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### January 9, 2017

# And the decorating gurus are...

Once again esprit de corps was evident title from two years ago by fully embracing through the creative decorating of 21 Christmas trees distributed among each of the messes (Pacific Fleet Club, Chiefs and Petty Officers' Mess, and Wardroom) and at Naden (Nelles Block and MPU(E) Esquimalt).

Innovation and fun competition among units continues to be most evident across the Formation! Participating units competed for prizes in three coveted categories:

(1) Most Festive (traditional/seasonal);

(2) Best Griswold Design (outlandish); and

(3) Best Charlie Brown (valiant effort or lack thereof). All of the participating units are listed below, along with last year's winners.

The contest was judged on Dec. 15. The panel included myself, the Base Administration Officer, Cdr Lessard; the Base Chief, CPO1 Spinelli; the Formation Master Seaman, MS Clarke; and PSP Special Event Coordinator Christine Farrington.

Given that the holiday spirit is alive and well in the Formation, it was a difficult process to choose the winners for each of the three categories. Nevertheless, when the scoring sheets were tallied, the judges awarded the title of Most Festive Tree to HMCS Regina, who regained their previously-held

their unit's motto, theme and colours.

A new entrant to the competition, HMCS Chicoutimi unanimously won over the judges for Best Griswold Tree with their take on duty watches, request forms, TRANREQs and materiel challenges.

Finally, Best Charlie Brown Tree went to Formation Safety and Environment for their creative, sustainable efforts to draw out the spirit of the season.

Though the unit did not capture any of the categories, HMCS Ottawa deserves special mention for somehow making a Christmas tree look like a Senators hockey player. Overall, a strong performance by Fleet units this year.

Congratulations to this year's winners! Prizes for each of the three categories will be awarded upon return from leave in the New Year.

On behalf of the panel judges and organizers for this year's holiday program, I would like to convey a sincere thank you to all of the participants in the Formation Tree Decorating Contest. All the best for 2017!

> Capt(N) SM Waddell **Base Commander**



**HMCS** Regina's winning entry in this year's Formation **Christmas Tree** 

**Competition is** 

displayed at the

Fleet Club.



HMCS Ottawa won an honourable mention for dressing up their Christmas tree like an Ottawa Senator's hockey player.



The Dental Unit Detachment's entry is displayed at the Chief and Petty Officer's Mess.



Formation Safety and Environment's winning entry in the Best Charlie Brown Tree category.

Participants in the 2016 tree decorating contest were:

- 1 Dental Unit Detachment
- Base Accommodations
- Base Administration
- Base Executive
- Base Foods
- Base Logistics
- Base Orderly Room
- Canadian Forces National Investigation Services
- CFMWS Personnel Support Program (PSP) Services Formation Safety and Environment
- HMCS Chicoutimi
- HMCS Ottawa
- HMCS Regina
- HMCS Saskatoon
- MARPAC HQ
- MARPAC Health and Wellness Strategy Team
- Military Family Resource Centre
- Military Police Unit Esquimalt
- Naval Fleet School Pacific Seamanship Division
- Port Operations and Emergency Services Branch
- SISIP



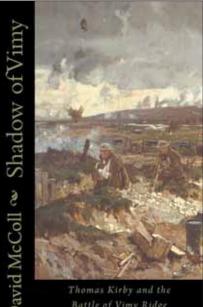
## Sailor captures frontline hardships in first novel

## Sara Keddy

Aurora Newspaper

A First World War battlefield is the backdrop to a historical fiction book written by Leading Seaman David McColl, an intelligence operator at Canadian Forces Intelligence and Command headquarters in Ottawa.

The "Shadow of Vimy" follows Thomas Kirby, a lieutenant in the Princess Patricia's Canadian Light Infantry, as he pursues an escaped German prisoner



Battle of Vimy Ridge

through the French countryside. It is the first in his planned eight book series.

His desire to pen a book about the historical conflict began after he visited Ypres in Belgium. He was amazed with the Belgians' care of war cemeteries dedicated to Canadians, Australians, French and British. In 2012, when the Canadian Mint released the Frontier Series of bills featuring the Vimy national monument. LS McColl felt the silhouette wasn't as well recognized as it should be.

