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Naden Band commemorates anniversary of Dieppe

Aug. 19 marked the 75th anniversary of the Dieppe Raid, the bloodiest chapter for Canadian soldiers during the Second World War. The Naden Band of the Royal Canadian Navy was in France, providing musical support at four 75th anniversary ceremonies in Dieppe, Puy and Pourville over two days. The Band represented the RCN as part of Operation Distinction, the Canadian Armed Forces support to the Government of Canada's Military History Commemoration Program.

Photo by Corporal Andrew Kelly, Canadian Forces Combat Camera

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RCN sailors train for the future with Chilean Navy

By Lt(N) Ellie Aminaie
Officer in Charge of
Canadian Crew on board
Almirante Montt

Seventeen Royal Canadian Navy (RCN) sailors, ranging from the rank of Lieutenant(Navy) to Ordinary Seaman, took part in three weeks of Replenishment at Sea (RAS) force generation training on board the Chilean tanker Almirante Montt.

With the absence of an Auxiliary Oiler Replenishment

(AOR) platform in the Pacific Fleet since the de-commissioning of HMCS Protecteur in 2015, many junior sailors have not had the opportunity to operate with a tanker, let alone on board one. In preparation for the arrival of Canada's own AOR, MV Asterix, in 2018, this timely opportunity to train RCN sailors on board Almirante Montt proved very beneficial.

The Montt travelled from its home naval base in Valparaiso, Chile, to meet the Canadian

sailors in Pearl Harbour, Hawaii, in mid-July. The Montt then proceeded west to rendezvous with HMCS Ottawa and HMCS Winnipeg, who were on their journey home to Esquimalt after a five-month deployment on Poseidon Cutlass.

Once the three ships met, the RAS force generation training was in full swing, carrying out a multitude of exercises ranging from liquid replenishment at sea (fuelling), heavy jackstay (for transferring provisions)

and two-point and multi-ship replenishments. The RCN crew onboard Montt consisted of twelve boatswains, four bridge watchkeepers, and a Maritime Surface and Sub-surface Officer Lieutenant who was the Officer in Charge of the team. They all found great benefit from this hands-on experience as it allowed them to put their training into practical use, furthering their professional development.

The Canadian crew observed the first two seamanship evolutions conducted by the Chilean crew, and then actively participated in follow-on evolutions and safely carried out the replenishment of Ottawa and Winnipeg.

"The interoperability between the two navies was seamless and the Canadian crew took direction from the experienced Chilean crew and applied the lessons learned in follow-on seamanship evolutions," remarked Captain Rene Rojas, Commanding Officer of Almirante Montt. "Within two weeks, the Canadian crew took charge, confident in their ability to operate the various replenishment stations onboard Montt, without assistance. I was quite impressed by their professionalism."

While en route to Esquimalt, the three ships also exchanged sailors daily, referred to as cross-pollination, in order to expose a greater number of RCN sailors to AOR operations. This opportunity was well-received by the 26 sailors who had a chance to experience life onboard a tanker for a day.

The Canadian crew spent a total of 18 days on board the Almirante Montt, travelling 4,517 nautical miles, through five time zones while conducting 21 seamanship evolutions with Ottawa and Winnipeg.

This was the third and final year that the RCN and Chilean Navy will conduct RAS force generation training together. Aside from providing an opportunity for Canadian sailors to hone their skills in RAS operations, this training also afforded the Canadian crew the opportunity to learn more about the operations and culture of the Chilean Navy.

The Chilean sailors were hosted in Victoria for eight days, where they had a chance to experience a west coast Canadian summer, before proceeding on their 21-day journey back to Chile, where it is currently the winter season.



The Royal Canadian Navy sailors taking part in Replenishment at Sea training with the Chilean Navy pose for a photo on board the Almirante Montt.



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Different uniforms, common cause: RCMP and CAF team up to help B.C. residents

Capt Jeff Manney
Op Lentus Land Task Force
(Pacific) Public Affairs

The Canadian Armed Forces (CAF) say the Light Armoured Vehicle (LAV 6), with its thermal imaging camera and ballistic-steel hull, is “designed to operate in the world’s hot spots.” Well, they certainly got that right.

