," said Trofimuk.

Grant went to the branch membership and asked them for funds at one of their regular meetings.

"It's such a great feeling to know we can do things like this and help groups in the community in need of our support," said Grant.

Branch #172 made \$56,164 in donations

to community groups and individuals in 2015, and this year has so far surpassed \$42,000 in donations. Other recipients included The Rainbow Kitchen and the ALS Society of B.C.'s Victoria Chapter. The local branch also bought new computers for Macaulay Elementary School, a new set of wrestling mats for Esquimalt High School, and a Jaws of Life device for the Township of Esquimalt Fire Department.

Trofimuk and Galhon both said the new relationship with the Legion is a natural fit for the school because of the high percentage of its student body, approximately 20 per cent, who have parents working at CFB Esquimalt along with strong ties to Esquimalt's community of military veterans.

"Myself and Mr. Grant both agreed when we spoke that we don't want this relationship to be a one-off," said Galhon. "We also wanted them to be aware that we are willing and able to assist the Legion when they need our support."



Photos by MCpl Brent Kenny, MARPAC Imaging Services

Brad Gable (center right), the Director of Contract Sales for Sysco, presents a cheque for \$750 to the Commander of MARPAC/JTF (P), Rear Admiral Art McDonald (left), Base Administrative Officer Commander Jeanne Lessard (center left), and Base Commander Captain (Navy) Steven Waddell (right), during the National Defence Workplace Charitable Campaign fundraising Pancake Breakfast at the Chief's & Petty Officers' Mess, Nov. 16.



Commander Byron Derby Base Information Services Officer serves plates of food to the waiting customers, during the fundraising NDWCC Pancake Breakfast.

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Public assistance required by MPs

DND

The Canadian Forces National Investigation Service is looking into an allegation of sexual assaults involving a child that reportedly took place at 3rd Canadian Division Support Base Edmonton between 1978 and 1980.

The investigation involves a non-family, non-military male youth who is reported to have sexually assaulted a child while babysitting in a residential housing unit at the base (then known as Canadian Forces Base Edmonton and formerly known as RCAF Station Namao).

If you have information about the reported assaults, contact Crime Stoppers at 1-800-222-8477 (TIPS) or www.canadiancrimestoppers.org or call the Canadian Forces National Investigation Service's Sexual Offence Response Team at 1-844-489-0569.

NDWCC wooden hand-crafted train



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What's new at the base library

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- Small Great Things by Jodi Picoult
- The Whistler by John Grisham
- Do Not Say We Have Nothing by Madeleine Thien
- The Flame Bearer by Bernard Cornwell
- Paris for One & Other Stories by Jojo Moyes
- Walking Dead Volume 26: Call to Arms by Robert Kirkman
- Born to Run by Bruce Springsteen
- Waiting for First Light by Romeo Dallaire
- One Soldier: a Canadian Soldier's Fight Against the Islamic State
- The Girl with the Lower Back Tattoo by Amy Schumer
- 99: Stories of the Game by Wayne Gretzky
- Hard Knox: Musings from the Edge of Canada by Jack Knox



Movies:

- The People v. O.J. Simpson
- Anthropoid
- Bad Moms
- Ghostbusters
- The Infiltrator
- Outlander Season 2
- Preacher Season 1
- Star Trek Beyond
- The Wailing (Korean)

Two new board games:

- Pandemic
- This That & Everything

This is just a sampling of the new items this month - for a more complete list please see our notice on the Notice Board.