"I realized we were losing knowledge of those experiences – and it is so unfair to the memory of the people who made

a contribution," he says. A great reader of historical fiction himself and with the urge to write, LS

McColl shaped his book with the philosophy that "people like to learn while

they are being entertained."

"You're allowed a certain amount of liberty with fiction, but you're constrained by actual history. You can create characters with that leeway, but there is always the major worry, 'How would this come across to people who have all the facts and research?"

LS McColl feels he captured the "big story" of the battle, and his main character's "small story" brings to light what war was like for one man.

His research led him to family diaries, letters home from the front, public broadcasting documentaries, battlefield tour operators and museum curators. He also credits much of his research to Canadian historians and authors Pierre Berton and Norm Christie for their extensive war storytelling.



Author Leading Seamen David McColl.

## About the "Shadow of Vimy"

It is 1917 and the men of the Canadian Corps have gathered together, all four divisions for the first time since the war began, to assault the formidable German fortress of Vimy Ridge.

After two years of intense fighting, neither the French nor the British have been able to oust the entrenched Germans, and Field Marshal Haig has turned to the only men he believes stands a chance of taking the ridge from them: the Canadians.

Thomas Kirby is a Lieutenant in the Princess Patricia's Canadian Light Infantry, a veteran of the war since the bloody fields of Ypres. He is aided by his trusted sergeant, American volunteer Frank Bennett, and together they wait in the shadow of Vimy Ridge.

When a dangerous German prisoner escapes with the aid of a traitor, Lt Kirby leads a manhunt to apprehend him before he can return to German lines with vital information, which could spell doom for the upcoming Canadian offensive.

It is a story of murder and betrayal set among the mud, blood and carnage of the Great War, where, in the shadow of Vimy Ridge, a nation waits to be born.

Shadow of Vimy is available in paperback and e-book format from Amazon/ Kindle. Proceeds from sales will support the Vimy Ridge Foundation, Wounded Warriors Canada, Soldier On and the Royal Canadian Legion.



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- Hungry Buddha coconut chips
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These healthy food choices will then be available for purchase at both the Belmont and Naden retail store.





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## Stand out for yourself - pedestrian safety

## **LS Andree Noye** MPU Esquimalt

Over the winter months, vehicular collisions involving pedestrians have been keeping Military Police and Victoria area emergency services busy both on and off Base.

In all cases, the collisions have occurred during low light conditions. Light rain, typical of West Coast winter weather, has also contributed to these incidents. With the shorter winter days, darkness coupled with dark clothing has drivers insisting the involved pedestrians were "nearly invisible" and could not be seen due to the rain and lack of light. Military Police recommend reflective clothing, reflective bands or carrying a light to make

you more visible to motorists. Although not all pedestrians involved were distracted, some did place their lives at risk by wearing dark clothing with no reflective gear, and/or by walking with their head down looking at their phone. Wearing dark, nonreflective clothing while not paying attention is a recipe for disaster. A black leather jacket might have the 'look cool' factor, but being seen helps keep you safe.

Weather conditions such as fog and rain, combined with street lighting during early darkness period can create poor

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driving conditions and significantly reduce driver's visibility. Although it might sound like stating the obvious, dark shadows can also hide hazards. If a driver can't see clearly ahead or behind, their information about the road scene is dangerously reduced (ICBC, *Sharing the Road Safely*, 2016).

"The majority of pedestrianrelated crashes happen at intersections, so we're asking drivers to be vigilant in looking for pedestrians this fall and winter," said John Dickinson, ICBC's road safety director. "Pedestrians also need to do their part by making sure they're seen by drivers and actively looking and listening for oncoming vehicles."

### **ICBC** tips for pedestrians

Always make eye contact with drivers and never assume that a driver has seen you.

Remove your headphones and focus your full attention on what's happening around you as drivers may not stop or obey traffic signals. Leave your phone alone.

Be careful at intersections and watch for drivers turning left or right through the crosswalk. Drivers may be focused on oncoming traffic instead of scanning for you.

Always cross at designated crosswalks – never mid-block. Follow pedestrian signs and traffic signals and never cross once the signal has turned yellow or red.



Wear reflective clothing or gear and flashlights to make it easier for drivers to see you in wet weather, at dusk and at night.

On rural roads without sidewalks, make yourself visible and always walk facing traffic so you can see oncoming drivers.