LAVs and their military crews are currently at work in B.C.’s fire-ravaged interior, where more than 1.1 million hectares have burned to date in the worst wildfire season in the province’s history.

Instead of conducting battlefield reconnaissance, they’ve been supporting RCMP and provincial authorities, monitoring evacuation perimeters, looking for looters at night and using their vehicles’ advanced thermal imaging system to

help firefighters better protect communities.

“The assistance of the CAF has been absolutely essential,” said RCMP Sergeant Aaron Sproule. “Their ability to quickly mobilize large amounts of equipment and personnel has been a crucial part of ensuring the safe notification of residents when fire evacuation orders are issued by local governments. This has been especially true when the evacuation orders were applied to some of the more remote regions.”

LAVs aren’t the only asset designed for the battlefield that are at work this summer in B.C. Nearly 500 soldiers are deployed to Williams Lake on Operation Lentus, the Canadian Armed Forces effort in the ongoing emergency response to the wildfire threat.

Soldiers are staffing observation and reporting points

with their RCMP colleagues, providing information to the public and helping support evacuations.

“We train to survive in an austere environment,” said Captain Rico Spiller, an infantry officer with the 3rd Battalion, Princess Patricia’s Canadian Light Infantry. “We’re self-sustaining, so we don’t need much to manage, and we’re suited to working outside for extended periods of time. That’s been key to maintaining continuity at the observation and reporting points.”

Yet another vital mission for Spiller and his team is the identification of helicopter landing sites. With high winds and extreme temperatures making fire movement unpredictable, it’s not enough to know the available road exits. The last, and most important, escape route is by air.

Should people on the ground

be in danger, the RCMP can call upon one of the CAF’s CH-147F Chinook heavy lift helicopters. The Chinook can race to a landing site at over 300 km/h, and carry as many as 45 passengers to safety.

Finding these landing sites has been made easier by another unique military capability – the Canadian Ranger Patrol Group. Forty-seven Rangers from the 4th Canadian Ranger Patrol are now in Williams Lake.

A sub-component of the Reserve Force, Rangers hail from remote regions. They’re lightly equipped, self-sufficient and familiar with local geography. The Op Lentus Ranger Force came from communities throughout Western Canada, and they bring experience that further strengthens the RCMP-led effort.

“They have a set of secondary skills that we may not have,” says Spiller. “Some are paramedics, some firefighters, many are from local area First Nations. Their survival skills and knowledge of the land are significant.”

With persistent hot and dry conditions, the 2017 wildfire season is far from over. Without a significant change in weather conditions bringing sustained rainfall, there is every indication that Operation Lentus will continue through the end of August and well into September. The CAF will remain on task as long as it takes, assisting provincial and local authorities in their emergency response, and reassuring residents living in affected areas.



Members of the Canadian Armed Forces and RCMP are working together to help B.C. residents as part of the ongoing emergency response to the wildfire threat.

Photo by Master Corporal Malcolm Byers, Wainwright Imaging Services



Photo by Cpl Blaine Sewell, MARPAC Imaging Services
Master Corporal Jesse Hunt of the Canadian Scottish Regiment, part of a Domestic Response Company made up of Canadian Army Primary Reserves from all over British Columbia, attacks a fire near Riske Creek, B.C. during Operation Lentus on Aug. 17.

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WHAT SAY YOU

People Talk

During a day sail aboard Royal Canadian Navy Orca-Class Training vessels, the Lookout asked Raven Program students:

What did you like most about your five-week experience at CFB Esquimalt?



I learned so much more than I previously knew about the military. My perspective has changed completely, especially when it comes to all of the different job opportunities and trades here at the base.

**OS Tyler Sumner,
Winnipeg, Man.**



Shooting guns off on the range. It was my first time firing a weapon and I have always wanted to try it out.

**OS David Saviakjuk,
Coral Harbour, Nvt.**



There were so many activities that I liked but the tear gas training was my favourite. I didn't know what to expect at first but after I was trained properly and got through it I wanted to do it again.

