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Vimy's 100th takes flight

A small wheeled rack is placed under the wheels of a replica Nieuport II bi-plane so it can be rolled sideways into the cargo area of the CC-177 Globemaster III. Seven First World War replica aircraft were loaded onto the Globemaster at 19 Wing Comox, British Columbia, March 15, and were flown to Lille, France, that evening in preparation for the 100th anniversary of the Battle of Vimy Ridge. See pages 8 and 9 for the full story.

Photo by Master Seaman Roxanne Wood

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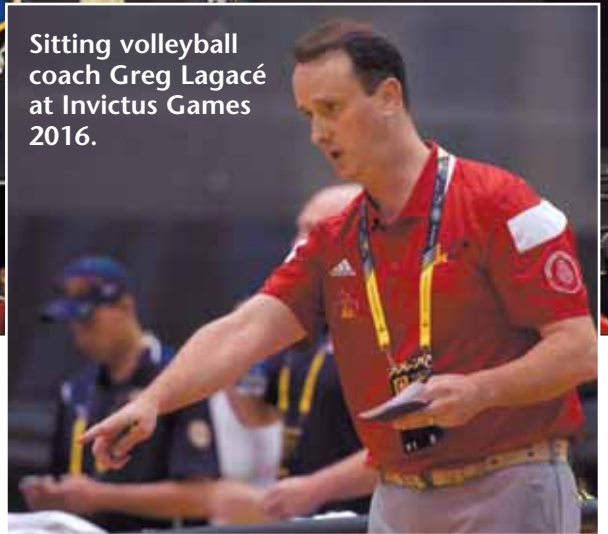
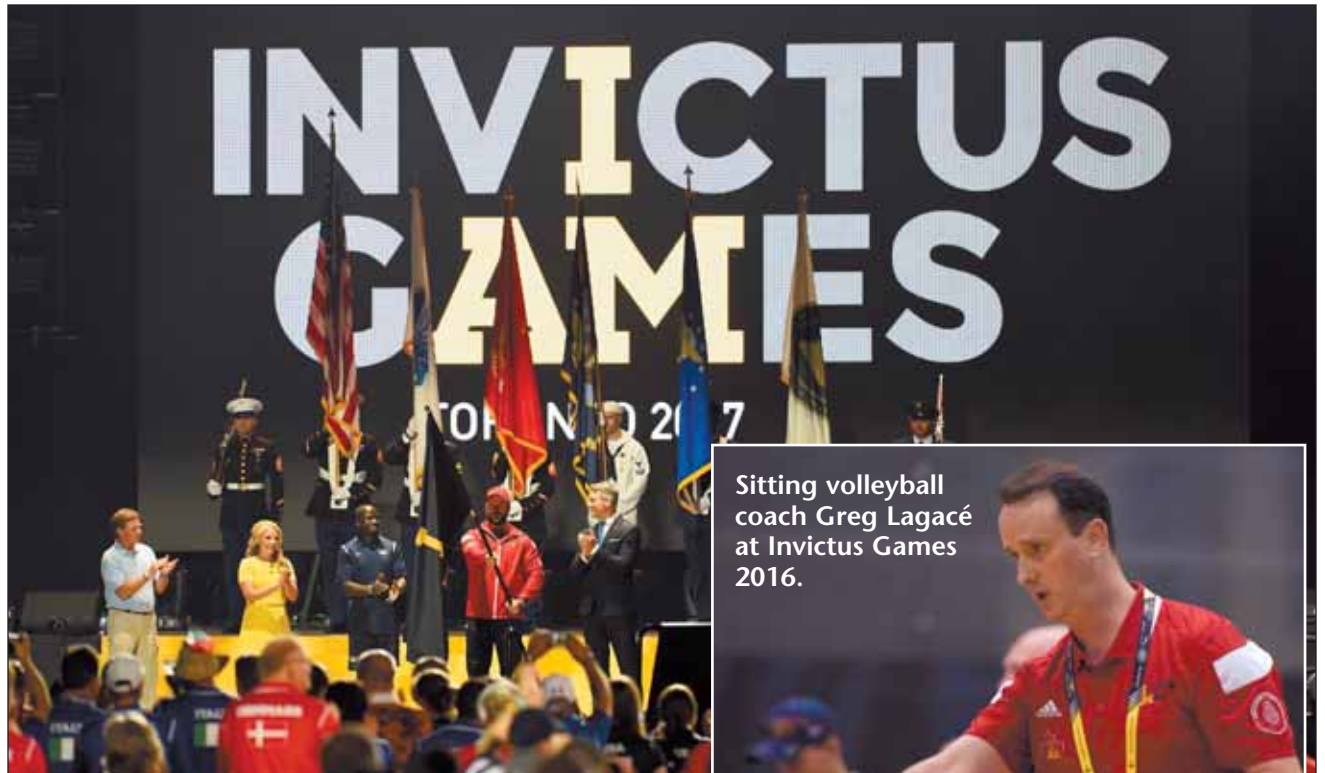
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Sitting volleyball coach Greg Lagacé at Invictus Games 2016.