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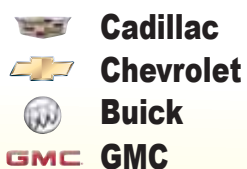
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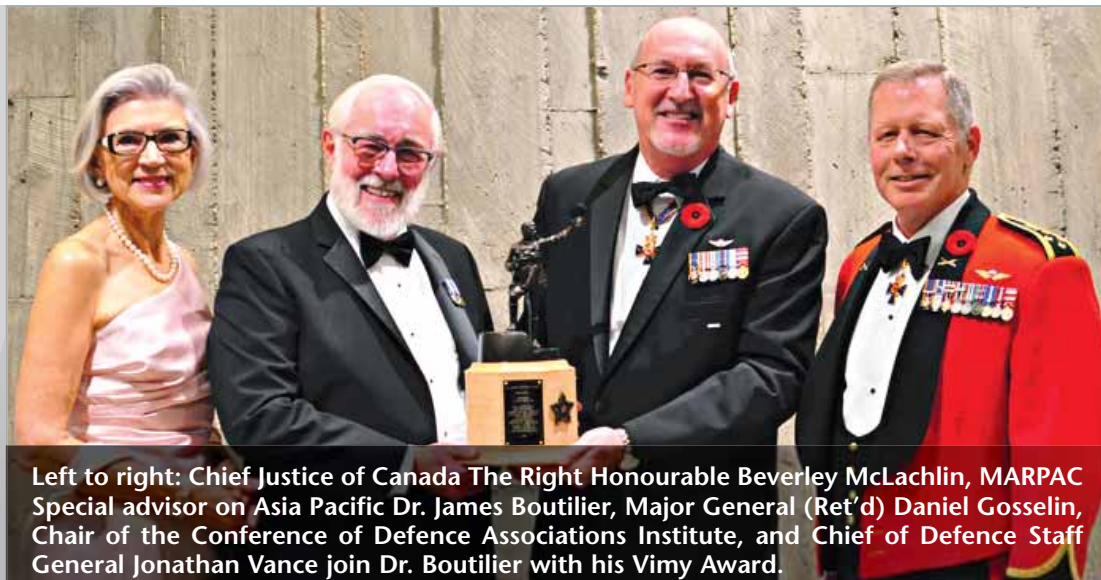
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Bravo Zulu

Vimy Award Ceremony

Dr. James Boutilier was honoured as the 26th recipient of the Vimy Award during a gala dinner reception at the Canadian War Museum at the 2016 Vimy Award ceremony in Ottawa, Nov. 4. The Award honours Canadians who have made outstanding contributions toward the security and defence of Canada and the preservation of democratic values.

Photo by CDA Institute



Left to right: Chief Justice of Canada The Right Honourable Beverley McLachlin, MARPAC Special advisor on Asia Pacific Dr. James Boutilier, Major General (Ret'd) Daniel Gosselin, Chair of the Conference of Defence Associations Institute, and Chief of Defence Staff General Jonathan Vance join Dr. Boutilier with his Vimy Award.



Citizenship Ceremony

Constable Dennis Bell (left) joins Honorary Captain Anita Huberman of Canadian Fleet Pacific and Master Corporal Andrew Tan of the Royal Westminster Regiment as they display their Citizenship Affirmation Certificates received from Citizenship Judge Gerald Pash (right) at a special Remembrance themed Citizenship Ceremony in Surrey on Nov. 9.



SLt Kyle Reed is promoted to his current rank by Capt(N) Steve Jorgensen (left) and LCdr Jason Stubbings.



Captain(N) Steve Waddell, Base Commander, presents Iris Shiplack with his Base Commander's Coin in recognition, on her retirement, of her 21 years of distinguished service with CANEX and for her efforts in supporting a very active Morale and Welfare Program at CFB Esquimalt.

Base Logistics Promotions



LS Boyer is promoted to his current rank by PO1 Pat King and Cdr Jeff Watkins, Commanding Officer Base Logistics.



Pte(T) Fillion is presented his Pte(T) chevron by Cdr Jeff Watkins, Commanding Officer Base Logistics.

Bravo Zulu

HMCS Vancouver Awards and Promotions

Rear-Admiral Art McDonald presented awards and promotions during WestPloy16 in Brisbane, Australia, Nov. 5.

Photos by LS Sergej Krivenko, HMCS Vancouver



AB Desjardins is promoted to her current rank by RAdm McDonald and SLt Lauzon.



AB Smith-Rojo receives his Special Service Medal Expedition - Operation Reassurance.



LS Albin receives his Machinery Control Console Operator Certificate 2E.



LS Cale receives his Machinery Control Console Operator Certificate 2E.



LS Narraway receives his Machinery Control Console Operator Certificate 2E.



LS Pretty receives his Machinery Control Console Operator Certificate 2E.



LS Richarson is promoted to his current rank by RAdm McDonald and Lt(N) Scheerer.



LS Shaw receives the Fleet Chief Coin from CPO1 Gilles Gregoire.



LS Welch receives his Joint Task Force RIMPAC Commendation.



Lt(N) St. Louis receives a MARPAC Bravo Zulu.