**OS Michel Kublu,
Igloolik, Nvt.**



The obstacle course at Albert Head because I really enjoyed the challenge of the ropes. It built my confidence and made me believe no obstacle was too large to overcome.

**OS Harlena Erasmus,
Rae-Edzo, N.W.T.**

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Photos by Cpl Blaine Sewell, MARPAC Imaging Services

Lara Agapow (center right) and Tristan Vanderklok (center left), workers from B.C. Wildfire Services, are married at Camp Riske Creek, B.C., on Aug. 19 during Operation Lentus.

Out of the ashes, a new beginning

Lt(N) Paul Pendergast
Op Lentus Land
Task Force (Pacific)
Public Affairs

Saturday, Aug. 19 was a special day at the Riske Creek fire camp in B.C.'s fire-ravaged Cariboo region. It was the wedding day of Tristen Vander Klok and Lara Agapow, and although they had been working side-by-side for over a month managing the Riske Creek equipment warehouse for British Columbia Wildfire Services (BCWS), they took a few hours off to say their vows, with Army vehicles from Operation Lentus providing the backdrop.

It wasn't supposed to happen this way. The young couple travelled from Alberta to the home of Lara's parents in Hanceville, B.C., on July 7 to finalize their Aug. 19 wedding plans. Within five hours of their arrival, all arrangements for rings, dresses and flowers had to be put on hold as a major forest fire erupted near Lara's family home.

The young couple spent the next week fighting fires 24/7 alongside Lara's parents, saving their family home, and most of the nearby homes as well. Lara's father, Juri Agapow said, "Our neighbours in the

First Nation community of Anahim were a tremendous help. They fought the fire with us, brought us food so we could keep fighting the fire, and they even fed and watered our pigs."

When BCWS offered Tristen and Lara jobs, they decided to relocate to from Alberta to Hanceville, and when the fire season is over, they intend to settle there permanently and take up cattle ranching.

Father of the bride, Juri Agapow, is a Canadian Ranger, who is part of the Operation Lentus force working nearby in Williams Lake. When the Canadian Army personnel deployed

to Riske Creek heard that the young couple planned to go ahead with their wedding in the middle of the fire camp, they offered a Light Armoured Vehicle as a backdrop, and then everything quickly fell into place.

"Lara and I are so grateful for the way the Army stepped up and became a part of our wedding," said Tristen. "This is a day we will never forget, and we couldn't be happier."

The future looks bright for the newlyweds, but their new life together will have to wait until the fires subside and the dry B.C. summer hopefully turns into a wet and rainy autumn.



A Light Armoured Vehicle is decorated for a wedding between two BC Wildfire Services workers at Camp Riske Creek, B.C., on Aug. 19 during Operation Lentus.

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INTRODUCING **FORCE COMBAT:** The new operational fitness objective for the Canadian Army

Major Krzysztof Stachura

Public Affairs Officer, Canadian Army Doctrine and Training Centre

Dr Tara Reilly

Senior Officer Human Performance Research DFit, PSP



Physical fitness is an integral component of military service.

Photo by Capt Christopher Daniel

To see FORCE Combat and access training resources visit:
www.forcecombat.ca and www.dfit.ca

Physical fitness is an integral component of military service and Canadian Army (CA) soldiers must be physically fit. Strength and endurance could mean the difference between success and failure in a military operation.

The CA has traditionally used a load-bearing march, familiar to most as the Battle Fitness Test (BFT), as the accepted physical fitness Individual Battle Task Standard (IBTS) designed to ensure CA soldiers are physically prepared for Land Operations.

While the current and familiar FORCE evaluation was being developed, Human

Performance Research and Development was monitoring and evaluating the physical demands of typical CA operational tasks conducted in various environments. The conclusion: the BFT no longer had broad operational relevance for the CA and a new physical fitness IBTS needed to be developed.

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FORCE Combat represents an evolution of the existing IBTS based on modern and relevant CA operational tasks observed over the last 15 years. Those required to complete FORCE Combat will shortly begin transition training in order to prepare for the formal implementation in October 2017.

