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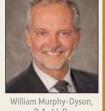
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New milestone met by HMCS Ottawa

SLt Jacob Booth HMCS Ottawa

HMCS Ottawa achieved another milestone after successfully completing a layered missile engagement against a Hammerhead target while deployed on Poseidon Cutlass 17-1.

After many weeks of training, the exercise concluded with the launch of an Evolved Sea Sparrow Missile (ESSM) and engagements with the Bofors 57mm Mark III and 20mm Close-in-Weapons-System in an impressive display of firepower.

Conducted off the coast of Okinawa, Japan, a first for the Royal Canadian Navy (RCN), the trial demonstrated the capabilities of the ESSM when used in Surface-to-Air in Surfaceto-Surface (SASS) Mode against a small boat attack, as might be experienced during asymmetric warfare.

The target for the event was provided by QinetiQ Target Systems Canada (formerly Meggitt), a Canadian company based out of Medicine Hat, Alberta.

Intended for destruction, these targets provide an opportunity for ships to exercise their skills while employing weapons systems to their full potential.

Preparations were exten-

countless hours of training and study. From refining a checklist of actions by individual team members, to refining the optimal employment of weapons and sensors, and participating in increasingly complex training scenarios, the operations room worked on every detail to hone their operational skills and warrior spirit. This not only ensured the success of the shoot, but also the defence of the ship against asymmetric threats such as small boats.

Although everything was well prepared by the time Ottawa arrived on the range, Fire Control Operator LS Derek Urichuk said the anticipation in the operations room was palpable.

"I couldn't believe the nervous excitement that was felt throughout the ship as we all awaited the shoot," he says.

A very early morning start saw the commencement of checklist items that culminated with a mid-morning action alarm energizing the ship to action stations.

Closing at high speed, the target was piloted towards Ottawa to simulate a small attack craft, triggering the above water warfare team to action.

With the ship's Surface Warfare Controller PO1

orders, the team went through the layers of defensive weapons, from the missile engagement, quickly transitioning to the 57mm main gun, and finally an engagement with the Closein-Weapons-System, ultimately disabling the target and halting it from closing the ship any further.

When asked about witnessing the experience, the Officer of the Watch, Lt(N) Stephan Oxley, remarked, "Participating in this exercise has been a highlight of my career - this is why I joined the navy."

This exercise, combined with the previous missile shoot in March off of San Diego, demonstrated the navy's ability to conduct and support force generation overseas.

Additionally, as part of the objectives of Poseidon Cutlass 17-1, the ship was resupplied with missiles while alongside in Guam,

sive and undertaken over Eric Lemay barking out and reloaded with targets in Malaysia. Building the knowledge and skills to accomplish these complex logistical tasks was also a key element of the navy's goals for this deployment.

The extensive preparation and training led to a successful layered engagement for the RCN. It's been one of many highlights of HMCS Ottawa's deployment as the team continues the mission in support of the maintenance of regional peace and security in the Indo-Asia Pacific, while also bolstering Canadian diplomatic engagement and defence relations.

Having left Okinawa Japan, HMCS Ottawa has now rejoined sister ship HMCS Winnipeg after weeks of conducting separate programs, to transit northbound together, towards the next exercise with allies and partner nations in advance of Exercise Pacific Guardian.

Participating in this exercise has been a highlight of my career this is why I joined the navy.

Lt(N) Stephan Oxley, Officer of the Watch

ORCA HITS HMCS CHICOUTIMI

DND

Last Thursday, at around 8 a.m., a low-speed allision occurred between an Orca-class Patrol Craft Training vessel and HMCS Chicoutimi.

The submarine was alongside when the allision occurred.

The Orca was underway and conducting a low-speed docking maneuver. During the allision, the Orca made contact with the submerged wooden guard on Chicoutimi's stabilizer fin.

Divers from Fleet Diving Unit (Pacific) conducted initial inspections on both vessels, and minor damage to the prop of the Orca-class vessel was noted. There was some superficial damage to the submarine's wooden guard.

As a precaution, tests of HMCS Chicoutimi's systems and sensors are currently being conducted. There were no Canadian Armed Forces or Department of National Defence employees injured during the incident. The matter will be further investigated and the appropriate actions taken once all the facts are known.

LOOKOUT • 3 June 19, 2017

Traffic technicians prepare NST lift off BIG SAVINGS

Peter Mallett Staff Writer

Traffic Technicians at Base Logistics are being hailed for their work getting 32,000 tons of Naval Security Team equipment airlifted to Busan, South Korea, for their upcoming deployment.

The 75-member Naval Security Team will provide port security for Poseidon Cutlass 17, where HMC Ships Ottawa and Winnipeg will be involved in a multinational task group performing interoperability exercises and above and below water warfare training.

This is the first time traffic technicians have tackled packing both a C-130 Charter plane and a C-17 Globemaster cargo plane at the Victoria International Airport.

