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FIRST KISS

Lottery winner for the first homecoming kiss SLt Cassandra O'Rourke smooches her partner of seven years Eleni Holmes on HMCS Ottawa's gangplank. Both Ottawa and HMCS Winnipeg returned home last Tuesday following a five-month deployment on Poseidon Cutlass 17. Read the full story on page 8-9.

Photo by LS Mike Goluboff, MARPAC Imaging Services

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Roughrider mascot stars onboard HMCS Regina

Peter Mallett
Staff Writer

Gainer The Gopher, the official mascot of the Saskatchewan Roughriders, made the successful jump from football field to frigate, spending a day with sailors aboard *HMCS Regina*.

The furry ground squirrel was accompanied on Sunday Aug. 6 by Roughriders President and Chief Executive Officer Craig Reynolds and two staff.

"We were excited to come out to Victoria and visit the ship because it is such a special relationship we have with *HMCS Regina*," said Reynolds. "We are very aware of their strong naval connection to our city, and it's always nice to reinforce that connection to the navy and our football team."

Reynolds presented Commander Colin Matthews, *Regina's* Commanding Officer, with a gift bag stuffed with Roughriders souvenirs including a team flag and autographed football signed by members of the team.

"The relationship we have with the Riders

is absolutely incredible and something we can really rally around," said Cdr Matthews. "It's great to have a professional football team that represents our namesake city that is so well connected with us; it raises our morale and gives us all a symbol to rally around."

The trip was a thanks to the ship for flying the Riders colors and being international ambassadors for the team.

A barbecue lunch was held under a massive Roughriders' flag that draped from the ship's hangar. The flag was donated to the ship by Regina elementary school École St. Andrew in 2014. The ship and her colossal flag promote the CFL team around the world when the ship is deployed.

Following a tour of the ship, Gainer was put to work, starring in a promotional video that unites the Saskatchewan Roughriders with the warship. Two members of the Riders' Public Affairs staff filmed the video and said the final edited version will appear on the team's official website later this year.

For the filming, Gainer visited the ship's bridge where he sat in the captain's chair, sounded the alarm, helped maintain the vessel's 57 mm gun, took a ride on a Rigid-Hulled Inflatable Boat, stopped by the gal-

ley for a snack, and took a nap in the Commanding Officer's cabin.

The ship's unofficial No. 1 Riders fan, Lt(N) Tracy Tkachuk, helped facilitate the visit with the Riders and their film crew. He grew up in Saskatchewan and describes himself as a die-hard fan. He was the sailor who won the ship's official mascot contest to name Gainer's naval cousin back in 2003, coming up with the appropriate tag of Gunner the Gopher.

Gunner's CFL cousin enjoys celebrity status in Regina, and is an old pro at shooting comedic videos.

"Once they started shooting he was all business just the way he is when he performs at the stadium," said Lt(N) Tkachuk. "Craig [Reynolds] and I were laughing pretty hard at some of Gainer's antics and the stunts he pulled. I'm looking forward to seeing it when it airs, and I'm certain other Riders' fans will be talking about it and creating a buzz on fan forums."



A Saskatchewan Roughriders football autographed by members of the team was presented to *HMCS Regina's* Commanding Officer, Commander Colin Matthews by Roughriders' President/CEO Craig Reynolds.

The visit by the Roughriders concluded the long weekend of football-themed festivities for *HMCS Regina*. The day before, a delegation of crew and family members attended the Roughriders' clash with the B.C. Lions in Vancouver. Although the Roughriders slipped to a record of two wins and four losses, with a 30-15 defeat, the setback didn't faze the sailors or detract from the fun.



Saskatchewan Roughriders mascot Gainer the Gopher gets a greeting from Riders fan Prairie Tkachuk, daughter of *HMCS Regina's* Lt(N) Tracy Tkachuk.



Personnel from *HMCS Regina* (left to right): Lt(N) Craig Newman, Lt(N) Jessica MacMillan, MS Jamie Boparai, Cdr Colin Matthews, and SLt Dan Presseau gather on the flight deck with Saskatchewan Roughriders' mascot Gainer the Gopher and ship's mascot Gunner the Gopher (right).