Research was conducted

by Personnel Support Services and the CA to validate the transition from the old to the new IBTS. For example, trials were performed to determine the optimum number of practice attempts to account for the initial learning curve associated with the new evaluation (three times). The DFit.ca training program developed for those who were originally unable to complete FORCE Combat was also validated with great success (all participants who followed the program successfully achieved the new IBTS). Field trials in various locations in Canada have resulted in the development of scientifically validated tools and resources to help CA soldiers achieve the new standard and maintain a level of physical fitness that allows them to thrive and succeed during modern operations.

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Photo by Cpl Stuart MacNeil, MARPAC Imaging Services

Lynn Gardner's husband, Jamie Allin (centre) and their son, Gregory, join former Rocky Point Commanding Officer Major Jean-Luc Rioux during a gazebo dedication ceremony for Gardner on Aug. 3.

Rocky Point Gazebo

dedicated in memory of

Lynn Gardner



Peter Mallett
Staff Writer

A gazebo has been dedicated in memory of long-time Rocky Point employee Lynn Gardner, who passed away on July 13, at the age of 54.

The gazebo, located just outside the ammunition depot's canteen, is a fitting tribute to Gardner, who worked for the

Department of National Defence as an Ammunition Technician and Acting Materiel Processing Officer, says former co-worker and close friend Sandra Nelson.

"She was an upbeat, perky person and everyone truly loved her because she never had a bad word to say about anybody, never played into gossip and had a high degree of compas-

sion and respect for everyone here," Nelson said. "Whenever we look out the windows of the canteen towards the gazebo we will think of her."

On July 11, Lynn, her husband Jamie and their son Gregory were in the Vancouver area traveling back from visiting family in Quesnel, B.C., when she suffered a brain aneurysm, tragically passing away

just two days later. When news of Gardner's death reached her coworkers it hit everyone pretty hard. "There were lots of tears as her extended family here at Rocky Point were left speechless when we heard the sad news," said Nelson. A dedication ceremony in remembrance of Gardner was held at the structure on Aug. 3, and was attended by her husband, their son,

and numerous friends and colleagues. During the ceremony a plaque was affixed to the gazebo with the inscription: *Dedicated in memory of Karen Lynn Gardner, 30 January 1963 – July 13, 2017. Lynn started as a groundskeeper and excelled at everything. She advanced to a Senior Supervisor position in the very demanding Technical Services Section.*

Lynn exceeded expectation while acting as the Materiel Processing Officer. Lynn shined as an "unsung hero." She contributed her time in many volunteer projects, especially with the Government of Canada Workplace Charitable Campaign. Lynn's smile, laughter and selfless contributions will be remembered. November 1988 to July 2017, CFAD Rocky Point.

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Combatives championships reinforce HAND-TO-HAND FIGHTING SKILLS

Steven Fouchard
Army Public Affairs

The lead organizer of an annual Canadian Armed Forces (CAF) fighting competition says he hopes it will help bring what is known as "combatives" training to the forefront of essen-

tial military skills development in Canada. Training a soldier, says Lieutenant-Colonel Steve Burgess, is like building a house. It's best to start with the foundation and build up from there.

"Hand-to-hand combat is the essence of warrior training," he says. "I would argue that when you start training soldiers by exposing them to the application of projectile weapons such as firearms, prior to developing their baseline hand-to-hand combative skills, that's starting from the roof and going down."

That, he added, is how great warrior cultures such as the Samurai of Japan did it.

"They believed that to master a weapon, you have to master yourself first. You are the ultimate weapon in a fight. So it's not what you're holding in your hand, it's your ability to use it in a fight and develop the mindset to manage your fear."

LCol Burgess is a Senior Military Combatives Instructor in the CAF. He holds black belts in karate, judo and Brazilian jiu-jitsu and, since joining the CAF in 2001, has spent most of that time teaching hand-to-hand combat to both conventional and special operations forces.

Most experts consider combatives techniques as those used to engage an opponent at a distance of 25 metres or less, either hand-to-hand or with small weapons.