Included in the shipments were two Defender Class Rigid Hulled Inflatable Boats weighing more than 10,000 lbs each, security team body armour, and medical equipment.

"Deploying equipment on aircraft is not something the RCN normally does, as our

personnel usually deploy aboard RCN vessels, and all of your equipment is always with you at sea," says Lt(N) Tim Turner, Naval Security Team Executive Officer. "This has been a monumental undertaking for the Traffic Tech and other Base Logistics employees, and they have done a brilliant job of moving all the little pieces to South Korea. It has been critical component to making our mission successful."

One key component of the Naval Security Team deployment will be providing "a bubble of protection" around the Canadian warships entering and exiting the harbour in Busan. The team will work closely with the Republic of Korea Navy to provide force protection at sea, and on land to provide protection from threats to and from controlled access points.

Traffic Tech Sergeant Andrew Tobin will meet the cargo planes in South Korea to help facilitate the uniting of Naval Security Team with their equipment. He, along with WO Darren Power, will coordinate the return of equipment back to Victoria July 5.

According to Warrant Officer Marcella Matthews, who oversees the Traffic Techs, they must abide by international guidelines for moving dangerous goods and Custom's protocols.

"There is always the threat of 'The Domino Effect'," says WO Marcella. "Timelines need to be met to the letter of the law, which requires coordination and expertise. If one thing goes wrong it could delay

the shipping process."

On the frontline of the paper trail is Master Corporal Jean-Sebastien Roy, who handles the required paper work and shipping documents.

"It's a step-by-step process, lots of paperwork and effective communication are critical in the process," says MCpl Roy. "When someone like Sgt Tobin is at the airport loading up the plane he needs all information immediately and can't wait for it."







Photos by Peter Mallett/Lookout





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Published each Monday, under the authority of Capt(N) Steve Waddell, Base Commander. Le LOOKOUT est publié tous les lundi, sous l'égide du Capt(N) Steve Waddell, Commandant de la Base.

The editor reserves the right to edit, abridge or reject copy or advertising to adhere to policy as outlined in PSP Policy Manual. Views and opinions expressed are not necessarily those of the Department of National Defence

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Circulation - 3,800 plus 1,000 pdf downloads per week One year subscription - \$66.94 Six month subscription - \$33.47 Prices include tax.

A Division of Personnel Support Programs CFB Esquimalt, PO Box 17000 Stn. Forces, Victoria, BC V9A 7N2

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WHAT SAY YOU

People Talk

Lookout asked participants in the June 13 3-on-3 Ball Hockey Tournament in Dockyard: Which famous hockey player or other athlete do you model your game after?



Montréal Canadiens goaltender Carey Price because I'm also a goaltender and I like the way he is able to read the plays, and doesn't let his nerves get to him no matter what happens in the game.

LS Connor Shea, **Joint Task Force Pacific**



Sidney Crosby of the Pittsburgh Penguins because I followed him very closely while I was stationed in Halifax. He is an inspiration and motivator for the entire community.

LS Eric Bablitz, Naval Fleet School (Pacific)



NBA star LeBron James because he said he would take the Cavs to the championship series and did. He's patient, strong and his devotion to the game is a motivator for a competitor in any sport.

> Cpl Jonathan Michel, **Base Logistics TEME**



Former NHL All-Star Teemu Selänne because he has a quick shot, quick release and he's a natural goal scorer. All qualities that I strive to accomplish when I play, but haven't quite achieved yet.

MS John Helpard, CFFS

WHAT SAY WE

What's cooking in HMCS Ottawa: Fish Tacos

SLt Brad Johnston HMCS Ottawa

After more than three months at sea as part of Poseidon Cutlass 17, one of the comforts that the over 200 sailors aboard HMCS Ottawa all share is meal time. Whether it be breakfast, dinner, supper, or soup, the cooks know how to put together one satisfying meal after another.

One of the challenges for the food service section during a deployment such as Poseidon

Cutlass 17 with a lot of foreign port visits is being able to get ingredients required to prepare the many dishes available on the menu.

With that being said, Ottawa's food services section boasts some of the most talented cooks in the fleet, and never disappoints in their flexibility and creativity to provide nutritious meals that keep the crew going day after day.

One of the favourites among the crew is the following recipe, courtesy of Chief Cook, Petty Officer First Class John Cross.

Cpl Humalamaki

prepares mango

salsa for a

delicious lunch.

Fish Tacos with Mango Salsa:

Ingredients

4 ea 6 inch tortilla

Haddock Filet, 1inch diced 1 ea

Yellow Pepper, small diced 1 ea

Green Pepper, small diced 1 ea

1 ea Red Pepper, small diced

Mangos, small diced 2 ea

1 ea Red Onion, small diced

Fresh Jalapeno, small diced &

seeds removed Fresh Cilantro, fine chopped

½ cup ½ cup Lime Juice

4tbsp Cumin

Salt, Pepper, Paprika To taste

Chipotle Powder (optional) ½ tsp

Fresh Lime, cut in half lea

(optional)

Directions

Combine yellow, green and red peppers, mangos, red onion, jalapeno, cumin, chipotle powder, paprika, salt, pepper and lime juice in a container and set aside to marinate. Minimum 4 hours before use.