MCpl Herradure receives a Commander MARPAC Coin.



MS Sherk receives his Engineering Officer of the Watch Certificate 3E.



OS Littlepine receives a Fleet Chief Coin.



PO1 Burno receives a Commander RCN Commendation.



PO1 Burno receives his Chief Engineer Qualification Certificate 4.



PO2 Rownd receives a Commander MARPAC Coin.



PO2 Sherk is promoted to his current rank by RAdm McDonald and Lt(N) Carter.



PO2 Spence receives his Canadian Forces Decoration.

Local sailors earn prestigious award

Bart Armstrong
canadianmedalofhonor.com

Last week the best of the best arrived at Rideau Hall in Ottawa to be recognized and awarded for their services to the Canadian Armed

Forces (CAF), Canada, and the world. There were 46 in all, men and women, both commissioned and non-commissioned, and coming from Newfoundland across to British Columbia.

Only one tenth of one

per cent of the total population of the CAF gets the honour to make that trip. However, these members stood in front of their Commander in Chief, the Right Honourable David Johnston, Governor General of Canada on Nov. 10.

He presented each with the Order of Military Merit, each being recognized for meritorious service and dedication to duty. Most were inducted into the Order for the first time, but eight recipients were promoted from the Member level to that of Officer. Two received an even higher promotion, to that of Commander. Each would thus be authorized to

use the Post Nominal initials of MMM, OMM or CMM, depending on ranking in the Order.

MARPAC members know the name Rear Admiral William Truelove. His command here on the West Coast came to an end a few years ago when a new posting took him to the Canadian Embassy at Washington, D.C., where he now commands the Canadian Defence Liaison Staff. His promotion within the Order now has him wearing the Order of Military Merit insignia with the rank of Commander around his neck.

Fleet School's CPO2 Dave

McAlpine was also honoured with induction into the Order at the Member level, as was CPO2 Dave Wilson from Sea Training (Pacific.)

"You are dedicated professionals who inspire others to

achieve excellence in all you do. Never underestimate the power of your example no matter what your particular role; you are all leaders, and people within your respective organizations look up to you," he said.



The Commander (O.M.M.) insignia of the Order of Military Merit is presented to Rear-Admiral William Shawn Truelove, C.M.M., C.D.



The Member (O.M.M.) insignia of the Order of Military Merit is presented to Chief Petty Officer Second Class David McAlpine, M.M.M., C.D.

You are dedicated professionals who inspire others to achieve excellence in all they do.

His Excellency the Right Honourable David Johnston, Governor General and Commander-in-Chief of Canada, presided over an Order of Military Merit investiture ceremony at Rideau Hall, on Nov. 10. The Governor General bestowed the honour on 2 Commanders, 8 Officers and 36 Members.



Photos by Sgt Johanie Maheu, Rideau Hall, OSGG



The Officer (O.M.M.) insignia of the Order of Military Merit is presented to Commodore Marta Beattie Mulkins, O.M.M., C.D.



The Member (O.M.M.) insignia of the Order of Military Merit is presented to Chief Petty Officer Second Class David Wilson, M.M.M., C.D.

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3005 11 SVC BN ARMY CADETS has a great, fun, safe, purposeful program. There is no cost and youth M/F 12-18 years of age are eligible to join. Weekend and Summer Camps, Band, First Aid, and Marksmanship are all offered. Thursday 6:30 - 9:00 pm, 724 Vanalman Ave Victoria. Call 250-363-3194 or email 3005PSC@gmail.com.

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ANNOUNCEMENTS

848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron. Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690

ANNOUNCEMENTS

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please check us out on facebook (STV Tuna).

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MISCELLANEOUS

INTERESTED IN JOINING A coffee or social group for military veterans and military in Cowichan Valley? For information contact Bob Hedley on Facebook. The intention of the group is to meet-up with other veterans and present serving members to exchange stories and facilitate fun get-togethers. Look under the Facebook Group: cowichan valley coffee

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When a sailor from *HMCS Chippawa* spoke at a high school in Winnipeg three years ago about life in the naval reserves, one student saw a way to make some money over the summer to help pay for university.

Fast forward three years, and that student, now LS Sydney Huyghe, is thousands of nautical miles away from home on a great adventure with *HMCS Vancouver*.