Photos by Peter Mallett, Lookout Newspaper

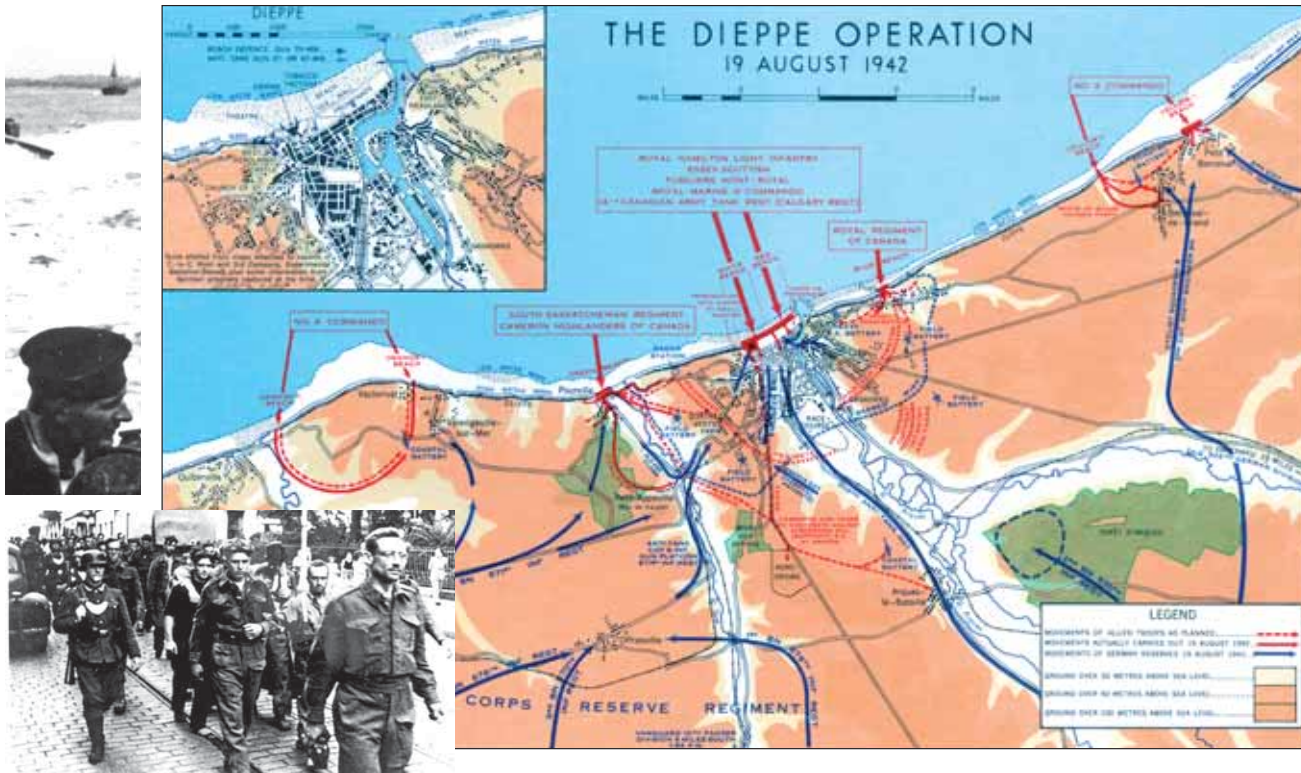
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Naden Band set to honour RAID OF DIEPPE

As Aug. 19 approaches, Canadians from all walks of life will remember the sacrifices soldiers made in the face of insurmountable challenges 75 years ago. The Naden Band of the Royal Canadian Navy will represent the Royal Canadian Navy at four 75th Anniversary ceremonies held in Dieppe, Puys and Pourville over two days.

For more information, go to www.veterans.gc.ca/eng/remembrance/history/second-world-war/dieppe-raid/75-anniversary

PO2 Katrina Bligh Naden Band

On August 19th, 1942, more than 6,000 Allied forces initiated the Dieppe Raid, code name Operation Jubilee, on a 16-kilometer stretch of heavily fortified coastline in occupied northern France. That day was to become the bloodiest chapter for Canadian soldiers in the whole of the Second World War.

Three years into the war, the Allies were faced with a grim outlook. German U-Boats were inflicting heavy casualties in the North Atlantic, enemy troops were penetrating steadily into the Soviet Union and North Africa, and 'Fortress Europe' was considered nigh impregnable. In these dire circumstances, a plan began to take shape to capture and briefly hold Dieppe, a fortified port within striking distance of the Royal Air Force's fighter aircraft.