In search of a way to increase the visibility of hand-to-hand combat in the CAF, LCol Burgess organized the inaugural Military Combatives Grappling Championship (MCGC) at Canadian Forces Base Petawawa in 2013.

"I was trying to figure out a way of actually bringing this back to more of a level of importance to the CAF itself," he says. "So I figured the easiest way to do that would be to create something of an event or a forum where soldiers, sailors, aviators and special operators could all come together to practice it in a competitive, yet safe way."

The event has grown with each passing year and LCol Burgess estimates that participation in the 2017 edition, which

took place in June, was eight times that of the first.

The 2017 competitors were drawn from 35 individual units from across Canada, and Reservists competed alongside Regular Force members. Members of 1st Battalion Royal Canadian Regiment took the 2017 Team Championship. Master Corporal Darren McGuire of 3rd Battalion Royal Canadian Regiment attained the title of Absolute Champion.

LCol Burgess said MCGC's popularity at the grassroots level does seem to be having an effect higher up in the CAF.

"Even with the pace of operations and the high operational tempo of the CAF, we on average will always field about 130 competitors for every event," he says. "I think indications are that the chain of command is certainly taking notice of it. There's a lot more unit commanding officers that are also engaging their units in combatives training. Last year we had tournaments that were held in Edmonton at the brigade level."

He continued, "There were also units in Valcartier [Quebec] that held combatives tournaments at the unit level. And there's going to be units this summer holding

battalion-level tournaments. They are all generated and supported by the unit chains of command."

LCol Burgess discovered the martial arts as a youth and says these skills, as an aspect of combatives in general, can offer much more than just fighting skills.

"Not only did it give me the physical skills to be able to protect myself, but it gave me such a tremendous level of self-confidence," he says. "A lot of people see it as just technique. All of the other things that you get from it are not as quantifiable. In the U.S. right now, they're using combatives training in conjunction with more traditional methods of treatment for Post-Traumatic Stress Disorder. What it does is it gives you a sense of control again. You learn to deal with high-pressure, high-threat environments. It teaches you to stay calm and know that you always have a fighting chance."

Registration for 2018's MCGC will open in the fall of 2017. More information can be found at www.combativesgrappling.com.

Grappler repeats as HEAVYWEIGHT CHAMP

Peter Mallett
Staff Writer

A Master Seaman from Naval Personnel and Training Group used his Greco-Roman wrestling expertise to capture gold and silver medals at the Military Combatives Grappling Championship (MCGC).

After competing in seven matches in the day-long martial arts competition held June 24 at Garrison Petawawa, MS Lee Thibault earned a gold medal in the Advanced Heavyweight Division (221-lbs and up) and then took the competition's overall bronze medal.

Combatives grappling is a form of submission wrestling that involves holds and take-downs but no striking.

MS Thibault has been competing in wrestling and martial arts for 18 years, but says his performance at this year's MCGC by far exceeded his expectations.

"Last year I made history by becoming the first member of the Royal Canadian Navy to ever compete in this competition, and I won gold in my division, and this year I was the first sailor to place in the overall top three. It was a great feeling to have such a successful performance."

The 30-year-old was a highly successful wrestler in high school and comes from a family that is well-connected with wrestling and martial arts. He says he learned a lot from his father Mike Thibault, a former Canadian Forces Use of Force Instructor who had a 35-year career with the Canadian Forces Military Police, and his brother Tyler, an experienced wrestler and martial arts enthusiast.

MS Thibault says combatives grappling gives military members a practical application of grappling techniques and tactics found in modern hand-to-hand combat.

MCGC is open to all members of the Canadian Armed Forces actively serving in the Regular or Reserve Force.



MS Lee Thibault (centre) stands on the podium after winning the gold medal in the Advanced Heavyweight Division at the Military Combatives Grappling Championship at Garrison Petawawa, on June 24.



MS Lee Thibault (left) competes in the Military Combatives Grappling Championship at Garrison Petawawa, on June 24.