Team Canada captain Bruno Guevremont (centre) holds the Invictus Games flag at the conclusion of the 2016 Invictus Games in Orlando, Fla. The flag was passed to Guevremont to introduce the 2017 Invictus Games, which will be held in Toronto in September.

Invictus athletes train on base

Peter Mallett
Staff Writer

Next week 90 athletes for Canada's 2017 Invictus Games team will use CFB Esquimalt as their preparatory training camp.

The athletes, along with 11 coaches and support staff, are preparing for the international athletic competition for ill or injured current and former military members, to be held Sept. 23 to 30 in Toronto.

The third Invictus Games Toronto 2017 will bring together 550 athletes from 17 nations to compete in archery, athletics, indoor rowing, powerlifting, road cycling, sitting volleyball, swimming, wheelchair basketball, wheelchair tennis, and golf.

Team Canada athletes will be housed in Work Point barracks for the duration of their stay.

"The team is really

excited to be gathering at CFB Esquimalt for the first time as Team Canada to meet their peers, coaches and other members of the support staff," said Greg Lagacé, Team Canada Manager. "We're eager to get going and Victoria is the ideal location in Canada at this time of the year to provide necessary training opportunities for these incredible athletes."

Naden Athletic Centre, the Pacific Institute of Sports Excellence, Commonwealth Pool, Victoria Bowmen Archery Club, and four area golf clubs will serve as training venues for the athletes.

Morning and afternoon fitness evaluations and training sessions will take place in the gymnasiums along with team practice sessions for power lifting and sitting volleyball.

Lt(N) Krista Seguin, a Naval Logistics Officer

The Canadian delegation will be housed at Work Point for the duration of the camp, April 3 to 8.

who works in the Clothing and Small Arms Office in Dockyard, will be competing in her first Invictus Games. Lt(N) Seguin will compete in the sitting volleyball and power lifting events. In 2011 she began using the power of competitive sport to help recover from a medical condition known as Compartment Syndrome, which she developed in her right leg during basic training at Royal Military College in 2007.

"I'm excited about the road ahead and ecstatic about these camps," said Lt(N) Seguin. "Now I know it's for real. The first training camp will provide me with an opportunity to compare

myself with the other competitors, but more importantly to get to know my teammates and coaches."

The Canadian Armed Forces Soldier On Program, in partnership with Invictus Games Toronto, is responsible for organizing the Team Canada training camp in Victoria.

Soldier On is committed to supporting veterans and serving members with a permanent physical or mental health illness/injury to adapt to their new normal by providing resources and opportunities to actively participate in physical activity and sport. For more information please visit www.SoldierOn.ca



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CAPREIT

Kingston-Class ships journey to Africa on Neptune Trident

Alex Calder
MARLANT

While off the west coast of Africa on Neptune Trident 17-01, HMC Ships *Moncton* and *Summerside* came alongside Freetown,

Sierra Leone, for a port visit.

The two Kingston-Class ships set sail for Africa Feb. 18. While deployed they will work with regional allies and partners by contributing to maritime secu-

riety, capacity building and enhancing mutual understanding in the Gulf of Guinea region, off the West Coast of Africa.

"This is a new mission for the RCN (Royal Canadian Navy) to send

two of our patrol ships to Africa to work with a number of partner countries," said Rear-Admiral John Newton, Commander Maritime Forces Atlantic, before the ships departed. "We do this kind of business with the United States and with our allies in NATO, and I think these young sailors and ships are perfect for the mission of helping the zones along the African coast of reaching a higher level of competency.

"We are asked by the government to respond to world crises on a regular basis. What has changed is our ability to communicate, and our ability to put things into the context of capacity building worldwide, help-

ing other navies, like this mission, and responding to humanitarian disasters."

The visit to Freetown was one of many strategic engagements the ships will make during their deployment.