The objectives of this fledgling plan were ambitious. They included the destruction of Dieppe's military defences, shipping and airfield facilities, power stations, radar, and the capture of documents from the German divisional headquarters at Arques.

Simultaneously in Canada, there was growing pressure to get Canadian soldiers to see action after years of training and work ups on British soil. After performing admirably in several full-scale exercises, the 2nd Canadian Division was chosen as the primary force for the raid. In total, 5,000 Canadians, 1,000 British, 50 United States Army Rangers, 58 tanks, and 74 Allied air squadrons, as well as a supporting force of 237 ships and landing craft from the Royal Navy, were slated to fight together in Dieppe.

The raid was separated into six colour-coded beaches: Orange and Green west of Dieppe at Varengeville-sur-Mer and Pourville, White and Red at Dieppe, and Blue and Yellow to the east at Puys and Berneval-le-Grand.

Allied forces, operating with the element of surprise, would begin at day-break at the beaches west and east of Dieppe, before the main landing force

swept into the town itself half an hour later. The 14th Canadian Army Tank Regiment of Calgary would provide armoured support for the infantrymen and the Royal Air Force would engage the Luftwaffe in the skies. The primary objective was to capture and hold Dieppe for 12 hours before retreating and destroying whatever facilities they could.

Before it even began, the success of Operation Jubilee was compromised by several factors. French double agents had alerted the Germans to Allied interest in northern France. The Allies vastly underestimated the fortifications and readiness of German troops.

The planning for the raid was also insufficient, as all the exercises had been held on sandy beaches as opposed to the pebble beaches at Dieppe that jammed and incapacitated the tanks. This raid was also a trial by fire for new military technologies, mainly the Tank Landing Craft and Churchill Tank.

Before the break of dawn, the raid began as the western and eastern flanks engaged the coastal batteries at Orange and Yellow beach. The hostilities immediately alerted the Germans at Blue beach, which prepared them for the next assault.

The Royal Regiment and Black Watch of Canada had been delayed by 20 minutes, long enough for the smoke screen at Blue beach to clear and their cover to be blown.

At Green beach, the South Saskatchewan Regiment managed to land without being detected, but most of the Regiment had landed too far west of their objective. This caused them to try and enter Pourville from the only available bridge that crossed the River Scie. The Germans were waiting for them and halted their progress, inflicting terrible casualties.

Soon after, the main assault on White and Red beach began. The Allied forces were able to land, but were immediately pinned to the beach by enemy fire coming from the hills and town. Their casualties were compounded by the delayed arrival of the tanks, which could not enter Dieppe due to a com-

bination of the seawall, jammed tires, and heavy fire.

There were small groups of men from the Royal Hamilton Light Infantry and Essex Scottish Regiment who were able to enter the town, but their progress was small and the toll was heavy. The only contingent to reach their objective was the Commandos at Orange Beach, who destroyed the coastal battery at Varengeville.

At 0940 the raid was abandoned and evacuation from the main beaches began.

By 1400 all operational amphibious craft departed, leaving 1,950 trapped or injured Allied troops to surrender and become POWs for the remainder of the war.

Almost all units suffered heavy losses, but of particular note was the Royal Regiment of Canada whose 556 men were either killed or captured at Puys. One of the few survivors from Blue beach was a local Victoria man by the name of Henry Arthur Slater (1920-1964), who served under the Third Canadian Light Anti-Aircraft Regiment. He managed to climb the barbed wire-strewn cliffs and take out a couple of enemy belligerents before being wounded and captured. He remained a POW until the war ended. His daughter, Cherryl Halbert, recalls him saying of the raid, "No matter how hard I try to convince myself that it was a success and that the Allied forces received any benefit from this raid, I can't."

In its aftermath, the Allied losses were exceptionally high. Of the 5,000 Canadians who landed at Dieppe, 3,367 were killed, wounded or taken prisoner. British and American soldiers added 210 to the list of the dead. In addition, the navy lost the destroyer HMS Berkeley and 33 amphibious landing craft, and the RAF lost 106 aircraft.

Despite the massacre at the beaches, the hard lessons learned at Dieppe were crucial to the success of later Allied operations, mainly Operation Overlord (D-Day).