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Sept 24 – Kids Movie:
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IN THE COURTS

Sexual assault charges laid against military member in Saint-Jean

DND

On August 16, 2017, the Canadian Forces National Investigation Service charged a member of the Canadian Armed Forces with four counts of sexual assault and two counts of assault under the Criminal Code.

The charges relate to reported incidents involving the accused and another member of the Canadian Armed Forces while the accused was undergoing basic training in September 2016 at the Canadian Forces Leadership and

Recruit School located at the Saint-Jean Garrison in Saint-Jean-sur-Richelieu, Quebec.

Aviator Barry Rutherford faces four counts of Sexual Assault under section 271 of the Criminal Code and two counts of Assault under section 266 of the Criminal Code, punishable under section 130 of the National Defence Act.

The matter is now proceeding in accordance with the military justice system for possible court martial at a date and location still to be determined.

Corporal Garrett Rollman found not guilty following court martial

DND

On August 3, 2017, Corporal Garrett Rollman was found not guilty at a standing court martial in Kentville, Nova Scotia. Military Judge Commander Sandra Sukstorf found Corporal Rollman not guilty of three charges related to offences that allegedly took

place during February 2016 in Aldershot, Nova Scotia.

Corporal Rollman faced three charges – one charge of striking a superior officer under Section 84 of the National Defence Act (NDA) and two charges of conduct to the prejudice of good order and discipline under Section 129 of the NDA.

Sexual assault charge laid against military member in Ottawa

DND

On August 8, 2017, the Canadian Forces National Investigation Service charged a member of the Canadian Armed Forces with one count of sexual assault under the Criminal Code.

The charge relates to a reported sexual assault involving two members of the Cadet Instructors Cadre during a training course in Saint-Jean-sur-Richelieu in 2001. The accused, currently a Regular Force member of the Canadian Armed Forces, was a member of the Cadet Instructors Cadre at the time of the reported assault.

Major Trent Krajaefski, a member of Canadian Joint Operations Command Headquarters in Ottawa,

faces one count of sexual assault under section 271 of the Criminal Code, punishable under section 130 of the National Defence Act.

The Cadet Instructors Cadre (CIC) is part of the Cadet Organizations Administration and Training Service (COATS), a sub-component of the Reserve Force. The primary responsibility of CIC officers is the supervision, administration and training of cadets at any of the 1,100 cadet corps and squadrons or 22 Cadet Training Centres across Canada.

The matter is now proceeding in the military justice system for possible court martial at the date and location still to be determined.

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The Canadian Forces National Investigation Service is a unit within the independent Canadian Forces Military Police Group whose mandate is to investigate serious and sensitive matters in relation to Department of National Defence property, Department of National Defence employees and Canadian Armed Forces personnel serving in Canada and around the world.



Photo by Tiffanie Green

Images of Major (Ret'd) Rene Boileau past and present are depicted in a promotional photo for the film *The Home Front: In the footsteps of Canadian Armed Forces families*. Boileau's daughter, St. John's-based director Renée Boileau, and cinematographer Tiffanie Green will begin filming their documentary in Esquimalt next month before traveling to other military bases across the country in spring 2018.

Doc celebrates the Military Concept of **H O M E**

Peter Mallett
Staff Writer

Are you unpacking or packing up for your latest posting? If you believe 'home is where the heart is,' independent documentary filmmaker Renée Boileau wants to interview you.

From Sept. 13 to 17, CFB Esquimalt will mark the starting point of the Newfoundland-based filmmaker's ambitious 10,000-kilometer, cross-country journey to interview military personnel at bases in all of Canada's provinces and territories. *The Home Front: In the footsteps of Canadian Armed Forces families* will be the 53-year-old engineer-turned-director's first movie collaboration with her best friend and cinematographer Tiffanie Green.

In spring 2018, Boileau and Green plan to take their production on the road and follow Boileau's father, Major (Ret'd) René Boileau, across the country. During

the journey he will revisit bases where he trained and served throughout his military career. Together, father and daughter will gather stories from new and long-serving military personnel that reveal their beliefs and experiences about their notion of 'home.'