### ICBC tips for drivers

- Focus on the road. Always leave your phone or any other hand-held electronic device alone while you're driving.
- Be ready to yield to pedestrians – especially when turning in intersections and near transit stops.
- Look twice for pedestrians crossing the road particularly when visibility is poor.
- Give yourself extra time and space to stop in case a pedestrian suddenly crosses the street.

If you are involved in a crash ICBC and Military Police recommend the following:

### Legal responsibilities

You have legal responsibilities if you are involved in a collision or other drivers have a collision because of something you did. In either of these cases, you are

legally required to: 1. Remain at the scene.

Cive all reasonable assistance. Call for emergency services if you can and if necessary.
You must exchange the fol-

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lowing information with the other driver, anyone who has been injured and anyone whose property has been damaged: your name and address; the name and address of the registered owner of:

(1) the vehicle

(2) the licence plate number

(3) insurance information.

You must also provide this information to the police or a witness if requested.

Additionally, here are some other things you should do: • Move the vehicles off the

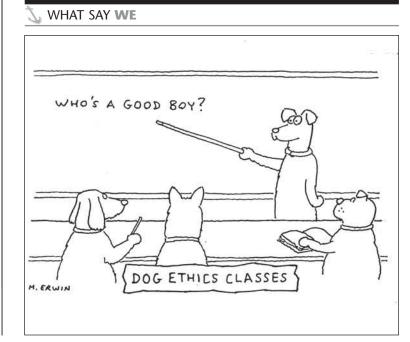
- road if it is safe to do so.Avoid discussing who is at
- Find the crash.Write down the names and
- Write down the names and addresses of all witnesses.
  Evolution driver's lisenes
- Exchange driver's licence numbers with any other drivers involved.
- Draw a sketch or take photos of the scene, noting conditions such as time, location and weather.
- Notify your insurance company right away.

Remember, even if a pedestrian may have the legal right of way, the reality is that in a collision between a pedestrian and a vehicle, the pedestrian always loses. It is always in the pedestrian's best interest to be proactive in his approach to being visible.

Be seen, maintain your situational awareness and stay safe.







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Rear-Admiral Art McDonald salutes Brandon as the ship sails by to come alongside in HMC Dockyard.

The Naden Band was on hand to provide musical entertainment to those assembled on the jetty awaiting the arrival of the ships.

HMC Ships Edmonton and Brandon returned home after an Operation Caribbe deployment Dec. 16. Brandon and Edmonton seized and disrupted narcotics during the deployment. Operation Caribbe is the Canadian Armed Forces' recurring participation in the multinational campaign against illicit trafficking by transnational organized crime in the Caribbean basin and the eastern Pacific Ocean.



Lieutenant Commander Jolene Lisi, Commanding Officer of HMCS Brandon, conducts a media interview.

Photos by MCpl Brent Kenny, MARPAC Imaging Services

# On January 14, we're inviting everyone over.

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Apprentice Millwright Mark Gauvin works on a project in the Hydraulics Shop in Dockyard. The 27-year-old says he owes much of his success to his job placement at Dockyard's Fleet Maintenance Facility which he says has greatly enhanced his skill set.

## Apprentice engineers a skills win

### **Peter Mallett** Staff Writer

When Fleet Maintenance Facility (FMF) apprentice millwright Mark Gauvin looks back on 2016 he'll fondly recall it as the year he travelled to his hometown and received national recognition for his trade skills.

Gauvin, who is studying for his ticket with the British Columbia Institute of Technology (BCIT) through a job placement in Dockyard, took first place in the 2016 Skills Canada competition Millwright category at the Moncton Coliseum last June. Gauvin, 27, was voted top apprentice from a field of 10 other competitors who put their skills to the test in building and setting up a pump and motor alignment.

"The competition was fast-paced and stressful, but overall was a fun and friendly environment to compete. I got to meet many tradespeople that are all as enthusiastic about learning the trade," said Gauvin who works in FMF's hydraulics shop.

Competitors were marked

understand blueprints, the accuracy of their frame dimensions, holes drilled, quality of welds, the tolerances of their machine shaft, and their ability to follow safety procedures.

"I built a gearbox and motor alignment project," said Gauvin. "Raw materials were provided so a rectangular base could be cut and fabricated to the specs along with the motor shaft."