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WHAT SAY YOU

People Talk

When *HMCS Ottawa* and *HMCS Winnipeg* returned Aug. 8 from a five-month deployment in the Asia-Indo Pacific region, Lookout caught up with family members attending the homecoming ceremony and asked them:

What did you miss most about your loved ones being away at sea?



What I missed most was him not being around for summertime family get-togethers, and just hugging him.

Maria Bee,
mother of AB Timothy Bee



Since he is a cook onboard *Ottawa*, I really miss spending time with him at home and cooking, or going out and getting to dine on Sushi at his favourite restaurant in Langford.

Jaclyn Cross,
wife of PO1 John Cross



Even though I live in Surrey, I really missed those weekend visits with John. Now I'm planning a big family barbeque later this month so the family and I can celebrate his return.

Cathy Kopp,
mother of LS John Kopp



I missed having supper with my Dad every night. Even if my Mom was away he always made certain we would have a family meal together.

Keiara Mulholland
daughter of LS Jordan Moehling

WHAT SAY WE

SPORTS trivia Canadian Boxing

Questions by Tom Thomson, Contributor

1. He was born in Normanby Township near Hanover, Ontario and was the first Canadian to win the world heavyweight title. He became champion in 1906 and defended the title 11 times until he was knocked out by Jack Johnson in 1908.
2. He was the first black world boxing champion in any weight division, the first ever Canadian-born world boxing champion and was considered the #1 featherweight of all time by Ring Magazine founder Nat Fleischer.
3. Considered by many to be the best pound-for-pound boxer in the heavyweight division, he won the black heavyweight championship but was never given a shot at the world heavyweight title.
4. This five-time Canadian heavyweight champion was noted for his granite chin. He fought Floyd Patterson in Ring Magazine's "Fight of the Year" in 1965.
5. He won gold medals representing Canada at the 1986 Commonwealth Games and the 1988 Summer Olympics in the super heavyweight division, turned professional and became the last undisputed world heavyweight champion.
6. Born in Halifax in 1942, he was Canadian middleweight champion from 1967 to 1977.
7. This Edmonton boxer won the light flyweight gold medal at the 1986 Commonwealth Games. After turning professional, he won the International Boxing Organization world flyweight championship in 1994. He retired from boxing in 2002.
8. This Montreal boxer held world titles in two different weight divisions (IBF junior lightweight and WBC super lightweight) and died under mysterious circumstances in 2009.
9. This two-time welterweight world champion was born in Ireland, grew up in Saskatchewan and Vancouver and appeared in several boxing-themed movies after he retired in 1936. He is considered pound-for-pound to be the second greatest Canadian boxer after Sam Langford.
10. This Edmonton boxer was Canadian lightweight champion from 1968 to 1975 and at one point made it up to #4 in Ring Magazine's lightweight rankings.



- Answers:
1. Tommy Burns.
 2. George Dixon - Halifax, N.S.
 3. Sam Langford - Weymouth Falls, N.S.
 4. George Chuvalo.
 5. Lennox Lewis.
 6. Dave Dowey.
 7. Scotty "The Bulldog" Olson.
 8. Arturo Gatti.
 9. Jimmy McLarnin.
 10. Al Ford.

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Parade marching down Belleville St.

Photo by John W. Penner



Photo by John W. Penner

National Peacekeepers' Day

Last Wednesday, current and past military members converged on the B.C. Legislative Lawn to honour and remember Canada's Peacekeepers.



Photos by LS Valerie LeClair, MARPAC Imaging Services

Cdr Jeanne Lessard, Base Administration Officer, addresses the crowd.

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Photo by MCpl Jennifer Kusche, Combat Camera

A Navy member helps a little sailor get ready for the high seas.



Photo by Ashley Materi, 3rd Canadian Division

Cpl Tyler Graves of 41 Combat Engineer Regiment shows a young visitor how to don a flak vest.



Photo by Ashley Materi, 3rd Canadian Division Public Affairs

Military members wave their white cowboy hats with Rear-Admiral Art McDonald at the Calgary Stampede.

Calgary Stampede - lots of military excitement

Ashley Materi
3rd Canadian Division, Public Affairs

From July 7 to 16, visitors from around the world flocked to Calgary for "The Greatest Outdoor Show on Earth."