Sear haddock in hot skillet until light and flaky. Season with salt and pepper.

Warm tortillas, place ¼ amount of haddock on each. Top with mango salsa mixture. Garnish with fresh cilantro. Top with squeeze of fresh lime juice if desired.

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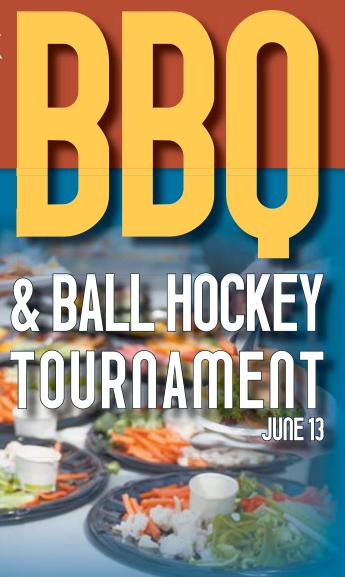
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June 19, 2017 LOOKOUT • 5

National Public Service Week MARPAC APPRECIATION



Leading Seaman Julien Belanger, a Sonar Operator from Maritime Forces Pacific (MARPAC), serves Master Corporal Chris Ward, an Image Technician from Formation Imaging, at the Annual Formation BBQ and Ball Hockey Tournament.





Chief Petty Officer First Class Ian Kelly (left) and Corporal Sean Patton (right) cook burgers for the hungry throng of people.



Rear-Admiral Art McDonald, Commanding Officer of MARPAC, cut the celebratory cake with selected guests.



Commander Wes Golden, Commanding Officer of Maritime Forces Pacific Headquarters, presents the trophy to the FMF Avengers, winning team of the 3 on 3 ball hockey tournament.



Participants of the 3 on 3 Ball Hockey Tournament at the Annual Formation BBQ. Teams were: the Hat-Trick Swayze, the FMF Avengers, the Iffy WHFEs and the Remingtons.

Photos by Leading Seaman David Gariepy

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2017 National Aboriginal Day



Petty Officer Second Class Marielle Audet presents Captain(Navy) Steven Waddell, Base Commander and MARPAC Champion for the Defence Aboriginal Advisory Group, with a traditional Aboriginal sash in honour of his ongoing support.



Rear Admiral Art McDonald performs a traditional Aboriginal dance with Songhees First Nations Pow Wow dancer Gary Sam during the drum performance with members of the Esquimalt First Nations, the Defence Aboriginal Advisory Group (DAAG), and military members.





RAdm Art McDonald and Capt(N) Steve Waddell (both laying down) pose for a group photo with the Defence Aboriginal Advisory Group, military members, and Aboriginal performers during the MARPAC-hosted National Aboriginal Day event at Work Point.

Photos by MCpl Brent Kenny



June 19, 2017 LOOKOUT • 7

Warship celebrates Canada 150 in an unusual way

Lt(N) Daemen Wolch HMCS Ottawa

How does a Canadian warship commemorate Canada 150 while deployed half way around the world?

In the case of *HMCS* Ottawa, the answer would be with a specially created "Canada 150" screen, being used by the ship during Poseidon Cutlass 17, while conducting exercises with other navies in the region – part of Canada's strategic involvement in the South China Sea

Screens are tools used by navies to assist with the assignment of positioning when working with other ships at sea. Different segments of the surrounding area are each assigned a name for the sake of brevity. Often a theme is chosen for the names that reflects the mission at hand. In this case, Ottawa chose to spread some Canadiana to foreign warships.

The Canada 150 screen celebrates the sesquicentennial with an ode to the mothers and fathers of Confederation, as well as a nod to the Canadian

provinces. The inner sectors are named after Fathers of Confederation: Sir John A. MacDonald, Sir George Archibald, Sir George-Étienne Cartier, Sir Charles Tupper, Alexander MacKenzie, and William McDougall.

The middle sectors each bear the name of a Canadian province.

Finally, the outer sectors are named after Mothers of Confederation: Queen Victoria, Anne Brown, Mercy Coles, and Luce Cuvillier.

The screen was first used by HMCS Ottawa, HMCS Winnipeg and HMAS Ballarat, an Australian warship. The three ships conducted exercises over the course of three days using the Canadian designed screen. The screen was also successfully used with the French ship Prairial during a full day of activities. The Canada 150 screen will be used with other regional partners as HMCS Ottawa continues its mission of global engagement on Poseidon Cutlass 17.