Once that was complete Gauvin then made sure the gearbox and bearings for the mock motor were fastened down.

"Alignments could then be done so the shafts of both units ran true," he explains. Skills Canada is a national

organization with a mission to encourage and support a coordinated approach to promoting skilled trades and

on their ability to read and technology in youth. Each year it runs national skills competitions for its students who are studying for careers as tradespeople.

As top prize for Gauvin's victory, BCIT received a \$25,000 laser alignment tool that will be used at their Burnaby campus by aspiring millwrights and engineers.

"The BCIT millwright department is extremely proud of Mark and his accomplishment on the national stage by winning the Skills Canada competition," said Bryan Messer, Chief Instructor of Millwright at BCIT. "It is a reflection of the three entries of apprenticeship: the worker, the employer and the school, all working together to produce a creative, well-rounded millwright who can excel in

many different situations."

FMF Work Center manager Richard Turnbull describes Gauvin as "talented and hardworking", noting the national title is also a reflection of the FMF's ability to provide excellent hands-on training, and highlights a hiring process that brings in highcalibre apprentices.

A modest Gauvin says he owes much of his success and skill development to the diversity of tasks he performs at FMF.

"The great thing about the millwright apprenticeship in the FMF is that it is varied through the multiple shops we visit," says Gauvin. "A lot of the work we do you won't find outside [of the base], so it forces you to adapt and understand the mechanics of various systems."

the world. The name comes from long ago expertise in dismantling and repairing machinery in factories, construction sites and other places of industry.





## Halifax's HMCS St. John's deploys

DND

*HMCS St. John's* has been selected as the next Royal Canadian Navy (RCN) ship to deploy on Operation Reassurance in early 2017 to support Standing NATO Maritime Group 2 (SNMG 2) in the Mediterranean, contributing to regional security and stability. The deployment of *HMCS St. John's* demonstrates Canada's commitment and continued support to NATO assurance and deterrence measures in Central and Eastern Europe. *HMCS St. John's* will depart Halifax in mid-January, replacing *HMCS Charlottetown* which has been serving with SNMG 2 since July 2016.

## New address for Sun Life claims

In 2010, Sun Life's health claims processing departments were consolidated to their Montreal office. To provide faster and more efficient service, Sun Life's Ottawa PO Box will be closed as of March 31, 2017.

- Effective immediately, please mail your completed forms to the address below:
  - Sun Life Assurance Company
  - of Canada
- PO Box 6192 Stn CV
- Montreal QC H3C 4R2

The address can also be found on printable claim forms by visiting the Sun Life website - www.sunnet.sunlife. com/signin/csi/pshcp/e/home.wca. After March 31, 2017, any claims sent to addresses other than the one listed above will be returned to you.



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## **FundEX**

# a year in review



Base Commander, Capt(N) Steve Waddell drops the puck for game one of the regional championship. Facing off are team captains MCpl Brandon Betts, left, and Comox's Cpl Robert Keeping.

## JANUARY

students and business leaders a guided tour of the vessel after completion of its Halifax-class modern- Armed Forces progress report on inappropriate sexization life extension upgrades.

III DND announces the modernized, central- as part of Operation Honour initiatives. ized Phoenix payroll system will be rolled out in ID Former RCN supply ship HMCS Protecteur is ceremony on A Jetty announcing the Pacific Fleet's February with an expected completion in the towed from Esquimalt Harbour, bound for its final Spring for all 102 federal departments.

))) The crew of HMCS Winnipeg receives NATO Article 5 medal for service in support of Operation Reassurance.

**)))** Six Second World War veterans are awarded France's Legion of Honour medal for their role in During the annual Health and Wellness Expo, the liberation of France.

))) The Tritons men's hockey team advances to the CAF National Championship after a 2-0 series raised through the 2015 Government of Canada sweep of the Comox Totems in their regional qualifier.

## **FEBRUARY**

))) HMCS Vancouver visits its namesake city, giving ))) Chief of the Defence Staff, General Johnathan Vance, announces the release of the Canadian ual behaviour. He implements a Code of Conduct

destination at a scrapyard in Port Mersey, N.S.