"The City of Freetown was settled by Nova Scotians. Freed slaves from the American Revolution that migrated to Nova Scotia lived here, and then in 1792 1,500 of them headed out on two ships to settle Freetown," said LCdr Paul Smith, Commanding Officer of *Summerside*.

"To be a part of that history, and essentially track the same course those settlers took going over is very special to me."

While deployed, the two ships will join a detachment of personnel from the Maritime Tactical Operations Group (MTOG), an enhanced naval boarding party. They will also participate in Obangame Express 2017, an at-sea maritime training event led by U.S. Naval Forces Africa.

MTOG will work with regional partners to support joint training that aims to delay, disrupt or destroy criminal or enemy forces and supplies en route at sea.

Obangame Express 2017 is designed to improve cooperation among participating nations in order to increase maritime safety and security in the region.

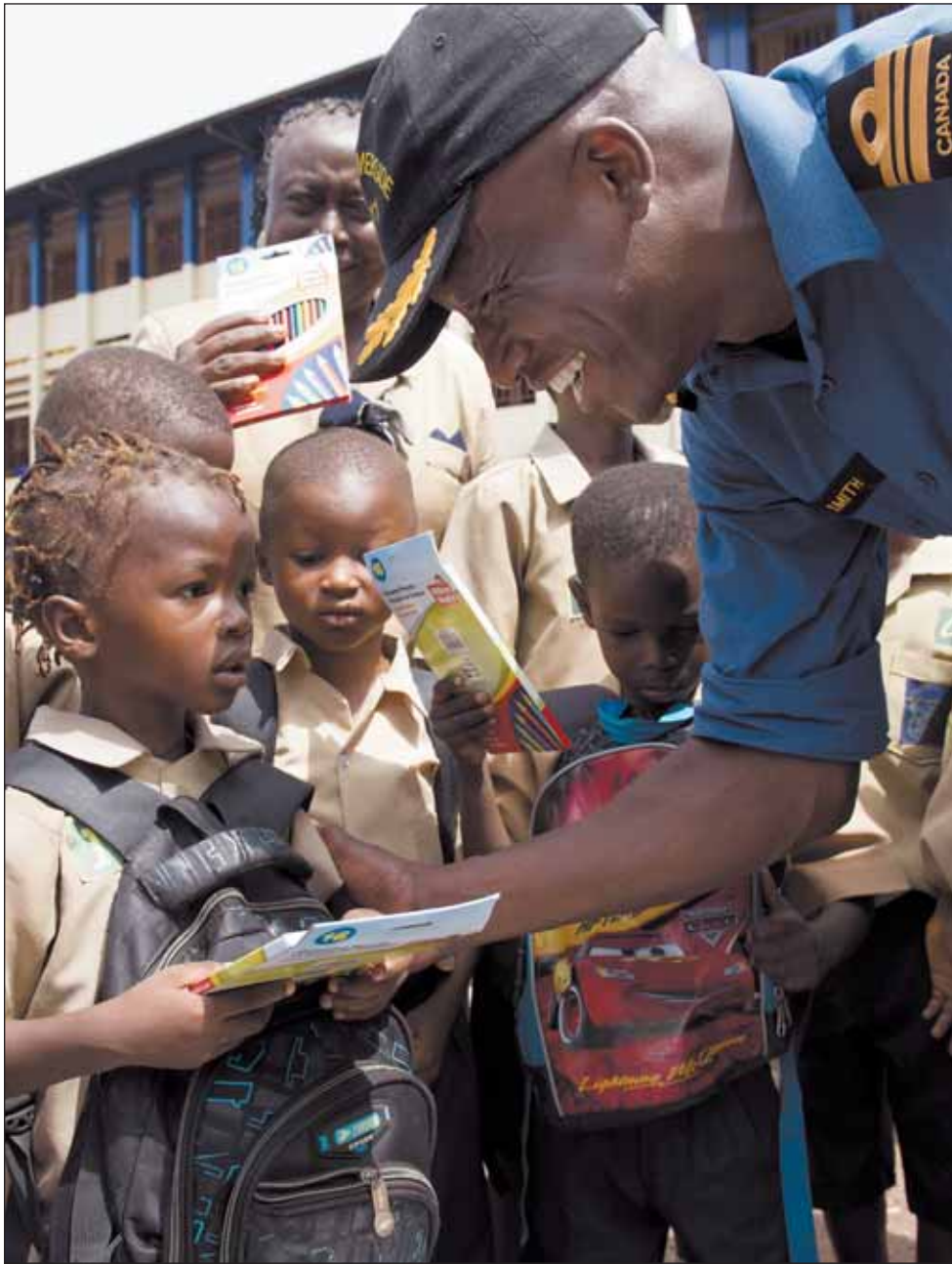


Photo by MCpl Pat Blanchard, Canadian Forces Combat Camera, DND Lieutenant-Commander Paul Smith, Commanding Officer of HMCS *Summerside*, hands out donations to students from St. Edwards Primary School in Freetown, Sierra Leone.