The Canada 150 screen will see its next use during

Pacific Guardian 17, an exercise to be conducted with ships from the New Zealand, Japanese, and American navies later this month. This exercise will prelude *Ottawa's* and *Winnipeg's* arrival to South Korea - Incheon, and Busan, respectively - where the ships will have the honour of kicking off the country's 150th Canada Day celebrations.

Although the women and men aboard these ships will be far from home, planning has already begun for how to best celebrate on July 1. Being 16 hours ahead of their families' back home means these sailors will be some of the first people to ring in Canada 150.

Lt(N) Curtis Dollis,

Navigating Officer onboard *HMCS Ottawa*, has become very familiar with the screen over the past four months.

"Ships routinely use screens in operations, but using bits of Canadian history while doing so allows us to promote Government of Canada strategic communications goals while also adding a bit of Canadian flavour to our exercises with our partners in the region," he says.

The Canada 150 screen highlights Canada's history and geography while showing commitment to peace and prosperity in the region. It also allows the sailors onboard *Ottawa* to keep Canada in their minds while deployed in the Indo-Asia-Pacific region.

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Screens are tools used by navies to assist with the assignment of positioning when working with other ships at sea.





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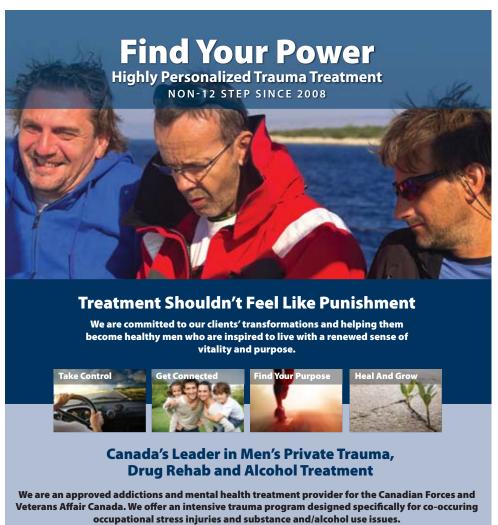
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Preparing

for the future

Peter Mallett Staff Writer

The opportunity for civilian employment within the Federal Government has become a reality for many post-secondary students looking for short or long-term public service jobs.

Several of the Department of National Defence's new student hires are already at work at CFB Esquimalt and other military bases across the nation. Their presence has been bolstered this year following a report by Canada's Privy Council in March that urged the government to revamp efforts to attract, retain and develop skilled labour for its civilian workforce.

The Annual Report of the Clerk of the Privy Council noted that since over 9,000 public servants have retired within the last year, the Federal Government must now work on innovative student recruit- Government departments; and energy and creativity of a new generation of public servants."

Following the report's release, DND Deputy Minister John Forster made the pledge to hire 1,200 new student workers to its civilian ranks.

National Student Hiring Team stood up in March to expedite the student hiring process across DND. Roxana Kendall, team lead, says a large percentage of FSWEP and the 18-member team is specifically

focussed on the recruitment and hiring process to make sure the Federal Government meets its hir-

Kendall's hiring team began the first big push to get several postsecondary and secondary students to work across the Formation in its Co-operative Program and Federal Student Work Experience Program

Civilian student employees who work at the base are broken into three categories:

 Co-Op Program placements, which includes university and college students normally working a 16-week paid work-study term as part of their course of study;

• FSWEP that enables full-time and returning students hands-on work experience and the ability to apply for targeted job opportunities as well as a general database anywhere in a variety of Federal

ment "in an effort to mobilize the • the Student Bridge Program that encourages the integration of students with past government work experience into a permanent or term public service position.

Placements can range from highly-skilled technical jobs with Base Logistics and Fleet Maintenance Facility, to administrative positions within units at the base and Food Services, where Co-op students are placed.

Chaten Sekhon

- **Age:** 18
- Hometown: Surrey
- Post-Secondary Institution: Kwantlen Polytechnic University
- Degrees and or Course of
- Business Management
- Placement Category: Federal Student Work Experience Program
- Unit at the Base: HR-CIV
- Job: Student Ambassador

■ Daily Tasks/Responsibilities: Promoting National Defence and the Federal Student Work Experience Program (FSWEP) program to high school and post-secondary

HY DID YOU CHOOSE DND as an employment option and how will your new placement/job enhance or develop your skillset?

This summer I was looking for a change and wanted to get out of my comfort zone. I knew after completing my first year of college I wanted a job that would challenge me and help me grow as a person.

My Aunt, who works at the Canada School of Public Service, told me about this great program called Federal Student Work Experience Program (FSWEP). The Public Service had always intrigued me as all my previous experiences had been in the private sector. I was curious about federal government opportunities, the work culture, and a profession in serving

When I received the call for the job interview for Student Ambassador I was intimidated by the prospect of competing with third and fourth year students. I reminded myself this was an opportunity I had been given and to give it my all.

I was so happy after the interview, I felt all my hard work in preparing for this FSWEP position had already taught me so much. When I was offered the job it was a defining moment in my life, my first professional job and moving to Victoria. I have already learned so much and am excited about developing my public speaking skills, marketing the FSWEP program, to be innovative, take initiative, and of course learning from the great group of people I work with here at DND.