"The concept behind my film is that Canadian Armed Forces members have a completely different culture than other Canadians, because they have given something up that most Canadians take for granted: a permanent home," says Renée. "Most Canadians know where their home is but often when people join the military they are really taking a huge leap of faith into the unknown and giving up many personal freedoms for the protection of the freedom of others."

Living the nomadic lifestyle of a military family and never having a permanent, geographical home is a concept the director says she was all-too familiar with

growing up. Her father was a navigator with the Royal Canadian Air Force, and by his retirement in 1992 she says her family had remade their home in a multitude of locations, including Edmonton, Ottawa, Trenton, and even Lahr, Germany. Renée says she never realized the importance of having a permanent home until she settled in her adopted and self-proclaimed hometown of St. John's, NL, surrounded by a tight-knit community of multi-generational Newfoundlanders.

While she's at CFB Esquimalt next month, Boileau is looking to interview sailors, soldiers, aviators, and their families from all walks of life and levels of experience about their concept of home, including questions such as:

Why did you join the Forces and what have you gained from being part of it?

What does it mean to be homesick?

How do you know when you're home?

For more information about *The Home Front* and how to take part, visit their website thehomefrontdoc.ca or contact Renée Boileau directly at renee.boileau@gmail.com

While she's at CFB Esquimalt next month, Renée is looking to interview sailors, soldiers, aviators, and their families from all walks of life and levels of experience about their concept of home.

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HMCS Ottawa Change of Command



Reviewing Officer, Commodore Jeff Zwick (centre), signs the certificate officiating the command change between Outgoing Commanding Officer, Commander Sylvain Belair (left), and Incoming Commanding Officer, Commander Alex Barlow (right).



Outgoing Commanding Officer, Cdr Sylvain Belair, is rowed ashore during the Change of Command ceremony on Aug. 23.

Photos by LS Valerie LeClair, MARPAC Imaging Services



Photos by LS David Gariepy, MARPAC Imaging Services

Reviewing Officer, Cmdre Jeff Zwick (centre), signs the certificate officiating the command change between Outgoing Commanding Officer, Cdr Jeff Hutchinson (left), and Incoming Commanding Officer, Cdr Mike Stefanson (right).



Incoming Commanding Officer, Cdr Mike Stefanson, addresses the crew of HMCS Winnipeg during the Change of Command ceremony on Aug. 23.

Bravo ZULU

HMCS Winnipeg Change of Command



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Base Logistics Change of Command

Reviewing Officer, Base Commander Captain (Navy) Jason Boyd (centre), signs the certificate officiating the command change between Outgoing Commanding Officer of CFB Esquimalt Base Logistics, Commander Jeffrey Watkins (left), and Incoming Commanding Officer, Commander Sam Sader (right), during the BLOG Change of Command ceremony on Aug. 18.



Want to recognize someone in your unit?

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melissa.atkinson@forces.gc.ca

Bravo Zulu

RAVEN Graduation

Commodore Marta Mulkins, Commander Naval Reserve, presented awards during the Raven Program Graduation Parade, on Aug. 17.



OS Christan Beaverho receives the Top Student Award.



OS Jaden Rabesca receives the Personal Achievement Award.