The Calgary Stampede provided the perfect opportunity for Canadian Armed Forces (CAF) members to interact with the public and demonstrate the skills and equipment used by sailors, soldiers, airmen and airwomen.

Every year, the military sets up a static display on the grounds during the Calgary Stampede. This year visitors could sit in the cockpit of a CF-18, experience the inside of a fully functional tank, explore a military ambulance, hold a variety of weapons, including a C9A2 machine gun and a M72 light anti-tank weapon, and interact with different military members in charge of each display.

41 Combat Engineer Regiment had a mock minefield for guests to comb through with a metal detector. Soldiers demonstrated how to use the metal detector to find pieces of metal buried in the "minefield," replicating their task of minefield clearing while on a mission.

"A lot of countries, what they'll do is get sneaky with their mines, and they'll make them out of wood or plastic," says Corporal Connor Willisroft. "The only metal in there is the fuses that explode."

He explained to visitors that once the Engineers detect metal, they get on their stomachs and prod the ground to determine what they've found, be it a landmine, unexploded ordnance or any other piece of metal in the ground, and they deal with it accordingly.

The most popular display year after year is the Leopard II tank from Lord Strathcona's Horse (Royal Canadians). Master Corporal

Justin Monge says that while the tank gets a lot of attention, a frequent question is whether the tank is real or just a wooden display.

"I have them come up and knock on it and make sure it is exactly what I say it is," he says.

Sergeant Tim Cranston from the Calgary detachment of 15 Field Ambulance (Edmonton) says that while the ambulance display might not be as attention-grabbing as the tank, he is appreciative of the conversation the static displays allow between military personnel and civilians.

"A lot of our media coverage is more about the United States, so it's nice to get out here and talk to people because there are a lot of differences between us and how they operate down there," Sgt Cranston says.

He is grateful for the opportunity to highlight what sets Canada's military apart from the rest of the world.

Another display that is particularly thrilling to young visitors at the Stampede is the hard-hull inflatable boat from the Royal Canadian Navy. Chief Petty Officer Second Class Rachel Dziver from HMCS Tecumseh enjoys helping children explore the boat, but she is also pleased about the opportunity to explain that there is a Naval Reserve presence in landlocked Calgary.

"We're not just here to protect the Bow River," she says. "It's a training and recruiting centre for Naval Reservists to augment the Regular Force."

CPO2 Dziver added that working as a Naval Reservist is an excellent job for students, since they do their training in the winter and have the opportunity to work on west coast warships during the summer months.

Between the mini doughnuts and midway fun, military members enjoy being part of the Calgary Stampede tradition.

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DOUBLE HOMECOMING

Peter Mallett
Staff Writer

The return of *HMC Ships Ottawa* and *Winnipeg* last Tuesday, after five months away, featured an emotional first kiss and two surprise wedding proposals.

First down the gangplank of *Ottawa* was Sub-Lieutenant Cassandra O'Rourke, straight into the arms of her partner of seven years Eleni Holmes.

"I missed everything about her," said Holmes moments before ascending the ramp to embrace SLt O'Rourke. "I'm extremely nervous and excited right now and hoping I don't start welling up and crying when we kiss."

Next off the ship was the ship's cook, Corporal Robert Basso, who slipped to one knee in front of his girlfriend Kacie Sutton.

"I had this planned for a while, she had no idea," he said after proposing in front of a throng of local media and a crowd of more than 1,000 gathered on A Jetty to welcome the ships home.

When she said "yes" the crowd and crew onboard the ship let out a loud cheer as the two kissed and embraced.

"As the ship pulled alongside I didn't see anyone else but him standing there on the deck waving at me," said Sutton. "When he popped the question it was a total surprise."

Moments after the proposal, *Ottawa's* Commanding Officer, Commander Sylvain Belair stopped by to congratulate the happy couple.

"Coming alongside is always special for the entire team, but being able to share in a family moment like this is extraordinary," said Cdr Belair. "Corporal Basso had this proposal on his mind throughout the deployment, and knowing he was going to go ahead and make it happen was met with great support from everyone."

The emotion of returning home was not lost on *Winnipeg's* Commanding Officer, Cdr Jeff Hutchinson, who said he was looking forward to spending some quality time with his wife Jin.

"The thrill of being home won't wear off for a long time," he said. "Just as we go through a lot when we go away, they go through just as much and even more difficult times. That's a huge part of the strength of our sailors – that they have loved ones who keep things going on the home front."