William Chaster

- Age: 23
- Hometown:
- North Vancouver, B.C.
- Post-Secondary Institution: University of Victoria
- Degrees and or Course of Study: Bachelor of Arts, Double Major in History and
- Environmental Studies ■ Placement Category: Co-op
- Unit at the Base: Maritime Forces Pacific. Public Affairs
- Job: Communications Writer
- Daily Tasks/Responsibilities:

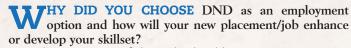
Speech and article writing, interviewing of military and civilians, photography, news release and social media advisory form creation, social media posting, infographic creation, media coordination.

HY DID YOU CHOOSE DND as an employment option and how will your new placement/job enhance or develop vour skillset?

I chose DND because I knew it would afford me an opportunity to see what Canada is doing on an international scale and how its military operates on a day-to-day basis. This co-op is really helping me develop many skills, which I hope to put to use later in life such as article writing, interviewing, and photography. Perhaps more importantly, it has helped open my eyes to communications as a possible career path in the future.

Rajneet Sanghera

- Hometown: Victoria, B.C.
- Post-Secondary Institution: Camosun College
- Degrees and or Course of Study: Post-Degree Diploma in Human Resource Management
- Placement Category: Co-op
- Unit(s) at the Base you are working at: HR CIV
- Job: HR Programs and Planning Assistant
- Daily Tasks/Responsibilities: My main responsibility as a Human Resources Assistant in the Programs and Planning office is to organize activities and be the point of contact for other co-op students on the base. I have also helped to organize and facilitate a New Employee Orientation for all the students, so they feel more comfortable in their new positions and in the DND environment. I will also have the opportunity to participate and assist with commemorative events on the base as well.



Working as a part of the Federal Public Service to support a department such as DND provides a unique opportunity to see how our government functions. As a HR student I am interested to see how government policies, such as Employment Equity, are applied in the work environment.

I am lucky because this position directly connects to my studies, so I will actually be able to see the concepts I learn in class being used in a workplace setting. Through this position, I am hoping to further develop my HR skills in areas such as recruitment and selection.

Valérie Mercier

- **Age:** 28
- Hometown:
- La Pocatière, Québec ■ Post-Secondary Institutions:
- University of Ottawa (degree), Université du Québec en Outaouais (for the Master)
- Degrees and or Course of Study: Bachelor's Degree in Civil Law (L.L.L), Bachelor's Degree in International Development and
- Globalization and a Master's Degree in Project Management ■ Placement Category: Student Bridge Program
- Unit at the Base: Formation Chaplain
- Job: Administrative Assistant for the Formation Chaplain
- Daily Tasks/Responsibilities:

The first referee for walk-in and calls, managing the Committal of Ashes, providing financial or accounting clerical support services, and providing client service.

WHY DID YOU CHOOSE DND as an employment option and how will your new placement/job enhance or develop your skillset?

The job I am doing this summer is not just the job of an administrative assistant, but a first responder to anyone who walks through the Chaplain's Office front doors. I can use my skills to assess the situation and get them the help they need. I like the human interaction involved with my job but especially helping others in distress because often times they are coming into the Chaplain's Office as a last resort. This job is always interesting, and there is always something different happening. In the end I made the choice to work here because I felt like I could help make a difference in people's lives and see that to



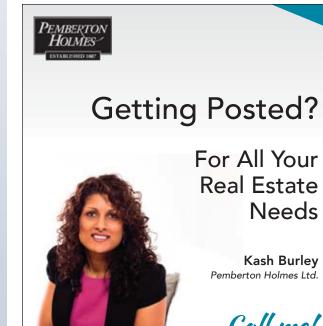
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Photos by Peter Mallett, Lookout

Dockyard blasting begins this week

Peter MallettStaff Writer

Construction crews working on the A/B Jetty Recapitalization Project in Dockyard will begin 10 weeks of controlled blasting operations starting June 21.

The use of explosives will be limited to a controlled site and occur up to three times a day on land located near B Jetty and the foot of Rainbow Drive, and is expected to conclude in early September.

Blasting is part of the excavation of 11,000m3 of bedrock to allow for proper elevation of the extension of the utility corridor, and new electrical substation, Jetty Interface Building, and filter press building to process oily waste water.

Erin Rice, Team Leader Construction Services for Defence Construction Canada, says blasting will be limited to a controlled site and provide no danger to neighbourhood residents. She said pre-blast signals of 12 short whistles followed by an all-clear five-second whistle will likely be the only audible noise for residents.

"The blasting activities are limited to very low velocities due to the surrounding heritage structures, and conducted by a team with extensive experience blasting in the dock-yard," said Rice. "We have retained geotechnical engineers to monitor all blast impacts, and the contractor and consultants will both be monitoring activity with seismographs placed in the vicinity."