Photo by MCpl Pat Blanchard, Canadian Forces Combat Camera, DND Members of the Christian Young Adult Fellowship of Sierra Leone go for a ride aboard *Summerside's* Rigid Hull Inflatable.

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WHAT SAY YOU

HMCS Scotian to celebrate 70th anniversary in April

Lt(N) Sean Ritchie
HMCS Scotian

Friends old and new are invited to share in the celebration of HMCS Scotian's 70th year of service to the Royal Canadian Navy and the Halifax region this April.

With a storied and rich history, the celebratory weekend will be one of fond memories as we honour our past and look towards our future.

The 70th Anniversary weekend will be highlighted by a gala held in the newly christened Tribute Tower at CFB Halifax on Saturday, April 22. The evening will begin with cocktails at 6 p.m. followed by a dinner at 7 p.m. Diners will enjoy their meal

while the music of the Stadacona Band satisfies their eardrums.

At 9 p.m. there will be a dance with music provided by Halifax's own Satori.

Tickets went on sale March 15, at a cost of \$60 per person. If you are interested in attending contact SCO70th@forces.gc.ca by April 1 in order to secure your spot. Dress is semi-formal with an option to wear Mess Kit.

A limited edition coin will be also be sold to commemorate the milestone. Further updates will be provided on the HMCS Scotian Facebook page, which will highlight the unit's history each Wednesday leading up to the event. We hope to see you there.



HMCS Scotian, located on the Halifax waterfront, has been home to Naval Reservists for the past 70 years.

WHAT SAY WE

SPORTS trivia College Basketball by Stephen Stone & Tom Thomson

Questions

- Which Canadian University holds the record for the most national championships?
- What is the name of the trophy presented to the Canadian University men's basketball champion?
- Which Canadian University holds the current record for consecutive wins of the W.P. McGee trophy?
- Which women's Canadian team has won the most Bronze Baby trophies as national basketball champions?
- Who is the Carlton Ravens basketball player who has won a record three Mike Moser Memorial trophies as outstanding player in the nation?
- Who holds the career record for points on free throws in the NCAA?
- Which NCAA men's basketball school holds the record for the fewest points in a game?
- Which NCAA division III school holds the following records: most points in a game (201), points in a half twice in the same game (91 and 105), shots made (78), and shots taken (141)?
- Who are the only NCAA men's basketball players to score at least 100 points in a game?
- Who holds the NCAA record for scoring average for three consecutive seasons?
- Which team has the NCAA record for consecutive games won?
- Which NCAA team holds the record for consecutive Tournament titles, coincidentally the same number as Canada's University of Victoria and Carleton University?
- Which school holds the women's basketball consecutive win streak with 108 wins?

1. Carlton Ravens with 13 as of 2017.
2. The W.P. McGee trophy, awarded since 1963.
3. Carlton - seven (from 2011-2017) and University of Victoria - seven (from 1980-1986).
4. Laurentian - seven.
5. Philip Scrubb.
6. Over his four years in Chapel Hill, Tyler Hansbrough made 982 free throws. He played 142 college games, and averaged seven scoring free throws per game.
7. Northern Illinois with four versus Eastern Michigan.
8. Lincoln University in 2006.
9. Grinnell College's Jack Taylor with 138 in 2012 against Faith Baptist Bible college; Rio Grande's Bevo Francis with 113 against Hillside in 1954, and Furman University with 100 against Newberry also in 1954.
10. Pete Maravich with 43.8, 44.2 and 44.5 with 28 50-point games while at Louisiana State.
11. UCLA with 88.
12. UCLA - seven.
13. University of Connecticut.

Answers

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New satellite to enhance military communications

DND

Representatives from the Canadian Armed Forces (CAF) and Department of National Defence (DND) were on hand at Cape Canaveral, Florida, March 18 to witness the launch of the ninth

Wideband Global Satellite Communication (WGS-9) constellation satellite.

A United States Delta IV rocket was used to launch the WGS-9 at 8:18 p.m. from the United States Air Force Space and Missiles System Center at Cape Canaveral.