Yet another surprise proposal added to the emotion and excitement when Leading Seamen Kyle Pillar, the first sailor to disembark *Winnipeg*, dropped to his knee on the gang plank in front of his girlfriend Emily Norman and to asked for her hand in marriage.

Both ships were deployed on Poseidon Cutlass 17, where they engaged in exercises with Indo-Asia-Pacific regional partner navies at sea, and took part in key events and engagements in ports across the region.

During the deployment the Canadian warships visited 14 ports of call in China, Guam, India, Japan, Malaysia, the Philippines, Singapore, South Korea, Sri Lanka and the United States.



Families and friends greet sailors from HMCS Ottawa and HMCS Winnipeg.



A member of the Naden Band's brass section entertains the crowd on A Jetty after the arrival of HMCS Winnipeg.



Corporal Robert Basso proposes to partner Kacie Sutton.



Left to right: Commander Jeff Hutchinson, Commanding Officer of HMCS Winnipeg, shares a laugh with Commander Jeff Zwick, Commanding Officer Canadian Fleet Pacific, and Rear-Admiral Art McDonald during the homecoming celebration.



Photo by LS Sisi Xu, MARPAC Imaging Services

Commander of Maritime Forces Pacific, Rear-Admiral Art McDonald (centre), salutes HMCS Winnipeg as the ship arrives at CFB Esquimalt.



Photo by LS Mike Goluboff, MARPAC Imaging Services

Leading Seaman Kyle Pillar proposes to partner Emily Norman after he returned from a five-month deployment on board HMCS Winnipeg.



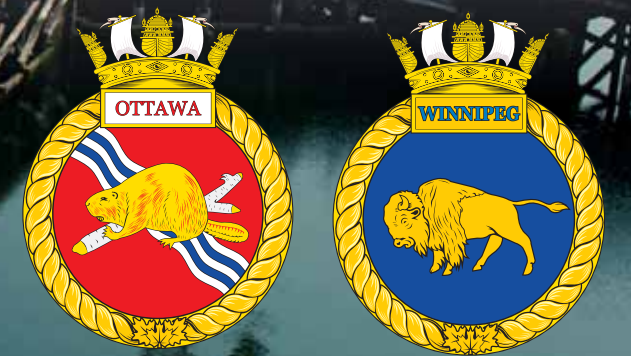
Photo by Peter Mallett, Lookout Newspaper

Winners of HMCS Ottawa's First Kiss Contest (left) Sub Lieutenant Cassandra O'Rourke and her partner Eleni Holmes wave to the cheering crowd on A Jetty.



Photo by Peter Mallett, Lookout Newspaper

Nine-month-old Emily Lawrence waits patiently on A Jetty for her Godfather PO1 John Cross of HMCS Ottawa to return to Esquimalt.





The Naden Band of the Royal Canadian Navy took centre stage at this year's Victoria Symphony Splash on Sunday Aug. 6 in Victoria's Inner Harbour. A floating barge served as the stage for the many performers that entertained the crowd of over 40,000.



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SATURDAY, AUGUST 19 & SUNDAY, AUGUST 20

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SATURDAY, AUGUST 19

INVICTUS GAMES

Prince Harry proclaimed Toronto as host the 2017 Invictus Games, an international adaptive sporting event that honours wounded, ill and injured military service members & veterans from around the world. Join us Saturday, August 19 at The Fair as we countdown to the Games and welcome the Invictus Games Flag to Vancouver on its journey to Toronto!

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YouTube PNE-PLAYLAND PNECLIPS

IN THE COURTS

Sexual assault charges laid against ex-military member

DND

On August 3, the Canadian Forces National Investigation Service charged a retired member of the Canadian Armed Forces with five counts under the National Defence Act.

The charges relate to incidents involving another member of the Canadian Armed Forces reported to have taken place while the accused was posted to *HMCS Toronto* between January 2010 and September 2011.

Master Warrant Officer (retired) Andrew Durnford, of Halifax, faces the following charges:

- two counts of sexual assault under section 271 of the Criminal Code, punishable under section 130 of the National Defence Act;
- one count of assault under section 266 of the Criminal Code, punishable under

section 130 of the National Defence Act;

- one count of conduct to the prejudice of good order and discipline, punishable under section 129 of the National Defence Act; and
- one count of ill-treated a person who by reason of rank was subordinate to him, punishable under section 95 of the National Defence Act.