People working in Dockyard are reminded to heed all safety signage and avoid the area.

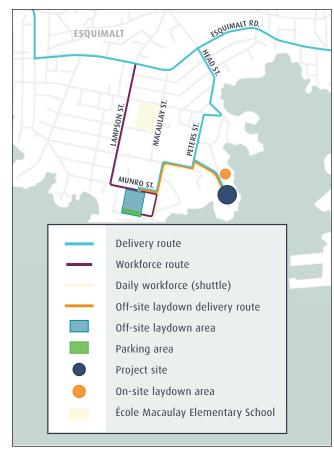
Blasting on the site will be nec- 30 years.

essary at some point in 2018, with details and timelines to be announced at a later date.

Communications packages explaining further details about the blasting are being sent to effected stakeholders in close proximity to the site, and Rice said a timetable of the blasts will also be made available.

Work on the demolition of B Jetty, an initial phase of the \$781 million, eight-year A/B Jetty recapitalization project began April 26 when workers from Ruskin Construction Ltd took apart the 70-year-old jetty with a 150-tonne, 120-foot long crane.

New jetty and facilities will allow support for the Royal Canadian Navy's Pacific Fleet of the future and delivery on Canada's National Shipbuilding Strategy over the next 30 years.



Construction starts for wastewater plant project

Peter MallettStaff Writer

Those living and working in close proximity to McLoughlin Point in Esquimalt will soon contend with increased traffic and noise levels associated with the Wastewater Treatment Plant construction project.

Officials from the Capital Regional District (CRD) are awaiting building permits before excavation and controlled blasting commence at the Wastewater Treatment Plant (WWTP) construction site.

The construction site is in close proximity to Work Point's military barracks, Naval Officer Training Centre, and military housing units.

A spokesperson from the CRD says they anticipate construction to begin ramping up late June with a completion target of 2020.

"We are very mindful that construction does have an impact on the local community, and we are making sure the management team and all our contractors consider the traffic and noise impacts as they plan their work," said Elizabeth Scott, WWTP Deputy Project Director. "There is a traffic management plan developed by the contractor [Harbour Resource Partners] that had input from the public and was approved in May [2017]."

Scott anticipates increased traffic of approximately 30 trucks hauling excavated material per day along the McLoughlin Point delivery route, which uses Peters Street and Head St. via Esquimalt Road. The

majority of blasting and excavation is expected to wrap up late August, after which truck traffic will vary between five and 15 trucks per day, depending on the construction stage, until the project is done in 2020.

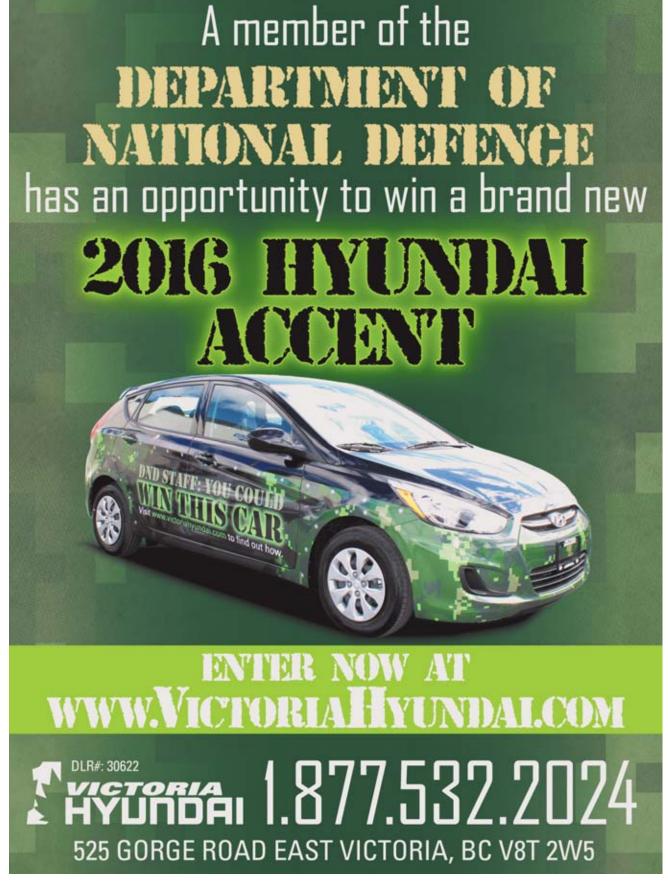
Disruptions to traffic on Bewdley Avenue and Anson St. are also expected during geotechnical investigations and construction to accommodate a pipeline that will connect to the existing CRD pumping station at Macaulay Point Park as part of the conveyance system to pump liquid waste to the new treatment plant at McLoughlin Point.

Construction will also take place along Victoria View, Patricia Way and Peters Street to accommodate utility servicing and as part of the conveyance system to pump residual solids to the new treatment facility in Saanich.