The satellite will aid in meeting CAF strategic satellite communications (Satcom) requirements for many years into the future.

“Military operations are increasingly dependent on capabilities based in space,” said Brigadier-General Blaise Frawley, the Director General Space at the Royal Canadian Air Force. “The WGS-9 will further enhance a reliable Satcom network and ensure our forces can communicate effectively to enable success on operations.”

Canada contributed \$340 million to the development of the WGS-9 program, which represents the largest financial contribution of the five project partner nations. Canada’s participation was made under the Department of National Defence’s Mercury Global Project, which leverages the capabilities of eight other WGS satellites already in orbit.

Canada gained access to the WGS constellation in May 2013 and has used this capability to support the communications needs of several missions around the world.

Mercury Global Project will ultimately access its full allotted bandwidth from the WGS constellation through anchor stations in Shirleys Bay, Ottawa, Ontario; Great Village, Nova Scotia; and Canadian Forces Base Esquimalt, British Columbia — all of which are home to the antennas and associated ground infrastructure.

The ability to exchange large amounts of information between headquarters and deployed forces has

become critical to modern military operations. This has been demonstrated in support of NATO missions such as Operation Reassurance in Europe and coalition operations such as Operation Impact in the Middle East. The Mercury Global Project is an effective way of meeting the CAF’s communication requirements for domestic and expeditionary operations.

In total, Canada has allocated \$452 million to the Mercury Global Project. This includes the contribution to the ninth satellite acquisition, WGS constellation support, large-scale antennas at three sites in Canada, and strategic deployable terminals. Sharing costs with international partners and allies is a more cost-effective option than building and maintaining a uniquely Canadian satellite system.

Besides the United States, which owns and launched the satellite, other international partners involved with the WGS-9 include Denmark, Luxembourg, New Zealand and The Netherlands.

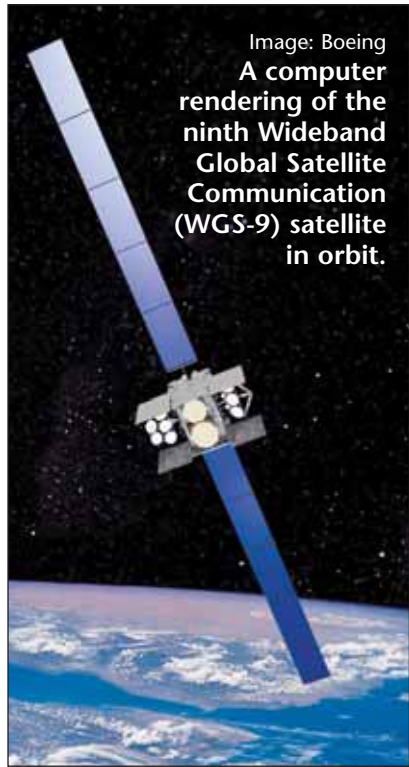



Image: Boeing
A computer rendering of the ninth Wideband Global Satellite Communication (WGS-9) satellite in orbit.




Photo: © United Launch Alliance

The WGS-9 constellation satellite displays a crest featuring the flags of the partner nations. Clockwise from the bottom: the United States, Luxembourg, Denmark, The Netherlands, New Zealand and Canada.



Vanessa Roman,
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VICTORIA HOUSING MARKET KEEPS RISING IN 2017

A total of 675 properties sold in the Victoria Real Estate Board region this February, 12.6 per cent fewer than the 772 properties sold in February last year. On the surface, some might believe the lower sales number is an indication of the market starting to cool down, but that would be wrong. The Victoria market is robust; the lower number stems from a lack of available inventory, not a lack of willing buyers. In fact, this February’s sales are the second highest we’ve seen in Victoria over the last 10 years.



What does this mean for Sellers?

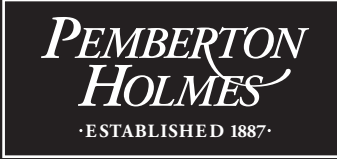
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Sailing Association churns out top sailors

Peter Mallett
Staff Writer

One of the Canadian Forces Sailing Association's (CFSA) most successful competitive sailors is 40-year-old Antony Zegers, a former researcher with Defence Research and Development Canada.

As skipper of Team Ducati, Zegers and his four teammates claimed first place in last year's Vancouver Island Racing Series (VIRS) involving approximately 200 teams sailing in a series of regattas and races held throughout the calendar year, including the cornerstone event, the Swiftsure International Yacht Race.