Vancouver is on WestPloy

16, which is an opportunity for the Royal Canadian Navy (RCN) to foster and sustain cooperative relationships with partner navies in the Asia-Pacific.

As a naval communicator, LS Huyghe is responsible for establishing and maintaining communications with national and allied networks, an essential element of mission coordination. It is also her department's responsibility to advise the ship's command on tactical signalling and ship maneuvering, as well as encoding and decoding signals.

"Sailing in *Vancouver* is a huge opportunity for me to sail and complete some of my training package," she says. "It is also an incredible opportunity to travel to some amazing places."

Since joining the warship in September, she has visited Singapore, Vietnam, Australia and New Zealand. Before she returns home in December, she will also visit Fiji and Hawaii. Not bad for her first deployment.

Although she's been adjusting well to life at sea, she admits it can be challenging. Shift work leaves

limited time for sleep. She says it's the support of her crew mates that has helped her stay positive and meet the demands of a busy sailing schedule.

Work and play is also mixed with charitable activities. In Singapore she joined 20 other crew members at a school at the Movement for the Intellectually Disabled of Singapore, playing and singing with students. In Vietnam, she helped paint buildings at a shelter for homeless children, ending the visit with a friendly soccer match with the kids.

"Travelling to other areas of the world gives you an opportunity to see life through someone else's eyes, which is important otherwise you just end up living in a bubble," she said. "I really felt like I was making a difference for the people we helped, and that's a great feeling."

LS Huyghe is one of 10 Naval Reservists that joined *Vancouver* in Darwin, Australia. While on WestPloy, these reserve sailors are gaining exposure to hands-on training during international operations.



LS Sydney Huyghe

Termed the One Navy concept, crewing RCN ships with both Regular and Reserve Force members has proved highly successful on a number of other international operations.



HMCS Ottawa takes family and friends to sea



Lt(N) Ellie Aminaie
HMCS Ottawa

Three weeks ago, family members and friends of the crew of *HMCS Ottawa* were invited to experience a day in the life of a sailor at sea.

The day sail was well-attended by 200 friends and family members, including Honorary Captain Derek Turner who is a notable Second World War veteran.

During this rare opportunity, guests experienced the ship manoeuvring at high speeds, a man overboard recovery, a diver deployment and recovery by a CH-124 Sea King helicopter, and an overall tour with stations throughout the ship.

Upon exiting the harbour, the Captain brought the ship to full speed ahead on both gas turbines and guests were urged to hold on to something as the ship accelerated quickly through the water. The ship's rudder was then moved from 30 degrees to port and over to 30 degrees to starboard in order to demonstrate the turning radius of the ship, and how

much the ship heels over during high speed manoeuvres.

Guests also experienced how quickly the ship stops when full speed astern is ordered on both engines.

Upon completion of the high speed manoeuvring serial, the ship's training dummy Oscar was thrown in the ocean and the ship's rescue stations organization closed up to rescue him. The ship's zodiac was launched and Oscar was quickly brought back onboard for medical care.

The ship's divers had an opportunity to display their training and skills through a helicopter deployment demonstration where they jumped off a CH-124 Sea King into the frigid waters of Constance Bank wearing their full diver gear, and were recovered by the helicopter moments later.

Another engaging aspect of the day sail was the shipboard tour stations throughout the ship. While touring the ship, guests were given a chance to don bunker gear worn by firefighters, and handle a charged firefighting hose on the ship's

quarterdeck. As most of them experienced, it can be very difficult to handle a charged hose in confined spaces onboard a ship while wearing full firefighting gear and Draeger breathing apparatus.

The tour also included a smoke maze inside the ship, a rappelling demonstration by the ship's Naval Boarding Party, and a trip to the ship's Sick Bay, where the ship's crew receive medical care while at sea.

Guests also had a glimpse inside the ship's 57mm gun, a close look at the ship's torpedo magazines, and an opportunity to handle the .50 calibre machine guns fitted onboard the ship. The tour also included a trip to the ship's Machinery Control Room from which the ship's propulsion plant is operated; the Operations Room, where the Combat Department fight the ship in a threat environment; and the Bridge of the ship where the Junior Officers navigate the ship and run the ship's programme.

Guests were also treated to a navy dinner prepared by the cooks onboard *Ottawa*.