Scott says the Wastewater Treatment Project Team will engage residents throughout the construction project to ensure the community is fully informed on its progress.

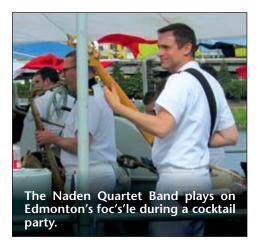
Once completed, the \$765-million federal, provincial and CRD-funded Seaterra Program will provide Victoria and core area municipalities with its first-ever tertiary treatment for wastewater, and a Residual Treatment Facility for Class A biosolids at Hartland Landfill in Saanich.

For more information and updates on the Project go to the CRD's Wastewater Treatment Project webpage: http://wastewaterproject.ca or by email them at wastewater@crd.bc.ca



June 19, 2017 LOOKOUT • 11

HMC Ships Brandon, Edmonton joined Portland Rose Festival



Peter Mallett Staff Writer

Royal Canadian Navy (RCN) outreach efforts were in full bloom again last week with *HMCS Brandon* and *HMCS Edmonton's* participation in the Portland Rose Festival.

The two Kingston-class Maritime Coastal Defence Vessels were moored at the Portland Seawall, June 7 to 12, as part of the Fleet Week segment of the month-long civic festival held each year in June.

Two United States Navy (USN) vessels, aircraft carrier USS Bunker Hill, and Independence-class combat ship USS Jackson, along with three United States Coast Guard vessels – USCGC Alert, Bluebell and T/V Ironwood – also participated.

The company of all six warships gave guided tours during Fleet Week, an event that celebrates Portland's more than 100-year relationship with the navy.

This was the fifth Rose Festival for LCdr Lucas Kenward, Commanding Officer of *Edmonton*, who said he relishes the opportunity to represent the RCN at this event.

"Portland is a wonderful city and as one would expect they really roll out the red carpet for our sailors with multiple events and activities throughout the Portland region during Fleet Week. The Seawall area in particular is abuzz with many uniformed personnel interacting with the citizens of Portland and its tourists, touring each other's ships, and exchanging stories of times at sea."

Brandon's Commanding Officer, LCdr Jolene Lisi noted her ship's company were "truly overcome by the hospitality of Portland" and also valued their interaction with USCG and USN crew in a social setting.

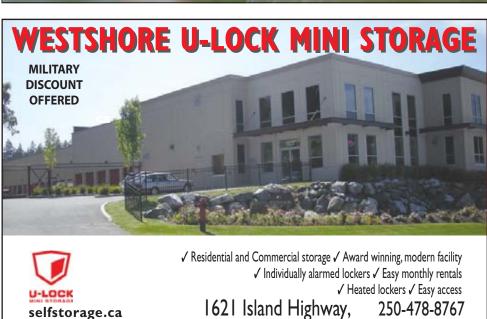
On June 10, the RCN ships co-hosted a Canadian reception with Consul General James K. Hill and Commander MARPAC, who was represented by Commander Michele Tessier, Commander Coastal Forces. Dignitaries such as Vice-Admiral Nora Tyson, Commander USN Third Fleet; Vice-Admiral Midgette, Commander Coast Guard Pacific Area; and Rear-Admiral Gary Mayes, Commander Navy Region Northwest, attended the event to name a few

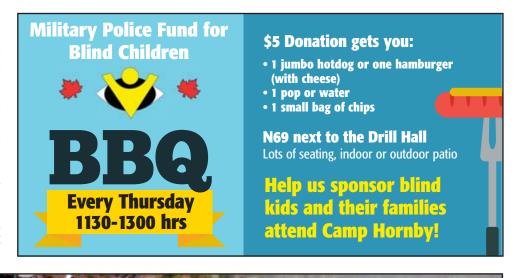
LCdr Kenward said one of his most interesting interactions during the week was with the United States Army Corps of Engineers who are tasked with dredging the U.S. portion of the 2,000-kilometre-long Columbia River, which originates near Revelstoke B.C. and ends in Clatsop County, Ore.

"Portland itself is actually situated on the Willamette River, a large tributary of the Columbia," said LCdr Kenward. "You can imagine what a continuous and arduous task it is to keep such a large river open to seagoing traffic for such a significant distance, so speaking with the engineers who actually do the work was interesting."

The RCN's participation in Fleet Week is part of a multiple-event liaison with United States naval forces that also includes Los Angeles Fleet Week (Labour Day Weekend), San Francisco Fleet Week (Oct. 2 to 9), and the Seattle Seafair Fleet Week and Boeing Maritime Celebration (Aug. 1 to 6).