Team Ducati was one three teams from CFSA to finish in the top five. Plus CFSA captured the VIRS Best Team Trophy awarded to the club with the best overall point total.

"I felt very proud and appreciative of the whole

team. We had a good crew and lots of people worked together to do it, so winning was a very satisfying experience," says Zegers. "The whole process of competing in the regatta series is highly rewarding, interesting and a true challenge because sailing is something you are constantly trying to improve on."

Club members involved in the racing series were honoured during the CFSA annual awards banquet in February.

The other two top finishers were Team Jaguar skippered by MS Clayton Mills who tallied 84 points to finish third, and Team Pitoraq led by Graham Heath who finished in fifth place.

Zegers grew up in Kingston, ON, and learned to sail from his father Tony, a former competitive sailor who once tried out for the 1976 Montreal Olympics.

Zegers said he drifted away from sailing in his early 20s after education

and work took up most of his time. Then in 2006, when his work took him to CFB Esquimalt, he reconnected with the sport.

He purchased his 25-foot Kirby 25 boat about seven years ago and has spent countless hours practicing his skills.

"Most people just sail once a week when we have our club races and aren't as obsessed as me, and that's fine," says Zegers. "CFSA is for everyone. It's volunteer driven and set up to be accessible for military families and DND employees, and we are always happy to have new crew."

As the days of spring grow longer, CFSA will switch its weekly race days from the weekends to Wednesday nights beginning in April through to October.

About CFSA

If you're looking to kick off the summer with fun, friendship and some exercise the Canadian Forces Sailing

Association (CFSA) is at your "Ready-Aye-Ready".

The Sailing Association's mandate is to provide recreational and competitive sailing opportunities to military members, and their family, DND employees, and veterans.

"We welcome both experienced sailors and those new to the sport with open arms," says LCdr Chris Maier, CFSA Commodore. "If people are interested, just show up at the dock and we will do our best to get you into one of our boats and out on the water."

The club was established in 1946 and was originally located on a jetty below the Naden barracks and organized as the Royal Canadian Naval Yacht Club. It eventually moved to its present location in 1954 at the end of Maple Bank Road.

For more about the CFSA visit their website www.cfsaesq.ca



Photo by Peter Mallett, Lookout Newspaper
Vancouver Island Racing Series 2016 champion Antony Zegers, from the Canadian Forces Sailing Association, with his 25-foot sailboat Ducati.



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POSEIDON CUTLASS 2017

Sailors at Work

Photos: Cpl Carbe Orellana, MARPAC Imaging Services

HMC Ships Winnipeg and Ottawa are on a six-month deployment to the Indo-Asian Pacific Region for Poseidon Cutless 17. The deployment includes numerous opportunities to exercise with regional partner navies at sea, as well as take part in key events and engagements in ports across the region.



Lieutenant-Commander (LCdr) Kevin Whiteside, Sea Training Pacific, LCdr Landon Creasy, Winnipeg's Executive Officer, and Commander Christopher Peschke, Sea Training Pacific, pose for a photo on HMCS Winnipeg.



Corporal Dalmas Odak, a cook on Winnipeg cuts vegetables for dinner.



Members of HMCS Winnipeg carry out helicopter drills with crewmembers from 443 Maritime Helicopter Squadron.



Members of the boarding party prepare their weapons before an exercise on the flight deck.

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BATTLE OF VIMY RIDGE 100TH ANNIVERSARY

REPLICA WAR PLANES Take Flight



Photo by Major Dave Wood
Captain Brent Handy, an RCAF pilot from 15 Wing Moose Jaw, Saskatchewan, will fly **Bill O'Reilly's** Nieuport IIs in the historic fly-past during the main ceremony at Vimy Ridge next month.



It's like a jigsaw puzzle. The Vimy Flight Association's aircraft are safely stowed in the CC-177 Globemaster III.

Photo by Major Holly-Anne Brown

A

Peter Mallett
 Staff Writer

THE MOMENT when five replica First World War planes make a symbolic pass over Vimy Ridge Memorial April 9, Major (Retired) Paul O'Reilly says he will be choking back tears.

The fly over is part of the Veterans Affairs Canada-led ceremony to mark the 100th anniversary of the Battle of Vimy Ridge, and retired military pilots and one from the Royal Canadian Air Force (RCAF) will be in the cockpit.