The matter is now proceeding in the military justice system for possible court martial at a date and location yet to be determined.

Regular Force members of the Canadian Armed Forces are subject to the Code of Service Discipline (CSD) at all times. Military courts continue to have jurisdiction over retired members, where the member was subject to the CSD at the time of the alleged offence.

Take the UrbaCity Challenge this fall

The 7th annual UrbaCity Challenge just might be the most fun you can have supporting a charity.

On Sunday, Sept. 24, hundreds of racers will take on amazing Challenge Stations that test brain and body, in a wild downtown Victoria adventure race.

But before race day, the first challenge for all competitors is to fundraise for the Island Prostate Centre.

The more racers fundraise, the more perks they get: high donations can bring in bonus prize draws, time reductions, and the ability to skip particularly tricky stations. A commitment to charity can literally mean the difference between first and second place.

UrbaCity teams of two choose from the Fun or Fierce category, depending on how intense they like their race.

All racers will need to tie up their laces and put on their thinking caps, since UrbaCity Challenge Stations are eclectic tests of physical fitness, brain power, and problem-solving. Teamwork is also the order of the day, as each tricky Challenge Station will push teammates to work together.

All charity dollars raised go to the Island Prostate Centre, which cares for local men and their families here on Vancouver Island. As a non-profit exclusively funded by donations, Island Prostate Centre relies on UrbaCity and other community fundraisers to continue their vital work providing early detection, counselling, and care.

In 2016, UrbaCity racers, sponsors, and donors raised over \$50,000 for Island Prostate Centre, with a 2017 goal of \$60,000.

To better align with its charity, the UrbaCity Challenge now takes place in September, which is recognized across Canada as Prostate Cancer Awareness Month.

Visit UrbaCity.ca for more information and to register.



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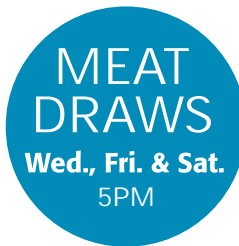
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25th - The Cliffs 7-11 PM
27th - Swap Meet 11-4 PM



MEAT DRAWS
 Wed., Fri. & Sat. 5PM

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Check out www.unit302.ca for a calendar and details on each event

Know your limit, stay within it!

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BZ Lt(N) Greg Menzies is presented the Canadian Forces' Decoration First Clasp by Cdr Wes Golden, Commanding Officer of Maritime Forces Pacific Headquarters.



BZ Capt Padre Moley Magana receives the General Campaign Star by Cdr Koester for his sail with HMCS Regina on Operation Artemis.



BZ Lt(N) Padre R. John Hounsell-Drover is promoted to his current rank by Cdr Koester (left), and his wife, Sandra.



BZ AB Miller is promoted to his current rank by Lt(N) Chodat and Lt(N) Duke from HMCS Regina.



BZ Cpl Robichaud is promoted to her current rank by Lt(N) Newman and CPO2 Rasmussen from HMCS Regina.



Below: Reviewing Officer, LCdr Lucas Kenward (centre), signs the certificate officiating the command change between Outgoing Commanding Officer, LCdr Todd J. Bacon (right), and the Incoming Commanding Officer, LCdr Kristina Gray (left).



Photos by LS David Gariepy, MARPAC Imaging Services



HMCS Saskatoon CHANGE OF COMMAND



Outgoing Commanding Officer, Lieutenant-Commander Todd Bacon addresses sailors and guests.



Members of HMCS Saskatoon bow their heads in prayer during the ceremony.



Incoming Commanding Officer, Lieutenant-Commander Kristina Gray addresses sailors and guests.

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Friday, August 25 • 3-8 PM**



**followed by a PSP hosted Outdoor Movie
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This community outreach event includes:

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FREEMASON AND NEW to Victoria. Contact us at camosun60secretary@gmail.com. We meet the 2nd Monday of each month.

VOLUNTEER

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848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron. Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690.

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MISCELLANEOUS

INTERESTED IN JOINING A coffee or social group for military veterans and military in Cowichan Valley? For info contact Bob Hedley on Facebook. The intention of the group is to meet-up with other veterans and present serving members to exchange stories and facilitate fun get-togethers. Facebook Group: cowichan valley coffee.

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