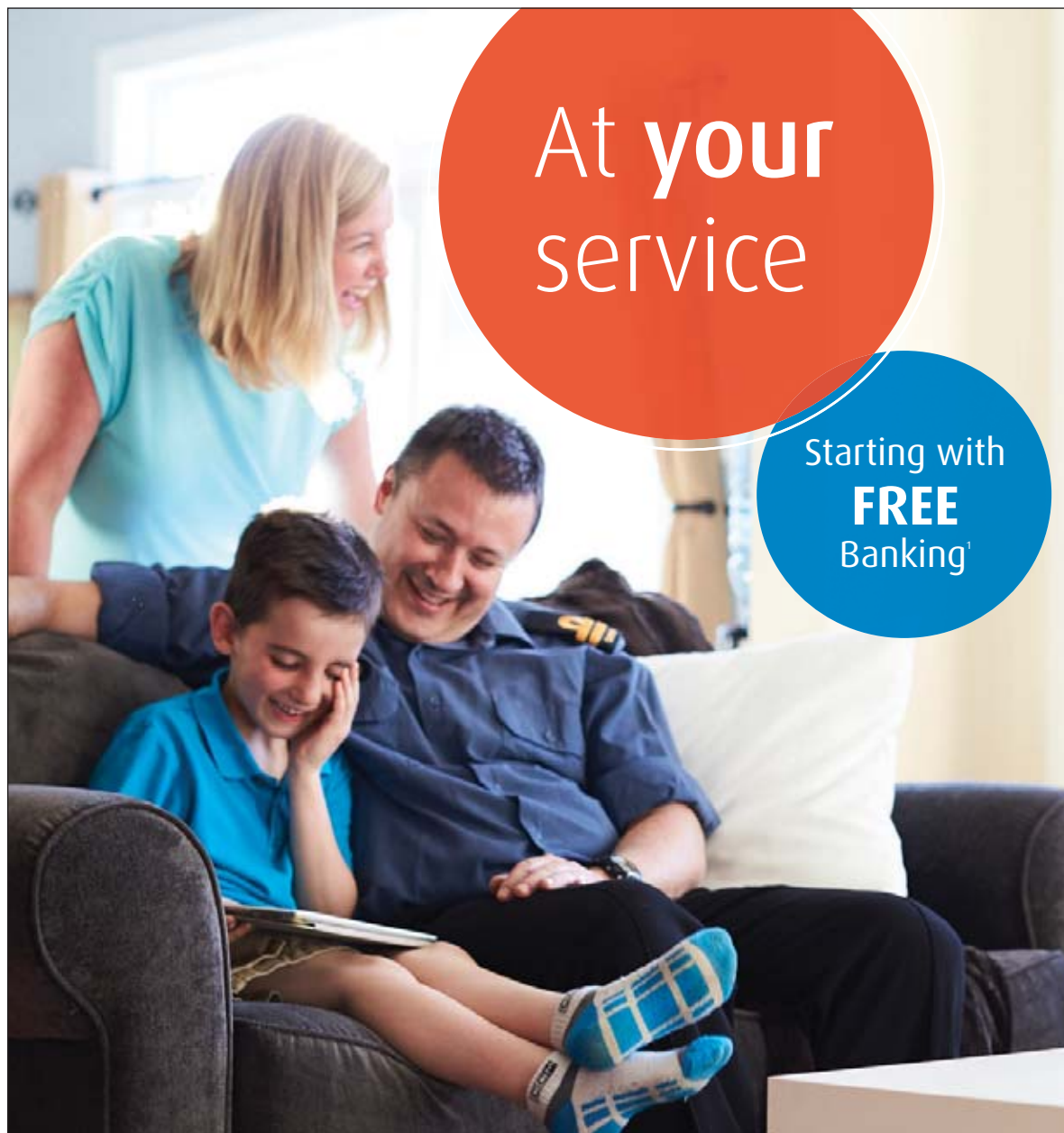


OS Tyler Sumner receives the Top Shot Award.



OS Samuel Seven Deers receives the Camaraderie Award.

Photos by LS David Gariepy, MARPAC Imaging Services



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848 ROYAL ROADS AIR CADETS invite all youth aged 12 - 18 from Westshore and Sooke. Participate in gliding, marksmanship, weekend and summer camps, ground school, drill, band, and more! Join us on Tuesday from 6:30 - 9:00pm at 1289 Parkdale Dr., Langford (Lighthouse School). Find us on Facebook: Air Cadets - 848 'Royal Roads' Royal Canadian Air Cadet Squadron. Website: 848royalroadsaircadets.com Contact: 848parentinfo@gmail.com or 250-590-3690.

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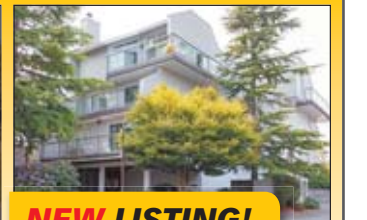


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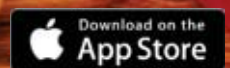
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