Two Sopwith Pups, four Nieuport 11s, and one SE5 were placed into a CC-177 Globemaster III and flown to France March 15. The Sopwith Pup replicas, built by Canadian Museum of Flight volunteers along with air cadets from 746 Lightening Hawk Squadron at Langley, British Columbia, will be used for static displays.

One of those Nieuports belongs to O'Reilly. The single seat French fighter plane is affectionately nicknamed *Bébé* by French pilots, but re-dubbed *Pokey* by O'Reilly. With careful precision the planes were loaded into the belly of the massive transport aircraft as proud owners closely watched.

"My wife Nancy could see I was really getting choked up because it was like seeing a dream come to fruition and realizing this was actually happening. Attending the ceremony will be a far more emotional moment for me," says O'Reilly.

The 69-year-old Brentwood Bay resident

enjoyed a 34-year military career as a Sea King pilot with the RCAF, and later as a flight instructor. He also worked at CFB Esquimalt from 1995 to 1999 in an administrative position with the Maritime Air Group Detachment (Pacific).

"After I retired from the military I mistakenly thought that was it for my flying career and aviation, it was done for good, over and out," he says.

But he didn't stay away long. While driving by the Victoria International Airport a few years back he noticed two Nieuports landing. He went to the airport to investigate and discovered one was piloted by a former member of his Squadron, Allan Snowie.

This re-acquaintance led them on a two-year journey to rebuild a replica Nieuport near Snowie's home in Bellingham, Wash.

"While he had a flyable Nieuport he had another that was still in pieces when I first saw it," says O'Reilly.

The finished plane has some design differences such as a more reliable and efficient Volkswagen engine, which also eliminates the nasty early aviation reality of oil-soaked exhaust spraying back into the pilot's face. Plus a more durable and lighter aluminum frame instead of wood, and a flame-resistant Ceconite, polyester interior. The plane was also built to a scale of roughly seven-eighths of its original size.

O'Reilly was hoping to fly the plane at the Vimy Ridge event, but just two months ago his

doctor grounded him because of a medical condition. Climbing into the cockpit of the Nieuport will be Captain Brent Handy, 15 Wing Moose Jaw, Saskatchewan, a former Snowbirds and CF-188 Hornet pilot who, outside his military duties, also flies a Pitts Special aerobatic biplane on the North American airshow circuit.

Capt Handy is bringing his wife Rebecca, and son Evan, 9, and daughter Grace, 6, to Vimy to witness the flight.

"It will be a defining moment for them to learn about the sacrifices made by soldiers and airmen at Vimy," says Capt Handy. "I feel like I have won the lottery because these honourable gentlemen are entrusting me with their airplane and I'm completely stoked and honoured to be representing the RCAF with this flight."

Each of the five planes will honour a First World War aviation hero. O'Reilly's plane will fly in honour of flying ace and Air Commodore Alan Duncan Bell-Irving, who was credited with seven aerial victories

while serving with the Royal Flying Corps.

O'Reilly will also take part in the "A Nation Soars" project that involves a cross-Canada tour of interactive events, flights and appearances by pilots over the summer months. A Nation Soars includes a series of documentaries narrated by Canadian actor Dan Aykroyd in English, and in French by Canadian explorer and mountaineer Bernard Voyer.

More information on Vimy Flight can be found at www.vimyflight.ca/home.html

It will be a defining moment for them to learn about the sacrifices made by soldiers and airmen at Vimy.

Capt Brent Handy, RCAF Pilot



Former Canadian Armed Forces helicopter pilot, Major (Ret'd) Paul O'Reilly tinkers with the Volkswagen engine of his First World War replica of a Nieuport II.



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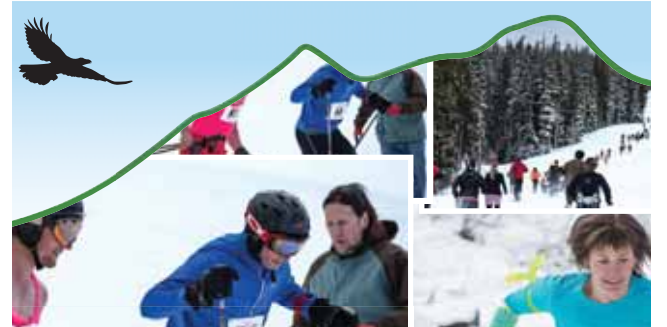
CFMWS

MyVoice has been set up to hear from as many Canadian Armed Forces members' families as possible in order to improve services, tailor programs, and advise senior leadership about the issues that matter most. The outcome of these past conversations has generated some tangible results in several areas.