**W** The 25<sup>th</sup> anniversary of the liberation of Kuwait is recognized with a commemorative ceremony at the Naden Drill Shed. Several past and currentlyserving Gulf War veterans take part in the event. representatives from the United Way of Greater Victoria accept a \$448,000 cheque for funds

Workplace Charitable Campaign (GCWCC). **W** HMCS Winnipeg returns to Esquimalt after an B.C. Museum.

eight-and-half month deployment on Operations Reassurance and Caribbe.

embers of MARPAC's marching team complete the last five kilometres of their journey during the Victory Parade on Annastaadt Street on day four of the 2016 International Four Days Marches Nijmegen.

## MARCH

**)))** Associate Minister of Defence and Veterans Affairs Canada, Kent Hehr, attends a ceremony on A Jetty unveiling the new remote naval weapons stations to be installed in Halifax Class ships. **W** The crew of *HMCS* Ottawa and over 400 other

MARPAC personnel participate in SMASHEX 2016, a simulated search and rescue operation involving a submarine.

))) Goaltender PO2 Ken Simoneau of Canadian Forces Fleet School Esquimalt puts on a show for fans at Colwood's Q-Centre during the Heroes Hockey Challenge. Unfortunately, his team of military veterans lost the match against a squad of Canucks Alumni including Dave 'Tiger' Williams. **W** The 100<sup>th</sup> anniversary of 13 Field Ambulance

is celebrated with a Freedom of the Municipality Parade in Saanich.

## APRIL

III The crews of HMC Ships Saskatoon and Edmonton assist in the seizure of 3,035 kilograms of cocaine as multi-national anti-drug smuggling effort Operation Caribbe 2016 concludes.

)) Defence Minister Harjit S. Sajjan attends a completion of the Halifax-Class Frigate Equipment waters. Life Extension Project (FELEX).

III Fleet Maintenance Facility Cape Breton celebrates its 20<sup>th</sup> Anniversary.

III Naden Band Conductor Lt(N) Matthew Clark accepts an invitation to join the prestigious American Bandmasters Association.

III The Naval and Military Museum opens two new exhibits: a permanent exhibit on HMCS Esquimalt and a temporary First

World War exhibit from the Royal

MAY

))) Port Operations and Emergency Services Branch )))) Campus Pacific is established as Canadian employees are heralded for their quick work in reducing the impact of a massive diesel fuel spill in Esquimalt Harbour.

**W** Former Iroquois-class destroyer *HMCS* Algonquin is towed from Esquimalt Harbour to Port Mersey, N.S. for scrapping.

**)))** MCpl (Ret'd) Adam Cyr wins a silver medal in Archery at the 2016 Invictus Games for wounded soldiers.

**)))** CFB Esquimalt athletes capture three out of five awards in the RCN's national sports awards ceremony: basketball player SLt Connor Duke, swimmer AB Marjoline Plante and the Tritons women's soccer team.

## JUNE

))) Vice-Admiral Mark Norman relinquishes command of the RCN and Vice-Admiral Ron Lloyd takes charge during a Change of Command Ceremony in Ottawa.

Marine scientists confirm the identity of the wreck of Second World War era merchant marine vessel the Coast Trader. They also confirmed the ship was sunk by a Japanese U-Boat in Canadian

**W** Personnel from the base and Joint Task Force Pacific participate in Operation Staunch Maple, an earthquake readiness drill that also involved the provincial government of British Columbia. W Over 1,200 visitors attend Westshore Navy

Days at CFB Esquimalt's Colwood facilities to see demonstrations showcasing the jobs done by CAF members on a daily basis.





Photo by Cpl Stuart MacNeil, MARPAC Imaging Services The former Protecteur-class replenishment oiler, HMCS Protecteur is towed out of Esquimalt Harbour by the Tug Corbin Foss on Feb. 24.





## JULY

Forces Fleet School Esquimalt and the Naval

III Rear-Admiral Art McDonald replaces Rear-

Admiral Gilles Couturier as Commander of

) The CAF Mobile App is launched, featuring

fully integrated social media, photo and video hubs.