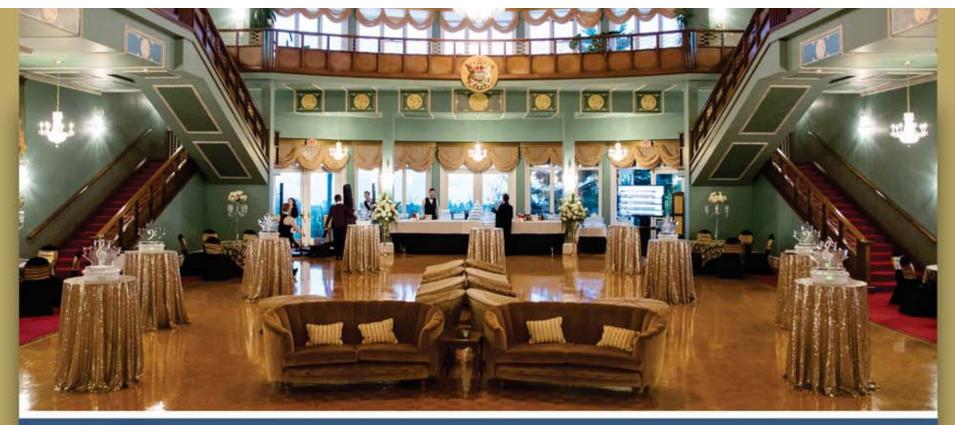
Photos by LS Medwid LS Goodhew joins in a game of table hockey at the

Portland is a wonderful city... they really roll out the red carpet for our sailors with multiple events and activities throughout the Portland

Portland Rose Festival cocktail party.

region during Fleet Week.LCdr Lucas Kenward, Commanding Officer HMCS Edmonton







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June 19, 2017 LOOKOUT • 13

Bravo Zu

RP Ops (Pacific) KP Ups (Pacific) Awards and Promotions



MWO Kevin Legg is promoted to his new rank by LCol Honorio, RP Ops (Pacific) Commanding Officer.



Maj Mandy Landolt is promoted to her new rank by LCol Honorio, RP Ops (Pacific) Commanding Officer.



Joan Mayer receives a Real Property Operations Unit (Pacific) Commanding Officer coin from LCol Ulpiano Honorio, RP Ops (Pacific) Commanding Officer.



Sgt St-Amour receives his General Campaign Star by LCol Honorio, RP Ops (Pacific) Commanding Officer.

MARPAC HQ Awards Ceremony

Captain (Navy) Steve Jorgensen, MARPAC Chief of Staff Plans and Operations, presented awards during the MARPAC Awards Ceremony on June 8.

Photos by Ed Dixon, MARPAC Imaging Services





LS Gary Gilbert receives his Aerobic Excellence Red LS Amie-Anne Savage receives her Aerobic Excellence Blue Seal.



Lt(N) David Defehr receives his Gun Metal Sea Service Insignia.



- Expedition for his deployment on Operation Caribbe.



MCpl Chris Ward receives his Operational Service Medal PO2 Jeff Spriceneiks receives his Canadian Forces' **Decoration First Clasp.**







MS Csiki receives his Operational Service Medal from Cdr Michelle Tessier during the Portland Rose Festival.

LS Masse receives her Operational Service Medal from Cdr Michelle Tessier during the Portland Rose Festival.

Cdr Michelle Tessier during the Portland Rose Festival.

Base employees flex big hearts for charity

Peter Mallett

Staff Writer

Big turnout, big fun and big money was raised at this year's Heart and Stroke Foundation Big Bike Ride fundraiser at Bullen Park June 13.

Approximately 180 civilian and military riders from five base units raised \$7,000 of the \$13,250 total for the Esquimalt portion of the three-day event.

Teams from Base Administration, MARPAC HQ, Base Information Services, Base Logistics and Real Property Operations hopped on a giant red 30-seat bicycle and pedaled through the tree-lined streets of Esquimalt for about a half-an-hour, as a fundraiser for the Heart and Stroke Foundation.

Employees from the Township of Esquimalt, Country Grocer and the Esquimalt Lions Club also participated in the ride, but it was base units that accounted for well over half of the 300 participants.

"The day was a huge success and would not have been possible without the support we have received from CFB Esquimalt and the Township of Esquimalt," said Lea Silver, Big Bike Ride Coordinator for South Vancouver Island. "To have five teams come out from the base to participate was amazing and everyone was so enthusiastic and energetic."

The Big Bike Ride shifted to Victoria's downtown core on June 14 and 15.









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Opération HONOUR June 19, 2017 LOOKOUT CLASSIFIEDS • 15

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848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron.Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690.

ANNOUNCEMENTS

STV TUNA IS LOOKING for CF/Ex-CF/DND civilian members to join the forces offered sailing program. Any one interested in sailing or learning to sail is encouraged to join us. All skill levels are welcome. For more information about the program please check us out on facebook (STV Tuna).

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INTERESTED IN JOINING A coffee or social group for military veterans and military in Cowichan Valley? For info contact Bob Hedley on Facebook. The intention of the group is to meetup with other veterans and present serving members to exchange stories and facilitate fun get-togethers. Facebook Group: cowichan valley coffee

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