As a Canadian Armed Forces family member, you can participate in this process by phone, email, social media, tele/video conference, or virtual meeting rooms.

Join the conversation today by calling the 24/7 bilingual and confidential Family Information Line - the primary service for collecting your thoughts and feedback at 1-800-866-4546, or by communicating with us by email at myvoice@cafconnection.ca or mavoix@cafconnection.ca.

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Snow to Surf - register a team

The 35th running of the Royal LePage Snow to Surf Relay in the Comox Valley takes place Sunday, April 23. Teams can register and get race information at www.snowtosurf.com. Team Registration is \$543 and registrations can be received up to and including April 23.

The event consists of alpine and Nordic skiing, two running legs, a mountain bike leg, kayaking, road biking and canoeing. Start line is at the Mount Washington Alpine Resort and finish line at the Comox Marina with a racing tour through the Comox Valley.



PSP Facility Closures

Weight rooms

Both Naden and Dockyard gym weight rooms will be closed rooms March 23 - 31.

The closure is to allow delivery and installation of the new weight room equipment.

All military personnel and gym members with valid identification are allowed free access to the Esquimalt Recreation weight room during the closure.

Naden Pool

The Naden pool repair project has been extended and the will remain closed until June 1

Sorry for any inconveniences this will cause.

- PSP Management

SECOND WORLD WAR AIRMAN LAID TO REST

DND

The United Kingdom's Ministry of Defence laid to rest Second World War airman Sergeant Wilfred Lawson of the Royal Air Force at the Berlin 1939-1945 War Cemetery on March 16.

The Canadian Department of National Defence (DND) assisted in the identification of this missing British airman when his remains were found three years ago.

Sergeant Lawson was killed the night of Jan. 27-28, 1944, when his Lancaster II bomber, LL721 from 426 Squadron, was shot down near Berlin. Six other crew members were with the Royal Canadian Air Force (RCAF). Three of them survived and were taken prisoner; two died and were buried in the Berlin 1939-

1945 War Cemetery. The remaining two crew members (Sergeant Lawson and RCAF Pilot Officer Alfred Carlson) were declared missing.

On Aug. 16, 2014, parts of the bomber were recovered in Germany, with the remains of one crew member, believed to be Sergeant Lawson. When DNA testing with one of Sergeant Lawson's descendants proved inconclusive, DND offered to arrange a test with a descendant of Pilot Officer Carlson. The result excluded him as a match, allowing for the positive identification of Sergeant Lawson's remains. As a result, he could be laid to rest with a name by his unit.

The families of both Sergeant Lawson and Pilot Officer Carlson were invited to attend the funeral service.



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Promotions and Awards

MS Jean-Francois Schelder (centre) is promoted to his current rank by Cdr Ryan Saltel (left) and PO1 Adam Callaghan, from HMCS Calgary.

LS Petkov is promoted to his current rank by PO1 Savoie and LCdr Graham, Executive Officer HMCS Regina.

LS Wahlstrom is promoted to her current rank by PO1 Woodward and Cdr Matthews, Commanding Officer HMCS Regina.

CPO2 Wilson is promoted to his current rank by CPO2 Esquivel and Cdr Matthews, Commanding Officer HMCS Regina.

OPERATION CARIBBE SASKATOON AT SEA

Photos by Royal Canadian Navy Public Affairs

HMCS Saskatoon has begun patrolling activities in support of Operation Caribbe, Canada's contribution to Operation Martillo, the multinational campaign against transnational criminal organizations in the Pacific Ocean and Caribbean.



Members of a United States Coast Guard Law Enforcement Detachment board HMCS Saskatoon on March 12 after the seizure of approximately 660 kg of cocaine from a pang-a-style vessel in the eastern Pacific on Operation Caribbe.



An electrician onboard Saskatoon mentors an engineering trainee during an inspection of the ship's air conditioning units.



The physician's assistant explains an electrocardiogram readout to a casualty clearer during twice weekly refresher training.



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FREEMASON AND NEW to Victoria. Contact us at camosun60secretary@gmail.com. We meet the 2nd Monday of each month.

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please check us out on facebook (STV Tuna).

848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron. Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690.

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INTERESTED IN JOINING A coffee or social group for military veterans and military in Cowichan Valley? For info contact Bob Hedley on Facebook. The intention of the group is to meet-up with other veterans and present serving members to exchange stories and facilitate fun get-togethers. Facebook Group: cowichan valley coffee

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