MARPAC's Nijmegen Marching Team wins

the CAF's Woodhouse Trophy at the Four Days

III HMCS Vancouver joins Australia's HMAS

Warramunga and the USS Howard of the United

States for a live anti-ship missile defence test

in Hawaii as part of Exercise Rim of the Pacific

AUGUST

**)))** The Department of National Defence issues a

sailors, soldiers and air personnel participate in Rim

of the Pacific Exercise, an international effort involv-

Operation Honour revealing that, between April

and July 2016, 148 complaints of inappropriate

sexual behaviour were reported with 30 individuals

))) Capt Mark Hynes of JTFP J3-Land wins gold

medal in the 25 Metre Standard Pistol category at

the National Pistol Championships in Cookstown,

SEPTEMBER

III Formation Chief CPO1 Mike Feltham relinquishes command to CPO1 Gilles Grégoire in a

ing 25,000 military personnel from 25 nations.

security warning surrounding the popular mobile

International Marches Nijmegen in Holland.

Maritime Forces Pacific and Joint Task Force

to form Naval Fleet School (Pacific).

Officers Training Centre are officially reconfigured

(Pacific)

(RIMPAC) 2016.

app Pokemon GO.

receiving disciplinary action.

Ontario.



))) Canadian Forces Auxiliary Fleet (Esquimalt) celebrates its 70<sup>th</sup> Anniversary; Canadian Forces Morale and Welfare Services (CFMWS) celebrates its 20<sup>th</sup> Anniversary. **)))** Prince William and Catherine, The Duke and

Change of Appointment Ceremony.

Duchess of Cambridge, entertain 16 military families from the Victoria area with a children's tea party at Government House. IIII HMCS Uganda and the Quebec Veterans

Association holds their last-ever reunion at the base and are given a tour of HMCS Ottawa.

III Accent Inns President Mandy Farmer is appointed as an Honorary Captain, becoming the base's new ambassador in the community.



## OCTOBER

**)))** Sixteen members of Fleet Diving Unit (Pacific) travel to the Republic of South Korea to take part in Operation Clear Horizon, a multi-national training exercise.

**III** MARPAC becomes the largest organization in the province to take part in the Great B.C. Shakeout, an earthquake drill involving more than 740,000 B.C. residents.

**W** Personnel from the base complete volunteer work on full-scale, \$500,000 renovation of the Rainbow Kitchen with local non-profit Hero Work. **III** HMCS Vancouver arrives in Singapore for its first goodwill port visit of WestPloy16, an effort to build stronger ties between the RCN and navies of the Asia-Pacific.

) Second World War POW and Victoria philanthropist Rudi Hoenson is presented with two war medals by the Government of the Netherlands in a ceremony at the Veterans Memorial Lodge at Broadmead.

))) Vice-Admiral Ron Lloyd, Commander Royal Canadian Navy, hosts a town hall meeting focusing on submarine readiness. MARPAC submariners as well as employees of Fleet Maintenance Facility Cape Breton and Babcock Canada attend.

**W** HMC Ships Ottawa and Winnipeg participate in U.S. military exercise SWATTEX, joining forces with Chilean and U.S. military off the coast of Southern California.

## **NOVEMBER**

III HMCS Vancouver assists New Zealand after a 7.8 magnitude earthquake strikes just before the vessel's scheduled participation in the 75th Anniversary of the island nation's naval forces.

III Dr. James Boutilier, MARPAC Special advisor on Asia and the Pacific, becomes the 26th recipient of the Vimy Award, which honours individuals who have made a significant contribution to Canada's security and defence.

III Personnel from the base join students from Rockheights Middle School for a No Stone Left Alone Ceremony at God's Acre Veterans Cemetery ahead of Remembrance Day.

**)))** Past and present CFB Esquimalt personnel are well represented at Remembrance Day ceremonies at the B.C. Legislature and across Vancouver Island

## DECEMBER

**)))** The base mourns the loss of MS Guillermo Morales Castellon after the Base Logistics member dies from injuries suffered in an industrial accident at 443 Maritime Helicopter Squadron.

**)))** The RCN announces the completion of the Halifax-Class Frigate Equipment Life Extension Project (FELEX). Halifax-based HMCS Toronto is the last ship to complete the upgrades.

**)))** The base holds it annual Veterans' Dine with Service Personnel event. **)))** Three Chinese warships visit Victoria.

III HMCS Vancouver returns home after a six month deployment on RIMPAC and WestPloy.

A sailor jumps from the quarterdeck of Vancouver to conduct a dive in support of routine maintenance on Aug. 3 while in Darwin, Australia. The ship was taking part in Exercise Kakadu 2016, Australia's largest international maritime exercise.









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## **Recruiting drive for Urban SAR**

To all personnel that were planning on attending the CFB Esquimalt USAR team recruiting lecture initially slated for Dec. 9, 2016, due to uncooperative weather, the base was forced to close on that day.

Therefore, this lecture has been rescheduled for Jan. 16 10 a.m. to noon.

CF Fleet School Esquimalt (Naden, Bldg 92) in the MSE Theater (located just inside the main doors by the canteen).

If you have any questions, please contact Chance Sheffield chance.sheffield@ forces.gc.ca.

The Urban Search and Rescue team is looking for new team members to join its ranks.

Do you like to help people in your community? Do you enjoy activities that are both mentally and physically challenging? Do you have a desire to belong to an elite team

and learn new specialized unique skills? If you agree with any of

the above statements then

(USAR).

Urban Search and Rescue Don't know anything

about USAR but might be interested?

this is a special opportunity

for you to enter the exciting

specialized environment of



## **Know your benefits**

and benefits for military

Commodore Mark Watson, the Canadian Armed Forces' (CAF) General Director Compensation and Benefits (DGCB) wants every CAF member to understand the range of benefits available to them. In the New Year, he will

release a series of articles under the branding "Know your Benefits" that will help both CAF members and their families better understand their benefits.

The Director General assumed his new role this past summer, and is responsible for the management of pay, pensions,

personnel and veterans. "The CAF provides one of the best compensation packages in Canada, and I want to ensure that every member and their family are fully aware, and take advantage of, the benefits available to them for the work they do," he says.

The "Know Your Benefits" series will be a monthly publication featured in MILPERSCOM News, the Maple Leaf, and base newspapers, as well as on the DGCB intranet at cmp-cpm.mil.ca.

According to Cmdre Watson, "It is of upmost

importance that CAF members understand the nature and range of the compensation and benefits that they have access to, especially when the need arises. At these crucial times, the burden of seeking help and support elsewhere is the last thing that should be on their minds."

A lack of awareness from CAF members is the main cause of misunderstandings related to compensation and benefits. "Know Your Benefits" will communicate information CAF members need to know in a consistent, ongoing way.

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### LCdr Jeff L. Chura OIC NST

In November 2016 the Naval Board and the Royal Canadian Navy (RCN) Dress Committee approved a new "morale" qualification badge for the fledgling Naval Security Team (NST).

Members of NST's core leadership team have already begun to wear the badge, and new members will be presented with it once they successfully complete the team's Collective and Validation training.

The badge was designed by the Officer-in-Charge of NST, LCdr Jeff Chura, and its symbolism is representative of the team's duties and responsibilities.

The shape of the badge is a shield. This represents the main duty of the team, which is force protection and security. In Canadian Armed Forces Doctrine the force protection warfare function is referred to as "shield", so this shape is highly appropriate for the badge of a team dedicated to that function.

The inner colour of the shield is red, like a traffic stop sign, and this represents the team's mandate to anticipate and dissuade individual people, groups, or organizations from threatening the ship's and personnel of the RCN.

The anchor at the center of the shield is the official RCN anchor, and represents those ships and personnel that NST is to protect. Behind the anchor are a crossed trident and sword. The trident symbolizes the protection provided on the water via a tactical small boat section. The sword represents the protection on the land via a security and patrol section.

NST is still in an advanced stage of its development phase, and is moving towards an Initial Operational Capability phase for spring 2017, with its first deployment overseas at that time.

It currently resides within Canadian Fleet Pacific as a cell of Fleet Operations, but a Ministerial Organization Order and a Canadian Forces Organization Order are making their way up the CAF's chain-of-command for eventual Minister of National Defence signature, and at that point NST will become an official unit of the RCN.

While the new morale badge will continue to be worn as an outward sign of those who have successfully met NST training requirements, a proposed unit crest has also been designed, and this will be reviewed by the Canadian Heraldic Authority for approval once NST becomes a full unit.

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## **MARPAC** awards

presented by Cdr Wes Golden, Commanding Officer MARPAC Headquarters



Lt(N) Dalton is presented the OSM-Expedition for Op Caribbe and the Article 5 NATO medal for Active Endeavour.



LCdr Hopkins is presented with the first clasp of his CD.

MARPAC awards presented by Capt(N) Boyd, Commanding Officer of the Directorate of New Capability Introduction



CPO1 Hamilton is presented with his CPO1/CWO Scroll.



CPO1 Jakubowski is presented with the second clasp of his Canadian Forces Decoration.



NCdt Niedzielski is promoted to the rank of A/SLt.



Capt Prigione is presented with the first clasp of his Canadian Forces Decoration.



MWO Robillard is presented with the second clasp of his Canadian Forces Decoration.



Heather Catte, PSP Sports Coordinator, receives her Occupational Health and Safety Ambassador Award from Danielle Sutherland, Senior Manager PSP.



Penny Blanchard, PSP Fitness and Sports Manager, is recognized for 15 years of service by Danielle Sutherland, Senior Manager PSP.



Katie Ashley receives an RP Ops bursary for high school students going into the trades. It was presented by Maj Mark Kierstead.





Photo by Cpl Carbe Orellana, MARPAC Imaging Services Captain (Navy) Steve Jorgensen presents the Operational Service Medal - Operation Carribe to Leading Seaman Amanda Cassidy.



AB MacKay is promoted to her current rank by Cdr Jeff Watkins, Commanding Officer Base Logistics, and MS Runowski, Clothing Stores 2 I/C.



LS Philibert is promoted to his current rank by Cdr Byron Derby, Commanding Officer Base Information Services, and CPO2 Steve Calvert, Base Information Services Operations Chief.



PO1 Nelson was promoted to his current rank by Lt(N) MacKay and Cdr Matthews, Commanding Officer of HMCS Regina.



Pte(T) Robichaud was promoted to her current rank by CPO2 Rasmussen and Cdr Matthews, Commanding Officer of HMCS Regina.



## QL5 Boatswain course 0022 graduation awards

Presented by Lieutenant (Navy) Andrew Brumwell, Dec. 14



Leading Seaman Sheldon Batiste with is presented with a certificate of military achievement.



Leading Seaman Jason Ignatescu is presented with a certificate of military achievement.



Ordinary Seaman Timothy Bee is presented with a certificate of military achievement.



Leading Seaman Kyle Johnson Leading Seaman Alexandra McBride is presented with a certificate of is presented with a certificate of military achievement.



Leading Seaman Ryan Denham is presented with a certificate of military achievement.



military achievement.

Photos by Cpl Carbe Orellana, MARPAC Imaging Services



Able Seaman Josh Froebe is presented with a certificate of military achievement.



Ordinary Seaman Patrick O'Dowd Gault with a certificate of military achievement.

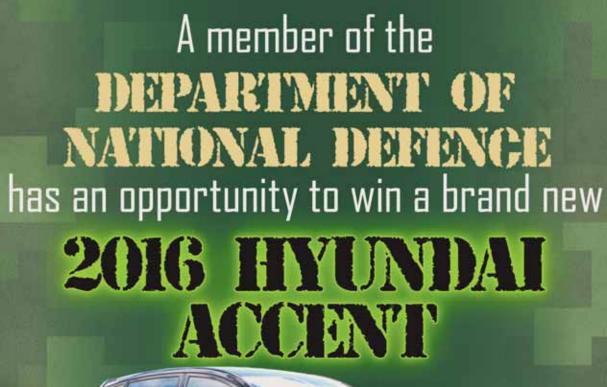
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Dr. Joseph King, MD, FRCSC

## Capital Regional District

## Notice of Construction View Royal - Admirals Road

CRD construction crews will be installing a new water main in the township of View Royal on Admirals Road between Craigflower Road and Maplebank Road.

The work will begin in December 2016 and is expected to be completed in March 2017.

The CRD will make every effort to reduce traffic impacts during construction but road users should expect periodic, moderate to significant traffic delays. Some night work will be required.

For more information, please visit www.crd.bc.ca/admirals-watermain

Shayne Irg, P. Eng. Project Engineer, Integrated Water Services Tel: 250.474.9661 Email: sirg@crd.bc.ca



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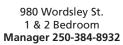
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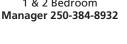
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